



# VOLUNTEERS IN ACTION

## A Program of Providence Hood River

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# What does Volunteers in Action (VIA) do?



- Volunteers help older adults age in place through social and practical support
- Advocate for an aging-friendly community
- Family caregiver support

# Pursuing Wellness



# How we do it?



Screen and train trustworthy volunteers:

- To provide non-clinical, non-emergency care
- For adults with chronic illness and their families and caregivers
- Family caregivers get support through respite, referral, support group, education, and advocacy

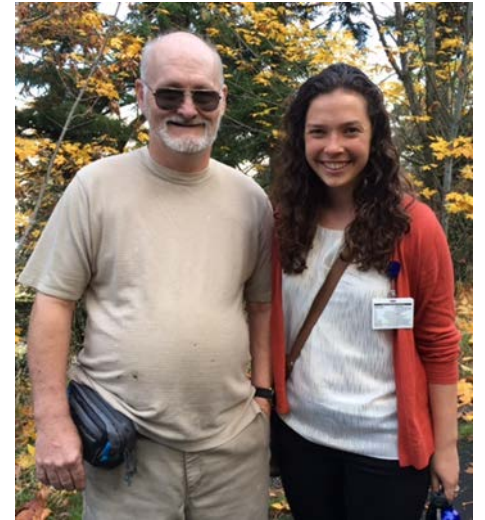




# Who does VIA serve?

- Adults aged 60+ who have a health need which threatens their ability to live independently
- Vulnerable adults age 18+ who have a health need which threatens ability to live well or live independently
- Who reside in Hood River County or Klickitat County.

It is a priority of VIA to serve Veterans, people living below the Federal Poverty Limit and those who are most vulnerable.



# VIA can help with these tasks:

- Rides (some restrictions apply)
- Respite care – a short break for family caregivers
- Light yard care and minor home repair
- Grocery shopping
- Library Services
- Helping someone make lunch/dinner for themselves
- Light housekeeping (when volunteers are available)
- Friendly visits
- Friendly phone calls
- Prescription pick up
- Visit someone in the hospital
- Group Volunteer opportunities



# VIA does NOT help with these tasks:



- Lift heavy objects
- Give medications
- Give or accept gifts of value or money
- Help with bathing, toileting, or personal care
- Visit a care receiver when the volunteer is sick
- Walk on a care receiver's roof
- Enter a home when no one comes to the door
- Give professional advice
- Sleep overnight at a care receiver's home



# Good Neighbor Saturday

## May 20, 2017



- Teams of volunteers provide a day of service in Hood River and Klickitat Counties
- Services include window washing, yard work, gutter cleaning, and similar activities
- Breakfast provided at Providence Hood River Memorial Hospital at 8 am, service activities from 9 am until noon
- If you want to join us, call the VIA office at 541.387.6404.





# 2016 At a Glance



- 97 people were served by 131 volunteers
- 3311 service events
- 4216 hours of service, worth nearly \$97,200
- 88 new clients, 91 new volunteers
- Over 41,000 miles of transportation



## **VIA volunteers make a difference!**

“My house is safer, cleaner, and more comfortable thanks to VIA. This program keeps me in my apartment; I’d have to leave if you didn’t come help me keep things clean. And I love talking with my caregiver – she helps me feel connected to what’s going on in Hood River.”

-A current VIA Care Receiver

# Are you ready to build a program like VIA?



- VIA is supported by Providence through our Community Benefit requirement as well as the Providence Foundation.
- **We are ALWAYS seeking volunteers who can be drivers, friendly visitors, volunteers who are bilingual, and people who are willing to do housekeeping for others.**
- Volunteers attend training, pass a background check, and take a TB blood screen before receiving their match.
- The Hood River program is uniquely efficient due to the Jesuit Volunteer Program.
  - What unique resources exist in your community which can be built into your program?

# Options Abound



- National Volunteer Caregiving Network – start up manuals, training resources, and so much more! (Membership-based)
- RideScheduler database – email scheduling and tracking for volunteers and clients
- Liberty Mobility Now – smart phone app, not yet available in Oregon

# Questions?



Thank you for your interest!

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