

# Rural Retirees: There's Gold in Them Thar Hills!

## Resources

### Volunteerism

#### Rural volunteerism (Minnesota)

<http://www.ruralmn.org/wp-content/uploads/2014/02/Quirk.pdf>

#### Health benefits of volunteering

[https://www.nationalservice.gov/pdf/healthbenefits\\_factsheet.pdf](https://www.nationalservice.gov/pdf/healthbenefits_factsheet.pdf)

<https://www.ncbi.nlm.nih.gov/pubmed/21314648>

#### Wide range of info re: seniors, retirement

[www.retiredbrains.com](http://www.retiredbrains.com)

### Volunteer Opportunities for Seniors/Retirees

**Encore** [www.encore.org](http://www.encore.org)

**Encore Fellowships** - Social Ventures Partners (Portland, OR)

<http://www.socialventurepartners.org/portland/encore-fellows/become-an-encore-fellow/>

**Experience Matters** <http://experiencemattersaz.org/>

**Experience Corps** <http://www.aarp.org/experience-corps/>

**Generation to Generation** <http://www.generationtogeneration.org>

**ReServe** <http://www.reserveinc.org/who-we-are>

**SCORE** [www.score.org](http://www.score.org)

**Senior Corps**, a program of The Corporation for National and Community Service

<https://www.nationalservice.gov/programs/senior-corps>

Programs: Foster Grandparents, RSVP, Senior Companions

#### **Volunteer Opportunities for Boomers, Seniors and Retirees**

<https://www.retiredbrains.com/volunteering.html>

#### **Short-term volunteer opportunities in rural areas for retired professionals**

<http://volunteeringvictoria.org.au/wp-content/uploads/2015/02/Retired-Professionals-Rural-Volunteering-project-011214.pdf>

### Retirees and Economic Development

<https://www.terry.uga.edu/media/documents/selig/golden-rules-2013.pdf>

<https://www.leadingage.org/magazine/novemberdecember-2013/leveraging-state-programs-attract-relocating-retirees>

<http://journals.sagepub.com/doi/abs/10.1177/089124249500900409?journalCode=edqa>