



**CONGRATULATIONS
GRADUATES!**

Graduate Programs in Human Nutrition
OHSU
Class of 2021





DIETETIC INTERNSHIP

Class of 2021





DIETETIC INTERNSHIP

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JESSICA ALLEN

Degree

Dietetic Internship Graduate Certificate

Joined OHSU from...

University of Northern Colorado

What's next?

Jessica plans to work in clinical nutrition and have lots of family time.



RACHEL BENDER, MS

Degree

Dietetic Internship Graduate Certificate

Joined OHSU from...

Bastyr University (MS)

Washington State University (BS)

What's next?

Rachel plans to enter the field in a position where she can improve patient quality of life.



SYDNEY COOPER

Degree

Dietetic Internship Graduate Certificate

Joined OHSU from...

Oregon State University

What's next?

Sydney plans to start working as a RD as soon as possible and gain lots of experience!



DOUGLAS FISCHER

Degree

Dietetic Internship Graduate Certificate

Joined OHSU from...

University of Rhode Island

What's next?

Doug is travelling to Spain where he plans to spend a week in Madrid and a few days in Barcelona.



CHARLOTTE FISHER

Degree

Dietetic Internship Graduate Certificate

Joined OHSU from...

University of Vermont

What's next?

Charlotte has secured a job as a nutrition advisor for a series of clinics in the Rogue Valley called OnePeak Medical.



CHELSEA GARCIA

Degree

Dietetic Internship Graduate Certificate

Joined OHSU from...

Texas State University

What's next?

Chelsea hopes to land a job in the Portland area.



THERESA HAMMOND

Degree

Dietetic Internship Graduate Certificate

Joined OHSU from...

Oregon State University

What's next?

Theresa plans to work for the Legacy Health System.



CHELSEA JONES

Degree

Dietetic Internship Graduate Certificate

Joined OHSU from...

Colorado State University

What's next?

Chelsea plans to take the RD exam and search for jobs in Colorado.



PAVNEET KAUR

Degree

Dietetic Internship Graduate Certificate

Joined OHSU from...

Oregon State University

What's next?

Pavneet plans to sleep in, study for the RD exam, and begin her job hunt.



KRISTEN LASTOFKA, MS

Degree

Dietetic Internship Graduate Certificate

Joined OHSU from...

University of Texas at Austin (MS)

University of California, Davis (BS)

What's next?

Kristen plans to travel, take the RD exam and start her new job at the Portland VA.



COURTNEY MERRILL

Degree

Dietetic Internship Graduate Certificate

Joined OHSU from...

Pepperdine University

What's next?

Courtney will be staying at OHSU to complete her Master of Science in Human Nutrition and the LEND training program.



NICOLE PABALAN

Degree

Dietetic Internship Graduate Certificate

Joined OHSU from...

University of Nevada, Las Vegas

What's next?

Nicole plans to seek a master's degree in social work to optimize her skills in helping individuals develop a healthier relationship with food.



DALIA RICHMOND

Degree

Dietetic Internship Graduate Certificate

Joined OHSU from...

Texas Christian University

What's next?

Dalia will be moving to Michigan to teach her husband how important nutrition is while he's at medical school (and hopefully get a job!).



SAMARA ROMAN-HOLBA, MS, EDM

Degree

Dietetic Internship Graduate Certificate

Joined OHSU from...

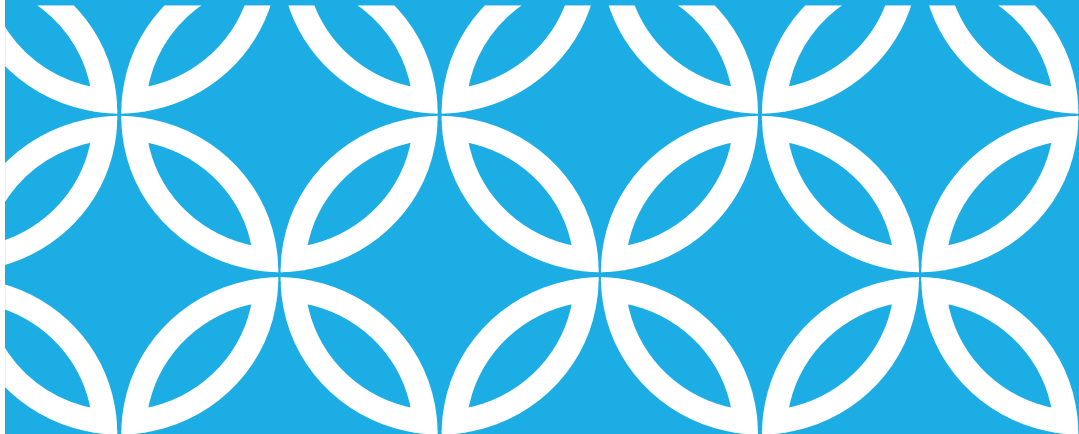
Teacher's College – Columbia University (EdM)

Columbia University (MS)

Vassar College (BS)

What's next?

Samara plans to become a dietitian in the field of eating disorders and work towards the eating disorder certification.



EDWARD SANTOS

Degree

Dietetic Internship Graduate Certificate

Joined OHSU from...

Pepperdine University

What's next?

Ed hopes to pass the RD exam and serve the people of the Greater Portland area as a clinical dietitian.



DEVON SUGGS

Degree

Dietetic Internship Graduate Certificate

Joined OHSU from...

Appalachian State University

What's next?

Devon plans to head back to the east coast, pass the RD exam, start her career, and take time to RELAX.



EMILY SUNDERMAN

Degree

Dietetic Internship Graduate Certificate

Joined OHSU from...

Oregon State University

What's next?

Emily plans to find a position in public health, and use her nutrition knowledge to promote food justice and health equity.



TAILEE TANGONAN

Degree

Dietetic Internship Graduate Certificate

Joined OHSU from...

Oregon State University

What's next?

Tailee plans to explore opportunities and hopefully find a job as a clinical dietitian.



MADISON YOURSTONE

Degree

Dietetic Internship Graduate Certificate

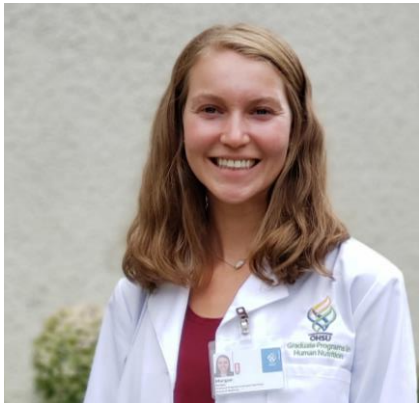
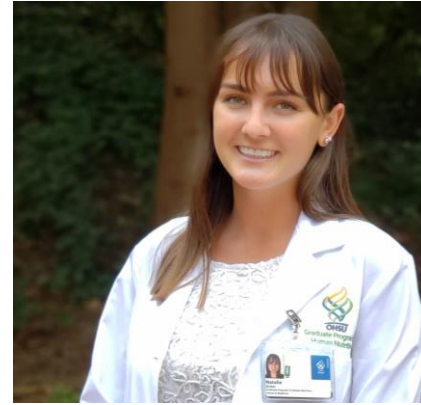
Joined OHSU from...

University of Nebraska-Lincoln

What's next?


Madison plans to pass her RD exam and start a position at Stanford University.





MASTER OF SCIENCE IN HUMAN NUTRITION

Class of 2021



LAUREN ANGELO

Degree

Master of Science in Human Nutrition

Joined OHSU from...

OHSU (Dietetic Internship)

San Francisco State University

Capstone Project

Development of an Educational Workbook for Patients at the Harold Schnitzer Diabetes Health Center at Oregon Health and Science University

What's next?

Lauren plans to seek work as a registered dietitian in either an inpatient or outpatient clinical setting.



KIANNA AUMILLER, RDN

Degree

Master of Science in Human Nutrition

Joined OHSU from...

OHSU (Dietetic Internship)

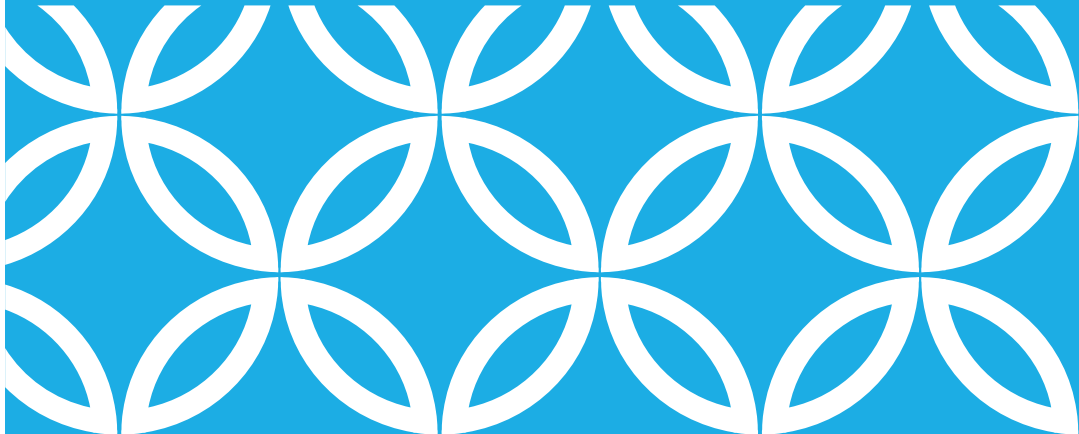
Cal Polytechnic State University, San Luis Obispo

Thesis Project

The Effect of Social Jetlag and Late Chronotype on Healthy Eating Index (HEI) Score and Body Composition in Non-Shift Workers Aged 19-65, an NHANES 2017-2018 Cross-Sectional Study

What's next?

Kianna plans to spend the summer between Oregon and California while she finishes up her thesis and applies for clinical RDN jobs.



EMILY DIANA

Degree

Master of Science in Human Nutrition

Joined OHSU from...

University of Arizona

Thesis Project

Impact of Blenderized Enteral Formula on Bowel Function in Critically Ill Patients on Extra Corporeal Membrane Oxygenation

What's next?

Emily plans to take some time for her brain to recuperate.



NATALIE DISHER

Degree

Master of Science in Human Nutrition

Joined OHSU from...

Indiana University

Capstone Project

The Perception and Use of Probiotics in the Acute Care Setting: A Market Analysis

What's next?

Natalie wants to use her education in business and nutrition to promote preventative health among the public.



CORRIN KALINICH

Degree

Master of Science in Human Nutrition

Joined OHSU from...

Cal Polytechnic State University, San Luis Obispo

Thesis Project

Assessing Student Food Security Status at Oregon Health & Science University during the COVID-19 Pandemic

What's next?

Corrin will be moving to Seattle and seeking employment in the Seattle/Kirkland area.



MORGAN KUIPER, RD

Degree

Master of Science in Human Nutrition

Joined OHSU from...

OHSU (Dietetic Internship)

University of Colorado, Colorado Springs

Thesis Project

The Impact of Preoperative Carbohydrate Loading on Length of Stay and Postoperative Recovery in Living Kidney Donors Undergoing Laparoscopic Nephrectomy

What's next?

Morgan has recently accepted an inpatient clinical dietitian position in Portland at Providence St. Vincent Medical Center.



PHOEBE LUC

Degree

Master of Science in Human Nutrition

Joined OHSU from...

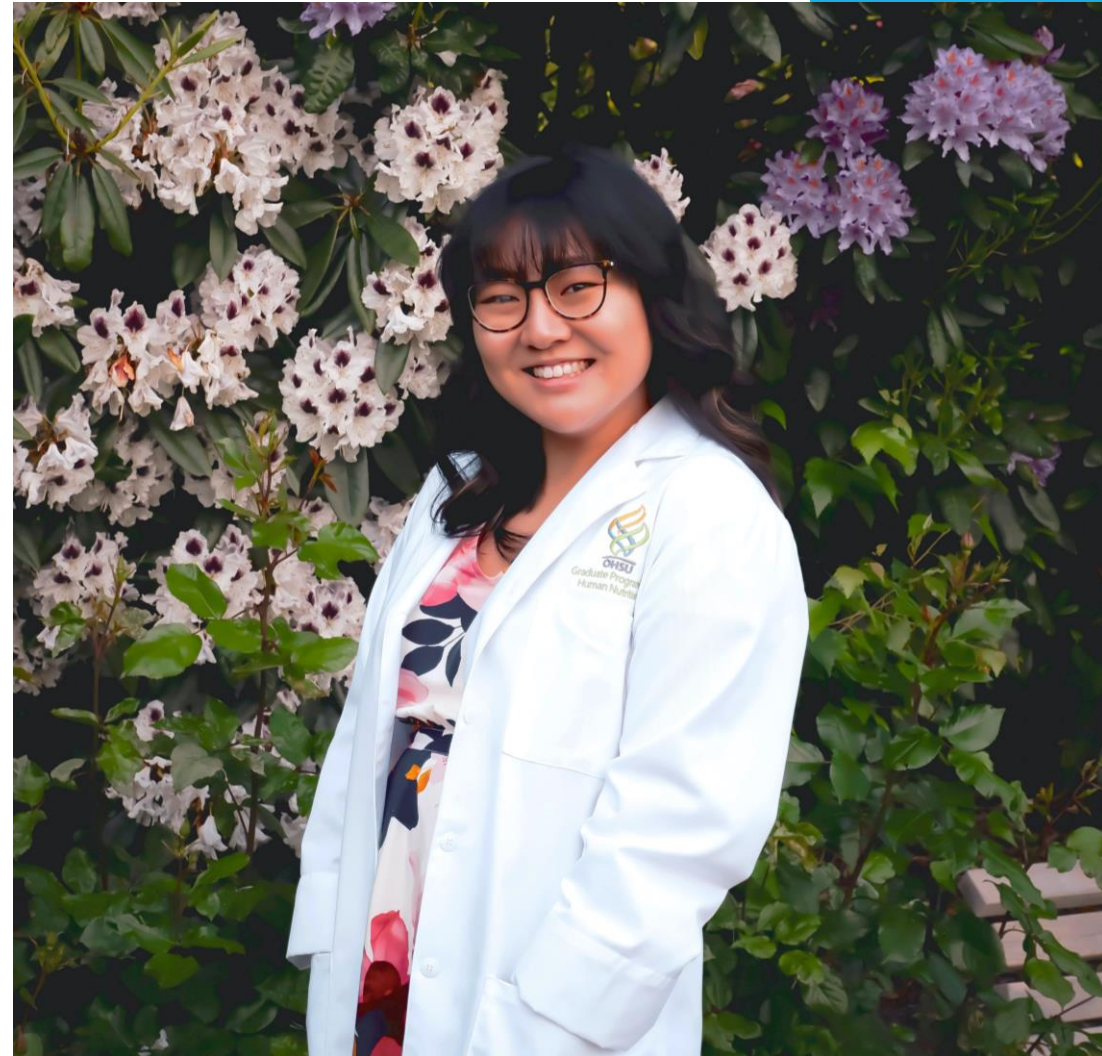
Oregon State University

Capstone Project

Evaluation of the Feeding Management Referral Process for Very Low Birth Weight (VLBW) High Risk Infants from the Neonatal Intensive Care Unit (NICU)

What's next?

Phoebe plans to take a deep breath and relax, and then take the RD exam, find a clinical position with a pediatric focus, and begin to clock hours for a pediatric specialty!



LACEY MANGANO

Degree

Master of Science in Human Nutrition

Joined OHSU from...

Cal Polytechnic State University, San Luis Obispo

Capstone Project

Safety and Efficacy of Intraoperative Enteral Nutrition During Burn Surgery: A Retrospective Chart Review

What's next?

After graduation, Lacey plans to not open her computer for at least a full week.



SARAH MILLER

Degree

Master of Science in Human Nutrition

Joined OHSU from...

University of Southern Indiana

Thesis Project

Handgrip Strength and Body Composition in Individuals with and without Kidney Disease

What's next?

After completing the RD exam, Sarah will move to Guangzhou, China to join her husband in his Foreign Service career. While living there and at future posts around the world, she plans to research and blog about cultural foods and global nutrition.



KEALA SWAFFORD

Degree

Master of Science in Human Nutrition

Joined OHSU from...

University of Hawai'i at Mānoa

Thesis Project

Post-prandial Glycemia Following High Protein and High Fat Meals among Subjects with Type 1 Diabetes Mellitus

What's next?

First, Keala plans to return to Hawai'i, eat good food and go to the beach! Then she plans to study for the RD exam, find a position as an outpatient RD and work towards becoming a CDCES.



NICOLE TOMASA

Degree

Master of Science in Human Nutrition

Joined OHSU from...

OHSU (Dietetic Internship)

University of Hawai'i at Mānoa

Capstone Project

Virtual Diabetes Support Group

What's next?

Nicole plans to pass the RD exam and then work with individuals living with prediabetes and/or type 2 diabetes.



KELSEY VANDEN-HEUVEL

Degree

Master of Science in Human Nutrition

Joined OHSU from...

University of Wisconsin-Stout

Capstone Project

Review of Evidence on Essential Fatty Acid Supplementation for Children with Autism Spectrum Disorder and Development of Clinical Guidelines and Educational Handout on Mealtime Behavior Interventions

What's next?

Kelsey hopes to search for a job in nutrition policy and advocacy.



EMMA WHIGHAM, RDN

Degree

Master of Science in Human Nutrition

Joined OHSU from...

OHSU (Dietetic Internship)

Iowa State University

Thesis Project

Meal Timing and Quality among Adolescents and Young Adults with T1DM: Associations with Glycemic Control and Sleep Disturbances

What's next?

After graduation, Emma plans to frame her degree!



CONGRATULATIONS TO EVERYONE!

We are so proud of everything you have accomplished and can't wait to see what you do next.

~GPHN Faculty

