

# Elders in The Latino Culture

By Joel Pelayo & Ma. Antonia Sanchez



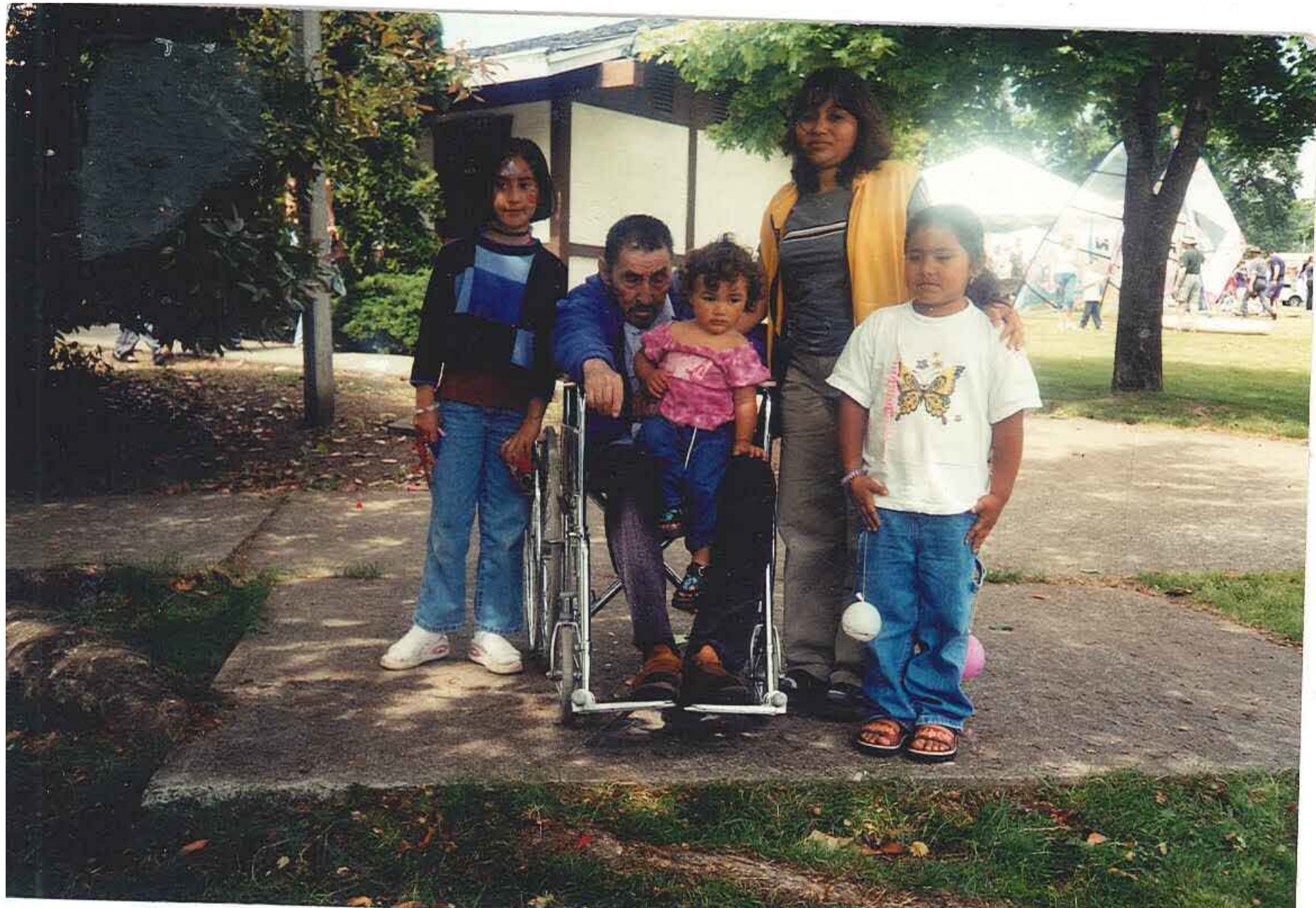
What do you know  
about elders in the  
Latino culture?



# Some cultural values and approaches with elderly Latinos

- Show them respect
- Show them love
- Honor their wisdom





# Some cultural values and approaches with elderly Latinos

- Family members and friends listen to their advice and life stories
- Honor their authority: As elders they have the right to scold, direct and take leadership in the family
- Allow them independence
- Allow them sense of value





# Some cultural values and approaches with elderly Latinos

- Be aware of their physical, emotional and spiritual needs
- Family members provide them housing, transportation, support with the use of medication, medical appointments and other needs
- Encourage or support with personal hygiene
- Safety: trying to avoid falls and burns







# Some cultural values and approaches with elderly Latinos

Note: There is usually one family member who makes important decisions about the elder. This person would be an older or youngest son, or daughter because this person gained the respect of the other family members.



# Elder in The Latino Culture

## Autonomy/Independence

- Allow them or help them take care themselves
- Ensure routines
- Assist with household chores
- Prepare food with them
- Building relationships



# Elder in the Latino Culture

- Listen
  - Spend time with them
  - Company
  - Appropriate communication
  - Listen their stories, it is ok over and over again..

# Elders in the Latino Culture

- Inclusion
  - Include them
  - Decision making process
  - Ask for opinion
  - Value their advice
  - Tolerance
  - Invite them to celebrations



Love

Autonomy

Honor their wisdom

Taking care of their

Physical, Emotional and

Spiritual needs.