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Asking Yes-No Questions For Reliable, Consistent Responses

- 1. Keep the questions short in length. For example, "Are you thirsty?" or "Is this too high?" rather than "Are you thirsty for a drink now?" or "Do you want me to raise or lower your bed?"
- 2. Keep the questions direct and meaningful. For example, "Is the room too hot?" rather than "Are you uncomfortable in your room?"
- 3. Vary the questions so that some require a *yes* response and some require a *no* response.
- 4. Check the individual's reliability by asking the same question again and by re-wording the question (sometimes re-word the question requiring the opposite response).
- 5. Slow down your rate of speaking.
- 6. Emphasize the key words in the questions. For example, "Are you <u>hungry?"</u>
- 7. Allow a 15 to 30 second period between yes-no questions to allow the individual to prepare for the next, both mentally and physically. Count to 10 in your head before repeating or rephrasing the question.
- 8. Discontinue questions for 2 5 minutes if the individual begins to perservate or to respond with the same answer over and over. For example, the individual responds *yes* to all questions.
- 9. Vary the questions with self-talk, which is a slow, meaningful description from you about the things are happening daily.
- 10. Contact your speech and language pathologist if you have specific questions or concerns at the following phone number______.

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