# Drug Class Review on Angiotensin II Receptor Antagonists

**Final Report Update 1 Evidence Tables** 

February 2006



Original Report Date: September 2004 A literature scan of this topic is done periodically

The purpose of this report is to make available information regarding the comparative effectiveness and safety profiles of different drugs within pharmaceutical classes. Reports are not usage guidelines, nor should they be read as an endorsement of, or recommendation for, any particular drug, use or approach. Oregon Health & Science University does not recommend or endorse any guideline or recommendation developed by users of these reports.

Elaine Furmaga, PharmD Peter Glassman, MBBS, MSc Shannon Rhodes, MSPH Marika Suttorp, MS Walter Mojica, MD, MSPH Produced by Southern California Evidence-based Practice Center RAND 1700 Main Street, PO Box 2138 Santa Monica, CA 90407 Paul Shekelle, co-Director

Oregon Evidence-based Practice Center Oregon Health & Science University Mark Helfand, MD, MPH, Director

Copyright © 2006 by Oregon Health & Science University Portland, Oregon 97201. All rights reserved



Note: A scan of the medical literature relating to the topic is done periodically (see

http://www.ohsu.edu/ohsuedu/research/policycenter/DERP/about/methods.cfm for scanning process description). Upon review of the last scan, the Drug Effectiveness Review Project governance group elected not to proceed with another full update of this report. Some portions of the report may not be up to date. Prior versions of this report can be accessed at the DERP website.

## TABLE OF CONTENTS

#### **EVIDENCE TABLES**

EVIDENCE TABLE 1. ACTIVE-CONTROLLED TRIALS OF AIIRAS IN PATIENTS WITH HYPERTENSION	3
EVIDENCE TABLE 2. PLACEBO/ACTIVE-CONTROLLED TRIALS OF AIIRAS IN PATIENTS WITH HYPERTENSION	39
EVIDENCE TABLE 3. ACTIVE-CONTROLLED TRIALS OF AIIRAS IN PATIENTS AT HIGH CARDIOVASCULAR RISK	69
EVIDENCE TABLE 4. ACTIVE-CONTROLLED TRIALS OF AIIRAS IN PATIENTS AFTER RECENT MYOCARDIAL	
INFARCTION	104
EVIDENCE TABLE 5. ACTIVE-CONTROLLED TRIALS OF AIIRAS IN PATIENTS WITH HEART FAILURE	114
EVIDENCE TABLE 6. PLACEBO-CONTROLLED TRIALS OF AIIRAS IN PATIENTS WITH HEART FAILURE	144
EVIDENCE TABLE 7. ACTIVE-CONTROLLED TRIALS OF AIIRAS IN PATIENTS WITH NEPHROPATHY	204
EVIDENCE TABLE 8. PLACEBO-CONTROLLED TRIALS OF AIIRAS IN PATIENTS WITH NEPHROPATHY	222
EVIDENCE TABLE 9. ADVERSE EVENTS IN RANDOMIZED CONTROLLED TRIALS OF AIIRAS	237
EVIDENCE TABLE 10. STUDIES OF ADVERSE EVENTS OF AIIRAS	317

#### **QUALITY TABLES**

QUALITY TABLE 1. ACTIVE CONTROLLED TRIALS OF AIIRAS IN PATIENTS WITH HYPERTENSION	347
QUALITY TABLE 2. PLACEBO/ACTIVE CONTROLLED TRIALS OF AIIRAS IN PATIENTS WITH HYPERTENSION	357
QUALITY TABLE 3. ACTIVE CONTROLLED TRIALS OF AIIRAS IN PATIENTS AT HIGH CARDIOVASCULAR RISK	367
QUALITY TABLE 4. HEAD-TO-HEAD TRIALS OF AIIRAS IN PATIENTS AFTER RECENT MYOCARDIAL INFARCTION	
COMPLICATED BY HEART FAILURE, LEFT VENTRICULAR SYSTOLIC DYSFUNCTION, OR BOTH	377
QUALITY TABLE 5. ACTIVE CONTROLLED TRIALS OF AIIRAS IN PATIENTS WITH HEART FAILURE	382
QUALITY TABLE 6. PLACEBO-CONTROLLED TRIALS OF AIIRAS IN PATIENTS WITH HEART FAILURE	397
QUALITY TABLE 7. ACTIVE CONTROLLED TRIALS OF AIIRAS IN PATIENTS WITH NEPHROPATHY	417
QUALITY TABLE 8. PLACEBO CONTROLLED TRIALS OF AIIRAS IN PATIENTS WITH NEPHROPATHY	429
QUALITY TABLE 9. QUALITY ASSESSMENT OF RANDOMIZED CONTROLLED TRIALS OF ADVERSE EVENTS WITH	
AIIRAs	435
QUALITY TABLE 10. QUALITY ASSESSMENT OF ADVERSE EVENTS TRIALS WITH AIIRAS	445

#### Funding

The funding source, the Center for Evidence-based Policy, is supported by 17 organizations, including 15 state Medicaid programs. These organizations selected the topic and had input into the Key Questions for this review. The content and conclusions of the review are entirely determined by the Evidence-based Practice Center researchers. The authors of this report have no financial interest in any company that makes or distributes the products reviewed in this report.

#### Suggested citation for this report

Furmaga E, Glassman P, Rhodes S, Suttorp M, Mojica W. Drug Class Review on Angiotensin II Receptor Antagonists. Final Report. 2006. <u>http://www.ohsu.edu/drugeffectiveness/reports/final.cfm</u>

## Acknowledgements

We would like to acknowledge Shannon Rhodes, MSPH who reviewed the evidence tables on the original report.

ID	(1) Author, Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
2043	Schrader, 2005 Germany, Austria MOSES (Fair)	RCT, PROBE, multicenter	HTN requiring treatment and history of cerebrovascular event (transient ischemic attack [TIA, focal neurological deficit attributable to ischemia resolving within 24 hours], ischemic stroke, cerebral hemorrhage), documented by either cranial computed tomography or magnetic resonance scan (within 24 months prior to inclusion)	Eprosartan 600 mg once daily Nitrendipine 10mg once daily Mean follow-up 2.5 years
2019	Yamamoto, 2003 Japan (Poor)	Open-label	Age 35 to 81 with uncomplicated mile to moderate HTN, receiving DCCB as only anithypertensive	d Candesartan 8mg or 12mg once daily (8mg dose increased to 12mg if SBP not reduced > 20 mm Hg and DBP reduced > 10 mm

2003	Open-label	Age 35 to 81 with uncomplicated mil	Id Candesartan 8mg or 12mg once daily (8mg		
		to moderate HTN, receiving DCCB as only anithypertensive	dose increased to 12mg it > 20 mm Hg and DBP rec	f SBP not reduced duced > 10 mm	
		, ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	Hg)	Follow-up	
			3 months		

#### Evidence Table 1. Active-controlled trials of angiotensin II receptor antagonists in patients with hypertension (N=6)

ID(5) Run-in/Washout Periodmedications/interventions(7) Method of Outcome Assessment and Timing of Assessment2043NoneDose could be adjusted or combination therapy initiated (recommended to start with diuretic, then beta-blocker, then alpha-blockers or centrallyPrimary endpoint was composite all-cause mortality and number cardiovascular and cerebrovascular events (including recurrent events); secondary endpoints were all single components of the primary endpoint and assessment of functional capacity (modified Rankin Scale [0 to 5; then alpha-blockers or centrally best=0] and Barthel Index [0 to 100; best=100] and cognitive function (Mini acting agents) to achieve target sitting SBP < 140 mm Hg and DBP < 90 mm Hg36, and 48 months; ABPM and MMSE at 12, 24, and 48 months; Rankin Scale and Bartel Index at 24 and 48 months			(6) Allowed other	
2043NoneDose could be adjusted or combination therapy initiated (recommended to start with diuretic, then beta-blocker, then alpha-blockers or centrally sitting SBP < 140 mm Hg and DBP < 90 mm Hq	ID	(5) Run-in/Washout Period	medications/interventions	(7) Method of Outcome Assessment and Timing of Assessment
5	2043	None	Dose could be adjusted or combination therapy initiated (recommended to start with diuretic, then beta-blocker, then alpha-blockers or centrally acting agents) to achieve target sitting SBP < 140 mm Hg and DBP < 90 mm Hg	Primary endpoint was composite all-cause mortality and number cardiovascular and cerebrovascular events (including recurrent events); secondary endpoints were all single components of the primary endpoint and assessment of functional capacity (modified Rankin Scale [0 to 5; best=0] and Barthel Index [0 to 100; best=100] and cognitive function (Mini t Mental Status Exam). Clinic visits at 3, 6, and 9 weeks, and 3, 6, 12, 18, 24, 36, and 48 months; ABPM and MMSE at 12, 24, and 48 months; Rankin Scale and Bartel Index at 24 and 48 months

2019

None

Not specified

Objective to compare effect on QOL after switching from DCCB to candesartan. QOL assessed by 37 item questionnaire: general health (10 items); work and housework (3 items); daily life (5 items); sleeping (4 items); psychological well-being (4 items); intelligence (2 items); sex life (3 items); cooperation (1 item); social activity (2 items); self-control (2 items); activity (1 item). Four point scale used to assess physical symptoms (1=definite, 4=absent). QOL assessed before and after 3 months candesartan

ID	(8) Age Gender Ethnicity	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed
2043	Mean age 68 54% male Ethnicity not specified	Stroke 61% TIA 27% Prolonged reversible ischemic neurological deficit 6% Intracerebral hemorrhage 5.5% DM 37% CHD 26% Hyperlipidemia 53% Renal disease 5% Baseline BP: Eprosartan $150.7\pm18.5/87.0\pm10.8$ mm Hg Nitrendipine $152.0\pm18.2/87.2\pm9.6$ mm Hg	Number screened not reported/1405 eligible/1352 enrolled	53 withdrew consent/3 without known vital status/ 26 lost to fu/1352 analyzed
2019	Mean age 63 51% male Ethnicity not specified	DM 29% Cardiac disease 3% Cerebrovascular disease 5% Hyperlipidemia 29% Renal disease 2% Baseline BP 142.4 <u>+</u> 11.5/84.9 <u>+</u> 5.8 mm Hg	Number screened not reported/number eligible not reported/100 enrolled	None withdrawn/none lost to fu/100 analyzed

ID	(12) Results	(12) Results	(13) Method of adverse effects assessment?
2043	Primary endpoint (cerebrovascular and CV events and	Secondary endpoints	Assessed by investigator at
	nonCV death)	Fatal and nonfatal cerebrovascular events	each examination
	Incidence density per 100 person years (ID)	Eprosartan vs. nitrendipine: ID ratio 0.75	
	Eprosartan vs. nitrendipine: ID ratio 0.79 (95% CI 0.66-0.96;	(95% CI 0.58-0.97; P=0.026)	
	P=0.014)	Fatal and nonfatal CV events	
	NNT=13 (95% CI 8-37)	Eprosartan vs. nitrendipine: ID ratio 0.75	
		(95% CI 0.55-1.02; P=0.061)	

2019	QOL main objective: Significant improvement candesartan vs DCCB:	Monitored throughout the study	
	General symptoms (P<0.001)		
	Physical symptoms (P<0.001)	QOL General symptoms sub-items:	
	Work and satisfaction (P<0.001)	Significant improvement candesartan vs	
	Sleep scale (P<0.001)	DCCB:	
	Emotional state (P<0.001)	Headache, dull headache (P<0.001)	
	Cognitive function (P<0.001)	Dizziness, fainting (P<0.01)	
	Sexual function (P<0.001)	Shoulder stiffness (P<0.001)	
	Life satisfaction (P<0.01)	Palpitation (P<0.001)	
	Vigor (P<0.05)	Facial flushing (P<0.001)	
	Overall (P<0.001)	Numbness (P<0.001)	

#### Evidence Table 1. Active-controlled trials of angiotensin II receptor antagonists in patients with hypertension (N=6)

	<i></i>	(15) Total withdrawals; withdrawals due to adverse	
ID	(14) Adverse Effects Reported	events	
2043	Dizziness/hypotension	53 withdrew consent;	
	Eprosartan 12.9%	withdrawals due to adverse	
	Nitrendipine 10.6%	events not reported	
	Pneumonia		
	Eprosartan 10.8%		
	Nitrendipine 11.4%		
	Metabolic disorder		
	Eprosartan 5.5%		
	Nitrendipine 5.9%		

2019 No adverse laboratory events reported; Resignificant decrease in TC compared to baseline (217.2+30.3 vs. 202.5+25.9 mg/dl; P<0.0001)

Reported that all patients completed the study

Evidence Table 1. Active-controlled trials of angiotensin II receptor antagonists in patients with hypertension (N=6)

ID	(16) Comments		
2043	Mean BP at final visit/study end: eprosartan		
	137.5 <u>+</u> 16.7/80.8 <u>+</u> 8.9 mm Hg; nitrendipine		
	136.0 <u>+</u> 15.6/80.2 <u>+</u> 8.8 mm Hg. Monotherapy: eprosartan		
	34.4%, nitrendipine 33.1%; combination therapy: eprosartan		
	65.6%, nitrendipine 66.9%. Mean dose at end of study in		
	patients who remained on study drug: eprosartan 623+129.3		
	mg; nitrendipine 16.2 <u>+</u> 7.9 mg. No significant differences in		
	mean values before and at end of study of cognitive or		
	functional capacity.		

2019 Baseline values to determine if increased candesartan dose warranted based on BP reductions not defined; 93 patients received 8mg, 7 received 12mg candesartan (mean followup BP 130.0<u>+</u>5.5/76.6<u>+</u>6.4 mm Hg; P<0.01 vs. baseline on DCCB)

ID	(1) Author, Year Country Trial Name (Quality Score)		(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
944	Tedesco, 1999 Country not stated (Fair)		RCT	Age 30 to 73 with uncomplicated mild to moderate HTN (DBP 90-114 mm Hg on nonpharmacologic therapy)	l Losartan 50mg once daily or HCTZ 25mg once daily Mean follow-up 2.2 years
283	Dahlof, 1997 Sweden, Australia, Finland Study (Fair)	LOA	RCT, multicenter	Mild to moderate HTN (DBP 90-115 mm Hg)	Losartan 50mg once daily (if DBP > 90 mm Hg, increased to 100mg); losartan 50mg (if DBP > 90 mm Hg, add HCTZ 12.5mg); amlodipine 5mg once daily (if DBP > 90 mm Hg, increased to 10mg); adjustment occurred at 6 weeks

		(6) Allowed other	
ID	(5) Run-in/Washout Period	medications/interventions	(7) Method of Outcome Assessment and Timing of Assessment
944	Two weeks double-blind nonpharmacologic therapy	Not specified	Objective to examine long-term changes in QOL [assessed by 46 item questionnaire appropriate for HTN including symptomatic physical well- being, psychologic well-being, activity, perception of effects of treatment on lifestyle, including social participation, performance, and satisfaction at work; scored disability as a Health Index on a continuum from 0 (death) to 1 (perfect health), and cognitive function [by Sandoz Clinical Assessment Geriatric (SCAG) and Mini-Mental State Examination (MMSE)], and to compare the antihypertensive effect of losartan vs. HCTZ; patients stratified by age (< 60years vs. ≥ 60years). Patients assessed at baseline and 26 months
283	1 week wash-out/4 week placebo run-in	Not specified	Objective to compare effect on QOL [assessed by the psychological general well-being (PGWB) index, 22 item questionnaire (22-132 points) with 6 domains (anxiety, depressed mood, positive well-being, self-control, general health, vitality)], BP and drug tolerability. Patients completed a questionnaire at home on the day before visits during weeks -4, 0, 6, and 12 (given to investigator in sealed envelope)

#### Evidence Table 1. Active-controlled trials of angiotensin II receptor antagonists in patients with hypertension (N=6)

psychiatric disorders, 20-22%

respiratory diseases

ID	(8) Age Gender Ethnicity	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed
944	Mean age 55 (losartan 23 patients < 60 years, $19 \ge 60$ years vs. HCTZ 13 patients < 60 years, $14 \ge 60$ years) 52% male Ethnicity not specified	Duration of HTN 5 years (significantly longer in patients ≥ 60 years, P<0.001 losartan, P<0.01 HCTZ), education 9 years	Number screened not reported/number eligible not reported/69 enrolled	None withdrawn/none lost to fu/69 analyzed
283	Mean age 58 53% male 99% white	16-23% CVD, 6-7% DM, 39- 41% musculoskeletal diseases, 25-26% neurologic and	Number screened not reported/number eligible not reported/898 enrolled	75 did not complete the study/number lost to fu not reported/787 analyzed for QOL

ID	(12) Results	(12) Results	(13) Method of adverse effects assessment?
944	QOL main objective: mean (sd) losartan baseline 0.90(0.08) vs. 26 months $0.96(0.06)$ (P<0.01; 95% CI -0.08 to -0.02), < 60 years (P<0.003), $\geq$ 60 years (P<0.02); HCTZ baseline 0.89(0.07) vs. 26 months 0.94(0.08) (P<0.02; 95% CI -0.09 to -0.01), < 60 years (NS), > 60 years (P<0.05)	Reported that ANOVA for BP, MMSE, SCAG, QOL showed a significant difference losartan vs. HCTZ (P<0.001)	Not reported
283	QOL main objective: total score (after 12 wks) losartan 110.0 vs. 107.5 baseline (P<0.001), losartan + HCTZ 109.8 vs. 108.1 baseline (P=0.002), amlodipine 108.7 vs. 108.2 baseline; improvement in PGWB score in 60% losartan monotherapy, 54% losartan + HCTZ, 50% amlodipine (losartan vs. amlodipine P=0.011) NNT=9 (95% CI 5-30) for losartan monotherapy vs amlodipine	QOL main objective (continued): losartan monotherapy significantly improved anxiety, depressed mood, positive well- being, vitality; losartan + HCTZ signifcantly improved anxiety, general health, vitality; none of the 6 domains were significantly improved with amlodipine	Monitored at each visit by asking one general (Y/N) question and 24 (Y/N) on specific symptoms; spontaneous reporting

ID	(14) Adverse Effects Reported	(15) Total withdrawals; withdrawals due to adverse events
944	No complaints of cough or complications in sexual performance; no adverse laboratory events reported	Reported that all patients completed the study
283	Any discomfort: 22.5% losartan monotherapy, 23.5% losartan + HCTZ, 33.1% amlodipine (P=0.002 amlodipine vs. baseline); dizziness upon standing: 10.1% losartan monotherapy (P=0.028 vs. baseline), 17.1% losartan + HCTZ (P=0.001 vs. baseline), 33.1% amlodipine (P=0.002 amlodipine vs. baseline); no difference in global symptom score (0-24) between groups	94% on Iosartan monotherapy, 92% on Iosartan + HCTZ, 89% on amlodipine did not complete the study; 2% on Iosartan monotherapy, 5% on Iosartan + HCTZ, 8% on amlodipine withdrew due to adverse experiences (P=0.01 amlodipine vs. Iosartan monotherapy)

## Evidence Table 1. Active-controlled trials of angiotensin II receptor antagonists in patients with hypertension (N=6)

ID	(16) Comments
944	Differences in SCAG, MMSE, 24hr SBP and 24hr DBP all statistically significantly improved at the end of the trial vs. baseline for patients on losartan as well as those in each age subgroup (significant improvement for HCTZ in 24hr SBP and 24hr DBP, and in patients < 60 years). 80% of patients on losartan and 50% patients on HCTZ were satisfied with their therapy and chose to continue

**283** All treatment groups significantly reduced SBP and DBP vs. baseline (P<0.001)

ID	(1) Author, Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug. dose. duration)
941	Tanser, 1998	Multicenter	Male and female outpatients aged 20	) Candesartan 8 mg once daily
	Australia, Canada,		to 80 years with primary hypertension	n Enalapril 10 mg once daily
	Europe, Mexico		and a history of ACE-inhibitor-	Placebo
	(Fair)		induced cough	
			-	8 weeks or when patient reported dry cough

ID	(5) Run-in/Washout Period	(6) Allowed other medications/interventions	(7) Method of Outcome Assessment and Timing of Assessment
941	1-4 week enalapril challenge period	HCTZ (12.5 mg) if diastolic BP > 105 mm Hg	Symptom Assessment (SA) questionnaire of symptoms using 5-point Likert scale (not at all, a little, moderation, quite a bit, and extremely)
	Those who experienced dry cough continued to a 1-4 week placebo dechallenge		Cough frequency rated using 100 mm visual analog scale (1=none of the time to 100=all of the time)
	period in which cough had to resolve and be absent on two consecutive visits		Quality of life: 15 of original 24 items in the Minor Symptom Evaluation (MSE) profile for contentment, vitality and sleep; MSE uses 100-mm visual analog scale with lower end of the scale indicating positive feelings and the higher end of the scale negative feelings

ID	(8) Age Gender Ethnicity	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed
941	60 37% male	BMI 29 kg m2 DBP 93 mm Hg	Number screened not reported/301 eligible/156	Number withdrawn not reported/number lost to fu not
	81.2% white	SBP 153 mm Hg	enrolled	reported/154 analyzed

#### Evidence Table 1. Active-controlled trials of angiotensin II receptor antagonists in patients with hypertension (N=6)

			(13) Method of adverse effects
ID	(12) Results	(12) Results	assessment?
941	Patients with cough (%)	Recorded, either from spontaneous reports	
	after 8 weeks	by the patient, or in response to an open,	
	Placebo=26.9%	nonspecific questions (such as "Have you	
	Candesartan=35.5% (P>0.20 vs placebo)	had any health problems since we last	
	Enalapril=68.2% (P<0.001 vs candesartan)	met?"), or as observed by study personnel	
	NNT=3 (95% CI 2-6) for candesartan vs enalapril		
	MSE profile		
	contentment:		

mean difference between candesartan & placebo=7.6mm, 95% CI 0.7 to 14.4mm P=0.03 sleep and vitality: nonsignificant trends

ID	(14) Adverse Effects Reported	(15) Total withdrawals; withdrawals due to adverse events
941	<u>Cough</u> Enalapril=31% Candesartan=16% Placebo=11%	<u>Withdrawals due to adverse</u> <u>events</u> Placebo=3/26(11.5%) Candesartan=5/62(8.1%) Enalapril=3/66(4.5%)

ID	(16) Comments
941	Unable to determine percent of patients with HCTZ added in
	each group

ID	(1) Author, Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
795	Rake, 2001 U.S. (Fair)	Multicenter	Male and female patients, of at least 18 years of age, with mild to moderate hypertension and a history of ACE inhibitor induced cough; no dry cough and average sitting diastolic BP of 95-114 mm Hg at the last 2 weekly visits of the 4-5 week single-blind, placebo run-in period; development of persistent non- productive dry cough during 3-4 week single-blind period of treatment with enalapril 20 mg daily; no cough at the end of the 2-4 week placebo washout period	Eprosartan 600 mg twice daily Enalapril 20 mg once daily Placebo

ID	(5) Run-in/Washout Period	(6) Allowed other medications/interventions	(7) Method of Outcome Assessment and Timing of Assessment
795	4-5 week single blind placebo run-in	Not reported	Quality of life: Psychological General Wellbeing Index (PGWB) (anxiety, depressed mood, positive well-being, self-control, general health and vitality; higher scores reflect more positive well-being); sleep disturbance
	3-4 week single blind treatment with enalapril 20		scale; life satisfaction; satisfaction with spouse
	mg		Pulmonary Questionnaire: self-reported dry unproductive cough
	2-4 week placebo wash-ou period	t	Completed at the beginning of the placebo run-in period, during the placebo washout phase just prior to randomizsation, and at the last visit of the double-blind treatment

ID	(8) Age Gender Ethnicity	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed
795	56.6	Diastolic BP=100.7 mm Hg	231 screened/number eligible	4(2.9%) withdrawn/0 lost to
	52.3% male	Smoking history=9.1%	not reported/136 enrolled	fu/132 analyzed
	Ethnicity not reported	Smoker's cough=0.7%		

ID	(12) Results	(12) Results	(13) Method of adverse effects assessment?
795	Quality of life (mean change)	Self-control	Pulmonary Questionnaire: self-
	Anxiety	Placebo=(-0.05)	reported dry unproductive
	Placebo=(-0.49)	Enalapril=(-0.02)	cough
	Enalapril=0.33	Eprosartan=0.00	-
	Eprosartan=(-0.14)	General health	Investigator completion of
	Depression	Placebo=0.63	pulmonary questionnaire
	Placebo=(-0.39)	Enalapril=(-0.38)	
	Enalapril=0.02	Eprosartan=(-0.13)	
	Eprosartan=(-0.18)	Vitality	
	Positive well-being	Placebo=0.36	
	Placebo=0.10	Enalapril=0.60	
	Enalapril=0.40	Eprosartan=0.14	
	Eprosartan=0.12	PGWB Total	
		Placebo=0.20	
		Enalapril=0.94	
	Life satisfaction/Spouse satisfaction/Sleep disturbance=no treatment effects (data nr)	Eprosartan=(-0.29)	

		(15) Total withdrawals; withdrawals due to adverse
ID	(14) Adverse Effects Reported	events
795	Self-assessed cough	Not reported
	Definite dry cough	
	Placebo=2/41(4.9%)	
	Enalapril=5/39(12.8%)	
	Eprosartan=1/39(2.6%)	
	Probably dry cough	
	Placebo=0	
	Enalapril=4/39(10.2%)	
	Eprosartan=1/39(2.6%)	
	Possible dry cough	
	Placebo=0	
	Enalapril=0	
	Eprosartan=0	
	All coughs	
	Placebo=2/41(4.9%)	
	Enalapril=9/39(23.1%)(p=0.047 for eprosartan	
	vs enalapril)	
	Eprosartan=2/39(5.1%)	
	Investigator reported cough	
	Placebo=3/41(7.3%)	
	Enalapril=11/39(28.2%)NS	
	Eprosartan=5/39(12.8%)	

Evidence Table 1. Active-controlled trials of angiotensin II receptor antagonists in patients with hypertension (N=6)

ID (16) Comments 795

	(1) Author, Year Country Trial Name	(2) Study Design (optional)		
ID	(Quality Score)	Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
213	Breeze, 2001	Multicenter	Patients aged 18 or more with	Eprosartan 400-600 mg twice daily
	North America, Europe,		sustained mild-moderate	Enalapril 5-20 mg once daily
	South Africa		hypertension (mean sitting diastolic	
	(Fair)		BP between 95 mm Hg and 114 mm	Duration 26 weeks
			Hg inclusive at 3 successive visits	

		(6) Allowed other	
ID	(5) Run-in/Washout Period	medications/interventions	(7) Method of Outcome Assessment and Timing of Assessment
213	3-5 week placebo run-in period	HCTZ 12.5-25 mg (after 12 weeks if necessary - goal not	Dry unproductive persistent cough assessed by questionnaire
		reported)	Quality of life assessed by Psychological General Wellbeing Index (PGWB)
			Clinic visits at week 6, 12 and 26

ID	(8) Age Gender Ethnicity	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed
213	55.7	Cough Status	Number screened not	82/529(15.5%)
	56.5% male	Definite=1.3%	reported/number eligible not	withdrawn/number lost to fu not
	87.2% white	Probably=0.6%	reported/529 enrolled	reported/523 analyzed

ID	(12) Results	(12) Results	(13) Method of adverse effects assessment?
213	PGWB scores (between treatment differences in mean	PGWB regression analysis adjusted for	Assessed by investigator using
	<u>change (95% CI))</u>	<u>baseline values</u>	a questionnaire
	Eprosartan:Enalapril (study endpoint/monotherapy endpoint	Eprosartan:Enalapril (95% CI; p-value)	
	Anxiety: -0.82(-1.55, -0.99)/-0.58 (-1.21, 0.05)	Anxiety: -0.60(-1.28, 0.07; NS)	
	Depression: -0.27(-0.64, 0.11)/-0.07(-0.40, 0.26)	Depression: -0.19(-0.52, 0.15; NS)	
	Positive well-being: -0.16(-0.68, 0.35)/0.24(-0.25, 0.72)	Positive well-being	
	Self-control: -0.50(-0.89, -0.10)/-0.09(-0.44, 0.27)	i) baseline score ≤19: -0.42 (-0.97, 0.12;	
	General health: -0.42(-0.82, -0.02)/-0.00(-0.41, 0.41)	NS)	
	Vitality: -0.23(-0.75, 0.30)/-0.21(-0.73, 0.31)	ii) baseline score >19: 0.65 (-0.29, 1.60;	
	Total: -2.48(-4.63, -0.32)/-0.79(-2.72, 1.15)	NS)	
		Self-control: -0.45(-0.81, -0.08; p=0.016)	
		General health: -0.34(-0.70, 0.14; NS)	
	Life satisfaction/sleep disturbance/job satisfaction: no	Vitality	
	between group differences (data nr)	i) baseline score ≤20: -0.27(-0.94, 0.39,	
		NS)	
		ii) baseline score >20: 0.16(-0.53, 0.85;	
		NS)	
		Total	
		i) baseline score ≤119: -2.32(-4.54, -0.10;	
		P=0.041)	
		ii) baseline score >119: -0.99(-6.13, 4.14;	
		NS)	

		(15) Total withdrawals; withdrawals due to adverse
ID	(14) Adverse Effects Reported	events
213	Cough incidence (% patients)	Total withdrawals
	Study endpoint analysis	Eprosartan=35/265(13.2%)
	Definite	Enalapril=47/264(17.8%)
	Eprosartan=5/247(2%)	
	Enalapril=12/249(4.8%)	Withdrawal due to cough
	Probable/possible	Eprosartan=2/265(0.7%)
	Eprosartan=3/247(1.2%)	Enalapril=7/264(2.6%)
	Enalapril=7/249(2.8%)	
	Definite/Probable/possible	
	Eprosartan=8/247(3.2%)	
	Enalapril=19/249(7.6%)	
	Monotherapy endpoint analysis	
	Definite	
	Eprosartan=4/245(1.6%)	
	Enalapril=15/247(6.1%)	
	Probable/possible	
	Eprosartan=1/245(0.5%)	
	Enalapril=9/247(3.6%)	
	Definite/Probable/possible	
	, Eprosartan=5/245(2.0%)	
	Enalapril=24/247(9.7%) (p=0.001)	

ID	(16) Comments
213	Reported that open-label HCTZ added at 12 weeks was
	almost identical in both groups (data not shown)

ID	(1) Author, Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
291	De Rosa, 2002 Italy (Fair)	Single center (outpatient clinic)	Essential HTN, classified as WHO stage II (average supine DBP >90 mm Hg and/or SBP > 140 mm Hg)	Enalapril 5-20 mg once daily Losartan 12.5-50 mg once daily
				Titration generally occurred at 7-day intervals as tolerated if DBP was ≥ 90 mm Hg
				Duration 3 years

		(6) Allowed other	
ID	(5) Run-in/Washout Period	medications/interventions	(7) Method of Outcome Assessment and Timing of Assessment
291	2-week placebo run-in	Not reported	Clinic visits after 1, 2, 3, and 4 weeks and every 12 weeks of the 3 year therapy
			QOL: symptom bother (not at all, little, moderately, quite a bit or extremely), overall health perceptions, psychologic well being, social functioning, sleep disturbance, cognitive functioning and sexual functions

ID	(8) Age Gender Ethnicity	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed
291	54.9 50% male Ethnicity not reported	BMI 27.4 kg/m2 SBP 156.9 mm Hg DBP 102.5 mm Hg GFR 97.1 ml/min	Number screened not reported/number eligible not reported/50 enrolled	8(16%) withdrawn/2(4%) lost to fu/42 analyzed
ID	(12) Results	(12) Results	(13) Method of adverse effects assessment?	
-----	---	--------------	---	
291	GFR change (%)		Not reported	
	Losartan 12.5% increase (P<0.005 vs. baseline)			
	Enalapril 5.3% increase (P=0.085 vs. baseline)			
	Change in GFR: mean(sd) after 3 years of treatment in ml/n	nin		
	Losartan: baseline=96.5 (32.3) follow-up=108.6 (31.12)			
	P<0.005			
	Enalapril: baseline=94.8 (31.1) follow-up=99.8 (19.6) P=0.0	)85		
	Quality of life			
	(12 weeks)			
	Losartan=Enalapril on all domains except > bother due to			
	cough with enalapril (12%) vs. lisinopril (2%) (P=0.01) (othe	r		
	data not reported)			

		(15) Total withdrawals; withdrawals due to adverse
ID	(14) Adverse Effects Reported	events
291	Incidence of bother due to cough:	Total withdrawals
	Losartan 2%	Losartan 4/26(15.4%)
	Enalapril 12%	Enalapril 4/24(16.7%)
	(P=0.01)	NS
		Withdrawal due to adverse
		<u>events</u>
		Losartan 0
		Enalapril 3/24(12.5%)
		NS

Evidence Table 1. Active-controlled trials of angiotensin II receptor antagonists in patients with hypertension (N=6)

ID (16) Comments 291

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
2033	Trenkwalder, 2005 U.S., Canada, Europe SCOPE trial substudy (demographics, risk factors, comorbidities) (Fair)	RCT, multicenter	Age 70 to 89 with HTN (treated or untreated 160-179/90-99 mm Hg), MMSE $\geq$ 24	See SCOPE trial (Lithell, 2003) Intervention below

ID	(5) Run-in/Washout Period	(6) Allowed other medications/interventions	(7) Method of Outcome Assessment and Timing of Assessment	(8) Age Gender Ethnicity
2033	Open run-in (1 to 3 months) untreated or HCTZ 12.5mg BP 160-179/90-99 mm Hg	Open-label HCTZ 12.5mg (as described under SCOPE trial Interventions below) or increase, with addition of other antihypertensive agents (except ACEIs, AIIRAs); breakdown of medication classes in the subgroups not provided	Endpoints evaluated by pre- specified subgroup (age, race, DM, history of stroke, smoking) or post hoc subgroup (medium or high CV risk). Primary endpoint of first major CV event (CV death, nonfatal MI, and nonfatal stroke); secondary endpoints of first fatal and nonfatal stroke (combined and separate). Patients were followed-up at regular visits (1 and 3 months after randomization, then every 6 months)	21% 80-89 79% 70-79 36% male Ethnicity not specified

ID	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed	(12) Results
2033	12% DM 4% previous stroke 9% current smoker 35% high CV risk	Number screened not reported/4964 randomized/4937 enrolled	27 excluded/8 lost to fu/4937 analyzed	Primary endpoint (first major CV event): <u>Previous stroke subgroup</u> (candesartan vs. control) [Yes] RR 0.36 (95% CI 0.18- 0.73); P=0.004 [No] RR 0.95 (95% CI 0.79- 1.14); P=0.591 P (for interaction)=0.008 No statistically significant difference when other subgroups evaluated

				(15) Total withdrawals;
		(13) Method of adverse effects		withdrawals due to adverse
ID	(12) Results	assessment?	(14) Adverse Effects Reported	events
ID 2033	(12) Results Secondary endpoints: First nonfatal stroke DM (candesartan vs. control) [Yes] RR 0.84 (95% Cl 0.38- 1.84); P=0.664 [No] RR 0.70 (95% Cl 0.50- 0.98); P=0.040 Interaction between treatment and subgroups P=0.678 Previous stroke (candesartan vs. control) [Yes] RR 0.34 (95% Cl 0.12- 0.95); P=0.039 [No] RR 0.79 (95% Cl 0.57- 1.10); P=0.159 Interaction between treatment and subgroups P=0.124 First nonfatal or fatal stroke DM (candesartan vs. control) [Yes] RR 0.90 (95% Cl 0.46- 1.76); P=0.755 [No] RR 0.73 (95% Cl 0.54- 1.00); P=0.046 Interaction between treatment and subgroups P=0.577 Previous stroke (candesartan vs. control) [Yes] RR 0.38 (95% Cl 0.15- 0.99); P=0.047 [No] RR 0.82 (95% Cl 0.64-	Assessed at each visit per SCOPE trial methods	(14) Adverse Effects Reported Not reported by subgroup	events Not reported by subgroup
	1.10); P=0.184			

Evidence table 2. Placebo/active-controlled trials of angiotensin II receptor antagonists in patients with hypertension (N=2)

ID 2033 (16) Comments

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
2007	Papademetriou, 2004 U.S., Canada, Europe SCOPE trial substudy (ISH) (Fair)	RCT, multicenter	Age 70 to 89 with HTN (treated or untreated 160-179/90-99 mm Hg), MMSE ≥ 24; predefined subgroup of ISH (SBP > 160 mm Hg and DBP < 90 mm Hg)	Candesartan 8mg, titrated to 16mg if BP > 160/85 mm Hg or SBP < 10 mm Hg vs. randomization) vs. placebo. If BP > 160/90 mm Hg despite 16mg candesartan (or placebo) addition of open-label antihypertensive treatment was recommended (HCTZ 12.5mg or increase if patient on from baseline), then adding other antihypertensive agents besides an AIIRA or ACEI) Mean follow-up 3.6 years

ID	(5) Run-in/Washout Period	(6) Allowed other medications/interventions	(7) Method of Outcome Assessment and Timing of Assessment	(8) Age Gender Ethnicity
2007	Open run-in (1 to 3 months) untreated or HCTZ 12.5mg	Open-label HCTZ 12.5mg or increase, with addition of other antihypertensive agents (except ACEIs, AIIRAs); candesartan vs. control: 26% vs. 18% on study drug only, 21% vs. 15% on study drug plus HCTZ 12.5mg baseline, 36% vs. 46% increase HCTZ or 12.5mg started after baseline, 19% vs. 27% beta- blocker, 21% vs. 30% CCB; respectively	Primary endpoint: first major CV event (CV death, nonfatal MI, or nonfatal stroke); secondary endpoints: cognitive function, dementia, total mortality, CV mortality, fatal and nonfatal MI, fatal and nonfatal stroke, new-onset DM, and discontinuation of study drug due to adverse events	Mean age 77 36% male, ethnicity not specified

ID	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed	(12) Results
2007	4.2-4.5% previous MI 3.9-4.4% previous stroke 11-13.5% DM	Number screened not reported/1518 randomized with ISH/1518 enrolled	Number excluded not reported/1 lost to fu/reported range 1512-1518 analyzed	Primary endpoint (first major CV event): candesartan vs. control RR 0.89 (95% CI 0.65- 1.21, P>0.20)

ID	(12) Results	(13) Method of adverse effects assessment?	(14) Adverse Effects Reported	(15) Total withdrawals; withdrawals due to adverse events
2007	Secondary endpoints: first stroke (fatal or nonfatal) RR 0.58 (95% CI 0.33-1.00, P=0.05) with candesartan vs. control; there was no significant difference in fatal stroke, nonfatal stroke, fatal or nonfatal MI, CV mortality or total mortality; no significant difference in change in MMSE score, development of dementia, or new-onset DM	Assessed at each visit per SCOPE trial methods	Most common (dizziness/vertigo, accident/injury, back pain, bronchitis) occurred in similar number in both groups	Total withdrawals not reported; candesartan vs. control: 17.3% vs. 17.6% withdrew due to adverse events

ID	(16) Comments
2007	Originally designed as
	placebo-controlled trial; only
	18% patients in control
	group on placebo (82%
	received open-label
	antihypertensive agents);
	average difference in BP
	reduction 2.0/1.2 mm Hg
	favoring candesartan
	(P=0.064)

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
2002	Degl'Innocenti, 2004 U.S., Europe SCOPE trial substudy (QOL) (Fair)	RCT, multicenter	Age 70 to 89 with HTN (treated or untreated 160-179/90-99 mm Hg), MMSE $\geq$ 24 at 314 study centers	See SCOPE trial (Lithell, 2003) Intervention below

			(7) Method of Outcome	(8) Age
п	(5) Pup-in/Washout Poriod	(6) Allowed other	Assessment and Timing of	Gender Ethnicity
2002	Open run-in (1 to 3 months) untreated or HCTZ 12.5mg BP 160-179/90-99 mm Hg	Open-label HCTZ 12.5mg (as described under SCOPE trial Interventions below) or increase, with addition of other antihypertensive agents (except ACEIs, AIIRAs); breakdown of medication classes in QOL subgroup not provided	Quality of life: Psychological General Wellbeing Index (PGWB): Total Score (min 22 to max 132; higher scores reflect more positive well- being); anxiety, depressed mood, positive well-being, self- control, general health, and vitality	Mean age 76 36% male, ethnicity not specified
			Subjective Symptom Assessment Profile (SSA-P): Seven-point scale (low value=mild symptoms); three of six dimensions used (cardiac symptoms, dizziness, peripheral/circulatory symptoms) plus 17 single items	
			EuroQoL Health Utility Index (EuroQoL): 100-point visual analogue scale (100=best; 0=worst); physical, mental, and social functioning	
			Completed at baseline and specific time points during clinic visits throughout study	

	(9) Other population			
	characteristics	(10) Number screened/	(11) Number withdrawn/	
ID	(diagnosis, etc)	eligible/enrolled	lost to fu/analyzed	(12) Results
2002	4.2% previous MI	Number screened not	Number excluded not	PGWB
	3.9-4.1% previous stroke	reported/number randomized	reported/lost to fu not	Total score
	10% DM	not reported/2850 enrolled	reported/2659 analyzed	Candesartan vs. control
	Education (10% less than			Baseline: 106/106.3
	primary school, 40% primary			Last visit: 103/101.8
	school, 44% more than primary			Change: -4.26/-5.63
	school, 5% University)			Mean: -1.37 (P=0.06)
				Anxiety
				Candesartan vs. control
				Baseline: 25/25.1
				Last visit: 24.7/24.3
				Change: -0.51/-1.01
				Mean: -0.50 (P=0.01)
				Positive well-being
				Candesartan vs. control
				Baseline: 17/17.2
				Last visit: 16.4/16.2
				Change: -0.79/-1.12

ID	(12) Results	(13) Method of adverse effects assessment?	(14) Adverse Effects Reported	(15) Total withdrawals; withdrawals due to adverse events
2002	SSA-P: No patient reported symptoms as moderate or above Cardic symptoms Adjusted mean difference in change Candesartan vs. control 0.07 (P=0.03) only statistically significant measure EuroQoL: Mean baseline scores high (74) Current health Adjusted mean difference in change Candesartan vs. control -2.19 (P=0.008)	Assessed at each visit	Not reported (refer to adverse events evaluated in QOL tools)	191 did not have evaluable QOL data at one or more visits; number withdrawals due to adverse events not reported

Evidence table 2. Placebo/active-controlled trials of angiotensin II receptor antagonists in patients with hypertension (N=2)

ID 2002 (16) Comments

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
2031	Faulhaber, 1999 Germany (Fair)	RCT, multicenter	Age 18 to 80 with HTN (treated DBP > 80 and < 100 mm Hg), stable renal insufficiency (sCr 150 to 600 µmol/L, not more than 25% change during run-in)	Valsartan 80 mg daily Placebo Duration 6 months

ID	(5) Run-in/Washout Period	(6) Allowed other medications/interventions	(7) Method of Outcome Assessment and Timing of Assessment	(8) Age Gender Ethnicity
2031	3 months treatment free run-in period	Continued concomitant antihypertensives except ACEIs, diuretics (furosemide allowed) for DBP > 80 and < 100 mm Hg <u>Valsartan vs. Placebo</u> Furosemide: 80% vs. 92.3% CCBs: 66.7% vs. 80.8% Beta-blockers: 56.7% vs. 57.7% Alpha-blockers: 30% vs. 42.3%	Primary endpoint: change from baseline in GFR Secondary endpoint: change in sCr Week 12 and 24	Mean age 55 59% male 96% white 4% oriental

ID	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed	(12) Results
2031	Median GFR 19.5 vs. 22.0 mL/min per 1.73 m2 (valsartan vs. placebo)	Number screened not reported/56 randomized/56 enrolled	6 excluded/none lost to fu/50 analyzed for endpoints (56 for safety and tolerablity)	Primary endpoint (GFR mL/min per 1.73 m2) Geometric mean (baseline vs. endpoint) Valsartan (19.2 vs. 17.6) Placebo (21.2 vs. 16.5) Least squares mean endpoint/baseline ratio Valsartan (0.82) Placebo (0.74) Least squares geometric mean ratio at endpoint valsartan/placebo (1.11) 95% Cl (0.77 to 1.59) P=0.577

ID	(12) Results	(13) Method of adverse effects assessment?	(14) Adverse Effects Reported	(15) Total withdrawals; withdrawals due to adverse events
2031	Secondary endpoint (sCr	Assessed at baseline, weeks 1	<u>Placebo vs. valsartan</u>	Total withdrawals
	µmol/L)	and 4, and then at 4 week	Dizziness (7.7%, 13.3%)	Placebo 5/26 (19.2%)
	Least squares mean change	intervals	Increase sCr (11.5%, 10.0%)	Valsartan 4/30 (13.3%)
	from baseline		Hypotension (3.8%, 10.0%)	
	Valsartan (43.22)		Hyperkalemia (0.0%, 6.7%)	Withdrawals due to adverse
	Placebo (47.02)		Syncope (0.0%, 6.7%)	<u>events</u>
	Least squares mean difference		Total events (23.1%, 46.7%)	Placebo 3/26 (11.5%)
	at endpoint			Valsartan 4/30 (13.3%)
	Valsartan vs. placebo (-3.80)			
	95% CI (-33.34 to 25.73)			
	P=0.796			

ID	(16) Comments
2031	BP reduction with valsartan
	statistically significantly
	greater with valsartan vs.
	placebo (adjusted mean
	difference DBP -7.84 mm
	Hg and SBP -14.27 mm Hg;
	P<0.002)

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
15	Lithell, 2003 U.S., Canada, Europe SCOPE trial (Fair)	RCT, multicenter	Age 70 to 89 with HTN (treated or untreated 160-179/90-99 mm Hg), MMSE ≥ 24	Candesartan 8mg, titrated to 16mg if BP > 160/85 mm Hg or SBP < 10 mm Hg vs. randomization) vs. placebo. If BP > 160/100 mm Hg despite 16mg candesartan (or placebo) addition of open-label antihypertensive treatment was recommended (HCTZ 12.5mg or increase if patient on from baseline), then adding other antihypertensive agents besides an AIIRA or ACEI) Mean follow-up 3.7 years

ID	(5) Run-in/Washout Period	(6) Allowed other medications/interventions	(7) Method of Outcome Assessment and Timing of Assessment	(8) Age Gender Ethnicity
15	Open run-in (1 to 3 months) untreated or HCTZ 12.5mg BP 160-179/90-99 mm Hg	Open-label HCTZ 12.5mg (as described under Interventions) or increase, with addition of other antihypertensive agents (except ACEIs, AIIRAs); candesartan vs. control: 25% vs. 16% on study drug only, 26% vs. 18% on study drug plus HCTZ 12.5mg baseline, 49% vs. 66% increase HCTZ or 12.5mg started after baseline, 17% vs. 26% beta- blocker, 18% vs. 28% CCB; respectively	Primary endpoint included major CV events (CV death, nonfatal MI, and nonfatal stroke); secondary endpoints included cognitive function (measured by MMSE), dementia, total mortality, CV mortality, fatal and non-fatal MI (combined and separate), fatal and non-fatal stroke (combined and separate), new onset DM, and discontinuation of study drug. Patients were followed- up at regular visits (1 and 3 months after randomization, then every 6 months)	Mean age 76 36% male, ethnicity not specified

ID	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed	(12) Results
15	4.5% previous MI, 3.9% previous stroke, 12% DM, education (10% less than primary school, 44% primary school, 40% more than primary school, 6% University)	Number screened not reported/4964 randomized/4937 enrolled	27 excluded/8 lost to fu/4937 analyzed	Primary endpoint first major CV event (CV death, nonfatal MI, non-fatal stroke): candesartan group vs. control risk reduction 10.9% (95% CI - 6.0-25.1, P=0.19)

ID	(12) Results	(13) Method of adverse effects assessment?	(14) Adverse Effects Reported	(15) Total withdrawals; withdrawals due to adverse events
15	Secondary endpoints: risk of nonfatal stroke was reduced by 27.8% (95% CI 1.3-47.2, P=0.04) with candesartan vs. control; there was no significant difference in fatal, nonfatal or total MI, fatal stroke, CV mortality or total mortality; no significant difference in the adjusted change in MMSE score (decrease mean 28.5 to 28.0 with candesartan vs. 28.5 to 27.9 in the control group); no difference in cognitive decline or development of dementia; no difference in new-onset DM	Assessed at each visit (any unintended, unfavorable clinical sign or symptom, any illness or disease, or any clinically relevant deterioration in laboratory variable or other clinical test, whether or not considered treatment related)	Hypotension: candesartan (24.6%, 0.3% withdrew) vs. control (23.4%, 0.2% withdrew); dizziness/vertigo: candesartan (20.9%) vs. control (20.0%); accident/injury: candesartan (18.4%) vs. control (18.4%); back pain: candesartan (19.2%) vs. control (17.1%); bronchitis: candesartan (15.9%) vs. control (16.0%); sCr increased from 91.0 to 100.6umol/l with candesartan vs. 91.0 to 96.3 umol/l in the control group	Total withdrawals not reported; candesartan vs. control: 15% vs. 17% withdrew due to adverse events

ID	(16) Comments
15	Originally designed as
	placebo-controlled trial.
	Mean dose candesartan
	11.6 <u>+</u> 4.0mg/day; only 16%
	of patients in control group
	were on placebo (84%
	received open-label
	antihypertensive agents);
	mean BP reduced to
	145.2/79.9 mm Hg in the
	candesartan group vs.
	148.5/81.6 mm Hg in the
	control group (mean
	difference in adjusted BP
	reduction 3.2/1.6 mm Hg
	favoring candesartan
	(P<0.001)

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
30	Parving, 2001 Canada, Europe, South America, South Africa (Fair)	Multicenter	Hypertensive patients, ranging in age from 30 to 70 years, with type 2 DM (WHO criteria), persistent microalbuminuria (defined as an albumin excretion rate of 20 to 200 $\mu$ g/minute in 2 or 3 consecutive, sterile, overnight urine samples) and a sCr concentration of no more than 133 $\mu$ mol/L for men and no more than 97 $\mu$ mol/L for women; HTN was defined by the finding on at least 2 of 3 consecutive measurements obtained one week apart during the run-in period of a mean SBP > 135 mm Hg or mean DBP > 85 mm Hg or both	Irbesartan 150 mg once daily Irbesartan 300 mg once daily Placebo Duration 2 years

ID	(5) Run-in/Washout Period	(6) Allowed other medications/interventions	(7) Method of Outcome Assessment and Timing of Assessment	(8) Age Gender Ethnicity
30	3-week run-in screening period during which all antihypertensive treatment was discontinued and replaced by placebo	Diuretics, beta blockers and nondihydropyridine CCBs	Clinic visits at weeks 2 and 4 and months 3, 6, 12, 18, 22, and 24	58 68.5% male 97.3% white

ID	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed	(12) Results
30	BMI 30.1 DM duration 9.7 years SBP 153 mm Hg DBP 90 mm Hg UAE 55.5 μg/min CrCl 109 ml/min	Number screened not reported/1469 eligible/611 enrolled	77(13.1%)/3(.5%)lost to fu/590 analyzed	Primary endpoint (time to onset diabetic nephropathy): Irbesartan150 9.7% Irbesartan300 5.2% Placebo 14.9% Irbesartan300 vs. placebo (HR 0.30 95% Cl 0.14-0.61; P<0.001) NNT=8 (95% Cl 5- 19) Irbesartan150 vs. placebo (HR 0.61 95% Cl 0.34-1.08; P=0.08) NNT=16 (95% Cl 7-83)

ID	(12) Results	(13) Method of adverse effects assessment?	(14) Adverse Effects Reported	(15) Total withdrawals; withdrawals due to adverse events
30	UAE	Not reported	Serious adverse events	Total withdrawals
	Placebo 2% decrease		Placebo 22.8%	Placebo 30/201(14.9%)
	(P<0.0001 for placebo vs.		Irbesartan150/300 15.4%	Irbesartan150 27/195(13.8%)
	combined irbesartan groups)		(P=0.02)	Irbesartan300 20/194(10.3%)
	Irbesartan150 24% decrease			
	Irbesartan300 38% decrease		Nonfatal CV events	Withdrawals due to adverse
			Placebo 8.7%	events
	Restoration of		Irbesartan150 Not reported	Placebo 17/201(8.4%)
	normoalbuminuria		Irbesartan300 4.5%	Irbesartan150 18/195 (9.2%)
	Placebo 21%		NS	Irbesartan300 8/194 (4.1%)
	Irbesartan150 24%			
	Irbesartan300 34%(P=0 006			
	vs placebo)			
	vs. placebo)			
	CrCl change at 24 months			
	(estimated from graph)			
	Placebo 3.7% decrease			
	Irbesartan150 5.4% decrease			
	Irbesartan300 6.5% decrease			
	NS			

ID	(16) Comments
30	Average BP: placebo
	(144/83 mm Hg);
	irbesartan150 (143/83 mm
	Hg); irbesartan300 (141/83
	mm Hg) (SBP P=0.0004
	placebo vs. combined
	irbesartan groups)

Evidence Table 3. Active-controlled trials of angiotensin II receptor antagonists in patients at high cardiovascular risk (N=4)

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
2027	Julius, 2004 N. America, S. America, Europe, Africa, Asia, Australia VALUE trial (Good)	RCT, multicenter	Age 50 or older with HTN (treated or untreated) mean BP 160-210/< 115 mm Hg (untreated) and CV risk factors (male, age > 50 years, verified DM, current smoking, high total cholesterol, LVH by ECG, proteinuria on dipstick and raised sCr between 150 and 265 µmol/L); and CV disease (verified coronary disease, cerebrovascular disease or peripheral arterial occlusive disease, or LVH with strain pattern)	Valsartan 80mg or amlodipine 5mg once daily with five step upward titration (step 1: valsartan 80mg or amlodipine 5mg; step 2: valsartan 160mg or amlodipine 10mg; step 3: valsartan 160mg + HCTZ 12.5mg or amlodipine 10mg + HCTZ 12.5mg; step 4: valsartan 160mg + HCTZ 25mg or amlodipine 10mg + HCTZ 25mg; step 5: other HTN drugs) to achieve target BP < 140/90 mm Hg Mean follow-up 4.2 years

## Evidence Table 3. Active-controlled trials of angiotensin II receptor antagonists in patients at high cardiovascular risk (N=4)

			(7) Method of Outcome	(8) Age
		(6) Allowed other	Assessment and Timing of	Gender
ID	(5) Run-in/Washout Period	medications/interventions	Assessment	Ethnicity
2027	None	Addition of other	Primary endpoint included time	Mean age 67
		antihypertensive agents	to first cardiac event	58% male, 89% white, 4%
		(except AIIRAs) allowed to	(composite sudden cardiac	black, 3.5% Oriental, 3%
		achieve target BP; ACEIs or	death, fatal MI, death during or	Other
		CCBs allowed only if clinically	after percutaneous coronary	
		indicated for reasons other	intervention or CABG, death	
		than HTN (patients on study	due to HF, and death	
		medication at primary endpoint	associated with recent MI on	
		including stroke or at final visit	autopsy, HF requiring hospital	
		for those without event: 15.9%	management, nonfatal MI, or	
		on valsartan 80mg and 11.1%	emergency procedures to	
		on 160mg; 20.8% on	prevent MI); secondary	
		amlodipine 5mg and 14.5% on	endpoints included fatal and	
		10mg; HCTZ in 2.1% on	nonfatal MI, fatal and nonfatal	
		valsartan 80mg and in 22.5%	HF, and fatal and nonfatal	
		on 160mg; HCTZ in 4.3% on	stroke. Additional pre-specified	
		amlodipine 5mg and in 19.5%	endpoints included all-cause	
		on 10mg; 23.0% in valsartan	mortality and new-onset DM.	
		treatment group and 16.8% in	Safety was monitored by an	
		amiodipine group on other	Independent data and safety	
		combinations of drugs,	monitoring board. Patients	
		respectively; 25.5% in	were followed-up at regular	
		Valsartan treatment group and	VISItS	
		23.9% in amiodipine group		
		were classified as not on study		
		tnerapy)		

## Evidence Table 3. Active-controlled trials of angiotensin II receptor antagonists in patients at high cardiovascular risk (N=4)

ID	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed	(12) Results
2027	CHD: 45.6% valsartan, 46.0% amlodipine; peripheral arterial disease: 13.8% valsartan, 14.0% amlodipine; stroke or TIA: 19.8% valsartan, 19.8% amlodipine; LVH with strain pattern: 5.9% valsartan, 6.1% amlodipine; previous HTN treatment: 92.7% valsartan, 92.0% amlodipine; BP 154/87 mm Hg	18,124 screened/15,313 eligible/15,245 enrolled	71 withdrawn/90 from closed sites/90 lost to fu/15,245 analyzed	Primary endpoint (time to first cardiac event): valsartan vs. amlodipine HR 1.04 (95% CI 0.94-1.15; P=0.49); when analyzed separately, cardiac mortality HR 1.01 (95% CI 0.86- 1.18; P=0.90), cardiac morbidity HR 1.02 (95% CI 0.91-1.15; P=0.71)
ID	(12) Results	(13) Method of adverse effects assessment?	(14) Adverse Effects Reported	(15) Total withdrawals; withdrawals due to adverse events
------	--	--	--	--
2027	Secondary endpoints: valsartan vs. amlodipine fatal and nonfatal MI HR 1.19 (95% CI 1.02-1.38; P=0.02), fatal and nonfatal HF HR 0.89 (95% CI 0.77-1.03; P=0.12), and fatal and nonfatal stroke HR 1.15 (95% CI 0.98-1.35; P=0.08); additional pre-specified endpoints: all-cause mortality HR 1.04 (95% CI 0.94-1.14; P=0.45), and new-onset DM HR 0.77 (95% CI 0.69-0.86; P<0.0001)	Adverse events and prespecified safety outcomes were monitored throughout d study	Pre-specified adverse events: peripheral edema: valsartan (14.9%) vs. amlodipine (32.9%) (P<0.0001); dizziness: valsartan (16.5%) vs. amlodipine (14.3%) (P<0.0001); headache: valsartan (14.7%) vs. amlodipine (12.5%) (P<0.0001); fatigue: valsartan (9.7%) vs. amlodipine (8.9%) (P=0.075). Reported as serious: angina pectoris: valsartan (4.4%) vs. amlodipine (3.1%) (P<0.0001); atrial fibrillation: valsartan (2.4%) vs. amlodipine (2.0%) (P=0.1197); syncope: valsartan (1.7%) vs. amlodipine (1.0%) (P<0.0001); mean potassium unchanged with valsartan (baseline 4.4±0.4 mmol/L vs. 4.4+0.5 mmol/L at study end) and decreased slightly with amlodipine (baseline 4.4+0.5 mmol/L vs. 4.2+0.5 mmol/L at study end)	Total withdrawals not reported: 37 on valsartan vs. 34 on amlodipine withdrew consent; 43 on valsartan vs. 47 on amlodipine were enrolled at sites that closed prematurely; 40 on valsartan vs. 50 on amlodipine were lost to follow-up; 911 (11.9%) on valsartan vs. 983 (12.9%) on amlodipine withdrew due to adverse events
			mmol/L vs. 4.2+0.5 mmol/L at study end)	

2027

Evidence Table 3. Active-controlled trials of angiotensin II receptor antagonists in patients at high cardiovascular risk (N=4)

#### ID (16) Comments

At the end of the study, median dose (mg/day): valsartan 151.7 (interquartile range 83.2-158.5), amlodipine 8.5 (interquartile range 5.0-9.9); mean BP at study end or final visit 139.3+17.6/79.2+9.8 mm Hg in the valsartan treatment groups vs. 137.5+15.0/77.7+9.0 mm Hg in the amlodipine treatment groups (BP reduction from baseline 15.2/8.2 mm Hg with valsartan vs. 17.3/9.9 mm Hg; P<0.0001), difference in BP reduction greater with amlodipine earlier in trial (4.0/2.1 mm Hg after 1 month compared to 2.0/1.5 mm Hg after 1 year, and approximately 1.5/1.3 mm Hg thereafter); more patients in the valsartan group received the highest dose of the study drug plus HCTZ plus other antihypertensive agents compared to the amlodipine group, with less patients on valsartan monotherapy compared to amlodipine

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
2018	Kondo, 2003 Japan (Poor)	RCT, single center, open	History coronary intervention without significant coronary stenosis on angiography at 6 months	Candesartan 4mg once daily vs. standard therapy control group Mean follow-up 2 years

ID	(5) Run-in/Washout Period	(6) Allowed other medications/interventions	(7) Method of Outcome Assessment and Timing of Assessment	(8) Age Gender Ethnicity
2018	None	Continued other medications: ACEIs (candesartan 21%, control 29%); beta-blockers (candesartan 14%, control 14%); statins (candesartan 37%, control 32%); aspirin (candesartan 68%, control 67%)	Primary endpoint: composite of revascularization, nonfatal MI, or CV death; secondary endpoint: hospitalization for CV causes (worsening angina or HF); CV events diagnosed by 2 cardiologists Time period for follow-up not specified	Mean age 65 76% male, ethnicity not specified

ID	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed	(12) Results
2018	Candesartan vs. control History MI: 67% vs. 70% Current smoker: 25% vs. 21% HTN: 48% vs. 39% DM: 27% vs. 23% HL: 51% vs. 46%	Number screened not reported/number eligible not reported/406 enrolled	9 withdrawn/none lost to fu/406 analyzed	Primary endpoint (composite revascularization, nonfatal MI, CV mortality): Candesartan 12/203 (5.9%) vs. control 25/203 (12.3%) RR 0.47 (95% CI 0.24-0.93; P=0.03), calculated NNT= 16 (95% CI 8, 125)

ID	(12) Results	(13) Method of adverse effects assessment?	(14) Adverse Effects Reported	(15) Total withdrawals; withdrawals due to adverse events
2018	Secondary endpoints (hospitalization for CV causes): Candesartan 9/203 (4.4%) vs. control 16/203 (7.9%) RR 0.55 (95% Cl 0.24- 1.23; P=0.14) All events: Candesartan 23/203 (11.3%) vs. control 40/203 (19.7%) RR 0.55 (95% Cl 0.33-0.92; P=0.02)	Not reported	Candesartan: dizziness or lightheadedness (9 patients); no significant changes in biochemical data reported	Total withdrawals not reported; 9 patients on candesartan withdrew due to adverse events; 2 patients in control group relocated (phone fu)

Evidence Table 3. Active-controlled trials of angiotensin II receptor antagonists in patients at high cardiovascular risk (N=4)

#### ID (16) Comments

2018 No significant difference in BP at baseline or follow-up. Significant interaction with concomitant medications on events for no ACEIs (P=0.01), no beta-blockers (P=0.03), and aspirin (P=0.04) in favor of candesartan

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
2000	Julius, 2004 U.S., U.K., Scandinavia LIFE trial substudy (Black patients) (Good)	RCT, multicenter	Age 55 to 80 with HTN (treated or untreated) and LVH (by ECG), Sitting BP 160-120/95-115 mmHg after 1-2 weeks of placebo	Refer to Interventions LIFE g trial (Dahlof, 2002) below

ID	(5) Run-in/Washout Period	(6) Allowed other medications/interventions	(7) Method of Outcome Assessment and Timing of Assessment	(8) Age Gender Ethnicity
2000	1 to 2 weeks of placebo	HCTZ (as described under Interventions); addition of other antihypertensive agents (except ACEIs, AIIRAs, beta- blockers) allowed to achieve target BP (US Black patients: 12% on losartan 50mg and 44% on 100mg required addition of HCTZ and/or other drugs; 13% on atenolol 50mg and 38% on 100mg required addition of HCTZ and/or other drugs, US Non-Black patients: 11% on losartan 50mg and 41% on 100mg required addition of HCTZ and/or other drugs; 14% on atenolol 50mg and 32% on 100mg required addition of HCTZ and/or other drugs)	Refer to Outcome Assessment LIFE trial (Dahlof, 2002) below; only composite and components of primary endpoint reported for subanalysis	Reported for US Black vs. US Non-Black: 65 vs. 67.4

ID	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed	(12) Results
2000	US Black vs. US Non-Black Current smoker: 25% vs. 13.2% Prior CHD: 23.1% vs. 32.4% DM: 25.4% vs. 19.6%	Not available by ethnic background/533 Black patients enrolled worldwide (523 in US)	Number withdrawn not reported/number lost to fu not reported/533 worldwide and 523 US Black patients analyzed	Primary endpoint (composite CV mortality, fatal or nonfatal MI, fatal or nonfatal stroke): Worldwide Black patients: losartan (n=270) vs. atenolol (n=263) 17% vs. 11% adjusted HR 1.666 (95% Cl 1.043- 2.661; P=0.033), calculated NNT=17 (95% Cl 8, 1000); Worldwide Non-Black patients: losartan (n=4355) vs. atenolol (n=4325) 10.7% vs. 12.9% adjusted HR 0.829 (95% Cl 0.733-0.938; P=0.003), calculated NNT=45 (95% Cl 28, 125); US Black patients: losartan (n=264) vs. atenolol (n=259) 17.4% vs. 11.2% adjusted HR 1.665 (95% Cl 1.042-2.659; P=0.033), calculated NNT=16 (95% Cl 8, 400); US Non-Black patients: losartan (n=605) vs. atenolol (n=579) 11.2% vs. 14.9% adjusted HR 0.722 (95% Cl 0.525-0.994; P=0.046), calculated NNT=29 (95% Cl 14, 265)

ID	(12) Results	(13) Method of adverse effects	(14) Adverse Effects Reported	(15) Total withdrawals; withdrawals due to adverse events
2000	Secondary endpoints	Not reported for subanalysis	Not reported for subanalysis	Total withdrawals (off-study
	(components of primary			drug): US Black patients losartan
	endpoint): Fatal or nonfatal			33% vs. atenolol 37%, US Non-
	stroke: Worldwide Black			Black patients losartan 33% vs.
	<u>patients</u> : losartan (n=270) vs.			atenolol 38%; withdrawals due to
	atenolol (n=263) 8.9% vs. 4.6%			adverse events not reported
	adjusted HR 2.179 (95% CI			
	1.079-4.401; P=0.030) (no			
	significant difference in CV			
	death or MI). <u>Worldwide Non-</u>			
	Black patients: losartan			
	(n=4355) vs. atenolol (n=4325)			
	fatal or nonfatal stroke 4.8%			
	vs. 6.9% adjusted HR 0.700			
	(95% CI 0.586-0.836; P<0.001)			
	(no significant difference in CV			
	death or MI). <u>US Black</u>			
	patients: losartan (n=264) vs.			
	atenolol (n=259) 9.1% vs. 4.6%			
	adjusted HR 2.181 (95% CI			
	1.080-4.403; P=0.030) (no			
	significant difference in CV			
	death or MI). US Non-Black			
	patients: losartan (n=605) vs.			
	atenoioi (n=579) (no significant			
	difference in CV death, MI, or			
	Stroke)			

Evidence Table 3. Active-controlled trials of angiotensin II receptor antagonists in patients at high cardiovascular risk (N=4)

#### ID (16) Comments

2000 Compared US Black vs. US Non-Black patients due to differences in baseline characteristics between US vs. overall. At last visit before primary endpoint or end of the study, mean BP US Black patients 141.7/80.6 mm Hg on losartan vs. 142.7/80.5 mm Hg on atenolol and in US Non-Black patients 140.4/77.8 mm Hg on losartan vs. 140.3/76.4 mm Hg on atenolol

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
11	Dahlof, 2002 U.S., U.K., Scandinavia LIFE trial (Good)	RCT, multicenter	Age 55 to 80 with HTN (treated or untreated) and LVH (by ECG)	Losartan 50mg (with addition of HCTZ 12.5mg and subsequent titration to losartan 100mg) or atenolol 50mg (with addition of HCTZ 12.5mg and subsequent titration to atenolol 100mg) to achieve target BP < 140/90 mm Hg Mean follow-up 4.8 years

ID	(5) Run-in/Washout Period	(6) Allowed other medications/interventions	(7) Method of Outcome Assessment and Timing of Assessment	(8) Age Gender Ethnicity
11	1 to 2 weeks of placebo	HCTZ (as described under Interventions); addition of other antihypertensive agents (except ACEIs, AIIRAs, beta- blockers) allowed to achieve target BP (18% on losartan 50mg and 48% on 100mg required addition of HCTZ and/or other drugs; 20% on atenolol 50mg and 41% on 100mg required addition of HCTZ and/or other drugs)	Primary endpoint included CV morbidity and mortality (composite of CV death, MI, and stroke); secondary endpoints included total mortality, angina or HF hospitalization, coronary or peripheral revascularization, resuscitated cardiac arrest, new-onset DM. CV events were reviewed by an endpoint classification committee and deaths were reported to the data and safety monitoring board. Patients were followed- up at regular visits	Mean age 67 46% male, 92% white, 6% black, 1% Hispanic, 0.5% Asian

ID	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed	(12) Results
11	25% any vascular disease; 13% DM	10,780 screened/9222 eligible/9193 enrolled	78 withdrawn/12 lost to fu/9193 analyzed	Primary endpoint (composite CV mortality, MI, stroke): losartan vs. atenolol adjusted HR 0.87 (95% CI 0.77-0.98; P=0.021), calculated NNT=56 (95% CI 32-217); when analyzed separately, fatal or nonfatal stroke adjusted HR 0.75 (95% CI 0.63-0.89; P=0.001) NNT=59 (95% CI 38-136) , no significant difference in CV death or MI

חו	(12) Results	(13) Method of adverse effects	(14) Adverse Effects Reported	(15) Total withdrawals; withdrawals due to adverse
11	Secondary endpoints: losartan vs. atenolol not significantly different except new onset DM adjusted HR 0.75 (95% CI 0.63-0.88; P=0.001)	Monitored throughout study; recorded at each visit on a worksheet	Hypotension: losartan (3%) vs. atenolol (2%) (P=0.001); cough: losartan (3%) vs. atenolol (2%); angioedema: losartan (0.1%) vs. atenolol (0.2%); bradycardia (P<0.0001), cold extremities (P<0.0001), sexual dysfunction (P=0.009) occurred more frequently with atenolol vs. losartan ; potassium was unchanged with losartan (0.0 $\pm$ 0.4mmol/L) and decreased slightly with atenolol (0.1 $\pm$ 0.5mmol/L)	Losartan vs. atenolol: 105/4605 (2.3%) vs. 92/4588 (2.0%) withdrew for any reason (1043/4605 (23%) losartan and 1243/4588 (27%) atenolol were off study drugs); approximately 13% on losartan vs. 18% on atenolol withdrew due to adverse events (P<0.0001)

11

Evidence Table 3. Active-controlled trials of angiotensin II receptor antagonists in patients at high cardiovascular risk (N=4)

#### ID (16) Comments

At the end of the study, mean dose (mg/day): losartan 82<u>+</u>24, atenolol 79<u>+</u>26; Mean BP 144.1+17.1/81.3+9.6 mm Hg on losartan vs. 145.4+16.4/80.9+9.6 mm Hg on atenolol, adjustment for BP changes did not alter outcome

ID	(1) Author Year Country Trial Name _(Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
14	Devereux, 2003 U.S., U.K., Scandinavia LIFE trial substudy (w/o vascular disease) (Good)	RCT, multicenter	Age 55 to 80 with HTN (treated or untreated) trough BP 160-200/95- 115 mm Hg and LVH (by ECG); focus on patients without previous coronary, cerebral, or peripheral vascular disease	Losartan 50mg (with addition of HCTZ 12.5mg and subsequent titration to losartan 100mg) or atenolol 50mg (with addition of HCTZ 12.5mg and subsequent titration to atenolol 100mg) to achieve target BP < 140/90 mm Hg Mean follow-up 4.8 years

ID	(5) Run-in/Washout Period	(6) Allowed other medications/interventions	(7) Method of Outcome Assessment and Timing of Assessment	(8) Age Gender Ethnicity
14	1 to 2 weeks of placebo	HCTZ (as described under Interventions); addition of other antihypertensive agents (except ACEIs, AIIRAs, beta- blockers) allowed to achieve target BP (19% on losartan 50mg and 49% on 100mg required addition of HCTZ or other drugs; 20% on atenolol 50mg and 43% on 100mg required addition of HCTZ or other drugs)	Primary endpoint included CV morbidity and mortality (composite of CV death, MI, and stroke); secondary endpoints included total mortality, angina or HF hospitalization, coronary or peripheral revascularization, resuscitated cardiac arrest, new-onset DM. All events were reviewed by an endpoint classification committee. Patients were followed-up at regular visits	Mean age 66 44% male, 93% white, 5% black, 1% Hispanic, 0.6% Asian

ID	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed	(12) Results
14	11% DM; BP 174/98 mm Hg	10,780 screened/9222 eligible/6886 of 9193 enrolled in substudy	Number withdrawn not stated/none lost to fu before endpoint occurrence/6886 analyzed	Primary endpoint (composite CV mortality, MI, stroke): losartan vs. atenolol adjusted HR 0.81 (95% CI 0.69-0.95; P=0.008), NNT=53 (95% CI 31- 187); when analyzed separately, fatal or nonfatal stroke adjusted HR 0.66 (95% CI 0.53-0.82; P<0.001) NNT=54 (95% CI 35-114), no significant difference in CV death or MI

ID	(12) Results	(13) Method of adverse effects assessment?	(14) Adverse Effects Reported	(15) Total withdrawals; withdrawals due to adverse events
14	Secondary endpoints: losartan vs. atenolol not significantly different except new onset DM adjusted HR 0.69 (95% CI 0.57-0.84; P<0.001)	Monitored throughout study; recorded at each visit on a worksheet	Any adverse event: losartan (12.7%) vs. atenolol (17.3%) (P<0.001); drug-related adverse event: losartan (6.0%) vs. atenolol (10.2%) (P<0.001); serious adverse event: losartan (3.8%) vs. atenolol (4.4%) (P>0.2); serious, drug-related adverse event: losartan (0.5%) vs. atenolol (1.0%) (P=0.018)	Total withdrawals and withdrawals due to adverse events not specified; losartan 701/3402 (21%) and atenolol 866/3484 (25%) were off study drugs at the end of the trial

14

Evidence Table 3. Active-controlled trials of angiotensin II receptor antagonists in patients at high cardiovascular risk (N=4)

#### ID (16) Comments

At the end of the study, mean dose (mg/day): losartan 82, atenolol 79; Mean BP 144.0/81.7 mm Hg on losartan vs. 145.1/81.4 mm Hg on atenolol, adjustment for BP as a time-varying covariate for the primary outcome (HR 0.822 (CI 0.684-0.988, P=0.037)

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
13	Kjeldsen, 2002 U.S., U.K., Scandinavia LIFE trial substudy (ISH) (Good)	RCT, multicenter	Age 55 to 80 with HTN (treated or untreated) trough BP 160-200/< 90 mm Hg and LVH (by ECG)	Losartan 50mg (with addition of HCTZ 12.5mg and subsequent titration to losartan 100mg) or atenolol 50mg (with addition of HCTZ 12.5mg and subsequent titration to atenolol 100mg) to achieve target BP < 140/90 mm Hg Mean follow-up 4.7 years

ID	(5) Run-in/Washout Period	(6) Allowed other medications/interventions	(7) Method of Outcome Assessment and Timing of Assessment	(8) Age Gender Ethnicity
13	1 to 2 weeks of placebo	HCTZ (as described under Interventions); addition of other antihypertensive agents (except ACEIs, AIIRAs, beta- blockers) allowed to achieve target BP (20.6% on losartan 50mg and 41.8% on 100mg required addition of HCTZ and/or other drugs; 22.2% on atenolol 50mg and 35.4% on 100mg required addition of HCTZ and/or other drugs)	Primary endpoint included CV morbidity and mortality (composite of CV death, MI, and stroke); secondary endpoints included total mortality, angina or HF hospitalization, coronary or peripheral revascularization, resuscitated cardiac arrest, new-onset DM. Findings of the primary outcome were confirmed with an on-treatment approach that censored end points from patients 14 days after the drug was discontinued. Patients were followed-up at regular visits	Mean age 70 40% male, 92% white, 6% black, 1% Hispanic, 0.5% Asian

ID	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed	(12) Results
13	DM: 15.6% losartan, 19.8% atenolol; CHD: 23.9% losartan, 21% atenolol; CVD: 10.6% losartan, 12.9% atenolol; BP 174/83 mm Hg	10,780 screened/9222 eligible/1326 of 9193 enrolled in substudy	14 withdrawn/2 lost to fu/1326 analyzed	Primary endpoint (composite CV mortality, MI, stroke): losartan vs. atenolol adjusted RR 0.75 (95% CI 0.56-1.01; P=0.06), unadjusted RR 0.71 (95% CI 0.53-0.95; P=0.02), NNT=24 (95% CI 14-172); when analyzed separately, fatal or nonfatal stroke adjusted RR 0.60 (95% CI 0.38-0.92; P=0.02) NNT=28 (95% CI 16 - 112); CV mortality adjusted RR 0.54 (95% CI 0.34-0.87; P=0.01) NNT=27 (95% CI 16- 85); no significant difference in MI

ID	(12) Results	(13) Method of adverse effects assessment?	(14) Adverse Effects Reported	(15) Total withdrawals; withdrawals due to adverse events
13	Secondary endpoints:	Monitored throughout study;	Hypotension: losartan (4.4%)	Losartan vs. atenolol: 9 and 5
	losartan vs. atenolol not	recorded at each visit on a	vs. atenolol (2.7%); cough:	withdrew consent (169/660
	significantly different except	worksheet	losartan (4.1%) vs. atenolol	(25.5%) losartan and 216/666
	new onset DM adjusted HR		(2.9%); angioedema: losartan	(32.3%) atenolol discontinued
	0.62 (95% CI 0.40-0.97;		(0.3%) vs. atenolol (0.3%);	therapy); 14.6% on losartan vs.
	P=0.04) and total mortality		bradycardia (P<0.001), cold	22.1% on atenolol discontinued
	adjusted HR 0.72 (95% CI 0.53	-	extremities (P=0.05) occurred	therapy due to an adverse event
	1.00; P=0.046)		more frequently with atenolol	(P<0.001); 7.1% on losartan vs.
			vs. losartan; potassium	13.5% on atenolol discontinued
			decreased slightly with losartar	n due to drug-related adverse
			(-0.002mEq/L) and with	event (P<0.001)
			atenolol (-0.08mEq/L)	· ·

Evidence Table 3. Active-controlled trials of angiotensin II receptor antagonists in patients at high cardiovascular risk (N=4)

#### ID (16) Comments

13 At the end of the study, mean dose (mg/day): losartan 79, atenolol 76; Mean BP 146/75 mm Hg on losartan vs. 146/74 mm Hg on atenolol (DBP P=0.04), adjustment for BP did not alter outcome

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
12	Lindholm, 2002 U.S., U.K., Scandinavia LIFE trial substudy (DM) (Good)	RCT, multicenter	Age 55 to 80 with HTN (treated or untreated) trough BP 160-200/< 90 mm Hg and LVH (by ECG), DM (most likely type 2 per study)	Losartan 50mg (with addition of HCTZ 12.5mg and subsequent titration to losartan 100mg) or atenolol 50mg (with addition of HCTZ 12.5mg and subsequent titration to atenolol 100mg) to achieve target BP < 140/90 mm Hg Mean follow-up 4.7 years

ID	(5) Run-in/Washout Period	(6) Allowed other medications/interventions	(7) Method of Outcome Assessment and Timing of Assessment	(8) Age Gender Ethnicity
12	1 to 2 weeks of placebo	HCTZ (as described under Interventions); addition of other antihypertensive agents (except ACEIs, AIIRAs, beta- blockers) allowed to achieve target BP (14% on losartan 50mg and 50% on 100mg required addition of HCTZ and/or other drugs; 16% on atenolol 50mg and 46% on 100mg required addition of HCTZ and/or other drugs)	Primary endpoint included CV morbidity and mortality (composite of CV death, MI, and stroke); secondary endpoints included total mortality, angina or HF hospitalization, coronary or peripheral revascularization, resuscitated cardiac arrest. Findings of the primary outcome were confirmed by an endpoint committee. Patients were followed-up at regular visits	Mean age 67 47% male, 86% white, 11% black, 2% Hispanic, 0.8% Asian

ID	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed	(12) Results
12	35% any vascular disease; current smokers: 12% losartan, 15% atenolol; BP 177/96 mm Hg	10,780 screened/9222 eligible/1195 of 9193 enrolled in substudy	18 withdrew consent/4 lost to fu/1195 analyzed	Primary endpoint (composite CV mortality, MI, stroke): losartan vs. atenolol adjusted HR 0.76 (95% CI 0.58-0.98; P=0.031), NNT=19 (95% CI 10- 141); when analyzed separately, CV mortality adjusted HR 0.63 (95% CI 0.42- 0.95; P=0.028) NNT=28 (95% CI 15-236); no significant difference in fatal or nonfatal stroke, or MI

ID	(12) Results	(13) Method of adverse effects assessment?	(14) Adverse Effects Reported	(15) Total withdrawals; withdrawals due to adverse events
12	Secondary endpoints: losartan vs. atenolol not significantly different except total mortality adjusted HR 0.61 (95% CI 0.45-0.84; P=0.002); HF hospitalization adjusted HR 0.59 (95% CI 0.38-0.92; P=0.019)	Monitored throughout study; recorded at each visit on a worksheet	Hypotension: losartan (2%) vs. atenolol (1%); cough: losartan (4%) vs. atenolol (3%); angioedema: losartan (0.2%) vs. atenolol (0.5%); bradycardia (P<0.0001) occurred more frequently with atenolol vs. losartan; potassium increased slightly with losartan (0.05mmol/L) and was unchanged with atenolol; glucose increased slightly with both losartan and atenolol (0.05mmol/L)	Losartan vs. atenolol: 0 and 4 withdrew consent (159/586 (27%) losartan and 194/609 (32%) atenolol discontinued therapy); 0.3% on losartan vs. 2% on atenolol discontinued therapy due to a serious drug- related adverse event (P=0.065)

12

Evidence Table 3. Active-controlled trials of angiotensin II receptor antagonists in patients at high cardiovascular risk (N=4)

#### ID (16) Comments

Mean BP at last visit before primary endpoint or at end of study 146/79 mm Hg on losartan vs. 148/79 mm Hg on atenolol, adjustment for BP had little effect (data not shown). Open-label AIIRA or ACEI allowed after study drug discontinued

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
29	Pfeffer, 2003 U.S., Canada, South	RCT, multicenter	Men and women $\geq$ 18 years of age AMI (within 0.5 to 10 days)	Titration by 3 months to: valsartan 160mg twice daily
	America, Australia, Afric	a,	complicated by clinical or radiologic	vs. valsartan 80mg twice
	Europe, Russia		signs of HF, LV systolic dysfunction	daily + captopril 50mg three
	VALIANT trial		(EF < 0.35 on ECHO or contrast	times daily vs. captopril
	(Good)		angiography and <u>&lt;</u> 0.40 on	50mg three times daily
			radionuclide ventriculography), or	(medication adjusted at
			both SBP > 100 mm Hg, sCr <	investigator's discretion)
			2.5mg/dl	Mean follow-up 2.1 years

ID	(5) Run-in/Washout Period	(6) Allowed other medications/interventions	(7) Method of Outcome Assessment and Timing of Assessment	(8) Age Gender Ethnicity
29	None	ACEI or AIIRA up to 12 hours prior to randomization Baseline: beta-blockers (70%); aspirin (91%)	Primary endpoint was all-cause mortality; clinical status, study outcomes (Definitions of End Points available in Supplementary Index 1. at www.nejm.org); drug tolerance, quality of life, pharmacoeconomic variables assessed at each visit (i.e., 6 times during first year, then at 4 month intervals for the duration of the trial)	Mean age 65 69% male, 93.5% white, 2.8% black, 1% Asian, 2.8% other

	(9) Other population characteristics	(10) Number screened/	(11) Number withdrawn/	
ID	(diagnosis, etc)	eligible/enrolled	lost to fu/analyzed	(12) Results
29	35.3% LVEF, 28% previous MI,	Number screened not	105 information censored due	Primary endpoint (all-cause
	49% Killip class II, 15% HF, 7%	reported/number eligible not	to informed-consent process at	mortality): valsartan vs.
	CABG, 7.2% PCI, 6% stroke	reported/14,808 enrolled	one site/139 vital status	captopril: HR 1.00 (97.5% CI
			unavailable (55 of these	0.90-1.11; P=0.98);
			withdrew consent)/14,703	valsartan + captopril vs.
			analyzed	captopril: HR 0.98 (97.5% CI
				0.89-1.09; P=0.73); mortality at
				one year estimates: 12.5%
				valsartan, 12.3% valsartan +
				captopril, 13.3% captopril

		(13) Method of adverse effects		
ID	(12) Results	assessment?	(14) Adverse Effects Reported	(14) Adverse Effects Reported
29	Secondary endpoints:	Elicited by investigator at study	hypotension:	renal causes:
	valsartan vs. captopril:	visit	valsartan (15.1%) vs.	valsartan (4.9%) vs.
	combined CV mortality and MI,		valsartan + captopril (18.2%)	valsartan + captopril (4.8%) vs.
	or HF HR 0.95 (97.5% CI 0.88-		vs. captopril (11.9%)	captopril (3.0%) decreased
	1.03; P=0.20); P<0.001 for non-		decreased dose (P<0.05	dose (P<0.05 valsartan vs.
	inferiority; valsartan + captopril		valsartan vs. captopril,	captopril, valsartan
	vs. captopril: combined CV		valsartan + captopril vs.	+ captopril vs. captopril);
	mortality and MI, or HF HR		captopril);	valsartan (1.1%) vs.
	0.97 (97.5% CI 0.89-1.05;		valsartan (1.4%) vs.	valsartan + captopril (1.3%) vs.
	P=0.37); additional		valsartan + captopril (1.9%) vs.	captopril (0.8%) discontinued
	comparisons of CV mortality		captopril (0.8%) discontinued	treatment (P<0.05 valsartan +
	and morbidity not statistically		treatment (P<0.05 valsartan vs.	captopril vs. captopril)
	significant		captopril, valsartan + captopril	hyperkalemia:
			vs. captopril) cough:	valsartan (1.3%) vs.
			valsartan (1.7%) vs.	valsartan + captopril (1.2%) vs.
			valsartan + captopril (4.6%) vs.	captopril (0.9%) decreased
			captopril (5.0%) decreased	dose; valsartan (0.1%) vs.
			dose (P<0.05 valsartan vs.	valsartan + captopril (0.2%) vs.
			captopril); valsartan	captopril (0.1%) discontinued
			(0.6%) vs. valsartan +	treatment angioedema:
			captopril (2.1%) vs. captopril	valsartan (0.2%) vs.
			(2.5%) discontinued treatment	valsartan + captopril (0.5%) vs.
			(P<0.05 valsartan vs. captopril)	captopril (0.5%) decreased
				dose; valsartan (0.2%) vs.
				valsartan + captopril (0.2%) vs.
				captopril (0.3%) discontinued
				treatment
#### Evidence table 4. Active-controlled trials of angiotensin II receptor antagonists in patients after recent myocardial infarction (N=2)

mm Hg lower valsartan vs.

captopril (P<0.001)

## (15) Total withdrawals;

	( ) ,	
	withdrawals due to adverse	
ID	events	(16) Comments
29	valsartan vs.valsartan + captopril	Pre-specified tests for
	vs. captopril: 1001/4885 (20.5%)	noninferiority for valsartan
	vs. 1139/4862 (23.4%) vs.	vs. captopril showed that
	1055/4879 (21.6%) discontinued	the upper limit of one-sided
	treatment for any reason	97.5% CI was in the
	(P<0.05 valsartan + captopril vs.	specified margin for
	captopril);	noninferiority (P=0.004
	valsartan vs.valsartan + captopril	intention-to-treat analysis;
	vs. captopril: 282/4885 (5.8%)	P=0.002 per-protocol
	vs. 438/4862 (9.0%) vs.	analysis). The effect of
	375/4879 (7.7%) discontinued	valsartan was estimated to
	treatment due to adverse events	be 99.6% of captopril (95%
	(P<0.05 valsartan vs. captopril,	CI 60 to 139). At
	valsartan + captopril vs.	1 year, mean dose
	captopril)	(mg/day):
		valsartan 247 <u>+</u> 105,
		valsartan 116 <u>+</u> 53 +
		captopril 107 <u>+</u> 53, captopril
		117 <u>+</u> 49; target dose:
		valsartan 56%,
		valsartan + captopril 47%,
		captopril 56%
		Mean SBP: 2.2 mm Hg
		lower valsartan + captopril
		vs. captopril (P<0.001); 0.9

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
28	Dickstein, 2002 Denmark Finland, Germany, Ireland, Norway, Sweden U.K. OPTIMAAL trial (Good)	, RCT, multicenter	Men and women $\geq$ 50 years of age with documented AMI and signs or symptoms of HF during the acute phase or new Q-wave anterior infarction or reinfarction	Losartan 12.5mg daily, titrated to 50mg daily vs. captopril 12.5mg three times daily, titrated to 50mg three times daily Mean follow-up 2.7 years

ID	(5) Run-in/Washout Period	(6) Allowed other medications/interventions	(7) Method of Outcome Assessment and Timing of Assessment	(8) Age Gender Ethnicity	
28	None	Baseline: beta-blockers (79%); aspirin (95%); thrombolytic (54%)	Primary (all-cause mortality), secondary, and tertiary endpoints and fatal or nonfatal stroke were adjudicated by the endpoint committee. Causes for hospital admission were determined by the investigator. Safety and tolerability assessment included discontinuations due to adverse events and prespecified adverse events. Biochemical test were perfomed at a core laboratory and health-related quality-of-life was assessed	Mean age 67 male, 98.5% white	71%

	(9) Other population			
	characteristics	(10) Number screened/	(11) Number withdrawn/	
ID	(diagnosis, etc)	eligible/enrolled	lost to fu/analyzed	(12) Results
28	18% previous MI, 57% Killip	31,738 screened/number	1082 withdrawn/1 lost to follow	- Primary endpoint (all-cause
	class II, 6% HF, 2.5% CABG,	eligible not reported/5477	up/5477 analyzed	mortality): losartan vs.
	3.4% stroke	enrolled		captopril: RR 1.13 (95% CI
				0.99-1.28; P=0.069)

ID	(12) Results	(13) Method of adverse effects assessment?	(14) Adverse Effects Reported	(14) Adverse Effects Reported
28	Secondary endpoints: losartan vs. captopril: sudden cardiac death or resuscitated cardiac arrest RR 1.19 (95% CI 0.99-1.43; P=0.072); fatal or nonfatal reinfarction RR 1.03 (95% CI 0.89-1.18; P=0.722)	Monitored	hypotension: losartan (13.3%) vs. captopril (16.3%); cough: losartan (9.3%) vs. captopril (18.7%) (P<0.0001), discontinued treatment (P<0.0001 losartan vs. captopril); angioedema: losartan (0.4%) vs. captopril (0.8%), discontinued treatment (P=0.019 losartan vs. captopril)	skin rash: losartan (3.1%) vs. captopril (4.6%) (P=0.005), discontinued treatment (P=0.0008 losartan vs. captopril); taste disturbance: losartan (0.6%) vs. captopril (2.7%) (P<0.0001), discontinued treatment (P<0.0001 losartan vs. captopril); significant difference losartan vs. captopril in change from baseline for serum uric acid (49.6 <i>u</i> mol/L vs. 60.8 <i>u</i> mol/L, respectively P=0.01) and serum potassium (0.19mmol/L vs. 0.22mmol/L, respectively P=0.01)

#### Evidence table 4. Active-controlled trials of angiotensin II receptor antagonists in patients after recent myocardial infarction (N=2)

# (15) Total withdrawals; withdrawals due to adverse

ID	events	(16) Comments
28	losartan vs.captopril: 458/2744	Results did not show
	(17%) vs. 624/2733 (23%)	superiority or noninferiority
	discontinued treatment for any	for losartan compared to
	reason (P<0.0001); 202/2744	captopril. If losartan had
	(7%) vs. 387/2733 (14%)	demonstrated noninferiority,
	discontinued treatment due to	this would have also implied
	adverse events (P<0.0001)	that losartan is superior to
		placebo. This assumption
		could not be made from the
		results of the trial. Mean
		dose at end of trial: losartan
		45 <u>+</u> 12mg daily, captopril
		44 <u>+</u> 12mg three times
		daily; target dose at 1
		month: losartan 71%,
		captopril 70%. Mean
		SBP/DBP were lower at 1
		hour with captopril vs.
		losartan (P<0.0001),
		otherwise recorded blood
		pressures were similar

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
2001	Little, 2004 U.S. (Fair)	RCT, crossover	LVEF > 50% by ECHO, no evidence MI on stress ECG, no significant valvular heart disease, resting SBP <u>&lt;</u> 150 mm Hg, mitral valve Doppler flow pattern with peak E wave < peak A wave velocity, peak exercise SBP > 200 mm Hg	Candesartan 16 mg vs. verapamil SR 180 mg (each given daily every evening) for 2 weeks; 2 week washout; patients crossed over to other treatment for 2 weeks
2010	Kasama, 2003 Japan (Fair	RCT )	Men and women with congestive HF	Valsartan 40 to 80 mg daily vs. current drug therapy for 6 months
19	Pitt, 2000 U.S., Canada, Europe, South Africa, South America ELITE II Trial (Good)	RCT, multicenter	Men and women $\geq$ 60 years of age (85% > 65 years), NYHA class II-IV HF and LVEF $\leq$ 40% (by ECHO or radionuclear ventriculography), no previous ACEI or AIIRA use (unless length of therapy $\leq$ 7 days within 3 months prior to randomization)	Titration at weekly intervals: losartan 12.5mg once daily, then 25mg, up to 50mg once daily vs. captopril 12.5mg three times daily, then 25mg, up to 50mg three times daily Mean follow-up 1.5 years

		(6) Allowed other	
ID	(5) Run-in/Washout Period	medications/interventions	(7) Method of Outcome Assessment and Timing of Assessment
2001	2 week washout between treatments	ACEIs (3 patients); beta-blockers (3 patients); diuretics (2 patients)	Endpoints included exercise tolerance, hypertensive response to exercise, QOL (by MLHFQ). Treadmill exercise test (modified Bruce protocol), ECHO, and QOL performed at baseline, end of first 2 weeks treatment, end of second two weeks treatment after cross- over
2010	None	All treated with ACEIs and loop diuretics; no patients treated with beta-blockers	Endpoints included cardiac sympathetic nerve activity, LV function, symptoms. Series of examinations performed prior to treatment and at 6 months
19	Single-blind placebo run-in of 1 to 28 days (matched to losatan or captopril tablets) for patient assessment and clinical stability, and to ensure adherence	All treatments allowed except for open-label ACEIs or AIIRAs Baseline: beta-blockers (22%); ACEIs (23%)	Primary endpoint (all-cause mortality), secondary endpoint (composite sudden cardiac death or resuscitated cardiac arrest); clinical assessment every 4 months, laboratory assessments at 1 month then every 4 months, study outcomes reviewed and classified by independent clinical endpoint committee

ID	(8) Age Gender Ethnicity	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed
2001	Mean age 64 38% male Ethnicity not reported	48% HTN Baseline BP 140 <u>+</u> 12/80 <u>+</u> 5 mm Hg	Number screened not reported/number eligible not reported/22 enrolled	3 withdrawn/number lost to fu not reported/21 analyzed
2010	Valsartan vs. control Mean age (70 vs. 66; NS) Male (62.5% vs. 56.3%; NS) Ethnicity not reported	33% LVEF; 69% NYHA class III, 31% class IV	Number screened not reported/number eligible not reported/32 enrolled	Number withdrawn not reported/number lost to fu not reported/32 analyzed
19	Mean age 71.5 70% male, 82% white, 2% black, 5% Asian, 11% other	31% LVEF, 58% previous MI, 79% ischemia, 52% NYHA class II and 43% class III, 49% HTN	Number screened not reported/number eligible not reported/3152 enrolled	530 died/346 withdrawn/2 lost to fu/3152 analyzed

ID	(12) Results	(12) Results	(13) Method of adverse effects assessment?
2001	Endpoint (Increase in exercise duration) Candesartan (baseline vs. end treatment) 793 <u>+</u> 182 vs. 845 <u>+</u> 163 seconds (P<0.05) Verapmil (NS) Candesartan vs. verapamil not reported	Endpoint (QOL score) Candesartan (baseline vs. end treatment) 11 <u>+</u> 14 vs. 5 <u>+</u> 6 seconds (P<0.05) Verapmil (NS) Candesartan vs. verapamil not reported	Not reported
2010	Endpoint (NYHA functional class): Baseline vs. 6 months Valsartan 3.3 <u>+</u> 0.5 vs. 1.7 <u>+</u> 0.6 P<0.0005 vs. baseline Control 3.3+0.5 vs. 2.4+0.6 P<0.005 vs. baseline D <0.05 vs. baseline		Not reported
19	Primary endpoint (all-cause mortality): losartan vs. captopril: 17.7% vs 15.9% HR 1.13 (95.7% CI 0.95-1.35; P=0.16) average annual mortality rate: 11.7% losartan, 10.4% captopril	<b>Secondary endpoints:</b> losartan vs. captopril: sudden death or resuscitated cardiac arrest HR 1.25 (95% Cl 0.98-1.60; P=0.08); combined total mortality or hospital admission for any reason HR 1.07 (95% Cl 0.97-1.19; P=0.18); hospital admissions HR 1.04 (95% Cl 0.94-1.16; P=0.45); hospital admissions for HF HR 0.92 (95% Cl 0.78-1.08; P=0.32)	Not reported

ID	(14) Adverse Effects Reported	(15) Total withdrawals; withdrawals due to adverse events
2001	Not reported	3 withdrew/withdrawals due to adverse events not reported
2010	Not reported	Not reported
19	Withdrawals due to cough: losartan vs. captopril ~1% vs. ~3% (P<0.001); worsening HF (25% each group)	losartan vs. captopril: 125/1578 (7.9%) vs. 221/1574 (14.0%) discontinued treatment for any reason; ~10% vs. ~15% (P<0.001) discontinued treatment due to any adverse effect; ~3% vs. ~8% (P<0.001) discontinued treatment due to drug-related adverse effect

ID	(16) Comments
2001	Unable to determine if results statistically significant between treatments

2010 Patients did not receive treatment with a beta-blocker

19 ELITE II was designed as a superiority trial therefore cannot draw any conclusions about equivalence. The superiority of losartan vs. captopril in reducing mortality (not the primary endpoint) seen in ELITE were based on a small number of deaths, ELITE II had 10 times more events and 4 times more patients. For patients on beta-blockers at baseline losartan vs. captopril HR death 1.77 (those without beta-blockers HR 1.05), difference not noted for patients on concomitatnt therapy throughout the study. Patients randomized according to baseline beta-blocker use. No significant difference in heart rate or BP lowering per last measurement of treatment

	(1) Author			
	Year			
	Country			
	Trial Name	(2) Study Design (optional)		
ID	(Quality Score)	Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
18	Pitt, 1997	RCT, multicenter	Age > 65 years, NYHA class II-IV HF	Titration at weekly intervals: losartan
(dup 774)	U.S., Canada, Europe,		and LVEF < 40%, no previous ACEI	12.5mg once daily, then 25mg, up to
	South Africa, South		use	50mg once daily (with placebo for
	America			captopril) vs. captopril 6.25mg three times
	ELITE Trial			daily, then 25mg, up to 50mg three times
	(Fair)			daily (with placebo for losartan) Follow-up
				48 weeks

455	Houghton, 1999 U.K.	RCT	Age > 65 years, NYHA class II-IV HF and LVEF < 40%. no previous ACEI	Titration at weekly intervals: losartan 12.5mg once daily, then 25mg, up to
	ELITE Trial substudy (Fair)		use	50mg once daily (with placebo for captopril) vs. captopril 6.25mg three times
				daily, then 25mg, up to 50mg three times daily (with placebo for losartan) Follow-up
				24 weeks

		(6) Allowed other	
ID	(5) Run-in/Washout Period	medications/interventions	(7) Method of Outcome Assessment and Timing of Assessment
18	2 week placebo run-in	All CV treatments allowed except	Primary endpoint included renal dysfunction (increase sCr by >
(dup 774)		for open-label ACEIs	26.5 $\mu$ or $\geq$ 0.3 $\mu$ /dl from baseline, confirmed by repeat 5-14
		Baseline: beta-blockers (16%); non	- days later); secondary endpoints included all-cause mortality and
		ACEI vasodilators (40%)	HF hospitalizations (composite all-cause mortality and HF
			hospitalizations added as protocol amendment); additional
			prespecified endpoints included worsening HF (NYHA functional
			class); clinical assessment every 3 months, laboratory assessments
			at 3, 6, 12 weeks and then every 3 months; study outcomes
			reviewed and classified by independent clinical endpoint committee

455	2 week placebo run-in	All CV treatments allowed Baseline: diuretics (90%); no patients on beta-blockers	One of the primary endpoints included exercise capacity as measured by a pair of hip-borne pedometers provided to the patient for periods of 2 weeks to assess activity at home; also assessed by 100 m corridor walk test at self-selected slow, normal, and fast speeds. Patients were evaluated at baseline (placebo run-in visit) and at 12 and 24 weeks
-----	-----------------------	---	---

## Evidence table 5. Active-controlled trials of angiotensin II receptor antagonists in patients with heart failure (N=9)

ID	(8) Age Gender Ethnicity	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analvzed
18	Mean age 74 6	7% 31% LVEF, 50% previous MI,	Number screened not	176 withdrawn/number lost to
(dup 774)	male, 90% white, 5% bla	ck 68% HF due to IHD, 65%	reported/number eligible not	fu not reported/722 analyzed
		NYHA class II, 34% class III,	reported/722 enrolled	
		2% class IV, 57% HTN	-	

455 Mean age 73 78% 23% LVEF, 61% HF due to male, ethnicity not specified IHD, 94% NYHA class II, 6% class III class II class II class II class III class II c

			(13) Method of adverse effects
ID	(12) Results	(12) Results	assessment?
18	Primary endpoint (change in baseline sCr):	Secondary endpoints:	Not reported
(dup 774)	% increase in serum creatine:	all-cause mortality:	
	Losartan: 10.5%	Losartan: 4.8%	
	Captopril: 10.5%	Captopril: 8.7%	
		RR (95% CI) = 0.46 (0.05-0.69)	
	Additional prespecified endpoints:	P=0.035	
	NYHA functional class (% class I or II):	HF hospitalizations:	
	Losartan: baseline=66% end of study=80%	Losartan: 5.7%	
	Captopril: baseline=64% end of study=81%	Captopril: 5.7%	
	P<0.001	RR (95% CI) = 0.04 (-0.74-0.47)	
		P=0.89	
		composite all-cause mortality and HF	
		hospitalizations:	
		Losartan: 9.4%	
		Captopril: 13.2%	
		RR (95% Cl) = 0.32 (-0.04-0.55)	
		P=0.075	
455	One of primary endpoints (exercise		Not reported
	capacity):		
	corridor walk time:		
	pedometer scores:		
	mean score (sem)		
	Losartan:		
	baseline=28980 (4862)		
	week 12=27851 (4987)		
	week 24=28073 (6473)		
	Captopril:		
	baseline=28639 (6372)		
	week 12=29474 (6390)		
	week 24=30496 (5777)		

## Evidence table 5. Active-controlled trials of angiotensin II receptor antagonists in patients with heart failure (N=9)

		(15) Total withdrawals;
		withdrawals due to adverse
ID	(14) Adverse Effects Reported	events
18 (dup 774)	Withdrawals due to cough: losartan 0/352 (0%) vs. captopril 14/370 (3.8%) (P $\leq$ 0.002); withdrawals due to angioedema: losartan 0/352 (0%) vs. captopril 3/370 (0.8%); withdrawals due to hyperkalemia: losartan 2/352 (0.6%) vs. captopril 6/370 (1.6%); persisting increases in serum potassium $\geq$ 0.5mmol/L vs. baseline occurred in 18.8% on losartan and 22.7% on captopril (P=0.069)	losartan vs. captopril: $65/352$ (18.5%) vs. 111/370 (30.0%) (P $\leq$ 0.001) discontinued treatment for any reason or died; 43/352 (12.2%) vs. 77/370 (20.8%) discontinued treatment due to any adverse event (excluding death) (P $\leq$ 0.002)

455 Not reported

4 withdrawals in the captopril group (none in the losartan group)/3 withdrawals following adverse clinical events; 1 patient died

ID	(16) Comments			
18	85% patients on losartan achieved target dose (mean 42.6mg) compared to			
(dup 774)	71% on captopril (mean 122.7mg). Authors report the difference in			
	discontinuation rate did not account for 46% difference in total mortality as			
	the difference was seen predominately in patients who continued on			
	treatment (losartan 11/298 or 3.7% vs. captopril 24/282 or 57%)			

455 Methods state sample size gave study power of 75% to detect 15% difference in corridor walk time at P=0.05

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
273	Cowley, 2000 U.S. ELITE Trial QOL substudy (Fair	RCT, multicenter	Age > 65 years, NYHA class II-IV HF and LVEF $\leq$ 40%, no previous ACEI use, English speaking with accesss to a phone and able to use the phone to answer questions	Titration at weekly intervals: losartan 12.5mg once daily, then 25mg, up to 50mg once daily (with placebo for captopril) vs. captopril 6.25mg three times daily, then 25mg, up to 50mg three times daily (with placebo for losartan) Follow-up 48 weeks
1032	Willenheimer, 2002 Sweden HEAVEN Study (Fair)	RCT, multicenter	Males and females $\geq$ 18 years, stable HF, NYHA class II-III and LVEF $\leq$ 45%, on ACEI for $\geq$ 3 months, able to perform 6-min-walk test	Valsartan 80mg once daily titrated after 1 week to 160mg once dailys vs. enalapril 5mg twice daily titrated after 1 week to 10mg twice daily Follow-up 12 weeks

		(6) Allowed other	
ID	(5) Run-in/Washout Period	medications/interventions	(7) Method of Outcome Assessment and Timing of Assessment
273	2 week placebo run-in	All CV treatments allowed Baseline medications not specified	Main objective to measure health related QOL using two instruments, the disease specific Minnesota Living with Heart Failure (LIhFE) and a more general Sickness Impact Profile (SIP) administrerd at baseline (within 7 days prior to randomization) and after 12 and 48 weeks of double-blind therapy
1032	2 week placebo run-in	All other medications kept stable if possible Baseline: ACEIs (100%), beta- blockers (77%)	Primary endpoint included exercise capacity (6-min-walk test) assessed at -2, 0, 6, and 12 weeks; secondary endpoints included clinical status (dyspnea-fatigue index DFI) that describes severity of symptoms (0=worst, 12=no symptoms) and QOL (Minnesota Living with Heart Failure Questionnaire MLWHFQ) using 20 of 21 questions (worst score=100), both assessed at 0 and 12 weeks

ID	(8) Age Gender Ethnicity	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed
273	Mean age 74 76% male, 88% white, 10% black	5 30% LVEF, 68% HF due to IHD, 63% NYHA class II, 37% class III/IV	Number screened not reported/300 eligible/278 enrolled	75 discontinued early from trial (30/147 losartan; 45/153 captopril)/29 lost to fu, withdrawn, or protocol violation/203 complete data available
1032	Mean age 68 75% male, ethnicity not specified	5 61% HF due to IHD, 71% 1 NYHA class II, 29% class III	Number screened not reported/146 enrolled/141 randomized	14 withdrawn/number lost to fu not reported/134 analyzed for ITT primary endpoint; 118 analyzed for per protocol population

ID	(12) Results	(12) Results	(13) Method of adverse effects assessment?
273	Main objective (HRQOL):		Not reported
	LIhFE		
	(mean change from baseline (sem)):		
	Losartan=-9 (2.5) P=0.586		
	Captopril=-11 (2.5) P=0.414		
	SIP:		
	(mean change from baseline (sem)):		
	Losartan=-2.7 (0.5) P=0.689		
	Captopril=-3 (1) P=0.982		
1032	Primary endpoint (exercise capacity):	Secondary endpoint (exercise capacity):	Adverse events recorded at all
	6-min-walk test:	DFI: LSM change (se)	visits
	mean (sd) in minutes	Valsartan=0.24 (0.16)	
	Valsartan:	Enalapril=0.26 (0.16)	
	baseline=418.2(112.9)	MLWHFQ: LSM change (se)	
	6 weeks=419.3(115.9)	Valsartan=0.7 (1.3)	
	12 weeks=423.7(118.7)	Enalapril=0.9 (1.3)	
	Enalapril:		
	baseline=424(115.1)		
	6 weeks=437.6(106.2)		
	12 weeks=423.7(113.7)		

		(15) Total withdrawals; withdrawals due to adverse
ID	(14) Adverse Effects Reported	events
273	Not reported	75 total withdrawals (30/147 losartan; 45/153 captopril)/46 withdrawals (losartan 16/147 or 10.9% vs. captopril 29/153 or 19.0% for unfavorable reasons (death, clinical or laboratory adverse events)
1032	All adverse events: valsartan 35/70 (50%) vs. enalapril 45/71 (63%); headache: valsartan 4/70 (5.7%) vs. enalapril 1/71 (1.4%); diarrhea: valsartan 3/70 (4.3%) vs. enalapril 2/71 (2.8%); dizziness: valsartan 3/70 (4.3%) vs. enalapril 6/71 (8.5%)	14 total withdrawals including death (valsartan 5/70 or 7.1% vs. enalapril 9/71 or 12.7%)/5 withdrawals due to adverse events (2 valsartan; 3 enalapril)

ID	(16) Comments
273	After unblinding in ELITE, composite statistical approach used for HRQOL to account for differential dropout rates (noted that higher withdrawal rate with captopril due to adverse events or death and lack of QOL data at time of discontinuation may impact analysis)

1032 Patients stabilized on ACEI prior to inclusion

Evidence table 5. Active-controlled trials of angiotensin II receptor antagonists in patients with heart failure (N=9)

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
324	Dunselman, 2001 Europe REPLACE (Fair)	RCT, multicenter	Age $\geq$ 21 years, ambulatory, chronic moderate symptomatic HF, NYHA class II-III and LVEF $\leq$ 40%, in sinus rhythm, stable on enalapril 10mg twice daily and diuretic ( <u>+</u> digoxin) for 28 days prior to randomization	Telmisartan 10, 20, 40, or 80mg once daily vs. enalapril 10mg twice daily Follow-up 12 weeks

20	McKelvie, 1999	9 U	.S., RCT,	multicente	er
	Canada, Europ	be, Soutl	h		
	America	RESOL	.VD		
	(Fair)				

NYHA class II, III, or IV HF, 6-min-<br/>walk distance (6MWD) < 500m,<br/>LVEF < 40%</th>Cand<br/>enala<br/>4 or 8

Candesartan 4, 8, or 16mg once daily vs. enalapril 10mg twice daily vs. candesartan 4 or 8mg once daily plus enalapril 10mg twice daily Follow-up 43 weeks

		(6) Allowed other	
ID	(5) Run-in/Washout Period	medications/interventions	(7) Method of Outcome Assessment and Timing of Assessment
324	Screening phase on enalapril 10mg twice daily and diuretic ( <u>+</u> digoxin) for 28 days	Long-acting nitrates, hydralazine, prazosin, beta-blockers, anticoagulants, antiplatelet agents Baseline: digoxin (39%), utilization of other baseline medications not specified	Primary endpoint included bicycle exercise duration (upright sitting position using bicycle exercise test protocol 2hrs after morning medications) assessed at least twice during screening and at 4 and 12 weeks; secondary endpoints included NYHA functional class (assessed at screening and during treatment), QOL (Minnesota Living with Heart Failure Questionnaire MLHF) assessed at screening and after 4 and 12 weeks of treatment

20	Three phases (each 1 weel	Medications for HF	Baseline:	Ε
	duration): enalapril 2.5mg	diuretics (84%), digoxi	n (71%),	d
	twice daily plus placebo	beta-blockers (14% ca	ndesartan	F
	candesartan; enalapril	group, 13% combination	on group,	4
	2.5mg twice daily plus	23% enalapril group; F	2<0.05 both	
	candesartan 2mg daily;	vs. enalapril group)	At 19	
	enalapril 2.5mg twice daily	weeks, eligible patients	s (without	
	plus placebo candesartan	contraindications and o	did not	
		refuse therapy) were ra	andomized	
		to metoprolol or placeb	00	

Endpoints included change from baseline in 6MWD (performed in duplicate), NYHA functional class, and QOL (Minnesota Living with Heart Failure Questionnaire) assessed at weeks 17 or 18 and week 43

ID	(8) Age Gender Ethnicity	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed
324	Mean age 65 89% male, ethnicity not specified	26% LVEF, 78% HF due to IHD, 64% NYHA class II, 36% class III	Number screened not reported/number eligible not reported/378 enrolled	11 withdrawn/number lost to fu not reported/367 analyzed for primary endpoint; 378 analyzed for safety

20	Mean age 63	85%	27% LVEF, 72% HF due to	Number screened not	Number withdrawan not
	male, ethnicity not spec	cified	IHD, 63% NYHA class II, 35%	reported/899 eligible/768	reported/number lost to fu not
			class III, 2% class IV	enrolled	reported/768 analyzed

			(13) Method of adverse effects
ID	(12) Results	(12) Results	assessment?
324	Primary endpoints (exercise capacity): bicycle exercise duration: mean (sd) exercise duration (s) relative to enalapril: Telmisartan10 mg = 7.2 (16) Telmisartan 20 mg = 6.8 (15) Telmisartan 40 mg = 0.8 (14) Telmisartan 80 mg = 5.7 (16)	Secondary endpoint (exercise capacity): MLHF: Replacement of enalapril by any dose of telmisartan studies did not significnatly affect the tota MLHF score. NYHA functional class: There were no significant changes detected for any group in NYHA classification.	Monitored vital signs and laboratory tests at 4 and 12 I weeks; 12 lead ECG before each exercise test and 24hr Holter ECG at baseline and 12 weeks; type, onset, duration, intensity, treatment required, outcome, relationship to study drug, documented for all adverse events during study; serious adverse events were fatal, life-threatening, disabling, or requiring prolonged hospital stay
20	Endpoints (exercise capacity): 6MWD: mean (se) at baseline and follow-up in m Candesartan: baseline=379 (5) follow-up=390 (6) Candesartan/Enalapril: baseline=386 (5) follow up=385 (6) Enalapril: baseline=374 (8) follow-up=387 (11)	Endpoints: NYHA functional class: No significant differences between groups QOL (Minnesota Living with Heart Failure Questionnaire): No significant differences between groups	Not reported

## Evidence table 5. Active-controlled trials of angiotensin II receptor antagonists in patients with heart failure (N=9)

		(15) Total withdrawals; withdrawals due to adverse
ID	(14) Adverse Effects Reported	events
324	Cough: telmisartan 9/301 (3%) vs. enalapril 4/71 (5.6%) (P=0.3)	11 withdrawals for protocol violations (4 telmisartan 10mg; 2 telmisartan 40mg; 3 telmisartan 80mg; 2 enalapril 20mg)/9 withdrawals due to adverse events (6 withdrawals due to death: 2 telmisartan 20mg, 1 telmisartan 40mg, 1 telmisartan 80mg, 2 enalapril 20mg; 3 withdrawals due to adverse events with telmisartan)

20 Potassium: candesartan - Total withdrawals not 0.23±0.03 mmol/L vs. enalapril · reported/withdrawals due to 0.01±0.05 mmol/L (P<0.05) at adverse events not reported 43 weeks; vs. candesartan plus enalapril 0.11+0.03 mmol/L (P<0.05) at 43 weeks

ID(16) Comments324Patients stabilized on ACEI prior to inclusion

20 Pilot trial. Study terminated 6 weeks early due to concern by External Safety and Efficacy Monitoring Committee [increase in HF hospitalizations with candesartan and candesartan plus enalapril compared to enalaparil alone (3 way group comparison P=0.048) and mortality plus HF hospitalization (3 way comparison P=0.058)] although not powered to assess morbidity and mortality

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
545	Lang, 1997 U.S., Canada (Fair)	RCT, multicenter	Symptomatic HF, NYHA class II-IV and LVEF $\leq$ 45%, received stable doses of an ACEI for 6 weeks and a diuretic for 2 weeks	Losartan 12.5mg, titrated as tolerated to 25mg daily vs. losartan 12.5mg, titrated as tolerated to 25mg, then 50mg daily vs.enalapril 2.5mg titrated as tolerated to 5mg, then 10mg twice daily Follow-up 12 weeks
312	Dickstein, 1995 Scandinavia (Fair)	RCT, multicenter	Symptomatic HF, stabilized on an ACEI	Losartan 12.5mg, titrated as tolerated to 25mg or 50mg once daily vs. enalapril 2.5mg titrated as tolerated sequentially to 5 and 10mg twice daily (placebo tablets provided to secure blinding due to different dosage intervals) Follow-up 8 weeks

		(6) Allowed other	
ID	(5) Run-in/Washout Period	medications/interventions	(7) Method of Outcome Assessment and Timing of Assessment
545	After screening visit, placebo in additional to stable ACEI and diuretic for 3 visits (time period not specified) during baseline exercise period; open-label ACEI discontinued prior to randomization	Digoxin (dose stable for previous 2 weeks), non-ACEI vasodilators (dose stable for previous 6 weeks) Baseline: digoxin (85%), beta- blockers (10.5% losartan 25mg group, 2.5% losartan 50mg group, 7.9% enalapril group), other vasodilators (34.2% losartan 25mg group, 55% losartan 50mg group, 60.5% enalapril group; P<0.05 losartan 25mg vs. enalapril)	Endpoints included change from baseline in symptom-limited treadmill exercise duration (patients randomized to "treadmill patient" if completed 2 consecutive baseline treadmill tests where exercise duration did not differ by more than 10% or "non-treadmill patient") assessed at 6, 11, and 12 weeks post-randomization, 6- min walk test assessed at 6, 9, and 12 weeks post-randomization, dyspnea-fatigue index assessed at 6, and 12 weeks post- randomization, and signs and symptoms of HF (dyspnea, PND, orthopnea, jugular venous pressure, peripheral edema, pulmonary rales, and third heart sound), and NYHA functional class
312	Three week placebo run-in while on stable ACEI doses	Diuretic and digoxin doses kept stable if possible Baseline: digoxin (63%), beta-blockers (19% losartan 25mg group, 11% losartan 50mg group, 7% enalapril group; difference not statistically significant)	Primary endpoints included assessment of exercise capacity (change from baseline in 6-min walk test and dyspnea-fatigue index, both assessed at 8 weeks with average of last two baseline tests was used as baseline measurement), and clinical status (dyspnea, PND, orthopnea, jugular venous pressure, peripheral edema, pulmonary rales, and third heart sound), and NYHA functional class assessed at baseline and weeks 1, 2, 3, 4, 6 and 8

reported/166 analyzed

ID	(8) Age Gender Ethnicity	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed
545	Mean age 58 78% male, 71% white, 22% black, 5% Hispanic, 3% Asian	47% HF due to IHD, 47% NYHA class II, 51% class III, 2% class IV	Number screened not reported/number eligible not reported/116 enrolled	Number withdrawan not reported/number lost to fu not reported/number analyzed not specified

312	Mean age 64	77% 2	23% LVEF, 70% HF due to	Number screened not	Number withdrawn not
	male, ethnicity not spee	cified II	HD, 84% NYHA class III, 16%	reported/number eligible not	reported (stated that 156
		С	class IV	reported/166 enrolled	completed trial per
					protocol)/number lost to fu not

			(13) Method of adverse effects
ID	(12) Results	(12) Results	assessment?
545	Endpoints: symptom-limited treadmill exercise duration: mean change (sd) in seconds Losartan 25 = 37 (135) Losartan 50 = 37 (119) Enalapril = 49 (123) 6-min walk test: mean change (sd) in m Losartan 25 = 9 (48) Losartan 50 = 3 (71) Enalapril = 0 (63) dyspnea-fatigue index: mean change (sd) Losartan 25 = 0.4 (1.5) Losartan 50 = 0.3 (1.7) Enalapril = 0 5 (1.7)	Endpoints: signs and symptoms of HF: no statistically significant difference among treatment groups NYHA functional class: <b>#</b> (%) improvement Losartan 25 = 6 (15.7%) Losartan 50 = 6 (15.7%) Enalapril = 7 (18.4%)	Not reported
312	Primary endpoints (exercise capacity): 6-min walk test: mean (sd) change at 8 weeks in m Losartan 25 mg = 18 (60) Losartan 50 mg = 12 (50) Enalapril 20 mg = 14 (48) dyspnea-fatigue index: mean (sd) change at 8 weeks Losartan 25 mg = 0.7 (2.0) Losartan 50 mg = 0.4 (1.7) Enalapril 20 mg = 0.7 (1.7)	Primary endpoints: clinical status: No statistically significant differences among treatments were observed NYHA functional class: % worsening class: Losartan 25 mg = 1.9% Losartan 50 mg = 5.3% Enalapril 20 mg = 1.7%	Not reported

		(15) Total withdrawals;
ID	(14) Adverse Effects Reported	events
545	Potassium: losartan 25mg - $0.16\pm0.43$ mEq/L vs. losartan 50mg $0.12\pm0.42$ mEq/L vs. enalapril - $0.05\pm0.47$ mEq/L; sCr: losartan 25mg $0.02\pm0.14$ mg/dl vs. losartan 50mg $0.02\pm0.28$ mg/dl vs. enalapril $0.08\pm0.15$ mg/dl (losartan 50mg vs. enalapril P<0.05)	Total withdrawals not reported/3 withdrawals due to adverse clinical experiences (1 in each group)
312	Dizziness: losartan 25mg (9.6%) vs. losartan 50mg (8.9%) vs. enalapril 20mg (6.9%); hypotension: losartan 25mg (5.8%) vs. losartan 50mg (7.1%) vs. enalapril 20mg (6.9%); cough: losartan 25mg (3.8%) vs. losartan 50mg (7.1%) vs. enalapril 20mg (6.9%)	Total withdrawals not reported/losartan 25mg 1.9% vs. losartan 50mg 3.6% vs. enalapril 20mg 8.6% discontinued treatment due to adverse experience

ID	(16) Comments
545	5 deaths occurred in the losartan 50mg group compared to 1 in the losartan
	25mg group and none in the enalapril group (none of the deaths were
	considered to be related to study drug)

312 Pilot trial. 89% patients on maintenance ACEI prior to enrollment
ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
2034	Blanchet, 2005 Canada (Fair)	RCT, single center	Symptomatic HF, NYHA class II or III, LVEF $\leq$ 40%; chronic treatment with stable and optimal dose ACEI and beta-blocker (patients not on beta-blocker due to intolerance also eligible) 3 months prior to enrollment	Irbesartan 75 mg once daily for 7 to 10 days, doubled to 150 mg (down titration allowed) vs. placebo for 6 months
2020	Matsumori, 2003 Japan (Fair)	RCT, multicenter	Men and women $\geq$ 20 years, symptomatic HF due to previous MI, HTN heart disease, dilated cardiomyopathy or valvular disease, NYHA class II or III, with LVEF $\leq$ 45% within 2 months prior to enrollment	Candesartan 4mg once daily for 2 to 4 weeks, doubled to 8 mg for 6 months vs. placebo Mean follow-up 5.2 months

		(6) Allowed other	(7) Method of Outcome Assessment and Timing of
ID	(5) Run-in/Washout Period	medications/interventions	Assessment
2034	Stable and optimal dose of	Baseline (irbesartan vs.	Primary endpoint was total exercise duration during
	ACEI and beta-blocker for 3	placebo)	submaximal exercise test. Patient evaluation within 2 weeks
	months before enrollment	ACEI (100% each group)	of screening and at 6 months by same physician and
		Beta-blocker (90.9% vs.	exercise specialist
		81.8%)	
		Diuretic (72.7% vs. 72.7%)	
		Digoxin (77.3% vs. 72.7%)	
		Spironolactone (27.3% vs.	
		27.2%)	
2020	Run-in of 2 to 4 weeks with	Baseline (candesartan vs.	Primary endpoint (confirmed progression to CHF) included
	ACEI discontinued to	placebo)	patient hospitalization for CHF; addition of, or increase in,
	assess stability of	Beta-blocker (18.9% vs. 21.5%	any medication for CHF. Secondary endpoint of CV event
	symptoms; single	Diuretic (84.5% vs. 81.9%)	included progression of HF, cardiac death, life-threatening
	candesartan 4mg test dose	Digoxin (51.4% vs. 52.8%)	arrhythmias, MI, CAD, stroke or TIA. Patient evaluation 2 to
	administered	Vasodilators (55.4% vs. 58.3%)	4 week intervals

ID	(8) Age Gender Ethnicity	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed
2034	Irbesartan vs. placebo Mean age 59 vs. 54.4 Male 91% vs. 100% Ethnicity not reported	NYHA II (irbesartan 86% vs. placebo 100%) Etiology CAD (irbesartan 59% vs. placebo 27%; P=0.09) LVEF 26%	Number screened not reported/number eligible not reported/34 enrolled	1 withdrawn/number lost to fu not reported/33 analyzed
2020	Mean age 64 Male 53% Ethnicity not reported	NYHA % II/III (candesartan vs. placebo) 76/24 vs. 72/28 LVEF 35%	Number screened not reported/number eligible not reported/313 enrolled	111 withdrawn/number lost to fu not reported/292 analyzed

ID	(12) Results	(12) Results	(12) Results
2034	Primary endpoint Submaximal exercise duration Irbesartan 26% increase (baseline 1069±506 vs. 6 months 1350±727 seconds; P=0.018) Placebo 7% increase (+128±529 seconds)	Submaximal exercise duration Irbesartan vs. placebo 68% vs. 36% increased exercise duration (P=0.08)	
2020	Primary endpoint Progression to CHF Candesartan vs. placebo 7.4% vs. 22.2%; ARR 14.8% 95% CI 6.8 to 22.8; P=0.0004) calculated NNT=1.9 (95% CI 1.6, 2.4)	Secondary endpoint CV events Candesartan vs. placebo 10.8% vs. 22.9%; ARR 12.1% 95% CI 3.6 to 20.6; P<0.01)	Subgroup analysis Significant benefit with candesartan in following subgroups: Age (< or ≥ 65 years) NYHA class II HF Previous ACEI With or without previous beta-blocker

	(13) Method of adverse effects	6	
ID	assessment?	(14) Adverse Effects Reported	(14) Adverse Effects Reported
2034	Monitored	Adverse events leading to discontinuation	Increase sCr
		not reported	Irbesartan vs. placebo
			(105 <u>+</u> 25 vs. 97+20 mmol/L; P=0.02)
		Reason not to increase/reduce irbesartan	
		Symptomatic hypotension (n=5)	Change potassium (NS)
		Hyperkalemia (n=3)	
		Increase sCr (n=1)	
		Other symptoms (n=3)	
2020	Monitored by independent	Adverse events (18/155 candesartan 11.6%	Candesartan n=151: Placebo n=147
	monitoring board	vs. 6/150 placebo 4.0%)	Drug-related adverse events
	5		Candesartan (31.1%)
			Placebo (21.1%)
			P<0.05
			Postural light-headedness
			Candesartan (8.6%)
			Placebo (2.0%)
			Nonpostural light-headedness
			Candesartan (9.3%)
			Placebo (3.4%)
			Hypotension
			Candesartan (6.6%)
			Placebo (1.4%)
			Non-CV adverse effects
			Candesartan (58.9%)
			Placebo (51.0%)

(15) Total withdrawals;

### Evidence table 6. Placebo-controlled trials of angiotensin II receptor antagonists in patients with heart failure (N=11)

	withdrawals due to adverse	
ID	events	(16) Comments
2034	1 withdrawal/number withdrawals due to adverse events not reported	No significant difference in ACEI dose at baseline or change in ACEI dose; mean dose irbesartan 113 <u>+</u> 38 mg/day in the irbesartan group

2020 111 withdrawn/exited Study terminated after second interim safety analysis (after 2/3 study/number withdrawals due to target population enrolled) due to event rate achieving preadverse events (18/155 specified  $P \le 0.0205$ candesartan 11.6% vs. 6/150 placebo 4.0%)

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
2030	Baruch, 2004	RCT, multicenter	Inclusion criteria Val-HeFT (see	Valsartan 40mg twice daily,
	U.S., Australia, Europe,		Cohn, 2001 below) with elderly > 65	doubled every 2 weeks to
	South Africa V	al-	vs. non-elderly < 65 years	160mg twice daily
	HeFT Trial			Mean follow-up 1.9 years
	(Elderly subanalysis)			
	(Good)			

п	(5) Run-in/Washout Period	(6) Allowed other	(7) Method of Outcome Assessment and Timing of
2030	Single-blind twice daily placebo run-in of 2 to 4 weeks to confirm eligibility, clinical stability, assess adherence (per Val-HeFT Cohn, 2001)	Standard therapy for HF   Elderly vs. non-elderly   ACEI (90.1% vs. 95%;   P<0.001)	Two primary endpoints: time to death and time to first morbid event (defined as death sudden death with resuscitation, hospitalization for HF, or IV inotropes or vasodilators for > 4 hours without hospitalization); secondary endpoints included NYHA functional class, QOL by MLHFQ (U.S., U.K., Australia, Italy). Patient evaluation at 2, 4, and 6 months and then every 3 months

ID	(8) Age Gender Ethnicity	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed
2030	Elderly vs. non-elderly Mean age (72 vs. 54.5; P<0.001) Male (78.8% vs. 81.1%; P=0.044) White (94.3% vs. 86.8%; P<0.001)	Elderly vs. non-elderly NYHA class III and IV (43.3% vs. 33.5%; P<0.001) LVEF (26.9% vs. 26.6%; P=0.062)	Number screened not reported/number eligible not reported/5010 enrolled	430 withdrawn due to adverse events/number lost to fu not reported/5010 analyzed (per Val-HeFT Cohn, 2001)

ID	(12) Results	(12) Results	(12) Results
2030	Primary endpoints	Secondary endpoints	Other endpoints
	Valsartan vs. placebo	Valsartan vs. placebo	Valsartan vs. placebo (change from baseline;
	All-cause mortality	CV death_	placebo subtracted least squares mean
	Elderly (25.1% vs. 24%; RR	Elderly (21.3% vs. 20.7%; RR 1.024; P=0.781)	difference)
	1.041; P=0.638)	Non-elderly (13.4% vs. 13.1%; RR 1.011;	MLHFQ score
	Non-elderly (15.2% vs. 15%;	P=0.808)	Elderly (n=1409) -2.04; P=0.029)
	RR 1.001; P=0.871)		Non-elderly (n=1601) -1.78; P=0.036)
		HF hospitalizations	
	1st morbid event	Elderly (15.9% vs. 21.6%; RR 0.713; P<0.001)	Change NYHA functional class not reported
	Elderly (34.4% vs. 37.6%; RR	Non-elderly (12.2% vs. 15.6%; RR 0.736;	
	0.882; P=0.074)	P=0.012)	
	Non-elderly (24.1% vs. 26.9%;		
	RR 0.854; P=0.093)		

	(13) Method of adverse effects		
ID	assessment?	(14) Adverse Effects Reported	(14) Adverse Effects Reported
2030	Not reported	Adverse events leading to discontinuation	Selected adverse events
		not reported	Elderly vs. non-elderly
			Any adverse event
			Valsartan (93.3% vs. 90.1%)
			Placebo (92.7% vs. 86.7%)
			Dizziness (excluding vertigo)
			Valsartan (23.7% vs. 26.1%)
			Placebo (18.2% vs. 18.0%)
			Hypotension
			Valsartan (14.3% vs. 13.5%)
			Placebo (8.6% vs. 7.5%)
			Aggravated CHF
			Valsartan (13.0% vs. 9.4%)
			Placebo (16.9% vs. 14.3%)
			Hyperkalemia
			Valsartan (7.6% vs. 5.6%)
			Placebo (3.7% vs. 2.8%)
			Renal impairment
			Valsartan (5.8% vs. 5.1%)
			Placebo (3.2% vs. 2.9%)
			Atrial fibrillation
			Valsartan (6.5% vs. 4.2%)
			Placebo (9.6% vs. 6.3%)

	(15) Total withdrawals; withdrawals due to adverse			
ID	events	(16) Comments		
2030	Not reported for subgroup analysis	Subgroup analysis reported significant effect on HF hospitalizations in elderly and non-elderly subgroups with no significant effect on mortality in either subgroup. More non- elderly patients received concomitant beta-blockers		

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
2017	Carson, 2003 U.S., Australia, Europe, South Africa Val-HeFT Trial (Hospitalization subanalysis) (Good)	RCT, multicenter	Men and women $\geq$ 18 years of age, clinical findings of HF for at least 3 months before screening, NYHA class II, III, or IV and clinically stable, LVEF < 40% and LV dilatation on ECHO, and at least 2 weeks on fixed dose regimen that could include an ACEI, diuretic, digoxin, and beta- blocker	Valsartan 40mg twice daily, doubled every 2 weeks to 160mg twice daily Mean follow-up 1.9 years
2046	Young, 2004 U.S., Canada, Australia, Europe, South Africa CHARM-Low LVEF Trials (Good)	RCT, combined results of 2 component trials, multicenter	Men and women $\geq$ 18 years of age, symptomatic HF (NYHA class II-IV; if class II, required cardiac hospitalization within previous 6 months), LVEF $\leq$ 40% measured within the past 6 months	Candesartan 4mg or 8mg (decided by study physician), doubled minimum every 2 weeks (as tolerated) to target dose 32mg once daily Median follow-up 3.3 years

		(6) Allowed other	(7) Method of Outcome Assessment and Timing of
ID	(5) Run-in/Washout Period	medications/interventions	Assessment
2017	Single-blind twice daily placebo run-in of 2 to 4 weeks to confirm eligibility, clinical stability, assess adherence (per Val-HeFT Cohn, 2001)	Standard therapy for HF; Baseline:ACEIs (93%), beta- blocker (35%), diuretic (85%), digoxin (67%) (per Val- HeFT Cohn, 2001)	Two primary endpoints: mortality and combined mortality and morbidity (defined as cardiac arrest with resuscitation, hospitalization for HF, or IV inotropes or vasodilators for > 4 hours without hospitalization); endpoint of hospitalization limited to first hospitalization for worsening HF(per endpoint committee). Subanalysis included all hospitalizations due to worsening HF or other causes (per investigator). Patient evaluation at 2, 4, and 6 months and then every 3 months
2046	None	Standard therapy for HF (including ACEI in CHARM- Added; no ACEI in CHARM- Alternative); Overall baseline: ACEI (55.7%), beta-blocker (55.1%), diuretic (88%), digoxin (52.7%), spironolactone (20.1%), other vasodilators (39.4%), aspirin (54.3%)	Primary endpoint was CV death or hospital admission for worsening CHF. Secondary outcomes included: CV death; CHF admission; CV death, CHF admission, or non-fatal MI; CV death, CHF admission, non-fatal MI, or non-fatal stroke; CV death, CHF admission, non-fatal MI, non-fatal stroke, or coronary revascularization; any death or CHF admission; all- cause mortality. Clinic visit at 2, 4, and 6 weeks, at 6 months, then every 4 months; laboratory assessments in North America at baseline, 6 weeks, then every year.

#### Evidence table 6. Placebo-controlled trials of angiotensin II receptor antagonists in patients with heart failure (N=11)

ID	(8) Age Gender Ethnicity	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed
2017	Mean age 63 80% male, 90% white, 7% black, 3% other (per Val-HeFT Cohn, 2001)	48% LVEF < 27%, 62% NYHA class I-II and 38% class III-IV	Number screened not reported/number eligible not reported/5010 enrolled	430 withdrawn due to adverse events/number lost to fu not reported/5010 analyzed (per Val-HeFT Cohn, 2001)

2046Mean age 6529% LVEF; 35% NYHA classNumber screened not957 discontinued study74% male, 90% European,<br/>4% black, 6% otherII, 62% class III, 3% class IV;<br/>MI 58%, stroke 9%, HTN 49%, reported/4576 enrolledreported/number eligible not<br/>III, 62% class III, 3% class IV;<br/>reported/4576 enrolled957 discontinued study<br/>medication (due to AE or lab)/7<br/>Iost to fu/4576 analyzed

ID	(12) Results	(12) Results	(12) Results
2017	Subanalysis endpoint (all- cause hospitalizations): valsartan vs. placebo: 2856 vs. 3106 (8% difference; P=0.145)	Subanalysis endpoint (HF hospitalizations): valsartan vs. placebo: 923 vs. 1189 (22.4% difference; P=0.002)	HF hospitalizations: valsartan vs. placebo: + ACEI (18.7% difference; P=0.012) - ACEI (56.4% difference; P=0.010) + BB (10.7% difference; P=0.685) - BB (26.3% difference; P=0.003) + ACEI, - BB (23% difference; P=0.003) + ACEI, + BB (5.6% difference; P=0.982) - ACEI, - BB (55.7% difference; P=0.028) - ACEI, + BB (58.6% difference; P=0.171)
2046	Primary endpoint (CV death or HF hospitalization): candesartan vs. placebo: HR 0.82 (95% CI 0.74-0.90; P<0.001) NNT=18 (95% CI 12- 36)	<b>Secondary endpoints:</b> candesartan vs. placebo: CV death HR 0.84 (95% CI 0.75-0.95, P=0.005); HF hospitalization HR 0.76 (95% CI 0.68-0.85, P<0.001); combined CV death, HF hospitalization, nonfatal MI HR 0.82 (95% CI 0.75-0.90, P<0.001); combined CV death, HF hospitalization, nonfatal MI, nonfatal stroke HR 0.84 (95% CI 0.76-0.92, P<0.001); combined CV death, HF hospitalization, nonfatal MI, nonfatal	,

	(13) Method of adverse effects				
ID	assessment?	(14) Adverse Effects Reported	(14) Adverse Effects Reported		
2017	Not reported	Not reported for subanalysis			
2046	Not reported	Adverse events leading to discontinuation: hypotension: candesartan 4.2% vs. placebo 2.1% (P<0.001); increased sCr: candesartan 7.1% vs. placebo 3.5% (P<0.001); hyperkalemia: candesartan 2.8% vs. placebo 0.5% (P<0.0001)	Study drug discontinued in 29/109 (26.6%) on ACEI, beta-blocker, spironolactone, and candesartan vs. 23/128 (18) on ACEI, beta- blocker, spironolactone, and placebo (P=0.110)		

### Evidence table 6. Placebo-controlled trials of angiotensin II receptor antagonists in patients with heart failure (N=11)

	(15) Total withdrawals; withdrawals due to adverse		
ID	events	(16) Comments	
2017	Not reported for subanalysis	Subanalysis of hospitalizations showed no significant difference in total hospitalizations with valsartan vs. placebo, but a significant reduction in HF hospitalizations (P=0.002); a significant reduction in HF hsopitalizations were seen in patients on the following concomitant medications: + ACEI; - ACEI; - BB; + ACEI - BB; - ACEI - BB; no significant difference in subgroups of patients receiving a BB	

957 of the survivors discontinued Overall results of the 2 trials showed a significant reduction in study medication due to adverse mortality with candesartan in patients with HF and low LVEF events or lab abnormalities (528 compared to placebo. At 6 months, target dose of 32mg or 23.1% on candesartan vs. 429 achieved in 60% on candesartan vs. 73% on placebo; mean daily or 18.8% on placebo; P<0.001) dose candesartan 24 mg at 6 months</li>

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
2042	O'Meara, 2005 North America CHARM-QOL (Fair)	RCT, multicenter (sites in North America)	Men and women $\geq$ 18 years of age, symptomatic HF (NYHA class II-IV) for $\geq$ 4 weeks	Candesartan 4mg or 8mg (decided by study physician), doubled minimum every 2 weeks (as tolerated) to target dose 32mg once daily

2047 O'Meara, 2004 RCT, c U.S., Canada, Australia, compo Europe, South Africa CHARM-NYHA class (Good)	The provide the second structure of the second struct	18 years of age, NYHA class II-IV) (decided by study physician), doubled minimum every 2 weeks (as tolerated) to target dose 32mg once daily Median follow-up 3.1 years
---	---	---

		(6) Allowed other	(7) Method of Outcome Assessment and Timing of
ID	(5) Run-in/Washout Period	medications/interventions	Assessment
2042	None	Standard therapy for HF;	Pre-specified secondary outcome was evaluation of the
		Baseline: ACEIs, if appropriate	McMaster Overall Treatment Evaluation (OTE)
		per protocol (46%), beta-	questionnaire. Questionnaire administered at 6, 14, 26
		blocker (56.8%), digoxin	months, and at the final visit. Primary endpoint was all-
		(52.7%), spironolactone	cause death for CHARM-Overall Trial.
		(14.5%)	

2047	None	Standard therapy for HF;	Outcome evaluation of change in NYHA functional class
		Baseline: ACEIs, if appropriate	assessed at baseline, at 2 weekly intervals during titration,
		per protocol (41%), beta-	then every 4 months. Primary endpoint was all-cause death
		blocker (55%), digoxin (43%),	for CHARM-Overall Trial.
		spironolactone (17%)	

ID	(8) Age Gender Ethnicity	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed
2042	Mean age 65 67% male	40% LVEF; 37% NYHA class II, 61% class III, 2% class IV; MI 53%, stroke 10%, HTN	Number screened not reported/number eligible not reported/2498 enrolled	Number withdrawn not reported/number lost to fu not reported/2498 analyzed
		67%, DM 36%		

2047	Mean age 66	39% LVEF; 45% NYHA class	Number screened not	Number withdrawn not
	68% male	II, 52% class III, 3% class IV;	reported/number eligible not	reported/number lost to fu not
		MI 53%, stroke 9%, HTN 55%,	reported/7599 enrolled	reported/7599 analyzed (refer
		DM 28%		to CHARM-Overall)

ID	(12) Results	(12) Results	(12) Results
2042	Main endpoint reported (QOL) McMaster OTE questionnaire: Last visit carried forward Improvement (Scores +1 to +7) Candesartan: 37.7% Placebo: 33.5% Deterioration (Scores -7 to -1) Candesartan: 10.8% Placebo: 12.0% P=0.017	Main endpoint reported (QOL) McMaster OTE questionnaire: Worst rank visit carried forward Improvement (Scores +1 to +7) Candesartan: 32.1% Placebo: 27.5% Deterioration (Scores -7 to -1) Candesartan: 26.4% Placebo: 28.6% P=0.029	Improvement perceived as important, very important, or extremely important (N=890)t: Last visit carried forward Candesartan: 76% Placebo: 73% Worst rank visit carried forward Candesartan: 78% Placebo: 74%
2047	Reported endpoint: Change in NYHA functional class Last visit carried forward (N=7599) Candesartan: 35.4% improved, 9.0% deteriorated Placebo: 32.5% improved, 10.3% deteriorated P=0.003	Reported endpoint: Change in NYHA functional class Worst rank carried forward (N=7587) Candesartan: 29.7% improved, 28.8% deteriorated Placebo: 26.8% improved, 31.3% deteriorated P=0.003	

# Evidence table 6. Placebo-controlled trials of angiotensin II receptor antagonists in patients with heart failure (N=11)

	(13) Method of adverse effects			
ID	assessment?	(14) Adverse Effects Reported	(14) Adverse Effects Reported	
2042	Not reported	Adverse events leading to discontinuation not reported	Not reported	

2047 Not reported

Not reported (refer to CHARM-Overall)

Not reported

	(15) Total withdrawals; withdrawals due to adverse	
ID	events	(16) Comments
2042	Not reported	No heterogeneity of the effect of candesartan across the subgroups of gender, age $\geq$ or < 75, NYHA class, treatment with or without beta-blockers.

2047	Not reported (refer to CHARM-	Test for heterogeneity not statistically significant (interaction
	Overall)	between treatment and trial). Candesartan showed similar
		benefit over placebo in subgroups of gender, age > or < 75,
		NYHA class, treatment with or without beta-blockers.

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
24	Pfeffer, 2003 U.S., Canada, Australia, Europe, South Africa CHARM-Overall Trial (Good)	RCT, combined results of 3 component trials, multicenter	Men and women $\geq$ 18 years of age, symptomatic HF (NYHA class II-IV) for $\geq$ 4 weeks	Candesartan 4mg or 8mg (decided by study physician), doubled minimum every 2 weeks (as tolerated) to target dose 32mg once daily Median follow-up 3.1 years
25	McMurray, 2003 U.S., Canada, Australia, Europe, South Africa CHARM-Added Trial (Good)	RCT, multicenter	Men and women $\geq$ 18 years of age, symptomatic HF (NYHA class II-IV; if class II, required cardiac hospitalization within previous 6 months), LVEF $\leq$ 40% measured within the past 6 months, treatment with the same dose of an ACEI for $\geq$ 30 days	Candesartan 4mg or 8mg (decided by study physician), doubled minimum every 2 weeks (as tolerated) to target dose 32mg once daily Median follow-up 3.4 years

ID	(5) Run-in/Washout Period	(6) Allowed other medications/interventions	(7) Method of Outcome Assessment and Timing of Assessment
24	None	Standard therapy for HF; Baseline: ACEIs, if appropriate per protocol (41%), beta- blocker (55%), diuretic (83%), digoxin (43%), spironolactone (17%), CCB (20%), other vasodilators (38%), aspirin (55%)	Primary endpoint was all-cause death. All deaths classified as CV unless non-CV cause established. Clinic visits every 4 months; laboratory assessments in North America at baseline, 6 weeks, 14 months, then every year.
25	None	ACEI, standard therapy for HF; Baseline: ACEI (100%), beta- blocker (55%), diuretic (90%), digoxin (58%), spironolactone (17%), other vasodilators (37%), aspirin (51%)	Primary endpoint was CV death or unplanned admission for worsening CHF (signs and symptoms of worsening CHF requiring IV diuretics). Secondary outcomes included: CV death, CHF admission, or non-fatal MI (diagnosis made by cardiac markers and ECG changes or clinical presentation); CV death, CHF admission, non-fatal MI, or non-fatal stroke; CV death, CHF admission, non-fatal MI, non-fatal stroke, or coronary revascularization; any death or CHF admission; new-onset DM Clinic visit at 2, 4, and 6 weeks, at 6 months, then every 4 months; laboratory assessments in North America at baseline, 6 weeks, then every year.

ID	(8) Age Gender Ethnicity	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed
24	Mean age 66 68% male, 90% European, 4% black, 6% other	LVEF < 30% (28%), ≥ 30-39% (29%), > 40-49% (18%), ≥ 50% (17%); 45% NYHA class II, 52% class III, 3% class IV; MI 53%, stroke 9%, HTN 55%, DM 28%	Number screened not reported/7601 eligible/7599 enrolled	1189 discontinued study medication/10 lost to fu/7599 analyzed
25	Mean age 64 79% male, 90% European, 5% black, 5% other	28% LVEF; 24% NYHA class II, 73% class III, 3% class IV; 62% IHD as cause of HF; MI 56%, stroke 9%, HTN 48%, DM 30%	Number screened not reported/number eligible not reported/2548 enrolled	375 discontinued study medication/4 lost to fu/2548 analyzed

ID	(12) Results	(12) Results	(12) Results
24	Primary endpoint (all-cause mortality): candesartan vs. placebo: unadjusted HR 0.91 (95% CI 0.83-1.00; P=0.055)	<b>Secondary endpoints:</b> candesartan vs. placebo: combined CV death or HF hospitalization HR 0.84 (95% CI 0.77-0.91, P<0.0001); CV death HR 0.88 (95% CI 0.79- 0.97, P=0.012); HF hospitalizations HR 0.79 (95% CI 0.72-0.87, P<0.0001)	candesartan vs. placebo: combined CV death, HF hospitalization, MI HR 0.84 (95% CI 0.78- 0.91, P<0.0001); combined CV death, HF hospitalization, MI, stroke HR 0.85 (95% CI 0.79 0.92, P<0.0001); combined CV death, HF hospitalization, MI, stroke, coronary revascularization procedure HR 0.86 (95% CI 0.80-0.93, P<0.0001)
25	Primary endpoint (CV death or HF hospitalization): candesartan vs. placebo: HR 0.85 (95% CI 0.75-0.96; P=0.011) calculated NNT=23 (95% CI 12-156)	Secondary endpoints: candesartan vs. placebo: combined CV death, HF hospitalization, MI HR 0.85 (95% CI 0.76-0.96, P=0.010); combined CV death, HF hospitalization, MI, stroke HR 0.87 (95% CI 0.77-0.98, P=0.020); combined CV death, HF hospitalization, MI, stroke, coronary revascularization procedure HR 0.87 (95% CI 0.77-0.97, P=0.015); all-cause mortality HR 0.89 (95% CI 0.77-1.02, P=0.086); CV death HR 0.84 (95% CI 0.72-0.98, P=0.029); HF hospitalizations HR 0.83 (95% CI 0.71-0.96, P=0.014)	Subgroup analyses +ACEI/+BB (n=497), +ACEI/-BB (n=524) candesartan vs. placebo: all- cause mortality +ACEI/+BB HR 0.88 (95% CI 0.72-1.08, P=0.22), +ACEI/-BB RR 0.88 (95% CI 0.73-1.07, P=0.20)

	(13) Method of adverse effects		
ID	assessment?	(14) Adverse Effects Reported	(14) Adverse Effects Reported
24	Not reported	Adverse events leading to discontinuation: hypotension: candesartan 3.5% vs. placebo 1.7% (P<0.0001); increased sCr: candesartan 6.2% vs. placebo 3.9% (P<0.0001); hyperkalemia: candesartan 2.2% vs. placebo 0.6% (P<0.0001)	Angioedema: candesartan 5/3803 (0.13%) vs. placebo 3/3796 (0.08%); of 2743 with lab surveillance, sCr doubled in candesartan 82/1263 (6%) vs. placebo 47/1279 (4%) (P=0.002); serum potassium increased 0.14 mmol/L with candesartan (P<0.0001) with no change in the placebo group at 6 weeks; potassium $\geq$ 6.0 mmol/L was seen in 31/1294 (2%) of candesartan vs. 15/1310 (1%) placebo (P=0.017)
25	Not reported	Adverse events leading to discontinuation: hypotension: candesartan 4.5% vs. placebo 3.1% (P=0.79); increased sCr: candesartan 7.8% vs. placebo 4.1% (P=0.0001); hyperkalemia: candesartan 3.4% vs. placebo 0.7% (P<0.0001)	Angioedema: candesartan 2/1276 (0.16%) vs. placebo 3/1272 (0.24%) (all were on ACEIs); in those with lab surveillance, sCr at least doubled with candesartan 32/436 (7%) vs. placebo 27/447 (6%) (P=0.5); potassium $\geq$ 6.0 mmol/L was seen in 12/447 (3%) of candesartan vs. 5/459 (1%) placebo (P=0.089)

# Evidence table 6. Placebo-controlled trials of angiotensin II receptor antagonists in patients with heart failure (N=11)

	(15) Total withdrawals; withdrawals due to adverse	
ID	events	(16) Comments
24	1189 of the survivors discontinued study medication/1430 withdrew due to adverse events or lab abnormalities (797/3803 candesartan 21.0% vs. 633/3796 placebo 16.7%; P<0.0001)	Overall results of the 3 trials combined showed a reduction in mortality with candesartan in patients with HF (borderline significance), primarily due to lower rates of CV death with candesartan. The benefit with candesartan was seen regardless of baseline treatment with ACEIs, beta-blockers, or other HF medication classes. Annual mortality rates were 8.1% on candesartan and 8.8% on placebo. At 6 months, target dose achieved in 63% (mean 24mg) on candesartan and 75% on placebo. At 6 months, SBP decreased 5.2 mm Hg and DBP 3.0 mm Hg from baseline on candesartan (P<0.001 vs. placebo).
25	375 of the survivors discontinued study medication/542 withdrew due to adverse events or lab abnormalities (309/1276 candesartan 24.2% vs. 233/1272 placebo 18.3%; P=0.0003)	The addition of an AIIRA to an ACEI reduced CV death and HF hospitalization compared to treatment with an ACEI. Benefit was seen regardless of baseline treatment with beta-blockers, or other HF medication classes. Investigators felt 96% patients on optimal ACEI doses (enalapril 16.8 and 17.2mg/d, lisinopril 17.7 and 17.7mg/d, captopril 82.2 and 82.7mg/d, ramipril 6.8 and 7.3mg/d in the candesartan and placebo groups, respectively). At 6 months, target dose achieved in 61% (mean 24mg) on candesartan and 73% on placebo. At 6 months, SBP decreased 4.6 mm Hg (P=0.007) and DBP 3.0 mm Hg (P=0.004) from baseline on candesartan vs. placebo.

Angiotensin II Receptor Antagonists

follow-up 3.1 years

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
26	Granger, 2003 U.S., Canada, Australia, Europe, South Africa CHARM-Alternative Trial (Good)	RCT, multicenter	Men and women $\geq$ 18 years of age, symptomatic HF (NYHA class II-IV) for $\geq$ 4 weeks, LVEF < 40%, ACEI intolerance	Candesartan 4mg or 8mg (decided by study physician), doubled minimum every 2 weeks (as tolerated) to target dose 32mg once daily Median follow-up 2.8 years
27	Yusuf, 2003 U.S., Canada, Australia, Europe, South Africa CHARM-Preserved Trial (Good)	RCT, multicenter	Men and women $\ge$ 18 years of age, symptomatic HF (NYHA class II-IV) for $\ge$ 4 weeks, history cardiac hospitalization, LVEF > 40%	Candesartan 4mg or 8mg (decided by study physician), doubled minimum every 2 weeks (as tolerated) to target dose 32mg once daily Median

ID	(5) Run-in/Washout Period	(6) Allowed other medications/interventions	(7) Method of Outcome Assessment and Timing of Assessment
26	None	Standard therapy for HF (although intolerant of ACEI); Baseline: beta-blocker (55%), diuretic (85%), digoxin (45%), spironolactone (24%), other vasodilators (42%), aspirin (57%)	Primary endpoint was CV death or unplanned admission for worsening CHF (signs and symptoms of worsening CHF requiring IV diuretics). Secondary outcomes included: CV death, CHF admission, or non-fatal MI (diagnosis made by cardiac markers and ECG changes or clinical presentation); CV death, CHF admission, non-fatal MI, or non-fatal stroke; CV death, CHF admission, non-fatal MI, non-fatal stroke, or coronary revascularization; any death or CHF admission; new-onset DM Clinic visit at 2, 4, and 6 weeks, at 6 months, then every 4 months; laboratory assessments in North America at baseline, 6 weeks, and 14, 26, and 38 months.
27	None	Baseline: ACEI (19%), beta- blocker (56%), diuretic (75%), digoxin (28%), spironolactone (11%), CCB (31%), other vasodilators (38%), aspirin (58%)	Primary endpoint was CV death or unplanned admission for worsening CHF (signs and symptoms of worsening CHF requiring IV diuretics). Secondary outcomes included: CV death, CHF admission, or non-fatal MI (diagnosis made by cardiac markers and ECG changes or clinical presentation); CV death, CHF admission, non-fatal MI, or non-fatal stroke; CV death, CHF admission, non-fatal MI, or non-fatal stroke, or coronary revascularization; any death or CHF admission; new-onset DM Clinic visit at 2, 4, and 6 weeks, at 6 months, then every 4 months; laboratory assessments in North America at baseline, 6 weeks, then yearly. Adjudicated outcomes by blinded committee for cause of death, first MI, and first CHF admission were basis for formal analysis; investigator reported events were also analyzed.

ID	(8) Age Gender Ethnicity	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed
26	Mean age 66 68% male, 88% European, 4% black, 8% other	30% LVEF; 48% NYHA class II, 48% class III, 4% class IV; 69% IHD as cause of HF; MI 61%, stroke 9%, HTN 49%, DM 27%	Number screened not reported/number eligible not reported/2028 enrolled	338 discontinued study medication/3 lost to fu/2028 analyzed

27	Mean age 67	54% LVEF; 61% NYHA class	Number screened not	488 discontinued study
	60% male, 92% European,	II, 37% class III, 2% class IV;	reported/3025 eligible/3023	medication/3 lost to fu/3023
	4% black, 4% other	56% IHD as cause of HF; MI	enrolled	analyzed
		45%, stroke 9%, HTN 65%,		
		DM 28%		

ID	(12) Results	(12) Results	(12) Results
26	Primary endpoint (CV death	Secondary endpoints: candesartan vs.	candesartan vs. placebo: all-cause mortality HR
	or HF hospitalization):	placebo: combined CV death, HF hospitalization,	0.87 (95% CI 0.74-1.03, P=0.11); CV death HR
	candesartan vs. placebo: HR	MI HR 0.78 (95% CI 0.68-0.90, P=0.0007);	0.85 (95% CI 0.71-1.02, P=0.072); HF
	0.77 (95% CI 0.67-0.89;	combined CV death, HF hospitalization, MI,	hospitalizations HR 0.68 (95% CI 0.57-0.816,
	P=0.0004) calculated NNT=14	stroke HR 0.80 (95% CI 0.69-0.91, P=0.001);	P<0.0001)
	(95% CI 9-35)	combined CV death, HF hospitalization, MI,	
		stroke, coronary revascularization procedure HR	
		0.81 (95% CI 0.71-0.92, P=0.002)	

27	Primary endpoint (CV death or HF hospitalization): candesartan vs. placebo: HR 0.89 (95% CI 0.77-1.03; P=0.118)	<b>Secondary endpoints:</b> candesartan vs. placebo: combined CV death, HF hospitalization, MI HR 0.90 (95% CI 0.78-1.03, P=0.126); combined CV death, HF hospitalization, MI, stroke HR 0.88 (95% CI 0.77-1.01, P=0.078); combined CV death, HF hospitalization, MI, stroke, coronary revascularization procedure HR	candesartan vs. placebo: CV death HR 0.99 (95% CI 0.80-1.22, P=0.918); HF hospitalizations HR 0.85 (95% CI 0.72-1.01, P=0.072)
		0.91 (95% CI 0.80-1.03, P=0.123)	

ID	(13) Method of adverse effects assessment?	(14) Adverse Effects Reported	(14) Adverse Effects Reported
26	Not reported	Adverse events leading to discontinuation: hypotension: candesartan 3.7% vs. placebo 0.9% (P<0.0001); increased sCr: candesartan 6.1% vs. placebo 2.7% (P<0.0001); hyperkalemia: candesartan 1.9% vs. placebo 0.3% (P=0.0005); cough: candesartan 0.2% vs. placebo 0.4% (P=0.69); angioedema: candesartan 0.1% vs. placebo 0.0% (P=0.50)	Angioedema: candesartan 3/1013 (0.30%) vs. placebo 0/1015 (0.0%), all cases of angioedema were in patients with previous ACEI intolerance due to angioedema or anaphylaxis; of patients with lab surveillance, sCr at least doubled in 5.5% of 311on candesartan vs. 1.6% of 307 on placebo (P=0.015); potassium $\geq$ 6.0 mmol/L was seen in 3% of 321 on candesartan (n=321) vs. 1.3% of 315 on placebo (P=0.26)
27	Not reported	Adverse events leading to discontinuation: hypotension: candesartan 2.4% vs. placebo 1.1% (P=0.009); increased sCr: candesartan 4.8% vs. placebo 2.4% (P=0.0005); hyperkalemia: candesartan 1.5% vs. placebo 0.6% (P=0.029)	Of patients with lab surveillance, sCr at least doubled in 6% on candesartan vs. 3% on placebo (P=0.007); potassium $\geq$ 6.0 mmol/L was seen in 2% on candesartan vs. 1% on placebo (P=0.32)

#### Evidence table 6. Placebo-controlled trials of angiotensin II receptor antagonists in patients with heart failure (N=11)

(15) Total withdrawals;
withdrawals due to adverse

ID	events	(16) Comments
26	338 of the survivors discontinued	Use of an AIIRA in patients unable to tolerate an ACEI reduced
	study medication/414 withdrew	CV death and HF hospitalization compared to placebo. At 6
	due to adverse events or lab	months, target dose achieved in 59% (mean 23mg) on
	abnormalities (218/1013	candesartan and 73% on placebo. At 6 months, SBP decreased
	candesartan 21.5% vs. 196/1015	4.4 mm Hg and DBP 3.9 mm Hg from baseline on candesartan
	placebo 19.3%; P=0.23)	vs. placebo (P<0.0001 for both)

27

488 of the survivors discontinued Use of an AIIRA in patients with HF and preserved LVEF did not study medication/474 withdrew due to adverse events or lab abnormalities (270/1514 candesartan 17.8% vs. 204/1509 mm Hg from baseline on candesartan vs. placebo (P<0.0001) placebo 13.5%; P=0.001)
ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
16	Cohn, 2001 U.S., Australia, Europe, South Africa Val-HeFT Trial (Good)	RCT, multicenter	Men and women ≥ 18 years of age, clinical findings of HF for at least 3 months before screening, NYHA class II, III, or IV and clinically stable, LVEF < 40% and LV dilatation on ECHO, and at least 2 weeks on fixed dose regimen that could include an ACEI, diuretic, digoxin, and beta- blocker	Valsartan 40mg twice daily, doubled every 2 weeks to 160mg twice daily Mean follow-up 1.9 years
	17 Maggioni, 2002 U.S., Australia, Europe, South Africa Val-HeFT subgroup analysis (Fair)	RCT, multicenter	Men and women $\geq$ 18 years of age, clinical findings of HF for at least 3 months before screening, NYHA class II, III, or IV and clinically stable, LVEF < 40% and LV dilatation on ECHO, and at least 2 weeks on fixed- dose regimen that could include an ACEI, diuretic, digoxin, and beta- blocker; subgroup analysis was in patients who were not treated with an ACEI	Valsartan 40mg twice daily, doubled every 2 weeks to 160mg twice daily Mean follow-up 1.9 years

		(6) Allowed other	(7) Method of Outcome Assessment and Timing of
ID	(5) Run-in/Washout Period	medications/interventions	Assessment
16	Single-blind twice daily placebo run-in of 2 to 4 weeks to confirm eligibility, clinical stability, assess adherence	Standard therapy for HF; Baseline:ACEIs (93%), beta- blocker (35%), diuretic (85%), digoxin (67%)	Two primary endpoints: mortality and combined mortality and morbidity (defined as cardiac arrest with resuscitation, hospitalization for HF, or IV inotropes or vasodilators for > 4 hours without hospitalization); secondary endpoints included change from baseline to last available observation of LVEF, NYHA class, QOL, signs and symptoms of HF. Patient evaluation at 2, 4, and 6 months and then every 3 months; 60% of patients received a QOL assessment using the Minnesota Living with HF questionnaire

17 Single-blind twice daily placebo run-in of 2 to 4 weeks to confirm eligibility, clinical stability, assess adherence	Standard therapy for HF except for 7.3% of 5010 in Val-HeFT that did not receive ACEIs Baseline: beta-blocker (38%), diuretic (80%), digoxin (59%), spironolactone (7%)	t Two primary endpoints: mortality and combined mortality and morbidity (defined as cardiac arrest with resuscitation, hospitalization for HF, or IV inotropes or vasodilators for > 4 hours without hospitalization); secondary endpoint included QOL (assessed using the Minnesota Living with HF Questionnaire MLWHFQ); subanalysis of exercise capacity after 4 months by 6-min walk test. Patient evaluation at 2, 4,
		and 6 months and then every 3 months

ID	(8) Age Gender Ethnicity	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed
16	Mean age 63	27% LVEF, 57% CHD as	Number screened not	430 withdrawn due to adverse
	80% male, 90% white, 7%	cause of HF, 62% NYHA class	reported/number eligible not	events/number lost to fu not
	black, 3% other	II and 36% class III	reported/5010 enrolled	reported/5010 analyzed

17	' Mean age 67	28% LVEF, 68% CHD as	Number screened not	77 withdrawn/number lost to fu
	76% male, 82% white, 12%	cause of HF, 47% NYHA class	reported/number eligible not	not reported/366 analyzed
	black	III-IV	reported/5010 enrolled in Val-	
			HeFT/366 not treated with	
			ACEI in substudy	

ID	(12) Results	(12) Results	(12) Results
16	Primary endpoints (mortality and combined mortality and morbidity): valsartan vs. placebo: all-cause mortality RR 1.02 (98% CI 0.88-1.18; P=0.80); combined morbidity and mortality RR 0.87 (97.5% CI 0.77-0.97; P=0.009), calculated NNT=31 (95% CI 17- 140)	<b>Secondary endpoints:</b> valsartan vs. placebo: HF hospitalizations RR 0.725 (P<0.001); mean change in LVEF (4% vs. 3.2%, P=0.001); improvement in NYHA class (23.1% vs. 20.7%), worsening (10.1% vs. 12.8%) (P<0.001); signs and symptoms of HF improved with valsartan vs. placebo (P<0.01); QOL (little change with valsartan vs. worsening average 1.9 with placebo, P=0.005)	Subgroup analyses: [+ACEI/-BB (n=3034); +ACEI/+BB (n=1610); -ACEI/-BB (n=226); - ACEI/+BB (n=140)] valsartan vs. placebo: mortality +ACEI/+BB RR > 1.0 (P=0.009), - ACEI/-BB RR < 1.0 (P=0.012), -ACEI/+BB RR 0.67 (95% CI 0.42-1.06); combined morbidity and mortality +ACEI/+BB RR > 1.0 (P=0.10), - ACEI/-BB (P=0.003), +ACEI/-BB (P=0.002), - ACEI/-BB (P=0.037), -ACEI/ <u>+</u> BB RR 0.56 (95% CI 0.39-0.81); combined morbidity and mortality in black patients (n=344) RR 1.11 (95% CI 0.77- 1.61)
17	<ul> <li>Primary endpoints: mortality: number (%)</li> <li>Valsartan = 32 (17.3%)</li> <li>Placebo = 49 (27.1%)</li> <li>RR = 0.67 95% Cl (0.42-1.06)</li> <li>combined mortality and morbidity: number (%)</li> <li>Valsartan = 46 (24.9%)</li> <li>Placebo = 77 (42.5%)</li> <li>RR = 0.56 95% Cl (0.39-0.81)</li> <li>NNT = 6 (95% Cl 4-12)</li> </ul>	Secondary endpoints: HF hospitalizations:number (%) Valsartan = 24 (13.0%) Placebo = 48 (26.5%) CV death:number (%) Valsartan = 29 (15.7%) Placebo = 40 (22.1%) QOL:mean change (sem) Valsartan = $-0.98$ (1.71) Placebo = 3.17 (1.98)	Exercise capacity substudy:for the 35 patients in the substudy mean change in walk distance: Valsartan = 50.3 m Placebo = -34.2 m P = 0.022

	(13) Method of adverse effects		
ID	assessment?	(14) Adverse Effects Reported	(14) Adverse Effects Reported
16	Not reported	Adverse events leading to discontinuation: dizziness: valsartan 1.6% vs. placebo 0.4% (P<0.001); hypotension: valsartan 1.3% vs. placebo 0.8% (P=0.124); renal impairment: valsartan 1.1% vs. placebo 0.2% (P<0.001)	Mean change BUN: valsartan increase 5.9mg/dl vs. placebo increase 3.3mg/dl (P<0.001); mean change sCr: valsartan increase 0.18mg/dl vs. placebo increase 0.10mg/dl (P<0.001); mean change serum potassium: valsartan increase 0.12mmo/l vs. placebo decrease 0.07mmol/l (P<0.001)

17 Not reported	Adverse events leading to discontinuation: hypotension: valsartan 0.5% vs. placebo 0.6% (P=0.988); life-threatening laboratory abnormalities: valsartan 0.5% vs. placebo 0.6% (P=0.988)	Dizziness: valsartan 23.9% vs. placebo 18.9%; hypotension: valsartan 14.7% vs. placebo 5.6%; increase sCr: valsartan 0.18+0.2mg/dl vs. placebo 0.10+0.02mg/dl (P=0.009)
-----------------	---	--

	(15) Total withdrawals; withdrawals due to adverse	
ID	events	(16) Comments
16	Overall adverse events leading to discontinuation: valsartan 249 (9.9%) vs. placebo 181 (7.2%) (P<0.001)	Results showed that valsartan added to standard therapy for HF did not improve survival but did have a benefit in decreasing the combined morbidity and mortality endpoint. Subgroup analyses showed higher mortality in patients on valsartan in combination with an ACEI and beta-blocker. A decrease in mortality as well as the combined endpoint was seen in patients on valsartan $\pm$ beta-blocker but -ACEI. Treatment with valsartan + ACEI decreased the combined endpoint compared to an ACEI alone. Patients were randomized according to baseline beta-blocker but not ACEI use. Annual mortality on placebo 9% (12% anticipated). Target dose achieved in 84% (mean 254mg) on valsartan and 93% on placebo. SBP decreased 5.2 $\pm$ 16 mm Hg on valsartan vs. 1.3 $\pm$ 15.0 mm Hg on placebo at 1 year.
	17 77 total withdrawals (17.3% valsartan vs. 24.9% placebo)/41 withdrawals due to adverse events (18/185 valsartan 9.7% vs. 23/181 placebo 12.7%; P=0.367)	Higher percentage of patients in NYHA class III-IV compared to patients on ACEI in Val-HeFT (P<0.05). SBP decreased $8.1\pm1.2$ mm Hg on valsartan vs. $3.2\pm1.2$ mm Hg on placebo at last observation (P=0.004)

ID	(1) Author Year Country Trial Name (Quality Score)		(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
	955 Tonkon, 2000 U.S.	(Poor)	RCT, multicenter	Men and postmenopausal or surgically sterile women $\ge$ 18 years of age with stable HF NYHA class II or III, LVEF $\le$ 40%, and $\ge$ 6 weeks on stable doses of an ACEI and $\ge$ 2 weeks on a diuretic, seated SBP $\ge$ 90 mm Hg, sCr $\le$ 2.2 mg/dl, BUN $\le$ 50 mg/dl	Irbesartan starting doses of 12.5mg, 37.5mg, or 75mg, titrated at weekly intervals to target dose 150mg once daily for as maximum of 4 weeks; open-label ACEI determined by investigator and maintained at constant dose Mean follow-up 12 weeks
	811 Riegger, 1999 Europe STRETCH Trial (Fair)		RCT, multicenter	Men and women 21 to 80 years of age with mild to moderate symptomatic HF (NYHA class II or III), LVEF 30 to 45%	Candesartan 4mg, 8mg, 16mg or placebo for 12 weeks (titrated to 8mg and 16mg doses at weekly intervals)

		(6) Allowed other	(7) Method of Outcome Assessment and Timing of
ID	(5) Run-in/Washout Period	medications/interventions	Assessment
	955 AIIRAs, beta-blockers,	Digoxin and long-acting	Main endpoints include exercise tolerance (assessed by
	CCBs, vasodilators,	nitrates (in addition to ACEI	symptom-limited maximum exercise treadmill test) and
	NSAIDs were withdrawn	and diuretics)	clinical status (NYHA functional class determination)
	and ACEI and diuretics		performed at 24+3hrs after administration of baseline study
	were stabilized		medication and at 6, 8, and 12 weeks
	CCBs, vasodilators, NSAIDs were withdrawn and ACEI and diuretics were stabilized	nitrates (in addition to ACEI and diuretics)	symptom-limited maximum exercise treadmill test) and clinical status (NYHA functional class determination) performed at 24 <u>+</u> 3hrs after administration of baseline stur medication and at 6, 8, and 12 weeks

stabilized on diuretics,long-acting nitrates keptbicycle ergometry $\geq 2$ times during weeks during treatment. Seconda signs and symptoms of HF and N ACEIstabilized on diuretics,constantweeks during treatment. Seconda signs and symptoms of HF and N	luring run-in and at 6 and 12 condary endpoints included nd NYHA functional class
--	---

ID	(8) Age Gender Ethnicity	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed
	955 Mean age 64 76% male, 82% white	28% LVEF, 53% IHD as cause of HF, 79% NYHA class II, 21% class III	Number screened not reported/145 enrolled/109 randomized	12 withdrawn/number lost to fu not reported/97 analyzed

811 Mean age 62	39% LVEF, 71% CHD as	Number screened not	55 withdrawn/number lost to fu
68% male, 99.8% white	cause of HF, 81% NYHA class	reported/926 enrolled/844	not reported/807 analyzed ITT;
	II, 19% class III	randomized	629 per-protocol population

ID	(12) Results	(12) Results	(12) Results
	955 Main endpoint (exercise tolerance): exercise treadmill test: median change from baseline at week 12 irbesartan: +64 seconds (IQR +21 TO +109) placebo: +41 seconds (IQR: -19 to +131)	Main endpoint (clinical status): NYHA functional class: of patients who changed classes irbesartan: 14% improved, 7% worsened placebo: 14% improved, 12% worsened	
	811 Primary endpoint (total exercise time): bicycle ergometry: mean change from baseline for <=12 weeks placebo 30.8 seconds; Candesartan 4mg 39.7 seconds; Candesartan 8 mg 45.8 seconds (approached being significantly different from placebo P=0.069); Candesartan 16 mg 47.2 seconds (significantly different from placebo P=0.046)	Secondary endpoints: signs and symptoms of HF: NYHA functional class % of patients with change in NYHA functional class Placebo 13.9% improved, 84.6% no change, 1.5% deteriorated; Candesartan 4mg 19.2% improved, 79.8% no change, 1.0% deteriorated; Candesartan 8 mg 20.3% improved, 79.7% no change, 0% deteriorated; Candesartan 16 mg 16.9% improved, 82.1% no change, 1.0% deteriorated. None of the Candesartan groups were significantly different from placebo	

	(13) Method of adverse effects		
ID	assessment?	(14) Adverse Effects Reported	(14) Adverse Effects Reported
	955 Spontaneously reported adverse events and adverse events elicited by general questioning were recorded	Adverse events leading to discontinuation: cardiovascular events: irbesartan 4 vs. placebo 2	Dizziness: irbesartan 23% vs. placebo 23%; hypotension: irbesartan 12% vs. placebo 0%; headache: 12% vs. placebo 19%; potassium: irbesartan +0.01 mEq/L vs. placebo - 0.08mEq/L; sCr: irbesartan +0.08 mg/dl vs. placebo +0.04 mg/dl
	811 All adverse events recorded and intensity rated as mild, moderate, or severe	Serious adverse events: candesartan 4mg (1.4%) vs. candesartan 8mg (5.7%) vs. candesartan 16mg (5.6%) vs. placebo (4.7%)	Adverse events possibly related to symptomatic hypotension: candesartan 4mg (1.5%) vs. candesartan 8mg (2.8%) vs. candesartan 16mg (0.5%) vs. placebo (1.9%); increase in sCr: candesartan 4mg (2.9%) vs. candesartan 8mg (4.2%) vs. candesartan 16mg (0.9%) vs. placebo (1.9%)

#### Evidence table 6. Placebo-controlled trials of angiotensin II receptor antagonists in patients with heart failure (N=11)

	(15) Total withdrawals; withdrawals due to adverse		
ID	events	(16) Comments	
	955 12 total withdrawals (7 irbesartan; 5 placebo)/6 withdrawals due to adverse events (4 irbesartan; 2 placebo)	Not powered to demonstrate statistically significant benefit for any endpoint	

811 55 total withdrawals (7 Phase 2 trial candesartan 4mg; 12-19 per other treatment groups)/35 withdrawals due to adverse events: candesartan 4mg (1.9%) vs. candesartan 8mg (4.7%) vs. candesartan 16mg (5.6%) vs. placebo (4.3%)

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
	432 Hamroff, 1999 U.S., France (Fair)	RCT, multicenter	Patients with symptomatic HF consistent with NYHA class III or IV	Losartan 50mg once daily vs. placebo for 6 months

1007 Warner, 1999RCT with crossoverPatients evaluated for C/		Patients evaluated for CAD as cause	Losartan 50mg once daily
0.8.		of dysphea with LVEF > 50%, SBP <	vs. placebo for 2 weeks,
(Fair)		150 mm Hg, mitral valve Doppler	wash-out for 2 weeks, then
		flow pattern with peak E wave less	crossed over to losartan or
		than peak A wave velocity (E/A <	placebo for 2 weeks
		1.0), and hypertensive response to	
		exercise with peak SBP > 200 mm	
		Hg, no previous AIIRA use	

#### Evidence table 6. Placebo-controlled trials of angiotensin II receptor antagonists in patients with heart failure (N=11)

		(6) Allowed other	(7) Method of Outcome Assessment and Timing of
ID	(5) Run-in/Washout Period	medications/interventions	Assessment
	432 2 week single-blind tolerability phase	Treatment with maximally tolerated doses of ACEI > 3 months, in addition to digoxin and diuretics; other therapy for HF allowed including beta- blockers	Primary endpoint included NYHA functional class assessed prior to randomization and at 3 and 6 months. Secondary endpoints included laboratory safety parameters and doses of concomitant background medications.

1007	2 week washout in between	All baseline medications
	two, 2 week treatments	continued during study (7/20
		beta-blocker, 6/20 diuretic,
		5/20 CCB, 6/20 ACEI)

Main endpoints include exercise tolerance (assessed by treadmill exercise test using modified Bruce Protocol) and QOL (Minnesota Living With Heart Failure questionnaire) at baseline and after 2 weeks of treatment, 2 to 4 hrs after study medication; tests were then repeated after 2 weeks of being crossed over to the other treatment

ID	(8) Age Gender Ethnicity	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed
	432 Mean age 61	26% LVEF, 30% IHD as cause	Number screened not	7 withdrawn/2 lost to fu/33
	49% male, ethnicity not specified	of HF, NYHA class 3.2	reported/number eligible not reported/33 enrolled	analyzed

1007 Mean age 64 20% male, ethnicity not specified	80% HTN, resting BP 143/79 <u>+</u> 8.8 mm Hg	Number screened not reported/number eligible not reported/21 enrolled	1 withdrawn/none lost to fu/20 analyzed
--	--	---	---

ID	(12) Results	(12) Results	(12) Results
	432 <b>Primary endpoints:</b> NYHA functional class % improvemed by at least 1 NYHA class losartan: 56% vs placebo: 6% NNT = 2 (95% CI 1-4) Mean (sem) functional class at baseline, 3 months, 6 months losartan: 3.2(0.4), 2.9 (0.6), 2.5(0.5) placebo: 3.0(0.4), 3.0 (0.5), 3.0(0.5)	Secondary endpoints: Doses of concomitant background medications: mean(sem) furosemide dose in mg at baseline, 3 months, 6 months losartan: 11.5(1.1), 10.9(1.1), 10.5(1.2) placebo: 9.9(1.0), 10.0(1.1), 10.8(1.1) Laboratory parameters: Serum electrolytes, creatinine, and blood urea nitrogen were unchanged in both groups Doses of other background medications were unchanged in both treatment groups	
1	1007 Main endpoint (exercise tolerance): note: crossover study treadmill exercise test: mean (sd) exercise time Baseline: 11.3(2.5) min Placebo: 11.0(2.0) min Losartan: 12.3(2.6) min Losartan significantly different from both placebo and baseline (P<0.05)	Main endpoint (QOL): Minnesota Living With Heart Failure questionnaire: mean (sd) score Baseline: 25(22) Placebo: 22(26) Losartan: 18(22) Losartan significantly different from placebo (P<0.05)	

#### Evidence table 6. Placebo-controlled trials of angiotensin II receptor antagonists in patients with heart failure (N=11)

	(13) Method of adverse effects		
ID	assessment?	(14) Adverse Effects Reported	(14) Adverse Effects Reported
	432 Not reported	Adverse events leading to discontinuation: nausea in 1 patient on losartan, nausea in 1 patient on placebo	Treatment reported to be well-tolerated in both groups, without adverse side effects

1007 Not reported

1 patient on losartan withdrew due to increase in sCr from 1.5 to 2.0mg/dl

#### Evidence table 6. Placebo-controlled trials of angiotensin II receptor antagonists in patients with heart failure (N=11)

(15) Total withdrawals; withdrawals due to adverse

ID	events	(16) Comments
	432 7 total withdrawals (3 losartan; 4	Mean daily dose of captopril 175mg in the losartan group vs.
	placebo)/2 withdrawals due to	117mg in the placebo group, method of adjustment of
	adverse events (1 in each group)	concomitant medications (secondary endpoint) not described

1007 1 total withdrawal (losartan)/1 withdrawal due to adverse event (losartan)

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
	420 Granger, 2000 U.S., Canada, Europe (Fair)	Multicenter	Left ventricular ejection fraction less than 35%; CHF (NYHA class II through IV); intolerance of ACE inhibitors (perceived angioedema,	Candesartan 4-16 mg once daily Placebo
			anaphylaxis, neutropenia, cough, symptomatic hypotension or azotemia)	Titration at 2 weeks (8 mg) and 4 weeks (16 mg)
				Duration 12 weeks

		(6) Allowed other	(7) Method of Outcome Assessment and Timing of
ID	(5) Run-in/Washout Period	medications/interventions	Assessment
	420 1-week single-blind placebo	Not reported	Evaluations or quality of life (Minnesota Living with Heart
	run-in		Failure questionnaire and SF-36 Health Survey) and
			adverse events conducted after 2, 4, 6, 8 and 12 weeks

ID	(8) Age Gender Ethnicity	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed
	420 65.7 68.9% male Ethnicity not reported	NYHA class II=53.7% NYHA class III=40.7% NYHA class IV=5.5% Ischemic cause of heart failure=71.5% <u>Medical history</u> MI=62.2% Stroke=6.3% Hypertension=37.4% Diabetes=18.9% Atrial fibrillation or flutter=24.4% Sustained ventricular tachycardia or fibrillation=12.2% Implated defibrillator=2.9% <u>Medications</u> Digoxin=61.1% Diuretics=74.4% Beta Blockers=21.1% ARBs(> 1 month pre- randomization)=10.4% Aspirin=55.9% Hydralazine=12.6% Lipid-lowering agents=24.8% Amiodarone=15.2%	Number screened not reported/288 eligible/270 enrolled	43(15.9%) withdrawn/0 lost to fu/270 analyzed

ID	(12) Results	(12) Results	(12) Results	
	420 Minnesota Living with	h Heart		
	Failure Questionnaire	e (%		
	change):			
	Candesartan=0			
	Placebo=9.5% declir	e		
	median scores at bas	seline and		
	final visit			
	Candesartan: 32, 32			
	SF-36			
	Better			
	Candesartan=45%			
	Placebo=54%			
	Worse			
	Candesartan=11%			
	Placebo=9%			

	(13) Method of adverse effe	cts		
ID	assessment?	(14) Adverse Effects Reported	(14) Adverse Effects Reported	
	420 Not reported	<u>Cough</u>		
		Placebo=64.8%		
		Candesartan=68.2%		
		Renal Failure		
		Placebo=11.0%		
		Candesartan=11.2%		
		<u>Angioedema</u>		
		Placebo=4.4%		
		Candesartan=4.5%		
		Mortality		
		Placebo=3.3%		
		Candesartan=3.4		

	(15) Total withdrawals;	
	withdrawals due to adverse	
ID	events	(16) Comments
	420 43 total withdrawals (31/179	
	candesartan 17.3% vs. 12/91	
	placebo 13.2%)/29 withdrawals	
	due to adverse events (21/179	
	candesartan 11.7% vs. 8/91	
	placebo 8.8%)	
	Discontinuation because of renal	_
	insufficiency	
	Placebo=3%	
	Candesartan=7%	

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria
2024	Barnett, 2004 Scandinavia, U.K., the Netherlands (Good)	RCT, Multicenter	Male or female 35 to 80 years, type 2 DM (treated with diet; diet plus oral hypoglycemics $\geq$ 1 year; or oral agents prior to insulin $\geq$ 1 year, with diagnosis < 40 years and BMI $\leq$ 25 at diagnosis), mild to moderate HTN (resting BP < 180/95 mm Hg after $\geq$ 3 months ACEI), normal renal morphology, urinary albumin excretion rate 11 to 999 µg/min with 2 values > 10, glycosylated hemoglobin < 12%, sCr < 1.6 mg/dl, GFR > 70 ml/min/1.73m2

ID	(4) Interventions (drug, dose, duration)	(5) Run-in/Washout Period	(6) Allowed other medications/interventions
2024	Telmisartan 40 mg once daily; doubled to 80mg after 4 weeks	All antihypertensive agents (required inclusion of an ACEI) were continued for 1 month, after which the ACEI was	Antihypertensive agents (excluding ACEIs and AIIRAs) allowed after 2 months if SBP
	Enalapril 10 mg once daily; doubled to 20mg after 4 weeks	discontinued	> 160 or DBP > 100 mm Hg
	Doses could be reduced after 2 months at investigator's discretion; could not then be increased		
	Duration 5 years		

ID	(7) Method of Outcome Assessment and Timing of Assessment	(8) Age Gender Ethnicity	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled
2024	Primary endpoint included change in GFR	Mean age 61	BP 152/85 mm Hg	Number screened not
	(measurement of plasma clearance iohexol)	73% male	HTN duration (telmisartan vs.	reported/number eligible not
	after 5 years; secondary endpoint were annual	98% white	enalapril) 8 vs. 5.5 years	reported/250 enrolled
	changes in GFR rate, UAE, sCr, BP, clinical		Diabetes duration 8 years	
	events (ESRD, MI, stroke, CHF), all cause		GFR (telmisartan vs. enalapril)	
	death, adverse event rate, lab abnormalities.		91.4 <u>+</u> 21.5 vs. 94.3 <u>+</u> 22.1	
	Patients examined by nephrologist every month		sCr (telmisartan vs. enalapril)	
	for first 6 months, then every 3 months. BP		1.02 <u>+</u> 0.21 vs. 0.99 <u>+</u> 0.2	
	evaluated at 2 weeks, after 1, 2, 3, 6, 9, and 12			
	months, and every 6 months over 5 years			

ID	(11) Number withdrawn/ lost to fu/analyzed	(12) Results	(12) Results
2024	82 withdrawn (telmisartan 32%, enalapril 34%)/2 lost to follow- up/216 analyzed	Primary endpoint (mean change in GFR rate at 5 years): Telmisartan -17.5 ml/min/1.73m2 Enalapril -15.0 ml/min/1.73m2 Difference -2.6ml/min/1.73m2 (95% CI -7.1 to 2.0) Telmisartan noninferior to enalapril due to lower boundary -7.1 greater than pre-defined value of -10	Secondary endpoints: change in sCr from baseline (telmisartan vs. enalapril) 0.10 vs. 0.10, 0 difference (95% CI -0.66 to 0.65); reported similar rates of annual decrease in GFR from baseline

ID	(13) Method of adverse effects assessment?	(14) Adverse Effects Reported	(15) Total withdrawals; withdrawals due to adverse events
2024	Not reported	<u>Total adverse events</u> Telmisartan 115/120 (95.8%) Enalapril 130/130 (100%)	<u>Total withdrawals</u> Telmisartan 38/120 (31.7%) Enalapril 44/130 (33.9%)
		<u>Increased sCr</u> (to < 2.3 mg/dl) Telmisartan 2/120 (1.7%) Enalapril 2/130 (1.5%)	<u>Adverse event withdrawals</u> Telmisartan 20/120 (16.7%) Enalapril 30/130 (23.1%)
		<u>Stroke</u> Telmisartan 6/120 (5%) Enalapril 6/130 (4.6%)	
		<u>CHF</u> Telmisartan 9/120 (7.5%) Enalapril 7/130 (5.4%)	
		<u>Nonfatal MI</u> Telmisartan 9/120 (7.5%) Enalapril 6/130 (4.6%)	
		<u>Death</u> Telmisartan 6/120 (5%) Enalapril 6/130 (4.6%)	

ID	(16) Comments
2024	High drop-out rate (nearly half of which left
	within first 2 years); potential confounding with
	effect of analysis based on last observation
	carried forward

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria
36	Nakao, 2003 Japan COOPERATE (Good)	RCT, AIIRA vs. ACEI vs. combination	Age between 18 and 70 years, chronic nephropathy (defined as sCr 133-398umol/L or GFR 20-70 ml/min/1.73m2), non-diabetic renal disease, persistent proteinuria (urinary protein excretion > 0.3g/24hrs), no history of allergic reaction to medications, including ACEIs
1	Lacourciere, 2000 Canada (Poor)	Multicenter	Male and female outpatients with type 2 diabetes mellitus diagnosed at 30 years of age or later; mild to moderate essential hypertension (sitting diastolic BP (SIDBP) 90 to 115 mm Hg); early nephropathy characterized by a UAE rate 20 to 350 µg/min without evidence of urinary tract infection
587	Luno, 2002 Spain (Fair)	Multicenter, open	Male and female outpatients between 18 and 80 years old with primary proteinuric nephropathies for more than 6 months; patients were included irrespective of their BP if proteinuria measured by the sulfosalicylic acid method was greater than 2 g in at least two 24-hour urine collections and the GFR, estimated by CrCl > 50 mL/min/1.73 m2

			(6) Allowed other
ID	(4) Interventions (drug, dose, duration)	(5) Run-in/Washout Period	medications/interventions
36	Losartan titrated every 3-4 weeks until 100mg daily (25mg 8a.m., 25mg 12p.m., 50mg 5p.m.) with placebo; trandolapril 3mg once daily with placebo twice daily; combination of both drugs at the same doses Mean follow-up 2.9 years	All antihypertensive agents including ACEIs were discontinued for 3 weeks; 301 patients received single-blind run-in of trandolapril 0.5mg increased to 6mg for 18 weeks to determine maximum dose for renoprotection (e.g., mean percent change in daily excretion urinary protein reached plateau with 3mg); trandolapril was then discontinued for 3 weeks	Antihypertensive agents (excluding ACEIs and AIIRAs) used to achieve BP < 130/80 mm Hg
1	Losartan 50 mg once daily; doubled at week 8 if SIDBP > 85 mm Hg Enalapril 5 mg once daily; titrated to 10 mg if SIDBP > 95 mm Hg at 4 weeks; doubled at week 8 if SIDBP > 85 mm Hg Early up-titration was permitted starting at week 4 for patients having SIDBP > 105 mm Hg	Antihypertensive medications (other than beta blockers and/or nitrates for stable angina) were discontinued during a 7-day washout period 2-4 week single-blind placebo run-in period	HCTZ 12.5 mg titrated to 25 mg to achieve a goal SIDBP of 85 mm Hg starting at week 12 Additional antihypertensive agents other than ACE inhibitors, AIIRAs, CCBs then added
587	Duration 1 year Lisinopril 10-40 mg once daily Candesartan 8-32 mg once daily Lisinopril 5-20 mg + Candesartan 4-16 mg After 2 weeks, dosage doubled every 2 weeks up to maximum dose (above) if SBP > 125 mm Hg or DBP > 75 mm Hg Duration 6 months	2-week washout	Antihypertensive medication, such as beta blockers, CCBs and/or thiazide diuretics along or in combination were subsequently introduced from weeks 6 to 12 in order to achieve goal of BP <125/75 mm Hg

ID	(7) Method of Outcome Assessment and Timing of Assessment	(8) Age Gender Ethnicity	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled
36	Primary endpoint included composite doubling sCr or ESRD (GFR < 7ml/min/1.73m2 or dialysis); secondary endpoint was to assess change in BP, daily urinary protein excretion, and to note any adverse reactions. Patients examined by nephrologist every month for first 6 months, then every 3 months. Patients collected 24hr urine samples, 3 days prior to visits; trained nurses measured supine BP after 15 min rest	Mean age 45 47% male 100% Japanese	65% glomerular renal disease, 18% HTN, GFR 38ml/min, sCr 267umol/l, urinary protein excretion 2.5g/day (22% <u>&gt;</u> 3g/d, 40% 1-3g/d, 38% < 1g/d), BP 130/75 mm Hg, median 3 antihypertensive agents	336 screened/306 eligible/263 enrolled
1	Laboratory evaluations performed after 4, 12, 28 and 52 weeks	58.5 80.1% male 96.1% white	SIDBP=160.0 DIDBP=96.3 Weight (kg)=91.9 Diabetes duration (years)=10.9 Age at diabetes diagnosis (years)=47.4 Urinary albumin excretion (geometric means)=68.9	Number screened not reported/number eligible not reported/103 enrolled
587	Study visits at 2 4, 6, 8, 12 and 24 weeks after randomization	45 68.7% male Ethnicity not reported	BMI 26.7 kg/m2 SBP 134 mm Hg DBP 81 mm Hg Albumin 3.6 g/dL Cr <sub>Cl</sub> 95 mL/min	Number screened not reported/number eligible not reported/46 enrolled

	(11) Number withdrawn/		
ID	lost to fu/analyzed	(12) Results	(12) Results
36	Unable to determine number withdrawn/7 lost to follow- up/256 analyzed for primary endpoint	Primary endpoint (composite doubling sCr or ESRD): losartan 23% (20 of 86) vs. combination 11% (10 of 85) HR 0.40 (95% CI 0.17-0.69; P=0.016), NNT=9 Cox model (95% CI 4-420); trandolapril 23% (20 of 85) HR 0.38 (95% CI 0.18-0.63; P=0.018) NNT=8 Cox model (95% CI 4-227). Benefit of combination therapy seen regardless of baseline urinary protein excretion rate	Secondary endpoints: maximal median change in daily urinary protein excretion: losartan -42.1%, trandolapril -44.3%, combination -75.6% (P=0.01 vs. baseline); mean change BP vs. baseline: losartan - $5.1\pm1.6/-2.9\pm0.9$ mm Hg, trandolapril - $5.2\pm1.3/-2.9\pm0.8$ mm Hg, combination - $5.3\pm1.4/-3.0\pm0.7$ mm Hg (decrease similar for all groups; P=0.109)
1	10(10.7%) withdrawn/number lost to fu not reported/98(95.1%) analyzed	Albuminuria change (%) Losartan=35.2% Enalapril=54.7% NS Glomerular filtration rate (GFR) change (%) Losartan=9% reduction Enalapril=9% reduction NS	
587	1(2.2%) withdrawn/number lost to fu not reported/45 analyzed	<u>CrCl change</u> Candesartan 7.7% decrease Lisinopril 2.4% increase Candesartan+Lisinopril: no change NS	

#### Evidence table 7. Active-controlled trials of angiotensin II receptor antagonists in patients with nephropathy (N=5)

ID	(13) Method of adverse effects assessment?	(14) Adverse Effects Reported	(15) Total withdrawals; withdrawals due to adverse events
36	Not reported	Total adverse reactions: losartan 12% (11/89), trandolapril 22% (19/86), combination 21% (18/88); dry cough: losartan 1%, trandolapril 5.8%, combination 5.7%; hyperkalemia: losartan 4.5%, trandolapril 9.3%, combination 8.0%; sudden death occurred in 1 patient on losartan (thought to be related to rupture of abdominal aneurysm); non-fatal CV event: losartan 2.3%, trandolapril 3.5%, combination 3.4%	5 patients discontinued treatment/unable to determine withdrawals due to adverse events
1	Not reported	<u>Cough</u> Losartan 0% Enalapril 14%; (P=0.006) <u>Uric acid concentration change</u> Losartan (-22.0) μmol/L Enalapril (+12.0) μmol/L; (P=0.001)	<u>Total withdrawals</u> Losartan 6/49(12.2%) Enalapril 5/49(10.2%) <u>Adverse event withdrawals</u> Losartan 2/49(4.1%) Enalapril 1/49(2%)

587 Adverse events were recorded Not reported at each visit in response to open questions or as observed in investigators Not reported

Evidence table 7. Active-controlled trials of angiotensin II receptor antagonists in patients with nephropathy (N=5)

# ID(16) Comments36Trial stopped early (anticipated 5yr follow-up)

due to significant benefit with combination therapy. Independent risk factors for combined primary endpoint: combination therapy, age, baseline renal function, change in daily urinary protein excretion rate, antiproteinuric response to trandolapril, use of diuretics

1

**587** Doses used in the combination group were half that of the monotherapy groups
ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria
39	Muirhead, 1999 Canada (Fair)	Multicenter	Male and female outpatients $\ge$ 18 years of age, of any racial background with type 2 DM and incipient diabetic nephropathy (defined as AER between 20 and 300 mg/min with GFR $\ge$ 60 mL/min per 1.73 m <sup>2</sup> ); normotensive and treated hypertensive patients with a sitting DBP $\le$ 95 mm Hg and a sitting SBP $\le$ 160 mm Hg

38	Andersen, 2000 Denmark (Fair)	RCT, cross-over	Male and females age 18 to 70 years with a diagnosis of type 1 DM and nephropathy (diagnosed in pateints with persistent albuminuria $\geq$ 300mg/24h, diabetic retinopathy, DM = 10 years and abaana of aligned ar
			DM > 10 years, and absence of clinical or
			laboratory evidence of other kidney disease),
			GFR > 60mL/min/1.73m2, BP > 145/85 mm Hg

#### Evidence table 7. Active-controlled trials of angiotensin II receptor antagonists in patients with nephropathy (N=5)

ID	(4) Interventions (drug, dose, duration)	(5) Run-in/Washout Period	(6) Allowed other medications/interventions
39	Valsartan 80 mg once daily Valsartan 160 mg once daily Captopril 25 mg three times daily Placebo Duration 1 year	28-day washout of ACE inhibitors and CCBs	Customary medication, diuretics, beta blockers

Losartan 50mg, losartan 100mg, enalapril
All antihypertensive agents were
discontinued for at least 4 weeks
months

Five patients received furosemide during all treatment periods for prevention of peripheral edema, no other concomitant medications given

ID	(7) Method of Outcome Assessment and Timing of Assessment	(8) Age Gender Ethnicity	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled
39	Clinic visits at weeks 6, 12, 26, 38, and 52	56 72.9% male 90.2% white	Body weight 94.4 kg SSBP 135.6 mm Hg SDBP 83.1 mm Hg	Number screened not reported/number eligible not reported/122 enrolled
			AER 56.1 $\mu$ g/min GFR 89.9 mL/min per 1.73 m <sub>2</sub>	

38	Objective to evaluate short-term renoprotective	Mean age 42	Duration of DM 33yrs,	Number screened not
	effect of AIIRA and compare renal and	10 males, 6 females	albuminuria 1156mg/24hr,	reported/number eligible not
	hemodynamic effects vs. ACEI; GFR (180, 200,	(ethnicity not specified)	GFR 90ml/min/1.73m2, BP	reported/16 enrolled
	220, 240 min after IV injection 3.7 MBq Cr-		147/82 mm Hg, 24hr MAP 104	
	EDTA), 24-hour ambulatory BP (Takeda		mm Hg 104	
	TM2420, every 15 min 7a.m11p.m., every			
	30min 11p.m7a.m.), albuminuria (by ELISA)			
	measured at end of each 2 month treatment			

	(11) Number withdrawn/		
ID	lost to fu/analyzed	(12) Results	(12) Results
39	19(15.6%) withdrawn/0 lost to fu/114 analyzed for GFR; 120 analyzed for AE	AER (μg/min)Valsartan 80 mg 27.8% decrease (P=0.018vs.placebo)Valsartan 160 mg 21.2% decreaseCaptopril 26.4% decrease (P=0.009 vs.placebo)Placebo 18.2% increaseValsartan vs. captopril (NS)GFR change (%)Valsartan 80 mg 7.2% decreaseValsartan 160 mg 10.6% decreaseCaptopril 0.4% increasePlacebo 7.7% decreaseNS	
38	none withdrawn/none lost to fu/16 analyzed	Albuminuria: losartan 50mg reduced by 33% (95% Cl 12-51) vs. placebo, losartan 100mg reduced by 44% (95% Cl 26-57) vs. placebo, enalapril 10mg reduced by 45% (95% Cl 23- 61) vs. placebo, enalapril 20mg reduced by 59% (95% Cl 39-72) vs. placebo (all P<0.05 vs. placebo); GFR remained stable with all treatments: losartan 50mg 91 <u>+</u> 6 ml/min per 1.73m2, losartan 100mg 89 <u>+</u> 6 ml/min per 1.73m2, enalapril 10mg 89 <u>+</u> 6 ml/min per 1.73m2, enalapril 20mg 87 <u>+</u> 6ml/min per 1.73m2, placebo 90 <u>+</u> 6 ml/min per 1.73m2	24hr MAP decreased from $104\pm 2$ mm Hg with placebo vs. $95\pm 2$ mm Hg with losartan 50mg, $96\pm 2$ mm Hg with losartan 100mg, $98\pm 3$ mm Hg with enalapril 10mg, and $93\pm 3$ mm Hg with enalapril 20mg (all P<0.05 vs. placebo); all 24hr SBP/DBP reduced with all treatments vs. placebo (P<0.05)

ID	(13) Method of adverse effects assessment?	(14) Adverse Effects Reported	(15) Total withdrawals; withdrawals due to adverse events
39	Not reported	Total patients with ≥ 1 AE Valsartan 80 mg 9.7% Valsartan 160 mg 22.6% Captopril 34.5% Placebo 13.8% <u>Dry Cough</u> Valsartan 80 mg 3.2% Valsartan 160 mg 9.7% Captopril 20.7% Placebo 3.4%	Total withdrawals Valsartan 80 mg 22.6% Valsartan 160 mg 3.2% Captopril 13.8% Placebo 22.6% <u>Total withdrawals due to adverse</u> <u>events</u> Valsartan 80 mg 3.2% Valsartan 160 mg 3.2% Captopril 6.9% Placebo 0%
38	Not reported	No reported side effects related to losartan or enalapril; serum potassium increased to $4.31\pm0.1$ mmol/L with enalapril 10mg, $4.29\pm0.1$ mmol/L with enalapril 20mg, vs. $4.00\pm0.1$ mmol/L with placebo (P<0.05), difference not significant with losartan 50mg ( $4.18\pm0.1$ mmol/L), losartan 100mg ( $4.13\pm0.1$ mmol/L) vs. placebo; sCr: difference not significant vs. placebo (96±5 umol/L), losartan 50mg (94±5 umol/L), losartan 100mg (92±7 umol/L), enalapril 10mg (96±5 umol/L), enalapril 20mg (89±6 umol/L)	All patients completed the study

Evidence table 7. Active-controlled trials of angiotensin II receptor antagonists in patients with nephropathy (N=5)

ID (16) Comments

39

**38** Unable to determine long-term effect with 2 month treatment periods. No significant correlations between BP changes in each patient and albuminuria. Authors report the possibility of a type 2 error comparing the antiproteinuric effect of losartan and enalapril at the higher doses

	(1) Author Year Country			
ID	Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
2005	Chan, 2004 U.S., Asia, Australia Asian substudy RENAAL (Good)	RCT, multicenter	Refer to RENAAL (Brenner, 2001) below; Asian ethnicity	Refer to RENAAL (Brenner, 2001) below
2013	Berl, 2003 U.S., Canada, Central and South America, Asia, Australia, Europe, Israel IDNT (CV substudy) (Good)	RCT, multicenter	Refer to IDNT (Lewis, 2001) below	Refer to IDNT (Lewis, 2001) below Mean follow-up 2.6 years

ID	(5) Run-in/Washout Period	(6) Allowed other medications/interventions	(7) Method of Outcome Assessment and Timing of Assessment	(8) Age Gender Ethnicity	
2005	Refer to RENAAL (Brenner, 2001) below	Antihypertensive agents other than ACEIs or AIIRAs to achieve target BP (SBP $\leq$ 140 mm Hg and DBP $\leq$ 90 mm Hg); 82% on CCBs, 35% on diuretics; standard of care for DM	Refer to RENAAL (Brenner, 2001) below	Mean age 59 male, 100% Asian	68%
2013	Refer to IDNT (Lewis, 2001) below	Antihypertensive agents other than ACEIs, AIIRAs, or CCBs to achieve target BP (SBP $\leq$ 135 mm Hg or 10 mm Hg lower if screening SBP > 145 mm Hg; DBP $\leq$ 85 mm Hg); 51% on insulin at baseline	Primary endpoint of CV substudy (for overall study see IDNT Lewis, 2001 below) included pre-specified CV outcomes (CV death, MI, HF, permanent neurologic deficit due to stroke, or unplanned revascularization)	Mean age 59 male, 73% white, 14% black, 5% Hispanic, 5% Asian or Pacific Island 4% other	67% % er,

ID	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed
2005	92% receiving antihypertensive medications, BP 152/82 vs. 152/83 mm Hg (losartan vs. placebo), sCr 1.9mg/dl, HbA1c 8.3% vs. 8.0% (losartan vs. placebo)	Number screened not reported/number eligible not reported/1513 enrolled (252 Asian ethnicity; 220 Asia, 32 other geographic region)	28% on losartan vs. 43% on placebo discontinued treatment/lost to follow-up not reported/252 analyzed
2013	29% CV disease, sCr 1.67mg/dl, HbA1c 8.2%, BP 159/87 mm Hg	Number screened not reported/number eligible not reported/1715 enrolled	16 never received study drug/11 lost to follow-up/1704 analyzed (events of 1715)

ID	(12) Results	(12) Results
2005	Primary endpoint (composite doubling sCr, onset of ESRD, or all-cause mortality) at 3.2 years: losartan vs. placebo RR reduction 0.35 (95% CI 0.07-0.55; P=0.02) NNT= 8 (95% CI 4, 167); no statistically significant difference when components analyzed separately; renal outcomes (ESRD or doubling sCr) RR reduction 0.36 (P=0.034)	Secondary endpoints (composite CV death, HF, MI, revascularization, unstable angina, stroke): No statistically significant difference in composite or components of secondary endpoint with losartan vs. placebo
2013	Primary endpoint CV substudy (composite CV death, HF, MI, stroke, cardiac revascularization) at 2.6 years: irbesartan vs. placebo HR 0.90 (95% CI 0.74-1.10; P>0.2); irbesartan vs. amlodipine HR 0.90 (95% CI 0.74-1.10; P>0.2)	<b>Secondary endpoints:</b> HF (requiring hospitalization or not): irbesartan vs. placebo HR 0.72 (95% CI 0.52-1.00; P=0.048; irbesartan vs. amlodipine HR 0.65 (95% CI 0.48-0.87; P=0.004); no statistically significant difference irbesartan vs. placebo for components of CV death, MI, stroke, or cardiac revascularization

ID	(13) Method of adverse effects assessment?	(14) Adverse Effects Reported	(15) Total withdrawals; withdrawals due to adverse events	(16) Comments
2005	Elicited by investigator at study visit	Cough: losartan 22.2% vs. placebo 20% (see also withdrawals due to adverse events)	Total withdrawals losartan (28%) vs. placebo (43%)/withdrawals due to adverse events (losartan/placebo combined): ESRD (n=9); renal insufficiency (n=8); CHF (n=4); MI (n=3); cerebral infarction (n=2)	Losartan 50mg (27%), losartan 100mg (71%) once daily. BP (baseline vs. end): losartan 152/82 vs. 140/73 mm Hg; placebo 152/83 vs. 144/74 mm Hg (NS)
2013	Refer to IDNT (Lewis, 2001) below	Discontinuation due to hyperkalemia: irbesartan (1.9%), amlodipine (0.5%), placebo (0.4%); one episode of early rise in sCr led to discontinuation of irbesartan	Total withdrawals: irbesartan (23.7%), amlodipine (24.5%), placebo (25.5%)/withdrawals due to adverse events: irbesartan (7.6%), amlodipine (9%), placebo (7.2%)	Not powered to detect difference in all-cause mortality or stroke. Statistically significant difference between groups in use of potassium-sparing and combination diuretics, beta-adrenergic blockers, and central and peripheral adrenergic blockers

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
31	Lewis, 2001 U.S., Canada, Central and South America, Asia, Australia, Europe IDNT (Good)	RCT, multicenter	Age between 30 and 70 years, documented diagnosis of type 2 DM, HTN (SBP> 135 mm Hg, DBP > 85 mm Hg, or antihypertensive treatment), proteinuria (urinary protein excretion at least 900mg/24hrs), sCr 1.0-3.0mg/dl (women) or 1.2-3.0mg/dl (men)	Irbesartan 75mg titrated to 300mg daily, amlodipine 2.5mg titrated to 10mg daily, or placebo Mean follow-up 2.6 years
32	Brenner, 2001 U.S., Canada, Central and South America, Asia, Europe RENAAL (Good)	RCT, multicenter	Male and females age 31 and 70 years with a diagnosis of type 2 DM and nephropathy (defined as ratio urinary albumin to urinary creatinine $\geq$ 300mg/l and sCr 1.3-3.0mg/dl (lower limit 1.5mg/dl for patients > 60kg)	Losartan 50mg titrated to 100mg daily after 4 weeks if BP $\geq$ 140/90 mm Hg or placebo Mean follow-up 3.4 years

#### Evidence table 8. Placebo-controlled trials of angiotensin II receptor antagonists in patients with nephropathy (N=3)

ID	(5) Run-in/Washout Period	(6) Allowed other medications/interventions	(7) Method of Outcome Assessment and Timing of Assessment	(8) Age Gender Ethnicity
31	All ACEIs, AIIRAs, CCBs were discontinued 10 days prior to randomization (BP was controlled by alternate antihypertensive agents during this time)	Antihypertensive agents other than ACEIs, AIIRAs, or CCBs to achieve target BP (SBP $\leq$ 135 mm Hg or 10 mm Hg lower if screening SBP > 145 mm Hg; DBP $\leq$ 85 mm Hg); 58% on insulin at baseline	Primary endpoint included composite doubling sCr, onset of ESRD (initiation of dialysis, renal transplantation, or sCr $\geq$ 6.0mg/dl), or all-cause mortality; secondary CV endpoint included composite CV death, nonfatal MI, HF hospitalization, a permanent neurologic deficit due to stroke, or above the ankle lower limb amputation. Mortality, ESRD, CV endpoints, sCr and potassium, and 24hour urinary protein excretion were monitored quarterly	Mean age 59 67% male, 73% white, 14% black, 5% Hispanic, 5% Asian or Pacific Islander, 4% other
32	All ACEIs and AIIRAs were discontinued 6 weeks prior to randomization and replaced by alternate antihypertensive agents	Antihypertensive agents other than ACEIs or AIIRAs to achieve target BP (SBP $\leq$ 140 mm Hg and DBP $\leq$ 90 mm Hg); 78% on CCBs, 84% on diuretics; standard of care for DM	Primary endpoint included time to first event composite doubling sCr (first sCr that was twice baseline, confirmed at least 4 weeks later), ESRD (need for chronic or renal transplantation), or all- cause mortality; secondary endpoint included CV morbidity and mortality (composite MI, stroke, first hospitalization for HF or unstable angina, coronary or	Mean age 60 63% male, 48% white, 15% black, 18% Hispanic, 16% Asian

every 3 months

peripheral revascularization, or death from CV causes); progression of renal disease and changes in level of proteinuria. Follow-up was scheduled for

#### Evidence table 8. Placebo-controlled trials of angiotensin II receptor antagonists in patients with nephropathy (N=3)

ID	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed
31	29% CV disease, sCr 1.67mg/dl, HbA1c 8.2%, BP 159/87 mm Hg	Number screened not reported/number eligible not reported/1715 enrolled	16 never received study drug/11 lost to follow-up/1715

32 93.5% receiving Number screened not antihypertensive medications (additional 3% with HTN not on reported/1513 enrolled medications), BP 152/82 mm Hg, sCr 1.9mg/dl, HbA1c 8.5% 46.5% on losartan and 53.5% on placebo discontinued treatment/3 lost to followup/1513 analyzed

ID	(12) Results	(12) Results
31	Primary endpoint (composite doubling sCr, onset of ESRD, or all-cause mortality) at 2.6 years: irbesartan vs. placebo RR 0.80 (95% CI 0.66-0.97; P=0.02), calculated NNT=16 (95% CI 8-119); irbesartan vs. amlodipine RR 0.77 (95% CI 0.63-0.93; P=0.006), calculated NNT=12 (95% CI 7-35); When analyzed separately, doubling baseline sCr decreased with irbesartan vs. placebo (P=0.003) and vs. amlodipine (P<0.001), decrease in ESRD and decrease all-cause mortality with irbesartan not statistically significant vs. placebo or vs. amlodipine	Secondary endpoints: composite CV endpoint: irbesartan vs. placebo RR 0.91 (95% CI 0.72-1.14; P=0.40); irbesartan vs. amlodipine RR 1.03 (95% CI 0.81-1.31; P=0.79); changes in renal function: sCr increased 24% more slowly with irbesartan vs. placebo (P=0.008), sCr mean absolute rates of change were $0.45\pm0.04$ mg/dl/yr with irbesartan vs. $0.59\pm0.04$ mg/dl/yr with placebo, mean rate of change in CrCl was $-5.5\pm0.36$ ml/min per 1.73m2 with irbesartan vs. $-6.5\pm0.37$ ml/min per 1.73m2 in the placebo group
32	Primary endpoint (composite doubling sCr, onset of ESRD, or all-cause mortality) at 3.4 years: losartan vs. placebo RR 0.84 (95% CI 0.72-0.98; P=0.02 based on results from Cox regression model) [losartan 327/751 (43.5%) vs. placebo 359/762 (47.1%) calculated NNT=28 (95% CI 12-69) based on crude rates of events]; when analyzed separately, doubling baseline sCr decreased with losartan vs. placebo (P=0.006) calculated NNT=23 (95% CI 11-773) as did ESRD (P=0.002) calculated NNT=17 (95% CI 10-59), slight increase in all-cause mortality with losartan was not statistically significant (P=0.88)	<b>Secondary endpoints:</b> losartan vs. placebo: composite CV endpoint RR 0.90 (P=0.26); changes in renal function: losartan reduced the rate of decline (reciprocal of sCr concentration) by 18% vs. placebo (P=0.01), and 15.2% reduction in the estimated decline in GFR (median rate of decline 4.4ml/min per 1.73m2 with losartan vs.5.2ml/min per 1.73m2 in the placebo group, P=0.01)

ID	(13) Method of adverse effects assessment?	(14) Adverse Effects Reported	(15) Total withdrawals; withdrawals due to adverse events	(16) Comments
31	Protocol established for management of hyperkalemia and to detect early rises in sCr (to assess for renal artery stenosis)	Discontinuation due to hyperkalemia: irbesartan (1.9%), amlodipine (0.5%), placebo (0.4%) (P=0.01 for both comparisons); one episode of early rise in sCr suggestive of renal artery stenosis led to discontinuation of study drug (medication not specified); irbesartan had a lower rate of adverse events/1000 treatment days vs. amlodipine or placebo (P=0.002)	23.7% of patients discontinued treatment/withdrawals due to adverse events not reported although stated that most common reason for discontinuation was clinical CV event	Not powered to detect difference in all-cause mortality or composite CV endpoint. Average MAP was 3.3 mm Hg lower in the irbesartan and amlodipine groups compared to placebo (P=0.001), MAP was not significantly different between irbesartan and amlodipine
32	Elicited by investigator at study visit	Discontinuation due to increased sCr or hyperkalemia: losartan (1.5%, 1.1%, respectively) vs. placebo (1.2%, 0.5%, respectively)	46.5% of patients on losartan discontinued treatment (53.5% on placebo)/withdrawals due to adverse events occurred in 17.2% on losartan and 21.7% on placebo	At 1 year, MAP was 2.2 mm Hg lower in the losartan group (P<0.001) but was not significantly different at the end of the study; the decrease in risk for the primary endpoint remained significant after adjustment for BP

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Study Design (optional) Setting	(3) Eligibility criteria	(4) Interventions (drug, dose, duration)
777	Plum, 1998 Country not reported (Fair)	RCT	Arterial HTN, sitting DBP < 105 mm Hg and SBP < 180 mm Hg at visit 4; stable renal insufficiency with a sCr between 200 and 600 mmol/L; stable proteinuria of at least 500 mg/24 h	Valsartan 80 mg once daily Placebo Duration 6 months

ID	(5) Run-in/Washout Period	(6) Allowed other medications/interventions	(7) Method of Outcome Assessment and Timing of Assessment	(8) Age Gender Ethnicity
777	3-month run-in - intervention not reported	Beta blockers, alpha blockers, CCBs, clonidine, minoxidil, furosemide	Examinations every 4 weeks	59 66.7% male Ethnicity not reported

ID	(9) Other population characteristics (diagnosis, etc)	(10) Number screened/ eligible/enrolled	(11) Number withdrawn/ lost to fu/analyzed
777	Weight 82 kg Height 170.8 cm Mean arterial pressure 114.2 mm Hg sCr 356.5 mmol/L Proteinuria 1346 mg/d	Number screened not reported/number eligible not reported/9 enrolled	1(11.1%) withdrawn/0 lost to fu/9 analyzed

ID	(12) Results	(12) Results	
777	<u>Albuminuria change (%)</u>		
	Valsartan 41% decrease		
	Placebo 9.8% increase		
	P<0.05 after 6 months		
	GFR change (%)		
	Valsartan 10% decrease		
	Placebo 10% increase		
	NS after 6 months		

	(13) Method of adverse effects		(15) Total withdrawals; withdrawals due to adverse	
ID	assessment?	(14) Adverse Effects Reported	events	(16) Comments
777	Not assessed	Uric acid concentration change	Total withdrawals	
		Valsartan increase 24 µmol/L	Valsartan 1/5(20%)	
		(5.6%)	Placebo 0	
		Placebo increase 40 µmol/L		
		(8.3%)		

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Disease	(3) Interventions (drug, dose, duration)
2031	Faulhaber, 1999 Germany (Fair)	Hypertension	Valsartan 80mg daily
2043	Schrader, 2005 Germany, Austria (Fair)	Hypertension MOSES	Eprosartan 600mg
944	Tedesco, 1999 Country not stated (Fair)	Hypertension	Losartan 50mg

ID	(4) Control	(5) Duration	(6) Number enrolled
2031	Placebo	6 months	56
2043	Nitrendipine 10mg	2.5 years	1352
944	HCTZ 25mg	2.2 years	69

Evidence table 9. Adverse events in randomized controlled trials of angiotensin II receptor antagonists

ID(7) Withdrawals due to adverse events2031Placebo (11.5%)<br/>Valsartan (13.3%)

2043 Not reported

None

944

ID	(8) Adverse Effects Reported
2031	Dizziness
	Valsartan (13.3%)
	Placebo (7.7%)
	Increase sCr
	Valsartan (10.0%)
	Placebo (11.5%)
	Hypotension_
	Valsartan (10.0%)
	Placebo (3.8%)
	<u>Hyperkalemia</u>
	Valsartan (6.7%)
	Placebo (0.0%)
	<u>Syncope</u>
	Valsartan (6.7%)
	Placebo (0.0%
2043	Dizziness/hypotension
	Eprosartan (12.9%)
	Nitrendipine (10.6%)
	Pneumonia
	Eprosartan (10.8%)
	Nitrendipine (11.4%)
	Metabolic disorder
	Eprosartan (5.5%)
	Nitrendipine (5.9%)
944	No complaints of cough or complications in sexual performance; no adverse laboratory events
	reported

D (8) Adverse Effects Reported

ID 2031

2043

944

П	(1) Author Year Country Trial Name (Quality Score)	(2) Disease	(3) Interventions (drug dose duration)
279	Dahlof, 1997 Sweden, Australia, Finland LOA Study	(Fair)	Losartan up to 100mg
941	Tanser, 1998 Australia, Canada, Europe, M (Fair)	Hypertension exico	Candesartan 8mg
795	Rake, 2001 U.S. (Fair)	Hypertension	Eprosartan 1200mg Enalapril 20 mg once daily Placebo
213	Breeze, 2001 North America, Europe, South (Fair)	Hypertension Africa	Eprosartan 800-1200mg
291	De Rosa, 2002 Italy (Fair)	Hypertension	Losartan 12.5-50mg
15	Lithell, 2003 Canada, Europe SC (Fair)	U.S., Hypertension OPE trial	Candesartan 8-16mg (addition of HCTZ 12.5mg and open-label antihypertensive treatment as needed)

ID	(4) Control		(5) Duration	(6) Number enrolled
279	Losartan 50mg + HCTZ 12.5mg Amlodipine up to 10mg		12 weeks	898
941	Enalapril 10mg Pla	acebo	8 weeks	156
795	Enalapril 20mg Pla	acebo	6 weeks	136
213	Enalapril 5-20mg F	Placebo	26 weeks	529
291	Enalapril 5-20mg F	Placebo	3 years	50
15	Placebo (addition of HCTZ 12.5m open-label antihypertensive treat needed)	ng and ment as	3.7 years	4937

ID	(7) Withdrawals due to adverse	events
279	Losartan (2%) Amlodipine (8%) Losartan + HCTZ (5%) (losartan vs. amlodipine; P=0.0	91)
941	Candesartan (8.1%) Enalapril (4.5%)	Placebo (11.5%)
795	Not reported	
213	<u>Withdrawal due to cough</u> Eprosartan (0.7%) Enalapril (2.6%)	
291	Losartan 0 Enalapril (12.5%) NS	
15	Candesartan (15%) Control (17%)	

ID	(8) Adverse Effects Reported
279	Any discomfort
	Losartan (22.5%)
	Losartan + HCTZ (23.5%)
	Amlodipine (33.1%)
	Dizziness upon standing
	Losartan (10.1%)
	Losartan + HCTZ (17.1%) Amlodipine (33.1%)
941	<u>Cough</u>
	Candesartan (16%)
	Enalapril (31%)
	Placebo 11%
795	Self-assessed cough
	All coughs
	Placebo=2/41(4.9%)
	Enalapril=9/39(23.1%)(p=0.047 for eprosartan vs enalapril)
	Eprosartan=2/39(5.1%)
213	Cough incidence
	Study endpoint analysis
	Definite/Probable/possible
	Eprosartan (3.2%)
	Enalapril (7.6%)
291	Incidence of bother due to cough
	Losartan 2%
	Enalapril 12%
	(P=0.01)
15	Hypotension
	Candesartan (24.6%)
	Control (23.4%)
	Dizziness/vertigo
	Candesartan (20.9%)
	Control (20.0%)

ID	(8) Adverse Effects Reported	
79		
1		
95	Investigator reported cough Placebo=3/41(7.3%) Enalapril=11/39(28.2%)NS	
213	Eprosartan=5/39(12.8%) <u>Monotherapy endpoint analysis</u> <i>Definite/Probable/possible</i> Eprosartan (2.0%)	
91	Enalapril (9.7%) (p=0.001)	
15	Increase sCr Candesartan (91.0 to 100.6umol/l) Control (91.0 to 96.3 umol/l)	

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Disease	(3) Interventions (drug, dose, duration)
30	Parving, 2001 Canada, Europe, South America, South Africa (Fair)	Hypertension	Irbesartan 150mg Irbesartan 300mg
2027	Julius, 2004 N. America, S. America, Europe, Africa, Asia, Australia VALUE trial (Good)	High CV risk factors	Valsartan 80-160mg ( <u>+ </u> HCTZ, other HTN drugs)

2018	Kondo, 2003 (Poor)	Japan	High CV risk factors	Candesartan 4mg	
11	Dahlof, 2002 U.K., Scandinavia (Good)	U.S., LIFE trial	High CV risk factors	Losartan 50-100mg 12.5mg)	( <u>+</u> HCTZ

ID	(4) Control	(5) Duration	(6) Number enrolled	
30	Placebo	2 years	611	
2027	Amlodipine 5-10mg ( <u>+</u> HCTZ, drugs)	other HTN 4.2 years	15245	
2018	Standard therapy	2 years	406	
11	Atenolol 50-100mg ( <u>+</u> 12.5mg)	HCTZ 4.8 years	9193	

Evidence table 9. Adverse events in randomized controlled trials of angiotensin II receptor antagonists

ID(7) Withdrawals due to adverse events30Irbesartan 150mg (9.2%)Irbesartan 300mg (4.1%)Placebo 17/201(8.4%)

2027 Valsartan (11.9%) Amlodipine (12.9%)

2018 Candesartan (4.4%) Control (none reported)

11 Losartan (13%) Atenolol (18%)

(P<0.0001)

ID	(8) Adverse Effects Reported
30	Serious adverse events
	Irbesartan150/300 (15.4%)
	Placebo (22.8%)
	(P=0.02)
2027	Peripheral edema
	Valsartan (14.9%)
	Amlodipine (32.9%)
	(P<0.0001)
	Dizziness
	Valsartan (16.5%)
	Amlodipine (14.3%)
	(P<0.0001)
	Headache
	Valsartan (14.7%)
	Amlodipine (12.5%)
	(P<0.0001)
	<u>Fatigue</u>
	Valsaftan (9.7%)
2019	(P=0.075) Dizzinoss/lightheadednoss
2010	Candesartan (1.1%)
	Control (none reported)
11	Hypotension
	Losartan (3%)
	Atenolol (2%)
	(P=0.001)
	Cough
	Losartan (3%)
	Atenolol (2%)

(8) Adverse Effects Reported

**ID** 30

2027	Mean potassium Valsartan (4.4+0.4 mmol/L vs. 4.4+0.5 mmol/L)			
	Anioupine (4.4+0.5 minor/L vs. 4.2+0.5 minor/L)			
	Angina			
	Valsartan (4.4%)			
	Amlodinine (3.1%)			
	(P<0.0001)			
	Atrial fibrillation			
	Valsartan (2.4%)			
	Amlodipine (2.0%)			
	(P=0.1197)			
	Syncope			
	Valsartan (1.7%)			
	Amlodipine (1.0%)			
	(P<0.0001)			
2018				
11	Angioedema			
	Losartan (0.1%)			
	Atenolol (0.2%)			
	Potassium			
	Losartan (0.0+0.4mmol/L)			
	Atenolol (decreased 0.1+0.5mmol/L)			
	(1) Author Year Country Trial Name			
-----------------	--	-------------------------------------	---	----------------------------------
<u>ID</u> 14	(Quality Score) Devereux, 2003 U.S., U.K., Scandinavia LIFE trial substudy (w/o vascular disease) (Good)	(2) Disease High CV risk factors	(3) Interventions (drug, do Losartan 50-100mg 12.5mg)	se, duration) ( <u>+</u> HCTZ
13	Kjeldsen, 2002 U.S., U.K., Scandinavia LIFE trial substudy (ISH) (Good)	High CV risk factors	Losartan 50-100mg 12.5mg)	( <u>+</u> HCTZ
12	Lindholm, 2002 U.S., U.K., Scandinavia LIFE trial substudy (DM) (Good)	High CV risk factors	Losartan 50-100mg 12.5mg)	( <u>+</u> HCTZ
29	Pfeffer, 2003 U.S., Canada, South America, Australia, Africa, Europe, Russia VALIANT trial (Good)	Recent MI	Valsartan 320mg	

ID	(4) Control	(5) Duration	(6) Number enrolled	
14	Atenolol 50-100mg ( <u>+</u> HC 12.5mg)	TZ 4.8 years	6886	
13	Atenolol 50-100mg ( <u>+</u> HC 12.5mg)	TZ 4.7 years	1326	
12	Atenolol 50-100mg ( <u>+</u> HC 12.5mg)	TZ 4.7 years	1195	
29	Captopril 150mg \ 160mg + Captopril 150mg	/alsartan 2.1 years	14,808	

ID	(7) Withdrawals due to adverse ev	vents
14	Not reported	
13	Losartan14.6% Atenolol 22.1%	(P<0.001)
12	Not reported	
29	Valsartan (5.8%) Captopril (7.7%) Valsartan + captopril (9.0%) (Valsartan vs. captopril, valsartar captopril; P<0.05)	n + captopril vs.

ID	(8) Adverse Effects Reported
14	Any adverse event
	Losartan (12.7%)
	Atenolol (17.3%)
	(P<0.001)
	Drug-related adverse event
	Losartan (6.0%)
	Atenolol (10.2%)
	(P<0.001)
13	Hypotension
	Losartan (4.4%)
	Atenolol (2.7%)
	<u>Cough</u>
	Losartan (4.1%)
	Atenolol (2.9%)
12	<u>Hypotension</u>
	Losartan (2%)
	Atenolol (1%)
	<u>Cough</u>
	Losartan (4%)
	Atenolol (3%)
29	Hypotension (requiring dose reduction)
	Valsartan (15.1%)
	Captopril (11.9%)
	Valsartan + captopril (18.2%)
	Cough (requiring dose reduction)
	Valsartan (1.7%)
	Captopril (5.0%)
	Valsartan + captopril (4.6%)
	Angioedema (requiring dose reduction)
	Valsartan (0.2%)
	Captopril (0.5%)
	Valsartan + captopril (0.5%)

ID	(8) Adverse Effects Reported
14	Serious adverse event
	Losartan (3.8%)
	Atenolol (4.4%)
	Serious, drug-related adverse event
	Losartan (0.5%)
	Atenolol (1.0%)
	(P=0.018)
13	Angioedema
	Losartan (0.3%)
	Atenolol (0.3%)
	Potassium_
	Losartan (-0.002mEq/L)
	Atenolol (-0.08mEq/L)
12	Angioedema
	Losartan (0.2%)
	Atenolol (0.5%)
	Potassium
	Losartan (0.05mmol/L)
	Atenolol (no change)
29	Renal causes (requiring dose reduction)
	Valsartan (4.9%)
	Captopril (3.0%)
	Valsartan + captopril (4.8%)
	Hyperkalemia (requiring dose reduction)
	Valsartan (1.3%)
	Captopril (0.9%)
	Valsartan + captopril (1.2%)

ID	(1) Author Year Country Trial Name (Quality Score)	(2) Disease	(3) Interventions (drug, dose, duration)
28	Dickstein, 2002 Denmark, Finland, Germany, Ireland, Norway, Sweden, U.K. OPTIMAAL trial (Good)	Recent MI	Losartan 50mg
2024	Barnett, 2004 Scandinavia, U.K., the Netherlands (Good)	Nephropathy	Telmisartan 40-80mg

ID	(4) Control	(5) Duration	(6) Number enrolled
28	Captopril 150mg	2.7 years	5477
2024	Enalapril 10-20mg	5 vears	250
		- ,	

Evidence table 9. Adverse events in randomized controlled trials of angiotensin II receptor antagonists

ID	(7) Withdrawals due to	(7) Withdrawals due to adverse events		
28	Losartan 7%			
	Captopril 14%	(P<0.0001)		

2024 Telmisartan (16.7%) Enalapril (23.1%)

ID	(8) Adverse Effects Reported
28	<u>Hypotension</u>
	Losartan (13.3%)
	Captopril (16.3%)
	<u>Coug</u> h
	Losartan (9.3%)
	Captopril (18.7%)
0004	(P<0.0001)
2024	I otal adverse events
	Telmisartan (95.8%)
	Enalapril (100%)
	Increased sCr (to < 2.3 mg/dl)
	Telmisartan (1.7%)
	Enalapril (1.5%)
	<u>Stroke</u>
	Telmisartan (5%)
	Enalapril (4.6%)
	CHE
	<u> </u>
	Enalapril (5.4%)
	Nonfatal MI
	Telmisartan (7.5%)
	Enalapril (4.6%)
	Death Talminantes (5%)
	i eimisartan (5%) Englogrifi (4.0%)
	Enalaphi (4.0%)

Evidence table 9. Adverse events in randomized controlled trials of angiotensin II receptor antagonists

ID	(8) Adverse Effects Reported	
28	Angioedema (requiring dose reduction)	
	Losartan (0.4%)	
	Captopril (0.8%)	
	Potassium (change from baseline)	
	Losartan (0.19mmol/L)	
	Captopril (0.22mmol/L)	
	(P=0.01)	

2024

ID 2005	(1) Author Year Country Trial Name (Quality Score) Chan, 2004 US, Asia, Australia Asian substudy RENAAL (Good)	(2) Disease Nephropathy	(3) Interventions (drug, dose, duration) Losartan 50-100mg
2013	Berl, 2003 U.S., Canada, Central and South America Asia, Australia, Europe, Israel IDNT (CV substudy) (Good)	Nephropathy a,	Irbesartan 75-300mg
36	Nakao, 2003 Jap COOPERATE (Good)	an Nephropathy	Losartan 100mg
536	Lacourciere, 2000 Canada (Poor)	Nephropathy	Losartan 50-100mg <u>+</u> HCTZ
587	Luno, 2002 Spain (Fair)	Nephropathy	Candesartan 8-32mg

ID	(4) Control	(5) Duration	(6) Number enrolled
2005	Placebo	3.2 years	252
2013	Amlodipine 2.5-10mg Placebo	2.6 years	1715
36	Trandolapril 3 mg Losartan 100 mg + Trandolapril 3 mg	2.9 years	263
536	Enalapril 5-10 mg <u>+</u> HCTZ	1 year	103
587	Candesartan 8-32mg Candesartan 4-16 mg + Lisinopril 5-20mg	6 months	46

	(7) With drawale, due to advance sucrete
2005	Losartan/placebo combined ESRD (3.6%) Renal insufficiency (3.2%) CHF (1.6%) MI (1.2%) Cerebral infarction (0.8%)
2013	Irbesartan (7.6%) Amlodipine (9%) Placebo (7.2%)
36	Not reported
536	Losartan (4.1%) Enalapril (2%)
587	Not reported

ID	(8) Adverse Effects Reported
2005	Cough
	Losartan (22.2%)
	Placebo (20%)
2013	Discontinuation due to hyperkalemia
	Irbesartan (1.9%)
	Amlodipine (0.5%)
	Placebo (0.4%)
	Discontinuation due to early rise sCr
	Irbesartan 0.2%
36	Total adverse reactions
	Losartan (12%)
	Trandolapril (22%)
	Combination (21%)
	Dry cough
	Losartan (1%)
	I randolapril (5.8%)
526	Combination (5.7%)
530	Cougn
	LOSAITAIT ( $0\%$ ) Epolopril ( $14\%$ ): (D=0.006)
	Line acid concentration change
	$\frac{Olic acid concentration change}{1 \text{ operation}}$
	Ensignment (+12.0 $\mu$ mol/L) (P=0.001)
587	Not reported

 ID
 (8) Adverse Effects Reported

 2005

2013

36

<u>Hyperkalemia</u> Losartan (4.5%) Trandolapril (9.3%) Combination (8.0%)

536

587

ID 39	(1) Author Year Country Trial Name (Quality Score) Muirhead, 1999 Canada (Fair)		(2) Disease Nephropathy	<b>(3) Interventions (drug,</b> Valsartan 80mg Valsartan 160mg	dose, duration)
38	Anderson, 2000 Denmark	(Fair)	Nephropathy	Losartan 50mg	Losartan 100mg
31	Lewis, 2001 Canada, Central and Asia, Australia, Euroj IDNT	U.S., South America, pe (Good)	Nephropathy	Irbesartan 300mg	

ID	(4) Control		(5) Duration	(6) Number enrolled
39	Captopril 75 mg Placebo		1 year	122
38	Enalapril 10mg Placebo	Enalapril 20mg	8 months	16
31	Amlodipine 10mg	Placebo	2.6 years	1715

Evidence table 9. Adverse events in randomized controlled trials of angiotensin II receptor antagonists

# ID(7) Withdrawals due to adverse events39Valsartan 80mg 3.2%<br/>Valsartan 160mg 3.2%<br/>Captopril 6.9%<br/>Placebo 0%

38 None

31 Not reported

ID	(8) Adverse Effects Reported
39	Total patients with $\geq$ 1 AE
	Valsartan 80 mg (9.7%)
	Valsartan 160 mg (22.6%)
	Captopril (34.5%)
	Placebo (13.8%)
	Dry Cough
	Valsartan 80 mg (3.2%)
	Valsartan 160 mg (9.7%)
	Captopril (20.7%)
	Placebo (3.4%)
38	Potassium (level increased to)
	Losartan 50mg (4.18 <u>+</u> 0.1mmol/L)
	Losartan 100mg (4.13 <u>+</u> 0.1mmol/L)
	Enalapril 10mg (4.31 <u>+</u> 0.1 mmol/L)
	Enalapril 20mg (4.29 <u>+</u> 0.1mmol/L)
	Placebo (4.00 <u>+</u> 0.1 mmol/L)
	Losartan vs. placebo (NS)
31	<u>Hyperkalemia (discontinued)</u>
	Irbesartan (1.9%)
	Amlodipine (0.5%)
	Placebo (0.4%)
	(P=0.01 for both comparisons)
	Irbesartan lower rate of adverse events/1000 treatment days vs. amlodipine or placebo (P=0.002)
	Irbesartan lower rate of adverse events/1000 treatment days vs. amlodipine or placebo (P=0.002)

**ID** 39 (8) Adverse Effects Reported

	(1) Author Year Country		
ID	I rial Name (Quality Score)	(2) Disease	(3) Interventions (drug. dose, duration)
32	Brenner, 2001 Canada, Central and Sou Asia, Europe (Good)	U.S., Nephropathy uth America, RENAAL	Losartan 50-100mg
777	Plum, 1998 Country not reported	Nephropathy	Valsartan 80mg
2034	Blanchet, 2005 Canada	Heart Failure (Fair)	Irbesartan 75-150mg

ID	(4) Control	(5) Duration	(6) Number enrolled
32	Placebo	3.4 years	1513
777		0	2
///	Placebo	6 months	9
2034	Placebo	6 months	34

## Evidence table 9. Adverse events in randomized controlled trials of angiotensin II receptor antagonists

ID	(7) Withdrawals due to adverse events	
32	Losartan (17.2%)	
	Placebo (21.7%)	

777 Not reported

2034 Not reported

ID	(8) Adverse Effects Reported
32	Discontinuation due to increased sCr
	Losartan (1.5%)
	Placebo (1.2%)
	(P=0.01)
	Discontinuation due to hyperkalemia
	Losartan (1.1%)
	Placebo (0.5%)
	(P=0.01)
777	Uric acid concentration change
	Valsartan + 24 µmol/L (5.6%)
	Placebo + 40 µmol/L (8.3%)
2034	Increase sCr
	Irbesartan vs. placebo
	(105 <u>+</u> 25 vs. 97+20 mmol/L; P=0.02)

 ID
 (8) Adverse Effects Reported

 32

777

2034 <u>Reason not to increase/reduce irbesartan</u> Symptomatic hypotension (22.7%) Hyperkalemia (13.6%) Increase sCr (45.5 4.5%) Other symptoms (13.6%)

	(1) Author			
	Year			
	Country			
	Trial Name			
ID	(Quality Score)		(2) Disease	(3) Interventions (drug, dose, duration)
2020	Matsumori, 2003		Heart Failure	Candesartan 4-8mg
	Japan	(Fair)		

ID	(4) Control	(5) Duration	(6) Number enrolled
2020	Placebo	5.2 months	313

Evidence table 9. Adverse events in randomized controlled trials of angiotensin II receptor antagonists

ID(7) Withdrawals due to adverse events2020Withdrawals due to adverse events (18/155)

candesartan 11.6% vs. 6/150 placebo 4.0%)

חו	(8) Adverse Effects Reported
2020	Drug-related adverse events Candesartan (31.1%) Placebo (21.1%) P<0.05
	<u>Postural light-headedness</u> Candesartan (8.6%) Placebo (2.0%)
	<u>Nonpostural light-headedness</u> Candesartan (9.3%) Placebo (3.4%)
	<u>Hypotension</u> Candesartan (6.6%) Placebo (1.4%)
	<u>Non-CV adverse effects</u> Candesartan (58.9%) Placebo (51.0%)

D (8) Adverse Effects Reported

ID 2020

ח	(1) Author Year Country Trial Name (Quality Score)		(2) Disease	(3) Interventions (drug dose duration)
2030	Baruch, 2004 Australia, Europe, South Africa Val-HeFT Trial (Elderly subanalysis) (Good)	U.S.,	Heart Failure	Valsartan 40-160mg twice daily

19	Pitt, 2000 Canada, Europe, South America (Good)	U.S., Africa, South ELITE II Trial	Heart Failure	Losartan up to 50mg
18	Pitt, 1997 Canada, Europe, South America (Fair)	U.S., Africa, South ELITE Trial	Heart Failure	Losartan up to 50mg

ID	(4) Control	(5) Duration	(6) Number enrolled
2030	Placebo	1.9 years	5010

19	Captopril up to 150mg	1.5 years	3152
18	Captopril up to 150mg	48 weeks	722

Evidence table 9. Adverse events in randomized controlled trials of angiotensin II receptor antagonists

ID(7) Withdrawals due to adverse events2030Not reported

19	Losartan (~10%)
	Captopril (~15%)
	(P<0.001)

18 Losartan (12.2%) Captopril (20.8%) (P≤0.002)

15		
2030	(8) Adverse Effects Reported	
2000	Any adverse event	
	$\frac{Any adverse event}{Valcartan} (02.2% vc. 00.1%)$	
	$\frac{1}{2} \frac{1}{2} \frac{1}$	
	FIACEDO (92.1 % VS. 80.1 %)	
	Dizziness (excluding vertigo)	
	Valsartan (23.7% vs. 26.1%)	
	Placebo (18.2% vs. 18.0%)	
	Hypotopsion	
	1100000000000000000000000000000000000	
	Valsallali (14.3% VS. 13.5%) Diseeba ( $0.000 \text{ yz} = 7.500$ )	
	Placedo (8.6% VS. 7.5%)	
	Aggravated CHF	
	Valsartan (13.0% vs. 9.4%)	
	Placebo (16.9% vs. 14.3%)	
	Atrial fibrillation	
	Valsartan (6.5% vs. $4.2\%$ )	
	Placebo $(9.6\% \text{ vs} \cdot 6.3\%)$	
19	Withdrawals due to cough	
10	Losartan (~1%)	
	Captonril (~3%)	
	(P > 0.001)	
	(1 < 0.001)	
18	Withdrawals due to cough	
	Losartan (0%)	
	Captopril (3.8%)	
	(P<0.002)	
	Withdrawals due to angioedema	
	Losartan (0%)	
	Captopril (0.8%)	

Evidence table 9. Adverse events in randomized controlled trials of angiotensin II receptor antagonists

ID(8) Adverse Effects Reported2030Elderly vs. non-elderly<br/>Hyperkalemia<br/>Valsartan (7.6% vs. 5.6%)<br/>Placebo (3.7% vs. 2.8%)

Renal impairment Valsartan (5.8% vs. 5.1%) Placebo (3.2% vs. 2.9%)

19

18

<u>Withdrawals due to hyperkalemia</u> Losartan (0.6%) Captopril (1.6%)

	(1) Author Year Country Trial Name		
ID	(Quality Score)	(2) Disease	(3) Interventions (drug, dose, duration)
455	Houghton, 1999 U.K. ELITE Trial substudy (Fair)	Heart Failure	Losartan up to 50mg
273	Cowley, 2000 U.S. ELITE Trial QOL substudy (Fair)	Heart Failure	Losartan up to 50mg
1032	Willenheimer, 2002 Sweden HEAVEN Study (Fair)	Heart Failure	Valsartan 160mg
324	Dunselman, 2001 Europe REPLACE (Fair)	Heart Failure	Telmisartan 10, 20, 40, or 80mg
20	McKelvie, 1999 U.S., Canada, Europe, South America RESOLVD (Poor)	Heart Failure	Candesartan 4, 8, or 16mg once daily
545	Lang, 1997 U.S., Canada (Fair)	Heart Failure	Losartan 25mg Losartan 50mg
ID	(4) Control	(5) Duration	(6) Number enrolled
------	--	--------------	---------------------
455	Captopril up to 150mg	24 weeks	18
273	Captopril up to 150mg	48 weeks	278
1032	Enalapril 20mg	12 weeks	146
324	Enalapril 20mg	12 weeks	378
20	Enalapril 10mg twice daily Candesartan 4 or 8mg once daily plus enalapril 10mg twice daily	43 weeks	768
545	Enalapril 20mg	12 weeks	116

ID	(7) Withdrawals due to adverse events
455	Losartan (0) Captopril (37.5%)
273	Losartan (10.9%) Captopril (19.0%)
1032	Valsartan (2.9%) Enalapril (4.2%)
324	Telmisartan (3.1%) Enalapril (2.6%)
20	Not reported
545	Losartan 25mg (2.6%) Losartan 50mg (2.5%) Enalapril 20mg (2.7%)

ID	(8) Adverse Effects Reported
455	Not reported
273	Not reported
1032	<u>All adverse events</u> Valsartan (50%) Enalapril (63%) <u>Headache</u> Valsartan (5.7%) Enalapril (1.4%)
324	<u>Cough</u> Telmisartan (3%) Enalapril (5.6%) (P=0.3)
20	<u>Potassium</u> Candesartan (-0.23 <u>+</u> 0.03 mmol/L) Enalapril (-0.01 <u>+</u> 0.05 mmol/L) (P<0.05) Candesartan + enalapril (0.11 <u>+</u> 0.03 mmol/L)(P<0.05) vs. candesartan (P<0.05) vs. candesartan
545	<u>Potassium</u> Losartan 25mg (-0.16 <u>+</u> 0.43 mEq/L) Losartan 50mg (0.12 <u>+</u> 0.42 mEq/L) Enalapril (-0.05 <u>+</u> 0.47 mEq/L)

ID	(8) Adverse Effects Reported	
455		
273		
1032	<u>Dizziness</u> Valsartan (4.3%) Enalapril (8.5%)	
324		
20		
545	<u>sCr</u> Losartan 25mg (0.02+0.14 mg/dl) Losartan 50mg (0.02+0.28 mg/dl) Enalapril (0.08+0.15 mg/dl) (P<0.05 losartan 50mg vs. enalapril)	

ID	(1) Author Year Country Trial Name (Quality Score)		(2) Disease	(3) Interventions (drug, dose, duration)
312	Dickstein, 1995 (Fair)	Scandinavia	Heart Failure	Losartan 25mg or 50mg
2046	Young, 2004 U.S., Canada, Austral Africa LVEF Trials	lia, Europe, South CHARM-Low (Good)	Heart Failure	Candesartan 32mg

24	Pfeffer, 20	03	U.S.,	Heart Failure	Candesartan 32mg
	Canada, A	Canada, Australia, Europe, South			
	Africa	CHARM-Overall	Trial		
	(Good)				
	(0000)				

ID	(4) Control	(5) Duration	(6) Number enrolled	
312	Enalapril 20mg	8 weeks	166	
2046	Placebo	3.3 years	4576	
24	Placebo	3.1 years	7599	

Evidence table 9. Adverse events in randomized controlled trials of angiotensin II receptor antagonists

# ID(7) Withdrawals due to adverse events312Losartan 25mg (1.9%)Losartan 50mg (3.6%)Enalapril 20mg (8.6%)

2046 Candesartan (23.1%) Placebo (18.8%) (P<0.001)

> Candesartan (21.0%) Placebo (16.7%) (P<0.0001)

24

ID	(8) Adverse Effects Reported
312	Dizziness
	Losartan 25mg (9.6%)
	Losartan 50mg (8.9%)
	Enalapril 20mg (6.9%)
	<u>Hypotensio</u> n
	Losartan 25mg (5.8%)
	Losartan 50mg (7.1%)
	Enalapril 20mg (6.9%)
2046	Hypotension (discontinued)
	Candesartan (4.2%)
	Placebo (2.1%)
	(P<0.001)
	Increased sCr (discontinued)
	Candesartan (7.1%)
	Placebo (3.5%)
	(P<0.001)
	Hyperkalemia (discontinued)
	Candesartan (2.8%)
	Placebo (0.5%)
	(P<0.001)
24	Hypotension (discontinued)
	Candesartan (3.5%)
	Placebo (1.7%)
	(P<0.0001)
	Increased sCr (discontinued)
	Candesartan (6.2%)
	Placebo (3.9%)
	(P<0.0001)
	Hyperkalemia (discontinued)
	Candesartan (2.2%)
	Placebo (0.6%)
	(P<0.0001)

Evidence table 9. Adverse events in randomized controlled trials of angiotensin II receptor antagonists

ID	(8) Adverse Effects Reported
312	Cough
	Losartan 25mg (3.8%)
	Losartan 50mg (7.1%)
	Enalapril 20mg (6.9%)

2046

24

	(1) Author Year Country Trial Name (Quality Secre)	(2) Dispaso	(2) Interventions (drug does duration)
25	McMurray 2003	Heart Failure	Candesartan 32mg
20	U.S., Canada, Australia, Euro Africa CHARM-Adde (Good)	pe, South ed Trial	Candesanan Szing

26	Granger, 2	003	U.S., Heart Failure	Candesartan 32mg
	Canada, A	ustralia, Europe, So	buth	
	Africa	CHARM-Alterr	native	
	Trial	(Good)		

ID	(4) Control	(5) Duration	(6) Number enrolled
25	Placebo	3.4 years	2548
26	Placebo	2.8 years	2028
		2	

Evidence table 9. Adverse events in randomized controlled trials of angiotensin II receptor antagonists

ID(7) Withdrawals due to adverse events25Candesartan (24.2%)Placebo (18.3%)(P=0.0003)

26

Candesartan (21.5%) Placebo (19.3%) (P=0.23)

(9) Advaraa Effects Departed
(o) Adverse Effects Reported Hypotension (discontinued)
$\frac{11}{2} \frac{11}{2} \frac$
$Discobo\left(3.1\%\right)$
$(P_0, 70)$
(r = 0.73) Increased sCr (discontinued)
Candesartan (7.8%)
Placebo (4.1%)
$(P_0, 0.001)$
(r=0.0001) Hyperkalemia (discontinued)
Candesartan (3.4%)
Placebo (0.7%)
$(P_{2}, 0, 0, 0, 1)$
(FC0.000T) Hypotension (discontinued)
Candesartan (3.7%)
Placebo (0.9%)
(P < 0.0001)
Increased sCr (discontinued)
Candesartan (6.1%)
Placebo (2.7%)
(P < 0.0001)
Hyperkalemia (discontinued)
Candesartan (1.9%)
Placebo (0.3%)
(P=0.0005)
Cough (discontinued)
Candesartan (0.2%)
Placebo $(0.4\%)$
(P=0.69)

ID	(8) Adverse Effects Reported
25	Angioedema
	Candesartan (0.16%)
	Placebo (0.24%)
	Doubling sCr
	Candesartan (7.0%)
	Placebo (6.0%)
	(P=0.5)
	Potassium > 6mmol/L
	Candesartan (3.0%)
	Placebo (1.0%)
	(P=0.089)
26	Angioedema (discontinued)
	Candesartan (0.1%)
	Placebo (0%)
	(P=0.05)
	Angioedema
	Candesartan (0.3%)
	Placebo (0%)
	(all in previous ACEI angioedema/anaphylaxis)
	Doubling sCr
	Candesartan (5.5%)
	Placebo (1.6%)
	(P=0.015)
	Potassium > 6mmol/L
	Candesartan (3.0%)
	Placebo (1.3%)
	(P=0.26)

ID	(1) Author Year Country Trial Name (Quality Score)		(2) Disease	(3) Interventions (drug, dose, duration)
27	Yusuf, 2003	U.S.,	Heart Failure	Candesartan 32mg
	Canada, Australia, Euro	pe, South		
	Africa CHARM	-Preserved		
	Trial (God	od)		

16	Cohn, 2001	U.S.,	Heart Failure	Valsartan 320mg
	Australia, Europe, South	Africa		
	Val-HeFT Trial	(Good)		

ID	(4) Control	(5) Duration	(6) Number enrolled
27	Placebo	3.1 years	3023
16	Placebo	1.9 years	5010

Evidence table 9. Adverse events in randomized controlled trials of angiotensin II receptor antagonists

ID(7) Withdrawals due to adverse events27Candesartan (17.8%)<br/>Placebo (13.5%)<br/>(P=0.001)

16

Valsartan (9.9%) Placebo (7.2%) (P<0.001)

ID	(8) Adverse Effects Reported
27	Hypotension (discontinued)
	Candesartan (2.4%)
	Placebo (1.1%)
	(P=0.009)
	Increased sCr (discontinued)
	Candesartan (4.8%)
	Placebo (2.4%)
	(P=0.0005)
	Hyperkalemia (discontinued)
	Candesartan (1.5%)
	Placebo (0.6%)
	(P=0.029)
16	Dizziness (discontinued)
	Valsartan (1.6%)
	Placebo (0.4%)
	(P<0.001)
	Hypotension (discontinued)
	Valsartan (1.3%)
	Placebo (0.8%)
	(P=0.124)
	Renal impairment (discontinued)
	Valsartan (1.1%)
	Placebo $(0.2\%)$
	(P<0.001)

Evidence table 9. Adverse events in randomized controlled trials of angiotensin II receptor antagonists

ID	(8) Adverse Effects Reported
27	Doubling sCr
	Candesartan (6%)
	Placebo (3%)
	(P=0.007)
	Potassium > 6.0 mmol/L
	Candesartan (2%)
	Placebo (1%)
	(P=0.32)

16

Mean change sCr Valsartan (increase 0.18mg/dl) Placebo (increase 0.10mg/dl) (P<0.001) Mean change serum potassium Valsartan (increase 0.12mmo/l) Placebo (decrease 0.07mmol/l) (P<0.001)

ID	(1) Author Year Country Trial Name (Quality Score)		(2) Disease	(3) Interventions (drug, dose, duration)
17	Maggioni, 2002 Australia, Europe, S Val-HeFT subgroup (Fair)	U.S., outh Africa analysis	Heart Failure	Valsartan 320mg
955	Tonkon, 2000 (Poor)	U.S.	Heart Failure	Irbesartan 150mg
811	Riegger, 1999 STRETCH Trial	Europe (Fair)	Heart Failure	Candesartan 8mg, 16mg
432	Hamroff, 1999 (Fair)	U.S., France	Heart Failure	Losartan 50mg

ID	(4) Control	(5) Duration	(6) Number enrolled
17	Placebo	1.9 years	366
955	Placebo	12 weeks	109
811	Placebo	12 weeks	844
432	Placebo	6 months	33

Evidence table 9. Adverse events in randomized controlled trials of angiotensin II receptor antagonists

# ID(7) Withdrawals due to adverse events17Valsartan (9.7%)Placebo (12.7%)(P=0.367)

955 Irbesartan (7.0%) Placebo (3.9%)

811	Candesartan 4mg (1.9%)
	Candesartan 8mg (4.7%)
	Candesartan 16mg (5.6%)
	Placebo (4.3%)

432

Losartan (6.25%) Placebo (5.9%)

ID	(8) Adverse Effects Reported
17	Hypotension (discontinued)
	Valsartan (0.5%)
	Placebo (0.6%)
	(P=0.988)
	Dizziness
	Valsartan (23.9%)
	Placebo (18.9%)
	Hypotension
	Valsartan (14.7%)
	Placebo (5.6%)
955	<u>CV events (discontinued)</u>
	Irbesartan (7.0%)
	Placebo (3.9%)
	Dizziness
	Irbesartan (23.0%)
	Placebo (23.0%)
	Hypotension
	Irbesartan (12.0%)
	Placebo (0%)
811	Serious adverse events
	Candesartan 4mg (1.4%)
	Candesartan 8mg (5.7%)
	Candesartan 16mg (5.6%)
	Placebo (4.7%)
	Possibly related to symptomatic hypotension
	Candesartan 4mg (1.5%)
	Candesartan 8mg (2.8%)
	Candesartan 16mg (0.5%)
	Placebo (1.9%)
432	Treatment reported to be well-tolerated in both groups, without adverse side effects

ID	(8) Adverse Effects Reported
17	Headache_
	Irbesartan (19.0%)
	Placebo (12.0%)
	Increase sCr
	Valsartan (0.18+0.2mg/dl)
	Placebo (0.10+0.02mg/dl) (P=0.009)

955	<u>Headache</u>
	Irbesartan (19.0%)
	Placebo (12.0%)
	Potassium
	Irbesartan (0.01 mEq/L)
	Placebo (-0.08mEq/L)
	<u>sCr</u>
	Irbesartan (0.08 mg/dl)
	Placebo (0.04 mg/dl)
811	Increase in sCr
	Candesartan 4mg (2.9%)
	Candesartan 8mg (4.2%)
	Candesartan 16mg (0.9%)
	Placebo (1.9%)

<sup>432</sup> 

ID	(1) Author Year Country Trial Name (Quality Score)		(2) Disease	(3) Interventions (drug, dose, duration)
1007	Warner, 1999 (Fair)	U.S.	Heart Failure	Losartan 50mg
420	Granger, 2000 U.S., Canada, Europe (Fair)		Heart Failure	Candesartan 16 mg

ID	(4) Control	(5) Duration	(6) Number enrolled
1007	Placebo	6 weeks	21
420	Placebo	12 weeks	270

ID	(7) Withdrawals due to adverse events		
1007	Losartan (5.0%)	Placebo (0%)	
420	Candesartan (11.7%) Placebo (8.8%)		

ID	(8) Adverse Effects Reported
1007	Increase in sCr (discontinued therapy)
	Losartan (5.0%)
420	<u>Cough</u>
	Placebo (64.8%)
	Candesartan (68.2%)
	Renal Failure
	Placebo (11.0%)
	Candesartan (11.2%)

ID	(8) Adverse Effects Reported	
1007		
420	<u>Angioedema</u> Placebo (4.4%) Candesartan (4.5%) <u>Discontinuation due to renal insufficiency</u> Placebo (3%) Candesartan (7%)	

Author Year Country Trial Name (Quality Score)	Study Design	Eligibility criteria	Interventions (drug. dose. duration)
Zanabli et al 2004 U.S. (Fair for adverse events)	open label, crossover	Age > 18 and < 70, chronic renal insufficiency (sCr > 1.2 and < 4.0 mg/dl), potassium $\ge$ 4.4 during treatment with AIIRA or ACEI	Lisinopril 5mg X 2 weeks, 10mg X 2 weeks; wash-out X 2 weeks; then losartan 50mg X 2 weeks, 100mg X 2 weeks
Puchler et al 2001 U.S. and Europe (Fair for adverse events)	Meta-analysis RCTs	Mild to moderate HTN	Olmesartan 2.5-80mg 6-12 weeks (7 trials); 3 trials continued up to 52 weeks

Author Year Country Trial Name (Quality Score)	Run-in/Washout Period	Allowed other medications/ interventions	Method of Outcome Assessment and Timing of Assessment
Zanabli et al 2004 U.S. (Fair for adverse events)	Two 2 week wash-outs before each treatment	Amlodipine as need for elevated BP	Serum potassium checked weekly
Puchler et al 2001 U.S. and Europe (Fair for adverse events)	Placebo run-in after withdrawal of antihypertensive agents	No	Monitoring incidence treatment-emergent and serious adverse events (adverse events classified as mild, moderate, severe), clinical laboratory data, ECG, and physical exam

Author Year Country Trial Name (Quality Score)	Age Gender Ethnicity	Other population characteristics (diagnosis, etc)	Number screened/ eligible/enrolled
Zanabli et al 2004 U.S. (Fair for adverse events)	Age range 39 to 68 43% male Ethnicity not reported	Not reported	Number screened not reported/30 eligible/9 enrolled
Puchler et al 2001 U.S. and Europe (Fair for adverse events)	Mean age 55 54% male 87% white, 5% black, 7% Hispanic, 1% Asian or other	Not reported	Number screened not reported/number eligible not reported/number enrolled not reported

Author Year Country Trial Name (Quality Score)	Number withdrawn/ lost to fu/analyzed	Results	Method of adverse effects assessment?
Zanabli et al	2 withdrawn/number lost to fu	Potassium	Same as method of outcome
2004 U.S. (Fair for adverse events)	not reported/7 analyzed	Lisinopril 5.0 <u>+</u> 0.18mEq/L Losartan 4.6 <u>+</u> 0.17mEq/L (P=0.005) <u>sCr</u> Lisinopril 2.4mg/dl Losartan 2.4mg/dl	assessment.
Puchler et al 2001 U.S. and Europe (Fair for adverse	Number withdrawn (safety population) 440/number lost to fu not reported/3095 analyzed for safety	Treatment emergent adverse events: Olmesartan 51.5% Placebo 47.2%	Same as method of outcome assessment.
events)		Drug-related adverse events: Olmesartan 26.9% Placebo 22.0%	
		Serious adverse events: Olmesartan 2.0% Placebo 1.4%	

Author		
Year		
Trial Name (Quality Score)	Adverse Effects Reported	Total withdrawals; withdrawals due to adverse events
Zanabli et al 2004 U.S. (Fair for adverse events)	See Results	Total withdrawals: 2 patients failed to comply with regular blood draws No withdrawals due to adverse events reported
Puchler et al 2001 U.S. and Europe (Fair for adverse events)	Headache: Olmesartan 7.8% Placebo 9.4% Cough: Olmesartan 1.4% Placebo 1.1% Hypotension: Olmesartan 0.1% Placebo 0% Hyperkalemia: Olmesartan 0.2% Placebo 0% GI: Olmesartan 8.6% Placebo 5.2%	Total withdrawals: Olmesartan 9.4% Placebo 14.2% Withdrawals due to adverse events: Olmesartan 2.1% Placebo 1.1%

Author Year Country Trial Name (Quality Score)	Study Design	Eligibility criteria	Interventions (drug, dose, duration)
Biswas et al 2002 England (Fair for adverse events)	Retrospective cohort	Dispensed National Health Service prescriptions written by GPs in England between December 1996 and November 1998.	Valsartan
Benz et al 1997 (Fair overall, fair for adverse events)	RCT	Male and female outpatients aged 18 to 80 years with uncomplicated essential hypertension and a history of ACE inhibitor-induced cough.	Valsartan 80mg, lisinopril 10mg, or 25 mg hydrochlorothiazide for 6 weeks.

Author Year Country Trial Name (Quality Score)	Run-in/Washout Period	Allowed other medications/ interventions	Method of Outcome Assessment and Timing of Assessment
Biswas et al 2002 England (Fair for adverse events)	NA	NA	Questionnaire sent to prescribing GP at least 6 months after the date of the first prescription for each individual patient. Mailed questionnaire to GP and patient. An 'event' was defined as any new diagnosis, any reason for referral to a consultant or admission to hospital, and unexpected deterioration (or improvement) in a concurrent illness, any suspected drug reaction, or any complaint considered to be of sufficient importance to enter into the patient's notes.
Benz et al 1997 (Fair overall, fair for adverse events)	2 to 4 weeks of single-blind placebo treatment to wash out previous antihypertensive medication and demonstrate the absence of cough and the presence of raised blood pressure, followed by 2 to 4 weeks of lisinopril challenge to confirm he presence of an ACE inhibitor- induced cough. Then a further 2 weeks of single-blind placebo treatment to confirm that the cough had resolved and to wash out the lisinopril before randomization.	No	Presence of a dry, persistent cough determined using a patient questionnaire at each visit after enrollment. Assessments at enrollment, before and after the lisinopril challenge, at randomization, and at 3 and 6 weeks of double- blind treatment.
Author Year			
-------------------	--	-------------------------------------	------------------------------
Country	Age		
Trial Name	Gender	Other population characteristics	Number screened/
(Quality Score)	Ethnicity	(diagnosis, etc)	eligible/enrolled
Biswas et al	Mean age (SD) for males 61.1 (12.1); females	Major indication for prescribing:	14,127 of 25,838 (55%) forms
2002	65.4 (12.5); age not recorded for 11.7% of	hypertension 64.3%, cough 1.9%, not	mailed were returned.
England	patients.	specified 29.2%.	
(Fair for adverse	40.5% male, 59% female, 0.5% not specified		
events)	Ethnicity not reported		

Benz et al	Mean age 53.6	93% of valsartan group and 100% of	197 screened/141 eligible/129
1997	55% male	lisinopril and hydrochlorothiazide	enrolled
(Fair overall, fair for	93% white, 3.1% black, 3.9% other	patients had significant medical	
adverse events)		history and/or concomitant diagnosis.	
		(statistically significant, p-value not	
		reported)	

Author Year			
Country			
Trial Name (Quality Score)	Number withdrawn/ lost to fu/analyzed	Results	Method of adverse effects assessment?
Biswas et al 2002 England (Fair for adverse events)	1246 forms were void. Reasons: no longer registered with doctor (762), blank forms (246), no record of treatment in notes (166), valsartan prescribed but not taken (22), duplicate form for patient (33), patient's doctor died, moved, or retired (17). 12,881 analyzed.	295 events in 209 patients (1.6% of the cohort) were reported to have been adverse reactions to valsartan. Most frequently reported adverse reaction was unspecified side effects in 57 (0.4%) patients, malaise/lassitude in 37 (0.3%) patients, and dizziness in 19 (0.1%). Two reports of drug interaction: 1 ibuprofen causing indigestion and heartburn, 1 warfarin causing "deranged INR."	Same as method of outcome assessment.
Benz et al 1997 (Fair overall, fair for adverse events)	23 withdrew/1 lost to followup/128 analyzed	Incidence of dry persistent cough after 3 or 6 weeks (combined) treatment: valsartan 19.5% lisinopril 68.9% hydrochlorothiazide 19%. Difference: Valsartan vs lisinopril 49.4%, p<0.001 valsartan vs hydrochlorothiazide 0.5% P<0.969 HCTZ vs lisinopril 49.9%, P<0.004	Details of any adverse experiences, including a worsening of an existing condition, recorded at each visit.

# Evidence table 10. Studies of adverse events of angiotensin II receptor antagonists

Author Year Country Trial Name		Total withdrawals: withdrawals due to adverse
(Quality Score)	Adverse Effects Reported	events
Biswas et al 2002 England (Fair for adverse events)	See Results	19.9% had stopped taking valsartan by 6 months (2562/14,127). Most frequent reasons for stopping treatment were "not effective" (847 reports, 6.5%), malaise/lassitude 265 reports, 2%), and dizziness (146 reports, 1.1%).
Benz et al 1997 (Fair overall, fair for adverse events)	89 patients (69%) reported an adverse experience; majority mild to moderate in severity. Frequency of any dry cough (persistent or not):	Withdrawals due to adverse events: lisinopril 10 patients, valsartan 3 patients, HCTZ 2 patients.
,	lisinopril 71.1%, valsartan 21.4%, HCTZ 19%. 4 cases of cough with lisinopril considered severe.	Withdrawals due to dry cough: 1 valsartan, 8 lisinopril, 0 HCTZ
	Headache: valsartan 16.7%, HCTZ 14.3%, lisinopril 2.2% Headache considered related to trial drugs:	

valsartan 4.8%, HCTZ 7.1%, lisinopril 0.

Author			
Year			
Country			
Trial Name			Interventions
(Quality Score)	Study Design	Eligibility criteria	(drug, dose, duration)
Chan et al	RCT	Elderly patients with hypertension	losartan, lisinopril, or metolazone
1997		with a history of cough while taking	once daily for a maximum of 10
Taiwan and Hong Kong		any ACE inhibitor, free of respiratory	weeks.
(Poor overall, fair for		disease and major cardiac disorders	
adverse events)		such as advanced heart failure or	
		unstable angina, and nonsmokers for	
		at least one year.	
Elliot 1999 US (Poor overall, fair for adverse events)	RCT	At least 18 years old with essential hypertension. Women of childbearing potential required to be using contraception.	Initially, eprosartan 200 mg twice daily or enalapril 5 mg once daily. At 3-week intervals, dose titrated as needed to a maximum dose of 300mg eprosartan twice daily or enalapril 20mg once daily. At the end of week 12, maximum doses were supplemented with
			hydrochlorothiazide 12.5 mg daily.

# Evidence table 10. Studies of adverse events of angiotensin II receptor antagonists

Author Year Country Trial Name (Quality Score)	Run-in/Washout Period	Allowed other medications/ interventions	Method of Outcome Assessment and Timing of Assessment
Chan et al 1997 Taiwan and Hong Kong (Poor overall, fair for adverse events)	Lisinopril 10mg administered in a single- blind fashion for a maximum of 8 weeks to confirm presence of ACE inhibitor-induced cough, then dechallenge with placebo for 4 weeks.	No	Presence of cough recorded by a questionnaire administered by a trained nurse. Visual analog scale marked "I never cough" (score of 0) to "I have intolerable cough." Visits scheduled at 2-week intervals, but visits were permitted at 1-week intervals if the cough was annoying to the patient's daily life.
Elliot 1999 US	3- to 5-week single-blind placebo run-in period, an 18-week double-blind titration period. and an 8-week maintenance period.	No	Pulmonary assessment (physician's examination of the chest by auscultaton and percussion, if abnormal) performed at screening, at randomization, at weeks 6 and

period, and an 8-week maintenance period. (Poor overall, fair for adverse events)

performed at screening, at randomization, at weeks 6 and 12 of the titration phase, and at the end of the maintenance phase. Presence and character of cough assessed by the investigator regarding type, duration, severity, frequency, and probable cause of cough. Cough categorized as definite, probable, possible, or a "tickle in throat." At each visit, patients completed quality-of-life questionnaire with a five-point tolerability rating scale of frequency (never, seldom, occasional, frequent, or constant) and severity for each of 10 commonly-experienced adverse events (one of which was cough). Cough that occurred at any time during

the trial was recorded as an adverse experience.

Year Country	Age		
Trial Name	Gender	Other population characteristics	Number screened/
(Quality Score)	Ethnicity	(diagnosis, etc)	eligible/enrolled
Chan et al	Mean age 73 (SD 5)	No differences among groups in	Number screened/eligible not
1997	42.9% male	duration of hypertension, blood	reported/84 enrolled
Taiwan and Hong k	Kong Ethnicity not reported	pressure, and body mass index. No	
(Poor overall, fair fo	)r	other information on diagnoses	
adverse events)		reported.	

Elliot	Mean age 56 (SEM 0.7)	83% history of prior antihypertensive	Number screened/eligible not
1999	56.5% male	therapy, 56% prior ACE inhibitor	reported/528 enrolled
US	86.4% white, 7.6% black, 1.1% Asian, 4.9%	therapy, 0.8% prior ACE inhibitor-	
(Poor overall, fair for	other	associated cough, 13% current	
adverse events)		smokers.	

Author			
Year			
Trial Name (Quality Score)	Number withdrawn/ lost to fu/analyzed	Results	Method of adverse effects assessment?
Chan et al 1997 Taiwan and Hong Kong (Poor overall, fair for adverse events)	Not reported	Incidence of cough: 97% lisinopril, 18% losartan, 21% metolazone (P<0.001 lisinopril vs losartan). Median time to development of cough with lisinopril was 15 days. VAS score for frequency of cough: lisinopril 6.0 cm ( <u>+</u> 1.2), losartan 0.8 cm ( <u>+</u> 0.2) P<0.001 lisinopril vs losartan	Not described for events other than cough.
Elliot 1999 US (Poor overall, fair for adverse events)	Not reported	Incidence of definite cough at 12 weeks: 14 (5.4%) enalapril, 4 (1.5%) eprosartan (RR 3.45, 95% CI 1.26-10.0) Incidence of definite cough at 26 weeks: 6.1% enalapril, 1.5% eprosartan (RR 1.41, 95% CI 1.89)	Not described for events other than cough.

Author Year Country Trial Name (Quality Score)	Adverse Effects Reported	Total withdrawals; withdrawals due to adverse events
Chan et al	Other than development of cough, no other major adverse events	4 patients withdrew in lisinopril group due to intolerable cough, no other withdrawals
Taiwan and Hong Kong (Poor overall, fair for adverse events)		

Elliot 1999	See Results	7 enalapril, 2 eprosartan patients withdrew due to cough
US (Poor overall, fair for adverse events)		

Author Year Country Trial Name (Quality Score)	Study Design	Eligibility criteria	Interventions (drug, dose, duration)
Fogari et al 2001 Italy (Fair overall, fair for adverse events)	RCT, crossover	Men aged 40-49 years with newly diagnosed hypertension, married, with never-treated essential hypertension (DBP 95 mm HG o greater and less than 110 mm Hg) without sexual dysfunction symptoms.	Carvedilol 50mg once daily or valsartan 80mg once daily for 16 weeks, then after another 4-week placebo period, crossed over to the alternative regimen.
Fogari et al 2002 Italy (Poor overall, fair for adverse events)	RCT	Men aged 40-49 years, married, with newly diagnosed, previously untreated essential hypertension (diastolic blood pressure 95 mmHg or higher and less than 110 mmgHg) and without sexual dysfunction symptoms.	Valsartan 80 mg daily or atenolol 50 mg once daily for 16 weeks. After 8 weeks the dose was doubled in the non-responders (DBP >90mmHg).

Author Year Country Trial Name (Quality Score)	Run-in/Washout Period	Allowed other medications/ interventions	Method of Outcome Assessment and Timing of Assessment
Fogari et al 2001 Italy (Fair overall, fair for adverse events)	4-week placebo run-in before each treatment period.	No	At each visit, patients given a questionnaire with instructions for self-completion. Questionnaires completed by the respondent in a private area. Questions dealing with sexual function (Have you noted a decrease of interest in sex? Did you have problems in gaining an erection? Did you have problems in maintaining an erection? How many times did you have sexual intercourse in the last 2 weeks?) were part of a series of questions on various aspects of quality of life. Assessments at the screening visit (baseline) and every 4 weeks thereafter.
Fogari et al 2002 Italy (Poor overall, fair for adverse events)	4-week placebo run-in.	No	At each visit, patients given a questionnaire with instructions for self-completion. Questionnaires completed by the respondent in a private area. Questions dealing with sexual function were part of a series of questions on various aspects of quality of life. Primary measure of treatment effect on sexual function was sexual activity assessed as mean number of sexual intercourse episodes per month. Assessments at the screening visit (baseline), at the end of the placebo period and after 8 weeks and 16 weeks of treatment.

adverse events)

# Evidence table 10. Studies of adverse events of angiotensin II receptor antagonists

Author Year Country Trial Name (Quality Score)	Age Gender Ethnicity	Other population characteristics (diagnosis, etc)	Number screened/ eligible/enrolled
Fogari et al 2001 Italy (Fair overall, fair for adverse events)	Mean age 46.6 100% male Ethnicity not reported	Newly diagnosed, previously untreated essential hypertension. Men with erectile dysfunction were excluded from analysis.	Number screened, eligible not reported/160 enrolled
Fogari et al 2002	Mean age not reported (range 40-49) 100% male	Newly diagnosed, previously untreated essential hypertension.	Number screened, eligible not reported/110 enrolled

Men with erectile dysfunction were

excluded from analysis.

Fogari et al	Mean age not reported (range
2002	100% male
Italy	Ethnicity not reported
(Poor overall, fair for	

Author			
Year			
Country Trial Name (Quality Score)	Number withdrawn/ lost to fu/analyzed	Results	Method of adverse effects assessment?
Fogari et al 2001 Italy (Fair overall, fair for adverse events)	6 withdrawn/6 lost to followup/number analyzed not clear (those with erectile dysfunction not analyzed, but number not reported)	Decrease from baseline in episodes of sexual intercourse per month after 4 weeks of active treatment: carvedilol from 8.2 to 4.4 (-46%, P<0.01 vs baseline) valsartan from 8.3 to 6.6 (-21%, NS)	Not described for events other than decrease in sexual activity.
		Episodes of sexual intercourse per month after 16 weeks of treatment: carvedilol $3.7 \pm 1.4$ (P<0.01 vs baseline) valsartan $10.2 \pm 4.6$ (NS vs baseline) difference between groups P<0.01	
Fogari et al 2002 Italy (Poor overall, fair for adverse events)	Not reported.	Change from baseline in episodes of sexual intercourse per month after 8 weeks: atenolol: from 6.0 to 5.0 (P=0.061 vs placebo) valsartan: from 5.8 to 6.5 (P=0.053 vs atenolol)	Not described for events other than decrease in sexual activity.
		Episodes of sexual intercourse per month after 16 weeks: atenolol: 4.2 (P<0.05 vs placebo) valsartan: 7.3 (P=0.01 vs atenolol)	

# Evidence table 10. Studies of adverse events of angiotensin II receptor antagonists

Author Year Country Trial Name (Quality Score)	Adverse Effects Reported	Total withdrawals; withdrawals due to adverse events
Fogari et al 2001 Italy (Fair overall, fair for adverse events)	Erectile dysfunction spontaneously reported: carvedilol: 15 patients (13.5%) valsartan: 1 patient (0.9%) p<0.001	6 withdrawals (1 valsartan, 1 carvedilol, 4 placebo) 2 withdrawals due to hypotension (1 valsartan, 1 carvedilol).

Fogari et al	Erectile dysfunction spontaneously reported:
2002	atenolol 10 patients (18.2%)
Italy	valsartan 0 patients
(Poor overall, fair for	
adverse events)	

Not reported

Author Year Country			
Trial Name (Quality Score)	Study Design	Eligibility criteria	Interventions (drug, dose, duration)
Lacourciere et al 1994 11 countries (Canada, US, and Western Europe) (Fair overall, fair for adverse events)	RCT	Men and women 21 years or older, with uncomplicated primary hypertension who had previously reported cough with an ACE inhibitor otherwise generally healthy.	Losartan 50mg, lisinopril 20mg, or hydrochlorothiazide 25mg once daily.
Lacourciere 1999 Canada (Fair overall, fair for adverse events)	RCT	Patients between ages 18 and 80 with uncomplicated mild to moderate essential hypertension and a history of ACE inhibitor-related dry cough.	Telmisartan 80 mg, lisinopril 20 mg for up to 8 weeks.

# Evidence table 10. Studies of adverse events of angiotensin II receptor antagonists

Author Year Country Trial Name (Quality Score)	Run-in/Washout Period	Allowed other medications/ interventions	Method of Outcome Assessment and Timing of Assessment
Lacourciere et al 1994 11 countries (Canada, US, and Western Europe) (Fair overall, fair for adverse events)	Patients with a history of ACE inhibitor- associated cough received lisinopril 20mg once daily in a single-blind manner for up to 6 weeks; those with moderate or more dry cough on two consecutive visits entered single-blind placebo washout period. At least 2 weeks later, patients with no dry cough on two consecutive visits were randomized to 8-week double-blind treatment period.	No	Symptom Assessment Questionnaire and Visual Analogue Scale were independently completed by patients at all clinic visits before being seen by the physician or study nurse. Questionnaire assessed the severity of nine symptoms, including dry cough. Visual Analogue Scale completed to assess patient's perception of frequency of cough. Clinic visits were scheduled every 2 weeks, but patients were permitted to return earlier if indicated (i.e., if a persistent dry cough developed).
Lacourciere 1999 Canada (Fair overall, fair for adverse events)	7-day screening period; challenge period of up to 6 weeks, during which the patients received single-blind, double dummy lisinopril, a 4-week washout period, double- blind treatment period of up to 8 weeks, and a 1-week, post-treatment placebo period.	Permitted paracetamol 2g per day or less and aspirin not exceeding 325 mg per day for prophylaxis of coronary artery disease.	Assessment for presence of cough performed using a Symptom Assessment Questionnaire and a Visual Analogue Scale independently completed by patients at all visits. SAQ evaluated incidence and severity of 9 symptoms: dry cough, dry mouth, leg cramps, racing heart, heartburn, headache, sore throat, nocturnal urination, and facial flushing. Severity of these indicated on 5-point scale ranging from "not at all" to "extremely." Visual Analogue Scale assessed frequency of symptoms appearing on the SAQ, ranging from "I never have the symptom" to " I have the symptom constantly." Frequency of cough measured at the end of the lisinopril challenge period, end of placebo and washout phase. "Time

to positive" response for the development of cough during

the double-blind period was also analyzed.

Author Year Country Trial Name (Quality Score)	Age Gender Ethnicity	Other population characteristics (diagnosis, etc)	Number screened/ eligible/enrolled
Lacourciere et al 1994 11 countries (Canada, US, and Western Europe) (Fair overall, fair for adverse events)	Mean age ~ 56 (SD ~ 10.5) 36% male White: 81% losartan, 98% lisinopril (p<0.05 vs losartan group), 88% hydrochlorothiazide Black: 10% losartan, 0 lisinopril, 7% hydrochlorothiazide Other: 8% losartan, 2% lisinopril, 4% hydrochlorothiazide	No differences among groups in duration of hypertension or blood pressure. All had uncomplicated primary hypertension, otherwise generally healthy.	Number screened, eligible not reported/135 enrolled

Lacourciere	8% age 31-40, 60.2% age 41-64, 31.8% age	Median duration of hypertensive	216 screened/135 eligible/92
1999	65 or older	disease 10.6 years for placebo, 9.3	enrolled
Canada	38.6% male, 61.4% female	years for telmisartan, and 6.5 years	
(Fair overall, fair for	89.8% white (other ethnicities not reported).	for lisinopril.	
adverse events)			

Author Year Country Trial Name (Quality Score)	Number withdrawn/ lost to fu/analyzed	Results	Method of adverse effects assessment?
Lacourciere et al 1994 11 countries (Canada, US, and Western Europe) (Fair overall, fair for adverse events)	Number withdrawn, lost to followup not reported/135 analyzed	Number of patients with dry cough during 8 weeks of treatment (includes responses "a little", "moderately", "quite a bit", or "extremely") losartan 29.2% lisinopril 71.7% (P<0.01 vs other groups) HCTZ 34.1% Change in VAS from end of washout to end of treatment period (higher is more frequent cough): lisinopril 3.0 cm losartan 0.9 cm hydrochlorothiazide 1.2 cm (P<0.01 lisinopril vs losartan and HCTZ)	For events other than cough, spontaneous report.
Lacourciere 1999 Canada (Fair overall, fair for adverse events)	4 withdrawn/0 lost to followup/88 analyzed	Occurrence of dry cough during 8 weeks of treatment: telmisartan15.6% (P=0.004 vs lisinopril) lisinopril 60% placebo 9.7% (P=0.001 vs lisinopril) Frequency of dry cough on VAS at 8 weeks of treatment (higher is more frequent cough): telmisartan 0.83 cm (P=0.0016 vs lisinopril) lisinopril: 2.87 cm placebo: 0.92 cm (P=0.0028 vs lisinopril)	Other than cough, monitored by physical examinations, ECG, laboratory tests, and patient adverse events reporting.

Author Year Country Trial Name (Quality Score)	Adverse Effects Reported	Total withdrawals; withdrawals due to adverse events
Lacourciere et al 1994 11 countries (Canada, US, and Western Europe) (Fair overall, fair for adverse events)	At least one adverse event spontaneously reported: losartan 52.1%, lisinopril 63.0%, HCTZ 43.9% Drug-related adverse events: lisinopril 45.7%, losartan 22.9%, HCTZ 17.1% p<0.05 lisinopril vs losartan, <0.01 vs HCTZ	Not reported

Lacourciere 1999 Canada	Adverse events reported: 66.7% placebo patients, 53.1% telmisartan patients, 44.4% lisinopril patients. Except for cough, most were mild to moderate in intensity	Of those entering double-blind treatment period (n=92): 4 withdrew. 3 discontinued due to adverse events (groups
(Fair overall, fair for adverse events)	and not considered treatment-related.	not specified)

Author Year Country Trial Name (Quality Score)	Study Design	Eligibility criteria	Interventions (drug, dose, duration)
Paster et al 1998 US (Fair overall, fair for adverse events)	RCT	Generally healthy men and women, of legal age, with hypertension and a history of ACE inhibitor-induced cough.	Losartan 50mg once daily, lisinopril 20mg once daily, or placebo for up to 8 weeks.

Author Year Country Trial Name (Quality Score)	Run-in/Washout Period	Allowed other medications/ interventions	Method of Outcome Assessment and Timing of Assessment
Paster et al 1998 US (Fair overall, fair for adverse events)	Open-label lisinopril 20mg once daily for a maximum of 6 weeks as a challenge to reproduce the dry cough. Those with dry cough on two consecutive visits proceeded to 4-week, placebo washout, during which total disappearance of cough had to be documented on two consecutive visits. Those who met criteria for first 2 phases were randomly allocated to 8 weeks double-blind therapy.	No	Incidence and severity of dry cough assessed at each visit using the SAQ, which listed nine symptoms (dry mouth, cramps in legs, dry cough, racing heart, heartburn, headache, sore throat, getting up at night to pass urine, and flushing face). Primary efficacy question was dry cough. Patients marked whether they had experienced the symptom in the previous week and, if so, the extent to which it had bothered them (not at all, a little, moderately, quite a bit, or extremely). Patients also used a VAS at each visit to quantify their perception of cough frequency, ranging from "I never cough" to "I am constantly coughing." Clinic visits scheduled every 2 weeks through out all phases of the trial but could be scheduled more frequently if clinically indicated (i.e., if a patient developed persistent dry cough).

Author Year Country Trial Name (Quality Score)	Age Gender Ethnicity	Other population characteristics (diagnosis, etc)	Number screened/ eligible/enrolled
Paster et al 1998 US (Fair overall, fair for adverse events)	Mean age 57.1 (range 31-83) 49% male 90% white, 3% Asian, 5% black, 2% other	Mean duration of hypertension 10 years (range 0.3-40 years)	Number screened, eligible not reported/100 enrolled

Author Year Country Trial Name (Quality Score)	Number withdrawn/ lost to fu/analyzed	Results	Method of adverse effects assessment?
Paster et al 1998 US (Fair overall, fair for adverse events)	8 withdrawn/2 lost to followup/97 analyzed	Incidence of dry cough during 8 weeks of treatment: losartan 36.7% lisinopril 87.5% (P $\leq$ 0.001 compared with losartan and placebo) placebo 31.4%	At each visit, patients were asked a non-leading question concerning how they had felt since the last visit. Physician investigator assessed whether any adverse experiences were related to therapy. Investigators masked to treatment.

Author		
Year		
Country		
Trial Name		Total withdrawals; withdrawals due to adverse
(Quality Score)	Adverse Effects Reported	events
Paster et al	No serious clinical or laboratory adverse events. 11/31 (35.5%)	Withdrawals due to adverse events1 lisinopril
1998	losartan patients, 11/34 (32.4%) lisinopril patients, and 20/35 (57.1%)	(cough), 0 losartan, 5 placebo.
US	placebo patients reported at least one clinical adverse event.	
(Fair overall, fair for	Adverse events judged to be drug related in 2 losartan (6.5%) vs 5	
adverse events)	lisinopril (14.7%) and 9 placebo (25.7%).	

Author, Year Country Tedesco, 1999 Country not stated Dahlof, 1997 Sweden	Internal Validity Randomization adequate? Method not reported Method not reported	Allocation concealment adequate? Method not reported Method not reported	<b>Groups similar at baseline?</b> Yes Yes	Eligibility criteria specified? Yes Yes	Outcome assessors masked? Yes, but method not described Not reported
Australia, Finland					
Tanser, 1998 Australia, Canada, Europe, Mexico	Not reported	Not reported	Yes	Yes	Yes, but method not described
Rake, 2001 U.S.	Not reported	Not reported	Yes	Yes	Yes
Breeze, 2001 North America, Europe, South Africa	Not reported	Not reported	Yes	Yes	Yes
De Rosa, 2002 Italy	Not reported	Not reported	Yes	Yes	Yes, but method not described
Schrader, 2005 Germany, Austria MOSES (Fair)	Yes	Yes	Yes	Yes	Yes

Author, Year Country	Care provider masked?	Patient masked?	Reporting of attrition, crossovers, adherence, and contamination?	Loss to follow-up: differential/high?
Ledesco, 1999 Country not stated	Yes, but method not described	Yes, but method not described	Yes/No/No/No	No
Dahlof, 1997 Sweden, Australia, Finland	Yes	Yes, but method not described	Yes/No/No/No	No
Tanser, 1998 Australia, Canada, Europe, Mexico	Yes, but method not described	Yes, but method not described	No/No/No	No
Rake, 2001 U.S.	Yes	Yes	No/No/No	Not reported
Breeze, 2001 North America, Europe, South Africa	Yes	Yes	Yes/No/No/No	No
De Rosa, 2002 Italy	Yes, but method not described	Yes, but method not described	Yes/No/No/No	No
Schrader, 2005 Germany, Austria MOSES (Fair)	No	No	No/No/Yes	No

Year	Intention-to-treat	Post-randomization		
Country	analysis?	exclusions?	Quality Rating	Number screened/eligible/enrolled
Tedesco, 1999 Country not stated	Yes	Unable to determine	Fair	Number screened not reported/number eligible not reported/69 enrolled
Dahlof, 1997 Sweden, Australia, Finland	Yes	Unable to determine	Fair	Number screened not reported/number eligible not reported/898 enrolled
Tanser, 1998 Australia, Canada, Europe, Mexico	No (2 patients excluded due to not having post- randomization assessments of cough)	Yes (2)	Fair	Number screened not reported/301 eligible/156 enrolled
Rake, 2001 U.S.	No (4 had insufficient information to analyze QOL)	Yes (4)	Fair	231 screened/number eligible not reported/136 enrolled
Breeze, 2001 North America, Europe, South Africa	No, different numbers of patients excluded from cough and QOL assessments	Yes (6 due to lack of baseline and/or endpoint questionnaires)	Fair	Number screened not reported/number eligible not reported/529 enrolled
De Rosa, 2002 Italy	No	No	Fair	Number screened not reported/number eligible not reported/50 enrolled
Schrader, 2005 Germany, Austria MOSES (Fair)	Yes	Yes (53 withdrew consent prior to taking study drug)	Fair	Number screened not reported/1405 eligible/1352 enrolled

Author,			Class naïvo nationts
Country	Exclusion criteria	Run-in/Washout	only?
Tedesco, 1999 Country not stated	Recent MI or stroke, renal failure, chronic severe liver disease, congestive HF	Yes	Not reported
Dahlof, 1997 Sweden, Australia, Finland	Women of child-bearing age, significant renal impairment, MI within previous 6 months, angina, congestive HF, beta-blockers and other antihypertensive agents, previous AIIRA or CCB	Yes	Yes
Tanser, 1998 Australia, Canada, Europe, Mexico	Obstructive pulmonary disease; smoking; concomitant medication including NSAIDs; aspirin; codeine; antitussive agents; secondary or malignant hypertension; sitting DBP > 105 mm Hg or SBP > 180 mm Hg; severe cardiovascular liver, renal, or allergic disease, renal artery stenosis or transplantation, past or present drug abuse, childbearing potential, or hypersensitivity to study drugs	Yes	No
Rake, 2001 U.S.	Not reported	Yes	No
Breeze, 2001 North America, Europe, South Africa	Not reported	Yes	No
De Rosa, 2002 Italy	Significant cardiovascular, cerebrovascular, renal or hepatic disease, recent MI and secondary HTN	Yes	No
Schrader, 2005 Germany, Austria MOSES (Fair)	Internal carotid artery occlusion or stenosis > 70%, HF NYHA class III-IV, > 85 years at time of cerebrovascular event, treatment with anticoagulants for cardiac arrhythmia, high grade aortic or mitral valve stenosis, unstable angina pectoris	No	No

Author, Year	Control group standard of		
Country	care?	Funding	Relevance?
Tedesco, 1999 Country not stated	Yes	Not reported	Yes
Dahlof, 1997 Sweden, Australia, Finland	Yes	Financial support by Merck & Co., Inc. (coordination efforts of sponsor employee acknowledged)	Yes
Tanser, 1998 Australia, Canada, Europe, Mexico	Yes	Supported by a grant from Astra Hassle	Yes
Rake, 2001 U.S.	Yes	Funded by SmithKline Beecham Pharmaceutical Inc	Yes
Breeze, 2001 North America, Europe, South Africa	Yes	Funded by SmithKline Beecham Pharmaceutical Inc	Yes
De Rosa, 2002 Italy	Yes	Not reported	Yes
Schrader, 2005 Germany, Austria MOSES (Fair)	Yes	Supported by Solvay Pharmaceuticals GmbH and Aventis Pharma Germany (Solvay Pharmaceuticals provided study medication)	Yes

	Internal Validity				
Author,		Allocation			
Year	Randomization	concealment		Eligibility criteria	Outcome assessors
Country	adequate?	adequate?	Groups similar at baseline?	specified?	masked?
Yamamoto, 2003	Not randomized	Not randomized	Yes	Yes, but inadequate	No

Author,				
Year	Care provider		Reporting of attrition, crossovers,	Loss to follow-up:
Country	masked?	Patient masked?	adherence, and contamination?	differential/high?
Yamamoto, 2003 Japan	No	No	Yes/Yes/No/No	No

Author,				-
Year	Intention-to-treat	Post-randomization		
Country	analysis?	exclusions?	Quality Rating	Number screened/eligible/enrolled
Yamamoto, 2003	Yes	No	Poor	Number screened not reported/number
Japan				eligible not reported/100 enrolled

Author,			
Year			Class naïve patients
Country	Exclusion criteria	Run-in/Washout	only?
Yamamoto, 2003	Severe organ failure of brain, heart, or kidney; severe DM or	No	Not reported
Japan	hepatic disease; dementia or psychiatric disease preventing QC	DL	
	assessment		

Author,			
Year	Control group standard of		
Country	care?	Funding	Relevance?
Yamamoto, 2003	Yes	Not reported	Yes
Japan			

Author, Year Country Lithell, 2003 U.S., Canada, Europe SCOPE trial	Internal Validity Randomization adequate? Yes	Allocation concealment adequate? Yes	Groups similar at baseline? Yes	Eligibility criteria specified? Yes	Outcome assessors masked? Yes
Parving, 2001 Canada, Europe, South America, South Africa	Not reported	Not reported	Yes	Yes	Yes, but method not described
Trenkwalder, 2005 U.S., Canada, Europe SCOPE trial substudy (demographics, risk factors, comorbidities)	Yes	Yes	Yes	Yes	Yes

Author, Year Country	Care provider masked?	Patient masked?	Reporting of attrition, crossovers, adherence, and contamination?	Loss to follow-up: differential/high?
Lithell, 2003 U.S., Canada, Europe SCOPE trial	Yes	Yes	Yes/No/No/Yes	No
Parving, 2001 Canada, Europe, South America, South Africa	Yes, but method not described	Yes, but method not described	Yes/No/Yes/No	No
Trenkwalder, 2005 U.S., Canada, Europe SCOPE trial substudy (demographics, risk factors, comorbidities)	Yes	Yes	Yes/No/No/Yes	No

Author, Year Country	Intention-to-treat analysis?	Post-randomization exclusions?	Quality Rating
Lithell, 2003 U.S., Canada, Europe SCOPE trial	Yes (although 13 excluded post- randomization for data quality concerns)	Yes (27 total: 13 data quality concerns; 14 no study drug dispensed)	Fair
Parving, 2001 Canada, Europe, South America, South Africa	Yes	No	Fair
Trenkwalder, 2005 U.S., Canada, Europe SCOPE trial substudy (demographics, risk factors, comorbidities)	Yes (see SCOPE trial below)	Yes (see SCOPE trial below)	Fair
	External Validity		
---	---	--	
Author,	-		
Year			
Country	Number screened/eligible/enrolled	Exclusion criteria	
Lithell, 2003 U.S., Canada, Europe SCOPE trial	Number screened not reported/4964 randomized/4937 enrolled	Secondary HTN, SBP $\geq$ 180 mm Hg, orthostatic hypotension, need for treatment with other than HCTZ during run-in, MI or stroke within previous 6 months, decompensated HF, AST or ALT > 3 times upper limit normal, sCr > 180umol/l (men) and > 140 umol/l (women), contraindications to study drug or HCTZ, serious concomitant diseases affecting survival, alcohol or drug abuse; dementia, treatment with drugs for dementia, conditions that preclude MMSE, vitamin B12 deficiency or hypothyroidism treated < 12 months, neurosyphilis or AIDS, severe brain disorder, certain mental disorders, psychopharmacologic therapy started with previous 6 months	
Parving, 2001 Canada, Europe, South America, South Africa	Number screened not reported/1469 eligible/611 enrolled	Nondiabetic kidney disease, cancer, life-threatening disease with death expected to occur within two years, and an indication for angiotension-converting-enzyme (ACE) inhibitors or angiotensin II receptor antagonists	

Trenkwalder, 2005	Number screened not reported/4964	See SCOPE (Lithell, 2003) below
U.S., Canada, Europe	randomized/4937 enrolled	
SCOPE trial substudy		
(demographics, risk factors,		
comorbidities)		

Author,					
Year		Class naïve patients	Control group		
Country	Run-in/Washout	only?	standard of care?	Funding	Relevance?
Lithell, 2003	Yes	Not reported	Yes	Financially supported by AstraZeneca (data entered into sponsor's database	Yes
Canada,				employees of sponsor were non-voting	
Europe				members of the Executive and Steering	
SCOPE trial				Committees)	
Parving, 2001	Yes	No	Yes	Supported by a grant from Sanofi-	Yes
Canada,				Synthlabo and Bristol-Myers Squibb	
Europe, South America					
South Africa					
Trenkwalder, 2005	Yes	Not reported	Yes	Unrestricted support by AstraZeneca;	Yes
U.S., Canada, Europe				two authors employees of manufacturer	
COPE ITIAI SUDSTUDY				poviaing tunaing	
comorbidities)					

	Internal Validity				
Author,		Allocation			
Year	Randomization	concealment	Groups similar at	Eligibility criteria	Outcome assessors
Country	adequate?	adequate?	baseline?	specified?	masked?
Papademetriou, 2004 U.S., Canada, Europe SCOPE trial substudy (ISH)	Yes	Yes	Yes (except for higher CV risk in candesartan group; 38.9% vs. 32.5% control)	Yes	Yes
Degl'Innocenti, 2004 U.S., Europe SCOPE trial substudy (QOL)	Yes	Yes	Yes	Yes	Yes
Faulhaber, 1999 Germany	Method not reported	Method not reported	Yes	Yes	Not Reported

Author, Year Country	Care provider masked?	Patient masked?	Reporting of attrition, crossovers, adherence, and contamination?	Loss to follow-up: differential/high?
Papademetriou, 2004 U.S., Canada, Europe SCOPE trial substudy (ISH)	Yes	Yes	Yes/No/Yes	No
Degl'Innocenti, 2004 U.S., Europe SCOPE trial substudy (QOL)	Yes	Yes	Yes/No/Yes	No
Faulhaber, 1999 Germany	Yes	Yes	Yes/No/Yes/No	No

Author, Year Country	Intention-to-treat analysis?	Post-randomization exclusions?	Quality Rating
Papademetriou, 2004 U.S., Canada, Europe SCOPE trial substudy (ISH)	Yes (and last value carried forward)	Yes (1 lost to fu)	Fair
Degl'Innocenti, 2004 U.S., Europe SCOPE trial substudy (QOL)	No	Yes (196 total; reason not reported)	Fair
Faulhaber, 1999 Germany	No (modified intent-to-treat; 6 excluded for completing < 12 weeks)	Yes (6 total for completing < 12 weeks trial)	Fair

	External Validity	
Author,		
Year		
Country	Number screened/eligible/enrolled	Exclusion criteria
Papademetriou, 2004 U.S., Canada, Europe SCOPE trial substudy (ISH)	Number screened not reported/1518 randomized with ISH/1518 enrolled	Secondary HTN, SBP > 180 mm Hg, orthostatic hypotension, need for treatment with other than HCTZ during run-in, MI or stroke within previous 6 months, decompensated HF, AST or ALT > 3 times upper limit normal, sCr > 180umol/l (men) and > 140 umol/l (women), contraindications to study drug or HCTZ, serious concomitant diseases affecting survival, alcohol or drug abuse; dementia, treatment with drugs for dementia, conditions that preclude MMSE, vitamin B12 deficiency or hypothyroidism treated < 12 months, neurosyphilis or AIDS, severe brain disorder, certain mental disorders, psychopharmacologic therapy started with previous 6 months; DBP > 90 mm Hg after run-in
Degl'Innocenti, 2004 U.S., Europe SCOPE trial substudy (QOL)	Number screened not reported/number eligible not reported/2850 enrolled	Secondary HTN, SBP > 180 mm Hg, orthostatic hypotension, need for treatment with other than HCTZ during run-in, MI or stroke within previous 6 months, decompensated HF, AST or ALT > 3 times upper limit normal, sCr > 180umol/l (men) and > 140 umol/l (women), contraindications to study drug or HCTZ, serious concomitant diseases affecting survival, alcohol or drug abuse; dementia, treatment with drugs for dementia, conditions that preclude MMSE, vitamin B12 deficiency or hypothyroidism treated < 12 months, neurosyphilis or AIDS, severe brain disorder, certain mental disorders, psychopharmacologic therapy started with previous 6 months; not enrolled at participating site
Faulhaber, 1999 Germany	Number screened not reported/number eligible not reported/56 enrolled	None reported; criteria for study discontinuation included intolerable adverse events (mean sitting DBP > 120 mm Hg, sCr > 600 $\mu$ mol/L), major protocol compliance violations, withdrawal of consent

Author,					
Year		Class naïve patients	Control group		
Country	Run-in/Washout	only?	standard of care?	Funding	Relevance?
Papademetriou, 2004	Yes	Not reported	Yes	Unrestricted support by AstraZeneca	Yes
U.S., Canada, Europe					
SCOPE trial substudy (ISH)					
Degl'Innocenti, 2004 U.S., Europe SCOPE trial substudy (QOL)	Yes	Not reported	Yes	Sponsored by AstraZeneca (also provided monitoring and coordinating staff)	Yes
Faulhaber, 1999	Yes	Not reported	Yes	Supported by Novartis	Yes
Germany					

Author, Year Country	Internal Validity Randomization adequate?	Allocation concealment adequate?	Groups similar at baseline?	Eligibility criteria specified?	Outcome assessors masked?
Dahlof, 2002 U.S., U.K., Scandinavia LIFE trial	Method not reported	Method not reported	Yes	Yes	Yes
Devereux, 2003 U.S., U.K., Scandinavia LIFE trial substudy (w/o vascular disease)	Method not reported	Method not reported	Yes	Yes	Yes
Kjeldsen, 2002 U.S., U.K., Scandinavia LIFE trial substudy (ISH)	Method not reported	Method not reported	Yes	Yes	Yes
Lindholm, 2002 U.S., U.K., Scandinavia LIFE trial substudy (DM)	Method not reported	Method not reported	Yes	Yes	Yes

### Quality table 3. Active controlled trials of angiotensin II receptor antagonists in patients at high cardiovascular risk (N=4)

Author, Year Country	Care provider masked?	Patient masked?	Reporting of attrition, crossovers, adherence, and contamination?	Loss to follow-up: differential/high?
Dahlof, 2002 U.S., U.K., Scandinavia LIFE trial	Yes, but method not described	Yes, but method not described	Yes/No/No/No	No
Devereux, 2003 U.S., U.K., Scandinavia LIFE trial substudy (w/o vascular disease)	Yes, but method not described	Yes, but method not described	Yes/No/No/No	No
Kjeldsen, 2002 U.S., U.K., Scandinavia LIFE trial substudy (ISH)	Yes, but method not described	Yes, but method not described	Yes/No/No/No	No
Lindholm, 2002 U.S., U.K., Scandinavia	Yes, but method not described	Yes, but method not described	Yes/No/No/Yes	No

LIFE trial substudy (DM)

Author, Year Country	Intention-to-treat analysis?	Post-randomization exclusions?	Quality Rating	External Validity Number screened/eligible/enroll ed
Dahlof, 2002 U.S., U.K., Scandinavia LIFE trial	Yes	No	Good	10,780 screened/9222 eligible/9193 enrolled
Devereux, 2003 U.S., U.K., Scandinavia LIFE trial substudy (w/o vascular disease)	Yes	Unable to determine	Good	10,780 screened/9222 eligible/6886 of 9193 enrolled in substudy
Kjeldsen, 2002 U.S., U.K., Scandinavia LIFE trial substudy (ISH)	Yes	No	Good	10,780 screened/9222 eligible/1326 of 9193 enrolled in substudy
Lindholm, 2002 U.S., U.K., Scandinavia LIFE trial substudy (DM)	Yes	No	Good	10,780 screened/9222 eligible/1195 of 9193 enrolled in substudy

Author, Year Country	Exclusion criteria	Run-in/Washout	Class naïve patients only?
Dahlof, 2002 U.S., U.K., Scandinavia LIFE trial	Secondary HTN, MI or stroke within previous 6 months, angina requiring beta-blockers or CCBs, HF or LVEF $\leq$ 40%, any disorder requiring treatment with an AIIRA, beta-blocker, HCTZ, or ACEI	Yes	Not reported
Devereux, 2003 U.S., U.K., Scandinavia LIFE trial substudy (w/o vascular disease)	Secondary HTN, MI or stroke within previous 6 months, angina requiring beta-blockers or CCBs, HF or LVEF $\leq$ 40%, any disorder requiring treatment with an AIIRA, beta-blocker, HCTZ, or ACEI	Yes	Not reported
Kjeldsen, 2002 U.S., U.K., Scandinavia LIFE trial substudy (ISH)	Clinical evidence of vascular disease, secondary HTN, MI or stroke within previous 6 months, angina requiring beta-blockers or CCBs, HF or LVEF $\leq$ 40%, any disorder requiring treatment with an AIIRA, beta-blocker, HCTZ, or ACEI	Yes	Not reported
Lindholm, 2002 U.S., U.K., Scandinavia LIFE trial substudy (DM)	Clinical evidence of vascular disease, secondary HTN, MI or stroke within previous 6 months, angina requiring beta-blockers or CCBs, HF or LVEF $\leq$ 40%, any disorder requiring treatment with an AIIRA, beta-blocker, HCTZ, or ACEI	Yes	Not reported

Author,			
Year	Control group		
Country	standard of care?	Funding	Relevance?
Dahlof, 2002 U.S., U.K., Scandinavia LIFE trial	Yes	Supported by an unrestricted grant from Merck (steering committee had free access to study data in sponsor's database to interpret data and write the manuscript)	Yes
Devereux, 2003 U.S., U.K., Scandinavia LIFE trial substudy (w/o vascular disease)	Yes	Supported by a grant from Merck & Co. (helped refine study, provided data management assistance and data collection, and performed statistical analyses)	Yes
Kjeldsen, 2002 U.S., U.K., Scandinavia LIFE trial substudy (ISH)	Yes	Supported by an unrestricted grant from Merck & Co. (reviewed manuscript)	Yes
Lindholm, 2002 U.S., U.K., Scandinavia LIFE trial substudy (DM)	Yes	Supported by an unrestricted grant from Merck (study data in sponsors database, free access by steering committee; reviewed manuscript)	Yes

Author, Year Country	Internal Validity Randomization adequate?	Allocation concealment adequate?	Groups similar at baseline?	Eligibility criteria specified?	Outcome assessors masked?
Julius, 2004 N. America, S. America, Europe, Africa, Asia, Australia VALUE trial	Yes	Yes	Yes	Yes	Yes
Kondo, 2003 Japan	Method not reported	Method not reported	Yes	Yes	No
Julius, 2004 U.S., U.K., Scandinavia LIFE trial substudy (Black patients)	Method not reported	Method not reported	No	Yes	Yes

Author, Year Country	Care provider masked?	Patient masked?	Reporting of attrition, crossovers, adherence, and contamination?	Loss to follow-up: differential/high?
Julius, 2004 N. America, S. America, Europe, Africa, Asia, Australia VALUE trial	Yes, but HCTZ unblinded	Yes	Yes/No/No/No	No
Kondo, 2003 Japan	No	No	Yes/No/No/No	No
Julius, 2004 U.S., U.K., Scandinavia LIFE trial substudy (Black patients)	Yes	Yes	Yes/No/No/No	No

Author, Year Country	Intention-to-treat	Post-randomization	Quality Rating	External Validity Number screened/eligible/enroll
Julius, 2004 N. America, S. America, Europe, Africa, Asia, Australia VALUE trial	Yes	No	Good	18,124 screened/15,313 eligible/15,245 enrolled
Kondo, 2003 Japan	Yes	Unable to determine	Poor	Number screened not reported/number eligible not reported/406 enrolled
Julius, 2004 U.S., U.K., Scandinavia LIFE trial substudy (Black patients)	Yes	Unable to determine	Good	10,780 screened/9222 eligible/9193 enrolled (533 Black patients)

Author,			
Year			Class naïve patients
Country	Exclusion criteria	Run-in/Washout	only?
Julius, 2004 N. America, S. America, Europe, Africa, Asia, Australia VALUE trial	Renal artery stenosis, pregnancy, acute MI, PTCA or CABG within previous 3 months, clinically relevant valvular disease, stroke within previous 3 months, severe hepatic disease, severe chronic renal failure, congestive HF requiring ACEI therapy, monotherapy with beta-blockers for both CAD and HTN	No	No
Kondo, 2003 Japan	CHF (LVEF < 40%), malignancy, receiving dialysis	No	Not reported
Julius, 2004 U.S., U.K., Scandinavia LIFE trial substudy (Black patients)	Secondary HTN, MI or stroke within previous 6 months, angina requiring beta-blockers or CCBs, HF or LVEF < 40%, any disorder requiring treatment with an AIIRA, beta-blocker, HCTZ, or ACEI	Yes	Not reported

Author, Year Country	Control group standard of care?	Funding	Relevance?
Julius, 2004 N. America, S. America, Europe, Africa, Asia, Australia VALUE trial	Yes	Supported by an unrestricted grant from Novartis Pharma AG (executive committee had full access to study data, was responsible for data analysis and had statistician independently analyze and validate analysis done by sponsor statistician, and had control over the right to publish)	Yes
Kondo, 2003 Japan	No	None reported	Yes
Julius, 2004 U.S., U.K., Scandinavia LIFE trial substudy (Black patients)	Yes	Investigator-initiated study supported by Merck & Co., Inc.	Yes

# Quality table 4. Head-to-head trials of angiotensin II receptor antagonists in patients after recent myocardial infarction complicated by heart failure, left ventricular systolic dysfunction, or both (N=2)

Author	Internal Validity			
Autnor, Year Country	Randomization adequate?	Allocation concealment adequate?	Groups similar at baseline?	Eligibility criteria specified?
Pfeffer, 2003 U.S., Canada, South America, Australia, Africa, Europe, Russia VALIANT trial	Yes	Yes	Yes (note:data missing on similar number of patients for LVEF, Killip class, and site and type of MI)	Yes
Dickstein, 2002 Denmark, Finland, Germany, Ireland, Norway, Sweden, U.K. OPTIMAAL trial	Yes	Yes	Yes	Yes

# Quality table 4. Head-to-head trials of angiotensin II receptor antagonists in patients after recent myocardial infarction complicated by heart failure, left ventricular systolic dysfunction, or both (N=2)

Outcome assessors masked?	Care provider masked	? Patient masked?	Reporting of attrition, crossovers, adherence, and contamination?	Loss to follow-up: differential/high?	Intention-to-treat analysis?
Yes	Yes	Yes	Yes/No/Yes/Yes	No	Yes
Yes	Yes	Yes	Yes/No/Yes/No	No	Yes

# Quality table 4. Head-to-head trials of angiotensin II receptor antagonists in patients after recent myocardial infarction complicated by heart failure, left ventricular systolic dysfunction, or both (N=2)

**External Validity** 

Post-randomization exclusions?	Quality Rating	Number screened/eligible/enrolled
Yes (105 at one site due to potential inadequate informed consent process)	Good	Number screened not reported/number eligible not reported/14,808 enrolled (14,703 analyzed as 105 from one site were censored prior to unblinding)

No

Good

31,738 screened/number eligible not reported/5477 enrolled

# Quality table 4. Head-to-head trials of angiotensin II receptor antagonists in patients after recent myocardial infarction complicated by heart failure, left ventricular systolic dysfunction, or both (N=2)

Exclusion criteria	Run-in/Washout	Class naïve patients only?	Control group standard of care?
Previous intolerance or contraindication to ACEI or AIIRA, clinically significant valvular disease, any disease known to severely limit life expectancy, written informed consent not available	None	No	Yes
Supine SBP < 100 mm Hg, current treatment with ACEI or AIIRA, unstable angina, hemodynamically significant stenotic valvular disease or dysrhythmia, and planned coronary revascularization	None	Yes (at time of enrollment)	) Yes

## Quality table 4. Head-to-head trials of angiotensin II receptor antagonists in patients after recent myocardial infarction complicated by heart failure, left ventricular systolic dysfunction, or both (N=2)

Funding	Relevance?
Supported by a grant from Novartis Pharmaceuticals (sponsor verified all analyses and reviewed manuscript)	Yes

Supported by an unconditional grant from Merck, Sharp and Dohme Research Laboratories (sponsor provided assistance in data management and included 2 nonvoting members on the steering committee) Yes

### Quality table 5. Active controlled trials of angiotensin II receptor antagonists in patients with heart failure (N=9)

	Internal Validity					
Author, Year Country	Randomization adequate?	Allocation concealment adequate?	Groups similar at baseline?	Eligibility criteria specified?		
Pitt, 2000 U.S., Canada, Europe, South Africa, South America ELITE II Trial	Yes	Yes	Yes	Yes		
Pitt, 1997 U.S., Canada, Europe, South Africa, South America ELITE Trial	Method not reported	Method not reported	Yes	Yes		

Houghton, 1999	Method not reported	Method not reported	Yes	Yes
U.K.				

ELITE Trial substudy

Author, Year Country Pitt 2000	Outcome assessors masked?	Care provider masked?	Patient masked?	Reporting of attrition, crossovers, adherence, and contamination?
U.S., Canada, Europe, South Africa, South America ELITE II Trial				
Pitt, 1997 U.S., Canada, Europe, South Africa, South America ELITE Trial	Yes	Yes	Yes	Yes/No/No/No
Houghton, 1999 U.K. ELITE Trial substudy	Yes	Yes	Yes	Yes/No/No/No

Author, Year Country	Loss to follow-up: differential/high?	Intention-to-treat analysis?	Post-randomization exclusions?	Quality Rating
Pitt, 2000 U.S., Canada, Europe, South Africa, South America ELITE II Trial	No	Yes	No	Good
Pitt, 1997 U.S., Canada, Europe, South Africa, South America ELITE Trial	Not reported	Yes	No	Fair
Houghton, 1999 U.K. ELITE Trial substudy	No	Yes	Unable to determine	Fair

	External Validity	
Author, Year Country	Number screened/eligible/enrolled	Exclusion criteria
Pitt, 2000 U.S., Canada, Europe, South Africa, South America ELITE II Trial	Number screened not reported/number eligible not reported/3152 enrolled	Previous intolerance to ACEIs or AIIRAs, SBP < 90 mm Hg, DBP > 95 mm Hg, hemodynamically important stenotic valvular heart disease, acute myocarditis or pericarditis, automatic implanted cardioverter defibrillators, coronary angioplasty within 1 week of enrollment, CABG, AMI or unstable angina within 2 weeks of enrollment, CVA or TIA within 6 weeks of enrollment, documented or significant renal artery stenosis, hematuria, sCr > 220 umol/L
Pitt, 1997 U.S., Canada, Europe, South Africa, South America ELITE Trial	Number screened not reported/number eligible not reported/722 enrolled	SBP < 90 mm Hg or uncontrolled HTN (DBP > 95 mm Hg), significant obstructive valvular disease or symptomatic ventricular or supraventricular arrhythmia, constrictive pericarditis or acute myocarditis, cardiac surgery likely during study period or angioplasty within previous 72hrs, CABG or ICD within 2 weeks, AMI in previous 72hrs, unstable angina within 3 months, or angina (requiring 5 NTG tabs/wk) within 6 weeks, stroke or TIA in previous 3 months, digitalis toxicity, uncontrolled DM, chronic cough or angioedema of any etiology, untreated thyrotoxicosis or hypothyroidism, renal artery stenosis, contraindication to a vasodilator, unlikely survival for length of study or risk to patient, previous treatment with an AIIRA, sCr $\geq$ 221 umol/L (2.5mg/dl), potassium < 3.5 or > 5.5 mmol/L, potential for noncompliance

Houghton, 1999	Number screened not reported/number	same exclusion criteria as in ELITE (see above)
U.K.	eligible not reported/18 enrolled	
ELITE Trial substudy		

Author,					
Year		Class naïve	Control group standard of		
Country	Run-in/Washout	patients only?	care?	Funding	Relevance?
Pitt, 2000 U.S., Canada, Europe, South Africa, South America ELITE II Trial	Yes	Yes (unless length of therapy < 7 days within 3 months prior to randomization)	No (only 22% treated with beta- blockers)	Funded by Merck Research Laboratories (sponsor involved in study design, conduct of the study, statistical analyses, and writing the paper)	No
Pitt, 1997 U.S., Canada, Europe, South Africa, South America ELITE Trial	Yes	Yes	No (only 16% treated with beta- blockers)	Funded by Merck Research Laboratories (sponsor involved in directing and coordinating study, statistical analyses and data coordination, and writing the paper)	No
Houghton, 1999 U.K. ELITE Trial substudy	Yes	Yes	No (none treated with beta- blockers)	Funded by Merck Sharp and Dohme Ltd (role of sponsor not specified)	No

### Quality table 5. Active controlled trials of angiotensin II receptor antagonists in patients with heart failure (N=9)

Author, Year Country Cowley, 2000 U.S. ELITE Trial QOL substudy	Randomization adequate? Method not reported	Allocation concealment adequate? Yes	Groups similar at baseline? Yes	Eligibility criteria specified? Yes
Willenheimer, 2002 Sweden HEAVEN Study	Method not reported	Method not reported	Yes	Yes
Dunselman, 2001 Europe REPLACE	Method not reported	Method not reported	Yes	Yes
McKelvie, 1999 U.S., Canada, Europe, South America RESOLVD	Method not reported	Method not reported	No	Yes

Internal Validity

Author, Year Country	Outcome assessors masked?	Care provider masked?	Patient masked?	Reporting of attrition, crossovers, adherence, and contamination?
Cowley, 2000 U.S. ELITE Trial QOL substudy	Yes	Yes	Yes	Yes/No/No/No
Willenheimer, 2002 Sweden HEAVEN Study	Not reported	Yes, but method not described	Yes, but method not described	Yes/No/No/No
Dunselman, 2001 Europe REPLACE	Not reported	Yes, but method not described	Yes, but method not described	Yes/No/No/No
McKelvie, 1999 U.S., Canada, Europe, South America RESOLVD	Not reported	Yes	Yes	No/No/Yes/No

Author, Year Country	Loss to follow-up: differential/high?	Intention-to-treat analysis?	Post-randomization exclusions?	Quality Rating
Cowley, 2000 U.S. ELITE Trial QOL substudy	No	No	Yes (QOL data unavailable:10 Iosartan; 12 captopril)	Fair
Willenheimer, 2002 Sweden HEAVEN Study	No	ITT for primary endpoint; per protocol population	Yes (7 patients; reason not listed)	Fair
Dunselman, 2001 Europe REPLACE	No	No	No	Fair
McKelvie, 1999 U.S., Canada, Europe, South America RESOLVD	Not reported	No	Yes (1 for protocol violation)	Fair

	External Validity	
Author, Year Country	Number screened/eligible/enrolled	Exclusion criteria
Cowley, 2000 U.S. ELITE Trial QOL substudy	Number screened not reported/300 eligible/278 enrolled	same exclusion criteria as in ELITE (see above)
Willenheimer, 2002 Sweden HEAVEN Study	Number screened not reported/146 enrolled/141 randomized	Hemodynamically significant primary valvular disease, HF due to pulmonary disease, infective cardiomyopathy, MI or coronary intervention with 3 months, unstable coronary disease, severe arrhythmia, recent stroke, sCr $\geq$ 200 umol/L or other significant laboratory abnormality, AIIRA treatment within previous 3 months, persistent standing SBP < 90 mm Hg, and at investigators discretion
Dunselman, 2001 Europe REPLACE	Number screened not reported/number eligible not reported/378 enrolled	Any life-threatening disease (e.g., cancer, hemodynamically significant pulmonary embolism, AIDS), clinically significant stenotic valvular disease, aortic or mitral regurgitation, or hypertrophic or restrictive cardiomyopathy, history of MI, unstable angina, syncopal episodes, or surgery within previous 6 months, fever, primary renal, hepatic, or metabolic disease, treatment with PDE5 inhibitors, dopamine or beta-agonists, class I antiarrhythmic agents, chronic administration of high doses of NSAIDs or acetaminophen, women of child-bearing potential, treatment with telmisartan or other investigational drug within previous 4 weeks
McKelvie, 1999 U.S., Canada, Europe, South America RESOLVD	Number screened not reported/899 eligible/768 enrolled	Acutely ill, renal impairment, contraindications to study medications

Author, Year Country	Run-in/Washout	Class naïve patients only?	Control group standard of care?	Funding	Relevance?
Cowley, 2000 U.S. ELITE Trial QOL substudy	Yes	Yes	No (based on ELITE)	Funded by Merck Research Laboratories (sponsor includes 4 of first 7 authors on the paper)	No (based on ELITE)
Willenheimer, 2002 Sweden HEAVEN Study	Yes	No	Yes	Funded by a grant from Novartis Pharma (role of sponsor not specified)	Yes
Dunselman, 2001 Europe REPLACE	Yes	No	Yes	Funded by Boehringer- Ingelheim Limited (role of sponsor not specified)	Yes
McKelvie, 1999 U.S., Canada, Europe, South America RESOLVD	Yes	No	No (only 15% treated with beta- blockers during initial 19 weeks of study)	Supported by a grant from Astra of (role of sponsor not specified)	No

### Quality table 5. Active controlled trials of angiotensin II receptor antagonists in patients with heart failure (N=9)

Author, Year Country	Randomization adequate?	Allocation concealment adequate?	Groups similar at baseline?	Eligibility criteria specified?
Lang, 1997 U.S., Canada	Method not reported	Method not reported	No	Yes
Dickstein, 1995 Scandinavia	Method not reported	Method not reported	Yes	Yes
Little, 2004 U.S.	Method not reported	Method not reported	Not reported	Yes
Kasama, 2003 Japan	Method not reported	Method not reported	Yes	Yes

Internal Validity

Author, Year Country	Outcome assessors masked?	Care provider masked?	Patient masked?	Reporting of attrition, crossovers, adherence, and contamination?
Lang, 1997 U.S., Canada	Not reported	Yes, but method not described	Yes, but method not described	No/No/No
Dickstein, 1995 Scandinavia	Not reported	Yes	Yes	Yes/No/No/No
Little, 2004 U.S.	Not Reported	Yes	Yes	Yes/No/No/No
Kasama, 2003 Japan	Yes	Not reported	Not reported	No/No/No

Author, Year Country	Loss to follow-up: differential/high?	Intention-to-treat analysis?	Post-randomization exclusions?	Quality Rating
Lang, 1997 U.S., Canada	Not reported	Νο	Unable to determine	Fair
Dickstein, 1995 Scandinavia	Not reported	No	No	Fair
Little, 2004 U.S.	Not reported	No	Yes (1 patient; did not receive study drug)	Fair
Kasama, 2003 Japan	Not reported	Yes	Unable to determine	Fair

	External Validity				
Author, Year Country	Number screened/eligible/enrolled	Exclusion criteria			
Lang, 1997 U.S., Canada	Number screened not reported/number eligible not reported/116 enrolled	Not reported			
Dickstein, 1995 Scandinavia	Number screened not reported/number eligible not reported/166 enrolled	Not reported			
Little, 2004 U.S.	Number screened not reported/number eligible not reported/22 enrolled	Current AIIRA or CCB; diseases limiting exercise tolerance			
Kasama, 2003 Japan	Number screened not reported/number eligible not reported/32 enrolled	Primary operable valvular heart disease, congenital heart disease, unstable angina, recent AMI, primary hepatic failure, active cancer			
Author, Year Country	Run-in/Washout	Class naïve patients only?	Control group standard of care?	Funding	Relevance?
--------------------------------	----------------	-------------------------------	--	--	------------
Lang, 1997 U.S., Canada	Yes	No	No (only 7% treated with beta- blockers)	Supported by a grant from Merck Research Laboratories (role of sponsor not specified; sponsor included as 3 of primary authors on paper)	No
Dickstein, 1995 Scandinavia	Yes	No	No (only 12% treated with beta- blockers)	Supported by a grant from Merck, Sharp and Dohme Research Laboratories (role of sponsor not specified; sponsor included as 1 of primary authors on paper)	No
Little, 2004 U.S.	Yes	Yes	Yes	None reported Government, private, non- industry	Yes
Kasama, 2003 Japan	No	Not reported	No (patients not treated with beta- blockers)	None reported	No

Author, Year		Allocation concealment	Groups similar at	Eligibility criteria
Country	Randomization adequate?	adequate?	baseline?	specified?
Pfeffer, 2003 U.S., Canada, Australia, Europe, South Africa CHARM-Overall Trial	Yes	Yes	Not reported	Yes
McMurray, 2003 U.S., Canada, Australia, Europe, South Africa CHARM-Added Trial	Yes	Yes	Not reported	Yes
Granger, 2003 U.S., Canada, Australia, Europe, South Africa CHARM-Alternative Trial	Yes	Yes	Not reported	Yes
Yusuf, 2003 U.S., Canada, Australia, Europe, South Africa CHARM-Preserved Trial	Yes	Yes	Yes	Yes
Cohn, 2001 U.S., Australia, Europe, South Africa Val-HeFT Trial	Yes	Yes	Yes	Yes
Maggioni, 2002 U.S., Australia, Europe, South Africa Val-HeFT subgroup analysis	Yes	Yes	Yes (except greater percent with NYHA class III-IV in placebo vs. valsartan, P<0.05)	Yes

Author, Year Country	Outcome assessors masked?	Care provider masked?	Patient masked?	Reporting of attrition, crossovers, adherence, and contamination?
Pfeffer, 2003 U.S., Canada, Australia, Europe, South Africa CHARM-Overall Trial	Yes	Yes	Yes	Yes/No/No/No
McMurray, 2003 U.S., Canada, Australia, Europe, South Africa CHARM-Added Trial	Yes	Yes	Yes	Yes/No/No/Yes
Granger, 2003 U.S., Canada, Australia, Europe, South Africa CHARM-Alternative Trial	Yes	Yes	Yes	Yes/No/No/Yes
Yusuf, 2003 U.S., Canada, Australia, Europe, South Africa CHARM-Preserved Trial	Yes	Yes	Yes	Yes/No/No/Yes
Cohn, 2001 U.S., Australia, Europe, South Africa Val-HeFT Trial	Yes	Yes	Yes	No/No/No
Maggioni, 2002 U.S., Australia, Europe, South Africa Val-HeFT subgroup analysis	Yes	Yes	Yes	Yes/No/No/No

Author, Year Country	Loss to follow-up: differential/high?	Intention-to-treat analysis?	Post-randomization exclusions?	Quality Rating
Pfeffer, 2003 U.S., Canada, Australia, Europe, South Africa CHARM-Overall Trial	No	Yes	Yes (2 patients without data)	Good
McMurray, 2003 U.S., Canada, Australia, Europe, South Africa CHARM-Added Trial	No	Yes	No	Good
Granger, 2003 U.S., Canada, Australia, Europe, South Africa CHARM-Alternative Trial	No	Yes	No	Good
Yusuf, 2003 U.S., Canada, Australia, Europe, South Africa CHARM-Preserved Trial	No	Yes	Yes (2 patients without data - see Overall study)	Good
Cohn, 2001 U.S., Australia, Europe, South Africa Val-HeFT Trial	Not reported	Yes	No	Good
Maggioni, 2002 U.S., Australia, Europe, South Africa Val-HeFT subgroup analysis	Not reported	Yes	Unable to determine	Fair

Author,		
Year	Number	
Country	screened/eligible/enrolled	Exclusion criteria
Pfeffer, 2003 U.S., Canada, Australia, Europe, South Africa CHARM-Overall Trial	Number screened not reported/7601 eligible/7599 enrolled	Bilateral renal artery stenosis, symptomatic hypotension, MI, stroke, or open-heart surgery in previous 4 weeks, critical aortic or mitral stenosis, non-cardiac disease that may limit 2- year survival, sCr > 265 $u$ mol/L, serum potassium > 5.5mmol/L, women of child-bearing potential not on adequate contraception, use of an AIIRA in previous 2 weeks, unwilling to consent
McMurray, 2003 U.S., Canada, Australia, Europe, South Africa CHARM-Added Trial	Number screened not reported/number eligible not reported/2548 enrolled	Not reported
Granger, 2003 U.S., Canada, Australia, Europe, South Africa CHARM-Alternative Trial	Number screened not reported/number eligible not reported/2028 enrolled	Not reported
Yusuf, 2003 U.S., Canada, Australia, Europe, South Africa CHARM-Preserved Trial	Number screened not reported/3025 eligible/3023 enrolled	Not reported
Cohn, 2001 U.S., Australia, Europe, South Africa Val-HeFT Trial	Number screened not reported/number eligible not reported/5010 enrolled	Currently on AIIRA
Maggioni, 2002 U.S., Australia, Europe, South Africa Val-HeFT subgroup analysis	Number screened not reported/number eligible not reported/5010 enrolled in Val- HeFT/366 not treated with ACEI in substudy	Not treated with ACEI

Author, Year Country	Run-in/Washout	Class naïve patients only?	Control group standard of care?	Funding	Relevance?
Pfeffer, 2003 U.S., Canada, Australia, Europe, South Africa CHARM-Overall Trial	Νο	No	Yes	Supported by AstraZeneca (sponsor managed data, involved in statistical analysis, data interpretation)	Yes
McMurray, 2003 U.S., Canada, Australia, Europe, South Africa CHARM-Added Trial	No	No	Yes	Supported by AstraZeneca (sponsor managed data, involved in statistical analysis, data interpretation)	Yes
Granger, 2003 U.S., Canada, Australia, Europe, South Africa CHARM-Alternative Trial	Νο	No	Yes	Supported by AstraZeneca (sponsor managed data, involved in statistical analysis, data interpretation)	Yes
Yusuf, 2003 U.S., Canada, Australia, Europe, South Africa CHARM-Preserved Trial	No	No	Yes	Supported by AstraZeneca (sponsor managed data, involved in statistical analysis, data interpretation)	Yes
Cohn, 2001 U.S., Australia, Europe, South Africa Val-HeFT Trial	Yes	No	Yes	Supported by a grant from Novartis Pharmaceuticals (sponsor involved in site monitoring, data collection, data analysis)	Yes
Maggioni, 2002 U.S., Australia, Europe, South Africa Val-HeFT subgroup analysis	Yes	No	Yes	Funding provided by Novartis Pharma (role of sponsor in substudy not specified)	Yes

Author, Year		Allocation concealment	Groups similar at	Eligibility criteria
Country	Randomization adequate?	adequate?	baseline?	specified?
Tonkon, 2000 U.S.	Method not reported	Method not reported	No (open-label ACEI doses inconsistent)	Yes
Riegger, 1999 Europe STRETCH Trial	Yes	Yes	Yes	Yes
Hamroff, 1999 U.S., France	Method not reported	Method not reported	No (higher percent of males in placebo group; mean	Yes
			daily dose captopril higher in losartan group)	
Warner, 1999 U.S.	Method not reported	Method not reported	Not reported	Yes
Granger, 2000 U.S., Canada, Europe	Not reported	Not reported	No NYHA Class II Placebo=47.3% Candesartan=57% NYHA Class III Placebo=49.5% Candesartan=36.3%	Yes

Author, Year Country	Outcome assessors masked?	Care provider masked?	Patient masked?	Reporting of attrition, crossovers, adherence, and contamination?
Tonkon, 2000 U.S.	Not reported	Yes, but method not described	Yes, but method not described	Yes/No/No/No
Riegger, 1999 Europe STRETCH Trial	Not reported	Yes	Yes	Yes/No/No/Yes
Hamroff, 1999 U.S., France	Not reported	Yes, but method not described	Yes, but method not described	Yes/No/No/No
Warner, 1999 U.S.	Not reported	Yes	Yes	Yes/No/No/No
Granger, 2000 U.S., Canada, Europe	Yes, but method not described	Yes, but method not described	Yes, but method not described	Yes/No/No/No

Author, Year Country	Loss to follow-up: differential/high?	Intention-to-treat analysis?	Post-randomization exclusions?	Quality Rating
Tonkon, 2000 U.S.	Not reported	No	Yes (5 required concomitant medications that were not allowed or patients failed to meet protocol requirements; 6 due to adverse events; 1 voluntarily withdrew)	Poor
Riegger, 1999 Europe STRETCH Trial	No	Yes	Yes (55 total: 29 adverse events; 11 patient's request; 8 exclusion critera; 1 noncompliance; 6 unspecified)	Fair
Hamroff, 1999 U.S., France	No	No	Unable to determine	Fair
Warner, 1999 U.S.	No	No	Yes (1 had increase sCr 1.5 to 2.0mg/dl)	Fair
Granger, 2000 U.S., Canada, Europe	No	Yes	No	Fair

Author,		
Year	Number	
Country	screened/eligible/enrolled	Exclusion criteria
Tonkon, 2000 U.S.	Number screened not reported/145 enrolled/109 randomized	Concomitant medication or disease causing risk to patient or interfere with study goals
Riegger, 1999 Europe STRETCH Trial	Number screened not reported/926 enrolled/844 randomized	Severe or malignant HTN, symptomatic hypotension, MI within 3 months, hemodynamically relevant arrhythmias, pacemakers or implanted cardioverters, hemodynamically relevant valvular defect or insufficiency, angina, clinically significant disease, autoimmune or wasting disease, psychological illness, drug or alcohol addiction, type 1 DM, uncontrolled DM or requiring insulin, limitation of exercise capacity for reason other than HF, pregnant or lactating wormen, patients unwilling to comply with study protocol or in another clinical trial within 1 month, treatment with concomitant beta-blockers, antihypertensives, other agents causing systemic vasodilation or vasoconstriction, NSAIDs, antiarrhythmics, immunosuppressive or cytotoxic agents, insulin, or any drug altering GI absorption
Hamroff, 1999 U.S., France	Number screened not reported/number eligible not reported/33 enrolled	Not reported
Warner, 1999 U.S.	Number screened not reported/number eligible not reported/21 enrolled	MI on stress echocardiogram, valvular heart disease, other disease that could limit exercise tolerance, previous AIIRA use
Granger, 2000 U.S., Canada, Europe	Number screened not reported/288 eligible/270 enrolled	ACE inhibitor use; creatinine level of 220 umol/L or more; potassium level more than 5.5 mmol/L; history of serious hyperkalemia induced by use of an ACE inhibitor; use of potassium-sparing diuretics; known renal arterial stenosis; renal transplantation; use of angiotensin receptor blocker or any investigational drug within 30 days; pregnancy; poor compliance; uncontrolled hypertension; unstable angina; acute myocardial infarction; percutaneous coronary angioplasty or coronary artery bypass operation within 30 days; stroke or transient ischemic attack within 3 months; obstructive valvular heart disease; constrictive pericarditis; or any noncardiac illness that limited expected survival to less than 2 years

Author, Year Country		Run-in/Washout	Class naïve patients only?	Control group standard of care?	Funding	Relevance?
Tonkon, 2000 U.S.	Yes		No	No (beta-blockers withdrawn)	Funding source not listed (2 primary authors, one of which is the corresponding author, from Bristol- Myers Squibb Pharmaceutical Research Institute)	No
Riegger, 1999 Europe STRETCH Trial	Yes		Not reported	No (beta-blockers not allowed)	Funding source not listed (2 primary authors from Takeda Europe R&D)	No
Hamroff, 1999 U.S., France	Yes		Not reported	No (only 6% on beta- blockers)	No funding source listed	No
Warner, 1999 U.S.	Yes		Yes	Yes	Supported in part by a research grant from NIH and Merck Research Laboratories	Yes
Granger, 2000 U.S., Canada, Europe	Yes		No	Yes	Supported by a grant from Astra Hassle (included as authors of paper)	e Yes

Author, Year		Allocation concealment	Groups similar at	Eligibility criteria
Country	Randomization adequate?	adequate?	baseline?	specified?
Young, 2004 U.S., Canada, Australia, Europe, South Africa CHARM-Low LVEF Trials	Yes	Yes	Not reported	Yes
O'Meara, 2005 North America CHARM-QOL	Yes	Yes	Not reported	Yes
O'Meara, 2004 U.S., Canada, Australia, Europe, South Africa CHARM-NYHA class	Yes	Yes	Not reported	Yes
Blanchet, 2005 Canada	Method not reported	Method not reported	Yes	Yes
Matsumori, 2003 Japan	Method not reported	Method not reported	Yes	Yes

Baruch, 2004	Yes	Yes	No	Yes
U.S., Australia, Europe,			Elderly	
South Africa			significantly > diuretic use,	
Val-HeFT Trial			NYHA III-IV, white;	
(Elderly subanalysis)			significantly less ACEI, BB	
			use, less % male	

Author, Year Country	Outcome assessors masked?	Care provider masked?	Patient masked?	Reporting of attrition, crossovers, adherence, and contamination?
Young, 2004 U.S., Canada, Australia, Europe, South Africa CHARM-Low LVEF Trials	Yes	Yes	Yes	Yes/No/No/Yes
O'Meara, 2005 North America CHARM-QOL	Yes	Yes	Yes	Yes/No/No/No
O'Meara, 2004 U.S., Canada, Australia, Europe, South Africa CHARM-NYHA class	Yes	Yes	Yes	Yes/No/No/Yes
Blanchet, 2005 Canada	Yes, but method not described	Yes	Yes	Yes/No/No/No
Matsumori, 2003 Japan	Yes	Yes	Yes	Yes/No/Yes/No
Baruch, 2004 U.S., Australia, Europe, South Africa Val-HeFT Trial (Elderly subanalysis)	Yes	Yes	Yes	No/No/No

Author,				
Year	Loss to follow-up:	Intention-to-treat		
Country	differential/high?	analysis?	Post-randomization exclusions?	? Quality Rating
Young, 2004 U.S., Canada, Australia, Europe, South Africa CHARM-Low LVEF Trials	No	Yes	No	Good
O'Meara, 2005 North America CHARM-QOL	Not reported	Yes	No	Fair
O'Meara, 2004 U.S., Canada, Australia, Europe, South Africa CHARM-NYHA class	Not reported	Yes	No	Good
Blanchet, 2005 Canada	Not reported	No	Yes (1 refractory HF leading to cardiac transplantation)	Fair
Matsumori, 2003 Japan	Not reported	Yes	Yes (7 candesartan; 6 placebo: violation good clinical practice, asymptomatic HF, medication not administered, unstable angina)	Fair
Baruch, 2004 U.S., Australia, Europe, South Africa Val-HeFT Trial (Elderly subanalysis)	Not reported	Yes	No	Good

Author,		
Year	Number	
Country	screened/eligible/enrolled	Exclusion criteria
Young, 2004 U.S., Canada, Australia, Europe, South Africa CHARM-Low LVEF Trials	Number screened not reported/number eligible not reported/4576 enrolled	Not reported
O'Meara, 2005 North America CHARM-QOL	Number screened not reported/number eligible not reported/2498 enrolled	Not reported
O'Meara, 2004 U.S., Canada, Australia, Europe, South Africa CHARM-NYHA class	Number screened not reported/number eligible not reported/7599 enrolled	Not reported
Blanchet, 2005 Canada	Number screened not reported/number eligible not reported/34 enrolled	Unable to provide informed consent or perform exercise test limited by dyspnea
Matsumori, 2003 Japan	Number screened not reported/number eligible not reported/313 enrolled	Unstable angina, life-threatening ventricular arrhythmias, severe valvular stenosis, hypertrophic obstructive cardiomyopathy, advanced respiratory disease, MI within 1 month of enrollment, cardiogenic shock or severe hypotension, symptomatic cerebrovascular disease within 3 months, sCr > 2.0 mg/dl, hyperkalemia, advanced hepatic dysfunction or history drug allergy or hypersensitivity, pregnant or nursing women or those of child-bearing potential, treatment with another investigational drug, or considered inelligble by investigators
Baruch, 2004 U.S., Australia, Europe, South Africa Val-HeFT Trial (Elderly subanalysis)	Number screened not reported/number eligible not reported/5010 enrolled	Currently on AIIRA

Author, Year Country		Run-in/Washout	Class naïve patients only?	Control group standard of care?	Funding	Relevance?
Young, 2004 U.S., Canada, Australia, Europe, South Africa CHARM-Low LVEF Trials	No		No	Yes	Supported by AstraZeneca (representatives involved in protocol design, data analysis, data interpretation, and manuscript preparation)	Yes
O'Meara, 2005 North America CHARM-QOL	No		No	Yes	Not reported; authors include manufacturer representatives	Yes
O'Meara, 2004 U.S., Canada, Australia, Europe, South Africa CHARM-NYHA class	No		No	Yes	Not reported; authors include manufacturer representatives	Yes
Blanchet, 2005 Canada	Yes		Not reported	Yes	None reported	Yes
Matsumori, 2003 Japan	Yes		Not reported	Yes (note low BB use: 18.9% candesartan and 21.5% placebo)	Coordinated by, and supported by a grant from, Takeda Chemical Industries, Ltd.	Yes
Baruch, 2004 U.S., Australia, Europe, South Africa Val-HeFT Trial (Elderly subanalysis)	Yes		No	Yes	Funded by Novartis Pharma AG	Yes

Author,				
Year		Allocation concealment	Groups similar at	Eligibility criteria
Country	Randomization adequate?	adequate?	baseline?	specified?
Carson, 2003	Yes	Yes	Yes	Yes
U.S., Australia, Europe,				
South Africa				
Val-HeFT Trial				
(Hospitalization				
subanalysis)				

Author,				Reporting of attrition,
Year	Outcome assessors			crossovers, adherence, and
Country	masked?	Care provider masked?	Patient masked?	contamination?
Carson, 2003 U.S., Australia, Europe, South Africa Val-HeFT Trial (Hospitalization subanalysis)	Yes	Yes	Yes	No/No/No

Author,				
Year	Loss to follow-up:	Intention-to-treat		
Country	differential/high?	analysis?	Post-randomization exclusions? Quality Rati	
Carson, 2003	Not reported	Yes	No	Good
U.S., Australia, Europe,				
South Africa				
Val-HeFT Trial				
(Hospitalization				
subanalysis)				

Author,		
Year	Number	
Country	screened/eligible/enrolled	Exclusion criteria
Carson, 2003	Number screened not	Currently on AIIRA
U.S., Australia, Europe,	reported/number eligible not	
South Africa	reported/5010 enrolled	
Val-HeFT Trial		
(Hospitalization		
subanalysis)		

Author,						
Year			Class naïve	Control group		
Country		Run-in/Washout	patients only?	standard of care?	Funding	Relevance?
Carson, 2003 U.S., Australia, Europe, South Africa Val-HeFT Trial (Hospitalization subanalysis)	Yes		No	Yes	Funded by Novartis Pharma AG	Yes

	Internal Validity					
Author, Year Country	Randomization adequate?	Allocation concealment adequate?	Groups similar at baseline?	Eligibility criteria specified?		
Nakao, 2003 Japan COOPERATE	Yes	Yes	Yes	Yes		
Lacourciere, 2000 Canada	Not reported	Not reported	No SIDBP Losartan 97.2 mm Hg Enalapril 95.3 mm Hg (P=0.025) Mean diabetes duration (years) Losartan 9.2 Enalapril 12.6 (P=0.039)	Yes		
Luno, 2002 Spain	Yes	Not reported	Yes	Yes		
Muirhead, 1999 Canada	Not reported	Not reported	Yes	Yes		

			Internal Validity	
Author, Year Country	Outcome assessors masked?	Care provider masked?	Patient masked?	Reporting of attrition, crossovers, adherence, and contamination?
Nakao, 2003 Japan COOPERATE	Yes	Yes	Yes	Yes/No/No/No
Lacourciere, 2000 Canada	Yes, but method not described	Yes, but method not described	Yes, but method not described	Yes/No/No/No
Luno, 2002 Spain	Open	Open	Open	Yes/No/No/No
Muirhead, 1999 Canada	Yes	Yes	Yes	Yes/No/No/No

Author,				
Year	Loss to follow-up:	Intention-to-treat	Post-randomization	
Country	differential/high?	analysis?	exclusions?	Quality Rating
Nakao, 2003	No	Yes	No	Good
Japan				
COOPERATE				
Lacourciere, 2000 Canada	No	No	No	Poor
Luno, 2002 Spain	No	Yes	No	Fair
Muirhead, 1999 Canada	No	No	No	Fair

	External Validity	External Validity
Author, Year		
Country	Number screened/eligible/enrolled	Exclusion criteria
Nakao, 2003 Japan COOPERATE	336 screened/306 eligible/263 enrolled	Need for immediate renal replacement therapy; resistant edema; treatment with corticosteroids, NSAIDs, or immunosuppressive drugs; proteinuria > 10g/d and hypoalbuminemia < 28g/L; renovascular HTN; malignant HTN; MI, or stroke in previous year; severe PVD; severe CHF (NYHA class III-IV); chronic hepatic disease; connective tissue disease; obstructive uropathy; cancer; COPD; drug or alcohol misuse; pregnancy; breastfeeding
Lacourciere, 2000 Canada	Number screened not reported/number eligible not reported/103 enrolled	Evidence or suspicion of renovascular disease; history of malignant HTN; SBP > 210 mm Hg; CVA in the previous 12 months or current transient ischemic attacks; MI within the previous 12 months; clinically significant arteriovenous (AV) conduction disturbances and/or arrhythmias; unstable angina; history of HF; sCr $\geq$ 200 mmol/L; serum potassium $\geq$ 5.5 mmol/L or $\leq$ 3.5 mmol/L; treatment with oral corticosteroids; concomitant use of agents that may affect BP except beta blockers and nitrates used in the treatment of stable angina; drug or alcohol abuse; pregnancy; breast feeding; ineffective contraception
Luno, 2002 Spain	Number screened not reported/number eligible not reported/46 enrolled	Nephrotic patients with serum albumin <3.0 g/dL as well as those with hypertension stage 3 (SBP≥180 mm Hg and/or DBP ≥110 mm Hg), hyperkalemia (>5.0 mmol/L), secondary glomerular diseases, systemic diseases (diabetes mellitus, amyloidosis, systemic lupus erythematosus), or those with any severe cardiovascular even in the last 3 months before randomization; severe cardiac, pulmonary or hepatic disease, HIV infection and neoplasia; corticosteroid and/or immunosuppressive therapy use within six months
Muirhead, 1999 Canada	Number screened not reported/number eligible not reported/122 enrolled	Ineffective birth conrol method; ACEI, CCB use within 28 days prior to randomization; "brittle" diabetes; history of noncompliance with medical regimens

Author, Year Country	Run-in/Washout	Class naïve pa only?	tients Control group standard of care?
Nakao, 2003 Japan COOPERATE	Yes	No	Yes
Lacourciere, 2000 Canada	Yes	No	Yes
Luno, 2002 Spain	Yes	No	Yes
Muirhead, 1999 Canada	Yes	No	Yes

Author,		
Year		
Country	Funding	Relevance?
Nakao, 2003	Partly funded by a grant from the Progressive Renal Disease Research	Yes
Japan	Projects from the Ministry of Health, Labor, and Welfare in Japan. No	
COOPERATE	other funding source noted	
Lacourciere 2000	Supported by a grant from Merck	Yes
Canada		
Luno, 2002	Supported by a grant from Astra Zeneca	Yes
Spain		
Muirhead, 1999	Supported by a research grant from Novartis	Yes
Canada		

	Internal Validity			
Author, Year Country	Randomization adequate?	Allocation concealment adequate?	Groups similar at baseline?	Eligibility criteria specified?
Andersen, 2000 Denmark	Method not reported	Method not reported	Cross-over trial	Yes
Campbell, 2003 Italy	Method not reported	Not reported	Cross-over trial	Yes
Barnett, 2004 Scandinavia, U.K., Netherlands	Yes	Yes	Yes	Yes

### Quality table 7. Active controlled trials of angiotensin II receptor antagonists in patients with nephropathy (N=5)

			internal valuity	
Author,	Outcomo assossors			Poporting of attrition crossovers
Country	masked?	Care provider masked?	Patient masked?	adherence, and contamination?
Andersen, 2000 Denmark	Not reported	Yes, but method not described	Yes, but method not described	Yes/No/No/No
Campbell, 2003 Italy	Open	Open	Open	Yes/No/No/No
Barnett, 2004 Scandinavia, U.K., Netherlands	Yes	Yes	Yes	Yes/No/No/No

Internal Validity

Author, Year Country Andersen, 2000 Denmark	Loss to follow-up: differential/high? No	Intention-to-treat analysis? Yes	Post-randomization exclusions? Unable to determine	Quality Rating Fair
Campbell, 2003 Italy	No	Yes	No	Fair
Barnett, 2004 Scandinavia, U.K., Netherlands	Yes	No	Unable to determine	Fair

	External Validity	External Validity
Author, Year		
Country	Number screened/eligible/enrolled	Exclusion criteria
Andersen, 2000 Denmark	Number screened not reported/number eligible not reported/16 enrolled	History of malignant HTN, CHF, MI, or stroke within previous 3 months
Campbell, 2003 Italy	Number screened not reported/number eligible not reported/24 enrolled	Contraindication to withdrawal or treatment with ACEIs or AIIRAs; treatment with steroids, NSAIDs, immunomodulators, cytostatic agents within past 6 months; renovascular disease; obstructive uropathy; unstable angina; AMI or CVA within past 6 months; NYHA class II-IV HF; serum potassium > 6 mEq/L, despite control of metabolic acidosis; clinically significant hepatic disease (SGOT or SGPT > 3 times upper limit normal or bilirubin > 1.5 mg/dL); white blood cell count < 3000/mm3; clinical suspicion of renal vein thrombosis; known hypersensitivity to ACEIs or AIIRAs; cancer; collagen vascular disease; treatment with other investigational drugs; pregnancy, breast feeding, or ineffective contraception

Barnett, 2004	Number screened not reported/number	Condition (other than CV disease) restricting long-term survival; known allergy to
Scandinavia, U.K.,	eligible not reported/250 enrolled	study drugs or iohexol
Netherlands		

Author, Year Country	Run-in/Washout	Class naïve patients only?	Control group standard of care?
Andersen, 2000 Denmark	Yes	No	Yes
Campbell, 2003 Italy	Yes	No	Yes
Barnett, 2004 Scandinavia, U.K., Netherlands	Yes	Not reported	Yes

### Quality table 7. Active controlled trials of angiotensin II receptor antagonists in patients with nephropathy (N=5)

Author,

Year Country	Funding	Relevance?
Andersen, 2000 Denmark	Supported by a medical school grant from Merck, Sharp & Dohme	Yes
Campbell, 2003 Italy	Co-author from Novartis Farma. No funding source noted	Yes

Barnett, 2004	Supported by Boehringer Ingelheim (data handling and trial management	Yes
Scandinavia, U.K.,	suuported by manufacturer)	
Netherlands		

	Internal Validity					
Author,		A 11				
rear Countrv	Randomization adequate?	Allocation concealment adequate?	Groups similar at baseline?			
Lewis, 2001 U.S., Canada, Central and South America, Asia, Australia, Europe IDNT	Method not reported	Yes	Yes except for a lower percent of female patients in the placebo group (29% vs. 35% on irbesartan and 31% on amlodipine; P=0.02) Also lower percent of non-Hispanic black patients on irbesartan (11% vs. 15% on amlodipine, 14% on placebo)			
Brenner, 2001 U.S., Canada, Central and South America, Asia, Europe RENAAL	Method not reported	Method not reported	Yes			
Plum, 1998 Country not reported	Not reported	Not reported	Yes			
Chan, 2004 Asian substudy RENAAL	Method not reported	Method not reported	Yes			
Berl, 2003 U.S., Canada, Central and South America, Asia, Australia, Europe, (Israel) IDNT CV substudy	Method not reported	Yes	Yes except for differences stated below in IDNT (Lewis, 2001)			

Author,		•		
Year	Eligibility criteria specified?	Outcome assessors	Care provider masked?	Patient masked?
Lewis, 2001 U.S., Canada, Central and South America, Asia, Australia, Europe IDNT	Yes	Yes	Yes	Yes
Brenner, 2001 U.S., Canada, Central and South America, Asia, Europe RENAAL	Yes	Yes	Yes	Yes
Plum, 1998 Country not reported	Yes	Yes, but method not described	Yes, but method not described	Yes, but method not described
Chan, 2004 Asian substudy RENAAL	Yes	Yes	Yes	Yes
Berl, 2003 U.S., Canada, Central and South America, Asia, Australia, Europe, (Israel) IDNT CV substudy	Yes	Yes	Yes	Yes

Author, Year Country	Reporting of attrition, crossovers, adherence, and contamination?	Loss to follow-up: differential/high?	Intention-to-treat analysis?	Post-randomization exclusions?
Lewis, 2001 U.S., Canada, Central and South America, Asia, Australia, Europe IDNT	Yes/No/No/No	No	Yes	Unable to determine
Brenner, 2001 U.S., Canada, Central and South America, Asia, Europe RENAAL	Yes/No/No/No	No	Yes	Unable to determine
Plum, 1998 Country not reported	Yes/No/No/No	No	Yes	No
Chan, 2004 Asian substudy RENAAL	Yes/No/Yes/No	No	Yes	Unable to determine
Berl, 2003 U.S., Canada, Central and South America, Asia, Australia, Europe, (Israel) IDNT CV substudy	Yes/No/No/No	No	Yes	Unable to determine
### Quality table 8. Placebo controlled trials of angiotensin II receptor antagonists in patients with nephropathy

Author,			
Year	Quality Rating	Number screened/eligible/enrolled	Exclusion criteria
Lewis, 2001 U.S., Canada, Central and South America, Asia, Australia, Europe IDNT	Good	Number screened not reported/number eligible not reported/1715 enrolled	Onset of type 2 DM < 20yrs of age, type 1 DM, treatment requiring ACEI, AIIRA, or CCB, CVD (including unstable angina, MI, CABG or PTCA within previous 3 months, NYHA class III or IV HF, TIA within previous 6 months, stroke within previous 3 months), abnormal serum potassium
Brenner, 2001 U.S., Canada, Central and South America, Asia, Europe RENAAL	Good	Number screened not reported/number eligible not reported/1513 enrolled	Type 1 DM or nondiabetic renal disease (including renal artery stenosis), MI or CABG within previous month, stroke or PTCA within previous 6 months, TIA within previous year, history HF
Plum, 1998 Country not reported	Fair	Number screened not reported/number eligible not reported/9 enrolled	Increase of serum creatinine over 30% within 6 months before the trial; history of heart failure, malignancy, or any disorders requiring immunosuppressive therapy
Chan, 2004 Asian substudy RENAAL	Good	Number screened not reported/number eligible not reported/1513 enrolled (252 Asian ethnicity; 220 Asia, 32 other geographic region)	Refer to RENAAL (Brenner, 2001) below
Berl, 2003 U.S., Canada, Central and South America, Asia, Australia, Europe, (Israel) IDNT CV substudy	Good	Number screened not reported/number eligible not reported/1715 enrolled	Refer to IDNT (Lewis, 2001) below

### Quality table 8. Placebo controlled trials of angiotensin II receptor antagonists in patients with nephropathy

Author, Year			
Country	Run-in/Washout	Class naïve patients only?	Control group standard of care?
Lewis, 2001 U.S., Canada, Central and South America, Asia, Australia, Europe IDNT	Yes	No	Yes
Brenner, 2001 U.S., Canada, Central and South America, Asia, Europe RENAAL	Yes	No	Yes
Plum, 1998 Country not reported	3-month run-in period	No	Yes
Chan, 2004 Asian substudy RENAAL	Yes	No	Yes
Berl, 2003 U.S., Canada, Central and South America, Asia, Australia, Europe, (Israel) IDNT CV substudy	Yes	No	Yes

# Quality table 8. Placebo controlled trials of angiotensin II receptor antagonists in patients with nephropathy

Author, Year Country	Funding	Relevance?
Lewis, 2001 U.S., Canada, Central and South America, Asia, Australia, Europe IDNT	Supported by the Bristol-Myers Squibb Institute for Medical Research and Sanofi Synthelabo (biostatistics and data management department of sponsor was responsible for handling the data including data entry, data base review, and audit)	Yes
Brenner, 2001 U.S., Canada, Central and South America, Asia, Europe RENAAL	Supported by Merck and company (one employee of sponsor was a non- voting member of both the steering and safety committees; the steering committee supervised the study design, conduct of the trial, and management and analysis of the data and a subcommittee of which prepared the report)	Yes
Plum, 1998 Country not reported	Supported by Novartis	Yes
Chan, 2004 Asian substudy RENAAL	Supported by Merck	Yes
Berl, 2003 U.S., Canada, Central and South America, Asia, Australia, Europe, (Israel) IDNT CV substudy	Supported by the Bristol-Myers Squibb Institute for Medical Research and Sanofi Synthelabo (sponsor involved in data collection)	Yes

Author Year Country	Randomization adequate?	Allocation concealment adequate?	Groups similar at baseline?	Eligibility criteria specified?
Benz et al 1997	Method not reported	Not reported	93% of valsartan and 100% of lisinopril and HCTZ groups had significant medical history and/or concomitant diagnoses; otherwise similar.	Yes
Chan et al 1997 Taiwan and Hong Kong	Method not reported	Not reported	Yes	Yes
Elliot 1999 US	Method not reported	Not reported	Yes	Yes
Fogari et al 2001 Italy	Method not reported	Not reported	Yes	Yes
Fogari et al 2002 Italy	Method not reported	Not reported	Not reported	Yes

Author Year Country	Outcome assessors masked?	Care provider masked?	Patient masked?	Reporting of attrition, crossovers, adherence, and contamination?
Benz et al 1997	Yes	Not reported	Yes	Yes/No/No/No
Chan et al 1997 Taiwan and Hong Kong	Yes	Not reported	Yes	No
Elliot 1999 US	Yes	Not reported	Yes	No
Fogari et al 2001 Italy	Yes	Not reported	Yes	Yes/No/No/No
Fogari et al 2002 Italy	Yes	Not reported	Yes	No

Author Year Country Benz et al 1997	Loss to follow-up: differential/high? No	Intention-to-treat analysis? 1/129 not analyzed	Post-randomization exclusions?	Quality Rating Fair
Chan et al	Not reported	Unable to assess- number	Not reported	Poor
Taiwan and Hong Kong Elliot 1999	Not reported	unable to assess- number analyzed not reported	Not reported	Poor
US				
Fogari et al 2001 Italy	No	No	No	Fair
Fogari et al 2002 Italy	Not reported	Unable to assess- number analyzed not reported	Not reported	Poor

Author Year Country	Number screened/eligible/enrolled	Exclusion criteria
Benz et al 1997	197 screened/141 eligible/129 enrolled	Clinical heart failure, second or third degree heart block, angina, significant dysrhythmias, valvular heart disease, evidence of hepatic or renal impairment, insulin-dependent diabetes mellitus, pregnancy, history in past 6 months of MI, hypertensive encephalopathy, or cerebrovascular accident, any respiratory condition associated with a cough, and history of smoking within past 2 years.
Chan et al 1997 Taiwan and Hong Kong	Number screened/eligible not reported/84 enrolled	Known intolerance to trial drugs, diabetes, clinically significant laboratory abnormalities, and use of aspirin, NSAIDs, or antitussive agents.
Elliot 1999 US	Not reported	Secondary forms of hypertension, advanced hypertensive retinopathy, average sitting systolic blood pressure >200 mmHg, advanced atrioventricular conduction defects, ventricular tachyarrhythmias requiring therapy, bradycardia, prior myocardial infarction or cerebrovascular accident within past 90 days, congestive heartfailure being treated with nitrates, beta-blockers or calcium channel blockers, unstable diabetes mellitus, or presence of clinically significant renal or hepatic disease or another concurrent severe disease, conditions which could interfere with the assessment of cough: emphysema, asthma or chronic bronchitis, or upper respiratory infectino within 2 weeks of screening; use of anticoagulants or another investigational drug within 30 days of enrollment, chronic sympathomimetic amine or NSAIDs (other than low-dose aspirin) within 7 days of enrollment, and concomitant use of antidepressants or medications known to affect blood pressure or cough.
Fogari et al 2001 Italy	Number screened, eligible not reported/160 enrolled	Diabetes mellitus, obesity, smoking habits, major cardiovascular and noncardiovascular diseases, or conditions requiring any other concomitant medication.
Fogari et al 2002 Italy	Number screened, eligible not reported/110 enrolled	Diabetes mellitus, obesity, smoking habits, major cardiovascular and noncardiovascular diseases, or conditions requiring any other concomitant medication.

Author Year		Class noïve notients entre?	Control group standard of	Funding	Balayanaa?
Country	Run-In/Washout	Class haive patients only?	care :	Funding	Relevance?
Benz et al 1997	2-4 weeks placebo washout, then 2-4 weeks lisinopril run-in, then 2 more weeks placebo washout.	No	Yes	Not reported	All had hisory of ACE-inhibitor associated cough.
Chan et al 1997 Taiwan and Hong Kong	Up to 8 weeks lisinopril run-in, 4 weeks placebo washout.	No	Yes	Not reported	All had hisory of ACE-inhibitor associated cough.
Elliot 1999 US	3-5 weeks placebo run-in	No	Yes	Supported by grants and contracts from SmithKline Beecham Pharmaceuticals Inc.	Releva nt
Fogari et al 2001 Italy	4 weeks placebo run-in	Yes- all newly-diagnosed, previously untreated hypertension	Yes	Not reported	Men with newly-diagnosed hypertension, excluded if experienced erectile dysfunction
Fogari et al 2002 Italy	4 weeks placebo run-in	Yes- all newly-diagnosed, previously untreated hypertension	Yes	Not reported	Men with newly-diagnosed hypertension, excluded if experienced erectile dysfunction

Author Year		Allocation concealment		Eligibility criteria
Country	Randomization adequate?	adequate?	Groups similar at baseline?	specified?
Lacourciere et al 1994 11 countries (Canada, US, and Western Europe)	Method not reported	Not reported	More white patients in lisinopril group (98%) than losartan (81%), p<0.05; otherwise similar.	Yes
Lacourciere 1999 Canada	Method not reported	Not reported	Yes	Yes
Paster et al 1998 US	Method not reported	Not reported	Yes	Yes

Author Year	Outcome assessors			Reporting of attrition, crossovers,
Country	masked?	Care provider masked?	Patient masked?	adherence, and contamination?
Lacourciere et al 1994 11 countries (Canada, US, and Western Europe)	Yes	Not reported	Yes	No
Lacourciere 1999 Canada	Yes	Not reported	Yes	Yes/No/No/No (1 protocol violation, but type not specified)
Paster et al 1998 US	Yes	Not reported	Yes	Yes/No/No/No (1 protocol violation, but type not specified)

Loss to follow-up:		Post-randomization	
differential/high?	Intention-to-treat analysis?	exclusions?	Quality Rating
Not reported	Yes	No	Fair
No	No, 88/92 (96%) analyzed	Yes- 4/92: 3 due to adverse events	Fair
		and 1 due to protocol violations.	
No	No, 97/100 (97%) analyzed	Yes, but 97/100 analyzed	Fair
	Loss to follow-up: differential/high? Not reported No	Loss to follow-up: differential/high?Intention-to-treat analysis?Not reportedYesNoNo, 88/92 (96%) analyzedNoNo, 97/100 (97%) analyzed	Loss to follow-up: differential/high?Intention-to-treat analysisPost-randomization exclusions?Not reportedYesNoNoNo, 88/92 (96%) analyzedYes- 4/92: 3 due to adverse events and 1 due to protocol violations.NoNo, 97/100 (97%) analyzedYes, but 97/100 analyzed

Author		
Country	Number screened/eligible/enrolled	Exclusion criteria
Lacourciere et al 1994 11 countries (Canada, US, and Western Europe)	Number screened, eligible not reported/135 enrolled	Clinically significant laboratory abnormalities, concomitant medications that could alter blood pressure, diabetes mellitus, pregnant or lactating women.
Lacourciere 1999 Canada	216 screened/135 eligible/92 enrolled	Women of childbearing capacity who were not using an effective method of contraception, known or suspected secondary hypertension, clinically significant pulmonary conditions, upper respiratory infections or allergic rhinitis associated with cough, smokers or those who had quit within one year of this study, cardiovascular, metabolic, hepatic, or renal dysfunction.
Paster et al 1998 US	Number screened, eligible not reported/100 enrolled	Other concurrent diseases or medical conditions or taking a medication that could pose a risk to the patient if he or she participated in the study, preclude study completion, or confound interpretation of the study results; clinically significant cardiovascular disease other than uncomplicated essential hypertension, pulmonary disease, clinically significant laboatory abnormalities, and known sensitivity to ACE inhibitors; current smokers or smokers within the preceding year, using concurrent medications that could alter blood pressure, or pregnant or lactating.

Author Year Country	Run-in/Washout	Class naïve patients only?	Control group standard of care?	Funding	Relevance?
Lacourciere et al 1994 11 countries (Canada, US, and Western Europe)	6 weeks lisinopril run-in, at least 2 weeks placebo washout	No	Yes	Supported in part by a grant from Merck Research Laboratories	All had hisory of ACE-inhibitor associated cough.
Lacourciere 1999 Canada	6 weeks lisinopril run-in, 4 weeks placebo washout	No	Yes	Not reported	All had hisory of ACE-inhibitor associated cough.
Paster et al 1998 US	Up to 6 weeks lisinopril run-in, 4 weeks placebo washout.	No	Yes	Funding not specified; 6 of 7 authors, including corresponding author, from Merck Research Laboratories	All had hisory of ACE-inhibitor associated cough.

									_
	1 toble 10		accordent o	fadvaraa	avanta triala	with a	naiotoncin II	roconto	, antagonista
Quality	lable IV.	Quality	assessmento	i auverse	evenus unais	with a	nulolensin ii	receptor	aniauonisis

Author, year	Non-biased selection?	Low overall loss to follow-up?	Adverse events pre- specified and defined?	Ascertainment techniques adequately described?
Biswas et al 2002 England	Yes	NA- not prospective	Yes	Yes
Benz et al 1997	Yes	Yes	Yes	Yes
Chan et al 1997 Taiwan and Hong Kong	Yes	Not reported	Yes	Yes
Elliot 1999 US	Yes	Not reported	Yes	Yes
Fogari et al 2001 Italy	Yes	Yes	Yes	Yes
Fogari et al 2002 Italy	Yes	Not reported	Yes	Yes
Lacourciere et al 1994 11 countries (Canada, US, and Western Europe)	Yes	Not reported	Yes	Yes
Lacourciere 1999 Canada	Yes	Yes	Yes	Yes

# Quality table 10. Quality assessment of adverse events trials with angiotensin II receptor antagonists

Author. vear	Non-biased and adequate ascertainment methods?	Statistical analysis of potential confounders?	Adequate duration of follow-	Overall adverse event assessment quality
Biswas et al 2002 England	No- only patients whose doctor returned a form were assessed; low response rate (55%)	No	Yes for some events- covered events taking place 6 months or less after initiation of treatment.	Fair
Benz et al 1997	Yes	No	Yes for cough	Fair
Chan et al 1997 Taiwan and Hong Kong	Yes	No	Yes for cough	Fair
Elliot 1999 US	Yes	Adjusted for center, regimen, and center by regimen interaction	Yes for cough	Fair
Fogari et al 2001 Italy	Yes	No	Yes for decrease in sexual activity	Fair
Fogari et al 2002 Italy	Yes	No	Yes for decrease in sexual activity	Fair
Lacourciere et al 1994 11 countries (Canada, US, and Western Europe)	Yes	No	Yes for cough	Fair
Lacourciere 1999 Canada	Yes	Subgroup analyses by sex, age, and race.	Yes for cough	Fair

## Quality table 10. Quality assessment of adverse events trials with angiotensin II receptor antagonists

	Non-biased		Adverse events pre-	Ascertainment techniques
Author, year	selection?	Low overall loss to follow-up?	specified and defined?	adequately described?
Paster et al 1998 US	Yes	Yes	Yes	Yes
Zanabli et al 2004 U.S.	Not clear	Yes	Yes	Yes
Puchler et al 2001 U.S. and Europe	Not clear	Not reported	Yes	Yes

### Quality table 10. Quality assessment of adverse events trials with angiotensin II receptor antagonists

Author, year	Non-biased and adequate ascertainment methods?	Statistical analysis of potential confounders?	Adequate duration of follow- up?	Overall adverse event assessment quality
Paster et al 1998 US	Yes	No	Yes for cough	Fair
Zanabli et al 2004 U.S.	No	No	Yes	Fair
Puchler et al 2001 U.S. and Europe	Yes	No	Yes	Fair