Drug Class Review

Second-generation Antidepressants

Final Update 5 Evidence Tables

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The medical literature relating to this topic is scanned periodically. (See http://www.ohsu.edu/ohsuedu/research/policycenter/DERP/about/methods.cfm for description of scanning process). Prior versions of this report can be accessed at the DERP website.

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Abbreviations used in evidence tables

| Abbreviation | Term |
|--------------|--------------------------------------------------------------------------|
| ACT | Active-control trial |
| AE | Adverse event |
| ANCOVA | Analysis of covariance |
| ANOVA | Analysis of variance |
| BDI II | Beck Depression Inventory II |
| Beck's SSI | Scale for Suicide Ideation |
| bid | Twice daily |
| ВМІ | Body mass index |
| BQOL | Battelle Quality of Life Measure |
| CAPS | Clinician Administered PTSD Scale |
| CAS | Clinical Anxiety Scale |
| CCEI | Crown Crisp Experiential Index |
| ССТ | Controlled clinical trial |
| CDRS | Cornell Dysthymia Rating Scale |
| CGI | Clinical Global Impressions |
| CGI – S | Clinical Global Impressions Severity Scale |
| CGI –I | Clinical Global Impressions Improvement Scale |
| CI | Confidence interval (reported in the following format: 95% CI, xx to xx) |
| CIS | Clinical Interview Schedule |
| CNS | Central nervous system |
| CR | Controlled release |
| CV | Cardiovascular |
| CVS | Cardiovascular system |
| d | Day |
| DB | Double-blind |
| dL | Deciliter |
| DSM – IV | Diagnostic and Statistical Manual of Mental Disorders, version IV |
| ECG | Electrocardiogram |
| EEG | Electroencephalogram |
| EF | Ejection fraction |
| ER | Extended release |
| ESRS | Extrapyramidal Symptom Rating Scale |
| FDA | US Food and Drug Administration |
| FSQ | Functional Status Questionnaire |
| FU | Follow-up |
| g | Gram |
| GHQ | General Health Questionnaire |
| GI | Gastrointestinal |
| GP | General practitioner |
| h | Hour |

| Abbreviation | Term |
|--------------|-----------------------------------------------------------|
| HAD | Hospital Anxiety and Depression Rating Scale |
| HADRS | Hamilton Depression Rating Scale |
| HAM – A | Hamilton Rating Scale for Anxiety |
| HAM – D | Hamilton Rating Scale for Depression |
| HDL-C | High density lipoprotein cholesterol |
| HMO HR | Health maintenance organization Hazard ratio |
| HRQOL | Health related quality-of-life |
| ICD-10 | International Classification of Diseases, Tenth Revision |
| ICD-9 | International Classification of Diseases, Ninth Revision |
| IDAS | Irritability, depression, and anxiety scale |
| IDS C | Inventory for Depressive Symptomatology - Clinician Rated |
| IDS SR | Inventory for Depressive Symptomatology – Self Rated |
| IR | Immediate release |
| ІТТ | Intention-to-treat |
| L | Liter |
| LA | Long acting |
| LDL-C | Low-density lipoprotein cholesterol |
| LOCF | Last Observation Carried Forward |
| LS means | Least squares means |
| MADRS | Montgomery Asberg Depression Rating Scale |
| MANCOVA | Multivariate analysis of covariance |
| mcg | Microgram |
| mg | Milligram |
| min | Minute |
| mL | Milliliter |
| MMSE | Mini Mental State Examination |
| mo | Month |
| MOCI | Maudsley Obsessive Compulsive Inventory |
| Ν | Sample size (entire sample) |
| n | Subgroup sample size |
| NA | Not applicable |
| NR | Not reported |
| NS | Not significant |
| NSD | No significant difference |
| OR | Odds ratio |
| Р | P value (uppercase and italicized, ie P=0189) |
| Р | Placebo |
| PAS | Panic and Agoraphobia Scale |
| PCT | Placebo-controlled trial |
| PGIS | Patient Global Improvement Scale |
| PPY | Per person year |
| PRIME MD | Primary Care Evaluation of Mental Disorder |

| Abbreviation | Term |
|--------------|-----------------------------------------------------------------------------------------------------------|
| PSE | Present State Examination |
| qd | Once daily |
| QLDS | Quality of Life in Depression Scale |
| QLSQ | Quality of Life Enjoyment and Satisfaction Questionnaire |
| QOL | Quality-of-life |
| RCIS | Revised Clinical Interview Schedule—Shona Version |
| RCT | Randomized controlled trial |
| RR | Relative risk |
| SADS | Schedule for Affective Disorders and Schizophrenia |
| SB | Single-blind |
| SCAG | Sandoz Clinical Assessment Geriatric Scale |
| SCID | Structured Clinical Interview for DSM III Revised |
| SCL 25 | Hopkins Symptom Checklist 25 item version |
| SD | Standard deviation |
| SDS | Sheehan Disability Scale |
| SDS | Self rating Depression Scale |
| SE | Standard error |
| SF-36 | Medical Outcomes Study Health Survey - Short Form 36 |
| SIGH SAD | Structured Interview Guide for the Hamilton Depression Rating Scale, Seasonal Affective Disorders Version |
| SIP | Sickness Impact Profile |
| SLT | Shopping List Task |
| SR | Sustained release |
| SSQ | Shona Symptom Questionnaire |
| tid | Three times daily |
| VAS | Visual analog scale |
| VS | Compared with (versus) |
| WD | Withdrawal |
| XR | Extended release |
| у | Year |
| Y-BOCS | Yale Brown Obsessive Compulsive Scale |

| Evidence Table 1 | Major Depressive Disorder Ad | ults | | |
|--------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------|------------------------------------------|------------------------|
| STUDY: | Authors: Aberg-Wistedt et al. Year: 2000 Country: Sweden | 1 | | |
| FUNDING: | Pfizer, Inc. | | | |
| DESIGN: | Study design: RCT Setting: Multi-center Sample size: 353 | | | |
| INTERVENTION: | | | | |
| Drug: | Sertraline | Paroxetine | | |
| Dose: | 50-150 mg/d | 20-40 mg/d | | |
| Duration: | 24 weeks | 24 weeks | | |
| INCLUSION: | Age 18 and over; met DSM-III-R washout | criteria for MDD; MADRS score o | $f \ge 21$ at baseline with less than 25 | 5% improvement during |
| EXCLUSION: | Negative pregnancy test and stable use of oral contraceptive for 3 months; current or past history of mania; hypomania; alcoholism; substance abuse; dementia; epilepsy; presence of psychotic depression or organic affective illness; history of suicide attempts or high risk; current use of psychotropic meds; treatment with lithium or MAOI in the month prior to screening; history of intolerance or allergic reaction to either study drug; clinically evidence of hepatic or renal disease or other acute or unstable medical condition; use of any meds that would interfere with safe conduct of the study | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Nitrazepam, oxazepam, flunitraz | repam | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye Mean age: 43 Gender (% Female): 67.4% Ethnicity: Not reported Other population characteristi | ics: 8% over 65 years, 53% less th | an 45 years, 33% married or live v | vith significant other |

| Authors: Aberg-Wistedt et al. | |
|-------------------------------|--------------------------------------------------------------------------------------------------------------|
| Year: 2000 | |
| | Manauras, MADDS, COLS, Secondary Pattella Quality of Life Manaura (POOL), SCID II before and ofter treatment |
| OUTCOME ASSESSMENT. | <i>Timing of assessments:</i> Primary measures at baseline and weeks 1, 2, 3, 4, 6, 8, 12,16, 20 and 24 |
| RESULTS: | Response-LOCF at 24 weeks: sertraline: 72%, paroxetine 69% |
| | Response-Observed Cases at 24 weeks: sertraline 89%, paroxetine 89% |
| | No significant difference at endpoint or at any other study point measures |
| | No significant difference in CGI severity change score or improvement score |
| | Relapse during weeks 9-24: paroxetine 8.6%, sertraline 1.9% (no p value reported) |
| | No significant differences on QOL measures |
| ANALYSIS: | ITT: LOCF |
| | Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 35.4%; sertraline 36.4%, paroxetine 34.5% |
| | Withdrawals due to adverse events: Not reported |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | • Diarrhea: sertraline 35.2%, paroxetine 15.2% (p < 0.01) |
| | Constipation: sertraline 5.7%, paroxetine 16.4% (p < 0.01) |
| | Fatigue: sertraline 21.0%, paroxetine 45.8% (p < 0.01) |
| | Decreased libido female: sertraline 1.8%, paroxetine 8.8% (p < 0.05) |
| | Micturition problems: sertraline 0.6%, paroxetine 6.2% (p < 0.05) |
| QUALITY RATING: | Fair |

| Evidence Table 1 | Major Depressive Disorder | | |
|--------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------|--|
| STUDY: | Authors: Allard et al. ² Year: 2004 Country: Sweden and Denmark | | |
| FUNDING: | Wyeth | | |
| DESIGN: | Study design: RCT Setting: 12 centers Sample size: 151 | | |
| INTERVENTION: Drug: Dose: Duration: Sample size: | Venlafaxine ER 37.5-150 mg/day 6 months 73 | Citalopram 10-30 mg/day 6 months 75 | |
| INCLUSION: | Male or female outpatients 65 years or older; DSM-IV for major depression; MADRS greater than 20 with less than a 20% decrease from pre-study to baseline visits (one week) | | |
| EXCLUSION: | Cognitive impairment; alcohol or drug abuse; psychotic disorder not associated with depression; psychiatric inpatient treatment within the last year; acute suicidal tendencies; anti-psychotic drug, ECT or sumatriptan within last 30 days; bipolar, clinically evident or diagnosed dementia; mental disorders due to medical conditions; history of seizure, significant CVD, cerebrovascular disorder or uncontrolled hypertension | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Zopiclone 7.5 mg/day or less; zolpidem 5 mg/day or less for sleep; medications for the treatment of somatic disorders provided they were not expected to associated with significant toxicity | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Mean age: venlafaxine: 73.6, citalopram: 72.5 Gender (% female): venlafaxine: 73.6%, citalopram 72.7% Ethnicity: NR Other population characteristics: Baseline MDRS: venlafaxine: 27.6, citalopram: 27.0 | | |

| Authors: Allard et al. Year: 2004 Country: Sweden and Denmark | | | | |
|---------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|-----------------------------------|--|
| OUTCOME ASSESSMENT: | Primary Outcome Measures: MADRS a | t 8 weeks | | |
| | Secondary Outcome Measures: MADR CGI-I; CGI-S and GDS-20 scores at wee Timing of assessments: Pre-study, bas | S responders and remitters, time to so ks 8 and 22 eline and weeks 2,4,6,8,16,22,24 | ustained response using MADRS and | |
| RESULTS: | No statistical differences between groups in MADRS, CGI-S, CGI-I, and GDS-20 were observed | | | |
| | At week 22 both groups had a 93% response rate | | | |
| | MADRS remission rate was 19% for venlafaxine and 23% for citalopram | | | |
| ANALYSIS: | ITT: Yes | | | |
| | Post randomization exclusions: Yes (3) | | | |
| ATTRITION: | Overall | Venlafaxine | Citalopram | |
| Loss to follow-up: | 22.2% | | | |
| Withdrawals due to adverse events: | 6% | (6) 8% | (3) 4% | |
| Withdrawals due to lack of efficacy: | | | | |
| Loss to follow-up differential high: | | | | |
| ADVERSE EVENTS: | Spontaneously reported adverse e | vents venlafaxine: 62%, citalopram: 4 | 3% | |
| | Tremor more common during cital | pram; nausea/vomiting during venlafa | axine treatment | |
| QUALITY RATING: | Fair | | | |

| STUDY: | <i>Authors:</i> Alves et al. ³ <i>Year:</i> 1999 | | | |
|--------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|
| | Country: Portugal | | | |
| FUNDING: | Wyeth-Ayerst Internationa | 1 | | |
| DESIGN: | Study design: RCT Setting: Multi-center (3 ce Sample size: 87 | enters) | | |
| INTERVENTION: | | | | |
| Drug: | Venlafaxine | Fluoxetine | | Doses could be |
| Dose: | 75-150 mg/day | 20-40 mg/day | | increased from day 15 if |
| Duration: | 12 weeks | 12 weeks | | needed |
| INCLUSION: | 18-65 yrs; DSM-IV criteria | for major depression; ≥ 20 on HA | M-D-21 | |
| EXCLUSION: | Pregnancy, lactation, or la substance abuse; existing within 21 days; anxiolytic clinically relevant medical | ck of adequate contraception; hist suicidal risk; use of study drugs, or sedative within 7 days; stable d disease; known sensitivity to ven | tory of seizures, mental or neurolog sumatriptan, or antipsychotic drugs ose of 3 months for drugs with psyc afaxine or fluoxetine | yical disorders; alcohol or within 30 days; fluoxetine chotropic effects like b-blockers; |
| OTHER MEDICATIONS/ INTERVENTIONS: | Diazepam | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseli Mean age: venlafaxine: 4 Gender (% female): venla Ethnicity: Not reported Other population charac • Moderately ill: venlafaxi • Markedly ill: venlafaxin • Severely ill: venlafaxin • Previous antidepressa | ne: Yes 5.4, fluoxetine: 42.3 faxine: 92.5%, fluoxetine: 91.5% eteristics: CGI diagnosis: xine: 45%, fluoxetine: 50%. ne: 33%, fluoxetine: 38%. e: 15%, fluoxetine: 6%. nt treatment: venlafaxine: 45%, flu | Joxetine: 55% | |

| Authors: Alves et al. Year: 1999 | |
|-------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | <i>Measures:</i> HAM-D, MADRS, CGI <i>Timing of assessments:</i> Baseline, days 7, 14, 21, 28, 42, 56, 70, 84 |
| RESULTS: | There were no significant differences between study groups in any outcome measures at endpoint Venlafaxine showed a faster onset with significant differences in various outcome measures during weeks 1 to 4: mean decreases of HAM-D and MADRS scores were significantly greater with venlafaxine (p < 0.05) during weeks 1-4 Suicide ideation scores at week 6 were significantly lower for venlafaxine on MADRS and HAM-D scales Remission (HAM-D < 8) at week 3 was found in 30% of venlafaxine treated patients and 11% of fluoxetine treated patients (p = 0.03) |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 21.8% ; venlafaxine: 25%, fluoxetine: 19% Withdrawals due to adverse events: venlafaxine: 7%, fluoxetine: 2% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | There were no significant differences between study groups in the frequency of adverse events At least one adverse event was recorded in 56% of the venlafaxine group and 51% of the fluoxetine group Nausea was the most common adverse event: venlafaxine: 33.3%, fluoxetine: 27.7% No clinically significant changes in laboratory parameters, body weight, heart rate, or blood pressure were recorded in either treatment group |
| QUALITY RATING: | Fair |

| Evidence Table 1 | Major Depressive Disorder Ac | lults | | |
|-----------------------------|--------------------------------------------------------------------------------------------------------------------|----------------------------------------|-------------------------------------|---------------------|
| STUDY: | Authors: Baldwin et al. ^{4, 5} Year: 1996, 2001 (continuation phase) Country: UK, Ireland | | | |
| FUNDING: | Bristol Myers Squibb | | | |
| DESIGN: | Study design: RCT Setting: Multi-center, 20 psychiatric outpatient clinics Sample size: 206 | | | |
| INTERVENTION: | | | | |
| Drug: | Nefazodone | Paroxetine | | Continuation |
| Dose: | 200-600 mg/d | 20-40 mg/d | | Phase: |
| Duration: | Mean dose: 472.0 mg | Mean dose: 32.7 mg | | from week 8 to |
| | 8 weeks, twice a day | 8 weeks, twice a day | | month 6 |
| | | | | dose was |
| | | | | gradually reduced |
| INCLUSION: | 18 years or older: non-psychotic | L c depression: HAM-D score of ≥ 18 | : moderately ill on CGI-S scale | |
| | Continuation Phase: patients who responded to treatment during the 8 weeks acute treatment phase | | | |
| EXCLUSION: | Pregnancy, lactation, or lack of | adequate contraception; history of | psychotic disorders; alcohol or sub | stance abuse; |
| | existing suicidal risk; electroconvulsive therapy within last 6 months; previously failed to respond to at least 2 | | | |
| | antidepressant therapies; clinically relevant progressive disease; hypersensitivity to study medication | | | |
| OTHER MEDICATIONS/ | Benzodiazepines, antipyretics, analgesics, supportive psychological treatment | | | |
| INTERVENTIONS: | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye | es | | |
| | Mean age: 38; Continuation pha | ase mean age: 38.8 | | |
| | <i>Gender:</i> (female %) nefazodone: 60%, paroxetine: 50%. | | | |
| | Continuation phase: netazadone: 51%, paroxetine: 55% | | | |
| | Control of the characteristics: Not reported | | | |
| | Other population characteristics: Not reported | | | |

| Authors: Baldwin et al. | |
|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 1996, 2001 | |
| Country: UK, Ireland | |
| OUTCOME ASSESSMENT: | <i>Measures and timing of assessments:</i> HAM-D, CGI-S, CGI-I, Patient's Global Assessment: Baseline, weeks 1, 2, 3, 4, 6, 8, HAM-A: weeks 2 and 8, MADRS: weeks 4 and 8 <i>Continuation Phase</i> : weeks 12, 16, 20, and 24 |
| RESULTS: | Both groups showed significant improvements from baseline HAM-D, HAM-A, and MADRS scores There were no significant differences between the treatment groups The proportion of CGI responders was also similar between treatment groups <i>Continuation Phase:</i> No statistically significant differences between study groups regarding efficacy Clinical improvement either maintained or improved in continuation phase |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Not reported |
| ATTRITION: | Loss to follow-up: 27.2 %; nefazodone: 26.7%, paroxetine: 27.7%. Continuation Phase: 32.4 %; nefazodone: 33%, paroxetine: 32.7% Withdrawals due to adverse events: 13.5%; nefazodone: 14%, paroxetine: 13%. Continuation Phase: nefazodone: 7%, paroxetine: 8% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | 84% of nefazodone treated patients and 78% of paroxetine treated patients reported side effects Frequencies among adverse events were similar except a higher frequency of somnolence in the paroxetine group (24% vs. 16%) and higher frequencies of headache (35% vs. 25%) and dizziness (17% vs. 9%) in the nefazodone group <i>Continuation Phase:</i> 75% of nefazodone treated patients and 81% of paroxetine treated patients reported side effects Most common adverse events in paroxetine group were nausea (34% vs. 16% in nefazodone group) and somnolence (27% vs. 20%) Most common adverse event in nefazodone group was headache (31% vs. 28% in paroxetine group) |
| QUALITY RATING: | Fair |

| Evidence Table 1 | Major Depressive Disorder Adults | | | |
|--------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| STUDY: | Authors: Baldwin et al. ⁶ Year: 2006 Country: Multinational (6 countries) | | | |
| FUNDING: | H Lunbeck A/S | | | |
| DESIGN: | Study design: RCT Setting: Multicenter Sample size: 323 | | | |
| INTERVENTION: Drug: Dose: Duration: Sample size: | ParoxetineEscitalopram20-40 mg10-20 mg8 (27) weeks8 (27) weeks158165 | | | |
| INCLUSION: | Either sex, aged at least 18 years or older, fulfilled DSMIV criteria for a current episode of MDD, and had a baseline MADRS total score between 22 and 40 | | | |
| EXCLUSION: | Another Axis I disorder previous 6 mor schizophrenia/other psychotic disorder, disability or other cognitive disorder; a s hypersensitivity to citalopram and/or pa intolerance. taken a psychoactive drug previous 6 months and remained fixed of prophylactic treatment (lithium, valproat weeks for fluoxetine], triptans, oral antio glycosides, narcotic analgesics, an inve formal psychotherapy. | aths; if they had a DSM-IV diagnosis of al mania or hypomania, eating disorders, of serious risk of suicide; previously not resp roxetine, had a history of severe drug alle [including tryptophan, benzodiazepines (during the study), antipsychotics and psy re, or carbamazepine) dopamine antagor coagulants, sildenafil citrate, cimetidine, t estigational drug within 3 months, or if the | cohol or drug abuse, DCD, bipolar disorder; had a learning bonded to or had a known ergy or hypersensitivity; lactose unless the dose had been stable for the choactive herbal remedies, MAOIs, or hists, antidepressants within 2 weeks [5 ype 1c anti-arrhythmics, cardiac ey were receiving (or planning to initiate) | |
| OTHER MEDICATIONS/ INTERVENTIONS: | See above | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: Paroxetine 45.1 Escitalopra Gender (female %): Paroxetine 74.7 E Ethnicity (Caucasian %): Paroxetine 9 Other population characteristics: M/ | am 44.9 Escitalopram 72.7 99.4 Escitalopram 98.8 ADRS Paroxetine 29.7 Escitalopram 29.6 | 3 | |

| Authors: Baldwin et al. | | | | | |
|-----------------------------------------|-------------------------------------------|----------------------------------------|-----------------------------|--|--|
| Year: 2006 | Year: 2006 | | | | |
| Country: Multinational (6 countries) | | | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Chang | ge at week 8 in MADRS | | | |
| | Secondary Outcome Measures: Mo | derately ill vs severely ill, responde | ers and remitters | | |
| | I iming of assessments: Baseline, w | eek 8 | | | |
| RESULTS: | Acute period baseline to week 8 | 3 | | | |
| | Change in MADRS paroxetine - | 18.31 escitalopram -17.16 | | | |
| | Responders paroxetine 71.2% e | escitalopram 67.9% | | | |
| | Remitters paroxetine 61.5% esc | citalopram 56.4% | | | |
| | ITT: ves | | | | |
| | Post randomization exclusions: 2 | | | | |
| | | | | | |
| ATTRITION: | Paroxetine | Escitalopram | | | |
| Loss to follow-up: | 7.0% | 8.5% | Overall 25 (7.7%) at week 8 | | |
| Withdrawals due to adverse events: | 3.2% 4.2% | | | | |
| Withdrawals due to lack of efficacy: | 0 1.8% | | | | |
| Loss to follow-up differential high: No | | | | | |
| ADVERSE EVENTS: | Paroxetine n (%) vs. Escitalopram n (% | %) | | | |
| | Patients with adverse events 131 (82.9 | 9) vs. 135 (81.8) | | | |
| | Headache 21 (13.3) vs. 33 (20.0) | | | | |
| | Nausea 22 (13.9) vs. 19 (11.5) | | | | |
| | Rhinitis 15 (9.5) vs. 18 (10.9) | | | | |
| | Diarrhoea 10 (6.3) vs. 17 (10.3) | | | | |
| | Bronchitis 9 (5.7) vs. 14 (8.5) | | | | |
| | Insomnia 7 (4.4) vs. 11 (6.7) | | | | |
| | Accidental injury 8 (5.1) vs. 10 (6.1) | | | | |
| | Back pain 7 (4.4) vs. 10 (6.1) | | | | |
| | Dizziness 10 (6.3) vs. 10 (6.1) | | | | |
| | Myalgia 4 (2.5) Vs. 10 (6.1) | | | | |
| | Pharyngills 7 (4.4) vs. 10 (6.1) | | | | |
| | Anxiety 9 (5.7) vs. 9 (5.5) | | | | |
| | Somnolence 10 (6.3) vs. 8 (4.8) | | | | |
| | Estique $9(5,7)$ vs. $6(3,6)$ | | | | |
| | Upper resp tract infection $17(10.8)$ vs. | 6 (3 6)* | | | |
| | Abdominal pain 8 (5.1) vs 5 (3.0) | (0.0) | | | |
| | Sweating increased 12 (7.6) vs. 5 (3.0) |) | | | |
| | Eiaculation failure (men) 3 (7.5) vs. 0 | / | | | |
| QUALITY RATING: | Fair | | | | |
| | | | | | |

| STUDY: | Authors: Ballus et al. ⁷ Year: 2000 Country: Spain | | | | |
|--------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|------------------------------------------------------------|--|
| FUNDING: | Not reported (several au | thors have affiliations with Wyeth) | | | |
| DESIGN: | Study design: RCT Setting: Multi-center Sample size: 84 | | | | |
| INTERVENTION: | | | | | |
| Drug: | Venlafaxine | Paroxetine | | Initial dose of each drug | |
| Dose: | 75-150 mg/day | 20-40 mg/day | | could be increased after 4 | |
| Duration: | 24 weeks | 24 weeks | | weeks | |
| INCLUSION: | Age 18-70 years; ICD-10 than a 20% decrease in | D criteria for mild to moderate depression HAM-D score between screening and | on or dysthymia; minimum score of 17 paseline | 7 on the 21 item HAM-D; less | |
| EXCLUSION: | Sensitivity to either study not associated with depr | y drug; history of significant illness; pre ression; drug or alcohol dependence; u | gnant or breastfeeding; suicidal tende se of investigational drugs or treatme | encies; psychotic disorder nts shortly before the study | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Yes | | | | |
| POPULATION | Groups similar at base | Groups similar at baseline: Yes | | | |
| CHARACTERISTICS: | <i>Mean age:</i> venlafaxine: 44, paroxetine: 45.1 <i>Gender</i> (% female): venlafaxine: 88%, paroxetine: 88% <i>Ethnicity:</i> Not reported | | | | |
| | Other population characteristics: Both groups have similar clinical characteristics; mild to moderate depression; dysthymia diagnosis not differentiated | | | | |

Major Depressive Disorder Adults

Evidence Table 1

| Authors: Ballus et al. | |
|------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2000 | |
| <i>Country:</i> Spain | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> 21 item HAM-D, MADRS, CGI scale <i>Timing of assessments:</i> Baseline, weeks 1, 2, 4, 6, 8, 12, 16, 24 |
| RESULTS: | No significant differences between groups on the HAM-D, MADRS, or CGI scales at 24 weeks or endpoint At week 12 the percent of patients with a HAM-D score < 8 was significantly greater in the venlafaxine group than the paroxetine group (57% vs. 33%; p = .011) More patients exhibited a drug response (> 50% decrease in HAM-D) on venlafaxine than paroxetine at week 6 (p = 0.03) |
| | |
| ANALYSIS: | Post randomization exclusions: Not reported |
| ATTRITION: | Loss to follow-up: 32%, venlafaxine: 39%, paroxetine: 26% Withdrawals due to adverse events: 11%, venlafaxine: 15%, paroxetine: 8% Loss to follow-up differential high: Yes |
| ADVERSE EVENTS: | Venlafaxine: nausea: 28%, headache: 18%, dry mouth: 15% Paroxetine: headache: 40%, constipation: 16% |
| QUALITY RATING: | Fair |

Evidence Table 1

Major Depressive Disorder Adults

| STUDY: | Authors: Behnke et al. ⁸ | | | |
|-----------------------------|----------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|---------------------------------------|---------------|
| | Year: 2003 | | | |
| | Country: Multinational | | | |
| FUNDING: | Organon NV | | | |
| DESIGN: | Study design: RCT | | | |
| | Setting:, Multi-center | | | |
| | Sample size: 346 | | | |
| INTERVENTION: | | | | |
| Drug: | Sertraline | Mirtazapine | | |
| Dose: | 50-150 mg/day | 30-45 mg/day | | |
| Duration: | 8 weeks | 8 weeks | | |
| INCLUSION: | DSM IV criteria for major depression; HAM-D score ≥ 18; age 18-70 yrs | | | |
| | | | | |
| EXCLUSION: | Other psychiatric disorders; epile | epsy or history of seizures; pregna | ncy, lactation, childbearing potentia | al; substance |
| | abuse; chronic and unstable physical disease; current episode \geq 12 months or 2 \leq weeks; lack of response to at least 2 | | | |
| | prior antidepressant therapies; previous hypersensitivity; use of sildinafil | | | |
| | | | | |
| OTHER MEDICATIONS/ | Oxazepam, temazepan, zolpidem, zopiclone | | | |
| INTERVENTIONS: | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | | |
| | Mean age: 41.5 yrs; mirtazapine 42, sertraline: 41 | | | |
| | Gender (% female): sertraline: 61.5%, mirtazapine: 55.7 % | | | |
| | Ethnicity: Not reported | | | |
| | Other population characteristics: Previous episodes of major depression: sertraline: 69.8%, mirtazapine: 73.3 % | | | |

| Authors: Behnke et al. | |
|------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2003 | |
| Country: Multinational | |
| OUTCOME ASSESSMENT: | <i>Measures and timing of assessment:</i> HAM-D, MADRS, CGI at baseline, and days 4, 7, 10, 14, 28, 42, 56 or on premature withdrawal, changes in sexual function questionnaire at baseline and biweekly thereafter |
| RESULTS: | Onset of action was faster in the mirtazapine group At all assessments during the first two weeks the mean change of HAM-D from baseline was significantly greater in the mirtazapine group than in the sertraline group (p < 0.05) After week 2 the difference remained greater with mirtazapine but lacked statistical significance Reduction in sleep disturbance was significantly greater in the mirtazapine group at all assessments (p ≤ 0.01) CGI scores did not show significant differences throughout the study Changes in sexual function scores did not show significant differences although the mirtazapine group showed greater improvements |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 20.8%; sertraline: 18%, mirtazapine: 23% Withdrawals due to adverse events: mirtazapine: 11.9%, sertraline: 3% Loss to follow-up differential high: Loss to follow up: 20.8%, sertraline: 23%, mirtazapine: 18% |
| ADVERSE EVENTS: | Percentage of patients reporting at least one adverse event was similar in both groups (mirtazapine: 64%, sertraline: 68%) A significantly higher number of patients withdrew from the mirtazapine group (21 vs. 5 in sertraline group; p = NR) Significantly more patients reported nausea (38 vs. 13; p < 0.01), libido decrease (10 vs. 2; p < 0.01) and diarrhea (16 vs. 7; p < 0.01) in the sertraline-treated group Somnolence was significantly higher in the mirtazapine group (35 vs. 13; p < 0.01) Weight increase higher in the mirtazapine group (16 vs. 3; p = 0.01) |
| QUALITY RATING: | Fair |

| Evidence Table 1 | Major Depressive Disorder Ad | lults | | |
|--------------------------------------|----------------------------------------------------------------------------|-------------------------------------------------------------------------|------------------------------------------------------------------------------|---------------------------------------|
| STUDY: | Authors: Benkert et al. ⁹ Year: 2000 Country: Germany | Authors: Benkert et al. ⁹ Year: 2000 Country: Germany | | |
| FUNDING: | Organon, GmBH, Munich, Germ | hany | | |
| DESIGN: | Study design: RCT Setting: Multi-center (50 centers Sample size: 275 | s) | | |
| INTERVENTION: | | | | |
| Drug: | Mirtazapine | Paroxetine | | |
| Dose: | 15-45 mg/d | 20-40 mg/d | | |
| Duration: | 6 weeks | 6 weeks | | |
| INCLUSION: | 18-70 years of age; DSM-IV crite | eria for major depression; \geq 18 on | HAM-D-17 | |
| EXCLUSION: | Depressive episode longer than risk; significant physical illness; | 12 months; other psychiatric or ps non-responders to antidepressants | ychotic disorder; alcohol or substa s; recent medication with similar dro | nce abuse; suicidal ugs; pregnancy |
| OTHER MEDICATIONS/ INTERVENTIONS: | Chloral hydrate for sleep | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | | |
| | Gender (% female): mirtazanine | a 63% parovetine: 65% | | |
| | <i>Ethnicity:</i> Not reported | 5. 05 /0, paroxetine. 05 /0 | | |
| | Other population characterist | ics: Not reported | | |

| Authors: Benkert et al. Year: 2000 | |
|---------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | Measures: HAM-D-17, HAM-A, CGI-S, CGI-I, BDI-II, Welzel-Kohnen Colored Scales, Short Form 36 |
| | <i>Timing of assessments:</i> Screening, baseline, weeks 1, 2, 3, 4, 6 |
| RESULTS: | Mirtazapine and paroxetine were equally effective in reducing mean HAM-D-17 score (58.3% vs. 53.7%) Significantly more mirtazapine patients responded at weeks 1 & 4 on the HAM-D-17 than paroxetine patients; week 1 response: mirtazapine: 23.2%, paroxetine: 8.9% (p < 0.002). |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 23%; mirtazapine: 21.6%, paroxetine: 24.2% Withdrawals due to adverse events: 8%; mirtazapine: 8.6%, paroxetine: 7.4% |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Significantly more mirtazapine patients experienced weight increase (p < 0.05) |
| | At least one adverse event reported: mirtazapine: 68.1%, paroxetine: 63.4% Dry mouth: mirtazapine: 14.1%, paroxetine: 8.2% |
| | Headache: mirtazapine: 9.6%, paroxetine: 10.4% |
| | Nausea: mirtazapine: 4.4%, paroxetine: 11.2% Elu like symptoms: mirtazapine: 9.6%, paroxetine: 3.7% |
| | Differences all p < 0.1 |
| QUALITY RATING: | Fair |

Evidence Table 1

Major Depressive Disorder Adults

| STUDY: | Authors: Bennie et al. ¹⁰ Year: 1995 | 0 | | |
|-------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|-------------------------------------|------------------------|
| | Country: UK | | | |
| FUNDING: | Pfizer | | | |
| DESIGN: | Study design: RCT | | | |
| Multi-center, UK (20 centers) | Setting: Multi-center (20 | centers) | | |
| | Sample size: 286 | , | | |
| INTERVENTION: | | | | |
| Drug: | Sertraline | Fluoxetine | | |
| Dose: | 50-100 mg/d | 20-40 mg/d | | |
| Duration: | 6 weeks | 6 weeks | | |
| | |) oritorio for major depression: | > 19 on HAM D 17; higher seers on t | a Daakin aaala than an |
| INCLUSION. | to yrs or older; USWI-III-K criteria for major depression; 2 18 on HAWI-U-17; nigner score on the Raskin scale than on the Covi anxiety scale | | | |
| | ···· · · · · · · · · · · · · · · · · · | | | |
| EXCLUSION: | Pregnancy, lactation, or lack of adequate contraception; previous treatment with sertraline or fluoxetine; history of | | | |
| | seizures; dementia; history of psychotic disorders; bipolar disorder; alcohol or substance abuse; existing suicidal risk; | | | |
| | previously failed to respond to antidepressant therapy; clinically relevant progressive disease; hypersensitivity to | | | |
| | study drug class | | | |
| OTHER MEDICATIONS/ | Chloral hydrate (500-1000 mg), temazepam (10-20 mg) | | | |
| INTERVENTIONS: | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | | |
| | Mean age: sertraline: 49. | .9, fluoxetine: 49.9 | | |
| | Gender (% female): sertr | aline: 57.7%, fluoxetine: 64.6% | 0 | |
| | Ethnicity: Not reported | | | |
| | Other population characteristics: Recurrent episode: sertraline: 53.5%, fluoxetine53.5%; duration of current | | | |
| | episode: sertraline: 5.4 mo., fluoxetine: 5.2 mo. | | | |

| Authors: Bennie et al. Year: 1995 | |
|--------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | <i>Measures:</i> HAM-D, HAM-A, CGI-I, CGI-S, Covi Anxiety Scale, Raskin Depression Scale, Leeds Sleep Questionnaire <i>Timing of assessments:</i> Baseline, weeks 1, 2, 4, 6 |
| RESULTS: | There were no significant differences between treatment groups in any of the outcome measures at any point in time (changes in HAM-D, HAM-A, CGI, Raskin, Covi scales) Both groups showed significant improvements from baseline Response rate (≥ 50% improvement on HAM-D): sertraline: 59%, fluoxetine: 51% Both treatment groups showed significant improvement in the Leeds Sleep Questionnaire |
| ANALYSIS: | ITT: No Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 13.3% Withdrawals due to adverse events: sertraline: 14%, fluoxetine: 13% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | No significant difference between treatment groups in the occurrence of adverse events Incidence of adverse events: sertraline: 56%, fluoxetine: 60% Most common adverse events: nausea: sertraline: 21%, fluoxetine: 25%; headache: sertraline: 14.1%, fluoxetine: 14.6%; agitation: sertraline: 4.9%, fluoxetine: 5.6% 3 patients in each treatment group experienced severe drug related adverse events |
| QUALITY RATING: | Fair |

| Evidence Table 1 | Major Depressive Disorder Adults | | | |
|-----------------------------|-----------------------------------------------------------------------------------------------------------------------|--------------------------------------------|----------------------------------------|--|
| STUDY: | Authors: Bielski et al. ¹¹ | Authors: Bielski et al. ¹¹ | | |
| | Year: 2004 | | | |
| | Country: US | | | |
| FUNDING: | Forest Laboratories | | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: Multi-center (8 sites) | | | |
| | Sample size: 198 | | | |
| INTERVENTION: | | | | |
| Drug: | Escitalopram | Venlafaxine XR | | |
| Dose: | 20 mg/d | 225 mg/d | | |
| Duration: | 8 weeks | 8 weeks | | |
| Sample size: | 98 | 100 | | |
| INCLUSION: | Male and female patients 18 to 65 years of age; met DSM-IV criteria for MDD; minimum score of 20 on the HAM-D-24 | | | |
| | at screening and baseline | | | |
| EXCLUSION: | Pregnant or lactating women; patients with a primary diagnosis for other Axis I disorder; history of schizophrenia or | | | |
| | other psychotic disorder; severe persor | ality disorder; history of substance abuse | e; suicidal risk; unstable significant | |
| | medical illness | | | |
| OTHER MEDICATIONS/ | No psychoactive drugs allowed except zolpidem or zaleplon as needed for sleep | | | |
| INTERVENTIONS: | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: No (more women in escitalopram group) | | | |
| | Mean age: Escitalopram: 37.3; venlafa | axine: 37.5 | | |
| | Gender (% female): Escitalopram: 69.4 | 4%; venlafaxine 47.0% | | |
| | Ethnicity (% white): Escitalopram: 77. | 6 %; venlafaxine: 73.0 % | | |
| | Other population characteristics: No | t reported | | |

| Authors: Bielski et al. Year: 2004 | |
|---------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: US | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: MADRS |
| | Secondary Outcome Measures: HAM-D-24; HAM-D somatic subscale; HAM-A; CGI-S; CES-D; Q-LES-Q; CGI-I |
| | <i>Timing of assessments:</i> Evaluations were conducted at baseline and weeks 1,2,4,6, and 8 for the MADRS, HAM-D- |
| | 24, CGI-I, and CGI-S. Anxiety symptoms were measured at baseline and weeks 2 and 8 |
| RESULTS: | No significant differences between treatment groups observed in the LOCF analysis for any of the outcome |
| | measures |
| | • Response rates favored escitalopram (MADRS: 58.8% vs. 48.0%; Ham-D: 61% vs. 48%); no statistical |
| | significance was reached |
| | No significant differences in remission rates between escitalopram and venlafaxine XR |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 30% (60); escitalopram: 27% (26); venlafaxine XR: 34% (34) |
| | Withdrawals due to adverse events: 10% (20); escitalopram: 4% (4); venlafaxine XR: 16% (16) |
| | Loss to follow-up differential high: No |
| | |
| ADVERSE EVENTS: | Significantly more patients in the venlafaxine XR than in the escitalopram group (16% vs. 4%; p < 0.01) group withdraw due to adverse swarts. |
| | Objective due to adverse events |
| | Significantly more patients in the veniaraxine XR group than in the escitalopram group (24% vs. 6.1%; p < 0.05) reported nausea |
| | • Significantly more patients had eiaculation disorders in the venlafaxine XR than in the escitalopram group (22.6% |
| | vs. 6.7%; p < 0.05) |
| | |
| QUALITY RATING: | Fair |
| | |

| Evidence Table 1 | Major Depressive Disorder Adults | | | |
|--------------------------------------|----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|----------------------------------------------------|------------------|
| STUDY: | Authors: Blier et al. ¹² Year: 2009 Country: Canada, | | | |
| FUNDING: | Organon Pharmaceuticals | | | |
| DESIGN: | Study design: RCT Setting: University clinic Sample size: 61 | | | |
| INTERVENTION: | | | | |
| Drug: | Mirtazapine | Paroxetine | Mirtazapine (30mg) + | |
| Dose: | (15-45 mg 1 x daily): | 10-60 mg 1 x daily | Paroxetine (20mg) – | |
| Duration: | 6 weeks | 6 weeks | 6 weeks | |
| Sample size: | 21 | 19 | 21 | |
| INCLUSION: | Adults; Diagnosed with MDD accord | ing to DSM III or IV; HAM-D: 17 it | tem score: 18+ | |
| EXCLUSION: | Additional mental illnesses or organ Clinically significant medical disease | ic mental disorder not related to d e: Other: abnormal lab results, sei: | epression (e.g., schizophrenia, b zure disorder | ipolar): bipolar |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | | |
| POPULATION | Groups similar at baseline: No | | | |
| CHARACTERISTICS: | Mean age: 43 | | | |
| | Gender (female %): 46 | | | |
| | Ethnicity (Caucasian %): NR | | | |
| | Other population characteristics: | | | |

| Authors: Blier et al. Year: 2009 | |
|-------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: Canada | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: HAM-D |
| | Secondary Outcome Measures: MADRS |
| | Timing of assessments: 6 weeks |
| RESULTS: | MADRS Remission; by day 42: |
| | MIR 19%(N = 4), PAR 26% (N = 5), & combo 43% (N = 9) had achieved remission (group comparison, <i>P</i> : ns). |
| | Response: Similar response rates between mirtazapine and paroxetine (data reported in graph only). |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: NR |
| ATTRITION: | Overall Attrition: 10% Withdrawals due to adverse events: 5% Withdrawals due to lack of efficacy: 3 Differential Attrition: Yes 19.8% |
| ADVERSE EVENTS: | NR |
| QUALITY RATING: | Fair |

| Evidence Table 1 | Major Depressive Disorder Adults | | |
|--------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Boulenger et al. ¹³ Year: 2006 Country: Multinational (Europe) | | |
| FUNDING: | H. Lundbeck A/S | | |
| DESIGN: | Study design: RCT Setting: Multicenter (49) Sample size: 454 | | |
| INTERVENTION: | · | | |
| Drug: | Escitalopram | Paroxetine | |
| Dose: | 20 mg | 40mg | |
| Duration: | 24 weeks | 24 weeks | |
| Sample size: | 229 | 225 | |
| INCLUSION: | Male and female outpatients, 18 to 75 y | rears with MDD; duration more than 2 we | eks and MADRS <u>></u> 30. |
| EXCLUSION: | schizophrenia/other psychotic disorder, abuse within 1 year; formal or systemic escitalopram, lactose intolerance; ECT tryptophan herbal ADs, anxiolytics, anti- | mania or hypomania, eating disorders, C psychotherapy; pregnant or lactating; his within 6 months; current use of MAOIs R -manic or antipsychotic drugs. | DCD, bipolar disorder, alcohol or drug story of use of paroxetine, citalopram or IMA, SSRIs, SNRIs, tricyclics, |
| OTHER MEDICATIONS/ INTERVENTIONS: | Zolpidem, zolpiclone or zaleplon for per | iodic insomnia | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: Escitalopram 43.8 paroxe Gender (female %): Escitalopram pa Ethnicity (Caucasian %): Escitalopram Other population characteristics: MA paroxetine 24.3/31.5 | tine 44.7 roxetine n 97.8 paroxetine 99.6 .DRS Escitalopram 35.2 paroxetine 34.8 | ; HAM-D 17/24 Escitalopram 24.7/31.9 |

| Authors: Boulenger et al. | | | | |
|--------------------------------------|--------------------------------------|------------------------------|--------------------------------|----------|
| Country: Multinational | | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: MADRS | | | |
| | Secondary Outcome Meas | sures: HAM-D, CGI-I and C | GI-S, HAM-A | |
| | | | | |
| | Timing of assessments: E | Baseline weeks 1,2,4,8,12,16 | ,20,24,28 (2 week follow up af | ter end) |
| RESULTS: | Escitalopram vs. pa | roxetine change from base | eline | |
| | MADRS week 12 -23 | 3.2 vs21.2 P = 0.019 week | 24 -25.2 vs23.1 P = 0.021 | |
| | HAMD17 -16.9 vs1 | 15.0 P = 0.006 HAMD24 -22. | 5 vs20.0 P = 0.005 | |
| | • HAMA -15.1 vs13. | 2 P = 0.008 CGI-S -2.8 vs | 2.6 P = 0.020 | |
| | Remission: 75% vs. | . 67% | | |
| | • CGI-I 2.0 vs. 2.2 P = | 0.032 | | |
| ANALYSIS: | III: Yes | alana. | | |
| | Post randomization exclu | SIONS: Stial bigh: | | |
| | | Essiteleprom | Paravatina | |
| Loss to follow-up: | 116 (26%) | | | |
| Withdrawals due to AFs: | 110 (2070) | 7 9% | 15.6% | |
| Withdrawals due to lack of efficacy: | | 4.4% | 6.2% | |
| ADVERSE EVENTS: | Escitalopram vs. pa | roxetine (%) | | |
| | • AEs 66.8 vs. 72.0 | | | |
| | • Nausea 24.9 vs. 25.8 | 3 | | |
| | Headache 24.5 vs. 2 | 0.4 | | |
| | • Dizziness 9.2 vs. 8.9 | | | |
| | Hyperhidrosis 8.7 vs. 12.4 | | | |
| | Insomnia 7.4 vs. 8.0 | | | |
| | • Dry mouth 7.0 vs. 9.8 | | | |
| | • Diarrhea 6.6 vs. 10.2 | | | |
| | Erectile dysfunction 5 | 5.3 vs. 5.9 | | |
| | Ejaculation delayed 2 | 2.7 vs. 8.8 | | |
| | Constipation 2.2 vs. 5 | 5.3 | | |
| QUALITY RATING: | Fair | | | |
| | | | | |

| Evidence Table 1 | Major Depressive Disorder Ad | ults | | |
|----------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|---------------------------------------------------------------------|
| STUDY: | Authors: Boyer et al. ¹⁴ Year: 1998 Country: France | | | |
| FUNDING: | At least 1 author is affiliated with | Pfizer | | |
| DESIGN: | <i>Study design:</i> RCT <i>Setting:</i> Multi-center, primary ca <i>Sample size:</i> 242 | are settings (57 general practitione | rs) | |
| INTERVENTION: Drug: Dose: Duration: | Fluoxetine 50-150 mg/d 180 days | Sertraline 20-60 mg/d 180 days | | Mean daily dose: Fluoxetine -26 mg/d, Sertraline - 55 mg/d |
| INCLUSION: | 18-65 yrs; DSM-IV criteria for ma | ajor depression; ≥ 20 on MADRS | | |
| EXCLUSION: | Pregnancy, lactation, or lack of a abuse; existing suicidal risk; prev history of allergy to related drugs | adequate contraception; concurren vious course of antidepressant trea s | t major psychiatric disorders; alcol atment ≤ 3 weeks; clinically severe | nol or substance medical illness; |
| OTHER MEDICATIONS/ INTERVENTIONS: | Allowed medications for medical | diseases | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye Mean age: fluoxetine: 43.7, sertr Gender (% female): fluoxetine: 7 Ethnicity: Not reported Other population characteristi conditions: fluoxetine: 72%, sertr | s raline: 43.0 79.1%, sertraline: 77.6% ics: Previous depression: fluoxetin raline: 78% | e: 38.3 %, sertraline: 34.5%; conce | omitant medical |

| Authors: Boyer et al. Year: 1998 | |
|-------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | <i>Measures:</i> MADRS, CGI, FSQ (Functional Status Questionnaire) <i>Timing of assessments:</i> Baseline, 120, 180 days |
| RESULTS: | No significant differences in changes in MADRS, FSQ, CGI-I, and CGI-S scores between treatment groups No significant differences in response rates (improvement of MADRS ≥ 50%) between the treatment groups Day 120: fluoxetine: 54.3%, sertraline: 49% Day 180: fluoxetine: 42.6%, sertraline: 47.4% |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 4.5%; fluoxetine: 4.2%, sertraline: 4.9% Withdrawals due to adverse events: fluoxetine: 8.6%, sertraline: 7.7% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | No significance between group differences in the numbers of patients who experienced adverse events, fluoxetine: 51.3%, sertraline: 57.8% |
| QUALITY RATING: | Fair |

| Evidence Table 1 | Major Depressive Disorder Ad | ults | | |
|--------------------------------------|--------------------------------------------------------------------------------------------------------------------------|------------------------------------|----------------------------------------|----------------|
| STUDY: | Authors: Burke et al. ¹⁵ Year: 2002 Country: US | | | |
| FUNDING: | Forest Pharmaceuticals | | | |
| DESIGN: | Study design: RCT Setting: Multi-center (35 US cen Sample size: 491 | iters) | | |
| INTERVENTION: | | | | |
| Drug: | Placebo | Escitalopram | Escitalopram | Citalopram |
| Dose: | N/A | 10 mg/day | 20 mg/day | 40 mg/day |
| Duration: | 8 weeks | 8 weeks | 8 weeks | 8 weeks |
| Fixed dose trial (patients in | | | | |
| aroup were started at half dose & | | | | |
| titrated up to randomized dose.) | | | | |
| INCLUSION: | Outpatients 18-65 yrs; DSM-IV criteria for major depression; ≥ 22 score on MADRS; ≥ 2 score on item 1 of the HAM-D scale | | | |
| EXCLUSION: | DSM-IV Axis I disorder; history o | f substance abuse; suicide attemp | ot past year; active suicidal ideation | n; pregnant or |
| | lactating women; women childbe | aring age without contraception; p | sychotropic medication | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Zolpedim 3 times/week | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye | S | | |
| | Mean age: placebo: 40.1, escita | lopram 10 mg: 40.7, escitalopram | 20 mg: 39.6, citalopram 40 mg: 40 | 0.0 |
| | Gender (% female): placebo: 60 | , escitalopram 10 mg: 70, escitalo | pram 20 mg: 68, citalopram 40 mg | : 62 |
| | Ethnicity: Not reported | ee. Not reported | | |
| | Uther population characteristi | cs: Not reported | | |

| Authors: Burke et al. Year: 2002 Country: US | |
|----------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | <i>Measures:</i> MADRS, HAM-D, CGI-I, CGI-S at weeks 1, 2, 4, 6, 8, HAM-A, CES-D, QOL <i>Timing of assessments:</i> Baseline and week 8 |
| RESULTS: | There were no significant differences in the mean change of MADRS and CGI-S from baseline to endpoint between escitalopram 20 mg and citalopram 40 mg Escitalopram 10 mg was equally effective as citalopram 40 mg on the majority of outcome measures (MADRS, HAM-D, CGI-I, CGI-S) No further treatment group comparisons reported All treatment groups were significantly more efficacious than the placebo group Observed case analysis was consistent with ITT analysis |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes (6) |
| ATTRITION: | Loss to follow-up: 24% Withdrawals due to adverse events: placebo 2.5%, escitalopram 10 mg: 4.2%; escitalopram 20 mg: 10.4%; citalopram 40 mg: 8.8% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Nausea, diarrhea, insomnia, dry mouth ejaculatory disorder occurred in more than 10% of the treatment population No statistical difference in adverse events between placebo and escitalopram 10 mg Escitalopram 10 mg and citalopram had significantly higher incidence of nausea than placebo but not different from each other |
| QUALITY RATING: | Fair |

Evidence Table 1

Major Depressive Disorder Adults

| STUDY | Authors: Cassano et al ¹⁶ | | | |
|-----------------------------|--------------------------------------------------------------------------------------------------------------------------|-----------------------------------------|--------------------------------------|-----------------------|
| 010011 | Voar: 2002 | | | |
| | Country Italy | | | |
| | | | | |
| FUNDING: | SmithKline Beecham, Ravizza F | -armaceutici | | |
| | | | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: Multi-center (38) | | | |
| | Sample size: 242 | | | |
| | - | | | |
| INTERVENTION: | | | | |
| Drug: | Paroxetine | Fluoxetine | | |
| Dose: | 20-40 mg/day | 20-60 mg/day | | |
| Duration: | 1 vear | 1 vear | | |
| | . , | | | |
| INCLUSION: | 65 yrs or older: ICD-10 criteria for depression: > 18 on HAM-D-17: mini mental state > 22: Raskin score higher than Covi | | | |
| | Anxiety score | ••••••••••••••••••••••••••••••••••••••• | | ine inglier that eeth |
| | | | | |
| EXCLUSION: | History of seizures: dementia: h | istory of psychotic disorders: bipola | ar disorder: alcohol or substance al | huse: existing |
| | suicidal risk: clinically relevant progressive disease: denot neuroleptics within 6 months | | | |
| | Sucidal fisk, clinically relevant p | | | |
| | Treatments for concemitant svs | tomic diseases: short or intermedia | to half life honzodiazoninos: toma | zonam for incomnia |
| | meatments for concomitant sys | | te nan-me benzoulazepines, ternaz | |
| INTERVENTIONS. | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye | | | |
| | Mean age: paroxetine: 75.6, fluoxetine: 74.9 | | | |
| | Gender (% female): paroxetine: 61%, fluoxetine: 50% | | | |
| | Ethnicity: Not reported | | | |
| | Other population characteristics: Duration of present episode was less than 6 months for 60% of patients and more | | | |
| | than 1 year for 25%, 40% had a | Iready been treated for present epi | sode | |

| Authors: Cassano et al. | |
|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2002 | |
| Country: Italy | |
| OUTCOME ASSESSMENT: | <i>Measures and timing of assessments:</i> HAM-D, CGI, Clinical Anxiety Scale at baseline, weeks 3, 6, 12, 20, 28, 36, 44, 52 <i>Cognitive tests:</i> Buschke Selective Reminding Test; Blessed Information and Memory Test; Clifton Assessment Schedule; Cancellation Task Test; Wechsler Paired Word Test; MMSE at baseline, weeks 3, 6, 12, 20, 28, 36, 44, 52 |
| RESULTS: | Cognitive function: Both treatment groups showed significant improvements in cognitive performance on all test scales There were no significant differences between treatment groups and cognitive performance except for the Buschke test at week 3 and 6 where paroxetine showed a significantly greater improvement on a number of tests Depressive symptoms: Both treatment groups significantly improved the HAM-D total scores Paroxetine showed a greater improvement of HAM-D scores during the first 6 weeks (week 3: p < 0.05; week 6: p < 0.002), otherwise there were no differences between the treatment groups A Kaplan Meier analysis evaluating the percentage of responders (HAM-D https://doi.org No significant differences on CGI scores |
| ANALYSIS: | ITT: No Post randomization exclusions: Not reported |
| ATTRITION: | Loss to follow-up: 39.3%; paroxetine: 40.6%, fluoxetine:37.8% Withdrawals due to adverse events: 15% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | At least 1 adverse event: paroxetine: 27.6%, fluoxetine: 32.8% Fluoxetine had significantly more severe adverse events than paroxetine (22 vs. 9; p < 0.02) |
| QUALITY RATING: | Fair |
| Evidence | Table | 1 |
|----------|-------|---|
| | | - |

| STUDY: | <i>Authors:</i> Chouinard et al. ¹⁷ Year: 1999 | | | |
|--------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------|---|--|
| | Country: Canada | | | |
| FUNDING: | One author is employee of Smith | Kline Beecham | | |
| DESIGN: | Study design: RCT, double blind Setting: Multicenter Sample size: 203 | | | |
| INTERVENTION: | | | | |
| Drug: | Paroxetine | Fluoxetine | | |
| Dose: | 20-50 mg/d | 20-80 mg/d | | |
| Duration: | 12 weeks | 12 weeks | | |
| INCLUSION: | Meeting DSM IIIR criteria for MDD with symptoms for at least 1 month prior to screening; min. score on HAM-D ₂₁ of 20 and score of "2" on the first item | | | |
| EXCLUSION: | Significant coexisting illness including renal, hepatic, GI, neurological, non-stabilized diabetes; other current Axis I disorders; organic brain syndrome; past or present abuse of alcohol or other illicit drugs; significant suicide risk; pregnant or lactating; ECT or continuous lithium therapy in the prior 2 months; MAOI or oral neuroleptics use in prior 21 days; any antidepressant or sedative hypnotic in prior 7 days; fluoxetine in prior 35 days or current therapy with an anticoagulant or type 1C anti-arrhythmic; subjects with clinically significant abnormalities on physical examination, ECG, or lab | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Chloral hydrate for hypnotic | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye | s | | |
| | Mean age: 40.9; paroxetine: 40 | .6, fluoxetine: 41.2 | | |
| | Gender (% female): paroxetine: | 63.7%, fluoxetine: 59.4% | | |
| | Ethnicity: 96.5% white, 1.5 % Asian | | | |
| | Other population characteristi | cs: | | |
| | 2 or more depressive episodes: | paroxetine 76.5%, fluoxetine 59.5% | % | |

| Authors: Chouinard et al. Year: 1999 Country: Canada | |
|------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | <i>Measures:</i> HAM-D ₂₁ measured at baseline, weeks 1-6, 8, 10 and 12. Response > 50% reduction from baseline, remission score < 10 (HAMD) <i>Timing of assessments:</i> Weeks 1, 2, 3, 4, 5, 6, 8, 10, 12 |
| RESULTS: | No statistically significant differences in response rates: (Observed cases at 12 weeks) paroxetine 85.7%, fluoxetine 88.4%; (LOCF endpoint) paroxetine 67.0%, fluoxetine 68.4% No statistically significant differences in remission rates: (Observed cases at 12 weeks) paroxetine 77.8%, fluoxetine 81.2%, (LOCF endpoint) paroxetine 58.0%, fluoxetine 59.2% |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes (5) |
| ATTRITION: | Loss to follow-up: 36%; paroxetine: 39.2%, fluoxetine: 32.67% Withdrawals due to adverse events: Not reported Loss to follow-up differential high: No |
| ADVERSE EVENTS: | No significant differences between groups |
| QUALITY RATING: | Fair |

| Evidence Table 1 | Major Depressive Disorder Adults |
|------------------|----------------------------------|
|------------------|----------------------------------|

| STUDY: | <i>Authors:</i> Cipriani et al. ¹⁸ Year: 2005 |
|---------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|
| FUNDING: | NR |
| DESIGN: | Study design: Systematic Review and Metaanalysis Number of patients: NR |
| AIMS OF REVIEW: | To determine the efficacy of fluoxetine, compared with other ADs, in alleviating the acute symptoms of depression, and to review its acceptability. |
| STUDIES INCLUDED IN REVIEW | 132 RCTs |
| TIME PERIOD COVERED: | 1966-2004 |
| CHARACTERISTICS OF INCLUDED STUDIES: | RCTs Trials with crossover design: only results from the first randomization period. |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Study participants were of either sex and any age with a primary diagnosis of depression. |

| Authors: Cipriani et al. Year: 2005 | |
|-------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CHARACTERISTICS OF INTERVENTIONS: | Fluoxetine, fluvoxamine, sertraline, paroxetine, citalopram |
| MAIN RESULTS: | EFFICACY: Fluoxetine vs. sertraline: Fluoxetine less effective, statistically significant difference, both on a dichotomous (Peto OR: 1.40, 95% CI 1.11 to 1.76) and continuous outcome (SMD random effect: 0.22, 95% CI 0.00 to 0.44). Paroxetine: advantage in terms of efficacy, not statistically significant, on a dichotomous outcome only (PetoOR: 1.25, 95% CI 0.96 to 1.63). Venlafaxine: significantly more effective than fluoxetine, both on a dichotomous (Peto OR: 1.40, 95% CI 1.15 to 1.70) and continuous outcome (SMD random effect: 0.11, 95% CI 0.00 to 0.23). TOLERABILITY: No statistically significant difference between fluoxetine and citalopram (OR: 0.57, 95%CI 0.30 to 1.09) and fluoxetine and |
| | venlafaxine (OR: 0.76, 95% CI 0.57 to 1.03). |
| ADVERSE EVENTS: | Sweating: significant difference, more common in fluoxetine than in paroxetine Nausea: more commen in fluoxetine than in fluoxamine Dry mouth, dizziness, sweating: significantly decreased in fluoxetine than venlafaxine |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | Yes |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Yes |
| QUALITY RATING: | Good |

| Evidence Table 1 | Major Depressive Disorder Adults |
|------------------|----------------------------------|
|------------------|----------------------------------|

| STUDY: | <i>Authors:</i> Cipriani et al. ¹⁹ <i>Year:</i> 2009 |
|---------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| FUNDING: | NR |
| DESIGN: | Study design: Systematic Review and Metaanalysis Number of patients: NR |
| AIMS OF REVIEW: | To assess the evidence for the efficacy and tolerability of escitalopram in Comparison with TCAs, MAOis, other SSRIs and newer agents in the acute-phase treatment of major depression. |
| STUDIES INCLUDED IN REVIEW | 22 trials |
| TIME PERIOD COVERED: | NR - July 2008 |
| CHARACTERISTICS OF INCLUDED STUDIES: | Only randomized controlled trials were included. (Quasi-randomized excluded) Trials with crossover design: only results from the first randomization period. |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Adult patients with MDD Out- and in-patients |

| Authors: Cipriani et al. Year: 2009 | |
|-------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CHARACTERISTICS OF INTERVENTIONS: | Escitalopram versus fluoxetine (other comparisons: inpatients) |
| MAIN RESULTS: | EFFICACY – Number of patients who responded to treatment: a) Acute phase treatment (6 to 12 weeks): No evidence that escitalopram was more or less efficacious than fluoxetine (OR 0.81, 95% CI 0.60 to 1.10, p= 0.17; 3 studies, 783 participants) b) Early response (1 to 4 weeks) No statistically significant differences (OR 1.15, 95% CI 0.52 to 2.56, p=0.73; 1 study, 240 participants) |
| ADVERSE EVENTS: | Total number of patients experiencing at least one side effect: There was no evidence that escitalopram was associated with a less or higher rate of adverse events than fluoxetine (OR 0.80, 95% CI 0.59 to 1.07, p=0.13; 4 studies, 804 participants) |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | Yes |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Yes |
| QUALITY RATING: | Good |

| STUDY: | Authors: Cipriani et al. ²⁰ |
|-----------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| | Year: 2010 |
| FUNDING: | NR |
| DESIGN: | Study design: Systematic Review and Metaanalysis |
| | Number of patients: 9303 patients for efficacy |
| | 9950 patients acceptability |
| | To asses the avidence for the afficacy, accentability and tolerability of settraling in comparison with tricyclics, beterocyclics |
| | other SSDIs and newer agents in the acute phase treatment of major depression |
| | Co De mente el agents in the acute-phase treatment of major depression. |
| | 59 RCTS, mostly of low quality |
| REVIEW | |
| | |
| TIME PERIOD COVERED: | 1966 – July 2008 |
| | |
| CHARACTERISTICS OF | Only randomized controlled trials were included. (Quasi-randomised excluded) Trials with crossover design: only results from the |
| INCLUDED STUDIES: | first randomization period |
| | |
| CHARACTERISTICS OF | Adult patients with MDD |
| INCLUDED POPULATIONS: | Out- and in-patients (45 RCTs – outpatients) |
| | Moderate to severe depression (56 studies) |
| | Mild to moderate depressive symptoms (3 studies) |
| | |

| Authors: Cipriani et al. Year: 2010 | |
|----------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CHARACTERISTICS OF INTERVENTIONS: | Sertraline, fluoxetine, fluvoxamine, citalopram, paroxetine, escitalopram, venlafaxine, duloxetine, milnacipran, mirtazapine, bupropion, reboxetine |
| MAIN RESULTS: | Number of patients who responded to treatment, showing a reduction of at least 50% on the HAM-D or MARDS or any other depression scale. |
| | EFFICACY – Number of patients who responded to treatment: Acute phase treatment (6 to 12 weeks): |
| | Sertraline vs. citalopram: OR 0.93 (95% Cl 0.61 - 1.42) Sertraline vs. escitalopram: OR 0.94 (95% Cl 0.65 – 1.37) |
| | Sertraline vs. bupropion: OR 1.08 (95% Cl 0.80 – 1.47) Sertraline vs. venlafaxine: OR 1.07 (95% Cl 0.74 – 1.54) |
| | • Follow-up response (16 to 24 weeks): There were no statistically significant differences between sertraline, citalopram, fluoxetine, or bupropion. |
| | EFFICACY – mean change from baseline: |
| | • Acute phase treatment (between 6 and 12 weeks): There were no significant differences between sertraline and other SSRIs (citalopram, escitalopram, fluoxetine, fluvoxamine and paroxetine) or newer antidepressants (e.g. bupropion, venlafaxine). |
| | Sertraline vs. citalopram: 0.06 (95% CI -0.10 – 0.23) Sertraline vs. escitalopram: -0.02 (95% CI -0.20 – 0.16) Sertraline vs. bupropion: 0.03 (95% CI -0.12 – 0.18) Sertraline vs. venlafaxine: -0.09 (95% CI -0.42 – 0.24) |
| | • Early response (1 to 4 weeks): There was no difference between sertraline and bupropion and venlafaxine |
| ADVERSE EVENTS: | Total number of patients experiencing at least one side effect: There was a statistically significant difference with patients allocated to sertraline having a higher rate of adverse events than escitalopram (OR 1.76, 95% CI 1.06 to 2.94, p=0.03; 2 studies, 489 participants). |
| | No differences were found between sertraline and newer antidepressants. |
| | Total number of patients experiencing a specific side effect: |
| | Diarrhoea: Sertraline was associated with a higher rate of participants experiencing diarrhea than escitalopram (OR 2.10, 95% CA 1.22 to 3.61, P = 0.007; 2 trials, 489 participants) and than bupropion (OR 3.88, 95% CI 1.50 to 10.07, P=0.005; 3 trials, 727 participants) |
| | Dry mouth: Sertraline was associated with a lower rate of dry mouth than venlafaxine (OR 0.02, 95% CI 0.00 to 0.33, P=0.006; 1 trial, 89 participants) Insomnia: No difference |
| | |

| | Nausea: Sertraline was associated with a higher rate of nausea than bupropion (OR 2.14, 95% CI 1.12 to 4.08, P=0.0.2; 3 trials, 727 participants) Sleepiness/drowsiness: Sertraline was associated with a higher rate of sleepiness than bupropion (OR 5.10, 95% CI 2.53 to 10.31, P<0.00001; 3 trials, 727 participants) Constipation: Sertraline was associated with a lower rate of constipation than venlafaxine (OR 0.05, 95% CI 0.00 to 0.85, P=0.04; 1 trial, 89 participants) Other adverse events: Compared with bupropion, sertraline was associated with a higher rate of increased sweating (OR 3.99, 95% CI, 1.68 to 9.45, p=0.002; 2 trials, 727 participants) |
|-------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | Yes |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Yes |
| QUALITY RATING: | Good |

| Evidence Table 1 | Major Depressive Disorder Adults | | |
|--------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------|---------------------------------------|
| STUDY: | Authors: Clayton et al. ²¹ Year: 2006 Country: USA | | |
| FUNDING: | GlaxoSmithKline | | |
| DESIGN: | Study design: 2 pooled RCTs Setting: Multicenter Sample size: 830 | | |
| INTERVENTION: | • | | |
| Drug: | Bupropion XL | Escitalopram | Placebo |
| Dose: | 300-450 mg | 10-20 mg | NA |
| Duration: | 8 weeks | 8 weeks | 8 weeks |
| Sample size: | 276 | 281 | 273 |
| INCLUSION: | Men and women > 18 years old, MDD; | HAMD17 > 19,; current episode duration | 12 weeks to 2 years; sexually active. |
| EXCLUSION: | Other sexual disorders; past or present anorexia nervosa, bulimia, seizure disorder, or brain injury; diagnosis of panic disorder, OCD, PTSD or acute stress disorder within 12 months: bipolar I or II, schizophrenia or other psychotic disorders; attempted suicide within 6 months; any drug that may effect sexual functioning. | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Zolpidem, zaleplon and and non-presc | ription sleep aids were allowed in 1 st 10 d | lays only. |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: Bupropion XL 37 Escitalopram 37 Placebo 36 Gender (female %): Bupropion XL 58 Escitalopram 57 Placebo 60 Ethnicity: White Bupropion XL 70% Escitalopram 68% Placebo 70% Black Bupropion XL 20% Escitalopram 19% Placebo 17% Other population characteristics: NR | | |

| Authors: Clayton et al. | | | |
|--------------------------------------|----------------------------------------------|------------------------------------------|-----------------------|
| Country: USA | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: % pat | ients w/orgasm dysfunction at week 8 | |
| | Secondary Outcome Measures: CS | FQ, HAMD17, CGI-S and CGI-I and H | AD |
| | Timing of assessments: Baseline, w | eeks 1,2,3,4,6 and 8 | |
| RESULTS: | % patients w/orgasm dysfunction | on at week 8 Bupropion XL 15 Escitalop | oram 30 Placebo 9 |
| | Change in HAMD17 Bupropion | 1 XL -13.2 (0.5) Escitalopram -13.6 (0.5 |) Placebo -12.0 (0.5) |
| | HAMD response Bupropion XL | 62% Escitalopram 65% Placebo 52% | |
| | HAMD remission Bupropion XL | 43% Escitalopram 45% Placebo 34% | |
| | Change in CGI-S Bupropion XL | 1.9 (0.1) Escitalopram -1.9 (0.1) Plac | cebo -1.6 (0.1) |
| | CGI-I response Bupropion XL 6 | 7% Escitalopram 67% Placebo 57% | |
| ANALYSIS: | | | |
| | Post randomization exclusions: 45 | | |
| ATTRITION | Dupropion VI | NU Facitalanram | Diasaha |
| ATTRITION: | | | Placebo |
| Withdrawals due to adverse events: | 6% | / 1 (2578) 4% | 5% |
| Withdrawals due to lack of efficacy: | NR | NR | NR |
| ADVERSE EVENTS: | Bupropion XL vs. Escitalopram vs. | Placebo % | |
| | • Dry mouth 22 vs. 13 vs. 11 | | |
| | • Fatigue 4 vs. 14 vs. 6 | | |
| | Insomnia 14 vs. 10 vs. 8 | | |
| | Constipation 9 vs. 3 vs. 6 | | |
| | Somnolence 3 vs. 8 vs. 5 | | |
| | Decreased appetite 5 vs. 6 vs. | 4 | |
| | Nasopharyngitis 5 vs. 5 vs. 3 | | |
| | Irritability 5 vs. 1 vs. 4 | | |
| | • Yawning <1 vs. 5 vs. 1 | | |
| QUALITY RATING: | Fair | | |
| | | | |

| STUDY: | Authors: Coleman et al. ²² | | | |
|-----------------------------|----------------------------------------------------------------------------------------------------------------------------|--------------------------------------|------------------------------------|------------------|
| | Year: 1999 | | | |
| | Country: US | | | |
| FUNDING: | Glaxo Wellcome | | | |
| | | | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: Multi-center (9 centers) | | | |
| | Sample size: 364 | | | |
| INTERVENTION: | | | | |
| Drug: | Sertraline | Buproprion SR | Placebo | |
| Dose: | 50-200 mg/d | 150-400 mg/d | N/A | |
| Duration: | 8 weeks | 8 weeks | 8 weeks | |
| | | | | |
| INCLUSION: | DSM-IV criteria for major depression; minimum score of 18 on the first 21 items of the 31 item HAM-D; ≥18 years of age; | | | |
| | be in a stable relationship, have normal sexual functioning, and sexual activity at least once every 2 weeks; currently | | | |
| | experiencing recurrent major episode of duration 2-24 months | | | |
| | | | | |
| EXCLUSION: | Predisposition to seizure or taking med that lowers seizure threshold; history or current diagnosis of an eating disorder; | | | |
| | pregnant, lactating or unwilling to take contraceptives; history of alcohol or substance abuse; suicidal tendencies; prior | | | |
| | treatment with buproprion or sertraine; used any psychoactive drug within 1 week of study (2 weeks for MAOI or 4 | | | |
| | weeks for fluoxetine) | | | |
| OTHER MEDICATIONS/ | Chloral hydrate for sleen (first 2 weeks only) | | | |
| INTERVENTIONS: | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye | S | | |
| | Mean age: sertraline: 38.3, bupr | oprion SR: 38.1, placebo: 38.5 | | |
| | Gender (% female): 59%; sertra | line: 54%, buproprion SR: 56%, pl | acebo: 59% | |
| | Ethnicity: sertraline: white: 92% | , black: 8%; buproprion SR: white | : 87%, black: 11%, other: 2%; plac | ebo: white: 88%, |
| | black: 9%, other: 3% | | | |
| | Other population characteristi | cs: No significant differences at ba | aseline | |

Evidence Table 1

| Authors: Coleman et al. | |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 1999 | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> 31 item HAM-D, HAM-A, CGI-S, CGI-I, sexual functioning by investigator questions: sexual desire disorder, sexual arousal disorder, orgasm dysfunction, premature ejaculation, patient rated overall sexual function <i>Timing of assessments:</i> Baseline, weeks 1, 2, 3, 4, 6, and 8 |
| RESULTS: | Mean HAM-D scores in the buproprion SR but not the sertraline group were statistically better than placebo (by day 28 p < 0.05) There was no significant difference between the buproprion SR and sertraline groups CGI-I and CGI-S for buproprion SR significantly better than placebo but not better than sertraline Sertraline not statistically better than placebo No differences in HAM-A; significantly fewer buproprion SR patients had sexual desire disorder than sertraline patients (p < 0.05) There was no significant difference between either active treatment group and placebo Orgasm dysfunction occurred significantly more in sertraline patients compared with placebo or buproprion SR patients (p < 0.05) Diagnosed with at least one sexual dysfunction: sertraline: 39%, buproprion SR: 13%, placebo: 17% |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 30%; sertraline: 36%, buproprion SR: 22%, placebo: 32% Withdrawals due to adverse events: 5%; sertraline: 8%, buproprion SR: 6%, placebo: 2% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Headache was the most commonly reported event in all treatment groups Nausea, diarrhea, dyspepsia occurred more frequently in sertraline patients than buproprion SR or placebo Insomnia and agitation were reported more frequently in buproprion SR patients than sertraline or placebo |
| QUALITY RATING: | Fair |

| STUDY: | Authors: Coleman et al. ²³ | | | |
|-----------------------------|------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|---------------------------------------|---------------------|
| | Year: 2001 | | | |
| | Country: US | | | |
| FUNDING: | Glaxo Wellcome | | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: Multi-center (15 centers | 5) | | |
| | Sample size: 456 | , | | |
| INTERVENTION: | | | | |
| Drug: | Buproprion SR | Fluoxetine | Placebo | |
| Dose: | 150-400 mg/d | 20-60 mg/d | N/A | |
| Duration: | 8 weeks | 8 weeks | 8 weeks | |
| | | | | |
| INCLUSION: | DSM-IV criteria for major depression; minimum score of 20 on the 21 item HAM-D; ≥18 years of age; have sexual activity | | | |
| | at least once every 2 weeks; cur | rently experiencing episode lasting | g 2-24 months; currently in a stable | erelationship |
| EXCLUSION | Prodisposition to soizuro or takin | a mod that lowers soizure thresh | ld: history or current diagnosis of a | norovia or bulimia: |
| | predisposition to seizure or taking meu tracitowers seizure threshold, history of current diagnosis of anotexia of builtina, | | | |
| | treatment with huproprion SR or fluoxetine: used any psychoactive drug within 1 week of study (2 weeks for MAOI or | | | |
| | notrintyline or any investigational drug non-responders to antidepressant treatment | | | |
| | | | | |
| OTHER MEDICATIONS/ | Not reported | | | |
| INTERVENTIONS: | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye | S | | |
| | Mean age: fluoxetine: 37.1, bup | roprion SR: 36.6, placebo: 36.7 | | |
| | Gender (% female): fluoxetine: 6 | 66%, buproprion SR: 63%, placebo | p: 61% | |
| | Ethnicity: fluoxetine: white 82%, black 11%, other 7%; buproprion SR: white 83%, black 11%, other 5%; placebo: white | | | 5%; placebo: white |
| | 82%, black 14%, other 4% | | | |
| | Other population characteristics: More patients in the fluoxetine and buproprion SR groups had sexual desire disorder | | | |
| | than at baseline the placebo gro | up | | |

Evidence Table 1

| Authors: Coleman et al. | |
|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: US | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> 21 item HAM-D, sexual function assessment, substance-induced arousal disorder and orgasm dysfunction. Assessed: orgasm dysfunction, sexual desire disorder, sexual arousal disorder, overall patient sexual functioning (1-6 scale) <i>Timing of assessments:</i> Assessments made at baseline and weeks 1, 2, 3, 4, 5, 6, 7, and 8 |
| RESULTS: | Mean HAM-D scores were not statistically different between the three groups (in ITT analysis) No difference in responders (≥ 50 decrease in HAM-D), remitters (HAMD < 8) More buproprion SR remitters (47%) compared to placebo (32%). Orgasm dysfunction occurred significantly more in fluoxetine patients compared with placebo or buproprion SR patients (p < 0.001) At endpoint, more fluoxetine treated patients had sexual desire disorder than buproprion SR treated patients (p < 0.05). More fluoxetine-treated patients dissatisfied with sexual function beginning at week 1 (p < 0.05) |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 34%; fluoxetine: 37%, buproprion SR: 37%, placebo: 33% Withdrawals due to adverse events: 6%; fluoxetine: 4%, buproprion SR: 9%, placebo: 3% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Headache was the most commonly reported event in all treatment groups Headache, diarrhea, and somnolence occurred more frequently in fluoxetine patients than buproprion SR or placebo Dry mouth, nausea, and insomnia were reported more frequently in buproprion SR patients than fluoxetine or placebo Buproprion SR group had mean increases in DBP (1.7 mm Hg) and fluoxetine group (0.3 mm Hg) and heart rate (3.8 beats/min), authors state these were not clinically significant Buproprion SR group had mean increases in heart rate (3.8 beats/min) and fluoxetine group had a mean decrease in heart rate (-2.8 beats/min), authors state these were not clinically significant |
| QUALITY RATING: | Fair |

| Evidence Table 1 | Major Depressive Disorder | | |
|--------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------|
| STUDY: | Authors: Colonna et al. ²⁴ Year: 2005 Country: Europe | | |
| FUNDING: | H Lundbeck A/S | | |
| DESIGN: | Study design: RCT Setting: 66 primary care centers Sample size: 357 | | |
| INTERVENTION: | | | |
| Drug: | Escitalopram | Citalopram | |
| Dose: | 10 mg/day | 20 mg/day | |
| Duration: | 24 weeks | 24 weeks | |
| Sample size: | 181 (ITT=165) | 177 (ITT=174) | |
| INCLUSION: | Outpatients; 18-65 years old; MDD according to the DSM-IV; baseline MADRS of 22 - 39 | | |
| EXCLUSION: | Pregnant; breast-feeding; adequate contraception; DSM-IV criteria for bipolar disorder, schizophrenia, psychotic disorder, OCD, or eating disorders; mental retardation; score of 5 or more on MADRS item 10 (suicidal thoughts); receiving treatment with antipsychotics, antidepressants, hypnotics, anxiolytics, antiepileptics, barbiturates, chloral hydrate, 5 HT receptor agonists; ECT CBT or psychotherapy; investigational drug within 30 days; history of drug abuse; lack of response to more than one antidepressant in current episode | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | · · | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: 46 Gender (% female): escitalopram: 73% Ethnicity: NR Other population characteristics: Mean MADRS (SD): escitalopram: 29.5 Mean CGI-S (SD): escitalopram: 4.2 (0 Moderately depressed patients (MADRS | %, citalopram: 76% 5 (4.3), citalopram 30.2 (4.7) .8), citalopram: 4.3 (0.8) PRS < 30) n (%): escitalopram: 85 (51.5), 5 of 30 or more) n(%): escitalopram: 80 | citalopram: 85 (48.9) (48.5)m, citalopram: 89 (51.1) |

| Authors: Colonna et al. | | | |
|--------------------------------------|----------------------------------------------------------|----------------------------------------------|----------------------------------------|
| Year: 2005 | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: MADRS total score | | |
| | Secondary Outcome Measures: CGI-S | S, Responders (50% reduction in MADRS | 6) and remitters (MADRS total score 12 |
| | or less) | | |
| | Timing of assessments: Screening, ba | aseline weeks 1, 2, 4, 6, 8, 10, 12, 16, 20 | and 24. Final safety assessment 30 |
| | days after last assessment | | |
| RESULTS: | All results are escitalopram vs. citalop | ram at 24 weeks | |
| | No significant differences in change | ges of MADRS scores from baseline to e | endpoint 8.3 vs. 9.3 p = NR |
| | CGI-S mean 1.75 vs. 2.00 p < | 0.05 | |
| | Moderately depressed 1.57 vs. | 1.95 p < 0.05 | |
| | Severely depressed 2.02 vs. 2. | 13 | |
| | Responders: 80% vs. 78% p = | NR | |
| | Remitters: 76% vs. 71% p = NI | R | |
| | Overall, statistically significantl | y fewer withdrawals in the escitalopram the | han in the citalopram group 13% vs. |
| | 22% p < 0.05 | | |
| | Total withdrawals in the moder | ately depressed was 10 (11.8%) vs. 26 (| 30.6%) p < 0.01 |
| | Total withdrawals in the severe | ely depressed was 11 (13.8%) vs. 13 (14. | 6%) p = NR |
| ANALYSIS: | ITT: Yes | | |
| | Post randomization exclusions: Yes (18) | | |
| ATTRITION (%): | Overall | <u>Escitalopram</u> | <u>Citalopram</u> |
| Loss to follow-up: | 17.7 | 12.7 | 22.4 |
| Withdrawals due to adverse events: | 8.3 | 6.1 | 10.3 |
| Withdrawals due to lack of efficacy: | | | |
| Loss to follow-up differential high: | 1.5 | 1.2 | 1.7 |
| | | | |
| | NO | | |
| ADVERSE EVENTS: | All results are escitalopram v | ersus citalopram n(%) | |
| | Patients with AEs: 110 (62.9) |) VS. 131 (72.0) | |
| | Nausea: 28 (16.0) Vs. 18 (9.9), Rhinitis: | 17 (9.7) VS. 12 (6.6), Headache: 12 (6.9) | VS. 16 (8.8), Back pain: 11 (6.3) VS. |
| | 15 (8.2), Accidental injury: 10 (5.7) VS. 8 | (4.4), BIONCHIUS: 10 (5.7) VS. 7 (3.8), We | eignt increase: 2 (1.1) vs. 12 (6.6) |
| | Foir | | |
| QUALITY KATING: | rair | | |
| | | | |

| STUDY: | Authors: Corya et al. ²⁵ Year: 2006 Country: Multinational (English-speakir | a countries) | |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------|-----------|
| FUNDING: | Lilly Research Laboratories | | |
| DESIGN: | Study design: RCT Setting: Multicenter Sample size: 483 of which 119 are of interest | | |
| INTERVENTION: | | | |
| Drug: | Fluoxetine | Venlafaxine | |
| Dose: | 25 or 50 mg (mean 37.5) | 75-375 mg (mean 275.4) | |
| Duration: | 12 weeks | 12 weeks | |
| Sample size: | 60 | 59 | |
| INCLUSION: | MDD | | |
| EXCLUSION: | Current or past diagnosis of schizophrenia, schizoaffective disorder, other psychotic disorders, bipolar I disorder, bipolar I disorder, major depressive disorder with seasonal pattern, or dissociative disorders (as defined in DSM-IV); female patients who were pregnant or nursing. Concomitant medications with primary central nervous system activity were not allowed | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | benzodiazepines as permitted at doses | up to an equivalent of 4mg of lorazepan | n per day |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes according to authors Mean age: 45.7 Gender (female %): 72.5 Ethnicity: Caucasian 89.9% Other population characteristics: MADRS 30.0 (SD 6.8) | | |

| Authors: Corya et al. | |
|------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2006 | |
| Country: Multinational | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: baseline to end point mean change in the MADRS Secondary Outcome Measures: CGI Severity of Depression, HAM-A; Brief Psychiatric Rating Scale [BPRS]; Clinical response was defined as a \geq 50% decrease in MADRS total score at end point. Remission was defined as MADRS total score \leq 8 for any two consecutive visits. Timing of assessments: Baseline and visits |
| RESULTS: | Baseline to endpoint change fluoxetine vs. venlafaxine MADRS -11.7 (1.14) vs13.73 (1.16) CGI-Depression -1.26 (0.15) vs1.49 (0.14) HAM-A -5.30 (1.01) vs5.89 (0.94) BPRS -4.82 (0.88) vs4.76 (0.98) Response fluoxetine, 33.9% (n=19); venlafaxine, 50.0% (n=29), Remission fluoxetine, 17.9% (n=10); venlafaxine, 22.4% (n=13) |
| | TT , Veo |
| ANAL 1915. | Post randomization evolutions: |
| | I oss to follow-up: 27 (23%) fluovetine 12 (20%) venlafavine 15 (25%) |
| ATTRITION. | Withdrawals due to adverse events: Eluoxetine 5% ventafaxine 17% |
| | Withdrawals due to lack of efficacy: Fluoxetine 6.7% venlafaxine 11.9% |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | fluoxetine vs. venlafaxine (%) |
| | Weight gain 13 vs. 5 Somnolence 5 vs. 8 |
| | Increased appetite 7 vs. 5 |
| | Dizziness 10 vs. 5 |
| | Dry mouth 7 vs. 5 |
| | Asthenia 8 vs. 8 |
| | Peripheral edema 0 vs. 2 |
| | Headache 1/ vs. 1/ |
| QUALITY RATING: | Fair |

| Evidence Table 1 | Major Depressive Disorder Ad | lults | | |
|----------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------|
| STUDY: | Authors: Costa e Silva et al. ²⁶ Year: 1998 Country: South America | 5 | | |
| FUNDING: | Wyeth-Ayerst International | | | |
| DESIGN: | Study design: RCT Setting: Multi-center Sample size: 382 | | | |
| INTERVENTION: Drug: Dose: Duration: | Venlafaxine 75-225 mg/d 8 weeks | Fluoxetine 20-40 mg/d 8 weeks | | |
| INCLUSION: | 18-60 yrs; DSM-III-R criteria for | ⊔ major depression; ≥ 20 on HAM-D | -21; symptoms for at least 1 month | |
| EXCLUSION: | Pregnancy, lactation, or lack of a bipolar disorder; alcohol or subs cardiac, hepatic, or renal diseas | adequate contraception; history of tance abuse; existing suicidal risk; e; abnormalities on screening exar | seizures; dementia; history of psyc investigational drugs within 30 day mination; known sensitivity to venla | hotic disorders; /s; clinically relevant faxine or fluoxetine |
| OTHER MEDICATIONS/ INTERVENTIONS: | Zopiclone 7.5 mg | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye Mean age: venlafaxine: 40.5, flu Gender (% female): venlafaxine Ethnicity: Not reported Other population characteristi Moderately ill: venlafaxine: 33.7 Markedly ill: venlafaxine: 43.0%, Severely ill: venlafaxine: 20.2%, | es Joxetine: 39.8 I: 80.1%, fluoxetine: 77.4% ics: Previous history of depression %, fluoxetine: 36.3%. , fluoxetine: 43.4%. fluoxetine: 17.0% | : venlafaxine: 79.6%, fluoxetine: 76 | 3.3%, CGI: |

| Authors: Costa e Silva et al. | |
|-------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 1998 | |
| Country: South America | 1 |
| OUTCOME ASSESSMENT: | <i>Measures and timing of assessments:</i> HAM-D, MADRS, CGI at baseline, days 7, 14, 21, 28, 42, 56. SCL-61 or SCL-90 administered baseline, days 28 and 56 |
| RESULTS: | HAM-D and MADRS scores decreased significantly in both treatment groups (p < 0.05) There were no significant differences between treatment groups in any primary officacy measures (HAM D. MADRS) |
| | • There were no significant differences between treatment groups in any primary encacy measures (naw-b, MADKS, CGI) |
| | Global response (≥ 50% decrease in HAM-D or MADRS and CGI score of 1 or 2) was achieved by 86.8% in the venlafaxine group and 82% in the fluoxetine group (p = 0.074) |
| | Remission was observed in 60.2% of patients in each group |
| | In patients who increased their dose to venlafaxine 150 mg and fluoxetine 40 mg after 3 weeks significantly more achieved a CGI score of 1 in the venlafaxine group (p < 0.05) |
| | There was no significant difference in remission rates between treatment groups |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: No |
| ATTRITION: | Loss to follow-up: 12.3%; venlafaxine: 14.8%, fluoxetine:9.7% |
| | Withdrawals due to adverse events: venlafaxine: 7.2%, fluoxetine: 3.8% |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | There were no significant differences between groups for specific adverse events |
| | At least one adverse event: venlafaxine: 69.4%, fluoxetine: 65% |
| | There were no clinically significant changes in laboratory parameters, ECG, or blood pressure in either group |
| | Nausea: venlafaxine: 28.9%, fluoxetine: 18.9% |
| | Headache: venlataxine: 11.3%, fluoxetine: 7% |
| QUALITY RATING: | Fair |

| Major Depressive Disorder Ad | ults | | |
|-------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Authors: Croft et al. ²⁷ Year: 1999 Country: US | | | |
| Glaxo Wellcome | | | |
| Study design: RCT (active and Setting: Multi-center (8 centers) Sample size: 360 | placebo control) | | |
| | | | |
| Sertraline | Buproprion | Placebo | |
| 50-200 mg/d | 150-400 mg/d | N/A | |
| 8 weeks | 8 weeks | 8 weeks | |
| DSM-IV criteria for major depres in a stable relationship; have nor depressive episode of 8 weeks to | sion; minimum score of 18 on the mal sexual functioning and sexual o 24 months | first 21 items of the 31 item HAM-I activity at least once every 2 weel | D; ≥ 18 years of age; ks; current |
| Predisposition to seizure or takin pregnant, lactating or unwilling to treatment with buproprion or sert protriptyline or 4 weeks for fluoxe | g med that lowers seizure thresho b take contraceptives; history of ald raline; used any psychoactive drug etine or any investigational drug) | ld; history or current diagnosis of e cohol or substance abuse; suicidal g within 1 week of study (2 weeks | eating disorder; tendencies; prior for MAOI or |
| Not reported | | | |
| Groups similar at baseline: Ye | S | | |
| Mean age: sertraline: 36.0, bupr | oprion: 35.9, placebo: 37.4 | o/ | |
| Gender (% female): sertraline: 5 | 0%, buproprion: 51%, placebo: 50 | % | |
| 88% black: 8% other: 3% | , DIACK. 6%, OTHER: 4%; DUPPOPRION | . writte. 60%, DIACK. 9%, Other: 5% | , placebo: white: |
| Other population characteristic | cs: Not reported | | |
| | Major Depressive Disorder Add Authors: Croft et al. ²⁷ Year: 1999 Country: US Glaxo Wellcome Study design: RCT (active and Setting: Multi-center (8 centers) Sample size: 360 Sertraline 50-200 mg/d 8 weeks DSM-IV criteria for major depress in a stable relationship; have nor depressive episode of 8 weeks to Predisposition to seizure or takin pregnant, lactating or unwilling to treatment with buproprion or sert protriptyline or 4 weeks for fluoxed Not reported Groups similar at baseline: Yee Mean age: sertraline: 36.0, bup Gender (% female): sertraline: 5 Ethnicity: sertraline: white: 87% 88%, black: 8%, other: 3% Other population characteristide | Major Depressive Disorder Adults Authors: Croft et al. ²⁷ Year: 1999 Country: US Glaxo Wellcome Study design: RCT (active and placebo control) Setting: Multi-center (8 centers) Sample size: 360 Sertraline 50-200 mg/d 8 weeks DSM-IV criteria for major depression; minimum score of 18 on the in a stable relationship; have normal sexual functioning and sexual depressive episode of 8 weeks to 24 months Predisposition to seizure or taking med that lowers seizure thresho pregnant, lactating or unwilling to take contraceptives; history of ald treatment with buproprion or sertraline; used any psychoactive drug protriptyline or 4 weeks for fluoxetine or any investigational drug) Not reported Groups similar at baseline: Yes Mean age: sertraline: 36.0, buproprion: 35.9, placebo: 37.4 Gender (% female): sertraline: 50%, buproprion: 51%, placebo: 50 Ethnicity: sertraline: 36.0, buproprion: 51%, placebo: 50 Bthnicity: sertraline: 37%, black: 8%, other: 4%; buproprion 88%, black: 8%, other: 3% | Major Depressive Disorder Adults Authors: Croft et al. ²⁷ Year: 1999 Country: US Glaxo Wellcome Study design: RCT (active and placebo control) Setting: Multi-center (8 centers) Sample size: 360 Sertraline 50-200 mg/d 8 weeks DSM-IV criteria for major depression; minimum score of 18 on the first 21 items of the 31 item HAM-I in a stable relationship; have normal sexual functioning and sexual activity at least once every 2 weed depressive episode of 8 weeks to 24 months Predisposition to seizure or taking med that lowers seizure threshold; history or current diagnosis of 6 pregnant, lactating or unwilling to take contraceptives; history of alcohol or substance abuse; suicidal treatment with buproprion or sertraline; used any psychoactive drug within 1 week of study (2 weeks protriptyline or 4 weeks for fluoxetine or any investigational drug) Not reported Groups similar at baseline: Yes Mean age: sertraline: 36.0, buproprion: 35.9, placebo: 37.4 Gender (% female): sertraline: 50%, buproprion: 51%, placebo: 50% Ethnicity: sertraline: white: 87%, black: 8%, other: 4%; buproprion: white: 86%, black: 9%, other: 5% 88%, black: 8%, other: 3% |

| Authors: Croft et al. Year: 1999 | |
|-------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | <i>Measures:</i> 31 item HAM-D, HAM-A, CGI-S, CGI-I, sexual function assessment by investigator interview-sexual desire disorder, sexual arousal disorder, orgasmic dysfunction, premature ejaculation, overall patient satisfaction with sexual functioning, vital signs <i>Timing of assessments:</i> Baseline, weeks 1, 2, 3, 4, 6, and 8 |
| RESULTS: | Mean HAM-D scores in both the buproprion and sertraline group were statistically better than placebo (p < 0.05) No significant difference in HAM-D scores between the buproprion and sertraline groups CGI-S and CGI-I improvement compared to placebo but no differences between drugs at any week No difference in changes of HAM-A scores for any group By day 42 significantly fewer buproprion sr treated patients had sexual desire disorder than sertraline or placebo-treated patients (p < 0.05) At day 56, both buproprion and sertraline had higher sexual arousal disorder (p < 0.05) than placebo Orgasmic dysfunction occurred significantly more in sertraline patients compared with placebo or buproprion patients (p < 0.001) At day 56 no difference in overall satisfaction with sexual function between treatment groups |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 32% Withdrawals due to adverse events: (12); sertraline: 3%, buproprion sr: 3%, placebo: 7% Loss to follow-up differential high: Yes |
| ADVERSE EVENTS: | Headache was the most commonly reported event in all treatment groups Somnolence and insomnia occurred more frequently in sertraline patients than buproprion patients Nausea and diarrhea occurred more frequently with sertraline than buproprion or placebo |
| QUALITY RATING: | Fair |

| Evidence Table 1 | Major Depressive Disorder Ad | ults | | |
|----------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|--------------------------------------------|
| STUDY: | Authors: Dalery J, et al. ²⁸ Year: 2003 Country: Europe | | | |
| FUNDING: | Solvay Pharmaceuticals | | | |
| DESIGN: | Study design: RCT Setting: Multi-center Sample size: 184 | | | |
| INTERVENTION: Drug: Dose: Duration: | Fluvoxamine 100 mg/day 6 weeks | Fluoxetine 20 mg/day 6 weeks | | |
| INCLUSION: | 18-70 years; DSM-III-R criteria fo | or major depression; ≥ 17 on HAM | -D | |
| EXCLUSION: | Pregnancy, lactation, or lack of a bipolar disorder; alcohol or subst relevant progressive disease; co | adequate contraception; history of tance abuse; existing suicidal risk; ncomitant warfarin, lithium, insulin | seizures; dementia; history of psyc previously failed to respond to SS , theophylline, carbamazepine | hotic disorders; RI therapy; clinically |
| OTHER MEDICATIONS/ INTERVENTIONS: | Oxazepam, nitrazepam | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye Mean age: fluvoxamine: 42.0, flu Gender (% female): fluvoxamine Ethnicity: Not reported Other population characteristi | s Joxetine: 42.1 2: 63.3%, fluoxetine: 62.7% cs: Not reported | | |

| Authors: Dalery J, et al. | |
|---------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2003 | |
| Country: Europe | |
| OUTCOME ASSESSMENT: | <i>Measures and timing of assessments:</i> HAM-D-17 Weeks 1, 2, 4, 6, CGI, CAS (Clinical Anxiety Scale), IDAS (irritability, depression and anxiety scale), SSI (Beck's scale for suicidal ideation) at all visits |
| RESULTS: | Both treatment groups resulted in significant improvements of symptoms There were no significant differences between the study groups in changes of HAM-D scores from baseline at any point in time After 2 weeks of treatment, the percentage of patients who responded was significantly higher in the fluvoxamine group (29% vs. 16%; p ≤ 0.05), as was the improvement of CGI-I scores (p ≤ 0.05). This significant difference was not evident after week 2 Improvement in sleep disturbance sub scores (HAM-D) was significantly greater in the fluvoxamine group at week 4 and at the endpoint (p ≤ 0.05) Overall sleep evaluation was not significantly different |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 20.9%; fluvoxamine: 23.3%, fluoxetine: 18.7% Withdrawals due to adverse events: Not reported Loss to follow-up differential high: No |
| ADVERSE EVENTS: | No significant differences No clinically significant changes in vital signs or body weights in either group Most common adverse events: nausea: fluvoxamine, 24%; fluoxetine, 20%; headache: fluvoxamine-13%, fluoxetine-14% |
| QUALITY RATING: | Fair |

| Evidence Table 1 | Major Depressive Disorde | er Adults | | |
|--------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|
| STUDY: | Authors: Detke MJ, et al. ² Year: 2004 Country: US | 9 | | |
| FUNDING: | Eli Lilly | | | |
| DESIGN: | Study design: RCT Setting: Multi-center (numb Sample size: 367 | per of centers NR) | | |
| INTERVENTION: | | | | |
| Drug: | Duloxetine (low dose) | Duloxetine (high dose) | Paroxetine | Placebo |
| Dose: | 80 mg/d | 120 mg/d | 20 mg/d | N/A |
| Duration: | | | | |
| Acute phase: | 8 weeks | 8 weeks | 8 weeks | 8 weeks |
| Continuation: | 6 months | 6 months | 6 months | 6 months |
| Sample size: | 95 | 93 | 86 | 93 |
| INCLUSION: | Patients ≥ 18 yrs old; met DSM-IV and MINI criteria for MDD; CGI-S rating ≥ 4; HAM-D-17 score ≥ 15 at entry | | | |
| EXCLUSION: | Pregnant, Current primary DSM-IV diagnosis other than MDD; any anxiety disorder as a primary diagnosis; previous diagnosis of bipolar disorder, psychosis, or schizoaffective disorder; history of substance abuse; failed to respond to two courses of antidepressant therapy; serious suicidal risk; serious medical illness | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Nonprescription analgesic medications allowed; no prescription analgesics | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline Mean age: Duloxetine 80: 4 Gender (% female): Duloxet Ethnicity (% white): Duloxe Other population characte 20.3, placebo: 19.9; Mean I 17.9 | e: Yes 43.1, Duloxetine 120: 44.7, Pa etine 80: 70%, Duloxetine 120 etine 80: 95%, Duloxetine 120: eristics: Mean baseline HAM- baseline HAM-A: Duloxetine 80 | roxetine 20: 42, placebo: 42 : 70%, Paroxetine 20: 58%, place 92%, Paroxetine 20: 86%, place D: Duloxetine 80: 19.9, Duloxetin D: 17.8, Duloxetine 120: 18, Paro | ebo: 58% bo: 86% le 120: 20.2, Paroxetine: xetine 20: 18.5, placebo: |

| Authors: Detke MJ, et al. Year: 2004 | |
|-----------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: US | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: HAM-D-17 |
| | Secondary Outcome Measures: HAM-D-17 subscales; MADRS; HAM-A; Visual Analog Scales for pain; CGI-S; PGI; |
| | Sheehan Disability Scale; Somatic Symptom Inventory |
| | Timing of assessments: HAM-D-17 administered at baseline and weeks 1,2,4,6 and 8. |
| RESULTS: | Response and remission rates did not differ significantly among duloxetine 120 mg (71%; 52%), duloxetine 80 mg (65%; 46%) and paroxetine (74%; 44%) |
| | No significant differences in HAM-D-17 score reduction found between the duloxetine groups and the paroxetine group |
| | • 120 mg/d duloxetine had significantly greater improvement on MADRS than 80 mg/d duloxetine ($p \le 0.05$) |
| | PGI score significantly superior in patients receiving paroxetine than patients receiving 80 mg/d duloxetine (p ≤ 0.05) |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: Not reported |
| ATTRITION: | Loss to follow-up: 13.3%; duloxetine, low-dose: 12.6%; duloxetine, high-dose: 9.7%; paroxetine: 11.6%; placebo |
| | 19% |
| | Withdrawals due to adverse events: Duloxetine, low-dose: 4.2%; duloxetine, high-dose: 3.2%; paroxetine: 3.5%; |
| | placebo: 3.2% |
| | Loss to follow-up differential high: Not reported |
| ADVERSE EVENTS: | Acute Phase: |
| | At endpoint, diastolic blood pressure was significantly elevated in the duloxetine 120mg group compared to the paroxetine group (+0.7 mm Hg; p < 0.05) |
| | No statistically significant differences in other adverse events |
| | Continuation Phase: |
| | No significant between group differences were found |
| QUALITY RATING: | Fair |

Evidence Table 1

| STUDY: | Authors: De Wilde J. et al. ³⁰ | | | |
|--------------------------------------|----------------------------------------------------------------|-------------------------------------|-------------------------------------|----------------|
| | Year: 1993 | | | |
| | Country: Belgium | | | |
| FUNDING: | SmithKline, Beecham Pharma. | | | |
| DESIGN: | Study design: RCT Setting: Multi-center Sample size: 100 | | | |
| INTERVENTION: | | | | |
| Drug: | Paroxetine | Fluoxetine | | |
| Dose: | 20-40 mg/day | 20-60 mg/day | | |
| Duration: | 6 weeks | 6 weeks | | |
| | | | | |
| INCLUSION: | Age 18-65; MDD by DSM III crite | eria; HAM-D 21 score ≥ 18 | | |
| EXCLUSION: | Pregnancy or lactation; severe of | concomitant disease; alcohol or sub | ostance abuse; severe suicide risk | ; ECT within 3 |
| | months; MAOI or oral neurolepti | cs within 14 days; depot neurolept | ics with 4 wks; lithium | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Temazapam, other short-acting | benzodiazepines, stable doses of | ong-acting benzodiazepines | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye | es | | |
| | Mean age: paroxetine: 44.6, flue | oxetine: 44.1 | | |
| | Gender (female%): paroxetine: | 57%, fluoxetine: 66% | | |
| | Ethnicity: Not reported | | | |
| | Other population characterist | ics: 65% of paroxetine group and 7 | 70% group of fluoxetine had prior c | depression |

| Authors: De Wilde J, et al. Year: 1993 | |
|-------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | <i>Measures:</i> HAM-D ₂₁ , MADRS, HSCL58, CGI |
| | <i>Timing of assessments:</i> Baseline, weeks 1, 3, 4 & 6 |
| RESULTS: | Responders at week 6 (i.e., reduction > 50% from baseline HAM-D ₂₁): paroxetine: ~ 67%, fluoxetine: ~ 62%, not significantly different |
| ANALYSIS: | ITT: Not reported Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 21.2% Withdrawals due to adverse events: paroxetine: 4%, fluoxetine:8% Loss to follow-up differential high: Not reported |
| ADVERSE EVENTS: | No significant differences No vital sign or laboratory changes reported Paroxetine: n = 3 had weight gain > 7%, fluoxetine: n = 2 had weight gain > 7% |
| QUALITY RATING: | Fair |

| Evidence Table 1 | Major Depressive Disorder Ad | lults | | |
|----------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|------------------------------------------------|
| STUDY: | Authors: De Nayer A, et al. ³¹ Year: 2002 Country: Belgium | | | |
| FUNDING: | Not reported (author affiliation w | ith Wyeth) | | |
| DESIGN: | Study design: RCT Setting: Multi-center; 14 psychia Sample size: 146 | atric practices | | |
| INTERVENTION: Drug: Dose: Duration: | Venlafaxine 75-150 mg/day 12 weeks | Fluoxetine 20-40 mg/day 12 weeks | | |
| INCLUSION: | Age 18-70 yrs; HAM-D-21 score | 18-25; ≥ 8 Covi Anxiety scale | | |
| EXCLUSION: | Concomitant psychiatric disease pregnant or lactating women, ch of baseline; MAOI within 14 days | e; history of substance abuse; suici ildbearing age without contraceptic s; non-psychotropic within 7 days c | de attempt past year; active suicid on; psychotropic medication; fluoxe of baseline unless dose stable for 1 | al ideation; etine within 21days 1 month |
| OTHER MEDICATIONS/ INTERVENTIONS: | 2 mg lormetazepam at bedtime | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye Mean age: venlafaxine: 41.6, flu Gender (% female): venlafaxine Ethnicity: Not reported Other population characterista | es ioxetine: 43.9 :: 71.2%, fluoxetine: 65.8% ics: Not reported | | |

| Authors: De Nayer A, et al. | |
|-----------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2002 | |
| Country: Belgium | |
| OUTCOME ASSESSMENT: | Measures: HAM-D, MADRS, Covi Anxiety Scale, CGI |
| | <i>Timing of assessments:</i> Baseline, weeks 1, 2, 4, 8, 12 (inferred from table) |
| RESULTS: | The venlafaxine group showed significantly higher response rates in MADRS scores (75.0 vs. 49.3%, p = 0.001) and HAM-D scores (71.9% vs. 49.3%; p = 0.008) compared to the fluoxetine group Venlafaxine treated patients also showed significantly greater improvements in the Covi Anxiety scores (p = 0.0004) |
| | and the CGI scores (p = 0.016) |
| | MADRS and HAM-D scores at week 2 improved significantly more in the venlafaxine group (HAM-D, n = 0.0058) |
| | At the final visit 59.4% of venlafaxine patients were in remission vs. 40.3 % of fluoxetine patients (p = 0.028) Fewer venlafaxine patients required a dose increase (37.1% vs. 52.9%) |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 36.3%; venlafaxine: 32.9%, fluoxetine: 39.7% |
| | Withdrawals due to adverse events: venlafaxine: 11%, fluoxetine: 12.3% Loss to follow-up differential high: Yes |
| ADVERSE EVENTS: | No significant differences Overall most common adverse event: nausea (28.6% in venlafaxine group vs. 21.4% in fluoxetine group) 55.7% in the venlafaxine group and 67.1% in the fluoxetine group experienced at least one adverse event Most common adverse events that lead to withdrawal: venlafaxine: headache, diarrhea, nausea; fluoxetine: insomnia, dyspepsia, nausea, anxiety, nervousness |
| QUALITY RATING: | Fair |

| Evidence Table 1 | Major Depressive Disorder Ad | ults | | | |
|----------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|--|-------------------------------------------------------------------------------|--|
| STUDY: | Authors: Dierick M, et al. ³² Year: 1996 Country: France | | | | |
| FUNDING: | Wyeth-Ayerst | | | | |
| DESIGN: | Study design: RCT Setting: Sample size: 314 | | | | |
| INTERVENTION: Drug: Dose: Duration: | Venlafaxine 75-150 mg/d 8 weeks | Fluoxetine 20 mg/d 8 weeks | | Mean daily dose for venlafaxine: 109-122 mg/d from day 15 forward | |
| INCLUSION: | 18 yrs or older; DSM-III-R criteria for major depression; ≥ 20 on HAM-D-21 | | | | |
| EXCLUSION: | Pregnancy, lactation, or lack of adequate contraception; history of seizures; organic mental disorder; personality disorders; history of psychotic disorders; bipolar disorder; alcohol or substance abuse; existing suicidal risk; use of investigational drug; MAO inhibitor; ECT within 14 days; clinically relevant progressive disease; concomitant warfarin, lithium, insulin, theophylline, carbamazepine; hypersensitivity to or use of antidepressant within 14 days; use of anxiolytic that could not be withdrawn | | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Oxazepam, chloral hydrate | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: venlafaxine: 43.7, fluoxetine: 43.2 Gender (% female): venlafaxine: 65%, fluoxetine: 64% Ethnicity: Not reported Other population characteristics: Not reported | | | | |

| Authors: Dierick M, et al. | | | |
|----------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|
| <i>Year:</i> 1996 | | | |
| Country: France | | | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> HAM-D, MADRS, CGI | | |
| | Timing of assessments: Baseline, days 7, 14, 21, 28, 56 | | |
| RESULTS: | Both treatment groups improved significantly in efficacy outcomes from baseline | | |
| | Response rate on HAM-D scale was significantly higher in the venlafaxine group at week 6: venlafaxine: 72%, fluoxetine: 60% (p = 0.023) | | |
| | No differences between groups on MADRS | | |
| | In a low dose comparison there were no significant differences between groups | | |
| ANALYSIS: | ITT: Yes | | |
| | Post randomisation exclusions: Yes | | |
| ATTRITION: | Loss to follow-up: 24.8%; venlafaxine: 25%, fluoxetine: 25% | | |
| | Withdrawals due to adverse events: venlafaxine: 9%, fluoxetine: 4% | | |
| | Loss to follow-up differential high: No | | |
| ADVERSE EVENTS: | Significantly more patients reported nausea in the venlafaxine group: 28% vs. 14% (p = 0.003) | | |
| | Anticholinergic side effects greater in venlafaxine group: 15% vs. 7 % | | |
| | No clinically significant changes in vital signs, ECG or lab parameters | | |
| | 1 patient on fluoxetine committed suicide after 1 week treatment | | |
| QUALITY RATING: | Fair | | |

| Evidence Table 1 | Major Depressive Disroder |
|---------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Eckert L, et al. ³³ |
| | Year: 2006 |
| | Country: France |
| FUNDING: | H. Lundbeck A/S |
| DESIGN: | Study design: Meta-analysis Number of patients: 3212 |
| AIMS OF REVIEW: | Using direct comparisons of escitalopram versus venlafaxine extended release (XR), the differences between the two compounds through indirect comparisons is examined |
| STUDIES INCLUDED IN REVIEW | Head to head studies (2)- Montgomery 2004, Bielski, 2004, Placebo studies (10)- Cunningham 1997, Thase 1997, Rudolph 1999, Silverstone 1999, Wade 2002, Burke 2002, Wightman 2005, Alexopoulos 2005, Lepola 2003, Ninan2005 |
| TIME PERIOD COVERED: | NR |
| CHARACTERISTICS OF INCLUDED STUDIES: | Short-term RCTs |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Adult outpatients 18 years or morediagnosed with MDD, categorized as moderate to severe and treated for an episode during its acute phase |

| Authors: Eckert Year: 2006 | |
|----------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CHARACTERISTICS OF INTERVENTIONS: | Escitalopram to venlafaxine XR or one of the 2 drugs to placebo |
| MAIN RESULTS: | Escitalopram is non-inferior to venlafaxine XR Direct (via Bielski 2004)escitalopram vs. venlafaxine effect size mean 0.23 (95% CI -0.01 to infinity) Indirect (10 studies used) escitalopram vs. venlafaxine effect size mean -0.03 (95% CI -0.17 to infinity) |
| ADVERSE EVENTS: | NR |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | CENTRAL, Medline and Embase databases were interrogated |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | NR |
| QUALITY RATING: | Fair |

| STUDY: | Authors: Ekselius L, et al. ³⁴ Year: 1997 | | | | | | |
|----------------------------------------|----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|---|--|--|--|--|
| | Country: Sweden | Country: Sweden | | | | | |
| FUNDING: | Swedish Medical Research Cou | Swedish Medical Research Council, Pfizer | | | | | |
| DESIGN: | <i>Study design:</i> RCT <i>Setting:</i> Multi-center (general physicians) <i>Sample size:</i> 400 | | | | | | |
| INTERVENTION: | | | | | | | |
| Drug: | Sertraline | Citalopram | | | | | |
| Dose: | 50-100 mg/d | 20-60 mg/d | | | | | |
| Duration: | 24 weeks | 24 weeks | | | | | |
| (patients > 65) sertraline:50-100 mg/d | | | | | | | |
| citalopram: 20-40 mg/d | | | | | | | |
| INCLUSION: | 18-70 vrs: DSM-III-R criteria for | maior depression: ≥ 21 on MADR | S | | | | |
| | | | | | | | |
| EXCLUSION: | Pregnancy, lactation, or lack of | Pregnancy, lactation, or lack of adequate contraception; history of psychotic disorders; alcohol or substance abuse; existing suicidal | | | | | |
| | risk; therapy refractory depressi | risk; therapy refractory depression; previous failure on sertraline or citalopram; psychotropic medication; clinically significant hepatic or | | | | | |
| | renal disease; concomitant warfarin, lithium, cimetidine, or tryptopan | | | | | | |
| OTHER MEDICATIONS/ | All other medications except: psychotropic medication, warfarin, and cimetidine | | | | | | |
| INTERVENTIONS: | Patients instructed to minimize use of nitrazepam, flunitrazepam, and oxazepam. | | | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye | Groups similar at baseline: Yes | | | | | |
| | Mean age: sertraline: 47.0, cital | Mean age: sertraline: 47.0, citalopram: 47.2 | | | | | |
| | Gender (% female): sertraline: 71%, citalopram 72.5% | | | | | | |
| | Ethnicity: Not reported | | | | | | |
| | Other population characterist | Desurrent depression: sectroline: 56%, siteleprem: 65% | | | | | |
| | Recurrent depression: sertraline | e: 56%, citalopram: 65% | | | | | |
| Authors: Ekselius L, et al. | |
|-----------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: Sweden | |
| OUTCOME ASSESSMENT: | Measures: CGI-S. MADRS |
| | <i>Timing of assessments:</i> Weeks 2, 4, 8, 12, 16, 20, 24 |
| RESULTS: | Both treatment groups showed significant decreases in MADRS and CGI scores from baseline at all weeks starting at week 2 There were no significant differences between treatment groups in any primary outcome variables at any time Response rates week 12: sertraline: 69.5%; citalopram: 68.0%; week 24: sertraline: 75.5%; citalopram: 81.0% <i>Subgroup analysis:</i> There were no significant differences between treatment groups in any primary outcome variables in patients with recurrent depression |
| ANALYSIS: | ITT: Yes. LOCF Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 22% Withdrawals due to adverse events: sertraline: 12.5%, citalopram: 9.0% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | No significant differences between treatment groups At least one adverse event: sertraline: 90%, citalopram: 85.5% Nausea: sertraline: 6%, citalopram: 2.5% Diarrhea: sertraline: 8.5%, citalopram: 5.5% Increased sweating: sertraline: 13%, citalopram 17% Dry mouth: sertraline: 18.5%, citalopram: 16% Headache: sertraline: 9%, citalopram: 6.5% Sexual dysfunction was experienced in 8% of the sertraline group and 13.5% of the citalopram group |
| QUALITY RATING: | Good |

| STUDY: | Authors: Fava M, et al. ³⁵ | | | |
|-----------------------------|---------------------------------------|---------------------------------------|-------------------------------------------|------------------|
| | Year: 1998 | | | |
| | Country: US | | | |
| FUNDING: | SmithKline Beecham Pharmace | uticals | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: Multi-center | | | |
| | Sample size: 128 | | | |
| INTERVENTION: | | | | |
| Drug: | Paroxetine | Fluoxetine | Placebo | |
| Dose: | 20-50 mg/d (Initial dosage of | 20-80 mg/d (Initial dosage of | N/A | |
| | 20 mg/d could be increased | 20 mg/d could be increased | | |
| | weekly by 10 mg/d up to 50 | weekly by 20 mg/d up to 80 | | |
| Duration | mg/a) | mg/d) | 10 weeks | |
| Duration: | 12 weeks | 12 weeks | 12 weeks | |
| | Packin Depression approach of > 9 | and larger in value then the Covi | | |
| INCLUSION. | Raskin Depression score of 20 | and larger in value than the Covi- | anxiety scale) score of \geq 18 off the | |
| | | | | |
| EXCLUSION: | Serious concomitant medical illn | ess; suicidal risk; alcohol or drug a | abuse; patients previously treated | with paroxetine; |
| | hypersensitive to fluoxetine; diag | nosed with another primary psych | niatric disorder; other psychotropic | drugs within 14 |
| | days; ECT within 3 months; preg | nancy or no acceptable contracep | btion | |
| OTHER MEDICATIONS/ | Chloral hydrate for sleep | | | |
| INTERVENTIONS: | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye | S | | |
| | Mean age: 41.3 | | | |
| | Gender (% female): 50% | | | |
| | Ethnicity: Not reported | | | |
| | Uther population characteristi | cs: Not reported | | |

| <i>Author:</i> Fava M, et al. <i>Year:</i> 1998 | |
|----------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: US | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> 21 item HAM-D, Covi Anxiety Scale, vital signs at weeks 1, 2, 3, 4, 6, 9, 12 <i>Timing of assessments:</i> Laboratory evaluations at weeks 3, 6, 9, 12 |
| RESULTS: | No significant differences among the three treatment groups in the degree of depression and anxiety improvement |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Not reported |
| ATTRITION: | Loss to follow-up: 28%; paroxetine: 29%, fluoxetine: 31%, placebo: 21% Withdrawals due to adverse events: 12% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Gastrointestinal effects were reported in 47% of paroxetine patients, 48% fluoxetine patients 25% of paroxetine patients reported sexual dysfunction; this was significantly more than the fluoxetine (7%) or placebo groups (0%) |
| QUALITY RATING: | Fair |

| STUDY: | Authors: Fava M, et al. | | | |
|-----------------------------|-------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|---------------------------------------------|------------------|
| | Year: 2002 | | | |
| | Country: US | | | |
| FUNDING: | Eli Lilly Research | | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: Multi-center | | | |
| | Sample size: 284 | | | |
| INTERVENTION: | | | | |
| Drug: | Fluoxetine | Sertraline | Paroxetine | |
| Dose: | 20-60 mg/day | 50-200 mg/day | 20-60 mg/day | |
| Duration: | 10-16 weeks | 10-16 weeks | 10-16 weeks | |
| INCLUSION: | > 18 years of age: DSM- | > 18 years of age: DSM-IV for atypical MDD: HAM-D-17 > 16: episode > 1month | | |
| | | ······································ | | |
| EXCLUSION: | Pregnancy or lactation; I | ack of adequate contraception; his | story of psychotic disorders; bipolar disor | der; alcohol or |
| | substance abuse; existin | g suicidal risk; previously failed to | respond to antidepressant therapies; cli | nically relevant |
| | progressive disease; hypersensitivity to study medication; serious comorbid illness not stabilized; anxiolytic or | | | |
| | psychotropic within 7 days; MAOI within 2 weeks | | | |
| | | | | |
| OTHER MEDICATIONS/ | Thyroid medications, chl | oral hydrate | | |
| INTERVENTIONS: | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at base | <i>line:</i> Yes | | |
| | Mean age: fluoxetine: 42 | 2.1, sertraline: 44.0, paroxetine: 42 | 2.5 | |
| | Gender (female%): fluox | cetine: 63.0, sertraline: 57.3, parox | cetine: 58.3 | |
| | Ethnicity: Not reported | | | |
| | Other population chara | acteristics: Not reported | | |

Major Depressive Disorder Adults

Evidence Table 1

| Authors: Fava M, et al. | |
|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2002 | |
| Country: US | |
| OUTCOME ASSESSMENT: | Measures: HAM-D-17, CGI-S, HAM-D sleep disturbance |
| | Timing of assessments: Not reported |
| RESULTS: | No statistical differences between fluoxetine, sertraline and paroxetine in all outcome measures |
| | Response rate: 64.8%, 72.9%, and 68.8% respectively |
| | Remission rates: 54.4%, 59.4%, and 57.0% respectively |
| | No statistical differences in sleep disturbance factor scores. No significant differences of treatment groups in patients with high or low insomnia |
| | Subgroup analysis (Fava 2000)]: Anxious depression |
| | No significant differences between treatment groups and changes over time |
| | Response: fluoxetine: 73%, sertraline: 86%, paroxetine: 77%, overall p = 0.405 |
| | Remission: fluoxetine: 53%, sertraline: 62%, paroxetine: 50%, overall p = 0.588 |
| | Fluoxetine and sertraline had a significantly greater improvement than paroxetine in week 1 on the HAM-D anxiety score |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: Not reported |
| ATTRITION: | Loss to follow-up: 27.1%; fluoxetine: 26.1%, sertraline: 27.1%, paroxetine: 28.1% |
| | Withdrawals due to adverse events: fluoxetine: 8.7%, sertraline: 6.3%, paroxetine: 11.5% |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Pairwise comparisons indicated that the paroxetine-treated patients reported more constipation than the fluoxetine-treated patients, and the fluoxetine-treated patients reported more twitching and cough increase than the sertraline-treated patients |
| | Most common adverse events: Fluoxetine: headache (25%); sertraline: headache (28.1%), diarrhea (26.0%), insomnia (26%), nausea (20.8%); paroxetine: nausea (25.0%), headache (21.9%), insomnia (20.8%), abnormal ejaculation (20.8%) |
| | There was a significant increase in weight for the paroxetine group, fluoxetine treated patients showed a significant decrease in weight and the sertraline group a non-significant decrease in weight from baseline to endpoint |
| | Subgroup analysis (Fava 1999) |
| | Adverse events were similar among treatments; only "flu syndrome" was significantly higher in the sertraline treated group overall (p = 0.021) |
| QUALITY RATING: | Fair |

| STUDY: | Authors: FDA Center for Drug Evaluation & Research (Unpublished study SCT-MD-02) ³⁷ | | |
|-----------------------------|------------------------------------------------------------------------------------------------|---------------------------------------------|-----------------------------------|
| | Year: 2000 | | |
| | Country: USA | | |
| FUNDING: | Forest Laboratories, Inc. | | |
| | | | |
| DESIGN: | Study design: RCT | | |
| | Setting: Multicenter (22) | | |
| | Sample size: 375 | | |
| INTERVENTION: | | | |
| Drug: | Escitalopram | Citalopram | Placebo |
| Dose: | 10-20 mg/day | 20-40 mg/day | N/A |
| Duration: | 8 weeks | 8 weeks | 8 weeks |
| Sample size: | 124 | 119 | 125 |
| INCLUSION: | Adults 18 to 80; MDD diagnosis according to DSM III or IV; MADRS > 22 | | |
| | | | |
| EXCLUSION: | Pregnant; additional mental illnesses or | organic mental disorder; illicit drug and a | Icohol abuse; suicidal tendencies |
| OTHER MEDICATIONS/ | Zolnidem for sleen | | |
| INTERVENTIONS: | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | |
| | Mean age: 42 (escitalopram: 41.4, citalopram: 42.0, placebo: 42.3) | | |
| | Gender (female %): 53% (escitalopram: 52%, citalopram: 48%, placebo 58%) | | |
| | Ethnicity (% white): 83% (escitalopram: 82%, citalopram: 86%, placebo: 82%) | | |
| | Other population characteristics: | | |
| | Mean HAM-D score: escitalopram: 24.8, citalopram: 25.0, placebo: 25.0 | | |
| | Mean MADRS score: escitalopram: 28.7, citalopram: 28.3, placebo: 28.8 | | |

| Authors: FDA Year: 2000 Country: USA | | | | |
|--------------------------------------------|------------------------------------------------------------------------------|-----------------------------------------------------------------------|-------------------------------------|--|
| OUTCOME ASSESSMENT: | Primary Outcome Measures: MADRS | | | |
| | Secondary Outcome Measures: HAM- | D, CGI-S, CGI-I | | |
| | Timing of assessments: Baseline and | week 8 | | |
| RESULTS: | Mean change from baseline in HA | M-D score (escitalopram vs. citalopram v | /s. placebo; p-values vs. placebo): | |
| | 10.4 (p=0.506) vs. 11.4 (p=0.068) | vs. 9.6 | | |
| | Mean change from baseline in MA | ADRS score (escitalopram vs. citalopram | vs. placebo; p-values vs. placebo): | |
| | MADES response rate (assisted on | io.u (p=0.151) vs. 11.2 ram vs. citalopram vs. placobo: p valuos N | NP): 16 vc 52 vc 41 | |
| | | ant vs. citaloprant vs. placebo, p-values r | NR). 10 VS. 52 VS. 41 | |
| ANALISIS. | Post randomization exclusions: Ves | | | |
| | Loss to follow-up differential high: No | | | |
| ATTRITION: | Escitalopram | Citalopram | Placebo | |
| Loss to follow-up: | 29 (23.2%) | 24 (19.5%) | 22 (17.3%) | |
| Withdrawals due to adverse events: | | | | |
| Withdrawals due to lack of efficacy: | 8.8% | 4.1% | 3.1% | |
| | 1.6% | 0.8% | 0.8% | |
| ADVERSE EVENTS: | Treatment emergent adverse events (escitalopram vs. citalopram vs. placebo): | | | |
| | At least 1 TEAE: 79.2% vs. 81.3% | 5 vs. 76.6% | | |
| | Headache: 21.6% vs. 22.8% vs. 1 | 8.1% | | |
| | Nausea: 16.0% vs. 14.6% vs. 12.6% | | | |
| | Ejaculation disorder: 15.0% vs. 15.9% vs. 0 | | | |
| | Insomnia: 13.6% vs. 11.4% vs. 6.3% | | | |
| | • Fatigue: 12.0% vs. 4.1% vs. 2.4% | | | |
| | • Mouth Dry: 10.4% vs. 6.5% vs. 11 | .8% | | |
| | • Somnolence: 10.4% vs. 7.3% vs. 4.7% | | | |
| | Diarrhea: 9.6% vs. 14.6% vs. 8.7% | /o | | |
| | Fair | | | |
| | | | | |

| STUDY: | <i>Authors:</i> Feiger A, et al. ³⁸ <i>Year:</i> 1996 | | | |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------|
| FUNDING | Country: Europe | | | |
| FUNDING: | Bristoi-Myers Squibb | | | |
| DESIGN: | Study design: RCT Setting: Multi-center Sample size: 160 | | | |
| INTERVENTION: | | | | |
| Drug: | Nefazodone | Sertraline | | |
| Dose: | 100-600 mg/d | 50-200 mg/d | | |
| Duration: | 6 weeks | 6 weeks | | |
| INCLUSION: | 18 yrs or older; DSM-III-R criteria for major depression; ≥ 20 on HAM-D-17 after washout period | | | |
| EXCLUSION: | Pregnancy, lactation, or lack of a abuse; existing suicidal risk; pre disease; known hypersensitivity 3 months; use of any other antic | adequate contraception; Axis I diag vious nefazodone trial; sertraline tr to study drugs; psychotropic media epressant within 3 weeks | nosis; history of seizures; alcohol eatment within 1 year; clinically rel cation within 6 months; participation | or substance evant progressive n in other trial within |
| OTHER MEDICATIONS/ INTERVENTIONS: | Concomitant medications | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: se group (73% vs. 57%; p = 0.01) Mean age: 43.7; sertraline: 43, r Gender (% female): 51%; sertra Ethnicity: white: 84%, black: 11 Other population characterist sertraline group; recurrent illnes | rtraline group had a significantly hi hefazodone: 44.5 line: 48%, nefazodone: 55% %, Hispanic: 7%, Asian: 1%, other ics: Concomitant medication taken s: sertraline: 57%, nefazodone: 73° | gher rate of recurring illness than t :: 1%; sertraline: white: 79%, nefaz by 85% in the nefazodone group a % | he nefazodone odone: 90% white and 78% in the |

| Authors: Feiger A, et al. | |
|-------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 1996 Country: Europe | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> HAM-D-17, CGI, sexual function questions <i>Timing of assessments:</i> Weekly |
| RESULTS: | There were no statistically significant differences between treatment groups; response rates: nefazodone: 59%, sertraline: 57% |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 24.4%; nefazodone: 24.4%, sertraline: 24.4% Withdrawals due to adverse events: nefazodone: 19.2%, sertraline: 12.2% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Reported at least one adverse event: sertraline: 95%, nefazodone: 96% Overall satisfaction with sexual function was significantly higher in the nefazodone group (p < 0.1) 67% of men in the sertraline group reported difficulty with ejaculation vs. 19% in the nefazodone group (p < 0.01) No significant differences in other adverse events No clinically significant effects on the cardiovascular system in either group; no differences in withdrawals due to adverse events. Headache: sertraline: 55%, nefazodone: 55% Nausea: sertraline: 27%, nefazodone: 32% Dizziness: sertraline: 7%, nefazodone: 32% |
| QUALITY RATING: | Fair |

| STUDY: | Authors: Feighner JP, et al. ³⁹ Year: 1991 | | | |
|--------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|
| | Country: US | | | |
| FUNDING: | Burroughs Wellcome Co. | | | |
| DESIGN: | Study design: RCT Setting: Multi-center (2 centers) | | | |
| | Sample size: 123 | | | |
| INTERVENTION: | | | | |
| Drug: | Bupropion | Fluoxetine | | |
| Dose: | 225-450 mg/d | 20 mg for 3 weeks, then 20-80 mg | | |
| Duration: | 6 weeks | 6 weeks | | |
| INCLUSION: | At least 18 years; DSM-III criteria than 2 yrs; ≥ 20 on HAM-D scale | a for nonpsychotic depression; current ; considered clinically appropriate for | depressive episode for at leas bupropion or fluoxetine treatme | t 4 weeks but less ent |
| EXCLUSION: | Predisposition to seizures; hepai condition; pregnant, lactating, no drugs; MAO inhibitors within 1 w treatment with tryptophan, warfa | tic or renal dysfunction; thyroid disorde acceptable contraception method; his eek before treatment; four weeks of in rin, digoxin, or thyroid preparations; u | er; anorexia; bulimia; other uns story of alcohol or substance al vestigational drugs; suicidal ide nable to conduct meaningful co | table medical puse; psychoactive eation; current nversation |
| OTHER MEDICATIONS/ INTERVENTIONS: | Not reported | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye | s | | |
| | Mean age: bupropione: 40.9, flu | oxetine: 42.9 | | |
| | <i>Gender</i> (female%): bupropione: <i>Ethnicity:</i> Not reported | 62%, fluoxetine: 61% | | |
| | Other population characteristi | ics: Not reported | | |

| Authors: Feighner JP, et al. Year: 1991 Country: US | |
|-----------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | Measures: HAM-D (21), CGI-S, CGI-I, HAM-A |
| | Timing of assessments: Weekly |
| RESULTS: | No significant differences in changes of the HAM-D score between treatment groups |
| | No significant differences in percentage of clinical responders (more than 50% HAM-D scale reduction) between treatment groups, bupropion: 62.7%, fluoxetine: 58.3% |
| | No significant differences in changes of CGI-S, CGI-I, and HAM-A scores |
| ANALYSIS: | ITT: Yes |
| | Post randomisation exclusions: Yes. 3 patients |
| ATTRITION: | Loss to follow-up: 7.3%; buproprion: 3.3%, fluoxetine: 11.3% |
| | Withdrawals due to adverse events: Bupropion: 10%, fluoxetine: 7% |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | No significant differences of adverse events between treatment groups |
| QUALITY RATING: | Fair |

| STUDY: | Authors: Finkel SI, et al. ⁴⁰ Year: 1999 Country: US | | | |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|--|
| FUNDING: | Two authors are affiliated with P | fizer, Inc. | | |
| DESIGN: | Study design: RCT, subgroup analysis Setting: Multi-center Sample size: 75 | | | |
| INTERVENTION: | | | | |
| Drug: | Sertraline | Fluoxetine | | |
| Dose: | 50-100 mg/day | 20-40 mg/day | | |
| Duration: | 12 weeks | 12 weeks | | |
| INCLUSION: | DSM III-R criteria for major depr | ession; HAM-D: ≥ 18; age 70 or ol | der | |
| EXCLUSION: | Significant medical problems; Axis I psychiatric disorders; cognitive impairment; suicidal risk; drug abuse or dependence; failure to respond to antidepressant treatment | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Chloral hydrate, temazepam | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: No Mean age: sertraline: 74, fluoxe Gender: (female%): sertraline: 5 Ethnicity: 97% white, 3% black Other population characterist | p-Fluoxetine group had higher rate tine 75 57%, fluoxetine 49% ; sertraline 95%, fluoxetine: 100% ics: Prior depressive episodes: se | of prior episodes of depression. rtraline: 45%, fluoxetine 61% | |

| Authors: Finkel SI, et al. | |
|----------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 1999 | |
| Country: US | |
| OUTCOME ASSESSMENT: | <i>Measures and timing of assessments:</i> HAM-D, Baseline (pre & post washout), weeks 2, 4, 6, 8, 10, 12, 3 POMS (baseline, weeks 2,4, 8, 12), 2. Q-Les-Q (baseline, week 12), cognitive tests: 1. DSST from the WAIS-R, 2. shopping list task, both given, Mini-Mental SE (baseline and week 12) |
| RESULTS: | Overall no significant differences between treatment groups on endpoint scores Significantly more patients in the sertaline group achieved a clinical response on HAM-D (reduction from baseline of 50% or greater) between weeks 6 to 12 Changes in the Vigor Subscale of POMS, and 2 subscales of the Q-LES-Q (physical health, psychological health) showed significant differences favoring sertraline (p = 0.04; p = 0.03; p = 0.03) |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes. 1 person excluded from ITT because lack of measures |
| ATTRITION: | Loss to follow-up: 37.3%; sertraline: 36%, fluoxetine: 39% Withdrawals due to adverse events: sertraline: 9%, fluoxetine: 30% Loss to follow-up differential high: Yes |
| ADVERSE EVENTS: | Sertraline-treated patients reported "shaking" to a greater degree (14.3%) than did fluoxetine treated patients (0%) (p = 0.03) Fluoxetine-treated patients lost more weight than sertraline-treated patients (week 12: 2.8 vs. 0.6 pounds; p = 0.05) |
| QUALITY RATING: | Fair |

| STUDY: | Authors: Franchini L, et al. ^{41, 4} | 2 | | |
|-----------------------------|---------------------------------------------------------------------------------------------------------------|-------------------------------------|------------------------------------|-----------------|
| | Year: 1997, 2000 | | | |
| | Country: Italy | | | |
| FUNDING: | Not reported | | | |
| | | | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: Single center | | | |
| | Sample size: 64 (4-year follow- | up: enrolled 47) | | |
| INTERVENTION: | | | | |
| Drug: | Sertraline | Fluvoxamine | | |
| Dose: | 100-200 mg/d | 200-300 mg/d | | |
| Duration: | 24/48 months | 24/48 months | | |
| INCLUSION: | Asymptomatic patients: unipolar | patients with prior episodes: depre | essive enisode within past 18 mont | ths: at least 4 |
| | months of remission confirmed t | by absence of symptoms according | to DSM-IV: absence of other Axis | s I diagnosis |
| | 4-year follow-up: patients who remained without recurrence after 2 years of prophylactic treatment (HAMD >15) | | | |
| | | | | , |
| EXCLUSION: | Other Axis I diagnosis; low compliance with past treatments; mania or hypomania; prior long-term maintenance | | | |
| | treatment; recurrence cycle not | longer than 18 months | | |
| | | | | |
| OTHER MEDICATIONS/ | Not reported | | | |
| | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye | es | | |
| | iviean age: sertraline: 47.3, fluvoxamine: 49.0 | | | |
| | Gender (% lethale). Settaine. 70%, nuvoxamme. 75% | | | |
| | Other nonulation characteristics: Not reported | | | |
| | | | | |

| Authors: Franchini L, et al. | |
|------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: Italy | |
| OUTCOME ASSESSMENT: | Measures: HAM-D Timing of assessments: Monthly |
| RESULTS: | 21.9% of sertraline-treated patients and 18.7% of fluvoxamine-treated patients had a single recurrence (z = 0.14; p = 0.88) <i>4-year follow-up:</i> No significant difference in recurrences between the treatment groups; sertraline: 13.6%, fluvoxamine: 20% |
| ANALYSIS: | ITT: No but not necessary since 100% completed trial with outcome assessments Post randomization exclusions: No |
| ATTRITION: | Loss to follow-up: 0 Withdrawals due to adverse events: 0 Loss to follow-up differential high: No |
| ADVERSE EVENTS: | No significant differences in adverse events. Most common adverse events: Sertraline: nausea (6.2%), abnormal ejaculation (12.5%) Fluvoxamine: nausea: (9.4%), anorexia (9.4%) <i>4-year follow-up:</i> Not reported |
| QUALITY RATING: | Fair |

Evidence Table 1 Major Depressive Disorder Adults

| STUDY: | Authors: Gagiano CA ⁴³ Year: 1993 Country: South Africa | | | |
|--------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|-----------------------------------|---------------------------|
| FUNDING: | Not reported | | | |
| DESIGN: | Study design: RCT Setting: Single center (Universi Sample size: 90 | ity hospital) | | |
| INTERVENTION: | | | | |
| Drug: | Fluoxetine | Paroxetine | | |
| Dose: | 20-60 mg/d | 20-40 mg/d | | |
| Duration: | 6 weeks | 6 weeks | | |
| INCLUSION: | Age 18-65 years; met DSM-III-R | criteria for MDD; HAM-D (21-item | scale) score of \geq 18 | |
| EXCLUSION: | Pregnant or lactating women; underlying renal, hepatic, neurological, gastrointestinal or severe cardiovascular disease, schizophrenia, organic brain syndrome and unstable diabetes; recent treatment with MAOIs or neuroleptics, lithium therapy, ECT in the previous three months and alcohol or drug abuse; patients considered to be at severe risk of suicide; any patient with 20% improvement in their HAMD score over one-week placebo washout period was not randomized to active treatment | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Short-acting benzodiazepines su was to be continued where poss | uch as temazepam; any other conc ible | comitant therapy already being em | ployed prior to treatment |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye Mean age: fluoxetine: 39.6, par Gender (% female): fluoxetine: 8 Ethnicity: Not reported Other population characterist | es roxetine: 37.8 80%, paroxetine: 80% ics: Previous depression fluoxetine | e: 60%, paroxetine: 53% | |

| Authors: Gagiano CA | |
|-----------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 1993 | |
| Country: South Africa | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> Physical exam, HAM-D, MADRS, CGI, HAM-A, routine hematology and biochemistry on blood samples at baseline and end of week 6 |
| | Timing of assessments: Baseline and weekly intervals except week 5 |
| RESULTS: | No significant differences between treatment groups in HAM-D subfactor scores at any time point No significant differences in mean total scores for HAM-D, HAM-A, and MADRS at endpoint or at any other study point measures No significant difference in CGI severity change score or improvement score No significant difference in potients reasonables (of least 50% improvement of HAM D) between treatment groups |
| | No significant difference in patients responding (at least 50% improvement of HAM-D) between treatment groups (paroxetine: 70%, fluoxetine: 63%; no p value reported) |
| | No significant differences in groups on HAMD (item 3) measure for suicidal ideation, both groups showed reduction over six-week period |
| ANALYSIS: | ITT: Yes Post randomization exclusions: No |
| ATTRITION: | Loss to follow-up: 21%; fluoxetine 22%, paroxetine 14% |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Fluoxetine-treated patients experienced a statistically significant weight loss from baseline to endpoint (-1.46 kg; p = 0.001) |
| | Headache: fluoxetine 47.0%, paroxetine 53.0% |
| | Nausea: fluoxetine 33.0%, paroxetine 36.0% |
| | Diarrhea: fluoxetine 13.0%, paroxetine 13.0% |
| | Insomnia: fluoxetine 20.0%, paroxetine 11.0% |
| | Vomiting was noted for only four (8.9%) patients in each group |
| QUALITY RATING: | Fair |

| Evidence Table 1 | Major Depressive Disorder |
|---------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Gartlehner G et al. ⁴⁴ Year: 2007 Country: Multinational |
| FUNDING: | AHRQ |
| DESIGN: | <i>Study design:</i> Systematic review and meta-analysis <i>Number of patients:</i> NR |
| AIMS OF REVIEW: | To compare the benefits and harms of second-generation antidepressants for the treatment of depressive disorders in adults |
| STUDIES INCLUDED IN REVIEW | 187 studies |
| TIME PERIOD COVERED: | 1980-February 2006 |
| CHARACTERISTICS OF INCLUDED STUDIES: | For efficacy and effectiveness: double-blinded, placebo controlled or head-to-head RCTs of at least 6 weeks duration. For harms, also included observational studies with N \ge 100 and follow up \ge 12 weeks |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Adult inpatients and outpatients with MDD, dysthymia or subsyndromal depression |

| Authors: Gartlehner G et al. | |
|----------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2007 | |
| CHARACTERISTICS OF | Bupropion, citalopram, duloxetine, escitalopram, fluoxetine, fluvoxamine, mirtazapine, nefazodone, paroxetine, sertraline, trazodone, |
| INTERVENTIONS: | and venlafaxine |
| | |
| MAIN RESULTS: | No substantial differences in comparative efficacy and effectiveness of second-generation antidepressants for treatment of MDD. This pertains to acute, continuation, and maintenance phases, to patients with accompanying symptom clusters, and to subgroups defined by age, ethnicity, sex, or comorbidities (only sparse evidence for subgroups). Overall, 38% of patients did not respond during 6-12 weeks of treatment; 54% did not achieve remission Quality of life or functional capacity was infrequently assessed; 18 studies (4,050 patients) indicated no statistical differences in efficacy with respect to health related QoL |
| | Seven studies reported that mirtazapine had a significantly faster onset of action than citalopram, fluoxetine, paroxetine and sertraline |
| ADVERSE EVENTS: | Overall, second-generation antidepressants have similar adverse events profiles Constipation, diarrhea, dizziness, headache, insomnia, nausea and somnolence were commonly and consistently reported AEs Venlafaxine associated with higher incidence of nausea and vomiting than SSRIs as a class Mirtazapine led to higher weight gains than fluoxetine, paroxetine, venlafaxine and trazodone Sertraline led to higher rates of diarrhea than comparator drugs |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | MEDLINE®, Embase, The Cochrane Library, and the International Pharmaceutical Abstracts from 1980 to April 2007, limited to English language. We manually searched reference lists of pertinent review articles and explored the Center for Drug Evaluation and Research database to identify unpublished research. |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Yes |
| QUALITY RATING: | Good |

| Evidence Table 1 | Major Depressive Disorder Adults |
|---------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Girardi et al. ⁴⁵ Year: 2009 Country: NR: |
| FUNDING: | Supported, in part, by a grant from the Bruce J. Anderson Foundation and the McLean Hospital Private Donors' Research Fund for Psychopharmacology Research (to RJB) |
| DESIGN: | Study design: Meta-analysis Number of patients: 6106 patients |
| AIMS OF REVIEW: | To review systematically the efficacy of duloxetine for the treatment of Major Depressive Disorder (MDD) in comparison with placebo or standard serotonin-reuptake inhibitors |
| STUDIES INCLUDED IN REVIEW | 17 RCTs involving 22 comparisons (Duloxetine versus Placebo [n=17] and Duloxetine versus an SRI [n=16]), |
| TIME PERIOD COVERED: | Up to August 2008 |
| CHARACTERISTICS OF INCLUDED STUDIES: | RCTs comparing duloxetine with placebo or another SRI for 6 – 12 weeks; studies had to be reported in a peer-reviewed journal and had to have a score of 4 or 5 on a 5-point-maximum quality rating scale Unpublished studies on file with the manufacturer that otherwise appeared to meet inclusion criteria were included. |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Adult patients with acute MDD |
| | |

| Authors: Girardi et al. Year: 2009 | |
|-------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CHARACTERISTICS OF INTERVENTIONS: | Patients with MDD treated with duloxetine in comparison with placebo or another SSRI (fluoxetine, paroxetine, venlafaxine, escitalopram) |
| MAIN RESULTS: | Comparison of duloxetine versus SSRIs showed no or little overall difference in response rates. Using LOCF methods: RR was 1.06 (95% CI 1.01–1.13); p=0.032. NNT 28.6 [95% CI 14.8–401] Comparison of duloxetine versus SSRIs showed little difference in remission: Using LOCF methods the relative risk (RR) was 1.24 (95% CI 1.09–1.40] p< 0.001 and NNT was: 10.5 (95% CI 6.8–23.1). The risk for dropout in general was higher in the duloxetine group compared to other SSRIs: RR was 1.16 (95% CI 1.04–1.30) p=0.01and NNT was 25.8 (95% CI 15.2-85.) |
| ADVERSE EVENTS: | Dropouts for adverse response were higher in the duloxetine group compared to other SSRIs: RR was 1.57 (95% CI 1.27-1.93) p<0.0001 and NNT was 31.7 (95% CI 21.1-64.4) Duloxetine resulted in similar adverse responses compared to other SRIs: RR was 1.07 (95% CI 0.97-1.06) p=0.44 and NNT was 92.6 (95% CI 22.8-∞) |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | Yes |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Yes |
| QUALITY RATING: | Good |

| Evidence Table 1 | Major Depressive Disorder Adults | | |
|--------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------|
| STUDY: | Authors: Goldstein DJ, et al. ⁴⁶ Year: 2002 Country: US | | |
| FUNDING: | Eli Lilly | | |
| DESIGN: | Study design: RCT Setting: Multi-center (8 sites) Sample size: 173 | | |
| INTERVENTION: | | | |
| Drug: | Duloxetine | Fluoxetine | Placebo |
| Dose: | 40-120 mg/d | 20 mg/d | N/A |
| Duration: | 8 weeks | 8 weeks | 8 weeks |
| Sample size: | 70 | 33 | 70 |
| INCLUSION: | Male and female outpatients 18-65 yea HAM-D-17 score of at least 15 at visits | rs; met DSM-IV and MINI criteria for MDI 1 and 2 | D; CGI-S score of at least 4 at visit 1; |
| EXCLUSION: | Any primary DSM-IV Axis I disorder diagnosis other than MDD; anxiety disorder as primary diagnosis within the past year; history of substance abuse or dependence; failed two or more courses of antidepressant therapy | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Not reported | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: duloxetine: 42.3, Fluoxetine Gender (% female): duloxetine: 62.9%, Ethnicity: White: 83%; African-Americ 72.7%, placebo: 81.4% Other population characteristics: Me | e: 39.7, placebo: 41.4 , fluoxetine: 57.6%, placebo: 68.6% can: 8.1%; other: 9.2%; percent white by ean baseline HAM-D-17: duloxetine: 18.4 | drug-duloxetine: 88.6%, fluoxetine: |

| Authors: Goldstein DJ, et al. | |
|-------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2002 | |
| Country: US | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: HAM-D-17 |
| | Secondary Outcome Measures: MADRS; CGI; HAM-A; PGI |
| | Timing of assessments: HAM-D-17 measured at baseline and weekly |
| RESULTS: | No statistically significant differences between duloxetine and fluoxetine in response (49% vs. 45%) and remission (43% vs. 30%) rates |
| | Duloxetine showed a significantly greater mean change from baseline in HAM-D-17 than placebo at week 8 (p = 0.009) |
| | Duloxetine showed a greater change from baseline in HAM-D-17 than placebo at week 8 but the difference was not statistically different |
| | Duloxetine patients showed significantly greater improvement on the MADRS (p = 0.047), CGI-S (p = 0.007), CGI-I (p = 0.005), and PGI (p = 0.006) than placebo |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: Yes |
| ATTRITION: | <i>Loss to follow-up:</i> 35% (60); duloxetine: 34.3% (24); fluoxetine: 36.4% (12); placebo: 34.3% (24) <i>Withdrawals due to adverse events:</i> 6.4% (11); duloxetine: 10% (7); fluoxetine: 3% (1); placebo 4.3% (3) <i>Loss to follow-up differential high:</i> No |
| ADVERSE EVENTS: | Significantly more duloxetine patients experienced asthenia (17.1% vs. 4.3%; p = 0.026), and insomnia (20.0 % vs. 7.1%; p = 0.046) than placebo Most common adverse events (duloxetine vs. fluoxetine): dry mouth: 30.0% vs. 21.2%; headache: 20% vs. 33.3%; |
| | Insomnia: 20% vs. 9.1%; nausea: 12.9% vs. 18.2%; diarrnea: 14.3% vs. 30.3% |
| QUALITY RATING: | Fair |

| Evidence Table 1 | Major Depressive Disorder Adults | | | |
|--------------------|-----------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------|------------------------------------|--------------------------|
| STUDY: | Authors: Hewett et al.47 | | | |
| | Year: 2009 | | | |
| FUNDING | | | | |
| FUNDING: | | | | |
| DESIGN: | Study design: RCT | | | |
| | Sample size: 571 (safety population 5) | 60 m (TT) | | |
| | Sample Size. 571 (salety population, 5 | 09 11-11 1) | | |
| Drug. | Placebo | Bupropion XR | Venlafavine XR | |
| Dose: | NA | 150-300 mg | 75-150 mg | |
| Duration: | 8 weeks | 8 weeks | 8 weeks | |
| Sample size: | 197 | 187 | 187 | |
| INCLUSION: | Aged 18–64 years with a DSM-IV diago | osis of MDD for a minimum of eig | ht weeks duration. | |
| | HAMD 17-Item total score of at least 18 | at both screening and baseline v | isits, which must not have decre | ased or increased by |
| | more than 25% between visits. A score of 4 or more on the Clinical Global Impressions–Severity of Illness (CGI-S) scale at both | | | |
| | screening and baseline. | | , , | · · · · |
| EXCLUSION: | History of manic episodes, past or current psychotic disorder or a current Axis II diagnosis that suggested non-responsiveness or | | | |
| | non-compliance with therapy.; homicida | al at any time in their lives or suicio | dal within the past | |
| | 6 months, anorexia nervosa or bulimia | within the past year, myocardial in | nfarction within the past year, ar | ıy |
| | history of seizure disorder or brain injur | y, blood pressure more than 150/ | 95 mmHg, or unstable medical | disorder; |
| | taken bupropion or venlafaxine within th | ne past six months, or had experie | nced a significant adverse resp | onse to either |
| | antidepressant in the past; failed to res | pond to adequate treatment from | two previous antidepressants o | f different classes any |
| | psychotherapy or taken any psychotrop | ic drugs, other medications with p | otential pharmacokinetic interac | tions, or any medication |
| | that might lower the seizure threshold in | the two weeks prior; a negative i | urine drug screen, a blood alcoh | iol level of <0.015% at |
| | screening, and to have shown no evide | nce of alcohol or substance abuse | e/dependence within the past 12 | months. |
| OTHER MEDICATIONS/ | None reported | | | |
| INTERVENTIONS: | One was similar at her alians Ver | | | |
| POPULATION | Groups similar at baseline: Yes | | | |
| CHARACTERISTICS: | Gondor (fomalo %): 71 | | | |
| | Ethnicity (Caucasian %): 96 | | | |
| | Other nonulation characteristics: | | | |
| | Other population characteristics: | | | |

| Authors: Hewett et al. | |
|------------------------|-------------------------------------------------------------------------------------------------|
| Year: 2009 | |
| Country: Multinational | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: MADRS |
| | Secondary Outcome Measures: CGI-S and HAM-A |
| | Timing of assessments: weeks 0,1,2,4,5,6,8 |
| RESULTS: | Change from baseline Placebo vs. Bupropion vs. Venlafaxine |
| | MADRS -13.5 vs16.0 (vs. placebo <i>P</i> = 0.006) vs17.1 (0.76) (vs. placebo <i>P</i> < 0.001) |
| | Response 46% vs. 57% (vs. placebo <i>P</i> = 0.033) vs., 65% (vs. placebo <i>P</i> < 0.001) |
| | Remission 32% vs. 47% (vs. placebo $P = 0.004$) vs., 51% (vs. placebo $P < 0.001$) |
| | HAM-A -9.8 (0.54) vs11.5 (0.56) (vs. placebo P = 0.019) vs12.3 (0.58) (vs. placebo P < 0.001) |
| | CGI-S -1.5 (0.10) vs1.9 (0.10) (vs. placebo P = 0.003) vs2.1 (0.10) (vs. placebo P < 0.001) |
| | Sheehan Disability Scale Total -6.2 vs8.4 ($P = 0.003$) vs9.0 ($P < 0.001$) |
| | QLES-Q General Activities 16.1 vs. 21.9 (P < 0.001) vs. 21.1 (P = 0.004) |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: 2 –never had post base line measure; m-ITT = 569 |
| ATTRITION: | Overall Attrition: 15% |
| | Withdrawals due to adverse events: 4% |
| | Withdrawals due to lack of efficacy: 3% |
| | Differential Attrition: No |
| ADVERSE EVENTS: | Placebo vs. Bupropion vs. Venlafaxine – n (%) |
| | Headache 19 (10) vs. 23 (12) vs. 25 (13) |
| | Dry mouth 11 (6) vs. 16 (9) vs. 13 (7) |
| | Nausea 21 (11) vs. 11 (6) vs. 36 (19) |
| | Insomnia 4 (2) vs. 10 (5) vs. 7 (4) |
| | Dizziness 14 (7) vs. 7 (4) vs. 9 (5) |
| | Hypernidrosis 7 (4) vs. 7 (4) vs. 15 (8) |
| | Anxiety 9 (5) VS. 5 (3) VS. 6 (3) |
| | Failure 4 (2) VS. 5 (3) VS. 9 (5) An external event 0.2 (40) VR. 9 (5) |
| | Any adverse event 30 (40) vs. 88 (47) vs. 93 (50) |
| QUALITY RATING: | Fair |
| | |

| STUDY: | Authors: Hewett et al.48 | | | |
|--------------------|-----------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|-----------------------------------|--------------------------|
| | Year: 2010 | | | |
| | Country: Multinational | | | |
| FUNDING: | GlaxoSmithKline | | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: Melticenetr (62) | | | |
| | Sample size: 591 | | | |
| INTERVENTION: | | | | |
| Drug: | Placebo | Bupropion XR | Venlafaxine XR | |
| Dose: | NA | 150-300 mg | 75-150 mg | |
| Duration: | 8 weeks | 8 weeks | 8 weeks | |
| Sample size: | 187 | 203 | 198 | |
| INCLUSION: | Aged 18–64 years with a DSM-IV diagr | nosis of MDD for a minimum of eig | ht weeks duration. | |
| | required an Interactive Voice Response | e System (IVRS) HAMD 17-Item to | otal score of at least 18 at both | screening and baseline |
| | visits, which must not have decreased or increased by more than 25% between visits. A score of 4 or more on the Clinical Global | | | |
| | Impressions–Severity of Illness (CGI-S |) scale at both screening and base | eline. | |
| EXCLUSION: | History of manic episodes, past or current psychotic disorder or a current Axis II diagnosis that suggested non-responsiveness or | | | |
| | non-compliance with therapy.; homicida | al at any time in their lives or suicio | dal within the past | |
| | 6 months, anorexia nervosa or bulimia | 6 months, anorexia nervosa or bulimia within the past year, myocardial infarction within the past year, any | | |
| | history of seizure disorder or brain injury, blood pressure more than 150/95 mmHg, or unstable medical disorder; | | | |
| | taken bupropion or venlafaxine within the | ne past six months, or had experie | nced a significant adverse resp | onse to either |
| | antidepressant in the past; failed to res | pond to adequate treatment from | two previous antidepressants of | different classes any |
| | psychotherapy or taken any psychotrop | oic drugs, other medications with p | otential pharmacokinetic interac | tions, or any medication |
| | that might lower the seizure threshold in | n the two weeks prior; a negative i | urine drug screen, a blood alcoh | ol level of <0.015% at |
| | screening, and to have shown no evide | nce of alcohol or substance abuse | e/dependence within the past 12 | months. |
| OTHER MEDICATIONS/ | None reported | | | |
| INTERVENTIONS: | | | | |
| POPULATION | Groups similar at baseline: Yes | | | |
| CHARACTERISTICS: | Mean age: 45 yrs | | | |
| | Gender (temale %): 66 | | | |
| | Ethnicity (Caucasian %): 95 | | | |
| | Other population characteristics: | | | |

| Authors: Hewett et al. | |
|------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2010 | |
| Country: Multinational | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: MADRS |
| | Secondary Outcome Measures: CGI-S and HAM-A |
| | Timing of assessments: weeks 0,1,2,4,5,6,8 |
| RESULTS: | Change from baseline Placebo vs. Bupropion vs. Venlafaxine |
| | MADRS -13.2 (0.78) vs14.7 (0.74) (vs. placebo P = 0.146) vs17.0 (0.76) (vs. placebo P < 0.001) |
| | HAM-A -8.8 (0.66) vs10.1 (0.63) (vs. placebo P = 0.141) vs11.7 (0.66) (vs. placebo P = 0.002) |
| | CGI-S -1.7 (0.11) vs1.9 (0.11) (vs. placebo P = 0.078) vs2.2 (0.11) (vs. placebo P < 0.001) |
| | Sheehan Disability Scale Total -5.8 (0.62) vs7.8 (0.60) (P = 0.013) vs9.2 (0.62) (P < 0.001) |
| | QLES-Q General Activities 18.3 (1.53) vs. 21.5 (1.44) (P = 0.113) vs. 24.0 (1.51) P = 0.006 |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: 3 – never took meds and 7 never had post base line measure so ITT = 581 |
| ATTRITION: | Overall Attrition: 22% |
| | Withdrawals due to adverse events: 6% |
| | Withdrawals due to lack of efficacy: 5% |
| | Differential Attrition: No |
| ADVERSE EVENTS: | Placebo vs. Bupropion vs. Venlafaxine – n (%) |
| | Any adverse event 112 (60) vs. 108 (53) vs. 133 (67) |
| | Dry mouth 13 (7) vs. 32 (16) vs. 35 (18) |
| | Headache 31 (17) vs. 30 (15) vs. 28 (14) |
| | Nausea 16 (9) vs. 27 (13) vs. 53 (27) |
| | Insomnia 8 (4) vs. 15 (7) vs. 13 (7) |
| | Dizziness 11 (6) vs. 14 (7) vs. 27 (14) |
| | Hyperhidrosis 7 (4) vs. 14 (7) vs. 16 (8) |
| | Diarrhoea 9 (5) vs. 8 (4) vs. 10 (5) |
| | Fatigue 13 (7) vs. 7 (3) vs. 16 (8) |
| | Nasopharyngitis 9 (5) vs. 7 (3) vs. 11 (6) |
| | Upper abdominal pain 8 (4) vs. 7 (3) vs. 9 (5) |
| | Constipation 3 (2) vs. 7 (3) vs. 12 (6) |
| | Tremor 2 (1) vs. 5 (2) vs. 10 (5) |
| | Influenza 9 (5) VS. 3 (1) VS. 4 (2) |
| | $\begin{array}{c} \text{Solutionerrowin} \\ \text{Approxime 2} (4) & \text{vs. 3} (1) \\ \text{Approxime 2} (4) & \text{vs. 3} (2) \\ \text{Approxime 2} (4) & \text{vs. 3} (5) \\ \text{Approxime 2} (4) & \text{vs. 4} (5) \\ \text{Approxime 2} (4) & \text{vs. 4} (5) \\ $ |
| | AHUTEXIA 2 (1) VS. 2 (1) VS. 9 (3) |
| QUALITY RATING: | |
| | |

| STUDY: | Authors: Hong CJ, et al. ⁴⁹ | | | |
|-----------------------------|-------------------------------------------------------------------------------------------------------------------------|-------------------------------------|----------------------------------------|--------------|
| | Year: 2003 | | | |
| | Country: Taiwan | | | |
| FUNDING: | NV Organon, Oss, the Netherlan | lds | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: Multi-center | | | |
| | Sample size: 133 | Sample size: 133 | | |
| | | [| [| |
| Drug: | Mirtazanine: | Fluovetine | | |
| Dose: | 15 mg-45 mg/d | 20 mg-40 mg/d | | |
| Duration: | 6 weeks | 6 weeks | | |
| | | | | |
| INCLUSION: | 18-75 years; DSM-IV diagnosis of major depression; ≥ 15 HAM-D score (17); current episode between 1 week and 1 | | | |
| | year | | | |
| EXCLUSION: | Pregnancy, lactation, or lack of a | adequate contraception; actual suid | cide risk; bipolar disorder or history | of psychotic |
| | disorders; alcohol or substance abuse; DSM-IV of anxiety; history of seizures; clinically relevant progressive disease; | | | |
| | psychotropic medication | | | |
| | | | | |
| OTHER MEDICATIONS/ | Lorazepam, estazolam, supportive psychotherapy, medication for mild physical illness | | | |
| INTERVENTIONS: | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye | S | | |
| | Mean age: 47.2 | | | |
| | Gender (% female): 63%; mirtazapine 62%, fluoxetine 64% | | | |
| | Ethnicity: Chinese | | | |
| | Other population characteristi | cs: Not reported | | |

| Authors: Hong CJ, et al. Year: 2003 | |
|----------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: Taiwan | |
| OUTCOME ASSESSMENT: | Measures: HAM-D, CGI Timing of assessments: Days 7, 14, 28, 42 |
| RESULTS: | No significant differences in HAM-D scores reduction between treatment groups No significant differences in HAM-D responders (mirtazapine: 58% vs. fluoxetine: 51%) Mirtazapine had more remitters and responders at all time points, however no statistical significance in differences was reached |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 39.4%; mirtazapine: 45.5%, fluoxetine: 33.3% Withdrawals due to adverse events: Mirtazapine: 19.7%, fluoxetine: 12.1% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | No statistically significant differences between treatment groups 71.2% of mirtazapine and 57.6% of fluoxetine treated subjects reported adverse events Mirtazapine: dizziness 19.7%, constipation 15.2%, weight increase 13.6%, somnolence 12.1% Fluoxetine: dizziness 13.6%, influenza-like symptoms 13.6%, constipation 9.1% |
| QUALITY RATING: | Fair |

| Evidence Table 1 | Major Depressive Disorder Adults |
|------------------|----------------------------------|
| | wajor Depressive Disorder Addits |

| STUDY: | Authors: Kasper S, et al. ⁵⁰ | | | |
|-----------------------------|--------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|---------------------------------------------|--|
| | Year: 2005 | | | |
| | Country: Multinational (11 countries) | | | |
| FUNDING: | H. Lundbeck A/S | | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: Multicenter (general practice a | nd specialists) | | |
| | Sample size: 518 | | | |
| INTERVENTION: | | | | |
| Drug: | escitalopram | fluoxetine | placebo | |
| Dose: | 10 mg/day | 20 mg/day | NA | |
| Duration: | 8 weeks | 8 weeks | 8 weeks | |
| Sample size: | 174 | 164 | 180 | |
| INCLUSION: | <u>> 65 years of age; fulfilled DSM-IV criter</u> | ria for MDD; had a MADRS total score > | 22 and <u><</u> 40 at both screening and | |
| | baseline; MMSE score of 22 at screening | ng | | |
| | | | | |
| EXCLUSION: | DSM-IV criteria for mania or any bipolar disorder, schizophrenia, or any psychotic disorder, OCD, eating disorders, or | | | |
| | mental retardation or any pervasive developmental or cognitive disorder; had a MADRS score > 5 on Item 10 (suicidal | | | |
| | thoughts); were receiving treatment with | thoughts); were receiving treatment with antipsychotics, antidepressants, hypnotics, anxiolytics, AEDs, barbiturates, | | |
| | chloral hydrate, antiparkinsonian drugs, diuretics, 5-HT receptor agonists; ongoing prophylactic treatment with Lithium, | | | |
| | sodium valproate, or carbamazepine; ECT; were receiving treatment with behavior therapy or psychotherapy; had | | | |
| | received any investigational drug within | 30 days of entry; history of schizophrenia | a, psychotic disorder, or drug abuse; | |
| | history of severe drug allergy or hyperse | ensitivity (including citalopram); had a lac | k of response to more than one | |
| | antidepressant treatment (including cita | lopram) during the present depressive ep | bisode | |
| | | | | |
| OTHER MEDICATIONS/ | Oxazepam (max 30 mg/day), temazepa | m (max 20 mg/day), zopiclone (max 3.75 | 5 mg/day), zolpidem (max 5 mg/day) | |
| | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | | |
| | Mean age: 75 (overall and for each trea | atment group) | | |
| | Gender (female %): escilaiopram: 75% | 6, Iluoxeline: 77%, placebo: 76% | | |
| | Other population observatoriation | | | |
| | Other population characteristics: | | | |
| | Baseline mean MADR5 Score: escila | ioprail. 20.2, illuxelline: 28.5; placebo: 2 | 20.0 | |
| | Dasenne mean CGI-3 Score: 4.3 (000 | eran anu ior each treatment group) | | |

| Authors: Kasper S, et al. | | | |
|-------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|---------------------------------|
| Year: 2005 | | | |
| Country: Germany | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Change Secondary Outcome Measures: CGI- | from baseline to endpoint in MADRS tota S change/visit, MADRS response and rei | al score mission at endpoint |
| | Timing of assessments: baseline and | weekly | |
| RESULTS: | No statistically significant difference between escitalopram and placebo in mean change from baseline in MADRS total score; placebo was statistically significantly superior to fluxoetine (p<0.01) MADRS responders at last assessment (LOCF) (escitalopram vs. fluoxetine vs. placebo): 46% vs. 37% vs. 47% (p=NS) MADRS remission: at last assessment (LOCF): 40% vs. 30% vs. 42%; No significant difference between placebo and escitalopram Significantly fewer remitters remitters in fluoxetine vs. placebo (p<0.05) Statistically significant difference between placebo and fluoxetine in adjusted change in mean CGLS (2.70 vs.) | | |
| | 3.02; p<0.05); no significant differ | ence between placebo and escitalopram | (2.64); p=NS |
| ANALYSIS: | ITT: Yes | · · · · · | |
| | Post randomization exclusions: yes (4 | 4) | |
| | Loss to follow-up differential high: No |) | |
| ATTRITION: | Escitalopram | Fluoxetine | Placebo |
| Loss to follow-up: | 16.8% | 25.6% | 11.1% |
| Withdrawals due to AEs: | 9.8% | 12.2% | 2.8% |
| Withdrawals lack of efficacy: | 1.7% | 1.8% | 4.4% |
| ADVERSE EVENTS: | TEAEs (escitalopram vs. fluoxetine | vs. placebo) | |
| | Overall: 50.9% vs. 56.7% vs. 53.3% | | |
| | Nausea: 6.9%* vs. 7.3%* vs. 1.7% (p<0.01 escitalopram vs. fluoxetine) | | |
| | • Abdominal pain: 6.4% vs. 6.1% vs. 3.9% | | |
| | • Headache: 5.2% vs. 4.3% vs. 8.3% | | |
| | • Hypertension: 2.3% vs. 2.4% vs. 6.1% | | |
| | Diarrhea: 1.7% vs. 4.9% vs. 5.0% | | |
| | Back pain: 4.6% vs. 2.4% vs. 3.9% | | |
| | Anxiety: 2.9% vs. 3.7% vs. 2.8% | | |
| | Dizziness: 2.9% vs. 3.7% vs. 0.6% | | |
| | Dyspepsia: 2.3% vs. 4.3% vs. 4.4 | % | |
| | Insomnia: 2.3% vs. 1.8% vs. 2.2% | | |
| | • Somnolence: 2.3% vs. 0% vs. 0.6% | | |
| | Anorexia: 1.2% vs. 2.4% vs. 1.1% | | |
| | Constipation: 1.2% vs. 4.3% vs. 4 | .4% | |
| | • Depression aggravated: 1.2% vs. | 2.4% vs. 0.6% | |
| | Dry mouth: 0.6% vs. 2.4% vs. 0.6 | % | |
| | Orthostatic hypotension: 1.2% vs. | 0.6% vs. 0.6% | |
| QUALITY RATING: | Fair | | |

| Evidence Table 1 | Major Depressive Disorder Adults |
|---------------------------------------------|-----------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Katzman MA, et al. ⁵¹ Year: 2007 |
| | Country: Multinational |
| FUNDING: | GlaxoSmithKline Canada |
| DESIGN: | Study design: Systematic review Number of patients: NR |
| AIMS OF REVIEW: | To compare paroxetine with placebo and other antidepressants across multiple efficacy and tolerability outcomes |
| STUDIES INCLUDED IN REVIEW | 62 trials |
| TIME PERIOD COVERED: | 1966-Feb 2004 |
| CHARACTERISTICS OF INCLUDED STUDIES: | RCTs comparing paroxetine with placebo or other antidepressants |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Adult in and outpatients with primary diagnosis of MDD or other depressive disorder |

| Authors: Katzman M, et al. | |
|----------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2007 | |
| CHARACTERISTICS OF | Paroxetine vs. placebo (11 studies); paroxetine vs.other antidepressants (51 studies). Comparative antidepressants included |
| INTERVENTIONS: | amitriptyline (13 studies), fluoxetine (12 studies), mirtazapine (4 studies), imipramine (4 studies), clomipramine (3 studies), |
| | sertraline (3 studies), venlafaxine (3 studies), maprotiline (2 studies), and nefazodone (2 studies) |
| MAIN RESULTS: | Paroxetine was consistently and significantly more efficacious than placebo with respect to remission (RD: 10% [95% CI 6 to 14]), clinical response (RD: 17% [95% CI 7 to 27]) and change score (ES: 0.2 [95% CI 0.1 to 0.3]) |
| | Clinical response with paroxetine was significantly lower than with venlafaxine (RD: -21% [95% CI -34 to -81]); however, no difference between drugs with respect to remission (RD: -12% [95% CI -29 to 5]) and change score (ES: -0.07 [95% CI -0.24 to 0.10]) |
| | Remission and change score with paroxetine were significantly lower than with mirtazapine (RD: -9% [95% CI -16 to -21]; ES: -0.24 [95% CI -0.40 to -0.09]); however, no difference between paroxetine and mirtazapine with respect to clinical response (RD: -7% [95% CI -14 to 1]) |
| | Clinical response with paroxetine was significantly higher than with fluoxetine (RD: 7% [95% CI 0.7 to 13]); no difference between drugs with respect to change scores (ES: 0.10 [95% CI -0.05 to 0.24]) and remission (RD: 3% [95% CI -2 to 9]) |
| ADVERSE EVENTS: | Paroxetine associated with significantly more dropouts due to AEs than treatment with placebo (RD: 8% [95% CI -4 to 13]) |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | Yes-MEDLINE, EMBASE, CINAHL, all Evidence-Based Medicine Reviews, HealthSTAR, BIOSIS, and PsycINFO |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Yes |
| QUALITY RATING: | Good |

| STUDY: | Authors: Kavoussi et al. ⁵² | | | | |
|--------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|--|--|--|
| | Country: US | | | | |
| FUNDING: | Glaxo | | | | |
| DESIGN: | Study design: RCT Setting: Multi-center Sample size: 248 | | | | |
| INTERVENTION: | | | | | |
| Drug: | Bupropion SR | Sertraline | | | |
| Dose: Duration: | 100-300 mg/d 16 weeks | 16 weeks | | | |
| | TO WEEKS | TO WEEKS | | | |
| INCLUSION: | Ages 18-76 ; DSM-IV criteria for MDD with current episode ≥ 4 weeks but ≤ 24 months; in a stable relationship with normal sexual functioning | | | | |
| EXCLUSION: | Pregnant, lactating; history of bulimia or anorexia; predisposition to seizures; actively suicidal; no prior treatment with buproprion sr or sertraline; no psychoactive drug within 1 week; (2 weeks for MAOI or protryptyline, 4 weeks for fluoxetine) | | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Chloral hydrate allowed, no other psychoactive agents, allowed non-psychoactive agents not reported | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | | | |
| | Mean age: 39.5; buproprion SR: 39, sertraline: 40 | | | | |
| | Gender (remale%): 48%, puproprion SK: 48%, sertraline: 48% | | | | |
| | Other population characteristics: Prior antidepressant use for current episode: hupropion SR: 22% sertraline: 21% | | | | |
| | ound population characteristics. The anticepressant use for current episode, suproprior on, 22 %, settraine, 21% | | | | |

| Authors: Kavoussi et al. | | | | |
|--------------------------|-------------------------------------------------------------------------------------------------------------------|--|--|--|
| Year: 1997 | | | | |
| Country: US | | | | |
| OUTCOME ASSESSMENT: | SSESSMENT: Measures: HAM-D ₂₁ , HAM-A, CGI | | | |
| | Timing of assessments: Baseline, weeks 1, 2, 3, 4, 6, 8, 12, 16 | | | |
| | | | | |
| RESULTS: | HAM-D₂₁ similar changes in scores over study, no differences at any point in study | | | |
| | CGI, CGI-S, HAMA: no differences between groups | | | |
| | | | | |
| ANAL 1515. | Post rendemization evolucione: Voc | | | |
| | Post randomization exclusions. Tes | | | |
| ATTRITION: | Loss to follow-up: 31.5%; bupropion SR: 28.7%, sertraline: 34.1% | | | |
| | Withdrawals due to adverse events: buproprion SR: 3%, sertraline: 13% (p = 0.004) | | | |
| | Loss to follow-up differential high: Yes | | | |
| | | | | |
| ADVERSE EVENTS: | • Significant differences ($p < 0.05$): | | | |
| | Nausea: bupropion SR: 10%, sertraline: 30% | | | |
| | Diameter Dupropion SR: 3%, sertraine: 22% | | | |
| | Somnolence: bupropion SR: 2%, sertraine: 13%, | | | |
| | • Sexual dystunction: bupropion SR: 10%, sertraine: 61% | | | |
| | • Orgasm failure or delay: men – bupropion SR: 10%, sertaine: 61% (p < 0.001); women – bupropion SR: 7%, | | | |
| | sertraine: 41% ($p < 0.001$) | | | |
| QUALITY RATING: | Fair | | | |
| | | | | |

| Evidence Table 1 | Major Depressive Disorder Adults | | | | |
|-----------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------|--------------------------------------------|--|--|
| STUDY: | Authors: Keller M et al. ⁵³ | | | | |
| | Year: 2007 | | | | |
| | Country: USA | | | | |
| FUNDING: | Wyeth Research | | | | |
| DESIGN: | Study design: RCT | | | | |
| | Setting: Multicenter | | | | |
| | Sample size: 1047 (715) | | | | |
| INTERVENTION: |) (a mla faccin a | E lectronic e | | | |
| Drug: | | Fluoxetine | | | |
| Dose: | 37.5-225 mg | 10-60 mg | | | |
| Sample size: | 781 (530) | 10 (36) weeks | | | |
| | men or women aged 18 years or older i | who met DSM-IV criteria for MDD, had as | l Inerianced depressive symptoms for at | | |
| INCLUSION. | least 1 month prior to the start, and had recurrent depression; a history of at least three enjoydes of major depression | | | | |
| | with at least two enjoydes in the past 5 years, and an interval of at least 2 months between the end of the providue | | | | |
| | episode and the beginning of the current | t episode. A total score > 20 on the 17-it | em Hamilton Depression Rating Scale | | |
| | at screening and > 18 at randomization | | | | |
| EXCLUSION: | Failed an adequate trial of fluoxetine, venlafaxine, or venlafaxine ER during the current episode of major depression or who were treatment-resistant; known hypersensitivity to venlafaxine or fluoxetine; history or presence of a serious | | | | |
| | disorder other than MDD or substance dependence/abuse within 6 months, significant Axis II disorder, any psychotic | | | | |
| | disorder, or current postpanum depression; senous suicide risk; those who had clinically significant abnormalities on | | | | |
| | prestudy medical assessments, or were women or childbearing age who were pregnant, preastleeding, or not using a | | | | |
| | oxidase inhibitor within 30 days or any other antidepressant within 14 days. ECT within 3 months: any any other | | | | |
| | sedative-hypnotic drug (except chloral hydrate or zaleplon) sumatriptan (and similar agents) or any | | | | |
| | other psychotropic drug or substance within 7 days; or any nonpsychopharmacologic drug with psychotropic effects | | | | |
| | within 7 days of randomization, unless a stable dose of the drug had been maintained for > 1 month. | | | | |
| OTHER MEDICATIONS/ | See above | × | | | |
| INTERVENTIONS: | | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | | | |
| | Mean age: Venlafaxine 39.6 (40.4) Fluoxetine 40.0 (40.9) | | | | |
| | Gender (female %): Venlafaxine 65 (61) Fluoxetine 67 (61) | | | | |
| | Ethnicity: NR Other a synthetic scheme staristics, LIAND Variation 20.0 (20.4) Elementing 20.0 (20.7) | | | | |
| | Other population characteristics: HAMD Veniataxine 22.6 (22.4) Fluoxetine 23.0 (22.7) | | | | |
| | | | | | |
| Authors: Keller et al | | | |
|--------------------------------------|------------------------------------------------|----------------------------------|--------------------|
| Vor: 2007 | | | |
| Country: USA | | | |
| | Deiman Orden Manager HAMD (HAMD | N | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: HAMD (HAMD | | |
| | Secondary Outcome Measures: CGI-I, CSI- | S, Q-LES-Q, HAMA, SF-36 | |
| | Timing of assessments: baseline weeks 1,2,3 | 3,4,6,8,10 (days 100,130,160,19 | 90,220 and 250 |
| RESULTS: | Venlafaxine vs. fluoxetine 10 weeks (36 weeks | s) | |
| | HAMD Total, LS Mean (SE) 9.2 (.3) vs. 8.9 (.4) |) (6.2 (.2) vs. 6.0 (.4)) | |
| | Response, 612 (79%) vs. 210 (79%) | ((449 (90%) vs. 163 (| 92%)) |
| | Remission, 380 (49%) vs. 132 (50%) | ((358 (72%) vs. 123 (| 69%)) |
| | CGI-S, LS Mean (SE) 2.3 (.05) vs. 2.3 (.07) | (1.7 (. | 05) vs. 1.7 (.07)) |
| ANALYSIS: | ITT: 1047 (676) | ```````````````````````````````` | |
| | Post randomization exclusions: Cannot dete | ermine | |
| | Loss to follow-up differential high: No | | |
| ATTRITION: | Overall | | |
| Loss to follow-up: | 27% (34%) | | |
| Withdrawals due to adverse events: | NR | | |
| Withdrawals due to lack of efficacy: | NR | | |
| ADVERSE EVENTS: | Venlafavine vs. fluovetine 10 weeks % | 36 weeks % | |
| ADVERGE EVENTO. | Hoodocho 28 vc 20 | 34 vc 32 | |
| | Incompia 22 vs. 20 | 25 vc 22 | |
| | Dry Mouth 25 vg 16 $P = 0.002$ | $25 v_{5} \cdot 22$ | |
| | Dry Mouth 20 vs. 10 F = 0.002 | 23 vs. 17 F = 0.007 | |
| | Somolonoo 16 vo 17 | 22 VS. 20 19 vo. 10 | |
| | | 10 VS. 19 | |
| | DIZZINESS 12 VS. 13 | 17 VS. 10 | |
| | Sweating 15 vs. 12 | 17 VS. 15 | |
| | Consupation 14 vs. 7 | 16 vs. 7 P < 0.001 | |
| | Upper Respiratory Intection 9 vs. 7 | 14 VS. 14 | |
| | Asthenia 11 vs. 9 | 14 VS. 12 | |
| | Nervousness 10 vs. 10 | 11 vs. 11 | |
| | Anorexia 10 vs. 5 $P = 0.006$ | 11 vs. 5 $P = 0.011$ | |
| | Libido Decreased 8 vs. 6 | 10 vs. 10 | |
| | Accidental Injury 3 vs. 4 | 7 vs. 11 | |
| | Infection 4 vs. 7 | 7 vs. 11 P = 0.044 | |
| | Tremor 4 vs. 7 | 5 vs. 8 | |
| | Tinnitus 3 vs. 7 P = 0.020 | 4 vs. 7 P = 0.047 | |
| | Yawn 4 vs. 7 | 4 vs. 7 P = 0.044 | |
| | Gastroenteritis 2 vs. 1 | 4 vs. 1 P = 0.026 | |
| | Impotence 3 vs. 1 | 4 vs. 1 P = 0.012 | |
| | Weight Loss 2 vs. 4 | 2 vs. 4 P = 0.05 | |
| QUALITY RATING: | Fair | | |
| | | | |

| Evidence Table 1 | Major Depressive Disorder Adults | | |
|-----------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Khan A et al. ⁵⁴ Year: 2007 Country: USA | | |
| FUNDING: | National Institutes of Health Center Gra | ant P30 MH 68638 and Forest Research | Institute Jersey City, NJ, USA. |
| DESIGN: | Study design: RCT Setting: Multicenter Sample size: 278 | | |
| INTERVENTION: | | | |
| Drug: | Escitalopram | Duloxetine | |
| Dose: | 10-20 mg | 60 mg | |
| Duration: | 8 weeks | 8 weeks | |
| Sample size: | 137 safety | 133 safety | |
| INCLUSION: | Male or female outpatients; 18-80 years insignificant labs, physical exams and E | s; MDD for at least 12 weeks; MADRS > ECG and negative pregnancy test | 26 and CGI-S > 4; normal or clinically |
| EXCLUSION: | Another Axis I disorder; alcohol or drug disorders, OCD, bipolar disorder; had a history of seizure disorder;pregnant or b planning to initiate) formal psychotherap anti-psychotic, antidepressant or anxiol study meds; investigational drug w/in 1 | abuse, schizophrenia/other psychotic dia learning disability or other cognitive disc preastfeeding; clinically significant medic by; depot anti-psychotic in 6 months; ber ytic medication within 2 weeks (5 weeks month or ECT within 3 months | sorder, mania or hypomania, eating order; a serious risk of suicide; had a al condition, or if they were receiving (or izodiazepine within 4 weeks, or any for fluoxetine); previous treatment with |
| OTHER MEDICATIONS/ | Zolpidem or zaleplon for sleep | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | |
| | Mean age: Escitalopram 41.8 Duloxeti Gender (female %): Escitalopram 59.7 Ethnicity (white %): Escitalopram 78.8 | ne 43.0 1 Duloxetine 63.9 5 Duloxetine 81.2 | |
| | Other population characteristics: M/ | ADRS Escitalopram 31.0 Duloxetine 31.6 | ; |

| Authors: Khan A et al. Year: 2007 | | | | |
|------------------------------------------|-----------------------------------------------------|---------------------------------------------------|--|--|
| Country: USA | | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: change | ge from baseline in MADRS | | |
| | Secondary Outcome Measures: HA | Secondary Outcome Measures: HAM-D24, CGI-S, CGI-I | | |
| | Timing of assessments: Baseline, w | veeks 1,2,4,6,8 and 9 | | |
| RESULTS: | Escitalopram vs. duloxetine cha | ange at week 8 | | |
| | MADRS -18.0(9.4) vs15.9(10 | .3) p < 0.05 | | |
| | HAMD24 -14.5(8.8) vs12.7(9 | .5) | | |
| | • HAMD17 -11.1(6.9) vs9.6(7.6 | 6) p < 0.05 | | |
| | • CGI-S -2.0(1.2) vs1.7(1.4) | , . | | |
| | MADRS responders escitalopra | am 68% vs. duloxetine 50%, p < 0.05 | | |
| | | ···· · · · · · · · · · · · · · · · · · | | |
| ANALYSIS: | ITT: ves | | | |
| | Post randomization exclusions: 8+8 | | | |
| | | | | |
| ATTRITION: | Escitalopram | Duloxetine | | |
| Loss to follow-up: | 18 (13%) | 41 (31%) | | |
| Withdrawals due to adverse events: | 3 (2.2%) | 17 (12.8%) | | |
| Withdrawals due to lack of efficacy: | 1 (0.7%) | 2 (1.5%) | | |
| Loss to follow-up differential high: Yes | | | | |
| ADVERSE EVENTS: | Escitalopram vs. Duloxetine (%) | | | |
| | Nausea 15 vs. 23 | | | |
| | Insomnia 9 vs. 20 (P < 0.05) | | | |
| | Headache 12 vs.15 | | | |
| | Ejaculation disorder 9 vs. 15 | | | |
| | Somnolence 12 vs. 8 | | | |
| | Dry mouth 9 vs. 11 | | | |
| QUALITY RATING: | Fair | | | |
| | | | | |

| Evidence Table 1 | Major Depressive Disorder Ad | ults | | |
|--------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------|----------------------------------------------|---------------|
| STUDY: | <i>Authors:</i> Kiev A, et. al. ⁵⁵ Year: 1997 <i>Country:</i> US | | | |
| FUNDING: | Solvay Pharma, Upjohn | | | |
| DESIGN: | Study design: RCT Setting: Multi-center (2 centers) Sample size: 60 | | | |
| INTERVENTION: | | | | |
| Drug: | Fluvoxamine | Paroxetine | | |
| Dose: | 50-150 mg/d | 20-50 mg/d | | |
| INCLUSION: | Age 18-65; DMS-IIIR criteria for depressed mood item) | single or recurrent MDD; minimum | score of 20 on HAM-D ₂₁ (incl min | score of 2 on |
| EXCLUSION: | Not fluent in written or oral English; history of medication non-compliance; demonstration of placebo response during run-in; history of substance abuse; severe suicide risk or auto-aggressive behavior; used a drug within 30 days with anticipated major organ toxicity; pregnancy or lactation; hypersensitivity to SSRIs; participation in previous fluvoxamine studies; other significant organic disease; clinically significant lab abnormalities; other primary psychiatric diagnoses; transportation difficulties | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Antacids, laxatives, acetaminoph | nen, aspirin, ibuprofen, chloral hyd | rate | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye | s | | |
| | Mean age: fluvoxamine: 42.7; pa | aroxetine: 39.9 | | |
| | <i>Ethnicity:</i> fluvoxamine: white 87 | % non-white 13% paroxetine wh | nite: 93% non-white: 7% | |
| | Other population characteristi | <i>cs:</i> (mean weight) fluvoxamine: 18 | 30.1 lbs: paroxetine: 175.8 lbs (mea | an height) |
| | fluvoxamine: 67.2 in; paroxetine: | : 65.8 in | | |

| Authors: Kiev A, et. al. Year: 1997 | |
|----------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: 05 | Massuras: HAM D 21 |
| OUTCOME ASSESSMENT. | Timing of assessments: Baseline and weeks 1,2,3,5,7 |
| RESULTS: | • There was a mean change in HAM-D score for fluvoxamine: -13.45 and for paroxetine: -12.86, p = 0.763 |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 31%; fluvoxamine: 34.5%; paroxetine: 27.6% Withdrawals due to adverse events: fluvoxamine: 6.8%; paroxetine: 13.8% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Significant differences in sweating was reported: fluvoxamine 10% and paroxetine 33% (p = 0.028) Treatment-emergent adverse events were reported by 97% of fluvoxamine patients and 100% of paroxetine patients One trend that was reported although not statistically significant: fluvoxamine patients reported more sleep-related side effects and paroxetine patients reported more GI side effects |
| QUALITY RATING: | Fair |

| | | 2 | | | |
|-----------------------------|------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------|-------------------------------------|--------------------------------|--|
| STUDY: | Authors: Kroenke K, et al. | Authors: Kroenke K, et al. [∞] | | | |
| | Year: 2001 | | | | |
| | Country: | | | | |
| | Trial name: ARTIST (A rand | omized trial investigating SSR | I treatment) | | |
| FUNDING: | Eli Lilly | | | | |
| | | | | | |
| DESIGN: | Study design: RCT (open la | bel) | | | |
| | Setting: Multi-center (76 prin | nary care physicians) | | | |
| | Sample size: 601 | | | | |
| | | | | | |
| INTERVENTION: | | | | Mean dose at 9 | |
| Drug: | Paroxetine | Fluoxetine | Sertraline | months: | |
| Dose: | 20 mg/day | 20 mg/day | 50 mg/day | Paroxetine: | |
| Duration: | 9 months | 9 months | 9 months | 23.5mg | |
| | | | | Fluoxetine: | |
| | | | | 23.4mg | |
| | | | | Sertraline: 72.8mg | |
| | | | | | |
| INCLUSION: | 18 years or older; depressive | disorder as determined by the | e primary care physician (PCP); h | had home telephone | |
| | | | | | |
| EXCLUSION: | Cognitive impairment: lack of | reading/writing skills: terminal | l illness: nursing home resident: a | actively suicidal. SSRI within | |
| | past 2 months: other antidep | ressant therapy: bipolar disord | ler: pregnancy: lactation | | |
| | ······ | | , p g, , | | |
| OTHER MEDICATIONS/ | Yes | | | | |
| INTERVENTIONS: | | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: | Yes | | | |
| | Mean age: paroxetine: 47.2. | fluoxetine: 47.1. sertraline: 44 | .1 | | |
| | Gender (% female): naroxetine: 76: fluoxetine: 86: sertraline: 75 | | | | |
| | <i>Ethnicity:</i> (white) paroxetine: 85% fluoxetine: 88% sertraline: 79% (black) paroxetine: 13% fluoxetine: 9% sertraline: | | | | |
| | 17% (other) paroxetine: 2%; fluoxetine: 3%; sertraline: 4% | | | | |
| | Other population character | istics: (MDD) total: 74% parc | oxetine: 71%, fluoxetine: 74%; se | rtraline: 73%: (dysthymia) | |
| | total: 18%, paroxetine: 22% | fluoxetine: 17%, sertraline: 18 | %: (minor depression) total: 8% | paroxetine: 7%, fluoxetine: | |
| | 9%. sertraline: 9% | | | | |

| Authors: Kroenke K, et al. | |
|----------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | <i>Measures:</i> Computer assisted telephone interview: SF-36, MSC (mental component summary), SCL-20 (symptoms checklist), PRIME-MD (primary care Evaluation of mental disorders), subscales of: medical outcomes study questionnaire (MOS): patient health questionnaire, health and daily living form, quality of social interaction scale, quality of close relationship scale, work limitations questionnaire <i>Timing of assessments:</i> Months 1, 3, 6, 9 |
| RESULTS: | All 3 treatment groups showed significant improvements in depression and other health related quality of life domains (social function, work function, physical function) There were no significant differences between treatment groups in any of the 3 and 9 months outcome measures Subgroup analysis showed that there were no differences in treatment effects for patients with MDD and for patients older than 60 years Switch rate to other medication: paroxetine: 22%, fluoxetine: 14%, sertraline: 17% |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 24.3% (numbers provided are conflicting); paroxetine: 24.8%, fluoxetine: 22.5%, sertraline: 25.7% Withdrawals due to adverse events: paroxetine: 30%, fluoxetine: 23%, sertraline: 24%. Loss to follow-up differential high: No |
| ADVERSE EVENTS: | No significant differences in adverse events between treatment groups |
| QUALITY RATING: | Fair |

| Evidence Table 1 | Major Depressive Disorder |
|---------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Lader M, et al. ⁵⁷ Year: 2005 Country: UK and Denmark (meta-analysis) US and Europe (included trials) |
| FUNDING: | H. Lundbeck A/S; Forest Laboratories Inc |
| DESIGN: | Study design: Meta-analysis Number of patients: 1,321 |
| AIMS OF REVIEW: | To investigate the effect of escitalopram on sleep seen in clinical trials in the treatment of patients with depression based on single item scores of the Montgomery Asberg depression rating scale (MADRS) and reported treatment-emergent adverse effects, such as sedation and insomnia |
| STUDIES INCLUDED IN META- ANALYSIS | US: Burke et al., 2002; Rapaport et al., 2004 Europe: Lepola et al., 2003 |
| TIME PERIOD COVERED: | NR |
| CHARACTERISTICS OF INCLUDED STUDIES: | Double blind; RCT; placebo-controlled; 8 week studies; 1 week single-blind placebo run-in; primary efficacy measure MADRS |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | DSM-IV criteria for MDD; minimum MADRS score of 22 for inclusion; patients aged 18-65 (2 studies) or 18-80 (Rapaport) |

| Authors: Lader M, et al. | | | | |
|----------------------------------------------|--------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2005 | | | | |
| Country: UK and Denmark | | | | |
| CHARACTERISTICS OF | Patients randomized to | escitalopram, citalopra | am, or placebo; no con | comitant psychotropic medication allowed except zolpidem or |
| INTERVENTIONS: | benzodiazepines for ins | somnia | | |
| | | | | |
| MAIN RESULTS: | Mean change from significant different Escitalopram patie disturbance) than (| baseline in total MAD ce between the active ents with sleep problem citalopram patients at y | RS score was -11.2 for drug groups in the LOC is shows statistically gr weeks 1.4.6. 8. and end | placebo, -13.1 citalopram, and -13.8 for escitalopram; not a CF analysis eater improvement (p \leq 0.05) in item 4 of the MADRS (sleep dooint (LOCF analysis) |
| ADVERSE EVENTS: | Citalopram | Escitalopram | Placebo | |
| Insomnia | 8.6% | 9.2% | 3.9% | |
| Somnolence | 4.7% | 6.9% | 2.2% | |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | NR | 1 | | 1 |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Yes | | | |
| QUALITY RATING: | Fair | | | |

| Evidence Table 1 | Major Depressive Disorder Adults | | |
|--------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------|
| STUDY: | Authors: Lee P, et al. ⁵⁸ Year: 2007 Country: China, Korea, Taiwan and E | Brazil | |
| FUNDING: | Eli Lilly | | |
| DESIGN: | Study design: RCT Setting: Multicenter Sample size: 478 | | |
| INTERVENTION: | | | |
| Drug: | Duloxetine | Paroxetine | |
| Dose: | 60 mg | 20 mg | |
| Duration: | 8 weeks | 8 weeks | |
| Sample size: | 238 | 240 | |
| INCLUSION: | Men and non-pregnant women) must have been at least 18 years of age and met the DSM-IV diagnostic criteria for non-psychotic major depression (single episode or recurrent).3 Baseline severity of symptoms also had to be at least moderate as determined by scores of \geq 15 on the HAMD17 and \geq 4 on the Clinical Global Impressions–Severity (CGI-S) scale | | |
| EXCLUSION: | Current DSM-IV diagnosis other than MDD, previous psychotic disorder diagnosis, dysthymic disorder within the past 2 years, anxiety disorder as a primary diagnosis within the past year, axis II disorder that would interfere with protocol compliance, history of substance abuse, lack of response of the current episode to two or more adequate courses of antidepressant therapy, history of a lack of response to an adequate trial of paroxetine; serious suicidal risk, serious medical illness, history of hepatic dysfunction, current jaundice, or positive hepatitis B surface antigen (Dane particle; HBsAg) or positive hepatitis C, alanine aminotransaminase level ≥ 2-fold the upper limit of normal, ECT within the past year, psychotherapy, started light therapy or phototherapy within 6 weeks, taking any excluded medications or abnormal thyroid-stimulating hormone concentrations. | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Anti-hypertensive and other cardiovasc at least 3 months prior to the study and | ular medications were permitted only if th remained on the medication for the dura | e patient had been on a stable dose for tion |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: Duloxetine 39.0 Paroxetine Gender (female %): Duloxetine 65.5 F Ethnicity: East Asian Duloxetine 90.8 Duloxetine 0.8 Paroxetine 2.1 West As Other population characteristics: HA | e 38.0 Paroxetine 73.8 % Paroxetine 91.3% Caucasian Duloxeti ian Duloxetine 0.4 Paroxetine 2.1 African MD Duloxetine 21.1 Paroxetine 21.2 | ne 7.1% Paroxetine 4.6% Hispanic n Duloxetine 0.8 Paroxetine 1.7 |

| Authors: Lee P, et al. | | | |
|------------------------------------------|----------------------------------------------------|------------------------------------------------|--|
| Year: 2007 | | | |
| Country: China, Korea, Taiwan and Brazil | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: change | ge in HAMD17 over 8 weeks | |
| | Secondary Outcome Measures: CSI-S, HAMA | | |
| | Timing of assessments: Screening, | baseline weeks 1,2,4,6,8 | |
| RESULTS: | HAMD17 Duloxetine 11.73(0.2 | 96) vs. Paroxetine 11.94 (0.283) | |
| | Change in HAMD duloxetine -1 | 4.19 vs. Paroxetine -13.52, <i>P</i> = 0.218). | |
| | HAMA Duloxetine 11.17(0.294) | vs. Paroxetine 11.25(0.280) | |
| | CGI-S Duloxetine 2.89(0.51) vs | . Paroxetine 2.95(0.49) | |
| | Response Duloxetine 60.5% vs | . Paroxetine 64.5% | |
| | Remission Duloxetine 49.2% vs | s. Paroxetine 50.4% | |
| ANALYSIS: | ITT: Yes | | |
| | Post randomization exclusions: No | | |
| | Loss to follow-up differential high: | No | |
| ATTRITION: | Duloxetine | Paroxetine | |
| Loss to follow-up: | 72 (30.3%) | 57 (23.8%) | |
| Withdrawals due to adverse events: | 8.4% | 7.1% | |
| Withdrawals due to lack of efficacy: | <1% | <1% | |
| ADVERSE EVENTS: | Duloxetine vs. Paroxetine n (%) | | |
| | Nausea 88 (37.1) vs.59 (24.7) P = 0.004 | | |
| | Dizziness 50 (21.1) vs. 44 (18.4) | | |
| | Dry mouth 41 (17.3) vs. 29 (12.1) | | |
| | Constipation 35 (14.8) vs. 27 (11.3) | | |
| | Headache 27 (11.4) vs. 29 (12.1) | | |
| | Somnolence 27 (11.4) vs. 27 (11.3) | | |
| | Palpitations 22 (9.3) vs. 10 (4.2) $P = 0$ | 0.029 | |
| | Anorexia 21 (8.9) vs. 17 (7.1) | | |
| | Vomiting 19 (8.0) vs. 14 (5.9) | | |
| | Decreased appetite 18 (7.6) vs. 19 (7.9) | | |
| | Vision blurred 16 (6.8) vs. 16 (6.7) | | |
| | Astnenia 13 (5.5) VS. 9 (3.8) | | |
| | Fatigue 12 (5.1) VS. 14 (5.9) | | |
| | | | |
| | Ган | | |
| | | | |

| STUDY: | Authors: Lepola, et al. ⁵⁹ | | | | |
|-----------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|------------------------------------|-------------------|--|
| | Year: 2003 | Year: 2003 | | | |
| | Country: Europe, Canada | | | | |
| FUNDING: | H. Lundbeck A/S | | | | |
| | | | | | |
| DESIGN: | Study design: RCT | | | | |
| | Setting: Multi-center (primary ca | are) | | | |
| | Sample size: 471 | | | | |
| INTERVENTION: | | | | | |
| Drug: | Citalopram | Escitalopram | Placebo | | |
| Dose: | 20-40 mg/d | 10-20 mg/d | N/A | | |
| Duration: | 8 weeks | 8 weeks | 8 weeks | | |
| | | | | | |
| INCLUSION: | Age 18 to 65 years; met DSM-I | / criteria for MDD; MADRS score c | of ≥ 22 at baseline | | |
| | | | | | |
| | | | | | |
| EXCLUSION: | Negative pregnancy test and sta | able use of oral contraceptive for 3 | months; current or past history of | mania; hypomania; | |
| | aiconolism; substance abuse; dementia; epilepsy; presence of psychotic depression or organic affective illness; history | | | | |
| | of suicide attempts of high risk; | current use of psychotropic meas; | benavior therapy; psychotherapy | | |
| UTHER MEDICATIONS/ | Not reported | | | | |
| INTERVENTIONS: | | | | | |
| | Groups similar at baseline, Va | 20 | | | |
| POPULATION CHARACTERISTICS. | Moon ago: 42 | 5 | | | |
| | International and the second s | | | | |
| | <i>Ethnicity:</i> not reported | | 500 72.170 | | |
| | Other nonulation characterist | ics: Not reported | | | |
| | | ica. Not reported | | | |

| Authors: Lepola et al. | | | | |
|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|
| Year: 2003 | | | | |
| Country: Europe, Canada | | | | |
| OUTCOME ASSESSMENT: | Measures: MADRS, CGI-S, CGI-I | | | |
| | | | | |
| | Timing of assessments: (Primary measures) baseline, weeks 1, 2, 3, 4, 6, 8 | | | |
| RESULTS: | Significantly more escitalopram patients responded to treatment at study endpoint on the MADRS scale than citalopram patients (63.7% vs. 52.6%; p =0.009) | | | |
| | Significantly more escitalopram than citalopram-treated patients were in remission at endpoint (52.1% vs. 42.8%; p < 0.036) | | | |
| | Escitalopram was numerically better than citalopram at all time points on all 3 efficacy scales | | | |
| | Analysis of time to response showed that escitalopram-treated patients were responders 8.1 days faster than citalopram-treated patients | | | |
| ANALYSIS: | ITT: Yes | | | |
| | Post randomization exclusions: Yes | | | |
| ATTRITION: | Loss to follow-up: 7%; citalopram 5%, escitalopram 6%, placebo 10% | | | |
| | <i>Withdrawals due to adverse events:</i> citalopram 3.8%, escitalopram 2.6%, placebo 2.6% | | | |
| | Loss to follow-up differential high: No | | | |
| ADVERSE EVENTS: | No significant differences between study groups | | | |
| | Nausea the most common adverse event: citalopram 14.4%, escitalopram 17.4% | | | |
| | | | | |
| | | | | |
| QUALITY RATING: | Fair | | | |

| Evidence Table 1 | Major Depressive Disorder Adults |
|---------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Lepola UA, et al. ⁶⁰ Year: 2004 Country: Multi-national (Canada, Europe, US) |
| FUNDING: | Not reported |
| DESIGN: | <i>Study design:</i> Pooled analysis <i>Number of patients:</i> 977 |
| AIMS OF REVIEW: | Compare efficacy of escitalopram (10-20 mg/d) versus citalopram (20-40 mg/d) by pooling the data from two published clinical trials |
| STUDIES INCLUDED IN META- ANALYSIS | Burke et al. (2002) and Lepola et al. (2003) |
| TIME PERIOD COVERED: | 8 weeks |
| CHARACTERISTICS OF INCLUDED STUDIES: | RCTs of escitalopram versus citalopram |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Outpatients male or female 18-65 years old who met DSM-IV criteria for major depressive episode; MADRS score of 22 or higher; Burke study et al., 2002 HAMD-17 score of 2 on item 1 was an additional requirement in the fixed dose study |

| Authors: Lepola UA, et al. Year: 2004 | | | | |
|----------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|
| CHARACTERISTICS OF INTERVENTIONS: | Escitalopram 10-20 mg/d for 8 weeks; citalopram 20-40 mg/d for 8 weeks | | | |
| MAIN RESULTS: | Statistically significantly greater proportion of patients responded to escitalopram than to citalopram (56.8% vs. 48.9%; p = 0.033) Remission rates favored escitalopram but did not reach statistical significance (46.4% vs. 40.8%; p = 0.123). Escitalopram-treated patients had a significant reduction in HAMD-17 total score compared to citalopram- treated patients (estimated difference 1.62; p = 0.034, LOCF) | | | |
| ADVERSE EVENTS: | Headache (placebo 20%, escitalopram 16%, citalopram 19%) ;nausea (placebo 8%, escitalopram 16% (p < 0.05 vs placebo) ; citalopram 18% (p < 0.05 vs placebo) were reported by ≥10% of the patients in any treatment group in the pooled analysis | | | |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | Analysis includes the only 2 published studies. Authors state that data of a third, unpublished trial were not included | | | |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | No | | | |
| QUALITY RATING: | Fair | | | |

| Evidence Table 1 | Major Depressive Disorder in Adults |
|---------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Machado et al. ⁶¹ Year: 2010 Country: Multinational |
| FUNDING: | No external funding – University of Toronto, Canada |
| DESIGN: | Study design: SR and MA Number of patients: 3094 |
| AIMS OF REVIEW: | To compare clinical outcomes of adults treated with SSRIs or SNRIs for major depressive disorder (MDD) under ideal clinical condition, research design, and outcome measure. |
| STUDIES INCLUDED IN REVIEW | 15 RCTs |
| TIME PERIOD COVERED: | until July 2007 |
| CHARACTERISTICS OF INCLUDED STUDIES: | Head-to-head randomized trials comparing remission (HAMD-17 <7-8, MADRS <10-12) after 8-12 weeks of therapeutic doses of SSRIs or SNRIs in patients diagnosed with MDD |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Adults at least 18 years with MDD diagnosed by any standard scale such as the Diagnostic and Statistical Manual of Mental Disorders. At baseline, at least 15 on any version of the HAM-D or 18 or more on the Montgomery-Asberg Depression Rating Scale; taking no drugs that could interfere with interpretation of study data, such as thyroid hormone or lithium. Hypnotic agents and tranquilizers were not allowed; no other concomitant psychiatric, endocrine or metabolic disease. |

| Authors: Machado et al | |
|------------------------|------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2010 | |
| CHARACTERISTICS OF | Trials must have involved at least one active drug in each pharmacological class, but could also examine placebo or other drugs in |
| INTERVENTIONS: | separate study arms. |
| | |
| MAIN RESULTS: | Remission: OR 1.27 (1.06–1.52 95% CI) favoring SNRIs. |
| | Meta-analytic rates using an ITT approach were 48.5% (SE = 3.2%) and 41.9% (SE = 4.2%) for SNRIs and SSRIs. |
| | meta-analytic differences favoring SNRIs of 5.7% ($P = 0.007$) |
| | |
| ADVERSE EVENTS: | SNRI vs. SSRI (SE) |
| | Drop outs due to – |
| | Total 0.25 (0.027) vs. 0.225 (0.024) Difference 0.026 (95% CI -0.004 to 0.056) |
| | Adverse drug reaction 0.100 (0.015) vs. 0.052 (0.009) Difference 0.032 (0.015 to 0.049) |
| | Lack of efficacy0 0.29 (0.005) vs. 0.038 (0.009) Difference -0.004 (-0.021 to 0.014) |
| | |
| SEADCH STRATEGY | |
| SEARCH STRATEGT. | |
| STANDARD METHOD OF | Yes – Downs-Blackchecklist |
| APPRAISAL OF STUDIES | |
| ATTRAIDAE OF OTODIES. | |
| | |
| QUALITY RATING: | Good |
| | |
| | |

| STUDY: | Authors: McPartlin GM, et. al. ⁶² | | | |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|--|------------------|
| | Country: UK | | | |
| FUNDING: | Wyeth-Ayerst | | | |
| DESIGN: | Study design: RCT Setting: Multi-center (43 general practice sites) Sample size: 361 | | | |
| INTERVENTION: | | | | |
| Drug: | Venlafaxine XR | Paroxetine | | Fixed dose trial |
| Dose: | 75 mg/day | 20 mg/day | | |
| Duration: | 12 weeks | 12 weeks | | |
| INCLUSION: | At least 18 yrs; DSM-IV criteria for major depression; ≥ 19 on MADRS; symptoms for at least 14 days | | | |
| EXCLUSION: | Pregnancy, lactation, or lack of adequate contraception; history of seizures; history of psychotic disorders; bipolar disorder; alcohol or substance abuse; existing suicidal risk; use of investigational drug or antipsychotic drug within 30 days; clinically relevant medical disease or abnormalities in ECG or laboratory parameters; sumatriptan; MAOI; anxiolytic or sedative hypnotic within 30 days | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Temazepam, zopiclone | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | | |
| | <i>Mean age:</i> venlafaxine xr: 45, paroxetine: 44 | | | |
| | Genaer (% temate): ventataxine xr: 68.3%, paroxetine: 68.5% | | | |
| | Other population characteristics: CGI severity: | | | |
| | Moderately ill-venlafaxine xr: 68%, paroxetine: 66% | | | |
| | Markedly ill-venlafaxine xr: 25%, paroxetine: 24% | | | |
| | Severely ill-venlafaxine xr: 3%, paroxetine: 3% | | | |

| Authors: McPartlin GM, et al. | | | | |
|-------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|
| Year: 1998 | | | | |
| Country: UK | | | | |
| OUTCOME ASSESSMENT: | <i>Measure and timing of assessments:</i> MADRS, HAM-D-17, CGI at days 7, 14, 21, 28, 42, 56, 84, quality of life questionnaire at day 84 | | | |
| RESULTS: | Mean MADRS and HAM-D scores decreased significantly in both treatment groups (p < 0.05) There were no significant differences in outcome measures between treatment groups Global response (HAM-D, CGI, MADRS rates were at 76% for both treatment groups Remission rates (≤ 6 on MADRS) were 48% for venlafaxine XR and 46% for paroxetine Both treatment groups produced significant improvements on the quality of life scale without showing differences between groups | | | |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes | | | |
| ATTRITION: | Loss to follow-up: 27.4%; venlafaxine XR: 26%, paroxetine: 29% Withdrawals due to adverse events: Overall: 14.1%; venlafaxine XR: 12%, paroxetine: 16% Loss to follow-up differential high: No | | | |
| ADVERSE EVENTS: | There were no significant differences in the frequency of adverse events between the treatment groups 70% of patients in each group experienced at least 1 adverse event Most common adverse events: nausea: venlafaxine XR: 25.4%, paroxetine: 24.9%; headache: venlafaxine XR: 8.8%, paroxetine: 11.9%; dizziness: venlafaxine XR: 16.6%, paroxetine: 9.6% 3 patients in the paroxetine group experienced clinically significant increases in blood pressure vs. 1 patient in the venlafaxine group No significant changes in weight or ECG findings were observed | | | |
| QUALITY RATING: | Fair | | | |

| Authors: Mehtonen OP, et al. ⁶ | Authors: Mehtonen OP. et al. ⁶³ | | |
|-------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2000 | | | |
| Country: Scandinavia | | | |
| Wyeth-Ayerst International | | | |
| Study design: RCT | | | |
| Setting: Multi-center | | | |
| Sample size: 147 | | | |
| - | | | |
| | | | |
| Venlafaxine | Sertraline | | |
| 75-150 mg/d | 50-100 mg/d | | |
| 8 weeks | 8 weeks | | |
| 18-65 years: ≥ 18 on HAM-D-21 | | <u> </u> | |
| | | | |
| Pregnancy, lactation, or lack of adequate contraception; known sensitivity to venlafaxine or sertraline; history of seizures; | | | |
| dementia; history of psychotic disorders; alcohol or substance abuse; existing suicidal risk; clinically relevant progressive | | | |
| disease (cardiac, hepatic, renal;, investigational drugs within 30 days) | | | |
| | | | |
| Oxazepam, temazepam | | | |
| Groups similar at baseline: Yes | | | |
| Mean age: venlafavine: 44.1 sertraline: 41.0 | | | |
| Gender (% female): venlafaxine: 65% sertraline: 67% | | | |
| Ethnicity: Not reported | | | |
| Other population characteristics: Majority moderately or markedly ill on CGI scale | | | |
| | Authors: Mehtonen OP, et al. ⁶ Year: 2000 Country: Scandinavia Wyeth-Ayerst International Study design: RCT Setting: Multi-center Sample size: 147 Venlafaxine 75-150 mg/d 8 weeks 18-65 years; ≥ 18 on HAM-D-21 Pregnancy, lactation, or lack of a dementia; history of psychotic dis disease (cardiac, hepatic, renal;, Oxazepam, temazepam Groups similar at baseline: Ye Mean age: venlafaxine: 44.1, se Gender (% female): venlafaxine: Ethnicity: Not reported Other population characteristi | Authors: Mehtonen OP, et al. ⁶³ Year: 2000 Country: Scandinavia Wyeth-Ayerst International Study design: RCT Setting: Multi-center Sample size: 147 Venlafaxine 75-150 mg/d 8 weeks 18-65 years; ≥ 18 on HAM-D-21 Pregnancy, lactation, or lack of adequate contraception; known serdementia; history of psychotic disorders; alcohol or substance abus disease (cardiac, hepatic, renal;, investigational drugs within 30 da Oxazepam, temazepam Groups similar at baseline: Yes Mean age: venlafaxine: 44.1, sertraline: 41.0 Gender (% female): venlafaxine: 65%, sertraline: 67% Ethnicity: Not reported Other population characteristics: Majority moderately or marked | Authors: Mehtonen OP, et al. ⁶³ Year: 2000 Country: Scandinavia Wyeth-Ayerst International Study design: RCT Setting: Multi-center Sample size: 147 Venlafaxine 75-150 mg/d 8 weeks 18-65 years; ≥ 18 on HAM-D-21 Pregnancy, lactation, or lack of adequate contraception; known sensitivity to venlafaxine or sertraline dementia; history of psychotic disorders; alcohol or substance abuse; existing suicidal risk; clinically r disease (cardiac, hepatic, renal;, investigational drugs within 30 days) Oxazepam, temazepam Groups similar at baseline: Yes Mean age: venlafaxine: 44.1, sertraline: 65%, sertraline: 67% Ethnicity: Not reported Other population characteristics: Majority moderately or markedly ill on CGI scale |

| Authors: Mehtonen OP, et al. | | | | | |
|------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|
| Year: 2000 | | | | | |
| Country: Scandinavia | Country: Scandinavia | | | | |
| OUTCOME ASSESSMENT: | Measures: HAM-D, CGI, MADRS | | | | |
| Response: 50% reduction in HAMD or | Timing of assessments: Baseline, days 7, 14, 28, 42, 56 | | | | |
| MADRS and a CGI response | | | | | |
| Remission: HAMD score < 10 | | | | | |
| RESULTS: | Both treatment groups showed significant reductions of MADRS, CGI, and HAM-D scores from baseline to week 8 No significant differences between groups were observed at any point in time | | | | |
| | Response rates (decrease ≥ 50% on HAM-D) were higher for venlafaxine at week 6 (74% vs. 59%; p = 0.04) and at the endpoint (83% vs. 68%; p = 0.05) | | | | |
| | Remission rates (HAM-D ≤ 10) at endpoint were higher for the venlafaxine treated group (68% vs. 45%; p = 0.008) | | | | |
| | No significant differences were noted in response rates on MADRS and CGI scales | | | | |
| | • Remission rates for patients who increased their dose was higher for the venlafaxine group (67% vs. 36%; p < 0.05) | | | | |
| ANALYSIS: | ITT: Yes | | | | |
| | Post randomization exclusions: Not reported | | | | |
| ATTRITION: | Loss to follow-up: 19%; venlafaxine: 21%, sertraline: 17% | | | | |
| | Withdrawals due to adverse events: 11.5%; venlafaxine: 16%, sertraline: 7% | | | | |
| | Loss to follow-up differential high: No | | | | |
| ADVERSE EVENTS: | No significant differences were observed between treatment groups for adverse events | | | | |
| | Most common adverse events: nausea: venlafaxine: 36.0% sertraline: 29.2% headache: venlafaxine: 28.0% | | | | |
| | sertraline: 29.2%; diarrhea: venlafaxine: 8.0%, sertraline: 13.9%; sexual dysfunction: venlafaxine: 8.0%, sertraline: 5.6% | | | | |
| | No clinically relevant changes in pulse, blood pressure or weight in either group | | | | |
| QUALITY RATING: | Good | | | | |

| Evidence Table 1 | Major Depressive Disorder Adults | | |
|--------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|--|
| STUDY: | Authors: Montgomery SA, et al. ⁶⁴ Year: 2004 Country: Multinational (8 European countries) | | |
| FUNDING: | H. Lundbeck A/S | | |
| DESIGN: | Study design: RCT Setting: Multicenter (44 sites) Sample size: 293 | | |
| INTERVENTION: | | | |
| Drug: | Escitalopram | Venlafaxine XR | |
| Dose: | 10-20 mg/d | 75-150 mg/d | |
| Duration: | 8 weeks | 8 weeks | |
| Sample size: | 148 | 145 | |
| INCLUSION: | 18-85 years of age; DSM-IV diagnosis of MDD; score of at least 18 on the MADRS | | |
| EXCLUSION: | History of mania or bipolar disorder; schizophrenia or any psychotic disorder; currently suffering from OCD, eating disorders, mental retardation, any pervasive development disorder, or cognitive disorder; alcohol or drug abuse; treatment with antipsychotics, antidepressants, psychotropics, serotonin receptor agonists, lithium, carbamazepine, valproate, valpromide, electroconvulsive treatment; pregnant or breastfeeding | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Medications thought to interfere with the study were excluded. | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | |
| | Mean age: 48 | | |
| | Gender (% female): 72% | | |
| | Ethnicity: Not reported | | |
| | Other population characteristics: MADRS score: 28.8; HAM-D-17 score: 20.1 | | |

| Authors: Montgomery SA, et al. | | | | | |
|--------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|
| Year: 2004 | 2004 | | | | |
| | | | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: MADRS total score | | | | |
| | Secondary Outcome Measures: HAM-D-17; response and remission rates | | | | |
| | Timing of assessments: Baseline, weeks 1,2,3,4,6, and 8. | | | | |
| RESULTS: | No statistically significant differences between escitalopram and venlafaxine XR in response (77.4 % vs. 79.6%) and remission (69.9% vs. 69.7%) | | | | |
| | In the LOCF analysis there was no difference between groups in total MADRS or HAM-D-17 scores | | | | |
| | Survival analysis of the ITT group showed that escitalopram patients achieved sustained remission 6.6 days faster than the venlafaxine XR patients (p < 0.01) | | | | |
| ANALYSIS: | ITT: Yes | | | | |
| | Post randomization exclusions: Yes | | | | |
| ATTRITION: | Loss to follow-up: 13.7%; escitalopram: 14%; venlafaxine XR: 13% | | | | |
| | Withdrawals due to adverse events: Escitalopram: 7.5%; venlavaxine XR: 11.2% | | | | |
| | Loss to follow-up differential high: No | | | | |
| ADVERSE EVENTS: | Nausea: venlafaxine XR: 26%; escitalopram: 17% (p < 0.05). | | | | |
| | Increased sweating: venlafaxine XR: 12.5%; escitalopram: 6% (p < 0.05). | | | | |
| | • Constinution: veniafaxine XR: 6% : escitalopram: 2% (p < 0.05) | | | | |
| | | | | | |
| QUALITY RATING: | Fair | | | | |

| Evidence Table 1 | Major Depressive Disorder | | |
|--------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|--|
| STUDY: | Authors: Moore N, et al. ⁶⁵ Year: 2005 Country: NR | | |
| FUNDING: | H. Lundbeck A/S | | |
| DESIGN: | Study design: RCT Setting: Clinic and general practice Sample size: 280 | | |
| INTERVENTION: | • | | |
| Drug: | Escitalopram | Citalopram | |
| Dose: | 20 mg | 40 mg | |
| Duration: | 8 weeks | 8 weeks | |
| Sample size: | 138 | 142 | |
| INCLUSION: | Outpatients, age 18-65 years; DSM IV MDD; MADRS of at least 30 | | |
| EXCLUSION: | Other primary diagnosis of Axis 1 disorders or a history of; substance abuse within 12 months; use of a depot antipsychotic within 6 months or any antipsychotic, anxiolytic or anticonvulsant within 2 weeks before start | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: Escitalopram: 44.1; citalopram: 46.2 Gender (% female): escitalopram: 81.7%, citalopram: 72% Ethnicity: NR Other population characteristics: Baseline MADRS: escitalopram: 16.6, citalopram: 15.7 Baseline CGI-S: escitalopram: 5.1, citalopram: 5.1 | | |

| Authors: Moore N, et al. Year: 2005 Country: NP | | | |
|--------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | Primary Outcome Measures: MADRS | : CGI-S | |
| | Secondary Outcome Measures: MAD | RS-S | |
| | Timing of assessments: Baseline, we | eks 1, 4 and 8 | |
| RESULTS: | MADRS adjusted for baseline MA mean difference 2.1 (95% CI 0.01 Responders: (50% decrease in M Remitters: Esc 56.1% Cit 43.6% (MADRS-S Esc -9.9 Cit -8.6 (p < 0 CGI-S Esc -2.3 Cit -2.12 (p = 0.6 Overall discontinuation was signified | NDRS and investigator specialty Esc -22 I-4.21; $p < 0.05$) IADRS) Esc 76.1% Cit 61.3 ($p = 0.008$) ($p = 0.04$); NNT for remission: 9 0.05) 5) Ficantly higher in the Cit (10.6%) than in t | .4 Cit -20.3 (p < 0.05), between groups he Esc (4.3%) group (p = 0.005) |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes, | 14 (11 protocol violations and 3 GCP vio | plations) |
| ATTRITION: Loss to follow-up: Withdrawals due to adverse events: Withdrawals due to lack of efficacy: Loss to follow-up differential high: | Escitalopram 6 (4.3%) 4 (2.9%) 1 (0.7%) | <u>Citalopram</u> 15 (10.6%) 9 (6.3%) 4 (2.8%) | |
| ADVERSE EVENTS: | 46 patients had adverse events e No significant difference was reported | scitalopram: 21 (14.8%), citalopram: 25 orted between treatment groups | (16.4%) (p = 0.70) |
| QUALITY RATING: | Fair | | |

| 071101/ | | i | | |
|-----------------------------|------------------------------------------------------------------------------------------------------------------------|--------------------------------------|-----------------------------------------|-----------------------|
| STUDY: | Authors: Nemeroff CB, et al. | | | |
| | Year: 1995 | | | |
| | Country: US | | | |
| FUNDING: | Solvay Pharmaceuticals | | | |
| | | | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: Multi-center | | | |
| | Sample size: 95 | | | |
| | | | | |
| INTERVENTION: | | | | |
| Drug: | Fluvoxamine | Sertraline | | |
| Dose: | 50-150 mg/day | 50-200 mg/day | | |
| Duration: | Mean dose: 123.75 mg | Mean dose: 137.10 mg | | |
| | 7 weeks | 7 weeks | | |
| INCLUSION: | 18-65 years: DSM-III-R criteria for major depression: HAM-D \geq 20; minimum score of 2 on depressed mood item of | | | |
| | HAMD: \geq 8 Raskin Depression Scale: Covi anxiety score less than Raskin score: depressive symptoms for more than 2 | | | |
| | weeks | ····; ····; | ······································ | |
| | | | | |
| EXCLUSION: | Use of study drugs within 1 mon | th: history of psychosis: lack of En | alish fluency: response during was | hout: suicidal: |
| | psychoactive drugs, electrocony | ulsive therapy within 2 weeks: drug | a/alcohol dependence: pregnancy/ | lactation: clinically |
| | significant medical diseases/abn | ormalities: history of noncompliant | ce: drug use within 30 days that co | uld have toxic |
| | effects on organs: patients intole | ant to SSRI side effects | | |
| | | | | |
| OTHER MEDICATIONS/ | Chloral hydrate for sleep, meds | to treat GI disturbances and heada | ache | |
| INTERVENTIONS: | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: No | . Fluvoxamine group had a signific | antly higher rate of severe depres | sion at baseline; |
| | setraline group had significantly | more non-caucasians. | , , , , , , , , , , , , , , , , , , , , | |
| | Mean age: fluvoxamine: 38.5, se | ertraline: 41.2 | | |
| | Gender (female%): fluvoxamine: 61.2%, sertraline: 60.9% | | | |
| | Ethnicity: non-caucasian: fluvo | xamine: 2.0%: sertraline: 15.2% | | |
| | Other population characteristics: Recurrent episode: fluvoxamine: 61.0%, sertraline: 56.5% more melancholic | | | |
| | patients in fluvoxamine group (7 | 7.6% vs. 58.7%) | | |

| Authors: Nemeroff CB, et al. | |
|------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 1995 | |
| Country: US | |
| OUTCOME ASSESSMENT: | Measures and timing of assessments: HAM-D (primary), HAM-A, Covi scale, Raskin scale, CGI-I, CGI-S, Hopkins symptom checklist: baseline, weeks 1, 2, 3, 5, 7, MSSI and clinical laboratory evaluation at week 7 only |
| RESULTS: | Both treatment groups resulted in significant improvements of depression scores compared to baseline |
| | Mean decrease in HAMD: sertraline: -10.98, fluvoxamine: -10.61 |
| | There was no significant difference in efficacy between the treatment groups |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 30.9%; fluvoxamine: 42.9%, sertraline: 18.5% |
| | <i>Withdrawals due to adverse events:</i> fluvoxamine: 18.4%, sertraline: 2.2% (p-value not reported) <i>Loss to follow-up differential high:</i> Yes |
| ADVERSE EVENTS: | Significantly more patients withdrew due to adverse events in the fluvoxamine group (n = 9) than in the sertraline group (n = 1) (p = 0.016) |
| | Significantly greater sexual dysfunction was reported in the sertraline group (28%) than in the fluvoxamine group (10%); p = 0.047 |
| | Most common adverse events: sertraline: insomnia (34.8%), headache (32.6%), diarrhea (23.9%), ejaculatory abnormality (22.2%); fluvoxamine: nausea (30.6%), headache (26.5%), insomnia (26.5%), somnolence (24.5%) |
| QUALITY RATING: | Fair |

| Fvidence | Table 1 |
|----------|---------|
| LVIGENCE | |

| STUDY: | Authors: Nemeroff et al. ⁶⁷ Year: 2007 | | |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | Country: USA | | |
| FUNDING: | Wyeth Research, Collegeville, PA | | |
| DESIGN: | Study design: RCT Setting: Multicenter (13 university and p Sample size: 308 | rivate research clinics) | |
| INTERVENTION: | | | |
| Drug: | Venlafaxine | Fluoxetine | Placebo |
| Dose: | 75-225 mg/day | 20-60 mg/day | N/A |
| Duration: | 6 weeks | 6 weeks | 6 weeks |
| Sample size: | 102 | 104 | 102 |
| INCLUSION: | 18 years or older; met DSM-IV criteria fo HAM-D-21 score ≥ 20; ≤ 20% decrease i | r MDD; had symptoms present for at lea n HAM-D-21 during run-in period | st 1 month before study entry and |
| EXCLUSION: | History or presence of bipolar disorder of within the past year; any clinically signific screening that might compromise study p suicide were needed; history of nonrespon electroconvulsive therapy within 3 month cisapride, sumatriptan, terfenadine, any p other antidepressant, anxiolytic, sedative days of the start of double-blind treatmer double-blind treatment period unless a sist thyroid or hormonal medications) before | r any psychotic disorder; history of alcoh cant medical disorders or abnormalities of participation; were acutely suicidal to the onse to venlafaxine or fluoxetine; had red s; any investigational drug or antipsycho monoamine oxidase inhibitor, paroxetine hypnotic drug (except chloral hydrate), ht; or any other drug with psychotropic ef table dose of the drug had been maintain study day 1; pregnant or lactating | ol or substance abuse letected during the prestudy physical degree that precautions against ceived any of the following treatments: tic drug within 30 days; astemizole, e, or sertraline within 14 days; any or any other psychotropic drug within 7 fects within 7 days of the start of the ned for at least 1 month (3 months for |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: venlafaxine: 40.1, fluoxetine: Gender (female %): venlafaxine: 65%, f Ethnicity (% white): venlafaxine: 91%, f Other population characteristics: | 37.9, placebo: 40.4 luoxetine: 69%, placebo: 56% luoxetine: 93%, placebo: 92% | |

| Authors: Nemeroff | | | |
|--------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2007 | | | |
| | Deimony Outcome Management HANA D | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: HAM-D- | 21, MADRS, CGI-S, CGI-I | |
| | Secondary Outcome Measures: Res | ponse (HAMD-D-21, MADRS, CGI-I, PGI |), remission (HAM-D-21) |
| | Overall differences among treatments | ont groups on HAM D at wook 6 did not r | oach statistical significance (n |
| RESULTS: | Overall differences among treatm 0.051); difference between venlaf between fluoxetine and placebo (j significant Difference on HAM-D depressed (p<0.001); venlafaxine (p<0.001) between venlafaxine and fluoxetir HAM-D response (venlafaxine vs. p=0.067 MADRS response: 52% (50/96) vs. 52 Remission <8: 32% (31/96) vs. 32 Remission <8: 32% (31/96) vs. 32 Remission based on HAM-D17 Statistically significant difference of the provide the provided statistical of the provided statistical of | ent groups on HAM-D at week 6 did not r axine and placebo groups was statisticall p=0.358) and between venlafaxine and flu mood item was statistically significant am and fluoxetine (p=0.024) significantly mor he not statistically significant (p=0.117) fluoxetine vs. placebo): 53% (51/96) vs. s. 44 (44/100) vs. 34% (34/101); p=0.032 3% (54/101) vs. 38% (38/101); p=0.003 2% (32/101) vs. 22% (22/101); p=0.181 7 (: 32% (31/96) vs. 28 (28/101) vs. 22% observed on only 1 of the 5 QoL measure | each statistical significance (p = y significant (p=0.016); differences loxetine (p=0.130) not statistically ong treatment groups at week 6 re effective than placebo; difference 45% (45/100) vs. 37% (37/101); (22/101); p=0.250 rs (general life functioning) where |
| | there was a greater improvement | in venlataxine group compared with fluox | etine and placebo groups (p=0.033 for |
| | | | |
| ANALISIS. | Post randomization exclusions: Yes (11) | | |
| | Loss to follow-up differential high: No | | |
| ATTRITION: | Venlafaxine | Fluoxetine | Placebo |
| Loss to follow-up: | 24% | 18% | 24% |
| Withdrawals due to adverse events: | | | |
| Withdrawals due to lack of efficacy: | 12% | 7% | 3% |
| - | | | |
| | 4% | 4% | 6% |
| ADVERSE EVENTS: | % of patients reporting TEAEs (venlaf. Nausea: 40% vs. 22% vs. 8%; p Headache: 36% vs. 24% vs. 33% Dry mouth: 24% vs. 16% vs. 15% Insomnia: 22% vs. 15% vs. 14%; Dyspepsia: 9% vs. 19% vs. 16%; Sweating: 14% vs. 4% vs. 2%; p Diarrhea: 9% vs. 13% vs. 9%; p=0 Dizziness: 13% vs. 8% vs. 3%; p= Vomiting: 11% vs. 5% vs. 2%; p= Fatigue: 10% vs. 10% vs. 5%; p=0 Constipation: 10% vs. 2% vs. 5%; | axine vs. fluoxetine vs. placebo) 0.001; (venlafaxine vs. fluoxetine, p=0.00 ; p=0.129 ; p=0.170 p=0.229 p=0.138 :0.001 (venlafaxine vs. fluoxetine, p=0.01) 0.580 =0.030 0.021 0.325 022 ; p=0.042 (venlafaxine vs. fluoxetine, p=0 | 5) 2) .016) |

| | Statistically significant differences observed for supine pulse, supine diastolic blood pressure, and weight Rates of discontinuation due to AEs significantly different among treatment groups (p=0.049) |
|-----------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| QUALITY RATING: | Fair |

| STUDY: | Authors: Newhouse PA, et al. | 58 | | |
|----------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|------------------------------------|------|
| | Year: 2000 | | | |
| | Country: US | | | |
| FUNDING: | Pfizer, Inc. | | | |
| DESIGN: | Study design: RCT Setting: Multi-center Sample size: 236 | | | |
| INTERVENTION: | | | | |
| Drug: | Sertraline | Fluoxetine | | |
| Dose: | 50-100 mg/d | 20-40 mg/d | | |
| Duration: | 12 weeks | 12 weeks | | |
| (Doses could be doubled after 4 weeks) | | | | |
| INCLUSION: | ≥ 60 years of age; DSM-III-R crit | eria for major depression; ≥ 18 or | 1 24 item HAM-D | |
| EXCLUSION: | Other psychiatric disorder; signif | icant physical illness; non-respond | ders to antidepressants or ECT the | rapy |
| OTHER MEDICATIONS/ INTERVENTIONS: | Chloral hydrate, temazepam for | sleep | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye Mean age: sertraline: 68, fluoxel Gender (% female): sertraline: 6 Ethnicity: sertraline: 95.7% whit Other population characteristi | s ine: 67 3.2%, fluoxetine: 51.3% e, 3.4% black, other 0.9%, fluoxet cs: Not reported | tine: 100% white | |

| Authors: Newhouse PA, et al. | |
|------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2000 | |
| Country: US | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> 24 item HAM-D, HAM-A, CGI-S, CGI-I, BDI, MADRS, POMS, Q-LES-Q, digit symbol substitution test, SLT <i>Timing of assessments:</i> Baseline, week 1, 2, 3, 4, 6, 8, 10, 12 |
| RESULTS: | Sertraline and fluoxetine were effective in the relief of depressive symptoms There were no significant differences between sertraline and fluoxetine on the primary efficacy measures (HAM-D and CGI) HAMD Responders: sertraline: 73%, fluoxetine: 71% HAMD remitters: sertraline: 45%, fluoxetine: 46% Overall there was no significant differences between sertraline and fluoxetine on cognitive measures (SLT and digit symbol substitution test) |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 32.2%; sertraline: 31.6%, fluoxetine: 32.8% Withdrawals due to adverse events: sertraline: 18.8%, fluoxetine: 24.4% (p = 0.5) Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Weight reduction: sertraline: -1.7lb, fluoxetine: -3.2lb (p = 0.018) Otherwise no statistically significant differences between groups Headache: sertraline: 33.6%, fluoxetine: 31.4% Dizziness: sertraline: 7.8%, fluoxetine: 10.2% Dry mouth: sertraline: 15.5%, fluoxetine: 7.6% Nausea: sertraline: 14.7%, fluoxetine: 18.6% Diarrhea: sertraline: 22.4%, fluoxetine: 16.1% |
| QUALITY RATING: | Fair |

| Evidence Table 1 | Major Depressive Disorder Adults | | |
|--------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|
| STUDY: | Authors: Nierenberg A, et al. ⁶⁹ Pigott Year: 2007 Country: USA | T, et al. ⁷⁰ and Clayton A, et al. ⁷¹ | |
| FUNDING: | Eli Lilly Inc | | |
| DESIGN: | Study design: RCT Setting: Multicenter Sample size: 684 (114 for Clayton suba | nalysis of CSFQ) | |
| INTERVENTION: | | • | |
| Drug: | Duloxetine | Escitalopram | Placebo |
| Dose: | 60 mg | 10 mg | NA |
| Duration: | 8 weeks and 8 months | 8 weeks and 8 months | 8 weeks and 8 months |
| Sample size: | 273 | 274 | 137 |
| INCLUSION: | 18 years old; diagnosed with MDD; MAD | DRS > 22 and CGI-S > 4; normal or clinic | cally unremarkable exam, lab and ECG |
| EXCLUSION: | Pregnant, lactation; primary Axis 1 disord psychotic disorders or Axis 2 disorder th resistant; ECT. | der other than MDD; ; previous diagnosi at might interfere; significant risk of suici | is bipolar, schizophrenia or other ide; substance dependence; treatment |
| OTHER MEDICATIONS/ INTERVENTIONS: | Chronic use of certain prescriptions such channel blockers if on stable dose for at | n as ACE inhibitors, alpha and beta bloc least 3 months | kers, anti-arrhythmics, and calcium |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: No Mean age: Duloxetine 41.1 escitaloprar Gender (female %): overall 65.2% dulo Ethnicity: Overall 77.6% Caucasian Du Other population characteristics: Me | m 43.3 placebo 42.5 oxetine 63.4% escitalopram 67.9% place loxetine 75.5% escitalopram 77.4% plac an HAM-D Duloxetine 17.6 escitalopram | ebo 63.5% cebo 82.5% n 17.8 placebo 17.7 |

| STUDY: | Authors: Perahia et al. ⁷² | | | |
|--------------------|---------------------------------------------------------------------------------|----------------------------------------|------------------------------------|--------------------------|
| | Year: 2008 | | | |
| | Country: Multinational | | | |
| FUNDING: | Eli Lilly | | | |
| DESIGN: | Study design: Pooled data from 2 RC | Ts | | |
| | Setting: Multicenter | | | |
| | Sample size: 667 | | | |
| INTERVENTION: | | | | |
| Drug: | Duloxetine | Venlafaxine | | |
| Dose: | 60 mg | 120 mg | | |
| Duration: | 12 weeks | 12 weeks | | |
| Sample size: | 330 | 337 | | |
| INCLUSION: | Male and female outpatients of at least | 18 years of age who met criteria | for MDD | |
| | | , , | | |
| | DSM IV Avia I diagnosis other than ME | D including dysthymia or any any | ioty disordor as a primary diago | sic within the year: any |
| EACEUSION. | provious diagnosis of bipolar disorder | schizophronia, or other psychotic | disordors: lack of rosponse of th | o current onisodo of |
| | MDD to at least two adequate sources | of antidopropaget thorapy or if the | investigator judged the patient | e current episode of |
| | troatmont resistant depression: and his | tory of lack of response to veniate | vine ventatavine extended releving | o meet chiena loi |
| | (seretonin and peropinophrine rountak) | a inhibitor): a sorious suicido risk i | the opinion of the investigator | or history of substance |
| | abuse or dependence | e minului), a senous suicide risk i | The opinion of the investigator | of history of substance |
| OTHER MEDICATIONS/ | | | | |
| | NK | | | |
| | Croups similar at baseling, No | 222 | | |
| | Mean and Dul 44 2 vo Von 41 6 D = | | | |
| CHARACTERISTICS: | Weah age: Dui 44.5 vs. ven 41.6 P = Conder (fomale 9/): $67^{9/}$ | 0.007 | | |
| | Ethnicity (Courseign 9/): 019/ | | | |
| | Other population observatoriation | | | |
| | Other population characteristics: | | | |

Major Depressive Disorder Adults

Evidence Table 1

| Authors: Perahia et al. | |
|-------------------------|----------------------------------------------------------------------------------------------------------------------|
| Year: 2008 | |
| Country: Multinational | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: GBR - "benefit" was defined by remission status at endpoint, and "risk" was defined by the |
| | occurrence and severity of adverse events |
| | Secondary Outcome Measures: HAM-A, CGI-S, PGI-S |
| | Timing of assessments: Baseline, weekly |
| RESULTS: | 6 weeks |
| | Response duloxetine 51.6%, venlafaxine 54.5% |
| | Remission duloxetine 31.4%, venlafaxine 35.2% |
| | 12 weeks |
| | Response duloxetine 62.6%, venlafaxine 69.1% |
| | Remission duloxetine 48.1%, venlafaxine, 50.3% |
| | |
| | Duloxetine 60 mg/day and venlataxine 150 mg/day as measured by GBR assessment |
| | at the end of 6 weeks (-1.418 vs1.079, $P = 0.217$) or 12 weeks (-0.349 vs0.121, $P = 0.440$), |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: |
| ATTRITION: | Overall Attrition: 20.1% |
| | Withdrawals due to adverse events: 9.1% |
| | Withdrawals due to lack of efficacy: 1.5% |
| | Differential Attrition: 6.4 |
| ADVERSE EVENTS: | AE during phase 2 Duloxetine vs. Venlafaxine |
| | Nausea 43.6* vs. 35.0 |
| | Headache 19.7 vs. 20.5 |
| | Dry mouth 17.3 vs. 18.7 |
| | Constipation 13.0 vs. 14.8 |
| | Hyperhidrosis 13.6 vs. 13.1 |
| | Dizziness 16.1° vs. 10.4 |
| | Liarmea 11.2 Vs. 9.5 |
| | |
| | Somnolence 10.0 vs. 7.7 |
| | Vecreased appetite 9.7 vs. 7.4 |
| | |
| | |
| | Abserved deserved 2.0 |
| | Abhonnaí dreams 5.2 VS. 3.0 Nacabhan ragitia 2.0 va. 2.0 |
| | Inasupharynynus 3.0 VS. 3.0 |
| | $ \begin{array}{c} \text{Opper respiratory inflection 5.9 vs. 2.4} \\ \text{Vouming 6.75 vs. 2.0} \\ \end{array} $ |
| | Tawiiii y 0.7 vs. 3.0 $P \leq 0.00$ |
| | |
| QUALITY RATING: | |
| | |

| Authors: Nieronhorg, Bigott and | |
|---------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Clayton | |
| Year: 2007 | |
| Country: USA | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Onset of efficacy HAM-D at 8 months and CSEQ |
| | Secondary Outcome Measures: HAM-D. HAM-A. CGI-S |
| | Timing of assessments: Baseline, weeks 1,2,3,4,6,8 |
| RESULTS: | Mean change Duloxetine vs. escitalopram v. placebo 8 weeks and 8 months |
| | HAM-D -7.61 (0.42) vs7.22 (0.40) vs5.97 (0.58) P < 0.05 Duloxetine vs. placebo and -10.55 (0.48) vs10.91 (0.45) vs8.06 (1.13) |
| | CGI-S -1.44 (0.08) vs. 1.36(0.07) vs1.08 (0.11) P < 0.01 Duloxetine vs. placebo and P < 0.05 Escitalopram vs. placebo and -2.17 ((0.09) vs2.20 (0.09) vs2.11 (0.22) |
| | HAM-A -5.49 (0.36)) vs -5.16 (0.34) vs4.32 (0.50) and -7.30 (0.44) vs7.92 (0.41) vs5.73 (1.03) Besponse HAM-D 48 7% vs. 45 3% vs. 36 9% |
| | Remission HAM-D 37% vs. 32% vs. 27% and 70% vs. 75% vs. NR |
| | 8 week incidence of treatment-emergent sexual dysfunction duloxetine 17/51 (33.3%) escitalopram; 19/39 (48.7%) placebo 4/24 (16.7%) (P = 0.01 escitalopram vs. placebo; P = 0.13 duloxetine vs. placebo) and at 8 |
| | months duloxetine 33.3% escitalopram 43.6% placebo 25% |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: NR |
| ATTRITION: | Loss to follow-up: 28% |
| | Withdrawals due to adverse events: Duloxetine 7.3%, escitalopram 5.1%, placebo 5.8% |
| | Withdrawals due to lack of efficacy: Duloxetine 3.3%, escitalopram 1.5%, placebo 5.1% |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Duloxetine vs. escitalopram v. placebo (%) 8 weeks and 8 months |
| | Nausea 23.8* ** vs. 12.0 vs. 8.8 and 29.3* vs. 14.2 vs. 10.2 |
| | Dry mouth 21.6* ** vs. 10.9 vs. 10.9 and 24.2* ** vs. 11.7 vs. 11.7 |
| | Headache 19.4 vs. 20.1 vs. 14.6 and 25.6* vs. 23.7 vs. 16.1 |
| | Diarrhea 11.7 vs. 12.0 vs. 8.0 and 13.2 vs. 17.5* vs.9.5 |
| | Dizziness 9.5 vs. 7.3 vs. 5.1 and 12.5 vs. 11.7 vs. 7.3 |
| | Constipation 8.4 vs. 5.8 vs. 5.8 and 11.0 vs. 8.4 vs. 6.6 |
| | Decreased appetite 8.1* vs. 4.7 vs. 2.2 and 8.1* vs. 5.1 vs. 2.2 |
| | Insomnia 8.1 vs. 7.7 vs. 6.6 |
| | Hyperhidrosis* 7.7 vs. 4.0 vs. 0.7 and 9.9* vs. 5.5 vs. 1.5 |
| | Vomiting 7.3* ** vs. 2.2 vs. 0.7 and 9.2* ** vs. 3.6 vs. 1.5 |
| | Somnolence 5.9 vs. 6.6 vs. 3.6 and 7.3 vs. 7.3 vs. 4.4 |
| | Nasopharyngitis 5.5 vs. 6.6 vs. 6.6 and 8.4 vs. 10.9 vs. 8.0 |
| | Yawning 5.5* ** vs. 2.2 vs. 0 and 5.9* ** vs. 2.2 vs. 0 |
| | Decreased libido 5.1 vs. 4.0 vs. 2.2 and 6.6 vs. 6.6 vs. 2.9 |
| | • Fatigue 5.1 vs. 6.2 vs. 8.0 and 8.1 vs. 9.9 vs. 8.8 |
| | Anxiety 4.4 vs. 2.9 vs. 5.8 and 5.5 vs. 3.6 vs. 5.8 |
| | Back pain NR and 5.5 vs. 5.5 vs. 3.6 |
| | Dyspepsia NR and 5.9 vs. 4.7 vs. 4.4 |
| | Anthralgia NR and 4.0 vs. 5.1 vs.3.6 |
| | Blurred vision NR and 5.9 vs. 3.3 vs. 2.2 Anorgasmia NR and 4.8* vs. 4.0 vs. 0 |
|-----------------|-------------------------------------------------------------------------------------------------------------|
| | Pain in extremity NR and 3.7 vs. 4.7* vs. 0.7 |
| | Increased weight NR and 2.6 vs. 5.5* vs. 0 |
| | Abnormal dreams NR and 4.8* vs. 1.8 vs. 0.7 |
| | Sedation NR and 4.0* vs. 1.8 vs. 0 |
| | Night sweats NR and 3.7** vs. 0 vs. 0.7 |
| | Migraine NR and 0.4 vs. 2.9** vs. 0.7 |
| | * P < 0.05 vs. placebo and ** P < 0.05 duloxetine vs. escitalopram |
| QUALITY RATING: | Fair |
| | |

Evidence Table 1 Major Depressive Disorder Adults

| STUDY: | <i>Authors:</i> Nieuwstraten C, et al. ⁷³ Year: 2001 |
|---------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|
| | Country: Canada |
| FUNDING: | Not reported |
| DESIGN: | Study design: Meta-analysis |
| | Number of patients: 1332 |
| AIMS OF REVIEW: | To assess the benefits and risks of bupropion vs. SSRIs in major depression |
| STUDIES INCLUDED IN META- ANALYSIS | Kavoussi RJ et al. 1997, Segraves RT, et al. 2000, Weihs KL, et al. 2000, Croft H, et al. 1999, ColemanCC, et al. 1999, Feighner JP, et al. 1991 |
| TIME PERIOD COVERED: | 1966-1999 |
| CHARACTERISTICS OF INCLUDED STUDIES: | RCTs, study durations: 6-16 weeks, median 7 weeks |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Age: 36 to 70 yrs; proportion of females: 48.0% to 61.8% |

| Authors Nieuwstraten C, et al. Year: 2001 Country: Canada | |
|-----------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CHARACTERISTICS OF INCLUDED INTERVENTIONS: | Bupropion vs. sertraline (3 trials), bupropion vs. paroxetine (1 trial), bupropion vs. fluoxetine (1 trial) |
| MAIN RESULTS: | Results of HAM-D scores and CGI-I scores could not be pooled due to the unavailability of data; the weighted mean differences of CGI-S and HAM-A scores were not significantly different between bupropion and SSRIs |
| ADVERSE EVENTS: | Nausea, diarrhea, and somnolence occurred significantly less frequently in the bupropion group compared to the SSRI group RR: nausea: 0.6 (95%CI: 0.41-0.89), diarrhea: 0.31 (95%CI: 0.16-0.57), somnolence: 0.27 (95%CI: 0.15-0.48). Satisfaction with sexual function was significantly less in the SSRI group RR: 1.28 (95%CI: 1.16-1.41) |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | Yes |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Yes |
| QUALITY RATING: | Good |

| Evidence Table 1 | Major Depressive Disorder |
|---------------------------------------------|----------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Panzer MJ ⁷⁴ Year: 2005 Country: Multinational |
| FUNDING: | GSK |
| DESIGN: | Study design: Systematic review Number of patients: 7299 |
| AIMS OF REVIEW: | To assess medication response of SSRIs to other ADs in patients suffering from MDD with secondary anxious feature |
| STUDIES INCLUDED IN REVIEW | 28 studies |
| TIME PERIOD COVERED: | Not reported |
| CHARACTERISTICS OF INCLUDED STUDIES: | Double blinded, comparative trials of SSRIs to other types of ADs |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Adult in- and outpatients with MDD as the primary diagnosis with anxious tendencies but not anxiety as a comorbidity |

| Authors: Panzer MJ Year: 2005 | |
|----------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CHARACTERISTICS OF INTERVENTIONS: | SSRIs vs. bupropion (7 studies); mirtazapine vs. SSRIs or amitriptyline (5 studies including 1 meta-analysis); TCAs vs. SSRIs (3 studies); SSRIs vs. SSRIs (2 studies); bupropion vs. TCAs (3 studies); nefazadone vs. TCAs or SSRIs (4 studies); venlafaxine vs. trazadone or SSRIs (4 studies) |
| MAIN RESULTS: | SSRIs have not been shown to be more effective than TCAs in the treatment of anxious depression Limited evidence that mirtazapine, bupropion and nefazadone may be superior to SSRIs |
| ADVERSE EVENTS: | Not reported |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | Yes- MedLine and PsychInfo |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Not reported |
| QUALITY RATING: | Fair |

| | 75 | | | |
|-----------------------------|------------------------------------------------------------------------------------------------------------------------|---------------------------------|--|--|
| STUDY: | Authors : Patris M, et al.' | | | |
| | Year: 1996 | | | |
| | Country: France | | | |
| FUNDING: | Not specifically stated, one authority | or is an employee of Lundbeck | | |
| DEGION | | | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: Multi-center (general pr | actices) | | |
| | Sample Size: 357 | | | |
| INTERVENTION: | | | | |
| Drug: | Citalopram | Fluoxetine | | |
| Dose: | 20 mg/d | 20 mg/d | | |
| Duration: | 8 weeks | 8 weeks | | |
| | | | | |
| INCLUSION: | Ages 21-73; met DSM III R criteria for unipolar depression with a score on MADRS of 22 or more | | | |
| | | | | |
| EXCLUSION: | Dysthymia; cyclothymia; decrease in MADRS > 20% from baseline during the run-in period; pregnancy; lactation; failure | | | |
| | to use contraception; alcohol or drug abuse within the past year; MAOI use within 2 weeks; severe somatic disease; | | | |
| | organic brain syndrome; schizophrenia; epilepsy; other neurological diseases; suicide risk; known hypersensitivity | | | |
| | | | | |
| OTHER MEDICATIONS/ | Benzos allowed; no other psychotropics allowed; "Drug treatment for concurrent somatic illness was limited as much as | | | |
| INTERVENTIONS: | possible"; high percentages of patients in both groups (83% and 81%) received concomitant medications; the use of non- | | | |
| | psychotropic medication was similar in the 2 groups | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye | Groups similar at baseline: Yes | | |
| | Mean age: 43.5 years; citalopra | m: 44, fluoxetine: 43 | | |
| | Gender (female%): citalopram: 79%, fluoxetine: 76% | | | |
| | Ethnicity: Not reported | | | |
| | Other population characteristics: Major depression single episode: citalopram: 42%, fluoxetine: 46%; recurrent | | | |
| | episodes: citalopram: 58%, fluoxetine: 54% | | | |

| Authors: Patris M, et al. | |
|---------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: France | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> Primary outcome: MADRS, secondary outcomes: HAM-D ₁₇ , CGI <i>Timing of assessments:</i> Baseline, 1, 2, 4, 6, 8 weeks |
| RESULTS: | No difference in mean MADRS score at endpoint or in mean change from baseline; mean change: citalopram: -20.7, fluoxetine: -19.4; responders (reduction in score from baseline > 50%) at endpoint: citalopram: 78 %, fluoxetine: 76 %; no statistical difference |
| ANALYSIS: | ITT: No Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 12.6; citalopram: 13.9%, fluoxetine: 11.4% Withdrawals due to adverse events: citalopram: 5.7%, fluoxetine: 2.2% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | No significant differences Reported at least one adverse event: citalopram: 50%, fluoxetine: 52% No difference in the global evaluation of the interference of adverse events with the patient's daily functioning: citalopram: 34%, fluoxetine: 33% |
| QUALITY RATING: | Fair |

| Evidence Table 1 | Major Depressive Disorder A | Adults | | |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|----------------|------------|
| STUDY: | Authors: Perhia et al. ⁷⁶ Year: 2006 Country: Multinational (Europe) | | | |
| FUNDING: | Eli Lilly and Company | | | |
| DESIGN: | Study design: RCT Setting: Multinational Sample size: 392 | | | |
| INTERVENTION: | | | | |
| Drug: | Placebo | Duloxetine 80 | Duloxetine 120 | Paroxetine |
| Dose: | NA | 80 mg | 120 mg | 20 mg |
| Duration: | 8 weeks | 8 weeks | 8 weeks | 8 weeks |
| Sample size: | 99 | 93 | 103 | 97 |
| INCLUSION: | Male and female outpatients > 18 years with MDD; CGI-S ≥ 4; HAM-D ≥ 15 | | | |
| EXCLUSION: | Axis 1 or anxiety disorder other than MDD as primary diagnosis; diagnosed with bi polar, psychosis or schizoaffective disorder; lack of response to 2 or mpre previous anti-depressants, during current MDD episode; serious suicide risk; substance abuse or dependence w/in last year or positive urine test; serious medical condition. | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Allowed non-prescription analgesics | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: Placebo 44.7, Duloxetine80 46.5, Duloxetine120 44.0, Paroxetine 45.8 Gender (female %): Placebo 65.7, Duloxetine80 66.7, Duloxetine120 74.8, Paroxetine 71.1 Ethnicity (Caucasian %): Placebo 100, Duloxetine80 100, Duloxetine120 100, Paroxetine 100 Other population characteristics: Baseline HAM-D Placebo 20.6, Duloxetine80 21.3, Duloxetine120 21.4, Paroxetine 21.0 | | | |

| Authors: Perahia et al. | | | | |
|-------------------------|------------------------------------------------------------------------------------------------------------------|--|--|--|
| Year: 2006 | | | | |
| Country: Multinational | | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: HAM-D | | | |
| | Secondary Outcome Measures: MADRS, HAM-A, SDS, SSI, ASEX | | | |
| | Timing of assessments: Baseline, 1,2,4,6,8 | | | |
| RESULTS: | At end point 8 weeks, Placebo vs. Duloxetine80 vs. Duloxetine120 vs. Paroxetine | | | |
| | • HAM-D -10.8 (0.5) vs12.1 (0.5) vs12.4 (0.5) vs11.9 (0.5) | | | |
| | • HAM-A -9.3 (0.5) vs10.5 (0.5) vs10.5 (0.5) vs10.6 (0.6) | | | |
| | • CGI-S -1.7 (0.1) vs2.0 (0.7) vs2.0 (0.1) vs2.1 (0.1) | | | |
| ANALYSIS: | ITT: Yes | | | |
| | Post randomization exclusions: Yes 1 | | | |
| ATTRITION: | Loss to follow-up: Overall 43 (11%) Placebo 9 (9%) Duloxetine80 10 (10.8%) Duloxetine120 13 (12.6%) Paroxetine 9 | | | |
| | (9.3%) | | | |
| | Withdrawals due to adverse events: Placebo 1%. Duloxetine80 2.2% Duloxetine120 1.8%. Paroxetine 1% | | | |
| | Withdrawals due to lack of efficacy: Placebo 4%. Duloxetine80 3.2% Duloxetine120 1.9%. Paroxetine 1% | | | |
| | Loss to follow-up differential high: No | | | |
| ADVERSE EVENTS: | TEAEs Placebo vs. Duloxetine80 vs. Duloxetine120 vs. Paroxetine (%) | | | |
| | Nausea 1 vs. 6.5 vs. 8.7 vs. 6.2 | | | |
| | Insomnia 0 vs. 3.2 vs. 5.8 vs. 6.2 | | | |
| | • Headache 6.1 vs. 2.2 vs. 4.9 vs. 5.2 | | | |
| | Constipation 5.1 vs. 4.3 vs. 3.9 vs. 2.1 | | | |
| | • Dry mouth 1.0 vs. 3.2 vs. 2.9 vs. 3.1 | | | |
| | • Somnolence 0 vs. 1.1 vs. 2.9 vs. 5.2 | | | |
| | • Vomiting 0 vs. 1.1 vs. 2.9 vs. 2.1 | | | |
| | • Tachycardia 1.0 vs. 0 vs. 2.9 vs. 1.0 | | | |
| QUALITY RATING: | Fair | | | |
| | | | | |

| Evidence Table 1 | Major Depressive Disorder Ad | ults | | |
|----------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|--|--|
| STUDY: | Authors: Rapaport ME, et. al. ⁷⁷ Year: 1996 Country: US | | | |
| FUNDING: | Solvay Pharmaceuticals, Upjohn | | | |
| DESIGN: | Study design: RCT Setting: Multi-center (6 sites) Sample size: 100 | | | |
| INTERVENTION: Drug: Dose: Duration: | Fluvoxamine 100-150 mg/d 7 weeks | Fluoxetine 20-80 mg/d 7 weeks | | |
| INCLUSION: | Male and female outpatients; 18-65 years; met DSM-III-R criteria for MDD; minimum HAM-D (21-item) score of 20; minimum score of 2 on the depressed mood item | | | |
| EXCLUSION: | Any primary DSM-IV Axis I disorder diagnosis other than MDD; acute suicidality; unstable medical conditions; history of seizure; had been treated with study medications; history of substance abuse or dependence; pregnancy and lack of appropriate birth control for women of child-bearing age | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Chloral hydrate | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: fluoxetine: 38.6; fluvoxamine: 40.0 Gender (% female): fluoxetine: 63.2; fluvoxamine: 62 Ethnicity: 95% white; 5% other; fluoxamine 98% white, fluvoxamine 92% white Other population characteristics: NR | | | |

| Authors: Rapaport ME, et al. Year: 1996 | |
|--------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: US | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> HAM-D-21, HAM-A, CGI-S, Raskin–Covi Scale, Hopkins Symptom Checklist, TESS (Specific treatment- emergent signs and symptoms) Barnes Akathisia Scale, Modified Scale for Suicidal Ideation |
| | Timing of assessments: Primary outcome measures weekly; secondary outcome measures at baseline and endpoint |
| RESULTS: | No statistically significant differences between fluvoxamine and fluoxetine in all outcome measures |
| | Both drugs significantly improved scores on HAM-D (<10 for both groups at endpoint) |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes (7) |
| ATTRITION: | Loss to follow-up: 16% Withdrawals due to adverse events: 4% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Overall, no difference in the rate of adverse events were reported between fluvoxamine and fluoxetine and there were no differences in the average event severity (1.12 vs. 1.13; p = NR) Significantly more patients on fluoxetine than on fluvoxamine reported nausea (42.5% vs. NR; p = 0.03) Other frequent adverse events: headache: fluoxetine 53%, fluvoxamine 50% (p not significant) vomiting: fluoxetine 13%, fluvoxamine 4% (p not significant) daytime agitation: fluoxetine 47%, fluvoxamine 32% (p not significant) |
| QUALITY RATING: | Fair |

| STUDY: | Authors: Rudolph RL. et | t al. ⁷⁸ | | |
|--------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|---------|----------------------------|
| | Year: 1999 | | | |
| | Country: US | | | |
| FUNDING: | Wyeth-Ayerst Research | Wyeth-Ayerst Research | | |
| | | | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: Multi-center | | | |
| | Sample size: 301 | | | |
| INTERVENTION: | | | | |
| Drug: | Venlafaxine XR | Fluoxetine | Placebo | Initial dosage |
| Dose: | 75-225 mg/d | 20-60 mg/d | N/A | could be |
| Duration: | 8 weeks | 8 weeks | 8 weeks | increased after 2 weeks |
| INCLUSION: | ≥ 18 years of age; met DSM-IV criteria for MDD; symptoms of depression for one month or more before study; pre-study and baseline score of > 20 on the 21 item HAM-D | | | |
| | | | | |
| EXCLUSION: | Known hypersensitivity to either drug; specified medical conditions; bipolar disorder; psychotic disorder not associated | | | |
| | with depression; drug or alcohol abuse; pregnant or lactating | | | |
| OTHER MEDICATIONS/ | Chloral hydrate for sleep | | | |
| INTERVENTIONS: | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | | |
| For ITT population (not reported for | Mean age: 40 | | | |
| whole population) | Gender (female%): venlafaxine: 73%, fluoxetine: 69%, placebo: 64% | | | |
| | Ethnicity: Not reported | | | |
| | Other population characteristics: No statistically significant differences between groups in baseline mean 21-HAMD | | | |
| | scores, mean MADRS scores, or duration of the current episode of depression; 24% used fluoxetine in past and 2% | | | |
| | used veniataxine in past | | | |

| Authors: Rudolph RL, et al. | |
|-----------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 1999 | |
| OUTCOME ASSESSMENT | Measures: HAMD-21 MADRS (GL HAM-A) |
| | Timing of assessments: Weeks 1, 2, 3, 4, 6, 8 |
| | |
| RESULIS: | No significant difference between veniataxine and fluoxetine treatment on the 21-HAMD or MADRS at endpoint in the LOCF analysis |
| | At endpoint in the LOCF analysis, venlafaxine patients showed a significant difference from placebo in the MADRS, CGI, and HAM-D depressed mood item |
| | Fluoxetine patients only showed a significant difference in the HAM-D depressed mood item |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 23%; venlafaxine: 19%, fluoxetine: 28%, placebo: 21% |
| | Withdrawals due to adverse events: venlafaxine: 6%, fluoxetine: 9% |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Venlafaxine patients experienced significantly more dizziness and nausea than fluoxetine or placebo patients (p < |
| | 0.00) Venlafavine and fluovetine natients experienced significantly more asthenia and tremor than placebo patients |
| | |
| QUALITY RATING: | Fair |
| | |

| STUDY: | Authors: Rush AJ, et al. ⁷⁹ Year: 1998 Country: US and Canada | | | |
|--------------------------------------|-----------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|---------------------------------------------------------|
| FUNDING: | Bristol Myers Squibb, Seay Cen | ter for Research (UT Southwester | n), NIMH | |
| DESIGN: | Study design: Pooled analysis Setting: Multi-center Sample size: 125 | from 3 RCTs: Gillin 1997, ⁸⁰ Armita | ge 1997, ⁸¹ Rush 1998 ⁷⁹ | |
| INTERVENTION: | | | | |
| Drug: | Nefazodone | Fluoxetine | | |
| Dose: | 200-500 mg/d | 20-40 mg/d | | |
| Duration: | 8 weeks | 8 weeks | | |
| INCLUSION: | Outpatient; ages 19-55; non-psy at least one of the following slee basis; waking up during the nigh | chotic moderate to severe MDD b p disturbances as part of their dep it inability to fall asleep again after | y DSM-III-R criteria; minimum scor pression symptoms: difficulty falling getting out of bed | e of 18 on HAM-D ₁₇ ; asleep on a nightly |
| EXCLUSION: | Engaged in shift work; independ conditions; DSM IIIR criteria for pregnant, lactating or not using | ent sleep/wake disorders on polys substance abuse disorders within contraception | omnography; significant concurren the year prior to study; other major | t general medical Axis I disorders; |
| OTHER MEDICATIONS/ INTERVENTIONS: | Not reported | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: No Age: 36.5; nefazodone: 36, fluo | o; more people in their second or n xetine: 37 | nore depressive episode in fluoxeti | ne group |
| | Gender (% female) nefazodone | : 59%, fluoxetine: 70% | | |
| | Ethnicity: nefazodone: 78% wh | ite, 9% black, 0% Asian, fluoxetine | e: 85% white, 7% black, 5% Asian | |
| | Other population characterist | ics: Not reported | | |

| Authors: Rush AJ, et al. | |
|--------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Voar: 1008 | |
| Country: US and Canada | |
| | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> HAM-D ₁₇ , IDS-C and IDS-R, CGI, sleep quality as measured by HDRS Sleep Disturbance Factor and IDS-C and IDS-SR sleep factors and EEG measures |
| | <i>Timing of assessments:</i> Baseline, weeks 1, 2, 3, 4, 6, 8 |
| RESULTS: | No difference in efficacy between groups as measured by change in HAM-D17 |
| | Response (< 10 on HAMD17): nefazodone: 47%, fluoxetine: 45% |
| | On EEG: increased sleep efficiency, decreased awakenings and decreased % AMT (awake and moving time) for nefazodone as compared to fluoxetine |
| | Also significant differences on sleep disturbance factors of the HAM-D and IDS-C and IDS-SR favoring nefazodone over fluovetine |
| | |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 17% |
| | Withdrawals due to adverse events: nefazodone 9%, fluoxetine 8% |
| | Loss to follow-up differential high: Not reported |
| ADVERSE EVENTS: | No statistical comparisons reported |
| | |
| QUALITY RATING: | Fair |
| | |

| STUDY: | <i>Authors:</i> Schatzberg et al. ⁸² <i>Year:</i> 2002 | | | |
|-----------------------------|----------------------------------------------------------------------|---------------------------------------|----------------------------------------|-----------------------|
| | Country: US | | | |
| FUNDING: | Organon Pharma | | | |
| DESIGN: | Study design: RCT Setting: Multi-center Sample size: 255 | | | |
| INTERVENTION: | | | | (there was |
| Drua: | Mirtazapine | Paroxetine | | extension phase |
| Dose: | 15-45 ma/d | 20-40 mg/d | | to 16 weeks but |
| Duration: | 8 weeks | 8weeks | | only included |
| | | | | subjects who had |
| | | | | favorable |
| | | | | response during |
| | | | | the first part of the |
| | | | | study) |
| INCLUSION: | Minimum age of 65 years; DSM | IV criteria for single or recurrent M | DD; MMSE score > 25% for age a | and education; |
| | minimum score of 18 on HAM-D | 17 | | |
| | | | | |
| EXCLUSION: | HAMD decrease > 20% betweer | screening and baseline; untreate | d or unstable clinically significant i | medical condition or |
| | lab/physical exam abnormality; h | istory of seizures; recent drug or a | alcohol abuse or any principal psyc | chiatric condition |
| | other than MDD; presence of ps | ychotic features; suicide attempt in | current episode; use of MAOI wit | hin 2 weeks, or |
| | other psychotropics or herbal tre | atments within 1 week; use of pare | oxetine or mirtazpine for the currei | nt episode; ECT |
| | therapy within 6 months; use of | reatment for memory deficits; prio | r intolerance or lack of efficacy to | mirtazapine or |
| | paroxetine in the past, patients v | who failed more than one adequate | e that of an antidepressant for the | current episode |
| OTHER MEDICATIONS/ | Chloral hydrate or zolpidem for s | leep induction: therapy for condition | ons like DM, hypothyroidism, high | blood pressure. |
| INTERVENTIONS: | chronic respiratory conditions wa | as allowed if they had been receivi | ng for at least 1 month prior to scr | eening visit |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye | s | <u> </u> | J |
| | Mean age: 72 | - | | |
| | Gender (% female): mirtazapine | : 50%, paroxetine: 53% | | |
| | Ethnicity: Not reported | , p | | |
| | Other population characteristi | cs: Not reported | | |

| Authors: Schatzberg et al. Year: 2002 | |
|------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: US | |
| OUTCOME ASSESSMENT: | Measures: HAM-D 17, CGI-S, CGI-I Timing of assessments: Baseline, weeks 1, 2, 3, 4, 6, 8 |
| RESULTS: | Mean Ham-D17 scores significantly lower with mirtazapine at weeks 1, 2, 3, 6 but no difference at 8 week endpoint Trend towards higher response and remission rates with mirtazapine but only significant difference at 2 weeks (response) and 6 weeks (remission) Time to response: mirtazapine mean 26 days, paroxetine 40 days, p =016 for Kaplan-Meier plot comparing the two No difference in CGI Improvement response |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 26.8% Withdrawals due to adverse events: 20.4%; mirtazapine 14.8%, paroxetine 26.2% (p < 0.05) Loss to follow-up differential high: Moderate |
| ADVERSE EVENTS: | Frequency of treatment related adverse events: mirtazapine: 79.7%, paroxetine: 82.5% Significant differences: dry mouth: mirtazapine 26.6%, paroxetine 10.3%; weight gain: mirtazapine 10.9%, paroxetine 0%; nausea: mirtazapine 6.3%, paroxetine19.0% |
| QUALITY RATING: | Fair |

| STUDY: | Authors: Schöne W, et al. ⁸³ Year: 1993 | | | |
|--------------------------------------|---------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------|
| FUNDING: | SmithKline, Beecham | | | |
| DESIGN: | Study design: RCT Setting: Geriatric outpatients at Sample size: 108 | 6 centers in Austria and Germany | | |
| INTERVENTION: | | | | |
| Drug: | Paroxetine | Fluoxetine | | |
| Dose: | 20-40 mg/d | 20-60 mg/d | | |
| Duration: | 6 weeks | 6 weeks | | |
| INCLUSION: | Age 65 or greater; met DSM-IIR | for MDD; HAM-D₂1 score ≥ 18 at b | aseline | |
| EXCLUSION: | Severe physical illness (not spec of alcohol; receipt of ECT within patients whose baseline HAM-D | cified further); senile dementia; sch prior 3 mos.; MAOI or oral neurole improved by > 20% or whose scor | izophrenia or organic brain syndro ptics within 14 days; depot neurole e was < 18 after placebo run-in we | me; known abusers eptics with 4 wks.; ere also excluded |
| OTHER MEDICATIONS/ INTERVENTIONS: | Prohibited psychotropic meds ex reported. | cept temazapam for sleep. Other a | allowed nonpsychotropic medication | ons not specifically |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye | S | | |
| | Mean age: 74; paroxetine: 74.3, | fluoxetine: 73.7 | | |
| | Gender (% female): 87%, parox | etine: 83%, fluoxetine: 90% | | |
| | Ethnicity: Not reported | | | |
| | episode > 12 months: paroxetine | cs: History of prior depression: pai e: 24%, fluoxetine: 27% | roxetine: 94%, fluoxetine: 88%; du | ration of present |

| Authors: Schöne W, et al. | |
|---------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 1993 | |
| Country: Germany | · |
| OUTCOME ASSESSMENT: | Measures: HAM-D 21, MADRS, CGI |
| | Timing of assessments: Days 7, 21, 42 |
| RESULTS: | No significant difference in mean changes on HAM-D score |
| | HAM-D responders at week 6 (i.e. reduction > 50% from baseline HAM-D₂₁): paroxetine: 37.5%, fluoxetine: 16% (p = 0.03) MADRS: no significant difference in mean change scores between groups |
| | MADRS responders at week 6 (i.e. reduction > 50% from baseline MADRS): paroxetine 37.5%, fluoxetine 17.5%, (p = 0.04) |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: Not reported |
| | Withdrawals due to adverse events: 12%; paroxetine: 11.1%, fluoxetine: 13.5% |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | No significant differences between paroxetine and fluoxetine on overall incidence of adverse events or of any specific adverse event |
| QUALITY RATING: | Fair |

| STUDY: | Authors: Sechter D, et al. ⁸⁴ Year: 1999 | | | |
|--------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------|
| | Country: France | | | |
| FUNDING: | Pfizer France | | | |
| DESIGN: | Study design: RCT Setting: Multi-center (45 private Sample size: 234 | psychiatrists) | | |
| INTERVENTION: | | | | |
| Drug: | Sertraline | Fluoxetine | Mean daily dose: | |
| Dose: | 50-150 mg/d | 20-60 mg/d | Sertraline: 76.5 mg/d | |
| Duration: | 24 weeks | 24 weeks | Fluoxetine: 33.6 mg/d | |
| INCLUSION: | ≥ 18-65 yrs; DSM-III criteria for r | najor depression; HAM-D-17 \geq 20 | | |
| EXCLUSION: | History of psychosis; organic me within 1 month; drug/alcohol dep anticoagulant; serotonergic drug failure on three or more antidepr | ntal disorder; bipolar disorder; per endence; pregnancy/lactation; clir s; MAOI; lithium; alpha methyldop essants | sonality disorder; suicidal; psychoa nically significant medical diseases a; drug sensitivity or lactose intoler | active drugs; ECT /abnormalities; rance; previous |
| OTHER MEDICATIONS/ INTERVENTIONS: | Not reported | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye | S | | |
| | Mean age: sertraline: 43.4, fluox | etine: 42.5 | | |
| | Gender (% female): sertraline: 6 | 6.7%, fluoxetine: 68.1% | | |
| | Ethnicity: Not reported | | | |
| | Other population characteristi | cs: Patients with first depressive e | episode: sertraline: 27.4%, fluoxetir | ne: 21.0% |

| Authors: Sechter D, et al. Year: 1999 | |
|------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: France | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> HAM-D, CGI-I, CGI-S, Covi, Sickness Impact Profile, HAD scores, Leeds Sleep Evaluation <i>Timing of assessments:</i> Baseline, weeks 2, 4, 8, 12, 18, 24 |
| RESULTS: | At study endpoint both treatment groups had significant improvements over baseline on all efficacy variables (p < 0.001) There were no significant differences between study groups in outcome measures (HAM-D, CGI, Covi) at any point in time; the magnitude of changes was higher for sertraline. Response was observed in 74% in sertraline patients versus 64% in fluoxetine patients on HAM-D The Leeds Sleep Evaluation Scale showed a trend favoring sertraline but no significant difference compared to fluoxetine Both treatments showed significant improvements in SIP SIP sub scores showed significant greater improvements for sertraline relating to sleep and rest (p = 0.04), emotional behavior (p = 0.04), and ambulation (p = 0.05) |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 29.2%; sertraline: 24.7%, fluoxetine: 33.6% Withdrawals due to adverse events: sertraline: 6%, fluoxetine: 10% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | There were no significant differences in the incidence of adverse events between treatment groups Most common adverse event: nausea: sertraline: 23%, fluoxetine: 17% |
| QUALITY RATING: | Fair |

| STUDY: | Authors: Segraves, et al. ⁸⁵ Year: 2000 Country: US | | | |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|
| FUNDING: | Glaxo Wellcome Inc | | | |
| DESIGN: | Study design: RCT Setting: Multi-center Sample size: 248 | | | |
| INTERVENTION: | | | | |
| Drug: | Sertraline | Bupropion SR | | |
| Dose: | 50-200 mg/d | 100-300 mg/d | | |
| Duration: | 16 weeks | 16 weeks | | |
| INCLUSION: | DSM-IV diagnosis of moderate t ≥ 18 years of age; in a stable rela weeks | o severe depression with minimur ationship, have normal sexual fund | n duration of 4 weeks and max dur ctioning and sexual activity at least | ration of 24 months; once every 2 |
| EXCLUSION: | Predisposition to seizure or takin pregnant, lactating or unwilling to tendencies; prior treatment with MAOI or protriptyline or 4 weeks | g med that lowers seizure thresho b take contraceptives; history of all bupropion or sertraline; used any p for fluoxetine or any investigation | ld; history or current diagnosis of a cohol or substance abuse; eating c osychoactive drug within 1 week of al drug); prior treatment with bupro | anorexia or bulimia; lisorder; suicidal f study (2 weeks for pion or sertraline |
| OTHER MEDICATIONS/ INTERVENTIONS: | None reported | | | |

| Authors Correyas at al | |
|-----------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Authors: Segraves et al. | |
| Year: 2000 | |
| Country: US | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes |
| | Mean age: sertraline: 40 bupropion: 39 |
| | Gender (% female): sertraline: 48%, bupropion SR: 48% |
| | <i>Ethnicity:</i> (% white) sertraline: 94%, bupropion SR: 93% |
| | Other population characteristics: No significant differences in diagnosis |
| OUTCOME ASSESSMENT: | <i>Measures:</i> Sexual function assessment, Sexual desire disorder, Sexual arousal disorder, Orgasm dysfunction, Premature ejaculation (men only), patient rated overall sexual satisfaction on 6 point Likert scale <i>Timing of assessments:</i> Baseline, weeks 1, 2, 3, 4, 6, 8, 12, 16 |
| RESULTS: | Significantly more sertraline patients developed one of the following sexual dysfunctions compared to bupropion SR patients: sexual arousal disorder, orgasm dysfunction, or premature ejaculation (men only); (men: 63% and 15%, respectively, p < 0.001; women: 41% and 7%, respectively, p < 0.001) Beginning on day 21 and continuing throughout the study, significantly more bupropion SR-treated patients were satisfied with their overall sexual functioning compared with sertraline-treated patients |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 31.5%; bupropion SR: 29%, sertraline: 34% Withdrawals due to adverse events: 1.6%; bupropion SR: 0%, sertraline: 1.6% Loss to follow-up differential high: Yes |
| ADVERSE EVENTS: | Not reported |
| QUALITY RATING: | Fair |
| | |

| Evidence Table 1 | Major Depressive Disorder Adults | | | |
|--------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|--|--|
| STUDY: | Authors: Shelton R, et al. ⁸⁶ Year: 2006 Country: USA | | | |
| FUNDING: | Pfizer Inc. | Pfizer Inc. | | |
| DESIGN: | Study design: RCT Setting: Multicenter Sample size: 160 | | | |
| INTERVENTION: | • | | | |
| Drug: Dose: Duration: | Sertraline 150 mg 8 weeks | Venlafaxine XR 225 mg 8 weeks | | |
| Sample size: | 82 | 78 | | |
| INCLUSION: | Male and female outpatients; 18 or older; diagnosed with MDD, single episode or recurrent, w/o psychotic features; 18 or more on HAM-D; 2 or more on item 1 (depressed mood) | | | |
| EXCLUSION: | Current or past diagnosis of bipolar; current diagnosis of dementia, delirium, substance abuse in past 6 months or schizoid, schizotypal, borderline personality; previous non-response to sertraline or venlafaxine or 2 Ads in current episode, AD within 2 weeks (fluoxetine 4 wks); score of 3 or 4 on HAM-D suicide item; ECT within 30 days; presence of serious and/or unstable medical condition; abnormal baseline lab findings; impaired hepatic function; pregnant or nursing; history of seizure disorder. | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Zolpidem or zopiclone for sleep | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes except sertraline older (41.2) then Venlafaxine patients (37.2) Mean age: 39.3 Gender (female %): 61 Ethnicity: 84% white, 8% African American, 1% Asian, 7% other Other population characteristics: Single episode 49%, recurrent 51% | | | |

| Authors: Shelton et al | |
|------------------------|--------------------------------------------------------------------|
| Year:2006 | |
| Country: USA | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: 0-LES-0 |
| | Secondary Outcome Measures: HAMD CGLS CGLI and HAM-A |
| | Timing of assessments: Baseline, weeks 123468 and 10 |
| RESULTS: | Sertraline vs. Venlafaxine |
| | $- O_{-1} = S_{-0} = 0 + 0 + 0 + 0 + 0 + 0 + 0 + 0 + 0 + 0$ |
| | $= HAM D_1 0.8(6.1) v_{5.0} 7(6.1)$ |
| | Despense 55% vs 65% Demission 38% vs 40% |
| | • Response 55% vs 05%. Retrinsion 50% vs 45% |
| | • CGI-5 2.0 (1.1) vs. 2.4 (1.1), CGI-1 2.3 (1.1) vs. 2.0 (1.1) |
| | • HAM-A 9.1 (5.4) VS. 8.2 (5.7) |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: 2 |
| ATTRITION: | Loss to follow-up: 19% overall 23% sertraline and 14% venlafaxine |
| | Withdrawals due to adverse events: 4 (1 sertraline, 3 venlafaxine) |
| | Withdrawals due to lack of efficacy: NR |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Sertraline vs. Venlafaxine |
| | • None 20% vs. 21% |
| | Headache 22% vs. 32% |
| | • Nausea 17% vs. 17%, diarrhea 31% vs. 25% |
| | Insomnia 26% vs. 20% |
| | Sexual side effects 31 vs. 23% |
| QUALITY RATING: | Fair |
| | |

| STUDY: | Authors: Silverstone PH et al. Year: 1999, 2001 (subgroup and Country: Canada | 87, 88 alysis) | | |
|--------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------|-----------------------------------------|-----------------|
| FUNDING: | Wyeth-Ayerst Research | | | |
| DESIGN: | Study design: RCT Setting: Multi-center Sample size: 368 | | | |
| INTERVENTION: | | | | |
| Drug: | Venlafaxine XR | Fluoxetine | Placebo | |
| Dose: | 75-225 mg/d (Could be | 20-60 mg/d (Could be | N/A | |
| Duration: | increased to 150 mg/d on day | increased to 40 mg/d on day | 12 weeks | |
| | 14 and 225 mg/d on day 28) | 14 and 60 mg/d on day 28) | | |
| | 12 weeks | 12 weeks | | |
| INCLUSION: | 18 years or older; met DSM-IV o 8 on the COVI scale; depression | riteria for major depression; score n for 1 month before the study | e of 20 on first 17 items of the 21 ite | HAM-D; score of |
| EXCLUSION: | Pregnant women; history of significant illness; suicidal tendencies; other psychiatric or psychotic disorders not associated with depression; history of drug or alcohol abuse; use of investigational drug or ECT therapy within 30 days; | | | |
| | history of seizures; taken other a | antidepressant or antipsychotic with | thin 7 days of baseline | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Chloral hydrate or zoplicone for | sleep; cisapride for nausea. | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye | es | | |
| | Mean age: placebo: 41.6, venla | faxine: 41.1, fluoxetine: 43.2 | | |
| | Gender (female%): venlafaxine: | 64%, fluoxetine: 60%; placebo: 5 | 7.6 | |
| | Ethnicity: Not reported | | | |
| | Uther population characterist | ics: Subgroup analysis: Patients v | vitn GAD (n = 92) | |

| Authors: Silverstone PH, et al. | |
|-----------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 1999, 2001 | |
| <i>Country:</i> Canada | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> 21 item HAM-D, HAM-A, the Covi Scale, Hospital Anxiety and Depression scale, CGI scale |
| Response: 50% decrease in HAMD or | <i>Timing of assessments:</i> Baseline, days 7, 14, 21, 28, 42, 56, 84 |
| HAMA score of 1 or 2 on CGII | |
| Remission Score < 8 on HAMD | |
| RESULTS: | No statistical comparisons between fluoxetine and venlafaxine (just placebo) |
| | HAM-D scores in the venlafaxine and fluoxetine groups dropped significantly when compared with placebo Venlafaxine had significantly more HAM-A responders at week 12 than fluoxetine |
| | The HAM-D remission rate in the venlafaxine group was significant compared to placebo at weeks 3, 4, 6, 8, 12 & final |
| | • The HAM-D remission rate in the fluoxetine group was significant compared to placebo at weeks 8, 12, & final Subgroup analysis: |
| | There were no significant differences in outcome measures between the active treatment groups (compared to placebo) |
| | Patients in the venlafaxine group but not in the fluoxetine group showed a significant decrease in HAM-D and HAM-A scores compared to placebo (p < 0.05) |
| | Onset of action seemed to be slower in patients with GAD compared to patients without |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 32%; venlafaxine xr; 29%, fluoxetine; 26%, placebo; 40% |
| | Withdrawals due to adverse events: venlafaxine xr: 10%, fluoxetine: 7% Loss to follow-up differential high: No |
| | |
| ADVERSE EVENTS: | Significantly more dizziness (p < 0.001) and sweating (p < 0.05) occurred with venlafaxine than with fluoxetine |
| QUALITY RATING: | Fair |

| Evidence Table 1 | Major Depressive Disorder | | |
|-----------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Sir A, et al. ⁸⁹ | | |
| | Year: 2005 | | |
| | Country: Australia and Turkey | | |
| FUNDING: | Pfizer, Inc. | | |
| OBJECTIVE: | Test for differences between sertraline a | and venlafaxine XR on measures of QOL | and test for efficacy differences on |
| | measures of depressive symptoms and | tolerability, including discontinuation syn | nptoms |
| DESIGN: | Study design: RCT: 8 weeks on study | drug, then up to 2 weeks discontinuation | |
| | Setting: Clinics (Turkey 7 and Australia | 6) | |
| | Sample size: 163 | | |
| INTERVENTION: | | | |
| Drug: | Sertraline | Venlafaxine XR* | |
| Dose-mean(range): | 105.4(50-150)mg/day | 161.4(75-225)mg/day | |
| Duration: | 8 weeks | 8 weeks | |
| Sample size: | 79 | 84 | |
| INCLUSION: | Outpatients; 18 years or older; HAM-D 2 | 18; MDD single or recurrent according | to the DSM-IV |
| EXCLUSION: | History of bipolar disorder; any psychoti past 6 months; schizoid, schizotypal or allowed if they were secondary diagnos the current episode | c disorder; delirium; dementia; pregnanc borderline personality disorders; addition es; history of non-response to sertraline, | y; alcohol/drug abuse/dependence in al DSM IV axis I disorders were venlafaxine or 2 anti-depressants in |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | |
| INTERVENTIONS: POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes, but the | here was a small differences obvious in f | amily member diagnosis of |
| | affective disorder. | | , 3 |
| | Mean age: 37 | | |
| | Gender (% female): sertraline: 72.2%, | venlafaxine: 66.7% | |
| | Ethnicity (% white): sertraline: 96.2%, | venlafaxine: 100% | |
| | Other population characteristics: | | |
| | Baseline Q-LES-Q: sertraline: 55.3 +/- | 9.4, venlafaxine: 52.7 +/- 11.2 | |
| | Baseline HAM-D: sertraline: 23.4 +/-4.4 | 4, venlafaxine: 23.5 +/-4.4 | |
| | Baseline CGI-S: sertraline: 4.5 +/- 0.8, | venlataxine: 4.6 +/- 0.8 | |
| | Family member diagnosed with affec | tive disorder: sertraline: 42 (53.2%), ve | niataxine: 34 (40.5%) |

*Note: From here on venlafaxine refers to venlafaxine XR

| Authors: Sir A, et al. | | | |
|--------------------------------------|------------------------------------------------------------|----------------------------------------------|--------------------------------------------|
| Year: 2005 | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Q-LES-0 | Q | |
| | Secondary Outcome Measures: | | |
| | HAM-D, HAM-A, CGI-S, CGI-I, VAS | S for pain and depression, Endicott Work | Productivity Scale (EWPS), |
| | Antidepressant Discontinuation Sca | ale (ADDS) | |
| | Discontinuation emergence: any sy | mptom present in week 9 or 10 not prese | ent in first 8 weeks or that increased in |
| | severity during weeks 9 or 10. | | |
| | Timing of assessments: Baseline and | every week thereafter. | |
| RESULTS: | Efficacy | | |
| | Change in Q-LES-Q: Ser 16.8 <u>+</u> | 1.77 Ven 17.5 <u>+</u> 14.5 p = 0.74 | |
| | Change in HAM-D: Ser -15.9 <u>+</u> 0. | .95 Ven -14.3 <u>+</u> 0.94 p = 0.17 | |
| | Change in HAM-A: Ser -14.1 <u>+</u> 0. | .99 Ven -12.9 <u>+</u> 0.99 p = 0.32 | |
| | Mean CGI-S: Ser 2.0 <u>+</u> 1.22 Ven | 2.2 <u>+</u> 1.25 p = 0.45 | |
| | No significant difference exists in | terms of efficacy between venlafaxine an | id sertraline. |
| | Discontinuation | | |
| | Number of discontinuation-emerged | gent symptoms with frequency of >10% ve | s. other drug: venlafaxine 4, sertraline 0 |
| | Number of discontinuation-emerged | gent symptoms of at least moderate intens | sity that were more than twice as |
| | common as for the other drug: ve | enlafaxine 8, sertraline 1 | |
| | Discontinuation of sertraline asso | ciated with fewer discontinuation-emerge | ent symptoms than for discontinuation |
| | of venlafaxine. (Although not all | differences achieved statistical significand | ce, there is a clear trend.) |
| ANALYSIS: | ITT: Yes | | |
| | Post randomization exclusions: No | | |
| ATTRITION: | Overall | <u>Sertraline</u> | <u>Venlafaxine</u> |
| Loss to follow-up: | 23% | 16.5% | 29.8% |
| Withdrawals due to adverse events: | 6% | 3.8% | 8.4% |
| Withdrawals due to lack of efficacy: | NR | NR | NR |
| Loss to follow-up differential high: | No | | |
| ADVERSE EVENTS: | AE rates (n(%)) include those that | at were evident in taper- off period (2 addi | tional weeks following initial 8 weeks) |
| | which results in higher rates than | normally found. | |
| | Asthenia: Ser 21(26.6) Ven 21(25) | 5.6) | |
| | Headache: Ser 35(44.3) Ven 27(3) | 32.1) | |
| | Dry mouth: Ser 32(40.5) Ven 20(3) | 23.8) | |
| | Nausea: Ser 41(51.9) Ven 40(47. | .6) | |
| | Dizziness: Ser 26(32.9) Ven 22(2 | 26.2) | |
| | Insomnia: Ser 28(35.4) Ven 23(2) | 7.4) | |
| | Somnolence: Ser 17(21.5) Ven 2 | 2(26.2) | |
| | • Yawning: Ser 24(30.4) Ven 24(28 | 3.6) | |
| | • Sweating: Ser 25(31.6) Ven 18(2 | 1.4) | |
| QUALITY RATING: | Good | | |

| Evidence Table 1 | Major Depressive Disorder Adults |
|------------------|----------------------------------|
|------------------|----------------------------------|

| OTUDY | |
|-----------------------|------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Trkulja |
| | Year: 2010 |
| FUNDING: | |
| DESIGN: | Study design: Review and (Meta)-Analysis |
| | Number of patients: NR |
| | |
| AIMS OF REVIEW: | To evaluate clinical relevance of differences between escitalopram and citalopram (equimolar) for major depressive disorder. |
| STUDIES INCLUDED IN | 8 RCTs |
| REVIEW | |
| | |
| TIME PERIOD COVERED: | NR |
| | |
| | |
| CHARACTERISTICS OF | Double-blind, parallel group multicentric RCTs directly comparing escitalopram and citalopram in depression. No indirect or |
| INCLUDED STUDIES: | combined direct-indirect comparisons between treatments were intended. |
| | Duration: minimum 4 maximum 24 weeks |
| | |
| CHARACTERISTICS OF | aduit, otherwise nealthy, and mainly younger out-patients with MDD free of other psychopathology |
| INCLUDED POPULATIONS: | |
| | |

| Authors: Trkulja Year: 2010 | |
|-------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CHARACTERISTICS OF INTERVENTIONS: | escitalopram and citalopram |
| MAIN RESULTS: | Difference between ESC and CIT in response: Risk of response was higher with escitalopram at week 8 (RR=1.14; 95% CI, 1.04 to 1.26) but number needed to treat was 14 (95% CI, 7 to 111). Difference between ESC and CIT in symptom severity (MADRS score): MADRS reduction was greater with escitalopram at week 8 (WMD=-1.23; 95% CI, -2.19 to -0.27) |
| ADVERSE EVENTS: | Discontinuation due to AE or inefficacy: Pooled RR = 0.865 (95%CI=0.557,1.345,p=0.521) Discontinuation due to AE: Pooled RR=0.956 (95%CI=0.622,1.468,p=0.836) Discontinuation due to inefficacy: Pooled RR=0.582 (95%CI=0.201,1.681,p=0.317) The risk of discontinuation of treatment due to AE or inefficacy during the initial period of up to 8 weeks was slightly lower with escitalopram. |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | No |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Yes |
| QUALITY RATING: | Fair |

| STUDY: | Authors: Tylee A, et al. ⁹¹ Year: 1997 | | | |
|--------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|--|--|
| | Country: UK | | | |
| FUNDING: | Wyeth | | | |
| DESIGN: | Study design: RCT Setting: Multi-center (34 UK gene Sample size: 341 | eral practices) | | |
| INTERVENTION: | | | | |
| Drug: | Venlafaxine | Fluoxetine | | |
| Dose: | 75 mg/day, fixed dose | 20 mg/day, fixed dose | | |
| Duration: | 12 weeks + 7day post follow-up | 12 weeks + 7day post follow-up | | |
| INCLUSION: | ≥18 yrs; DSM-IV criteria for major depression; MADRS ≥ 19; depressive symptoms for more than 2 weeks | | | |
| EXCLUSION: | Use of study drugs within 1 month; history of psychosis; organic mental disorder; bipolar disorder; suicidal; psychoactive drugs ECT therapy within 1 month; drug/alcohol dependence; pregnancy/lactation; clinically significant medical diseases/abnormalities | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Not reported | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | | |
| | Mean age: venlafaxine: 43.5, fluo | xetine: 45.5 | | |
| | Gender (% female): venlafaxine: | 67.8%, fluoxetine: 74.7% | | |
| | Ethnicity: Not reported | | | |
| | Other population characteristics: CGI severity: | | | |
| | Mildly ill: venlafaxine: 8%, fluoxetine: 6%. | | | |
| | Moderately ill: venlafaxine: 66%, fluoxetine: 62%. | | | |
| | Markedly III: venlataxine: 21%, fluoxetine: 28%. | | | |
| | Severely III: ventataxine: 4%, fluo | keline: 4% | | |

| Authors: Tylee A, et al. Year: 1997 | |
|----------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: UK | |
| OUTCOME ASSESSMENT: | <i>Measures and timing of assessments:</i> MADRS, baseline, weeks 1, 3, 6, 8, 12, HAM-D, CGI: weeks 3, 6, 8, 12, Hospital Anxiety and Depression (HAD): weeks 3, 6, 12, patient sleep diary: first 3 weeks |
| RESULTS: | MADRS, HAM-D, and CGI scores decreased significantly for both treatment groups There were no significant differences between treatment groups Remission rate: (MADRS ≤ 6) venlafaxine: 35.4 %, fluoxetine: 34.1% Response rates: venlafaxine: 55.1%, fluoxetine: 62.8% No significant differences in effects on sleep |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 27%; venlafaxine: 27%, fluoxetine: 27% Withdrawals due to adverse events: venlafaxine: 21%, fluoxetine: 14% Loss to follow-up differential high: Yes |
| ADVERSE EVENTS: | No significant differences between study groups At least 1 adverse event: venlafaxine: 80.7%, fluoxetine: 71.8% Nausea: venlafaxine: 34.5%, fluoxetine: 18.2% Vomiting: venlafaxine: 12.9%, fluoxetine: 5.3% Headache: venlafaxine: 11.1%, fluoxetine: 17.1% Dizziness: venlafaxine: 11.1%, fluoxetine: 6.5% |
| QUALITY RATING: | Fair |

| Evidence Table 1 | Major Depressive Disorder Adults | | |
|--------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------|---------------|
| STUDY: | Authors: Ushiroyama T, et al. ⁹² Year: 2004 Country: Japan | | |
| FUNDING: | Not reported | | |
| DESIGN: | Study design: RCT Setting: University hospital clinic Sample size: 105 | | |
| INTERVENTION: | | | |
| Drug: Dose: | Fluvoxamine | Paroxetine | |
| Duration: | 3 months | 3 months | |
| Sample size: | 53 | 52 | |
| INCLUSION: | Perimenopausal women; met DSM-IV c | riteria for major depression; HAM-D <u>></u> 13 | 3 |
| EXCLUSION: | Serious organic or neurological disorder | ; current psychoactive drug use; alcohol | ism |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: yes Mean age: fluvoxamine: 51.1; paroxetin Gender (female %): 100 Ethnicity: 100% Japanese Other population characteristics: Age | ne: 51.4 e at menopause: fluvoxamine: 50.4; par | oxetine: 49.9 |

| Authors: Ushiroyama et al. | |
|----------------------------|-------------------------------------------------------------------------------------------------------------|
| Year: 2004 | |
| Country: Japan | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: |
| | Secondary Outcome Measures: |
| | Timing of assessments: |
| RESULTS: | Significant reduction in HAM-D and HAM-A scores in both groups; no significant differences between groups |
| | HAM-D at endpoint (fluvoxamine vs. paroxetine): 9.3 vs. 10.1; p=0.45 |
| | HAM-A at endpoint (fluvoxamine vs. paroxetine): 6.5 vs. 7.0; p=0.53 |
| | Reduction of VAS score at endpoint (fluvoxamine vs. paroxetine): 33.1 vs. 42.8; p=0.0338 |
| | • A significant difference observed in % change for hot flashes (fluvoxamine vs. paroxetine): -81.1 vs66.8; |
| | p<0.01 |
| ANALYSIS: | ITT: yes |
| | Post randomization exclusions: NR |
| ATTRITION: | Loss to follow-up: fluvoxamine: 18.9%; paroxetine: 30.8% |
| | Withdrawals due to adverse events: fluvoxamine: 9.4%; paroxetine: 5.8% |
| | Withdrawals due to lack of efficacy: NR |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | NR |
| QUALITY RATING: | Fair |
| | |

| Evidence Table 1 | Major Depressive Disorder Adults | | |
|--------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|--|
| STUDY: | Authors: Ventura D, et al. ⁹³ Year: 2007 | | |
| | Country: USA | | |
| FUNDING: | Forest Labs | | |
| DESIGN: | Study design: RCT | | |
| | Setting: Multicenter (8) | | |
| | Sample size: 212 | | |
| INTERVENTION: | | | |
| Drug: | Escitalopram | Sertraline | |
| Dose: | 10 mg | 50-200 mg (mean at wk 8 143.8 mg) | |
| Duration: | 8 weeks | 8 weeks | |
| Sample size: | 104 | 107 | |
| INCLUSION: | Male and female outpatients; 18-80 years; diagnosed with MDD, MADRS of at least 22 with normal lab values and | | |
| | negative pregnancy test. | | |
| EXCLUSION: | .Lactation; Axis disorder other than MDD, history of any psychotic disorder;; bipolar; schizopherenia; OCD; mental retardation or pervasive development disorder; substance abuse or dependency; posed suicide risk; personality disorder. Depot neuroleptic w/in 6 months, any nueroleptic, antidepressant, or anxiolytic w/in 2 weeks (fluoxetine 5 weeks). Previous trmt w/ Escitalopram or sertraline; previous trmt failure with 2 antideppressants; investigational study within 1 month or psychotropic drugs | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Zolpidem or zaleplon for sleep | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: Escitalopram 40.6 sertralin Gender (female %): Escitalopram 54.8 Ethnicity: Escitalopram 82.7 sertraline Other population characteristics: | e 38.1 3 sertraline 60.2 89.8% caucasian | |
| Authors: Ventura et al. | | | |
|-------------------------|-------------------------------------------------------------------------------------------------------------|--|--|
| Year: 2007 | | | |
| Country: USA | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: MADRS | | |
| | Secondary Outcome Measures: HAM-D, GGI-S, CGI-I, HAM-A, CES-D, and QOL scale | | |
| | Timing of assessments: Baseline, weeks 1,2,3,4,6,8 | | |
| RESULTS: | Change from baseline Escitalopram vs sertraline | | |
| | MADRS -19.1 (0.4) vs18.4 (0.9); HAM-D-16.9 (0.7) vs16.1 (0.8) | | |
| | • CGI-S -2.1 (0.7) vs2.1 (0.1) | | |
| | • Final CGI-I 1.8 (0.8) vs. 1.8 (0.1) | | |
| | Response MADRS 75% vs. 70% HAM-D 72% vs. 69% CGI-T ≤ 2 72% vs. 78% | | |
| | Remission MADRS <a> 10 58% vs. 58% HAM-D < 7 49% vs. 53% | | |
| ANALYSIS: | ITT: Yes | | |
| | Post randomization exclusions: 4 | | |
| ATTRITION: | Loss to follow-up: 14.5% overall15% escitalopram 14% sertraline | | |
| | Withdrawals due to adverse events: 2% escitalopram 4% sertraline Withdrawals due to lack of efficacy: NR | | |
| | | | |
| | Loss to follow-up differential high: No | | |
| ADVERSE EVENTS: | Escitalopram vs. sertraline (%) | | |
| | Diarrhea 13 vs. 23 | | |
| | Nausea 17 vs. 17 | | |
| | Insomnia 14 vs. 17 | | |
| | Libido decreased 10 vs. 14 | | |
| | Upper respiratory tract infection 10 vs. 14 | | |
| | Dry mouth 4 vs. 14 | | |
| | Headache 13 vs. 10 | | |
| | Somnolence 12 vs. 6 | | |
| | • Ejaculation disorder (11/47) 23 vs. (10/43) 23 | | |
| QUALITY RATING: | Fair | | |
| | | | |

| Evidence Table 1 | Major Depressive Disorder Adults | | |
|--------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------|--|
| STUDY: | Authors: Wade A, et al. ⁹⁴ Year: 2007 Country: Multinational (9 countries) | | |
| FUNDING: | H. Lundbeck A/S | | |
| DESIGN: | Study design: RCT Setting: Multicenter (35 general practice and psychiatric centers) Sample size: 295 | | |
| INTERVENTION: | | | |
| Drug: | Escitalopram | Duloxetine | |
| Dose: | 20 mg | 60 mg | |
| Duration: | 24 weeks | 24 weeks | |
| Sample size: | 144 | 151 | |
| INCLUSION: | MDD (current episode assessed with MINI) according to DSM IV-TR criteria; outpatients; aged 18-68 years; MADRS total score \geq 26 and CGI-S score \geq 4 at baseline | | |
| | DSM-IV-TR for bipolar disorder, psychotic disorder or features, current eating disorder, mental retardation, any pervasive developmental disorder or cognitive disorder, alcohol or drug-abuse related disorder within 12 months prior to baseline; serious suicide risk, based on investigator's clinical judgment, or score of ≥ 5 on item 10 of MADRS; receiving formal behavior therapy or systematic psychotherapy; pregnant or breastfeeding; history of lactose intolerance; hypersensitivity or non-response to citalopram, escitalopram or duloxetine; increased intra-ocular pressure or risk of acute narrow-angle glaucoma; taking (within 2 weeks of baseline) MAOI or RIMA, SSRIs, SNRIs, tricyclic antidepressants, tryptophan, psychoactive herbal remidies,, oral antipsychotic and anti-manic drugs; ECT (within 6 months); dopamine antagonists, anxiolytics, anticonvulsants, serotonergic agonists, narcotic analgesics, cardiac glycosides, type 1c anti-arrhythmics, oral anticoagulants, cimetidine, potent inhibitors of CYP2C19, CYP1A2 | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: escitalopram: 43.3; duloxet Gender (female %): escitalopram: 74. Ethnicity: escitalopram: 94.4%; duloxe Other population characteristics: | ine: 44.5 1%; duloxetine: 70.2% tine: 97.4% | |

| Authors: Wade A, et al. | | | | |
|--------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------|--|--|
| Year: 2007 | | | | |
| Country: | | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: MADRS (adjusted mean cha | ange from baseline) | | |
| | Secondary Outcome Measures: MADRS total score, HAM | 1-D-17, CGI-I, CGI-S, HAMA | | |
| | Timing of assessments: Baseline and after 1, 2, 4, 8, 12, 1 | 6, 20 and 24 weeks | | |
| RESULTS: | Mean change (at week 24) from baseline in MADRS to | otal scores (escitalopram vs. duloxetine): -23.4 vs21.7 (p | | |
| | = 0.055); mean change at week 8: -19.5 vs17.4 (p < | (0.05) | | |
| | After acute treatment (8 wks), 68.8% of escitalopram | vs. 57.5% duloxetine patients were responders (\geq 50% | | |
| | decrease in MADRS total score); p<0.05; proportion of | of remitters (MADRS \leq 12) was 56.0 % vs. 47.9% (p=NS) | | |
| | • After 24 weeks, 81.6% vs. 76.7% were responders (p | =NS); 73.0% vs. 69.9% were remitters (p=NS) | | |
| | HAM-D-17 total scores improved steadily from baselin separation (p<0.05) at weeks 1, 2, and 16 in favor of e | he to week 24 for both groups with statistically significant | | |
| | HAM-A total score at week 24 7 7 vs. 8 6 (n=NS) | socialopram | | |
| | No significant difference on any of the 8 subscales of | SF-36 | | |
| ANALYSIS: | ITT: Yes | | | |
| ANALI DIO. | Post randomization exclusions: Yes (8) | | | |
| | Loss to follow-up differential high: No | | | |
| ATTRITION: | Escitalopram | Duloxetine | | |
| Loss to follow-up: | 22.2% | 24.5% | | |
| Withdrawals due to adverse events: | 9% | 17.2% | | |
| Withdrawals due to lack of efficacy: | 4.9% | 1.3% | | |
| ADVERSE EVENTS | Adverse events with incidence of >5% (escitatonram vs. di | ulovetine) | | |
| ADVERGE EVENTO. | Overall: 77.6% vs. 74.8% | dioxetine) | | |
| | Nausea: 24 5% vs. 31 8% | | | |
| | Headache: 23.1% vs. 16.6% | | | |
| | πeauachte. 23.1% vS. 10.0% Dizzinooo: 0.1% vo. 15.0% | | | |
| | Dry mouth: 9 1% vs. 13.2% | | | |
| | Entique: 8.4% vs. 11.3% | | | |
| | Insomnia: 4.0% ys. 12.6% n < 0.05 | | | |
| | Nasopharyngitis: 10.5% vs. 7.3% | | | |
| | Diarrhea: 7.7% vs. 7.3% | | | |
| | Hyperbidrosis: 5.6% vs. 7.3% | | | |
| | • Hyperniarosis: 5.6% vs. 7.3% | | | |
| | volutionly: 0.0% VS. 1.3% Constitution: 2.8% vs. 8.6%: n<0.05 | | | |
| | Influenza: 6.3% vs. 3.3% | | | |
| | Dyspensia: 6.3% vs. 2.8% | | | |
| | Somnolence: 5 6% vs. 1.3% | | | |
| | Sexual dysfunction: 4.9% vs. 6.6%: n=NS | | | |
| | | | | |
| QUALITY RATING: | Fair | | | |
| | | | | |

| Evidence Table 1 | Major Depressive Disorder Adults | | | |
|--------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|--|--|
| STUDY: | Authors: Weihs KL, et al., Doraiswamy PM, et al. ^{95, 96} Year: 2000, 2001 Country: US | | | |
| FUNDING: | Glaxo Wellcome | | | |
| DESIGN: | Study design: RCT Setting: Multi-center Sample size: 100 | | | |
| INTERVENTION: | | | | |
| Drug: | Bupropion SR | Paroxetine | | |
| Dose: | 100-300 mg/d | 10-40 mg/d | | |
| Duration | Mean daily dose: 197 mg/d | Mean daily dose: 22 mg/d | | |
| Duration. | 0 weeks | 0 weeks | | |
| INCLUSION: | 60 yrs or older; DSM-IV criteria for major depression; recurrent episode of non-psychotic depression; ≥ 18 on HAM-D-21; duration at least 8 weeks not more than 24 months | | | |
| EXCLUSION: | History of seizures; dementia; alcohol or substance abuse; existing suicidal risk; clinically relevant; unstable medical | | | |
| | disorder; psychoactive drugs within 1 week or investigational drugs within 4 weeks; taking other drugs known to lower | | | |
| | seizure threshold; anorexia or bulimia; previous treatment with buproprion or paroxetine | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Not reported | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | | |
| | Mean age: bupropion sr: 69.2, p | aroxetine: 71.0 | | |
| | Gender (% female): bupropion sr: 54, paroxetine: 60 | | | |
| | <i>Ethnicity:</i> (% white) bupropion sr: 98, paroxetine: 90 | | | |
| | Other population characteristics: Prior antidepressant use for current episode: buproprion sr: 17%, paroxetine: 12% | | | |

| Authors: Weihs KL, et al., Doraiswam Year: 2000, 2001 | y PM et al |
|----------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | <i>Measures and timing of assessments:</i> HAM-D, CGI-S, CGI-I, HAM-A weekly for 6 weeks, Short Form 36 Health Survey (SF-36), Quality of Life Depression Scale (QLDS) at baseline and week 6 |
| RESULTS: | No significant differences in any outcome measures between the treatment groups (LOCF and observed) Response rates (≥ 50% reduction in HAM-D) were similar in both groups: bupropion sr: 71%, paroxetine: 77% CGIS, CGII, and HAMA were all similar at each week of the study No significant differences in the Quality of Life scales (QLDS, SF-36) between treatment groups at the endpoint Overall significant improvement in QLDS and QOL at day 42 (p < 0.0001) |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 16%; bupropion sr: 16.6%, paroxetine: 15.4% Withdrawals due to adverse events: bupropion sr: 8.3%, paroxetine: 5.8% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Significantly more patients treated with paroxetine reported somnolence (27% vs. 6%; p < 0.05), diarrhea (21% vs. 6%; p < 0.05), and constipation (15% vs. 4%; p < 0.05) More than 10% in both groups reported headache, insomnia, dry mouth, nausea, dizziness, and agitation Neither group showed clinically significant changes in weight or clinically significant cardiovascular effects |
| QUALITY RATING: | Fair |

| Evidence Table 1 | Major Depressive Disorder Adults |
|---------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Weinnmann et al. ⁹⁷ |
| | Year: 2008 |
| | Country: Multinational |
| FUNDING: | German Institute for Quality and Efficiency |
| | in Health Care (IQWiG) |
| DESIGN: | Study design: systematic review and meta-analysis |
| | Number of patients: 3142 |
| | Custometically review studies on the officery of variates ve CCDI and to surjusts the influence of methodological issues on the |
| AIMS OF REVIEW: | systematically review studies on the efficacy of vehialaxine vs SSRI and to evaluate the influence of methodological issues on the |
| STUDIES INCLUDED IN REVIEW | 17 studies - Allard et al. 2004; Alves et al. 1999; Bielski et al. 2004; Clerc et al. 1994; Costa e Silva 1998; Dierick et al. 1996; McPartlin et al. 1998; Mehtonen et al. 2000; Montgomery et al. 2004; Nemeroff and Thase 2007; Rudolph and Feiger 1999; Schatzberg and Roose 2006; Shelton et al. 2006; Silverstone and Ravindran 1999; Sir et al. 2005; Tylee et al. 1997; Tzanakaki et al. 2000 |
| TIME PERIOD COVERED: | 1966 to January 2006 |
| CHARACTERISTICS OF INCLUDED STUDIES: | Double-blind randomized controlled trials, duration of 6 weeks to 6 months |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Adults with MDD |

| Authors: Weinmann et al. | |
|--------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2008 | |
| CHARACTERISTICS OF | Venlafaxine was compared to citalopram, escitalopram, fluoxetine, fluvoxamine, paroxetine or sertraline with or without a placebo |
| INTERVENTIONS: | control |
| | |
| MAIN RESULTS: | Remission rates (risk ratio [RR]= 1.07, 95% confidence intervals [95%CI]=0.99 to 1.15, numbers needed to treat [NNT]=34 |
| | Response rates RR=1.06, 95%CI=1.01 to 1.12, NNT= 27) |
| ADVERSE EVENTS: | Dropout rates RR=1.05, 95%CI=0.93 to 1.2, NNH=100 |
| | Dropouts due to AEs RR of 1.38 (95%CI=1.08 to 1.77, NNH=32 |
| COMPREHENSIVE LITERATURE | Medline, EMBASE, PsycINFO, PSYNDEX, Cochrane Central Register of Controlled Trials, study registers) and the manufacturer's |
| SEARCH STRATEGY: | database |
| | |
| STANDARD METHOD OF | Yes |
| APPRAISAL OF STUDIES: | |
| | |
| | Good |
| QUALITY RATING: | |
| | |

| Evidence Table 1 | Major Depressive Disorder Adults | | |
|--------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------|
| STUDY: | Authors: Yevtushenko V et al. ⁹⁸ Year: 2007 Country: Russia | | |
| FUNDING: | ARBACOM | | |
| DESIGN: | Study design: RCT Setting: psychiatric outpatient clinics Sample size: 330 | | |
| INTERVENTION: | | | |
| Drug: | Escitalopram | Citalopram10 | Citalopram20 |
| Dose: | 10 mg | 10 mg | 20 mg |
| Duration: | 6 weeks | 6 weeks | 6 weeks |
| | | | 108 |
| INCLUSION: | Age 25 to 45 years; a diagnosis of MDD,; total score at least 25 on the MADRS; and, in the opinion of the treating psychiatrist, the potential to benefit from treatment with one or the other study drugs. | | |
| EXCLUSION: | Mania or any bipolar disorder, schizophrenia, or any psychotic disorder, or displayed any psychotic features, OCD, mental retardation or any pervasive developmental disorder, eating disorder (anorexia nervosa or bulimia nervosa), dementia, or alcohol or drug abuse within the previous 12 months; history of severe drug allergy or hypersensitivity, other serious illness or sequela of serious illness, citalopram or escitalopram treatment within 60 days prior to inclusion, and/or an inability to comply with the protocol, in the investigator's opinion; if the study drugs were considered to be not clinically relevant (based on clinical judgment) or if the patient had received an oral antipsychotic drug or MAOIs within 2 weeks; a depot antipsychotic preparation within 6 months; an SSRI or SNRI, or a TCA within 1 week prior; or fluoxetine within 5 weeks; treatment with an antiparkinsonian compound, barbiturate, chloral hydrate, lithium, anticonvulsant, or hypnotic and anxiolytic; women who were pregnant or breastfeeding | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Benzodiazepines used for insomnia at a stable dose for the previous 6 months or used episodically at a lower recommended dose | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: Escitalopram 35 Citalopram Gender (female %): Escitalopram 61.1 Ethnicity: Race white Escitalopram 100 Other population characteristics: Firs 90.7% | 10 35 Citalopram20 35 Citalopram10 57.5 Citalopram20 56.5 0% Citalopram10 100% Citalopram20 100 st depressive disorder Escitalopram 85.2 | 0% % Citalopram10 90.6% Citalopram20 |

| Authors: Yevtushenko | |
|--------------------------------------|--------------------------------------------------------------------------------------------------------------|
| Year: 2007 | |
| Country: Russia | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Change in MADRS |
| | Secondary Outcome Measures: MADRS subanalysis, CGI-I and CGI-S |
| | Timing of assessments: Baseline and weeks 1,4,6 |
| RESULTS: | Escitalopram vs. Citalopram10 vs. Citalopram20 |
| | • Response 95.4% vs. 44.3% vs. 83.3% (both, P < 0.001) |
| | • Remission 89.8% vs. 25.5% vs. 50.9% |
| | Change MADRS from baseline -28.70(0.78) vs20.11(0.8) vs25.19 (0.78) (both, P < 0.001) |
| ANALYSIS: | ITT: yes |
| | Post randomization exclusions: 8 |
| | Loss to follow-up differential high: no |
| ATTRITION: | Overall |
| Loss to follow-up: | 0 |
| Withdrawals due to adverse events: | 0 |
| Withdrawals due to lack of efficacy: | 0 |
| | |
| ADVERSE EVENTS: | Escitalopram vs. Citalopram10 vs. Citalopram20 n (%) |
| | Adverse events 7 (6.5) vs. 16 (15.1) vs. 19 (17.6) |
| | Nausea 2 (1.9) vs. (4.7) vs. 7 (6.5) |
| | Fatigue 1 (0.9) vs. 4 (3.8) vs. 0 |
| | Headache 1 (0.9) vs. 2 (1.9) vs. 4 (3.7) |
| | |
| QUALITY RATING: | Fair |
| | |

| STUDY: | Authors: Barrett, et. al. | Authors: Barrett, et. al. ⁹⁹ | | |
|--------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------|---------------------------------------------|--------------------|
| | Country: US | | | |
| FUNDING: | Hartford Foundation, Mac | Arthur Foundation | | |
| DESIGN: | <i>Study design:</i> RCT (also used a behavior therapy arm) <i>Setting:</i> Primary care settings <i>Sample size:</i> 241 | | | |
| INTERVENTION: | | | | |
| Drug: | Paroxetine | Placebo | Behavior Therapy | |
| Dose: | 10-40 mg/d | N/A | N/A | |
| Duration: | 11 weeks | 11 weeks | 11 weeks | |
| INCLUSION: | Age 18-59; met DSM II-R criteria for dysthymia or minor depression and score 10 or higher on HAM-D-17; illness at least 4 weeks with at least 3 symptoms; diagnosis made by research psychiatrist using PRIME-MD | | | |
| EXCLUSION: | (from Williams et al., 2000) major depression; psychosis; schizophrenia or schizoaffective disorder; bipolar disorder; alcohol or other substance abuse within the past 6 months; borderline or antisocial personality disorder; serious suicidal risk; moderate or severe cognitive impairment (MMSE \leq 23); medical illness with prognosis \leq 6 months to live; patients in current treatment excluded unless willing to discontinue and dose \leq 50 mg of amitriptylline | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Not reported | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | | |
| | Age: Mean 44.1 | | | |
| | Gender (% female): 63.9 | % | | |
| | Ethnicity: Non-Hispanic | white: 90%, Asian Pacific: 3% | o, African American: 3%, Native American: 3 | 3%, Hispanic: < 1% |
| | Other population characteristics: Comorbid anxiety disorders: 25%, employed F1: 61.3%, mean # of chronic medical | | | |
| | conditions: 2.1, Duke Seventy of liness mean 13.3 | | | |

| Authors: Barrett et al. Year: 2001 | |
|---------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | Measures and timing of assessments: Primary Outcome was 13 items from the Hopkins Symptom Check list Depression Scale (HSCL-D-20) plus 7 additional items. Timing: baseline and each treatment visit (1, 2, 4, 6, 8, 11), also measured: Ham-D-17 and SF36, mental health component and physical health component timing: baseline, 6 and 11 weeks |
| RESULTS: | ITT analysis: mean decrease in HSCL-D-20; paroxetine: 0.88 (0.08), placebo: 0.85 (0.09); behavior therapy: 0.79 (0.09), no significant differences between arms; remission by HAM-D-17 score ≤ 6: paroxetine: 80%, placebo: 44.4%; behavior therapy: 56.8% (p = 0.008 for difference among all three arms) minor depression: paroxetine 60.7%, placebo 65.6%; behavior therapy 65.5%(p = 0.906 for difference among all three arms) SF 36 results were not compared head to head, they seem to only be compared within groups over time |
| ANALYSIS: | ITT: Yes Post randomization exclusions: No |
| ATTRITION: | Loss to follow-up: 20.7 Withdrawals due to adverse events: PAR: 7.5 Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Not reported |
| QUALITY RATING: | Fair |

| Evidence Table 2 | Dysthymia | | |
|--------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------|---------------------------------------|
| STUDY: | Authors: Devanand DP, et al. ¹⁰⁰ Year: 2005 Country: US | | |
| FUNDING: | NIMH and capsules provided by Eli Lilly | 1 | |
| OBJECTIVE: | To determine efficacy and side effects of | of fluoxetine in elderly patients with dysth | ymia |
| DESIGN: | Study design: RCT Setting: Depression clinic Sample size: 90 | | |
| INTERVENTION: | 1 | | |
| Drug: | Fluoxetine | Placebo | |
| Dose: | 10-60 mg/day | N/A | |
| Duration: | 12 weeks | 12 weeks | |
| Sample size: | 44 | 46 | |
| INCLUSION: | Outpatients with a primary diagnosis dy and, CGI-S severity score of 3 or more | sthymia following DSM-IV criteria; at lea | st 60 years of age; HAM-D score 8-25; |
| EXCLUSION: | MDD; allergy to fluoxetine; previous lack of response to SSRI; suicide ideation or plan; Mini-Mental State exam less than 23 out of 30; alcohol or substance abuse in last 6 months; bipolar disorder, schizophrenia or other psychotic disorder; stroke, dementia or other major neurological disorder or insult | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Zolpidem (up to 10 mg/day) for insomnia and lorazepam (up to 2 mg/day) for anxiety | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Uncertain; fluoxetine group more likely to be unmarried males with comorbid anxiety disorder and have a family history of affective disorder. Mean age: fluoxetine: 69.0, placebo: 70.8 Gender (% female): fluoxetine: 32.5%, placebo: 40.9% Ethnicity (% white): fluoxetine: 86.4%, placebo 89.1% Other population characteristics: Married: fluoxetine: 29.6%, placebo: 37% Family history of affective disorder: fluoxetine: 38.6%, placebo 21.7% Comorbid anxiety disorder: fluoxetine: 11.4%, placebo 6.5% HAM-D: fluoxetine: 15.3 (+/- 5.1), placebo 3.2 (+/- 0.5) CGI-S: fluoxetine: 3.4 (+/- 0.5), placebo 3.2 (+/- 0.5) | | |

| Authors: Devanand DP, et al. Year: 2005 | | | | |
|--------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|
| OUTCOME ASSESSMENT: | Primary Outcome Measures: HAM-D and CDRS Responders classified as having a ≥ 50% decrease in Ham-D scores at final assessment relative to baseline and have a CGI improvement score of 1 or 2 | | | |
| RESULTS: | Response rates: fluoxetine: 27.3%, placebo: 19.6% (p < 0.4) No differences between treatment groups in quality of life Only the CDRS scores demonstrated a significant effect for treatment group in regression analysis: fluoxetine 26.2%, placebo 4.6% (p < 0.04) | | | |
| ANALYSIS: | ITT: Yes Post randomization exclusions: No | | | |
| ATTRITION: Loss to follow-up: Withdrawals due to adverse events: Withdrawals due to lack of efficacy: Loss to follow-up differential high: | Overall 21Fluoxetine 12Placebo 7431422No12 | | | |
| ADVERSE EVENTS: | The only side effect that differed significantly between the 2 groups was yawning: fluoxetine baseline 2.5%, endpoint 20% vs. placebo baseline 6.3%, endpoint 7.5% (% change p < 0.03) | | | |
| QUALITY RATING: | Good | | | |

| CTUDY. | Authors, Dovindron et al ¹⁰¹ | | | | |
|-----------------------------|--------------------------------------------------------------------------------------------------------------------------|--------------------|--|---|--|
| 31001. | | | | | |
| | Year: 2000 | | | | |
| | Country: Canada and Europe | | | | |
| FUNDING: | Pfizer | | | | |
| | | | | | |
| DESIGN: | Study design: RCT | | | | |
| | Setting: Multi-center | | | | |
| | Sample size: 310 | | | | |
| | | | | | |
| INTERVENTION: | | | | | |
| Drua: | Sertraline | Sertraline Placebo | | | |
| Dose | 50-200 mg/day | N/A | | | |
| Duration: | 12 weeks | 12 weeks | | | |
| Duration. | | | | | |
| | 18 yrs or older: DSM III P criteria for dysthymia disorder: duration > 5yrs: > 12 on HAM D seasonal affective disorders | | | | |
| | version | | | | |
| | Vereien | | | | |
| EXCLUSION: | Pregnancy, lactation or lack of adequate contraception; major depression; history of psychotic disorders; bipolar | | | | |
| | disorder; previous use of sertraline; clinically relevant disease; unstable medical conditions; use of psychotropic meds | | | | |
| | | | | - | |
| OTHER MEDICATIONS/ | Not reported | | | | |
| INTERVENTIONS: | | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | | | |
| | Mean age: sertraline: 46.0: placebo: 44.2 | | | | |
| | Gender (% female): settraline: 65.8, placebo: 67.8 | | | | |
| | Ethnicity: Not reported | | | | |
| | Other population characteristics: Early onset (before 21 yrs): sertraline: 38,0%, placebo: 40,8% | | | | |
| | Duration of indiateristics. Early 01set (Defote 2 1 yis). Settlainte, 50.0%, placebo, 40.0% | | | | |
| | Duration of liness. sertraine. 17 years, placebo. 15.9 years | | | | |

| Authors: Ravindran et al. | |
|------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <i>Country</i> : Canada and Europe | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> SIGH-SAD (Hamilton Depression Rating Scale, Seasonal Affective Disorders Version), HAM-A, CGI-I, CGI-S, MADRS, HAD-A, HAD-D (Hospital Anxiety and Depression scale), BQOLS (Batelle Quality of Life Scale) <i>Timing of assessments:</i> Weeks 1, 2, 4, 6, 8, 12 |
| RESULTS: | Patients in the sertraline group had significantly greater reductions in SIGH-SAD (p = 0.03), MADRS (p = 0.02), CGI-S (p = 0.02), CGI-I (p = 0.02), HAD-A (p = 0.003), and HAD-D (p = 0.004) scores compared to placebo The number of responders was significantly higher in the sertraline group HAM-A: sertraline: 51.9%, placebo: 33.8%, p = 0.001 MADRS: sertraline: 53.2%, placebo: 37.5%, p =0.006 CGI-I: sertraline: 60.1%, placebo: 39.5%, p < 0.001 The number of remitters was also significantly higher in the sertraline group 33.8% vs. 21.6%, p = 0.02 BQOLS showed significantly greater improvements in 8 of 9 domains in the sertraline group |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 24.2%; sertraline: 23.4%, placebo: 25.0% Withdrawals due to adverse events: sertraline: 13.3%, placebo: 7.9% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | More patients in the sertraline group experienced adverse events: 75.3% vs. 64.5% (p = 0.047) Increased sweating: sertraline: 13.9%, placebo: 2% Tremor: sertraline: 13.9%, placebo: 0.7% Nausea: sertraline: 20.9%, placebo: 17.8% Ejaculation disorder: sertraline: 9.3%, placebo: 0 |
| QUALITY RATING: | Fair |

| STUDY: | <i>Authors:</i> Thase et. al., ¹⁰² Kocsis et. al., ¹⁰³ Hellerstein et. al. ¹⁰⁴ Year: 1996, 1997, 2000 <i>Country:</i> US | | | |
|--------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|----------|--|
| FUNDING: | Not reported | | | |
| DESIGN: | Study design: RCT Setting: Multi-center (17 US centers) Sample size: 416 | | | |
| INTERVENTION: | | | | |
| Drug: | Sertraline | Imipramine | Placebo | |
| Dose: | 50-200 mg/day | 50-300 mg/day | N/A | |
| Duration: | 12 weeks | 12 weeks | 12 weeks | |
| INCLUSION: | Dysthymia for more than 5 years without depression-free period exceeding 2 consecutive months; HAM-D score ≥ 12; age 25-65 yrs. | | | |
| EXCLUSION: | Other Axis I disorders; pregnancy, lactation; failed to respond in previous trials; drug/alcohol dependency; suicidal risk | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Not reported | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | | |
| | Mean Age: 42 | | | |
| | Gender (% female): 65% | | | |
| | Ethnicity: Caucasian: 95%, black: 2%, Asian: 0.5%, other: 2% | | | |
| | Other population characteristics: Not reported | | | |

| Authors: Thase, Kocsis, Hellerstein Year: 1996, 1997, 2000 Country: US | |
|------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | <i>Measures and timing of assessment:</i> CGI weekly, HAM-D, MADRS biweekly, DSM-IV, Hopkins Symptom Checklist, Inventory for Depression Symptomatology, Social Adjustment Scale, Quality of Life Enjoyment and Satisfaction Questionnaire weeks 8 and 12 |
| RESULTS: | Sertraline group showed significantly more responders than placebo (59.0% vs. 44.3%; p < 0.02) No significant differences in responders between sertraline and imipramine-treated patients A significantly greater proportion of patients in the sertraline group increased in psychosocial functioning compared to placebo (61% vs. 45%; p = 0.01) as measured by the Global Assessment of Functioning Score of 71 or more Significant improvements in family relationships, marital relationships, and parental role functioning The harm avoidance scores (from the Tri-dimensional Personality Questionnaire) were significantly decreased in all treatment groups Significantly more sertraline patients than placebo patients were classified as harm avoidance responders (p = 0.001) |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 24.3%; sertraline: 15.7%; imipramine: 33.1%; placebo: 24.3% Withdrawals due to adverse events: sertraline: 6.0%; imipramine: 18.4%; placebo: 3.6% Loss to follow-up differential high: Yes |
| ADVERSE EVENTS: | Not reported |
| QUALITY RATING: | Fair |

| Evidence Table 2 | Dysthymia | | |
|-----------------------------|---------------------------------------------------------------------------------------------------------------------|------------------------------------------|---------|
| STUDY: | Authors: Vanelle et al. ¹⁰⁵ | | |
| | Year: 1997 | | |
| | Country: France | | |
| FUNDING: | NR | | |
| DESIGN: | Study design: RCT | | |
| | Setting: Psychiatric centers | | |
| | Sample size: 140 | | |
| INTERVENTION: | | | |
| Drug: | Fluoxetine | Placebo | |
| Dose: | 20-40 mg | N/A | |
| Duration: | phase I: 3 months | phase 1: 3 months | |
| | phase II: 6 months | phase 2: 6 months | |
| INCLUSION: | Adults | | |
| EVOLUCION | | | |
| EXCLUSION: | Additional mental illnesses or organic mental disorder; MDD or other type of depression; secondary-type dysthymia; | | |
| | uncontrolled serious somatic disease; fluoxetine for a depressive disorder which had not been effective; received a | | |
| | psycnotropic drug during the previous week (except for authorized benzodiazepines); requiring one of the following | | |
| | | other mood regulator | |
| OTHER MEDICATIONS/ | NR | | |
| INTERVENTIONS: | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | |
| | Mean age: NR | | |
| | Gender (% female): fluoxetine: 76.9%, | placebo: 73.5% | |
| | Ethnicity: NR | | |
| | Other population characteristics: Ear | ly onset of dysthymia: 22.9%, late onset | : 77.1% |

| Authors: Vanelle et al. | | | | | | |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|--|
| Year: 1997 | | | | | | |
| Country: France | Country: France | | | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: HDRS, CGI | | | | | |
| | Secondary Outcome Measures: HDRS, HARS, CGI, GAF-S, Paykel Life Event Questionnaire, HSCL-58, AMDP-5 | | | | | |
| | Timing of assessments: | | | | | |
| RESULTS: | # of responders at month 3 (>50% decrease in HAM-D associated with a score of 1 (very much improved) or 2 (much improved) on the CGI-I): fluoxetine = 42, placebo = 14 (p = 0.03) Remission n at month 3 (HAM-D < 7): fluoxetine = 32, placebo = 10 (p = 0.07) # of responders at month 6: fluoxetine = 33, placebo = 9 (p = 0.48) | | | | | |
| | • Remission n at month 6; fluoxetine = 29, placebo = 4 ($p = 0.01$) | | | | | |
| | Increase in GAF scores by month 3 significantly greater in fluoxetine (p = 0.02); mean score indicated return to functioning level compatible with normal social & relational life (mean GAF score = 70) | | | | | |
| | No significant change in GAF scores from month 3 to 6 for either treatment group | | | | | |
| ANALYSIS: | ITT: Yes Post randomization exclusions: NR | | | | | |
| ATTRITION: | Loss to follow-up: <u>Phase I</u> : fluoxetine: 13.2%; placebo: 26.5% <u>Phase II</u> : fluoxetine: 7%; placebo: 31% Withdrawals due to adverse events: NR Loss to follow-up differential high: Yes (16.2%) | | | | | |
| ADVERSE EVENTS: | Phase I: reported at least one adverse event: 38.5% (fluoxetine) vs. 44.9% (placebo) Phase II (responders who continued from month 3 to 6): reported at least one adverse event: 18.6% (fluoxetine) vs. 28.6% (placebo) | | | | | |
| QUALITY RATING: | Fair | | | | | |

| STUDY: | Authors: Williams JW Year: 2000 Country: US | /, et. al. ¹⁰⁶ | | |
|--------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|------------------|--|
| FUNDING: | Hartford Foundation, MacArthur Foundation, Smith Kline Beecham supplied meds and placebo, VA (career award to lead author) | | | |
| DESIGN: | <i>Study design:</i> RCT <i>Setting:</i> Multi-center (Community, VA, and academic primary care clinics) <i>Sample size:</i> 415 | | | |
| INTERVENTION: | | | | |
| Drug: | Paroxetine | Placebo | Behavior Therapy | |
| Dose: | 10-40 mg/d | N/A | N/A | |
| Duration: | 11 weeks | 11 weeks | 11 weeks | |
| INCLUSION: | Age 60 or older; met DSM II-R criteria for dysthymia or minor depression and score 10 or higher on HAM-D-17; symptoms for at least 4 weeks with 3-4 symptoms | | | |
| EXCLUSION: | Major depression; psychosis; schizophrenia or schizoaffective disorder; bipolar disorder; alcohol or other substance abuse within the past 6 months; borderline or antisocial personality disorder; serious suicidal risk; moderate or severe cognitive impairment (MMSE < 23); medical illness with prognosis < 6 months to live; patients in current treatment excluded unless willing to discontinue and dose < 50 mg of amitriptylline | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Not reported | | | |
| POPULATION CHARACTERISTICS: | Groups similar at base | Groups similar at baseline: Yes | | |
| | Mean age: 71 | | | |
| | Ethnicity: paroxetine: 8 | Ethnicity: paroxetine: 82.5% white, 11.0% Latino, 6.0% black, placebo: 75.7% white, 12.1% Latino, 10.0% black | | |
| | Gender (% female): paroxetine: 39%, placebo: 45% | | | |
| | Other population characteristics: Mean of 3.4 medical conditions per patient | | | |

| Authors: Williams JW, et al. | |
|------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2000 | |
| Country: US | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> Hopkins Symptom Checklist Depression Scale (HSCL-D-20), HDRS, and functional status, by the Medical Outcomes Study Short-Form 36 (SF-36) physical and mental components <i>Timing of assessments:</i> |
| RESULTS: | Mean (SE) decrease in HSCL-D-20: Paroxetine: 0.61 (p = 0.05) Placebo: 0.40 (p = 0.05) Behavior Therapy 0.52 (p = 0.05) p = 0.004 for paroxetine vs. placebo Paroxetine only statistically and clinically significantly better than placebo for subjects with dysthymia and high baseline mental health function. HAM-D results not reported for the ITT population |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 25.1% (for all 3 arms, including behavioral tx) Withdrawals due to adverse events: Paroxetine: 8.8%, Placebo: 5.7% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Not reported |
| QUALITY RATING: | Fair |

Subsyndromal Depression

| STUDY: | Authors: Barrett, et. al. ⁹⁹ | | | |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------|----------------------------------|------------------|
| | Country: US | | | |
| FUNDING: | Hartford Foundation, MacArthur | Foundation | | |
| DESIGN: | <i>Study design:</i> RCT (also used a behavior therapy arm) <i>Setting:</i> Primary care settings <i>Sample size:</i> 241 | | | |
| INTERVENTION: | | | | |
| Drug: | Paroxetine | Placebo | Behavior Therapy | |
| Dose: | 10-40 mg/d | N/A | N/A | |
| Duration: | 11 weeks | 11 weeks | 11 weeks | |
| INCLUSION: | Age 18-59; met DSM II-R criteria for dysthymia or minor depression and score 10 or higher on HAM-D-17; illness at least 4 weeks with at least 3 symptoms; diagnosis made by research psychiatrist using PRIME-MD | | | |
| EXCLUSION: | (from Williams et al., 2000) major depression; psychosis; schizophrenia or schizoaffective disorder; bipolar disorder; alcohol or other substance abuse within the past 6 months; borderline or antisocial personality disorder; serious suicidal | | | |
| | risk; moderate or severe cognitive impairment (MMSE \leq 23); medical illness with prognosis \leq 6 months to live; patients in current treatment excluded unless willing to discontinue and dose \leq 50 mg of amitriptylline | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Not reported | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | | |
| | Age: Mean 44.1 | | | |
| | Gender (% female): 63.9% | | | 11 |
| | Ethnicity: Non-Hispanic white: | 90%, Asian Pacific: 3%, African Ai | merican: 3%, Native American: 3% | , Hispanic: < 1% |
| | other population characteristics: Comorbid anxiety disorders: 25%, employed FI: 61.3%, mean # of chronic medical | | | |
| | COnditions. Z. I, Duke Seventy 0 | 1 1111633 1116011 13.3 | | |

| Authors: Barrett et al. Year: 2001 | |
|---------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | Measures and timing of assessments: Primary Outcome was 13 items from the Hopkins Symptom Check list Depression Scale (HSCL-D-20) plus 7 additional items. Timing: baseline and each treatment visit (1, 2, 4, 6, 8, 11), also measured: Ham-D-17 and SF36, mental health component and physical health component timing: baseline, 6 and 11 weeks |
| RESULTS: | ITT analysis: mean decrease in HSCL-D-20; paroxetine: 0.88 (0.08), placebo: 0.85 (0.09); behavior therapy: 0.79 (0.09), no significant differences between arms; remission by HAM-D-17 score ≤ 6: paroxetine: 80%, placebo: 44.4%; behavior therapy: 56.8% (p = 0.008 for difference among all three arms) minor depression: paroxetine 60.7%, placebo 65.6%; behavior therapy 65.5% (p = 0.906 for difference among all three arms) SF 36 results were not compared head to head, they seem to only be compared within groups over time |
| ANALYSIS: | ITT: Yes Post randomization exclusions: No |
| ATTRITION: | Loss to follow-up: 20.7 Withdrawals due to adverse events: PAR: 7.5 Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Not reported |
| QUALITY RATING: | Fair |

| Evidence Table 3 | Subsyndromal Depression | |
|--------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Judd et al., 2004 ¹⁰⁷ Year: 2004 | |
| | Country: US | |
| FUNDING: | Eli Lilly; NIMH grants; Roher fund of Unviersity of California | a, San Diego |
| DESIGN: | Study design: | |
| | Setting: Multicenter | |
| | Sample size: 162 | |
| INTERVENTION: | | |
| Drug: | Fluoxetine | Placebo |
| Dose: | 10-20 mg/d | N/A |
| Duration: | 12 weeks | 12 weeks |
| Sample size: | 81 | 81 |
| INCLUSION: | Adults 18 or older; diagnosed with minor depression accord normal physical exam & labs | ding to NIHM Health Diagnostic Interview Schedule; healthy w/ |
| EXCLUSION: | Concomitant psychotheraputic or psychotropic medications related to depression; clinically significant medical disease; reaction; ECT; suicidal tendencies; MDD; dysthmymia; seiz year | s; additional mental illnesses or organic mental disorder not ; investigational drug use with no response or adverse zure disorder; severe allergies; loss of loved one within past |
| OTHER MEDICATIONS/ INTERVENTIONS: | Chloral hydrate | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: 43.5 Gender (female %): 59.3 Ethnicity (% white): 90.1 Other population characteristics: | |

| Authors: Judd et al. | | | |
|----------------------|-------------------------------------------------------------------------------------------------------------------------------|--|--|
| Year: 2004 | | | |
| Country: | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Inventory of Depressive Symptomatology | | |
| | Secondary Outcome Measures: Psychosocial functioning, overall severity of illness | | |
| | Timing of assessments: | | |
| RESULTS: | Significantly greater improvement on 30-item IDS for fluoxetine vs. placebo (-1.19 vs0.61, p < 0.02) | | |
| | Significantly greater improvement for fluoxetine on Beck Depression Inventory (-0.75 vs0.29, p < 0.02) | | |
| | Significantly greater improvement for fluoxetine on HAM-D-17 (-1.11 vs0.65, p < 0.05) | | |
| | • GAF score significantly greater in fluoxetine group (z = 2.10, p < 0.01) | | |
| | • At endpoint, 40.5% (fluoxetine) vs. 24.1% (placebo) patients rated as "normal/not at all depressed" on CGI-S (chi | | |
| | sq = 6.63, df = 1, p = 0.01) | | |
| | No difference between groups in psychosocial functioning measures | | |
| ANALYSIS: | ITT: Yes | | |
| | Post randomization exclusions: No | | |
| | Loss to follow-up differential high: No | | |
| ATTRITION: | Loss to follow-up: 27% | | |
| | Withdrawals due to adverse events: fluoxetine 3.7%, placebo 4.9% | | |
| | Withdrawals due to lack of efficacy: fluoxetine 7.4%, placebo 11.1% | | |
| ADVERSE EVENTS: | Mean # of AEs: 5.2 (fluoxetine) vs. 4.6 (placebo) | | |
| | Insomnia: 24.7% vs. 12.4%, p < 0.05 | | |
| | No differences in sexual side effects | | |
| | | | |
| | | | |
| QUALITY RATING: | | | |

| Evidence Table 4 | Seasonal Affective Disorder | | | |
|--------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------|--|--|
| STUDY: | Authors: Lam et al. ¹⁰⁸ , Michalek et al. ¹⁰⁹ | | | |
| | Country: Canada | | | |
| FUNDING: | Canadian Institute of Health Research (CIHR) & CIHR/W | /yeth post-doc fellowship award (Michalak) | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: multi-centre | | | |
| | Sample size: 96 | | | |
| INTERVENTION: | | | | |
| Drug: | Light therapy | Fluoxetine | | |
| Dose: | 10 000 lux | 20mg/d | | |
| Duration: | 8 weeks | 8 weeks | | |
| Sample size: | | | | |
| INCLUSION: | Out-patients aged 18-65 years | | | |
| | DSM-IV criteria for major depressive episodes with a sea | asonal pattern | | |
| | >20 on HAMD-17 or >14 on HAMD-17 if >23 on HAMD-2 | 24 | | |
| EXCLUSION: | (1) pregnant or lactating women or could become pregna | int | | |
| | (2) serious suicidal risk | | | |
| | (3) DSM-IV diagnoses of organic mental disorders, substance use disorders, including alcohol, active within the last | | | |
| | year, schizophrenia, paranoid or delusional disorders, other psychotic disorders, bipolar i disorder, panic disorder or | | | |
| | generalized anxiety disorder not concurrent with major depressive episodes; | | | |
| | (4) serious unstable medical illnesses; | | | |
| | (5) retinal disease that precluded the use of bright light ; | | | |
| | (b) history of severe allergies and/or multiple drug adverse reactions; | | | |
| | (7) current use of certain other psychotropic drugs (inc lithium, L-tryptophan, St John's wort or melatonin) | | | |
| | (8) current use of beta blocking drugs; | | | |
| | (9) use of antidepressants of mood-altering medications within 7 days of baseline; (10) provide use of flueveting or light therapy: | | | |
| | (10) previous use of huddeline of light therapy, (11) formal psychotherapy started within 3 months of bas | soline or initiated during the study period: | | |
| | (12) shift work or southbound travel during the protocol. | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: yes (previous antidepressa | nt therapy 45.8% vs. 33.3%) | | |
| | Mean age: 42.3, 44.6 Gender (female %): 66.7% | | | |
| | Ethnicity: Canadian | | | |
| | Other population characteristics: NR | | | |
| | | | | |

| Authors: Lam et al., Michalek et al. Year: 2006 | | | |
|----------------------------------------------------|--------------------------------------------------------------------------------|-------------------------------------------------------|--|
| Country: Canada | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: HAMD-24 clinical response | se= ≥50% reduction from baseline, clinical remission= | |
| | Secondary Outcome Measures: CGL BDLI | (Q-LES-Q, SF-20) | |
| | Timing of assessments: 1, 2, 4, 8 weeks | | |
| RESULTS: | Significant effect of time, but no significant differen | ce between light therapy and fluoxetine | |
| | Clinical response rate: both 67% | | |
| | Clinical remission rate: light 50% vs. fluoxetine 54% | % p=0.84 | |
| | CGI improvement rating: 1.90 vs. 1.92 | | |
| | Much/very much improved CGI: both 73% | | |
| | No difference in sub-group "severely depressed" (H 50% | HAMD-24≥30): response 70% vs. 73% remission 48% vs. | |
| | improvements in Q-LES-Q: light 20.56 vs. fluoxetin | ne 21.77 (not sig) | |
| | improvements in SF-20: light 7.82 vs. fluoxetine 9.3 | 38 (not sig) | |
| | improvements in depression were significantly ass | ociated with improvements in QoL | |
| ANALYSIS: | ITT: yes | | |
| | Post randomization exclusions: No | | |
| | Loss to follow-up differential high: No | | |
| ATTRITION: | | Fluoxetine 20mg/d | |
| Withdrawals due to adverse events: | 10% | 10% | |
| Withdrawals due to lack of efficacy: | NR | NR | |
| minimum due te lack et emedey. | | | |
| ADVERSE EVENTS: | Light therapy vs. fluoxetine | | |
| | At least one AE: 77% vs. 75% | | |
| | Agitation 0% vs. 12.5% p<0.05 | | |
| | Sleep disturbance 2.1% vs. 29.2% p<0.01 | | |
| | Paipitations U% vs. 10.4% p<0.05 | | |
| | Occurred more often in light therapy than fluoxetine group | p (though reported as not significant): | |
| | Headache 16.7% vs. 10.4% | (| |
| | Feeling faint 6.3% vs. 0 | | |
| QUALITY RATING: | Good | | |
| | | | |

| Evidence Table 4 | Seasonal Affective Disorder | | |
|-----------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|---------|--|
| STUDY: | Authors: Moscovitch et al ¹¹⁰ | | |
| | Year: 2004 | | |
| | Country: Multinational (Canada and Europe) | | |
| FUNDING: | Pfizer International | | |
| DESIGN: | Study design: RCT | | |
| | Setting: multi-centre | | |
| | Sample size: 187 | | |
| INTERVENTION: | | | |
| Drug: | Sertraline | Placebo | |
| Dose: | Flexible dose 50-200mg/d | n/a | |
| Duration: | 8 weeks | 8 weeks | |
| Sample size: | 93 | 94 | |
| INCLUSION: | Outpatients, older than 18, DCM UID exitoria for major depression, depressive disorder NOC, bindler disorder depressed, or bindler disorder NOC | | |
| | USIN-ITIK CITERIA for major depression, depressive disorder NOS, pipolar disorder depressed, or pipolar disorder NOS | | |
| | 12 on HAMD, plus 10 on supplementary items for SAD evaluation, 22 on 20 item HAMD SIGH SAD | | |
| | less than 25% improvement during washout | | |
| | enrolled during winter | | |
| EXCLUSION: | Very serious suicide risk, history of alcoholism, drug abuse, poor motivation or intellectual problems | | |
| OTHER MEDICATIONS/ | Any necessary for other medical conditions, not psychoactive | | |
| INTERVENTIONS: | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: yes | | |
| | Mean age: 39.6±11.6, 40.0±11.2 | | |
| | Gender (female %): 77.5% | | |
| | Ethnicity: Austria, Canada, Finland, France, UK | | |
| | Other population characteristics: NR | | |

| Authors: Moscovitch et al | | | |
|--------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|--|
| Country: Multinational | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: HAMD-29, HAMD-21, H Secondary Outcome Measures: not specified Timing of assessments: 1, 2, 4, 6, 8 weeks | AMD-17, HAMD item 1, CGI-S, HAMA, HAD-D, HAD-A | |
| RESULTS: | Sertraline was better than placebo at endpoint (ITT population) for all of the above efficacy measures: HAMD-29 -17.90 vs13.39 p=0.019, HAMD-21 -10.63 vs7.51 p=0.016, HAMD-17 -9.36 vs6.87 p=0.033, CGI-S -1.60 vs1.06 p=0.018, HAMA -8.99 vs6.52 p=0.024, HAD-D -5.04 vs2.87 p=0.005, HAD-A -4.00 vs2.16 p=0.006. Significantly more patients in the sertraline group received a CGI-I rating of one or two (eg: a CGI-I response) at endpoint than placebo (62.4% vs. 46.2% p=0.04) There were no substantial differences in sleep factors (Leeds sleep evaluation) The mean final dose of certraline was 111 3+44.9 mg | | |
| ANALYSIS: | ITT: Yes Post randomization exclusions: 1 | | |
| | Loss to follow-up differential high: No | | |
| ATTRITION: | Sertraline | Placebo | |
| Loss to follow-up: | NR | NR | |
| Withdrawals due to adverse events: | 10.8% | 4.3% | |
| Withdrawals due to lack of efficacy: | 3.2% | 14.9% | |
| ADVERSE EVENTS: | 14.9% Sertraline vs. placebo (%) Treatment related AEs 81.7% vs. 50.0% p=0.001 Nausea 35.5% vs. 8.5% p=0.001 Insomnia 24.7% vs. 10.6% p= 0.01 Diarrhea 19.4% vs. 5.3% p= 0.001 Diarrhea 19.4% vs. 5.3% p= 0.004 Dry mouth 12.9% vs. 2.1% p=0.005 Ejaculation * 14.3% vs. 4.8 p=0.31 Abdominal pain 9.5% vs. 4.3% p=0.15 Sustained erection * 9.5% vs. 0 % p=0.15 Tremor 7.5% vs. 2.1% p=0.09 Vomiting 6.5% vs. 1.1% p=0.01 Anorexia 6.5% vs. 1.1% p=0.053 Anxiety 4.3% vs. 1.1% p=0.17 | | |
| QUALITY RATING: | Fair | | |

| Evidence Table 5 | Major Depressive Disorder Pediatrics | | | |
|-----------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------|--|--|
| STUDY: | Authors: Berard et al. ¹¹¹ | | | |
| | Year: 2006 | | | |
| | Country: Multi-national (South Africa) | | | |
| FUNDING: | GlascoSmithKline | | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: multicentre | | | |
| | Sample Size: 200 | | | |
| Drug: | Parovetine | nlacebo | | |
| Dose: | 20-40mg/d | n/a | | |
| Duration: | 12 weeks | 12 weeks | | |
| Sample size: | 182 | 93 | | |
| INCLUSION: | Male and female adolescent outpatients (13–18 v | ears of age) | | |
| | Unipolar major depression DSM-IV, diagnosis was | s confirmed by the K-SADS-L at baseline | | |
| | MADRS≥16 at screening and baseline and C-GAS<69 at screening. | | | |
| EXCLUSION: | MADRS≥16 at screening and baseline and C-GAS<69 at screening. primary conduct disorder in childhood, autism or pervasive mental disorder, or obsessive compulsive disorder, panic disorder, social phobia, or posttraumatic stress disorder that preceded the diagnosis of depression. Current psychiatric disorder, including schizophrenia, epilepsy, previous response to psychotherapy as a treatment for depression or previous use of paroxetine, anticipated long-term formal psychotherapy substance abuse/dependence concurrent psychoactive medication use known sensitivity to SSRIs pregnancy/lactation recent electroconvulsive therapy clinically significant abnormal laboratory or electrocardiogram findings Although a history of suicide attempt(s) was not exclusionary, patients with current serious suicidal ideation were excluded. | | | |
| INTERVENTIONS: | | · · · | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: yes Mean age: 15.5-15.8 Gender (female %): 66.6% Ethnicity: approx 66% caucasian Other population characteristics: approx 15% co-morbid | lity of anxiety disorder | | |

| Authors: Berard et al | | | |
|----------------------------------------|-----------------------------------------------------------------------------------------------------------|----------------------------------------------------------|--|
| Year: 2006 | | | |
| Country: Multi-national (South Africa) | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: proportion of responders | s eg: ≥50% reduction in MADRS | |
| | Change from baseline in K-SADS-L depression subscal | e score | |
| | Secondary Outcome Measures: change from baseline | e in MADRS, CGI-S, BDI, Mood and feelings Questionnaire | |
| | (MFQ), CGI-I | | |
| | Timing of assessments: weeks 1, 2, 3, 4, 6, 8, 12 | | |
| RESULTS: | MADRS responders paroxetine 60.5% vs placebo | o 58.2%, (NS p=0.702) | |
| | Mean paroxetine dose 25.8mg/d | | |
| | K-SADS-L depression subscale decrease 9.3 vs. | 8.9 (NS p=0.616) | |
| | No difference in any secondary outcome measure | e | |
| | Post hoc analysis of CGI-I responders (CGI-I=1 c | or 2) paroxetine 69.2% vs. placebo 57.3%, OR 1.74 (95%Cl | |
| | 1.01, 2.99, p=0.45) | | |
| | Age subgroups: patients >16 years old MADRS relations | esponders paroxetine 71.2% vs. placebo 47.1%, p=0.021 | |
| | (unadjusted for co-variates) | | |
| | In patients ≤16 years old MADRS responders paroxetine 55.1% vs. placebo 64.9%, p = NS | | |
| ANALYSIS: | ITT: Yes | | |
| | Post randomization exclusions: 11 | | |
| | Loss to follow-up differential high: No | | |
| ATTRITION: | Paroxetine | Placebo | |
| Loss to follow-up: | 30.2% | 25.8% | |
| Withdrawals due to adverse events: | 11.0% | 7.5% | |
| Withdrawals due to lack of efficacy: | 4.9% 6.5% | | |
| ADVERSE EVENTS: | Paroxetine vs. placebo (%) | | |
| | All AEs 65.9% vs. 59.1% | | |
| | Nausea 1.1% vs 0% | | |
| | Agitation 1.6% vs 0% | | |
| | Depression 1.1% vs. 0% | | |
| | Suicide related AE 4.4% vs. 2.1% | | |
| QUALITY RATING: | Fair | | |
| | | | |

| Evidence Table 5 | Major Depressive Disorder Pediatrics | | |
|-----------------------------|-------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------|--|
| STUDY: | Authors: Emslie et al. ¹¹² | | |
| | Year: 2006 | | |
| | Country: USA | | |
| FUNDING: | GlascoSmithKline | | |
| DESIGN: | Study design: RCT | | |
| | Setting: multi-centre | | |
| | Sample size: 206 | | |
| INTERVENTION: | | | |
| Drug: | Paroxetine | placebo | |
| Dose: | 10-50mg/d | n/a | |
| Duration: | 8 weeks | 8weeks | |
| Sample size: | 104 | 102 | |
| INCLUSION: | Age 6-17 years | | |
| | DSM-IV diagnosis for MDD | | |
| | ● ≥45 on the CDRS-R | | |
| | The diagnosis of MDD and presence of any comorbid psychiatric disorders were confirmed using the | | |
| | Schedule for Affective Disorders and Schizophrenia for School-Age Children (6-18years) Present and Lifetime | | |
| | Version semistructured interview | | |
| EXCLUSION: | clinically predominant Axis I disorder other than | MDD. | |
| | history of a psychotic episode (e.g., schizophrenia), bipolar disorder, pervasive developmental disorder, | | |
| | substance abuse/dependence, | | |
| | prior nonresponse to SSRIs, | | |
| | suicidal/homicidal risk, | | |
| | concurrent psychotherapy | | |
| | psychotropic pharmacotherapy | | |
| | any serious medical condition or clinically signifi | icant finding in the screening or baseline evaluation that would | |
| | preclude the administration of paroxetine. | | |
| OTHER MEDICATIONS/ | NR | | |
| INTERVENTIONS: | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: yes | | |
| | Mean age: 12.0 (SD=2.97) Gender (female %): 46.8% | | |
| | Ethnicity: majority white (79.3%) | | |
| | Other population characteristics: NR | | |

| Authors: Emslie et al. Year: 2006 | | | |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| Country: USA | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: change from baseline in CDRS-R total score Secondary Outcome Measures: <i>Responders</i> : CGI-I 1 or 2, <i>Remission:</i> CDRS-R ≤28 or CGI-I=1 CGI-S; and change from baseline on the Global Assessment of Functioning scale Kutcher Adolescent Depression Scale (self-report instrument for 12- to 17-year-olds). Timing of assessments: week 1, 2, 3, 4, 6, 8 | | |
| RESULTS: | no difference in CDRS-R between paroxetine no difference in CGI-I, CGI-S, Kutcher ADS no difference in remission (CGI-I very much ii a statistically significant treatment by age growthe adjusted mean difference in change in CD 5.3 points in favor of placebo; a difference that 10.63; p = .054). The adjusted mean difference for adolescents was not statistically significant (95% CI-8.23-3) | and placebo (-22.58 vs23.38, p=.684) mproved: 20.8 vs. 18.0%, p = 0.617) oup interaction (p = .049) DRS-R score from baseline for children (age 7-11) was at approached statistical significance (95% CI -0.08- s was 2.6 points in favor of paroxetine; this difference 3.13; p = .375). | |
| ANALYSIS: | ITT: yes (when at least one post-baseline assessment) Post randomization exclusions: 3 Loss to follow-up differential high: no | | |
| ATTRITION: | Paroxetine | Placebo | |
| Loss to follow-up: | 7.7% | 3.9% | |
| Withdrawals due to adverse events: | 8.7% | 2.0% | |
| Withdrawals due to lack of efficacy: | 7.7% | 10.8% | |
| ADVERSE EVENTS: | Paroxetine vs. placebo (%) Cough 5.9% vs. 2.9% Dyspepsia 5.9% vs. 2.9% Vomiting 5.9% vs. 2.0% Dizziness 5.0% vs. 1.0% Sweating 4.0% vs. 0% Exacerbation of depression 2.9% vs. 0% Attempted suicide (suicidality) 2% vs. 1% Suicidal ideation 1% vs. 0% | | |
| QUALITY RATING: | Fair | | |

| Evidence Table 5 | Major Depressive Disorder Pediatrics |
|-----------------------------|------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Hetrick ¹¹³ |
| | Year: 2007 |
| | Country: international |
| FUNDING: | No sources of support supplied, authors report no conflict of interest |
| DESIGN: | Study design: systemic review & meta-analysis |
| | Number of patients: 1972 (paroxetine 646, fluoxetine 527, sertraline 364, citalopram 435) NB: for AEs: 2240. |
| AIMS OF REVIEW: | To determine the efficacy and adverse outcomes, including definitive suicidal behavior and suicidal ideation, of SSRIs compared to |
| | placebo in the treatment of depressive disorders in children and adolescents. |
| STUDIES INCLUDED IN REVIEW | 2 RCTs on citalopram |
| | 1 RCT on escitalopram |
| | 4 RCTs on fluoxetine |
| | 3 RCTs on paroxetine |
| | 2 RCTs on sertraline |
| TIME PERIOD COVERED: | Up to October 2005 |
| CHARACTERISTICS OF INCLUDED | Published and unpublished randomised controlled trials of an SSRI compared to placebo. |
| STUDIES: | |
| CHARACTERISTICS OF INCLUDED | Children and adolescents aged 6-18 years old, both in and outpatients, who were diagnosed by a clinician and met DSM or ICD |
| POPULATIONS: | criteria for a primary diagnosis of depressive disorder |
| | Children and adolescents with a co-morbid condition, an IQ<70, brain injury or serious medical condition were excluded. |

| Authors: Hetrick et al. | |
|----------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2007 | |
| CHARACTERISTICS OF INTERVENTIONS: | fluoxetine, paroxetine, citalopram, escitalopram, and sertraline vs placebo |
| MAIN RESULTS: | Twelve trials were eligible for inclusion, with ten providing usable data. At 8-12 weeks, there was evidence that children and adolescents 'responded' to treatment with SSRIs (RR 1.28, 95% CI 1.17 to 1.41). There was also evidence of an increased risk of suicidal ideation and behaviour for those prescribed SSRIs (RR 1.80, 95% CI 1.19 to 2.72). Fluoxetine was the only SSRI where there was consistent evidence from three trials that it was effective in reducing depression symptoms in both children and adolescents (CDRS-R treatment effect -5.63, 95% CI -7.38 to -3.88), and 'response' to treatment (RR 1.86, 95% CI 1.49 to 2.32). Where rates of adverse events were reported, this was higher for those prescribed SSRIs. Paroxetine: no advantage in efficacy over placebo for either children or adolescents RR=1.09 (95%CI 0.95-1.26) Fluoxetine: significant effect in response over placebo RR 1.86, (95%CI 1.49 to 2.32) also in both children (RR 2.43 95% CI (1.30 to 4.56) and adolescents (RR 1.74, 95% CI 1.00 to 1.36) except in subgroup adolescents, where depressive disorder symptom severity scores were statistically significantly lower in the group treated with sertraline (Treatment effect -4.56, 95% CI -8.79 to -0.32). |
| | Citalopram: significant benefit in response over placebo RR 1.30, 95% CI 1.02 to 1.67 |
| ADVERSE EVENTS: | • Overall, the risk of experiencing a suicide related outcome while being treated with an SSRI was 80% greater than if treated with a placebo (RR 1.80, 95% CI 1.19 to 2.72). |
| | • Adverse events were more common for those receiving paroxetine (RR 1.14, 95% CI 1.03 to 1.27) and fluoxetine (RR 1.19, 95% CI 1.03 to 1.36) |
| | The percentage of participants experiencing adverse events did not differ between the citalopram and placebo groups (RR 1.09, 95% CI 0.97 to 1.22) |
| | AEs occurring more commonly in the SSRI group included: suicide related outcome, decreased appetite, somnolence, tremor, hostility/anger, emotional lability and nausea. |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | CCDAN Trials Register, MEDLINE, PSYCHINFO and CENTRAL. Reference lists were checked, letters were sent to key researchers and internet databases searched. Conference abstracts for the American Academy of Child and Adolescent Psychiatry were searched. |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Yes |
| QUALITY RATING: | Good |

| STUDY: | Authors: Keller, et. al. 114 | | | |
|-----------------------------|----------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------|---------|--|
| | Year: 2001 | | | |
| | Country: US | | | |
| FUNDING: | Glaxo Smith Kline | | | |
| | | | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: 10 US and 2 Canadian | centers | | |
| | Sample size: 275 | | | |
| INTERVENTION: | | | | |
| Drug: | Paroxetine | Imipramine | Placebo | |
| Dose: | 20-40 mg/d | 200-300 mg/d | N/A | |
| Duration: | 8 weeks | 8 weeks | 8 weeks | |
| | | | | |
| INCLUSION: | Ages 12-18; met DSM-IV criteria for current MDD of at least 8 weeks duration; minimum score of 12 on HAM-D17; score | | | |
| | < 60 on Children's Global Assessment Scale and score of <a>> 80 on Peabody Picture Vocabulary Test | | | |
| | | | | |
| EXCLUSION: | Current or past history of bipolar disorder; schizoaffective disorder; eating disorder; alcohol or substance use disorder; | | | |
| | OCD; autism/pervasive developmental disorder; organic brain disorder; diagnosis of PTSD within 12 months; suicidal | | | |
| | Ideation with intent or specific plan; history of suicide attempt by drug overdoses; current psychotropic drug use; | | | |
| | adequate trial of antidepressant medication within 6 months; exposure to investigational drug use either within 30 days or | | | |
| | 5 half-lives of the drug; pregnant, breastreeding or lactating or sexually active hon-contraceptive using remaies | | | |
| ALLOWED OTHER MEDICATIONS/ | Not reported | | | |
| INTERVENTIONS: | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | | |
| | Mean age: paroxetine: 14.8, pla | cebo: 15.1 | | |
| | Gender (% female): paroxetine: | Gender (% female): paroxetine: 62.4%; placebo: 65.5% | | |
| | Ethnicity: paroxetine: white: 82.8%, African American: 5.4%, Asian: 1.1%, other: 10.8%, placebo: white: 80.5%, African | | | |
| | American: 6.9%, Asian: 2.3%, other: 10.3% | | | |
| | Other population characteristics: Anxiety: 19-28%, externalizing disorder: 20-26% | | | |

Major Depressive Disorder Pediatrics

Evidence Table 5
| Authors: Keller et. al. Year: 2001 | |
|---------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: US | Managurant Domission (HAM $D < 9$) Beananae (HAM $D > 50\%$ reduction from baseline) mean HAM D abange from |
| OUTCOME ASSESSMENT: | baseline CGLK-SADS-L individual HAM-D factors SIP self-perception profile |
| | <i>Timing of assessments:</i> at baseline and weekly intervals weeks 1-8 |
| | |
| RESULTS: | Mean HAM-D change: paroxetine: 10.74 (p = 0.13 vs. placebo), imipramine: 8.91 (p = 0.81 vs. placebo), placebo: 9.09; |
| | HAM-D remission: paroxetine: 63.3% (p = 0.02 vs. placebo), imipramine: 50% (p = 0.57 vs. placebo), placebo: 46 %; HAM-D response: paroxetine: 66.7% (p = 0.11 vs. placebo), imipramine: 58.5% (p = 0.61 vs. placebo), placebo: 55.2%; |
| | • Mean CGI: paroxetine: 2.37 ($p = 0.09$ vs. placebo), imipramine 2.70 ($p = 0.90$ vs. placebo), placebo: 2.73 |
| | CGI score of 1 or 2: paroxetine: 65.6% (p = 0.02 vs. placebo), imipramine: 52.1% (p = 0.64 vs. placebo), placebo: 48.3% |
| ANALYSIS: | ITT: Not reported |
| | Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 31% |
| | Withdrawals due to adverse events: paroxetine: 9.7% (p = 0.5 vs. placebo) imipramine: 31.5% (p < 0.01 vs. placebo) |
| | Loss to follow-up differential high: Yes |
| | |
| ADVERSE EVENTS: | No p-values given for comparison |
| | Side effects with > 5 % difference from placebo: paroxetine: dry mouth (20.4% vs. 13.8% in placebo); nausea (23.7% vs. 19.5% in placebo); dizziness (23.7% vs. 18.4% in placebo); emotional lability (6.5% vs. 1.1% in placebo), hostility (7.5% vs. 0 in placebo); insomnia (15.1% vs. 4.6% in placebo); somnolence (17.2% vs. 3.4% in placebo); tremor (10.8% vs. 2.3% in placebo); back pain (4.3% vs. 11.5% in placebo) |
| | Serious adverse effects: paroxetine: 11 (only 1 deemed to be related to medication), imipramine: 5 (2 deemed related to medication) |
| | Fair |
| | |

Evidence Table 5

Major Depressive Disorder Pediatrics

| STUDY: | Authors: Mandoki MW, et al. ¹ | 15 | | |
|-----------------------------|------------------------------------------|---------------------------------------|--------------------------------------|----------------|
| | Year: 1997 | | | |
| | Country: US | | | |
| FUNDING: | Not reported | | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: Single center | | | |
| | Sample size: 40 | | | |
| INTERVENTION: | | | | |
| Drug: | Venlafaxine | Placebo | | |
| Dose: | Age 8-12: 12.5-37.5 mg/d | N/A | | |
| | Age 13-17: 25-75 mg/d | 6 weeks | | |
| | 6 weeks | | | |
| Duration: | | | | |
| INCLUSION: | Children and adolescents 8-18 | years old; DSM-IV criteria for Major | r Depression | |
| | | | | |
| | | | | |
| EXCLUSION: | Female patients of childbearing | age had to use oral contraceptives | s or depo-provera injection; Tourret | te's syndrome; |
| | mental retardation; seizures; sc | hizophrenia; suicidal; medical illnes | SS | |
| | | | | |
| OTHER MEDICATIONS/ | Not reported | | | |
| INTERVENTIONS: | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: N | ot reported | | |
| | Mean Age: 12.8 | | | |
| | Gender (% female): 24% | | | |
| | Ethnicity: Not reported | | | |
| | Other population characteris | tics: Not reported | | |

| Authors: Mandoki MW, et al. Year: 1997 Country: US | |
|----------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | <i>Measures:</i> Children's Depression Inventory (CDI), Child Behavior Checklist (CBCL), 17 item HAM-D, Children's Depression Rating Scale (CDRS) <i>Timing of assessments:</i> Weekly |
| RESULTS: | Both venlafaxine and placebo patients showed significant improvement. |
| | There was no difference between venlafaxine and placebo. |
| ANALYSIS: | ITT: No |
| | Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 7 (17.5%) |
| | <i>Withdrawals due to adverse events:</i> 1 (2.5%) venlafaxine: 1 (5%), placebo: 0 (0%) <i>Loss to follow-up differential high:</i> No |
| ADVERSE EVENTS: | A higher percentage of patients in the venlafaxine group experienced side effects than in the placebo group at almost every week. |
| | At week 2 more statistically more venlafaxine patients reported nausea. |
| | At week 6 statistically more venlafaxine patients reported increased appetite. |
| QUALITY RATING: | Fair |

| STUDY: | Authors: March JS ¹¹⁶⁻¹²⁰ | Authors: March JS ¹¹⁰⁻¹²⁰ | | |
|--------------------|-----------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|---------------------------------------|-----------------------------------|
| | <i>Year:</i> 2004 and 2006 | | | |
| | Country: US | | | |
| | Trial name: TADS | | | |
| FUNDING: | NIMH | | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: Multi-center (13 si | tes-academic and community | clinics) | |
| | Sample size: 439 | | | |
| | | | | T |
| INTERVENTION: | [blinded] | [blinded] | [unblinded] | [unblinded] |
| Drug: | Placebo | Fluoxetine | Fluoxetine and CBT | CBT alone |
| Dose: | N/A | 10-40 mg/d | 10-40 mg/d | N/A |
| Duration: | 12 weeks | 12 weeks | 12 weeks | 12 weeks |
| Sample Size: | 112 | 109 | 107 | 111 |
| INCLUSION: | Ages 12-17; ability to receiv | ve care as an outpatient; a DS | M-IV diagnosis of MDD at consent and | d again at baseline; a CDRS-R |
| | total score of 45 or higher at baseline; a full scale IQ of 80 or higher; not taking antidepressants prior to consent; depressive | | | |
| | mood present in at least 2 or 3 contexts (home, school, among peers) for a least 6 wks prior to consent | | | |
| EXCLUSION: | Current or past diagnosis of bipolar disorder, severe conduct disorder, current substance abuse or dependence; pervasive | | | |
| | developmental disorders, thought disorder; concurrent treatment with psychotropic medication or psychotherapy outside the | | | |
| | study; 2 failed SSRI trials; a poor response to clinical treatment containing CBT for depression; intolerance to fluoxetine; | | | |
| | confounding medical condition, non-English speaking patient or parent; pregnancy or refusal to use birth control; suicidal in the | | | |
| | past 6 months; patients cor | nsidered to be a danger to the | mselves or others | |
| | <u> </u> | | | |
| OTHER MEDICATIONS/ | Concurrent stable psychost | timulant treatment (methylphe | nidate or mixed amphetamine salts) fo | r attention deficit hyperactivity |
| INTERVENTIONS: | disorder permitted | | | |
| POPULATION | Groups similar at baselin | e: Yes | | |
| CHARACTERISTICS: | Mean age: 14.6 (treatmen | t-specific numbers not reporte | d) | |
| | Gender (% female): 54.4% | 6 (treatment-specific numbers) | not reported) | |
| | <i>Ethnicity:</i> White: 73.8%; black: 12.5%; Hispanic: 8.9% (treatment-specific numbers not reported) | | | |
| | Other population charact | eristics: None significant | | |
| | | - | | |

Major Depressive Disorder Pediatrics

Evidence Table 5

| OUTCOME ASSESSMENT: | Measures: CDRS-R total score; CGI-I; RADS; SIQ-Jr, Functioning: Children's Global Assessment Scale (CGAS), global health with the Health of the Nation Outcome Scales for Children and Adolescents (HoNOSCA), and quality of life with the Pediatric Quality of Life Enjoyment and Satisfaction Questionnaire (PQ-LES-Q) Timing of assessments: Baseline and weeks 6 and 12 |
|---------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| RESULTS: | Fluoxetine with CBT was statistically significantly better than placebo (p = 0.001) on the CDRS-R Compared to fluoxetine alone (p = 0.02) and CBT alone (p = 0.01), treatment with fluoxetine and CBT was statistically significantly superior on the CDRS-R Fluoxetine alone was superior to CBT alone (p = 0.01) on the CDRS-R Fluoxetine with CBT (p < 0.001) and fluoxetine alone (p < 0.001) demonstrated significant improvement on the CGI-I compared to placebo; CBT alone was not significantly better than placebo (p = 0.20) Fluoxetine plus CBT were significantly better than placebo, fluoxetine alone, or CBT alone (p < 0.01) on the RADS Clinically significant suicidal thinking improved significantly in all four treatment groups (SIQ-Jr), with fluoxetine plus CBT showing the greatest reduction (p = 0.02) Loss of MDD diagnosis (using DSM-IV, K-SADS-P/L) at week 12: Both fluoxetine (78.6%) and fluoxetine+CBT(COMB) (85.3%) were superior to CBT alone (61.1%) and placebo (60.4%). Remission rate (CDRS-R≤28): COMB was superior to all other groups (COMB 37% vs. FLX 23% vs. CBT 16% vs. PBO 17%) Response rate (CGI-I≤2): COMB 71.0% vs. FLX 43.2% vs. CBT 43.2% vs. PBO 34.8% Functioning and QOL: COMB was better than placebo on all measures, and better then FLX on CGAS and PQ-LES-Q. Fluoxetine was superior to both placebo and CBT on the CGAS only. CBT monotherapy was not statistically different from the placebo group on any of the measures assessed. The combination of fluoxetine and CBT was effective in improving functioning, global health, and quality of life in depressed adolescents. Fluoxetine monotherapy improved functioning. LONG-TERM: 327 patients completed 36 weeks (after 12 weeks an open trial, no placebo). By week 24 all treatments converged, and remained so to 36 weeks (response rates COMB 86% vs. FLX 81% vs. CBT 81%). |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 18.2%; fluoxetine+CBT: 14%; fluoxetine: 17%; CBT: 22%; placebo: 21% Withdrawals due to adverse events: Not reported Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Adverse events reported as harm-related, psychiatric, or other 7.5% of patients had a harm-related adverse event; by FDA definition 69.7% of these had a serious adverse event : fluoxetine alone : 11.9%; fluoxetine with CBT : 8.4%; CBT alone : 4.5%]; placebo :5.4% Psychiatric adverse events : fluoxetine+CBT : 15%; fluoxetine alone : 21%; CBT alone : 1%; placebo : 9.8% Headache was most common : fluoxetine+CBT 5.6%, fluoxetine alone 12%, CBT alone 0%, placebo 9% Sedation fluoxetine+CBT : 0.9%; fluoxetine alone : 2.8%; CBT alone : 0%; placebo : 0.9% Insomnia fluoxetine+CBT : 4.7%; fluoxetine alone : 2.8%; CBT alone : 0%; placebo : 0.9% Vomiting fluoxetine+CBT : 3.7%; fluoxetine alone : 1.8%; CBT alone : 0.9%; placebo : 0.9% Upper abdominal pain fluoxetine+CBT : 0.9%; fluoxetine alone : 5.5%; CBT alone : %; placebo : 1.8% |

| | Suicide related rates fluoxetine+CBT : 4.7%; fluoxetine alone : 9.2%; CBT alone : 4.5%; placebo : 2.7% After 36 weeks: suicidal events FLX 14.7% vs. COMB 8.4% vs. CBT 6.3% |
|-----------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| QUALITY RATING: | Good |

| Evidence Table 5 | Major Depressive Disorder Pediatrics |
|---------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Usula et al. ¹²¹ |
| | Year: 2008 |
| | Country: Italy |
| FUNDING: | Sardinian Public Health Secretariat |
| DESIGN: | Study design: systematic review & meta-analysis |
| | Number of patients: 2530 |
| AIMS OF REVIEW: | To evaluate the efficacy of SSRIs in children and adolescents with depressive disorder |
| STUDIES INCLUDED IN REVIEW | Randomized controlled trials |
| TIME PERIOD COVERED: | Up to January 2007 |
| CHARACTERISTICS OF INCLUDED STUDIES: | Original articles, RCTs, children/adolescents diagnosed using standardized criteria |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Age 6-20 years, male/female ratio 1.07, mixture out- and in-patients, DSM-IIIR or DSM-IV diagnosis of depressive disorder or depressive symptoms |

| Authors: Usula | |
|----------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2008 | |
| CHARACTERISTICS OF | Fluoxetine 10-60mg/d, Paroxetine 10-50mg/d, Citalopram 10-40mg/d, Sertraline 25-200mg/d, Escitalopram 10-20mg/d |
| INTERVENTIONS: | Compared to placebo (or imipramine or clomipramine) |
| MAIN RESULTS: | Drop-outs: range 18.5%-39.6% (mean 26.3%), due to AEs: 25.8% (52.9% drug group vs. 29.3% placebo group), due to lack of efficacy 18.8% (37.7% drug group vs. 59.3% placebo group) For "primary outcome" (eg: CDRS-R, CGI-I, HAM-D) the pooled OR was 1.57 (95% CI 1.29-1.91) p<0.00001 Otherwise only fluoxetine had a significant OR of 2.39 (1.69-3.39) p<0.00001 There was a small, not significant negative association between the quality rating and the OR For CGI-I outcome pooled OR = 1.68 (1.38-2.03) p<0.00001 Based on CGI-I a statistically significant benefit of treatment was seen for fluoxetine (OR=2.38 [1.68-3.37]), as well as |
| | paroxetine (OR=1.49 [1.09-2.03]) and sertraline (OR=1.57 [1.04-2.37]) |
| ADVERSE EVENTS: | Of total drop-outs 25.8% due to AEs, 52.9% drug group vs. 29.3% placebo group AEs otherwise not discussed |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | Cochrane Library's Central Register of Controlled Trials (issue 1, 2007) and the Embase (1974–January 2007), PsycINFO (1967–January 2007), and Medline (1950–January 2007) databases. A hand search was performed |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | 4 features of a study were rated on a 1–3 scale, (total possible score of 12). 1. Allocation concealment: 3: Adequate concealment; 2: Unclear; 1: Clearly inadequate concealment. 2. Blinding: 3: Participant and care provider and outcome assessor blinded; 2: Unclear; 1: No blinding of outcome assessor. Each study was also assessed using the Jadad 5 point scale (Jadad et al., 1996). Inter-reviewer reliability for the quality of studies was measured by Kappa statistics |
| QUALITY RATING: | Fair |

Evidence Table 5 Major Depressive Disorder Pediatrics

| STUDY: | Authors: Usala, Clavenna, Zuddas, Bonati ¹²¹ Year: 2008 Country: multinational |
|---------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| FUNDING: | Sardinian Public Health Secretariat (Government funded) |
| DESIGN: | Study design: Systematic Review and Metaanalysis Number of patients: 2530 |
| AIMS OF REVIEW: | To evaluate the efficacy of selective serotonin reuptake inhibitors (SSRIs) in children and adolescents with depressive disorder |
| STUDIES INCLUDED IN REVIEW | Thirteen relevant randomised controlled trials of SSRI treatment of depression in children and adolescents, published in 12 papers; 11 RCTS were included in the meta-analysis as two were excluded due to quality and comparison reasons. |
| TIME PERIOD COVERED: | 1950 – January 2007 |
| CHARACTERISTICS OF INCLUDED STUDIES: | RCTs which compare one SSRI to placebo or which compare one SSRI to another; |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Children and adolescents were 6-20 years old and were both in and outpatients. Depression was diagnosed based on DSM- IV in most studies. Participants met the DSM-III-R diagnostic criteria in only two studies. In this Evidence Table only data on outpatients will be presented. Only the meta-analysis on Fluoxetine and Escitalopram include exclusively outpatients. |

| Authors: Usala, Clavenna, Zuddas, Bonati ¹²¹ Year: 200 | |
|-------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CHARACTERISTICS OF INTERVENTIONS: | Review was restricted to studies using SSRI therapy in children and adolescents with depressive disorder or depressive symptoms. Studies were eligible if they were randomised controlled trials and described subjects diagnosed by using standardised criteria. Studies involving only adults were excluded. |
| MAIN RESULTS: | A statistically significant difference, compared to placebo, was found only for fluoxetine: OR=2.39 (95%CI 1.69 to 3.39). Escitalopram showed no significant improvement compared to placebo: OR=1.39 (95% CI 0.85 to 2.27). (That was only one study). |
| ADVERSE EVENTS: | Not the focus of the review. |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | Yes |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Yes |
| QUALITY RATING: | Fair |

Evidence Table 5 Major De

Major Depressive Disorder Pediatrics

| STUDY: | Authors: Wagner, et. al. ¹²² | | | |
|-----------------------------|-----------------------------------------------------------------------------------------------------------------------------|--------------------------------------|---------------------------------------|---------------------|
| | Year: 2003 | | | |
| | Country: Multinational | | | |
| FUNDING: | Pfizer, Inc. | | | |
| DESIGN | Study design: Pooled analysis | of 2 multi-center, double blind, pla | cebo controlled trials | |
| DESIGN. | Setting: 53 hospital, general pra | actice, academic centers in the US | , India, Canada, Costa Rica and M | lexico. |
| | Sample size: 376 | | | |
| INTERVENTION: | | | | |
| Drug: | Sertraline | Placebo | | |
| Dose: | 50-200 mg/d | N/A | | |
| Duration: | 10 weeks | 10 weeks | | |
| INCLUSION: | Ages 6-17 years; met DSM-IV criteria for MDD (as determined by Kiddie Schedule for Affective Disorders and | | | |
| | Schizophrenia for School-Age Children, present and lifetime version); current episode of at least 6 weeks duration; | | | |
| | minimum score on CDRS-R of 45 and CGI of 4 | | | |
| EXCLUSION: | Current and primary diagnoses of | of ADHD: conduct disorder: OCD: | panic disorder: history of bipolar di | sorder: current |
| | psychotic features; history of psychotic disorder or autistic spectrum disorder; previous suicide attempts or high suicidal | | | |
| | or homicidal risk; abnormal scree | ening EKG, labs, vital signs or bod | ly weight; pregnancy; prior enrollm | ent in a sertraline |
| | study; medical contraindications to SSRI; history of failure on SSRI; no other psychotropic meds for at least 2 weeks (4 | | | |
| | weeks for fluoxetine) | | | |
| ALLOWED OTHER MEDICATIONS/ | Chloral hydrate, diphenhydramir | a as sleen aids | | |
| INTERVENTIONS: | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye | S | | |
| | Mean age: Not reported | - | | |
| | Gender (% female): sertraline: 57.1%, placebo: 44.9% ($p = 0.02$) | | | |
| | <i>Ethnicity:</i> sertraline: white, 71.4%; Asian, 13.8%; Hispanic, 7.9%; black, 3.7%; other, 3.2% | | | |
| | placebo: white, 69.5%; Asian, 12.3%; Hispanic, 10.2%; black, 4.8%; other, 3.2% | | | |
| | Other population characteristi | ics: Comorbid psychiatric diagnosi | s: 38 % | |

| Authors: Wagner et. al. Year: 2003 | |
|---------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: Multinational | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> Change in CDRS-R, CDRS-R response ≥ 40% change from baseline, CGI-S score, CGI-I score, and CGI- response (score of 1 or 2), MASC, CGAS, PQ-LES-Q <i>Timing of assessments:</i> Baseline, weeks 1, 2, 3, 4, 6, 8, 10 |
| RESULTS: | Mean CDRS-R change (ITT): sertraline: 22.84, placebo: 20.19 (p = 0.007) Mean CDRS-R change (completers): sertraline: 30.24, placebo: 25.83 (p = 0.001) CDRS-responder: sertraline: 69%, placebo: 59% (p = 0.05) Mean CGI: sertraline: 2.56, placebo: 2.75 (p = 0.009) CGI responder: sertraline: 63%, placebo: 53% (p = 0.05) Change in CGI-S: sertraline: 1.22, placebo: 1.01 (p = 0.005) |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 20%; sertraline: 24.4%; placebo: 16.6% Withdrawals due to adverse events: 5.9%; sertraline: 9%; placebo: 2.7% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Adverse events that occurred in at least 5% of sertraline treated patients with an incidence at least twice that of placebo: insomnia (19.8% vs. 8%), diarrhea (15.1% vs. 4.5%), vomiting (9.3% vs. 4.5%), anorexia (10.5% vs. 2.3%), agitation (8.1% vs. 2.3%) Serious adverse events (based on pre-defined criteria): sertraline: 7, placebo: 6 Mean change in body weight: sertraline: -0.38 kg, placebo: 0.78 kg (p = 0.001) |
| QUALITY RATING: | Fair |

| Evidence Table 5 | Major Depressive Disorder Pediatric | S | | |
|-----------------------------|-----------------------------------------------------------------------------------------------------------------------|------------------------------------------------------|--|--|
| STUDY: | Authors: Wagner KD, et al. ¹²³ | | | |
| | Year: 2004 | | | |
| | Country: US | | | |
| FUNDING: | Forest Pharmaceuticals | | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: Multi-center (21) | | | |
| | Sample size: 178 | | | |
| INTERVENTION: | | | | |
| Drug: | Citalopram | Placebo | | |
| Dose: | 20-40 mg/d | N/A | | |
| Duration: | 8 weeks | 8 weeks | | |
| Sample size: | 93 | 85 | | |
| INCLUSION: | Children (7-11) and adolescents (12-17) who met DSM-IV criteria for major depression; current depressive episode of 4 | | | |
| | weeks or greater; score of at least 40 on the Children's Depression Rating Scale; normal physical exam, laboratory | | | |
| | tests, and ECG results. | | | |
| EXCLUSION: | Primary psychiatric diagnosis other than MDD; DSM-IV diagnosis of ADHD; PTSD; bipolar disorder; pervasive | | | |
| | development disorder; mental retardation; conduct disorder; any psychotic features; history of alcohol or substance | | | |
| | abuse; anorexia or bulimia within the past year; suicidal risk | | | |
| OTHER MEDICATIONS/ | Certain prescription and over the counter medications prohibited (e.g., antipsychotics, anticonvulsants, sedatives, | | | |
| INTERVENTIONS: | hypnotics, cardiovascular agents, among others) | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | | |
| | Mean age: Citalopram: 12.1; placebo: | 12.1 | | |
| | Gender (% female): Citalopram: 52.8% | Gender (% female): Citalopram: 52.8%; placebo: 54.1% | | |
| | <i>Ethnicity:</i> Citalopram: white: 80.9%; placebo: 72.9% white | | | |
| | Other population characteristics: Baseline mean Children's Depression Rating Scale: 58.8 citalopram; 57.8 placebo | | | |

| Authors: Wagner KD, et al. | |
|----------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2004 | |
| Country: US | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Children's Depression Rating Scale-Revised |
| | Secondary Outcome Measures: CGI-I; CGI-S |
| | Timing of assessments: Baseline and weeks 1,2,4,6, and 8. |
| RESULTS: | Compared to placebo, citalopram showed significantly more improvement on the Children's Depression Rating Scale-Revised (p < 0.05) |
| | 47% of citalopram-treated patients had a CGI-I rating ≤ 2 compared to 47% of placebo-treated patients (p =not reported) |
| | Mean change in CGI-S was -1.3 for citalopram and -1 for placebo (p = not reported) |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 22% (40); citalopram: 24% (22); placebo: 21% (18) |
| | Withdrawals due to adverse events: 5.7%; citalopram: 5.6%; placebo: 5.9% |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Events occurring in greater than 10% of patients (p = NR): |
| | Rhinitis: Citalopram: 13.5%; placebo: 5.9% |
| | Nausea: Citalopram: 13.5%; placebo: 3.5% |
| | Abdominal Pain: Citalopram: 11.2%; placebo: 7.1% |
| QUALITY RATING: | Fair |

| Evidence Table 5 | Major Depressive Disorder Pediatrics | | |
|-----------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------|--|
| STUDY: | Authors: Wagner et al. ¹²⁴ | | |
| | Year: 2006 | | |
| | Country: USA | | |
| FUNDING: | Forest Laboratories | | |
| DESIGN: | Study design: RCT | | |
| | Setting: multicentre | | |
| | Sample size: 268 | | |
| INTERVENTION: | | | |
| Drug: | Esciltalopram | Placebo | |
| Dose: | 10-20mg/d | n/a | |
| Duration: | 8 weeks | 8 weeks | |
| Sample size: | 131 | 133 | |
| INCLUSION: | 6-17 years old with DSM-IV criteria for MDD; dia | agnosis established with K-SADS-PL | |
| | current depressive episode ≥4 weeks in duration | n. | |
| | CDRS-R≥40 at both the screening and baseline | visits. | |
| | normal results at screening from physical examination, laboratory tests, and electrocardiography. | | |
| EXCLUSION: | normal results at screening from physical examination, laboratory tests, and electrocardiography. any primary psychiatric diagnosis other than MDD, psychotic features, or severe personality disorder, or history of anorexia nervosa, bulimia, or substance abuse, including alcohol, within the past year DSM-IV criteria for ADHD, PTSD, bipolar disorder, pervasive developmental disorder, mental retardation, conduct disorder, or oppositional defiant disorder. Females of childbearing potential were excluded if not practicing, or not willing to practice, a reliable method of birth control or if pregnant or nursing. Initiation of psychotherapy or behavioral therapy during the study or within the 3 months suicide risk, had ever been hospitalized because of a suicide attempt, or had made a serious suicide attempt within the past year patients treated with any antidepressant or anxiolytic medication within 2 weeks of baseline (4 weeks for fluoxetine), patients treated with an antipsychotic or stimulant within 6 months before screening, or patients who received an investigational drug 30 days before study entry. Patients who had been in a previous investigational study of escitalopram or who had previously failed an adequate trial of escitalopram or citalopram or adequate trials of two other SSRIs | | |
| OTHER MEDICATIONS/ | Zolpidem, zaleplon allowed | | |
| INTERVENTIONS: | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: yes | | |
| | Mean age: 12.3 ±3.0 years Gender (female %): 51.9% | | |
| | Ethnicity: NR Other population characteristics: NR | | |

| Authors: Wagner et al | | | | |
|--------------------------------------|-------------------------------------------------------------------------|--------------------------------------------------------|--|--|
| Year: 2006 | | | | |
| Country: USA | | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: change form baseline in C | DRS-R | | |
| | Secondary Outcome Measures: CGI-S, CGI-I, CGAS, re | esponse is CDRS-R≤28 and CGI-I≤2 | | |
| | Timing of assessments: 1, 2, 4, 6, 8 weeks | Timing of assessments: 1, 2, 4, 6, 8 weeks | | |
| RESULTS: | change in CDRS-R escitalopram -21.9 vs. placebo | -20.2, p=0.310 (NS) | | |
| | no significant differences in secondary outcome me | asures | | |
| | post hoc subgroup analysis of adolescents (age 12- | -17) showed significant improvements in CGI-S (-1.5 vs | | |
| | 1.0, p=0.02), CGI-I (2.4 vs. 2.8, p=0.038) and CGAS | S (15.7 vs. 10.0, p=0.005) but not the CDRS-R. | | |
| | escitalpopram and placebo results in children (6-11 |) equivocal | | |
| | authors note a high placebo response rate of 52.3% | as in other JMDD trials) | | |
| ANALYSIS: | ITT: yes (all patients who had at least one post-baseline assessment) | | | |
| | Post randomization exclusions: 7 | | | |
| | Loss to follow-up differential high: no | | | |
| ATTRITION: | Escitalopram | Placebo | | |
| Loss to follow-up: | 22.1% | 13.6% | | |
| Withdrawals due to adverse events: | 1.5% | 1.5% | | |
| Withdrawals due to lack of efficacy: | 3.0% | 3.1% | | |
| ADVERSE EVENTS: | Escitalopram vs. placebo (%) | | | |
| | At least 1 AE 68.7% vs. 67.7% | | | |
| | Potential suicide related event 0.8% vs. 1.5% | | | |
| | Abdominal pain 10.7% vs. 5.3% | | | |
| QUALITY RATING: | Fair | | | |
| | | | | |

Major Depressive Disorder Pediatrics

| STUDY: | Authors: Whittington CJ, et. al. ¹²⁵ |
|---------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | Year: 2004 |
| | Country: UK |
| FUNDING: | NICE (National Institute for Clinical Excellence) |
| DESIGN: | Study design: Systematic review, SSRI versus placebo |
| | Number of patients: 2145 |
| AIMS OF REVIEW: | To evaluate the risk versus benefit of SSRI's when used to treat childhood depression |
| STUDIES INCLUDED IN META- ANALYSIS | Emslie GJ et al., 1997, Emslie GJ etal., 2002, Keller MB etal., 2001, Wagner, KD etal., 2003 ; unpublished results included in a report by the Committee on Safety of Medicines (UK) |
| TIME PERIOD COVERED: | All studies up to 2003 |
| CHARACTERISTICS OF INCLUDED STUDIES: | Patients randomized to either an SSRI or placebo |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Included trials had patients aged 5-18 years old; no other population information given |

| Authors: Whittington CJ, et. al. Year: 2004 | |
|------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: UK | |
| CHARACTERISTICS OF INCLUDED IINTERVENTIONS: | Fluoxetine vs. placebo (2 trials); paroxetine vs. placebo (3 trials); sertraline vs. placebo (2 trials); citalopram vs. placebo (1 trial); venlafaxine vs. placebo (3 trials) |
| MAIN RESULTS: | Both published and unpublished data demonstrated fluoxetine has a favorable risk-benefit profile Published and unpublished data combined on paroxetine demonstrated it does not improve depressive symptoms and has little effect on response One paroxetine study reported an increased risk of serious adverse events (11.8% vs 2.3%; NNTH 10 [95% CI 6-50]) and suicidal ideation or attempting suicide (5.4% vs 0%; NNTH 20 [10 to ∞]) Unpublished data on sertraline in children indicate it is not as effective as reported in published trials One unpublished study of citalopram suggested a negative risk-benefit profile Combined, published and unpublished data of venlafaxine suggested a negative risk-benefit profile |
| ADVERSE EVENTS: | Paroxetine, sertraline, citalopram, and venlafaxine all indicated an increased risk of adverse events |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | Yes |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Yes |
| QUALITY RATING: | Fair |

| Evidence Table 6 | General Anxiety Disorder | | |
|--------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|----------------------------------------|
| STUDY: | Authors: Allgulander et. al. ¹²⁶ Year: 2004 Country: Australia, Canada, Denmark, | Norway, and Sweden | |
| FUNDING: | Not reported | | |
| DESIGN: | Study design: RCT Setting: Multi-center (21) Sample size: 378 | | |
| INTERVENTION: | · | | |
| Drug: | Sertraline | Placebo | |
| Dose: | 50-150 mg/d (mean 95 mg/d) | N/A | |
| Duration: | 12 weeks | 12 weeks | |
| Sample size: | 190 | 188 | |
| INCLUSION: | Outpatients (18 years or older) with a primary diagnosis of DSM-IV defined anxiety disorder based on clinical assessments and structured interview; screening and baseline scores \geq 18 on the Hamilton Anxiety Rating Scale and scores \geq 2 on Hamilton Anxiety Scale item 1 and item 2 | | |
| EXCLUSION: | No current use of medically accepted contraception in fertile women; current or past history of bipolar, schizophrenic, psychotic, or OCD; current history of MDD; score ≥ 16 on MADRS; concurrent psychotherapy for GAD; unstable medical condition; positive drug test; suicidal risk; previous failure to respond to adequate trial on antidepressant drug treatment | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Drugs with psychotropic activity | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: Sertraline: 40.3; placebo 42 Gender (% female): Sertraline 59% fer Ethnicity (% white): Sertraline 98%; pl Other population characteristics: 44% | .4 male; placebo 51% female acebo 97% % of sertraline patients had partial/full hig | h school education vs. 40% for placebo |

| Authors: Allgulander, et al. | |
|------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2004 | |
| Country: Multi-country (Australia, Canad | a, Denmark, Norway, and Sweden) |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: HAM-A |
| | Secondary Outcome Measures: CGI-I, CGI-S, MADRS, HADS, QoL enjoyment and satisfaction questionnaire, |
| | Endicott Work Productivity Scale, VAS for perceived health |
| | <i>Timing of assessments:</i> Baseline, weeks 1, 2, 4, 6, 8, and 12 |
| RESULTS: | Mean change in HAM-A total score significantly greater among sertraline-treated patients (-11.7) compared to placebo-treated patients (-8.0); (p < 0.0001) |
| | Significantly greater improvement for sertraline in the anxiety and depression component of the HADS (p < 0.0001) |
| | Sertraline significantly better than placebo as assessed by change in the MADRS, CGI-I, CGI-S, QoL, and Endicott Work Productivity Scales |
| | VAS not reported |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 23%; sertraline: 20%; placebo: 26% |
| | Withdrawals due to adverse events: 9%; sertraline: 8%; placebo: 10% |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Discontinuations due to adverse events were 8% for sertraline and 10% for placebo; the incidence of severe adverse events was \geq 3% with sertraline for the following: sweating (3.8% vs 0.0% for placebo), headache (3.3% vs 4.8%), nausea (4.3% vs 1.6%), insomnia (4.3% vs 3.7%), anxiety (3.3% vs 4.2%), and decreased libido in women (4.6% vs 0.0%); Significantly more nausea (28% vs. 13%), insomnia (20% vs. 15%), decreased libido in men (17% vs. 5%), diarrhea (11% vs. 5%), and fatigue (10% vs. 5%) |
| QUALITY RATING: | Fair |

| Evidence Table 6 | Generalized Anxie | ety Disorder Adults | | | |
|--------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|-----------------------------------------------|-----------------------------------------------|-------------------------------------------------------|
| STUDY: | Authors: Baldwin et al. ¹²⁷ | | | | |
| | Year: 2006 | | | | |
| | Country: Multinatio | onal | | | |
| FUNDING: | H. Lundbeck A/S | | | | |
| DESIGN: | Study design: RC | Т | | | |
| | Setting: Multicente | r | | | |
| | Sample size: 681 | | | | |
| INTERVENTION: | | | | | |
| Drug: | Placebo | Escitalopram | Escitalopram | Escitalopram | Paroxetine |
| Dose: | NA | 5 mg/day | 10 mg/day | 20 mg/day | 20 mg/day |
| Duration: | 12 weeks | 12 weeks | 12 weeks | 12 weeks | 12 weeks |
| Sample size: | 139 | 134 | 136 | 133 | 139 |
| INCLUSION: | aged 18–65 years of both HAMA item 1 | old with a Hamilton A (anxious mood) and | Anxiety Scale (HAMA item 2 (tension) at so | ; Hamilton, 1959) tot creening and at base | al score ≥ 20 , and a score of ≥ 2 on eline |
| | MDD, panic disorder, social anxiety disorder, PTSD, bipolar disorder, OCD, eating disorders, body dysmorphic disorder, substance misuse disorder, any personality disorder that could jeopardize the evaluation of the treatment for primary generalised anxiety, and any current or previous psychotic disorder at risk of suicide; receiving CBT, ECT, cognitive therapy or problem-solving treatment, or planned to initiate such therapy; unstable serious illness and/or serious sequelae; psychoactive substances, anxiolytics, antidepressants, MAOIs, benzodiazepines, b-blockers, tryptophan, oral antipsychotics, narcotic analgesics (except intermittent use of codeine-based analgesics), warfarin sodium, digitalis, cardiac glycosides, type 1c antiarrhythmics, phenytoin, cimetidine, regular daily therapy with any hypnotic psychoactive herbal remedies, antiepileptics, ongoing prophylactic treatment with lithium, valproate or carbamazepine, and triptans within the 2 weeks; any investigational drug or depot antipsychotics within 6 months. | | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | use of anti-hypertensives other than b-blockers was permitted as long as the dose had been stable for 6 months and remained fixed during the study: zolpidem, zopiclone, or zaleplon for insomnia, but not more than 3 times per week | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at Mean age: 41 Gender (female % Ethnicity: 99% cau Other population | baseline: Yes): 64.2 Jacasian characteristics: | | spier for mooning, b | |

| Authors: Baldwin et al. | |
|-------------------------|--------------------------------------------------------------------------------------------------------|
| Year: 2006 | |
| Country: Multinational | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Mean change in HAM-A |
| | Secondary Outcome Measures: |
| | Timing of assessments: Baseline and weeks 1,2,4,6,8,10,12,13,14 |
| RESULTS: | PBO vs. ESC5 vs. ESC10 vs. ESC20 vs. PAR |
| | • Mean change in HAM-A (P vs. PBO) -14.20 vs15.49 (p = 0.165) vs16.76 (p = 0.006) vs16.35 (p = 0.022) |
| | vs14.71 (p = 0.585) |
| | Rest of data NR or is in graphs |
| | |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: 7 |
| ATTRITION: | Loss to follow-up: Overall 14% PBO 10% ESC5 13% ESC10 12% ESC20 16% PAR 16% |
| | Withdrawals due to adverse events: NR |
| | Withdrawals due to lack of efficacy: NR |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | PBO vs. ESC5 vs. ESC10 vs. ESC20 vs. PAR |
| | Patients with adverse events, n (%) 88 (63.3) vs. 88 (65.7) vs. 94 (69.1) vs. 94 (70.7) vs. 101 (72.7) |
| | Fatigue 4 (2.9) vs. 11 (8.2) vs. 14 (10.3)* vs. 22 (16.5)* vs. 12 (8.6) |
| | Insomnia 3 (2.2) vs. 12 (9.0)* vs. 17 (12.5)* vs. 14 (10.5)* vs. 15 (10.8)* |
| | Diarrhoea 4 (2.9) vs. 13 (9.7)* vs. 13 (9.6)* vs. 13 (9.8)* vs. 11 (7.9) |
| | Sweating increased 4 (2.9) vs. 4 (3.0) vs. 11 (8.1) vs. 12 (9.0)* vs. 12 (8.6) |
| | Somnolence 3 (2.2) vs. 10 (7.5)* vs. 5 (3.7) vs. 10 (7.5)* vs. 10 (7.2) |
| | Yawning 1 (0.7) vs. 1 (0.7) vs. 7 (5.3)* vs. 3 (2.2) |
| | Anorgasmia 2 (1.5) vs. 6 (4.4)* vs. 2 (1.5) vs. 9 (6.5)* |
| | |
| QUALITY RATING: | Fair |
| | |

| Evidence Table 6 | General Anxiety Disorder | | |
|-----------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|-----------------------------------------|
| STUDY: | Authors: Ball SG, et al. ¹²⁸ Year: 2005 Country: US | | |
| FUNDING: | Pfizer Inc, NY | | |
| OBJECTIVE: | To test hypothesis that paroxetine and s adult GAD | sertraline are similar in their effectiveness | and tolerability for the treatment of |
| DESIGN: | Study design: RCT Setting: Single center Sample size: 55 | | |
| INTERVENTION: | · | | |
| Drug: | Paroxetine | Sertraline | |
| Dose: | 10-40 mg/d | 25-100 mg/d | |
| Duration: | 8 weeks | 8 weeks | |
| Sample size: | 25 | 28 | |
| INCLUSION: | 18 years or older; primary DSM-IV diagnosis of GAD; HAM-A score of 18 or greater; good physical health | | |
| EXCLUSION: | HAM-D score greater than 20 at baselin | ne; history of substance abuse/dependen | ce within 6 months of baseline; history |
| OTHER MEDICATIONS/ | Or psycholic of bipolar disorders, prior n | ton-response to sertraine or paroxetine, p | Dreghancy |
| INTERVENTIONS: | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: No Mean age: paroxetine: 35.6, sertraline: Gender (% female): paroxetine: 84%, s Ethnicity: paroxetine: 84% white, 12% Other population characteristics: Baseline HAM-A: paroxetine: 20.8, sert Baseline: CGI-S: paroxetine: 4.2, sertra Baseline Q-LES-Q: paroxetine: 62, sert | 42.9 sertraline: 71% black, 4% Asian; sertraline: 93% white, 7 traline: 21.4 aline: 4.4 raline: 64 | % black, 0% Asian |

| Authors: Ball SG, et al. Year: 2005 | | | | |
|----------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------|---------------------------------------|--|
| Country: US | 1 | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: HAM-A; | Remission rate (defined as CGI-S score | of 1) | |
| | Secondary Outcome Measures: IU-GAMS (Indiana University Generalized Anxiety Measurement Scale); BAI (Beck Anxiety Inventory); Q-LES-Q | | | |
| RESULTS: | There was no significant differenc | e between SR and PX patients in HAM-A | A score reduction (F= 0.37, df=1,51) | |
| | There was no significant difference | e between SR and PX patients in remiss | ion rate (² = 0.22, df=1) | |
| | Quality of life scores did not differ | significantly between treatment groups | | |
| | , | | | |
| ANALYSIS: | ITT: Yes | | | |
| | Post randomization exclusions: Yes (2) | | | |
| ATTRITION: | Overall | Paroxetine | <u>Sertraline</u> | |
| Loss to follow-up: | 12 (22%) | 5 (20%) | 5 (18%) | |
| Withdrawals due to adverse events: | 6 (11%) | NR | NR | |
| Withdrawals due to lack of efficacy: | | | | |
| Loss to follow-up differential high: | 1 (2%) | NR | NR | |
| | No | | | |
| ADVERSE EVENTS: | Barovetino: dizzinoss nausoa so | yual dysfunction, and constinution | | |
| | Faroxetine: dizziness, nausea, sexual dysfunction, and constipation Sertraline: sexual dysfunction, diarrhea | | | |
| QUALITY RATING: | Fair | | | |

Evidence Table 6 Generalized Anxiety Disorder

| Authors: Bose et al. ¹²⁹ | | | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2008 | | | |
| Country: USA, multicenter | | | |
| Forest Research Institute (Industry proc | lucing Escitalopram) | | |
| Study design: RCT | | | |
| Setting: 28 US centers, outpatients | | | |
| Sample size: 404 patients | | | |
| | | | |
| Placebo | Venlafaxine XR | Escitalopram | |
| NA | 75-225 mg/day | 10-20mg/day | |
| | flexible dose | flexible dose | |
| 8 weeks | 8 weeks | 8 weeks | |
| 140 | 133 | 131 | |
| Male and female outpatients (18–65 years) who met DSM-IV criteria for generalized anxiety disorder were eligible for the study. | | | |
| rations were required to have a minimum total score of 20 on the HAMA with a score >= on items 1 (anxious mood) and 2 (tension), and a score <= 15 on the Hamilton Depression Dating Scale at ascenning and baseline. | | | |
| (tension), and a score <= 15 on the Hamilton Depression Rating Scale at screening and baseline. | | | |
| then GAD as well as nationts that mot DSM IV criteria for bipolar disorder, sobizonbronia or any psychotic disorder, observing | | | |
| than GAD as well as patients that met L | DSM-IV criteria for bipolar disordei | r, schizophrenia or any psychoti | c disorder, obsessive |
| compulsive disorder, any personality dis | sorder, mental retardation or any p | pervasive developmental or cog | nitive disorder or which |
| treated with citalenram, excitalenram or venisfavine XP were not cligible to participate, nor were these who previously | | | |
| treated with citalopram, escitalopram or veniataxine XR were not eligible to participate, nor were those who previously had failed | | | |
| to respond to adequate thats of any two SSRIS. Patients also were excluded if they had participated in an investigational study of | | | |
| nau received treatment with an investigational drug within T month before study entry. | | | |
| Allowed were zolpidem or zalepion (as | needed for sleep). | | |
| Groups similar at baseline: Yes | | | |
| Mean age: Placebo 37.6 Escitalonram | 38.2 Venlafavine 37.1 | | |
| Gender (female %). Placebo 62.5 Feo | italonram 64.6 Venlafavine 50.7 | | |
| Ethnicity (Caucasian %): Placebo 77 ' | 2 Escitalonram 74.00 Venlafavine | e 78 3 | |
| Other nonulation characteristics: Comorbidites (Anviety and mood disorders: | | | |
| Placebo 27.2% Escitalopram 22.8% Venlafaxine 19.4%) | | | |
| | Authors: Bose et al. ¹²⁹ Year: 2008 Country: USA, multicenter Forest Research Institute (Industry proc Study design: RCT Setting: 28 US centers, outpatients Sample size: 404 patients Placebo NA 8 weeks 140 Male and female outpatients (18–65 ye. Patients were required to have a minim (tension), and a score <= 15 on the Har Women who were breastfeeding were et than GAD as well as patients that met I compulsive disorder, any personality dis were at risk committing suicide or were treated with citalopram, escitalopram or to respond to adequate trials of any two had received treatment with an investig Allowed were zolpidem or zaleplon (as Groups similar at baseline: Yes Mean age: Placebo 37.6, Escitalopram Gender (female %): Placebo 62.5, Esc Ethnicity (Caucasian %): Placebo 77.3 Other population characteristics: Co Placebo 27.2%, Escitalopram 22.8%, V | Authors: Bose et al. 129 Year: 2008 Country: USA, multicenter Forest Research Institute (Industry producing Escitalopram) Study design: RCT Setting: 28 US centers, outpatients Sample size: 404 patients Placebo Venlafaxine XR NA 75-225 mg/day flexible dose 8 weeks 140 133 Male and female outpatients (18–65 years) who met DSM-IV criteria for g Patients were required to have a minimum total score of 20 on the HAMA (tension), and a score <= 15 on the Hamilton Depression Rating Scale at Women who were breastfeeding were excluded. Patients with DSM-IV criteria for bipolar disorder compulsive disorder, any personality disorder, mental retardation or any p were at risk committing suicide or were substance dependent during the l treated with citalopram, escitalopram or venlafaxine XR were not eligible to respond to adequate trials of any two SSRIs. Patients also were exclude had received treatment with an investigational drug within 1 month before Allowed were zolpidem or zaleplon (as needed for sleep). Groups similar at baseline: Yes Mean age: Placebo 37.6, Escitalopram 38.2, Venlafaxine 37.1 Gender (female %): Placebo 62.5, Escitalopram 64.6, Venlafaxine 59.7 Ethnicity (Caucasian %): Placebo 77.2, E | Authors: Bose et al. ¹²⁹ Year: 2008 Country: USA, multicenter Forest Research Institute (Industry producing Escitalopram) Study design: RCT Setting: 28 US centers, outpatients Sample size: 404 patients Placebo Venlafaxine XR NA 75-225 mg/day 10-20mg/day flexible dose 8 weeks 140 133 Male and female outpatients (18–65 years) who met DSM-IV criteria for generalized anxiety disorder wer Patients were required to have a minimum total score of 20 on the HAMA with a score >= on items 1 (anx) (tension), and a score <= 15 on the Hamilton Depression Rating Scale at screening and baseline. Women who were breastfeeding were excluded. Patients with DSM-IV criteria for primary diagnoses for a than GAD as well as patients that met DSM-IV criteria for bipolar disorder, schizophrenia or any psychoti compulsive disorder, any personality disorder, mental retardation or any pervasive developmental or cog were at risk committing suicide or were substance dependent during the last six months. Patients who ha treated with citalopram, escitalopram or venlafaxine XR were not eligible to participate, nor were those w to respond to adequate trials of any two SSRIs. Patients also were excluded if they had participated in ar had received treatment with an investigational drug within 1 month before study entry. Allowed were zolpidem or zaleplon (as needed for sleep). Groups similar |

| Authors: Bose et al. | | | | |
|----------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2008 | | | | |
| Country: USA | | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Meas | ures: change from | baseline to week 8 in the | e HAMA total score |
| | Secondary Outcome Measures: HAMA psychic anxiety subscale, HAMA Somatic Subscale score, HAMA Anxiety Item score, HAMA Psychic Item, CGI-S scores, the CGI-I score; Visual Analogue Scale (VAS), Overall Pain score, HAD Anxiety Subscale score, HAD Depression Subscale score, Quality of Life Scale score, SDS score, HAMD score, CGI-I response rate (CGI-I <=2) and HAMA response (>=50% reduction from baseline) and remission rates (HAMA <=7). | | | |
| | | chowed a statistic | ally significant change fro | om basalina at wook 8 in HAMA total score (LOCE |
| | Only vehiclastic AR showed a statistically significant charge norm baseline at week of in FAMA total score (LOCF approach) (primary outcome measure). The least square mean difference for Vehiclastine XR versus placebo was -2.27 (p=.01). The least square mean difference for Escitalopram versus placebo was -1.52 (p=.09). Neither escitalopram nor vehiclastine produced significantly greater HAMA response (>=50% reduction from baseline) or remission (HAMA <=7) than placebo (response: 52.8 and 52.0% for escitalopram and vehiclastine, and 42.2% for placebo; remission: 31.2% for both escitalopram and vehiclastine, 23.7% for placebo; P>.05 versus placebo, LOCF) However, both active treatment groups had significantly higher CGI-I response rates (CGI-I <=2) than the placebo treatment group (Escitalopram 60.0%, Vehiclastine 65.6%, placebo 45.9%, P<.05, LOCF). More Vehiclastine XR-treated patients withdrew due to AEs than placebo-treated patients (13.2 versus 5.1%, P=0.031) | | | |
| ANALYSIS: | ITT: Yes | | | |
| | Post randomization exclusions: Yes, 12 patients | | | |
| ATTRITION: | Withdrawals due to adverse events: Plac. 7 (5.1%); Escitalopram 9 (7.1%); Venlafaxine XR 17 (13.2%) Withdrawals due to lack of efficacy: Plac. 6 (4.4%); Escitalopram 3 (2.4%); Venlafaxine XR 0 (0.0%) Differential Attrition: Escitalopram and Placebo: 3.8% Venlafaxine and Placebo: 2.1% Escitalopram and Venlafaxine: 5.9% | | | |
| ADVERSE EVENTS: | Statistically significa reports) and nausea somnolence and fati impotence (male rep Ejaculation disorder: Nausea Dry mouth | nt differences comp . Venlafaxine result gue. Escitalopram (ports). Placebo 0 8.1 5.9 | pared to placebo in both a ed in significantly more a resulted in significantly m vs. Escitalopram vs. 24.4 vs. 20.5 vs. 8.7 | active agents were found in ejaculation disorder (male dverse events reports compared to placebo in dry mouth, ore adverse events reports compared to placebo in vs. Venlafaxine XR vs. 28.8 vs. 26.4_ vs. 18.6 |
| | Insomnia | 13.2 | vs. 13.4 | vs. 17.8 |
| | Somnolence | 7.4 | vs. 10.2 | vs. 16.3 |
| | Headache | 15.4 | vs. 15.7 | vs. 14.7 |
| | Increased sweating | 4.4 | vs. 3.9 | vs. 10.9 |
| | Fatigue | 3.7 | VS. 6.3 | VS. 10.9 |
| QUALITY RATING: | Fair | U | vs. 11.1 | vs. u |

| Evidence Table 6 | Generalized Anxiety Disorder Adults | i | |
|--------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|
| STUDY: | Authors: Brawman-Mintzer et al. ¹³⁰ Year: 2006 | | |
| | Country: United States | | |
| FUNDING: | Plizer Inc. | | |
| DESIGN: | Study design: RCT | | |
| | Setting: Multicenter (9) | | |
| | Sample size: 326 | | |
| INTERVENTION: | | | |
| Drug: | Placebo | Sertraline | |
| Dose: | NA | 50-200 mg | |
| Duration: | 10 weeks | 10 weeks | |
| Sample size: | 163 | 165 | |
| INCLUSION: | Male and female outpatients, 18 years 2 or more on anxiety item 1 (anxious m | or more; met DSM-IV criteria for primary ood) and Covi Anxiety score greater than | diagnosis of GAD; HAM-A 20 or more; Raskin Depression Scale score |
| EXCLUSION: | .MDD, panic disorder, OCD, PTSD or s psychotropic medicines; ECT; pregnand weeks; CBT or other forms of psychoth | ubstance abuse; additional DSM-IV axis cy; current use of benzodiapine; failure to erapy. | 1 disorders, MADRS > 18: using respond to at least 1 SSRI for 4 |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: Placebo 40.8 Sertraline 40 Gender (female %): Placebo 56.8 Se Ethnicity: (% white) Placebo 75.3 Sert Other population characteristics: |).1 rtraline 59.8 traline 76.2 | |

| Authors: Brawman-Mitzer | | | |
|-------------------------|-------------------------------------------------------------------------------------------|--|--|
| Voar: 2006 | | | |
| | | | |
| | Brimeny Outcome Measures, 1444 A | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: HAM-A | | |
| | Secondary Outcome Measures: HADS, MADRS, Sneenan Disabily Scale and Q-LES-Q | | |
| | Timing of assessments: Baseline, weeks 1,2,3,4,6,8,10 and 11 | | |
| RESULTS: | • HAM-A change from baseline Placebo -11.15 (7.32) vs. Sertraline -12.71 (7.17) p = 0.032 | | |
| | • HADS change from baseline Placebo -6.02 (7.22) Sertraline -9.12 (7.77) p < 0.001 | | |
| | • CGI-S change from baseline Placebo -1.39 (1.28) Sertraline -1.67 (1.29) p = 0.223 | | |
| | HAM-A responders Placebo 48.2 Sertraline 59.2 p = 0.05 | | |
| | • | | |
| ANALYSIS: | ITT: Yes | | |
| | Post randomization exclusions: 2 | | |
| ATTRITION: | Loss to follow-up: 26.5% Placebo 23.3% Sertraline 28.5% | | |
| | Withdrawals due to adverse events: Placebo 1.8% Sertraline 5.5% | | |
| | Withdrawals due to lack of efficacy: Placebo 3.1% Sertraline 1% | | |
| | Loss to follow-up differential high: No | | |
| ADVERSE EVENTS: | Sertraline vs placebo | | |
| | Diarrhea/loose stools 17.6 vs. 11.7 | | |
| | Insomnia 17.0 vs. 14.7 | | |
| | • Nausea 21.8 vs 14.1 | | |
| | • Dry mouth 13.9 vs. 8.6 | | |
| | • Libido decrease loss 17.6 vs. 2.4 p < 0.001 | | |
| QUALITY RATING: | Fair | | |
| | | | |
| | | | |

| Evidence Table 6 | General Anxiety Disorder | | | |
|--------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------|------------------------------------------|--|
| STUDY: | Authors: Dahl AA, et al. ¹³¹ Year: 2005 Country: Multinational | | | |
| FUNDING: | Pfizer, Inc. | | | |
| DESIGN: | Study design: RCT Setting: Multinational, outpatient "investigational sites" Sample size: 373 | | | |
| INTERVENTION: only for RCT | | | | |
| Drug: | Sertraline | Placebo | | |
| Dose: | 50-150 mg/d | N/A | | |
| Duration: | 12 wks | 12 wks | | |
| Sample size: | 184 | 189 | | |
| INCLUSION: | Adult outpatients; DSM-IV diagnosis of GAD; screening & baseline HAM-A scores \geq 18; score \geq 2 on HAM-A item 1 (anxious mood) & item 2 (tension) at baseline | | | |
| EXCLUSION: | Current or history of bipolar, schizophrenia, or OCD; dysthymia, social anxiety, substance abuse or major depressive / panic / eating / body dysmorphic / or post-traumatic stress disorders within last 6 months; MADRS score >16; psychotropic drug treatment within 2 wks of randomization | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes, except significantly later mean onset of GAD symptoms in placebo | | | |
| | (25.6y) vs. sertraline (22.9y) (p = 0.04). | | | |
| | Mean age (sd): sertraline: 40.3 (11.1), placebo: 42.4 (11.5) placebo | | | |
| | Gender (% female): sertraline: 59%, pl | acebo: 51% | | |
| | Ethnicity(% white): sertraline: 98%, pla | acebo: 97% | | |
| | Other population characteristics: Bot | in groups similar in highest education lev | ei achieved, current marital status, and | |
| | current employment status | | | |

| Authors: Dahl AA, et al. | | | |
|--------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|
| Year: 2005 | | | |
| Country: Mulitnational | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: HAM-A | | |
| | Secondary Outcome Measures: CGI-S & CGI-I, MADRS, Q-LES-Q | | |
| | Timing of assessments: Screening, baseline, and weeks 1, 2, 4, 6, 8, and 12 | | |
| RESULTS: | Sertraline group improved significantly more than placebo group across both primary & secondary measures, including HAM-A somatic and psychic anxiety factors. From week 4 to endpoint, HAM-A psychic factor improved at somewhat faster rate (slope -0.39+/- 0.05 [95% CI: -0.48 to -0.29]) than somatic factor (slope -0.25+/- 0.05 [95% CI: -0.34 to -0.15]) (F=12.51; d.f = 1,170; p = 0.005) LOCF endpoint mean HAM-A total score (sd) = -11.7(0.6) in sertraline vs8.0(0.6) in placebo; p < 0.001 LOCF endpoint mean CGI-S score (sd) = -1.6(0.1) in sertraline vs0.9(0.1) in placebo; p < 0.001 LOCF endpoint mean CGI-I score (sd) = 2.3(0.1) in sertraline vs. 3.0(0.1) in placebo; p < 0.001 LOCF endpoint mean MADRS score (sd) = -4.8(0.4) in sertraline vs1.1(0.4) in placebo; p < 0.001 S1% of sertraline group compared to 35% of placebo group had a QLESQ score within normal range. LOCF endpoint mean QLESQ score (sd) = 9.1(1.0) in sertraline vs. 2.4(0.9) in placebo; p < 0.001 | | |
| ANALYSIS: | ITT: yes (defined as patients who took at least one dose of double-blind medication and had a baseline and at least 1 post-baseline HAM-A assessment) Post randomization exclusions: Cannot tell | | |
| ATTRITION: | Loss to follow-up: NR | | |
| | Withdrawals due to adverse events: NR | | |
| | Withdrawals due to lack of efficacy: NR | | |
| | Loss to follow-up differential high: NR | | |
| ADVERSE EVENTS: | • NR | | |
| QUALITY RATING: | Fair | | |

| Evidence Table 6 | Generalized Anxiety Disorder Adults | | | |
|-----------------------------|-------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------|----------------------------------------|--|
| STUDY: | Authors: Hartford et al. ¹³² | | | |
| | Year: 2007 | | | |
| | Country: USA | | | |
| FUNDING: | Eli Lilly and Company and | | | |
| | Boehringer Ingelheim | | | |
| DECION | Our de since DOT | | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: Multicenter | | | |
| | Sample Size: 487 | 1 | | |
| | Dulovatina | Verlefevine | Dissehe | |
| Drug: | Duloxetine | | Placebo | |
| Dose: | 60-120 mg/day | 75-225 mg/day | NA 10 weeke | |
| Duration: | 10 weeks | | | |
| | 102 Male and female sutrationts of at least | 104 | IOI | |
| INCLUSION: | disease severity of at least moderate intensity as defined by a HADS anyiety subscale seers > 10, a Covi Anyiety Seele | | | |
| | u used se sevenity of at least model ate in u | nerisity as defined by a HADS anxiety suc | viety Scale score must have been | |
| | greater than the Raskin Depression Sc | ale score at visit 1: CGI-S score > 4 at vis | sit 1 and visit 2 | |
| EXCLUSION: | Any current primary DSM-IV Axis I diag | inosis other than GAD including MDD with | nin the past 6 months: panic disorder. | |
| | PTSD or an eating disorder, within the | past vear: or OCD, bipolar disorder, psycl | nosis, factitious disorder, or | |
| | somatoform disorders during their lifetir | me: an Axis II disorder or history of antiso | cial behavior: benzodiazepine use in | |
| | the 2 weeks ; judged clinically to be at serious suicidal risk; previous treatment with duloxetine; history of alcohol or any | | | |
| | psychoactive substance abuse or dependence within the past 6 months; a serious medical illness: initiation of | | | |
| | psychotherapy, change in intensity of psychotherapy or other nondrug therapies within 6 weeks before enrollment or at | | | |
| | any time during the study; treatment with a MAOI or fluoxetine within 30 days of visit 2; uncontrolled narrow-angle | | | |
| | glaucoma; and lack of response of the current episode of GAD to two or more adequate studies of antidepressants, | | | |
| | benzodiazepines, or other anxiolytics a | t a clinically appropriate dose for a minimi | um of 4 weeks. | |
| OTHER MEDICATIONS/ | NR | | | |
| INTERVENTIONS: | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | | |
| | Mean age: 40.8 | | | |
| | Gender (female %): 62.2 | | | |
| | Ethnicity: 705 Caucasian | | | |
| | Other population characteristics: | | | |

| Authors: Hartford et al. | |
|--------------------------|-----------------------------------------------------------------------------------------------------------------|
| Year: 2007 | |
| Country: USA | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: HAM-A |
| | tension item the HADS Anxiety and Depression subscales scores the CGI-I and PGI-I: the Sheehan Disability Scale |
| | Impairment scores. Response, remission, and sustained improvement rates also were determined. |
| | Timing of assessments: Baseline and weeks 1,2,4,7,10 |
| RESULTS: | • The mean decrease in the HAMA total scores was 11.8 for duloxetine (46% improvement from baseline) and |
| | 12.4 for venlafaxine XR (50% improvement from baseline) compared with 9.2 (37% improvement from |
| | baseline) in the placebo group. Duloxetine, $P=0.007$, venialaxine XR, $P < 0.001$ |
| | vs placebo P < 0.001) |
| | |
| | • |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: NR |
| ATTRITION: | Loss to follow-up: Duloxetine 45.7% venlafaxine 37.8% placebo 38.5% |
| | Withdrawals due to adverse events: Duloxetine 14.2% venlafaxine 11.0% placebo 1.9% |
| | Withdrawals due to lack of efficacy: Duloxetine 1.2% venlataxine 1.2% placebo 3.7% |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Duloxetine vs. venlataxine vs. placebo |
| | One of more adverse events 136 $(84.0)^{\circ}$ Vs. 140 $(85.4)^{\circ\circ}$ Vs. 117 (72.7) |
| | Naused ST (ST.S) VS. SO (23.2) VS. 22 (13.7) Constinction 23 (14.2)** vs. 22 (13.4)** vs. 7 (4.3) |
| | Dry mouth 19 (11.7) vs. 22 (13.4) vs. 7 (4.3) |
| | Somolence 19 (11.7)* vs. 22 (13.4)** vs. 6 (3.7) |
| | Fatigue 12 (7.4) vs. 19 (11.6)* vs. 6 (3.7) |
| | Decreased appetite 16 (9.9)** vs. 14 (8.5)* vs. 4 (2.5) |
| | Insomnia 12 (7.4)* vs. 15 (9.1)** vs. 3 (1.9) |
| | Decrease in libido 11 (6.8)** vs. 5 (3.0) vs. 1 (0.6) |
| | Yawning 12 (7.4)*** vs. 5 (3.0) vs. 0 (0.0) |
| | *P < 0.05. **P < 0.01. ***P < 0.001. vs. placebo |
| QUALITY RATING: | Poor – attrition >40% |
| | |

|--|

Generalized Anxiety Disorder (Adults and Children)

| STUDY: | Authors: Kapczinski et al. ¹³³ Year: 2003 |
|---------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| FUNDING: | |
| DESIGN: | Study design: Systematic Review and Metaanalysis Number of patients: NR |
| AIMS OF REVIEW: | To assess the efficacy and acceptability of antidepressants for treating generalized anxiety disorder. |
| STUDIES INCLUDED IN REVIEW | 15 clinical trials (randomized, parallel group design) in which antidepressants were used to treat GAD. |
| TIME PERIOD COVERED: | 1966 - May 2002 |
| CHARACTERISTICS OF INCLUDED STUDIES: | RCTs comparing antidepressants to placebo or to another active pharmacological treatment. |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | People with a diagnosis of generalized anxiety disorder irrespective of gender, race, age or nationality. Exclusion criteria: patients with generalized anxiety disorder and another axis I co-morbidity. |

| Authors: Kapczinski et al. | |
|----------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2003 | |
| CHARACTERISTICS OF | 1) Any type of antidepressant |
| INTERVENTIONS: | 2) Control treatments (any active drug or placebo). |
| | |
| MAIN RESULTS: | Efficacy |
| | • Sertraline: This study was not included in the Metaanalysis because it studied children and adolescents. The results obtained in this small trial (N = 22)were very compelling, showing a calculated NNT of 1.22 (0.90-1.7). |
| | • the effect size obtained was very robust, which suggests that younger patients may have a more favourable response than adults. |
| ADVERSE EVENTS: | Acceptability |
| | Sertraline vs. Placebo : RR = 0.45 (95% CI 0.03-5.84) |
| COMPREHENSIVE LITERATURE | Yes |
| SEARCH STRATEGY: | |
| | |
| | Yes |
| APPRAISAL OF STUDIES: | |
| QUALITY RATING: | Poor |

Evidence Table 6 Generalized Anxiety Disorder

| STUDY | Authors, Nicolini et al. ¹³⁴ | | | | |
|--------------------|-----------------------------------------------------------------------------------------------------------------------------------|----------------------------------------|--------------------------------------|------------------------------|--|
| 51001: | Authors: Nicolini et al. | Authors: Nicolini et al. 101 | | | |
| | Country: multinational | Tear: 2009 Country, multipotional | | | |
| FUNDING: | Fli Lilly, Wyeth Pharmaceuticals, Natio | nal Institute of Mental Health | | | |
| DESIGN: | Study design: RCT | | | | |
| | Setting: N.A | | | | |
| | Sample size: 581 | | | | |
| INTERVENTION: | | | | | |
| Drug: | Duloxetine | Duloxetine | Venlafaxine XR | Placebo | |
| Dose: | 20mg/day | 60-120mg/day | 75-225 mg/day | | |
| Duration: | 10 weeks | 10 weeks | 10 weeks | 10 weeks | |
| Sample size: | n=84 | n=158 | n=169 | n=170 | |
| | fixed doop | transmont initiated at 20 | tractment initiated with 27 E | | |
| | lixed dose | ma/day for 1 wook than | mg /day for 1 wook, then | | |
| | | increased to 60mg/day | increased to 75mg/day | | |
| | | increased to borng/day | increased to 7 sing/day | | |
| | | | flexible dose | | |
| | | flexible dose | | | |
| | | | | | |
| INCLUSION: | Male and female outpatients aged ≥ 18 years with Generalized Anxiety Disorder, assessed with the Mini International | | | | |
| | Neuropsychiatric Interview and diagno | sed with GAD according to DSM-I | V criteria. Confirmation of the dia | agnosis by a study | |
| | psychiatrist. Disease severity was requ | ired to be at least of moderate inte | ensity as defined by a Hospital A | Inxiety Depression | |
| | Scale anxiety subscale score of ≥ 10 a | nd a Covi Anxiety Rating Scale sc | ore \geq 9. CAS score > the Raskin | Depression Scale | |
| | (RDS) score, with none of the five RDS | s items scoring > 3. Patients were | required to have a CGI Severity | score \geq 4 (moderate) at | |
| | Presence of any current and primary D | SM IV Avis I diagnosis other than | CAD including MDD within the | nast 6 months history | |
| | of antisocial behavior that would interfere with compliance with the study, or serious risk of suicide. History of alcohol or any | | | | |
| | psychoactive substance abuse or dependence within the past 6 months, benzodiazepine use 14 days prior to randomization | | | | |
| | visit; or treatment with a monoamine oxidase inhibitor (MAOI) or fluoxetine within 30 days of randomization. Patients were | | | | |
| | excluded if their current episode of GAD failed to respond to two or more adequate trials of antidepressants, benzodiazepines or | | | | |
| | other anxiolytics at a clinically appropriate dose for a minimum of 4 weeks or if they initiated or changed the intensity of | | | | |
| | psychotherapy or other non-drug thera | pies within 6 weeks prior to enroln | nent. | - | |
| OTHER MEDICATIONS/ | | | | | |
| INTERVENTIONS: | | | | | |
| POPULATION | Groups similar at baseline: no table for | baselinecharacteristics; authors s | state that no significant treatmen | t group | |
| CHARACTERISTICS: | differences were observed in demogra | phics or in baseline severity of illne | ess | | |
| | Niean age: 42.8 years | | | | |
| | Gender (temale %): (57.1%) | | | | |
| | Cther population characteristics: baseline Hamilton Anviety Beting Scole (HAMA) total: 27.4 | | | | |
| | I other population characteristics. Da | senne hannillon Anxiely Rating St | aic (inivir) iulai. 21.4 | | |

| Authors: Nicolini et al. | | | |
|--------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| Year: 2008 | | | |
| Country: multinational | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: HAMA scale; HAMA psychic and somatic factor scores Secondary Outcome Measures: Sheehan Disability Scale, HADS, CGI-I, Patient Global Impression Improvement ratings, Treatment-emergent adverse events (TEAEs) Timing of assessments: N.A. | | |
| RESULTS: | Efficacy: | | |
| | Compared with placebo, all three active treatment groups demonstrated significant improvement on the HAMA total score using both, mixed-model repeated measures (MMRM) and Last Observation Carried Forward (LOCF). | | |
| | Mean change in HAMA total score (LOCF): | for duloxetine 20mg/day: -14.7 (S.E.=1.0) for duloxetine 60-120 mg/day: -15.3 (S.E.= 0.7) for venlafaxine XR 75-225mg/day: -15.5 (S.E.= 0.7) for placebo: -11.6 (S.E. = 0.7) | |
| | Response and remission rates were significantly higher for all three active treatment groups compared with the placebo group: | | |
| | Responserates for dulox for dulox vs place for venia compari for place | xetine 20mg/day: 60% (50/83) p≤ 0.01 xetine 60-120mg/day: 65% (98/151) p≤ 0.001 for comparison bo afaxine XR 75-225mg/day: 61% (97/158); p≤ 0.001 for son vs placebo ebo: 42% (69/163) | |
| | Remissionrates for duloxe for dulox vs place for venia compari for place | etine 20mg/day: 42% (35/83) ketine 60-120mg/day: 44% (67/151); p≤ 0.001 for comparison bo afaxine XR 75-225mg/day: 44% (70/158); p≤ 0.001 for son vs placebo ebo: 20% (32/163) | |
| | Tolerability | olerability | |
| | Treatment groups did not differ significantly in their rate of study discontinuation due to any adverse events (duloxetine 20 mg/day, 4.8%; duloxetine 60–120 mg/day, 12.7%; venlafaxine XR 75–225 mg/day, 11.8%; placebo, 8.8%) or any specific TEAEs | | |
| | ITT: YES Post randomization exclusions: N.A. | | |
| ATTRITION: | Overall Attrition: 31.8% ; duloxetine 20mg/day: 25%, duloxetine 60-120 mg/day: 30.4% venlafaxine XR 75-225mg/day: 27.8%, placebo: 40% Withdrawals due to adverse events: 10.2% Withdrawals due to lack of efficacy: 4.5% | | |
| | | | |
| | Differential Attrition: |
|-----------------|--------------------------------------------------------------------------------------------------------------------------------------|
| | Duloxetine 20mg/day and venlafaxine XR 75-225 mg/day: 2,8% |
| | Duloxetine 20mg/day and placebo: 15% |
| | Duloxetine 20mg/day and duloxetine 60-120 mg/day: 6% |
| | Duloxetine 60-120 mg/day and venlafaxine: 3.2% |
| | Duloxetine 60-120 mg/day and placebo: 9 % |
| ADVERSE EVENTS: | Nausea and dizziness were the most frequent TEAEs that resulted in study discontinuation within the entire study sample (1.7% |
| | and 1.0% respectively). Seven TEAEs occurred at a frequency \geq 5% within a treatment arm and at twice the placebo rate (p \leq |
| | 0.05 for all comparisons): Nausea, dry mouth, fatigue, constipation, hyperhidrosis, somnolence, tremor |
| QUALITY RATING: | FAIR |
| | |

Evidence Table 7 Obsessive-compulsive Disorder

| STUDY: | Authors: Ackerman, et al. ¹³⁵ Year: 2002 |
|---------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | Country: US |
| FUNDING: | NIMH |
| DESIGN: | Study design: Meta-analysis (meta regression) |
| AIMS OF REVIEW: | Meta-analysis with meta regression for treatment of OCD to explain the apparent discrepancy in the literature that makes it seem that CMI is superior to SSRI's in placebo trials vs. in head/head comparison |
| STUDIES INCLUDED IN META- ANALYSIS | Goodman et al., 1989, Jenike et al., 1990, Mallya et al., 1992, Goodman et al., 1996, Montgomery et al., 1993, Tollefson et al., 1994, Chouinard et al., 1990, Greist et al., 1995, Kronig et al., 1999, Zohar and Judge, 1996 |
| TIME PERIOD COVERED: | Not explicitly reported, studies included spanned 1992-1997 for head to head comparisons and 1989-1999 for placebo comparisons |
| CHARACTERISTICS OF INCLUDED STUDIES: | RCTs, double-blinded; 8 weeks or longer; efficacy assessed with Y-BOCS; point estimates and SD(or SE) provided or calculable from report |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Not reported |

| Authors: Ackerman, et al. | |
|-----------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2002 | |
| CHARACTERISTICS OF INCLUDED INTERVENTIONS: | Clomipramine, fluvoxamine, fluoxetine, sertraline, paroxetine, placebo |
| MAIN RESULTS: | Result reported as mean difference in change from baseline on Y-BOCS scale support equal efficacy for clomipramine and all SSRIs; pooled difference between clomipramine and all SSRIs was 0.15 (95% CI -8.86, 9.16), where a number significantly greater than 1.00 would represent greater efficacy for the SSRIs Effect size was estimated as the difference in improvement (decrease in Y-BOCS) between active drug and placebo. Negative pooled difference represents greater improvement (greater decrease in Y-BOCS) across studies for the active drug compared to placebo Pooled Difference: Fluvoxamine vs. placebo (4 studies): -4.84 (-7.78, -1.83) Fluoxetine vs. placebo (3 studies): -1.61 (-2.18, -1.04) Sertraline vs. placebo (4 studies): -2.47 (-6.13, 1.20) Paroxetine vs. placebo (1 study): -3.00 (-4.91, -1.09) |
| ADVERSE EVENTS: | None reported |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | Yes |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | No |
| QUALITY RATING: | Fair |

Obsessive-compulsive Disorder

| STUDY: | Authors: Bergeron, et al. ¹³⁶ Year: 2002 | | | |
|--------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|---------------------------------------|------------------|
| | Country: Canada | | | |
| FUNDING: | Pfizer | | | |
| DESIGN: | Study design: RCT Setting: Multi-center Sample size: 150 | | | |
| INTERVENTION: | | | | |
| Drug: | Sertraline | Fluoxetine | | |
| Dose: | 50-200 mg/d | 20-80 mg/d | | |
| Duration: | 24 weeks | 24 weeks | | |
| INCLUSION: | Ages 18-65; primary diagnosis of OCD for at least 6 months using Structured Clinical Interview based on DSM-IV criteria; baseline minimum scores of \geq 17 on Y-BOCS; \geq 7 on NIMH-OC; and CGI-S \geq 4 and HAM-D17 \leq 17; females had to have negative pregnancy test at baseline and using medically acceptable form of contraception for at least 3 months | | | |
| EXCLUSION: | Primary Axis I disorder other than OCD including presence of major depressive episode; >25% reduction in Y-BOCS or NIMH-OC or > 2 point improvement in CGI-S during washout; suicidal; history of seizure disorder; organic brain disorder; anorexia; bulimia; purgative abuse; drug or alcohol abuse or dependence within 6 months prior; psychotropic medication within the previous week; 2 weeks for antidepressants requiring concomitant treatment with any psychotropic (other than exception as previously noted); requiring concurrent ECT, cognitive-behavioral therapy or formal structured psychotherapy or a likelihood that such therapy might be required; acute or unstable medical condition or used any meds known to interact with either study drug; reported previous adequate treatment > 4 weeks with either study drug or known or suspected intolerance or allergy; participated in a clinical research study within the prior 4 months; pregnancy or lactation | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Zopiclone or chloral hydrate as hypnotics | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: No Mean age: 36; sertraline: 36.6; f Gender (female%): 54% Ethnicity: Not reported Other population characteristi OCD > 10 years in 79% of patier | t reported luoxetine: 36.5 <i>cs:</i> Approximately 20% of the sam nts | nple had a history of a prior episode | e of depression; |

| Authors: Bergeron Year: 2002 | |
|---------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: Canada | |
| OUTCOME ASSESSMENT: | Measures: Primary efficacy measures: Y-BOCS, NIMH-OC, CGI-S, response (CGI-I ≤ 2), remission (CGI-I ≤ 2 and YBOCS ≤ 11); Secondary measures: HAM-D, CAS, Yale schedule for multiple tics and tourettes, Battelle QOL Timing of assessments: Screening, baseline, weeks 1, 2, 4, 6, 8, 12, 16, 20, 24 or final visit if patients withdrew before study end |
| RESULTS: | No significant differences in mean Y-BOCS change at endpoint Sertraline showed statistically significant improvement at some of the early assessment times (weeks 4, 8, 12) No difference in CGI-S or CGI-I between groups at week 24 Median time to response not significantly different Sertraline: 16 weeks Fluoxetine: 20 weeks (p = 0.703) Remission (combined CGI and YBOCS): Week 12: Sertraline: 20%, Fluoxetine: 8% (p = 0.045) Week 24: Sertraline: 36%, Fluoxetine: 22% (p = 0.075) |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 29.3%; sertraline: 29%; fluoxetine: 30% Withdrawals due to adverse events: Sertraline: 19%; fluoxetine: 14% (p = 0.342) Loss to follow-up differential high: No |
| ADVERSE EVENTS: | No significant differences in incidence of side effects between groups Effects with a 5% or more difference between groups (no p-values given): nausea: sertraline: 41%, fluoxetine: 28%; fatigue: sertraline: 28%, fluoxetine: 22%; flu-like symptoms: sertraline: 25% fluoxetine: 19%; dyspepsia: sertraline: 24%, fluoxetine: 17%; tremor: sertraline: 12%, fluoxetine: 4%; somnolence: sertraline: 13%, fluoxetine: 21% No significant differences in body weight change between groups |
| QUALITY RATING: | Fair |

Evidence Table 7 Obsessive-compulsive Disorder

| STUDY: | Authors: Denys D, et al. ^{137, 138} Year: 2003 Country: US | | | |
|--------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|-------------------------------------|-----------------|
| FUNDING: | Wyeth and Glaxo-Smith-Kline | | | |
| DESIGN: | Study design: RCT Setting: Single center Sample size: 150 | | | |
| INTERVENTION: | | | | |
| Drug: | Venlafaxine | Paroxetine | | |
| Dose: | 75-300 mg/d | 15-60 mg/d | | |
| Duration: | 12 weeks | 12 weeks | | |
| INCLUSION: | DSM-IV criteria for OCD; \geq 18 on the Y-BOCS or \geq 12 if only obsessions or compulsions were present; 18-65 years of age | | | |
| EXCLUSION: | Organic mental disorders; epilepsy; CNS disorder; DSM-IV diagnosis of major depression; psychotic illness or bipolar disorder; personality disorder; severe somatic symptoms; pregnancy; suicidal; use of antidepressants 1 month before study | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Oxazepam, maximum of 30 mg/d, was permitted on an intermittent basis | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yee Mean age: 35; venlafaxine: 36, I Gender (female%): venlafaxine: Ethnicity: Not reported Other population characteristic medication trials | es paroxetine: 34 63%, paroxetine: 61% ics: Patients assigned to venlafaxi | ne had a significantly greater numb | per of previous |

| Authors: Denys D, et al. | |
|--------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2003 | |
| Country: Canada | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> Yale-Brown Obsessive Compulsive scale (Y-BOCS), Hamilton Anxiety Scale (HAS), HAM-D-17, Global Assessment of Functioning, Lancashire Quality of Life Profile (LQoLP) <i>Timing of assessments:</i> Baseline, weeks 1, 3, 5, 8, 10, 12 |
| RESULTS: | Paroxetine showed significantly greater improvement in HAM-D at endpoint (p < 0.05) Both treatment groups had a significant improvement in Y-BOCS score but there was no significant difference between treatment groups; no differences in HAS Paroxetine and venlafaxine groups improved on all QoL measures Paroxetine and venlafaxine were equally effective based on LQoLP improvement scores |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 16 (11%) Withdrawals due to adverse events: 5%; venlafaxine: 2%, paroxetine: 6% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Somnolence, sweating, insomnia, nausea, dry mouth, dizziness, constipation, sexual dysfunction No differences reported |
| QUALITY RATING: | Fair |

| Evidence Table 7 | Obsessive-compulsive Disord | ler | | |
|--------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Denys D, et al. ¹³⁹ Year: 2004 Country: The Netherlands | | | |
| FUNDING: | Wyeth and GlaxoSmithKline | | | |
| DESIGN: | Study design: RCT Setting: Single center Sample size: 43 (of 150) continu | ued in switch study | | |
| INTERVENTION: | | | | |
| Drug: | Paroxetine | Venlafaxine XR | | |
| Dose: | 60 mg/d | 300 mg/d | | |
| Duration: Sample Size: | 27 | | | |
| INCLUSION: | Outpatients ages 18-65 with a pr BOCS or at least 12 if only obser less than a 25% decrease in Y-E | rimary OCD according to DSM-IV ssions or compulsions were incluc 3OCS | criteria; only patients with a score of led; nonresponse in the first phase | of at least 18 on the Y- of the study defined as |
| EXCLUSION: | Patients with significant depress pregnant women, childbearing p epilepsy, any structural central n depression, bipolar disorder, sch months; primary anxiety disorder screening visit; use of a concorr | ion as determined by a total score otential not using adequate metho nervous system disorder or stroke nizophrenia, or any other psychotic rs or obvious personality disorders nitant psychotropic drug, behaviora | of 15 or more on the HAM-D on a ds of contraception; patients with o within the last year; primary DSM- condition; substance-related disor ; use of antidepressants or antipsy al or cognitive therapy 3 months pri | dmission were excluded; organic mental disorders, IV diagnoses of major rders within the past 6 /chotics 1 month before ior to the screening visit |
| OTHER MEDICATIONS/ INTERVENTIONS: | Not reported | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye Mean age: 35 Gender (% female): 54.5% Ethnicity: Not reported Other population characteristic | es <i>ics:</i> YBOCS total score 27.7; HAN | I-A score 11.0; HAM-D score 7.6 | |

| Authors: Denys D, et al. | |
|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2004 | |
| Country: The Netherlands | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> Y-BOCS; HAM-D; HAM-A; GAF |
| | <i>Timing of assessments:</i> 0, 1, 3, 5, 8, 10, 12 weeks |
| RESULTS: | LOCF analysis demonstrated a mean decrease of 1.8 (+/-3.5) in the venlafaxine XR group and 6.5 (+/-7.1) in the paroxetine group as measured by the reduction in total Y-BOCS scores; significant decrease in total Y-BOCS score from baseline was found in the paroxetine group (t=4.7, df=26, p < 0.0001) but not in the venlafaxine group (t = 2.0, df = 15, p = .065) No significant differences between baseline and endpoint for venlafaxine XR- or paroxetine-treated patients on the HAM-D or HAM-A GAF not reported |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Not reported |
| ATTRITION: | Loss to follow-up: Paroxetine 0 (0%); Venlafaxine XR 1 (6%) (numbers reported for 43 patients switching) Withdrawals due to adverse events: Yes Loss to follow-up differential high: No |
| ADVERSE EVENTS: | 98% of patients reported adverse events; Paroxetine: somnolence 54%, sweating 25%, headache 21%, constipation 21%, insomnia 18%, nausea 18%, change in mood 18%, loss of libido 18% Venlafaxine: somnolence 38%, sweating 31%, constipation 31%, dry mouth 19%, headache 13%, insomnia 13%, nausea 13%, loss of libido 13% p-values not reported |
| QUALITY RATING: | Fair |

| Evidence Table 7 | Obsessive-compulsive Disord | er | | |
|----------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------|-----------------------------------|----------------------------|
| STUDY: | Authors: Montgomery SA, et. al. ¹⁴⁰ Year: 2001 Country: Europe, South Africa | | | |
| FUNDING: | Lundbeck A/S | | | |
| DESIGN: | Study design: RCT Setting: Multi-center Sample size: 401 | | | |
| INTERVENTION: Drug: Dose: Duration: | Citalopram 20 mg/d 12 weeks | Citalopram 40 mg/d 12 weeks | Citalopram 60 mg/d 12 weeks | Placebo N/A 12 weeks |
| INCLUSION: | 18-65 years; DSM-IV criteria for OCD; Y-BOCS ≥ 20; symptoms stable for the preceding 6 months | | | |
| EXCLUSION: | MADRS ≥ 22; other Axis I disorders; suicidal risk; recent treatment with fluoxetine or MAOI; hypersensitivity to SSRIs; hepatic impairment; drug/alcohol dependence; pregnancy/lactation; Tourette's syndrome in family; concomitant therapy with anticonvulsive and psychoactive drugs | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | 55.4% received concomitant medication | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean Age: 38; citalopram: 37.6, placebo: 38.6 Gender (% female): citalopram: 55%, placebo: 50.1% Ethnicity: Not reported Other population characteristics: Mean duration of illness greater than 15 years for all groups | | | |

| Authors: Montgomery SA, et al. | |
|--------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2001 | |
| Country: Europe. South Africa | |
| OUTCOME ASSESSMENT: | Measures: Y-BOCS, MADRS, CGI-I, NIMH-OC |
| | Timing of assessments: Baseline, weeks 1, 3, 5, 7, 9, 12 |
| | |
| RESULTS: | A significant reduction in Y-BOCS scores for all 3 citalopram groups (p < 0.01) compared to placebo Citalopram 60 mg reached statistical significance at week 3, citalopram 20 mg and 40 mg at week 7 Changes in NIMH-OC scores were also significantly greater in the citalopram groups (p < 0.001) All 3 treatment groups had significantly more responders than placebo |
| | |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Not reported |
| ATTRITION: | Loss to follow-up: 16%; citalopram 20 mg: 16%; citalopram 40 mg: 15%; citalopram 60 mg: 15%; placebo: 17% Withdrawals due to adverse events: 4%; citalopram 20 mg: 4%; citalopram 40 mg: 6%; citalopram 60 mg: 4%; placebo: 2% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Treatment emergent adverse events: citalopram 20 mg: 73%; citalopram 40 mg: 68%; citalopram 60 mg: 72%; placebo: 58% The incidence of nausea, insomnia, fatigue, increased sweating, dry mouth, ejaculation failure, and diarrhea was significantly higher in one or more citalopram groups compared to placebo |
| QUALITY RATING: | Fair |

| Evidence Table 7 | Obsessive-compulsive Disor | der | |
|--------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|---|
| STUDY: | Authors: Pallanti S, et al. ¹⁴¹ Year: 2004 Country: Italy | | |
| FUNDING: | Not reported | | |
| DESIGN: | Study design: RCT Setting: Single center Sample size: 49 | | |
| INTERVENTION: Drug: Dose: Duration: Sample size: | Citalopram and placebo citalopram 20-80 mg/d and N/A 12 weeks 28 | Citalopram and Mirtazapine citalopram and mirtrazapine 20-80 mg/d and 15-30 mg/d 12 weeks 21 | |
| INCLUSION: | Diagnosis of OCD with co-morbid depression by structured clinical interview for DSM-IV Axis I and II disorders; OCD symptoms for 1 year; at least moderate severity on the CGI; SRI naive | | |
| EXCLUSION: | Any of the following conditions: organic mental disorder, psychotic mental disorders, mental retardation, current depressive episode; substance or alcohol abuse; history of bipolar disorder; personality disorders; pregnant or nursing women | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Not reported | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Y Mean age: citalopram/placebo Gender (% female): citaloprar Ethnicity: Not reported Other population characteris | Yes o 30.4; citalopram/mirtazapine 28.1 n/placebo 43%; citalopram/mirtazapine 43% s tics: HAM-D total score: 8.7; CGI-S score: 5. | 4 |

| Authors: Pallanti S, et al. Year: 2004 Country: Italy | | | | |
|-------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Yale-Brown Obsessive Compulsive Scale (YBOCS) Secondary Outcome Measures: HAM-D19; CGI-I, Arizona Sexual Experience Scale Timing of assessments: At baseline and weekly thereafter. | | | |
| RESULTS: | The citalopram/mirtazapine group showed an earlier response than the citalopram/placebo on reduction in mean YBOCS score; a significant between group difference was observed during weeks 2 through 6 (p < 0.05) No significant between group difference in YBOCS score observed at endpoint. No differences in CGI-I at endpoint HAM-D not reported | | | |
| ANALYSIS: | ITT: Yes Post randomization exclusions: No | | | |
| ATTRITION: | Loss to follow-up: 8.2% (4): Citalopram/placebo: 7.1% (2); citalopram/mirtazapine: 9.5% (2) Withdrawals due to adverse events: 2% (1); citalopram/placebo: 3.6% (1); citalopram/mirtrazapine: 0% Loss to follow-up differential high: No | | | |
| ADVERSE EVENTS: | Mean Arizona Sexual Experience Scale score at endpoint was significantly worse in citalopram/placebo group than the citalopram/mirtrazapine (p < 0.01) Significantly greater weight gain among citalopram/mirtrazapine group. | | | |
| QUALITY RATING: | Fair | | | |

Obsessive-compulsive Disorder

| STUDY: | Authors: Piccinelli M, et. al. ¹⁴² Year: 1995 |
|---------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | Country: Italy |
| FUNDING: | University of Verona |
| DESIGN: | <i>Study design:</i> Meta-analysis <i>Number of patients:</i> 1076 |
| AIMS OF REVIEW: | Efficacy of drug treatment in OCD; subgroup analysis: SSRIs vs. placebo |
| STUDIES INCLUDED IN META- ANALYSIS | Perse et al., 1987, Goodman et al., 1989a, Cottreaux et al., 1990, Jenike et al., 1990a, Rasmussen et al., (in press), Chouinard et al., 1990, Jenike et al., 1990b, Greist et al., (in press), Montgomery et al., 1993, Wood et al., 1993 |
| TIME PERIOD COVERED: | 1975-1994 |
| CHARACTERISTICS OF INCLUDED STUDIES: | RCTs, double-blind placebo-controlled |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | DSM-III-R diagnosis of OCD; adult patients not refractory to standard treatments with OCD; no comorbid Tourette's syndrome, phobia, depression or obsessive compulsive neurosis |

| Authors: Piccinelli M, et al. | | | | | |
|----------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|
| Year: 1995 | | | | | |
| Country: Italy | 40 trials of 00DLus placets (fluoreting fluorensing particuling) | | | | |
| INTERVENTIONS: | 13 trials of SSRI vs. placebo (fluoxetine, fluvoxamine, sertraline) | | | | |
| MAIN RESULTS: | Effect size calculated using Hedge's g; a measure of the difference between the means of active treatment and placebo control; difference measures (Y-BOCS and NIMH-OC) abstracted from trials as the weighted mean g; positive values for Hedge's g indicate greater improvement in the active treatment group, compared to placebo Fluvoxamine vs. placebo: Y-BOCS: 0.57 (95% CI: 0.37-0.77) NIMH-OC: 0.29 (95% CI: 0.07-0.51) Fluoxetine vs. placebo: Y-BOCS: 0.57 (95% CI: 0.33-0.81) NIMH-OC: N/A Sertraline vs. placebo: Y-BOCS: 0.52 (95% CI: 0.27-0.77) NIMH-OC: 0.55 (95% CI: 0.27-0.77) NIMH-OC: 0.55 (95% CI: 0.27-0.77) NIMH-OC: 0.55 (95% CI: 0.30-0.80) Improvement rate over placebo (binominal effect size display, Rosenthal 1984): Fluoxatine: 28.2% Fluoxetine: 28.5% Sertraline: 21.6% No statistically significant differences between study drugs | | | | |
| ADVERSE EVENTS: | Not reported | | | | |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | Yes | | | | |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Yes | | | | |
| QUALITY RATING: | Good | | | | |

| Evidence Table 7 | Obsessive-compulsive Disorder |
|---------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Soomro et al. ¹⁴³ |
| | Year: 2008 |
| | Country: Multinational |
| FUNDING: | Cochrane |
| DESIGN: | <i>Study design:</i> Systematic review and meta-analysis <i>Number of patients:</i> 3097 |
| AIMS OF REVIEW: | To examine the efficacy and adverse effects of serotonin re-uptake inhibitors (SSRIs) versus placebo for obsessive compulsive disorder (OCD) in adults |
| STUDIES INCLUDED IN REVIEW | Chouinard 1990; Dominguez 1991; Goodman 1989; Goodman 1996; Greist 1992b; Hollander 2002; Hollander 2003; Jenike 1990b; Jenike 1997; Kamijima 2004; Kasper 1999; Kronig 1999; Montgomery 1993c; Nakajima 1996; Ushijima 1997; Zohar 1996 |
| TIME PERIOD COVERED: | Until December 2007 |
| CHARACTERISTICS OF INCLUDED STUDIES: | RCTs and quasi-RCTs |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Adults with OCD |

| Authors: Soomro et a. | | | | | |
|--------------------------|--------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|
| Year: 2008 | | | | | |
| CHARACTERISTICS OF | SSRIs compared with placebo | | | | |
| INTERVENTIONS: | | | | | |
| MAIN RESULTS: | Yale-Brown Obsessive Compulsive Scale (YBOCS) (WMD -3.21, 95% CI -3.84 to -2.57) | | | | |
| | Clinical response RR 1.84, 95% CI 1.56 to 2.17 | | | | |
| ADVERSE EVENTS: | Citalopram vs. placebo | | | | |
| | Overall AEs 71% vs, 58%, RR 1.22 (95% CI 1.02 to 1.45), | | | | |
| | Nausea 22% vs. 9% RR, 2.47 (95% CI 1.28 to 4.77). Headache 17% vs.167%, RR 1.05 (95% CI 0.63 to 1.76 | | | | |
| | Insomnia 16% vs. 7%, RR 2.26 (95% CI 1.06 to 4.84) Sexual side effects RR 18.64, (95% CI of 1.15 to 302.80. | | | | |
| | Fluoxetine vs. placebo | | | | |
| | Nausea, headache, insomnia and anxiety most common, Risk of these side effects for fluoxetine was similar to placebo, with the | | | | |
| | RR(REmodel) for these three side effects shown to be between 1.11 and 1.42, and 95% confidence intervals crossing 1. | | | | |
| | Fluvoxamine vs. placebo | | | | |
| | Overall AEs 95% vs. 83%, RR 1.14 (95% CI 1.07 to 1.21) | | | | |
| | Asthenia 26 vs. 9 RR 2.83 (95% CI 1.74 to 4.60) Insomnia 34 vs. 18 RR 1.81 (95% CI 1.26 to 2.60) | | | | |
| | Nausea 31 vs. 12 RR 2.64 (95% CI 1.75 to 3.98) Somnolence 29 vs. 12 RR 2.46 (95% CI 1.59 to 3.79) | | | | |
| | Sexual side effects 14 vs. 3 RR 4.02 (95% CI 1.85 to 8.73). | | | | |
| | Paroxetine vs. placebo | | | | |
| | Overall AEs 81 vs. 72 RR 1.14 (95% CI 0.91 to 1.42) | | | | |
| | Relative risk for asthenia and headache for paroxetine versus placebo was not statistically significant. | | | | |
| | Insomnia .23% vs. 14% RR1.71 (95% CI 1.15 to 2.53) Somnolence 27% vs. 11% RR 1.85 (95%CI 1.12 to 3.06), | | | | |
| | Nausea 3.96 (95%Cl 1.82 to 8.61) Constipation 4.29 (95% Cl 1.26 to 14.56). • Sertraline vs. placebo | | | | |
| | | | | | |
| | Overall AEs 87% vs, 68% RR 1.21 (95% CI 1.08 to 1.37) | | | | |
| | RR for nausea, dyspepsia, | | | | |
| | Differences in constipation, sedation, forgetfulness and headache for sertraline compared to placebo were not significant | | | | |
| | Insomnia 31 vs. 13 RR 2.23 (95% CI 1.09 to 4.56) Diarrhea 25 vs 10 RR 2.16 (95% CI 1.11 to 4.23), | | | | |
| | Sexual side effects 14 vs. 2 RR 5.74 (95% CI 0.68 to 48.31). | | | | |
| COMPREHENSIVE LITERATURE | Yes - CCDANCTR-Studies and CCDANCTR-References | | | | |
| SEARCH STRATEGY: | | | | | |
| STANDARD METHOD OF | Yes | | | | |
| APPRAISAL OF STUDIES: | | | | | |
| QUALITY RATING: | Good | | | | |

Obsessive-compulsive Disorder

| STUDY: | Authors: Stein DJ, et al. ¹⁴⁴ Year: 1995 Country: South Africa and US |
|---------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| FUNDING: | Not reported |
| DESIGN: | Study design: Meta-analysis (SSRI vs. placebo only) Number of patients: 516 |
| AIMS OF REVIEW: | Assess and integrate data from multiple clinical trials on drug treatment in OCD |
| STUDIES INCLUDED IN META- ANALYSIS | This review addressed placebo-controlled trials, active control, and open label; we focus on SSRI vs. placebo. Perse et al. 1987, Chouinard et al. 1990, Jenike et al. 1990, Montgomery et al. 1993 |
| TIME PERIOD COVERED: | 1980-1993 |
| CHARACTERISTICS OF INCLUDED STUDIES: | RCTs; placebo-controlled SSRI trials detected by MedLine & PsychLit search; subjects rated with YBOCS or NIMH obsessive-compulsive global rating scale; trials at least six weeks in length; no specification on sample size |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Diagnosis of OCD; adults; single medication without concomitant therapy |

| Authors: Stein DJ, et al. | | | | | |
|------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|
| Country: South Africa, US | | | | | |
| CHARACTERISTICS OF INCLUDED IINTERVENTIONS: | Fluvoxamine (2 studies), fluoxetine (1 study), sertraline (2 studies) | | | | |
| MAIN RESULTS: | There were no differences in effect sizes between the SSRIs. Effect size was calculated in comparison to placebo: Fluvoxamine: 0.69 +- 0.47 Sertraline: 0.55 Fluoxetine: 0.51 +- 0.12 | | | | |
| ADVERSE EVENTS: | N/A | | | | |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | Yes | | | | |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | No | | | | |
| QUALITY RATING: | Fair | | | | |

| STUDY: | Authors: Stein et al. ¹⁴⁵ | | | | |
|-----------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|--------------------------|---------------------------|--|
| | Year: 2007 | | | | |
| | Country: Multinational (7 countrie | s) | | | |
| FUNDING: | H. Lundback A/S | | | | |
| DESIGN: | Study design: RCT | | | | |
| | Setting: Multicenter (58) | | | | |
| | Sample size: | | | | |
| INTERVENTION: | | | | | |
| Drug: | Placebo | Escitalopram 10 | Escitalopram 20 | Paroxetine | |
| Dose: | NA | 10 mg/day | 20 mg/day | 40 mg/day | |
| Duration: | 24 weeks | 24 weeks | 24 weeks | 24 weeks | |
| Sample size: | 114 | 113 | 114 | 117 | |
| • | | | | | |
| INCLUSION: | 18–65 years with a Y-BOCS of > | 20 at screening and baseling | e an OCD duration > 1 ve | ar and symptoms that were | |
| | stable for at least 6 months | | | | |
| | | | | | |
| | Within 6 months, MDD, panic disorder, GAD, social anxiety disorder, PTSD, eating disorder, body dysmorphic disorder, mental retardation or any pervasive developmental disorder, cognitive disorder (including dementia), schizotypal personality disorder, substance abuse disorder, motor/verbal tic disorder (including Tourette's); a history of bipolar disorder, schizophrenia, or any psychotic disorder, patients with personality disorder that could interfere with the evaluation of the treatment for primary OCD; at risk of suicide (according to the investigator's judgment), or had a score ≥ 5 on item 10 (suicidal thoughts) of the MADRS, or a MADRS total score ≥ 22, ECT, formal psychotherapy, or planned to initiate such therapy; a history of severe drug hypersensitivity, treatment-refractory patients; pregnant, breast-feeding or not using adequate contraception. within 2 weeks prior to screening: monoamine oxidase inhibitors/reversible monoamine oxidase inhibitors, psychoactive herbal remedies, any other antidepressant or drug used for OCD treatment, dopamine antagonists, serotonergic agonists, or oral antipsychotics/mood stabilizers such as lithium; fluoxetine w/in 5 weeks, depot antipsychotics w/in 6 months, or ongoing prophylactic treatment with anticonvulsant or hypnotic drugs (except zolpidem, zopiclone, or zaleplon for insomnia, but not more than 3 days in a row and a maximum of 20 days in total during the study). | | | | |
| INTERVENTIONS: | | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | | | |
| | Mean age: 38 | | | | |
| | Gender (female %): Placebo 55.3 paroxetine40 53.8 escitalopram10 61.1 escitalopram20 57.9 | | | | |
| | Ethnicity: % Caucasian Placebo 94.7 paroxetine40 94.9 escitalopram10 93.8 escitalopram20 97.4 | | | | |
| | Other population characteristics: | | | | |

Obsessive-compulsive Disorder Adults

Evidence Table 7

| Authors: Stein et al. | | | | | | |
|------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|--|
| Year: 2007 | | | | | | |
| Country: Multinational | | | | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: mean change in Y-BOCS total score from baseline to | | | | | |
| | week 12 | | | | | |
| | Secondary Outcome Measures: mean change from baseline to week 24 in Y-BOCS total score, mean change from | | | | | |
| | baseline to week 12 and to week 24 in Y-BOCS obsessional and compulsive subscores, change in the National | | | | | |
| | Institute of Mental Health Obsessive–Compulsive Scale (NIMH-OCS)27 and Clinical Global Impressions – Severity | | | | | |
| | (CGI-S) score from baseline to weeks 12 and 24, the CGI-I score, response and remission | | | | | |
| | Timing of assessments: Baseline weeks 4,8,12,16,20,24 | | | | | |
| RESULTS: | Y-BOCS total score at week 12 compared to placebo | | | | | |
| | escitalopram 20 (mean difference of -3.21 ; 95% CI: -5.19 to -1.23 , $p < 0.01$) | | | | | |
| | paroxetine (mean difference of -2.47 ; 95% CI: -4.43 to -0.51 , $p < 0.05$) | | | | | |
| | escitatopram 10 (mean difference of -1.97 ; 95% CI: -3.97 to 0.02, $p = 0.052$). | | | | | |
| | • The standardized effect sizes versus placebo at week 12 were ESC10 0.26 (95% CI: -0.003 to 0.53) esc20, | | | | | |
| | 0.43 (95% CI: 0.16-0.69) for paroxetine $0.33 (95% CI: 0.07-0.66)$ for paroxetine. | | | | | |
| | No numbers were reported for 24 weeks, just figures. | | | | | |
| ANALISIS: | Dest rendemization evolutions: 11 | | | | | |
| ATTRITION | Post randomization exclusions: 11 | | | | | |
| ATTRITION: | Loss to follow-up: Overall 29% Placebo 32% paroxelline 32% escilalopram 10/23% escilalopram20/27% Withdrawals due to adverse events: NR | | | | | |
| | Withdrawals due to lack of efficacy: Placebo 18% paroxetine 8% escitalopram10 NR escitalopram20.6% | | | | | |
| | Loss to follow-up differential high: NO | | | | | |
| ADVERSE EVENTS: | Placebo vs. ESC 10 mg vs. ESC 20 mg vs. PAR 40 mg | | | | | |
| | Patients with AEs 73 (64.0%) vs. 80 (70.8%) vs. 86 (75.4%) vs. 94 (80.3%) | | | | | |
| | Nausea 14 (12.3%) vs. 22 (19.5%) vs. 31 (27.2%)* vs. 31 (26.5%)* | | | | | |
| | Headache 20 (17.5%) vs. 19 (16.8%) vs. 25 (21.9%) vs. 23 (19.7%) | | | | | |
| | Fatigue 6 (5.3%) vs. 13 (11.5%) vs. 20 (17.5%)* vs. 22 (18.8%)* | | | | | |
| | Somnolence 6 (5.3%) vs. 7 (6.2%) vs. 14 (12.3%) vs. 13 (11.1%) | | | | | |
| | Ejaculation delayed (men) 0 (0.0%) vs. 2 (4.5%) vs. 5 (10.4%)* vs. 5 (9.3%) | | | | | |
| | Libido decreased 1 (0.9%) vs. 3 (2.7%) vs. 8 (7.0%)* vs. 10 (8.5%)* | | | | | |
| | Hyperhidrosis 2 (1.8%) vs. 7 (6.2%) vs. 6 (5.3%) vs. 16 (13.7%)* | | | | | |
| | Influenza 7 (6.1%) vs. 6 (5.3%) vs. 1 (0.9%) vs. 1 (0.9%)* | | | | | |
| | • P < 0.05 | | | | | |
| QUALITY RATING: | Fair | | | | | |
| | | | | | | |

| STUDY: | Authors: Asnis G, et al. ¹⁴⁶ Year: 2001 | | | | |
|--------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|--|--|--|
| FUNDING: | Country: US Not reported | | | | |
| DESIGN: | Study design: RCT Setting: Multi-center Sample size: 188 | | | | |
| INTERVENTION: | | | | | |
| Drug: | Fluvoxamine | Placebo | | | |
| Dose: | 50-300 mg/d N/A | | | | |
| Duration: | 8 weeks | 8 weeks | | | |
| INCLUSION: | DSM-III-R diagnosis; age 18-65; at least 1 panic attack per week for at least 4 weeks prior to study | | | | |
| EXCLUSION: | Concurrent systematic illness; other Axis I psychiatric disorder; clinical significant lab abnormalities or ECG; pregnant or lactatins women without adequate birth control | | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Chloral hydrate or lorazepam for sleep | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Not reported Mean Age: Fluvoxamine: 34.2, placebo: 36.7 Gender (% female): fluvoxamine 64.4%, placebo 64.1% Ethnicity: Not reported Other population characteristics: Number of full panic attacks per week at baseline: fluvoxamine: 2.7, paroxetine: 3.3 | | | | |

| Authors: Asnis G, et al. | | | | | |
|--------------------------|------------------------------------------------------------------------------------------------------------------------|--|--|--|--|
| Year: 2001 | | | | | |
| Country: US | | | | | |
| OUTCOME ASSESSMENT: | Measures: Primary daily panic attack inventory (DPAI), CAS, SDS, CGI-I, CGI | | | | |
| | <i>Timing of assessments:</i> Baseline, weekly intervals thereafter for a maximum of 8 weeks of treatment | | | | |
| RESULTS: | Significantly more fluvoxamine patients were free from full panic attacks (p = 0.002) | | | | |
| | Reduction of panic disorder severity was significantly greater in the fluvoxamine group (p = 0.003) | | | | |
| | Significantly more fluvoxamine patients were CGI-I responders at endpoint (64% vs. 42%; p = 0.002) | | | | |
| ANALYSIS: | ITT: Yes | | | | |
| | Post randomization exclusions: Yes | | | | |
| | | | | | |
| ATTRITION: | Loss to follow-up: fluoxetine 37.6%, placebo 33.6% | | | | |
| | Withdrawals due to adverse events: fluvoxamine: 9.6%; placebo: 5.9% | | | | |
| | Loss to follow-up differential high: No | | | | |
| | | | | | |
| ADVERSE EVENTS: | Fluvoxamine: nausea: 43%, insomnia: 25%, somnolence: 24%, asthenia: 22% | | | | |
| | Placebo: nausea: 33%, headache: 22%, anxiety: 16% | | | | |
| | No significant difference in the number of withdrawals due to adverse events | | | | |
| QUALITY RATING: | Fair | | | | |
| | | | | | |

| Evidence Table 8 | Panic Disorder | | | | |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|--|--|--|
| STUDY: | Authors: Bandelow B, et al. ¹⁴⁷ Year: 2004 Country: Germany | | | | |
| FUNDING: | Pfizer | | | | |
| DESIGN: | Study design: RCT Setting: Multi-center Sample size: 225 | | | | |
| INTERVENTION: | | | | | |
| Drug: | Sertraline | Paroxetine | | | |
| Dose: | 50 – 150 mg/d | 40 – 60 mg/d | | | |
| Duration: | 12 weeks | 12 weeks | | | |
| INCLUSION: | Male or female outpatients; aged 18-65; primary DSM-IV and ICD-10 disease of PD with or without agoraphobia; minimum of 4 panic attacks during the 4 weeks prior to screening; total score > 18 at baseline on the PAS (clinician-rated) | | | | |
| EXCLUSION: | Primary disease other than panic disorder; MADRS rating scale total score > 14; clinically significant and unstable medical illness; current diagnosis of bipolar disorder, schizophrenic disorder, delusional disorder, epilepsy, MDD, OCD, social phobia; history of alcoholism or drug abuse within the past three years; serious risk for suicide; pregnancy or lactation or not using reliable contraceptive methods | | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Chloral hydrate; zolpidem; zopiclone could be given for severe insomnia on limited basis (< 3 times/wk) | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: 38.6 Gender (% female): sertraline: 60%; paroxetine: 66% Ethnicity: Not reported Other population characteristics: Patients with agoraphobia subtype: sertraline, 68%; paroxetine, 63%; patients with non-agoraphobia subtype: sertraline, 32%; paroxetine, 66% | | | | |

| Authors: Bandelow B. et al. | |
|-----------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2004 | |
| <i>Country</i> : Germany | |
| OUTCOME ASSESSMENT: | Measures: Safety and efficacy assessments, primary efficacy measure was clinician rated PAS Timing of assessments: Weeks 1, 2, 4, 6, 8, 12, 15 |
| RESULTS: | Treatment with sertraline and paroxetine resulted in the same level of improvement on the PAS total score (p = 0.749) For both groups 35% reduction from baseline PAS total score had been achieved by week 6 No significant differences in secondary outcome measures (PAS subscales, CGI-S, HAM-A, Sertraline Quality of Life Scale) Mean improvement on individual PAS subscales was similar at endpoint in both treatment groups stratified by agoraphobia subtype |
| ANALYSIS: | ITT: Yes Post randomization exclusions: No |
| ATTRITION: | Loss to follow-up: sertraline: 28%, paroxetine: 33% Withdrawals due to adverse events: sertraline: 12%, paroxetine: 18% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Sexual dysfunctional, diarrhea and sedation occurred at a rate less than 10% (data not reported) Weight gain (> 7% increase in baseline body weight) sertraline: < 1%, paroxetine: 7% (p < 0.05) |
| QUALITY RATING: | Fair |

Panic Disorder

| STUDY: | Authors: Black DW, et a Year: 1993 | al. ¹⁴⁸ | | |
|--------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------|---------------------------------|-----------------------------|
| | Country: US | | | |
| FUNDING: | Reid Rowell Pharma | | | |
| DESIGN: | Study design: RCT Setting: Multi-center Sample size: 75 | | | |
| INTERVENTION: | | | | |
| Drug: | Fluvoxamine | Cognitive therapy | Placebo | |
| Dose: | Up to 300 mg/d | Arm 2 | N/A | |
| Duration: | 8 weeks | 8 weeks | 8 weeks | |
| INCLUSION: | Age 18-65 yrs; DSM III-R criteria for panic disorder; in good physical health | | | |
| EXCLUSION: | Pregnant, lactating; psych | notic; suicidal or demented subject | s excluded | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Not reported | | | |
| POPULATION CHARACTERISTICS: | Groups similar at basel Mean Age: 36.5 Gender (% female): Not Ethnicity: Not reported Other population charac 20% | ine: Not reported reported cteristics: No prior psychiatric trea | atment: fluvoxamine: 40%, cogni | tive therapy: 32%, placebo: |

| Authors: Black DW, et al. | |
|---------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 1993 | |
| Country: US | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> Number of panic attacks and severity as estimated from a patient log, Clinical Anxiety Scale (CAS), CGI-S, CGI-I, Sheehan Disability Scale, MADRS |
| | Timing of assessments: Baseline, during treatment and at endpoint (some were assessed weekly) |
| RESULTS: | Significantly greater improvement for fluvoxamine on CAS (p = 0.003) and CGI (p = 0.004), Panic Severity Score (p = 0.003) than placebo |
| | Sheehan Disability Ratings: work (p = 0.01) and social/leisure (p = 0.02) components were significantly better with fluvoxamine than placebo |
| | MADRS score was significantly more improved with fluvoxamine than placebo |
| ANALYSIS: | ITT: No |
| | Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: fluvoxamine: 16%, cognitive therapy: 36%, placebo: 28% |
| | Withdrawals due to adverse events: fluvoxamine: 8%, cognitive therapy: 0%, placebo: 0% |
| | Loss to follow-up differential high: Yes |
| ADVERSE EVENTS: | • Fluvoxamine-treated patients reported significantly more adverse events than placebo-treated patients (p = 0.005) |
| | 1 person in the fluvoxamine group attempted suicide |
| QUALITY RATING: | Fair |

Panic Disorder

| STUDY: | Authors: Hoehn-Saric R, et al | 149 | | |
|-----------------------------|------------------------------------|-------------------------------------------|-------------------------------------|------------------|
| | Year: 1993 | | | |
| | Country: US | | | |
| FUNDING: | Not reported | | | |
| DESIGN | Study design: PCT | | | |
| DESIGN. | Setting: Single center | | | |
| | Sample size: 50 | | | |
| | | | | |
| INTERVENTION: | | | | |
| Drug: | Fluvoxamine | Placebo | | |
| Dose: | 50–300 mg/day | N/A | | |
| Duration: | 8 weeks | 8 weeks | | |
| | | | | 05 |
| INCLUSION: | Diagnosis by DIVIS III-R and the | SCID; I panic attack per week for | at least 4 weeks; severity score of | 25 or greater on |
| | with at least 4 symptoms) one w | uomization phase as well as at lea | stone major panic attack (major p | |
| | with at least 4 symptoms) one w | | | |
| EXCLUSION: | No medication that could affect | the CNS for past 3 weeks before s | tudy; abnormal lab values; ECG ar | nd hypertension; |
| | history of major mental illness; c | lepression; OCD; substance abuse |) | |
| | | | | |
| OTHER MEDICATIONS/ | Not reported | | | |
| INTERVENTIONS: | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: No | ot reported | | |
| | Mean Age: 38.0 | | | |
| | Gender (% female): 55.6% | | | |
| | Ethnicity: Not reported | | | |
| | Other population characterist | <i>ics:</i> Education 13.7 yr, 78% with m | nild agoraphobia, age of onset 26.2 | 2 years |

| Authors: Hoehn-Saric R, et al. | |
|--------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 1993 | |
| Country: US | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> Number of panic attacks per week and severity of attacks, MADRS, Clinical Anxiety Scale (CAS), Sheehan Disability Scale, symptoms from diary <i>Timing of assessments:</i> Weekly for 8 weeks |
| RESULTS: | Fluvoxamine group had significantly fewer major panic attacks than placebo group |
| | Significantly more fluvoxamine treated patients were free of panic attacks at endpoint (p < 0.02) |
| | Significantly lower scores in the fluvoxamine group on CAS and MADRS (CAS significant at week 6; MADRS significant at week 7) |
| | There was no difference between groups in terms of minor panic attacks or Sheehan Disability Scale |
| ANALYSIS: | <i>ITT:</i> No |
| | Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 24%; fluvoxamine: 24%, placebo: 24% |
| | Withdrawals due to adverse events: 12%; fluvoxamine: 16%, placebo: 8 % |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Fluvoxamine: drowsiness: 28%, dyspepsia: 17%, headache: 11% |
| | Fewer side effects at week 8 than week 3 |
| QUALITY RATING: | Fair |

| Evidence Table 8 | Panic Disorder | | | |
|--------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------|------------------------------------------------------------------|-----------------------------------------------------------------|
| STUDY: | Authors: Pollack et al. ¹⁵⁰ Year: 2007 Country: USA (Europe) | | | |
| FUNDING: | Wyeth Research | | | |
| DESIGN: | Study design: RCT Setting: multi-centre Sample size: 664 | | | |
| INTERVENTION: | • | | | |
| Drug: | Venlafaxine ER | Venlafaxine ER | Paroxetine | Placebo |
| Dose: | 75mg/day | 150mg/day | 40mg/day | n/a |
| Duration: | (up to) 12 weeks | 12 weeks | 12 weeks | 12 weeks |
| Sample size: | 166 | 168 | 166 | 163 |
| INCLUSION: | Outpatients meeting DSM-IV Neuropsychiatric Interview). S in placebo lead-in period | criteria for panic disorder with score> 4 on CGI-S; at least 8 f | or without agoraphobia (confi full panic attacks in 4 weeks b | irmed with Mini-International refore inclusion and 4 attacks |
| EXCLUSION: | Patients were excluded if: they had a primary DSM-IV diagnosis of MDD or GAD or elevated depression ratings; any other clinically significant Axis I or II disorder (within 6 months of begin); a history or current diagnosis of any psychotic illness, bipolar affective disorder, or organic brain disease; acutely suicidal, had a history of drug or alcohol dependence or abuse, or who regularly used alcohol, or psychopharmacological drugs, or who had a positive urine toxicology screen; patients who received venlafaxine, paroxetine, or electroconvulsive therapy 6 months before study entry, or CBT within 30 days; clinically significant abnormalities on laboratory tests, electrocardiogram(ECG), vital signs, or physical examination or clinically important medical conditions; women of childbearing potential who were pregnant, breast feeding, or not using a medically acceptable form of contraception | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | None (zaleplon or zolpidem permitted up to 3/week, first 2 weeks) | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Mean age: Gender (female Ethnicity: NR Other population characteri | yes %): 427/634 (67.3%) of ITT po stics: NR | opl | |

| Authors: Pollack M | | | | |
|--------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|---------------------------------------|---------|
| Year: 2007 | | | | |
| Country: USA (Europe) | | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: frequency of full-symptom panic attacks from the Panic and Anticipatory Anxiety Scale-(PAAS). eg: percentage of patients free from full-symptom panic attacks in the last observation carried forward (LOCF) end point analysis. Secondary Outcome Measures: changes from baseline in the Panic Disorder Severity Scale (PDSS) total score, panic attack frequency, anticipatory anxiety as measured by the PAAS, phobic fear and avoidance as assessed with the Phobia Scale, HAM-A total score, measures of function and quality of life, as assessed by the Sheehan Disability Scale (SDS) and the Quality-of-Life Enjoyment and Satisfaction Questionnaire (Q-LES-Q). Timing of assessments: baseline, week 1, 2, 3, 4, 6, 8, 10, 12 | | | |
| RESULTS: | All treatment groups better than placebo No significant differences in efficacy between active treatment groups (ven 75 vs. ven 150 vs. par 40 vs. placebo) Patients panic-free in 2 weeks before endpoint: 54% vs. 60% vs. 61% vs. 35% CGI-I responders: 77% vs. 79% vs. 81% vs. 56% Remission: 43% vs. 43% vs. 44% vs. 24% | | | |
| ANALYSIS: | ITT: 634 | | | |
| | Post randomization exclusions: 30 | | | |
| | Loss to follow-up different | tial high: No | · · · · · · · · · · · · · · · · · · · | |
| ATTRITION: | Ven 75 | Ven 150 | Par 40 | Placebo |
| Loss to follow-up: | 19.6% | 20.1% | 18.1% | 25.1% |
| Withdrawals due to adverse events: | 8.0% | 12.0% | 10.2% | 8.6% |
| Withdrawals due to lack of efficacy: | 4.2% | 2.4% | 3.7% | 1.0% |
| ADVERSE EVENTS: | at least 1 AE: 74% vs 71% vs 75% vs 67% no significant changes in: weight gain or sexual AEs (patient self reporting!) Double-blind period (%) Sweating 8 vs. 13% vs. 10% vs. 4%Dry mouth 5% vs. 10% vs. 7% vs.3% Anorexia 4% vs. 8% vs. 7% vs. 4% Tremor 4% vs. 7% vs. 6% vs. 2% Constipation 5% vs. 6% vs. 8% vs. 1% Diarrhea 5% vs. 6% vs. 5% vs. 3% Somnolence 3% vs. 4% vs. 13% vs. 2% Back pain 6% vs. 1% vs. 2% vs. 2% | | | |
| QUALITY RATING: | Fair | | | |

| Evidence Table 8 | Panic Disorder | | | |
|-----------------------------|--------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|-----------------------------|-----------------------------|
| STUDY: | Authors: Pollack et al. ¹⁵¹ | | | |
| | Year: 2007 | Amorica) | | |
| FUNDING | Wyeth Research | America) | | |
| DESIGN: | Study design: PCT | | | |
| DEGIGIN. | Setting: multicentre (Argentin | a Mexico Chile Costa Rica) | | |
| | Sample size: 653 | | | |
| INTERVENTION: | | | | |
| Drug: | Venlafaxine ER | Venlafaxine ER | Paroxetine | Placebo |
| Dose: | 75mg/day | 225mg/day | 40mg/day | n/a |
| Duration: | (up to) 12 weeks | 12 weeks | 12 weeks | 12 weeks |
| Sample size: | 166 | 168 | 166 | 163 |
| INCLUSION: | Outpatients, male and female | , aged 18 years and over, meeti | ng the Diagnostic and Stati | stical Manual of Mental |
| | Disorders (Fourth Edition) (DS | SM-IV) criteria for panic disorder | with or without agoraphobi | a for at least 3 months |
| | established using a modified I | Vini-International Neuropsychiat | ric Interview (MINI) | |
| EXCLUSION: | Patients were excluded if: the | Patients were excluded if: they had a primary DSM-IV diagnosis of MDD or GAD or elevated depression ratings; any | | |
| | other clinically significant Axis I or II disorder (within 6 months of begin); a history or current diagnosis of any psychotic | | | |
| | inness, bipolar affective disorder, or organic brain disease; acutely suicidal, nad a history of drug or alcohol dependence | | | |
| | screen: natients who received | venlafavine parovetine or elec | stroconvulsive therapy 6 m | positive unite toxicology |
| | CBT within 30 days: clinically | significant abnormalities on labo | pratory tests electrocardio | ram(ECG) vital signs or |
| | physical examination or clinic | ally important medical conditions | women of childbearing po | otential who were pregnant. |
| | breast feeding, or not using a | medically acceptable form of co | ntraception. | |
| OTHER MEDICATIONS/ | None (zaleplon or zolpidem p | ermitted up to 3/week, first 2 we | eks) | |
| INTERVENTIONS: | | | , | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: | yes | | |
| | Mean age: between 35.1 (pla | cebo) and 37.5 (paroxetine 40m | ıg) | |
| | Gender (female %): 420/624 | (67.3%) | | |
| | Ethnicity: middle/south Amer | ican | | |
| | Other population characteri | stics: NR | | |

| Authors: Pollack M et al. | | | | |
|--------------------------------------|-----------------------------------------------------------------|--------------------------------|----------------------------------|-------------------------------|
| Year: 2007 | | | | |
| Country: USA (middle/south America) | | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measur | es: percentage of patients fre | e from full-symptom panic atta | acks using LOCF values at |
| | end-point. | | | - |
| | Secondary Outcome Meas | sures: changes from baseline | in the PDSS total score and | panic attack frequency. |
| | Timing of assessments: 1 | ,2,3,4,6,8,10 & 12 weeks | | |
| RESULTS: | All treatments better t | than placebo | | |
| | At endpoint the venla | faxine ER 225mg group had a | a significantly lowers PDSS so | core than the paroxetine |
| | group (4.78 vs. 6.26) | o<0.05) and a greater percent | age of patients free of full-syr | nptom panic attacks (70.0 vs. |
| | 58.3% p<0.05). (Prim | ary and one secondary outco | me) | |
| ANALYSIS: | ITT: Yes | | , | |
| | Post randomization exclusions: 29 | | | |
| | Loss to follow-up differen | tial high: No | | |
| ATTRITION: | Ven 75 | Ven 225 | Par 40 | Placebo |
| Loss to follow-up: | 14.7% | 17.4% | 21.7% | 26.5% |
| Withdrawals due to adverse events: | 1.8% | 0.6% | 5.0% | 1.8% |
| Withdrawals due to lack of efficacy: | 4.9% | 6.0% | 7.4% | 11.7% |
| | | | | |
| ADVERSE EVENTS: | | | | |
| | At least 1 AE: 138 (86%) vs 146 (88%) vs 129 (80%) vs 129 (80%) | | | |
| | Data NR | | | |
| | | | | |
| QUALITY RATING: | Fair | | | |
| | | | | |

Panic Disorder

| STUDY: | Authors: Stahl SM, et al | L ¹⁵² | | |
|-----------------------------|----------------------------------------------------------------------------------------------------------------------|---------------------------------|----------------------------------------|-----------------------------|
| | Year: 2003 | | | |
| | Country: US | | | |
| FUNDING: | Forest Laboratories | | | |
| | | | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: Multi-center | | | |
| | Sample size: 366 | | | |
| INTERVENTION: | | | | |
| Drug: | Escitalopram | Citalopram | Placebo | |
| Dose: | 5-20 mg/d | 10-40 mg/d | N/A | |
| Duration: | 10 weeks | 10 weeks | 10 weeks | |
| | | | | |
| INCLUSION: | DSM-IV criteria for panic of | disorder with or without agorap | hobia; minimum of 4 DSM-IV defined | panic attacks during the 4 |
| | weeks prior to the screening visit; 3 panic attacks during the 2 week placebo lead in; 18-80 years of age | | | |
| EXCLUSION: | Score > 17 HAM-D binol: | ar disorder: schizophrenia: OCI |) or other psychotic disorders: pregna | ncy: clinically significant |
| | abnormalities | | | |
| | | | | |
| OTHER MEDICATIONS/ | Zolpidem as needed for s | leep | | |
| INTERVENTIONS: | | - | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseli | ine: Not reported | | |
| | Mean Age: Escitalopram: | 37.5, citalopram: 37.1, placeb | o: 38.6 | |
| | Gender (% female): Escitalopram: 57.6 %, citalopram: 61.6%, placebo: 55.3% | | | |
| | Ethnicity: Escitalopram: 70.4 % white, citalopram: 75.9% white, placebo: 71.1% white | | | |
| | Other population characteristics: No significant population differences; mean 5 panic attacks per week and estimated | | | |
| | 44% of waking hours worrying about future attacks | | | |

| Authors: Stahl SM, et al. Year: 2003 | |
|-----------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: US | Managurany Eroquency of papin attacks based on the Medified Sheeban Danis and Anticipatony Anviety Scale (DAAS) |
| OUTCOME ASSESSMENT. | Panic and Agoraphobia Scale, HAM-A, CGI-I, CGI-S, Q-LES-Q, PGE, anticipatory anxiety duration (derived from PAAS) <i>Timing of assessments:</i> Screening, baseline, weeks 1, 2, 4, 6, 8, 10 |
| RESULTS: | The frequency of panic attacks was statistically improved in the escitalopram group relative to placebo (p = 0.04) There was no statistical difference in the frequency of panic attacks in citalopram patients relative to placebo; both escitalopram and citalopram significantly reduced panic disorder symptoms and severity versus placebo at endpoint (p < 0.05) Escitalopram was not compared to citalopram |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 32% Withdrawals due to adverse events: 7.4%; escitalopram: 6.3%, citalopram: 8.4%, placebo: 7.6% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | No significant differences between study groups |
| QUALITY RATING: | Fair |

Post-Traumatic Stress Disorder

| STUDY: | Authors: Connor K, et al. ¹⁵³ Year: 1999 Country: US | | | | |
|--------------------------------------|--------------------------------------------------------------------------------------------------------|--------------------------------------|---------------------------------------|---------------------|--|
| FUNDING: | NIMH | NIMH | | | |
| DESIGN: | Study design: RCT; 12 week acute with 12 week continuation Setting: Not reported Sample size: 54 | | | | |
| INTERVENTION: | | | | | |
| Drug: | Fluoxetine | Placebo | | | |
| Dose: | 10-60 mg/d | N/A | | | |
| Duration: | 12 weeks for acute treatment; | 12 weeks for acute treatment; | | | |
| | 12 weeks for continuation | 12 weeks for continuation | | | |
| | pnase | pnase | | | |
| INCLUSION: | Age 18-55: DSM-III-R criteria for | PTSD according to the SCI for DS | SM-III-R and were civilians | | |
| | | | | | |
| EXCLUSION: | Determined by SCID: history of | osychosis; bipolar disorder; antisoc | cial personality disorder; current/re | current/recent risk | |
| | of suicide; homicide; and drug of | alcohol abuse within previous 6 n | nonths | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Not reported | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | | | |
| | Mean age: 37; fluoxetine: 36, p | acebo: 38 | | | |
| | Gender (% female): 91%, fluoxe | tine: 89%, placebo: 93% | | | |
| | <i>Ethnicity:</i> 93% white; fluoxetine: 100%, placebo: 85% | | | | |
| | Other population characterist | cs: 41% married; 93% high school | I graduates; 43% employed out of | home; median age | |
| | of PTSD onset 25.5; median yea | ars of PTSD 6 | | | |
| Authors: Connor K, et al. Year: 1999 | |
|-----------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: US | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> Duke Global Rating for PTSD, SIP (Structured Interview for PTSD), self-rating sales: DTS (Davidson Trauma Scale), SDS (Sheehan Disability Scale), VS (Vulnerability to Effects of Stress Scale) <i>Timing of assessments:</i> Baseline, weeks 1, 2, 3, 4, 6, 8, 10, 12 |
| RESULTS: | Using Duke cut off score of 1 (no symptoms) to define responders, the fluoxetine group had significantly more responders than the placebo group (59% vs.19%; p < 0.005) Using Duke cut off score of 1 (no symptoms) or 2 (minimal symptoms) to define responders, no statistically significant difference could be seen (85% vs. 62%; p < 0.06) The SIP showed significant improvements for fluoxetine: SIP: p < 0.005 Fluoxetine subjects responded in significantly less time than placebo treated subjects; Kaplan Meier: p < 0.005 Fluoxetine was also associated with significantly greater effects on the disability and stress subscales (SDS, VS, DTS) at 12 weeks (p < 0.05; p < 0.01; p < 0.005) |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 31.5%; fluoxetine: 22.2%, placebo: 40.7 % Withdrawals due to adverse events: 0% Loss to follow-up differential high: Yes |
| ADVERSE EVENTS: | Not reported |
| QUALITY RATING: | Fair |

| Evidence Table 9 | Post-Traumatic Stress Disorder | | |
|--------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Davidson J et al. ¹⁵⁴ | | |
| | Country: Multinational | | |
| FUNDING: | Wyeth | | |
| DESIGN: | Study design: RCT | | |
| | Setting: Multicenter | | |
| | Sample Size: 329 | | |
| Drug: | Venlafaxine FR | Placebo | |
| Dose: | 75-300 mg | NA | |
| Duration: | 24 weeks | 24 weeks | |
| Sample size: | 161 | 168 | |
| INCLUSION: | ≥ 18 years of age, could provide legal of primary diagnosis of PTSD; had a score 6 months; a negative serum pregnancy health; been willing and able to return fr | consent, and were not currently hospitaliz e of at least 60 on CAPS-SX; and had PT test at screening (for women of childbea or all protocol-defined visits: been fluent i | ed; met the <i>DSM-IV</i> 1 criteria for a SD symptoms for at least the previous ring potential); been in generally good n written and spoken forms of English. |
| | Spanish, or Portuguese; and been willing | ng and able to provide written informed co | onsent prior to admission. |
| | Intolerance, hypersensitivity, or nonresp respond to adequate trials of 3 antidepr mental disorder due to a general medic disorder; abused or were dependent on showed a high risk of suicide or violenc within 30 days; had ECT within 3 month psychoactive drug, including fluoxetine, proceedings or compensation claims re without acceptable birth control. Subject | bonse to a previous adequate trial of venl ressants; had current primary major depre al condition or history of bipolar disorder, alcohol or other drugs within 6 months o e; used any investigational drug, antipsyc or or likelihood of requiring ECT during or herbal preparation within 7 day; had o lated to trauma; and, for women, were nu ts who had initiated or changed psychoth | lafaxine; had inability to tolerate or ession or panic disorder; had a current schizophrenia, or other psychotic or had a positive urine drug screen; chotic, or monoamine oxidase inhibitor g the study; used triptans or any other current involvement in criminal ursing, pregnant, or sexually active herapy of any kind within 3 months |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: Venlafaxine 42.2 Placebo Gender (female %): Venlafaxine 55.3 Ethnicity: NR Other population characteristics: | 40.5 Placebo 53.0 | |

| Authors: Davidson J | | | | |
|--------------------------------------|-------------------------------------------------------------------------------------------|-----------------------------------------|--------------------------------|--|
| Year: 2006 | | | | |
| | Primary Outcome Massures, change in CADS SX at 24 weeks | | | |
| COTCOME ASSESSMENT. | Secondary Outcome Measures: chang | anges from baseline to end point in CAF | S-SX17 symptom cluster scores: | |
| | frequency of remission (CAPS-SX sco | re < 20); and time to remission; HAMD; | CGI-S | |
| | Timing of assessments: Baseline, w | eeks 2, 4, 6, 8, 12, 18, and 24 | | |
| RESULTS: | CAPs at week 24 Venlafaxine | 29.2 (26.00) vs. placebo 38.1 (29.11 F | P = 0.006 | |
| | HAMD at week 24 Venlafaxine 6.9 (6.70) vs. placebo 8.3(7.23) P= 0.007 | | | |
| ANALYSIS: | ITT: Yes- LOCE | | | |
| | Post randomization exclusions: nor | 1e | | |
| | Loss to follow-up differential high: | no | | |
| ATTRITION: | Venlafaxine ER | Placebo | | |
| Loss to follow-up: | 30.4% | 33.3% | | |
| Withdrawals due to adverse events: | 9.3% | 5.4% | | |
| Withdrawals due to lack of efficacy: | 3.1% | 10.7% | | |
| | | | | |
| ADVERSE EVENTS: | Venlafaxine vs. placebo n(%) | | | |
| | At least 1 AE 125 (78) vs. 114 (69) | | | |
| | Headache 46 (28.6) vs. 44 (26.2) | | | |
| | Nausea 35 (21.7) vs. 19 (11.3) | | | |
| | Dizziness‡ 29 (18) vs. 19 (11.3) | | | |
| | Dry mouth 21 (13) vs. 8 (4.8) | | | |
| | Constipation 20 (12.4) vs. 5 (3) | | | |
| | Fatigue 13 (8.1) vs. 6 (3.6) | | | |
| | Insomnia 12 (7.5) VS. 17 (10.1) | | | |
| | Decreased libido & (5) VS. 6 (3.6) | | | |
| | Nasopharyngills δ (5) VS. T1 (6.5) | | | |
| | Vomiting 11 (6.8) vs. 4 (2.4) | .0) | | |
| | Somnolence 9 (5.6) vs. 9 (5.4) | | | |
| | Tremor 10 (6.2) vs. 6 (3.6) | | | |
| QUALITY RATING: | Fair | | | |
| | | | | |

| Evidence Table 9 | Post-Traumatic Stress Disorder | | |
|--------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Davidson J et al. ¹⁵⁵ | | |
| | Year: 2006 | | |
| | Country: USA | | |
| FUNDING: | Wyeth | | |
| DESIGN: | Study design: RCT | | |
| | Setting: Multicenter | | |
| | Sample size: 538 | | |
| INTERVENTION: | | | |
| Drug: | Venlafaxine ER | Sertraline | Placebo |
| Dose: | 75-300 mg | 50-200 mg | NA |
| Duration: | 12 weeks | 12 weeks | 12 weeks |
| Sample size: | 179 | 173 | 179 |
| EXCLUSION: | Male and female outpatients aged 18 ye the Structured Clinical Interview for DSI 60 on the 17-item CAPS-SX; PTSD syn screening (for women of childbearing pe and screening laboratory results; and lii Decrease of more than 25% on the DTS | ears or older who met DSM-IV criteria for M-IV.; a score of at least 40 on the Davids nptoms for at least the previous 6 months otential); generally good health based on kelihood of complying with protocol. S between screening and baseline; intole | a primary diagnosis of PTSD based on son Trauma Scale; a score of at least ;; a negative serum pregnancy test at medical history, physical examination, rance, hypersensitivity, or nonresponse |
| | to a previous adequate trial of venlafaxi antidepressants; current primary MDD of or history of bipolar disorder, schizophra months or a positive urine drug screen; antipsychotic, or MAOIs within 30 days; any other psychoactive drug (including of or change in psychotherapy within 3 related to trauma; and for women, nurs | ine or sertraline; inability to tolerate or res or panic disorder; a current mental disord enia, or other psychotic disorder; alcohol and a high risk of suicide or violence; use ; ECT within 3 months or likelihood of req SSRIs or tricyclic antidepressants) or her months; current involvement in criminal p ing, pregnancy, or sexual activity without | pond to adequate trials of 3 or more er due to a general medical condition or drug abuse or dependence within 6 e of any investigational drug, uiring ECT during the study; triptans or bal preparation within 7 days; initiation roceedings or compensation claims acceptable birth control. |
| OTHER MEDICATIONS/ INTERVENTIONS: | Zaleplon or zolpidem, 1 dose nightly as evaluation only. The use of any alternat allergies, colds, or flu were permitted, p | needed for insomnia, for up to 6 nights, of tive hypnotics required prior approval of the provided the medications used had minima | during the 14 days after the baseline ne sponsor. Short-term treatments for al psychotropic effects. |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Can't tell- Mean age: NR Gender (female %): N | authors say yes. R Ethnicity: NR | |

| Authors: Davidson | | | | |
|--------------------------------------|---------------------------------------------------------------------------------------------------|--|--|--|
| Year: 2006 | | | | |
| Country: USA | | | | |
| | Primery Outcome Measures, Change in CARS SV at 12 weeks | | | |
| OUTCOME ASSESSMENT. | Secondary Outcome Measures. Change in CAPS-SA at 12 weeks | | | |
| | Secondary Outcome Measures: Q-LES-Q, SO, CGI-S, HAMD17 | | | |
| | Timing of assessments: Baseline, weeks 2,4,6,8,12 | | | |
| RESULTS: | Change from baseline venlafaxine vs. sertraline vs. placebo | | | |
| | CAPS-SX -41.51 vs39.44 vs34.17 Venlafaxine vs. Placebo P = 0.015 Sertraline vs. Placebo P = 0.081 | | | |
| | Venlafaxine vs. Sertraline P = 0.494 | | | |
| | • DTS -42.86 vs38.92 vs34.59 Venlafaxine vs. Placebo P = 0.015 Sertraline vs. Placebo P = 0.2.03 | | | |
| | Venlafaxine vs. Sertraline P = 0.248 | | | |
| | • CGI-S -1.60 vs1.51 vs1.23 Venlafaxine vs. Placebo P = 0.007 Sertraline vs. Placebo P = 0.046 | | | |
| | Venlafaxine vs. Sertraline P = 0.492 | | | |
| | • HAMD -7 09 vs -6 42 vs -5.54 Venlafaxine vs Placebo P = 0.039 Sertraline vs Placebo P = 0.244 | | | |
| | Venlafaxine vs. Sertraline $P = 0.379$ | | | |
| ANALYSIS: | ITT: Yes | | | |
| | Post randomization exclusions: NR | | | |
| | Loss to follow-up differential high: NR | | | |
| ATTRITION: | Overall | | | |
| Loss to follow-up: | 34% | | | |
| Withdrawals due to adverse events: | | | | |
| Withdrawals due to lack of efficacy: | NP | | | |
| ADVEDSE EVENTS: | | | | |
| ADVENSE EVENTS. | | | | |
| | • Reductile 29 VS. 32 VS. 29 | | | |
| | • Nausea 24 vs. 23 vs. 14 | | | |
| | Diarrhea 12 vs. 26 vs. 13 | | | |
| | • Dry mouth 18 vs. 15 vs. 15 | | | |
| | Somnolence 12 vs. 10 vs. 13 | | | |
| | Fatigue 11 vs. 14 vs. 9 | | | |
| | Dizziness 13 vs. 10 vs. 8 | | | |
| | Insomnia 13 vs. 10 vs. 9 | | | |
| | Constipation 12 vs. 7 vs. 10 | | | |
| | Appetite decrease 12 vs. 8 vs. 6 | | | |
| QUALITY RATING | Fair | | | |
| | | | | |
| | | | | |

| Evidence Table 9 | Post traumatic stress disorder | | |
|--------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|------------------------------------------|
| STUDY: | Authors: Martenyi F et al. ¹⁵⁶ Year: 2007 Country: USA | | |
| FUNDING: | Eli Lilly | | |
| DESIGN: | Study design: RCT Setting: Multicenter Sample size: 411 | | |
| INTERVENTION: | | | |
| Drug: | Fluoxetine 20 | Fluoxetine 40 | Placebo |
| Dose: | 20 mg | 40 mg | NA |
| Duration: | 12 weeks | 12 weeks | 12 weeks |
| Sample size: | 163 | 160 | 88 |
| INCLUSION: | Men and women aged 18 to 75 who me Diagnostic Version and a score of 4 or r | t DSM-IV criteria for PTSD1 a score of 50 nore on the Clinical Global Impression of | or more on the CAPS Current Severity. |
| EXCLUSION: | Severe (comorbid) depression as define | ed by MADRS score greater than 20 | |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: fluoxetine20 41 fluoxetine4 Gender (female %): fluoxetine20 71. Ethnicity: % white fluoxetine20 76% flu Other population characteristics: | 0 40 placebo 42 2% fluoxetine40 71.9% placebo 71.6% loxetine40 74% placebo 84% | % |

| Authors: Martenyi et al. Year: 2007 Country: LISA | | | | |
|------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|---------|--|
| OUTCOME ASSESSMENT: | Primary Outcome Measures: TOP-8 Secondary Outcome Measures: The CAPS One Week Symptom Status Version, Davidson Trauma Scale, MADRS, and Hamilton Anxiety Scale Timing of assessments: | | | |
| RESULTS: | Change in CAPS fluoxetine20 -42.9(23.1) fluoxetine40 -42.8(27.9) placebo -36.6(25.7) Change in TOP-8 fluoxetine20 -10.59(0.58) fluoxetine40 -10.25(0.60) placebo -10.59(0.81) Change in MADRS fluoxetine20 -5.05(0.82) fluoxetine40 -5.04(0.84) placebo -3.45(1.14) | | | |
| ANALYSIS: | ITT: Yes Post randomization exclusions: NR | | | |
| ATTRITION: | Fluoxetine20 | Fluoxetine40 | Placebo | |
| Loss to follow-up: | NR | NR | NR | |
| Withdrawals due to adverse events: | 4.3% | 13.1% | 8.0% | |
| Withdrawals due to lack of efficacy: Loss to follow-up differential high: | 6.7% 4.3% 6.8% | | | |
| ADVERSE EVENTS: | Any event fluoxetine20 67.5% fluoxetine40 77.5% placebo 64.8% Headache fluoxetine20 16.0% fluoxetine40 18.8% placebo 17.0% Nausea fluoxetine20 12.9% fluoxetine40 13.8% placebo 13.2% Somnolence fluoxetine20 9.2% fluoxetine40 11.9% placebo 5.2% Rhinitis fluoxetine20 7.4% fluoxetine40 11.3% placebo 6.8% | | | |
| QUALITY RATING: | Fair | | | |

| Evidence Table 9 | Post-Traumatic Stress Disorder | | |
|--------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: McRae A, et al. ¹⁵⁷ Year: 2004 Country: US | | |
| FUNDING: | Bristol-Myers Squibb | | |
| DESIGN: | Study design: RCT Setting: Multi-center (2 medical centers Sample size: 37 | 5) | |
| INTERVENTION: | | | |
| Drug: | Nefazodone | Sertraline | |
| Dose: | 463 mg/d (mean) | 153 mg/d (mean) | |
| Duration: | 12 weeks | 12 weeks | |
| Sample size: | 18 | 19 | |
| INCLUSION: | Male and female outpatients aged 18-6 severity of at least 50 on the CAPS-2 | 5; met DSM-IV criteria for PTSD; minimu | m of 3 months duration of PTSD; |
| EXCLUSION: | Any clinically significant medical conditi disease; pregnancy or breastfeeding; p depression; psychotropic medication; d | on or laboratory abnormality; history of se sychotic, eating disorder, or OCD; substa rug hypersensitivity; history of non-respon | eizure disorder or organic brain ince abuse; current diagnosis of major nsiveness to treatment drugs |
| OTHER MEDICATIONS/ INTERVENTIONS: | No other psychotropic medications allow | wed | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | |
| | Mean age: 40 | | |
| | Gender (% female): 77% | | |
| | Ethnicity: Not reported | | |
| | Other population characteristics: Tim | ne since trauma: 22 years | |

| Authors: McRae A, et al. Year: 2004 | |
|----------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | <i>Primary Outcome Measures:</i> 17 item PTSD scale; Part 2 CAPS-2; CGI-I <i>Secondary Outcome Measures:</i> 17 item Davidson Trauma Scale; MADRS; HAM-A; Pittsburg Sleep Quality Index; Sheehan Disability Scale <i>Timing of assessments:</i> Baseline, weeks 4, 8, and 12 |
| RESULTS: | No statistically significant differences between the sertraline and the nefazodone treatment groups on any of the outcome measures. Both treatment groups had statistically significant within-group improvements on all outcome measures from baseline to endpoint CAPS-2: sertraline: 29.08 (p < 0.001); nefazodone: 28.77 (p < 0.001) CGI: sertraline 2 (p < 0.001); nefazodone: 2 (p < 0.001) |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 38%; nefazadone: not reported; sertraline: not reported Withdrawals due to adverse events: 11%; nefazadone: 11%; sertraline: 10.5% Loss to follow-up differential high: not reported |
| ADVERSE EVENTS: | No significant differences in adverse events reported between treatment groups: Drowsiness: Nefazadone: 26.3%; sertraline: 27.8% Headache: Nefazadone: 26.3%; sertraline: 22.2% Insomnia: Nefazadone: 21.1%; sertraline: 16.7% Dizziness: Nefazadone: 5.3%; sertraline: 16.7% Fatigue: Nefazadone: 5.3%; sertraline: 16.7% Anorgasmia: Nefazadone: 0%; sertraline: 16.7% |
| QUALITY RATING: | Fair |

| STUDY: | Authors: Saygin MZ et al. ¹⁵⁸ Year: 2002 Country: Turkey | | |
|---------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|--|
| FUNDING: | AÇEV (Mother Child Education Foundation) and Project Hope | | |
| DESIGN: | Study design: RCT Setting: Research center Sample size: 60 | | |
| INTERVENTION: | | | |
| Drug: Dose: Duration: Sample size: | Sertraline 50-100 mg 5 months 30 | Nefazadone 200-400 mg 5 months 30 (24 analyzed due to 6 dropouts) | |
| INCLUSION: | Patients with PTSD from Marmara earthquake in Izmit, Turkey | | |
| EXCLUSION: | history of alcohol or drug abuse, neurological disorder, current organic mental disorder and who are under psychiatric medication less than 2 weeks before the study | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: No Mean age: Sertraline 37.7 Nefazadone 46.1 Gender (female %): Sertraline 66.6% Nefazadon Ethnicity: NR Other population characteristics: Comorbidity S Nefazadone 15.75 CGI-S Sertraline 4.73 Nefaz | e 87.5% ertraline 40% Nefazadone 25% TOP-8 scores Sertraline 19.27 adone 4.38 | |

| Authors: Saygin Year: 2002 Country: Turkey | | | |
|--------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|---------------------------------------------------------|
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Posttr Posttraumatic Stress Disorder Scale (Secondary Outcome Measures: NF Timing of assessments: Baseline ar | raumatic Stress Diagnostic Scale (PDS) TOP-8), Clinical Global Impression Sca d then once a month | , the eight-item Treatment-outcome le (CGI) ratings. |
| RESULTS: | Endpoint scores Top-8 Sertraline 5.23 (3.24) Ne CGI-S Sertraline 2.37 (0.93) No | fazadone 4.35 (2.94) efazadone 2.24 (0.97) | |
| ANALYSIS: | ITT: No Post randomization exclusions: 6 Loss to follow-up differential high: | Yes | |
| ATTRITION: | Sertraline | Nefazadone | |
| Loss to follow-up: | 0% | 20% | |
| Withdrawals due to adverse events: | NR | NR | |
| Withdrawals due to lack of efficacy: | NR | NR | |
| ADVERSE EVENTS: | CGI side effects score showed endpoint Sertraline 1.33 Nefaz | a significantly greater amount of side ef adone 1.82 | fects in the nefazadone group at |
| QUALITY RATING: | Poor- completers analysis | | |

| Evidence Table 9 | Post Traumatic Stress Disorder | | |
|--------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|
| STUDY: | Authors: Tucker P et al. ¹⁵⁹ Year: 2005 Country: US | | |
| FUNDING: | Forest Pharmaceuticals | | |
| DESIGN: | Study design: RCT Setting: University hospital outpatient Sample size: 59 | | |
| INTERVENTION: Drug: Dose: Duration: Sample size: | Citalopram 36.2 mg/day 10 weeks 25 | Sertraline 134.1 mg/day 10 weeks 23 | Placebo N/A 10 weeks 10 |
| INCLUSION: | 18-64 years old; PTSD symptoms | | |
| EXCLUSION: | Medical condition precluded use of an SS or sertraline; possible placebo treatment | SRI; previous intolerance or lack of respo was unsafe; psychotherapy was indicate | onse to an adequate trial of citalopram ed; current alcohol or substance abuse |
| OTHER MEDICATIONS/ INTERVENTIONS: | Diphenhydramine for sleep | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: citalopram: 39.2, sertraline: 3 Gender (% female): citaloparam: 68%, Ethnicity (% white): citalopram: 76%, se Other population characteristics: Not i | 9.1, placebo: 36.8 sertraline: 78.3%, placebo: 80% ertraline: 91.3%, placebo 100% reported | |

| Authors: Tucker P et al. | | | | |
|--------------------------------------|--------------------------------------------------|--------------------------------|-------------------------------|-----------------------------|
| Year: 2003 | | | | |
| Country: US | | | | |
| | Primary Outcome Measures | Clinician administered PTSD | scale (CAPS) and BDI | |
| | Trindry Outcome measures | | | |
| | Timing of assessments: CA | PS: Baseline and weeks 1, 6,a | and 10; BDI: baseline and wee | ks 1, 2, 3, 4, 6, 8, and 10 |
| RESULTS: | No differences in effication | cy between sertraline and cita | lopram treated patients | |
| | No differences in efficación | v between active treatments a | and placebo | |
| | | , | · | |
| ANALYSIS: | ITT: Yes | | | |
| | Post randomization exclusion | ons: No | | |
| ATTRITION: | Overall | Citalopram | Sertraline | Placebo |
| Loss to follow-up: | 14 | 5 | 6 | 3 |
| Withdrawals due to adverse events: | 2 known | NR | NR | NR |
| Withdrawals due to lack of efficacy: | _ | | | |
| Loss to follow-up differential high: | NR | NR | NR | NR |
| | | | | |
| | No | N/A | N/A | N/A |
| | | | | |
| ADVERSE EVENTS: | Eatique: citalopram: 44 | %, sertraline: 29%, placebo: 3 | 7% | |
| | GI distress: citalopram: | 16% sertraline: 38% placebo | : 30% | |
| | Insomnia: citalopram: 6 | 0% sertraline: 33% placebo: | 70% | |
| | Sexual dysfunction: cita | lopram: 16% sertraline: 4% r | lacebo: 20% | |
| | | | 100000.2070 | |
| | | | | |
| QUALITY RATING: | Fair | | | |
| | | | | |

| Evidence Table 9 | Post Traumatic Stress Disorder | | |
|--------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|
| STUDY: | Authors: van der Kolk BA et al. ¹⁶⁰ Year: 2007 Country: USA | | |
| FUNDING: | NIMH | | |
| DESIGN: | Study design: RCT Setting: Research center Sample size: 59 | | |
| INTERVENTION: | | | |
| Drug: | Fluoxetine | Placebo | |
| Dose: | 10-60 mg | NA | |
| Duration: | 8 weeks | 8 weeks | |
| Sample size: | 30 | 29 | |
| INCLUSION: | 18 to 65 years with PTSD, trauma at lea | ast 1 year prior | |
| EXCLUSION: | Unstable medical condition; contraindic bipolar; substance abuse; severe disso conditions. | ation to treatment; inability to discontinue ciation; prone to suicide; prior exposure to | other psychotropic meds; psychotic or o interventions; unstable living |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: Fluoxetine 34.1 Placebo 35 Gender (female %): Fluoxetine 86.7 P Ethnicity: % white Fluoxetine 63.3 Plac Other population characteristics: | 5.7 Iacebo 86.2 cebo 69.0 | |

| Authors: van der Kolk | | | |
|--------------------------------------|--------------------------------------|----------------------------------------|----|
| Country: USA | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: CAPS | 3 | |
| | Secondary Outcome Measures: Bl | D | |
| | Timing of assessments: Baseline ar | nd post treatment | |
| RESULTS: | At post treatment drop in total C | CAPS fluoxetine 46.0% vs. placebo 43.6 | i% |
| | | | |
| ANALYSIS: | ITT: Yes | | |
| | Post randomization exclusions: nor | ne | |
| | Loss to follow-up differential high: | no | |
| ATTRITION: | Fluoxetine | Placebo | |
| Loss to follow-up: | 13% | 10% | |
| Withdrawals due to adverse events: | NR | NR | |
| Withdrawals due to lack of efficacy: | NR | NR | |
| | | | |
| ADVERSE EVENTS: | None reported | | |
| QUALITY RATING: | Fair | | |
| | | | |

| Evidence Table 10 | Social Anxiety Disorder | | |
|--------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|
| STUDY: | Authors: Allgulander C, et al. ¹⁶¹ Year: 2004 | | |
| | Country: Multinational (Sweden, Denm | ark, Germany, Norway, France, Finland) | |
| FUNDING: | Wyeth Research | | |
| DESIGN: | Study design: RCT | | |
| | Setting: Multi-center Sample size: 436 | | |
| INTERVENTION: | | | |
| Drug: | Venlafaxine ER | Paroxetine | Placebo |
| Dose: | 75-225 mg/d | 20-50mg/d | N/A |
| Duration: | 12 weeks | 12 weeks | 12 weeks |
| Sample size: | 129 | 128 | 132 |
| INCLUSION: | Over 18 years old with DSM-IV criteria for SAD for at least 6 months prior to study; score of \geq 4 on CGI-S; 50 on LSAS, with 30% decrease between pre-study and baseline visits; pre-study Raskin depression total score \leq 9, and a 17-item HAM-D score $<$ 15 | | |
| EXCLUSION: | Previous treatment with venlafaxine or confounded the evaluation of treatment disorder), depression or other primary a | venlafaxine ER within 6 months of study of substance disorders, personality disorders anxiety disorders | day 1; concurrent disorders that ers (except avoidant personality |
| OTHER MEDICATIONS/ INTERVENTIONS: | Not reported | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: No (difference) Mean age: Venlafaxine ER: 38.7; paros Gender (% female): Venlafaxine ER: 4 Ethnicity: Not reported Other population characteristics: Ba paroxetine | ences in gender) ketine: 38.8; placebo: 38.9 6%; paroxetine: 52%; placebo: 62% aseline LSAS score 86.6 for placebo, 83.2 | 2 for venlafaxine ER, 83.9 for |

| Authors: Allgulander C, et al. | |
|--------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: Multi-country | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: LSAS Secondary Outcome Measures: CGI-S; CGI-IM; SPIN; SDI Timing of assessments: Baseline, and days 7, 14, 21, 28, 42, 56, 70 and 84 |
| RESULTS: | No significant differences in any outcome measures between venlafaxine ER and paroxetine Treatment with venlafaxine ER and paroxetine was associated with significantly greater improvement than treatment with placebo for all primary and secondary efficacy variables (p < 0.05) LSAS total scores significantly improved for venlafaxine ER or paroxetine vs. placebo –primary endpoint, the baseline adjusted mean change in LSAS total score was –36.0 (SE 2.35) for venlafaxine, –35.4 (SE 2.46) for paroxetine and –19.1 (SE 2.40) for the placebo group SPIN scores significantly improved for venlafaxine ER and paroxetine groups than for placebo group at weeks 3-12 (both p < 0.05 week 3; both p < 0.01 week 4; both p < 0.001 weeks 6-12) |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 16.8%; venlafaxine ER: 16%; paroxetine: 16%; placebo: 18.5% Withdrawals due to adverse events: 7.6%, venlafaxine: not reported; paroxetine: not reported Loss to follow-up differential high: No |
| ADVERSE EVENTS: | During the double-blind treatment period, 90% venlafaxine ER, 89% paroxetine, and 82% placebo treated patients reported treatment emergent adverse events; the most common (incidence ≥5%) adverse events among venlafaxine ER treated patients were headache (10%), nausea (7%), dizziness (14%), insomnia (6%), and vertigo (10%); among paroxetine-treated patients were headache (12%), dizziness (13%), and insomnia (6%); among placebo treated patients, no taper/post study emergent adverse event occurred at an incidence of ≥5% and the differences between groups were not statistically significant |
| QUALITY RATING: | Fair |

| Evidence Table 10 | Social Anxiety Disorder | | |
|--------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Davidson J, et al. ¹⁶² Year: 2004 Country: US | | |
| FUNDING: | National Institute of Mental Health grant | t | |
| DESIGN: | Study design: RCT Setting: 2 academic medical centers Sample size: 117 (295 total in arms in | cludina CCBT) | |
| INTERVENTION: | | | |
| Drug: | Fluoxetine | Placebo | |
| Dose: | 10-60 mg/day | N/A | |
| Duration: | 14 weeks | 14 weeks | |
| Sample size: | 57 | 60 | |
| INCLUSION: | DSM-IV diagnosis of GSP; age between | n 18 and 65 years; fluency in English; pro | ovision of written informed consent |
| EXCLUSION: | Primary comorbid anxiety disorder (defi history of schizophrenia, bipolar disorder substance abuse or dependence within unstable medical condition; prior failure sessions of CCBT for GSP; concurrent screen results; inability to maintain 2we | ned by which disorder was the more deb er, or organic brain syndrome; major depr the past year; mental retardation or perv of response to fluoxetine at 60 mg/d for psychiatric treatment or other psychoacti eks' psychotropic drug-free wash-out; pre | ilitating and clinically salient); lifetime ression within the last 6 months; rasive developmental disability; at least 4 weeks or to 12 weekly ve medications; positive urine drug egnancy or lactation |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: fluoxetine: 36.3, placebo: 3 Gender (female %): fluoxetine: 42.9, p Ethnicity (% white): fluoxetine: 71.4, p | 6.9 Jacebo: 45.8 Jacebo: 82.8 | |

| Authors: Davidson J et al | |
|---------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2004 | |
| Country: | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: CGI-I, CGI-S, BSPS |
| | Secondary Outcome Measures: Social Phobia and Anxiety Inventory |
| | Timing of assessments: baseline and weeks 4, 8 14 |
| RESULTS: | CGI response rates at week 14 higher for fluoxetine (50.9% vs. 31.7%; p=0.03) |
| | BSPS effect sizes (95% CI): 0.40 (0.02 to 0.77) for fluoxetine vs. placebo |
| | CGI-S scale effect size (95% CI) for fluoxetine vs. placebo: 0.42 (0.04 to 0.80) |
| | CGI-S score at baseline: 4.4 vs. 4.3; at week 14: 2.7 vs. 3.3; fluoxetine treatment superior to placebo (p<0.05) |
| | SPAI score at week 14 69.3 vs. 94.8; fluoxetine superior to placebo (p<0.05) |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: yes (9) |
| ATTRITION: | Loss to follow-up; fluoxetine: 32%; placebo: 40% |
| | Withdrawals due to adverse events: fluoxetine: 8.8%; placebo: 3.3% |
| | Withdrawals due to lack of efficacy: fluoxetine: 1.8%; placebo: 3.3% |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | TEAEs (fluoxetine vs. placebo) |
| | Insomnia: 47.9 vs. 42.3; p=0.005 |
| | • Headache: 31.2 vs. 38.5; p=0.008 |
| | Nausea: 18.8 vs. 15.4; p<0.04 |
| | • Anorgasmia: 32.4 vs. 9.6; p<0.001 |
| | Erectile dysfunction: 10.4 vs. 1.9; p<0.02 |
| | |
| QUALITY RATING: | Fair |
| | |

| Evidence Table 10 | Social Anxiety Disorder |
|---------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Hansen et al., ¹⁶³ Year: 2008 Country: multinational |
| FUNDING: | Subcontract with the Center for Evidence-Based Policy; Oregon Health & Science University; first author supported by grant K12RR023248 |
| DESIGN: | Study design: systematic review and meta-analysis Number of patients: 5,172 |
| AIMS OF REVIEW: | A systematic review and meta-analysis was conducted to evaluate the comparative efficacy and tolerability of second- generation antidepressants in social anxiety disorder. |
| STUDIES INCLUDED IN REVIEW | 18 trials: 3 head-to-head RCTs (Allgulander et al., 2004; Lader et al., 2004; Liebowitz et al., 2005) and 15 placebo- controlled trials (Allgulander, 1999; Baldwin et al., 1999; Blomhoff et al., 2001; Davidson et al., 2004; Kasper et al., 2005; Kobak et al., 2002; Lepola et al., 2004; Liebowitz et al., 2003; Rickels et al., 2004; Stein et al., 1999; Stein et al., 1998; Stein et al., 2005; Van Ameringen et al., 2001; Wagner et al., 2004; Westenberg et al., 2004) 15 placebo-controlled trials which compare one SSRI to placebo or which compare one SSRI to another; |
| TIME PERIOD COVERED: | January 1980 through October 2006 |
| CHARACTERISTICS OF INCLUDED STUDIES: | 3 head-to-head RCTs and 15 placebo-controlled trials which compare one second-generation antidepressant (SGAD) to placebo or which compare one SGAD to another; duration 12-28 weeks; |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | All trials required a diagnosis of SAD consistent with the DSM-IV; baseline disease severity varying; mean age in most trials was between 35 and 45 years, with a relatively equal distribution of males and females. One study included children and adolescents (mean age, 13 years). |

| Authors: Hansen et al. | | | | | | | | |
|------------------------|-------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|--------------------------------------------------------------------------------|--------------------------------------------------------------------------------|---------------------------------------------------------------------------------|-------------------------------------------------------------------------------|----------------------------------------------------|
| Year: 2008 | | | | | | | | |
| CHARACTERISTICS OF | active and placebo | -controlled tria | als (Escitalop | ram, Fluoxetine, | Fluvoxamine, F | -Iuvoxamine CR | , Paroxetine, Pa | roxetine |
| INTERVENTIONS: | CR, Sertraline, Ver | nlafaxine ER) | · · | | | | | |
| MAIN RESULTS: | Clinical response (| meta-analyses | s. pooled resu | Its. effect sizes a | and relative risk | s) | | |
| | Anxiety Sever | rity (Liebowitz | Social Anxiet | v Scale SAS). | pooled weighte | d mean reduction | on: overall active | treatments |
| | vs. placebo 1 8.2-16.3) for f significant diff paroxetine, pa | 0-16 point gre luvoxamine, 1 ferences in me aroxetine vs. v | eater LSAS rec 16.1 (95%CI 1 ean change in venlafaxine). | Juction than place 3.1-19.1) for par LSAS when dire | cebo: 10.3 (95% oxetine, and 14 ectly comparing | 5CI 5.9-14.6) for .8 (95%CI 10.6- SGAD to anoth | escitalopram, 1 19.0) for venlafa er (escitalopram | 2.3 (95% Cl axine. No i vs. |
| | Functional im active treatme compared wit difference 1.2 with placebo i | pairment (She ents and place h placebo, ac 5; 95%CI 0.9 in all but one t | eehan Disabilit ebo; statistical tive treatment to 1.5); the sc trial | ty Scale, SDS): i significant differ produced a 0.7 icial domain was | no significant di rences only in w to 2.2 point gre s significantly m | fference in reduce vork domain, not ater reduction in ore improved for | cing disability be family and socia the work domai r active treatmer | etween al domains: in (pooled nt compared |
| | Clinical Globa pooled relativ sertraline (RB better than pla | al Impression e benefits for 1.78; 95%CI acebo. Fluvox | of Improvement escitalopram 1.45-2.16), ar camine showed | nt Scale (CGI-I): (RB 1.31; 95%C nd venlafaxine (I d no significant i | : (response "ver I 1.17-1.46), pa RB 1.68; 95%C improvement (R | y much improve roxetine (RB 1.8 I 1.47-1.93) were B 1.49; 95%CI (| d" or "improved" 35; 95%Cl 1.49-2 e statistically sig).94- 2.36). | ' on CGI-I): 2.29), nificantly |
| | Clinical Globa comparing SC response in ir | al Impression GAD to anothe adirect compa | of Improveme er (escitalopra risons. | nt Scale (CGI-I): m vs. paroxetine | No significant o e, paroxetine vs | differences in res . venlafaxine). N | sponse when dir lo significant diff | rectly erences in |
| ADVERSE EVENTS: | types of adve psychiatric dis reported adve | rse events rep sorders, but te erse events we | ported among endency towar ere nausea, as | patients with SA ds higher freque sthenia or fatigue | AD similar to the encies (e.g. for r e, or changes ir | nse reported in p nausea and inso n sleep. | atients with othe mnia). The mos | er t commonly |
| | • The adverse | events profile Nausea / | differed amon Asthenia*/ | g SSRIs (mean Sweating / Sor | incidence in pe nnolence / Inse | rcent with 95%C omnia / Dry Mo | ଧ) uth / Abnormal | |
| | Ejaculation / Libid | lo Decrease | | · · | | - | | |
| | Escitalopram; 6 (5–7) | 25 (19–32) 14 | 4 (13–15) | 9 (3–15) | 11 (9–12) 9 | (NA) | NR | 8 (4–12) |
| | Fluoxetine: | NR | 30 (NA) | NR | NR | 47 (NA) | NR | NR |
| | Fluvoxamine : | 39 (23–55) | 28 (NA) | NR | 27 (18–35) | 32 (31–33) | NR | 11 (9–13) |
| | Paroxetine : | 25 (21–29) | 19 (16–21) | 13 (9–17) | 15 (9–21) | 15 (11–18) | 15 (7–24) | 18 (12– |
| | 25) 9 (7–11 Sertraline: |) 27 (17–37) | 18 (17–19) | 11 (10–12) | 11 (NA) | 27 (22–33) | 14 (13–15) | 13 (10– |
| | 16) 7 (NA) Venlafaxine : 17) 8 (6–11 | 31 (27–34) | 16 (8–24) | 15 (8–22) | 22 (14–29) | 22 (16–28) | 17 (13–21) | 14 (10– |
| | | / -mhase The | Cochrane Libr | ary Psychlit a | nd the Internativ | | tical Abstracts | |
| SEARCH STRATEGY | Handsearch pharm | na dossiers) | | ary, r syonen, a | | | | |
| STANDARD METHOD OF | Yes | | | | | | | |
| APPRAISAL OF STUDIES: | 100 | | | | | | | |

| QUALITY RATING: | Good |
|-----------------|------|

| Evidence Table 10 | Social Anxiety Disorder |
|---------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Hedges D et al. ¹⁶⁴ |
| | Year: 2007 |
| | Country: Multinational |
| FUNDING: | Brigham Young University, Department of Psychology |
| DESIGN: | Study design: Systematic review Number of patients: 3,361 |
| AIMS OF REVIEW: | To investigate the efficacy of SSRIs in social anxiety disorder |
| STUDIES INCLUDED IN REVIEW | 15 studies: van Vliet <i>et al.</i> , 1994; Katzelnick <i>et al.</i> , 1995; Stein <i>et al.</i> , 1998; Allgulander, 1999; Baldwin <i>et al.</i> , 1999; Stein <i>et al.</i> , 1999; Blomhoff <i>et al.</i> , 2001; Van Ameringen <i>et al.</i> , 2001; Kobak <i>et al.</i> , 2002; Liebowitz <i>et al.</i> , 2002; Liebowitz <i>et al.</i> , 2003; Davidson <i>et al.</i> , 2004a; Davidson <i>et al.</i> , 2004b; Lader <i>et al.</i> , 2004, Lepola <i>et al.</i> , 2004 |
| TIME PERIOD COVERED: | 1966-2004 |
| CHARACTERISTICS OF INCLUDED STUDIES: | Double-blind, placebo-controlled trials ranging in duration from 10-24 weeks |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Adults with social anxiety disorder (social phobia) |

| Authors: Hedges D, et al. Year: 2007 | |
|----------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CHARACTERISTICS OF INTERVENTIONS: | Citalopram, escitalopram, fluoxetine, fluvoxamine, paroxetine, or sertraline vs. placebo |
| MAIN RESULTS: | Effect sizes for the Liebowitz Social Anxiety Scale ranged from 0.029 to 1.214 Effect sizes for the Sheehan Disability Scale ranged from 0.203 to 0.480 for work, 0.237 to 0.786 for social function, and 0.118 to 0.445 for family function The O log-odds ratios for CGI of change scores ranged from 0.644 to 3.267 SSRIs appear more effective than placebo for social anxiety disorder, with improvement extending into social and occupational function |
| ADVERSE EVENTS: | NR |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | PubMed and PsychINFO were searched as well as the reference lists of pertinent articles. |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | NR |
| QUALITY RATING: | Fair |

| Evidence Table 10 | Social Anxiety Disorder | |
|--------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Kasper S, et al. ¹⁶⁵ Year: 2005 Country: Multinational | |
| FUNDING: | H. Lundbeck A/S | |
| DESIGN: | Study design: RCT Setting: Multi-center Sample size: 358 | |
| INTERVENTION: | | |
| Drug: | Escitalopram | Placebo |
| Dose: | 10-20 | N/A |
| Duration: | 12 weeks | 12 weeks |
| Sample size: | 181 | 177 |
| INCLUSION: | Outpatients with a primary diagnosis GSAD following DS LSAS; evidence of fear or avoidance traits in at least 4 set | M-IV criteria; 18-65 years old; a score of at least 70 on the ocial situations; otherwise healthy |
| EXCLUSION: | Primary diagnosis of other Axis 1 disorders or a history of substance abuse within 12 months; if investigator diagno antipsychotic within 6 months or any antipsychotic, anxio allergy or previous lack of therapeutic response to citalop | of within the past 6 months; diagnosis of any Axis II cluster; used a serious risk of suicide; MADRS >19; use of a depot olytic or anticonvulsant within 2 weeks before start; known drug oram |
| OTHER MEDICATIONS/ INTERVENTIONS: | Chloral hydrate for sleep | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: No – escitalopram group of (24 vs. 21 years) Mean age: 38 Gender (% female): 45% Ethnicity: NR Other population characteristics: Baseline LSAS: placebo: 95.4, escitalopram: 96.3 Baseline CGI-S: placebo: 4.8, escitalopram: 4.8 | lder (39 vs. 36) with greater duration of disease |

| Authors: Kasper S, et al. Year: 2005 Country: Multinational | | | | |
|--------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|--|
| OUTCOME ASSESSMENT: | Primary Outcome Measures: LSAS tot | Primary Outcome Measures: LSAS total score | | |
| | Secondary Outcome Measures: LSAS subscales; CGI-S; CGI-I; SDS; MADRS | | | |
| RESULTS: | LSAS at 12 weeks: placebo 68.8, Mean reduction in LSAS fear/anxi Mean reduction in LSAS avoidance Escitalopram showed significant in placebo and 54% for escitalopram Significantly more improvement in MADRS not reported | escitalopram 62.2 with a treatment differ ety subscale: escitalopram -16.9, placebo es subscale: escitalopram -17.6, placebo mprovements over placebo in CGI-S (p < p (p < 0.01) SDS work (p < 0.001) and social (p < 0. | ence of 7.3 (p < 0.01) o -12.7 (p < 0.001) -14.4 (p < 0.05) < 0.01); CGI-I responders 39% for 05) subscales | |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes- | 5 had no post-baseline assessment | | |
| ATTRITION: Loss to follow-up: Withdrawals due to adverse events: Withdrawals due to lack of efficacy: Loss to follow-up differential high: | <u>Overall</u> 19% 6.8% 4.2% No | <u>Placebo</u> 18% 4.5% 6.2% | Escitalopram 20% 8.8% 2.2% | |
| ADVERSE EVENTS: | Headache: placebo: 25%, escitalopram: 25% Nausea: placebo: 12%, escitalopram: 22% Fatigue: placebo: 9%, escitalopram: 14% Somnolence: placebo: 5%, escitalopram: 10% Diarrhea: placebo: 5%, escitalopram: 9% Insomnia: placebo: 6%, escitalopram: 9% | | | |
| QUALITY RATING: | Fair | | | |

| Evidence Table 10 | Social Anxiety Disorder | | | |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|-------------------------------------------------------|---------------|
| STUDY: | Authors: Kobak KA, et. al. ¹⁶⁶ Year: 2002 Country: US | | | |
| FUNDING: | Eli Lilly & Co. | | | |
| DESIGN: | Study design: RCT Setting: Single center Sample size: 60 | | | |
| INTERVENTION: | | | | |
| Drug: | Fluoxetine | Placebo | | |
| Dose: Duration: | 20-00 mg/0 14 weeks | IN/A 14 weeks | | |
| | | | | |
| INCLUSION: | DSM-IV criteria for social phobia (LSAS) before and after the lead | for at least 6 months; a score of a I–in; score could not decrease by r | t least 50 on the Liebowitz Social / nore than 20% | Anxiety Scale |
| EXCLUSION: | Non-response to fluoxetine treatment; pregnancy; previous participation in a fluoxetine study; concurrent use of psychotropic or centrally acting drugs, anticonvulsants, corticosteroids, or tryptophan; serious illness; suicidal; concurrent Axis I disorders in past 12 months; psychotherapy; seizure disorder | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Not reported | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: No | ot reported | | |
| | Mean age: 39.5 | | | |
| | Gender (% female): 58% | | | |
| | Ethnicity: Not reported | in a Net reported | | |
| | Uther population characteristi | ics: Not reported | | |

| Authors: Kobak KA et al | |
|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Voar: 2002 | |
| | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> Liebowitz Social Anxiety Scale (LSAS) (primary), Social Phobia Subscale of Fear Questionnaire, CGI-S, CGI-I, Patient Global Improvement Scales, HAM-A, Brief Social Phobia Scale, HAM-D (did not report which scale), Global Assessment of Functioning Scale, QOL <i>Timing of assessments:</i> Weeks 1, 2, 4, 6, 8, 10, 12, 14 |
| RESULTS: | Fluoxetine was not significantly different from placebo on the LSAS score (p = 0.901) Similar results in secondary outcome measures with no significant difference between fluoxetine and placebo A significant change was found on all outcome measures from baseline to endpoint with both fluoxetine (p < 0.001) and placebo (p < 0.001) |
| ANALYSIS: | ITT: Yes Post randomization exclusions: No |
| ATTRITION: | Loss to follow-up: 20%; fluoxetine 16%; placebo 23% Withdrawals due to adverse events: 7%; fluoxetine 3%, placebo 10% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | For fluoxetine: headache, insomnia, asthenia, and nervousness For placebo: headache, insomnia, nervousness, and myalgia Significantly more fluoxetine than placebo patients had asthenia (p = 0.02) Significantly more placebo than fluoxetine patients had myalgia (p = 0.04) |
| QUALITY RATING: | Fair |

| Evidence Table 10 | Social Anxiety Disc | order | | | |
|--------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-----------------------------------------------------------|--------------------------------------------|
| STUDY: | Authors: Lader M, Year: 2004 Country: Multinatio | Authors: Lader M, et al. ¹⁶⁷ Year: 2004 Country: Multinational (11 countries) | | | |
| FUNDING: | H. Lundbeck A/S | | | | |
| DESIGN: | Study design: RCT Setting: Multi-cente Sample size: 839 | er (47 centers) | | | |
| INTERVENTION: | | | | | |
| Drug: | Escitalopram 5 5 | Escitalopram 10 | Escitalopram 20 | Paroxetine 20 | Placebo |
| Dose: | mg/d | 10 mg/d | 20 mg/d | 20 mg/d | N/A |
| Duration: | 24 weeks | 24 weeks | 24 weeks | 24 weeks | 24 weeks |
| Sample size: | 167 | 167 | 170 | 169 | 166 |
| INCLUSION: | Healthy female and criteria; score <u>></u> 70 c Scale (SDS) subsca | Healthy female and male outpatients 18-65 years of age; primary diagnosis of generalized SAD according to DSM-IV criteria; score \geq 70 on the Liebowitz Social Anxiety Scale (LSAS); score \geq 5 on one or more of the Sheehan Disability Scale (SDS) subscales | | | |
| EXCLUSION: | Another Axis I disorder primary diagnosis within 6 months; MADRS total score ≥ 18; DSM-IV diagnosis of schizophrenia/ other psychotic disorder; Axis II Cluster B diagnosis; learning difficulties or other cognitive disorder; suicidal tendencies; no therapeutic response to SSRIs; drug hypersensitivities; taken a psychoactive drug within 2 weeks of screening: receiving formal psychotherapy | | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at I Mean age: Escitalo Gender (% female): 49% Ethnicity: 99.3% wi Other population of | baseline: Yes pram 5: 36.3; escitalopran : Escitalopram 5: 50%; esc hite characteristics: Mean du | n 10: 37.2; escitalopram citalopram 10: 57%; esci ration of disorder (vrs): 1 | 20: 37; paroxetine 20: 3 talopram 20: 53%; paro 9.5 | 37.4; placebo: 37 xetine: 54%; placebo: |

| Authors: Lader M, et al. | |
|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2004 | |
| Country: Multinational | • |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Mean change from baseline to week 12 in LSAS total score (LOCF) |
| | Secondary Outcome Measures: LSAS subscale scores; CGI-S; CGI-I; change in SDS |
| | Timing of assessments: Baseline and after weeks 1,2,4,6,8,10,12,16,20,24,25, and 26. |
| RESULTS: | No significant difference observed between any escitalopram treatment groups and the paroxetine group in the LOCF analysis of LSAS total score. At weeks 16, 20, and 24 (observed case analysis), compared to the paroxetine group (p < 0.05)the 20 mg/d escitalopram group had significantly superior LSAS scores |
| | Escitalopram 20mg/d was superior to paroxetine 20mg/d on CGI-S at week 24 |
| | Escitalopram 20mg/d was superior to paroxetine 20mg/d on some SDS subscales during weeks 16 and 20, but no significant differences were noted at week 24 |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Not reported |
| ATTRITION: | Loss to follow-up: 29%; escitalopram 5: 25.1%; escitalopram 10: 33.5%; escitalopram 20: 28.8%; paroxetine: 26.6%; placebo: 30.1% Withdrawals due to adverse events: 9%; escitalopram 5: 4.8%; escitalopram 10: 9.6%; escitalopram 20: 11.8%; paroxetine: 12.6%; elapohe: 6% |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Percentage patients experiencing any adverse effect: Escitalopram 5: 68.9%; escitalopram 10: 72.5%; escitalopram 20: 78.2%; paroxetine 20: 79.3%; placebo: 60.8% |
| | Nausea: Escitalopram 5: 20.4%; escitalopram 10: 19.8%; escitalopram 20: 28.8%; paroxetine 20: 29%; placebo: 10.2% |
| | Fatigue: 9% placebo; Escitalopram 5: 11.4%; escitalopram 10: 12%; escitalopram 20: 14.1%; paroxetine 20: 17.8%; placebo: 9% |
| | Increased sweating: Escitalopram 5: 5.4%; escitalopram 10: 10.8%; escitalopram 20: 11.8%; paroxetine 20: 14.2%; placebo: 1.8% |
| QUALITY RATING: | Fair |

| Evidence Table 10 | Social Anxiety Disorder | | | |
|-----------------------------|--------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|------------------------------------------|--|
| STUDY: | Authors: Liebowitz MR, et al. ¹⁶⁸ | | | |
| | Year: 2005 | | | |
| | Country: US | | | |
| FUNDING: | Wyeth Research, Collegeville PA | | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: Multi-center (26 centers) | | | |
| | Sample size: 440 | 1 | r | |
| INTERVENTION: | | | | |
| Drug: | Venlafaxine | Paroxetine | Placebo | |
| Dose: | 75-225 mg/d | 20-50 mg/d | N/A | |
| Duration: | 12 weeks | 12 weeks | 12 weeks | |
| Sample size: | 146 | 147 | 147 | |
| INCLUSION: | Outpatients \geq 18 years who fulfilled DS | M-IV criteria for SAD for \geq 6 months at sc | reening; LSAS \geq 50 at screening and | |
| | baseline with $\leq 30\%$ decrease between | baseline with ≤ 30% decrease between prestudy and baseline; ≥ 4 on the CGI-S; Covi Anxiety Score total > Raskin | | |
| | Depression Scale total score; HAM-D < | ≤ 15 with ≤ 2 on depressed mood item. | | |
| EXCLUSION: | Patients with a clinically important Axis | I or Axis II disorder other than SAD or av | oldant personality disorder; history or | |
| | current psychotic illness; Suicidal; history of drug or alcohol dependence within 1 year of the study; used anti- | | | |
| | depressants (other than fluoxetine), anxiolytics, or herbal products within 14 days of the study; ECT within 6 months of | | | |
| | the study; used antipsychotic medications or fluoxetine treatment within 30 days of the study; clinically significant | | | |
| | abnormal lindings on laboratory tests; p | bregnant of breastieeding | | |
| | NR | | | |
| | Groups similar at baseline, Vee | | | |
| FOFULATION CHARACTERISTICS. | Moon age: vonlafavino: 35.7 narovoti | no: 35.8 placabo: 37.3 | | |
| | Gender (% female): venlafavine: 46.6 | % narovetine: 45.6% nlacebo: 47.2% | | |
| | Ethnicity: White: VX: 71.4% PX: 72 | 8% Placebo: 70.1% | | |
| | African American: VX: 11.3% PX: 88 | 3% Placebo: 8.3% | | |
| | Hispanic: VX: 15.0% PX: 12.5% Pla | cebo: 13.2% | | |
| | Other population characteristics: | | | |
| | Baseline LSAS: VX: 86.2 PX: 87.2 P | lacebo: 86.1 | | |

| Authors: Liebowitz MR, et al. Year: 2005 Country: US | | | | | | |
|------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|----------|---------------|----------------|
| OUTCOME ASSESSMENT: | Primary Outcome Measures Secondary Outcome Measu Timing of assessments: We | Primary Outcome Measures: Reduction in Liebowitz Social Anxiety Scale (LSAS) total score Secondary Outcome Measures: CGI-I; CGI-S; Social Phobia Inventory Scores, SDS Timing of assessments: Weekly | | | | |
| RESULTS: | No significant difference in LSAS improvement was observed between the venlafaxine and paroxetine groups at endpoint. Both were significantly improved from placebo (p < 0.05). No significant difference in CGI-I improvement was observed between the venlafaxine and paroxetine groups at endpoint. Both were significantly improved from placebo (p < 0.05) No significant difference in Social Phobia Inventory improvement was observed between the venlafaxine and paroxetine groups at endpoint; both significantly improved from placebo (p < 0.05) No significant difference in CGI-S improvement was observed between the venlafaxine and paroxetine groups at endpoint; both significantly improved from placebo (p < 0.05) No significant difference in CGI-S improvement was observed between the venlafaxine and paroxetine groups at endpoint. Both were significantly improved from placebo (p < 0.05) No significant difference in CGI-S improvement was observed between the venlafaxine and paroxetine groups at endpoint. Both were significantly improved from placebo (p < 0.05) No significant difference in SDS domains between venlafaxine and placebo | | | | | |
| ANALYSIS: | ITT: Yes Best rendemization evolusione: Vec | | | | | |
| | Fost randomization exclusion | JIIS. 105 | | | | Discussion |
| ATTRITION: | | | Venlafaxine | Paroz | <u>ketine</u> | Placebo |
| Loss to follow-up: | 20% 27.0% 28.2% | | 22.6% | | | |
| Withdrawals due to adverse events: | 10.4% | | 14.2% | 13. | 4% | 4.1% |
| Withdrawals due to lack of efficacy: | | | | | | |
| Loss to follow-up differential high: | 2.3% | | 0.7% | 0.7 | 7% | 5.5% |
| | No | | | | | |
| ADVERSE EVENTS: | Venlafaxine | | Paroxetine | <u>e</u> | <u>F</u> | <u>Placebo</u> |
| Nausea | 32.6% | | 26.1% | | | 11.0% |
| Insomnia | 27.7% | | 18.3% | | | 8.2% |
| Somnolence | 27% | | 26.8% | | | 8.9% |
| Asthenia | 20.6% | | 23.9% | | | 10.3% |
| Dry Mouth | 17.7% | | 16.2% | | | 4.8% |
| Anorexia | 14.2% | | 10.6% | | | 3.4% |
| Abnormal ejaculation (men) | 10.5% | | 20.8% | | | 0% |
| QUALITY RATING: | Fair | | | | | |

| Evidence Table 10 | Social Anxiety Disorder | | |
|--------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|-------------------------------------|
| STUDY: | Authors: Montgomery SA, et al. ¹⁶⁹ Year: 2005 Country: Multinational | | |
| FUNDING: | H. Lundbeck A/S | | |
| DESIGN: | Study design: Open label followed by randomized, double-blind, parallel group, placebo-controlled, fixed dose relapse prevention comparison Setting: 76 private/hospital outpatient clinics & specialized clinical research centers (11 countries) Sample size: 517 (open label): 372 (RCT) | | |
| INTERVENTION: | | | |
| Drug: | Escitalopram | Placebo | |
| Dose: | 10 or 20 mg/d | N/A | |
| Duration: Sample size: | 24 WKS 191 | 24 WKS 181 | |
| INCLUSION: | Outpatients between 18 and 80 yrs old; primary DSM-IV diagnosis of generalized social anxiety disorder (GSAD); total Liebowitz Social Anxiety Scale (LSAS) score \geq 70 w/ exhibited fear or avoidance traits in \geq 4 social situations; and score \geq 5 on 1 or more Sheehan Disability Scale (SDS) subscales; RCT required CGI-I score of 1 or 2 after open-label treatment | | |
| EXCLUSION: | Other Axis I diagnosis in previous 6 months; MADRS total score ≥ 18; score ≥ 5 on MADRS item 10 (suicidal thoughts); DSM-IV diagnosis of alcohol/drug abuse, eating disorder, major depressive disorder, panic disorder, obsessive-compulsive disorder, body dysmorphic disorder, schizophrenia, other psychotic disorder, mania or hypomania, or any Axis II diagnosis; known lack of response to SSRI; treatment with psychoactive drug in last 2 wks (or 5 wks if fluoxetine); formal psychotherapy in last 2 weeks. | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: Escitalopram: 36, Placebo: | 37 | |
| | Gender(% female): Escitalopram: 46 | %, placebo: 49% | |
| | Ethnicity: 95% white (both groups) | | t 17 Manual metion of OOAD 10 |
| | Uther population characteristics: Me | an BMI = 24.2; Mean age at GSAD onse | t = 17; Mean duration of GSAD = 19y |
| | (escitatoprani) and 20y (placebo) | | |

| Authors: Montgomery, et al. | |
|-----------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2005 | |
| Country: Multinational | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: survival analysis estimate of time to relapse in the double-blind period. (Relapse |
| | defined as LSAS score increase \geq 10 or withdrawal of patient due to lack of efficacy.) |
| | Secondary Outcome Measures: LSAS total score; LSAS avoidance and fear/anxiety subscale; SDS |
| | Iming of assessments: 1,2,4,8,12,16,20,& 24 weeks after randomization; also safety follow-up at 4 weeks after last |
| | dose of double-blind treatment |
| RESULTS: | Significant advantage in survival for escitalopram vs. placebo in primary efficacy analysis (log rank test p < 0.001) |
| | Relapse rates = 22% (escitalopram) vs. 50% (placebo) |
| | Risk of relapse was 2.8 times higher w/ placebo than escitalopram |
| | Median time to relapse = 407 days (escitalopram) vs. 144 days (placebo) |
| | Significant advantage for escitalopram on all secondary measures (LSAS, CGI-S, SDS, and MADRS) |
| | Improvement on LSAS in escitalopram group (8.3 points), deterioration in placebo group (4.5 points) |
| | Mean MADRS score change = +0.8 (escitalopram) and +2.6 (placebo) |
| | Mean CGI-S score change = -0.3 (escitalopram) and +0.3 (placebo) |
| ANALYSIS: | ITT: Yes, defined as all randomized patients who took at least 1 dose of double-blind medication and had at least 1 |
| | valid post baseline assessment of LSAS total score |
| | Post randomization exclusions: |
| ATTRITION: | Loss to follow-up: Escitalopram: 25 (13%), placebo: 15 (8.3%) |
| | Withdrawals due to adverse events: Escitalopram: 5 (2.6%), placebo: 6 (3.3%) |
| | Withdrawals due to lack of efficacy: N/A |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Assessed via spontaneous report, various clinical exam/lab reports, and 43-item Discontinuation Emergent Signs and Symptoms (DESS) checklist at randomization and 1 and 2 wks after. |
| | Treatment emergent adverse events (TEAEs) with incidence |
| | Incidence of TEAEs was lower in escilatorram aroun (62.6%) vs. placebo aroun (71.8%) |
| | Dizziness increased sweating, and nervousness were significantly higher in placebo group in 1st 2 weeks |
| | following discontinuation of escitalopram ($p < 0.05$) Excluding these TEAEs in 1 st 2 weeks post-randomization |
| | adverse events were similar in both treatment groups |
| | After 1 and 2 weeks of double-blind treatment, mean total DESS score was significantly lower in -escitalopram |
| | group (week 1: escitalopram =1.17 vs. placebo = 2.61; week 2: escitalopram =1.02 vs. placebo = 1.78) ($p < 0.01$) |
| QUALITY RATING: | Fair |

| Evidence Table 10 | Social Anxiety Disorder | | |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|--------------------------------|
| STUDY: | Authors: Muehlbacher M, et al. ¹⁷⁰ | | |
| | Country: Multinational | | |
| FUNDING: | NR | | |
| DESIGN: | Study design: Randomized, double-blind, placebo controlled Setting: Clinics Sample size: 66 | | |
| INTERVENTION: | | | |
| Drug: | Mirtazapine | Placebo | |
| Dose: | 30 mg/d | N/A | |
| Duration: | 10 wks | 10 wks | |
| Sample size: | 33 | 33 | |
| INCLUSION: | vvomen aged 18 or older with DSM-IV diagnosed social phobia | | |
| EXCLUSION: | Psychotic symptoms; use of mirtazapine or other psychotropic drug; psychotherapy; currently or planning to be pregnant (or no contraception use); severe somatic illness; currently suicidal; current drug / alcohol abuse; severe major depressive disorder. | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Cannot tell | | |
| | Mean age: NR | | |
| | Gender: NR | | |
| | | | iving in portrouching and with |
| | Other population characteristics: Both groups similar in percentage currently living in partnership, and with personality, panic, general anxiety disorders, OCDs | | |

| Authors: Muehlbacher M, et al. Year: 2005 | |
|----------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Change in social anxiety measured w/ social phobia inventory (SPIN) and LSAS Secondary Outcome Measures: SF-36 Health Survey |
| RESULTS: | Mintg of assessments, weeky for 10 weeks, and ough intermediate results were not analyzed Mirtazapine group experienced significantly greater rate of change on both SPIN and LSAS scales Initial SPIN scores = 32.5 +/- 4.7 (mirtazapine) vs. 29.0 +/- 4.6 (placebo) Final SPIN scores = 24.1 +/- 4.3 (mirtazapine) vs. 28.7 +/- 5.1 (placebo) SPIN: Difference in change b/w both groups = -8.1 (95% CI -9.6 to 4.1; p < 0.001) Initial LSAS scores = 71.9 +/- 8.3 (mirtazapine) vs. 72.5 +/- 8.0 (placebo) Final LSAS scores = 46.3 +/- 7.0 (mirtazapine) vs. 67.1 +/- 7.4 (placebo) LSAS: Difference in change b/w both groups = -20.2 (95% CI -27.5 to -4.1; p < 0.001) Mirtazapine group experienced significantly greater rate of change on SF-36 (on general health perceptions, vitality, social functioning, role-emotional, and mental health scales) |
| ANALYSIS: | ITT: No Post randomization exclusions: Cannot tell |
| ATTRITION: | Loss to follow-up: NR Withdrawals due to adverse events: NR Withdrawals due to lack of efficacy: NR Loss to follow-up differential high: NR |
| ADVERSE EVENTS: | Most frequently reported adverse events in mirtazapine vs. placebo were: dry mouth (21.2% vs. 12.1%), drowsiness (18.2% vs. 9.1%), sedation (18.2% vs. 6.1%), increased appetite (12.1% vs. 3.0%), and weight gain (21.2% vs. 6.1%) |
| QUALITY RATING: | Fair |
| Evidence Table 10 | Social Anxiety Disorder |
|---------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | |
| STUDY: | Authors: van der Linden et. al. ¹⁷¹ |
| | Year: 2000 Country: South Africa, the Netherlands |
| FUNDING: | MRC Research Unit on Anxiety and Stress Disorders; Harry Crossley Trust; Cochrane review collaborators |
| DESIGN: | Study design: Meta-analysis Number of patients: 1482 |
| AIMS OF REVIEW: | To review all available SSRI studies for social anxiety disorder |
| STUDIES INCLUDED IN META- ANALYSIS | Van Vliet et al., 1994, Katzelnick et al., 1995, Stein et al., 1998, Stein et al., 1999, Baldwin et al., 1999, Pfizer Pharmaceutical Group data on file, 1999, SmithKlineBeecham data on file, 1998 |
| TIME PERIOD COVERED: | Not reported (included studies for dates 1994 to 2000) |
| CHARACTERISTICS OF INCLUDED STUDIES: | RCTs (placebo controlled); 18 trials; 2 unpublished |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Patients with social anxiety disorder |

| Authors: van der Linden, et. al. | |
|----------------------------------|-----------------------------------------------------------------------------------------|
| Year: 2000 | |
| Country: | |
| CHARACTERISTICS OF INCLUDED | RCT data were analyzed for fluvoxamine, paroxetine, and sertraline |
| INTERVENTIONS: | |
| MAIN RESULTS: | Odds ratio of responder status for SSRI vs. placebo varied between 2.1 and 26.2 |
| | The NNT varied from 1.6 to 4.2 |
| | LSAS effect size varied from 0.3 to 2.2 |
| | No difference in efficacy between SSRIs was reported |
| | |
| ADVERSE EVENTS: | Not reported |
| | |
| COMPREHENSIVE LITERATURE | Not defined in article but described to be consistent with methods of a Cochrane review |
| SEARCH STRATEGY: | |
| STANDARD METHOD OF | Not defined in article but described to be consistent with methods of a Cochrane review |
| APPRAISAL OF STUDIES: | |
| QUALITY RATING: | Fair |
| | |

| Evidence Table 10 | Social Anxiety Disorder | | |
|--------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|
| STUDY: | Authors: Van Ameringen M, et al. ¹⁷² Year: 2007 Country: Canada | | |
| FUNDING: | Bristol-Myers Squibb | | |
| DESIGN: | Study design: RCT Setting: Outpatient anxiety clinics (4) Sample size: 105 | | |
| INTERVENTION: Drug: Dose: Duration: Sample size: | Nefazodone 100-600 mg/day 14 weeks 52 | Placebo N/A 14 weeks 53 | |
| INCLUSION: | Psychiatric outpatients; 18-65 yrs; met l based on CGI-S rating; patients with co of suicidality, and onset of social phobia | DSM-IV criteria for GSP for >1 year; be o morbid secondary MDD could participate a predated MDD by at least 5 years. | f at least moderate illness severity if MADRS baseline score <u><</u> 19, no risk |
| EXCLUSION: | Current comorbid Axis I disorders such alcohol/substance abuse; lifetime histor other cognitive disorders; reporting 2 pr | as panic disorder with agoraphobia, OCI y of bipolar affective disorder, schizophre evious treatment failures for GSP. | D, body dysmorphic disorder, or enia, psychoses, delirium, dementia, or |
| OTHER MEDICATIONS/ INTERVENTIONS: | Chloral hydrate up to 1000 mg/night for | sleep | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: nefazodone: 34.6, placebo: Gender (female %): nefazodone: 53.8 Ethnicity (%white): nefazodone: 86.5% Other population characteristics: | : 37.0 %, placebo: 50.9% %, placebo: 83.0% | |

| Authors: Van Ameringen M, et al. | |
|----------------------------------|---------------------------------------------------------------------------------------------------------------------------------|
| Year: 2007 | |
| Country: Canada | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: CGI-I responders at endpoint; mean change in LSAS score |
| | Secondary Outcome Measures: CGI-S, Social Phobia Inventory, SPS, Social interaction Anxiety Scale, Beck |
| | Depression Inventory, Beck Anxiety Scale, Sheehan Disability Scale, RAND 36-Item Health Survey |
| | Timing of assessments: weeks 1, 2,3,5,7,9,12, and 16 |
| RESULTS: | Higher % of nefazodone patients were CGI-I responders (CGI-I score of 1 or 2) at endpoint: 31.4% vs. 23.5%; |
| | p=0.38 |
| | With the exception of the Social Phobia Scale, no significant differences found in measures of social phobia |
| | between treatment groups |
| ANALYSIS: | ITT: Yes (N=102) |
| | Post randomization exclusions: |
| ATTRITION: | Loss to follow-up: 23.8%; nefazodone 30.8%, placebo 17.0% |
| | Withdrawals due to adverse events: |
| | Withdrawals due to lack of efficacy: |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | • Headache: 35.3% vs. 29.4%; p=0.53 |
| | • Fatigue: 19.6% vs. 11.8%; p=0.28 |
| | Dizziness/lightheadedness; p<0.01 |
| | Nausea/vomiting: 23.5% vs. 7.8%; p=0.03 |
| | Somnolence/drowsiness: 19.6% vs. 11.8%; p=0.28 |
| | Dry mouth: 23.5% vs. 2.0%; p<0.01 |
| | Indigestion: 11.8% vs. 9.8%; p=0.75 |
| | No significant differences between groups in liver function tests |
| QUALITY RATING: | Fair |
| | |

| Evidence Table 11 | Premenstrual Dysphoric Disorder |
|---------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Brown, O'Brien, Marjoribanks, Wyatt ¹⁷³ Year: 2009 Country: multinational |
| FUNDING: | No funding (Cochrane Review) |
| DESIGN: | Study design: Systematic Review and Meta-analysis Number of patients: Data of 2294 patients, which were combined in the meta-analysis |
| AIMS OF REVIEW: | To determine the effectiveness of SSRI's in reducing physical, behavioral and functional symptoms and irritability compared to placebo in women with premenstrual syndrome. To determine whether or not treatment with luteal phase only and continuous dosing regimens of SSRIs are equally effective. To determine whether or not treatment with high doses of SSRIs are more effective than low doses of SSRIs in managing PMS. |
| STUDIES INCLUDED IN REVIEW | 40 randomized controlled trials which used selective serotonin reuptake inhibitors in the management of premenstrual syndrome were included. From 22 studies there were 2294 women with data to be combined in the meta-analysis. (7 studies were cross-over-studies. First-arm data for overall symptom reduction could be extracted for one of these trials, the other crossover trials were not used in the data pooling.) |
| TIME PERIOD COVERED: | Update Review: The most recent electronic searches were conducted in March 2008. (more details are described in the appendix, which was not retrieved). |
| CHARACTERISTICS OF INCLUDED STUDIES: | RCTs which compare one SSRI to placebo; some studies had multiple arms of treatment (different dosage levels) compared with placebo and were therefore regarded as separate studies; |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | The overall age range across all studies was 18 to 49 years. (No age details were provided in 7 studies). Women were diagnosed with PMS or PMDD using some form of diagnostic criteria involving self-rating on a recognised scale over more than one cycle. |

| Authors: Brown et al. Year: 2009 | |
|----------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CHARACTERISTICS OF INTERVENTIONS: | Trials that include treatment arms comparing the effectiveness of a SSRI with a placebo were included. SSRI drugs could be fluoxetine, fluvoxamine, paroxetine, citalopram, escitalopram and sertraline. Studies comparing clomipramine with placebo were also included, but are not reported in this table. |
| MAIN RESULTS: | Citalopram was more effective than placebo with a SMD of -1.27 (95% CI -1.86 to -0.69) <i>P</i><0.0001. (The three included studies were different arms of one study comparing placebo to citalopram in different dosages.) There was only one study with fluvoxamine and therefore no meta-analysis was conducted. |
| ADVERSE EVENTS: | Adverse Events were not stated as a research question, but were reported. The results on the side effect can not be reported because the study on clomipramine was included. |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | Yes |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Unclear, whether or not the abstracts were reviewed independently by 2 authors |
| QUALITY RATING: | Good |

| Evidence Table 11 | Premenstrual Dysphoric Disorder |
|-----------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | |
| STUDY: | Authors: Dimmock PW, et al. ¹⁷⁴ |
| | Year: 2000 |
| | Country: |
| FUNDING: | No external funding |
| DESIGN: | Study design: Meta-analysis |
| | Number of patients: 904 |
| | |
| AIMS OF REVIEW: | To determine the efficacy of SSRIs in severe premenstrual syndrome |
| STUDIES INCLUDED IN META- | Pearlstein et al., 1997, Ozeren et al., 1997, Su et al., 1997, Steiner et al., 1995, Menkes et al., 1999, Wood et al., 1992, |
| ANALYSIS | Stone et al., 1991, Halbreich et al, 1997, Yonkers et al., 1997, Young et al., 1998, Eriksson et al., 1995, Jermain et al., 1999, Freeman et al., 1999, Veeninga et al., 1990, Wilkander et al., 1998 |
| TIME PERIOD COVERED: | 1966-1999 |
| | |
| CHARACTERISTICS OF INCLUDED | RCTs; 1 head-to-head; all placebo controlled |
| STUDIES: | |
| | |
| | Women with PMS |
| POPULATIONS: | |
| | |

| Authors: Dimmock PW, et al. Year: 2000 | |
|-----------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CHARACTERISTICS OF INCLUDED INTERVENTIONS: | Fluoxetine, sertraline, citalopram, paroxetine, fluvoxamine |
| MAIN RESULTS: | Overall standardized mean difference showed a significant reduction of PMS symptoms in SSRI group compared to placebo -1.066 (95% CI -1.381 to -0.750) = OR 6.91 (3.90-12.2) SSRIs were effective in physical and behavioral symptoms; there was no significant variation in the overall standardized mean differences (p = 0.386) |
| ADVERSE EVENTS: | Insufficient data; some trials did not quote a complete breakdown |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | Yes |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Yes |
| QUALITY RATING: | Good |

| Evidence Table 11 | Premenstrual Dysphoric Diso | rder | | |
|-----------------------------|------------------------------------------|-------------------------------------------------------|--------------------------------------|--------------------|
| | | | | |
| STUDY: | Authors: Freeman EW, et al. ¹ | 75 | | |
| | Year: 2001 | | | |
| | Country: US | | | |
| FUNDING: | Wyeth-Ayerst | | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: Multi-center | | | |
| | Sample size: 157 | | | |
| INTERVENTION: | Vonlafavino | Placaba | | (Decade |
| Dose: | 50-200 mg/d | N/A | | increased at the |
| Duration: | Four menstrual cycles | Four menstrual cycles | | beginning of each |
| | | | | menstrual cycle if |
| | | | | no improvement) |
| | | | | |
| INCLUSION: | 18-45 years of age; regular men | strual cycles lasting 22-35 days for | the last 6 months; evidence of ov | ulation; meets |
| | DSM-III-R criteria for PMDD; ge | neral good health | | |
| EXOLUCION: | | | | |
| EXCLUSION: | Prescription or non-prescription | medication for PMDD; preastreeding | ng, pregnancy; nysterectomy; sym | ptomatic |
| | problems: Axis L psychiatric diac | na cycles, not using medically appring the second der | oved nonnormonal contraception, | senous nealth |
| OTHER MEDICATIONS/ | No other psycho-pharmalogical | medications | bendence | |
| INTERVENTIONS: | | medications | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: No | ; premenstrual severity lower in pla | acebo group at baseline | |
| | Mean Age: venlafaxine: 35, place | cebo: 35 | | |
| | Gender (% female): 100% | | | |
| | Ethnicity: Venlafaxine: 89% wh | ite, 10% black, 1% Hispanic; place | bo: 91% white, 7% black, 3% Hisp | banic |
| | Other population characterist | ics: Premenstrual daily symptom re | eport was significantly lower at bas | seline in placebo |
| | group (p = 0.032) | | | |

| Authors: Freeman EW, et al. | |
|-----------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2001 | |
| Country: US | |
| OUTCOME ASSESSMENT: | Measures: Premenstrual daily symptom report (maintained by subject), 21 item HAM-D, CGI scale |
| | <i>Timing of assessments:</i> Scales administered twice a cycle: once during the premenstrual phase and once during the postmenstrual phase |
| RESULTS: | Premenstrual Daily Symptom Report scores were significantly more improved in the venlafaxine group than in the placebo group at each time point and at endpoint (p < 0.001) |
| | Venlafaxine showed significantly greater improvement than placebo in four of the factors of the DSR: emotion (p < 0.001), function (p = 0.011), pain (p = 0.016), and physical symptoms (p = 0.003) |
| | The venlafaxine group was significantly more improved on the 21 item HAM-D (p = 0.001) |
| | DSR response (> 50% reduction): venlafaxine 60%, placebo: 35% (p = 0.003) |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 36%; venlafaxine: 35%, placebo: 36% |
| | Withdrawals due to adverse events: 12.8%; venlafaxine: 9%, placebo: 6.25% |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Nausea 45% vs. 13% (venlafaxine vs. placebo p < 0.001) |
| | Insomnia 34 % vs. 16% (venlataxine vs. placebo p = 0.05) |
| | Dizziness 32% vs. 5% (venlafaxine vs. placebo p < 0.001) |
| | Decreased libido (venlataxine vs. placebo p < 0.001) |
| | Fatigue (not significant) |
| | Headache (not significant) |
| | Dry mouth (not significant) |
| | Dysmenorrhea (not significant) |
| | |
| | |
| | Fair |
| | |

| Evidence Table 11 | Premenstrual Dysphoric Disor | der | | |
|-----------------------------|------------------------------------------|-------------------------------------|-----------------------------------------|---------------------|
| | | | | |
| STUDY: | Authors: Landen M, et al. ¹⁷⁶ | | | |
| | Year: 2001 | | | |
| | Country: Sweden | | | |
| FUNDING: | and Bristol-Myers Squibb | ncil, the Professor Bror Gadelius F | oundation, Fredrik and Ingrid Thur | ing's Foundation, |
| DESIGN: | Study design: RCT | | | |
| | Setting: Multi-center | | | |
| | Sample size: 69 | | | |
| INTERVENTION: | | | | |
| Drug: | Nefazodone | Buspirone | Placebo | |
| Dose: | 100-400 mg/d | 10-40mg/d | N/A | |
| Duration: | (four menstrual cycles, 2 | (four menstrual cycles, 2 | (four menstrual cycles, 2 | |
| | cycles of intermittent drug | cycles of intermittent drug | cycles of intermittent drug | |
| | treatment during the luteal | treatment during the luteal | treatment during the luteal | |
| | phase, 2 cycles of continuous | phase, 2 cycles of continuous | phase, 2 cycles of continuous | |
| | treatment) | treatment) | treatment) | |
| INCLUSION: | Fulfilled diagnostic criteria A-C o | t DSM-IV criteria for PMDD (mod | ified to use 2 of 11 criteria); confirm | ed cyclicity of at |
| | least irritability or depressed mod | od; 18-45 years old; menstrual cyc | cles 22-35 days | |
| FYCLUSION | Psychiatric illness: pregnancy; ir | regular menstrual cycles: previous | antideoressant treatment for mens | strual symptoms: |
| | ongoing somatic illness: MDD: s | uicidal: continuous medications: h | ormonal therapy: other condition the | at could nose risk. |
| | MARDS > 14 | | | |
| OTHER MEDICATIONS/ | No continuous medication or hor | monal medication | | |
| INTERVENTIONS: | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye | S | | |
| | Mean Age: Nefazodone: 37, bu | spirone: 37, placebo: 33 | | |
| | Gender (% female): 100% | | | |
| | Ethnicity: Not reported | | | |
| | Other population characterist | ics: No differences reported | | |

| Authors: Landen M, et al. | |
|---------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2001 | |
| Country: Sweden | |
| OUTCOME ASSESSMENT: | Measures: Daily symptom ratings using a visual analogue scale for the following symptoms: irritability, depressed mood, tension, affect lability, food craving, bloating, breast tenderness. CGI scale after last treatment cycle or after dropout |
| | Timing of assessments: Daily |
| RESULTS: | Nefazodone was not significantly different from placebo on the CGI score (p = 0.22) Nefazodone did not significantly improve irritability, depressed mood, or tension at any time point After the second cycle of the intermittent phase, nefazodone was significantly better than placebo for affect lability (p = 0.05); significance was not maintained after the continuous treatment |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 22% Withdrawals due to adverse events: 14.5% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Dizziness, blurred vision, insomnia, abnormal dreams, somnolence, and flu-like symptoms were reported more often in nefazodone than placebo (p < 0.05) |
| QUALITY RATING: | Fair |

| Evidence Table 11 | Premenstrual Dysphoric Disorder |
|---------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Shah, Jones, Aperi, Shemtov, Karne, Borenstein ¹⁷⁷ Year: 2008 Country: multinational |
| FUNDING: | Berlex Laboratories, Inc. and the New York University School of Medicine |
| DESIGN: | Study design: Systematic Review and Meta-analysis Number of patients: Data of 2,964 patients, which were combined in the meta-analysis |
| AIMS OF REVIEW: | To systematically review evidence of the treatment benefits of SSRIs compared to placebo for symptoms related to severe premenstrual syndrome (PMS) and premenstrual dysphoric disorder. |
| STUDIES INCLUDED IN REVIEW | 29 randomized controlled trials (19 articles) which used selective serotonin reuptake inhibitors in the management of premenstrual syndrome were included. There were 2,964 women with data to be combined in the meta-analysis. |
| TIME PERIOD COVERED: | up to March 2007 |
| CHARACTERISTICS OF INCLUDED STUDIES: | RCTs which compare one SSRI to placebo; some studies had multiple arms of treatment (different dosage levels) compared with placebo and were therefore regarded as separate studies; |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | The study population included women of any age who met the diagnostic criteria for PMS, premenstrual dysphoria, premenstrual dysphoric disorder, or late luteal phase dysphoric disorder. |

| Authors: Shah et al. Year: 2008 | |
|----------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CHARACTERISTICS OF INTERVENTIONS: | Trials that include treatment arms comparing the effectiveness of a SSRI with a placebo were included. SSRI drugs could be fluoxetine, fluvoxamine, paroxetine, citalopram, escitalopram and sertraline. Studies comparing sertraline, fluoxetine and paroxetine were also included, but are not reported in this table, because these medications are FDA approved |
| MAIN RESULTS: | Citalopram was more effective than placebo with an OR of 0.18 (95% CI 0.06 to 0.51). (The three included studies were different arms of one study comparing placebo to citalopram in different dosages.) There was only one study with fluvoxamine and therefore no meta-analysis was conducted. |
| ADVERSE EVENTS: | • NR |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | Yes |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Yes |
| QUALITY RATING: | Good |

| Evidence Table 11 | Premenstrual Dysphoric Disorder |
|---------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Wyatt KM, et al. ¹⁷⁸ Year: 2004 Country: UK |
| FUNDING: | Cochrane Collaboration |
| DESIGN: | <i>Study design:</i> Meta-analysis <i>Number of patients:</i> 844 |
| AIMS OF REVIEW: | To evaluate the effectiveness of SSRIs in reducing symptoms in women diagnosed with severe premenstrual syndrome |
| STUDIES INCLUDED IN META- ANALYSIS | Pearstein, 1997, Ozeren, 1997, Su, 1997, Steiner, 1995a, Menkes, 1993, Wood, 1992, Stone, 1991, Halbreich, 1997, Yonkers, 1997, Young, 1998, Erikkson, 1995, Jermain, 1999, Freeman, 1999a, Veeninga, 1990, Wikander,1998a |
| TIME PERIOD COVERED: | Not reported |
| CHARACTERISTICS OF INCLUDED STUDIES: | RCTs; quasi-randomized controlled trials; controlled trials |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Women of any age who met the diagnostic criteria for premenstrual syndrome, premenstrual dysphoria, PMDD, or LLPDD; diagnosis must have been established by a clinician prior to inclusion in the trial |

| Authors: Wyatt KM, et al. Year: 2004 Country: UK | |
|--------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CHARACTERISTICS OF INCLUDED INTERVENTIONS: | SSRIs at any dosage and any dosing regimen for any duration longer than one menstrual cycle versus placebo |
| MAIN RESULTS: | Main outcome measure: reduction in overall symptomatology: SSRIs were found to be highly effective in treating premenstrual symptoms compared to placebo; SMD: -0.75 (95% CI=-0.98 to -0.51); equivalent to: OR 4.51 (95%CI=7.49-2.71) |
| ADVERSE EVENTS: | Withdrawals: higher drop-out rate in SSRI group due to side effects: OR 2.42 (95% CI = 1.59 to 3.67) |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | Yes |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Yes |
| QUALITY RATING: | Good |

| Evidence Table 12 | Adverse Events |
|---------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Acharya N et al. ¹⁷⁹ Year: 2006 |
| | Country: |
| FUNDING: | Eli Lilly&Company (A.R., D.N.D., D.G.P., J.P., N.A., and P.C.) and by the Bruce J. Anderson Foundation and the McLean Private Donors Psychopharmacology Research Fund (R.J.B.) |
| DESIGN: | Study design: Pooled data analysis Number of patients: 2,996 |
| AIMS OF REVIEW: | To compare the incidence of suicide-related events with duloxetine versus placebo in controlled trials. |
| STUDIES INCLUDED IN REVIEW | 12 placebo-controlled duloxetine trials |
| TIME PERIOD COVERED: | Through February 2, 2004 |
| CHARACTERISTICS OF INCLUDED STUDIES: | Double-blind RCTs comparing duloxetine and placebo |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Adults with MDD |

| Authors: Acharya N et al. Year: 2006 | |
|----------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CHARACTERISTICS OF INTERVENTIONS: | Duloxetine vs. placebo |
| MAIN RESULTS: | No significant differences in incidence of suicide-related events MHID for suicide-related behaviors was -0.03% (95% CI: -0.48, 0.42) and MHRD -0.002 (95% CI: -0.02, 0.02) Changes in HAM-D Item-3 suicidality scores showed more improvement with duloxetine (MHID, 9.56%; 95% CI: 4.50, 14.6; p < 0.001) and less worsening of suicidal ideation with duloxetine (MHID, -4.25%; 95% CI: -6.55, -1.95; p < 0.001) Other Item-3 findings showed no consistent pattern Analysis found no evidence of increased risk of suicidal behaviors or ideation during treatment with duloxetine vs. placebo in MDD patients |
| ADVERSE EVENTS: | See Main Results |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | All completed duloxetine trials in MDD with data lock by February 2, 2004 that were sponsored by the manufacturer, Eli Lilly and Company (16 trials) and by Shionogi Company, Ltd, (11 trials) who hold the license for the development of duloxetine in Japan. |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | NR |
| QUALITY RATING: | Fair |

| Evidence Table 12 | Adverse Events | |
|--------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| STUDY: | Authors: Alper K et al. ¹⁸⁰ Year: 2007 Country: USA | |
| FUNDING: | None | |
| DESIGN: | Study design: Retrospective analysis Setting: FDA reports Sample size: 38,684 on second-generation antidepressants | |
| INTERVENTION: Drug: Dose: Duration: Sample size: | Citalopram Fluoxetine Venlafaxine Bupropion Paroxetine Nefazodone Mirtazapine Escitalopram Duloxetine Sertraline Fluvoxamine Various 1985-2004 38,684 | |
| INCLUSION: | All available public domain data in the form of SBA reports which provided information regarding seizure incidence in phase II and phase III clinical trials. The data set included all of the second-generation antidepressants and atypical antipsychotics | |
| EXCLUSION: | Any first generation antipsychotics, or first generation antidepressants except for clomipramine, due to the absence of systematic reporting on seizure incidence in clinical trials for psychotropic drugs approved prior to 1985. | |
| OTHER MEDICATIONS/ INTERVENTIONS: | NA | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: NR Mean age: NR Gender (female %): NR Ethnicity: NR Other population characteristics: NR | |

| Authors: Alper | |
|--------------------------------------|------------------------------------------------------------------------------------------|
| Year: 2007 | |
| Country: 2007 | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: seizures |
| | Timing of assessments: during RCTs |
| RESULTS: | Incidence of seizure |
| | Anti-depresent indication |
| | Bupropion IR 0.6% |
| | Citaloram 0.3% |
| | |
| | Venlafavine 0.1% |
| | Bupropion 0.1% |
| | Paroverine 0.07% |
| | Nefazodone 0.04% |
| | Mitazapine 0.04% |
| | Escitalopram 0% |
| | Duloxetine 0% |
| | Sertraline 0% |
| | OCD indication |
| | Fluoxetine 0.1% |
| | Sertraline 0.3% |
| | Eluvoxamine 0.2% |
| | • |
| | • Seizure incidence with bupropion IR relative to placebo (SIR = 1.58; 95%CI, 1.03-2.32) |
| ANALYSIS: | ITT: NA |
| | Post randomization exclusions: NA |
| | Loss to follow-up: NA |
| ATTRITION: | NA |
| Withdrawals due to adverse events: | |
| Withdrawals due to lack of efficacy: | |
| Loss to follow-up differential high: | |
| ADVERSE EVENTS: | See results |
| QUALITY RATING: | Good |

Evidence Table 12 Adverse Events

| STUDY: | Authors: Andersohn et al. ¹⁸¹ | | | |
|--------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|------------------------------------|-----------------------|
| | Country: United Kingdom | | | |
| FUNDING: | Baver Schering Pharma AG | | | |
| DESIGN: | Study design: Case control study | | | |
| | Setting: Multi sites - General Practic | es | | |
| | Sample size: 165,958 | | | |
| INTERVENTION: | Case: Diabetes mellitus | Control | | |
| Drug: | Various | Various | | |
| Dose: | Various | Various | | |
| Duration: | 2 years | 2 years | | |
| Sample size: | 2243 | 8963 | | |
| INCLUSION: | • 30 years of age (more likely type 2 | diabetes) at the time of cohort er | ntry | |
| | To be included as a case subject (p | potential cases of diabetes), a par | tient had to have at least one pre | scription of an |
| | antidiabetic drug, or two diagnoses of diabetes on different calendar days, or a diagnosis of diabetes and a diabetes-specific test (i.e., glycosylated hemoglobin) on different calendar days. Cohort entry was defined as the date of the first description of | | | |
| | an antidepressant | on uncrent calendar days. Conc | Stendy was defined as the date | |
| EXCLUSION: | • The case group: patients who had | a suspected diagnosis of diabete | s that was not confirmed later on | (internal validation) |
| OTHER MEDICATIONS/ | ND | | | |
| INTERVENTIONS | NR | | | |
| | Croups similar at baseline, Vas | | | |
| | Groups similar at baseline: res | | | |
| CHARACTERISTICS: | Gender (female %): 60.1 | | | |
| | Ethnicity (Caucasian %): NP | | | |
| | Other population characteristics: | | | |
| | other population characteristics: | | | |

| Authors: Andersohn | | |
|-------------------------|------------------------------------------------------------------------------------------------------------------|--|
| Year: 2009 | | |
| Country: United Kingdom | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Diabetes | |
| | Secondary Outcome Measures: NA | |
| | Timing of assessments: NA | |
| RESULTS: | Recent long-term use of antidepressants in moderate or high daily doses was associated with an increased risk of | |
| | diabetes (incidence rate ratio: 1.84; 95% CI, 1.35-2.52). | |
| | Citalopram 1.13 (95% CI, 0.85–1.51), ESC (95% CI, 1.27 0.57–2.86) | |
| | • Fluoxetine 1.06 (95% CI, 0.84–1.34) | |
| | • Fluvoxamine 4.91 (95% Cl, 1.05–23.03) | |
| | Paroxetine 1.33 (95% Cl, 1.02–1.73) | |
| | • Sertraline 1.25 (95% CI, 0.89–1.78) | |
| | • Mirtazapine 1.14 (95% Cl. 0.39–3.30) | |
| | • Nefazodone 0.79 (95% Cl, 0.06–8.27), | |
| ANALYSIS: | ITT: NA | |
| | Post randomization exclusions: NA | |
| ATTRITION: | Overall Attrition: NA | |
| | Withdrawals due to adverse events: NA | |
| | Withdrawals due to lack of efficacy: NA | |
| | Differential Attrition: NA | |
| ADVERSE EVENTS: | NA | |
| QUALITY RATING: | Fair | |
| | | |

| Evidence Table 12 | Adverse Events |
|---------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Aursnes I, et al. ¹⁸² Year: 2005 Country: Multinational |
| FUNDING: | NR |
| DESIGN: | Study design: Pooled data analysis Number of patients: 1,466 |
| AIMS OF REVIEW: | To include unpublished data from paroxetine trials for analysis of suicide attempts |
| STUDIES INCLUDED IN REVIEW | 16 studies with unpublished data |
| TIME PERIOD COVERED: | NR |
| CHARACTERISTICS OF INCLUDED STUDIES: | Clinical data on paroxetine as presented to world's drug regulatory agencies in 1989; all double blind, parallel design studies with adult patients randomized to either paroxetine or placebo |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Adults; patients were excluded from the studies after a suicide-related event |

| Authors: Aursnes I, et al. Year: 2005 | |
|----------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CHARACTERISTICS OF INTERVENTIONS: | Paroxetine (no dosage given) vs. placebo |
| MAIN RESULTS: | No suicides in paroxetine or placebo patients 7 suicide attempts in patients on paroxetine and 1 in patients on placebo Probability of increased intensity of suicide attempts per year in adults taking paroxetine was 0.90 with a "pessimistic" prior; probability was somewhat less with 2 more neutral priors |
| ADVERSE EVENTS: | NR |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | Yes |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | NR |
| QUALITY RATING: | Fair |

Evidence Table 12 Adverse Events

| STUDY: | Authors: Barbui et al. ¹⁸³ | | | |
|--------------------|---------------------------------------|----------------------------------|-------------------------------|------------------------|
| 0.02.1 | Year: 2009 | | | |
| | Country: Italy | | | |
| FUNDING: | Fondazione Cariverona, which provide | ed a 3-year grant to the WHO Col | aborating Centre for Research | and Training in Mental |
| | Health and Service Organization at th | e University of Verona | - | - |
| DESIGN: | Study design: Case-control study | | | |
| | Setting: ARNO database, a populatio | n-oriented database for drug use | in Italy | |
| | Sample size: 35,869 | | | |
| INTERVENTION: | Cases | Controls | Cases | Controls |
| Drug: | Any bleeding disorder | Any bleeding disorder | GI bleeding disorder | GI bleeding disorder |
| Dose: | NA | NA | NĂ | NĂ |
| Duration: | NA | NA | NA | NA |
| Sample size: | 11,025 | 21,846 | 1,008 | 1,990 |
| INCLUSION: | patients admitted between January 1, | 2003 and December 31, 2005 wh | ose conditions were diagnosed | with abnormal bleeding |
| | | | | |
| EXCLUSION: | Prescribed NSAIDs, corticosteroids, a | ntihemorrhagics, and antithrombo | tic agents | |
| OTHER MEDICATIONS/ | NR except for exclusion | | | |
| INTERVENTIONS: | | | | |
| POPULATION | Groups similar at baseline: Yes | | | |
| CHARACTERISTICS: | Mean age: NR | | | |
| | Gender (female %): Any 77% and GI | 54% | | |
| | Ethnicity (Caucasian %): NR | | | |
| | Other population characteristics: | | | |

| Authors: Barbui et al. | | |
|------------------------|-------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------|
| Country: Italy | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Any bleeding disorder Secondary Outcome Measures: GI bleeding Timing of assessments: NA | |
| RESULTS: | | |
| | Any bleeding disorder | GI bleeding |
| | 7% of the cases were exposed to anti-depressants | 8.6% of the cases were exposed to anti-depressants |
| | 6,9% of the controls were exposed to anti-depressants | 6,3% of the controls were exposed to anti-depressants |
| | Adjusted OR | Adjusted OR |
| | No use 1 (reference) | 1 (reference) |
| | SSRIs 0.99 (95% CI 0.89 to 1.10) | 1.31 (95% CI 0.91 to 1.88) |
| | Citalopram 0.98 (95% CI 0.79 to 1.20) | 1.48 (95% CI 0.77 to 2.82) |
| | Escitalopram 1.23 (95% CI 0.84 to 1.81) | 1.36 (95% CI 0.40 to 4.58) |
| | Fluoxetine 1.01 (95% CI 0.77 to 1.34) | 0.73 (95% CI 0.19 to 2.79) |
| | Fluvoxamine 0.57 (95% CI 0.29 to 1.13) | |
| | Paroxetine 0.92 (95% CI 0.78 to 1.10) | 1.35 (95% CI 0.77 to 2.37) |
| | Sertraine 1.09 (95% CI 0.87 to 1.37) | 1.77 (95% CI 0.81 to 3.91) |
| | Mirtazapine 0.91 (95% CI 0.63 to 1.32) [.] | 2 66 (95% CL0 80 to 8 88) |
| | Venlafaxine 1.07 (95% CI 0.83 to 1.39); | 1.53 (95% CI 0.60 to 3.91); |
| | | |
| | Any AD 0.99 (95% CI 0.90 to 1.08) | 1.34 (95% CI 1.01 to 1.80) |
| ANALYSIS: | ITT: NA | |
| | Post randomization exclusions: NA | |
| ATTRITION: | Overall Attrition: NA | |
| | Withdrawals due to adverse events: NA | |
| | Withdrawals due to lack of efficacy: NA | |
| | | |
| | See results | |
| QUALITY KATING: | Good | |

| Evidence Table 12 | Adverse Events |
|---------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Barbui et al. ¹⁸⁴ Year: 2009 Country: NA |
| FUNDING: | grant by Fondazione Cariverona (foundation) |
| DESIGN: | Study design: SR & Meta-Analysis of observational studies Number of patients: >200,000 |
| AIMS OF REVIEW: | To review systematically the risk of attempted and completed suicide after exposure to SSRIs compared to those not exposed to SSRIs in patients with moderate to severe MDD |
| STUDIES INCLUDED IN REVIEW | 8 observational studies |
| TIME PERIOD COVERED: | January 1990 to June 2008 |
| CHARACTERISTICS OF INCLUDED STUDIES: | 6 cohort studies, 2 case-control studies; only studies reporting data on completed or attempted suicide (using ICD-9 or ICD-10 for outcome definition) and compared SSRI use with no use of antidepressants, and where a formal diagnosis or proxy measure of MDD was used, and data in relative risk estimates for re-analysis was reported; |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Any age, both sexes; diagnosis of MDD (formal diagnosis or proxy measure of MDD) |

| Authors: Barbui et al. | |
|----------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2009 | |
| CHARACTERISTICS OF INTERVENTIONS: | SSRI use (citalopram, fluoxetine, fluvoxamine, paroxetine, sertraline, venlafaxine individually and as a class) vs. no-use |
| MAIN RESULTS: | SSRIs as a class vs. no use (pooled, overall risk of completed or attempted suicide, all random effect OR): adolescents: (OR) 1.92, 95%CI (1.51–2.44) adults (OR) 0.57, 95% CI (0.47–0.70) elderly people (>= 65 years) (OR) 0.46, 95% CI (0.27–0.79 Individual SSRIs (data of 2 studies available for each age group): adults no statistical significant association (tendency towards protective effect) adolescents: only for Paroxetine, OR 1.77, 95% CI (1.05–2.99) and Venlafaxine OR 2.43, 95% CI (1.47–4.02) risk attatistically eigended |
| ADVERSE EVENTS: | Completed or attempted suicide (using ICD-9 or ICD-10 for outcome definition (including self-inflicted injury from poisoning, hanging, submersion, firearms, cutting or piercing, jumping from high places, or other means) -> see results for detail |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | Yes (see comments) |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Yes (criteria not reported in article but information given in appendix) |
| QUALITY RATING: | Good |

| Evidence Table 12 | Adverse Events | | | |
|--------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|----------|--|
| STUDY: | Authors: Benkert O, et al. ⁹ Year: 2000 Country: Germany | | | |
| FUNDING: | Organon, GmBH, Munich, Germ | any | | |
| DESIGN: | Study design: RCT Setting: Multi-center (50 centers Sample size: 275 | 5) | | |
| INTERVENTION: | | | | |
| Drug: | Mirtazapine | Paroxetine | | |
| Dose: | 15-45 mg/d | 20-40 mg/d | | |
| Duration: | 6 weeks | 6 weeks | | |
| INCLUSION: | 18-70 years of age; DSM-IV crite | eria for major depression; <u>></u> 18 on | HAM-D-17 | |
| EXCLUSION: | Depressive episode longer than 12 months; other psychiatric or psychotic disorder; alcohol or substance abuse; suicidal risk; significant physical illness; non-responders to antidepressants; recent medication with similar drugs; pregnancy | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Chloral hydrate for sleep | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye Mean age: Mirtazapine: 47.2, pa Gender (% female): Mirtazapine Ethnicity: Not reported Other population characteristi | s aroxetine: 47.3 :: 63%, paroxetine: 65% :cs: Not reported | | |

| Authors: Benkert O, et al. Year: 2000 | |
|------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | <i>Measures:</i> HAM-D-17, HAM-A, CGI-S, CGI-I, BDI-II, Welzel-Kohnen Colored Scales, Short Form 36 <i>Timing of assessments:</i> Screening, baseline, weeks 1, 2, 3, 4, 6 |
| RESULTS: | Mirtazapine and paroxetine were equally effective in reducing mean HAM-D-17 score (58.3% vs. 53.7%) Significantly more mirtazapine patients responded at weeks 1 & 4 on the HAM-D-17 than paroxetine patients; week 1 response: mirtazapine: 23.2%, paroxetine: 8.9% (p < 0.002). |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 23%; mirtazapine: 21.6%, paroxetine: 24.2% Withdrawals due to adverse events: 8%; mirtazapine: 8.6%, paroxetine: 7.4% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Significantly more mirtazapine patients experienced weight increase (p < 0.05) At least one adverse event reported: mirtazapine: 68.1%, paroxetine: 63.4% Dry mouth: mirtazapine: 14.1%, paroxetine: 8.2% Headache: mirtazapine: 9.6%, paroxetine: 10.4% Nausea: mirtazapine: 4.4%, paroxetine: 11.2% Flu-like symptoms: mirtazapine: 9.6%, paroxetine: 3.7% Differences all p < 0.1 |
| QUALITY RATING: | Fair |

| Evidence Table 12 | Adverse Events |
|---------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Brambilla P, et al. ¹⁸⁵ |
| | Year: 2005 |
| | Country: Multinational |
| FUNDING: | NR |
| DESIGN: | Study design: Meta-analysis |
| | Number of patients: 15,920 |
| | |
| AIMS OF REVIEW: | To assess the frequency of side-effects in fluoxetine compared to other SSRIs, TCAs and other anti-depressants |
| STUDIES INCLUDED IN META- ANALYSIS | 131 studies |
| TIME PERIOD COVERED: | Not reported |
| CHARACTERISTICS OF INCLUDED STUDIES: | All studies with random assigned patients that received fluoxetine or any other anti-depressant. Cross-over studies and those with patients with concomitant medical illness were excluded. |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Patients with MDD |

| Authors: Brambilla P, et al. | |
|----------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2005 | |
| Country: Multinational | |
| CHARACTERISTICS OF | Fluoxetine vs. TCA (65 studies); fluoxetine vs. SSRI (22 studies); fluoxetine vs. another AD (44 studies) |
| INTERVENTIONS: | |
| MAIN RESULTS: | Fluoxetine less withdrawals due to side effects than TCAs and other related Ads RR 0.61 95%CI 0.52, 0.71 but not in comparison to other SSRIs RR 1.04 95% CI 0.84, 1.29 |
| | Fluoxetine less side effects (50.9%) than TCAs (60.3%) RR= 0.84 95% CI 0.76 to 0.94(p = 0.03) but not in comparison to other SSRIs RR 1.00 95% CI 0.95, 1.04 |
| | Fluoxetine patients had more activating and GI adverse effects and less cholinergic side effects than other ADs |
| ADVERSE EVENTS: | N/A |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | Yes |
| STANDARD METHOD OF | Yes |
| APPRAISAL OF STUDIES: | |
| QUALITY RATING: | Good |

| Evidence Table 12 | Adverse Events |
|---------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Bridge JA et al. ¹⁸⁶ Year: 2007 Country: Multinational |
| FUNDING: | NIMH |
| DESIGN: | <i>Study design:</i> Systematic review and meta-analysis <i>Number of patients:</i> 5310 |
| AIMS OF REVIEW: | To assess the efficacy and risk of reported suicidal ideation/suicide attempt of antidepressants for treatment of pediatric major depressive disorder (MDD), obsessive-compulsive disorder (OCD), and non-OCD anxiety disorders |
| STUDIES INCLUDED IN REVIEW | Twenty-seven trials of pediatric MDD (n = 15), OCD (n = 6), and non-OCD anxiety disorders (n = 6) |
| TIME PERIOD COVERED: | 1988 to July 2006 |
| CHARACTERISTICS OF INCLUDED STUDIES: | Published and unpublished randomized, placebo-controlled, parallel-group trials of second-generation antidepressants |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Participants younger than 19 years with MDD, OCD, or non-OCD anxiety disorders |

| Authors: Bridge JA et al. | | |
|----------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|
| | Occurred and another antidemonstrate (asle stills another in another in | |
| INTERVENTIONS | Second-generation antidepressants (selective serotonin reuptake inhibitors, netazodone, veniataxine, and mirtazapine) | |
| MAIN RESULTS: | Responder MDD(11.0%; [95% CI, 7.1% to 14.9%]), NNT = 10 (7 to 15) OCD(19.8% [95% CI, 13.0% to 26.6%), NNT 6 (4 to 8) | |
| ADVERSE EVENTS: | Risk difference of suicidal ideation/suicide attempt across all trials and indications for drug vs placebo (0.7%; 95%Cl, 0.1% to 1.3%) (number needed to harm, 143 [95% Cl, 77 to 1000]), MDD 0.9% (95% Cl, -0.1% to 1.9%) OCD 0.5% (-1.2% to 2.2%) Non-OCD 0.7% (-0.4% to 1.8%). Risk difference (95% Cl) of Rate of Suicidal Ideation or Suicide Attempt/Preparatory Actions from placebo MDD Fluoxetine 2 (-3 to 6) Paroxetine 2 (-1 to 4) Escitalopram/citalopram -0 (-3 to 2) Venlafaxine 4 (1 to 8) Nefazadone 0 (-1 to 1) Mirtazapine 1 (-2 to 3) | |
| | OCD Fluoxetine 1 (-4 to 6) Fluvoxamine 4 (-2 to 9) Paroxetine 1 (-2 to 4) Sertraline -1 (-4 to 2) | Non-OCD Fluoxetine 0 (-5 to 5) Fluvoxamine 0(-3 to 3) Paroxetine 2 (-1 to 4) Sertraline 0 (-16 to 16) Venlafaxine 1 (-1 to 2) |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | Yes- PubMed (1988 to July 2006), relevant US and British regulatory agency reports, published abstracts of important scientific meetings (1998-2006), clinical trial registries, and information from authors. | |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Yes- according to the criteria of Detsky et al, with final quality ratings based on consensus (intraclass correlation coefficient between raters, 0.94; 95% confidence interval [CI], 0.92 to 0.95) | |
| QUALITY RATING: | Good | |

| Evidence Table 12 | Adverse Events | | |
|--------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|----------------------|--|
| STUDY: | Authors: Buckley NA, et al. ¹⁸⁷ Year: 2002 Country: UK | | |
| FUNDING: | None | | |
| DESIGN: | Study design: Retrospective database a Setting: General practice Sample size: 121,927 | analysis | |
| INTERVENTION: | | | |
| Drug: | TCAs and related drugs | Serotoninergic drugs | |
| Dose: | Varied | Varied | |
| Duration: | N/A | N/A | |
| Sample size: | 74,598 | 47,329 | |
| INCLUSION: | Used TCAs or SSRIs | | |
| EXCLUSION: | N/A | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: N/A Mean age: NR Gender (% female): NR Ethnicity: NR Other population characteristics: NR | | |

| Authors: Buckley NA et al | |
|-----------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Authors. Buckley NA, et al. | |
| fear: 2002 | |
| Country: UK | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Death due to acute poisoning by a single drug w/ or w/o co-ingestion of alcohol |
| | Timing of assessments: |
| RESULTS: | Among second generation antidepressants, venlafaxine had the highest fatal toxicity index (deaths/million prescriptions): Venlafaxine: 13.2 (9.2-18.5) Fluvoxamine: 3.0 (0.3-10.9) Citalopram: 1.9 (0.6-4.5) |
| | Sertraline: 1.2 (0.5-2.4) Fluoxetine: 0.9 (0.5-1.4) Paroxetine: 0.7 (0.4-1.3) Nefazodone: 0 (0-6.4) |
| ANALYSIS: | ITT: N/A Post randomization exclusions: N/A |
| ATTRITION: | Loss to follow-up: N/A Withdrawals due to adverse events: N/A Withdrawals due to lack of efficacy: N/A Loss to follow-up differential high: N/A |
| ADVERSE EVENTS: | See above |
| QUALITY RATING: | N/A |
| STUDY. | Authors, Chan at al. 188 | | | |
|--------------------|-----------------------------------------|------------------------------------|--------------------------------|-----------------------|
| 31001. | Vorr 2008 | | | |
| | Country: United States | | | |
| FUNDING | NR | | | |
| DESIGN: | Study design: Nested case control stu | dv | | |
| | Setting: multi-state managed care orga | unization medical claims data (PH/ | ARMetrics) | |
| | Sample size: Cohort 587 460 subjects | - 1086 cases 6515 controls (mat | ched by age sex and the year | ar of index date of |
| | depression) | | oned by age, bex, and the yee | |
| INTERVENTION: | Cases | Controls | | |
| | | Controlo | | |
| Drug: | SSRIs, TCAs and other | SSRIs, TCAs and other | | |
| 5 | antidepressants (the other | antidepressants (the other | | |
| | antidepressants were mainly | antidepressants were mainly | | |
| | bupropion, phenelzine, | bupropion, phenelzine, | | |
| | tranylcypromine, trazodone | tranylcypromine, trazodone, | | |
| | nefazodone, venlafaxine) | nefazodone, venlafaxine) | | |
| | NA | NA | | |
| Dose: | | | | |
| | The window for medication exposure | The window for medication | | |
| Duration: | was defined as the time period from | exposure was defined as the | | |
| | the start of the study period to either | time period from the start of | | |
| | the index date of a cerebrovascular | the study period to either the | | |
| | event, the end of the study period or | index date of a | | |
| | the end of enrollment, whichever | cerebrovascular event, the end | | |
| | came first | of the study period or the end | | |
| | 1000 | of enrollment, whichever came | | |
| | 1086 | tirst | | |
| Sample size: | | 6515 | | |
| | | | | |
| INCLUSION: | Non-medicaid patients with depression | and at least 6 months continuous | enrollment | |
| | | | | |
| EXCLUSION: | Medicaid recipient | | | |
| OTHER MEDICATIONS/ | Yes | | | |
| | | | | |
| | Groups similar at baseline: Yes | | | 47.5% and 80 years |
| CHARACTERISTICS: | or more: 11 1% | ais. 5.1%, 55-49 years. 23.1%, 50 | -04 years. 42.1 %, 05-19 years | s. 17.5% and ou years |
| | Gondor (fomalo %): 63.3% | | | |
| | Ethnicity (Caucasian %): NR | | | |
| | Other population characteristics: NF | 3 | | |

| Authors:. Chen et al. Year: 2008 | |
|-------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: US | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Cerebrovascular Events Secondary Outcome Measures: NR Timing of assessments: NA |
| RESULTS: | |
| | Risk of a cerebrovascular event compared with remote*/nonusers |
| | Subjects with current** SSRI use: HR 1.24; (95% CI 1.07 to 1.44) Subjects with current tricyclic antidepressant use: HR 1.34; (95% CI 1.10 to 1.62) Subjects with current use of other antidepressants: HR 1.43; (95% CI 1.21 to 1.69) |
| | The risk of ischemic stroke in current* SSRI users was significantly higher compared with remote/nonusers; HR=1,55 (95% CI 1,00 to 2,39), while there was no significant risk of ischemic stroke in current users of TCAs or other antidepressants The risk of hemorrhagic stroke in current users of an SSRI, TCA, or other antidepressant was not significantly different compared with that of remote/nonusers. |
| | *remote use of antidepressant: antidepressant ended 91 or more than 91 days before the cerebrovascular event **current use of antidepressant: antidepressant ended 30 days or less than 30 days before the cerebrovascular event. |
| | ΙΤΤ·ΝΔ |
| | Post randomization exclusions: NA |
| ATTRITION: | Overall Attrition: NA Withdrawals due to adverse events: NA Withdrawals due to lack of efficacy: NA Differential Attrition: NA |
| ADVERSE EVENTS: | see results |
| QUALITY RATING: | Good |

| Evidence Table 12 | Adverse Events |
|---------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Cipriani A. et al. ¹⁸⁹ Year: 2006 Country: Multinational |
| FUNDING: | No external funding- authors associated with Italian, Japanese and English universities |
| DESIGN: | <i>Study design:</i> Systematic review and meta-analysis <i>Number of patients:</i> 14391 |
| AIMS OF REVIEW: | To systematically review the efficacy and tolerability of fluoxetine, the most widely studied of newer antidepressants, in comparison with all other antidepressants in the acute treatment of depression in patients aged more than 18 years. |
| STUDIES INCLUDED IN REVIEW | 131 RCTs |
| TIME PERIOD COVERED: | 1966 to 2004 |
| CHARACTERISTICS OF INCLUDED STUDIES: | Published randomized trials, blind or open |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Depressed patients 18 years or older |

| Authors: Cipriani et al. Year: 2006 | |
|----------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CHARACTERISTICS OF INTERVENTIONS: | Fluoxetine in comparison with all other antidepressants in the acute treatment of depression. |
| MAIN RESULTS: | Meta-analysis of Response Fluoxetine vs. Fluvoxamine 0.98 (0.71 to 1.35) Paroxetine 1.18 (0.97 to 1.42) Sertraline 1.18 (1.01 to 1.38) |
| | Bupropion 1.11 (0.64 to 1.93) Duloxetine 1.21 (0.67 to 2.20) Mirtazapine 1.28 (0.93 to 1.76) Venlafaxine 1.17 (1.03 to 1.33) |
| ADVERSE EVENTS: | Meta-analysis of tolerability via all withdrawals Fluoxetine vs. Citalopram 0.90 (0.62 to 1.32) Fluvoxamine 0.75 (0.35 to 1.58) Paroxetine 0.96 (0.76 to 1.21) Sertraline 1.18 (0.95 to 1.47) Bupropion 1.28 (0.75 to 2.17) Duloxetine 1.11 (0.52 to 2.35) Mirtazapine 0.92 (0.48 to 1.76) Venlafaxine 0.96 (0.75 to 1.22) |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | Cochrane Collaboration Depression, Anxiety and Neurosis Controlled Trials Register and the Cochrane Central Register of Controlled Trials up to March 2004; MEDLINE (1966-2004) and EMBASE (1974-2004) |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Yes- Cochrane Collaboration Handbook |
| QUALITY RATING: | Good |

| Evidence Table 12 | Adverse Events | | |
|--------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------|-----------|
| STUDY: | Authors: Clayton A. et al. ²¹ Year: 2006 Country: USA | | |
| FUNDING: | GlaxoSmithKline | | |
| DESIGN: | Study design: 2 pooled RCTs Setting: Multicenter Sample size: 785 ITT | | |
| INTERVENTION: | • | | |
| Drug: | Bupropion XL | Escitalopram | Placebo |
| Dose: | 300-450 mg | 10-20 mg | NA |
| Duration: | 8 weeks | 8 weeks | 8 weeks |
| Sample size: | 276 | 281 | 273 |
| INCLUSION: | Men and women > 18 years old, MDD; HAMD17 > 19,; current episode duration 12 weeks to 2 years; sexually active. | | |
| EXCLUSION: | Other sexual disorders; past or present anorexia nervosa, bulimia, seizure disorder, or brain injury; diagnosis of panic disorder, OCD, PTSD or acute stress disorder within 12 months: bipolar I or II, schizophrenia or other psychotic disorders; attempted suicide within 6 months; any drug that may effect sexual functioning. | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Zolpidem, zaleplon and and non-presc | ription sleep aids were allowed in 1 st 10 d | ays only. |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: Bupropion XL 37 Escitalopram 37 Placebo 36 Gender (female %): Bupropion XL 58 Escitalopram 57 Placebo 60 Ethnicity: White Bupropion XL 70% Escitalopram 68% Placebo 70% Black Bupropion XL 20% Escitalopram 19% Placebo 17% Other population characteristics: NR | | |

| Authors: Clayton A et al. | | | |
|------------------------------------|------------------------------------------------------------------------------------------|------------------------------------------|------------------------|
| Year: 2006 | | | |
| | Primary Outcome Measures: % patients w/orgasm dysfunction at week 8 | | |
| | Secondary Outcome Measures: CS | SFQ. HAMD17. CGI-S and CGI-I and H | AD |
| | Timing of assessments: Baseline, w | veeks 1,2,3,4,6 and 8 | _ |
| RESULTS: | % patients w/orgasm dysfunction | on at week 8 Bupropion XL 15 Escitalop | oram 30 Placebo 9 |
| | Change in HAMD17 Bupropior | n XL -13.2 (0.5) Escitalopram -13.6 (0.5 | i) Placebo -12.0 (0.5) |
| | HAMD response Bupropion XL | 62% Escitalopram 65% Placebo 52% | |
| | HAMD remission Bupropion XL | . 43% Escitalopram 45% Placebo 34% | |
| | Change in CGI-S Bupropion XL | 1.9 (0.1) Escitalopram -1.9 (0.1) Plac | cebo -1.6 (0.1) |
| | CGI-I response Bupropion XL 67% Escitalopram 67% Placebo 57% | | |
| ANALYSIS: | ITT: Yes | | |
| | Post randomization exclusions: 45 | | |
| | Loss to follow-up differential high: | No | 1 |
| ATTRITION: | Bupropion XL | Escitalopram | Placebo |
| Loss to follow-up: | 68 (25%) | /1 (25%) | 66 (24%) |
| Withdrawals due to adverse events: | 0% ND | 4% ND | 5% ND |
| ADVEDSE EVENTS: | NR Burranian XI. va. Easitalanram. va | NR Diasaha % | NR |
| ADVERSE EVENTS. | Bupiopion AL vs. Escilalopiani vs. | | |
| | Dry mouth 22 vs. 15 vs. 11 | | |
| | Fatigue 4 vs. 14 vs. 6 | | |
| | Insumma 14 vs. 10 Vs. 8 Constinction 0 vs. 2 vs. 6 | | |
| | Consupation 9 vs. 5 vs. 6 | | |
| | Somnoience 3 vs. 8 vs. 5 | | |
| | Decreased appelle 5 VS. 6 VS. 4 | | |
| | Indsoprial yrights 5 vs. 5 vs. 5 Irritability 5 vs. 1 vs. 4 | | |
| | • Yawning <1 vs. 5 vs. 1 | | |
| | Fair | | |
| | | | |

| Evidence Table 12 | Adverse Events | | | |
|--------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------|----------------------------------------------------------------------------|-------------------------------------|
| STUDY: | Authors: Clayton AH, et al. ¹⁹⁰ Year: 2002 Country: US | | | |
| FUNDING: | Glaxo Wellcome Inc. | | | |
| DESIGN: | Study design: Cross sectional s Setting: Multi-center Sample size: 6297 | urvey | | |
| INTERVENTION: | | | | |
| Drug: | Second generation antidepressants | | | |
| Dose: | Variable | | | |
| Duration: | Variable | | | |
| INCLUSION: | 18 years of age; receiving antic antidepressants: buproprion IR, b venlafaxine, venlafaxine XR | lepressant monotherapy for depre ouproprion SR, citalopram, fluoxet | ession; sexually active; using one c ine, mirtazapine, nefazodone, parc | f the newer oxetine, sertraline, |
| EXCLUSION: | Taking an antidepressant for an i | llness other than depression | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | None | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: N/A Mean age: Overall clinical population: 42.7; target population: 32.0 (target population consisted of patients free of other probable causes of sexual dysfunction (e.g., age, comorbid illness) Gender (% female): overall clinical population: 28%; target population: 22.8% Ethnicity: overall clinical population: white: 93.5%, black: 2.7%, Asian: 0.5%, Hispanic: 2.7%, other: 0.6%; target population: white: 93.1%, black: 2%, Asian: 0.6%, Hispanic: 3.7%, other: 0.5% Other population characteristics: Not reported | | | |

| Authors: Clayton AH, et al. | |
|-----------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2002 | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> Changes in sexual functioning questionnaire <i>Timing of assessments:</i> Completed at one visit |
| RESULTS: | In the overall clinical population: Patients taking buproprion SR or nefazodone had a lower prevalence of sexual dysfunction than patients taking fluoxetine, paroxetine, sertraline, or venlafaxine XR Patients taking buproprion IR had a lower prevalence of sexual dysfunction than patients taking paroxetine, sertraline, or venlafaxine XR Patients taking fluoxetine had a lower prevalence of sexual dysfunction than patients taking paroxetine Patients taking fluoxetine had a lower prevalence of sexual dysfunction than patients taking paroxetine Patients taking buproprion SR or nefazodone had a lower prevalence of sexual dysfunction than patients taking paroxetine In the target population: Patients taking buproprion SR or nefazodone had a lower prevalence of sexual dysfunction than patients taking citalopram, paroxetine, sertraline, or venlafaxine XR |
| ANALYSIS: | ITT: N/A Post randomization exclusions: N/A |
| ATTRITION: | Loss to follow-up: N/A Withdrawals due to adverse events: N/A Loss to follow-up differential high: N/A |
| ADVERSE EVENTS: | N/A |
| QUALITY RATING: | N/A |

| Evidence Table 12 | Adverse Events | | | |
|--------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|---------------------------|
| STUDY: | Authors: Coleman CC, et al. ²² Year: 1999 Country: US | | | |
| FUNDING: | Glaxo Wellcome | | | |
| DESIGN: | Study design: RCT Setting: Multi-center (9 centers) Sample size: 364 | | | |
| INTERVENTION: | | | | |
| Drug: | Sertraline | Buproprion | Placebo | |
| Dose: | 50-200 mg/d | 150-400 mg/d | N/A | |
| Duration: | 8 weeks | 8 weeks | 8 weeks | |
| INCLUSION: | DSM-IV criteria for major depression; minimum score of 18 on the first 21 items of the 31 item HAM-D; 18 years of age or older; be in a stable relationship, have normal sexual functioning, and sexual activity at least once every 2 weeks; currently experiencing recurrent major episode of duration 2-24 months | | | |
| EXCLUSION: | Predisposition to seizure or takir substance abuse; eating disorde psychoactive drug within 1 week | ng med that lowers seizure thresho er; suicidal tendencies; prior treatm c of study (2 weeks for MAOI or 4 v | old; anorexia or bulimia; pregnancy ient with buproprion or sertraline; u weeks for fluoxetine) | r; alcohol or Ised any |
| OTHER MEDICATIONS/ INTERVENTIONS: | Chloral hydrate for sleep (first 2 | weeks only) | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye | S | | |
| | Mean age: Sertraline: 38.3, buproprion: 38.1, placebo: 38.5 | | | |
| | <i>Gender</i> (% female): 59%; sertraine: 54%, buproprion: 56%, placebo: 59% <i>Ethnicity:</i> Sertraline: white: 92%, black: 8%,other: < 1%; buproprion: white: 87%, black: 11%, other: 2%; placebo: white: | | | |
| | Other population characterist | <i>ics:</i> No significant differences at di | iagnosis | |

| Authors: Coleman CC, et al. Year: 1999 | |
|-------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: US | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> 31 item HAM-D, HAM-A, CGI-S, CGI-I, sexual functioning by investigator questions: sexual desire disorder, sexual arousal disorder, orgasm dysfunction, premature ejaculation, patient rated overall sexual function <i>Timing of assessments:</i> Baseline, weeks 1, 2, 3, 4, 6, 8 |
| RESULTS: | Mean HAM-D scores in the buproprion but not the sertraline group were statistically better than placebo (by day 28 p < 0.05) There was no significant difference between the buproprion and sertraline groups CGI-I and CGI-S for buproprion significantly better than placebo but not better than sertraline Sertraline not statistically better than placebo No differences in HAM-A; significantly fewer buproprion patients had sexual desire disorder than sertraline patients (p < 0.05) There was no significant difference between either active treatment group and placebo Orgasm dysfunction occurred significantly more in sertraline patients compared with placebo or buproprion patients (p < 0.05) Diagnosed with at least one sexual dysfunction: sertraline: 39%, buproprion: 13%, placebo: 17% |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 30%; sertraline: 36%, buproprion sr: 22%, placebo: 32% Withdrawals due to adverse events: 18:5%; sertraline: 8%, buproprion: 6%, placebo: 2% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Headache was the most commonly reported event in all treatment groups Nausea, diarrhea, dyspepsia occurred more frequently in sertraline patients than buproprion or placebo Insomnia and agitation were reported more frequently in buproprion patients than sertraline or placebo |
| QUALITY RATING: | Fair |

| Evidence Table 12 | Adverse Events | | | |
|-----------------------------|------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|-------------------------------------|----------------------|
| | | | | |
| STUDY: | Authors: Coleman CC, et al. ²³ | | | |
| | Year: 2001 | | | |
| | Country: US | | | |
| FUNDING: | Glaxo Wellcome | | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: Multi-center (15 centers | 3) | | |
| | Sample size: 456 | | | |
| INTERVENTION: | | | | |
| Drug: | Buproprion | Fluoxetine | Placebo | |
| Dose: | 150-400 mg/d | 150-400 mg/d | N/A | |
| Duration: | 8 weeks | 8 weeks | 8 weeks | |
| | DSM IV critoria for major dopros | sion: minimum score of 20 on the | 1 itom HAM D: >18 years of age: | have sexual activity |
| | at least once every 2 weeks; currently experiencing episode lasting 2-24 months | | | |
| | ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,, | ·····) ···· | 5 · · · · · · · · | |
| EXCLUSION: | Predisposition to seizure; pregna | ancy; alcohol or substance abuse; | eating disorder; suicidal; treatmen | t with buproprion or |
| | fluoxetine in the past year; used | any psychoactive drug within 1 we | eek of study; non-responders to an | tidepressant |
| | treatment; anorexia or bulimia | | | |
| OTHER MEDICATIONS/ | Not reported | | | |
| INTERVENTIONS: | Not reported | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye | s | | |
| | Mean age: Fluoxetine: 37.1, bup | proprion sr: 36.6, placebo: 36.7 | | |
| | Gender: (% female) Fluoxetine: | 66%, buproprion: 63%, placebo: 6 | 51% | |
| | Ethnicity: Fuoxetine: white 82% | , black 11%, other 7%; buproprion | : white 83%, black 11%, other 5% | ; placebo: white |
| | 82%, black 14%, other 4% | | | 0 |
| | Other population characteristi | cs: At baseline more patients in th | e fluoxetine and buproprion goups | than the placebo |
| | group had sexual desire disorde | r | | |

| Authors: Coleman CC, et al. | |
|-----------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2001 Country: US | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> 21item HAM-D, sexual function assessment, substance-induced arousal disorder and orgasm dysfunction. Assessed: orgasm dysfunction, sexual desire disorder, sexual arousal disorder, overall patient sexual functioning (1-6 scale) <i>Timing of assessments:</i> Baseline, weeks 1, 2, 3, 4, 5, 6, 7, 8 |
| RESULTS: | Mean HAM-D scores were not statistically different between the three groups (in ITT analysis) No difference in responders (≥ 50 decrease in HAM-D), remitters (HAMD < 8) More buproprion remitters (47%) compared to placebo (32%). Orgasm dysfunction occurred significantly more in fluoxetine patients compared with placebo or buproprion patients (p < 0.001) At endpoint more fluoxetine treated patients had sexual desire disorder than buproprion-treated patients (p < 0.05). More fluoxetine-treated patients dissatisfied with sexual function beginning at week 1 (p < 0.05) |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 34% Withdrawals due to adverse events: fluoxetine: 4%, buproprion: 9%, placebo: 3% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Headache was the most commonly reported event in all treatment groups Headache, diarrhea, and somnolence occurred more frequently in fluoxetine than buproprion or placebo groups Dry mouth, nausea, and insomnia were reported more frequently in buproprion than fluoxetine or placebo groups Buproprion group had mean increases in DBP and heart rate, authors state these were not clinically significant Fluoxetine treated patients had a mean decrease in both DBP and heart rate |
| QUALITY RATING: | Fair |

| Evidence Table 12 | Adverse Events | | |
|-----------------------------|-------------------------------------------|-------------------------------------------|--------------------------------------|
| STUDY: | Authors: Coogan PF, et al. ¹⁹¹ | | |
| | Year: 2005 | | |
| | Country: US | | |
| FUNDING: | NR | | |
| DESIGN: | Study design: Case-control | | |
| | Setting: 3 centers | | |
| | Sample size: 4996 | | |
| INTERVENTION: | Cases | Controls | |
| Drug: | SSRIs | None | |
| Dose: | Various | N/A | |
| Duration: | N/A | N/A | |
| Sample size: | 2138 | 2858 | |
| INCLUSION: | Cases: women with a first occurrence of | of primary invasive breast cancer diagnos | sed within the last year and no |
| | concurrent or previous cancer other that | in nonmelanoma skin cancer | |
| | Controls: women admitted for nonmalig | gnant diagnoses, unrelated to the use of | SSRIs and no history of cancer other |
| | than nonmelnoma skin cancer | | |
| EXCLUSION: | N/A | | |
| OTHER MEDICATIONS/ | N/A | | |
| INTERVENTIONS: | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | |
| | Range of age: 24-73 | | |
| | Gender (% female): 100% | | |
| | Ethnicity: NR | | |
| | | | |

| Authors: Coogan PF, et al. | |
|----------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2005 | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Increased risk of breast cancer due to use of SSRIs |
| | Risk factors other than SSRI use that were taken into account include alcohol consumption, religion, family history of breast cancer, center, age and race |
| | Secondary Outcome Measures: |
| | Timing of Assessments: |
| RESULTS: | Regular use of SSRIs was not associated with breast cancer risk after adjustment for other risk factors OR 1.1 95% 0.8, 1.7 |
| ANALYSIS: | ITT: N/A Post randomization exclusions: N/A |
| ATTRITION: | Loss to follow-up: N/A Withdrawals due to adverse events: N/A Withdrawals due to lack of efficacy: N/A Loss to follow-up differential high: N/A |
| ADVERSE EVENTS: | • N/A |
| QUALITY RATING: | Fair |

| STUDY: | Authors: Cornelius et al. ¹⁹² | | |
|--------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------|--|
| | Year: 2009 | | |
| | Country: USA | | |
| FUNDING: | National Institute on Alcohol Abuse and Alcoholism, National Institute o | f Drug Abuse | |
| DESIGN: | Study design: RCT | | |
| | Setting: Outpatient | | |
| | Sample size: 50 | | |
| INTERVENTION: | | | |
| Drug: | Fluoxetine | Placebo | |
| Dose: | 20 mg | 20 mg | |
| Duration: | 12 weeks | 12 weeks | |
| Sample size: | 24 | 26 | |
| | | | |
| INCLUSION: | 15 and 20 years of age; DSM-IV confirmed diagnoses of current alcoho | I use disorder (AUD) and of current MDD (Schedule for | |
| | Affective Disorders and Schizophrenia-Present and Lifetime Version (K | -SADS-PL) used for MDD diagnosis; DSM-IV diagnosis | |
| | of alconol use disorder (alconol abuse or dependence) was confirmed u | Ising the Substance Use Disorders Section of the | |
| | Structured Chinical Interview (SCID). Minimum levels of drinking for study inclusion were defined as drinking at least 10 drinks over the month prior to baseline. | | |
| | Minimum levels of arinking for study inclusion were defined as arinking | at least 10 drinks over the month prior to baseline | |
| | assessment, as demonstrated on the Timeline Follow-back scale. HAM | -D-27 score 215 at baseline assessment. | |
| EXCLUSION: | Bipolar disorder, schizoaffective disorder, or schizophrenia; hyper- or hy | ypotnyroidism, significant cardiac, neuroiogical, or renal | |
| | impairment, and significant liver disease; antipsycholic of antidepressar | nt medication in the month phor to enrollment, any | |
| | substance abuse of dependence other than filcotine dependence of call | that is abuse of dependence, filstory of initiavenous | |
| | forme | inous, and an mability to read of understand study | |
| OTHER MEDICATIONS/ | Both groups: 9 sessions of manual based intensive therapy, which cons | sisted of Cognitive Behavioral Therapy (CBT) and | |
| INTERVENTIONS: | Motivation Enhancement Therapy (MET) | sisted of Cognitive Denavioral Therapy (CDT) and | |
| | Groups similar at baseline: Placebo significantly more depressed at b | aseline | |
| CHARACTERISTICS. | Mean age: NR | | |
| | Gender (female %): 50.0% fluoxetine .61.5% placebo | | |
| | Ethnicity (White %): 83.3% fluoxetine, 88.5% placebo | | |
| | Other characteristics: Beck Depression Inventory (BDI) [mean score. | and (SD)]; fluoxetine 17.28 (8.87) vs. placebo 22.12 | |
| | (7.50), P < 0.041; Hamilton Rating Scale for Depression (HAM-D-27); fl | uoxetine 16.88(7.09) vs. placebo 22.88 (8.79), P < | |
| | 0.011 | | |

| Authors:.Cornelius | |
|---------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2009 | |
| Country: USA | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Depressive symptoms: HAM-D-27 & BDI; drinking behavior (TLFB): drinks per day, drinks per |
| | occasion, days of alcohol use per week, heavy drinking days per week |
| | Secondary Outcome Measures: NR |
| | Timing of assessments: Baseline, weeks 1, 2, 3, 4, 6, 8, 10, and 12 |
| RESULTS: | No significant differences between fluoxetine and placebo in depressive symptoms or drinking behavior between the groups, with participants in both arms showing improvements for depressive symptoms and level of drinking. |
| | Depressive symptoms: [mean score, (SD)]: BDI fluoxetine 6.79 (7.49) vs. placebo 10.46 (10.80), $P = 0.173$; HAM-D-27: fluoxetine 4.54 (7.06) vs. placebo 8.31 (8.97), $P = 0.107$. |
| | Number of days of heavy alcohol use was significantly associated with lack of remission of BDI depression scores (BDI scores < 8) both at midpoint and end of study. |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: None |
| ATTRITION: | Overall Attrition: 3/50; 6% |
| | Withdrawals due to adverse events: 0 |
| | Withdrawals due to lack of efficacy: 3/50; 6% (all placebo) |
| | Differential Attrition: 12% vs. 0% |
| ADVERSE EVENTS: | No severe adverse events. Only mild and rare side effects occurred (no data reported). |
| QUALITY RATING: | Fair |

| Evidence Table 12 | Adverse Events | | | |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------|------------------------------------------------------|--------------------|
| | A (() () () () () () (| | | |
| STUDY: | Authors: Croft H, et al. | | | |
| | Year: 1999 | | | |
| | Country: US | | | |
| FUNDING: | Glaxo Wellcome | | | |
| DESIGN: | Study design: RCT (active and Setting: Multi-center (8 centers) Sample size: 360 | placebo control) | | |
| INTERVENTION: | | | | |
| Drug: | Sertraline | Buproprion | Placebo | |
| Dose: | 50-200 mg/d | 150-400 mg/d | N/A | |
| Duration: | 8 weeks | 8 weeks | 8 weeks | |
| | | | | |
| INCLUSION: | DSM-IV criteria for major depression; minimum score of 18 on the first 21 items of the 31 item HAM-D; ≥ 18 years of age; in a stable relationship; have normal sexual functioning and sexual activity at least once every 2 weeks; current depressive episode of 8 weeks to 24 months | | | |
| EXCLUSION: | Predisposition to seizure; pregna with buproprion or sertraline; use | ancy; alcohol or substance abuse; ed any psychoactive drug within 1 | eating disorder; suicidal tendencie week of study | s; prior treatment |
| OTHER MEDICATIONS/ INTERVENTIONS: | Not reported | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye | S | | |
| | Mean age: Sertraline: 36.0, bup | roprion: 35.9, placebo: 37.4 | | |
| | Gender (% female): Sertraline: 50%, buproprion: 51%, placebo: 50% | | | |
| | Ethnicity: Sertraline: white: 87%, black: 8%, other: 4%; buproprion: white: 86%, black: 9%, other: 5%; placebo: white: | | | |
| | 88%, black: 8%, other: 3% | | | |
| | Other population characterist | ics: Not reported | | |

| Authors: Croft H, et al. | |
|--------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: US | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> 31 item HAM-D, HAM-A, CGI-S, CGI-I, sexual function assessment by investigator interview-sexual desire disorder, sexual arousal disorder, orgasmic dysfunction, premature ejaculation (men only), overall patient satisfaction with sexual functioning, vital signs <i>Timing of assessments:</i> Baseline, weeks 1, 2, 3, 4, 6, 8 |
| RESULTS: | Mean HAM-D scores in both the buproprion and sertraline group were statistically better than placebo (p < 0.05) No significant difference in HAM-D scores between the buproprion and sertraline groups CGI-S and CGI-I improvement compared to placebo but no differences between drugs at any week No difference in changes of HAM-A scores for any group By day 42 significantly fewer buproprion sr-treated patients had sexual desire disorder than sertraline- or placebo-treated patients (p < 0.05) At day 56 both buproprion and sertraline groups had higher sexual arousal disorder (p < 0.05) than placebo Orgasmic dysfunction occurred significantly more in sertraline group compared with placebo or buproprion groups (p < 0.001) At day 56 no difference in overall satisfaction with sexual function between treatment groups |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 32% Withdrawals due to adverse events: sertraline: 3%, buproprion sr: 3%, placebo: 7% Loss to follow-up differential high: Yes |
| ADVERSE EVENTS: | Headache was the most commonly reported event in all treatment groups Somnolence and insomnia occurred more frequently in sertraline group than buproprion goup Nausea and diarrhea occurred more frequently with sertraline than buproprion or placebo |
| QUALITY RATING: | Fair |

| STUDY: | Authors: de Abajo et al. ¹⁹³ | | |
|--------------------------|--------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|--|
| | Year: 2008 | | |
| | Country: United Kingdom | , | |
| FUNDING: | unrestricted research grant from Astra Zeneca PLC for the validation | n of cases | |
| DESIGN: | Study design: Nested case control study | | |
| | Setting: UKPDS - The Health Improvement Network database in the | ie United Kingdom | |
| | Sample size: 1321 cases, 10,000 controls | | |
| INTERVENTION: = exposure | Cases (having an upper GI tract complication when no exclusion | Controls | |
| | criteria were found up to 2 months after the computer date of | | |
| _ | case detection) | | |
| Drug: | SSRIs & SNRIs (Sertraline, Fluoxetine, Fluoxamine, | SSRIS & SNRIS (Sertraline, Fluoxetine, | |
| | Paroxetine, Citalopram, Escitalopram, Veniataxine, Duloxetine) | Fluvoxamine, Paroxetine, Citalopram, | |
| | Lauren anadiera ta biak eraan | Escitalopram, Venlataxine, Duloxetine) | |
| Deee | Low vs. meaium to nign users | | |
| Dose: | NA 1 201 | Low vs. medium to high users | |
| Duration: | 1,321 | NA 10.000 | |
| | Demand aged 40 to 84 years who have been seen for at least 2 years | 10,000 | |
| INCLUSION: | reisons ageu 40 to 64 years who have been seen for at least 2 years by a general practitioner and with at least 1 year elapsed | | |
| | randomly selected from the source population using density-based sampling method matched for age, sex and calendar year | | |
| | of the index date | | |
| FYCLUSION | History of cancer, liver disease, coagulonathy, Mallory-Weiss syndr | ome esophageal varices or alcohol-related disorders were | |
| EXCECCIÓN. | excluded In addition persons aged 70 years or older at the start da | ate with a follow-up of longer than 1 year and with no | |
| | recording of data or with only 1 medical visit | ate with a follow up of longer than 1 year and with ho | |
| OTHER MEDICATIONS/ | NR | | |
| INTERVENTIONS: | | | |
| POPULATION | Groups similar at baseline: No - more current smokers (20.5% vs | s. 15.3%) and current users (19.5% vs. 11.2%) | |
| CHARACTERISTICS: | as well as past users (7.5% vs. 3.5%) of acid suppressing agents in | cases and more people suffering from | |
| | antecedents of GI tract disorders (43.4% vs. 23.9%) in cases. | | |
| | Mean age: cases: 40-59 years (24.5%); 60-69 (22.9%); 70-79 (36.5%); 80-84 (16.4%) | | |
| | controls: 40-59 years (27.6%); 60-69 (21.5%); 70-79 (34.5%); 80-84 (16.5%) | | |
| | Gender (female %): 41.6% cases vs. 43.3% controls | | |
| | Ethnicity (Caucasian %): NR | | |
| | Other population characteristics: NA | | |

| Authors: de Abajo et al. | |
|--------------------------|------------------------------------------------------------------------------------------------------------------------------|
| Year: 2008 | |
| | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: upper GI Tract Bleeding |
| | Secondary Outcome Measures: upper GI Tract Perforation |
| | Timing of assessments: observation period (January 1, 2000 to December 31, 2005) |
| RESULTS: | The percentages of current users of SSRIs was higher in cases than in controls (5.3% vs. 3.0%). Suffering from GI tract |
| | bleeding is associated with taking SSRIs, yielding adjusted ORs of 1.6 (95% CI, 1.2 to 2.1). |
| | The percentages of current users of SNRIs was higher in cases than in controls (1.1% vs. 0.3%), yielding adjusted ORs of 2.9 |
| | (95% CI, 1.5 to 5.6). |
| | There was a higher chance of cases taking Sertraline OR: 2.3 (95% CI, 1.0 to 5.1), Citalopram or Escitalopram OR: 2.0 (95% |
| | CI, 1.2 to 3.2), Venlafaxine OR: 2.9 (95% CI, 1.5 to 5.7). |
| ANALYSIS: | ITT: NA |
| | Post randomization exclusions: NA |
| ATTRITION: | Overall Attrition: NA |
| | Withdrawals due to adverse events: NA |
| | Withdrawals due to lack of efficacy: NA |
| | Differential Attrition: NA |
| ADVERSE EVENTS: | see results |
| QUALITY RATING: | Fair |

| Evidence Table 12 | Adverse Events | |
|--------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|--|
| STUDY: | Authors: Didham RC, et al. ¹⁹⁴ Year: 2005 Country: New Zealand | |
| FUNDING: | The Royal NZ College of General Practitioners Research Unit which receives funding from the NZ government | |
| DESIGN: | Study design: Retrospective cohort and nested case control study Setting: General practice Sample size: 57,361 | |
| INTERVENTION: Drug: Dose: Duration: Cases: | SSRIs and other ADS Varied 120 days Suicides: 26 Self-harms: 330 | |
| INCLUSION: | Patients that received a prescription for an anti-depressant from 1996 to 2001 | |
| EXCLUSION: | Patients under 10 years old; additional concurrent anti-depressants | |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Median age: 46 Gender (% female): 68.1% Ethnicity: NR | |

| Authors: Didham RC, et al. | |
|----------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Suicides or self-harm within 120 days of a prescription Timing of assessments: N/A |
| RESULTS: | No significant increase in suicides for SSRIs as a group: OR 1.28; 95% CI 0.38-4.35 No significant difference in suicides between drugs Fluoxetine: 0.80 (0.22-2.89) Paroxetine: 2.25 (0.47-10.72) Self-harm SSRIs vs. TCAs incidence rate 2.57 95% CI 2.03-3.28 Increased risk of self-harm for SSRIs as a group OR 1.66 95% CI 1.23-2.23 No significant differences in self-harm between drugs Fluoxetine; 1.30 (0.96-1.75) Paroxetine 1.21 (0.84-1.72) |
| ANALYSIS: | ITT: N/A Post randomization exclusions: N/A |
| ATTRITION: | Loss to follow-up: N/A Withdrawals due to adverse events: N/A Withdrawals due to lack of efficacy: N/A Loss to follow-up differential high: N/A |
| ADVERSE EVENTS: | • N/A |
| QUALITY RATING: | Fair |

| Evidence Table 12 | Adverse Events | | | |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------|-------|------------------|--|
| STUDY: | Authors: Dunner et al. ¹⁹⁵ | | | |
| | Year: 1998 | | | |
| | Country: US | | | |
| FUNDING: | Glaxo Wellcome Inc., Research Triangle Park, NC | | | |
| DESIGN: | Study design: Observational prospective | | | |
| | Setting: Multi-center (105 sites) | | | |
| | Sample size: 3100 | | | |
| INTERVENTION: | Bupropion | | | |
| Drug: | | | | |
| Dose: | 100-300 mg/d | | | |
| Duration: | 8 weeks | | | |
| Sample size: | 3100 | | | |
| INCLUSION: | Male or female patients at least 18 years of age; met DSM-III-R criteria for MDD, dysthymia, bipolar I or II) | | | |
| EXCLUSION: | Previous treatment with bupropion: patients with a history of bulimia or anorexia or with a known predisposition to | | redisposition to | |
| | seizures; pregnant; lactating; suicidal | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Benzodiazepines | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: N/A | | | |
| | Mean age: 42 | | | |
| | Gender (% female): 62.4 | | | |
| | Ethnicity: white: 89.5%, black: 7%, other: 3.5% | | | |
| | Other population characteristics | S: NK | | |

| Authors: Dunner et al. | | | |
|----------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|
| Year: 1998 | | | |
| | Primary Outcome Measures: Number of seizures: seizure rate | | |
| COTCOME ASSESSMENT. | rimary Outcome measures. Number of seizures, seizure rate | | |
| | Secondary Outcome Measures: N/A | | |
| | Timing of assessments: Biweekly during the study | | |
| RESULTS: | During the 8 week acute phase of the trial, 2 patients (0.06% Upper 1-sided CL of 0.14%) experienced seizures out of 3094 patients. | | |
| ANALYSIS: | ITT: N/A | | |
| | Post randomization exclusions: N/A | | |
| ATTRITION: | Overall | | |
| Loss to follow-up: | 34% | | |
| Withdrawals due to adverse events: | NR | | |
| Loss to follow-up differential high: | NP | | |
| Loss to follow-up unreferitiar flight. | | | |
| | N/A | | |
| | | | |
| | | | |
| ADVERSE EVENTS: | 54 serious adverse events (other than seizure) occurred during the study. Suicide attempt or overdose: 9 patients; accidental injury: 4 patients; myocardial function: 3 patients | | |
| | | | |
| QUALITY RATING: | Fair | | |

| Evidence Table 12 | Adverse Events | | | |
|--------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|-------|----------|
| STUDY: | Authors: Ekselius, et al. ¹⁹⁶ Year: 2001 Country: Sweden | | | |
| FUNDING: | Swedish Medical Research Cou | ncil and Pfizer AB | | |
| DESIGN: | Study design: Subgroup analys Setting: Multi-center Sample size: 400 | is of RCT | | |
| INTERVENTION: | Operations | Ottologram | | |
| Drug: Dose | Sertraline | 20-60 mg/d | | |
| Duration: | 24 weeks | 24 weeks | | |
| INCLUSION: | DSM-III-R criteria for major depr | L ession; MADRS score ≥ 21 | | <u> </u> |
| EXCLUSION: | Pregnancy; alcohol or substance abuse; suicidal tendencies; significant physical illness; bipolar disorder; known intolerance or allergic reactions to SSRIs; severe depression or psychotic dimension; previous adequate treatment with citalopram or sertraline; lithium within past month | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Hypnotics for insomnia or daytime anxiolytics | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye Gender (% female): Sertraline: Ethnicity: Not reported Mean age: Sertraline: 47.3, cital Other population characteristi | s 72%, citalopram: 71% opram: 48.1 c s: No significant population differ | ences | |

| Authors: Ekselius, et al. Year: 2001 | |
|-----------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | <i>Measures:</i> MADRS, CGI-S, CGI-I, sexual function assessed by five items in the Utvalg for Kliniske Undersogelser Side Effect Scale (UKU-SES); increased or decreased sexual desire, erectile dysfunction, ejaculatory dysfunction, orgasmic dysfunction <i>Timing of assessments:</i> Not reported |
| RESULTS: | No statistically significant differences between sertraline and citalopram in the magnitude or frequency of adverse sexual side effects For both groups sexual desire and mean total score of UKU significantly improved in women; sexual desire improved in men, but not mean score of UKU. In female patients reporting no sexual dysfunction at baseline, 11.8% reported decreased sexual desire and 14.3% reported orgasmic dysfunction In male patients reporting no sexual dysfunction at baseline, 16.7% reported decreased sexual desire, 18.9% reported orgasmic dysfunction, 25% experienced ejaculatory dysfunction |
| ANALYSIS: | ITT: Not reported Post randomization exclusions: Not reported |
| ATTRITION: | Loss to follow-up: 23%; sertraline: not reported, citalopram: not reported Withdrawals due to adverse events: 11%; sertraline: not reported, citalopram: not reported Loss to follow-up differential high: Not reported |
| ADVERSE EVENTS: | Not reported |
| QUALITY RATING: | Fair |

| Evidence Table 12 | Adverse Events | | | |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|-----------------------------------|------------------|
| STUDY: | Authors: Fava M, et al. ³⁶ Year: 2002 Country: US | | | |
| FUNDING: | Eli Lilly Research | | | |
| DESIGN: | Study design: RCT Setting: Multi-center Sample size: 284 | | | |
| INTERVENTION: | | | | |
| Drug: | Fluoxetine | Sertraline | Paroxetine | |
| Dose: | 20-60 mg/day | 50-200 mg/day | 20-60 mg/day | |
| Duration: | 10-16 weeks | 10-16 weeks | 10-16 weeks | |
| INCLUSION: | ≥ 18 years of age; DSM-V criter | a for major depression; DSM-IV fo | or atypical MDD; HAM-D-17 ≥ 16; ε | episode ≥ 1month |
| EXCLUSION: | Pregnancy or lactation, lack of adequate contraception; history of psychotic disorders, bipolar disorder; alcohol or substance abuse; existing suicidal risk; previously failed to respond to antidepressant therapies; clinically relevant progressive disease; hypersensitivity to study medication; serious comorbid illness not stabilized; anxiolytic or psychotropic within 7 days; MAOI within 2 weeks | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Thyroid medications, chloral hyd | Irate | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye Mean age: Fluoxetine: 42.1, ser Gender (female%): Fluoxetine: Ethnicity: Not reported Other population characterist | es traline: 44.0, paroxetine: 42.5 63.0, sertraline: 57.3, paroxetine: { <i>ics:</i> Not reported | 58.3 | |

| Authors: Fava M, et al. | |
|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2002 | |
| Country: US | |
| OUTCOME ASSESSMENT: | Measures: HAM-D-17, CGI-S, HAM-D sleep disturbance |
| | Timing of assessments: Not reported |
| RESULTS: | No statistical differences between fluoxetine, sertraline and paroxetine in all outcome measures |
| | Response rate: 64.8%, 72.9%, and 68.8% respectively |
| | Remission rates: 54.4%, 59.4%, and 57.0% respectively |
| | No statistical differences in sleep disturbance factor scores; no significant differences of treatment groups in patients with high or low insomnia |
| | Subgroup analysis (Fava 2000): Anxious depression |
| | No significant differences between treatment groups and changes over time |
| | Response: fluoxetine: 73%, sertraline: 86%, paroxetine: 77%, overall p = 0.405 |
| | Remission: fluoxetine: 53%, sertraline: 62%, paroxetine: 50%, overall p = 0.588 |
| | Fluoxetine and sertraline had a significantly greater improvement than paroxetine in week 1 on the HAM-D anxiety score |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: Not reported |
| ATTRITION: | Loss to follow-up: 27.1%; fluoxetine: 26.1%, sertraline: 27.1%, paroxetine: 28.1% |
| | Withdrawals due to adverse events: Fuoxetine: 8.7%, sertraline: 6.3%, paroxetine: 11.5% |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Pairwise comparisons indicated that the paroxetine-treated patients reported more constipation than the fluoxetine-treated patients; the fluoxetine-treated patients reported more twitching and cough increase than the sertraline-treated patients |
| | Most common adverse events: Fluoxetine: headache (25%); sertraline: headache (28.1%), diarrhea (26.0%), insomnia (26%), nausea (20.8%); paroxetine: nausea (25.0%), headache (21.9%), insomnia (20.8%), abnormal ejaculation (20.8%) |
| | There was a significant increase in weight for the paroxetine group; fluoxetine treated patients showed a significant decrease in weight and the sertraline group a non-significant decrease in weight from baseline to endpoint |
| | Subgroup analysis (Fava 1999) |
| | Adverse events were similar among treatments; only flu-like syndrome was significantly higher in the sertraline treated group overall (p = 0.021) |
| QUALITY RATING: | Fair |

| Evidence Table 12 | Adverse Events |
|---------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Fergusson D, et al. ¹⁹⁷ |
| | Year: 2005 |
| | Country: Canada |
| FUNDING: | Canadian Institutes of Health Research |
| DESIGN: | Study design: Meta-analysis |
| | Number of patients: 36,445 |
| AIMS OF REVIEW: | To establish if an association exists between SSRI use and suicide attempts. |
| STUDIES INCLUDED IN META- ANALYSIS | 345 trials included in analysis |
| TIME PERIOD COVERED: | 1967 – June 2003 |
| CHARACTERISTICS OF INCLUDED STUDIES: | RCTs comparing an SSRI with either placebo or an active non-SSRI control |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | All patients included in trials comparing SSRIs to either placebo or non-SSRI control; no age, gender, or diagnosis restrictions |

| Authors: Fergusson D, et al. | |
|----------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2005 | |
| CHARACTERISTICS OF | Patients randomized to either an SSRI, placebo, or non-SSRI control |
| INTERVENTIONS: | |
| MAIN RESULTS: | A significant increase in the odds of suicide attempts was found in patients receiving SSRIs compared to patients receiving placebo (OR: 2.28; CI: 1.144 to 4.55; p = 0.02) |
| | No significant difference found in the odds of suicide attempts between patients receiving SSRIs and patients receiving TCAs (OR: 0.88 (CI: 0.54 to 1.42) |
| ADVERSE EVENTS: | No other adverse events reported. |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | Yes |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Yes |
| QUALITY RATING: | Good |

| STUDY: | Authors: Gartlehner et al ¹⁹⁸ Year: 2008 Country: Austria / USA |
|---------------------------------------------|--------------------------------------------------------------------------------------------------------------|
| FUNDING: | AHRQ |
| DESIGN: | Study design: Systematic Review and Metaanalysis Number of patients: > 757000 |
| AIMS OF REVIEW: | To review systematically the comparative harms of second generation antidepressants for the treatment of MDD |
| STUDIES INCLUDED IN REVIEW | 83 head to head RCTs (81 double blinded, two open label), 21 observational studies |
| TIME PERIOD COVERED: | 1980 - April 2007 |
| CHARACTERISTICS OF INCLUDED STUDIES: | Experimental and observational head-to-head studies with a minimum duration of 6 weeks |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Adult patients with MDD |

| Authors: Gartlehner et al Year: 2008 | |
|-----------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CHARACTERISTICS OF INTERVENTIONS: | Bupropion, citalopram, duloxetine, escitalopram, fluoxetine, fluvoxamine, mirtazapine, nefazodone, paroxetine,,sertraline, trazodone, venlafaxine |
| MAIN RESULTS: | Serious adverse events: |
| | Mortality and Hospitalization: The evidence was insufficient to draw conclusions about differences in mortality and hospitalization Suicidality: Sample sizes were generally too small to detect differences in the risk of suicidality Sexual Dysfunction: Bupropion consistently had the lowest rates of sexual dysfunction. General Tolerability: 63% of patients in efficacy trials experienced at least one adverse event during the course of a study. Discontinuation Rates: 15% of patients treated with a second generation antidepressant discontinued a study because of intolerable adverse events Gastrointestinal Adverse Events: Venlafaxine had a statistically significantly higher rate of nausea and vomiting than SSRs as a class (weighted mean: 34% vs. 22%; RR 1.53; (95% Cl 1.26 to 1.86), NNH=9 (95% Cl 6 to 2) Relative risk of discontinuation of comparator drugs vs. selective serotonin reuptake inhibitors because of adverse events: Bupropion: 1.08 (95% Cl 0.53-2.18) Duloxetine: 0.98 (95% Cl 0.69-2.00) Nefazodone: 1.35 (95% Cl 0.64-1.91) Venlafaxine: 1.42 (95% Cl 0.44-1.91) Venlafaxine: 1.42 (95% Cl 0.42-1.43) Mirtazapine: 0.33 (95% Cl 0.42-1.43) Mirtazapine: 0.77 (95% Cl 0.42-1.43) Mirtazapine: 0.75 (95% Cl 0.42-1.45) Venalafaxine: 0.75 (95% Cl 0.53-1.05) Relative risk of overall discontinuation: Bupropion: 0.84 (95% Cl 0.56-1.24) Duloxetine: 1.18 (95% Cl 0.31-1.25) Relative risk of overall discontinuation: Bupropion: 0.84 (95% Cl 0.36-1.24) Duloxetine: 1.18 (95% Cl 0.31-1.45) Venalafaxine: 0.75 (95% Cl 0.36-1.24) Duloxetine: 1.18 (95% Cl 0.36-1.24) Mirtazapine: 1.04 (95% Cl 0.36-1.24) Mirtazapine: 1.04 (95% Cl 0.36-1.24) Mirtazapine: 1.10 (95% Cl 0.36-1.26) |

| ADVERSE EVENTS: | See above |
|-------------------------------------------------|-----------|
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | Yes |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Yes |
| QUALITY RATING: | Good |

| Evidence Table 12 | Adverse Events | | |
|--------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Gibbons RD et al. ¹⁹⁹ Year: 2007 Country: USA | | |
| FUNDING: | NIMH | | |
| DESIGN: | Study design: Observational – retrospe Setting: VA hospitals database Sample size: 226,866 | ective cohort | |
| INTERVENTION: Drug: Dose: Duration: Sample size: | No anti-depressant NA 6 months 59,432 | SSRI monotherapy Various 6 months 82,828 | Non-SSRI monotherapy Various 6 months 27,548 (bupropion, mirtazapine, nefazodone, and |
| INCLUSION: | Depressive disorders or unipolar mood history of these disorders or antidepress | disorders in 2003 or 2004, had at leas sant treatment from 2000 to 2002 | Venlafaxine) st 6 months of follow-up, and had no |
| EXCLUSION: | NA | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Mean age: No anti-depressant 57.6 S Gender (female %): No anti-depressant Ethnicity: % black No anti-depressant Other population characteristics: | SSRI 60.3 Non-SSRI 55.6 nt 8.4 SSRI 7.8 Non-SSRI 7.3 8.3 SSRI 5.3 Non-SSRI 6.8 | |

| Authors: Gibbons | |
|--------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: USA | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Suicide attempts |
| | Secondary Outcome Measures: |
| | Timing of assessments: 6 months |
| RESULTS: | Suicide attempt rates were lower among patients who were treated with antidepressants than among those who were not, with a statistically significant odds ratio for SSRIs and tricyclics. For SSRIs versus no antidepressant, this effect was significant in all adult age groups. |
| | Age group no anti depressant vs SSRI monotherapy Odds ratio (95% CI) p value |
| | 18-25 0.35 (0.14-0.85) p = 0.021 |
| | 0.44 (0.29-0.65) p < 0.0001 |
| | 46-65 0.42 (0.30-0.59) p < 0.0001 |
| | >65 0.38 (0.16-0.91) p = 0.036 |
| | Treatment compared to no treatment, likelihood of suicide attempt |
| | No antidepressant Attempts = 199 Rate per 100,000 =335 |
| | SSRI monotherapy Attempts = 102 Rate per 100,000= 123 OR = 0.37 95% CI 0.29–0.47 P <0.0001 |
| | Non-SSRI monotherapy Attempts = 76 Rate per 100,00 = 276 OR = 0.83 95% CI 0.64–1.08 P = 0.16 |
| ANALYSIS: | ITT: NA |
| | Post randomization exclusions: NA |
| | Loss to follow-up: NA |
| ATTRITION: | NA |
| Withdrawals due to adverse events: | |
| Withdrawals due to lack of efficacy: | |
| Loss to follow-up differential high: | |
| ADVERSE EVENTS: | See results |
| QUALITY RATING: | Fair |
| | |

| Evidence Table 12 | Adverse Events |
|---------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Greist J, et al. ²⁰⁰ |
| | Year: 2004 |
| | Country: US |
| FUNDING: | Eli Lilly |
| DESIGN: | Study design: Pooled analysis |
| | Number of patients: 2,345 |
| AIMS OF REVIEW: | To assess the incidence, severity and onset of nausea among MDD patients treated with duloxetine |
| STUDIES INCLUDED IN META- ANALYSIS | Detke et al. 2002; Detke et al. 2002; Goldstein et al 2002; Goldstein et al. 2004; 4 unpublished studies submitted for FDA approval of duloxetine |
| TIME PERIOD COVERED: | Not reported |
| CHARACTERISTICS OF INCLUDED STUDIES: | Double blinded, placebo or active controlled trials of duloxetine |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Adult outpatients with MDD |
| Authors: Greist J, et al. Year: 2004 Country: US | |
|--------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CHARACTERISTICS OF INTERVENTIONS: | Duloxetine vs. placebo (8 studies); duloxetine vs. paroxetine (4 studies); duloxetine vs. fluoxetine (2 studies) |
| MAIN RESULTS: | No significant differences in nausea between duloxetine (40-120mg/d) and paroxetine (20mg/d) (14.4% vs. 12%; p = not reported) No significant differences between duloxetine (120mg/d) and fluoxetine (20mg/d) (17.1% vs. 15.7%; p = not reported) Significantly more patients on duloxetine than on placebo reported nausea (19% vs. 6.9%; p < 0.001) |
| ADVERSE EVENTS: | N/A |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | No; analysis of published and unpublished trials |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Not reported |
| QUALITY RATING: | Fair |

| Evidence Table 12 | Adverse Events |
|---------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Gunnell D, et al. ²⁰¹ Year: 2005 Country: UK |
| FUNDING: | Not Reported |
| DESIGN: | Study design: Meta-analysis Number of patients: 40,826 |
| AIMS OF REVIEW: | To investigate whether SSRIs are associated with an increased risk of suicide related outcomes in adults. |
| STUDIES INCLUDED IN META- ANALYSIS | Published and unpublished data submitted by pharmaceutical companies to the Medicine and Healthcare Products Regulatory Agency (MHRA) (2004) 342 placebo controlled trials included in report – citations not given in bibliography |
| TIME PERIOD COVERED: | NR |
| CHARACTERISTICS OF INCLUDED STUDIES: | Randomized, placebo controlled trials of SSRIs (citalopram, escitalopram, fluoxetine, fluvoxamine, paroxetine, and sertraline) submitted by pharmaceutical companies |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Adult patients with various indications included in trials comparing SSRIs to placebo. |

| Authors: Gunnell, et al. Year: 2005 | |
|----------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CHARACTERISTICS OF INTERVENTIONS: | Patients randomized to either SSRI or placebo. |
| MAIN RESULTS: | No significant difference was found between SSRI treatment and placebo treatment in the odds ratios for suicide (OR: 0.85 CI: 0.2 to 3.4), non-fatal self harm (OR: 1.57 CI: 0.99 to 2.55), or suicidal thought (OR: 0.77 CI: 0.37 to 1.55). For non-fatal self-harm the NNT to harm is 759 |
| ADVERSE EVENTS: | No other adverse events reported. |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | No (published and unpublished data submitted by pharmaceutical companies; review does not include studies from sources other than pharmaceutical companies) |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Yes |
| QUALITY RATING: | Good |

| Evidence Table 12 | Adverse Events |
|---------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Hammad TA et al. ²⁰² Year: 2006 Country: USA |
| FUNDING: | CDER, FDA |
| DESIGN: | Study design: Meta-analysis Number of patients: 4582 |
| AIMS OF REVIEW: | The objective of this article is to provide the detailed methods and results of the FDA's exploration and analysis of the pediatric suicidality adverse event data and suicide item score data. |
| STUDIES INCLUDED IN REVIEW | 23 trials and 1 multicenter trial (TADS) |
| TIME PERIOD COVERED: | NA - Most of the trials were conducted in the late 1990s, and trial durations ranged from 4 to 16 weeks. |
| CHARACTERISTICS OF INCLUDED STUDIES: | 23 placebo-controlled clinical trials conducted in 9 drug development programs of antidepressants in pediatric patients and in a placebo-controlled, multicenter trial funded by the National Institute of Mental Health |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Children and adolescents with MDD (16 trials), obsessive-compulsive disorder (4 trials), generalized anxiety disorder (2 trials), social anxiety disorder (1 trial), and attention-deficit/hyperactivity disorder (1 trial). |

| Authors: Hammad et al. | | |
|----------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------|
| Year: 2006 | | |
| CHARACTERISTICS OF | Fluoxetine, sertraline hydrochloride, paroxetine, fluvoxamine maleate, citalopram hydrobromide, bupropion hydrochloride, venlafaxine | |
| INTERVENTIONS: | hydrochloride (extended release), nefazodone hydrochloride, and | mirtazapine. |
| | | |
| MAIN RESULTS: | Overall Suicidal Behavior or Ideation Risk Ratio (95% CI) 1.9 | 95 (1.28 - 2.98) |
| | | |
| ADVERSE EVENTS: | MDD Trials RR (95% CI) | All trials, all indications RR (95% CI) |
| | Citalopram 1.37 (0.53-3.50) | Citalopram 1.37 (0.53-3.50) |
| | Fluvoxamine No MDD trials | Fluvoxamine 5.52 (0.27-112.55) |
| | Paroxetine 2.15 (0.71-6.52) | Paroxetine 2.65 (1.00-7.02) |
| | Fluoxetine 1.53 (0.74-3.16) | Fluoxetine 1.52 (0.75-3.09) |
| | Sertraline 2.16 (0.48-9.62) | Sertraline 1.48 (0.42-5.24) |
| | Venlafaxine ER 8.84 (1.12-69.51) | Venlafaxine ER 4.97 (1.09-22.72) |
| | Mirtazapine 1.58 (0.06-38.37) | Mirtazapine 1.58 (0.06-38.37) |
| | Nefazodone No events | Nefazodone No events |
| | Bupropion No MDD trials | Bupropion No events |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | No- request was from FDA to drug companies | |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | NA - Patient level data | |
| QUALITY RATING: | Good | |

| Evidence Table 12 | Adverse Events | | | |
|-----------------------------|---------------------------------------------------------------------------------------------------------------------------|--------------------------------------|-------------------------|----|
| | | | | |
| STUDY: | Authors: Haffmans, et al. ²⁰³ | | | |
| | Year: 1996 | | | |
| | Country: The Netherlands | | | |
| FUNDING: | Lundbeck | | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: Multi-center | | | |
| | Sample size: 217 | | | |
| | | | 1 | |
| Drua: | Citalopram | Fluvoaxamine | | |
| Dose: | 20-40 mg/d | 100-200 mg/d | | |
| Duration: | 6 weeks | 6 weeks | | |
| | | | | |
| INCLUSION: | Ages 18-70 years; met DSM III-R criteria for major depression (single episode or recurrent) or bipolar disorder; score of | | | |
| | 2 16 on HAM-D-17; reasonable knowledge of the Dutch language | | | |
| | | | | |
| EXCLUSION: | MAOI or fluoxetine use within 3 weeks or other psychotropic drugs within 1 week (except for benzos); other primary | | | |
| | psychiatric diagnosis (other than MDD); history of epilepsy, alcohol or drug abuse; pregnancy, lactation, or not using | | | |
| | contraception; renai, nepatic, cardiovascular, neurological or somatic disorders and/or significant abnormal lab findings | | | |
| OTHER MEDICATIONS/ | Selected benzodiazepines: oxazepam, lormetazepam, temazepam, lorazepam, or flurazepam, all non-psychotropic | | | |
| INTERVENTIONS: | medications were allowed, domperidone for nausea/vomiting allowed | | | |
| | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: No |) | | |
| | Mean age: Citalopram: 44.2, flu | voxamine: 40.2 | | |
| | Gender (% female): 58%; citalog | oram: 58%, fluvoxamine: 60% | | |
| | Etinicity: Not reported | | |)/ |
| | Other population characteristics: Previous depressive disorder: citalopram: 43%; fluvoxamine: 54%; previous | | | |
| | antidepressant therapy (within 3 | weeks of starting trial): citalopram | : 65%, fluvoxamine: 73% | |

| <i>Authors:</i> Haffmans, et al. <i>Year:</i> 1996 | |
|-------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: The Netherlands | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> Primary: HAM-D-17; secondary: CGI, UKU side effect rating scale, Zung self-rating depression scale <i>Timing of assessments:</i> Baseline, weeks 1, 2, 4, 6 |
| RESULTS: | No difference in mean HAM-D-17 scores after 6 weeks Complete Response (HAM-D17) ≤ 7: citalopram: 14%, fluvoxamine: 18%; no significant difference Mean % reduction in score at week 6: citalopram: 33%, fluvoxamine: 26% Responders (reduction in score from baseline > 50%): citalopram: 30.5%, fluvoxamine: 28.4% |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 23%; citalopram: 19.4%, fluvoxamine: 26.6% Withdrawals due to adverse events: Citalopram: 13.9%, fluvoxamine: 21.1% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | No differences between groups in laboratory values or vital signs 10 serious adverse events (4 in citalopram and 6 in fluvoxamine) none of which were deemed to be causally related to treatment Similar UKU side effect scale measured impact on functioning between groups Fluvoxamine had the following excess incidence of adverse events as compared to citalopram: Diarrhea: 13.6% (p = 0.026) Nausea: 16.0% (p = 0.017) Vomiting: 9.1% (p = 0.052) Suicide attempt: 4.6% Citalopram had the following excess incidence of adverse events as compared to fluoxamine: paraesthesia: 10.4% |
| QUALITY RATING: | Fair |

| Evidence Table 12 | Adverse Events | | |
|----------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Isacsson G, et al. ²⁰⁴ Year: 2005 Country: Sweden | | |
| FUNDING: | The Soderstrom-Konigska Foundation and Karolinska Institute | | |
| DESIGN: | Study design: Controlled database study Setting: Sample size: 41,279 | | |
| INTERVENTION: Drug: Dose: Duration: Sample size: INCLUSION: | Cases N/A 9 year period 14,857 Cases: suicide (as a Swedish citizen) in Forensic Medicine in Sweden where an includes uncertain cases (overdose that Controls: investigated death during sam accidental | Controls N/A 9 year period 26,422 westigated by the Department of Forensi alysis detected therapeutic concentration t may have been suicide) te time period which, after forensic invest | c Chemistry of the National Board of of antidepressants in femoral blood; igation, was judged to be natural or |
| EXCLUSION: | N/A. | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: yes Median age: cases: 49, controls: 55 Gender (female %): cases: 29%, contr Ethnicity: 100%II Swedish citizens (no Other population characteristics: | rols: 27% further ethnicity reported) | |

| Authors: Isacsson G, et al. | |
|-----------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2005 | |
| Country: Sweden | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Detection of antidepressants in toxicological screening Secondary Outcome Measures: Timing of assessments: N/A |
| RESULTS: | 3,411 detections of antidepressants in suicides (cases) vs. 1,538 in controls SSRIs underrepresented compared to other antidepressants (OR=0.83, 99% CI: 0.77-0.90) SSRIs had lower OR (99% CI) than other antidepressants; citalopram: 0.76 (0.69-0.84), fluoxetine: 0.91 (0.60-1.38), fluvoxamine: 3.04 (1.15-8.04), paroxetine: 0.87 (0.60-1.28), sertraline: 1.05 (0.78-1.42) Differences within SSRIs were insignificant with the exception of fluvoxamine Other modern antidepressants (OR, 99%CI): mirtazapine: 1.67 (1.08-2.60), venlafaxine: 1.47 (0.99-2.18) Excluding uncertain suicides from analysis changed Ors only marginally (data NR) 52 suicides in people under 15 yrs of age but no SSRIs detected; venlafaxine detected in 1 case) Among the 998 controls under 15 yrs of age, 4 were positive for antidepressants (3 for citalopram); SSRIs vs. non-SSRIs in cases and controls p=0.02 |
| ANALYSIS: | ITT: N/A Post randomization exclusions: N/A |
| ATTRITION: | Loss to follow-up: N/A Withdrawals due to adverse events: N/A Withdrawals due to lack of efficacy: N/A Loss to follow-up differential high: N/A |
| ADVERSE EVENTS: | N/A |
| QUALITY RATING: | Fair |

| Evidence Table 12 | Adverse Events |
|-----------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Jick H, et al. ²⁰⁵ |
| | Year: 2004 |
| | Country: UK |
| FUNDING: | Boston Collaborative Drug Surveillance Program |
| DESIGN: | Study design: Matched case-control; post-hoc database analysis |
| | Setting: General practices in the UK using VAMP database (General Practice Research Database) |
| | Sample size: 159,810 (555 cases, 2062 controls) |
| INTERVENTION: | |
| Drug: | Dothiepin, amitryptyline, fluoxetine, paroxetine |
| Dose: | Not reported |
| Duration: | Not reported |
| INCLUSION: | Received a prescription for at least 1 antidepressant in the VAMP database during the 1993-1999 years; all patients who had a first-time recorded diagnosis of nonfatal suicidal ideation or attempted suicide at age 10-69 years during the 1993-1999 time period; had received at least 1 prescription for a study drug within 90 days before their index date |
| EXCLUSION | Received preservation for another antidepreseant or more than one study drug prior to their index data; history of |
| EAGLUSION. | psychosis, panic disorders, phobias, obsessive-compulsive neurosis, manic-depressive disease, drug abuse, alcohol abuse, epilepsy, anorexia, bulimia, and attention-deficit disorder |
| OTHER MEDICATIONS/ | Not reported |
| INTERVENTIONS: | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes |
| | Mean age: not reported |
| | Gender (% female): 65.4% female (cases only) |
| | Ethnicity: Not reported |
| | Other population characteristics: ~85% of cases had attempted suicide while 15% had suicidal ideation |

| Authors: Jick H, et al. | |
|-------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2004 | |
| Country: UK | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> Frequency of first-time exposure to amitriptyline, fluoxetine, paroxetine and dothiepin of patients with a recorded diagnosis of first-time nonfatal suicidal behavior or suicide compared with matched patients who did not exhibit suicidal behavior <i>Timing of assessments:</i> N/A |
| RESULTS: | Risk of suicidal behavior was similar among users of amitryptyline (RR: 0.83; 95% CI 0.61 – 1.13), fluoxetine (RR 1.16; 95% CI 0.90 – 1.50), and paroxetine (RR 1.29; 95% CI 0.97 – 1.70) compared to dotiepin Suicide risk was increased in the first month after starting antidepressants, especially during the first 1 – 9 days (RR 4.07; 95% CI 2.89 – 5.74) |
| ANALYSIS: | ITT: N/A Post randomization exclusions: N/A |
| ATTRITION: | Loss to follow-up: N/A Withdrawals due to adverse events: N/A Loss to follow-up differential high: N/A |
| ADVERSE EVENTS: | Not reported |
| QUALITY RATING: | N/A |

| Adverse Events |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Authors: Jick, et al. ²⁰⁶ |
| Year: 1995 |
| Country: UK |
| Various pharmaceutical companies (Berlex, Boots, Burroughs Wellcome, Ciba-Geigy, Hoeschst, Hoffman-LaRoche, RW Johnson, Pfizer, Proctor and Gamble, Sanofi Winthrop |
| Study design: Cohort study with nested case-control analysis |
| Setting: General practices in the UK using VAMP database |
| Sample size: 172,598 |
| |
| Drugs studies in this cohort: dothiepin, amitryptyline, climipramine, imipramine, flupenthixol, lofepramine, mianserin, |
| fluoxetine, doxepin, trazodone, maprotiline, desipramine |
| Not reported |
| Not reported |
| Received a prescription for 1 or more antidepressant in the VAMP database (General Practice Research Database); all natients who committed suicide identified in the cohort evaluation were included as cases |
| |
| Not reported |
| Not reported |
| Groups similar at baseling. Not reported |
| Groups similar at baseline: Not reported |
| Gender: Not reported |
| Ethnicity: Not reported |
| Other population characteristics: Not reported |
| |

| Authors: Jick, et al. | |
|-----------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 1995 | |
| Country: UK | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> Suicide completion rate, suicides/person time at risk, relative risks of suicide reported with dothiepin as reference group <i>Timing of assessments:</i> N/A |
| RESULTS: | From cohort analysis: Suicide rate/10,000 person years: fluoxetine: 19.0, adjusted RR: 2.1 (95% CI 1.1-4.1) relative to dothiepin |
| | From case control analysis: Adjusted RR 3.8 (95% CI 1.7- 8.6), analysis restricted to those prescribed antidepressants for the first time and who had no history of suicidal behavior, adjusted RR: 2.1 (95% CI 0.6 - 7.9) |
| ANALYSIS: | ITT: N/A Post randomization exclusions: N/A |
| ATTRITION: | Loss to follow-up: Not reported |
| | Withdrawals due to adverse events: N/A |
| | Loss to follow-up differential high: N/A |
| ADVERSE EVENTS: | Not reported |
| QUALITY RATING: | Fair |

Evidence Table 12 Adverse Events

| STUDY: | Authors: Jick and Li ²⁰⁷ | | | |
|--------------------|---------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------|---------------------------------------|-------------------------|
| | Year: 2008 | | | |
| | Country: United Kingdom | | | |
| FUNDING: | NR | | | |
| DESIGN: | Study design: Nested case-control st | udy | | |
| | Setting: United Kingdom - based Ger | neral Practice Research Database | e | |
| | Sample size: 3867 | - | · · · · · · · · · · · · · · · · · · · | |
| INTERVENTION: | Cases | Controls | | |
| Drug: | | T (1) (1) (1) (1) (1) (1) (1) (1) (1) (1) | | |
| | I ricyclic antidepressants, SSRIs | l ricyclic antidepressants, | | |
| | and other antidepressants (details | SSRIS and other | | |
| | under inclusion) | antidepressants (details | | |
| | Verioue | | | |
| Dose: | various | various | | |
| D036. | 1990-2005 | Vanous | | |
| Duration: | 782 | 1990-2005 | | |
| Sample size: | 102 | 3085 | | |
| INCLUSION: | All people in the database aged 70 v | ears or vounger who had filled at | least one prescription for an antic | depressant drug |
| | between 1990 and 2005 with a first time diagnosis of venous thromboembolism. To be considered as having a confirmed case | | | |
| | of venous thromboembolism all subjects were required to have been either hospitalized or referred to a specialist and to have | | | |
| | received anticoagulans. The patients had to have at least 1 year of information in the computer before the index date. (date of | | | |
| | diagnosis) | | | |
| EXCLUSION: | Subjects with a history of trauma, sur | gery, or pregnancy within the 3 n | nonths before the index date were | e excluded from further |
| | study, as were subjects with a history | of stroke, myocardial infarction of | or angina, cerebrovascular diseas | se, epilepsy, renal |
| | failure, insulin-dependent diabetes m | ellitus, cancer, drug abuse, or alc | cohol abuse any time before the ir | ndex date of case. |
| | Those with a history of anticoagulation therapy more than 60 days before the index date were also excluded | | | |
| OTHER MEDICATIONS/ | Antipsychotic drugs, oral contraceptiv | es, hormone replacement therap | у | |
| | Crours similar at baselines Ves. ever | ant for the Dedy Mass Index, the | | |
| | Groups similar at baseline: Yes, except for the Body Mass Index, the current hormone replacement therapy use | | | |
| CHARACTERISTICS. | And the current oral contraceptive use | | | |
| | Gender (female %): 65.2% | | | |
| | Ethnicity (Caucasian %): NP | | | |
| | Other population characteristics: The current use of hormone replacement therapy and contraceptive use was higher in female | | | |
| | case patients. More case patients than controls had the highest BMI (>=30) | | | |
| | More controls than cases had the lowest BMI. (<25) | | | |

| Authors: lick and Li | |
|----------------------|--------------------------------------------------------------------------------------------------------------------------------|
| Veer 2009 | |
| Tear: 2008 | |
| Country: UK | - |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Venous thromboembolism |
| | Secondary Outcome Measures: None |
| | Timing of assessments: NA |
| RESULTS: | |
| | There was no overall effect of current antidepressant use on the risk of venous thromboembolism (OP 1.2, 95% CI 0.9.1.4) |
| | Inclusted Ope for current use of SEIe compared with populars of any antidepresent (page use and populars combined): |
| | |
| | |
| | For current users of tricyclic antidepressants compared with nonusers, the unadjusted OR was 1.4 (95% CI 1.1-1.8) |
| | For users of other antidepressants compared with nonusers the unadjusted OR was 1.0 (95% CI 0.5-2.0) |
| | The unadjusted ORs of the effects for recent use were 1.2 (95% CI 0.6-2.8) for SSRI use and 1.3 (95% CI 0.7-2.5) for tricyclic |
| | antidepressants use compared with nonuse. |
| | |
| | |
| | |
| | |
| | |
| ANAL 1515: | |
| | Post randomization exclusions: NA |
| ATTRITION: | Overall Attrition: NA |
| | Withdrawals due to adverse events: NA |
| | Withdrawals due to lack of efficacy: NA |
| | Differential Attrition: NA |
| ADVERSE EVENTS: | See results |
| QUALITY RATING: | Fair |
| | |
| | |

| Adverse Events |
|------------------------------------------------------------------------------------------------------------------------|
| Authors: Johnston et al. ²⁰⁸ Year: 1991 |
| Country: US |
| |
| Burroughs Wellcome Co., RTP, NC |
| Study design: Prospective observational |
| Setting: Multi-center (102 sites) |
| Sample size: 3341 |
| Buproprion |
| 225-450 mg/d |
| 8 weeks with a one year continuation |
| Detients 19 years of any or older with a diagnosis of depression for which antidepressant treatment was appropriate |
| ratients to years of age of older with a diagnosis of depression for which antidepressant treatment was appropriate |
| Previous use of bupropion; pregnant; lactating: anorexic or bulimic; known predisposition to seizures; received an MAO |
| inhibitor within 14 days of the study or an investigational drug within 30 days of the study |
| Other antidepressant medications, neuroleptic drugs, or amphetamine-type drugs were not allowed |
| Groups similar at baseline: N/A |
| Mean age: 43.5 |
| Gender (% female): 59.4 |
| Ethnicity: 96% white; 3% black; 1% other |
| Other population characteristics: |
| Psychiatric diagnosis: |
| Major depression: 73% |
| Dystriymic disorder: 10% Rinelar depression: 8% |
| Atvinical depression: 6% |
| Atypical depression: 0% Atypical bipolar: 2% |
| Other: 1% |
| |

| Authors: Johnston et al | |
|--------------------------------------|--------------------------------------------------------------------------------------------------------------------|
| Authors, Johnston et al. | |
| fear: 1991 | |
| Country: US | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Number of seizures |
| | |
| | Secondary Outcome Measures: N/A |
| | |
| | Timing of assessments: Biweekly |
| RESULTS: | • Eight seizures were reported in the 3277 patients analyzed during the treatment phase. This is a seizure rate of |
| | 0.24%. A survival analysis showed a cumulative seizure rate of 0.36% during the 8 week trial. |
| ANALYSIS: | ITT: No |
| | Post randomization exclusions: N/A |
| | Overall |
| Loss to follow-up: | NR |
| Withdrawals due to adverse events: | |
| Withdrawals due to look of officeov | |
| Withdrawais due to lack of efficacy. | |
| Loss to follow-up differential high: | NK |
| | |
| | N/A |
| | |
| ADVERSE EVENTS: | 82 (2.5%) patients experienced major adverse events (life threatening or requiring hospitalization) |
| | • Most common adverse events were nausea (3.6%), agitation (2.4%), anxiety (1.7%), headache (1.5%), insomnia |
| | (1.3%), and rash (1.3%) |
| | |
| | |
| | |
| QUALITY RATING: | N/A |
| | |

| Evidence Table 12 | Adverse Events |
|-----------------------------------------|---------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Kasper et al. ²⁰⁹ |
| | Year: 2009 |
| | Country: Multinational |
| FUNDING: | H Lundbeck A/S |
| DESIGN: | Study design: Pooled analysis |
| | Number of patients: 777 |
| | To analyze neeled data from two providus studios comparing apaitalencem to persysting for the long term treatment of MDD |
| AINS OF REVIEW: | To analyze pooled data from two previous studies comparing escitatopram to paroxetine for the long-term treatment of MDD. |
| STUDIES INCLUDED IN REVIEW | Two double-blinded RCTs comparing escitalopram with paroxetine |
| TIME PERIOD COVERED: | Post-hoc pooled analysis of data from two 6-month RCTs in patients with MDD |
| CHARACTERISTICS OF INCLUDED STUDIES: | RCTs -24-week and 27-week trials -Compared escitalopram to paroxetine |
| CHARACTERISTICS OF | Treatment groups had a mean age of 44.6 + or - 13.2 yrs -Baseline MADRS total score of 32.8 + or - 4.7 -Women comprised |
| INCLUDED POPULATIONS: | approx 70% of each group -No significant or clinically relevant differences at baseline between patients treated with |
| | escitalopram or paroxetine |

| Authors: Kasper et al. Year: 2009 | |
|-------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CHARACTERISTICS OF INTERVENTIONS: | Escitalopram 10-20 mg/d Paroxetine 20-30 mg/d |
| MAIN RESULTS: | See AE |
| ADVERSE EVENTS: | No differences in weight gain between treatment groups -There were no statistically significant differences between treatment groups -Headache and nausea were the most frequent AEs (~20%) -The most common AEs (>10 patients in total) reported during the taper period were: -dizziness (escitalopram 12, paroxetine 15) -headache (escitalopram6, paroxetine 11) -nausea (escitalopram 4, paroxetine 7) -depression (escitalopram 7, paroxetine 4) |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | No |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | N/A |
| QUALITY RATING: | N/A |

| Evidence Table 12 | Adverse Events | | |
|--------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------|--|
| STUDY: | Authors: Kennedy SH et al. ²¹⁰ Year: 2006 Country: Canada | | |
| FUNDING: | Boehringer Ingelheim | | |
| DESIGN: | Study design: RCT Setting: Multicenter Sample size: 141 (131 ITT) | | |
| INTERVENTION: Drug: Dose: Duration: Sample size: | Bupropion 150-300 mg 8 weeks 69 | Paroxetine 20-40 mg 8 weeks 62 | |
| INCLUSION: | Outpatients; age 18 - 65 years; DSM-IV criteria for MDD—current MDE of at \geq 4 weeks. HAM-D \geq 18; to be in good physical health, sexual interest and activity within the past month; free of any antidepressant use for 2 weeks (4 weeks for fluoxetine) | | |
| EXCLUSION: | Serious suicide risk; more than 2 failed trials of antidepressant medications at adequate dose and duration during the current episode, drug abuse or dependence within the past 12 months, and a history of bipolar disorder, psychotic disorder, or organic disorder | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Hypnotic zopiclone (up to 7.5 mg at nig | ht) during the first 2 weeks. | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: 37.8 Gender (female %): 48 Ethnicity: NR Other population characteristics: | | |

| Authors: Kennedy SH et al. Year: 2006 Country: Canada | |
|-------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Sexual function Sex FX, IRSD-F Secondary Outcome Measures: HAM-D Timing of assessments: Baseline, 2,4,6,8 |
| RESULTS: | HAMD Bupropion SR (mean 21.8, SD 2.9) vs. paroxetine (mean 22.2, SD 3.6) HAM-D - men (mean 22.1, SD 3.1) responders 62.9% vs. women (mean 21.9, SD 3.5) responders 53.2% Overall more sexual adverse events with paroxetine than with bupropion No difference between drugs for sexual dysfunction in women |
| ANALYSIS: | ITT: Yes Post randomization exclusions: 10 |
| ATTRITION: | Loss to follow-up: 16% (21) Bupropion 11.6% (8) paroxetine 21% (13) Withdrawals due to adverse events: NR Withdrawals due to lack of efficacy: NR Loss to follow-up differential high: No |
| ADVERSE EVENTS: | None reported |
| QUALITY RATING: | Fair |

| Evidence Table 12 | Adverse Events |
|---------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Khan, et al. ²¹¹ Year: 2003 Country: US |
| FUNDING: | Not reported |
| DESIGN: | <i>Study design:</i> Meta-analysis <i>Number of patients:</i> 48,277 |
| AIMS OF REVIEW: | Compare suicide rates among depressed patients |
| STUDIES INCLUDED IN META- ANALYSIS | Pooled analysis of FDA clinical trial data from 1985-2000 for 9 SSRIs 2000 publication reports on 1987 to 1997 (same data) |
| TIME PERIOD COVERED: | 1985-2000 |
| CHARACTERISTICS OF INCLUDED STUDIES: | FDA clinical trial data |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Major depression according to DSM-II-R criteria; minimum score of 18 or 20 on HAM-D-17 or HAM-D-21 |

| Authors Khan at al | | | |
|------------------------------------|---------------------------------------------------------------------------------------------------------------------------|--|--|
| Authors. Khan, et al. | | | |
| Year: 2003 | | | |
| Country: US | | | |
| CHARACTERISTICS OF INCLUDED | Fluoxetine, sertaline, paroxetine, citalopram, fluvoxamine, nefazodone, mirtazapine, buproprion, venlafaxine, imipramine, | | |
| INTERVENTIONS | amitrotyline manrotiline trazadone mianserin dothienin | | |
| | | | |
| | | | |
| | | | |
| MAIN RESULTS: | Absolute Suicide Rate | | |
| | SSRI: 0.15% (0.10-0.20% 95% CI) | | |
| | "Other": 0 20% (0 09-0 27% 95% CI) | | |
| | | | |
| Placebo: 0.10% (0.01-0.19% 95% Cl) | | | |
| | p > 0.05 for difference | | |
| | Suicide Rate by Patient Exposure Years (PEY) | | |
| | SSRI: 0.59%/PEY (0.31-0.87 95% CI) | | |
| | "Other": 0.76%/PEY_ (0.49-1.03.95% CI) | | |
| | | | |
| | Fiacebo. 0.45 //FET (0.01-0.69 95 // Cf) | | |
| | p > 0.05 for difference | | |
| | 2000 study: looked at suicide attempts and completion and found no difference | | |
| ADVERSE EVENTS: | ΝΑ | | |
| | | | |
| COMPREHENSIVE LITERATURE | No | | |
| | | | |
| SEARCH STRATEGT. | | | |
| | | | |
| STANDARD METHOD OF | Not reported | | |
| APPRAISAL OF STUDIES: | | | |
| | | | |
| | | | |
| QUALITY RATING: | Fair | | |
| | | | |

| Evidence Table 12 | Adverse Events | | |
|--------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|------------------------------------|
| STUDY: | Authors: Kharofa J et al ²¹² Year: 2007 Country: USA | | |
| FUNDING: | None | | |
| DESIGN: | Study design: Case-control study Setting: Emergency rooms and hospitals Sample size: 916 | | |
| | Cases: patients with intracerebral (ICH) and subarachnoid hemorrhage (SAH) on citalopram, escitalopram, fluoxetine, paroxetine, and sertraline. 916 | Controls : matched patients on citalopram, escitalopram, fluoxetine, paroxetine, and sertraline | |
| Sample size: | | | |
| INCLUSION: | Cases of intracerebral (ICH) and subara | achnoid hemorrhage (SAH) were identifie | d in the Greater Cincinnati region |
| EXCLUSION: | NR | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Warfarin Cases 77 (8.4%) Controls 43 (2.4%) | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: 57.3 Gender (female %): NR Ethnicity: NR Other population characteristics: | | |

| Authors: Kharofa et al. | |
|--------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2007 | |
| Country: USA | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Hemorrhagic stroke |
| | Timing of assessments: May 1997 to August 2001 and from July 2002 to October 2005 |
| RESULTS: | Of the 916 hemorrhagic stroke patients, 71 (7.8%) were on an SSRI at the time of stroke, and of 1776 demographically matched controls, 158 (8.9%) were on an SSRI. After controlling for multiple risk factors, SSRI use was not independently associated with increased risk for hemorrhagic stroke (OR = 0.8, 95% CI: 0.5 to 1.2; P = 0.25). |
| ANALYSIS: | ITT: NA Post randomization exclusions: NA Loss to follow-up: NA |
| ATTRITION: | NA |
| Withdrawals due to adverse events: | |
| Withdrawals due to lack of efficacy: | |
| Loss to follow-up differential high: | |
| ADVERSE EVENTS: | See results |
| QUALITY RATING: | Fair |

| Evidence Table 12 | Adverse Events | | | |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------|--|--|
| STUDY: | Authors: Kiev, et al. ⁵⁵ Year: 1997 Country: US | | | |
| FUNDING: | Solvay Pharma, Upjohn | | | |
| DESIGN: | Study design: RCT Setting: Single center Sample size: 60 | | | |
| INTERVENTION: | | | | |
| Drug: | Fluvoxamine | Paroxetine | | |
| Dose: | 50-150 mg/d | 20-50 mg/d | | |
| Duration: | 7 weeks | 7 weeks | | |
| INCLUSION: | Age 18-65; meet DMS-III-R criteria for single or recurrent MDD; ≥ 20 on HAM-D-21 (including minimum score of 2 on depressed mood item) | | | |
| EXCLUSION: | Non-English speakers; history of medication non-compliance; demonstration of placebo response during run-in, history of substance abuse; severe suicide risk or auto-aggressive behavior; used a drug within 30 days with anticipated major organ toxicity; pregnancy, lactation; hypersensitivity to SSRIs; participation in prior drug 1 studies; other significant organic disease; clinically significant lab abnormalities; other primary psychiatric diagnoses; transportation difficulties | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Antacids, laxatives, acetaminophen, aspirin, ibuprofen, chloral hydrate, other meds only with permission of study physician | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | S | | |
| | Mean age: Fluvoxamine: 42.7, p | aroxetine: 39 | | |
| | Gender (female%): Fluvoxamine | e: 53%, paroxetine: 53% | | |
| | Ethnicity: White: fluvoxamine: 8 | <i>Ethnicity:</i> White: fluvoxamine: 87%, paroxetine: 93% | | |
| | Other population characteristi | cs: Not reported | | |

| Authors: Kiev, et al. Year: 1997 | |
|-------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | <i>Measures:</i> HAM-D-21, HAM-A, SCL-56, CGI <i>Timing of assessments:</i> Baseline, weeks 1, 2, 3, 5, 7 |
| RESULTS: | Mean change in HAM-D score: fluvoxamine: -13.45, paroxetine: -12.86 (p = 0.763) No significant differences between groups on HAM-D-21, CGI, HAM-A, or SCL56 |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 31% Withdrawals due to adverse events: fluvoxamine: 6.8%, paroxetine: 13.8% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Sweating (p = 0.028); fluvoxamine: 10%, paroxetine: 33% Headache: fluvoxamine: 40%, paroxetine: 57% Nausea: fluvoxamine: 37%, paroxetine: 47% No clinically significant labs or vital sign changes in either group |
| QUALITY RATING: | Fair |

| Evidence Table 12 | Adverse Events | | |
|--------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|---------------------------------------|
| STUDY: | Authors: Landen M, et al. ²¹³ Year: 2005 Country: Sweden and Norway | | |
| FUNDING: | Bristol-Myers Squibb, Sweden | | |
| OBJECTIVE: | To determine: 1) concordance of sexual dysfunction adverse event rates between open-ended questioning and directed questioning; 2) the incidence of sexual side effects of citalopram and paroxetine; 3) the correlation between sexual side effects and illness severity, treatment duration and drug/dose combination | | |
| DESIGN: | Study design: Non-randomized trial of adverse event elicitation methods embedded in a RCT (Landen et al 1998 – patients who had not responded to CP or PX were randomized to receive buspirone or placebo) Setting: Multi-center (13 centers) Sample size: 119 | | |
| INTERVENTION: | | | |
| Drug: | Citalopram | Paroxetine | |
| Dose: | at least 40 mg/d | at least 30 mg/d | |
| Duration: Sample size: | 4 weeks | 4 Weeks | |
| | Patients 18 years or older: met criteria f | 42 | to DSM IV criteria: has not responded |
| INCLUSION. | to CP or PX for a minimum of 4 weeks prior to start of study | | |
| EXCLUSION: | Pregnancy; epilepsy; severe somatic disease; mental disorder due to a general medical condition; substance abuse; highly suicidal status | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Patients received either buspirone or placebo for 4 week study duration | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: 46 Gender (% female): 69% Ethnicity: NR Other population characteristics: NR | | |

| Authors: Landen M, et al | |
|----------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2005 | |
| Country: Sweden and Norway | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Sexual dysfunction score (0-6); Percent patients reporting any sexual side effect based on open and direct questioning |
| | Secondary Outcome Measures: N/A |
| | Timing of assessments: Before and after the 4 week trial |
| RESULTS: | By objective 1. Side effect elicitation method Significantly more patients (40 versus 6) reported sexual side effects in response to direct questioning |
| | • Significantly more patients (49 versus 6) reported sexual side effects in response to direct questioning than open questioning ($p < 0.001$). |
| | 2. Incidence of side effects by drug |
| | I here were no statistically significant differences between the paroxetine and paroxetine groups in sexual side effects reported or sexual dysfunction score. |
| | Open-ended questioning: citalopram 5%, paroxetine 7% (p = 0.98) |
| | Direct questioning: citalopram 44%, paroxetine 36% (p = 0.37) |
| | Correlations with illness severity and treatment parameters |
| | Only weak correlation with duration of current depression episode (p = 0.043) |
| ANALYSIS: | ITT: N/A |
| | Post randomization exclusions: N/A |
| ATTRITION: | Loss to follow-up: N/A |
| | Withdrawals due to adverse events: N/A |
| | Withdrawals due to lack of efficacy: N/A |
| | Loss to follow-up differential high: N/A |
| ADVERSE EVENTS: | Decreased desire reported by 43% of men and 32% of women |
| | Orgasmic dysfunction reported by 23% women and 32% men |
| QUALITY RATING: | Good |

| Evidence Table 12 | Adverse Events | | |
|--------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|----------------|
| STUDY: | Authors: Lopez-Ibor JJ ²¹⁴ Year: 1993 Country: Spain | | |
| FUNDING: | NR | | |
| DESIGN: | Study design: Retrospective database Setting: Not reported Sample size: 4,668 | e analysis | |
| INTERVENTION: | | | |
| Drug: | Paroxetine | Placebo | Active control |
| Dose: | Not reported | N/A | N/A |
| Duration: | Up to 6 weeks | Up to 6 weeks | Up to 6 weeks |
| INCLUSION: | Depressed patients enrolled in a clinica | al trial | |
| EXCLUSION: | Not reported | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Not reported | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Not repor Mean age: Not reported Gender: Not reported Ethnicity: Not reported Other population characteristics: No | rted | |

| Authors: Lopez-Ibor, JJ Year: 1993 Country: Spain | |
|---------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | <i>Measures:</i> Suicide item of HAM-D, emergence of suicidal ideation, assessed by the development of HAM-D suicide item score <i>Timing of assessments</i> : N/A |
| RESULTS: | Paroxetine and active control were significantly better than placebo in reducing suicidal thoughts and behavior from week 1 onwards |
| ANALYSIS: | ITT: N/A Post randomization exclusions: Not reported |
| ATTRITION: | Loss to follow-up: N/A Withdrawals due to adverse events: N/A Loss to follow-up differential high: N/A |
| ADVERSE EVENTS: | There were no differences among the groups with regards to suicidality as an adverse event. 0.4% of each group reported suicidality. There were 10 suicides overall and 58 attempts overall. |
| QUALITY RATING: | N/A |

| Evidence Table 12 | Adverse Events |
|-----------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | |
| STUDY: | Authors: Mackay, et al. ^{215, 216} |
| | Year: 1997 |
| | Country: UK |
| FUNDING: | Drug Safety Research Unit, UK, various unnamed pharmaceutical companies |
| DESIGN: | Study design: Cohort study (prescription event monitoring) |
| | Setting: General practice in the UK |
| | Sample size: Number identified as getting a first prescription" fluvoxamine: 20,504, fluoxetine: 24,738, sertraline: 24,632, paroxetine: 26,194 |
| INTERVENTION: | |
| Drugs: | Drugs compared: fluvoxamine, fluoxetine, sertraline, paroxetine |
| Dose: | N/A |
| Duration: | Outcomes assessed after approximately 6 months for all but fluovoxamine (which was 12 months) |
| INCLUSION: | Patients who received a first prescription from their GP during the following time periods: fluvoxamine: Feb 1987 - Feb 1988; fluoxetine: Mar 1989 - Mar 1990; sertraline: Jan 1991 - Sep 1992; paroxetine: Mar 1991 - Mar 1992 |
| EXCLUSION: | Not reported |
| OTHER MEDICATIONS/ | Not reported |
| POPUL ATION CHARACTERISTICS | Groups similar at baseline: Yes: some differences existed between groups as far as indication for prescription |
| | Mean age: 50 |
| | Gender (% female): 70% |
| | Ethnicity: Not reported |
| | Other population characteristics: Not reported |

| Authors: Mackay, et al. | | | | | | |
|-------------------------|-----------------------------------------------------------------|------------------------------------|-----------------------|---------------------|-------------------------------------------|--------|
| Year: 1997 | | | | | | |
| Country: UK | | | | | | |
| OUTCOME ASSESSMENT: | Measures: GP compl | etion of a simple qu | estionnaire (gree | n form), question | is asked: perceived efficacy, reason for | |
| | stopping, indication fo | or prescribing, durati | on of therapy, an | d events during a | and after treatment. (Event = new diagr | nosis, |
| | reason for referral to a | a consultant or admi | ssion to hospital, | unexpected dete | erioration (or improvement) in a concurr | ent |
| | illness, suspected dru | g reaction or any co | mplaint which wa | as considered of | sufficient importance to enter in patient | notes. |
| | Timing of assessme | nts: Mailed 6-12 mo | onths after initial p | prescription writte | en | |
| RESULTS: | Reasons for dis | scontinuation in 1 st n | nonth of treatmer | t due to adverse | events: | |
| | | Incidence Densities | (Events/1000 pat | tient-months) | | |
| | | Fluvovamine | Fluovetine | Sertraline | Parovetine | |
| | Nausea/vomiting | 127.2 | 26.3 | 34.6 | 52 9 | |
| | Malaise/lassitude | 41 5 | 16.3 | 12.0 | 17.8 | |
| | Drowsiness/sedation* | 22.6 | 8.2 | 7.3 | 20.5 | |
| | Dizziness | 25.5 | 6.7 | 87 | 11.5 | |
| | Headache/migraine | 25.1 | 13.5 | 13.1 | 13.1 | |
| | Tremor* | 13.2 | 5.7 | 6.2 | 12.4 | |
| | * (p < 0.001 for fluoxe | tine and sertraline v | s. fluvoxamine ar | nd paroxetine) | | |
| | | | | . , | | |
| | Adverse Effects | Reported: | | | | |
| | | Incidence Densities | (Events/1000 pa | atient-months) | | |
| | | Fluvoxamine | Fluoxetine | Sertraline | Paroxetine | |
| | Nausea/vomiting | 42.8 | 9.0 | 8.6 | 13.0 | |
| | Malaise/lassitude | 15.2 | 5.5 | 3.7 | 5.2 | |
| | Dizziness | 9.6 | 2.7 | 2.8 | 4.0 | |
| | Headache/migraine | 10.1 | 5.7 | 5.4 | 4.8 | |
| | Mean | 17.6 | 7.0 | 6.2 | 4.8 | |
| | No statistical di | fforoncos in onsot o | f mania or hypor | ania with any of | the SSPIe | |
| | | tian overte with any | of the SSDIe | and with any O | | |
| | No serious card No deaths attail | autod to SCDIa No. | | umbor of outside | a with each of the four CCDIs (array) | |
| | INO dealins attrit 0.3% in each at | | umerence in the r | iumper or sulcide | es with each of the four SSRIS (approx t | J.Z- |
| | 0.5% in each a | ···· <i>i</i>) | | | | |
| | | | | | | |

| RESULTS: | SSRIs and nefazodone: |
|-----------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | Most frequent events for all 5 drugs in the first month of treatment: venlafaxine had the highest rate of occurrence per 1,000 patient months: 71.9, fluoxetine: 26.3, sertraline: 34.6, paroxetine: 52.9, nefazodone: 46.1 Sertraline and fluoxetine had a significantly lower rate ratio of agitation and anxiety than the remaining drugs Drowsiness and sedation were reported most frequently with nefazodone and paroxetine Male sexual dysfunction was most frequent with paroxetine and venlafaxine: rate ratios: fluoxetine: 1.0, sertraline: 3.1 (0.9 - 10.9), paroxetine: 11.1 (3.5 - 35.8), venlafaxine: 5.8 (1.9 - 19.3), nefazodone: 2.0 (0.6 - 7.5) There were more reports of mania during 90 days with fluoxetine than with the other drugs There was no significant difference in deaths between drugs |
| ANALYSIS: | ITT: N/A Post randomization exclusions: N/A |
| ATTRITION: | Loss to follow-up: N/A Completion rates of surveys: 60% Withdrawals due to adverse events: N/A Loss to follow-up differential high: N/A |
| ADVERSE EVENTS: | N/A |
| QUALITY RATING: | Fair |

| Evidence Table 12 | Adverse Events | | | | | |
|--------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------|------------------------------------------------|--------------------------------------------------|-----------------------------------------|
| STUDY: | Authors: Maina G Year: 2004 Country: Italy | 6, et al. ²¹⁷ | | | | |
| FUNDING: | None | | | | | |
| DESIGN: | Study design: No Setting: Single ce Sample size: 149 | Study design: Non-randomized, open-label trial Setting: Single center (Department of Neuroscience, University of Turin) Sample size: 149 started trial | | | | |
| INTERVENTION: | | | | | | |
| Drug: | Clomipramine | Citalopram | Fluoxetine | Paroxetine | Fluvoxamine | Sertraline |
| Dose: | 150-250 mg/d | 40-80 mg/d | 40-80 mg/d | 40-80 mg/d | 200-300 mg/d | 150-200 mg/d |
| Duration: | 2.5 years | 2.5 years | 2.5 years | 2.5 years | 2.5 years | 2.5 years |
| Sample size: | 23 | 21 | 23 | 21 | 28 | 22 |
| INCLUSION: | Patients 18 years score greater than | Patients 18 years of age or older; Met DSM-IV criteria for OCD based on the Structured Clinical Interview; YBOCS score greater than or equal to 16; completed 6 month acute treatment phase of trial; gave informed consent | | | | |
| EXCLUSION: | Pregnant; lactating mental disorder; n than or equal to 1 | g; current or past d nedical illness; met 5 | liagnosis of eating di t diagnostic criteria fo | sorder, schizophrenia or a major depressive | a, or other psychotic d e episode; had a HAM- | isorders; organic -D17 score greater |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | | | | |
| POPULATION CHARACTERISTICS: | Groups similar a | t baseline: Yes | | | | |
| | Mean age: 34.9 y | ears | | | | |
| | Gender: 51% fe | male | | | | |
| | Ethnicity: NR | | | | | |
| | Other population | characteristics: | | | | |
| | Mean duration | n of illness: 12.1 y | ears | | | |

| Authors: Maina G, et al. Year: 2004 | |
|----------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: Italy | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Percentage weight gain |
| | Secondary Outcome Measures: Number of patients with extreme weight gain |
| | Timing of assessments: Weight recorded at the beginning of treatment and at six months intervals thereafter. |
| RESULTS: | An ANOVA analysis showed significant between group differences in weight gain (p = 0.009). Clomipramine had the highest increase in weight and fluoxetine and sertraline had the lowest increase in weight. Clomipramine (+2.6 kg; p < 0.001), citalopram (+1.5kg; p = 0.002), paroxetine (+1.7kg; p = 0.001), fluvoxamine (+1.7kg; p < 0.001), and sertraline (+ 1.0kg; p = 0.01) showed significant increases in weight from baseline. No significant increase in weight was observed in the fluoxetine group (+0.5kg; p = NR). Patients with significant weight gain (≥ 7%): clomipramine 34.8%; citalopram 14.3%; paroxetine 14.3%; fluvoxamine 4.5%; fluoxetine 8.7% |
| ANALYSIS: | ITT: No Post randomization exclusions: N/A: above results are reported only for patients who completed the 2 year extension phase of the trial |
| ATTRITION: | Loss to follow-up: 7% Withdrawals due to adverse events: NR Loss to follow-up differential high: NR |
| ADVERSE EVENTS: | • NR |
| QUALITY RATING: | Fair |
| STUDY: | Authors: March JS ^{116-120, 218} Year: 2004, 2006, 2009 Country: US Trial name: TADS | | | |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------|-------------|
| FUNDING: | NIMH | | | |
| DESIGN: | Study design: RCT Setting: Multi-center (13 sites-academic and community clinics) Sample size: 439 | | | |
| INTERVENTION: | [blinded] | [blinded] | [unblinded] | [unblinded] |
| Drug: | Placebo | Fluoxetine | Fluoxetine and CBT | CBT alone |
| Dose: | N/A | 10-40 mg/d | 10-40 mg/d | N/A |
| Duration: | 12 weeks | 12 weeks | 12 weeks | 12 weeks |
| Sample Size: | 112 | 109 | 107 | 111 |
| INCLUSION: | Ages 12-17; ability to receive care as an outpatient; a DSM-IV diagnosis of MDD at consent and again at baseline; a CDRS-R total score of 45 or higher at baseline; a full scale IQ of 80 or higher; not taking antidepressants prior to consent; depressive mood present in at least 2 or 3 contexts (home, school, among peers) for a least 6 wks prior to consent | | | |
| EXCLUSION: | Current or past diagnosis of bipolar disorder, severe conduct disorder, current substance abuse or dependence; pervasive developmental disorders, thought disorder; concurrent treatment with psychotropic medication or psychotherapy outside the study; 2 failed SSRI trials; a poor response to clinical treatment containing CBT for depression; intolerance to fluoxetine; confounding medical condition, non-English speaking patient or parent; pregnancy or refusal to use birth control; suicidal in the past 6 months; patients considered to be a danger to themselves or others | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Concurrent stable psychostimulant treatment (methylphenidate or mixed amphetamine salts) for attention deficit hyperactivity disorder permitted | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye Mean age: 14.6 (treatment-spe Gender (% female): 54.4% (tru Ethnicity: White: 73.8%; black Other population characterist | es ecific numbers not reported) eatment-specific numbers not repo :: 12.5%; Hispanic: 8.9% (treatme t ics: None significant | orted) nt-specific numbers not reported) | |

| Authors: March JS Year: 2004, 2006, 2009 | |
|---------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: US | |
| OUTCOME ASSESSMENT: | Measures: CDRS-R total score; CGI-I; RADS; SIQ-Jr, Functioning: Children's Global Assessment Scale (CGAS), global health with the Health of the Nation Outcome Scales for Children and Adolescents (HoNOSCA), and quality of life with the Pediatric Quality of Life Enjoyment and Satisfaction Questionnaire (PQ-LES-Q) Timing of assessments: Baseline and weeks 6 and 12 |
| RESULTS: | Fluoxetine with CBT was statistically significantly better than placebo (p = 0.001) on the CDRS-R Compared to fluoxetine alone (p = 0.02) and CBT alone (p = 0.01), treatment with fluoxetine and CBT was statistically significantly superior on the CDRS-R Fluoxetine alone was superior to CBT alone (p = 0.01) on the CDRS-R Fluoxetine plus CBT were significantly better than placebo, fluoxetine alone (p < 0.01) on the RADS Clinically significant suicidal thinking improved significantly in all four treatment groups (SIQ-Jr), with fluoxetine plus CBT showing the greatest reduction (p = 0.02) Loss of MDD diagnosis (using DSM-IV, K-SADS-P/L) at week 12: Both fluoxetine (78.6%) and fluoxetine+CBT(COMB) (85.3%) were superior to CBT alone (61.1%) and placebo (60.4%). Remission rate (CDRS-R≤28): COMB was superior to all other groups (COMB 37% vs. FLX 23% vs. CBT 16% vs. PBO 17%) Response rate (CGI-I≤2): COMB 71.0% vs. FLX 43.2% vs. CBT 43.2% vs. PBO 34.8% Functioning and QQL: COMB was better than placebo on all measures, and better then FLX on CGAS and PQ-LES-Q. Fluoxetine was superior to both placebo and CBT on the CGAS only. CBT monotherapy was not statistically different from the placebo group on any of the measures assessed. The combination of fluoxetine and CBT was effective in improving functioning, global health, and quality of life in depressed adolescents. Fluoxetine monotherapy improved functioning. LONG-TERM: 327 patients completed 36 weeks (after 12 weeks an open trial, no placebo). By week 24 all treatments converged, and remained so to 36 weeks (response rates COMB 86% vs. FLX 81% vs. CBT 81%). Risk of suicidality does not increase over time No difference in event timing (suicidal event) for patients receiving medication versus those not on medication. (events occurred 0,4-31,1 weeks [mean 11,9 +/-8,2] after starting TADS treatment |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 18.2%; fluoxetine+CBT: 14%; fluoxetine: 17%; CBT: 22%; placebo: 21% Withdrawals due to adverse events: Not reported Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Adverse events reported as harm-related, psychiatric, or other 7.5% of patients had a harm-related adverse event; by FDA definition 69.7% of these had a serious adverse event : fluoxetine alone : 11.9%; fluoxetine with CBT : 8.4%; CBT alone : 4.5%]; placebo :5.4% Psychiatric adverse events : fluoxetine+CBT : 15%; fluoxetine alone : 21%; CBT alone : 1%; placebo : 9.8% Headache was most common : fluoxetine+CBT 5.6%, fluoxetine alone 12%, CBT alone 0%, placebo 9% |

| | Sedation fluoxetine+CBT : 0.9%; fluoxetine alone : 2.8%; CBT alone : 0%; placebo : 0% Insomnia fluoxetine+CBT : 4.7%; fluoxetine alone : 2.8%; CBT alone : 0%; placebo : 0.9% Vomiting fluoxetine+CBT : 3.7%; fluoxetine alone : 1.8%; CBT alone : 0.9%; placebo : 0.9% |
|-----------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | Upper abdominal pain fluoxetine+CBT : 0.9%; fluoxetine alone : 5.5%; CBT alone : %; placebo : 1.8% Suicide related rates fluoxetine+CBT : 4.7%; fluoxetine alone : 9.2%; CBT alone : 4.5%; placebo : 2.7% After 36 weeks: suicidal events FLX 14.7% vs. COMB 8.4% vs. CBT 6.3% |
| QUALITY RATING: | Good |

| Evidence Table 12 | Adverse Events | | | | |
|-----------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------|--|--|--|
| STUDY: | Authors: Martinez C, et al. ²¹⁹ Year: 2005 Country: UK | | | | |
| FUNDING: | Medicines and Healthcare products Regulatory Agency | | | | |
| DESIGN: | Study design: Case control study Setting: General Practice Research Database (clinical primary care records in the UK) Sample size: 146.095 | | | | |
| INTERVENTION: Drug: Dose: Duration: Sample size (suicides/self-harm): | Cases (suicide and non-fatal self- harm) SSRIs/TCAs NR 1995-2001 2037 (69/1968) | <u>Controls</u> SSRIs/TCAs NR 1995-2001 35,615 | | | |
| INCLUSION: | Individuals 90 years or younger with a first prescription for antidepressants between January 1, 1995 and December 31, 2001 entered in the General Practice Research Database; diagnosed with depression | | | | |
| EXCLUSION: | None | | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: 31% of patients were in the Gender: 65% female Ethnicity: NR Other population characteristics: • History of self harm: <1 % patients | age cohort 31-45 years old | | | |

| Authors: Martinez C, et al. Year: 2005 | |
|-------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Risk of non-fatal self harm and completed suicide |
| | Secondary Outcome Measures: none |
| | Timing of assessments: N/A |
| RESULTS: | No difference in risk of non-fatal self harm among the different SSRIs (p =0.35). The greatest risk of self harm was found in patients taking paroxetine. No difference in the risk of self-harm between SSRIs and TCAs (OR: 0.99 CI: 0.86 to 1.14). Significantly higher risk of self-harm among SSRI patients younger than 18 years compared to those on TCAs (OR 1.59; 95% CI 1.01-2.50). Among SSRIs, the greatest risk of self harm was found in patients taking paroxetine. No difference in the risk of suicide between SSRIs and TCAs (OR: 0.57 CI: 0.26 to 1.25). |
| ANALYSIS: | ITT: N/A Post randomization exclusions: N/A |
| ATTRITION: | Loss to follow-up: N/A Withdrawals due to adverse events: N/A Loss to follow-up differential high: N/A |
| ADVERSE EVENTS: | N/A |
| QUALITY RATING: | Good |

| STUDY: | Authors: Martinez et al. ²²⁰ | | | |
|--------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|-----------------------------------|---------------------------|
| | Year: 2010 | | | |
| | Country: UK | | | |
| FUNDING: | Wyeth Inc | | | |
| DESIGN: | Study design: Nested case-control a | nalysis | | |
| | Setting: United Kingdom General Pra | actice Research Database (GPRD |). | |
| | Sample size: 207384 | | | |
| INTERVENTION: | Cases (sudden cardiac death or | Controls | | |
| | near death) | | | |
| Drug: | Venlafaxine, fluoxetine, citalopram, | Venlafaxine, fluoxetine, | | |
| Dose: | dosulepin | citalopram, dosulepine | | |
| Duration: | Various | Various | | |
| Sample size: | Mean 3.3 years | Mean 3.3 years | | |
| | 568 | 14812 | | |
| INCLUSION: | New users of venlafaxine, fluoxetine, | citalopram, or dosulepin on or afte | er 1 January 1995, aged 18 to 8 | 9 years with a diagnosis |
| | of depression or anxiety. | | | |
| | Patients were included if they had a permanent registration status with a participating general practice, had | | | |
| | at least one year longitudinal record before the incident prescription, had an acceptable patient status for data quality, and | | | |
| | originated from a general practice whi | ch was up to standard for at least | a year before the incident prese | cription. |
| EXCLUSION: | Patients with a history of life threateni | ng ventricular tachyarrhythmia, ca | ardioversion, aborted cardiac arr | est, or implantation of a |
| | cardiac defibrillator before cohort entr | y were excluded. Patients with a | congenital conduction disorder c | or advanced |
| | cardiomyopathy (hypertrophic or dilate | ed) before cohort entry or at any t | ime during follow-up were also e | excluded |
| OTHER MEDICATIONS/ | NR | | | |
| INTERVENTIONS: | | | | |
| POPULATION | Groups similar at baseline: Yes – but more alcohol abuse (2.8 vs. 1) and smokers in cases (43.8 vs. 37.3) P = | | | |
| CHARACTERISTICS: | | | | |
| | Mean age: 72.9 years | | | |
| | Gender (remaie %): 54.0 | | | |
| | Ethinicity (Caucasian %): NK Other nonulation characteristics: more alcohol abuse (2.8 vs. 1) and smokers in cases ($A3.8$ vs. 27.2) $P = NP$ | | | |
| | | | SHORE'S III Cases (45.0 VS. 57. | J_{j} = $INIX$ |
| | | | | |

| Authors: Martinez et al. | |
|--------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2010 | |
| Country: UK | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: risk of sudden cardiac death or near death (identified from medical records indicating non-fatal acute ventricular tachyarrythmia, sudden death due to cardiac causes, or out of hospital deaths from acute ischaemic events) Secondary Outcome Measures: Timing of assessments: NA |
| RESULTS: | Risk of sudden cardiac death or near death associated with venlafaxine use was 0.66 (95% CI 0.38 to 1.14) relative to fluoxetine use, whereas compared with citalopram it was 0.89 (0.50 to 1.60) |
| ANALYSIS: | ITT: NA |
| | Post randomization exclusions: NA |
| ATTRITION: | Overall Attrition: NA |
| | Withdrawals due to adverse events: NA |
| | Withdrawals due to lack of efficacy: NA |
| | Differential Attrition: NA |
| ADVERSE EVENTS: | see results |
| QUALITY RATING: | Fair |

| Evidence Table 12 | Adverse Events |
|----------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Meijer WE, et. al. ²²¹ Year: 2002 Country: The Netherlands |
| FUNDING: | Pfizer |
| DESIGN: | Study design: Observational study of adverse effects Setting: Multi-center (109 psychiatrists) Sample size: 1,251 |
| INTERVENTION: Drug: Dose: Duration: | Observed: Sertraline or fluoxetine, fluvoxamine, or paroxetine Any administered dose 12 month observation period |
| INCLUSION: | All patients with a new sertraline prescription; patients taking fluoxetine, fluvoxamine, or paroxetine were used as controls |
| EXCLUSION: | None reported |
| ALLOWED OTHER MEDICATIONS/ INTERVENTIONS: | None reported |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: N/A Mean age: 41 Gender (% female): 64.1% Ethnicity: Not reported Other population characteristics: Significantly more sertraline patients had a diagnosis of depressive disorder than patients on other SSRIs (p < 0.001); anxiety disorder was significantly less in sertraline patients than patients with other SSRIs (p < 0.001); MDD: 77.9%, anxiety: 15.5%, multiple diagnoses: 37.8%. |

| Authors: Meijer WE, et al. | |
|----------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2002 | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> Physicians recorded adverse events at each patient visit, used WHO coding; serious adverse events (SAEs) recorded according to the International Conference on Harmonization of Good Clinical Practice (ICH-CGP) <i>Timing of assessments:</i> Not reported |
| RESULTS: | 2.2 adverse events per sertraline patient 2.1 adverse events per SSRI patient 73.4% of sertraline patients and 75.0% of other SSRI patients reported an adverse event Diarrhea was reported more frequently by sertraline patients than patients taking other SSRIs (p < 0.05) Abdominal pain was reported more frequently by other SSRI users (p < 0.05) Nausea: sertraline: 24.3%, SSRI: 27% Headache: sertraline: 19.3%, SSRI: 17.1% |
| ANALYSIS: | ITT: N/A Post randomization exclusions: N/A |
| ATTRITION: | Loss to follow-up: N/A Withdrawals due to adverse events: N/A Loss to follow-up differential high: N/A |
| ADVERSE EVENTS: | N/A |
| QUALITY RATING: | Fair |

| Evidence Table 12 | Adverse Eve | nts | | | | | | |
|--------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|----------------------------------------------------------|---------------------------------------------|--------------------------------------|-------------------------------------|--------------------------------------|----------------------------|
| STUDY: | Authors: Montejo et al. ²²² Year: 2001 Country: Spain | | | | | | | |
| FUNDING: | Bristol-Myers | Squibb | | | | | | |
| DESIGN: | Study design: Observational Setting: Multi-center Sample size: 1022 | | | | | | | |
| INTERVENTION: | - | | | | | | | |
| Drug: | fluoxetine | paroxetine | fluvoxamine | <u>sertraline</u> | <u>citalopram</u> | venlafaxine | mirtazapine | nefazodone |
| Dose (mean): | 24.5 mg | 23.4 mg | 115.7 mg | 90.4 mg | 28.7 mg | 159.5 mg | 37.7 mg | 324.6 mg |
| Duration: | NR | NR | NR | NR | NR | NR | NR | NR |
| Sample size: | 279 | 208 | 77 | 159 | 66 | 55 | 49 | 50 |
| INCLUSION: | Normal sexual with a benzod two months a | I functioning pr liazepine; previ fter introduction | ior to taking anti ous regular and of an antidepre | depressants; tr satisfactory se ssant | eatment with ar xual practices; o | n antidepressan occurrence of se | t alone or in co exual dysfunctio | mbination on within the |
| EXCLUSION: | Prior sexual dysfunction; combination of antidepressant and neuroleptic treatment; treatment with hormones or any other drug capable of interfering with sexual intercourse; significant intercurrent diseases affecting sexual function; substance abuse | | | | | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | | | | | | |
| POPULATION CHARACTERISTICS: | Groups simil Mean age: O Gender (% fe Ethnicity: NF Other popula disorders: 3.7 | ar at baseline: verall: 39.8 male): Overall: tion character % | : NR : 60% istics: MDD: 60 | 0.1%; dysthymio | c disorder: 17.3 | %; panic disord | er: 12.1%; OCI | D: 5.9%; other |

| Authors: Mantaia at al | |
|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Authors: wontejo et al. | |
| Year: 2001 | |
| Country: Spain | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: PRSexDQ (Pscychotropic-Related Sexual Dysfunction Questionnaire) |
| | Secondary Outcome Measures: None |
| | Timing of assessments: Each clinic visit |
| RESULTS: | Overall incidence of sexual dysfunction was 59.1% (604/1022) when all antidepressants were considered as a whole |
| | • There were relevant differences when the incidence of any type of sexual dysfunction was compared among different drugs: fluoxetine: 57.7%; sertraline: 62.9%; fluvoxamine: 62.3%; paroxetine: 70.7%; citalopram: 72.7%; venlafaxine: 67.3%; mirtazapine: 24.4%; nefazodone: 8% |
| | Men had a higher frequency of sexual dysfunction (62.4%) than women (56.9%), although women had higher severity |
| ANALYSIS: | ITT: N/A Post randomization exclusions: N/A |
| ATTRITION: | Loss to follow-up: N/A |
| | Withdrawals due to adverse events: N/A |
| | Withdrawals due to lack of efficacy: N/A |
| | Loss to follow-up differential high: N/A |
| ADVERSE EVENTS: | N/A |
| QUALITY RATING: | Fair |

| Evidence Table 12 | Adverse Events | | | | | |
|-----------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|----------------------|--|--|--|
| STUDY: | Authors: Nierenberg A, et al. ⁶⁹ Pigott T, et al. ⁷⁰ and Clayton A, et al. ⁷¹ Year: 2007 Country: USA | | | | | |
| FUNDING: | Eli Lilly Inc | | | | | |
| DESIGN: | Study design: RCT Setting: Multicenter Sample size: 684 (114 for Clayton subanalysis of CSFQ) | | | | | |
| INTERVENTION: | | • • • | | | | |
| Drug: | Duloxetine | Escitalopram | Placebo | | | |
| Dose: | 60 mg | 10 mg | NA | | | |
| Duration: | 8 weeks and 8 months | 8 weeks and 8 months | 8 weeks and 8 months | | | |
| Sample size: | 273 | 274 | 137 | | | |
| INCLUSION: | 18 years old; diagnosed with MDD; MADRS > 22 and CGI-S > 4; normal or clinically unremarkable exam, lab and ECG | | | | | |
| EXCLUSION: | Pregnant, lactation; primary Axis 1 disorder other than MDD; ; previous diagnosis bipolar, schizophrenia or other psychotic disorders or Axis 2 disorder that might interfere; significant risk of suicide; substance dependence; treatment resistant; ECT. | | | | | |
| OTHER MEDICATIONS/ | Chronic use of certain prescriptions such as ACE inhibitors, alpha and beta blockers, anti-arrhythmics, and calcium | | | | | |
| INTERVENTIONS: | channel blockers it on stable dose for at least 3 months | | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: No | | | | | |
| | Gender (female %): everall 65.2% dula | n 43.3 placebo 42.5 | bo 62 E% | | | |
| | Gender (remaie %): Overall 05.2% duio | exetine 63.4% escitatopram 67.9% place | D0 03.5% | | | |
| | Other population characteristics: May | Discurre 73.5% escilatoprarit 77.4% plac | UU 02.0% | | | |
| | | Other population characteristics: Mean HAM-D Duloxetine 17.6 escitalopram 17.8 placebo 17.7 | | | | |

| Authors: Nierenberg, Pigott and Clayt | on | | | | | |
|---------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|--|
| Country: USA | | | | | | |
| | Primary Outcome Measures: Onset of efficacy HAM-D at 8 months and CSEO | | | | | |
| COTCOME ASSESSMENT. | Secondary Outcome Measures: HAM-D HAM-A CGLS | | | | | |
| | Timing of assessments: Baseline, weeks 1.2,3,4,6,8 | | | | | |
| RESULTS: | Mean change Duloxetine vs. escitalopram v. placebo 8 weeks and 8 months | | | | | |
| | HAM-D -7.61 (0.42) vs7.22 (0.40) vs5.97 (0.58) P < 0.05 Duloxetine vs. placebo and -10.55 (0.48) vs10.91 (0.45) vs -8.06 (1.13) | | | | | |
| | CGI-S -1.44 (0.08) vs. 1.36(0.07) vs1.08 (0.11) P < 0.01 Duloxetine vs. placebo and P < 0.05 Escitalopram vs. placebo and -2.17 ((0.09) vs2.20 (0.09) vs2.11 (0.22) | | | | | |
| | HAM-A -5.49 (0.36)) vs5.16 (0.34) vs4.32 (0.50) and -7.30 (0.44) vs7.92 (0.41) vs5.73 (1.03) Response HAM-D 48.7% vs. 45.3% vs. 36.9% | | | | | |
| | Remission HAM-D 37% vs. 32% vs. 27% and 70% vs. 75% vs. NR | | | | | |
| | 8 week incidence of treatment-emergent sexual dysfunction duloxetine 17/51 (33.3%) escitalopram; 19/39 (48.7%) placebo 4/24 (16.7%) (P = 0.01 escitalopram vs. placebo; P = 0.13 duloxetine vs. placebo) and at 8 months duloxetine 33.3% escitalopram 43.6% placebo 25% | | | | | |
| ANALYSIS: | ITT: Yes Post randomization exclusions: | | | | | |
| ATTRITION: | Loss to follow-up: Duloxetine 85. escitalopram 66. placebo 40 | | | | | |
| | Withdrawals due to adverse events: Duloxetine 20, escitalopram 14, placebo 8 | | | | | |
| | Withdrawals due to lack of efficacy: Duloxetine 9, escitalopram 4, placebo 7 | | | | | |
| | Loss to follow-up differential high: No | | | | | |
| ADVERSE EVENTS: | Duloxetine vs. escitalopram v. placebo (%) 8 weeks and 8 months | | | | | |
| | Nausea 23.8* ** vs. 12.0 vs. 8.8 and 29.3* vs. 14.2 vs. 10.2 | | | | | |
| | Dry mouth 21.6* ** vs. 10.9 vs. 10.9 and 24.2* ** vs. 11.7 vs. 11.7 | | | | | |
| | Headache 19.4 vs. 20.1 vs. 14.6 and 25.6* vs. 23.7 vs. 16.1 | | | | | |
| | • Diarrhea 11.7 vs. 12.0 vs. 8.0 and 13.2 vs. 17.5* vs.9.5 | | | | | |
| | Dizziness 9.5 vs. 7.3 vs. 5.1 and 12.5 vs. 11.7 vs. 7.3 | | | | | |
| | Constipation 8.4 vs. 5.8 vs. 5.8 and 11.0 vs. 8.4 vs. 6.6 | | | | | |
| | Decreased appetite 8.1* vs. 4.7 vs. 2.2 and 8.1* vs. 5.1 vs. 2.2 | | | | | |
| | Insomnia 8.1 vs. 7.7 vs. 6.6 | | | | | |
| | Hyperhidrosis* 7.7 vs. 4.0 vs. 0.7 and 9.9* vs. 5.5 vs. 1.5 | | | | | |
| | Vomiting 7.3* ** vs. 2.2 vs. 0.7 and 9.2* ** vs. 3.6 vs. 1.5 | | | | | |
| | Somnolence 5.9 vs. 6.6 vs. 3.6 and 7.3 vs. 7.3 vs. 4.4 | | | | | |
| | Nasopharyngitis 5.5 vs. 6.6 vs. 6.6 and 8.4 vs. 10.9 vs. 8.0 | | | | | |
| | Yawning 5.5* ** vs. 2.2 vs. 0 and 5.9* ** vs. 2.2 vs. 0 | | | | | |
| | Decreased libido 5.1 vs. 4.0 vs. 2.2 and 6.6 vs. 6.6 vs. 2.9 | | | | | |
| | Fatigue 5.1 vs. 6.2 vs. 8.0 and 8.1 vs. 9.9 vs. 8.8 | | | | | |
| | Anxiety 4.4 vs. 2.9 vs. 5.8 and 5.5 vs. 3.6 vs. 5.8 | | | | | |
| | Back pain NR and 5.5 vs. 5.5 vs. 3.6 | | | | | |
| | Dyspepsia NR and 5.9 vs. 4.7 vs. 4.4 | | | | | |
| | Anthralgia NR and 4.0 vs. 5.1 vs.3.6 | | | | | |
| | Blurred vision NR and 5.9 vs. 3.3 vs. 2.2 | | | | | |

| | Anorgasmia NR and 4.8* vs. 4.0 vs. 0 Pain in extremity NR and 3.7 vs. 4.7* vs. 0.7 Increased weight NR and 2.6 vs. 5.5* vs. 0 Abnormal dreams NR and 4.8* vs. 1.8 vs. 0.7 Sedation NR and 4.0* vs. 1.8 vs. 0 Night sweats NR and 3.7** vs. 0 vs. 0.7 Migraine NR and 0.4 vs. 2.9** vs. 0.7 * P < 0.05 vs. placebo and ** P < 0.05 duloxetine vs. escitalopram |
|-----------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| QUALITY RATING: | Fair |

| Evidence Table 12 | Adverse Events | | | | | |
|-----------------------------|-------------------------------------------------------------------------------------------------------------------------|--|--|--|--|--|
| | | | | | | |
| STUDY: | Authors: Nieuwstraten C. et al. ⁷³ | | | | | |
| | Year: 2001 | | | | | |
| | Country: Canada | | | | | |
| FUNDING: | Not reported | | | | | |
| DESIGN: | Study design: Meta-analysis | | | | | |
| | Number of patients: 1332 | | | | | |
| | | | | | | |
| AIMS OF REVIEW: | To assess the benefits and risks of bupropion vs. SSRIs in major depression | | | | | |
| | | | | | | |
| STUDIES INCLUDED IN META- | Kavoussi RJ et al. 1997, Segraves RT, et al. 2000, Weihs KL, et al. 2000, Croft H, et al. 1999, ColemanCC, et al. 1999, | | | | | |
| ANALYSIS | Feighner JP, et al. 1991 | | | | | |
| | | | | | | |
| TIME PERIOD COVERED: | 1966-1999 | | | | | |
| | | | | | | |
| CHARACTERISTICS OF INCLUDED | RCTs, study durations: 6-16 weeks, median 7 weeks | | | | | |
| STUDIES: | | | | | | |
| | | | | | | |
| CHARACTERISTICS OF INCLUDED | Age: 36 to 70 yrs; proportion of females: 48.0% to 61.8% | | | | | |
| POPULATIONS: | | | | | | |
| | | | | | | |

| Authors Nieuwstraten C, et al. Year: 2001 Country: Canada | |
|-----------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CHARACTERISTICS OF INCLUDED INTERVENTIONS: | Bupropion vs. sertraline (3 trials), bupropion vs. paroxetine (1 trial), bupropion vs. fluoxetine (1 trial) |
| MAIN RESULTS: | Results of HAM-D scores and CGI-I scores could not be pooled due to the unavailability of data; the weighted mean differences of CGI-S and HAM-A scores were not significantly different between bupropion and SSRIs |
| ADVERSE EVENTS: | Nausea, diarrhea, and somnolence occurred significantly less frequently in the bupropion group compared to the SSRI group RR: nausea: 0.6 (95%CI: 0.41-0.89), diarrhea: 0.31 (95%CI: 0.16-0.57), somnolence: 0.27 (95%CI: 0.15-0.48). Satisfaction with sexual function was significantly less in the SSRI group RR: 1.28 (95%CI: 1.16-1.41) |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | Yes |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Yes |
| QUALITY RATING: | Good |

| STUDY: | Authors: Olfson et al. 223 | | | |
|--------------------------|-------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|--|--|
| | Year: 2008 | | | |
| | Country: US | | | |
| FUNDING: | NARSAD, AHRQ, American Foundation for Suicide Prevention | 1 | | |
| DESIGN: | Study design: case-control study | | | |
| | Setting: outpatient/ community | | | |
| | Sample size: 1368 | | | |
| INTERVENTION: = exposure | Cases (suicide attempt) | Controls (no suicide attempt) | | |
| Drug: | Exposure to any antidepressant (subclassified in SSRIs or any other antidepressant) | Exposure to any antidepressant (subclassified in SSRIs or any other antidepressant) | | |
| Dose: | No data shown (dosage rating based on 4-point scale, from 1= low, to 4= high) | No data shown (dosage rating based on 4-point scale, from 1= low, to 4= high) | | |
| Duration: | No data shown (dichotomized as < 30 days or \ge 30 days | No data shown (dichotomized as < 30 days or \ge 30 | | |
| | before event date) | days before event date) | | |
| Sample size: | 236 | 1132 | | |
| INCLUSION: | Outpatients with new episodes of treatment of major depressive episode, ages 6-64 years with at least one claim in the | | | |
| | Medicaid administrative database during January 1, 1999 through December 31, 2000 (and Medicaid eligibility 90 before and | | | |
| | 120 days after index episode, respectively); treatment vs. no treatment with antidepressants (dichotomized as SSRIs including | | | |
| EXOLUCION | fluoxetine, fluvoxamine, paroxetine, sertraline, citalopram, escitalopram and other antidepressant) | | | |
| EXCLUSION: | Previous episodes of MDD (evidenced as any diagnostic claim of MDD or claims of electroconvulsive therapy or | | | |
| | antidepressant/ antipsychotic medication or treatment with mood stabilizer within 90 days before index episode); previous | | | |
| OTHER MERICATIONS/ | Suicide attempt (90 days before index episode of MDD); pregnancy; mental/ psychiatric psychotic disorders | | | |
| | Psycholinerapy | | | |
| | Groups similar at baseling, matched on age (within ±/, 2 years), say and attributy (white non white); data for | | | |
| CHARACTERISTICS | comparison of cases and controls not shown | | | |
| ONARAOTERIO NOO. | Mean age: children: $15.1 \text{ yrs} (+ 1.4)$; adults: $31.6 + (10.1)$ | | | |
| | Gender (female %): children: 80.4% adults: 68.3% | | | |
| | Ethnicity (white, non-Hispanic %): children:76.5%; adults: 78 | 3.9% | | |
| | Cases and controls matched on: depression severity, recent treatment of substance use disorder, other depression-related | | | |
| | disorder, major depressive disorder type, recent treatment with psychotherapy (data not shown for cases and controls but | | | |
| | reported as matched on all these criteria) | | | |

| Authors: Olfson et al. | |
|------------------------|--------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2008 | |
| Country: US | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: ICD-9 (CM 950 -959) coded suicide attempts, including all types of intentional self-injury; |
| | subclassified by major self-injury category (drug ingestions, cutting, all other types); conditional OR of suicide attempt, |
| | separately analyzed for children & adolescents (6-18 years) and adults (19-64 years); within each age group separately for |
| | both sex groups, and for all 4 groups of depression type and 3 groups of depression severity; all analyses adjusted for duration |
| | and dosage of antidepressant, any psychotherapy |
| | Secondary Outcome Measures: NA |
| | Timing of assessments: NA (secondary analysis; duration dichotomized as < 30 days or ≥ 30 days before event date) |
| RESULTS: | Among adults risk of suicide attempt not significantly associated with antidepressant use [OR= 0.85; 95% CI (0.57 – 1.28) P = |
| | 0.44; cases, N= 185; controls, N= 893], but among adult males statistically significant protective effect [OR= 0.32; 95% CI (0.12 |
| | – 0.83), P = 0.01; cases, N= 57; controls, N= 268]; among children statistically significant association of antidepressant use |
| | and suicide attempts [OR= 2.08; 95% CI 1.06 – 4.10) P = 0.03; cases, N= 51; controls, N= 239]; SSRIs as a class (including |
| | fluoxetine, fluvoxamine, paroxetine, sertraline, citalopram, escitalopram) not statistically significant; no statistical significant |
| | association of severity of disease, type of depressive disorder or recent psychotherapy visit; |
| ANALYSIS: | ITT: NA |
| | Post randomization exclusions: NA |
| ATTRITION: | Overall Attrition: NA |
| | Withdrawals due to adverse events: NA |
| | Withdrawals due to lack of efficacy: NA |
| | Differential Attrition: NA |
| ADVERSE EVENTS: | See results |
| QUALITY RATING: | Good |

| Evidence Table 12 | Adverse Events | | | |
|-----------------------------|----------------------------------------------------|------------|--|--|
| STUDY: | Authors: Pedersen AG ²²⁴ | | | |
| | Year: 2005 | | | |
| | Country: Multinational | | | |
| FUNDING: | H. Lundbeck A/S | | | |
| DESIGN: | Study design: Retrospective cohort stud | у | | |
| | Setting: Clinical trials | | | |
| | Sample size: 4,091 | | | |
| INTERVENTION: | | | | |
| Drug: | Escitalopram | Placebo | | |
| Dose: | 5-20 mg/day | N/A | | |
| Duration: | 8-24 weeks | 8-24 weeks | | |
| Sample size: | 2648 | 1443 | | |
| INCLUSION: | Adult outpatients with MDD (2277) or anxiety (371) | | | |
| | | | | |
| EXCLUSION: | NR | | | |
| OTHER MEDICATIONS/ | ND | | | |
| INTERVENTIONS: | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: NR | | | |
| | Mean age: NR | | | |
| | Gender (% female): NR | | | |
| | Ethnicity: NR | | | |
| | Other population characteristics: NR | | | |
| | | | | |

| Authors: Pederson AG | | | | | |
|------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|
| Year: 2005 | | | | | |
| Country: Multinational | | | | | |
| OUTCOME ASSESSMENT: Primary Outcome Measures: Rates of suicide and self-harm | | | | | |
| | | | | | |
| | Secondary Outcome Measures: | | | | |
| | | | | | |
| | Timing of assessments: N/A | | | | |
| RESULTS: | MADRS item 10 (suicidal thoughts) escitalopram patients had less suicidal thoughts than placebo from weeks 1 (p < 0.05) to 8 (p < 0.001). | | | | |
| | Suicides in placebo-controlled studies escitalopram n- 0 rate- 0 incidence- 0 Placebo n-1 rate-0.003 incidence- 0.1 | | | | |
| | Non-fatal self harm in placebo-controlled studies: escitalopram n- 5 rate- 0.011 incidence- 0.2 Placebo n-1 rate- 0.003 incidence- 0.1 | | | | |
| | | | | | |
| ANALYSIS: | ITT: N/A | | | | |
| | Post randomization exclusions: N/A | | | | |
| ATTRITION: | Overall | | | | |
| | Loss to follow-up: NR | | | | |
| | Withdrawals due to adverse events: NR | | | | |
| | Withdrawals due to lack of efficacy: NR | | | | |
| | Loss to follow-up differential high: Not enough information | | | | |
| ADVERSE EVENTS: | • N/A | | | | |
| | | | | | |
| | Fair | | | | |
| QUALITI KATING. | | | | | |

| CTUDY. | Authorse Dokuse at al. 225 | | | | |
|--------------------|--------------------------------------------------------------------------------------------------------------------------|--|--|--|--|
| STUDT: | Authors: Ranme et al. | | | | |
| | Year: 2008 | | | | |
| | Country: Canada | | | | |
| FUNDING: | Researchers funded by: Fonds de la Recherche en Sante du Quebec, Canadian Institutes of Health | | | | |
| | One researcher is consultant for Pfizer Canada | | | | |
| DESIGN: | Study design: retrospective cohort study | | | | |
| | Setting: N.A | | | | |
| | Sample size: N.A | | | | |
| INTERVENTION: | | | | | |
| Drua: | SSRIs (citalopram, fluoxetine, | | | | |
| 5 | fluvoxamine, paroxetine, sertraline) | | | | |
| | NA | | | | |
| Dose: | at least 365 days | | | | |
| Duration: | | | | | |
| Duration. | | | | | |
| | | | | | |
| | 120,220 petients during periods of | | | | |
| | 128,229 patients during periods of | | | | |
| | use and no use of antidepressants | | | | |
| . | | | | | |
| Sample size: | | | | | |
| INCLUSION: | Patients 65 years and older who had filled a prescription for an SSRI between January 1998 and December 2004, whose data | | | | |
| | were available from the Quebec Health Care Fund and Vital Statistics databases. | | | | |
| EXCLUSION: | NA | | | | |
| OTHER MEDICATIONS/ | NR | | | | |
| INTERVENTIONS: | | | | | |
| POPULATION | Groups similar at baseline: Yes | | | | |
| CHARACTERISTICS: | Mean age: 75.4 years | | | | |
| | Gender (female %): 70% | | | | |
| | Ethnicity (Caucasian %): NR | | | | |
| | Other population characteristics: | | | | |

| Authors: Rahme et al. | |
|---------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2008 | |
| Country: Canada | |
| OUTCOME ASSESSMENT: RESULTS: | Primary Outcome Measures: Number of suicide deaths (crude rate/100.000 patient-years) during SSRI (citalopram, fluoxetine, fluvoxamine, paroxetine, sertraline) use, other antidepressant use, during the use of both, an SSRI and another antidepressant, during no antidepressant use. Adjusted risk of suicide death during SSRI use versus nonuse Adjusted risk of poisoning during SSRI use versus nonuse Secondary Outcome Measures: Timing of assessments: Numbers of suicide deaths (crude rate/100.000 patient-years): During SSRI use: 37 During other antidepressant use: 16 During use of both an SSRI and another antidepressant: 5 During no antidepressant use: 29 |
| | Adjusted risk of suicide death (Cox regression models with time-dependent exposure): The risk of suicide death during antidepressant treatment overall was not higher than during times without treatment; Hazard ratio (HR): 0.84 (95% CI 0.52-1.34) Risk of suicide during treatment with paroxetine vs no use; HR: 0.71 (95% CI 0.37-1.35) Risk of suicide during treatment with citalopram vs no use; HR: 0.16 (95% CI 0.59-2.25) Risk of suicide during treatment with sertraline vs no use; HR: 0.38 (95% CI 0.16-0.93); the risk of suicide for fluoxetine and fluvoxamine are not reported, because results were not robust The HR of suicide death during exposure to SSRI vs nonexposure to any antidepressant was 0.64 (95% CI 0.38-1.07), with the risk being lower during exposure to lower doses of SSRI: 0.41 (95% CI 0.17-0.96) Women were at much lower risk of suicide death than men. HR: 0.14(95% CI 0.09-0.22) Results for the subgroup of patients who had not received any antidepressant medication during 180 days prior to index date: SSRI vs nonexposure; HR: 0.72 (95% CI 0.39-1.34) Other antidepressants vs nonexposure; HR: 1.65 (95%CI 0.65-4.22) Both SSRI and another antidepressant vs nonexposure; HR: 2.01 (95%CI 0.46-8.75) |
| | SSRI versus nonexposure to any antidepressant; HR: 1.16 (95%CI 1.07-1.25) Risk of poisoning events during exposure to paroxetine; HR: 1.18 (95%CI 1.06-1.30) |

| | Risk of poisoning events during exposure to citalopram; HR: 1.23 (95%CI 1.08-1.40) Risk of poisoning events during exposure to sertraline; HR: 1.05 (95%CI 0.93-1.18) Risk of poisoning events during exposure to fluvoxamine; HR: 1.45 (95%CI 1.23-1.71) Risk of poisoning events during exposure to fluoxetine; HR: 0.93 (95%CI 0.74-1.16) |
|-----------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | ITT: N.A |
| | Post randomization exclusions: N.A |
| ATTRITION: | Overall Attrition: N.A |
| | Withdrawals due to adverse events: N A |
| | Withdrawals due to lack of efficacy: NA |
| | Differential Attrition: N.A |
| | |
| ADVERSE EVENTS: | see main results |
| QUALITY RATING: | Fair |
| | |

| Evidence Table 12 | Adverse Events | | | | |
|--------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|--|--|--|
| STUDY: | Authors: Rapaport ME, et. al. ⁷⁷ Year: 1996 Country: US | | | | |
| FUNDING: | Solvay Pharmaceuticals, Upjohn | Solvay Pharmaceuticals, Upjohn | | | |
| DESIGN: | Study design: RCT Setting: Multi-center (6 sites) Sample size: 100 | | | | |
| INTERVENTION: | | | | | |
| Drug: | Fluvoxamine | Fluoxetine | | | |
| Dose: | 100-150 mg/d | 20-80 mg/d | | | |
| Duration: | 7 weeks | 7 weeks | | | |
| INCLUSION: | Male and female outpatients; 18-65 years; met DSM-III-R criteria for MDD; minimum HAM-D (21-item) score of 20; minimum score of 2 on the depressed mood item | | | | |
| EXCLUSION: | Any primary DSM-IV Axis I disorder diagnosis other than MDD; acute suicidality; unstable medical conditions; history of seizure; had been treated with study medications; history of substance abuse or dependence; pregnancy and lack of appropriate birth control for women of child-bearing age | | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Chloral hydrate | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye | S | | | |
| | <i>Mean age:</i> fluoxetine: 38.6; fluvoxamine: 40.0 | | | | |
| | Gender (% female): fluoxetine: 63; fluvoxamine: 61 | | | | |
| | Ethnicity: 95% white; 5% other | | | | |
| | Other population characteristics: NR | | | | |

| Authors: Rapaport ME, et al. Year: 1996 | |
|--------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: US | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> HAM-D-21, HAM-A, CGI-S, Raskin–Covi Scale, Hopkins Symptom Checklist, TESS (Specific treatment- emergent signs and symptoms) Barnes Akathisia Scale, Modified Scale for Suicidal Ideation |
| | Timing of assessments: Primary outcome measures weekly; secondary outcome measures at baseline and endpoint |
| RESULTS: | No statistically significant differences between fluvoxamine and fluoxetine in all outcome measures |
| | Both drugs significantly improved scores on HAM-D (<10 for both groups at endpoint) |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes (7) |
| ATTRITION: | Loss to follow-up: 11% Withdrawals due to adverse events: 4% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Overall, no difference in the rate of adverse events were reported between fluvoxamine and fluoxetine and there were no differences in the average event severity (1.12 vs. 1.13; p = NR) Significantly more patients on fluoxetine than on fluvoxamine reported nausea (42.5% vs. NR; p = 0.03) Other frequent adverse events: headache: fluoxetine 53%, fluvoxamine 50% (p not significant) vomiting: fluoxetine 13%, fluvoxamine 4% (p not significant) daytime agitation: fluoxetine 47%, fluvoxamine 32% (p not significant) |
| QUALITY RATING: | Fair |

| Evidence Table 12 | Adverse Events | | | | |
|--------------------|------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------|----------------------------------------|-----------------------|--|
| | | | | | |
| STUDY: | Authors: Schatzberg et al. ⁸² | | | | |
| | Year: 2002 | | | | |
| | Country: US | | | | |
| FUNDING: | Organon Pharma | | | | |
| DESIGN: | Study design: RCT | | | | |
| | Setting: Multi-center | | | | |
| | Sample size: 255 | | | | |
| | | 1 | 1 | • | |
| INTERVENTION: | | | | (There was | |
| Drug: | Mirtazapine | Paroxetine | | extension phase | |
| Dose: | 15-45 mg/d | 20-40 mg/d | | to 16 weeks but | |
| Duration: | 8 weeks | 8weeks | | only included | |
| | | | | subjects who had | |
| | | | | tavorable | |
| | | | | the first part of the | |
| | | | | atudy) | |
| | Min. age of 65 years: DSM IV or | I iteria for single or recurrent MDD: I | MMSE score > 25% for age and e | ducation: min_score | |
| INCEUSION. | of 18 on HAM-D ₄₇ | iteria for single of recurrent MDD, i | | | |
| | | | | | |
| EXCLUSION: | HAMD decrease > 20% betweer | n screening and baseline: untreate | d or unstable clinically significant r | nedical condition or | |
| | lab/physical exam abnormality; h | nistory of seizures; recent drug or a | alcohol abuse or any principal psyc | ch condition other | |
| | than MDD; presence of psychotic features; suicide attempt in current episode; use of MAOI within 2 weeks. or other | | | | |
| | psychotropics or herbal treatmer | nts within 1 week; use of paroxeting | e or mirtazpine for the current epis | ode; ECT therapy | |
| | within 6 months; use of treatment for memory deficits; prior intolerance or lack of efficacy to mirtazapine or paroxetine in | | | | |
| | the past; patients who failed mor | re than one adequate trial of an an | tidepressant for the current episod | le | |
| OTHER MEDICATIONS/ | Chloral hydrate or zolpidem for s | sleep induction; therapy for condition | ons like DM, hypothyroidism, high | blood pressure, | |
| INTERVENTIONS: | chronic respiratory conditions was allowed if they had been receiving for at least 1 month prior to screening visit. | | | | |

| Authors: Schatzberg, et al. | |
|-----------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| Year: 2002 | |
| Country: US | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes |
| | Mean age: 72 |
| | <i>Gender</i> (% female): Mirtazapine: 63%, paroxetine: 64% |
| | Ethnicity: Not reported |
| | Other population characteristics: Not reported |
| OUTCOME ASSESSMENT: | <i>Measures:</i> HAM-D-17, CGI-S, CGI-I |
| | <i>Timing of assessments:</i> Baseline, weeks 1, 2, 3, 4, 6, 8 |
| | |
| RESULTS: | Mean Ham-D-17 scores significantly lower with mirtazapine at week 1, 2, 3, 6 but no difference at 8 week endpoint |
| | Trend towards higher response and remission rates with mirtazapine but only significant difference at 2 weeks |
| | (response) and 6 weeks (remission) |
| | • Time to response: mirtazapine mean 26 days, paroxetine 40 days; $p = -0.016$ for Kaplan-Meier plot comparing the |
| | |
| | No difference in CGL Improvement response |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: Yes |
| | |
| ATTRITION: | Loss to follow-up: 26.8% |
| | Withdrawals due to adverse events: 20.4%; mirtazapine 14.8%, paroxetine 26.2% (p < 0.05) |
| | Loss to follow-up differential high: No |
| | |
| ADVERSE EVENTS: | Frequency of treatment related adverse events: mirtazapine: 79.7%, paroxetine: 82.5% |
| | Significant differences: dry mouth: mirtazapine 26.6% paroxetine 10.3%; weight gain: mirtazapine 10.9% paroxetine |
| | 0%: nausea: mirtazapine 6.3%, paroxetine 19.0% |
| | |
| QUALITY RATING: | Fair |
| | |

| 01001. | Authors, connective | | | | | | |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------|---------------------------------------------------------------|-------------------------------------------------------------|---------------------------------------------------------|---------------------------------------------------------------------------|
| | Year: 2010 | | | | | | |
| | Country: Canada – F | Ritish Columbia | | | | | |
| | | | | | | | |
| FUNDING: | | | · · | | | | |
| DESIGN: | Study design: Retro | spective cohort | study | | | | |
| | Setting: Healthcare u | itilization databa | ise | | | | |
| | Sample size: 287,54 | 3 mean follow-u | p 0.49 person-yea | ars | | | |
| INTERVENTION: | | | | | | | mirtazapine, |
| Drug: | Citalopram | Fluoxetine | Fluvoxamine | Paroxetine | Sertraline | Venlafaxine | nefazodone, and |
| Dose: | NÁ | NA | NA | NA | NA | NA | trazodone |
| Duration: | see above | see above | see above | see above | see above | see above | NA |
| Sample size: | 45 522 | 22 207 | 9690 | 74 780 | 36 135 | 35 732 | see above |
| | | | | | | | 28 316 |
| INCLUSION: | British Columbia resid | lents who had a | ntidepressant the | rapy initiated and | d had a recorde | d diagnosis | |
| l | of depression. | of depression. | | | | | |
| | Evitin e bie elen die en | 1 | | | | | |
| | Existing bipolar disord | ler | | | | | |
| OTHER MEDICATIONS/ | NR | | | | | | |
| INTERVENTIONS: | | | | | | | |
| POPULATION | Groups similar at baseline: Yes | | | | | | |
| CHARACTERISTICS: | Mean age: 46 | | | | | | |
| | Gender (female %): | Gender (female %): 56 | | | | | |
| | Ethnicity (Caucasia | ו %): NR | | | | | |
| | Other population ch | aracteristics: | | | | | |
| INTERVENTION: Drug: Dose: Duration: Sample size: INCLUSION: EXCLUSION: OTHER MEDICATIONS/ INTERVENTIONS: POPULATION CHARACTERISTICS: | Citalopram NA see above 45 522 British Columbia resid of depression. Existing bipolar disord NR Groups similar at ba Mean age: 46 Gender (female %): Ethnicity (Caucasian Other population ch | Fluoxetine NA see above 22 207 dents who had a der seline: Yes 56 n %): NR aracteristics: | Fluvoxamine NA see above 9690 ntidepressant the | Paroxetine NA see above 74 780 rapy initiated and | Sertraline NA see above 36 135 d had a recorder | Venlafaxine NA see above 35 732 d diagnosis | mirtazapine, nefazodone, and trazodone NA see above 28 316 |

| Authors:. Schneeweis et al. Year: 2010 | |
|-------------------------------------------|--------------------------------------------------------------------------------------------------------|
| | Primary Outcome Measures: Suicide |
| CONCOME ASSESSMENT. | Secondary Outcome Measures: Suicide attempts |
| | Timing of assessments: various |
| RESULTS: | Risk of suicide attempts ranged from 4.4 to 9.1 events per 1000 patient years |
| | Overall, similar risks of suicide and suicide attempts among compared antidepressants |
| | Citalopram vs. fluoxetine: hazard ratio (HR) = 1.00; 95% CI, 0.63-1.57. |
| | Fluvoxamine vs. fluoxetine: HR = 0.98; 95% CI, 0.63- 1.51 |
| | Paroxetine vs. fluoxetine: HR = 1.02; 95% CI, 0.77-1.35 |
| | Sertraline vs. fluoxetine: HR = 0.75; 95% Cl, 0.53-1.05. |
| | Similar risks between SSRIs as a class and other second-generation antidepressants |
| • ANALYSIS: | ITT: NA |
| | Post randomization exclusions: NA |
| ATTRITION: | Overall Attrition: NA |
| | Withdrawals due to adverse events: |
| | Withdrawals due to lack of efficacy: |
| | Differential Attrition: |
| ADVERSE EVENTS: | See results |
| QUALITY RATING: | Good |
| | |

| STUDY: | Authors: Schneewe | is et al. 227 | | | | | |
|--------------------|---------------------------------|-----------------------------|--------------------|--------------------|-----------------|-------------|-----------------|
| | Year: 2010 | Year: 2010 | | | | | |
| | Country: Canada – E | British Columbia | | | | | |
| FUNDING: | NIMH | | | | | | |
| DESIGN: | Study design: Retros | spective cohort | study | | | | |
| | Setting: Healthcare u | itilization databa | ase | | | | |
| | Sample size: 20906 | mean follow-up | 0.49 person-year | S | | | |
| INTERVENTION: | | | | | | | mirtazapine, |
| Drug: | Citalopram | Fluoxetine | Fluvoxamine | Paroxetine | Sertraline | Venlafaxine | nefazodone, and |
| Dose: | NA | NA | NA | NA | NA | NA | trazodone |
| Duration: | see above | see above | see above | see above | see above | see above | NA |
| Sample size: | 3518 | 2922 | 1068 | 5221 | 3489 | 2197 | see above |
| | | | | | | | 940 |
| INCLUSION: | British Columbia resid | dents who had a | intidepressant the | rapy initiated and | d had a recorde | d diagnosis | |
| | of depression. | | | | | | |
| EXCLUSION: | Existing bipolar disord | der | | | | | |
| OTHER MEDICATIONS/ | NR | | | | | | |
| INTERVENTIONS: | | | | | | | |
| POPULATION | Groups similar at baseline: Yes | | | | | | |
| CHARACTERISTICS: | Mean age: 15 | | | | | | |
| | Gender (female %): 63 | | | | | | |
| | Ethnicity (Caucasia | Ethnicity (Caucasian %): NR | | | | | |
| | Other population ch | aracteristics: | | | | | |

| Authors:. Schneeweis et al. | |
|-----------------------------|------------------------------------------------------------------------------------------------------------------------|
| Year: 2010 | |
| | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Suicide – fluoxetine was reference group |
| | Secondary Outcome Measures: Suicide attempts |
| | Timing of assessments: various |
| RESULTS: | • 266 attempted and 3 completed suicides, 27.04 suicidal acts per 1000 person-years (95% CI: 23.9 – 30.5 suicidal acts |
| | per 1000 person years). |
| | Similar risk of suicidal acts among compared drugs: |
| | fluoxetine vs. citalopram (RR: 0.97 [95% CI: 0.54 –1.76]) |
| | fluoxetine with fluvoxamine (RR: 1.05 [95% CI: 0.46 –2.43]) |
| | • fluoxetine with paroxetine (RR: 0.80 [95% CI:0.47–1.37]) |
| | fluoxetine with sertraline (RR: 1.02 [95% CI: 0.56 –1.84]). |
| ANALYSIS: | ITT: NA |
| | Post randomization exclusions: NA |
| ATTRITION: | Overall Attrition: NA |
| | Withdrawals due to adverse events: NA |
| | Withdrawals due to lack of efficacy: NA |
| | Differential Attrition: NA |
| ADVERSE EVENTS: | See results |
| QUALITY RATING: | Good |
| | |

| Evidence Table 12 | Adverse Events | | | | | |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|--|--|--|--|
| STUDY: | Authors: Schneider LS et al. ²²⁸ and Nelson JC et al. ²²⁹ Year: 2003 and 2007 | | | | | |
| FUNDING: | Pfizer | Pfizer | | | | |
| DESIGN: | Study design: RCT Setting: Multicenter Sample size: 752 | | | | | |
| INTERVENTION: | | | | | | |
| Drug: | Sertraline | Placebo | | | | |
| Dose: | 50-100 mg | NA | | | | |
| Duration: | 8 weeks | 8 weeks | | | | |
| Sample size: | 360 | 368 | | | | |
| INCLUSION: | 60 years of age and older with major depression, nonpsychotic, single episode and recurrent, with a duration of at least four weeks and a HAMD score > 18 | | | | | |
| EXCLUSION: | Depressive disorder with psychotic features, dementia, organic mental disorder, or mental retardation; a score < 24 on the MMSE; any psychotic disorder or bipolar disorder; drug or alcohol abuse or dependence within the previous 6 months (except nicotine); a history of seizure disorder; previous nonresponse, known hypersensitivity, or contraindication to sertraline; participation in an investigational drug trial within 3 months; significant suicide risk, a need for ECT, additional psychotropic drugs, or hospitalization; regular, daily use of benzodiazepines within 3 weeks, antidepressants within 2 weeks, use MAOIs or fluoxetine within 5 weeks; depot antipsychotic drug within 6 months; initiation of individual or group psychotherapy within 3 months; and any clinically significant unstable medical disorder that might affect study participation | | | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | As-needed use of zolpidem, up to 10 mg/day, or temazepam, up to 30 mg/day, for sleep during the first 4 weeks; drugs used as anti-inflammatories or in rheumatic disease and gout (40%), antihypertensive drugs (27%), hormone replacement therapy (41% of women), drugs for of hyperlipidemia (14%), thyroid and antithyroid drugs (12%), ulcer-healing drugs (11%), ß-adrenergic antagonists (11%), drugs for diabetes (7%), hypnotics and sedatives (6%), bronchodilators (5%), and corticosteroids (4%). Overall, 87% took concomitant medication. | | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: Sertraline 70.0 Placebo 69.6 Gender (female %): Sertraline 54 Placebo 58 Ethnicity: 93% caucasian Other population characteristics: HAMD Sertraline 21.4 Placebo 21.4 | | | | | |

Authors: Schneider et al.; Nelson et al. Year: 2003: 2007

| OUTCOME ASSESSMENT: | Primary Outcome Measures: Clinica Secondary Outcome Measures: Ha | al response and suicide ideation milton scale subscales, Patient Global I | mpression, Quality of Life Enjoyment | | | |
|---------------------------------------|--------------------------------------------------------------------------------------|------------------------------------------------------------------------------|----------------------------------------|--|--|--|
| | and Satisfaction Questionnaire, MMSE, and 36-Item Short-Form Health Survey subscales | | | | | |
| | Timing of assessments: Baseline an | 10 Weekly | | | | |
| RESULTS. | GI-S response sertraline 45% | vs. placebo 35% | | | | |
| | Change in HAMD sertraline -7.4 | placebo -6.6 | | | | |
| | HAMD Item 3 ratings progressiv | vely declined during the trial with signific | antly lower values for sertraline than | | | |
| | placebo (Z=2.41, p < 0.02). | , , , , , , , , , , , , , , , , , , , , | , | | | |
| | In 248 patients with HAMD Item | 3 of zero at baseline, the percentage o | f patients whose Item 3 ratings | | | |
| | increased during treatment did r | not differ in the two groups sertraline 22 | .4% versus placebo 25.8% | | | |
| ANALYSIS: | ITT: Yes | | | | | |
| | Post randomization exclusions: 19 | | | | | |
| | Loss to follow-up differential high: | no | 1 | | | |
| ATTRITION: | Sertraine | | | | | |
| Withdrawals due to adverse events: | 07 (23%) 14% | 5% | | | | |
| Withdrawals due to lack of efficacy: | 1% | 3% | | | | |
| · · · · · · · · · · · · · · · · · · · | | | | | | |
| ADVERSE EVENTS: | Diarrhea 19% vs. 7% P <u><</u> 0.05 | | | | | |
| | Headache 17% vs. 13% P < 0.05 | | | | | |
| | Nausea 16% Vs. 5% $P \le 0.05$ | | | | | |
| | Insomnia 9% vs. 6% $P < 0.05$ | | | | | |
| | Drv mouth 8% vs. 6% | | | | | |
| | Dizziness 8% vs. 7% | | | | | |
| | Tremor 6% vs. <1% P < 0.05 | Tremor 6% vs. <1% P < 0.05 | | | | |
| | Fatigue 5% vs. 1% P < 0.05 | | | | | |
| QUALITY RATING: | Fair | | | | | |
| | | | | | | |

| Evidence Table 12 | Adverse Events | | | | |
|----------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|-------------------------------------------------------|--------------------|--|
| STUDY: | Authors: Segraves, et al. ⁸⁵ Year: 2000 Country: US | | | | |
| FUNDING: | Glaxo Wellcome Inc | | | | |
| DESIGN: | Study design: RCT Setting: Multi-center Sample size: 248 | | | | |
| INTERVENTION: Drug: Dose: Duration: | Sertraline 50-200 mg/d 16 weeks | Bupropion 100-300 mg/d 16 weeks | | | |
| INCLUSION: | Received a DSM-IV diagnosis of moderate to severe depression with a minimum duration of 4 weeks and a maximum duration of 24 months; <a>> 18 years of age; in a stable relationship, have normal sexual functioning and sexual activity at least once every 2 weeks | | | | |
| EXCLUSION: | Predisposition to seizure; pregna with bupropion or sertraline; used | ancy; alcohol or substance abuse; d any psychoactive drug within 1 v | eating disorder; suicidal tendencies veek of study | s; prior treatment | |
| OTHER MEDICATIONS/ INTERVENTIONS: | None reported | | | | |

| Authors: Segraves et al. Year: 2000 | |
|----------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: US | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: 39 Gender (% female): Sertraline: 48%, bupropion: 48% Ethnicity: (% white) Sertraline: 94%, bupropion: 93% |
| | Other population characteristics: No significant differences in diagnosis |
| OUTCOME ASSESSMENT: | <i>Measures:</i> Sexual function assessment, Sexual desire disorder, Sexual arousal disorder, Orgasm dysfunction, Premature ejaculation, patient rated overall sexual satisfaction on 6 point Likert scale <i>Timing of assessments:</i> Baseline, weeks 1, 2, 3, 4, 6, 8, 12, 16 |
| RESULTS: | Significantly more sertraline patients developed a sexual dysfunction compared to bupropion patients; p < 0.001 for men and women p < 0.05 for sexual desire disorder Overall sexual satisfaction (patient-rated) significantly more improved in bupropion treated patients. Men (p < 0.05) significant difference at day 21, 28, 42, and 56. Women (p < 0.01) beginning at day 56 and continuing to end |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 31.5%; bupropion: 29%, sertraline: 34% Withdrawals due to adverse events: 1.6%; bupropion 0%, sertraline 1.6% Loss to follow-up differential high: Yes |
| ADVERSE EVENTS: | Not reported |
| QUALITY RATING: | Fair |

| STUDY | Authors: Strombom et al ²³⁰ | | | | |
|--------------------|-------------------------------------------|------------------------------|--|--|--|
| 01001. | Varia 2008 | | | | |
| | Country: USA | | | | |
| | | | | | |
| FUNDING: | Eli Lilly | | | | |
| DESIGN: | Study design: Data mining; FDA AEF | RS database, claims database | | | |
| | Setting: Database | | | | |
| | Sample size: 27,328 | | | | |
| INTERVENTION: | | | | | |
| Drug: | Duloxetine | Venlafaxine | | | |
| Dose: | NR | NR | | | |
| Duration: | NR | NR | | | |
| Sample size: | 13664 | 13664 | | | |
| INCLUSION: | Patients taking duloxetine or venlafaxine | | | | |
| | | | | | |
| EXCLUSION: | NA | | | | |
| OTHER MEDICATIONS/ | NR | | | | |
| INTERVENTIONS: | | | | | |
| POPULATION | Groups similar at baseline: NA | | | | |
| CHARACTERISTICS: | Mean age: NR | | | | |
| | Gender (female %): NR | | | | |
| | Ethnicity (Caucasian %): NR | | | | |
| | Other population characteristics: | | | | |
| Authors: Strombom et al. | |
|--------------------------|-------------------------------------------------------------------------------|
| Year: 2008 | |
| Country: USA | |
| | Primary Outcome Measures: Henatic events |
| CONCERCISE ACCESSIONENT. | Thinking Outcome measures. Repaire events |
| | Secondary Outcome Measures: none |
| | Timing of assessments: NR |
| RESULTS: | Similar rates of hepatic events between duloxetine compared with venlafaxine. |
| ANALYSIS: | ITT: NA |
| | Post randomization exclusions: NA |
| ATTRITION: | Overall Attrition: NA |
| | Withdrawals due to adverse events: NA |
| | Withdrawals due to lack of efficacy: NA |
| | Differential Attrition: NA |
| ADVERSE EVENTS: | See results |
| QUALITY RATING: | NA |
| | |

| STUDY | Authors: Targownik et al. 231 | | |
|--------------------------|-----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------|--|
| 0.02.11 | Year: 2009 | | |
| | Country: Canada | | |
| FUNDING: | Astra Zeneca Canada, Janssen-Ortho Canada | | |
| DESIGN: | Study design: retrospective case-control study | | |
| | Setting: outpatient | | |
| | Sample size: 70,142 | | |
| INTERVENTION: = exposure | Cases (diagnosis consistent with upper gastrointestinal | Controls (had NOT been admitted to hospital for an | |
| | bleeding, at least one overnight stay in hospital) | upper gastrointestinal bleeding) | |
| Drug | | SSRIa(+vonlafavina) alona DRI alona NSAID alona | |
| Drug. | 33817771, 33817113810, 1138107771, 338171138107771) | SSRIS(+Verilaiaxine) alone, FPI alone, INSAID alone, | |
| | | SSRI+NSAID+PPI) | |
| | NS | | |
| | | | |
| Dose: | SSRI duration: <28days, 29-90days, >91days | NS | |
| | | | |
| Duration: | 1,552 | SSRI duration: <28days, 29-90days, >91days | |
| Sample size: | | 68 590 | |
| | Patient cohort consisted of all Manitobans over the age of 18 w | ho had maintained continuous enrolment in the provincial | |
| | health-care plan between 1 April 1995 and 31 March 2007. | | |
| | Cases consisted of all subjects who were admitted to hospital (at least one overnight stay in hospital) with a most responsible | | |
| | diagnosis consistent with upper gastrointestinal bleeding (UGIB). | | |
| | Among individuals who had UGIB secondary to an esophageal lesion, only non-variceal bleeds were included so as to exclude | | |
| | bleeds with different mechanistic etiologies. | | |
| EXCLUSION: | Subjects who were admitted to hospital with UGIB before 1 October 1995 were excluded to ensure cases had at least of 180 | | |
| | days of prescription drug dispensation data available before the | e event date. | |
| | were ambulatory in the community on the index date | on the day of the case's event, such that all cases and controls | |
| OTHER MEDICATIONS/ | Also tracked the use of other prescription medications believed | to affect the risk of upper gastrointestinal complications | |
| INTERVENTIONS: | including warfarin, systemic corticosteroids, clopidogrel, and H | 2-receptor antagonists. | |
| | The drug database is unable to track the use of medications available without a prescription, such as aspirin. As such, a history | | |
| | of cardiovascular disease was considered to be a surrogate for | r aspirin use. | |

| : matched on age (within +/- 3 years), sex and overall medical comorbidity; |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| (± 15.2); controls: 69.8 ± (14.7) |
| 7.6%; controls: 56.4% |
| ore comorbidities, especially cardiovascular diseases (32.2% vs. 16.8%) P<0.001. |
| es: gastro-intestinal bleeding |
| sures: NA |
| IA |
| ers, subjects who were admitted with UGIB were 1.43 times more likely to have been prescribed an |
| and were 3.17 times more likely to be using both an SSRI and NSAID (95% CI: 2.01 – 5.00). |
| I and an NSAID were no more likely to develop UGIB than were users of an NSAID alone (OR, |
| |
| not associated with an increased risk of UGIB (OR, 0.99; 95 % CI, 0.63 – 1.56). |
| patients would have to receive an SSRI to promote the development of one additional case of non- |
| RLuse is associated with a modest increase in the risk of LIGIR, but did not detect an increase in |
| an SSRI is combined with an NSAID cotherapy with PPIs is able to significantly reduce the risk |
| |
| |
| sions: NA |
| |
| se events: NA |
| ıf efficacy: NA |
| |
| |
| |
| es: gastro-intestinal bleeding sures: NA IA ers, subjects who were admitted with UGIB were 1.43 times more likely to have been prescribed and were 3.17 times more likely to be using both an SSRI and NSAID (95 % CI: 2.01 – 5.00). R and an NSAID were no more likely to develop UGIB than were users of an NSAID alone (OR, not associated with an increased risk of UGIB (OR, 0.99; 95 % CI, 0.63 – 1.56). patients would have to receive an SSRI to promote the development of one additional case of no RI use is associated with a modest increase in the risk of UGIB, but did not detect an increase in en an SSRI is combined with an NSAID, cotherapy with PPIs is able to significantly reduce the risk sions: NA se events: NA of efficacy: NA |

| | 1 |
|--------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Tiihonen et al. ²³² |
| | Year: 2006 |
| | Country: Finland |
| FUNDING: | EVO financing (special government subsidies) from Niuvanniemi Hospital. |
| DESIGN: | Study design: Observational cohort |
| | Setting: Nationwide |
| | Sample size: 15,390 |
| INTERVENTION: | |
| Drug: | Various |
| Dose: | Various |
| Duration: | Mean follow-up 3.4 years |
| Sample size: | 15390 |
| INCLUSION: | All individuals in Finland who were hospitalized with a diagnosis of suicide attempt from January 1, 1997, to December 31, 2003 (the first hospital treatment period was considered as the index period). and were at least 10 years old when the index hospitalization began. |
| EXCLUSION: | Psychosis diagnosis |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: NA Mean age: 38.8 Gender (female %): 51.5 Ethnicity: NR Other population characteristics: |

Adverse Events

Evidence Table 12

| Authors: Tiihonen | |
|---------------------|------------------------------------------------------------------------------------------------------------------|
| Year: 2007 | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: relative risk (RR) of completed suicides, suicide attempts leading to hospitalization, |
| | and overall mortality during TCA (amitriptyline or doxepin hydrochloride), SSRI (fluoxetine, citalopram |
| | hydrobromide, paroxetine hydrochloride, sertraline, or fluvoxamine maleate), and SNA (mianserin hydrochloride, |
| | mirtazapine, or venlafaxine hydrochloride) treatment vs no antidepressant use |
| | Secondary Outcome Measures: NA |
| | Timing of assessments: various |
| RESULTS: | Adjusted RR (95% CI) |
| | Suicide with medication as a time dependent variable |
| | Fluoxetine 2081 0.52 (0.30-0.93) P = 0.03 |
| | Citalopram hydrobromide 0.80 (0.54-1.19) P = 0.26 |
| | Paroxetine hydrochloride) 0.90 (0.45-1.81) P = 0.78 |
| | Sertraline 0.82 (0.41-1.61) P = 0.56 |
| | Fluvoxamine maleate 0.95 (0.40-2.26) P= 0.90 |
| | Mirtazapine 0.98 (0.68-1.41) .91 |
| | Venlafaxine hydrochloride 1.61 (1.01-2.57) P = 0.04 |
| | Suicide attempts with medication as a time dependent variable |
| | Fluoxetine 1.54 (1.37-1.74) P < 0.001 |
| | Citalopram hydrobromide 1.55 (1.38-1.74) P < 0.001 |
| | Paroxetine hydrochloride 1.63 (1.33-1.99) $P < 0.001$ |
| | Sertraline 1.41 (1.15-1.72) P = 0.002 |
| | Fluvoxamine maleate 1.75 (1.38-2.22) P < 0.001 |
| | SNAs 1.57 (1.42-1.73) P < 0.001 |
| | Mirtazapine 1.50 (1.32-1.70) P < 0.001 |
| | Venlafaxine hydrochloride 1.79 (1.52-2.11) P < 0.001 |
| | Suicide attempts in 10-19 year old subjects with medication as a time dependent variable |
| | Fluoxetine 2.44 (1.54-3.86) P < 0.001 |
| | Citalopram hydrobromide 2.27 (1.47-3.52) P < 0.001 |
| | Paroxetine hydrochloride 2.32 (1.36-3.99) P = 0.002 |
| | Sertraline 0.71 (0.28-1.80) P = 0.47 |
| | Fluvoxamine maleate 0.82 (0.21-3.23) P = 0.78 |
| | Mirtazapine 1.06 (0.56-2.01) P = 0.85 |
| | Venlafaxine hydrochloride 2.65 (1.14-6.20) P = 0.02 |
| ANALYSIS: | ITT: NA |
| | Post randomization exclusions: NA |
| | Loss to follow-up: NA |
| ATTRITION: | N/A |
| ADVERSE EVENTS: | See results |
| QUALITY RATING: | Fair |

| STUDY | Authors: Tourian et al ²³³ |
|-----------------------|-------------------------------------------------------------------------------------------------------------------|
| 51001. | |
| | rear: 2010 |
| | Country: Multinational |
| FUNDING: | Wyeth and Phizer |
| DESIGN: | Study design: Pooled analysis |
| | Number of patients: 2950 |
| | |
| AIMS OF REVIEW: | To assess the risk of increased suicidal thoughts and behavior (suicidality) with desvenlafaxine (administered as |
| | desvenlafaxine succinate) in patients with major depressive disorder (MDD) |
| | |
| STUDIES INCLUDED IN | 9 KUIS |
| REVIEW | |
| | |
| TIME PERIOD COVERED: | NR |
| | |
| | |
| CHARACTERISTICS OF | RCTs, placebo controlled |
| INCLUDED STUDIES: | |
| | |
| CHARACTERISTICS OF | Adult outpatients meeting DSM-4 criteria for MMD. Symptoms for at least 30 days |
| INCLUDED POPULATIONS: | |
| | |
| l | <u> </u> |

| Authors: Tourian et al. | |
|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2010 | |
| CHARACTERISTICS OF | Placebo or desvenlafaxine 50 to 400 mg/d in 5 fixed-dose and 4 flexible-dose studies. Desvenlafaxine dose groups in the fixed- |
| INTERVENTIONS: | dose studies were 50 mg/d (included in 2 studies), 100 mg/d (3 studies), 200 mg/d (3 studies), and 400 mg/d (3 studies). In the |
| | texible-dose studies, dose ranges were 100 to 200 mg/d (1 study) and 200 to 400 mg/d (3 studies). Two of the flexible-dose |
| | studies included vehialaxine extended-release treatment arms. The double-billing treatment period for all studies was 8 weeks, |
| | Completed suiside Single study OD 1 02 (0.01 25 50) D = 0.091 |
| MAIN RESULTS: | Completed suicide Single study OR 1.03 (0.04-25.56) $P = 0.984$ Suiside attempt: peopled analysis OP 0.05 (0.10.4.72) $P = 0.052$ |
| | Suicide allempt, pooled analysis OR 0.35 (0.13-4.73) $F = 0.352$ Suicidel idention: pooled analysis OR 0.77 (0.22-2.26) $P = 0.677$ |
| | Overall suicidality: pooled analysis OR 0.97 (0.22-2.20) $\Gamma = 0.077$ |
| | |
| ADVERSE EVENTS: | There were no significant differences between groups in the risk for any class of suicide-related events, including completed |
| | suicide or suicide attempt. |
| COMPREHENSIVE | No |
| LITERATURE SEARCH | |
| STRATEGY: | |
| | |
| STANDARD METHOD OF | No |
| APPRAISAL OF STUDIES: | |
| | |
| | |
| QUALITY RATING: | |
| | |

| STUDY: | Authors: Trifiro, Dieleman, Sen, Gambassi, Sturkenboom 234 | |
|--------------------------|---------------------------------------------------------------------------|-------------------------------------------------------------|
| | Year: 2010 | |
| | Country: Netherlands | |
| FUNDING: | NR | |
| DESIGN: | Study design: case-control study (secondary data analysis) | |
| | Setting: community-dwelling elderly patients; primary care | |
| | Sample size: 492,272 | |
| INTERVENTION: = exposure | Cases (ischemic stroke) | Controls |
| Drug: | Current, past and non-use of any antidepressant (AD): tricyclic | Current, past and non-use of any antidepressant (AD): |
| | antidepressants, SSRIs, or other AD | tricyclic antidepressants, SSRIs, or other AD |
| _ | | |
| Dose: | Dose was also considered | Dose was also considered |
| Duration: | Cumulative number of prescription days during the follow-up | Cumulative number of prescription days during the follow- |
| | period: snort-term use (<=180 days) or long-term use (>= 181 | up period: snort-term use (<=180 days) or long-term use |
| Sample cize: | | (>= 101 uays) |
| | 990 Dereans 65 years and older registered in the Integrated Drimony Co | 491,270 |
| INCLUSION. | petiente with a validated first isobomia strake. Controle were meteb | are information utilabase (1990-2005). Cases were all |
| | antidepressants was divided in current, past, and populse and furth | er categorized by type (SSPL tricyclic, and other |
| | antidepressants) dose and duration | er categorized by type (SSRI, theyche, and other |
| EXCLUSION: | Patients who had a recorded diagnosis of TIA or stroke in the medi | ical history before the study entry or patients with a |
| | diagnosis of cerebral tumor either before or during the study period | l. |
| OTHER MEDICATIONS/ | Prior use of cardiovascular medications and concomitant use of ps | vchotropic drugs or other drugs (systemic corticosteroids, |
| INTERVENTIONS: | antibiotics, NSAIDs) were considered as covariates | |
| POPULATION | Cases and Control Groups similar: yes | |
| CHARACTERISTICS: | Age groups: cases: controls | |
| | 65-74 years: 32.2% 47.4% | |
| | 75-84 years: 44.9% 44.9% | |
| | >= 85 years: 22.9% 7.7% | |
| | Gender (female %): cases: 58.2%; controls: 61.8% (matching) | |
| | Ethnicity (Caucasian %): NR | 12 State 12 Contraction Contraction Contraction Contraction |
| | Utner population characteristics: No relevant differences in smo | oking nadits, cardiovascular diseases, and other diseases |
| | potentially related to stroke or neuropsychiatric diseases. | |
| | 1 | |

| Authors: Trifirò et al. | |
|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2010 | |
| Country: Netherlands | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: risk of ischemic stroke between users of antidepressants and nonusers |
| | Secondary Outcome Measures: NA |
| | Timing of assessments: NA (secondary analysis; observation period: January 1, 1996 – December 31, 2005) |
| RESULTS: | Current use of SSRIs was associated with an increased risk of ischemic stroke compared with non-use; OR: 1.55 (95% CI 1.07-2.25), whereas no significant associations were found for current use of TCA OR: 1.18 (95% CI 0.73-1.91) or other antidepressants OR: 1.01 (95% CI 0.45-2.25). There was no dose effect observed on the risk of ischemic stroke for current users of any antidepressant type. A duration effect was observed: Shorter use (<=180 days) of SSRIs was associated with a larger risk increase OR: 2.07 (95% CI 1.24-3.46) than longer use (>180 days) OR: 1.14 (95% CI 0.65-1.97). For patients with depression as an indication for treatment, the risk of ischemic stroke with SSRIs use OR: 1.99 (95% CI 1.20-3.30) was higher than that with TCAs OR: 1.07 (95% CI 0.43-2.65), although the difference was not statistically significant. |
| ANALYSIS: | ITT: NA |
| | Post randomization exclusions: NA |
| ATTRITION: | Overall Attrition: NA |
| | Withdrawals due to adverse events: NA |
| | Withdrawals due to lack of efficacy: NA |
| | Differential Attrition: NA |
| ADVERSE EVENTS: | See results |
| QUALITY RATING: | Good |

| Evidence Table 12 | Adverse Events | | | |
|--------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------|-------------------------------------|----------------------------------|
| STUDY: | Authors: Valuck R et al. ²³⁵ Year: 2004 Country: USA | | | |
| FUNDING: | Unfunded | | | |
| DESIGN: | Study design: Retrospective cohort Setting: Health Insurance database Sample size: 24119 | | | |
| INTERVENTION: Drug: | SSRIs-citalopram escitalopram fluoxetine fluvoxamine paroxetine, sertraline venlafaxine | Others- Bupropion mirtazapine nefazadone trazodone | None | Multiple |
| Dose: Duration: Sample size: | Various Mean 1.36 years 4595 | Various Mean 1.36 years 49217313 | Various Mean 1.36 years 17313 | Various Mean 1.36 yrs 1674 |
| INCLUSION: | adolescents 12–18 years who received either a diagnosis of MDD or an antidepressant medication (or both) between January 1998 and March 2003. A retrospective cohort was created for adolescents with new starts of depression treatment | | | |
| EXCLUSION: | Previous depression claims, antidepress | sant use or psychotherapy | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: 12-6.3%, 13-8.7%, 14-11.8% Gender (female %): 63 Ethnicity: NR Other population characteristics: | %, 15-16.0%, 16-19.8%, 17-20.6%, 18 | 3-16.% | |

| Authors: Valuck Year: 2004 | |
|----------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Suicide attempt Secondary Outcome Measures: Timing of assessments: Various |
| RESULTS: | Crude rates of Suicide attempt rate per person- month of follow-up (%) SSRI 0.13 Other 0.11 Multiple 0.11 None 0.07 Total 0.09 Results from cox proportionate model shows that the hazard ratios (95% CI) for SSRI 1.59 (0.89 to 2.82) P = 0.116, Other 1.03 (0.43 to 2.42), Multiple 1.43 (0.70 to 2.89) P= 0.325, None 1.00 referent. Other variables of interest include, female 1.97 (1.38 to 2.83) P < 0.001, duration of use >180 days 0.34 (0.21 to 0.55) P < 0.001 |
| ANALYSIS: | ITT: NA Post randomization exclusions: NA Loss to follow-up: NA |
| ATTRITION: Withdrawals due to adverse events: Withdrawals due to lack of efficacy: Loss to follow-up differential high: | NA |
| ADVERSE EVENTS: QUALITY RATING: | See results Fair |

| STUDY: | Authors: Vanderburg et al. ²³⁶ |
|-------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | Year: 2009 |
| | Country: NA |
| FUNDING: | Pfizer |
| DESIGN: | Study design: Pooled analysis (of Pfizer-sponsored RCTs of sertraline) |
| | Number of patients: 19,923 |
| AIMS OF REVIEW: | To identify possible suicide-related events in completed placebo-controlled Pfizer-sponsored trials of sertraline in adult patients with various psychiatric indications and to assess risk of suicidality with sertraline vs. placebo |
| STUDIES INCLUDED IN REVIEW | 126 placebo-controlled, double-blinded RCTs |
| TIME PERIOD COVERED: | Mid-1980s – mid-2000s |
| CHARACTERISTICS OF | 126 RCTs (Pfizer-sponsored completed studies, placebo-controlled, double-blind, all-duration, all indication, Phases 2-4), |
| INCLUDED STUDIES: | conducted between mid-1980s – mid-2000s; also including studies with no suicidal event or studies with < 20 subjects per |
| | treatment arm; relapse prevention studies were included |
| CHARACTERISTICS OF | Adults, both sexes; various psychiatric indications (MDD and non-MDD, including bipolar disorder, generalized anxiety |
| INCLUDED POPULATIONS: | disorder, panic disorder, obsessive-compulsive disorder, substance abuse, dysthymia, atypical depression, Post-traumatic |
| | Stress Disorder, generalized social phobia, bulimia nervosa, premenstrual dysphoric disorder) as well as some non-psychiatric |
| | indications (obesity, smoking cessation, fibromyalgia); during randomized phase of RCT or within 1 day after stopping |
| | randomized treatment |

| Authors: Vanderburg et al. | |
|-------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2009 | |
| CHARACTERISTICS OF INTERVENTIONS: | sertraline vs. placebo (all duration, including short-term trial duration < 17 weeks) during randomized phase of RCT or within 1 day after stopping randomized treatment |
| MAIN RESULTS: | Suicidality was the primary outcome and classified using the Columbia Classification Algorithm of Suicide Assessment: Completed Suicide, 2. Suicide Attempt, 3. Preparatory Actions Towards Imminent Suicidal Behavior, 4. Suicidal Ideation; 99 suicidality events were identified among 19,923 sertraline- and placebo-treated subjects; 4 cases of completed suicides among 10,917 sertraline-treated subjects with an incidence of 0.04% (95% CI = 0.01 to 0.09) and 3 cases among 9,006 placebo treated subjects with an incidence of 0.03% (95% CI = 0.01 to 0.10). No statistically significant differences between sertraline and placebo group in any of the individual suicidality groups or in all groups combined (i.e. short-term studies vs. all-duration studies; MDD vs. non-MDD-indication studies; age groups (< 25 years; 25-64 years, ≥ 65 years) In all-duration psychiatric studies the RR of suicidality combined was 0.96, 95% CI (0.64 – 1.44); in the all-duration psychiatric studies age group analyses the RR of suicidality combined was 0.60, 95% CI (0.16 – 2.23) for those aged < 25 years, and 0.88, 95% CI (0.55 – 1.39) in the age group 25 – 64 years and 1.32, 95% CI (0.32 – 5.52) in the age group ≥ 65 years; |
| ADVERSE EVENTS: | see results for detail |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | No (see comments) |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | No (see comments) |
| QUALITY RATING: | N/A |

| Evidence Table 12 | Adverse Events | | | | |
|--------------------------------------|----------------------------------------------------------------------------------------------------|---------------------------------------------|------------|-------------|------------|
| STUDY: | Authors: Vanderkooy et al. ²³⁷ Year: 2002 Country: Canada | | | | |
| FUNDING: | NR | | | | |
| DESIGN: | Study design: Prospective Observational Setting: Tertiary care clinic Sample size: 193 | | | | |
| INTERVENTION: | • | | | | |
| Drug: | Venlafaxine | Paroxetine | Sertraline | Moclobemide | Buproppion |
| Dose: | NR | NR | NR | NR | NR |
| Duration: | 8 weeks | 8 weeks | 8 weeks | 8 weeks | 8 weeks |
| Sample size: | 62 | 55 | 37 | 24 | 15 |
| INCLUSION: | Patients that completed 8 weeks of treatment for depression | | | | |
| EXCLUSION: | NA | | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at I Mean age: 39.5 Gender (female %) Ethnicity: NR Other population of | baseline: Yes): 62% characteristics: | | | |

| Authors: Vanderkooy et al. | | | |
|----------------------------|---------------------------------------------------------------------------------------------------------------------------------|--|--|
| Year: 2002 | | | |
| Country: Canada | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Remission and adverse events | | |
| | Timing of assessments: Baseline and 6 weeks | | |
| RESULTS: | Remission (HAM-D 17 < 7) bupropion 40%, moclobemide 25%, paroxetine 45%, sertraline 36%, venlafaxine 40% | | |
| ANALYSIS: | ITT: No | | |
| | Post randomization exclusions: NA but 24 or 11% noncompleters | | |
| ATTRITION: | Loss to follow-up: bupropion 12%, moclobemide 16%, paroxetine 23%, sertraline 24%, venlafaxine 13% | | |
| | Withdrawals due to adverse events: NR | | |
| | Withdrawals due to lack of efficacy: NR | | |
| | Loss to follow-up differential high: No | | |
| ADVERSE EVENTS: | Adverse events % | | |
| | Venlafaxine vs. paroxetine vs. sertraline | | |
| | Nervousness 11 vs. 9.1 vs. 16 | | |
| | Agitation 18 vs. 11 vs. 19 | | |
| | Tremor 11 vs. 3.6* vs. 16 | | |
| | Myoclonus 9.7 vs.13 vs.14 | | |
| | Fatigue 24 vs. 13 vs. 22 | | |
| | Dizziness 9.7 vs. 11 vs. 14 8 | | |
| | Postural hypotension 15 vs. 7.3* vs. 22 | | |
| | Somnolence 27 vs. 29 vs. 32 | | |
| | Increased sleep 6.5 vs. 7.3 vs. 14 | | |
| | Decreased sleep 26 vs. 13 vs. 14 | | |
| | Sweating 27 vs. 27 vs. 32 | | |
| | Flushing 11 vs. 13 vs. 14 | | |
| | Edema 1.6 vs. 1.8 vs. 8.1 | | |
| | Headache 26 vs. 18 vs. 22 | | |
| | Blurred vision 9.7 vs. 15 vs. 14 | | |
| | • Differs from results for sertraline, <i>P</i> < 0 .05 | | |
| QUALITY RATING: | Fair | | |

| STUDY: | Authors: Vestergaard et al. 238 | | |
|--------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|--|
| | Country: Denmark | | |
| FUNDING: | | | |
| DESIGN: | Study design: case-control study (secondary data analysis, da | ita linkage) | |
| | Setting: in/ -outpatient, community (population-based) Sample size: 498,617 | | |
| INTERVENTION: = exposure | Cases | Controls | |
| Drug: | Exposure to any antidepressant (AD): tricyclic antidepressants, SSRIs, SNRIs, MAOIs, NaSSA, tetracyclic antidepressants | Exposure to any antidepressant: tricyclic antidepressants, SSRIs, SNRIs, MAOIs, NaSSA, tetracyclic antidepressants) | |
| Dose: | NR | NR | |
| Duration: | 0-5 years (yrs) | 0-5 years | |
| Sample size: | 124,655 | 373,962 | |
| INCLUSION: | Civil registry number (entry in civil registration system, coverage | e in hospital discharge register a/o pharmacy database) | |
| EXCLUSION: | Criteria NR (various sensitivity analyses for confounder analysis | 5) | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Corticosteroids, antiepileptics, neuroleptics, anxiolytics, hypnotics, sedatives, lithium (adjustments for ever use were made) | | |
| POPULATION | Groups similar at baseline: only for age and sex | | |
| CHARACTERISTICS: | Mean age: cases: 43.44 yrs ± 27.39; controls: 43.44 yrs ± 27.39 | | |
| | Gender (female %): cases: 51,8%; controls: 51,8% (matching) | | |
| | Ethnicity (Caucasian %): NR | | |
| | Other population characteristics: relevant differences for ma | rital status, comorbidity, income, previous fracture | |

| Authors: Vestergaard et al. | |
|-----------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2008 | |
| Country: Denmark | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: conditional OR of fracture (any, hip, spine, forearm) of single AD (multiple adjustments; |
| | analyses done for average daily dose; cumulated use, duration of use) |
| | Secondary Outcome Measures: NA |
| | Timing of assessments: NA (secondary analysis; data on AD use available for 0-5 years), dosages were calculated as DDD |
| | (defined daily dose) per day |
| RESULTS: | Only statistically significant associations of relevant drugs shown here: dose-response relationship for several SSRIs (citalopram p<0.01, fluoxetine p< 0.03, fluvoxamine p< 0.74, paroxetine p<0.078, sertraline p<0.01); risk of any fracture (all adjusted ORs, dosage categories <=0,25 DDD; 0,25-0,5 DDD; >= 0,5 DDD); from lowest to highest dose: citalopram 1.11 (1.06–1.16); 1.31 (1.21–1.41); 1.38 (1.33–1.44); fluoxetine 1.06 (1.00–1.13); 1.16 (1.01–1.33); 1.20 (1.09–1.32); paroxetine (only at highest dose) 1.21 (1.10–1.33); sertraline (only at highest dose) 1.25 (1.16–1.34); mirtazapine (only at medium dose) 1.22 (1.05–1.41); In general, the increase in 'relative risk' of hip fractures was larger than the increase in other fracture types; risk for all fracture types statistically significantly increased for citalopram, at highest dose also for sertraline; greatest risk increase (adj OR) for hip fracture 1,98 (1,82-2,16) for citalopram; statistically significant associations for SSRIs and duration of use with a tendency to decline with time (duration of use.categorized <=0,5 yrs; 0,5-1 yrs; 1,1-2,5 yrs; >=2,5 yrs); statistically |
| | significant for citalopram, fluoxetine, paroxetine, sertraline and mirtazapine |
| ANALYSIS: | |
| | Post randomization exclusions: NA |
| ATTRITION: | Overall Attrition: NA |
| | Withdrawals due to adverse events: NA |
| | Withdrawais due to lack of efficacy: NA |
| | Differential Attrition: NA |
| ADVERSE EVENTS: | See results |
| QUALITY RATING: | Good |

| Evidence Table 12 | Adverse Events | | | |
|-----------------------------|--------------------------------------------------------------------------------------------------|---------------------------------------|--|--|
| STUDY: | Authors: Whyte et al. ²³⁹ | | | |
| | Year: 2003 | | | |
| | Country: Australia | | | |
| FUNDING: | NR | | | |
| DESIGN: | Study design: Observational-prospectiv | ve cohort | | |
| | Setting: Hospital (Hunter Area Toxicolog | gy Service Database, Australia) | | |
| | Sample size: 538 (284 venlafaxine and other SSRI records) | | | |
| INTERVENTION: | | · · · · · · · · · · · · · · · · · · · | | |
| Drug: | Venlafaxine | Other SSRIs | | |
| Dose: | overdose | overdose | | |
| Duration: | N/A | N/A | | |
| Sample size: | 51 | 284 | | |
| INCLUSION: | First time admissions for overdose with an SSRI or TCA | | | |
| | | | | |
| EXCLUSION: | Patients who ingested multiple drugs of i | interest | | |
| OTHER MEDICATIONS/ | N/A | | | |
| | One was similar at here lines. No. CODI means and similar the test means do not it. I | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: No, SSRI group was younger and significantly; took more drug; waited | | | |
| | Ionger to present | | | |
| | Mean age: VX: 36; SSRI: 29 | | | |
| | Gender: VX: 68.6%; SSRI: 67% female | | | |
| | Ethnicity: NK Other nonviction characteristics: ND | | | |
| | Other population characteristics: NR | | | |
| | | | | |

| Andhama Wilcota at al | |
|--------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Authors: whyte et al. | |
| Year: 2003 | |
| Country: US | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Incidence of seizures |
| | Secondary Outcome Measures: Serotonin toxicity; ICU admission; life-threatening arrhythmias; heart rate; blood pressure; coma score; ECG measures; time in hospital |
| | Timing of assessments: N/A |
| RESULTS: | Significantly more patients overdosing on venlafaxine (13.7%) experienced seizures than patients taking other SSRIs (1.3%) p < 0.001 |
| | Significantly more patients overdosing on venlafaxine (29.4%) required ICU admission than patients taking other SSRIs (7.3%) p < 0.01 |
| | No other significant differences were found between venlafaxine overdoses and SSRI overdoses |
| ANALYSIS: | ITT: N/A |
| | Post randomization exclusions: N/A |
| ATTRITION: | Overall |
| Loss to follow-up: | N/A |
| Withdrawals due to adverse events: | |
| Withdrawals due to lack of efficacy | |
| Loss to follow-up differential high: | |
| | |
| ADVERSE EVENTS. | |
| QUALITY RATING: | Good |

| STUDY | Authors: Ziora at al 240 |
|--------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| 31001. | |
| | |
| | Country: Netherlands |
| FUNDING: | No external funding |
| DESIGN: | Study design: prospective cohort study (population-based) |
| | Setting: community, suburban (Rotterdam) |
| | Sample size: 7983 |
| INTERVENTION: = exposure | |
| Drug: | Exposure to any antidepressant (AD), subclassified in tricyclic antidepressants (TCAs), including imipramine, clomipramine, |
| • | opipramol, amitriptyline, nortriptyline, doxepine, dosulepine, and maprotiline; selective serotonine reuptake inhibitors (SSRIs), |
| | including fluoxetine, citalopram, paroxetine, sertraline, fluvoxamine, and escitalopram; and other antidepressants, including |
| | tranvlcvpromine, moclobemide, mianserin, trazodone, nefazodone, mirtazapine, and venlafaxine |
| | calculated as Defined Daily Dose (DDD); subclassified for analysis in < 1 DDD and \geq 1 DDD |
| Dose: | exposure classification: (1) no use of AD: (2) current use of AD (number of consecutive days prior to index date: subclassified |
| Duration: | in < 6 weeks - 6 weeks - 6 months: < 6 months): (3) nast use of AD (history of use but no use on index date) |
| Duration | 7983 (mean follow-un 8.4 years total follow-un of 66.261 person years) |
| | |
| Sample size: | |
| INCLUSION: | Participants of the Rotterdam study (men and women aged 55 years and older & living in a Rotterdam district for a minimum of |
| | 1 year at study recruitment, who were willing to participate and were eligible) followed from baseline interview (1990-1993) |
| | until an incident fracture, death, or the end of the study period (January 2002), whichever came first |
| EXCLUSION: | NR (althors were only referring to background paper on Rotterdam study) |
| | Analyze were only retering to background paper on roticidal study) |
| | Analyses were adjusted in use of antipsycholics, antiparkinson unugs, triazide duretics, p-blockers, bisphosphonates, statins, |
| INTERVENTIONS: | time dependent englestes, concesteroids, and estrogens (mormation on co-exposure within 90 days preceding the index date |
| | (unie-dependent contourders) |
| POPULATION | Groups similar at baseline: NR (adjusted analyses) |
| CHARACTERISTICS: | wean age (date as shown unclear): entire study conort: $(7.5 \pm (8.7))$ |
| | Gender (female %): study cohort: 61% |
| | Visual impairment: 28%; recent falling: 17%; any fracture in previous 5 years: 14%; prevalent dementia (MMSE score < 25 |
| | points): 10% |

| Authors: Ziere et al. | |
|-----------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2008 | |
| Country: Netherlands | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: incident nonvertebral fractures during the follow-up period (all vertebral fractures and pathological and postprocedural fractures excluded) Secondary Outcome Measures: NA Timing of assessments: NA |
| RESULTS: | 1219 study participants experienced a nonvertebral fracture, 25 during TCA use and 18 during SSRI use. After adjustment for age, sex, lower-limb disability, and depression, the risk (hazard ratio) of nonvertebral fracture was 2.35 (95% confidence interval, 1.32–4.18) for current users of SSRIs compared with non-users of antidepressants, and a 3.36-fold risk increase (95% confidence interval, 1.39–8.08) for subjects who had been using SSRIs for at least 6 months compared with compared with non-users. There was a clear duration-effect relationship (P for trend = 0.001). Using only data from antidepressant users (n = 1217) to assess potential confounding by indication: 2.07-fold (95% CI, 1.23–3.50) increased risk of fracture in current users of SSRIs compared with past users of TCAs or SSRIs (further increasing with prolonged use). In this analysis, depressive state at baseline and during follow-up did not alter the association, suggesting absence of confounding by indication. The use of TCAs was associated with an increased fracture risk that decreased with prolonged use. |
| ANALYSIS: | ITT: NA Post randomization exclusions: NA |
| ATTRITION**: | Overall Attrition: NA Withdrawals due to adverse events: NA Withdrawals due to lack of efficacy: NA Differential Attrition: NA |
| ADVERSE EVENTS: | See results |
| QUALITY RATING: | Fair** |

| Evidence Table 13 | Subgroups | | |
|-----------------------------|---------------------------------------------------------------------------------------------------------------------|--------------------|--|
| STUDY: | Authors: Andersen et al. ²⁴¹ | | |
| | Year: 1994 | | |
| | Country: Denmark | | |
| FUNDING: | Lundbeck Foundation | | |
| DESIGN: | Study design: RCT | | |
| | Setting: 2 hospitals and 1 outpatient cli | nic | |
| | Sample size: 66 | | |
| INTERVENTION: | | | |
| Drug: | Citalopram | Placebo | |
| Dose: | 10-40 mg/d | N/A | |
| Duration: | 6 weeks | 6 weeks | |
| Sample size: | 33 | 33 | |
| INCLUSION: | Adults 25 to 80; minimum HAM-D score of: 13; concomitant condition: post-stroke; diagnosed with post-stroke | | |
| | depression according to DSM-III-R | | |
| EXCLUSION: | Additional mental illnesses or organic mental disorder; subarachnoid or Binswanger's disease or other degenerative | | |
| | diseases; patients with decreased consciousness, dementia, or aphasia to such a degree that they could not explain | | |
| | themselves or gave conflicting verbal and nonverbal signals | | |
| | | | |
| OTHER MEDICATIONS/ | No differences between groups with respect to concomitant use of other medications (including hypnotics, anxiolytic | | |
| INTERVENTIONS: | agents) | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | |
| | Mean age: citalopram 68.2, placebo 65.8 | | |
| | Gender (female %): citalopram 64%, placebo 58% | | |
| | Ethnicity: NR | | |
| | Other population characteristics: | | |
| | Baseline HAM-D: citalopram 19.4 (3.1), | placebo 18.9 (2.8) | |

| Authors: Andersen et al. | |
|--------------------------|--------------------------------------------------------------------------------------------------------------|
| Year: 1994 | |
| Country: Denmark | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: HAM-D, MES |
| | Secondary Outcome Measures: ECG |
| | Timing of assessments: baseline and weekly |
| RESULTS: | Significant improvement in citalopram-treated patients vs. placebo (p < 0.05) |
| | Decrease in HDS and MES scores from baseline significantly greater in citalopram group than placebo group (p |
| | < 0.05) |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: No |
| ATTRITION: | Loss to follow-up: citalopram 21%, placebo 6% |
| | Withdrawals due to adverse events: NR |
| | Withdrawals due to lack of efficacy: NR |
| | Loss to follow-up differential high: Yes |
| ADVERSE EVENTS: | NR |
| QUALITY RATING: | Fair |
| | |

| Evidence Table 13 | Subgroups | | |
|--------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Book S et al. ²⁴² | | |
| | Year: 2008 | | |
| | Country: USA | | |
| FUNDING: | National Institute on Alcohol Abuse and | Alcoholism. | |
| DESIGN: | Study design: RCT | | |
| | Setting: Single center | | |
| | Sample size: 42 | | |
| INTERVENTION: | | | |
| Drug: | Paroxetine | Placebo | |
| Dose: | 10-60 mg/day | N/A | |
| Duration: | 16 weeks | 16 weeks | |
| Sample size: | 20 | 22 | |
| INCLUSION: | Diagnostic criteria for current social anx or dependence); 18–65 years old; have 60 on the Liebowitz Social Anxiety Scal standard drinks in the previous 30-day | iety disorder, generalized type, and curre sufficiently severe social anxiety disorde e; report using alcohol to cope with socia period | ent alcohol use disorder (alcohol abuse r, as defined by a total score of at least I anxiety; and consume at least 15 |
| EXCLUSION: | Current bipolar disorder, schizophrenia, presence of significant suicidality. Media alcohol; current use of psychotropic me illicit drugs other than marijuana; and liv detoxification or treatment seeking for a intervention was provided | , substance abuse or dependence other t cal exclusion factors included: history of p dications; seeking treatment for alcohol p ver enzymes greater than three times nor llcohol problems was exclusionary for eth | han alcohol, nicotine, marijuana, or prior medical detoxification from problems; urine drug screen positive for mal levels. History of prior medical nical reasons since no explicit alcohol |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: paroxetine 28, placebo 22 Gender (female %): paroxetine 45, pla Ethnicity (% white): paroxetine 100, pl Other population characteristics: | acebo 50 acebo 82 | |

| Authors: Book S et al. | |
|------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2008 | |
| Country: USA | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Leibowitz Social Anxiety Scale (LSAS) |
| | Secondary Outcome Measures: CGI-I, Social Phobia Inventory (SPIN) |
| | Timing of assessments: Baseline and weekly assessments. |
| RESULTS: | LSAS total scores were reduced by an average of 53% (S.E. = 6.6) for the paroxetine group versus 32% (S.E. = 6.2) for the placebo group, a statistically significant difference, t(40) = 2.34, p = .02. |
| | Responders, as defined by a CGI improvement score of 1 or 2, paroxetine 55% versus placebo 27% |
| | SPIN results failed to achieve statistical significance: mean reduction of 46% (S.E. = 7) for paroxetine group vs. 31% (S.E. = 7), t(40) = 1.49, p = 0.15 |
| ANAI YSIS: | III: Yes |
| | Post randomization exclusions: No |
| ATTRITION: | Loss to follow-up: 10% |
| | Withdrawals due to adverse events: 5% vs. 0 |
| | Withdrawals due to lack of efficacy: NR |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Paroxetine vs. placebo |
| | Tremor: 45% (9) vs. 14% (3), p = 0.03 |
| | Myoclonus: 35% (7) vs. 5% (1), p = 0.01 |
| | Anorgasmia/delayed ejaculation: 55% (11) vs. 18% (4), p = 0.01 |
| QUALITY RATING: | Fair |

| Evidence Table 13 | Subgroups |
|---------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Bush D, et al. ²⁴³ Year: 2005 Country: Multinational |
| FUNDING: | AHRQ |
| DESIGN: | Study design: Systematic review Number of patients: NR |
| AIMS OF REVIEW: | To examine the role of depression post-MI |
| STUDIES INCLUDED IN REVIEW | 86 studies (11 studies addressed SSRI treatment for depression) |
| TIME PERIOD COVERED: | Up to April 2004 |
| CHARACTERISTICS OF INCLUDED STUDIES: | Studies that have examined depression or depressive symptoms in patients after MI and focus on prevalence, clinical significance, treatment, and methods of evaluating condition |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Patients suffering from myocardial infarction and depression |

| Authors: Bush D, et al. Year: 2005 | |
|----------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CHARACTERISTICS OF INTERVENTIONS: | SSRIs and therapy |
| MAIN RESULTS: | In post-MI patients with depression, SSRIs improve depression and some surrogate markers of cardiac risk No studies of sufficient power address question of whether treatment improves survival |
| ADVERSE EVENTS: | NR |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | MEDLINE®, the Cochrane CENTRAL® Register of Controlled Trials (Issue 1, 2003), the Cochrane Database of Methodology Reviews (CDMR®), the Cumulative Index of Nursing and Allied Health Literature (CINAHL®), the Psychological Abstracts (PsycINFO®), and EMBASE® and handsearches |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Yes |
| QUALITY RATING: | Fair |

| Evidence Table 13 | Subgroups | | | |
|----------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------|--------------------|
| STUDY: | Authors: Cassano GB, et al. ¹⁶ Year: 2002 Country: Italy | | | |
| FUNDING: | SmithKline Beecham, Ravizza F | armaceutici | | |
| DESIGN: | Study design: RCT Setting: Multi-center (38) Sample size: 242 | | | |
| INTERVENTION: Drug: Dose: Duration: | Paroxetine 20-40 mg/day 1 year | Fluoxetine 20-60 mg/day 1 year | | |
| INCLUSION: | 65 yrs or older; ICD-10 criteria for depression; ≥ 18 on HAM-D-17; mini mental state ≥ 22; Raskin score higher than Covi Anxiety score | | | |
| EXCLUSION: | History of seizures; dementia; history of psychotic disorders; bipolar disorder; alcohol or substance abuse; existing suicidal risk; clinically relevant progressive disease; depot neuroleptics within 6 months | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Treatments for concomitant syst | emic diseases; short or intermedia | te half-life benzodiazepines; tema | zepam for insomnia |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye Mean age: Paroxetine: 75.6, fluc Gender (% female): Paroxetine: Ethnicity: Not reported Other population characteristi than 1 year for 25%; 40% had al | s oxetine: 74.9 61%, fluoxetine: 50% i cs: Duration of present episode wa ready been treated for present epi | as less than 6 months for 60% of p sode | patients and more |

| Authors: Cassano GB, et al. Year: 2002 | |
|-------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | <i>Measures and timing of assessments:</i> HAM-D, CGI, Clinical Anxiety Scale at baseline, weeks 3, 6, 12, 20, 28, 36, 44, 52 HAMD responders = score < 10, anxiety responders = CAS score < 8 Cognitive tests: Buschke Selective Reminding Test, Blessed Information and Memory Test, Clifton Assessment Schedule, Cancellation Task Test, Wechsler Paired Word Test, Mini-mental State Examination, baseline, weeks 3, 6, 12, 20, 28, 36, 44, 52 |
| RESULTS: | Cognitive function: Both treatment groups showed significant improvement in cognitive performance on all test scales There were no significant differences between treatment groups and cognitive performance except for the Buschke test at week 3 and 6 where paroxetine showed a significantly greater improvement on a number of tests Depressive symptoms: Both treatment groups significantly improved the HAM-D total scores Paroxetine showed a greater improvement of HAM-D scores during the first 6 weeks (week 3: p < 0.05; week 6: p < 0.002), otherwise there were no differences between the treatment groups A Kaplan Meier analysis evaluating the percentage of responders (HAM-D ≥ 10) over time showed a significant differences on CGI scores |
| ANALYSIS: | ITT: No Post randomization exclusions: Not reported |
| ATTRITION: | Loss to follow-up: 39.3%; paroxetine: 40.6%, fluoxetine: 37.8% Withdrawals due to adverse events: 15% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | At least 1 adverse event: paroxetine: 27.6%, fluoxetine: 32.8% Fluoxetine had significantly more severe adverse events than paroxetine (22 vs. 9; p < 0.02) |
| QUALITY RATING: | Fair |

| Evidence Table 13 | Subgroups |
|---------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Clayton AH, et al. ²⁴⁴ |
| | Year: 2005 |
| | Country: NR |
| FUNDING: | Pfizet, Inc. |
| DESIGN: | Study design: Pooled analysis |
| | <i>Number of patients:</i> 673 (338 women, 335 men) |
| AIMS OF REVIEW: | To examine the sex differences in efficacy and safety when panic disorder is treated with sertraline or placebo |
| STUDIES INCLUDED IN POOLED- ANALYSIS | Four double-blinded RCTs (Pohl et al., 1998; Londborg et al, 1998; Pollack and Otto, 1998; and Sheikh et al., 2000) |
| TIME PERIOD COVERED: | Not reported |
| CHARACTERISTICS OF INCLUDED STUDIES: | Double blinded, placebo controlled trials of sertraline: all used a 2-week single-blind period |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Adult, 18 years or older, outpatients with panic disorder with or without agoraphobia; at baseline males reported an earlier age of onset (28.1 vs. 30.0 years)shorter duration of disease (8.6 vs. 7.3 years), were younger (36 vs. 40 years) and had higher past histories with alcohol/substance abuse/dependence (substance 14% vs.6% alcohol 20% vs. 9%) |

| Authors: Clayton AH, et al. Year: 2005 | |
|----------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CHARACTERISTICS OF INTERVENTIONS: | 2 fixed dose studies 12 weeks in length, 2 flexible dose studies 10 weeks in length |
| MAIN RESULTS: | Panic attack frequency- change from baseline males -77% females -82% p = 0.02 PDSS total score- change from baseline males -5.79 (0.61) females -6.99 (0.47) p = 0.42 Time spent worrying- change from baseline males -61.4% females -72.1% p = 0.01 HAM-A total score- change from baseline males -10.74 (0.60) females -10.07 (0.58) p = 0.42 Q-LES-Q total score- change from baseline males +8.45 (1.84) females +8.89 (1.43) p = 0.85 |
| ADVERSE EVENTS: | Excess over placebo rates of more than 5% in nausea (11% male, 11% female), insomnia (10% male, 5% female), sedation (9% male, 2% female) diarrhea (7% male, 14% female) dry mouth (7% male, 3% female) fatigue (5% male, 6% female) |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | No; analysis of published trials |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Not reported |
| QUALITY RATING: | Fair |

| Evidence Table 13 | Subgroups | | | |
|--------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------|------------------------------------|-------------------|
| STUDY: | Authors: Cornelius JR, et. al. Year: 1997, Subgroup analysis, Country: US | 1998 <i>;</i> Follow up study, 2000 | | |
| FUNDING: | Not reported | | | |
| DESIGN: | Study design: RCT Setting: Single-center Sample size: 51 Subgroup analysis 1998: 17 Follow up study 2000: 31 | | | |
| INTERVENTION: | | | | |
| Drug: Dose: | Fluoxetine | Placebo | | |
| Duration: | 12 weeks | 12 weeks | | |
| INCLUSION: | 18-65 years old; DSM-III-R criter Subgroup analysis 1998: cocain | ria for MDD and alcohol dependen e abuse by DSM-III | ce | |
| EXCLUSION: | Serious concomitant medical illn antidepressant medication within | ess; pregnancy; bipolar; schizoaffe n 1 month | ective; schizophrenia; non-alcohol | substance abuse; |
| OTHER MEDICATIONS/ INTERVENTIONS: | None reported | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: No Mean Age: 34.8 Gender (female%): 49% Ethnicity: 47% white, 53% blac Other population characterist | k i cs: The fluoxetine group was sign | ificantly more depressed on the BI | OI scale than the |

| Authors: Cornelius JR, et. al. Year: 1997, 1998, 2000 | |
|----------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: US | |
| OUTCOME ASSESSMENT: | Measures: 24 item HAM-D, BDI , Addiction Severity Index, drinking level |
| | Timing of assessments: Assessments performed weekly |
| RESULTS: | Change in HAM-D score was significantly better for the fluoxetine group than placebo (p < 0.05) |
| | Change in BDI score was not significantly different between groups |
| | Fluoxetine patients had significantly fewer drinks, number of drinking days, and drinks per day (p < 0.05) Subgroup analysis 1998 |
| | Cocaine abusers showed a significantly worse outcome on HAM-D (p = 0.17) and on BDI (p = 0.001) and multiple measures of alcohol consumption (p = 0.042) compared to non-cocaine abusing alcoholics Follow up study 2000 |
| | HAM-d scores remained significantly lower in the fluoxetine group during the one year follow-up. No additional improvement was reported |
| | Number of days intoxicated decreased in fluoxetine group (p = 0.010) |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: No |
| ATTRITION: | Loss to follow-up: 10% |
| | Withdrawals due to adverse events: 0 |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | No side effects observed |
| QUALITY RATING: | Good |

| STUDY: | Authors: Cornelius et al. ¹⁹² | |
|--------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | Year: 2009 | |
| | Country: USA | |
| FUNDING: | National Institute on Alcohol Abuse and Alcoholism, National Institute of I | Drug Abuse |
| DESIGN: | Study design: RCT | |
| | Setting: Outpatient | |
| | Sample size: 50 | 1 |
| INTERVENTION: | | |
| Drug: | Fluoxetine | Placebo |
| Dose: | 20 mg | 20 mg |
| Duration: | 12 weeks | 12 weeks |
| Sample size: | 24 | 26 |
| INCLUSION: | 15 and 20 years of age; DSM-IV confirmed diagnoses of current alcohol Affective Disorders and Schizophrenia-Present and Lifetime Version (K-S alcohol use disorder (alcohol abuse or dependence) was confirmed using Clinical Interview (SCID). Minimum levels of drinking for study inclusion were defined as drinking at assessment, as demonstrated on the Timeline Follow-back scale. HAM-E | use disorder (AUD) and of current MDD (Schedule for SADS-PL) used for MDD diagnosis; DSM-IV diagnosis of g the Substance Use Disorders Section of the Structured t least 10 drinks over the month prior to baseline D-27 score ≥15 at baseline assessment. |
| EXCLUSION: | Bipolar disorder, schizoaffective disorder, or schizophrenia; hyper- or hyp impairment, and significant liver disease; antipsychotic or antidepressant substance abuse or dependence other than nicotine dependence or canr use; pregnancy, inability or unwillingness to use contraceptive methods, a | bothyroidism, significant cardiac, neurological, or renal medication in the month prior to enrollment; any nabis abuse or dependence; history of intravenous drug and an inability to read or understand study forms. |
| OTHER MEDICATIONS/ INTERVENTIONS: | Both groups: 9 sessions of manual-based intensive therapy, which consist Motivation Enhancement Therapy (MET). | sted of Cognitive Behavioral Therapy (CBT) and |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Placebo significantly more depressed at ba | seline |
| | Gender (temale %): 50.0% fluoxetine, 61.5% placebo | |
| | Ethnicity (white %): 83.3% fluoxetine, 88.5% placebo | and (CD)]; fluenceting 17 00 (0.07) ve placet - 00.10 |
| | Utner characteristics: Beck Depression Inventory (BDI) [mean score, a | and $(5U)$ inducetine 17.28 (8.87) vs. placebo 22.12 |
| | (7.50) , $P \le 0.041$; Hamilton Rating Scale for Depression (HAM-D-27): fluc | 0xettime 10.08(7.09) vs. placebo 22.88 (8.79), $P < 0.011$ |

| Authors:.Cornelius Year: 2009 Country: USA | |
|--------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Depressive symptoms: HAM-D-27 & BDI; drinking behavior (TLFB): drinks per day, drinks per occasion, days of alcohol use per week, heavy drinking days per week Secondary Outcome Measures: NR Timing of assessments: Baseline, weeks 1, 2, 3, 4, 6, 8, 10, and 12 |
| RESULTS: | No significant differences between fluoxetine and placebo in depressive symptoms or drinking behavior between the groups, with participants in both arms showing improvements for depressive symptoms and level of drinking. Depressive symptoms: [mean score, (SD)]: BDI fluoxetine 6.79 (7.49) vs. placebo 10.46 (10.80), $P = 0.173$; HAM-D-27: fluoxetine 4.54 (7.06) vs. placebo 8.31 (8.97), $P = 0.107$. Number of days of heavy alcohol use was significantly associated with lack of remission of BDI depression scores (BDI scores < 8) both at midpoint and end of study. |
| ANALYSIS: | ITT: Yes Post randomization exclusions: None |
| ATTRITION: | Overall Attrition: 3/50; 6% Withdrawals due to adverse events: 0 Withdrawals due to lack of efficacy: 3/50; 6% (all placebo) Differential Attrition: 12% vs. 0% |
| ADVERSE EVENTS: | No severe adverse events. Only mild and rare side effects occurred (no data reported). |
| QUALITY RATING: | Fair |

Evidence Table 13 Subgroups

| STUDY: | Authors: Deshauer et al. ²⁴⁸ Year: 2008 |
|---------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| FUNDING: | NR |
| DESIGN: | <i>Study design:</i> Systematic Review and Meta-Analysis <i>Number of patients:</i> 1299 |
| AIMS OF REVIEW: | Examine the efficacy and acceptability of long-term therapy with selective serotonin reuptake inhibitors relative to placebo in the treatment of moderate to severe depression, including subgroups of patients with major chronic health conditions. |
| STUDIES INCLUDED IN REVIEW | 6 RCTs |
| TIME PERIOD COVERED: | 2003 – June 2007 |
| CHARACTERISTICS OF INCLUDED STUDIES: | 2-arm, parallel placebo-controlled randomized trials with a duration of at least 6 months (Glassman et al., Murray et al., Gual et al., Detke et al., Hypericum Depression Trial Study Group, Stahl); 5/6 trials industry sponsored; 4/6 using LOCF method for analysis; |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Adult outpatients aged 18 years and older with acute, moderate to severe MDD with a range of chronic comorbidities, including significant medical conditions (myocardial infarction, stroke) and alcohol dependence; generalizability? 5/6 trials excluded patients with substance abuse, a common comorbidity; all trials excluded patients with suicidal ideation) |
| Authors: Deshauer et al Year: 2008 | |
|-------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CHARACTERISTICS OF INTERVENTIONS: | Placebo or sertraline 50–200 mg/d, citalopram 20–60 mg/d or paroxetine 20 mg/d |
| MAIN RESULTS: | Primary outcomes (Meta-analyses, pooled results, relative risks): response (defined by a 50% improvement in depression score relative to baseline); remission (defined by a score of ≤ 7 HAM-D at endpoint); and overall treatment acceptability (total number of dropouts as a proxy measure). Response overall (6 trials) : SSRIs were superior to placebo at 6–8 months; OR 1.66, (95% CI 1.12–2.48); I 2 = 63.9% Response, subgroup analysis: statistically significant treatment effect among patients with depression who had no comorbidities [(OR 2.13, 95% CI 1.11–4.08; I 2 = 76.8%)] but not among those with comorbidities [(OR 1.32, 95% CI 0.84–2.06; I 2 = 30.8%)]. Remission (4 trials): no statistically significant difference between selective serotonin reuptake inhibitors and placebo [(OR 1.46, 95% CI 0.92–2.32; I 2 = 38%)]. Remission, subgroup analysis: participants without comorbidities had a significantly higher remission rate if they were taking selective serotonin reuptake inhibitors compared to placebo [(OR 2.06, 95% CI 1.41–3.01; I 2 = 0%)]; no such statistically significant treatment effect in participants with comorbidities [(OR 0.87, 95% CI 0.44–1.72; I 2 = 0%)]. Overall acceptability (6 trials): no statistically significant difference between SSRIs and placebo [(OR 0.87, 95% CI 0.67–1.14; I 2 = 21.3%)]. |
| ADVERSE EVENTS: | Included as secondary outcomes (suicide, self-harm); data only reported in 2 trials: 1 completed suicide (placebo), none among patients receiving SSRIs |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | Yes |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Yes |
| QUALITY RATING: | Good |

Evidence Table 13 Subgroups

| STUDY | Authors: Echeverry et al 249 | | | |
|--------------------|-----------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------|------------|
| 01001. | Vor: 2000 | | | |
| | | | | |
| | | | | 000110 |
| FUNDING: | UCLA/DREW Project EXPORT, the Na | tional Center on Minority Health a | nd Health Disparities (PD20MD | 000148 and |
| | P20D000182), and the National Institut | es of Health (Grant U54-RR-0146 | 16). | |
| DESIGN: | Study design: RCT | | | |
| | Setting: Diabetes clinic in LA | | | |
| | Sample size: 89 | | | |
| INTERVENTION: | | | | |
| Drug: | Sertraline | Placebo | | |
| Dose: | 50-100 mg | NA | | |
| Duration: | 6 months | 6 months | | |
| Sample size: | 45 | 44 | | |
| INCLUSION: | Depressed subjects (low-income minorities) with diabetes (HbA1C \geq 8) and a confirmed diagnosis of depression with the | | | |
| | computerized Diagnostic Interview Schedule (CDIS) | | | |
| | | , ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, , ,, ,, ,, , ,, , ,, , ,, , ,, , ,, , , , , , , , , , , , , , , , , , , , | | |
| EXCLUSION: | Current use of antidepressants, pregnancy, dialysis, liver disease by history or liver enzyme levels elevated three times greater | | | |
| | than normal, blood pressure >160 mmHg systolic or >95 mmHg diastolic, a history of severe depression; suicide | | | |
| OTHER MEDICATIONS/ | All subjects were seen in group sessions monthly for an American Diabetes Association-approved diabetes education program | | | |
| INTERVENTIONS: | given by the study coordinator, in which adherence to medications was also stressed. | | | |
| POPULATION | Groups similar at baseline: yes | | | |
| CHARACTERISTICS: | Mean age: 53 years | | | |
| | Gender (female %): 73 | | | |
| | Ethnicity: 88% Hispanic, 11% Africar | American, 1% others | | |
| | Other population characteristics: 2% | 6 Type 1 diabetics | | |

| Authors: Echeverry et al. | |
|---------------------------|--------------------------------------------------------------------------------------------------------------------------|
| Year: 2009 | |
| Country: USA | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Change in HbA1C at 6 months |
| | Secondary Outcome Measures: Change in QoL at 6 months |
| | Timing of assessments: Baseline, monthly until 6 months |
| RESULTS: | Sertraline versus placebo |
| | HbA1C |
| | Baseline: 10.0 (+/-1.8) vs. 9.7 (+/-1.6) P = NS |
| | Endpoint: 8.0 (+/-1.4) vs. 8.8 (+/-1.9) P < 0.01 |
| | QoL (overall scores): |
| | Baseline: 3.5. (IQR +/-3.0) vs. 3.0 (IQR +/-2.0), P < 0.05 |
| | Endpoint: 50.0 (IQR +/-3.0) vs. 4.0 (?)(IQR +/-2.0), P < 0.05 |
| | No significant difference between both groups. |
| | HAM-D |
| | Baseline 19 (+/-5) vs. 20 (+/-6) P = NS |
| | Endpoint 11 (+/-6) vs. 13 (+/-8) P = NS |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: None |
| ATTRITION: | Overall Attrition: 16% |
| | Withdrawals due to adverse events: 3% (all in placebo group) |
| | Withdrawals due to lack of efficacy: 0 |
| | Differential Attrition: 2% difference |
| | |
| | 15 out of 45 sertraline patients did not take study medications (but results did not change significantly when excluding |
| | noncompliant participants from the analysis). |
| ADVERSE EVENTS: | NR |
| QUALITY RATING: | Fair |
| | |

| Evidence Table 13 | Subgroups | | |
|--------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Ehde DM et al. ²⁵⁰ | | |
| | Year: 2008 | | |
| FUNDING | Country: USA | | |
| FUNDING: | National Institute of Disability and Rena | bilitation Research, Department of Educa | ation, Multiple Scierosis |
| DEGION | Renabilitation Research and Training C | enter; GSK provided drugs | |
| DESIGN: | Study design: RCT | | |
| | Setting: Single center | | |
| | Sample size: 42 | | |
| INTERVENTION: | Demonstine | Disselse | |
| Drug: | | Placebo | |
| Dose: | 10-40 mg/day | NA 12 weeke | |
| Duration: | 12 weeks | 12 weeks | |
| | ZZ | 20 confirmed by a neurologist or an MS and | islized physictrist; and a diagnosis of |
| INCLUSION: | Age of 218 years; a diagnosis of MS as confirmed by a neurologist or an MS-specialized physiatrist; and a diagnosis of MDD and/or dysthymia based on the Structured Clinical Interview for DSM-IV Axis I Disorders | | |
| EXCLUSION: | Had failed treatment with paroxetine in taking >50 mg of amitriptyline or equiva immediate psychiatric intervention; preg disorder or evidence of psychosis base SCID; were participating in another FDA | the past; were in psychotherapy; were ta lent for pain or sleep; displayed imminer gnant, nursing or not using an effective co d on the SCID; diagnosis of alcohol and/o A drug study; corticosteroids within the 2 | aking psychotropic medications; were at suicidal ideation necessitating ontraceptive method; had bipolar or drug dependence based on the weeks prior to study enrollment. |
| OTHER MEDICATIONS/ INTERVENTIONS: | Yes but not reported | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: 45.0 Gender (female %): 52.4 Ethnicity: 85.7% white, 7.1% Asian Other population characteristics: | | |

| Authors: Ehde DM et al. Year: 2008 Country: USA | |
|-------------------------------------------------------|-----------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | Primary Outcome Measures: HAM-D 17 |
| | Secondary Outcome Measures: SCID, CES-D, MS Quality of Life Inventory |
| | Timing of assessments: Baseline, weeks 6 and 12 |
| RESULTS: | Paroxetine vs. placebo |
| | • 50% reduction in HAM-D: 57.1% vs. 40.0%, p = 0.354 |
| | HAM-D < 7: 47.6% vs. 25.0%, p = 0.197 |
| | MFIS: 53.4 vs. 51.8, p = 0.657 |
| ANALYSIS: | ITT: Yes (LOCF) |
| | Post randomization exclusions: Yes (3) |
| ATTRITION: | Loss to follow-up: Paroxetine 23%, Placebo 0% |
| | Withdrawals due to adverse events: Paroxetine 9% Placebo 0% |
| | Withdrawals due to lack of efficacy: NR |
| | Loss to follow-up differential high: Yes |
| ADVERSE EVENTS: | Paroxetine vs. placebo |
| | Nausea 57.1% vs. 5% |
| | Headache 47.6% vs. 10% |
| | • Dry mouth 47.6% vs. 35% |
| | Sexual dysfunction 23.8% vs. 5% |
| QUALITY RATING: | Fair |

| Evidence Table 13 | Subgroups |
|---------------------------------------------|--------------------------------------------------------------------------------------|
| | |
| STUDY: | Authors: Entsuah AR, et al. ²⁵¹ |
| | Year: 2001 |
| | Country: Not reported |
| FUNDING: | Wyeth |
| DESIGN: | Study design: Pooled data analysis |
| | Number of patients: 2,045 |
| AIMS OF REVIEW: | To detect differences in response and remission rates with respect to age and gender |
| STUDIES INCLUDED IN META- ANALYSIS | No systematic literature search |
| TIME PERIOD COVERED: | Not reported |
| CHARACTERISTICS OF INCLUDED STUDIES: | Double-blind, active-controlled, RCTs |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | MDD; ≥ 20 on HAM-D; age 18-85 |

| Authors: Entsuah AR, et. al. | |
|------------------------------|--------------------------------------------------------------------------------------------------|
| Year: 2001 | |
| Country: Not reported | |
| CHARACTERISTICS OF INCLUDED | Venlafaxine, paroxetine, fluoxetine, placebo |
| INTERVENTIONS: | |
| | |
| | |
| MAIN RESULTS: | No significant age by treatment; gender by treatment; or age-by-gender by treatment interactions |
| | |
| ADVERSE EVENTS: | No differences in adverse events for age or gender subgroups |
| | |
| COMPREHENSIVE LITERATURE | No |
| SEARCH STRATEGY: | |
| | |
| STANDARD METHOD OF | No |
| APPRAISAL OF STUDIES: | |
| | |
| QUALITY RATING: | Fair |
| | |

| Evidence Table 13 | Subgroups | | |
|-----------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------|--|
| STUDY: | Authors: Glassman AH et al. ²⁵² | | |
| | Year: 2002 | | |
| | Country: Multinational | | |
| FUNDING: | Pfizer | | |
| DESIGN: | Study design: RCT | | |
| | Setting: Multicenter (40 outpatient card | liology centers and psychiatry clinics) | |
| | Sample size: 369 | | |
| INTERVENTION: | | | |
| Drug: | Sertraline | Placebo | |
| Dose: | 50-200 mg/d | N/A | |
| Duration: | 24 weeks | 24 weeks | |
| Sample size: | 186 | 183 | |
| INCLUSION: | Adults with acute MI or hospitalized for unstable angina in past 30 days; experiencing current MDD episode based on | | |
| | DSM-IV criteria | | |
| EXCLUSION: | Cardiovascular: uncontrolled hypertension; cardiac surgery anticipated during next 6 months; index MI or unstable angina developed less than 3 months after coronary artery bypass graft procedure; resting heart rate < 40/min; MI or unstable angina of nonatherosclerotic etiology (eg, anemia, cocaine use, periprocedural); Killip class III or IV status. Other Medical: persistent clinically significant laboratory abnormalities; significant renal dysfunction, hepatic dysfunction, or other significant noncardiac disease; women of childbearing potential not using adequate contraception. Concomitant Treatment: current use of class I antiarrhythmic medications; use of reserpine, guanethidine, clonidine, or methyldopa; anticonvulsants or neuroleptics; antidepressants; or regular benzodiazepine; initiation of psychotherapy in the 3 months prior to study entry. Psychiatric: alcohol or substance abuse or dependence in past 6 months; psychotic symptoms, history of psychosis, bipolar disorder, organic brain syndrome, dementia (or a MMSE < 23); significant suicide risk. | | |
| OTHER MEDICATIONS/ | Calcium channel blockers, nitrates, digoxin, ß-blockers, angiotensin-converting enzyme inhibitors, statins, aspirin, | | |
| INTERVENTIONS: | antiplatelet drugs, anticoagulants, diuretics | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | <u>_</u> | |
| | wean age: sertraline 56.8, placebo 57. | .0 | |
| | Gender (remaie %): sertraine 37%, pi | acebo 36% | |
| | Ethnicity (% white): settraine 74%, pla | | |
| | Mu controline 910/ placebe 700/ | | |
| | Instable engine: entroling 10% | 2 2 2 9 / | |
| | Unstable angina: sertraine 19%, placet | JU ZZ% | |

| Authors: Glassman et al. Year: 2002 | |
|----------------------------------------|----------------------------------------------------------------------------------------------------------------|
| Country: Multinational | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Change from baseline in LVEF |
| | Secondary Outcome Measures: Cardiovascular AEs, HAM-D, CGI-I |
| | Timing of assessments: |
| RESULTS: | HAM- D mean change from baseline (sertraline vs. placebo) |
| | All randomized patients: -8.4 (0.41) vs7.6 (0.41), p = 0.14 |
| | Any recurrent MDD: -9.8 (0.59) vs7.6 (0.61), p= 0.009 |
| | Patients with 2 prior episodes, plus HAM-D score ≥ 18: -12.3 (0.88) vs8.9 (0.98), p = 0.01 |
| | <u># CGI responders (sertraline vs. placebo)</u> |
| | All randomized patients: 125 (67%) vs. 97 (53%), p = 0.01 |
| | Any recurrent MDD: 69 (72%) vs. 46 (51%), p = 0.003 |
| | Patients with 2 prior episodes plus HAM-D score ≥ 18: 39 (78%) vs. 18 (45%), p = 0.001 |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: No |
| ATTRITION: | Loss to follow-up: sertraline 28.5%, placebo 25.1% |
| | Withdrawals due to adverse events: sertraline 8.6%, placebo 6.0% |
| | Withdrawals due to lack of efficacy: sertraline 2.7%, placebo 3.3% |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Emergent adverse events during 24 weeks of treatment (sertraline vs. placebo) |
| | Cardiovascular, total: 52.7% vs. 59.0% |
| | Cardiovascular events, severe: 14.5% vs. 22.4% |
| | Nausea: 19.9% vs. 10.9% |
| | Diarrhea: 18.8% vs. 7.7% |
| | Insomnia: 18.8% vs. 18.8% |
| | Dyspnea: 13.4% vs. 19.7% |
| | • Fatigue: 14.5% vs. 13.7% |
| | • Pain: 10.2% vs. 11.5% |
| | • Headache: 20.4% vs. 16.4% |
| | • Dizziness: 15.6% vs. 12.0% |
| QUALITY RATING: | Fair |

| Evidence Table 13 | Subgroups | | | |
|-----------------------------|----------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|------|--|
| STUDY: | Authors: Gual A et al. ²⁵³ | | | |
| | Year: 2003 | | | |
| | Country: Spain | | | |
| FUNDING: | Pfizer | | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: Hospital alcohol unit | | | |
| | Sample size: 83 | | | |
| INTERVENTION: | | | | |
| Drug: | Sertraline | Placebo | | |
| Dose: | 50-150 mg/d | N/A | | |
| Duration: | 24 weeks | 24 weeks | | |
| Sample size: | 44 | 39 | | |
| INCLUSION: | Adult outpatients 18 or older; met DSM | Adult outpatients 18 or older; met DSM IV and ICD-10 criteria for alcohol dependence and for major depression or | | |
| | dysthymia or both; abstinent from alcoh | dysthymia or both; abstinent from alcohol for at least 2 weeks following detoxification; negative drug and alcohol urine | | |
| | test | | | |
| EXCLUSION: | Pregnant; lactating; primary psychiatric disorder apart from alcohol dependence and depressive symptoms; moderate | | | |
| | or severe liver disease including active cirrhosis or acute hepatitis; high suicide risk; would require therapy with | | | |
| | additional psychotropic drugs, ECT or intensive psychotherapy during the study; history of convulsive disorders, | | | |
| | cerebral organic disease or laxative misuse within previous 6 months; depot neuroleptics therapy during prior 6 months; | | | |
| | patients requiring therapy with reserpine, methyldopa, guanetidine or clonidine, or who might require general | | | |
| | anaesthesia or drugs that interact with sertraline or any serotonergic drug during the study; severe allergies or multiple | | | |
| | adverse reactions to drugs, unstable thyroid disease, severe organic diseases, or patients who had suffered severe | | | |
| | infections or major surgery in previous i | month; prothrombin time out of normal rai | nge. | |
| OTHER MEDICATIONS/ | NR | | | |
| INTERVENTIONS: | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | | |
| | Mean age: sertraline 46.1, placebo 47. | .3 | | |
| | Gender (female %): sertraline 48%, pl | acebo 46% | | |
| | Ethnicity (% white): NR | | | |
| | Other population characteristics: | | | |

| Authors: Gual A et al | |
|-----------------------|-----------------------------------------------------------------------------------------------------------------|
| Voor: 2002 | |
| Country Spain | |
| Country: Span | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: MADRS and HAM-D responders |
| | Secondary Outcome Measures: overall change in MADRS and HAM-D; SF-36 |
| | Timing of assessments: Baseline and weeks 2, 4, 8, 12, 18, 24 |
| RESULTS: | Treatment responders (≥ 50% improvement in MADRS score) sertraline 44% vs. placebo 39% |
| | Significant improvement in depressive symptoms in both groups according to MADRS and HAMD-D scores |
| | Marcinally better outcome in sertraling group on all depressive measures but differences were not statistically |
| | significant |
| | No significant difference in SF-36 physical component score |
| | • Sertraline patients showed greater improvement on mental health item of SF-36 (data NR, p = 0.031) |
| | • Belapse rates higher in sertraline group (31.8% vs. 23.1% $p = 0.37$) |
| | |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: No |
| ATTRITION: | Loss to follow-up: sertraline 45%, placebo 44% |
| | Withdrawals due to adverse events: 7.2% |
| | Withdrawals due to lack of efficacy: NR |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | • Headache: 27.3% vs. 28.2%) |
| | • Flu-like symptoms (13.6% vs. 15.4% |
| | • Dizziness: 11 4% vs. 12 8% |
| | |
| | |
| | • Diamea: 9.1% VS. 7.1% |
| | • Nausea: 9.1% vs. /./% |
| QUALITY RATING: | Fair |
| | |

| Evidence Table 13 | Subgroups | | |
|--------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Hernandez-Avila et al. ²⁵⁴ Year: 2004 Country: USA (Hartford, CT) | | |
| FUNDING: | NIH and Bristol-Myers Sqibb | | |
| DESIGN: | Study design: RCT Setting: Outpatient clinic Sample size: 41 | | |
| INTERVENTION: | • | | |
| Drug: | Nefazodone | Placebo | |
| Dose: | 200-600 mg | N/A | |
| Duration: | 10 weeks | 10 weeks | |
| Sample size: | 21 | 20 | |
| INCLUSION: | 21 to 65 years of age, able to speak and read English, met DSM-IV criteria for major depression for at least 1 week after discontinuation of heavy drinking and before randomization, scored \geq 17 on the 17-item HAM-D with a score \geq 1 on item 1, met criteria for a current DSM-IV diagnosis of alcohol dependence, and drank an average of \geq 18 drinks per week for men or 14 drinks per week for women, with heavy drinking (\geq 5 drinks for men and \geq 4 drinks for women) on at least 1 day/week during the month preceding screening. | | |
| EXCLUSION: | History of major medical or psychiatric p significant baseline laboratory abnorma dependence other than for alcohol or ni naltrexone, were deemed to be a seriou | problems other than major depression or lities or a positive pregnancy test, met cu cotine, had a positive urine drug screen, is suicide risk, or were being treated with | an anxiety disorder, had clinically rrent DSM-IV criteria for drug were being treated with disulfiram or any psychotropic drug. |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: 42.9; nefazodone 43.1, pla Gender (female %): 51; nefazodone 5 Ethnicity: NR Other population characteristics: | cebo 42.7 2.4, placebo 50.0 | |

| Authors: Hernandez-Avila et al. | |
|---------------------------------|--------------------------------------------------------------------------------------------------------------------------------|
| Year: 2004 | |
| Country: USA | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: HAM-D |
| | Secondary Outcome Measures: alcohol consumption and alcohol-related consequences (with the TLFB and DrInC |
| | Timing of assessments: Beginning and end at 10 weeks |
| RESULTS: | HAM-D at endpoint: nefazadone 7.05 vs. placebo 7.45 (p = ns) |
| | Nefazodone-treated subjects (n = 7; 33.3%) vs. placebo-treated subjects (n = 3; 15.0%) were abstinent; the |
| | difference did not reach statistical significance (P = 0.17). |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: NR |
| ATTRITION: | Loss to follow-up: Nefazadone 38.1% placebo 25% |
| | Withdrawals due to adverse events: NR |
| | Withdrawals due to lack of efficacy: NR |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | In the aggregate, nefazodone-treated subjects reported nonsignificantly more gastrointestinal side effects such as |
| | nausea, vomiting, and diarrhea [$F(1,31) = 3.21$; p = 0.08] and neuropsychiatric side effects such as blurred vision, |
| | dizziness, and lightheadedness [$F(1,31) = 2.91$; p = 0.09] than did placebo-treated subjects. |
| | Fair |
| QUALITT KATING: | rair |
| | |

| Evidence Table 13 | Subgroups | | | |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------|--|--|
| STUDY: | Authors: Honig et al. ²⁵⁵ Year: 2007 | | | |
| FUNDING: | Netherlands Heart Foundation | | | |
| DESIGN: | Study design: Acute phase Setting: 8 hospitals (1 university, 7 general) Sample size: 91 | | | |
| INTERVENTION: | | | | |
| Drug: | Mirtazapine | Placebo | | |
| Dose: | 30-45 mg/day | N/A | | |
| Duration: | 8 weeks acute- 16 wk continuation | 8 weeks acute -16 wk continuation | | |
| Sample size: | 47 | 44 | | |
| INCLUSION: | 3 to 12 months post acute MI and were free of other life-threatening medical conditions and to fulfill the criteria for DSM-IV major or minor depressive disorder. | | | |
| EXCLUSION: | Suicide risk, current antidepressant treatment | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Acetylsalicylic acid (92.7%), acenocoumarol (5.4%), nitrate (37%), B-blocking agents (86.6%), calcium-antagonists (22%), digoxin (1.2%), diuretics (12%), ACE-inhibitors (31.7%). All-antagonists (6.1%), and statins (76.1%). The median number of cardiovascular drugs taken was 4 (range 2–7). | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: mirtazapine 56.6, placebo 57.9 Gender (female %): mirtazapine 12.8, placebo 18.2 Ethnicity: NR Other population characteristics: | | | |

| Authors: Honig et al. | |
|-----------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2007 | |
| Country: Netherlands | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: HAM-D |
| | Secondary Outcome Measures: BDI and the depression scale of the Symptom Check List 90 items (dSCL-90) (21). |
| | The CGI was used to evaluate global clinical impression and improvement |
| | Timing of assessments: Baseline, weeks 1,2,4,8,16, 24 |
| RESULTS: | HAM-D score in the acute phase (8 weeks) decreased 7.29 points (SES= 1.30) in the mirtazapine group and 5.31 points (SES = 0.96) in the placebo group |
| | HAM-D responders at 8 weeks (mirtazapine vs. placebo): 57.4% vs. 40.1%, p = 0.18 |
| | Mean HAM-D score: mirtazapine baseline 18.66, 8 weeks 11.37l, 24 weeks 10.38; placebo baseline 16.81, 8 weeks 11.50, 24 weeks 11.77 |
| | Mean CGI score: mirtazapine baseline 4.0, 8-wks 2.59, 24-weeks 2.50; placebo baseline 3.79, 8-weeks 3.07, 24-wks 2.91 |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up at 8 wks : mirtazapine 24%, placebo 6.8% |
| | Withdrawals due to adverse events: NR |
| | Withdrawals due to lack of efficacy: NR |
| | Loss to follow-up differential high: Yes |
| ADVERSE EVENTS: | Mirtazapine increased the mean weight by 1.7 kg (p < .0001) within the first 8 weeks; in the placebo group, the weight did not change significantly; there was a slight decrease at 16 weeks |
| | The ECG variables heart rate, PR duration, QRS duration, and QTc interval did not show any significant changes during the treatment phase. |
| | • Fatigue: 21% vs. 9%, p = 0.02 |
| | • Appetite changes: 13% vs. 3%, p = 0.02 |
| | • Dizziness: 5% vs. 8%, p = 0.31 |
| | • Headache: 7% vs. 2% n = 0.61 |
| QUALITY RATING: | Fair |
| | |

| Evidence Table 13 | Subgroups | | | |
|--------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|--|
| STUDY: | Authors: Kasper S, et al. ⁵⁰ Year: 2005 | | | |
| FUNDING: | H. Lundbeck A/S | | | |
| DESIGN: | Study design: RCT Setting: Multicenter (general practice and specialists) Sample size: 518 | | | |
| INTERVENTION: | | | | |
| Drug: | escitalopram | fluoxetine | placebo | |
| Dose: | 10 mg/day | 20 mg/day | NA | |
| Duration: | 8 weeks | 8 weeks | 8 weeks | |
| Sample size: | 174 | 164 | 180 | |
| INCLUSION: | <u>></u> 65 years of age; fulfilled DSM-IV criteria for MDD; had a MADRS total score <u>></u> 22 and <u><</u> 40 at both screening and baseline; MMSE score of 22 at screening | | | |
| EXCLUSION: | DSM-IV criteria for mania or any bipolar disorder, schizophrenia, or any psychotic disorder, OCD, eating disorders, or mental retardation or any pervasive developmental or cognitive disorder; had a MADRS score ≥ 5 on Item 10 (suicidal thoughts); were receiving treatment with antipsychotics, antidepressants, hypnotics, anxiolytics, AEDs, barbiturates, chloral hydrate, antiparkinsonian drugs, diuretics, 5-HT receptor agonists; ongoing prophylactic treatment with Lithium, sodium valproate, or carbamazepine; ECT; were receiving treatment with behavior therapy or psychotherapy; had received any investigational drug within 30 days of entry; history of schizophrenia, psychotic disorder, or drug abuse; history of severe drug allergy or hypersensitivity (including citalopram); had a lack of response to more than one antidepressant treatment (including citalopram) during the present depressive episode | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Oxazepam (max 30 mg/day), temazepam (max 20 mg/day), zopiclone (max 3.75 mg/day), zolpidem (max 5 mg/day) | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: 75 (overall and for each treat Gender (female %): escitalopram: 75% Ethnicity (% white): escitalopram: 99%; Other population characteristics: Baseline mean MADRS score: escital Baseline mean CGI-S score: 4.3 (over | ment group) ; fluoxetine: 77%; placebo: 76% fluoxetine: 100%; placebo: 100% opram: 28.2; fluoxetine: 28.5; placebo: 2 rall and for each treatment group) | 8.6 | |

| Authors: Kasper S, et al. | | | | | |
|----------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|-----------------------------------------------|--|--|
| Year: 2005 | | | | | |
| Country: Germany | | | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Change | e from baseline to endpoint in MADRS tota | I score | | |
| | Secondary Outcome Measures: CGI- | -S change/visit, MADRS response and rer | nission at endpoint | | |
| | Timing of assessments: baseline and | weekly | | | |
| RESULTS: | No statistically significant differen MADRS total score: placebo was | ce between escitalopram and placebo in r statistically significantly superior to fluxoe | nean change from baseline in tine (p<0.01) | | |
| | MADRS responders at last asses | sment (LOCF) (escitalopram vs. fluoxeting | e vs. placebo): 46% vs. 37% vs. 47% | | |
| | (p=NS) | | | | |
| | MADRS remission: at last assess | ment (LOCF): 40% vs. 30% vs. 42%; No | significant difference between placebo | | |
| | and escitalopram | | | | |
| | Significantly fewer remitters remit | ters in fluoxetine vs. placebo (p<0.05) | | | |
| | Statistically significant difference | between placebo and fluoxetine in adjuste | ed change in mean CGI-S (2.70 vs. | | |
| | 3.02; p<0.05); no significant differ | rence between placebo and escitalopram | (2.64); p=NS | | |
| ANALYSIS: | ITT: Yes | | | | |
| | Post randomization exclusions: yes (| 4) | | | |
| ATTRITION | Loss to follow-up differential high: No | 0 | Dissaka | | |
| ATTRITION: | Escitalopram | | | | |
| Loss to follow-up: Withdrawals due to adverse events: | 10.0% | 25.0% | 11.170 | | |
| Withdrawals due to lack of efficacy: | 9.8% | 12.2% | 2.8% | | |
| Withdrawais due to lack of emcacy. | 3.070 | 12.270 | 2.070 | | |
| | 1.7% 1.8% 4.4% | | | | |
| ADVERSE EVENTS: | TEAEs (escitalopram vs. fluoxetine | vs. placebo) | | | |
| | Overall: 50.9% vs. 56.7% vs. 53.3 | 3% | | | |
| | Nausea: 6.9%* vs. 7.3%* vs. 1.7% | % (p<0.01 escitalopram vs. fluoxetine) | | | |
| | Abdominal pain: 6.4% vs. 6.1% vs | s. 3.9% | | | |
| | Headache: 5.2% vs. 4.3% vs. 8.3 | % | | | |
| | Hypertension: 2.3% vs. 2.4% vs. | 6.1% | | | |
| | Diarrhea: 1.7% vs. 4.9% vs. 5.0% | | | | |
| | • Back pain: 4.6% vs. 2.4% vs. 3.9% | | | | |
| | • Anxiety: 2.9% vs. 3.7% vs. 2.8% | | | | |
| | • Dizziness: 2.9% vs. 3.7% vs. 0.6% | | | | |
| | • Dyspepsia: 2.3% vs. 4.3% vs. 4.4% | | | | |
| | Insomnia: 2.3% vs. 1.8% vs. 2.2% | | | | |
| | Somnolence: 2.3% VS. 0% VS. 0.6 Vertire: 4.7% via 4.2% via 4.7% | 0% | | | |
| | verugo: 1.7% VS. 4.3% VS. 1.7% Approvio: 1.2% vo. 2.4% vo. 1.4% | , | | | |
| | Allorexid. 1.2% VS. 2.4% VS. 1.1% Constinuition: 1.2% VS. 4.2% VS. 4.4% | | | | |
| | Consupation: 1.2% VS. 4.3% VS. 4.4% Depression aggravated: 1.2% VS. 2.4% VS. 0.6% | | | | |
| | • Depression dypravaleu. 1.270 vs. 2.470 vs. 0.070 | | | | |
| | Dry moduli. 0.070 vs. 2.470 vs. 0.070 Orthostatic hypotension: 1.2% vs. 0.6% vs. 0.6% | | | | |
| QUALITY RATING: | • Onnostatic hypotension. 1.2% vs. 0.0% vs. 0.0% | | | | |

Evidence Table 13 Subgroups

| STUDY: | Authors: Kelly et al ²⁵⁶ |
|--------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | Year: 2010 |
| | Country: Canada |
| FUNDING: | Ontario Policy Research Network, Ontario Innovation Fund |
| DESIGN: | Study design: Observational (population based, retrospective cohort study) |
| | Setting: Ontario, population based |
| | Sample size: 2430 |
| INTERVENTION: | |
| Drug: | Exposure to (prescription of) any SSRI (paroxetine, fluoxetine, sertraline, citalopram, or fluvoxamine) or venlafaxine (co- occurring with tamoxifen prescription) |
| Dose: | NR |
| Duration: | NA (median duration 4.0 years, (IQR 2.2-5.0) |
| Sample size: | 2430 |
| INCLUSION: | Women living in Ontario aged 66 years and older, treated with tamoxifen for breast cancer between January 1, 1993 and December 31, 2005; co-prescription of a single SSRI antidepressant (paroxetine, fluoxetine, sertraline, citalopram, or fluvoxamine) and venlafaxine during tamoxifen treatment. |
| EXCLUSION: | patients during their first year of eligibility for prescription coverage (age 65) to avoid incomplete medication records; women who switched from one SSRI to another while taking tamoxifen; treatment with multiple SSRIs; poor adherence to tamoxifen |
| OTHER MEDICATIONS/ INTERVENTIONS: | Co-prescription of bupropion, quinidine, thioridazine, amiodarone, cimetidine, or chloroquine; |
| POPULATION | Groups similar at baseline: NA (adjusted for age, income, year of diagnosis, co-prescription of other CYP2D6 |
| CHARACTERISTICS: | inhibitors, duration of tamoxifen use) |
| | Mean age: NR |
| | Gender (female %): 100 |
| | Ethnicity (Caucasian %): NR |
| | Other population characteristics: |

| Authors: Kelly et al. | |
|-----------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2010 | |
| Country: Canada | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Death from breast cancer (as a consequence of potential interaction between SSRIs and tamoxifen by CYP2D6 inhibition) in relation to proportion of overlap between co-prescription of each SSRI and tamoxifen; within-SSRIS survival analysis Secondary Outcome Measures: NA Timing of assessments: NA |
| RESULTS: | Risk of death from breast cancer in women receiving tamoxifen and paroxetine concurrently was significantly increased. The increased risk was directly related to the extent of co-prescribing Absolute increases of 25%, 50%, and 75% in the proportion of time on tamoxifen that overlapped with use of paroxetine were associated with relative increases of 24%, 54%, and 91% in the risk of death from breast cancer, respectively: adjusted hazard ratios (HR) 1.24 (95% CI: 1.08 to 1.42), 1.54 (95% CI: 1.17 to 2.03), and 1.91 (95% CI: 1.26 to 2.89), respectively. No such risk was found with fluoxetine, sertraline, citalopram, fluvoxamine, or venlafaxine. |
| ANALYSIS: | ITT: NA Post randomization exclusions: NA |
| ATTRITION: | Overall Attrition: NA Withdrawals due to adverse events: NA Withdrawals due to lack of efficacy: NA Differential Attrition: NA |
| ADVERSE EVENTS: | See results |
| QUALITY RATING: | Fair |

| Evidence Table 13 | Subgroups | | | |
|-----------------------------|--------------------------------------------------------------------------------------------------------------------------|---------------------------------------------|---------------------------------------|--|
| STUDY: | Authors: Kennedy SH et al. ²¹⁰ | | | |
| | Country: Canada | | | |
| FUNDING: | Boehringer Ingelheim | | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: Multicenter | | | |
| | Sample size: 141 (131 ITT) | | | |
| INTERVENTION: | | | | |
| Drug: | Bupropion | Paroxetine | | |
| Dose: | 150-300 mg | 20-40 mg | | |
| Duration: | 8 weeks | 8 weeks | | |
| Sample size: | 69 | 62 | | |
| INCLUSION: | Outpatients; age 18 - 65 years; DSM-IV criteria for MDD—current MDE of at \geq 4 weeks. HAM-D \geq 18; to be in good | | | |
| | physical health, sexual interest and acti | vity within the past month; free of any and | lidepressant use for 2 weeks (4 weeks | |
| EXCLUSION | tor fluoxetine) | | | |
| EXCLUSION: | Serious suicide risk; more than 2 failed trials of antidepressant medications at adequate dose and duration during the | | | |
| | current episode, drug abuse or dependence within the past 12 months, and a history of bipolar disorder, psychotic | | | |
| OTHER MEDICATIONS/ | UISUIUEI, UI UIYdillu UISUIUEI | | | |
| INTERVENTIONS: | Hyphotic Zopicione (up to 7.5 mg at hight) during the first 2 weeks. | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | | |
| | Mean age: 37.8 | | | |
| | Gender (female %): 48 | | | |
| | Ethnicity: NR | | | |
| | Other population characteristics: | | | |
| | | | | |

| Authors: Kennedy SH et al. Year: 2006 Country: Canada | |
|-------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Sexual function Sex FX, IRSD-F Secondary Outcome Measures: HAM-D Timing of assessments: Baseline, 2,4,6,8 |
| RESULTS: | HAMD Bupropion SR (mean 21.8, SD 2.9) vs. paroxetine (mean 22.2, SD 3.6) HAM-D - men (mean 22.1, SD 3.1) responders 62.9% vs. women (mean 21.9, SD 3.5) responders 53.2% Overall more sexual adverse events with paroxetine than with bupropion No difference between drugs for sexual dysfunction in women |
| ANALYSIS: | ITT: Yes Post randomization exclusions: 10 |
| ATTRITION: | Loss to follow-up: 16% (21) Bupropion 11.6% (8) paroxetine 21% (13) Withdrawals due to adverse events: NR Withdrawals due to lack of efficacy: NR Loss to follow-up differential high: No |
| ADVERSE EVENTS: | None reported |
| QUALITY RATING: | Fair |

Evidence Table 13 Subgroups

| STUDY: | Authors: Kornstein, Clayton, Soares, Padmanabhan, Guico-Pabia ²⁵⁷ Year: 2010 Country: multinational | | | |
|--------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|------------------------------------|---------------------------------|
| FUNDING: | | | | |
| DESIGN: | Study design: pooled analysis of 9 RCT's Setting: multicenter study (not specified) Sample size: 2913 patients were intention-to-treat population | | | |
| INTERVENTION: | | | | |
| Drug: | Placebo | Desvenlafaxine | | |
| Dose: | NR | 50-400 mg/day, | | |
| | | 50 mg/day, | | |
| | | 100 mg/day, | | |
| | | 200 mg/day, | | |
| | | 400 mg/day | | |
| Duration: | 8 weeks | 8 weeks | | |
| Sample size: | 1108 | 1805 | | |
| | (ITT-Population) | (ITT-Population) | | |
| | Study participanto wara outpatio | hts 19 years of and ar all | lor with a primony diagnostic of M | DD based on the DSM IV oritoria |
| INCLUSION. | single or recurrent episode | | | |
| | At screening and at baseline, each patient had a HAM-D17 score of 20 or higher (6 studies), HAM-D17 score of 22 or higher (2 | | | |
| | studies), or MADRS score of 24 | or higher (1 study). | | |
| EXCLUSION: | Patients with bipolar and psycho | otic disorders were exclud | led. | |
| OTHER MEDICATIONS/ | NR (reported elsewhere) | | | |
| INTERVENTIONS: | | | | |
| POPULATION | Groups similar at baseline: Ye | es | | |
| CHARACTERISTICS: | Mean age: NR | | | |
| | Gender (female %): 62% | | | |
| | Ethnicity (Caucasian %): NR | | | |
| | Other population characterist | ics: age groups | | |
| | <=40: n = 1263 [43%] | | | |
| | 41-54: n = 1125 [39%] | | | |
| | 55-64: n = 391 [13%] >=65: n = 134 [5%] | | | |
| | | | | |
| | | | | |

| Authors: Kornstein | |
|------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2010 | |
| Country: multinational | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: change from baseline in the mean HAM-D17 total score |
| | Secondary Outcome Measures: scores on the Clinical Global Impressions Improvement (CGI-I) scale; the 6-item HAM-D |
| | scale; the MADRS; response to treatment (>=50% decrease from baseline in the HAM-D17 total score or CGI-I score of <=2), |
| | and remission rates (HAM-D17 <= 7) |
| | liming of assessments: baseline, week 8 |
| RESULTS: | No significant sex-treatment, age-treatment, or sex-age-treatment interactions were observed for the primary efficacy outcome measure. |
| | Sex: Differences in HAM-D17 change from baseline for desvenlafaxine versus placebo were -1.72 for women (P < 0.001) and -2.11 for men (P < 0.001). |
| | • Age subgroups: the HAM-D17 change from baseline at the final evaluation was significantly greater for desvenlafaxine versus placebo in all age subgroups: the 18-to-40 age group (-11.06 +/- 0.29 vs9.57 +/- 0.35, respectively; P = 0.001); the 41-to-54 age group (-11.39 +/- 0.30 vs9.26 +/- 0.36, respectively; P < 0.001); the 55-to-64 age group (-10.56 +/- 0.53 vs9.03 +/- 0.62, respectively; P = 0.05); and in the >=65-years (-12.50 +/- 1.12 vs8.12 +/- 1.32, respectively; P = 0.004). |
| | Age-sex-subgroups: Analysis of the age-by-sex subgroups demonstrated no significant improvements in the HAM-D17 total scores at the final evaluation for desvenlafaxine versus placebo among women for the 55-to-64 subgroup and among men for the 55 to 64 and >=65 age group. |
| | Analysis of the age-by-sex subgroups demonstrated significant improvements for the 18-to-40 subgroup (mean change from baseline of -10.86 +/- 0.41 vs9.48 +/- 0.48, respectively; $P = 0.01$), the 41-to-54 subgroup (-11.00 +/- 0.41 vs9.17 +/- 0.46, respectively; $P = 0.002$), and 65-years-and-older subgroup (-12.46 +/- 1.33 vs7.59 +/- 1.67, respectively; $P = 0.02$) and among men for the 18-to-40 (-11.22 +/- 0.48 vs9.59 +/- 0.59, respectively; $P = 0.03$) and 41-to-54 subgroup (-11.61 +/- 0.48 vs9.15 +/- 0.61, respectively; $P = 0.002$). |
| ANALYSIS: | ITT: Yes (LOCF) |
| | Post randomization exclusions: NR |
| ATTRITION: | Overall Attrition: NR |
| | Withdrawals due to adverse events: NR |
| | Withdrawals due to lack of efficacy: NR |
| | Differential Attrition: NR |
| ADVERSE EVENTS: | 86% treated with desvenlafaxine and 75% treated with placebo reported TEAEs. |
| | No statistically significant differences were observed in TEAEs among patients younger than 65 years and 65 years or older in the ORs for the most frequently reported AEs. |
| | Only vomiting was significantly greater versus placebo in women OR: 3.36 (95% CI, 2.01-5.63) compared with men OR: 1.12 (95% CI, 0.47-2.63; P = 0.03). |
| QUALITY RATING: | N/A |

| Evidence Table 13 | Subgroups | | | |
|--------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------|------------------------|------------------------|
| STUDY: | Authors: Kranzler et al. ²⁵⁸ Year: 2006 Country: USA | | | |
| FUNDING: | Pfizer Pharmaceuticals supported the conduct of this study. Manuscript preparation was supported by NIH grant K24 AA13736 | | | |
| DESIGN: | Study design: RCT Setting: Multicenter (13 sites) Sample size: 345 | | | |
| | Group A HAM-D scores > ? | 17 at randomization. | Group B HAM-D scores · | < 17 at randomization. |
| INTERVENTION: | | | | |
| Drug: | Sertraline | Placebo | Sertraline | Placebo |
| Dose: | 50-200 mg | N/A | 50-200 mg | N/A |
| Duration: | 10 weeks | 10 weeks | 10 weeks | 10 weeks |
| Sample size: | 89 | 100 | 70 | 69 |
| | have occurred during a period of heavy alcohol use) and a current DSM-IV criteria for MDD, except that symptoms could have occurred during a period of heavy alcohol use) and a current DSM-IV diagnosis of AD; a total score of \geq 17 on the HAM-D17. They had to have drunk an average of \geq 18 drinks weekly for men or \geq 14 drinks weekly for women and at least one heavy drinking day per week (ie, \geq 5 drinks on one occasion for men and \geq 4 drinks on one occasion for women) | | | |
| EXCLUSION: | Pregnant or nursing or women of childbearing potential not using an effective method of contraception; clinically significant co-occurring psychiatric or medical diagnoses, including dependence on any psychoactive substance other than alcohol or nicotine during the preceding year or current treatment with disulfiram, naltrexone, or psychotropic medication; serum aminotransferase levels or other measures of hepatic function that were greater than 250% of normal; significant suicidal risk. | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: No - group A placebo older, reported more drinks per week during the pretreatment period, and had higher CGI depression scores at baseline. Group B—a significantly greater percentage of patients receiving sertraline had a family history of alcoholism. A trend for sertraline-treated patients to report more drinks per week during the pretreatment period. Mean age: 42.7 Gender (female %): 36.2 Ethnicity: European American 92.7%. Other population characteristics: Mean HAM-D 17.2 | | | |

| Authors: Kranzler et al. | | | | | |
|--------------------------|---------------------------------------------------------------------------------------------------------------------|--|--|--|--|
| Year: 2006 | | | | | |
| Country: USA | | | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: HAM-D and amount of drinking | | | | |
| | Secondary Outcome Measures: | | | | |
| | Timing of assessments: Baseline, weeks 2, 4, 8, 10 | | | | |
| RESULTS: | Reduction in HAM-D Sertraline -10.8 (6.5) placebo -9.6 (7.8) | | | | |
| | • In Group A, sertraline led to significantly higher response rate (64% vs. 47%, p=0.022) | | | | |
| | In Group B, sertraline patients had a significantly lower response rate (58% vs. 77%, p =0.018) | | | | |
| | Both depressive symptoms and alcohol consumption decreased substantially over time in both groups. There | | | | |
| | were no reliable medication group differences on depressive symptoms or drinking behavior in either group A | | | | |
| | or B nations | | | | |
| | or b patiente. | | | | |
| ANALYSIS: | ITT: Yes | | | | |
| | Post randomization exclusions: 17 | | | | |
| ATTRITION: | Loss to follow-up: sertraline 43%, placebo 35% | | | | |
| | Withdrawals due to adverse events: sertraline 13%, placebo 6%, p < 0.05 | | | | |
| | Withdrawals due to lack of efficacy: NR | | | | |
| | Loss to follow-up differential high: No | | | | |
| ADVERSE EVENTS: | Headache: sertraline 31.3%, placebo 25.1%; p = 0.27) | | | | |
| | • Constipation: sertraline 19.4%, placebo 4.7% $p < 0.001$) | | | | |
| | • Insomnia: settraline 13.8% placebo 8.8%; $n = 0.21$ | | | | |
| | p = 0.21 | | | | |
| QUALITY RATING: | Fair | | | | |
| | | | | | |

| Evidence Table 13 | Subgroups | | | |
|-----------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|
| STUDY: | Authors: Krishnan KRR, et. al. ²⁵⁹ | | | |
| | Year: 2001 | | | |
| FUNDING: | Pfizer | | | |
| | | | | |
| DESIGN: | Study design: Pooled data of 2 RCTs Setting: US Sample size: 220 | | | |
| INTERVENTION: | | | | |
| Drug: | Sertraline | | | |
| Dose: | 50-150 mg/day | | | |
| Duration. | 12 weeks | | | |
| INCLUSION: | Age 60 or older; DSM-III-R criteria for major depression; ≥ 18 on HAM-D-24; minimal improvement on CGII | | | |
| EXCLUSION: | Organic mental disorder; other Axis 1 diagnosis; MMSE less than 23; acute or unstable medical condition; concomitant use of psychotropic drugs; suicidal risk; previous history of non-response to adequate treatment | | | |
| | | | | |
| OTHER MEDICATIONS/ | Concomitant medications other than psychotropic meds allowed | | | |
| INTERVENTIONS: | Chloral hydrate, temezapam | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | | |
| | Mean Age HTN: 68 6: VASC: 68 9: NOVASC: 67 3 | | | |
| | Initial Age: TTN. 00.0, VASC. 00.9, NOVASC. 07.3 Gender: (% female) HTN: 60%: VASC: 44%: NOVASC: 62% | | | |
| | Ethnicity: Not reported | | | |
| | Other population characteristics: Not reported | | | |

| Authors: Krishnan KRR, et. al. Year: 2001 | |
|----------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: US | Managuras: $HAM D$ (change from baseline > 50% regenerate) $HAM A$ CCLL(1 or 2 = regenerator) CCLS |
| OUTCOME ASSESSMENT. | <i>Timing of assessments:</i> Weeks 1, 2, 3, 4, 6, 8, 10, 12 |
| RESULTS: | The antidepressant effect of sertraline was not significantly affected by the presence of vascular illness |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: Not reported |
| | Loss to follow-up differential high: Not reported |
| ADVERSE EVENTS: | Vascular comorbidity was not associated with an increase in the reported severity of adverse events, or premature discontinuation for patients on sertraline |
| | Sertraline did not have clinically significant effects on blood pressure or heart rate |
| QUALITY RATING: | FAIR |
| | (only for subgroup analysis) |

| Evidence Table 13 | Subgroups | | | |
|----------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|-------------------------------------|---------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Kroenke K, et al. ⁵⁶ Year: 2001 Country: Trial name: ARTIST (A randomized trial investigating SSRI treatment) | | | |
| FUNDING: | Eli Lilly | | | |
| DESIGN: | Study design: RCT (open label) Setting: Multi-center (76 primary care physicians) Sample size: 601 | | | |
| INTERVENTION: Drug: Dose: Duration: | Paroxetine 20 mg/day 9 months | Fluoxetine 20 mg/day 9 months | Sertraline 50 mg/day 9 months | Mean dose at 9 months: Paroxetine: 23.5mg Fluoxetine: 23.4mg Sertraline: 72.8mg |
| INCLUSION: | 18 years or older; depressive disorder as determined by the primary care physician (PCP); had home telephone | | | |
| EXCLUSION: | Cognitive impairment; lack of reading/writing skills; terminal illness; nursing home resident; actively suicidal; SSRI within past 2 months; other antidepressant therapy; bipolar disorder; pregnancy; lactation | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Yes | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: Paroxetine: 47.2, fluoxetine: 47.1, sertraline: 44.1 Gender (% female): Paroxetine: 76%, fluoxetine: 86%, sertraline: 75% Ethnicity: (white) Paroxetine: 85%, fluoxetine: 88%, sertraline: 79%; (black) paroxetine: 13%, fluoxetine: 9%, sertraline: 17% (other) paroxetine: 2%, fluoxetine: 3%, sertraline: 4% Other population characteristics: (MDD) total: 74%, paroxetine: 71%, fluoxetine: 74%, sertraline: 73%; (dysthymia) total: 18%, paroxetine: 22%, fluoxetine: 17%, sertraline: 18%; (minor depression) total: 8%, paroxetine: 7%, fluoxetine: 9%, sertraline: 9% | | | |

| Authors: Kroenke K, et al. | |
|----------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2001 | |
| Country: | |
| Trial name: ARTIST | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> Computer assisted telephone interview: SF-36, MSC (mental component summary), SCL-20 (symptoms checklist), PRIME-MD (primary care Evaluation of mental disorders), subscales of: medical outcomes study questionnaire (MOS): patient health questionnaire, health and daily living form, quality of social interaction scale, quality of close relationship scale, work limitations questionnaire <i>Timing of assessments:</i> Months 1, 3, 6, 9 |
| RESULTS: | All 3 treatment groups showed significant improvements in depression and other health related quality of life domains (social function, work function, physical function) There were no significant differences between treatment groups in any of the 3 and 9 months outcome measures Subgroup analysis showed that there were no differences in treatment effects for patients with MDD and for patients older than 60 years Switch rate to other medication: paroxetine: 22%, fluoxetine: 14%, sertraline: 17% |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 24.3%; paroxetine: 24.8%, fluoxetine: 22.5%, sertraline: 25.7% Withdrawals due to adverse events: paroxetine: 30%, fluoxetine: 23%, sertraline: 24% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | No significant differences in adverse events between treatment groups |
| QUALITY RATING: | Fair |

| Evidence Table 13 | Subgroups | | | | |
|-----------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------|---------------------------------|--|--|
| STUDY: | Authors: Lesperance et al. ²⁶⁰ | | | | |
| | Year: 2007 | | | | |
| | Country: Canada | | | | |
| FUNDING: | Canadian Institutes of Health Research | (CIHR) Clinical Trials Program grant MC | T50397, the Fondation du Centre | | |
| | Hospitalier de l'Universite´ de Montre´al | I, and the Fondation de l'Institut de Cardio | ologie de Montreal | | |
| DESIGN: | Study design: RCT | | | | |
| | Setting: Multicenter - 9 Canadian acad | emic centers | | | |
| | Sample size: 284 | | | | |
| INTERVENTION: | | | | | |
| Drug: | Citalopram | Placebo | | | |
| Dose: | 20-40 mg/day | NA | | | |
| Duration: | 12 weeks | 12 weeks | | | |
| Sample size: | 142 142 | | | | |
| INCLUSION: | Male and female outpatients of at least | 18 years of age who met criteria for MDE | as defined by the DSM-IV. | | |
| | established CAD based on hospital chart evidence of a previous acute myocardial infarction or cardiac | | | | |
| | revascularization or coronary angiography showing 50% blockage or more in at least 1 major coronary artery. | | | | |
| | kandomization could not occur less than 1 week following discharge for a cardiac hospitalization, and patients had to have stable CAD based on clinical judgment | | | | |
| EXOLUCION | have stable CAD based on clinical judgment | | | | |
| EXCLUSION: | Depression due to a general medical condition, bipolar disorder or major depression with psychotic features, substance | | | | |
| | abuse of dependency during the previous 12 months, serious suicide risk, current use of antidepressants, itinium, of | | | | |
| | anticonvulsarits for mood disorder, current treatment with any form of psychotnerapy, previous absence of response to citalopram or IPT 2 or more previous unsuccessful treatments, lifetime bistory of early termination (8 works) of | | | | |
| | citalopram or IP1, 2 or more previous unsuccessful treatments, lifetime history of early termination (8 weeks) of | | | | |
| | citalopram or 2 other SSRIS because of adverse events, Mini-Mental State Examination to Score of less than 24, and | | | | |
| | during the payt 4 menths, these with a Canadian Cardiovascular Seciety Aparina Class of 4 (severe limitations), these | | | | |
| | barticipating in other trials, and these upable to speak English or Erench | | | | |
| OTHER MEDICATIONS/ | Patients took a mean of 7.5 (SD 3.61) | different medications | | | |
| INTERVENTIONS | | | | | |
| POPULATION CHARACTERISTICS | Groups similar at baseline: Yes | | | | |
| TOTOLATION ONANAOTENIOTIOO. | Mean age: 58.2 | | | | |
| | Gender (female %): 25 | | | | |
| | Ethnicity: NR | | | | |
| | Other population characteristics: | | | | |
| | | | | | |

| Authors: Lesperance et al. | | | | | |
|----------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|
| Year: 2007 | | | | | |
| Country: USA | | | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: HAM-D ₂₄ | | | | |
| | Secondary Outcome Measures: IDS and the BDI-II, the index of function in daily activities (FPI) and the measure of | | | | |
| | perceived social support (IPRI), | | | | |
| | Timing of assessments: baseline, 6 and 12 weeks | | | | |
| RESULTS: | HAM-D₂₄ at endpoint: citalopram 14.9 (9.99) vs. placebo 11.6 (9.99) p = 0.005 [between group difference = 3.33 (95% CI: 0.80-5.85)] | | | | |
| | BDI-II at endpoint: citalopram 14.7 vs. placebo 11.1, p = 0.005 [between group difference = 3.64 (95% CI: 0.58- 6.64)] | | | | |
| | Remission < 8 HAMD24 citalopram 51 (35.9) vs. placebo 32 (22.5) p = 0.01 | | | | |
| | Response > 50% decline in HAM-D 24 citalopram 75 (52.8) vs. placebo 57 (40.1) p = 0.03 | | | | |
| ANALYSIS: | ITT: Yes | | | | |
| | Post randomization exclusions: Yes | | | | |
| ATTRITION: | Loss to follow-up: citalopram 13%, placebo 30% | | | | |
| | Withdrawals due to adverse events: Citalopram 7.7%, placebo 4.2% | | | | |
| | Withdrawals due to lack of efficacy: NR | | | | |
| | Loss to follow-up differential high: Yes | | | | |
| ADVERSE EVENTS: | Citalopram vs. placebo | | | | |
| | dizziness (48.6% vs. 30.3%; p = 0.002) | | | | |
| | diarrhea (49.3% vs. 23.9%; p < 0.001) | | | | |
| | somnolence (43.7% vs. 25.4%; p = 0.001) | | | | |
| | sweating (39.4% vs. 23.9%; p = 0.005) | | | | |
| | palpitations (25.4% vs. 14.8%; p = 0.03) | | | | |
| | decreased libido or sexual difficulties (21.1% vs. 7.0%; p = 0.001) | | | | |
| QUALITY RATING: | Fait | | | | |
| | | | | | |

| Evidence Table 13 | Subgroups |
|---------------------------------------------|---------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Lewis-Fernandez et al. ²⁶¹ and Bailey et al. ²⁶² Year: 2006 Country: US |
| FUNDING: | Eli Lilly and Co. |
| DESIGN: | <i>Study design:</i> Pooled analysis <i>Number of patients:</i> 1,452 (Lewis-Fernandez) and 1,423 (Bailey) |
| AIMS OF REVIEW: | To evaluate duloxetine for the treatment of MDD in Hispanic, Caucasian and African Americans |
| STUDIES INCLUDED IN REVIEW | 7 trials |
| TIME PERIOD COVERED: | Feb 1999 to Nov 2002 |
| CHARACTERISTICS OF INCLUDED STUDIES: | Double blind RCTs, placebo and active comparator, 7-9 weeks in duration |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | 18 years or more with MDD |

| Authors: Lewis-Fernandez et al. and B | ailey et al. |
|----------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2006 | |
| CHARACTERISTICS OF | Duloxetine 60 mg/day versus placebo |
| INTERVENTIONS: | |
| MAIN RESULTS: | Caucasian and Hispanic |
| | HAM-D 17 change from baseline Duloxetine Caucasian -7.72 Hispanic -8.67 vs. placebo Caucasian -5.99 Hispanic -7.53 |
| | CGI-S change from baseline Duloxetine Caucasian -1.31 Hispanic -1.45 vs. placebo Caucasian -1.03 Hispanic -1.24 |
| | PGI-I change from baseline Duloxetine Caucasian 2.77 Hispanic 2.75 vs. placebo Caucasian 3.15 Hispanic 3.10 |
| | • "No evidence for a differential effect of duloxetine in Hispanic and Caucasian patients was found in efficacy outcomes" |
| | Caucasian and African American |
| | HAM-D 17 change from baseline Dulavating Causaging 7.72 African American 7.66 va placeba Causaging 5.00 African American 6.26 |
| | Duloxeune Caucasian -7.72 Anican-American -7.00 vs. piacebo Caucasian -5.99 Anican-American -0.50 |
| | Duloxetine Caucasian -1.31 African-American -1.24 vs. placebo Caucasian -1.03 African-American -1.04 |
| | PGI-I change from baseline |
| | Duloxetine: Caucasian 2.77 African-American 2.75 vs. placebo: Caucasian 3.15 African-American 2.77 |
| | "No evidence for a differential effect of duloxetine in African-American and Caucasian patients was found in efficacy outcomes" |
| ADVERSE EVENTS: | Discontinuation due to AEs 14.0% for Hispanics and 17.0% for Caucasians, compared with 3.2% and 5.7%, respectively, for placebo- treated patients (p = 0.671) |
| | Discontinuation due to AEs 13.0% for African-American and 17.0% for Caucasians, compared with 3.4% and 5.7%, respectively, for placebo-treated patients |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | No |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | No |
| QUALITY RATING: | Fair |

| Evidence Table 13 | Subgroups | | | |
|--------------------|----------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|----------------------------------|-------------------------|
| STUDY: | Authors: Li et al. ²⁶³ | | | |
| | Year: 2008 | | | |
| | Country: China | | | |
| FUNDING: | National Science Foundation of Shand | ong Province, People's Republic o | f China | |
| DESIGN: | Study design: RCT | | | |
| | Setting: University hospital. | | | |
| | Sample size: 90 in relevant arms (150 | overall) | | |
| INTERVENTION: | | | Data reported in article (but | |
| Drug: | Fluoxetine | Placebo | not relevant for topic): | |
| Dose: | 20-40 mg | NA | Free and Easy Wanderer | |
| Duration: | 8 weeks | 8 weeks | Plus (FEWP) | |
| Sample size: | 60 | 30 | | |
| INCLUSION: | Adult patients with a recent (<6 weeks) single ischemic or hemorrhagic stroke, documented by cerebral computed tomograph | | | |
| | scanning or magnetic resonance imaging before study enrolment; presence of MDD or minor depression with a HAM-D > 20;no | | | |
| | treatment with antidepressants 2within 2 weeks prior to study entry. | | | |
| EXCLUSION: | Additional mental illnesses or organic mental disorder not related to depression (e.g., schizophrenia, bipolar); history of | | | |
| | psychiatric illness other than depressio | n; Illicit drug and alcohol abuse: cl | nronic alcoholism; Mini-Mental S | state Examination score |
| | <23; severe aphasia; abnormal thyroid function; epilepsy | | | |
| OTHER MEDICATIONS/ | Benzodiazepines (allowed for the treatment of insomnia if not exceeding 14 days cumulatively); 8 weeks (5 days a week) of | | | |
| INTERVENTIONS: | rehabilitation, consisting of 1 to 2 hours of individual physical therapy, 2 hours of occupational therapy, and 1 hour of speech | | | |
| | therapy (if needed) per day. | | | |
| POPULATION | Groups similar at baseline: No (see gender), comparable with respect to clinical characteristics (except for location | | | |
| CHARACTERISTICS: | of stroke lesion) | | | |
| | Mean age (years): fluoxetine: 69.2 vs. | placebo : 67.8 | | |
| | Gender (female %): fluoxetine 58.3 vs | . placebo 43.3 | | |
| | Ethnicity (Caucasian %): NR | | | |
| | Other population characteristics: | | | |

| Authors:. Li et al. | | | |
|---------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|
| Country: China | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: percentage with response (response defined as >50% reduction in HAM-D score at study end compared to baseline); difference in HAM-D scores between groups Secondary Outcome Measures: Barthel Index (BI) score: functional ability Timing of assessments: Baseline, weeks 2, 4 and 8 | | |
| RESULTS: | Significantly higher clinical response rates were observed in both fluoxetine and FEWP groups compared to the placebo group (60% and 65.5% versus 21.4%, χ^2 = 15.9, <i>P</i> = 0.01); authors only report between group results from HAM-D scores at different study points (HAM-D mean score at baseline (SD): fluoxetine 25.5 (3.1) vs. placebo 24.3 (2.9); mean score (SD) at endpoint at week 8 in the fluoxetine group: 14.5 (2.4) and 18.7 (3.9) in the placebo group | | |
| ANALYSIS: | ITT: NR (unclear) Post randomization exclusions: NR | | |
| ATTRITION: | Overall Attrition: 4,4% Withdrawals due to adverse events: 0 Withdrawals due to lack of efficacy: NR Differential Attrition: No | | |
| ADVERSE EVENTS: | No serious side effects. | | |
| | Adverse events (AE): | | |
| | Overall % (fluoxetine vs. placebo): 16.7% (10/60) vs. 16.7% (5/30) | | |
| | Insomnia: 6.7% vs. 6.7% | | |
| | Nausea: 10.0% vs. 10.0% | | |
| QUALITY RATING: | Fair | | |

| Evidence Table 13 | Subgroups | | | | |
|--------------------------------------|----------------------------------------------------------------------------------------------|--------------|----------|--|--|
| STUDY: | Authors: Linden RD, et al. ²⁶⁴ | | | | |
| | Year: 1994 | | | | |
| | Country: US | | | | |
| FUNDING: | Not reported | Not reported | | | |
| DESIGN: | Study design: Retrospective analysis of two RCTs Setting: Multi-center Sample size: 89 | | | | |
| INTERVENTION: | | | | | |
| Drug: | Paroxetine: | Fluoxetine | Placebo | | |
| Dose: | 20-50 mg/d | 20-80 mg/d | N/A | | |
| Duration: | 12 weeks | 12 weeks | 12 weeks | | |
| INCLUSION: | 18-70 yrs; DSM-III-R criteria for major depression; ≥17 on HAM-D-17 | | | | |
| EXCLUSION: | Not reported | | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Not reported | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Not reported | | | | |
| | Mean Age: 42 | | | | |
| | <i>Gender</i> (female%): 56.6% | | | | |
| | Ethnicity: Not reported | | | | |
| | Other population characteristics: Not reported | | | | |
| Authors: Linden RD, et. al. Year: 1994 | |
|-------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | Measures: HAM-D, Raskin, Covi, CGI, SCL-90 Timing of assessments: Weeks 1, 2, 3, 4, 6, 9, 12 |
| RESULTS: | Subjects with baseline complaints of gastrointestinal symptoms or more severe depression were not more likely to develop gastrointestinal side effects under SSRI treatment |
| ANALYSIS: | ITT: No Post randomization exclusions: Not reported |
| ATTRITION: | Loss to follow-up: Not reported Withdrawals due to adverse events: GI withdrawals: fluoxetine: 5.2%, paroxetine: 0% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | For this analysis only gastrointestinal side effects were considered Nausea: paroxetine: 28%, fluoxetine: 26%, placebo: 0% Diarrhea: paroxetine: 14%, fluoxetine: 16%, placebo: 7% Weight loss/loss of appetite: paroxetine: 22%, fluoxetine: 8%, placebo: 7% |
| QUALITY RATING: | Fair |

| Evidence Table 13 | Subgroups | | | |
|--------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------|--|--|
| STUDY: | Authors: Lyketsos CG et al. ²⁶⁵ Year: 2003 Country: US | | | |
| FUNDING: | NIMH Grant 1R01-MH56511 (Depression | on in Alzheimer's disease study) | | |
| DESIGN: | Study design: RCT Setting: University outpatient clinics (3) Sample size: 44 | | | |
| INTERVENTION: Drug: Dose: Duration: Sample size: | Sertraline 12 weeks | Placebo N/A 12 weeks 20 | | |
| INCLUSION: | Diagnosis of probable AD by National Institute of Neurological and Communicative Disorders and Stroke-Alzheimer's Disease and Related Disorders Association; MMSE ≥ 10; DSM-IV diagnosis of major depressive episode; current residence in community setting (home or assisted living); caregiver willing to accompany participant to study visits; stable medical history and general health | | | |
| EXCLUSION: | Current unstable medical condition; lifetime diagnosis of schizophrenia, bipolar disorder, or pre-AD anxiety disorder; current substance use disorder; acutely suicidal or requiring inpatient psychiatric hospitalization | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: No (more Mean age: sertraline 75.5, placebo 79. Gender (female %): sertraline 83%, pl Ethnicity (% black): sertraline 33%, pla Other population characteristics: | women in sertraline group) 9 acebo 50% acebo 15% | | |

| Authors: Lyketsos CG et al. Year: 2003 | |
|-------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: US | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: CSDD and HAM-D response |
| | Secondary Outcome Measures: Psychogeriatric Dependency Rating Scale, NPI, MMSE Timing of assessments: baseline and weeks 3, 6, 9 |
| RESULTS: | More sertraline patients were full responders (38% vs. 20%) and partial responders (46% vs. 15%); p = 0.006 Sertraline was statistically significantly superior to placebo as measured by both the Cornell Scale for Depression in Dementia (P = 0.002) and the Hamilton Depression Rating Scale (P = 0.01) |
| | No significant differences between groups on MMSE or total NPI |
| ANALYSIS: | III: Yes Best rendemization evolusione. No |
| ATTRITION | Post randomization exclusions: NO |
| ATTRITION: | Loss to follow-up: sertraline 12.5%, placebo 25% |
| | Withdrawals due to adverse events: sertraline 4.2%, placebo 0 |
| | withdrawars due to lack of encacy: settaine 8.3%, placebo 15% |
| | Loss to follow-up differential nigh: No |
| ADVERSE EVENTS: | No significant differences in frequency of AEs between groups |
| | Withdrawals due to AEs twice as high in sertraline group vs. placebo group |
| QUALITY RATING: | Fair |

| Evidence Table 13 | Subgroups | | | |
|-----------------------------|----------------------------------------------------------------------------------------------------------------------------|---------------------------------------------|---------------------------------------|--|
| STUDY: | Authors: Moak et al. ²⁶⁶ | | | |
| | Year: 2003 | | | |
| | Country: USA | | | |
| FUNDING: | National Institute on Alcohol Abuse and | Alcoholism | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: Multicenter | | | |
| | Sample size: 82 | | | |
| INTERVENTION: | | | | |
| Drug: | Sertraline | Placebo | | |
| Dose: | 50-200 mg | NA | | |
| Duration: | 12 weeks | 12 weeks | | |
| Sample size: | 38 | 44 | | |
| INCLUSION: | Major depressive episode or dysthymic | disorder; primary (independent) major de | epressive episode or dysthymic | |
| | disorder or a clear family history of affect | ctive disorder without comorbid substance | e abuse in a first degree relative | |
| | (parent, sibling, or child); at least 17 on | the HAM-D-21 both at screening and at | the end of 1 week of single-blind | |
| | placebo; current alcohol dependence or abuse and have drunk a minimum of 40 standard drinks during the month | | | |
| | before study entry; mild to moderate alcohol dependence, which was operationally defined as not having more than 1 | | | |
| | past inpatient alcohol detoxification. Women of childbearing potential were required to use a reliable form of birth | | | |
| | control. | | | |
| EXCLUSION: | Any current psychoactive substance de | pendence other than nicotine; psychoact | ive substance abuse in the month | |
| | before study entry other than marijuana | i; current panic disorder or PTSD; and life | etime history of bipolar affective or | |
| | psychotic disorder; treatment-resistant depression; any significant current suicidal ideation or plan, homicidal ideation, | | | |
| | unstable medical illness, or history of a seizure disorder were referred for standard clinical treatment; they had to have | | | |
| | been off the detoxification medication for at least 48 hours prior; serotonergic medications, including SSRIs, had to be | | | |
| | completely off these medications for at least 4 weeks before study entry. Other psychoactive medications, including | | | |
| | tricyclic antidepressants, had to be disc | continued for at least 2 weeks. | | |
| OTHER MEDICATIONS/ | NR | | | |
| INTERVENTIONS: | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | | |
| | Mean age: Sertraline 41, placebo 42 | | | |
| | Gender (remaie %): Sertraine 39, plac | CEDO 39 | | |
| | | | | |
| | Uther population characteristics: | Jacobo 15 | | |
| | rears of education: sertraline 15, p | | | |

| Authors: Moak et al. Year: 2003 | | | | | | |
|------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|--|
| Country: USA | | | | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: HAM-D | | | | | |
| | Secondary Outcome Measures: BDI, OCDS, and TLFB | | | | | |
| | Timing of assessments: Weekly | | | | | |
| RESULTS: | HAM-D overall: sertraline 7.8 vs. placebo 8.8 | | | | | |
| | • HAM-D men: settraline 8.3 vs. placebo 8.5 ($p = ns$) | | | | | |
| | • HAM-D women: sertratine 6.9 vs. placebo 9.3 $p < 0.05$ | | | | | |
| | Significant difference in BDI scores for women taking settraline _n=0.005 | | | | | |
| | • No difference between groups in time to first heavy drinking day $(> 5 drinks in 1 day)$ n = 0.661 | | | | | |
| | • No unifield between gloups in the to making day (\geq 5 units in t day), $p = 0.001$ | | | | | |
| | Sertraine subjects had less drinks/drinking day vs. placebo subjects, p = 0.027 No difference between groups in percent days abstinent or heavy drinking days/week, p = nr Less drinking during study was associated with improved depression outcome | | | | | |
| | | | | | | |
| | | | | | | |
| | Females who received sertraline had less depression than females who received placebo (p = 0.04) | | | | | |
| ANALYSIS: | ITT: Yes | | | | | |
| | Post randomization exclusions: NR | | | | | |
| ATTRITION: | Loss to follow-up: 16% sertraline 33% placebo | | | | | |
| | Withdrawals due to adverse events: NR at least 1 | | | | | |
| | Withdrawals due to lack of efficacy: NR | | | | | |
| | Loss to follow-up differential high: Yes | | | | | |
| ADVERSE EVENTS: | 4 patients experienced serious AEs (3 sertraline, 1 placebo) | | | | | |
| | | | | | | |
| QUALITY RATING: | Fair | | | | | |
| | | | | | | |

| Evidence Table 13 | Subgroups | | | |
|-----------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|--|--|
| STUDY: | Authors: Murray V, et al. ²⁶⁷ Year: 2005 Country: Sweden | | | |
| FUNDING: | Pfizer AB | | | |
| DESIGN: | Study design: RCT Setting: 4 outpatient stroke centers Sample size: 123 | | | |
| INTERVENTION: | • | | | |
| Drug: | Sertraline | Placebo | | |
| Dose: | 50-100 mg/day | N/A | | |
| Duration: | 26 weeks | 26 weeks | | |
| Sample size: | 62 | 61 | | |
| INCLUSION: | 2 18 yrs; MDD diagnosis according to DSM-III or IV; stroke (according to WHO criteria); | | | |
| EXCLUSION: | .Adults \geq 18; MDD diagnosis according to DSM-III or –IV; stroke (according to WHO criteria); hospitalized during acute phase of index stroke; minor depression according to DSM-IV and MADRS \geq 10 and time criteria (symptoms should have been present during same 2 wk period) | | | |
| OTHER MEDICATIONS/ | Concomitant psychotherapeutic or psychotropic medications; additional mental illnesses or organic mental disorder; | | | |
| INTERVENTIONS: | significant suicide risk; severe impairment in ability to communicate; current use of opiate analgesics | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | | |
| | Mean age: 70.7 | | | |
| | Gender (female %): sertraline 48.4%, placebo 55.7% | | | |
| | Ethnicity: NR | | | |
| | Other population characteristics: | | | |
| | Major depressive episode: sertraline 66.1%, placebo 57.4% | | | |
| | Minor depressive disorder: sertraline 33.9%, placebo 42.6% | | | |

| Authors: Murray V, et al. | | | | | |
|---------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|
| Year: 2005 | | | | | |
| Country: Sweden | | | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: MADRS | | | | |
| | Secondary Outcome Measures: CGI-S, CGI-I, EDS, HAM-D, SSSS | | | | |
| | Timing of assessments: Baseline and weeks 2, 4, 6, 8, 12, 18, and 26 | | | | |
| RESULTS: | Both groups improved substantially; no differences between treatments either for major depressive episode or minor depressive disorder | | | | |
| | HAM-D responders (% who completed 26 wks of treatment): sertraline 76% vs. placebo 78% | | | | |
| | % remission (defined as MADRS score <10) (percent of those who completed 26 wks of treatment): sertraline 81%, placebo 87% | | | | |
| | Improvement in QoL at wk 26 was significantly better in sertraline treated patients (p<0.05) | | | | |
| ANALYSIS: | ITT: Yes | | | | |
| | Post randomization exclusions: | | | | |
| ATTRITION: | Loss to follow-up: 44%; sertraline 39%, placebo 49% | | | | |
| | Withdrawals due to adverse events: sertraline 13%, placebo 8% | | | | |
| | Withdrawals due to lack of efficacy: sertraline 26%, placebo 36% | | | | |
| | Loss to follow-up differential high: No | | | | |
| ADVERSE EVENTS: | Dry mouth: 23.6% vs. 7.4%; p<0.05 | | | | |
| | Diarrhea: 23.6% vs. 9.3%; p<0.05 | | | | |
| | Emotional indifference: 9.1% vs. 0; p<0.05 | | | | |
| | • Nausea: 21.8% vs. 14.8% | | | | |
| | • Tremor: 12.7% vs. 7.4% | | | | |
| | Constipation: 14.5% vs. 9.3% | | | | |
| | Increased dream activity: 14.5% vs. 9.3% | | | | |
| | • Weight loss: 17.4% vs. 13.3% | | | | |
| | Postural hypotension: 13.0% vs. 9.3% | | | | |
| | • Dyspepsia: 20.0% vs. 16.7% | | | | |
| | • Dizziness: 14.5% vs. 13.0% | | | | |
| | • Edema: 12.7% vs. 11.3% | | | | |
| | Increased sweating: 16.4% vs. 17.0% | | | | |
| | Weight gain: 15.2% vs. 15.6% | | | | |
| | • Headache: 14.5% vs. 16.7% | | | | |
| | Reduced duration of sleep: 9.1% vs. 18.5% | | | | |
| QUALITY RATING: | Fair | | | | |

| Evidence Table 13 | Subgroups | | | |
|--------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------|--|-----------------|
| STUDY: | Authors: Newhouse PA, et al. | Authors: Newhouse PA, et al. ⁶⁸ | | |
| | Country: US | | | |
| FUNDING: | Pfizer, Inc. | | | |
| DESIGN: | Study design: RCT Setting: Multi-center Sample size: 236 | | | |
| INTERVENTION: | | | | (Doses could be |
| Drug: Dose: | Sertraline | Fluoxetine | | doubled after 4 |
| Duration: | 12 weeks | 12 weeks | | weeksy |
| INCLUSION: | ≥ 60 years of age; DSM-III-R criteria for major depression; ≥ 18 on 24 item HAM-D | | | |
| EXCLUSION: | Other psychiatric disorder; significant physical illness; non-responders to antidepressants or ECT therapy | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Chloral hydrate, temazepam for sleep | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: Sertraline: 68, fluoxetine: 67 Gender (% female): Sertraline: 63.2%, fluoxetine: 51.3% Ethnicity: (white) Sertraline: 95.7%, fluoxetine: 100%; (black) sertraline: 3.4% (other) sertraline: 0.9% Other population characteristics: Not reported | | | |

| Authors: Newhouse PA, et al. | |
|------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2000 | |
| Country: US | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> 24 item HAM-D, HAM-A, CGI-S, CGI-I, BDI, MADRS, POMS, Q-LES-Q, digit symbol substitution test, SLT <i>Timing of assessments:</i> Baseline, week 1, 2, 3, 4, 6, 8, 10, 12 |
| RESULTS: | Sertraline and fluoxetine were effective in the relief of depressive symptoms There were no significant differences between sertraline and fluoxetine on the primary efficacy measures (HAM-D and CGI) HAM-D Responders: sertraline: 73%, fluoxetine: 71% HAMD remitters: sertraline: 45%, fluoxetine: 46% Overall there was no significant differences between sertraline and fluoxetine on cognitive measures (SLT and digit symbol substitution test) |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 32.2%; sertraline: 31.6%, fluoxetine: 32.8% Withdrawals due to adverse events: sertraline: 18.8%, fluoxetine: 24.4%, p = 0.5 Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Weight reduction: sertraline: -1.7lb, fluoxetine: -3.2lb (p = 0.018) Otherwise no statistically significant differences between groups Headache: sertraline: 33.6%, fluoxetine: 31.4% Dizziness: sertraline: 7.8%, fluoxetine: 10.2% Dry mouth: sertraline: 15.5%, fluoxetine: 7.6% Nausea: sertraline: 14.7%, fluoxetine: 18.6% Diarrhea: sertraline: 22.4%, fluoxetine: 16.1% |
| QUALITY RATING: | Fair |

Evidence Table 13

Subgroups

| STUDY. | Authors: Oslin DW at al ²⁶⁸ | | | |
|-----------------------------|---------------------------------------------------------------------------------------------------------------------------|----------------------------------------------|-------------------------------------|--|
| 51001. | Authors: Oslin Dw et al. | | | |
| | | | | |
| | Country: US | | | |
| FUNDING: | National Institute of Mental Health; Dep | artment of Veterans Affairs | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: VA nursing facilities (13) | | | |
| | Sample size: 52 | | | |
| INTERVENTION: | | | | |
| Drug: | Sertraline | Venlafaxine | | |
| Dose: | 25-100 mg/d | 18.75-150 mg/d | | |
| Duration: | 10 weeks | 10 weeks | | |
| Sample size: | 25 | 27 | | |
| INCLUSION: | ≥60 yrs of age; DSM-III or DSM-IV diag | nosis of MDD; HAM-D ≤ 12; significant d | vsphoria with score ≥ 10 on GDS | |
| | and/or rating >2 on depressed mood item of HAM-D: minor depression, dementia with depression, or dysthymia | | | |
| | Blessed Memory Information Concentration test score <21 | | | |
| EXCLUSION: | Concomitant psychotheraputic or psych | otropic medications (except as needed o | oxazepam, lorazepam or temazepam); | |
| | additional mental illnesses or organic m | ental disorder; illicit drug and alcohol abu | use; clinically significant medical | |
| | disease; investigational drug use within the last 2 wks; suicidal tendencies; communication disorders; weight loss | | | |
| | judged to present a danger to patient: unstable medical disorders or terminal conditions likely to lead to death within 6 | | | |
| | months | | | |
| OTHER MEDICATIONS/ | NR | | | |
| INTERVENTIONS: | | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: No (more | African Americans in venlafaxine group) | | |
| | Mean age: sertraline 83.8, venlafaxine | Mean are: sertraline 83.8 venlafavine 81.2 | | |
| | Gender (female %): sertraline 56% ve | enlafaxine 33% | | |
| | Ethnicity (% white): sertraline 92% ve | nlafaxine 63% | | |
| | Other population characteristics: Cardiac disease (moderate to severe) 83% | | | |
| | | | | |

| Authors: Oslin DW et al. Year: 2003 Country: US | |
|-------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Tolerability, HAM-D |
| | Secondary Outcome Measures: MMSE, CIRS, PSMS, IADL, CGI, GDS |
| | Timing of assessments: baseline and weekly |
| RESULTS: | Mean change from baseline to endpoint (sertraline vs. venlafaxine): |
| | • HAM-D: 8.0 vs. 4.6 (F = 3.45, p = 0.69) |
| | • GDS: 3.5 vs. 0.8 (F = 2.13, p = 0.151) |
| | • Cornell: 8.5 vs. 4.0 (F = 7.65, p = 0.008) |
| | |
| | Endpoint CGI (sertraline vs. venlafaxine): 2.3 vs. 3.0, p = 0.98 |
| | No differences in categorical responses for ITT sample vs. completers |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: |
| ATTRITION: | Loss to follow-up: 44%; sertraline 24%, venlafaxine 63% |
| | Withdrawals due to adverse events: sertraline 16%, venlafaxine 48% |
| | Withdrawals due to lack of efficacy: NR |
| | Loss to follow-up differential high: Yes |
| ADVERSE EVENTS: | Tolerability estimated by time to termination lower for venlafaxine than sertraline for serious AEs (p = 0.005) |
| | No significant differences between groups in effects on blood pressure |
| QUALITY RATING: | Poor |

| Evidence Table 13 | Subgroups | | | |
|--------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|--|--|
| STUDY: | Authors: Petrakis I, et. al. ²⁶⁹ Year: 1998 Country: US | | | |
| FUNDING: | National Institute on Drug Abuse | | | |
| DESIGN: | Study design: RCT Setting: Teaching hospital Sample size: 44 | | | |
| INTERVENTION: | | | | |
| Drug: | Fluoxetine | Placebo | | |
| Dose: Duration: | 20-60 mg/d 3 months | N/A 3 months | | |
| | 5 monuns | 5 1101113 | | |
| INCLUSION: | Opoid dependent patients; methadone treatment for at least 3 months; DSM-III-R criteria for major depression; ≥ 14 on HAM-D-17; > 8 on BDI | | | |
| EXCLUSION: | MDD independent of drug abuse; history of psychotic disorders; bipolar disorder | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Not reported | | | |
| POPULATION CHARACTERISTICS: | <i>Groups similar at baseline:</i> Yes <i>Mean Age:</i> Fluoxetine: 35.4 years, placebo: 33.3 years <i>Gender</i> (% female): Fluoxetine: 39.1%, placebo: 33.3% <i>Ethnicity:</i> White: fluoxetine: 91.3% placebo: 85.7%; African American: fluoxetine: 4.3%, placebo: 4.8%; Hispanic: fluoxetine: 4.3%, placebo: 9.5% <i>Other population characteristics:</i> MDD: fluoxetine: 47.1%, placebo: 52.9%; dysthymia: fluoxetine: 57.1%, placebo: 42.9% | | | |

| Authors: Petrakis I, et. al. | |
|------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 1998 | |
| Country: US | |
| OUTCOME ASSESSMENT: | Measures: BDI, HAM-D (Hamilton Depression Rating Scale), ASI (addiction severity index) |
| | <i>Timing of assessments:</i> Weekly, weeks 4, 8, 12, urine samples weekly |
| RESULTS: | BDI and HADRS scores decreased significantly in both groups (z = 2.37; p = 0.01; z = 5.85, p < 0.01). There were no significant differences between placebo and fluoretine treated patients. |
| | • Concomitant denoin use and ASI scores decreased significantly for both groups ($z = 2.92$, $n < 0.01$; $z = 2.66$, $n < 1.01$ |
| | 0.01) but there was no significant difference between groups |
| | |
| ANALYSIS: | ITT: No |
| | Post randomization exclusions: Not reported |
| ATTRITION: | Loss to follow-up: 15.9%; fluoxetine: 13%, placebo: 19% |
| | Withdrawals due to adverse events: Not reported |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS | All fluovetine discontinuations due to possible treatment -related adverse events |
| | |
| QUALITY RATING: | Fair |

| Evidence Table 13 | Subgroups | | | |
|----------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Rabkin JG, et al. ²⁷⁰ Year: 1999 Country: US | | | |
| FUNDING: | NIMH, Eli Lilly | | | |
| DESIGN: | Study design: RCT Setting: University-affiliated res Sample size: 120 | earch outpatient clinic | | |
| INTERVENTION: Drug: Dose: Duration: | Fluoxetine mean dose 37 mg/day 8 weeks | Placebo N/A 8 weeks | | (Note responders were followed for an additional 18 weeks to assess effect of drug on immune status) |
| INCLUSION: | Ages 18-70; HIV + for at least 2 be in treatment with a consentin | months; physically healthy except g primary care provider; DSM-IV c | for HIV; those with an AIDS-defini riteria for MDD or dysthymia or bo | ng condition had to h |
| EXCLUSION: | History of psychosis; bipolar dis significant cognitive impairment; psychotherapy within past 4 wee onset of opportunistic infections | order within past 6 months of subs use of other antidepressant withir eks; medical exclusions: HIV wasti within past 6 weeks | tance use; panic disorder; current a 2 weeks before study entry; initia ng syndrome; significant diarrhea; | risk for suicide; tion of unstable health; |
| OTHER MEDICATIONS/ INTERVENTIONS: | Concurrent HIV medications allo | owed | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: No Mean Age: 39 Gender (% female): 2.5% Ethnicity: African American 209 Other population characterist school education | ot reported %, Latino 15 %, 65% white <i>ics:</i> 36% receiving disability benef | its, 46% college graduates, 88% h | ad some post-high |

| Authors: Rabkin JG, et al. Year: 1999 Country: US | |
|---------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | <i>Measures:</i> HAM-D, brief symptom inventory, Beck Hopelessness Scale, Quality of Life Enjoyment and Satisfaction Questionnaire <i>Timing of assessments:</i> Baseline, weeks 4, 8 |
| RESULTS: | Significantly more responders on HAM-D in the fluoxetine group (fluoxetine: 57%, placebo: 41%; p = 0.03) No significant differences in changes of HAM-D scores No significant difference in CGI responders |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 27.5%; fluoxetine: 29.6%; placebo: 23.1% Withdrawals due to adverse events: 5%; fluoxetine: 7.4%, placebo: 0 Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Reporting at least 1 treatment emergent side effect during study: fluoxetine: 50%, placebo 50% Mean number of side effects reported: fluoxetine: 1.4 (2.0 sd), placebo: 1.3 (1.8 sd) Only headache was reported more significantly more frequently among fluoxetine group as compared to placebo |
| QUALITY RATING: | Fair |

| | Evi | dence | Table | 13 |
|--|-----|-------|-------|----|
|--|-----|-------|-------|----|

Subgroups

| CTUDY. | Authorse Direct of 271 | |
|------------------------------|---------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|
| STUDT: | Authors: Riggs et al. | |
| | Year: 2007 | |
| | Country: USA | |
| FUNDING: | US National Institute on Drug Abuse, NIH | |
| DESIGN: | Study design: RCT | |
| | Setting: single center | |
| | Sample size: 126 | |
| INTERVENTION: | • | |
| Drug: | Fluoxetine & CBT | Placebo & CBT |
| Dose: | 20 mg | N/A |
| Duration: | 16 weeks | 16 weeks |
| Sample size: | 63 | 63 |
| | And 12 to 40 years willing more to participate in year (4) CPT for CUP, DCM IV exiterio for surgert MDD; at least 4 | |
| INCLUSION. | Age 15 to 19 years, willingness to participate in weekly of | |
| | nontobacco SOD, metime CD | |
| EXCLUSION: | Current or past diagnosis of a psychotic disorder or of big | polar disorder (type I or II); serious or unstable medical illness |
| | or pregnancy: current use of a psychotropic medication of | or participation in other concurrent substance or mental health |
| | treatment in the past month: considered at high risk for a | suicide attempt during the trial in the clinical judgment of the |
| | study physician | ······································ |
| OTHER MEDICATIONS/ | NR | |
| INTERVENTIONS | | |
| | Groups similar at baseline: Ves | |
| FOF DEATION CHARACTERISTICS. | Moon age: 17 2 years | |
| | Conder (female %): 22.6% | |
| | Genuer (remain %): 52.0% | American |
| | Ethnicity: 48.4% white, 27.0% Hispanic, and 14.3% Afric | can American |
| | Other population characteristics: NR | |
| | | |

| Authors: Riggs et al. | | |
|--------------------------------------|---------------------------------------------------------------------|---------------------------------------------------------------|
| Year: 2007 | | |
| Country: USA | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: For depression, Child | hood Depression Rating Scale–Revised and Clinical Global |
| | Impression Improvement; for SUD, self-reported non | obacco substance use and urine substance use screen results |
| | in the past 30 days; and for CD, self-reported sympto | ms in the past 30 days. Treatment response: CGI-I≤2, |
| | Remission of depression: CDRS-R raw score ≤28 | |
| | Secondary Outcome Measures: NR | |
| | Timing of assessments: Baseline, monthly (plus we | ekly urine tests) |
| RESULTS: | treatment response (CGI-I): fluoxetine-CBT (76) | 6.3%) vs. placebo-CBT (66.7%), LOCF, NS, RR=1.14 (95% CI, |
| | 0.91-1.44) | |
| | decrease in CDRS-R t score (normalized) fluox | cetine -22.5 vs. placebo -16.16, difference 5.66 (95%Cl 1.45- |
| | 9.87) at 16 weeks | |
| | otherwise no differences between groups in SL | JD or CD or urine drug screen. |
| ANALYSIS: | ITT: Yes- with generalized estimating equation (GEE |) or LOCF |
| | Post randomization exclusions: none | |
| | Loss to follow-up differential high: no | |
| ATTRITION: | Fluoxetine & CBT | Placebo & CBT |
| Loss to follow-up: | 17.5% | 14.3% |
| Withdrawals due to adverse events: | NR | NR |
| Withdrawals due to lack of efficacy: | NR | NR |
| ADVERSE EVENTS: | No statistically significant differences in AEs | |
| | | |
| QUALITY RATING: | Fair | |
| | | |

Evidence Table 13 Subgroups

| STUDY: | Authors: Rosenberg et al. 272 | |
|--------------------|---------------------------------------------------------------------------------|----------------------------------------------------------------------|
| | Year: 2010 | |
| | Country: United States (multicenter) | |
| FUNDING: | National Institutes of Mental Health | |
| DESIGN: | Study design: RCT | |
| | Setting: multicenter study | |
| | Sample size: 133 patients | |
| INTERVENTION: | | |
| Drug: | Sertraline | Placebo |
| Dose: | Target dosage 100mg/d | 100mg/d |
| Duration: | 12 weeks | 12 weeks |
| Sample size: | 68 | 65 |
| INCLUSION: | Patients with mild-to-moderate Alzheimer disease (AD) and with crite | eria for depression of AD (which compared with DSM-IV |
| | criteria for major depressive episode [MDE] requires the presence of | ³ 3 or more symptoms within a 2-week period, one of which |
| | must be depressed mood or anhedonia, with the addition of irritability | y as a possible symptom) |
| EXCLUSION: | Patients taking antipsychotics, antidepressants, or benzodiazepines. | |
| | | |
| OTHER MEDICATIONS/ | Cholinesterase inhibitors and memantine, Anticonvulsants (only for t | reatment of a preexisting seizure disorder); standardized |
| INTERVENTIONS: | pychosocial intervention for caregivers of patients of both groups (en solving) | notional support, counseling, assistance with problem |
| POPULATION | Groups similar at baseline: No | |
| CHARACTERISTICS: | Age. vears (SD): Sertraline: 65.0 (8.0). Placebo: 78.2 (8.0) | |
| | Sex. % female: Sertraline: 59.7. Placebo: 48.4 | |
| | Ethnicity, % White: Sertraline: 73.1, Placebo: 60.9; % African Americ | an: Sertraline 17.9, Placebo 25.0; % Hispanic/ |
| | Latino: Sertraline 7.5, Placebo 14.1; | |
| | Duration of dementia, years (SD): Sertraline: 2.6 (2.1), Placebo: 3.1 | (2.3); |
| | Similar at baseline with respect to duration of depressive episodes si | ince cognitive symptoms and depression |
| | severity (Cornell Scale for Depression in Dementia), similar with resp | pect to AD severity (Mini-Mental State |
| | Examination) | |

| Authors: Rosenberg et al. | |
|---------------------------|------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2010 | |
| Country: US | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: changes in score on mood domain of modified Alzheimer Disease Cooperative Study-Clinical |
| | Global Impression of Change index (mADCS-CGIC) from baseline to week 12 (7-point scale; improvement defined as scores of |
| | 3,2, or 1 or "a bit better", "better" or "much better", respectively). |
| | Secondary Outcome measures: median difference at 12 weeks in Cornell Scale for Depression in Dementia (CSDD) scores; |
| | Terming of assassments: baseline and at study weeks 2. 4 , 8 and 12 |
| | No significant differences in primary and secondary outcomes between sertraline and placebo at end of week 12: |
| RESULTS. | Primary outcome: odds ratio (OP) of being at or better than a given CCIC category for sertraline vs. placebo: OP 1.01 (CI |
| | 95% 0.52-1.97 $P = 0.98$ |
| | • Secondary outcomes: CSDD scores (median difference at 12 weeks (CI 95% 1.65–4.05, $P = 0.41$) and remission on |
| | sertraline treatment compared to placebo at 12 weeks: OR 2.06 (CI 95% 0.84–5.04 P = 0.11) with 33% patients on |
| | sertraline achieving remission vs. 19% of placebo-treated patients |
| ANALYSIS: | ITT: Yes (using multiple imputation) |
| | Post randomization exclusions: 2 patients |
| ATTRITION: | Overall Attrition: overall 28 (21%), sertraline 16 (24%), placebo 15 (23%) |
| | Withdrawals due to adverse events: sertraline 6 (9%), placebo 4 (6%) |
| | Withdrawals due to lack of efficacy: unclear (NR) |
| | Differential Attrition: No |
| ADVERSE EVENTS: | Sertraline-treated patients experienced more adverse events (AE), specifically gastrointestinal AE, than placebo-treated patients. |
| | serious adverse events (SAE) Sertraline 13 (20%) vs. Placebo 7 (11%), of which 4 (6%) with serious respiratory events in |
| | Sertraline group (but no placebo-treated participants) ($P = 0.23$) |
| | Sertraline (n= 66) vs. Placebo (n= 63), unadjusted OP (CL05%), P.value |
| | |
| | Diarrhea 52% vs. 30%. OR 2.44 (Cl 95% 1.13–5.42). (<i>P</i> = 0.02) |
| | Dizziness 59% vs. 30% OR 3.31 (Cl 95% 1.52–7.41), (P = 0.001) |
| | Indigestion 35% vs. 17% OR 2.51 (CI 95% 1.04–6.39), (P = 0.03) |
| | Dry mouth 45% vs. 27% OR 2.24 (Cl 95% 1.02–5.07), (<i>P</i> = 0.04) |
| | Tremor |
| | No significant differences with respect to nausea, constipation, somnolence, insomnia, fatigue, sexual dysfunction, anxiety, |
| | nervousness, headache and other AE (more AE in sertraline group than in placebo group except for agitation) |
| | Fair |
| QUALITT KATING. | Fall |

| Evidence Table 13 | Subgroups | | |
|-----------------------------|---------------------------------------------------------------------------|--------------------------------------------|-----------------------------------------|
| STUDY: | Authors: Roscoe JA, et al. ²⁷³ | | |
| | Year: 2005 | | |
| | Country: US | | |
| FUNDING: | Department of Defense, SmithKline Bee | echam provided drug and placebo | |
| OBJECTIVE: | To evaluate the effect of a serotonin up | take inhibitor on depression and fatigue (| both conditions are postulated to share |
| | a serotonin link) in a homogeneous san | nple of breast cancer patients | |
| DESIGN: | Study design: RCT | | |
| | Setting: University attiliated hospital and 2 of its attiliated hospitals | | |
| | Sample size: 94 | [| |
| INTERVENTION: | Demonstine | Disasta | |
| Drug: | Paroxetine | Placebo | |
| Dose: | 20 mg/day | N/A | |
| Duration: | At least 6 weeks | At least 6 weeks | |
| Sample size: | 44 | 50 | |
| INCLUSION: | Female patients about to begin or curre cycles to be completed | ntly undergoing chemotherapy treatment | t for breast cancer, with at least 4 |
| EXCLUSION: | Concurrent radiation or interferon treatm | nent: history of seizures or mania taking | psychotropic medications: treatment |
| | cycles of less than 2 weeks apart | , , , , , , , , , , , , , , , , , , , | |
| | | | |
| OTHER MEDICATIONS/ | NR | | |
| INTERVENTIONS: | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | |
| | Mean age: 51.3 | | |
| | Gender (% female): 100% | | |
| | Ethnicity (% white): paroxetine: 93%, | placebo 86% | |
| | Other population characteristics: | | |
| | Baseline depression (CES-D of 19 or | more): paroxetine: 13 (29%), placebo: 1 | 3 (26%) |

| Authors: Roscoe JA, et al. Year: 2005 | |
|------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Fatigue using the Fatigue Symptom Checklist (FSCL), Multidimensional Assessment of Fatigue (MAF) and the Fatigue/Inertia subscale of the Monopolar Profile of Mood States (POMS-FI) Secondary Outcome Measures: Depression using the CES-D and the Depression/Dejection subscale of the Monopolar Profile of Mood States (POMS-DD) Timing of assessments: 7th day after each of the 4 chemotherapy treatments |
| RESULTS: | Cycle 4 comparisons of paroxetine versus placebo: mean (SE) CES-D: 8.8 (1.11) vs. 12.6 (1.24) p < 0.1 POMS-DD: 1.2 (0.30) vs. 2.2 (0.34) p < 0.01 MAF (question 1): 4.6 (0.38) vs. 5.9 (0.37) p = NS POMS-FI: 6.0 (0.70) vs. 7.1 (0.79) p = NS FSCL: 44.6 (2.41) vs. 48.0 (2.62) p = NS |
| ANALYSIS: | ITT: No- 122 were randomized, analysis was done on 94 that completed at least 2 cycles Post randomization exclusions: Yes – 28/122 (23%) |
| ATTRITION: ADVERSE EVENTS: | Loss to follow-up: 14/94 (15%) Withdrawals due to adverse events: NR except in non-completers Withdrawals due to lack of efficacy: NR Loss to follow-up differential high: No • 11 patients not in the analysis withdrew because of AEs, primarily headache and nausea (paroxetine: 6, placebo: 5); no other AEs were reported |
| QUALITY RATING: | Poor |

| Evidence Table 13 | Subgroups |
|---------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Roy-Byrne PP, et al. ²⁷⁴ |
| | Country: US |
| FUNDING: | NIMH |
| DESIGN: | Study design: Pooled analysis |
| | Number of patients: 14,875 |
| AIMS OF REVIEW: | To explore differences in minorities response and tolerability to paroxetine |
| STUDIES INCLUDED IN ANALYSIS | 104 placebo controlled paroxetine trials |
| TIME PERIOD COVERED: | Not reported |
| CHARACTERISTICS OF INCLUDED STUDIES: | Double blinded, placebo controlled trials of paroxetine at least 6 weeks in length. |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Adult outpatients with: MDD (7603), anxiety disorders GAD, SAD, OCD, PTSD (6156) and PMDD (1116); 63% were women, 89% white, 4% black, 3% Hispanic, 0.9% Asian, 3% unknown or other, mean age 42.3 years |

| Authors: Roy-Byrne PP, et al. Year: 2005 | |
|----------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CHARACTERISTICS OF INTERVENTIONS: | Paroxetine vs. placebo (104 studies) 10-40 mg/day |
| MAIN RESULTS: | Significant treatment by ethno-racial groups for response (p = 0.014) and full response (p = 0.012) Response rates white- OR 2.1 95% CI 2.0 to 2.3 (p < 0.001), black- OR 2.1 95% CI 1.5 to 3.0 (p < 0.001), Hispanic- OR 1.1 95% CI 0.5 to 2.4 (p = 0.554), Asian- 1.1 95% CI 0.5 to 2.4 (p = .743) Hispanics and Asians had a substantially lower response rate than white and black Full response rates white- OR 2.0 95% CI 1.8 to 2.2 (p < 0.001), black- OR 1.6 95% CI 1.1 to 2.4 (p = 0.016), Hispanic- OR 0.9 95% CI 0.6 to 1.5 (p = 0.554), Asian- 2.7 95% CI 1.0 to 2.0 (p = 0.061) Asians had the highest rate of "full response" and Hispanics had the lowest |
| ADVERSE EVENTS: | Insomnia was the only event to show a significance difference due to a higher rate shown in Asians |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | No; analysis of published and unpublished trials in GSK database |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Not reported |
| QUALITY RATING: | Fair |

| Evidence Table 13 | Subgroups | | | |
|----------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|---------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Schatzberg et al. ⁸² Year: 2002 Country: US | | | |
| FUNDING: | Organon Pharma | | | |
| DESIGN: | Study design: RCT Setting: Multi-center Sample size: 255 | | | |
| INTERVENTION: Drug: Dose: Duration: | Mirtazapine 15-45 mg/d 8 weeks | Paroxetine 20-40 mg/d 8weeks | | (There was extension phase to 16 weeks but only included subjects who had favorable response during the first part of the study) |
| INCLUSION: | Min. age of 65 years; DSM IV cr of 18 on HAM-D ₁₇ | iteria for single or recurrent MDD; | MMSE score > 25% for age and e | ducation; min. score |
| EXCLUSION: | HAMD decrease > 20% between screening and baseline; untreated or unstable clinically significant medical condition or lab/physical exam abnormality; H/o seizures; recent drug or alcohol abuse or any principal psych condition other than MDD; presence of psychotic features; suicide attempt in current episode; use of MAOI within 2 weeks, or other psychotropics or herbal treatments within 1 week; use of paroxetine or mirtazpine for the current episode; ECT therapy within 6 months; use of treatment for memory deficits; prior intolerance or lack of efficacy to mirtazpine or paroxetine in the past; patients who failed more than one adequate trial of an antidepressant for the current episode | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Chloral hydrate or zolpidem for s chronic respiratory conditions wa | sleep induction; therapy for conditions allowed if they had been received | ons like DM, hypothyroidism, high ng for at least 1 month prior to scr | blood pressure, eening visit |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye Mean age: 72 Gender (% female): Martazapin Ethnicity: Not reported Other population characterist | e: 63%, paroxetine: 64% | - | • |

| Authors: Schatzberg et al. | |
|----------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2002 | |
| Country: US | |
| OUTCOME ASSESSMENT: | Measures: HAM-D 17, CGI-S, CGI-I |
| | Timing of assessments: Baseline, weeks 1, 2, 3, 4, 6, 8 |
| DECIII TO: | Manu Llaw D47 and a similar with with with an interview of the A O O O but as differences at 0 weath and a sint |
| RESULTS: | • Mean Ham-D17 scores significantly lower with mintazapine at week 1, 2, 3, 6 but no difference at 8 week endpoint |
| | Trend towards higher response and remission rates with mintazapine but only significant difference at 2 weeks (response) and 6 weeks (remission) |
| | • Time to response: mirtazapine mean 26 days, paroxetine 40 days (p =016 for Kaplan-Meier plot comparing the |
| | (WO) |
| | No difference in CGI improvement response |
| ANALYSIS: | ITT: Yes |
| | Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 26.8%; mirtazapine 22.7%, paroxetine 31.0% |
| | Withdrawals due to adverse events: 20.4%; mirtazapine 14.8 paroxetine 26.2% (p < 0.05) |
| | Loss to follow-up differential high: No |
| | |
| ADVERSE EVENTS: | Frequency of treatment related adverse events: mirtazapine: 79.7%, paroxetine: 82.5% |
| | Significant differences: dry mouth: mirtazapine 26.6%, paroxetine 10.3%; weight gain: mirtazapine 10.9%, paroxetine 0%; nausea: mirtazapine 6.3%, paroxetine 19.0% |
| QUALITY RATING: | Fair |
| | |

| Evidence Table 13 | Subgroups | | | |
|-----------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------|-----------------------------------------|--|
| STUDY: | Authors: Schatzberg A and Roose S ²⁷⁵ | | | |
| | Year: 2006 | | | |
| FUNDING | Country: USA | | | |
| FUNDING: | wyeth Research | Wyeth Research | | |
| DESIGN: | Study design: RCT | | | |
| | Setting: Multicenter (21 university-affilia | ated and private research clinics) | | |
| | Sample size: 300 | | | |
| INTERVENTION: | | | | |
| Drug: | Venlafaxine IR | Fluoxetine | Placebo | |
| Dose: | 37.5 titrated to 225 mg/day | 20 titrated to 60 mg/day | N/A | |
| Duration: | 8 weeks | 8 weeks | 8 weeks | |
| Sample size: | 104 100 96 | | | |
| INCLUSION: | Male or female subjects; 65 years or old | ler and not living in a residential setting; | met DSM-IV criteria for unipolar | |
| | depression (single or recurrent, nonpsyc | chotic), with a current episode of at least | four weeks in duration; HAM-D-21 | |
| | score 20 at visit; had no more than a 2 | 0% decrease in score after a single-blind | I, placebo lead-in week | |
| EXCLUSION: | Bipolar disorder; a psychotic disorder not related to depression; current substance abuse or substance dependence | | | |
| | within the past year (other than nicotine); current suicidal intent; MSME \leq 18; nad received treatment with fluoxetine or vehicle vehicles in the past six menthe; ECT within the prior three menthe, or any investigational drug or acting vehicles. | | | |
| | venialaxine in the past six months; ECT within the prior three months, or any investigational drug of antipsychotic mediaction within the prior 20 dows; used externizely, eigenride | | | |
| | medication within the phor 50 days; used asternizole, cisaphoe, evidese inhibitor within 14 days; used any other | | | |
| | antidepressant anxiolytic or sedative-hypotric drug (excent chloral hydrate) or any other psychotropic drug or | | | |
| | annucpressant, anxioryuc, or sedative-rightonic urug (except chioral rightale), or any other psycholopic drug of | | | |
| | substance within seven days of the start of the double-billio freditient period, known hypersensitivity to vehialaxine of fluovetine; clinically significant benatic or renal disease, seizure disorder, or myocardial inforction within the prior 6 | | | |
| | months: severe, acute or unstable medical illness | | | |
| OTHER MEDICATIONS/ | Chloral hydrate (up to 1 000 mg) or zolpidem (up to 10 mg) as needed for sleep: nonpsychopharmacologic drugs with | | | |
| INTERVENTIONS: | psychotropic effects if patient was on sta | able dose for at least one month (3 mont | hs for thyroid or hormonal medications) | |
| | before start of study | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | | |
| | Mean age: venlafaxine: 71, fluoxetine: | 71, placebo: 71 | | |
| | Gender (female %): venlafaxine: 56, fl | uoxetine: 45, placebo: 46 | | |
| | Ethnicity (% white): venlafaxine: 93, flu | uoxetine: 93, placebo: 93 | | |
| | Other population characteristics: | | | |
| | Using concomitant medications (%) | : venlafaxine: 91, fluoxetine: 95, placebo | : 95 | |

| Authors: Schatzberg and Roose Year: 2006 Country: USA | | | |
|-------------------------------------------------------------|------------------------------------------------------------------------------------------------------|-------------------------------------------|-------------------------------------|
| OUTCOME ASSESSMENT: | Primary Outcome Measures: HAM-D- | 21, MADRS, CGI-S, CGI-I | |
| | Secondary Outcome Measures: Resp | oonse and remission rates | |
| | Timing of assessments: Weeks 1, 2, 3, 4, 6 and 8 | | |
| RESULTS: | No overall difference between gro | oups in HAM-D response or remission rat | es based on LOCF analysis of HAM-D- |
| | 21 scores | | |
| | No significant differences between | n groups in MADRS, CGI-S, or HAM-D d | epressed mood scores |
| | No significant difference in HAM-I | D-17 response at endpoint (p=0.7220) | |
| | No significant difference in MADR | S response at endpoint (p=0.732) | |
| | At 8 weeks, remission rates for ve | enlafaxine, fluoxetine and placebo were 2 | 7% vs. 20% vs. 24% (p=0.549) |
| ANALYSIS: | ITT: Yes | | |
| | Post randomization exclusions: Yes | | |
| ATTRITION | Loss to follow-up differential high: No | | Discolo |
| | | Fluoxetine | |
| Withdrawals due to adverse events: | 37 (30%) | 30 (30%) | 23 (24%) |
| Withdrawals due to lack of efficacy: | 27% | 19% | 9% |
| | 2170 | 10,0 | 0,0 |
| | 2% | 6% | 8% |
| ADVERSE EVENTS: | • Overall: 92% vs. 94% vs. 86% | | |
| | • Nausea: 45% vs. 23% vs. 14%; p | <0.001 (venlafaxine vs. fluoxetine p<0.07 |) |
| | • Headache: 26% vs. 18% vs. 22% | ; p=0.349 | |
| | • Dry mouth: 23% vs. 6% vs. 15%; | p=0.004 (venlafaxine vs. fluoxetine p<0.0 |)1) |
| | Constipation: 22% vs. 10% vs. 4% | 6; p<0.001 (venlafaxine vs. fluoxetine p< | 0.01) |
| | Dizziness: 17% vs. 8% vs. 5%; p= | =0.019 | |
| | • Diarrhea: 12% vs. 13% vs. 14%; | p=0.928 | |
| | • Fatigue: 12% vs. 10% vs. 5%; p=0.254 | | |
| | Dyspepia: 11% vs. 17% vs. 8%; p | p=0.157 | |
| | Appetite decreased: 11% vs. 11% | o vs. 4%; p=0.157 | |
| | Sweating: 11% vs. 4% vs. 1%; p= | 0.007 | |
| | Insomnia: 10% vs. 11% vs. 4%; p | =0.185 | |
| | • Oversedation: 10% vs. 5% vs. 2% | b; p=0.060 | |
| | Libido decreased: 9% vs. 8% vs. | 1%; p=0.043 | |
| | Vomiting: 9% vs. 2% vs. 2%; p=0. Vision blume de 0% vs. 2% vs. 2%; p=0. | .025 | |
| | VISION DIUTED: 8% VS. 3% VS. 5% Droweineee: 8% ve. 2% ve. 2% ve. 2% | , p=0.311 | |
| | DIUWSIIIESS. 0% VS. 2% VS. 3%, U Loose stools: 7% vs. 3% vs. 2%; U | n-0 189 | |
| | Loose stools. 1 /0 vs. 5% vs. 2%, Limb tremor: 6% vs. 6% vs. 0%; r | μ=0.109 h=0.051 | |
| | Enultration: 6% vs. 5% vs. 5% r= | 0.959 | |
| | Lightheaded: 6% vs. 5% vs. 1%; p | n=0.186 | |
| | Urinary frequency: 6% vs. 3% vs. | 3% p=0.501 | |
| | Lethargy: 5% vs. 6% vs. 1%: p=0 | .181 | |

| | Blood pressure increased: 5% vs. 4% vs. 5%; p=0.917 |
|-----------------|-------------------------------------------------------------------------------------------------------------------------------------|
| | Upper respiratory infection: 3% vs. 6% vs. 4%; p=0.564 |
| | Shakiness: 3% vs. 5% vs. 0%; p=0.094 |
| | Back pain: 3% vs. 0% vs. 6%; p=0.038 |
| | Anxiety: 2% vs. 10% vs. 4%; p=0.033 (venlafaxine vs. fluoxetine p<0.05) |
| | Coughing: 2% vs. 8% vs. 4% |
| | Agitation: 2% vs. 6% vs. 0%; p=0.029 |
| | Nervousness: 2% vs. 5% vs. 2%; p=0.365 |
| | Irritability: 2% vs. 5% vs. 0%; p=0.066 |
| | Flu syndrome: 2% vs. 5% vs. 0%; p=0.066 |
| | Weight decrease: 1% vs. 6% vs. 0%; p=0.011 |
| | Nasal congestion: 0% vs. 5% vs. 3%; p=0.085 |
| | Pruritus: 0% vs. 2% vs. 5%; p=0.052 |
| | Rate of discontinuation due to AEs significantly greater in venlafaxine group compared with placebo (p=0.0017); |
| | no significant differences in fluoxetine vs. placebo (p=0.0666) or fluoxetine vs. venlafaxine (p=0.1838) |
| QUALITY RATING: | Fair |
| | |

| Evidence Table 13 | Subgroups | | |
|-----------------------------|----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|---------------------------------------|
| STUDY: | Authors: Schmitz JM et al. ²⁷⁶ | | |
| | Year: 2001 | | |
| | Country: US | | |
| FUNDING: | National Institute on Drug Abuse and D | epartment of Pscyhiatry and Behavioral S | Sciences, University of Texas-Houston |
| DESIGN: | Study design: RCT | | |
| | Setting: University hospital | | |
| | Sample size: 68 | | |
| INTERVENTION: | | | |
| Drug: | Fluoxetine | Placebo | |
| Dose: | 40 mg/d | N/A | |
| Duration: | 12 weeks | 12 weeks | |
| Sample size: | 34 | 34 | |
| INCLUSION: | Adults 18 to 50; diagnosed with MDD at BDI score > 10; English speaking; free | ccording to DSM-III or IV; diagnosed dua of serious legal and medical problems | Ily with MDD and cocaine dependence; |
| EXCLUSION: | | | ating or company, mat with right for |
| EXCLUSION: | current primary Axis I disorders other th | an depression | coune or cannabis); met chtena for |
| OTHER MEDICATIONS/ | NR | | |
| INTERVENTIONS: | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes | | |
| | Mean age: fluoxetine 37.2, placebo 37 | .4 | |
| | Gender (female %): fluoxetine 41, place | cebo 44% | |
| | Ethnicity (% white): fluoxetine 38%, pl | acebo 56% | |
| | Other population characteristics: | | |
| | | | |

| Authors: Schmitz JM et al. | |
|----------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2001 | |
| Country: US | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Retention, BDI, HAM-D, compliance, tolerability |
| | Secondary Outcome Measures: cocaine use and depression |
| | Timing of assessments: baseline and weekly |
| RESULTS: | No significant difference in response among depressed cocaine abusers |
| | More fluoxetine patients 'completed' treatment (defined as attending at least 50% or 12 of the 24 sessions) than placebo patients (52.9% vs. 41%, p = ns) |
| | The number of subjects who attended all 24 therapy sessions was the same in both groups |
| | Analysis of BDI scores showed a significant decrease in depressive symptoms during treatment, F (11, 318)=2.52, p = 0.004, but no medication effect. Similarly, there was a significant effect for time in HRSD scores from intake (M=28.9, S.D.=8.1) to posttreatment (M=19.2, SD=11.4), F (2, 66)=13.8, p = 0.00001, but no |
| | medication effect |
| | Mean percentage of urine samples positive for riboflavin was 78% for the fluoxetine and 79% for the placebo |
| | group (ns) |
| ANALYSIS: | ITT: NR |
| | Post randomization exclusions: NR |
| ATTRITION: | Loss to follow-up: fluoxetine 47%, placebo 59% |
| | Withdrawals due to adverse events: 0 |
| | Withdrawals due to lack of efficacy: NR |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Weekly side effect scores were tested for group, time, and interaction effects using the REML mixed model ANCOVA with baseline scores as the covariate. There was an overall reduction during treatment, F (10, 309)=4.8, p = 0.0001, but no differences between the medication groups on reported side effects. The mean number of weekly side effects reported was 6.1 (S.D.=4.4) for the placebo group and 6.2 (S.D.=3.7) for the fluoxetine group. |
| | No participant in either group discontinued treatment prematurely because of AEs |
| | • |
| QUALITY RATING: | Poor |
| | |

| Evidence Table 13 | Subgroups | | | |
|----------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|--|--|
| STUDY: | Authors: Schöne W, et al. ⁸³ Year: 1993 Country: Austria and Germany | | | |
| FUNDING: | SmithKline, Beecham | | | |
| DESIGN: | Study design: Randomized, double-blind trial Setting: Geriatric outpatients at 6 centers in Austria and Germany Sample size: 108 | | | |
| INTERVENTION: Drug: Dose: Duration: | Paroxetine 20-40 mg/d 6 weeks | Fluoxetine 20-60 mg/d 6 weeks | | |
| INCLUSION: | Age 65 or more; met DSM-IIR for MDD; HAM-D ₂₁ score ≥ 18 at baseline | | | |
| EXCLUSION: | Severe physical illness (not specified further); senile dementia; schizophrenia or organic brain syndrome; known abusers of alcohol; receipt of ECT within prior 3 mos.; MAOI or oral neuroleptics within 14 days; depot neuroleptics with 4 wks.; patients whose baseline HAM-D improved by > 20% or whose score was < 18 after placebo run-in | | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | Prohibited psychotropic meds except temazapam for sleep; other allowed nonpsychotropic medications not specifically reported. | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: 74, paroxetine: 74.3, fluoxetine: 73.7 Gender (% female): 87%, paroxetine: 83%, fluoxetine: 90% Ethnicity: Not reported Other population characteristics: History of prior depression: paroxetine: 94%, fluoxetine: 88%; duration of present episode > 12 months: paroxetine: 24%, fluoxetine: 27% | | | |

| Authors: Schöne W, et al. | |
|---------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <i>Country:</i> Germany | |
| OUTCOME ASSESSMENT: | <i>Measures:</i> HAM-D 21, MADRS, CGI <i>Timing of assessments:</i> Days 7, 21, 42 |
| RESULTS: | No significant difference in mean changes on HAM-D score HAM-D responders at week 6 (i.e. reduction > 50% from baseline HAM-D₂₁): paroxetine: 37.5%, fluoxetine: 16% (p = 0.03) MADRS: no significant difference in mean change scores between groups MADRS responders at week 6 (i.e. reduction > 50% from baseline MADRS): paroxetine 37.5%, fluoxetine 17.5% (p = 0.04) |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: Not reported Withdrawals due to adverse events: 12%; paroxetine: 11.1%, fluoxetine: 13.5% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | No significant differences between paroxetine and fluoxetine on overall incidence of adverse events or of any specific adverse event |
| QUALITY RATING: | Fair |

Evidence Table 13: Subgroups

| STUDY: | Authors: Serretti et al 277 |
|---------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | Year: 2009 |
| | Country: Italy |
| FUNDING: | Not reported |
| DESIGN: | Study design: Systematic Review and Metaanalysis |
| | Number of patients: Not reported |
| | |
| AIMS OF REVIEW: | To assess the risk of sexual dysfunction in patients treated with antidepressants |
| STUDIES INCLUDED IN REVIEW | Not reported |
| TIME PERIOD COVERED: | Up to July 2008 |
| CHARACTERISTICS OF INCLUDED STUDIES: | Experimental and observational studies with a minimum n of 10 The included studies had to investigate sexual functioning in patients taking antidepressants, clearly specify that the clinicians investigated sexual dysfunction through direct inquiry or a specific sexual questionnaire, allow only monotherapy apart from benzodiazepines (allowed only in one study), include only patients, or perform specific analysis on a subsample of patients, without previous sexual dysfunction, clearly provide data on single drugs and provide dichotomous variables for at least one outcome; double-blind, open-label, cross-sectional, and retrospective studies were all included. No time limits were considered |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Adult patients with MDD, OCD, Social Anxiety Disorder, Panic Disorder |

| Authors: Serretti et al Year: 2009 | |
|-------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CHARACTERISTICS OF INTERVENTIONS: | Bupropion, citalopram, duloxetine, escitalopram, fluoxetine, fluvoxamine, mirtazapine, nefazodone, paroxetine, sertraline, venlafaxine |
| MAIN RESULTS: | All drugs except for bupropion, mirtazapine, and nefazodone had a statistically significantly higher rate of sexual dysfunction than placebo. For citalopram, fluoxetine, paroxetine, sertraline, and venlafaxine men had significantly higher rates of desire and orgasm dysfunction compared with women. Women had higher arousal dysfunction than men. |
| ADVERSE EVENTS: | See above |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | Yes |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Yes |
| QUALITY RATING: | Fair |

Evidence Table 13 Subgroups

| STUDY: | Authors: Soares, Thase, Clayton, Guico-Pabia, Focht, Jiang, Kornstein, Ninan, Kane, Cohen ²⁷⁸ | | |
|--------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|--|
| | Year: 2010 | | |
| | Country: multicenter (Argentina, Chile, Colombia, Mexico, Unite | | |
| FUNDING: | Industry funded study [wyneth research (acquired by Pfizer in Octob | er 2009)] | |
| DESIGN: | Study design: RCT | | |
| | Setting: multicenter study | | |
| | Sample size: 607 patients | | |
| INTERVENTION: | Acute Phase: | Acute Phase: | |
| Drug: | Desvenlafaxine | Escitalopram | |
| Dose: | flexible-dose: 100-200mg/d | flexible-dose: 10-20mg/d 10mg | |
| Duration: | 8 weeks | 8 weeks | |
| Sample size: | | | |
| • | 299 | 308 | |
| INCLUSION: | Postmenopausal women between 40 and 70 years of age with a prin days before the screening visit and a MADRS total score of 22 or hig | nary diagnosis of MDD (depressive symptoms for at least 30 her at screening and baseline) | |
| EXCLUSION: | Women who have previously received treatment with desvenlafaxine or escitalopram or citalopram, who had significant risk of suicide, who had psychoactive substance abuse or dependence or other psychiatric disorders, who had cognitive- or interpersonal therapy within 30 days before baseline, who used hormone products within 4 weeks to 6 months before baseline | | |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | |
| POPULATION | Groups similar at baseline: Unclear (only data on modified "ITT po | pulation" provided) | |
| CHARACTERISTICS: | Mean age: Desvenlafaxine 56.0, Escitalopram 56.0 | | |
| | Similar at baseline with respect to ethnicity, duration of depressive episode and depression severity (HAM-D 17 score) | | |
| | | | |

| Authors: Soares et al. | |
|------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year: 2010 | |
| Country: multicenter | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: mean change in HAM-D ₁₇ total score from baseline to week 8 |
| | Secondary Outcome Measures: CGI-S scale, Hamilton Rating for Anxiety, Quick-Inventory of Depressive Symptomatology- |
| | Self Report, Visual Analog Scale-Pain Intensity, Changes in Sexual Functioning Questionnaire, 5-Dimension EuroQoL Index, |
| | Health State Today, Menopause Rating Scale, Sheehan Disability Scale; HAM-D17 factors scores for anxiety/somatization, |
| | retardation and sleep disturbance. |
| | Timing of assessments: baseline and at study weeks 1, 2, 3, 4, 6 and 8 |
| RESULTS: | • Regarding the primary outcome (HAM-D ₁₇) both treatments were similarly effective based on the MMRM (mixed effects |
| | model for repeated measures) analysis. The difference in adjusted means was 0.67 (CI 95%; -0.46 to 1.81) $P = 0.243$ |
| | Based on the LOCF analysis (using a modified ITT population) escitalopram was shown to be more effective than |
| | desventataxine. The difference in adjusted means was 1.25 (CI 95% 0.10 to 2.41) $P = 0.033$. The adjusted change from baseline means for desventation was (2.22) (OD) 0.44) and for positive means (2.22) (OD) 0.40). |
| | baseline mean for desveniataxine was -12.33 (SD: 0.44) and for escitalpram was -13.59 (SD: 0.42). |
| ANALYSIS: | ITI: No (reported, but unclear now it was carried out) |
| ATTRITION | Post randomization exclusions: 12 patients |
| ATTRITION: | With drowals due to adverge events upgleer (no date provided on evaluations in iTT population): everall 21 (5%) |
| | desventatavina 18 (6%), escitatorram 13 (4%) |
| | Withdrawals due to lack of efficacy: unclear (no data provided on exclusions in iTT population); overall 6 (2%), desveniation |
| | 3 (1%) escitalonram 3 (1%) |
| | Differential Attrition: No |
| ADVERSE EVENTS: | Adverse events were reported as follows: |
| | Desvenlafaxine vs. Escitalpram |
| | Headache 26% vs. 28% |
| | Dry mouth 28% vs. 20% |
| | Nausea 25% vs. 20% |
| | Constipation 18% vs. 9% |
| | Somnolencce 14% vs. 16% |
| | Diarrhea 9% vs. 16% |
| | Sweating 15% vs. 11% |
| | Insomnia 11% vs. 13% |
| | Dizziness 11% vs. 9% |
| | Abdominai pain 10% vs. 7% |
| | |
| QUALITY RATING: | Poor |
| Evidence Table 13 | Subgroups |
|---------------------------------------------|----------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Stewart DE et al. ²⁷⁹ Year: 2006 Country: US |
| FUNDING: | Eli Lilly |
| DESIGN: | Study design: Pooled analysis Number of patients: 1,622 |
| AIMS OF REVIEW: | To assess the safety and tolerability of duloxetine in the treatment of MDD in male and female patients. |
| STUDIES INCLUDED IN REVIEW | Seven (5 published and 2 unpublished) placebo-controlled duloxetine trials |
| TIME PERIOD COVERED: | NR |
| CHARACTERISTICS OF INCLUDED STUDIES: | Double-blind, placebo controlled trials of duloxetine 7-9 weeks in length |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Adult (≥ 18); DSM-IV diagnosis of MDD; HAM-D-17 total score ≥15; CGI-S score ≥4 |

| Authors: Stewart DE et al. Year: 2006 | |
|----------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CHARACTERISTICS OF INTERVENTIONS: | Duloxetine 40-120 mg/d vs. placebo |
| MAIN RESULTS: | No evidence of clinically meaningful sex differences in safety and tolerability of duloxetine Overall withdrawals males: 44% vs. 37.6%, p = 0.486 Overall withdrawals females: 43.9% vs. 34.5%, p = 0.032 Withdrawals due to AEs males: 18.6% vs. 5.4%, p < 0.001 Withdrawals due to AEs females: 13.5% vs. 5.0%, p < 0.001 Nausea rate among placebo-treated patients almost three times greater in females than in males (10.7% vs. 3.7%, p < 0.008) Treatment-by-sex interactions for mean changes in BP not statistically significant |
| ADVERSE EVENTS: | See Main Results |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | No; authors state that these 7 studies represent all currently available data from acute-phase studies of duloxetine in depressed patients that were carried out in the US |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | NR |
| QUALITY RATING: | Fair |

| Evidence Table 13 | Subgroups | | |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|
| STUDY: | Authors: Strik J et al. ²⁸⁰ Year: 2006 Country: The Netherlands | | |
| FUNDING: | Eli Lilly; Dutch Prevention Fund; Maast | richt University Hospital Research Fund | |
| DESIGN: | Study design: RCT Setting: Hospitals (2) Sample size: 54 | | |
| INTERVENTION: | • | | |
| Drug: | Fluoxetine | Placebo | |
| Dose: | 20-60 mg | N/A | |
| Duration: | 9 wk acute; 16 wk continuation | 9 wk acute; 16 wk continuation | |
| Sample size: | 27 | 27 | |
| INCLUSION: | 18 and 75 years, clinical picture typical aspartate aminotransferase (ASAT) twi depressive episode within the first 12 m | of MI, ECG changes specific for MI and a ce the upper normal range (80 U/liter); mo nonths post-MI; HAM-D ₁₇ score > 17 | a maximum plasma concentration of et DSM-III-R criteria for a major |
| EXCLUSION: | Psychotic symptomatology; a second p noncardiac physical illness; concurrent dysfunction; ATVI < 20 cm; right ventric | sychiatric diagnosis; history of mania; pre use of psychotropic drugs; hypersensitivi cular filling pressure > 30 mm HG | gnancy or lactation; life-threatening ty to fluoxetine; liver or severe kidney |
| OTHER MEDICATIONS/ INTERVENTIONS: | Aspirin, lipophilic β-blockers, benzodiaz converting enzyme (ACE) inhibitors, ca hydrophilic β-blockers | zepines, isosorbide nitrate, cholesterol-lov Icium channel blockers, diuretics, anticoa | vering medication, angiotensin- gulation agents (other than PAI) and |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes Mean age: Fluoxetine 54.1 placebo 58 Gender (female %): Overall 30; fluoxe Ethnicity: NR Other population characteristics: H/ | 3.7 etine 22, placebo 37 AM-D fluoxetine 22.0, placebo 21.2 | |

| Authors: Strik et al. | | | | |
|--------------------------------------|-----------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|-------------------|--|
| Year: 2006 | | | | |
| Country: The Netherlands | | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: HAM-D ₁₇ response and remission; SCL-90 Hostility Scale | | | |
| | Secondary Outcome Measures: Cognitive performance | | | |
| | Timing of assessments: Baseline an | d 9 weeks (for HAMD) | | |
| RESULTS: | Fluoxetine vs. placebo 9 week results: | | | |
| | HAM-D₁₇ score decrease: -8. | HAM-D₁₇ score decrease: -8.34 vs5.84 (difference = 2.50); p = 0.06 | | |
| | • HAM-D responders (n): 9 vs. 8; p = 0.39 | | | |
| | HAM-D remitters (n): 3 vs. 1; | p = 0.15 | | |
| | Mean decrease in SCL-90 ho | ostility score: -2.61 vs1.18 (difference | = 1.44); p = 0.08 | |
| | No significant differences bet | ween groups in cognitive test scores | | |
| | Fluoxetine vs. placebo 25 week re | sults: | | |
| | HAM-D ₁₇ score decrease: -9. | 65 vs6.92; p = 0.06 | | |
| | HAM-D responders: 48% vs. | 26%; p = 0.05 | | |
| | HAM-D remitters: 26% vs. 14 | 1.8%; p = 0.06 | | |
| | Mean decrease in SCL-90 ho | ostility score: -2.44 vs0.07; p = 0.02 | | |
| ANALYSIS: | ITT: Yes | | | |
| | Post randomization exclusions: | | | |
| | Loss to follow-up differential high: | No | | |
| ATTRITION: | Fluoxetine | Placebo | | |
| Loss to follow-up: | | | | |
| 9 weeks | 2 (7.4%) | 5 (18.5%) | | |
| 25 weeks | 18.5% | 33% | | |
| Withdrawals due to adverse events: | NR | NR | | |
| Withdrawals due to lack of efficacy: | | | | |
| 9 weeks | 0% | 3.7% | | |
| 25 weeks | 7.4% | 11.1% | | |
| ADVERSE EVENTS: | Fluoxetine vs. placebo (n) | | | |
| | Chest pain: 5 vs. 4; p = 1.0 | | | |
| | • GI complaints: 8 vs. 6; p = 0.54 | | | |
| | Agitation: 6 vs. 3; p = 0.47 | | | |
| | Rehospitalization for a cardiac e | event: 1 vs. 6; p = 0.13 | | |
| | Decrease in ATVI: 8 vs. 0; p = 0 | 0.02 | | |
| | | | | |
| QUALITY RATING: | Good | | | |

| Evidence Table 13 | Subgroups | | |
|--------------------------------------|--------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|------------------------------------------------------|
| STUDY: | Authors: Thase et al. ²⁸¹ | | |
| | Country: Multinational | | |
| FUNDING: | Not reported | | |
| DESIGN: | Study design: Pooled data from 8 rand Setting: Various Sample size: 2045 | omized, double-blind, placebo controlled t | rials |
| INTERVENTION: | | | |
| Drug: | Venlafaxine | SSRIs (fluoxetine, paroxetine, fluvoxamine) | Placebo |
| Dose: | 75 - 375mg/d | varying | N/A |
| Duration: | 6-12 wks | 6-12 wks | 6-12 weeks |
| Sample size: | 851 | 748 | 446 |
| INCLUSION: | 18 years or older with DSM-IV diagnose | ed MDD; HAM-D <u>></u> 20 | |
| EXCLUSION: | Malignancies; history of significant or un alcohol or substance abuse; pregnant o | stable cardiovascular, renal, endocrine or r nursing; any investigational or anti-psych | hepatic diseases, seizure disorders; ootic drugs. |
| OTHER MEDICATIONS/ INTERVENTIONS: | As required | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Yes, exce | pt within the older group men receiving pla | acebo were younger than |
| | those taking anti-depressants and within | n younger male placebo group CGIS were | significantly lower. |
| | Mean age: 42 | | |
| | Ethnicity: NP | | |
| | | | |

| Authors: Thase et al. | | | | |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------|--|
| Year: 2005 | | | | |
| Country: Multinational | | | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: Remission Timing of assessments: Study days 7 | on (HAM-D <u><</u> 7) 14,21,28,42,56 | | |
| RESULTS: | Remission rates on venlafaxine th Poorer SSRI response in the olde With SSRIs, older women age > 5 | herapy were not affected by age or sex. Frage group (Wald chi-square = 4.21, df = 50 had a 28% chance of remission compa | = 1, p = 0.04) red to younger women, 36% | |
| ANALYSIS: | ITT: N/A | | | |
| | Post randomization exclusions: Cann | Post randomization exclusions: Cannot tell | | |
| ATTRITION: | Overall | Mirtazapine | Placebo | |
| Loss to follow-up: | NR | NR | NR | |
| Withdrawals due to adverse events: | NR | NR | NR | |
| Withdrawals due to lack of efficacy: | | | | |
| Loss to follow-up differential high: | NR | NR | NR | |
| | NR | NR | NR | |
| ADVERSE EVENTS: | NR | | | |
| QUALITY RATING: | Fair | | | |

| Evidence Table 13 | Subgroups | | |
|--------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------|---------------|
| STUDY: | Authors: Ushiroyama T, et al. ⁹² Year: 2004 Country: Japan | | |
| FUNDING: | Not reported | | |
| DESIGN: | Study design: RCT Setting: University hospital clinic Sample size: 105 | | |
| INTERVENTION: | • | | |
| Drug: | Fluvoxamine | Paroxetine | |
| Dose: | 50 mg/day | 20 mg/day | |
| Duration: | 3 months | 3 months | |
| Sample size: | 53 | 52 | |
| INCLUSION: | Perimenopausal women; met DSM-IV c | riteria for major depression; HAM-D <u>></u> 13 | 3 |
| EXCLUSION: | Serious organic or neurological disorder | ; current psychoactive drug use; alcohol | ism |
| OTHER MEDICATIONS/ INTERVENTIONS: | NR | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: yes Mean age: fluvoxamine: 51.1; paroxetin Gender (female %): 100 Ethnicity: 100% Japanese Other population characteristics: Ag | ne: 51.4 e at menopause: fluvoxamine: 50.4; paro | oxetine: 49.9 |

| Authors: Ushiroyama et al. | |
|----------------------------|-------------------------------------------------------------------------------------------------------------|
| Year: 2004 | |
| Country: Japan | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: |
| | Secondary Outcome Measures: |
| | Timing of assessments: |
| RESULTS: | Significant reduction in HAM-D and HAM-A scores in both groups; no significant differences between groups |
| | HAM-D at endpoint (fluvoxamine vs. paroxetine): 9.3 vs. 10.1; p=0.45 |
| | HAM-A at endpoint (fluvoxamine vs. paroxetine): 6.5 vs. 7.0; p=0.53 |
| | Reduction of VAS score at endpoint (fluvoxamine vs. paroxetine): 33.1 vs. 42.8; p=0.0338 |
| | • A significant difference observed in % change for hot flashes (fluvoxamine vs. paroxetine): -81.1 vs66.8; |
| | p<0.01 |
| ANALYSIS: | ITT: yes |
| | Post randomization exclusions: NR |
| ATTRITION: | Loss to follow-up: fluvoxamine: 18.9%; paroxetine: 30.8% |
| | Withdrawals due to adverse events: fluvoxamine: 9.4%; paroxetine: 5.8% |
| | Withdrawals due to lack of efficacy: NR |
| | Loss to follow-up differential high: No |
| ADVERSE EVENTS: | NR |
| QUALITY RATING: | Fair |
| | |

| Evidence Table 13 | Subgroups | | | |
|--------------------------------------|-------------------------------------------------------------------------|------------------------------------------------|---------------------------------------|----------------|
| STUDY: | Authors: Wagner GJ, et. al. ²⁸² Year: 1998 Country: US | | | |
| FUNDING: | National Institute for Mental Hea | lth | | |
| DESIGN: | Study design: RCT Setting: Not reported Sample size: 118 | | | |
| INTERVENTION: | | | | |
| Drug: | Fluoxetine | Placebo | | |
| Dose: | 20-80 mg/d | N/A | | |
| Duration: | 8 weeks | 8 weeks | | |
| INCLUSION: | HIV pos; DSM-IV diagnosis of m | ajor depression; under care of HIV | / physician | |
| EXCLUSION: | History of psychotic disorders; bi condition; severe cognitive impai | ipolar disorder; alcohol or substand irment | ce abuse; existing suicidal risk; uns | stable medical |
| OTHER MEDICATIONS/ INTERVENTIONS: | Not reported | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye | S | | |
| | Mean Age: 39 | | | |
| | Gender (% female): 2% | | | |
| | Ethnicity: vvnite: 67%, black: 19 | | | |
| | Other population characteristi | ics: All HIV + | | |

| Authors: Wagner GJ, et. al. Year: 1998 | |
|-------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OUTCOME ASSESSMENT: | <i>Measures:</i> HAM-D, CGI, BSI (Brief Symptom Inventory) <i>Timing of assessments:</i> Not reported |
| RESULTS: | Responders in the fluoxetine group among patients who completed study: white: 84%, black: 50%, Latino:67% Dosages did not differ significantly comparing whites/blacks (p < 0.05) Responders among patients who completed the placebo group: white: 43%, black: 36%, Latino:80% In a direct linear regression model ethnicity was not a significant predictor of study completion (p = 0.08) Attrition rate was significantly higher among Latinos (p < 0.05), white: 28%, black: 14%, Latino: 52% When adjusting for covariates HAM-D score was only predictor of attrition |
| ANALYSIS: | ITT: No Post randomization exclusions: Not reported |
| ATTRITION: | Loss to follow-up: white: 38%, black: 14%, Latino: 52% (p < 0.05) Withdrawals due to adverse events: Not reported Loss to follow-up differential high: Yes |
| ADVERSE EVENTS: | There was no significant difference in the frequency of adverse events, white: 53%, black: 50%, Latino: 35% |
| QUALITY RATING: | Poor |

| Evidence Table 13 | Subgroups | | | |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|-------------------------------------|
| STUDY: | Authors: Weihs KL, et al., Doraiswamy PM, et al. ^{95,96} Year: 2000, 2001 Country: US | | | |
| FUNDING: | Glaxo Wellcome | | | |
| DESIGN: | Study design: RCT Setting: Multi-center Sample size: 100 | | | |
| INTERVENTION: | | | | |
| Drug: | Bupropion SR | Paroxetine | | |
| Dose: | 100-300 mg/d | 10-40 mg/d | | |
| Duration | (Mean dally dose: 197 mg/d) | (Mean daily dose: 22 mg/d) | | |
| Duration: | o weeks | o weeks | | |
| INCLUSION: | 60 yrs or older; DSM-IV criteria for major depression; recurrent episode of non-psychotic depression; ≥ 18 on HAM-D-21; duration at least 8 weeks not more than 24 months | | | |
| EXCLUSION: | History of seizures; dementia; al disorder; psychoactive drugs wit seizure threshold; anorexia or bu | cohol or substance abuse; existing hin 1 week or investigational drugs ulimia; previous treatment with bup | g suicidal risk; clinically relevant; ur s within 4 weeks; taking other drug: proprion or paroxetine | nstable medical s known to lower |
| OTHER MEDICATIONS/ INTERVENTIONS: | Not reported | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: Ye | es | | |
| | Mean age: Bupropion sr: 69.2, p | paroxetine: 71.0 | | |
| | Genaer (% Temale): Bupropion s | Sr: 54, paroxetine: 60 | | |
| | Other population characterist | i. 30, paiuxellile. 30 ice: Prior antidepressant uso for o | irrent enisode: hunroprion sr: 17% | narovetine: 12% |
| | | cs. Frior annuepressant use for cl | aneni episoue. Dupropriori SI. 17% | , paroxeune. 12% |

| Authors: Weihs KL, et al., Doraisw Year: 2000. 2001 | vamy PM et al. |
|-----------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: US | |
| OUTCOME ASSESSMENT: | Measures and timing of assessments: HAM-D, CGI-S, CGI-I, HAM-A weekly for 6 weeks, Short Form 36 Health Survey (SF-36), Quality of Life Depression Scale (QLDS) at baseline and week 6 |
| RESULTS: | No significant differences in any outcome measures between the treatment groups (LOCF and observed) Response rates (≥ 50% reduction in HAM-D) were similar in both groups: bupropion sr: 71%, paroxetine: 77% CGIS, CGII, and HAMA were all similar at each week of the study No significant differences in the Quality of Life scales (QLDS, SF-36) between treatment groups at endpoint Overall significant improvement in QLDS and QOL at day 42 (p < 0.0001) |
| ANALYSIS: | ITT: Yes Post randomization exclusions: Yes |
| ATTRITION: | Loss to follow-up: 16%; bupropion sr: 16.6%, paroxetine: 15.4% Withdrawals due to adverse events: Bupropion sr: 8.3%, paroxetine: 5.8% Loss to follow-up differential high: No |
| ADVERSE EVENTS: | Significantly more patients treated with paroxetine reported somnolence (27% vs. 6%; p < 0.05), diarrhea (21% vs. 6%; p < 0.05), and constipation (15% vs. 4%; p < 0.05) More than 10% in either group reported headache, insomnia, dry mouth, nausea, dizziness, and agitation Neither group showed clinically significant changes in weight or clinically significant cardiovascular effects |
| QUALITY RATING: | Fair |

| Evidence Table 13 | Subgroups |
|---------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| STUDY: | Authors: Whittington CJ, et. al. ¹²⁵ |
| | Country: UK |
| FUNDING: | NICE (National Institute for Clinical Excellence) |
| DESIGN: | Study design: Systematic review, SSRI versus placebo Number of patients: 2145 |
| AIMS OF REVIEW: | To evaluate risk versus benefit of SSRI's when used to treat childhood depression |
| STUDIES INCLUDED IN META- ANALYSIS | Emslie GJ et. al., 1997, Emslie GJ et. al., 2002, Keller MB et. al., 2001, Wagner, KD et. al., 2003. Also unpublished results included in a report by the Committee on Safety of Medicines (UK) |
| TIME PERIOD COVERED: | All studies up to 2003 |
| CHARACTERISTICS OF INCLUDED STUDIES: | Patients randomized to either an SSRI or placebo |
| CHARACTERISTICS OF INCLUDED POPULATIONS: | Included trials had patients aged 5-18 years old; no other population information given |

| Authors: Whittington CJ, et. al. Year: 2004 | |
|------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Country: UK | |
| INTERVENTIONS: | (1 trial); venlafaxine vs. placebo (3 trials); paroxetine vs. placebo (3 trials); sertraline vs. placebo (2 trials); citalopram vs. placebo (1 trial); venlafaxine vs. placebo (3 trials) |
| MAIN RESULTS: | Both published and unpublished data demonstrated fluoxetine has a favorable risk-benefit profile Published and unpublished data combined on paroxetine demonstrated it does not improve depressive symptoms and has little effect on response Unpublished data on sertraline in children indicate it is not as effective as reported in published trials One unpublished study of citalopram a negative risk-benefit profile Combined published and unpublished data of venlafaxine suggested a negative risk-benefit profile |
| | |
| ADVERSE EVENTS: | Paroxetine, sertraline, citalopram, and venlataxine all indicated an increased risk of adverse events |
| COMPREHENSIVE LITERATURE SEARCH STRATEGY: | Yes |
| STANDARD METHOD OF APPRAISAL OF STUDIES: | Yes |
| QUALITY RATING: | Fair |

| Evidence Table 13 | Subgroups | | |
|-----------------------------|------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------|-------------------------------------------|
| STUDY: | Authors: Wise TN et al. ^{283, 284} | | |
| | Country: US | | |
| FUNDING: | Eli Lilly and Boehringer-Ingelheim Gmb | Н | |
| | | | |
| DESIGN: | Study design: RCT | | |
| | Setting: Multicenter | | |
| | Sample size: 233 (subpopulation with any of 3 comorbidities of interest) | | |
| INTERVENTION: | | | |
| Drug: | Duloxetine | Placebo | |
| Dose: | 60 mg/day | N/A | |
| Duration: | 8 weeks | 8 weeks | |
| Sample size: | 155 | 78 | |
| INCLUSION: | \geq 65 years; met DSM-IV criteria for MDD; HAM-D ₁₇ \geq 18 at visits 1 and 2, MMSE score \geq 20 with or without mild | | |
| | | | |
| EXCLUSION: | Current primary axis I diagnosis other than MDD or mild dementia (including dysthymia or psychotic depression); | | |
| | diagnosis: serious or unstable medical | illness: psychological condition or clinical | ly significant lab abnormality that would |
| | compromise participation in study or be | likely to lead to hospitalization during stu | Idv: AIT. AST. or GGT > 1.5 times |
| | upper limit of normal | | |
| OTHER MEDICATIONS/ | NR | | |
| INTERVENTIONS: | | | |
| POPULATION CHARACTERISTICS: | Groups similar at baseline: No | | |
| | Mean age: 73.4 | | |
| | Gender (female %): 64.4 | | |
| | Ethnicity (% white): 78.5 | | |
| | Other population characteristics: | | |
| | Vascular disease: duloxetine: 44%, place | cebo: 56% | |
| | Diabetes: duloxetine: 23%, placebo: 14% | | |
| | Arthritis: duloxetine: 75%, placebo: 71% | 6 0 | |

| Authors: Wise TN et al. | | | |
|-------------------------|------------------------------------------------------------------------------------------------------------------------------------|--|--|
| Year: 2007 | | | |
| Country: US | · | | |
| OUTCOME ASSESSMENT: | Primary Outcome Measures: VLRT, SDST, 2DCT, LNST | | |
| | Secondary Outcome Measures: GDS, HAM-D ₁₇ , VAS for pain, CGI-S, SF-36 | | |
| | Timing of assessments: | | |
| RESULTS: | No statistically significant treatment-by-comorbidity interactions for any comorbidity (p=0.266) | | |
| | No statistically significant treatment-by-comorbidity interactions for GDS or HAMD-D₁₇ total scores | | |
| | No statistically significant treatment-by-comorbidity interactions for either response or remission rate | | |
| | No statistically significant treatment-by-comorbidity interactions for SF-36 physical component summary | | |
| | | | |
| ANALYSIS: | ITT: Yes | | |
| | Post randomization exclusions: NR | | |
| ATTRITION: | Loss to follow-up: NR for subpopulations (21.7% vs. 23.1% for overall study population) | | |
| | Withdrawals due to adverse events: NR for subpopulations (9.7% vs. 8.7% for total study population) | | |
| | Withdrawals due to lack of efficacy: NR for subpopulations (2.9% vs. 9.6% for total study population) | | |
| | Loss to follow-up differential high: No | | |
| ADVERSE EVENTS: | No significant treatment-by-comorbidity interactions for incidences of discontinuation because of an AE | | |
| | There was a statistically significant treatment-by-comorbidity interaction in TEAEs (data NR; p=0.030) | | |
| | There was no statistically significant treatment-by-comorbidity interaction for the incidence of any of the common | | |
| | TEAEs | | |
| | • | | |
| QUALITY RATING: | Fair | | |
| | | | |

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