Drug Class Review

Newer Diabetes Medications, TZDs, and Combinations

Final Original Evidence Tables

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The Agency for Healthcare Research and Quality has not yet seen or approved this report

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Abbreviations used in evidence tables

Abbreviation	Meaning
ACE	Angiotensin-converting enzyme
ACT	Active-control trial
AE	Adverse event
ALT	Alanine aminotransferase
ANCOVA	Analysis of covariance
ANOVA	Analysis of variance
ARB	Angiotensin receptor blockers
AST	Aspartate aminotransferase
BiAsp	Biphasic insulin aspart
bid	Twice daily
BMI	Body mass index
CCT	Controlled clinical trial
CHF	Congestive heart failure
CI	Confidence interval
CND	Cannot determine
CNS	Central nervous system
СРК	Creatine phosphokinase
CR	Controlled release
CrCl	Creatinine clearance
CV	Cardiovascular
CVD	Cardiovascular disease
CVS	Cardiovascular system
d	Day
DB	Double-blind
dL	Deciliter
DM	Diabetes mellitus
DPP-IV	Dipeptidyl peptidase IV
ECG	Electrocardiogram
EEG	Electroencephalogram
EF	Ejection fraction
ER	Extended release
FDA	US Food and Drug Administration
FU	Follow-up
g	Gram

Abbreviation	Meaning
GI	Gastrointestinal
GLP-1	Glucogon like peptide-1
GP	General practitioner
h	Hour
HbA1c	Glycosylated hemoglobin
HbA1c	Glycosylated hemoglobin
HDL	High-density lipoprotein
HDL-C	High density lipoprotein cholesterol
Hg	Mercury
НМО	Health maintenance organization
HR	Hazard ratio
HRQOL	Health-related quality of life
ICD-10	International Classification of Diseases, Tenth Revision
ICD-9	International Classification of Diseases, Ninth Revision
IR	Immediate release
ITT	Intention-to-treat
L	Liter
LA	Long acting
LDL	Low-density lipoprotein
LDL-C	Low-density lipoprotein cholesterol
LOCF	Last Observation Carried Forward
LS means	Least squares means
MANCOVA	Multivariate analysis of covariance
mcg	Microgram
mg	Milligram
MI	Myocardial Infarction
min	Minute
mL	Milliliter
mo	Month
Ν	Sample size (entire sample)
n	Subgroup sample size
NA	Not applicable
NR	Not reported
NS	Not significant
NSD	No significant difference

Abbreviation	Meaning
OAD	Oral antidiabetic
OR	Odds ratio
Р	<i>P</i> value
Р	Placebo
PCT	Placebo-controlled trial
PPY	Per person year
qd	Once daily
QOL	Quality of life
RCT	Randomized controlled trial
RR	Relative risk
SB	Single-blind
SCr	Serum creatinine
SD	Standard deviation
SE	Standard error
SR	Sustained release
T1D	Type 1 diabetes
T1DM	Type 1 diabetes mellitus
T2D	Type 2 diabetes
T2DM	Type 2 diabetes mellitus
тс	Total cholesterol
TG	Triglycerides
tid	Three times daily
TZD	Thiazolidinedione
VAS	Visual analog scale
VS.	Compared with (versus)
WD	Withdrawal
XR	Extended release
У	Year

Evidence Table 1. Key Question 1: Studies of pramlintide

Study Characteristics	i		
Author, Year			
Trial Name (if app.)			
Duration			Baseline Population Characteristics
Country		Overall Sample Size	Mean Age, years
Funding		Interventions	Race/Ethnicity
Quality	Inclusion and Exclusion Criteria	Group Sizes	% Female

Active-control studies

Riddle, 2009	Inclusion: 18 - 75 years of age, type 2 diabetes,	N=113 (112 analyzed)	
24 weeks	HbA1c > 7% and < 10%, with or without use of any		G1: 55 (11); Race NR; Female 39.3%
US	combination of metformin, thiazolidinedione, or	G1: (pramlintide 120 ug before major meals -	
,	s sulfonylurea OADs, pramlintide naïve and either	two participants reduced dose to 60ug)	G2: 54 (10); Race NR; Female 34%
Fair	insulin naïve or had used <50 units.day of basal	n=56	
	insulin for < 6 months, BMI > 25 and < 50 kg/m2, female patients were not pregnant nor lactating and	C2: (repid esting insulin enclose 5 units	
	were postmenopausal or using birth control.	G2: (rapid-acting insulin analog 5 units before each meal, titrated every 3-7 days to	
	were positienopausar of using birth control.	maintain >70 and <100 before next	
	Exclusion: Poor adherence to diabetes management	meal/bedtime)	
	recommendations, recurrent svere hypoglycemia	n=56	
	within the last 6 months, or had a history of		
	hypoglycemia unawareness, gastroparesis, use of		
	exenatide, sitagliptin, antiobesity medications,		
	systemic glucocorticoids, or investigational		
	medications		

Evidence Table 1. Key Question 1: Studies of pramlintide

			Health and Utilization Outcomes
			Microvascular Disease
Study Characteris	tics		Macrovascular Disease
Author, Year			Lower Extremity Ulcers
Trial Name (if app.	.)		All-Cause Mortality
Duration			Quality of Life
Country		Intermediate Outcomes	Hospitalization
Funding		HbA1c	Medical Visits (diabetes)
Quality	Background Medications	Weight (kg)	Other

P<0.0001

Active-control studies

Riddle, 2009 24 weeks US Amylin Pharmaceuticals Fair	Insulin glargine or detemir, some participants were also taking oral antihyperglycemic drugs	Mean (SE) change from baseline, HbA1c: G1: -1.1 (0.2) G2: -1.3 (0.2) P=0.46	NR
		Mean (SE) change from baseline, weight: G1: 0.0 (0.7) G2: +4.7 (0.7)	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Active-control studies				
Williams-Herman, 2009 54 weeks	Inclusion: T2DM (18–78 years of age) who were on or not on an oral diabetes mellitus medication		G1: Age 53.6; Female 51%	None
Multinational Merck	at the screening	randomized)	G2: Age 53.5; Female 48%	
Fair	Exclusion: T1DM; unstable cardiac disease; significant renal impairment (glomerular filtration	(#s for continuation phase)	G3: Age 53.7; Female 52%	
Williams-Herman, 2010 104 weeks	rate<60ml/min) AST, ALT ≥ 2x upper limit of normal	bid) n=23	G4: Age 54.2; Female 55%	
104 weeks			G5: Age 53.7; Female 47%	
		G2: (sitagliptin 100mg QD): n=141	G6: Age 53.6; Female 59%	
		G3: (metformin 500mg bid): n=147	Race NR	
		G4: (metformin 1000 bid): n=153		
		G5: (sitagliptin 50 bid + metformin 500 bid) n=160		
		G6: (sitagliptin 50mg bid + metformin 1000mg bid) n=161		

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		Health and Utilization Outcomes
		Microvascular Disease
Study Characteristics	5	Macrovascular Disease
Author, Year		Lower Extremity Ulcers
Trial Name (if app.)		All-Cause Mortality
Duration		Quality of Life
Country	Intermediate Outcomes	Hospitalization
Funding	HbA1c	Medical Visits (diabetes)
Quality	Weight (kg)	Other
Quality	weight (kg)	Other

Active-control studies

54 weeks Multinational Merck Fair	HbA1c mean change from baseline (95% CI): G1: NR G2: -0.8 (-1 to -0.6) G3: -1.0 (-1.2 to -0.8) G4: -1.3 (-1.5 to -1.2)	All cause mortality: G1: 1 G6: 1
Williams-Herman, 2010	G5: -1.4 (-1.6 to -1.3)	
104 weeks	G6: -1.8 (-2.0 to -1.7)	
	Weight mean change from	
	baseline (95% CI)	
	G1: NR	
	G2: -0 (-0.2 to 1.4)	
	G3: -1.0 (-1.7 to -0.3)	

G4: -1.5 ((-2.2 to -0.8) G5: -0.7 (-1.3 to 0.0) G6: -1.7 (-2.4 to -1.1)

Newer diabetes medications, TZDs, and combinations

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Williams-Herman, 2009 54 weeks Multinational Merck Fair Williams-Herman, 2010 104 weeks Cont'd	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes Entered extension: 685 original randomization: 1091 extension sizes: G1: 103 (sitagliptin 100) G2: 107 (met 500 BID) G3: 121 (met 1000 BID) G4: 134 (sit 50 BID + met 500 BID) G5: 122 (sit 50 BID + met 1000 BID)	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female (for those included in the efficacy analysis) Race NR G1: Age 54.1, female 42% G2: Age 55.9, female 42% G3: Age 54.3, female 56% G4: Age54.5, female 50% G5: Age 53.9, female 63%	Background Medications
Aschner, 2010 24 weeks Multinational Merck Fair	Inclusion: Men and women with type 2 diabetes (18–78 years of age)who were treatment na "ive (i.e. not taking an antihyperglycaemic agent for at least 16 weeks prior to study entry) with HbA1c 6.5–9.0% Exclusion: Patients with type 1 diabetes, fasting plasma glucose (FPG) <120 mg/dl (6.7 mmol/l) or >250 mg/dl (13.9 mmol/l), unstable cardiac disease, significant renal impairment (creatinine ≥1.4 mg/dl for males or ≥1.3 mg/dl for females or creatinine clearance <60 ml/min), elevated alanine aminotransferase, aspartate aminotransferase, or creatine phosphokinase (more than 2 times upper limit of normal) or triglycerides >600 mg/dl		G1: Age 56.3, race NR, female 52% G2: Age 55.7, race NR, female 56%	NR

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Intermediate Outcomes HbA1c Weight (kg)	Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes) Other
Williams-Herman, 2009	5	For Extension study:
54 weeks	HbA1c (mean change from	All-cause mortality
Multinational	baseline)	G1: 0
Merck	G1: -1.2	G2: 1 (cancer)
Fair	G2: -1.1	G3: 0
	G3: -1.3	G4: 1 (CAD)
Williams-Herman, 2010		G5: 0
104 weeks Cont'd	G5: -1.7	
	Weight (mean change from	
	baseline)	
	G1: +0.5kg	
	G2: -0.8 kg	
	G3: -2.4kg	
	G4: 0 kg	
	G5: -1.2kg	
Aschner, 2010	HbA1c:	All cause mortality
24 weeks	G1: -0.43%	G1: 1 (lung cancer)
Multinational Merck	G2: -0.57%	G2: 0
Fair	Change in Weight	
	G1: -0.6kg	
	G2: -1.9kg	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Dersoa, 2010	Inclusion: White T2DM patients aged at least 18	N = 151	Age: G1: 57; G2: 58	Pioglitazone
52 weeks	years of either sex with uncontrolled T2DM			
Italy	(HbA1c 7.5% or greater) in therapy with	G1: (sitagliptin)	Ethnicity: G1: 100% white; G2: 100%	
University of Pavia Fair	pioglitazone. All the patients were not well controlled with diet, physical activity, and	n=75	white	
	pioglitazone at the dosage of 30 mg/d.	G2: (metformin) n=76	% Female: G1: 51; G2: 49	
	Exclusion: History of ketoacidosis or had unstable or rapidly progressive diabetic retinopathy, nephropathy, or neuropathy, impaired hepatic function, impaired renal function or severe anemia; serious cardiovascular disease or cerebrovascular conditions within 6 months before study enrollment; Women who were pregnant or breastfeeding or of childbearing potential and no taking adequate contraceptive precautions	t		
Chan, 2008 54 weeks Multinational	Inclusion: T2DM; moderate to severe renal insufficiency (CrCl <50); ages 18+	N=91 G1: (25mg or 50mg sitagliptin)	G1 Age: 68.9 (9.8); White 34%; Black 6%; Hispanic 26%; Asian 31% Other = 3%; Female 52%;	Insulin
Merck	Exclusion: T1DM; acute renal disease, renal	n=65		
Fair	transplant; liver disease; cardiovascular event within 6 months; hepatic transaminase or creatine phosphokinase levels >= two times the upper limit of normal; repeated fasting plasma glucose >15mmol/l or trigycerides >6.8mmol/l	G2 (placebo/5mg-20mg glipizide) n=26	G2 Age: 65.3 (9.7); White 31%; Black 4%; Hispanic 35%; Asian 27% Other = 4%; Female 38%	

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		Health and Utilization Outcomes
		Microvascular Disease
Study Characteristics		Macrovascular Disease
Author, Year		Lower Extremity Ulcers
Trial Name (if app.)		All-Cause Mortality
Duration		Quality of Life
Country	Intermediate Outcomes	Hospitalization
Funding	HbA1c	Medical Visits (diabetes)
Quality	Weight (kg)	Other
Dersoa, 2010	HbA1c:	
52 weeks	12 months	
Italy	G1: 7.1 (0.3)	
University of Pavia	G2: 7.0 (0.2)	
Fair		
	Weight:	
	12 months	
	G1: -1.6	
	G2: -2.8	
	G1: -1.6	
	G1: -1.6	

Chan, 2008 54 weeks Multinational Merck	HbA1c mean change from baseline at week 12 (95% Cl): (sitagliptin vs placebo): G1: -0.6% (-0.8 to -0.4)	Macrovascular disease: G1: n=3 (4.6%) G2: n=0
Fair	G2: -0.2% (-0.4 to 0.1) at week 54 (sitagliptin + placebo/glipizide): G1: -0.7% (-0.9 to -0.4) G2: -1.0% (-1.6 to -0.3) Weight: mean change (SE) from baseline at week 12 (sitagliptin vs placebo) G1: 0.0 (0.3); G2: -0.6 (0.4) at week 54 (sitagliptin + placebo/glipizide): G1: -0.9 (0.6) G2: $0.0k(0.5)$	All cause mortality: 6 deaths during double-blind period: G1: n=5 (7.7%) G2: n=1 (3.8%)

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Placebo-controlled		· · ·		
studies				
Chacra, 2009	Inclusion: Age 18-77 with inadequate glycemic	N=768	Age:	NR
CV181-040	control of T2DM (HbA1c between 7.5% and		G1 = 55.4 (9.6); G2 = 54.9 (10.0); G3 =	
24 weeks	10%, inclusive); on a submaximal sulphonylurea	G1: (2.5 mg saxagliptin + 7.4mg	55.1 (10.7)	
Multinational	dose for at least 2 months; fasting C-peptide	(final mean) open-label		
Bristol-Myers Squibb	>=1.0ng/ml; BMI <= 40kg/m^2	glyburide)	Race (%):	
and AstraZeneca		n=248	White:	
Fair	Exclusion: Symptoms of poorly controlled		G1 = 59.7%; G2 = 59.7%;	
	diabetes, history of diabetic ketoacidosis or	G2: (5mg saxagliptin + 7.4mg	G3 = 56.9%	
	hyperosmolar non-ketotic coma; insulin therapy	(final mean) open-label	Black:	
	within 1 year; cardiovascular event within 6	glyburide)	G1 = 2.0%; G2 = 2.8%;	
	months of or stage III/IV congestive heart failure	n=253	G3 = 2.6%	
	and/or known left ventricular ejection fraction	C2: (placeba + 2 Error blinded	Asian: G1 = 16.9%; G2 = 18.2%;	
	<=40%; significant history of renal or liver disease; psychiatric disorder; alcohol or drug	G3: (placebo + 2.5mg blinded glyburide + 7.5mgopen-label	$G_1 = 10.9\%, G_2 = 10.2\%,$ $G_3 = 19.1\%$	
	abuse within last year; treatment with potent	glyburide; final mean total daily	Other:	
	CYP 3A4 inhibitors or inducers;	dose = 14.6mg)	G1 = 21.4%; G2 = 19.4%;	
	immunocompromised individuals; active liver	n=267	$G_3 = 21.3\%$	
	disease or clinically significant abnormal hepatic,			
	renal, endocrine, metabolic or hematological	Note: glyburide doses were	% Female:	
	screening.	uptitrated in placebo plus	G1 = 54.4; G2 = 56.5;	
	.	glyburide group	G3 = 53.9	

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		Health and Utilization Outcomes
		Microvascular Disease
Study Characteristics		Macrovascular Disease
Author, Year		Lower Extremity Ulcers
Trial Name (if app.)		All-Cause Mortality
Duration		Quality of Life
Country	Intermediate Outcomes	Hospitalization
Funding	HbA1c	Medical Visits (diabetes)
Quality	Weight (kg)	Other
Placebo-controlled		
studies		
Chacra, 2009	Mean change at 24 weeks, HbA1c:	All-cause mortality:
CV181-040	G1 = -0.54%; G2 = -0.64%;	Cardiac death: G3 = 1
24 weeks	G3 = +0.08%	
Multinational	P < 0.0001 for G1 and G2 v G3	
Bristol-Myers Squibb		
and AstraZeneca	Mean change at 24 weeks, weight:	
Fair	G1 = +0.7kg; $G2 = +0.8$ kg;	
	G3 = +0.3kg	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Rosenstock, 2009 CV181-011 Study 24 weeks US	Inclusion: 18 -77 years of age, T2DM inadequately controlled with diet and exercise (HbA1c \geq 7 and \leq 10% at screening visit), treatment naïve (see comments for definition),	N=403 (401 analyzed) G1: (saxagliptin 2.5 mg) n=102	G1: Age: 53.27 (10.06); White 87.3%, Black 4.9%, Asian 4.9%, Other 2.9%; Female 43.1%	None
Bristol-Myers Squibb and Astra Zeneca Fair	fasting C-peptide \geq 1 ng.mL (\geq 0.33 nmol/L), and a BMI of < 40 kg/m2.	G2: (saxagliptin 5 mg) n=106	G2: Age: 53.91 (11.57); White 87.7%, Black 4.7%, Asian 3.8%, Other 3.8%; Female 49.1%	
	Exclusion: symptoms of poorly controlled diabetes, history of diabetic ketoacidosis or hyperosmolar nonketotic coma, cardiovascular event within 6 months prior to study entry or New York Heart Association stage III/IV congestive heart failure and/or known left ventricular ejection fraction of <40%, significant renal, liver, or psychiatric history, history of alcohol or drug abuse within the previous year, immunocompromised, active liver disease or clinically significant abnormalities on screening tests of hepatic, renal, endocrine, metabolic, or hematologic function.	G3: (saxagliptin 10 mg) n=98 G4: (placebo) n=95	G3: Age: 52.72 (11.27); White 81.6%, Black 6.1%, Asian 6.1; Other 6.1; Female 54.1% G4: Age: 53.91 (12.32); White 83.2%, Black 6.3%, Asian 3.2%, Other 7.4%; Female 50.5%	

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		Health and Utilization Outcomes
		Microvascular Disease
Study Characteristics		Macrovascular Disease
Author, Year		Lower Extremity Ulcers
Trial Name (if app.)		All-Cause Mortality
Duration		Quality of Life
Country	Intermediate Outcomes	Hospitalization
Funding	HbA1c	Medical Visits (diabetes)
Quality	Weight (kg)	Other
Rosenstock, 2009	HbA1c:	NR
CV181-011 Study	Note: The adjusted mean change	
24 weeks	for each group was calculated from	
US	a mean baseline of 7.9%, although	
Bristol-Myers Squibb	the actual mean baseline for each	
and Astra Zeneca	group was not 7.9%. The actual	
Fair	mean baseline values were: G1:	
	7.9%, G2: 8.0%, G3: 7.8%, G4:	
	7.9%	
	At week 24, mean change from	
	7.9%	
	G1: -0.43%	
	G2: -0.46%	
	G3: -0.54%	
	G4: +0.19%	
	Weight:	
	At week 24, mean changes from	
	baseline	
	G1: -1.2 kg	
	G2: -0.1 kg	
	G3: -0.1 kg	
	G4: -1.4 kg	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Rosenstock, 2008	Inclusion: drug-naïve patients; men and non-	N=338	G1: Age: 52.5; White 85%, Black 11%,	None
12 weeks Multinational	breastfeeding, non-pregnant women; age 21-70; T2DM; HbA1c 6.8-9.7; BMI<37; screening	G1 (saxagliptin 2.5mg/day):	Other 4%; Female 60%	
Bristol-Myers Squibb	fasting or random C-peptide >0.5ng/ml; patients		G2: Age: 53.7; White 87%, Black 13%,	
Fair	aged <35 had to test negative for anti-glutamic		Other 0%; Female 47%	
	acid decardoxylate antibodies	G2 (saxagliptin 5mg/day):		
		n=47	G3: Age: 54.5; White 84%, Black 8%,	
	Exclusion: T1DM; symptoms of poorly controlled		Other 8%; Female 37%	
	diabetes or a history of ketoacidosis or hyperosmolar coma; congestive heart failure; a	G3 (saxagliptin 10mg)/day): n=63	G4: Age: 53.6; White 87%, Black 7%,	
	history of significant gastrointestinal disease,	11-00	Other 6%; Female 30%	
	cardiovascular illness, rapidly progressive renal	G4 (saxagliptin 20mg/day):		
	disease, malignancy, immunodeficiency, asthma	n=54	G5: Age: 54.1%; White 92%, Black 4%,	
	or atopic skin disorder; clinically significant		Other 4%; Female 42%	
	abnormalities on screening tests of hepatic, renal, endocrine, metabolic or hematologic	G5 (saxagliptin 40mg/day): n=52	G6: Age: 55.2; White 87%, Black 10%,	
	function or on chest x-ray or electrocardiogram,	G6 (placebo): n=67	Other 3%; Female 37%	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Intermediate Outcomes HbA1c Weight (kg)	Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes) Other
Rosenstock, 2008	HbA1c Adjusted change from	NR
12 weeks	baseline (95% CI):	
Multinational Bristol-Myers Squibb Fair	G1: -0.72 (-0.97 to -0.48) G1 vs. G6: -0.45 (-0.78 to -0.13)	
	G2: -0.90 (-1.17,-0.63)	
	G2 vs. G6: -0.63 (-0.97 to -0.29)	
	G3: -0.81 (-1.03 to -0.58)	
	G3 vs. G6: -0.54 (-0.85 to -0.23	
	G4: -0.74 (-0.98 to -0.50)	
	G4 vs. G6: -0.47 (-0.80 to -0.14)	
	G5: -0.80 (-1.04 to -0.56)	
	G5 vs. G6: -0.53 (-0.86 to -0.20)	
	G6: -0.27 (-0.49 to -0.05)	
	Weight Mean change from baseline (95% CI):	
	G1: -0.94 (-1.64 to -0.23) G2: -0.23 (-1.07 to 0.60)	
	G3: -1.28 (-2.09 to -0.47) G4: -0.11 (-0.81 to 0.59) G5: 0.51 (-0.41 to 1.42) G6: -1.03 (-1.80 to -0.27)	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding		Overall Sample Size Interventions	Baseline Population Characteristics Mean Age, years Race/Ethnicity	
Quality	Inclusion and Exclusion Criteria	Group Sizes	% Female	Background Medications
DeFronzo, 2009 Saxagliptin CV181-014 Study 24 weeks Multinational	Inclusion: T2DM, inadequate glycemic control (HbA1c >=7.0 and <=10.0%), taking a stable dose of metformin (>=1,500mg but not >2,550mg) for at least 8 weeks before screening, fasting C-peptide concentration >=1.0ng/ml, age 18-77, BMI<=40kg/m^22 Exclusion: Symptoms of poorly controlled DM, history of diabetic ketoacidosis or hyperosmolar nonketonic coma, use of any other antihyperglycemic meds (8 weeks before) or insulin (1 year before), a cardiovascular event within 6 months of study entry, stage III/IV congestive heart failure and/or known left ventricular ejection fraction <=40%, chronic or repeated intermittent corticosteroid treatment, history of alcohol or drug abuse within 1 year, treatment with potent systemic cytochrome P450	N=743 G1 (placebo): n=179 G2 (2.5mg saxagliptin): n=192 G3 (5mg saxagliptin): n=191 G3 (10mg saxagliptin): n=181	Age: G1=54.8 (10.2); G2=54.7 (10.1); G3=54.7 (9.6); G4=54.2 (10.1) Race: White: G1=83.8%; G2=79.7%; G3=83.2%; G4=79.6% Black: G1=3.9%; G2=4.2%; G3=5.8%; G4=7.7% Asian: G1=2.2%; G2=4.2%; G3=1.6%; G4=2.8% Other: G1=10.1%; G2=12.0% G3=9.4%; G4=9.9% Female:	Metformin
	3A4 inhibitors or inducers, active liver disease and/or clinically significant abnormalities on screening tests of hepatic, renal, endocrine, metabolic, or hematologic function, assessment of an immunocompromised state, pregnancy, breastfeeding	, ,	G1=46.4%; G2=56.8%; G3=46.1%; G4=47.5%	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Intermediate Outcomes HbA1c Weight (kg)	Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes) Other
DeFronzo, 2009 Saxagliptin CV181-014 Study 24 weeks Multinational Bristol-Myers Squibb & AstraZeneca Fair	G1: +0.13% (0.07) G2: -0.59% (0.07) G3: -0.69% (0.07) G4: -0.58 (0.07) all <0.0001 vs placebo Weight: Mean change from	NR
	baseline at 24 weeks : G1: -0.92 G2: -1.43 G3: -0.87 G4: -0.53	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Hollander, 2009 CV181-013 24 weeks US Bristol-Meyers Squibb and AstraZeneca Fair	Inclusion: 18-77 years old; T2DM treated with stable dose of TZD monotherapy for at least 12 weeks prior to screening; HbA1c 7-10.5; fasting C-peptide \geq 0.3 nmol/L; BMI< 45 Exclusion: history of any anti-hyperglycemic therapy within 12 weeks other than TZD; history of diabetic ketoacidosis; history of hyperosmolar nonketotic coma; symptoms of poorly controlled diabetes; those receiving insulin within 1 year except during hospitalization or gestational diabetes; immunocompromised; treated with potent CYP3A4 inhibitors or inducers within 6 months; had a cardiovascular event; New York Heart Association class III/IV congestive heart failure; left ventricular ejection fraction < 40%; significant renal, liver or psychiatric history; significant alcohol or drug abuse in the past year; active liver disease; significant abnormalities on screening tests of hepatic, renal, endocrine, metabolic, or hematologic function	label TZD):	G1: Age 54.9; White 55.9%, Black 2.6%, Asian 34.4%, Other 7.2%; Female 45.6% G2: Age 53.2; White 53.2%, Black 5.4%, Asian 35.5%, Other 5.9%; Female 52.2% G2: Age 54.0; White 54.9%, Black 3.8%, Asian 34.2%, Other 7.1%; Female 53.8%	

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		Health and Utilization Outcomes
		Microvascular Disease
Study Characteristics		Macrovascular Disease
Author, Year		Lower Extremity Ulcers
Trial Name (if app.)		All-Cause Mortality
Duration		Quality of Life
Country	Intermediate Outcomes	Hospitalization
Funding	HbA1c	Medical Visits (diabetes)
Quality	Weight (kg)	Other
Hollander, 2009	HbA1c Mean change at 24 weeks:	All cause mortality
CV181-013	G1: -0.66	G1: n=1
24 weeks	G2: -0.94	G2: n=0
US	G3: -0.30	G3: n=0
Bristol-Meyers Squibb	p=0.0007, G1 vs. G3	
and AstraZeneca	p<0.0001, G2 vs. G3	
Fair		
	Weight mean change at 24 weeks:	
	G1: +1.3	
	G2: +1.4	
	G3: +0.9	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Hanefeld, 2007 Sitagliptin Study 014 12 weeks	Inclusion: 21-75 years old; T2DM; currently on monotherapy (except TZDs) with HbA1c 6-9 or not on an anti-diabetic agent with HbA1c 6.5-10	N=555 randomized, 552 analyzed	G1: Age: 55.9; White 78.4%, Asian 0.9% Black 7.2%, Other 13.5%; Female 36.9%	
Multinational Fair	Exclusion: T1DM; unstable cardiac disease; AST, ALT or CPK \ge 2x upper limit of normal	G1 (placebo): n=111	G2: Age: 55.1; White 88.3, Asian 0.9%, Black 3.6%, Other 7.2%; Female 48.6%	
		G2 (sitagliptin 25 mg/day): n=111	G3: Age: 55.3; White 85.7%, Asian 0%, Black 8.0%, Other 6.3%; Female 54.5%;	
		G3 (sitagliptin 50 mg/day): n=112	G4: Age: 56.0; White 88.2%, Asian 0%, Black 5.5%, Other 6.4%; Female 44.5%	
		G4 (sitaglitptin 100 mg/day): n=110	G4: Age: 55.2; White 81.1%, Asian 0.9% Black 6.3%, Other 11.7%; Female 55.9%	-
		G5 (sitagliptin 50 mg bid): n=111		
Nonaka, 2008 12 weeks	Inclusion: T2DM; ages 20-69; either not on treatment with an oral antihyperglycemic agent	N=152	G1: Age: 55.6; Japanese 100%; Female 40%	NR
Japan Banyu Pharmaceuticals (Merck) Good	or only on a single agent over the 8 weks prior to the screening; HbA1c 6.5-10 in patient not on medication and fasting plasma glucose 126-240		G2: Age: 55.0; Japanese 100%; Female 34%	
0000	Exclusion: T1DM; treatment with either insulin o pioglitzone in the 8 weeks prior to screening; unstable cardiac disease; elevated serum creatinine; elevations >2-fold the upper limit of normal of AST_ALT or CPK	r		

normal of AST, ALT or CPK

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Intermediate Outcomes HbA1c Weight (kg)	Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes) Other
Hanefeld, 2007 Sitagliptin Study 014 12 weeks Multinational Fair	HbA1c mean change (95% Cl) at 12 weeks: G1: 0.12 (-0.02, 0.26) G2: -0.28 (-0.42, -0.14) G3: -0.44 (-0.58, -0.30) G4: -0.44 (-0.58, -0.30) G5: -0.43 (-0.56, -0.29) P<0.001, all groups vs. placebo Weight mean change at 12 weeks not reported for individual groups: G1: -0.5kg (SD NR) G2, G3, G4, G5): range of -0.5 to - 0.8kg (SD NR) p<0.05, all groups vs. baseline NS, G1 vs. G2/G3/G3/G5	Macrovascular disease: N=0
Nonaka, 2008 12 weeks Japan Banyu Pharmaceuticals (Merck) Good	HbA1c mean change from baseline (95% CI): G1: -0.65 (-0.80 to -0.50) G2: 0.41 (0.26 to 0.56) G1 vs. G2: -1.05 (-1.27 to -0.84); P<0.001 Weight mean change from baseline (95% CI): G1: -0.1 (-0.4 to 0.3) G2: -0.7 (-1.0 to -0.4) G1 vs. G2: 0.7 (0.2, to1.1), P<0.01	2 NR

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Packground Mediantions
Quality Mohan, 2009 18 weeks China, India, Korea Merck Good	Inclusion and Exclusion Criteria Inclusion: 18+ years; T2DM diagnosis within past 5 years; HbA1c >=7.5% and <=11.0% if not taking an oral antihyperglycemic agent, or HbA1c >=7.0% and <=10.0% if taking and OHA Exclusion: Receipt of insulin or TZD within 12 weeks; pregnant / breastfeeding; T1DM; unstable cardiac disease; moderate to severe renal insufficiency	G1 (placebo):	G1 (placebo): Age=50.9 (9.3); Chinese=46%; Indian=35%; Korean=19%; Female=40% G2 (sitagliptin): Age=50.9 (9.3); Chinese=46%; Indian=36%; Korean=18%; Female=43%	
Raz, 2008 30 weeks Multinational Merck Fair	Inclusion: 18 - 78 years of age, currently on metformin monotherapy or any other single oral hypoglycemic agent or being treated with metformin in combination with another oral hypoglycemic agent, and HbA1c was 8.0 - <11.0%. Exclusion: Received treatment with insulin withir 8 weeks prior to screening, treatment with a TZE or exenatide within 12 weeks, had T1DM, a BMI < 20 kg/m2 or > 43 kg/m2, or fasting plasma glucose during run-in that was consistently < 7.2 mmol/L or > 15.6 mmol/L.)	 G1: 56.1 (9.5); White 47%, Hispanic 25%, Black 1%, Multiracial 25%, Other 2%; Female 58.5% G2: 53.6 (9.5); White 42%, Hispanic 32%, Black 3%, Multiracial 22%, Other 1%; Female 49% 	Metformin
Seck, 2010 104 weeks Multinational Merck Fair Extension of Nauck, 2007	Inclusion: Men and women (aged 18– 78 years) with T2DM who were either not taking an antihyperglycaemic agent, were taking any oral antihyperglycaemic agent as monotherapy or were taking metformin in combination with another oral antihyperglycaemic agent"	-	G1: Age 57.6, White 77.4%; Asian 9.3%, Black 3.6%, hispanic 5.6%, other 4%, female 42.7% G2: Age 57.0, White 78.5%; Asian 8.2%, Black 5.1%, hispanic 5.1% other 3.1%, female 37.1%	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Intermediate Outcomes HbA1c Weight (kg)	Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes) Other
Mohan, 2009 18 weeks China, India, Korea Merck Good	HbA1c mean change (SE) from baseline: G1: 0.3 (0.1, 0.5) G2: -0.7 (-0.8, -0.6) P<0.001 Weight mean change (SE) from baseline: G1: 0.0 (0.2) G2: 0.6 (0.1)	Macrovascular disease: G1: n=0 G2: n=1 All cause mortality: G1: n=0 G2: n=1
Raz, 2008 30 weeks Multinational Merck Fair	HbA1c (LS mean and 95% CI) G1: Week 18, n=92 0.0 (-0.2 to 0.3) G2: Week 18, n=95 -1.0 (-1.2 to -0.8) G1: Week 30, n=92 0.0 (-0.2 to 0.3) G2: Week 30 n=95 -1.0 (-1.3 to -0.7) At 30 weeks P<0.001 Weight: At 30 weeks, a small decrease in body weight of 0.5 kg was seen in both groups, mean change NR	Macrovascular disease: G1: n=1 G2: n=0 All cause mortality: G1: n=1 G2: n=0
Seck, 2010 104 weeks Multinational Merck Fair Extension of Nauck, 2007	HbA1c (mean change from baseline) G1: -0.54% G2: -0.51% Weight (kg) (mean change from baseline) G1: -1.6kg G2: +0.7 kg	All Cause Mortality 9 deaths G1: 1 G2: 8

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Vilsboll, 2010 24 weeks Multinational Merck Fair	Inclusion: at least 21 years of age, had a body mass index (BMI) >20 kg/m2 and <43 kg/m2, were taking insulin (≥15 IU/day; long- or intermediate-acting or premixed insulin) alone or in ombination with metformin (at a dose of at least 1500 mg/day), and had inadequate glycaemic control (HbA1c 7.5–11% at screening) Exclusion: type 1 diabetes, fasting plasma glucose (FPG) <130 mg/dl, unstable cardiac disease (including new or worsening signs or symptoms of coronary heart disease within 3 months of study entry or any of the following within 6 months of study entry: acute coronary syndrome, stroke or ischaemic event; coronary artery intervention, or NYHA Class II-IV congestive heart failure), significant renal impairment (creatinine clearance<50 ml/min), elevated (more than twofold the upper limit of normal) alanine aminotransferase (ALT) or aspartate aminotransferase (AST), or elevated triglycerides (>600 mg/dl), treatment with oral antihyperglycaemic agents (except metformin) or exenatide within 8–12 weeks of study entry	N = 641 G1: (sitagliptin 100mg) N=322 G2: (placebo) N=319	G1: Age 58.3, white 71%, black 6%, asian 17%, other 6%, female 51% G2: Age 57.2, white 69%, black 7%, asian 19%, other 5%, female 47%	nsulin +/- metformin

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		Health and Utilization Outcomes
		Microvascular Disease
Study Characteristics		Macrovascular Disease
Author, Year Trial Name (if app.)		Lower Extremity Ulcers
		All-Cause Mortality
Duration		Quality of Life
Country	Intermediate Outcomes	Hospitalization
Funding	HbA1c	Medical Visits (diabetes)
Quality	Weight (kg)	Other
Vilsboll, 2010	HbA1c (mean change from	All cause mortality:
24 weeks	baseline):	G1: 0
Multinational	G1: -0.6	G2: 0
Merck	G2: 0	
Fair		
	Weight (mean change from	
	baseline):	
	G1: -0.1 kg	
	G2: +0.1 kg	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Head-to-head studies				
Buse, 2009 LEAD-6 26 weeks Multinational Novo Nordisk Fair	Inclusion: Aged 18 - 80 with T2DM, HbA1c between 7 - 11 %, BMI ≤ 45kg, on stable treatment with maximally tolerated doses of metformin, sulfonylurea, or both for at least 3 months Exclusion: Previous insulin treatment (except short-term treatment for intercurrent illness), previous exposure to exenatide or liraglutide, impaired liver or renal function, clinically significant cardiovascular disease, retinopathy or maculopathy requiring acute treatment, hypertension (>180/100 mm Hg), or cancer	G2: (Exenatide 10 ug bid)	 G1: Age, 56.3; White 93%, Asian/ Pacific Islander <1%, Black (including African American) 6%, Hispanic or Latin American 14%, Other 1%; Female 51% G2: Age, 57.1; White 91%, Asian/ Pacific Islander 2%, Black (including African American) 5%, Hispanic or Latin American 11%, Other 2%; Female 45% 	Metformin with or without sulfonylurea

		Health and Utilization Outcomes
		Microvascular Disease
Study Characteristic	s	Macrovascular Disease
Author, Year		Lower Extremity Ulcers
Trial Name (if app.)		All-Cause Mortality
Duration		Quality of Life
Country	Intermediate Outcomes	Hospitalization
Funding	HbA1c	Medical Visits (diabetes)
Quality	Weight (kg)	Other

Head-to-head studies

Buse, 2009 LEAD-6	Liraglutide vs. Exenatide	NR
26 weeks	HbA1c mean change at 26 weeks:	
Multinational	-1.12% vs0.79%	
Novo Nordisk Fair	Estimated treatment difference = - 0.33%	
	95% CI -0.47, -0.18	
	Weight mean change at 26 weeks	

(mean, SE) -3.24kg (0.33) vs. 2.87kg (0.33) 95% Cl, -0.99 to 0.23

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Active-control studies				
Brodows, 2008 Duration NR Eli Lilly and Amylin	Inclusion: T2DM inadequately controlled on metofrmin and sulfonylurea	N=414 G1: (Exenatide)	G1: Age 59.4; Race/Ethnicity NR; Female 45%	NR
Pharmaceuticals Poor	Exclusion: NR	n=205 G2: (Insulin Glargine)	G2: Age 57.4; Race/Ethnicity NR; Female 45%	
		n=209		
Pratley, 2010 26 weeks Multinational	Inclusion: 18-80 y; T2DM; HbA1c 7.5- 10.0%;BMI ≤ 45.0 kg/m2; treatmed with metformin (≥1500 mg/d) for ≥ 3 mo	N = 665 G1: Liraglutide (1.2mg/d)	G1: Age 55.9; Caucasian 82%, Hispanic/Latino 17%, Black 10%, Asian 3%, Other	Metformin
Novo Nordisk	Evolution: Drier treatment with any	n=225	5%; Female 48%	
Fair	Exclusion: Prior treatment with any antihperglycemic drug (except metformin) within 3 mo; Recurrent major hypoglycemia; hypoglycemic unawareness; present use of	G2: Liraglutide (1.8 mg/d) n=221	G2: Age 55.0; Caucasian 91%, Hispanic/Latino 16%, Black 5%, Asian 1%, Other	
	any drug that could affect glucose (except metformin); contraindication to trial drugs;	G3: Sitagliptin (100mg/d) n=219	4%; Female 48%	
	cardiovascular disease; cancer		G3: Age 55.0; Caucasian 87%, Hispanic/Latino 15%, Black 7%, Asian 2%, Other 4%; Female 45%	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Intermediate Outcomes HbA1c Weight (kg)	Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes) Other
Active-control studies		
Brodows, 2008 Duration NR Eli Lilly and Amylin Pharmaceuticals Poor	Exenatide vs. Insulin Mean HbA1c at 26 weeks: 7.1% vs. 7.1% Weight: NR	NR
Pratley, 2010 26 weeks Multinational Novo Nordisk Fair	HbA1c G1: -1.24% (-1.37 to -1.11) G2: -1.50% (-1.63 to -1.37) G3: -0.90% (-1.03 to -0.77) Mean treatment differences G1 vs. G3: -0.34% (-0.51 to -0.16) G1 vs. G2: -0.60% (-0.77 to -0.43) Weight: G1: -2.86 kg (-3.39 to -2.32) G2: -3.38 kg (-3.91 to -2.84) G3: -0.96 kg (-1.50 to -0.42) Mean treatment differences: G1 vs. G2: -1.90 kg (-2.61 to -1.18) G2 vs. G3: -2.42 kg (-3.14 to -1.70)	All Cause Mortality Deaths: G1: 0 G2: 1 (<1%) G3: 1 (<1%)

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
DeFronzo, 2010 20 weeks	Inclusion: age 18 –75 years, BMI 25–40 kg/m2, stable body weight for at least 6	N = 137	Mean age 56 yrs 61% white	Metformin
US	months prior to screening, A1C 6.8–10.0%,	G1: Exenatide	49% female	
Eli Lilly Fair	stable dose of metformin for at least 6 weeks prior to screening and no treatment with any	n=45		
	other antidiabetic medication, and absence of	G2: Rosiglitazone +		
	islet cell autoantibodies.	Exenatide		
		n=47		
	Exclusion: NR			
		G3: Rosiglitazone		
		n=45		

		Health and Utilization Outcomes Microvascular Disease
Study Characteristics Author, Year		Macrovascular Disease Lower Extremity Ulcers
Trial Name (if app.)		All-Cause Mortality
Duration		Quality of Life
Country	Intermediate Outcomes	Hospitalization
Funding	HbA1c	Medical Visits (diabetes)
Quality	Weight (kg)	Other
DeFronzo, 2010 20 weeks US Eli Lilly Fair	HbA1c Change from baseline, LS Mean (SE): G1: -0.9 (0.1) G2: -1.3 (0.1) G3: -1.0 (0.1) G1 vs. G2 P=0.016 G1 vs. G3 P=0.720 G3 vs. G2 P=0.039 Weight Change from baseline LS Mean (SE): G1: -2.8 (0.5) G2: -1.2 (0.5) G3: +1.5 (0.5) G1 vs. G2 P=0.038 G1 vs. G3 P<0.001 G3 vs. G2P<0.001	NR

Study Characteristics Author, Year Trial Name (if app.) Duration Country		Overall Sample Size	Baseline Population Characteristics Mean Age, years	
Funding	Inclusion and Evolution Oritoria	Interventions	Race/Ethnicity	Deskarsund Mediestiene
Quality	Inclusion and Exclusion Criteria	Group Sizes	% Female	Background Medications
Derosa, 2010 52 weeks	Inclusion: White, T2DM patients 18 years old of either sex, with poor glycemic control	N = 128	Age: G1: 57	NR
Italy	(expressed as HbA1c level >8.0%) and	G1: Exenatide	G1: 57 G2: 56	
NR	overweight (body mass index [BMI] 25 and	n=63	62.30	
Fair	<30 kg=m2) receiving therapy with metformin	11-00	Ethnicity:	
	at the mean dosage of 1,500 500mg=day,	G2: Sulfonylurea	G1: 100% white	
	intolerant to metformin at maximum dosage	n=65	G2: 100% white	
	(3,000mg=day) with the onset of			
	gastrointestinal disorders like diarrhea and		% Female:	
	significant meteorism when metformin was		G1: 52	
	titrated to the maximum level.		G2: 49	
	Exclusion: History of ketoacidosis or had			
	unstable or rapidly progressive diabetic			
	retinopathy, nephropathy, or neuropathy, impaired hepatic function , impaired renal			
	function or severe anemia: serious			
	cardiovascular disease or cerebrovascular			
	conditions within 6 months before study			
	enrollment ; Women who were pregnant or			
	breastfeeding or of childbearing potential and			
	•			
	not taking adequate contraceptive precautions			

Study Characteristics Author, Year Trial Name (if app.)		Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality
Duration		Quality of Life
Country	Intermediate Outcomes	Hospitalization
Funding	HbA1c	Medical Visits (diabetes)
Quality	Weight (kg)	Other
Derosa, 2010	HbA1c Mean Change from	NR
52 weeks	baseline at 12 months:	
Italy	G1: -1.5	
NR	G2: -1.8	
Fair		
	Weight Mean Change from baseline at 12 months: G1: -8.0 kg G2: +4.5 kg	

Study Characteristics				
Author, Year Trial Name (if app.)			Baseline Population	
Duration			Characteristics	
Country		Overall Sample Size	Mean Age, years	
Funding		Interventions	Race/Ethnicity	
Quality	Inclusion and Exclusion Criteria	Group Sizes	% Female	Background Medications
Bergenstal, 2009 Novo-Log Mix vs	Inclusion: T2DM >6 months, age >18 and <80 years, HbA1c >8%, insulin naïve (received no	N=372	G1: Age, 52.5 (10.62); American Indian/Alaska Native	Metformin and sulfonylurea
Exenatide Study Group	insulin for more than 2 weeks of daily use in	G1: (Exenatide 5ug bid	10.5%, Asian 1.6%, Black	
24 weeks	the preceding 6 months), had received at	increased to 10ug bid)	19.4%, White 63.7%, Other	
United States Novo Nordisk	least 1500 mg/day metformin and a sulfonylurea at at least half the maximum	n=124	4.8%; Female 51.6%	
Poor	dose for 3 months before screening	G2: (BIAsp 30 qd started at 12 IU qd and adjusted as	G2: Age, 51.8 (10.90); American Indian/Alaska Native	
	Exclusion: Significant cardiac disease within	indicated)	8.1%, Asian 2.4%, Black	
	12 months prior to the study, hepatic	·	18.5%, White 67.7%, Other	
	insufficiency, renal insufficiency, used thiazolidinediones, alpha-glucosidase	G3: (BIAsp 30 bid started at 12 IU divided in to two doses	3.2%; Female 51.6%	
	inhibitors or meglitinides within 6 months before the study, had a history of an eating disorder or were receiving current treatment with a weight-reducing diet.	and adjusted as indicated)	G3: Age, 53.4 (9.96); American Indian/Alaska Native 8.9%, Asian 1.6%, Black 26.6%, White 59.7%, Other 3.2%; Female 52.4%	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Intermediate Outcomes HbA1c Weight (kg)	Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes) Other
Bergenstal, 2009 Novo-Log Mix vs Exenatide Study Group 24 weeks United States Novo Nordisk Poor	Exenatide vs. BiAsp 30 qd vs. BiAsp 30 bid Data based on Per-protocol population, the N in each group varies for each week a measurement was taken, and last observation carried forward was used for missing data. HbA1C change from Baseline (mean +/- SD)	
	P<0.0001 for G3 v G1 P<0.0001 for G2 v G1	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Russel-Jones, 2009 LEAD-5	Inclusion: 18–80 years old, with T2DM treated with oral glucose-lowering drugs (OGLAs)	N=581	Liraglutide vs. Placebo vs. Insulin	All patients on metformin 2g and glimepiride 4mg
26 weeks	(94–95% combination therapy) for at least 3	G1: Liraglutide 1.8mg	mount	
Multinational	months ; HbA1c level of 7.5–10% if on OGLA	n=232	Age: 57.6 vs. 57.5 vs. 57.5	
Novo Nordisk Good	monotherapy or 7–10% if on OGLA combination therapy, and BMI \leq 45kg/m2.	G2: Placebo n=115	Ethnicity: NR	
	Exclusion: Insulin within 3 months prior to the trial (except for short-term treatment for intercurrent illness); impaired hepatic or renal function, clinically significant cardiovascular disease, proliferative retinopathy or maculopathy, hypertension (≥180/100 mmHg) or cancer; pregnant; experienced recurrent hypoglycaemia or hypoglycaemia unawareness; were seropositive for hepatitis B antigen or hepatitis C antibody; or used any drugs except for OGLAs that could affect blood glucose levels		% Female: 43 vs. 51 vs. 40	

Study Characteristics Author, Year Trial Name (if app.)		Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality
Duration		Quality of Life
Country	Intermediate Outcomes	Hospitalization
Funding Quality	HbA1c	Medical Visits (diabetes) Other
Russel-Jones, 2009 LEAD-5	Weight (kg) Liraglutide vs. Placebo vs. Insulin Macro (SE) sharpes in Lib A4s;	Other
26 weeks Multinational Novo Nordisk Good	Mean (SE) change in HbA1c: - 1.33% (0.09) vs0.24% (0.11) vs. -1.09% (0.09)	
Guu	G1 vs. G2 Treatment difference −1.09%; 95% CI, −1.28 to −0.90; <i>P</i> <0.0001	
	G1 vs G3 Treatment difference −0.24%; 95% Cl, −0.39 to −0.08; <i>P</i> =0.0015	
	G3 vs. G2 Treatment difference −0.85%; 95% CI, −1.04 to −0.66; <i>P</i> <0.0001	
	Mean (SE) change in weight: -1.8 kg (0.33) vs0.42 kg (0.39) vs. +1.6 (0.33)	
	G1 vs. G2 −1.39 kg; 95% Cl, −2.10 to −0.69; <i>P</i> =0.0001	
	G1 vs. G3 −3.43 kg; 95% Cl, −4.00 to −2.86; <i>P</i> <0.0001	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Garber, 2009 LEAD-3 Mono	Inclusion: 18–80 years, BMI of 45 kg/m ² or less, with T2DM; treated with diet and	N=746	Mean age: G1: 53.7; G2: 52.0; G3: 53.4	None
52 weeks US and Mexico	exercise (36.5% of patients randomised) or up to half the highest dose of oral antidiabetic	G1: Liraglutide 1.2 mg n=251	G1. 55.7, G2. 52.0, G5. 55.4	
Novo Nordisk	drug monotherapy (63.5%) including		Race/Ethnicity:	
Fair	sulphonylureas, meglitinides, aminoacid derivatives, biguanides, α-glucosidase inhibitors, and thiazolidinediones (1500 mg	G2: Liraglutide 1.8 mg n=247	White % G1: 80; G2: 75; G3: 77 Black %	
	metformin or 30 mg pioglitazone were allowed) for at least 2 months; a screening HbA1c value of 7–11% if treated with diet and exercise or 7–10% with oral antidiabetic monotherapy.	G3: Glimpiride 8 mg n=248	G1: 14; G2: 12; G3: 12 Asian % G1: 2; G2: 6; G3: 4 Other % G1: 5; G2: 7; G3: 7	
	Exclusion: insulin treatment during the previous 3 months (except short-term treatment for intercurrent illness), treatment with systemic corti costeriods, hypoglycaemia unawareness or recurrent severe hypoglycaemia, and impaired liver function (aspartate aminotransferase or alaninie aminotransferase concentrations \geq 2.5 times normal.		% Female: G1: 53; G2: 51; G3: 46	

		Health and Utilization Outcomes Microvascular Disease
Study Characteristics		Macrovascular Disease
Author, Year		Lower Extremity Ulcers
Trial Name (if app.)		All-Cause Mortality
Duration		Quality of Life
Country	Intermediate Outcomes	Hospitalization
Funding	HbA1c	Medical Visits (diabetes)
Quality	Weight (kg)	Other
Garber, 2009 LEAD-3 Mono 52 weeks	Liraglutide 1.2mg vs. Liraglutide 1.8mg vs. Glimiperide 8mg	
US and Mexico Novo Nordisk Fair	Mean (SD) change in HbA1c: - 0.84% (1.23) vs1.14% (1.24) vs. -0.51% (1.20)	
	G1 vs. G3: –0·33%; P=0·0014; 95% Cl, –0·53 to –0·13	
	G2 vs. G3: –0·62%; P<0·0001; 95% Cl, –0·83 to –0·42	
	G2 vs. G1: –0·29%; P=0·0046; 95% Cl, –0·50 to –0·09	
	Mean change in weight: NR	

Study Characteristics Author, Year Trial Name (if app.) Duration			Baseline Population Characteristics	
Country		Overall Sample Size	Mean Age, years	
Funding		Interventions	Race/Ethnicity	
Quality	Inclusion and Exclusion Criteria	Group Sizes	% Female	Background Medications
Madsbad, 2004	Inclusion: Men and women age 30 years or	N=193 (190 in ITT)	Liraglutide 0.045 mg vs.	None
12 weeks	more; T2DM diagnosis (according to		Liraglutide 0.225 mg vs.	
Scandanavia and the	American Diabetes Association criteria); BMI	G1: Liraglutide 0.045 mg	Liraglutide 0.45 mg vs.	
UK	40 kg/m2 or less, were being treated with diet	n=26	Liraglutide 0.60 mg vs.	
Novo Nordisk	or an OHA, and had an HbA1c 9.5% or less		Liraglutide 0.75 mg vs.	
Fair	(OHA) or 7.5–10.0% (diet)	G2: Liraglutide 0.225 mg n=24	Placebo vs. Glimepiride	
	Exclusion: Liver or renal disease, heart		Age: G1: 53 (9.0) vs. 58 (7.5)	
	failure, unstable angina pectoris, myocardial	G3: Liraglutide 0.45 mg	vs. 57 (11.3) vs. 57 (7.7) vs.	
	infarction within the previous 12 months,	n=27	58 (9.7) vs. 57 (9.4) vs. 57	
	concomitant		(9.2)	
	treatment with thiazolidinediones or other	G4: Liraglutide 0.60 mg		
	investigational drugs, or other significant conditions likely to affect a patient's diabetes	n=30	Race/Ethnicity: NR	
	and/or ability to complete the trial. Women	G5: Liraglutide 0.75	% Female: 15% vs. 38% vs.	
	who were pregnant, breast-feeding, or not using an adequate method of contraception	n=28	33% vs. 33% vs. 43% vs. 31% vs. 38%	
		G6: Placebo n = 29		
		G7: Glimepiride		

n=26

		Health and Utilization Outcomes
Ctudu Characteristics		Microvascular Disease
Study Characteristics Author, Year		Macrovascular Disease Lower Extremity Ulcers
Trial Name (if app.)		All-Cause Mortality
Duration		Quality of Life
Country	Intermediate Outcomes	Hospitalization
Funding	HbA1c	Medical Visits (diabetes)
Quality	Weight (kg)	Other
Madsbad, 2004	does not report change from	
12 weeks	baseline	
Scandanavia and the		
UK Nava Nardiala	Compared to placebo change in	
Novo Nordisk Fair	HbA1c (%) after 12 weeks:	
Fall	G1: +0.25 (<i>P</i> =0.1905) G2: -0.34 (<i>P</i> =0.0877)	
	G2: -0.34 (<i>P</i> =0.0677) G3: -0.30 (<i>P</i> =0.1131)	
	G3: -0.30 (P=0.1131) G4: -0.70 (P=0.0002)	
	G5: -0.75 (<i>P</i> < 0.0002)	
	G5: -0.75 (F < 0.0001) G6: NA	
	G7: -0.74 (<i>P</i> =0.0001)	
	370.74 (7 -0.0001)	
	Compared to placebo change in	
	weight (kg) after 12 weeks:	
	G1: - 0.03 (P=0.9602)	
	G2: -0.74 (P=0.1544)	
	G3: -1.20 (P=0.0184)	
	G4: +0.27 (P=0.5838)	
	G5: -0.39 (P=0.4391)	
	G6: NA	
	G7: + 0.94 (<i>P</i> =0.0622)	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Nauck, 2009	Inclusion: 18–80 years of age, had A1C	N=1091 (1087 in ITT)	Liraglutide 0.6mg vs.	Metformin
LEAD-2	between 7 and 11% (prestudy OAD		Liraglutide 1.2mg vs. 1.8mg	
26 weeks Multinational	monotherapy for 3 months) or between 7 and 10% (prestudy combination OAD therapy for	G1: Liraglutide 0.6 mg n=242	vs. 4mg vs. Placebo	
Novo Nordisk	3 months); BMI 40 kg/m2 or less		Age: 56 vs. 57 vs. 57 vs. 57	
Fair		G2: Liraglutide 1.2 mg	vs. 56	
	Exclusion: Insulin during the previous 3	n=240		
	months (except short-term treatment)		Race/Ethnicity %:	
		G3: Liraglutide 1.8 mg		
		n=242	Caucasian: 84 vs. 88 vs. 88 vs. 89 vs. 88	
		G4: Glimepiride 4 mg		
		n=242	Black: 2 vs. 4 vs. 2 vs. 2 vs. 3	
		G5: Placebo		
		n=121	Asian/Pacific Islander: 13 vs. 8 vs. 7 vs. 9 vs. 7	
			Other: 2 vs. 1 vs. 2 vs. 1 vs. 3	
			% Female: 38 vs. 46 vs. 41 vs. 43 vs. 40	

Study Characteristics Author, Year Trial Name (if app.) Duration Country	Intermediate Outcomes	Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization
Funding	HbA1c	Medical Visits (diabetes)
Quality	Weight (kg)	Other
Nauck, 2009 LEAD-2 26 weeks Multinational	Mean change in HbA1c: G1: -0.7% (0.1) vs. G5 -0.8; 95% CI, -1.0 to -0.61	NR
Novo Nordisk Fair	G2: -1.0% (0.1) vs. G5 -1.1; 95% Cl, -1.3 to -0.9 vs. G4 0.0%; 95% Cl, -0.2 to 0.2	
	G3: -1.0% (0.1) vs. G5 -1.1; 95% Cl, -1.3 to -0.9 vs. G4 0.0%; 95% Cl, -0.2 to 0.2	
	G4: -1.0% (0.1) vs. G5 -0.8; 95% CI, -1.0 to -0.61	
	G5: +0.1% (0.1)	
	Mean change in weight: G1: -1.8 (0.2) kg vs. G4 <i>P</i> <0.0001	
	G2: -2.6 (0.2) kg vs. G4 <i>P</i> <0.0001 vs. G5 <i>P</i> <u><</u> 0.01	
	G3: -2.8 (0.2) kg vs. G4 <i>P</i> <0.0001 vs. G5 <i>P</i> <u><</u> 0.01	
	G4: +1.0 (0.2) kg	
	G5: -1.5 (0.3) kg	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Feinglos, 2005 12 weeks US	data not abstracted b/c of poor quality rating	N=210 (179 analyzed- per protocol)		
Novo Nordisk Poor				
Placebo-controlled studies				
Gao, 2009 16 weeks Multiple, Asia	Inclusion: Age 21-75, T2DM, treated with stable dose of metformin and/or sulfonylurea for at least 3 months, inadequate glycemic	N=472 randomized, 466 analyzed	G1 :Age 55 (9); 100% Asian/Indian; Female 52%	Metformin alone or metformin + sulfonylurea (usual dose)
Amylin Pharmaceuticals and Eli Lilly Good	control (HbA1c >=7.0% and <=11.0%), BMI>21kg/m ² and <35kg/m ²	G1 (5ug [1st 4 weeks] to 10ug [12 weeks] exenatide twice daily + oral antidiabetic	G2: Age 54 (9); 100% Asian/Indian; Female 59%	
	Exclusion: Previous participation in any study using exenatide or GLP-1 analogs,	agents) n=234		
	participation in any study within 30 days, contraindications for metformin or sulfonylurea, treated with exogenous insulin for >1 week within 3 months, use of weight loss drugs within 1 month	G2 (placebo + oral antidiabetic agents) n=232		

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Intermediate Outcomes HbA1c Weight (kg)	Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes) Other
Feinglos, 2005 12 weeks US Novo Nordisk Poor		
Placebo-controlled		
studies Gao, 2009 16 weeks Multiple, Asia	Exenatide + oral antidiabetic vs. Placebo + oral antidiabetic	NR
Amylin Pharmaceuticals and Eli Lilly Good	HbA1c At week 16: -1.2% [-1.3, -1.1] vs0.4% [-0.5, - 0.2]	
	Weight at week 16: -1.2kg [-1.5, -	

Weight at week 16: -1.2kg [-1.5, -0.9] vs. -0.1 [-0.3, 0.2] (NS)

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Gill, 2010	Inclusion: 18-75 y; Stable metformin dose for	N = 54	G1: Age 57; Caucasian 86%,	"Metformin (stable dose 30
12 weeks	30 days or TZD for 120 days; BMI >25 and <		African 7%, East Asian 4%,	days)
Multinational	40 kg/m2; HbA1c 6.5-9.5%; Body weight with		Hispanic 4%, Female 32%	
Eli Lilly	≤ 10% variation for 3 mo; stable	n=28		or
Fair	antihypertensive regimens maintained \geq 6wk		G2: Age 54, Caucasian 96%,	
		G2: Placebo: n=26	African 0%, East Asian 4%,	TZD (stable dose for 120
	Exclusion: History of clinically significant		Hispanic 0%; Female 58%	days)"
	cardiac disease or cardiac disease within one			
	year; Clinically significant arrhythmia; Resting			
	heart rate <60 or>100 beats/minute; repeated			
	systolic blood pressure > 1600 mm Hg or			
	diastolic blood pressure > 100 mm Hg;			
	current treatment with beta blockers			

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Intermediate Outcomes HbA1c Weight (kg)	Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes) Other
Gill, 2010	HbA1c	NR
12 weeks Multinational	-0.3 + 0.2% reduction in HbA1c for exenatide relative to placebo	
Eli Lilly	P=0.26	
Fair	1 0.20	
	Weight:	
	Mean change	
	G1: -1.8 SD 0.4 kg, <i>P</i> <0.0001	
	G2: -0.3 SD 0.4 kg, <i>P</i> =0.52	
	Treatment difference: -1.5 SD 0.6 kg (<i>P</i> <0.05)	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Kadowaki, 2009 12 weeks Japan Amylin Pharmaceuticals and Eli Lilly Fair	Inclusion: 20-75 years, T2DM, weight >=50kg, been managing DM with sulfonylurea alone, sulfonylurea plus a biguanide, or sulfonylurea plus a TZD for at least 3 months, treatment with a-glucosidase inhibitor or meglitinide included after discontinuation; suboptimal glycemic control (HbA1c from 7%-10% for patients on sulfonylurea alone or sulfonylurea plus biguanide; 6.5-9.5% for patients treated with a-glucosidase inhibitor or meglitinide) Exclusion: Treatment with any exogenous insulin or drug directly affecting GI motility within last 3 months, clinically significant renal or hepatic disease, blood pressure >=160/100mm/Hg, hospitalization for cardiac disease within 1 year, clinically significant history of or active digestive disease within 1 year, active or untreated malignancy or	N=153 randomized; 151 included in full analysis G1: (placebo + sulfonylurea/ sulfonyurea+biguanide/ sulfonylurea+TZD) n=40 G2: (2.5ug exenatide twice daily + sulfonylurea/ sulfonyurea+biguanide/ sulfonylurea+TZD) n=38 G3 (5ug exenatide twice daily + sulfonylurea/ sulfonyurea+biguanide/ sulfonylurea+TZD) n=37 G4 (5ug for 4 weeks then	Age: G1 = 60.5 (10.2) G2 = 62.2 (7.8) G3 = 60.7 (9.8) G4 = 57.8 (10.4) 100% Japanese Female: G1 = 25.0% G2 = 29.7% G3 = 32.4% G4 = 37.8%	Sulfonylurea alone or with biguanise or TZD; patients using an a-glucosidase inhibitor or a meglitinide derivative could be included but were required to discontinue them before starting study drug
	remission from clinical malignancy for <5 years, hyperglycemia (self-monitored blood glucose >=250mg/dL fasting or >=350mg/dL anytime), >1 severe hypoglycemic episode requiring assistance within 3 months, pregnancy, no reliable birth control	10ug exenatide twice daily + sulfonylurea/ sulfonyurea+biguanide/ sulfonylurea+TZD) n=38		

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Intermediate Outcomes HbA1c Weight (kg)	Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes) Other
Kadowaki, 2009	Placebo vs. Exenatide 2.5ug vs.	Other
12 weeks	Exenatide 5ug vs. Exenatide 10ug	
Japan	Excitation Sug V3. Excitation Toug	
•	Mean (SE) change in HbA1c at 12	
and Eli Lilly	weeks: +0.02% (0.1) vs0.9%	
Fair	(0.1) vs1.2% (0.1) vs1.4% (0.1)	
	(0.1) v3. 1.270 (0.1) v31.470 (0.1)	
	Mean (SE) change in weight at 12 weeks: -0.7kg (0.2) vs. +0.08kg (0.2) vs0.2kg (0.3) vs1.3kg (0.3)	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding		Overall Sample Size Interventions	Baseline Population Characteristics Mean Age, years Race/Ethnicity	
Quality	Inclusion and Exclusion Criteria	Group Sizes	% Female	Background Medications
Moretto, 2008 24 weeks United States, Puerto Rico, Romania, Russia,	Inclusion: >18 years of age, T2DM, BMI of 25 to 45 kg/m2, manage T2DM with diet and exercise consistent with local standards of medical care, have HbA1c between 6.5% and	N=232 G1: (Exenatide 5 ug bid) n=77	G1: 54 (10); White 65%, Asian 29%, Hispanice 6%, Black, 0%; Female 48%	None
and India	10.0%. (Female patients eligible if they were	11-77	G2: 55 (10); White 72%, Asian	
	postmenopausal, surgically sterile, or using contraceptives for >12 weeks before screening and continuing throughout the	G2: (Exenatide 10 bid) n=78 G3: (Placebo) n=78	23%, Hispanic 1%, Black, 4%; Female 38%	
Good	study.)	randomized, 77 analyzed	G3: 53 (9); White 66%, Asian 27%, Hispanice 3%, Black,	
	Exclusion: Ever been treated with an antidiabetic agent; blood pressure >160/>110mm Hg, history or presence of clinically significant cardiac disease within the year prior to inclusion in the study, history of renal transplant or active renal or hepatic disease, received any medication for weight loss within 12 weeks prior to screening.		4%; Female 45%	

Study Characteristics Author, Year Trial Name (if app.) Duration Country	Intermediate Outcomes	Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization
Funding	HbA1c	Medical Visits (diabetes)
Quality	Weight (kg)	Other
Moretto, 2008	Exenatide 5ug vs. Exenatide 10ug	
24 weeks	vs. Placebo	
United States, Puerto		
Rico, Romania, Russia,	()	
and India	0.7% (0.1) vs0.9% (0.1) vs	
Amylin Pharamceuticals	0.2% (0.1) <i>P</i> =0.003, G1 v G3;	
and Eli Lilly and Company	<i>P</i> <0.001, G2 v G3	
Good	Mean change in weight: -2.8 kg	
	(0.3) vs3.1 kg (0.3) vs1.4 kg (0.2) <i>P</i> =0.004 G1 v G3; <i>P</i> <0.001 G2 v G3	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Seino, 2008	Inclusion: T2DM treated with diet therapy with	N=226		None
14 weeks	or without oral antidiabetic drug (OAD)		Age:	
Japan	monotherapy, HbA1c 7.0% and <10.0%, to	G1: Liraglutide 0.1 mg	G1: 56.5 SD 8.4	
Novo Nordisk	be aged between 20 and 75 years and to	n=45	G2: 56.8 SD 8.8	
Good	have BMI <30		G3: 60.0 SD 7.0	
		G2: Liraglutide 0.3 mg	G4: 55.5 SD 7.6	
	Exclusion: Insulin or insulin sensitizer within 16 weeks, or systemic corticosteroids,	n=46	G5: 57.5 SD 8.7	
	impaired hepatic or renal function;, congestive heart failure (New York Heart	G3: Liraglutide 0.6 mg n=45	Race/Ethnicity: NR	
	Association class III or IV), unstable angina		% Female	
	pectoris or myocardial infarction within 12	G4: Liraglutide 0.9 mg	G1: 31	
	months, uncontrolled hypertension (systolic blood pressure > 160 mmHg or diastolic	n=44	G2: 30 G3: 38	
	blood pressure >100 mmHg), non-stabilised	G5: Placebo	G4: 30	
	proliferative retinopathy or maculopathy.	n=46	G5: 37	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Intermediate Outcomes HbA1c Weight (kg)	Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes) Other
Seino, 2008 14 weeks Japan Novo Nordisk Good	Liraglutide 0.1mg vs. Liraglutide 0.3mg vs. Liraglutide0.6 mg vs. Liraglutide 0.9 mg vs. Placebo Mean change from baseline, %HbA1c:	NR
	-0.72 vs1.07 vs1.5 vs1.67 vs. +0.09 Mean change from baseline, Weight: -0.05 vs. +0.13 vs0.10 vs0.48 vs0.95	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Vilsboll, 2008	Inclusion/Exclusion: reported in a related	N=39	G1: Placebo (n=5)	None
14 weeks	article		Age = 55.4 (6.7)	
Denmark, France, the		G1: (placebo) n=10	Race NR	
Netherlands, Slovakia Novo Nordisk		randomized, 5 completed	Female = 20%	
Poor		G2: (0.65mg liraglutide) n=8	G2: Liraglutide 0.65mg (n=7)	
		randomized, 7 completed	Age = 61.1 (7.6) Race NR	
		G3: (1.25mg liraglutide) n=10 randomized, 9	Female = 0%	
		completed	G3: Liraglutide 1.25mg (n=9) Age = 56.9 (10.1)	
		G4: (1.9mg liraglutide) n=11	Race NR	
		randomized, 7 completed	Female = 0%	
			G4: Liraglutide 1.9mg (n=7) Age = 58.6 (10.3) Race NR Female = 14%	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding	Intermediate Outcomes HbA1c	Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes)
Quality	Weight (kg)	Other
Vilsboll, 2008	Mean change at 14 weeks, HbA1c:	
14 weeks		
Denmark, France, the	G1 (N=5): +1.5 (1.8);	
Netherlands, Slovakia	G2 (N=7): -1.0 (0.8);	
Novo Nordisk	G3 (N=9): -1.3 (0.7);	
Poor	G4 (N=7): -1.5 (0.7)	
	Mean change, weight:	
	G1: -4.0kg (4.8)	
	G2: -1.3kg (2.0)	
	G3: -2.4kg (2.4)	
	G4: -2.8kg (2.7)	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Vilsboll, 2007	Inclusion: Age >=18 years; T2DM; HbA1c	N=165 randomized, 163	G1:	None
14 weeks Denmark, France, the	>=7.5% and <=10.0% (diet) or >=7.0% and <=9.5% (mono-oral antidiabetes drug);	exposed	Age = 55.4 (11.4) Race NR	
Netherlands, Slovakia	BMI<=40 (from a related article)	G1: (1.90mg liraglutide)	Female = 27%	
Novo Nordisk		n=41		
Fair	Exclusion: NR		G2:	
		G2: (1.25mg liraglutide)	Age = 53.8 (10.7)	
		n=42	Race NR	
		G3: (0.65mg liraglutide)	Female = 45%	
		n=40	G3:	
			Age = 56.5 (9.3)	
		G4: (placebo)	Race NR	
		n=40	Female = 33%	
			G4:	
			Age = 57.7 (8.2)	
			Race NR	
			Female = 53%	

		Health and Utilization Outcomes Microvascular Disease
Study Characteristics		Macrovascular Disease
Author, Year		Lower Extremity Ulcers
Trial Name (if app.)		All-Cause Mortality
Duration		Quality of Life
Country	Intermediate Outcomes	Hospitalization
Funding	HbA1c	Medical Visits (diabetes)
Quality	Weight (kg)	Other
Vilsboll, 2007	Changes at 14 weeks, HbA1c:	NR
14 weeks	Overall:	
Denmark, France, the	G1 = -1.45% SD NR	
Netherlands, Slovakia	G2 = -1.40% SD NR	
Novo Nordisk	G3 = -0.98% SD NR	
Fair	G4 = +0.29% SD NR	
	Vs. placebo:	
	G1 = -1.74% [-2.18, -1.29];	
	G2 = -1.69% [-2.13, -1.24]	
	G3 = -1.27% [-1.72, -0.82]	
	Change in weight at 14 wks (vs	
	placebo):	
	G1 = -1.21 [-2.36, -0.06]	
	G2 NS	
	G3 NS	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Zinman, 2009	Inclusion: T2DM, 18–80 years, had A1C	N=821 screened/enrolled	G1: Age 55, Caucasian 81,	Metformin and rosiglitazone
LEAD-4 26 weeks US and Canada	between 7 and 11% (prestudy OAD monotherapy for 3 months) or 7–10% (prestudy combination OAD therapy for 3	N=533 randomized	Black 15, Asian 1, Indian 1, Other 2, Female 43%	
Novo Nordisk Fair	months), and had BMI <45 kg/m2 Exclusion: Insulin treatment in previous 3	G1: Liraglutide 1.2 mg n= 178	G2: Age 55, Caucasian 83, Black 10, Asian 3, Indian 1, Other 3, Female 49%	
	months(except shortterm treatment for	G2: Liraglutide 1.8 mg n=		
	intercurrent illness)	178	G3: Age 55, Caucasian84, Black 10, Asian 2, Indian 1,	
		G3: Placebo n = 177	Other 3, Female 38%	
Apovian, 2010 24 weeks	Inclusion: 8-75 years of age withn T2DM, treated for at least 6 weeks with a stable dose	N = 194	Age: G1: 54.5	Yes
US Eli Lilly	of metformin or a sulfonylurea, hemoglobin A1c (HbA1c) 6.6%-10.0%, body mass index	G1: Exenatide n=96	G2: 55.1	
Fair	25-39.9 kg/m2, and history of stable body		Ethnicity:	
	weight (not varying by >5% for at least 6 months	G2: Placebo n=98	NR	
			% Female:	
	Exclusion: Use of exogenous insulin, alpha- glucosidase inhibitors, a thiazolidinedione, weight loss agents within 6 months before study entry, evidence of poorly controlled hypertension within the previous 3 months, or history or presence of cardiac disease within 3 years		G1: 63 G2: 62	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Intermediate Outcomes HbA1c Weight (kg)	Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes) Other
Zinman, 2009	Mean (SE) change in HbA1c:	Cardiovascular events:
LEAD-4	G1: -1.5 (0.1%)	G1: 5
26 weeks	G2: -1.5 (0.1%)	G2: 3
US and Canada Novo Nordisk	G3: -0.5 (0.1%)	G3: 4
Fair	Mean change in weight: G1: -1.0 (0.3) kg G2: -2.0 (0.3) kg G3: + 0.6 (0.3) kg G1 or G2 vs. G3 <i>P</i> <0.0001 G1 vs G2 <i>P</i> =0.011	
Apovian, 2010 24 weeks US Eli Lilly	Mean change in HbA1c: G1: -1.2 G2: -0.7	NR
Fair	Change in Weight: G1: -6.2 kg G2: -4.0 kg	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Head-to-head studies	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Brackenridge, 2009 Poor	data not abstracted because of poor quality rating			
Chogtu, 2009 12 weeks India	Inclusion: both genders; age 30-70; T2DM; perscribed glimeperide and required an add-on therapy for poor	N=63 patients randomized	NR	Glimepiride
Funding NR	glycemic control, normotensive, not	G1: (pioglitazone,		
Poor	on antihypertensive or hypolipidaemic drugs	titrated dose + glimeperide 2mg/day)		
		n=28		
	Exclusion: NR			
		G2: (rosiglitazone, titrated dose +		
		glimeperide 2mg/day) n=28		

Health and Utilization Outcomes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Head-to-head studies	Intermediate Outcomes HbA1c	Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes) Other
Brackenridge, 2009		

PoorHbA1c: NR, states that decreasesNR12 weeksin A1c not significant betweenIndiagroups P>0.05Funding NRPoor

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Berneis, 2008	Inclusion: T2DM \geq 6 months; HbA1c	•	Identical groups (cross-over).	NR
12 weeks Switzerland Government funding Poor	6.5-9.0; maximum of two oral antidiabetic agents Exclusion: reated with insulin or glitazones, New York Heart Association stage class III/IV congestive heart failure, active neoplasia, unstable cardiovascular disease, severly impaired liver or kidney function	randomized NA; all one group. Patients randomized to either receive pioglitazone (30mg/day x 4 weeks followed by 45mg/day x 8 weeks) or rosiglitazone (4mg/day x 4 weeks followed by 8mg/day x 8 weeks). Then crossed-over to other group after washout	Age: 61 Race: NR Female: 44.4%	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding	Intermediate Outcomes	Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes)
Quality	HbA1c	Other
Berneis, 2008 12 weeks Switzerland Government funding	HbA1c: mean change after 12 weeks of treatment G1: -0.54	NR
Poor	G2: -0.59	
	NS vs. baseline	
	NS, G1 vs. G2	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Beysen, 2008 20 weeks US Funding NR Fair	Inclusion and Exclusion Criteria Inclusion: T2D; HbA1c > 7.5 or fasting glucose > 180mg/dl; not controlled with metformin alone or metformin in combination with sulfonylurea; hypertriglyceridemia (150-400mg/dl) Exclusion: pregnancy; ALT>1.5 times normal upper limit; creatinine > 1.4mg/dl; congestive heart failure; history of coronary artery, pulmonary or neurological disesae;	Overall Sample Size Interventions Group Sizes N=12 patients randomized G1: (rosiglitazone 15- 30mg/day x 4 weeks, 45mg/day x 16 weeks) n=6 G2: (pioglitazone 4mg/day x 4 weeks, 8mg/day x 16 weeks) n=6	Background Medications NR
	pulmonary or neurological disesae; treatment with insulin; treatment with statin or fibric acid derivative within 2 months of study	n=6	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding	Intermediate Outcomes	Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes)
Quality	HbA1c	Other
Beysen, 2008 20 weeks US Funding NR	HbA1c: mean change after 20 weeks of treatment: G1: -1.3 (SD 0.8)	NR
Fair	G2: -1.1 (SD 0.6)	
	<i>P</i> <0.05, G1/G2 vs. baseline	
	NS, G1 vs. G2	

Study Characteristics Author, Year Trial Name (if app.) Duration			Baseline Population Characteristics	
Country Funding		Overall Sample Size Interventions	Mean Age, years Race/Ethnicity	
Quality Vijay, 2009	Inclusion and Exclusion Criteria Inclusion: HbA1c > 8%;	Group Sizes	% Female G1:	Background Medications
16 weeks	cardiovascular risk factors; age 30-		Age: 48.1	
India	70; BMI <36; stable body weight for	G1: (pioglitazone 30-	Race/Ethnicity: NR Female:	
UGC, India Fair	3 months prior to study	45mg/day) n=20	NR	
	Exclusion: Hepatic or other		G2:	
	preexisting chronic disease; any	G2: (rosiglitazone 4-	Age: 47.75	
	smoking in 6 months prior to study;	8mg/day)	Race/Ethinicity: NR Female:	
	previous use of insulin or thiazonlidinediones; history of	n=20	NR	
	stroke; patients taking	G3: (controls	G3:	
	glucocorticoids or other drugs that	(sulfonylureas/other	Age: 49.7	
	affect glucose metabolism, lipid lowering drugs, alcohol, or psychoactive substances.	secretagogues)) n=10	Race/Ethnicity: NR Female: NR	
			Study reports that overall the	

male/female ratio was 3:2

Newer diabetes medications, TZDs, and combinations

Health and Utilization Outcomes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Vijay, 2009 16 weeks India UGC, India	Intermediate Outcomes HbA1c G1: -1.27 (SD NR) P=0.00, G1 vs. baseline G2: -1.26 (SD NR)	Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes) Other NR
Fair	P=0.00, G2 vs. baseline	
	G3: -0.94 (SD NR) <i>P</i> =0.00, G3 vs. baseline	

NR, G1 vs. G2 vs. G3

Newer diabetes medications, TZDs, and combinations

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Oz, 2008 12 weeks Turkey Funding NR Fair	Inclusion and Exclusion Criteria Inclusion: Newly diagnosed T2DM (<6 months) Exclusion: Impaired hepatic function or renal function; Serious cardiovascular disease including heart failure, history of myocardial infarction or stroke; Pregnant or breastfeeding women; Severe anemia	Overall Sample Size Interventions Group Sizes N=35 G1: (pioglitazone 30mg/day) n=14 G2: (rosiglitazone 4mg/day) n=11 G3: (placebo + medical nutrition therapy) n=10	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female Age: 55.2 Race/Ethnicity: NR Female: 49% NR by individual groups	Background Medications NR
OZ Gul, 2010 12 weeks Turkey Funding NR Fair	Inclusion: Newly diagnosed type 2 diabetes mellitus (<6 months) naïve to prior antidiabetic therapy Exclusion: Taking statins, ACE inhibitors, ARBs; Acute complications with need for insulin therapy; Impaired hepatic function or renal function; Severe anemia; Serious cardiovascular disease including heart failure, history of myocardial infarction or stroke; Pregnant or breastfeeding women.	N=60 G1: (pioglitazone 30mg/day) n=19 G2: (rosiglitazone 4mg/day) n=20 G3: (placebo + medical nutrition therapy) n=21	Age: 56.4 Race/Ethnicity: Turkish 100% Female: 42% NR by individual groups	None

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Oz, 2008 12 weeks Turkey Funding NR Fair	Intermediate Outcomes HbA1c G1: -1.22 (SD NR) P=0.003, G1 vs. baseline G2: -0.8 (SD NR) P=0.019, G2 vs. baseline G3: 0.06 (SD NR) NS, G3 vs. baseline NR, G1/G2 vs. G3	Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes) Other NR
OZ Gul, 2010 12 weeks Turkey Funding NR Fair	HbA1c: mean change at 12 weeks: G1: -1.1 (SD NR) P < 0.001, G1 vs. baseline G2: -1.1 (SD NR) P = 0.003, G2 vs. baseline G3: -0.1 (SD NR) NS, G3 vs. baseline NR, G1/G2 vs. G3	NR

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Active-control studies	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Erdem, 2008 12 weeks Turkey Gulthane School of Medicine Poor	Inclusion: age between 30 and 70 years, body mass index (BMI) less than 35 kg/m2, no other illnesses including liver failure, renal failure, heart failure or other chronic disease as determined by history, physical examination, and screening tests Exclusion: NR	N=53 patients randomized G1: (pioglitazone 15mg/day, titrated up to 45 mg in 15mg increments if mean serum glc >110 mg/dL) n=21 G2: (Metformin, 1000mg/day; up to 2000mg if mean serum glc >110mg/dL) n=23	G1: Age: 54.9 Race: NR Female: 62% G2: Age: 55.1 Race: NR Female: 52%	NR

		Health and Utilization Outcomes Microvascular Disease
Study Characteristics		Macrovascular Disease
Author, Year		Lower Extremity Ulcers
Trial Name (if app.)		All-Cause Mortality
Duration		Quality of Life
Country		Hospitalization
Funding	Intermediate Outcomes	Medical Visits (diabetes)
Quality	HbA1c	Other
• • • • • •		

Active-control studies

ge in HbA1c at 12 weeks: NR 74, calculated
.59, calculated.
baseline: P=0.01
baseline: P=0.02

Study Characteristics Author, Year				
Trial Name (if app.)			Baseline Population	
Duration			Characteristics	
Country		Overall Sample Size	Mean Age, years	
Funding		Interventions	Race/Ethnicity	
Quality	Inclusion and Exclusion Criteria	Group Sizes	% Female	Background Medications
DeFronzo, 2010	Inclusion: age 18 –75 years, BMI	N = 137	Baseline characteristics not	Metformin
20 weeks	25-40 kg/m2, stable body weight for		reported for each arm. For	
USA	at least 6 months prior to screening,	G1: Exenatide 10mcg	entire study population:	
Eli Lilly	A1C 6.8–10.0%, stable dose of	N = 45	Mean age 56 yrs	
Fair	metformin for at least 6 weeks prior		61% white	
	to screening and no treatment with	G2: Exenatide 10mcg	49% female	
	any other antidiabetic medication,	+ Rosiglitazone 4mcg		
	and absence of islet cell	N = 47		
	autoantibodies.			
		G3: Rosglitazone 4mg		
	Exclusion: NR	N = 45		

Health and Utilization Outcomes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality DeFronzo, 2010 20 weeks USA Eli Lilly Fair	Intermediate Outcomes HbA1c Change in HbA1c G1: -0.9 (0.1) G2: -1.3 (0.1) G3: -1.0 (0.1) G1 vs. G2 P = 0.016 G1 vs. G3 P = 0.720	Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes) Other NR
	G3 vs. G2 $P = 0.039$ Change in weight G1: -2.8 (0.5) G2: -1.2 (0.5) G3: +1.5 (0.5) G1 vs. G2 $P = 0.038$ G1 vs. G3 $P < 0.001$ G3 vs. G2 $P < 0.001$	

Auti Tria Dura Cou Fun	dy Characteristics hor, Year Il Name (if app.) ation Intry Iding		Overall Sample Size Interventions	Baseline Population Characteristics Mean Age, years Race/Ethnicity	
APF 18 n Mult	stein, 2010 PROACH nonths tinational xoSmithKline	Inclusion and Exclusion Criteria Inclusion: 30-80y; established T2DM; clinically indicated coronary angiography or percutaneous coronary intervention; ≥ atherosclerotic plaque with 10%- 50% luminal narrowing in a coronary artery that had not undergone intervention and if their DM was treated with either lifestyle approaches alone or with oral agents. Exclusion: ST-segment elevation myocardial infarction in past 30 days; coronary artery bypass graft surgery; severe valvular heart disease; left ventricular efection fraction <40%; any heart failure NY Heart Association class I-IV; systolic blood pressure > 170 mmHG or diastolic blood pressure > 100 mm Hg; serum creatinine ≥ 1.5 mg/dL for men; serum creatinine ≥ 1.4 mg/dL for women; active liver disease	G2: Rosiglitazone (4- 8mg/d) N = 333	% Female G1: Age 60.2, Race NR, Female 34.2% G2: Age 61.8, Race NR, Female 30.0% Age, G1 vs. G2, p = 0.03	Background Medications Metformin max 2550 mg/d and once-daily basal insulin or both if needed to maintain a HbA1c of ≤ 7%

Study Characteristics Author, Year Trial Name (if app.)
Duration
Country
Funding
Quality
Gerstein, 2010
APPROACH
18 months
Multinational
GlaxoSmithKline
Fair

HbA1c

Change in HbA1c

G1: -0.2 SD NR

G2: -0.3 SD NR

Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers **All-Cause Mortality** Quality of Life Hospitalization Intermediate Outcomes Medical Visits (diabetes) Other Composite of all-cause death, nonfatal myocardial infarction, nonfatal stroke, coronary G1 vs. G2, P = 0.44 revascularization, or hospitalization for myocardial ischemia, No. of patients (%): G1: 38 (11.2) G2: 39 (11.7)

G1 vs. G2, P= 0.58 Composite of cardiovascualr death, nonfatal myocardial infarction, or nonfatal stroke, No. of patients (%) G1: 10 (2.9) G2: 14 (4.2) G1 vs. G2, P= 0.31

Cardiovascular Death, No. of patients (%) G1: 3 (0.9) G2: 4 (1.2) G1 vs. G2, P=0.50

Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers **All-Cause Mortality** Quality of Life Hospitalization Medical Visits (diabetes) Other Myocardial Infarction, No. of patients (%) - Nonfatal G1: 6 (1.8) G2: 7 (2.1) G1 vs. G2, P=0.71 Myocardial Infarction, No. of patients (%) - Fatal G1: 1 (0.3) G2: 1 (0.3) G1 vs. G2, P=0.89 Stroke, No. of patients (%) -Nonfatal G1: 1 (0.3) G2: 5 (1.5) G1 vs. G2, P= 0.13

Gerstein, 2010 cont'd

Health and Utilization Outcomes Microvascular Disease **Macrovascular Disease** Lower Extremity Ulcers **All-Cause Mortality** Quality of Life Hospitalization Medical Visits (diabetes) Other Stroke, No. of patients (%) - Fatal G1: 0 (0) G2: 0 (0) G1 vs. G2, P= NR Coronary Revascularization No. of patients (%) -G1: 27 (8.0) G2: 26 (7.8) G1 vs. G2, P= 0.82 All cause mortality: No. of patients (%) G1: 7 (2.1) G2: 8 (2.4) G1 vs. G2, *P*=0.72 Hospitalization for myocardial ischemia, No. of patients (%) G1: 7 (2.1) G2: 11 (3.3)

Congestive heart failure, No. of patients (%) G1: 3 (0.9) G2: 8 (2.4) G1 vs G2 P = 0.14

G1 vs. G2, p = 0.25

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding		Overall Sample Size	Baseline Population Characteristics Mean Age, years Race/Ethnicity	
Quality	Inclusion and Exclusion Criteria	Group Sizes	% Female	Background Medications
Kadoglou, 2010 14 weeks Greece	Inclusion: 50-70 y; T2DM; treated with metformin (850 mg/d) alone for \geq 4 mo; HbA1c > 6.5%; BMI > 25	N = 100 G1: Rosiglitazone(8	G1: Age 62, Race NR, Female 74% G2: Age 62.7, Race NR,	•
European Social Fund and National Resources	kg/m2	mg/d) + Metformin (850 mg/d)	Female 67%	
- PYTHAGORAS II &	Exclusion: Creatinine > 2mg/dL;	N= 50		
Alexander S Onassis Public Benefit	Alanine amino transferase > 3 times higher than the upper normal limit;	analyzed = 49		
Foundation Fair	congestive heart failure (NY Heart Association II-IV); Prior TZD treamtent; >5% change in body weight for up to 4 mo prior study initiation.	G2: Metformin (titration from 850 mg/d - 2550 mg/d) N = 50 analyzed = 48		

Health and Utilization Outcomes

Study Characteristics Author, Year Trial Name (if app.) Duration Country		Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization
Funding	Intermediate Outcomes	Medical Visits (diabetes)
Quality	HbA1c	Other
Kadoglou, 2010	Change in HbA1c	NR
14 weeks	(calculated change from baseline)	
Greece	G1: -0.87 SD NR, P <0.001	
European Social Fund	G2: -0.54 SD NR, <i>P</i> = 0.014	
and National Resources	G1 vs. G2, <i>P</i> =0.291	
- PYTHAGORAS II &		
Alexander S Onassis		
Public Benefit		
Foundation		
Fair		

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Kato, 2009 12 weeks	Inclusion and Exclusion Criteria Inclusion: Recent diagnosis of T2DM associated with metabolic	Overall Sample Size Interventions Group Sizes N = 50	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female G1: Age 51.4, Race NR, Female 52%	Background Medications All patients received diet therapy and exercise
Japan	syndrome; Abdominal ultrasound	G1:Pioglitazone	G2: Age 58.6, Race NR,	therapy.
NR Fair	determining fatty liver; no history of treamtne with oral antihyperglycemic drugs,	(15mg/d) N = 25	Female 44%	Parameters: total energy intake within 1200-1800kcal, fat ration of caloric intake to <
	antihyperlipidemic drugs, or antihypertensive drugs.	G2: Metformin (500 mg/d) N = 25		25-30% and to do \ge 150 min of exercise per wk.
	Exclusion: Diabetic retinopathy, nephropathy, or neuropathy whose condition was unstable or underwent sudden progression; Aspartate aminotransferase or alanin aminotransferase > 1.5 times the upper limit of normal level; serum creatinine > 133 µmol/L; anemia; myocardial infar4ction; angina pectoris; congestive heart failure; history of cerebrovascular			

disease.

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Kato, 2009	Intermediate Outcomes HbA1c Change in HbA1c	Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes) Other NR
12 weeks	5	
Japan NR	Change from baseline [%] G1: -1.05 (<i>P</i> <0.01 within group)	
Fair	G2: -0.83 (<i>P</i> <0.01 within group)	
	P = NS between groups	

Study Characteristics Author, Year Trial Name (if app.) Duration Country		Overall Sample Size	Baseline Population Characteristics Mean Age, years	
Funding		Interventions	Race/Ethnicity	
Quality Papathanassiou, 2009 6 months Greece	Inclusion and Exclusion Criteria Inclusion: T2DM treated only with metformin for 6 months prior to study; HbA1c > 6.5%; normal liver	Group Sizes N=28 G1: (glimepiride	% Female G1: Age: 63.6 Race/Ethnicity: NR Female:	Background Medications Metformin
Funding NR Fair	enzymes and renal function	4mg/day) n=14	78.6%	
	Exclusion: History of coronary artery, cerebrovascular, or peripheral vascular disease; chronic heart failure; liver or renal disease; anemia; thyroid dysfunction; and the new onset of any medications within the previous 8 weeks.	n=14	G2: Age: 62.8 Race/Ethnicity: NR Female: 78.6%	

Study Characteristics Author, Year Trial Name (if app.) Duration Country	
Funding	Intermediate Outcomes
Quality	HbA1c
Papathanassiou, 2009 6 months	G1: -0.56 (SD 0.57)
Greece	G2: -0.60 (SD 0.85)
Funding NR Fair	<i>P</i> =0.398, G1 vs. G2

Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes) Other NR

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Perez, 2009	Inclusion and Exclusion Criteria Inclusion: 18 y; TWDM; baseline	Overall Sample Size Interventions Group Sizes N = 600	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female Overall: Age 54.1, American	Background Medications
24 weeks	HbA1c ≥ 7.5% but ≤ 10.0%;		Indian 32%, Asian 2.2%, Black	
Multinational Takeda Fair	treatment -naïve; BMI ≤ 45 kg/m2; received counseling on lifestyle modification for T2DM including diet and exercise	G1: Pioglitazone (15mg) + Metformin (850mg) bid: N = 201	6.5%, White 89.0%, Multiracial 29.7%, Hispanic/Latino 25.5%, Non-hispanic/non-Latino 20.7% Female 57.7%	
	Exclusion:Type 1 diabetes; NY Heart Association Class II or IV heart failure; history of myocardial infarction, cerebrovascular accident, percutaneous coronary intervention, coronary arter bypass graft, transient ischemic attach within 6 mo; serum creatinine level males ≥ 1.5 mg/dL; serum creatinine level females ≥ 1.4 mg/dL; triglyceride level >500mg/dL; ALT level > 2.5 times upper limit of normal; active liver disease; jaundice; discontinuation from TZD or metformin therapy due to lack of efficacy; clinical or laboratory signs of intolerance of TZD or metformin; pregnant; lactating during the study period.	G2: Pioglitazone (15mg) bid M = 189 G3: Metformin (850mg) bid N = 210	 G1: Age 54.7, American Indian 31.3%, Asian 1.5%, Black 6.0%, White 91.5%, Multiracial 30.3%, Hispanic/Latino 24.4%, Non-hispanic/non-Latino 20.9% Female 55.2% G2: Age 54.0, American Indian 32.8%, Asian 2.6%, Black 6.9%, White 87.3%, Multiracial 29.6%, Hispanic/Latino 25.9%, Non-hispanic/non-Latino 19.0% Female 65.1% G3: Age 53.7, American Indian 31.9%, Asian 2.4%, Black 6.7%, White 88.1%, Multiracial 29.0%, Hispanic/Latino 26.2%, Non-hispanic/non-Latino 21.9% Female 53.3% 	

Evidence Table 4. Key Question 1: Studies of rosiglitazone and pioglitazone

Health and Utilization Outcomes

Study Characteristics		Microvascular Disease Macrovascular Disease
Author, Year		Lower Extremity Ulcers
Trial Name (if app.)		All-Cause Mortality
Duration		Quality of Life
Country		Hospitalization
Funding	Intermediate Outcomes	Medical Visits (diabetes)
Quality	HbA1c	Other
Perez, 2009	% Change in HbA1c	
24 weeks	G1: -1.83% SD NR	Coronary Artery Disease (No. of
Multinational	G2: -0.96% SD NR	patients)
Takeda	G3: -0.99% SD NR	G1: 0
Fair	G1 vs. G2, <i>P</i> < 0.0001	G2: 2
	G1 vs. G3, <i>P</i> < 0.0001	G3: 0
		Myocardial Infarction(No. of
		patients)
		G1: 0
		G2: 1
		G3: 0
		Anterior bundle Branch Block (No.
		of patients)
		G1: 0
		G2: 1
		G3: 0
		Myocardial Ischemia (No. of
		patients)
		G1: 0 G2: 0
		G2: 0 G3: 1
		65. 1

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Petrica, 2009 Poor	Inclusion and Exclusion Criteria data not abstracted because of poor quality rating	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Rigby, 2010 16 weeks Multinational Daiichi Sankyo Fair	Inclusion: Male and female; 18-80; T2DM diagnosis; HbA1c 7.0% - 10.0%; Taking a dose of metformin 1500-2550 mg/d; LDI cholesterol ≥ 60 mg/dL; Triglycerides < 500 mg/dL Exclusion: LDL Cholesterol < 60 mg/dL; BMI > 40kg/m2; History of type 1 DM; Ketoacidosis; Insulin therapy > 2mo; dysphagia; swallowing disorders; intestinal motility disorders; pancreatitis; AIDS/HIV; drug or alcohol abuse w/in 2 yrs; Allergic/toxic response to colesevelam; Current treatment with TZD, colesevelam, or FDCP including metformin; Pulmonary, hepatic, gastrointestinal, uncontrolled endocrine/metabolic, hematologic/oncologic, neruologic, or psychiatric disease; Acute coronary syndrome, coronary intervention, congestive heart failure, transient ischemic attack within 3 mo; hospitalization within 14 days; participation in a weight-loss program or intensive exercise program	N = 169 G1: Rosiglitazone (4mg/d) N = 56 G2: Sitagliptin (100 mg/d) N = 56 G3: Colesevelam (3.75 g/d) N = 57	G1: Age 54.7; White 28.6%, Black 3.6%, Asian 0%, Hispanic 67.9%, Multiple 0%, Other 0%; Female 58.9% G2: Age 54.8; White 23.2%, Black 1.8%, Asian 0%, Hispanic 73.2%, Multiple 0%, Other 1.8%; Female 64.3%	Metformin (1500-2550 mg/d)

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Petrica, 2009 Poor	Intermediate Outcomes HbA1c	Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes) Other
Rigby, 2010 16 weeks Multinational Daiichi Sankyo Fair	Change in HbA1c Least-squares mean change from baseline (95% CI): G1: -0.6% (-0.83 to -0.32), <i>P</i> < 0.001 G2: -0.4% (-0.64 to -0.13), <i>P</i> = 0.009	NR

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Tolman, 4039 Poor Tsuchiya, 2009	Inclusion and Exclusion Criteria data not abstracted because of poor quality rating data not abstracted because of poor	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Poor	quality rating			
Van der Meer, 2009 PIRAMID 24 weeks The Netherlands Eli Lilly, Takeda Good	Inclusion: Men with uncomplicated T2DM; ages 45-65; HbA1c 6.5-8.5; BMI 25 to 32; Blood pressure lower than 150/85 Exclusion: Any clinically significant disorder; particularly any history of cardiovascular or liver disease or diabetes-related complications; any prior use of thiazolidinediones or insulin.	N=78 G1: (pioglitazone 30mg/day) n=39 G2: (metformin 2000mg/day) n=39	G1: Age: 56.8 Race/Ethnicity: NR Female: 0% G2: Age: 56.4 Race/Ethinicity: NR Female: 0%	Glimepiride monotherapy, titrated during the 10-week run- in period
Schernthaner, 2004 Quarter Study 12 months Multinational Funding NR Good	Inclusion: age 35–75 ; T2DM; inadequately treated with diet alone, HbA1c between 7.5% and 11% with stable or worsening glycemic control for at least 3 months Exclusion: prior use of glucose- lowering pharmacotherapy; specific contraindications to either drug		G1: Age: 57 Race: NR Female: 47.4% G2: Age: 56 Race: NR Female: 42.2%	None

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Tolman, 4039 Poor	Intermediate Outcomes HbA1c	Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes) Other
Tsuchiya, 2009 Poor		
Van der Meer, 2009 PIRAMID 24 weeks The Netherlands Eli Lilly, Takeda Good	G1: -0.6 (SD NR) P<0.001, G1 vs. baseline G2: -0.7 (SD NR) P<0.001, G2 vs. baseline	NR
	<i>P</i> =0.146, G1 vs. G2	

Schernthaner, 2004	G1: -1.41 (SD 0.04)	Microvascular disease:
Quarter Study		Albumin:Cr ratio
12 months	G2: -1.50 (SD 0.04)	G1: -19%
Multinational		G2: -1%
Funding NR	90% CI (-0.01, 0.19), difference	<i>P</i> =0.002, G1 vs. G2
Good	between G1 vs. G2	
		All-cause Mortality
		G1: n=3

G2: n=2

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Kusaka, 2008 4 months Japan Funding NR Fair	Inclusion and Exclusion Criteria Inclusion: T2DM; inadequate glucose control Exclusion: cardiovascular disease; apparent liver or kidney disease; severe diabetic complications	Overall Sample Size Interventions Group Sizes N=35 patients randomized G1: (metformin 750mg/day) n=17 G2: (pioglitazone 15- 30mg/day) n=16	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female G1: Age: 60 Race: NR Female: 41.2% G2: Age: 64 Race: NR Female: 43.8%	Background Medications Patients stayed on sulfonylurea if on them (82% and 75%, respectively)
Nissen, 2008 PERISCOPE 18 months Multinational Takeda Pharmaceuticals Fair	Inclusion: age 35-85; HbA1c 6.0-9.0 (if taking glucose-lowering meds) and 6.5-10.0 (if not); one angiographic stenosis at least 20% narrowing; a "target vessel" for ultrasound was required to have less than 50% obstruction throughout a 40mm or longer segment Exclusion: T1DM; 3 or more antidiabetic meds; received any TZD within 12 weeks; serum creatinine > 2.0mg/dL; triglycerides > 500mg/dl; blood pressure > 160/100 despite therapy; active liver disease; left main coronary artery stenosis more than 50%;	N=547 patients randomized G1 (glimepiride titrated): 273 randomized, 181 included in primary analysis G2 (pioglitazone titrated): 274 randomized, 179 included in primary analysis	G1: Age: 59.7 Race: White 80.6%, Black 9.9%, Asian 5.9%, Native American 3.7%; Female: 34.1% G2: Age: 60.0 Race: White 83.3%, Black 11.1%, Asian 4.4%, Native American 1.1% Female: 31.1%	Patients stayed on baseline therapy (unless a TZD or sulfonylurea)

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Kusaka, 2008 4 months Japan Funding NR Fair	Intermediate Outcomes HbA1c HbA1cmean change at 4 months: G1: -1.0 (SD NR) G2: -1.1 (SD NR) P<0.0005, G1&G2 vs. baseline significance NR for G1 vs. G2	Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes) Other NR
Nissen, 2008 PERISCOPE 18 months Multinational Takeda Pharmaceuticals Fair	HbA1c mean change (95% Cl at 18 months): G1: -0.36 (-0.48, -0.24) G2: -0.55 (-0.68, -0.42) P=0.03, G1 vs. G2	All-cause Mortality G1: n=2 G2: n=3

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Marre, 2009 LEAD-1SU 26 weeks Multinational Novo Nordisk Fair	Inclusion and Exclusion Criteria Inclusion: T2DM treated with oral glucose-lowering agents (OGLAs) for \geq 3 months; 18–80 years of age; HbA1c 7.0–11.0% (previous OGLA monotherapy) or 7.0–10.0% (previous OGLA combination therapy); body mass index (BMI) \leq 45.0 kg/m 2. Exclusion: Insulin within 3 months, impaired liver or renal function, uncontrolled hypertension (\geq 180/100 mmHg), cancer or used any drugs apart from OGLAs likely to affect glucose concentrations	Overall Sample Size Interventions Group Sizes N=1041 G1: (liraglutide 0.6 mg) n=233 G2: (liraglutide 1.2 mg) n=228 G3: (liraglutide 1.8 mg) n=234 G4: (placebo) n=114 G5: (rosiglitizone) n=232	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female Age: 56 Race/Ethnicity: NR % Female: G1: 46 G2: 55 G3: 47 G4: 53 G5: 53	Background Medications glimepiride (2-4 mg)
Bao, 2009 48 weeks China Government funding Poor	Inclusion: newly diagnosed T2D; no previous treatment with hypoglycemic agents or lipid drugs, HbA1c > 6.5 during wash out period Exclusion: NR	N=82 patients randomized G1 (repaglinide 1.5- 6mg/day): n=35 G2 (metformin 0.75- 1.5mg/day): n=22 G3: (rosiglitazone 4- 8mg/day): n=25	NR	NR

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Marre, 2009 LEAD-1SU 26 weeks Multinational Novo Nordisk Fair	Intermediate Outcomes HbA1c G1: -0.6% vs. placebo -0.8% (-1.1, -0.6) $P < 0.0001$ G2: -1.1% vs. placebo -1.3% (1.5, -1.1) $P < 0.0001$ G3: -1.1% vs. placebo -1.4% (1.6, -1.1) $P < 0.0001$ G4: +0.2% G5: -0.4% vs. placebo -0.7% (-0.9, -0.4) $P < 0.0001$	
Bao, 2009 48 weeks	HbA1c: mean change at 48 weeks: G1: -2.15 (SD NR)	NR
China Government funding Poor	G2: -1.92 (SD NR)	
	G3: -2.47 (SD NR)	
	<i>P</i> <0.01, G1/G2/G3 vs. baseline	
	NS, G1 vs. G2 vs. G3	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Pop-Busui, 2009 6 months US GlaxoSmithKline, Eli Lilly, Research Foundations Fair	Inclusion and Exclusion Criteria Inclusion: Subjects with T2DM without known coronary artery disease; HbA1c between 6% and 9%; treatment with diet/exercise or sulfonylurea therapy or insulin < 20 U/d; If previously on metformin, 4- wk washout period prior to study. Exclusion: NR	Overall Sample Size Interventions Group Sizes N = 27 G1: (rosiglitazone 8mg/day) n=14 G2: (glyburide 10mg/day) n=13	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female Age: 49.5 Race/Ethnicity: NR Female: 48% NR by individual groups	Background Medications NR
		11-13		

Turkmen Kemal, 2007data not abstracted because of poorPoorquality rating

Health and Utilization Outcomes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding	Intermediate Outcomes	Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes)
Quality	HbA1c	Other
Pop-Busui, 2009 6 months	G1: - 0.5 (SD NR)	NR
US	G2: -0.9 (SD NR)	
GlaxoSmithKline, Eli		
Lilly, Research	NS, G1 vs. G2	
Foundations		
Fair		

Turkmen Kemal, 2007 Poor

Study Characteristics Author, Year Trial Name (if app.) Duration Country		Overall Sample Size	Baseline Population Characteristics Mean Age, years	
Funding Quality von Bibra, 2008 16 weeks (32-week cross-over) Germany Funding NR Fair	Inclusion and Exclusion Criteria Inclusion: T2DM of relative short duration; taking metformin monotherapy; age 35-75; BMI 25- 35; HbA1c 6.5-9%; no major complications of macrovascular disease; normal left ventricular function by 2-dimensional echocardiography; blood pressure normal or <140/90 if treated; cholesterol <250 mg/dL; triglyceride <250mg/dL; no microvascular complications and no albuminuria Exclusion: Atrial fibrillation; ischemic heart disease; severe left ventricular hypertrophy; history or signs of	Interventions Group Sizes N=12 G1: (rosiglitazone 8mg/day) n=12 G2: (glimpiride 3mg/day) n=12	Race/Ethnicity % Female Age: 59 y Race/Ethnicity: NR Female: 33.3%	Background Medications Metformin and other previous medications continued
	heart failure; hepatic, or renal insufficiency			

Health and Utilization Outcomes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality von Bibra, 2008 16 weeks (32-week cross-over) Germany Funding NR Fair	Intermediate Outcomes HbA1c HbA1c: G1: -0.4 (SD NR) P=0.208, G1 vs. baseline G2: -0.2 (SD NR) P=0.196, G2 vs. baseline	Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes) Other
	NR, G1 vs. G2	

Study Characteristics Author, Year				
Trial Name (if app.)			Baseline Population	
Duration			Characteristics	
Country		Overall Sample Size	Mean Age, years	
Funding		Interventions	Race/Ethnicity	
Quality	Inclusion and Exclusion Criteria	Group Sizes	% Female	Background Medications
Iliadis, 2007	Inclusion: recently diagnosed T2DM	48 patients	G1:	none
18 weeks	(<3years); not on any anti-diabetic	randomized, 41	Age: 58.0	
Greece	medication; fasting hyperglycemia	patients included in	Race: NR	
Funding NR	after 1 month of intensive dietary	analysis	Female: NR	
Poor	intervention			
		G1 (diet alone):	G2:	
	Exclusion: renal and liver	n=12	Age: 56.3	
	impairment		Race: NR	
		G2 (diet +	Female: NR	
		rosiglitazone		
		8mg/day): n=14	G3:	
			Age: 57.8	
		G3 (diet + metformin	Race: NR	
		1700mg/day): n=15	Female: NR	

Health and Utilization Outcomes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Intermediate Outcomes HbA1c	Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes) Other
lliadis, 2007 18 weeks	HbA1C mean change at 18 weeks:	
Greece	G1: -0.6 (SD 1.8)	
Funding NR Poor	G2: -1.0 (SD 0.7)	
	G3: -1.7 (SD 1.1)	
	NS, G1 vs. baseline	
	P<0.01, G2 vs. baseline	
	<i>P</i> <0.001, G3 vs. baseline	
	NR, G1 vs. G2 vs. G3	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding		Overall Sample Size	Baseline Population Characteristics Mean Age, years Race/Ethnicity	
Quality	Inclusion and Exclusion Criteria	Group Sizes	% Female	Background Medications
Home, 2009	Inclusion: age between 40-75; BMI	N=4458 randomized	G1a: Age: 57.0; White 98.9%,	all patients stayed on their
RECORD	> 25; being on maximum tolerated		Other 1.1%; Female 46.2%	metformin or sulfonylurea that
7 year study, mean	doses of metformin or a	G1 (addition of	C4b: A === 50 8: White 00 20/	they used as monotherapy
Multinational	sulfonylurea monotherapy	rosiglitazone) n=2,220	G1b: Age: 59.8; White 99.3%, Other 0.7%; Female 51.0%	
GlaxoSmithKline	Exclusion: hospitalizations for a	11-2,220		
Fair	major cardiovascular event in prior 3	G1a (rosiglitazone +	G2a: Age: 57.2; White 98.4%;	
	months; planned cardiovascular	metformin)	Other 1.6%; Female 47.1%	
	intervention; presence, history or treatment for heart failure	n=1,117	G2b: Age: 59.7; White 99.1%;	
		G1b (rosiglitazone +	Other 0.9%; Female 49.4%	
		sulfornylurea)		
		n=1,103		
		00 (
		G2 (metformin + sulfonylurea)		
		n=2,227		
		G2a (background		
		metformin) n=1,105		
		11-1,105		
		G2b (background		
		sulfonylurea)		
		n=1,122		

Health and Utilization Outcomes

		Microvascular Disease
Study Characteristics		Macrovascular Disease
Author, Year		Lower Extremity Ulcers
Trial Name (if app.)		All-Cause Mortality
Duration		Quality of Life
Country		Hospitalization
Funding	Intermediate Outcomes	Medical Visits (diabetes)
Quality	HbA1c	Other
Home, 2009	HbA1c mean change at 5 years:	Cardiovascular death or
RECORD	G1a: -0.28 (SD 0.03)	hospitalization:
7 year study, mean	G2a: 0.01 (SD 0.04)	G1: n=321
follow up time 5.5 years		G2: n=323
Multinational	<i>P</i> <0.0001, G1a vs. G2a	HR = 0.99 (0.85-1.16)
GlaxoSmithKline		
Fair	G1b: -0.44 (SD 0.03)	CV death:
	G2b: -0.18 (0.04)	G1: n=60
		G2: n=71
	<i>P</i> <0.0001, G1b vs. G2b	HR 0.84 (0.59-1.18)
		Myocardial infarction:
		G1: n=64
		G2: n=56
		HR 1.14 (0.80-1.63)
		Stroke:
		G1: n=46
		G2: n=63
		HR: 0.72 (0.49-1.06)
		111(: 0.72 (0.43-1.00)
		All-cause Mortality
		G1: n=136
		G2: n=157
		HR 0.86 (0.68-1.08)

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Kiyici, 2009 12 months Turkey	Inclusion and Exclusion Criteria Inclusion: age 30-65; baseline HbA1c<8; BMI < 40	Overall Sample Size Interventions Group Sizes N=50 randomized G1 (medical nutrition	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female G1: Age: 52.1; Race NR; Female NR	Background Medications none
Funding NR Fair	Exclusion: usage of any medications for T2DM before study; presence of cardiovascular, gastrointestinal,	therapy):	G2: Age: 52.4; Race NR; Female NR	
	hepatic, renal, rhematologic, neoplastic, infectious or other endocrine diseases (except hyperlipidemia), micro or macrovascular complications of	G2 (metformin + medical nutrition therapy): n=16	G3: Age 50.7; Race NR; Female NR	
	diabetes, previous history of substance abuse	G3 (rosiglitazone + medical nutrition therapy): n=19		
Scott, 2008 18 weeks	Inclusion: age 18-75; taking metformin monotherapy	N=273 randomized	G1: Age: 55.3; White 61%, Asian 39%, Other 0%; Female	metformin
Multinational Merck	>1500mg/day for a t least 10 weeks prior to screening; HbA1c 7-11%	G1 (placebo): n=92	41%	
Fair	Exclusion: T1DM; insulin use within 8 weeks of the screening visit;	G2 (sitagliptin 100mg/day): n=94	G2: Age: 55.2; White 61%, Asian 38%, Other 1%; Female 45%	
	contraindications for use of TZDs or metformin; impaired renal function, ALT or AST levels more than 2-fold the upper limit of normal, fasting glucose values >270mg/dl	G3 (rosiglitazone 8mg/day): n=87	G3: Age: 54.8; White 59%, Asian 38%, Other 3%; Female 37%	

Health and Utilization Outcomes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Kiyici, 2009 12 months Turkey Funding NR Fair	Intermediate Outcomes HbA1c HbA1c mean change at 12 months: G1: +0.1 (SD NR) G2: -0.3 (SD NR) G3: -0.7 (SD NR)	Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes) Other NR
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P=0.014, G2/G3 vs. G1

Scott, 2008	HbA1c mean change from baseline NR	
18 weeks	(95% CI):	
Multinational	G1: -0.22 (-0.36, -0.08)	
Merck		
Fair	G2: -0.73 (-0.87, -0.60)	
	G2 vs. G1: -0.51 (-0.70, -0.32)	
	G3: -0.79 (-0.92, -0.65)	

G3 vs. G1: -0.57 (-0.76, -0.37) G3 vs. G2: -0.06 (-0.25, 0.14)

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding		Overall Sample Size	Baseline Population Characteristics Mean Age, years Race/Ethnicity	
Quality	Inclusion and Exclusion Criteria	Group Sizes	% Female	Background Medications
Hamann, 2008 52 weeks	Inclusion: BMI ≥ 25 T2DM; HbA1c 7- 10: received metfromin for at least 8		G1: Age 58.5; 94% white, 6% other: Female 47%	Metformin
Multinational	weeks prior to screening	590 Tanuomizeu	other, remaie 47 /6	
Funding NR	Nooko prior to corconnig	G1: (rosiglitazone	G2: Age 59.3; 95% white, 5%	
Fair	Exclusion: used any oral diabetic drug other than metformin in last 12 weeks; insulin at any time other than pregnancy or emergency; history of metabolic acidosis; edema requiring treatment; anemia; renal or hepatic disease; known congestive heart failure; unstable or severe angina; history of myocardial infarction; angioplasty; coronary artery bypass graft; stroke within 3 months; left ventricular dysfunction within 6 monhts; fasting C-peptide \leq 0.5nmol/L; systolic blood pressure > 170; diastolic > 100	4mg/day + metformin 2g/day) n=294 G2: (sulfonylurea	other; Female 48%	

Evidence Table 4. Key Question 1: Studies of rosiglitazone and pioglitazone

Study Characteristics		Health and Utilization Outcomes Microvascular Disease Macrovascular Disease
Author, Year		Lower Extremity Ulcers
Trial Name (if app.)		All-Cause Mortality
Duration		Quality of Life
Country		Hospitalization
Funding	Intermediate Outcomes	Medical Visits (diabetes)
Quality	HbA1c	Other
Hamann, 2008	HbA1c mean change at 52 weeks:	All-cause Mortality
52 weeks	G1: -0.78 (SD 0.06)	G1: n=2
Multinational	G2: -0.86 (SD 0.06)	G2: n=2
Funding NR		
Fair	treatment difference: 0.09 (-0.08,	
	0.25), NS	

Evidence Table 4. Key Question 1: Studies of rosiglitazone and pioglitazone

Study Characteristics				
Author, Year Trial Name (if app.) Duration			Baseline Population Characteristics	
Country		Overall Sample Size	Mean Age, years	
Funding		Interventions	Race/Ethnicity	
Quality	Inclusion and Exclusion Criteria	Group Sizes	% Female	Background Medications
Nauck, 2009	Inclusion: age 18-80; T2DM treated	•	G1: Age 55.6; White 68.3%,	In LEAD-1 (Arms 1-3),
LEAD-1 / LEAD-2 26 weeks	with monotherapy and had HbA1c between 7-11% on oral antidiabetic	other RCTs	Black 3.2%, Asian 28.6%, Other 0%; Female 47.6%	background glimepiride
Multinational	monotherapy for 3 months or	G1 (liglutinide 1.8mg +		In LEAD-2 (Arms 4-6),
Funding NR Fair	between 7 - 10% on combination oral antidiabetic therapy for 3	glimepiride): n=63	G2: Age 55.8; White 75.7%, Black 0%, Asian 24.3%, Other	background metformin
(subset of LEAD1 and LEAD2 studies)	months.	G2 (placebo + glimepiride): n=37	0%; Female 45.9%	
	Exclusion: patients on combination		G3: Age: 57.1; White 68.5%,	
	therapy (although these were in	G3 (rosiglitazone +	Black 2.7%, Asian 27.7%,	
	original trial); insulin use within 3 months; impaired liver or renal	glimepiride): n=73	Other 1.4%; Female 53.4%	
	function; blood pressure \geq 180/100;	G4 (liraglutide 1.8mg	G4: Age 55.3; White 86.7,	
	cancer; use of drugs besides antidiabetic drugs likely to affect	+ metformin): n=83	Black 4.8%, Asian 8.4%, Other 0%; Female 44.6%	
	glucose	G5 (placebo +		
		metformin): n=41	G5: Age 54.2; White 82.9%, Black 4.9%, Asian 12.2%,	
		G6 (glimepiride + metformin): n=89	Other 0%; Female 41.5%	
			G6: Age 56.4; White 87.6%,	
			Black 2.2%, Asian 10.1%,	
			Other 0%; Female 39.3%	

Evidence Table 4. Key Question 1: Studies of rosiglitazone and pioglitazone

Health and Utilization Outcomes

Study Characteristics Author, Year Trial Name (if app.)		Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality
Duration		Quality of Life
Country		Hospitalization
Funding	Intermediate Outcomes	Medical Visits (diabetes)
Quality	HbA1c	Other
Nauck, 2009	mean change at 26 weeks:	NR
LEAD-1 / LEAD-2	G1: -1.4 (SD NR)	
26 weeks	G2: -0.3 (SD NR)	
Multinational Funding NR	G3: -0.8 (SD NR)	
Fair	<i>P</i> <0.0001, G1 vs. G2	
(subset of LEAD1 and LEAD2 studies)	<i>P</i> <0.0001, G1 vs. G3	
	G4: -1.3 (SD NR)	
	G5: -0.4 (SD NR)	
	G6: -1.2 (SD NR)	
	<i>P</i> <0.0001, G4 vs. G5	
	Non-inferior, G4 vs. G6	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Active-control studies	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Derosa, 2009 The 60's study 12 months Italy Funding NR Fair	Inclusion: >18yrs, T2DM, treatment naïve, HbA1c> 6.5, BMI 25-30 Exclusion: ketoacidosis; unstable or rapidly progressive retinopathy, nephropathy or neuropathy; impared liver function; impaired kidney function; anemia; New York Heart Association class I-IV congestive heart failure, history of myocardial infarction or stroke; cerebrovascular conditions within 6 months; women who were pregnant or childbearing potential not taking adequate contraceptive precautions	N=271 randomized G1 (pioglitazone 15mg/day): n=69 G2 (metformin 1000mg/day): n=67 G3 (pioglitazone 15mg/day) + metformin 850mg/day): n=69 G4 (glimepiride 2mg/day + metformin 850mg/day): n=66	G1: Age: 54; White 100%; Female 53.6% G2: Age: 55; White 100%; Female 49.3% G3: Age: 57; White 100%; Female 50.7% G4: Age: 57.7; White 100%; Female 51.5%	NR
McCluskey, 2004 20 weeks US Funding NR Fair	Inclusion: T2DM \geq 1 year; age 18-80; managed on rosiglitazone 4 or 8mg for at least 2 months; HbA1c 7.5-9.5; BMI 26-42; fasting C-peptide \geq 0.27 nmol/L; fasing plasma glucose 126-235 mg/dl Exclusion: require insulin therapy; receiving other sulfonylureas; history of sulfonylurea hypersensitivity; rosiglitazone dose increased within 2 months; body weight increases >2% (for patients weighing \leq 250 lbs. or >3% (for patients weighing \geq 250 lbs.) during the stabilization period; clinically abnormal baseline values	G1 (Glimeperide 8mg/day + rosiglitazone 4 or 8mg/day): n=25 G2 (placebo + rosiglitazone 4 or 8mg/day): n=15	G1: Age: 60.2; White 96%, Other 4%; Female 56% G2: Age: 50.8; White 80%, Other 20%; Female 60%	NR

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Active-control studies	Intermediate Outcomes HbA1c	Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes) Other
Active-control studies		
Derosa, 2009 The 60's study 12 months Italy Funding NR Fair	HbA1c mean change at 15 months: G1: -1.0 (SD NR) G2: -1.2 (SD NR) G3: -2.1 (SD NR) G4: -1.2 (SD NR) P < 0.01, all groups vs. baseline ($P < 0.001$ for G3) P < 0.05, G3 vs. G2 P < 0.01, G3 vs. G1	NR
McCluskey, 2004 20 weeks US Funding NR Fair	mean change at 20 weeks: G1: -1.2 (SD 0.1) G2: -0.3 (SD 0.2) <i>P</i> <0.001, G1 vs. G2	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Stewart, 2006 32 weeks	Inclusion: 18-70 years old; T2DM; drug naïve subjects with fasting plasma glucose 7-9 mmol/l	N=526 patients randomized, 509 in ITT	G1: Age 58.9; White 98%, Asian 1%, Hispanic <1%, African	None
Multinational	and HbA1c 7.0-9.0 mmol/l or treated with	population	American 0%, Native	
GlaxoSmithKline	monotherapy with fasting plasma glucose 6-	C1 (registite zone titrated	Hawaiian/other Pacific Islander	
Fair	8mmol/l and HbA1c 6.5-8.0. Prior to visit 2 all subjects must have had fasting plasma glucose	G1 (rosiglitazone titrated up to 8mg day/ metformin	0%; Female 45%	
	7.0-9.0 mmol/l	titrated to 2000mg day): n=254	G2: Age: 59.0; White 99%, Asian <1%, Hispanic <1%,	
	Exclusion: prior exposure to TZDs within 6	G2 (Metformin titrated up	African American <1%, Native	
	months; use of insulin; unstable or severe angina; coronary insufficiency; New York Heart Association class I-IV congestive heart failure; blood pressure > 170/100 while on anti- hypertensive treatment	to 3000mg): n=272	Hawaiian/other Pacific Islander <1%; Female 44%	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Intermediate Outcomes HbA1c	Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes) Other
Stewart, 2006	change at 32 weeks:	Macrovascular disease
32 weeks	G1: -0.51% (SD NR)	Myocardial Infarction:
Multinational	G2: -0.38% (SD NR)	G1: 1
GlaxoSmithKline		G2: 0
Fair	<i>P</i> =0.0357, G1 vs. G2	P=NR
		Angina Pectoris
		G1: 2
		G2: 0
		P=NR
		Myocardial ischaemia:
		G1: 1
		G2: 0
		P=NR

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Weissman, 2005 EMPIRE	Inclusion: age 18-75; T2DM; HbA1c 6.5-8.5 for	N=766 randomized, 709 in	G1: Age: 55.5 Race/Female: NR	NR
24 weeks	subjects with prior treatment, 7-10 for drug naïve subjects; fasting plasma glucose 7.0-	ITT population	Race/remaie. NR	
US	15.0mmol/l; BMI ≥ 27; previous therapy could	G1 (rosiglitazone titrated to	0	
GlaxoSmithKline Fair	include diet, exercise or oral therapy (acarbose, sulfonylurea, metformin or metformin +	8mg/day + metformin 1000mg/day): n=358 ITT	Race/Female: NR	
	sulfonylurea); metformin dose must have been	1000mg/day). 11=000 11 1		
	\leq 1000mg/day for at least 3 months prior to	G2 (metformin titrated to		
	study; subjects must have stopped TZD at least 3 months prior to screening	2000mg/day): n=351111		
	Exclusion: uncontrolled hypertension;			
	congestive heart failure requiring treatment; severe angina; anemia or severe edema			
	associated with TZDs; active or chronic			
	metabolic acidosis; clinically significant renal or hepatic disease; prior insulin use within 3			
	months; subjects non-compliant with metformin			
	up-titration			

		Health and Utilization Outcomes Microvascular Disease
Study Characteristics		Macrovascular Disease
Author, Year		Lower Extremity Ulcers
Trial Name (if app.)		All-Cause Mortality
Duration		Quality of Life
Country		Hospitalization
Funding	Intermediate Outcomes	Medical Visits (diabetes)
Quality	HbA1c	Other
Weissman, 2005	mean change from baseline (95%	Macrovascular disease
EMPIRE	CI):	Myocardial Infarction (withdrew):
24 weeks	G1: -0.93 (-1.06, -0.80)	G1: 2
US	G2: -0.71 (-0.83, -0.60)	G2: 0
GlaxoSmithKline	non-inferior, G1 vs. G2	
Fair		Coronary artery disease (withdrew):
		G1: 0
		G2: 1
		Cardiac Ischemia:
		G1: 5 (1.3%)
		G2: 3(0.8%)

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Goldstein, 2006	Inclusion: Age 18-75; HbA1c of 6.5-8.5% for	N=122	Age:	NR
EMPIRE	subjects having received prior combination	11-122	G1 = 54.6	
24 weeks US	treatment and 7-10% for drug-naive or monotherapy subjects; fasting plasma glucose	G1: (rosiglitazone 4mg/day up-titrated to 8mg/day at		
GlaxoSmithKline	126-270mg/dL; BMI >=27kg/m2; previous	week 8 + metformin	Race (%):	
Fair	treatment with either diet & exercise or with oral	1,000mg day) n=71	Caucasian:	
	therapy with metformin (<=1,000mg/day for at		G1 = 71.8	
	least 3 months prior to study), either as monotherapy or in combination with a	G2: (metformin 1,500mg/day up-titrated to	G2 = 66.7	
	sulfonylurea.	2,000mg/day at week 8)	Black:	
		n=51	G1 = 7.0	
	Exclusion: Uncontrolled hypertension; congestive heart failure requiring treatment,		G2 = 5.9	
	severe angina, clinically significant renal or		Hispanic:	
	hepatic disease; active or chronic metabolic		G1 = 16.9	
	acidosis; receipt of insulin or TZD in 3 months prior to study; history of anemia or severe		G2 = 25.5	
	edema associatyed with TZD therapy; non-		Other:	
	compliance with metformin during run-in period.		G1 = 4.2	
			G2 = 2.0	
			% Female:	
			G1 = 49.3	
			G2 = 35.3	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding	Intermediate Outcomes	Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes)
Quality	HbA1c	Other
Goldstein, 2006 EMPIRE	At 24 weeks:	
24 weeks	G1 = -0.61% (1.16)	
US	G2 = -0.65% (1.18)	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Bergenstal, 2009 Novo-Log Mix vs Exenatide Study Group 24 weeks United States Novo Nordisk Poor	Randomization adequate? Yes, No, NR	Allocation concealment adequate? Yes, No, NR	Groups similar at baseline? Yes, No, NR Yes	Outcome assessors masked? Yes, No, NR	Care provider masked? Yes, No, NR No	Patient masked? Yes, No, NR No	Run-in/Washout? Yes, No, NR No
Brodows, 2008 Duration NR Eli Lilly and Amylin Pharmaceuticals Poor	NR	No	Yes	No	No	No	NR
Buse, 2009 LEAD-6 26 weeks Mulitnational Novo Nordisk Fair	Yes	Yes	Yes	No	No	No	Yes
Feinglos, 2005 12 weeks US Novo Nordisk Poor	NR	NR	Yes	NR	NR	Yes	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Bergenstal, 2009 Novo-Log Mix vs Exenatide Study Group 24 weeks United States Novo Nordisk Poor	Overall attrition high (>20%)? Yes, No, NR Yes	Loss to follow-up differential high (>15%)? Yes, No, NR	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT	Post- randomization exclusions? Yes, No, NR
Brodows, 2008 Duration NR Eli Lilly and Amylin Pharmaceuticals Poor	Yes	No	Yes	No	Yes
Buse, 2009 LEAD-6 26 weeks Mulitnational Novo Nordisk Fair	No	No	Yes	Yes	No
Feinglos, 2005 12 weeks US Novo Nordisk Poor	No	Yes	Yes	No	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Gao, 2009 16 weeks Multiple, Asia Amylin Pharmaceuticals and Eli Lilly Good	Randomization adequate? Yes, No, NR Yes	Allocation concealment adequate? Yes, No, NR	Groups similar at baseline? Yes, No, NR Yes	Outcome assessors masked? Yes, No, NR	Care provider masked? Yes, No, NR Yes	Patient masked? Yes, No, NR Yes	Run-in/Washout? Yes, No, NR Yes
Garber, 2009 LEAD-3 MoNo 52 weeks US and Mexico Novo Nordisk Fair	Yes	NR	Yes	NR	NR	Yes	Yes
Kadowaki, 2009 12 weeks Japan Amylin Pharmaceuticals and Eli Lilly Fair	Yes	Yes	Yes	NR	Yes	Yes	Yes
Madsbad, 2004 12 weeks Scandanavia and the UK Novo Nordisk Fair	NR	NR	Yes	NR	NR	Yes	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Gao, 2009 16 weeks Multiple, Asia Amylin Pharmaceuticals and Eli Lilly Good	Overall attrition high (>20%)? Yes, No, NR No	Loss to follow-up differential high (>15%)? Yes, No, NR	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT	Post- randomization exclusions? Yes, No, NR
Garber, 2009 LEAD-3 MoNo 52 weeks US and Mexico Novo Nordisk Fair	Yes	No	Yes	Yes	NR
Kadowaki, 2009 12 weeks Japan Amylin Pharmaceuticals and Eli Lilly Fair	No	No	Yes	No	Yes
Madsbad, 2004 12 weeks Scandanavia and the UK Novo Nordisk Fair	No	Yes	Yes	Modified ITT	No

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Moretto, 2008 24 weeks United States, Puerto Rico, Romania, Russia, and India Amylin Pharamceuticals and Eli Lilly and Company	Randomization adequate? Yes, No, NR	Allocation concealment adequate? Yes, No, NR	Groups similar at baseline? Yes, No, NR Yes	Outcome assessors masked? Yes, No, NR	Care provider masked? Yes, No, NR	Patient masked? Yes, No, NR Yes	Run-in/Washout? Yes, No, NR
Good Nauck, 2009 LEAD-2 26 weeks Multinational Novo Nordisk Fair	Yes	NR	Yes	NR	NR	Yes	Yes
Russel-Jones, 2009 LEAD-5 26 weeks Multinational Novo Nordisk Good	Yes	Yes	Yes	Yes	Yes	Yes	Yes
SeiNo, 2008 14 weeks Japan Novo Nordisk Good	Yes	Yes	Yes	Yes	NR	Yes	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Moretto, 2008	Overall attrition high (>20%)? Yes, No, NR	Loss to follow-up differential high (>15%)? Yes, No, NR	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT	Post- randomization exclusions? Yes, No, NR
24 weeks United States, Puerto Rico, Romania, Russia, and India Amylin Pharamceuticals and Eli Lilly and Company Good	No	No	Yes	Modified ITT	Yes
Nauck, 2009 LEAD-2 26 weeks Multinational Novo Nordisk Fair	No	Yes	Yes	Modified ITT	No
Russel-Jones, 2009 LEAD-5 26 weeks Multinational Novo Nordisk Good	No	No	Yes	Yes	NR
SeiNo, 2008 14 weeks Japan Novo Nordisk Good	No	No	Yes	Modified ITT	No

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Vilsboll, 2007 14 weeks Denmark, France, the Netherlands, Slovakia Novo Nordisk Fair	Randomization adequate? Yes, No, NR NR	Allocation concealment adequate? Yes, No, NR	Groups similar at baseline? Yes, No, NR Yes	Outcome assessors masked? Yes, No, NR	Care provider masked? Yes, No, NR	Patient masked? Yes, No, NR Yes	Run-in/Washout? Yes, No, NR Yes
Vilsboll, 2008 14 weeks Denmark, France, the Netherlands, Slovakia Novo Nordisk Poor	NR	NR	No	NR	Yes	Yes	Yes
Zinman, 2009 LEAD-4 26 weeks US and Canada Novo Nordisk Fair	Yes	NR	Yes	Yes	NR	Yes	Yes
Riddle, 2009 24 weeks US Amylin Pharmaceuticals Fair	Yes	Yes	Yes	No	No	No	No

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Vilsboll, 2007 14 weeks	Overall attrition high (>20%)? Yes, No, NR	Loss to follow-up differential high (>15%)? Yes, No, NR	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT	Post- randomization exclusions? Yes, No, NR
Denmark, France, the Netherlands, Slovakia Novo Nordisk Fair	No	No	Yes	Modified ITT	Yes
Vilsboll, 2008 14 weeks Denmark, France, the Netherlands, Slovakia Novo Nordisk Poor	Yes	No	Yes	No	Yes
Zinman, 2009 LEAD-4 26 weeks US and Canada Novo Nordisk Fair	Yes	Yes	Yes	Modified ITT	Yes
Riddle, 2009 24 weeks US Amylin Pharmaceuticals Fair	No	No	Yes	Modified ITT	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Chacra, 2009 CV181-040 24 weeks Multinational Bristol-Myers Squibb and AstraZeneca Fair	Randomization adequate? Yes, No, NR	Allocation concealment adequate? Yes, No, NR	Groups similar at baseline? Yes, No, NR Yes	Outcome assessors masked? Yes, No, NR	Care provider masked? Yes, No, NR	Patient masked? Yes, No, NR Yes	Run-in/Washout? Yes, No, NR Yes
Rosenstock, 2009 CV181-011 Study 24 weeks US Bristol-Myers Squibb and Astra Zeneca Fair	NR	NR	Yes	Yes	Yes	Yes	Yes
Rosenstock, 2008 12 weeks Multinational Bristol-Myers Squibb Fair	NR	NR	Yes	NR	Yes	Yes	Yes
DeFronzo, 2009 Saxagliptin CV181- 014 Study 24 weeks Multinational Bristol-Myers Squibb & AstraZeneca Fair	Yes	NR	Yes	NR	Yes	Yes	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Chacra, 2009 CV181-040 24 weeks Multinational Bristol-Myers Squibb and AstraZeneca Fair	Overall attrition high (>20%)? Yes, No, NR Yes	Loss to follow-up differential high (>15%)? Yes, No, NR	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT	Post- randomization exclusions? Yes, No, NR
Rosenstock, 2009 CV181-011 Study 24 weeks US Bristol-Myers Squibb and Astra Zeneca Fair	Yes	No	Yes	Modified ITT	Yes
Rosenstock, 2008 12 weeks Multinational Bristol-Myers Squibb Fair	No	No	Yes	Modified ITT	Yes
DeFronzo, 2009 Saxagliptin CV181- 014 Study 24 weeks Multinational Bristol-Myers Squibb & AstraZeneca Fair	Yes	Yes	Yes	Modified ITT	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Hollander, 2009 CV181-013 24 weeks US Bristol-Meyers Squibb and AstraZeneca Fair	Randomization adequate? Yes, No, NR Yes	Allocation concealment adequate? Yes, No, NR	Groups similar at baseline? Yes, No, NR Yes	Outcome assessors masked? Yes, No, NR	Care provider masked? Yes, No, NR Yes	Patient masked? Yes, No, NR Yes	Run-in/Washout? Yes, No, NR Yes
Williams-Herman, 2009 54 weeks Williams-Herman, 2010 104 weeks Multinational Merck Fair	NR	Yes	Yes	Yes	Yes	Yes	Yes
Chan, 2008 54 weeks Multinational Merck Fair	Yes	NR	Yes	Yes	Yes	Yes	Yes
Hanefeld, 2007 Sitagliptin Study 014 12 weeks Multinational Fair	Yes	NR	Yes	Yes	Yes	Yes	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Hollander, 2009 CV181-013 24 weeks US Bristol-Meyers Squibb and AstraZeneca Fair	Overall attrition high (>20%)? Yes, No, NR Yes	Loss to follow-up differential high (>15%)? Yes, No, NR	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT	Post- randomization exclusions? Yes, No, NR
Williams-Herman, 2009 54 weeks Williams-Herman, 2010 104 weeks Multinational Merck Fair	Yes	Yes	Yes	Modified ITT	No
Chan, 2008 54 weeks Multinational Merck Fair	Yes	No	Yes	Modified ITT	Yes
Hanefeld, 2007 Sitagliptin Study 014 12 weeks Multinational Fair	No	Yes	Yes	Modified ITT	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Nonaka, 2008 12 weeks Japan Banyu Pharmaceuticals (Merck) Good	Randomization adequate? Yes, No, NR NR	Allocation concealment adequate? Yes, No, NR	Groups similar at baseline? Yes, No, NR NR	Outcome assessors masked? Yes, No, NR	Care provider masked? Yes, No, NR Yes	Patient masked? Yes, No, NR Yes	Run-in/Washout? Yes, No, NR No
Mohan, 2009 18 weeks China, India, Korea Merck Good	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Raz, 2008 30 weeks Multinational Merck Fair	Yes	No	Yes	Yes	Yes	Yes	No
Chogtu, 2009 12 weeks India Funding NR Poor	Yes	Yes	NR	NR	No	No	No
Berneis, 2008 12 weeks Switzerland Government funding Poor	NR	NR	Yes	NR	NR	NR	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Nonaka, 2008 12 weeks Japan Banyu Pharmaceuticals (Merck)	Overall attrition high (>20%)? Yes, No, NR No	Loss to follow-up differential high (>15%)? Yes, No, NR	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT	Post- randomization exclusions? Yes, No, NR
Good Mohan, 2009 18 weeks China, India, Korea Merck Good	No	Yes	Modified ITT	No	
Raz, 2008 30 weeks Multinational Merck Fair	No	Yes	No	Yes	
Chogtu, 2009 12 weeks India Funding NR Poor	No	NR	Yes	No	Yes
Berneis, 2008 12 weeks Switzerland Government funding Poor	No	No	Yes	NR	No

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Beysen, 2008 20 weeks US Funding NR Fair	Randomization adequate? Yes, No, NR NR	Allocation concealment adequate? Yes, No, NR	Groups similar at baseline? Yes, No, NR Yes	Outcome assessors masked? Yes, No, NR	Care provider masked? Yes, No, NR No	Patient masked? Yes, No, NR No	Run-in/Washout? Yes, No, NR No
Vijay, 2009 16 weeks India UGC, India Fair	Yes	NR	Yes	NR	NR	NR	No
Oz, 2008 12 weeks Turkey Funding NR Fair	NR	NR	Yes	NR	NR	NR	No
OZ Gul, 2010 12 weeks Turkey Funding NR Fair	NR	NR	Yes	NR	NR	NR	No
Erdem, 2008 12 weeks Turkey Gulthane School of Medicine Poor	NR	NR	Yes	NR	NR	NR	No

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Beysen, 2008 20 weeks US Funding NR	Overall attrition high (>20%)? Yes, No, NR	Loss to follow-up differential high (>15%)? Yes, No, NR	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT	Post- randomization exclusions? Yes, No, NR
Fair Vijay, 2009 16 weeks India UGC, India	NR	NR	Yes	NR	NR
Fair Oz, 2008 12 weeks Turkey Funding NR Fair	Yes	No	Yes	NR	No
OZ Gul, 2010 12 weeks Turkey Funding NR Fair	Yes	No	Yes	NR	No
Erdem, 2008 12 weeks Turkey Gulthane School of Medicine Poor	No	No	Yes	NR	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Papathanassiou, 2009 6 months Greece Funding NR Fair	Randomization adequate? Yes, No, NR Yes	Allocation concealment adequate? Yes, No, NR	Groups similar at baseline? Yes, No, NR Yes	Outcome assessors masked? Yes, No, NR	Care provider masked? Yes, No, NR No	Patient masked? Yes, No, NR No	Run-in/Washout? Yes, No, NR No
Tolman, 4039 Poor	Yes	Yes	Yes	Yes	Yes	Yes	No
Tsuchiya, 2009 Poor	NR	No	Yes	NR	NR	NR	No
Van der Meer, 2009 PIRAMID 24 weeks The Netherlands Eli Lilly, Takeda Good	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Schernthaner, 2004 Quarter Study 12 months Multinational Funding NR Good	Yes	Yes	Yes	Yes	NR	Yes	No
Kusaka, 2008 4 months Japan Funding NR Fair	NR	NR	Yes	No	No	No	No

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Papathanassiou, 2009 6 months Greece Funding NR Fair	Overall attrition high (>20%)? Yes, No, NR No	Loss to follow-up differential high (>15%)? Yes, No, NR	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT NR	Post- randomization exclusions? Yes, No, NR
Tolman, 4039 Poor	Yes	No	Yes	Modified ITT	No
Tsuchiya, 2009 Poor	No	No	Yes	NR	No
Van der Meer, 2009 PIRAMID 24 weeks The Netherlands Eli Lilly, Takeda Good	No	No	Yes	NR	No
Schernthaner, 2004 Quarter Study 12 months Multinational Funding NR Good	No	No	Yes	Modified ITT	Yes
Kusaka, 2008 4 months Japan Funding NR Fair	No	No	Yes	No	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Nissen, 2008 PERISCOPE 18 months Multinational Takeda Pharmaceuticals Fair	Randomization adequate? Yes, No, NR Yes	Allocation concealment adequate? Yes, No, NR	Groups similar at baseline? Yes, No, NR Yes	Outcome assessors masked? Yes, No, NR	Care provider masked? Yes, No, NR Yes	Patient masked? Yes, No, NR Yes	Run-in/Washout? Yes, No, NR No
Marre, 2003 LEAD-1SU 26 weeks Multinational Novo Nordisk Fair	NR	NR	Yes	NR	NR	Yes	Yes
Bao, 2009 48 weeks China Government funding Poor	NR	NR	NR	NR	NR	NR	Yes
Pop-Busui, 2009 6 months US GlaxoSmithKline, Eli Lilly, Research Foundations Fair	NR	NR	No	NR	NR	NR	Yes
Turkmen Kemal, 2007 Poor	NR	NR	Yes	NR	NR	NR	No

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Nissen, 2008 PERISCOPE 18 months	Overall attrition high (>20%)? Yes, No, NR	Loss to follow-up differential high (>15%)? Yes, No, NR	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT	Post- randomization exclusions? Yes, No, NR
Multinational Takeda Pharmaceuticals Fair	Yes	No	Yes	No	Yes
Marre, 2003 LEAD-1SU 26 weeks Multinational Novo Nordisk Fair	No	No	Yes	Yes	Yes
Bao, 2009 48 weeks China Government funding Poor	No	No	Yes	NR	NR
Pop-Busui, 2009 6 months US GlaxoSmithKline, Eli Lilly, Research Foundations Fair	No	No	Yes	NR	NR
Turkmen Kemal, 2007 Poor	No	No	Yes	NR	No

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality von Bibra, 2008 16 weeks (32-week cross-over) Germany Funding NR Fair	Randomization adequate? Yes, No, NR NR	Allocation concealment adequate? Yes, No, NR	Groups similar at baseline? Yes, No, NR Yes	Outcome assessors masked? Yes, No, NR	Care provider masked? Yes, No, NR NR	Patient masked? Yes, No, NR NR	Run-in/Washout? Yes, No, NR Yes
lliadis, 2007 18 weeks Greece Funding NR Poor	NR	NR	No	NR	NR	NR	Yes
Home, 2009 RECORD 7 year study, mean follow up time 5.5 years Multinational GlaxoSmithKline Fair	Yes	Yes	Yes	No	No	No	No
Kiyici, 2009 12 months Turkey Funding NR Fair	NR	NR	Yes	No	No	No	No

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality von Bibra, 2008 16 weeks (32-week cross-over) Germany Funding NR Fair	Overall attrition high (>20%)? Yes, No, NR No	Loss to follow-up differential high (>15%)? Yes, No, NR	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT	Post- randomization exclusions? Yes, No, NR
Iliadis, 2007 18 weeks Greece Funding NR Poor	No	No	Yes	No	Yes
Home, 2009 RECORD 7 year study, mean follow up time 5.5 years Multinational GlaxoSmithKline Fair	No	No	Yes	Modified ITT	Yes
Kiyici, 2009 12 months Turkey Funding NR Fair	No	No	Yes	NR	No

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Scott, 2008 18 weeks Multinational Merck Fair	Randomization adequate? Yes, No, NR NR	Allocation concealment adequate? Yes, No, NR	Groups similar at baseline? Yes, No, NR Yes	Outcome assessors masked? Yes, No, NR	Care provider masked? Yes, No, NR Yes	Patient masked? Yes, No, NR Yes	Run-in/Washout? Yes, No, NR Yes
Hamann, 2008 52 weeks Multinational Funding NR Fair	Yes	Yes	Yes	NR	Yes	Yes	Yes
Nauck, 2009 LEAD-1 / LEAD-2 26 weeks Multinational Funding NR	NR	NR	Yes	Yes	Yes	Yes	Yes
Derosa, 2009 The 60's study 15 months Italy Funding NR Fair	Yes	NR	Yes	Yes	Yes	Yes	No
McCluskey, 2004 20 weeks US Funding NR Fair	No	NR	No	NR	NR	Yes	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Scott, 2008 18 weeks Multinational Merck Fair	Overall attrition high (>20%)? Yes, No, NR No	Loss to follow-up differential high (>15%)? Yes, No, NR	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT Modified ITT	Post- randomization exclusions? Yes, No, NR Yes
Hamann, 2008 52 weeks Multinational Funding NR Fair	Yes	No	Yes	Modified ITT	Yes
Nauck, 2009 LEAD-1 / LEAD-2 26 weeks Multinational Funding NR	NR	NR	Yes	Modified ITT	NR
Derosa, 2009 The 60's study 15 months Italy Funding NR Fair	No	NR	Yes	Modified ITT	No
McCluskey, 2004 20 weeks US Funding NR Fair	No	No	Yes	Yes	No

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Stewart, 2006 32 weeks Multinational GlaxoSmithKline Fair	Randomization adequate? Yes, No, NR NR	Allocation concealment adequate? Yes, No, NR	Groups similar at baseline? Yes, No, NR Yes	Outcome assessors masked? Yes, No, NR	Care provider masked? Yes, No, NR Yes	Patient masked? Yes, No, NR Yes	Run-in/Washout? Yes, No, NR Yes
Weissman, 2005 EMPIRE 24 weeks US GlaxoSmithKline Fair	NR	NR	NR	NR	Yes	Yes	Yes
Goldstein, 2006 EMPIRE 24 weeks US GlaxoSmithKline Fair	NR	NR	No	NR	Yes	Yes	Yes
Seck, 2010 104 weeks Multinational Merck Fair Extension of Nauck, 2007 (from previous report)	Yes	Yes	Yes	Yes	NR	Yes	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Stewart, 2006 32 weeks Multinational GlaxoSmithKline Fair	Overall attrition high (>20%)? Yes, No, NR Yes	Loss to follow-up differential high (>15%)? Yes, No, NR	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT	Post- randomization exclusions? Yes, No, NR Yes
Weissman, 2005 EMPIRE 24 weeks US GlaxoSmithKline Fair	Yes	No	Yes	Modified ITT	Yes
Goldstein, 2006 EMPIRE 24 weeks US GlaxoSmithKline Fair	No	No	Yes	Yes	Yes
Seck, 2010 104 weeks Multinational Merck Fair Extension of Nauck, 2007 (from previous report)	Yes	No	Yes	No	No

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Aschner, 2010 24 weeks Multinational Merck Fair Vilsboll, 2010 24 weeks Multinational Merck Fair	Randomization adequate? Yes, No, NR Yes	Allocation concealment adequate? Yes, No, NR Yes	Groups similar at baseline? Yes, No, NR Yes	Outcome assessors masked? Yes, No, NR Yes	Care provider masked? Yes, No, NR NR	Patient masked? Yes, No, NR Yes	Run-in/Washout? Yes, No, NR Yes
Dersoa, 2010 52 weeks Italy University of Pavia Fair	NR	NR	Yes	NR	NR	NR	No
Gill, 2010 12 weeks Multinational Eli Lilly Fair	NR	NR	Yes	NR	NR	NR	Yes
Pratley, 2010 26 weeks Multinational Novo Nordisk Fair	Yes	Yes	Yes	Yes	No	No	NR
Apovian, 2010 24 weeks US Eli Lilly Fair	Yes	Yes	Yes	NR	NR	NR	No

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Aschner, 2010 24 weeks Multinational Merck Fair Vilsboll, 2010 24 weeks Multinational Merck Fair	Overall attrition high (>20%)? Yes, No, NR No	Loss to follow-up differential high (>15%)? Yes, No, NR No	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed Yes	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT No	Post- randomization exclusions? Yes, No, NR Yes
Dersoa, 2010 52 weeks Italy University of Pavia Fair	No	No	Mixed	No	Yes
Gill, 2010 12 weeks Multinational Eli Lilly Fair	No	No	Yes	Yes	No
Pratley, 2010 26 weeks Multinational Novo Nordisk Fair	No	No	Yes	Yes	Yes
Apovian, 2010 24 weeks US Eli Lilly Fair	Yes	No	Yes	Modified ITT	No

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Randomization adequate? Yes, No, NR	Allocation concealment adequate? Yes, No, NR	Groups similar at baseline? Yes, No, NR	Outcome assessors masked? Yes, No, NR	Care provider masked? Yes, No, NR	Patient masked? Yes, No, NR	Run-in/Washout? Yes, No, NR
Derosa, 2010 52 weeks Italy NR Fair	Yes	Yes	Yes	NR	NR	NR	No
DeFronzo, 2010 20 weeks US Eli Lilly Fair	NR	NR	Yes	No	No	No	No
Brackenridge, 2009 Poor	NR	NR	No	NR	Yes	Yes	No
Kadoglou, 2010 14 weeks Greece European Social Fund and National Resources - PYTHAGORAS II & Alexander S Onassis Public Benefit Foundation Fair	Yes	NR	Yes	No	No	No	Yes
Kato, 2009 12 weeks Japan Fair	NR	Yes	Yes	NR	NR	NR	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Derosa, 2010	Overall attrition high (>20%)? Yes, No, NR	Loss to follow-up differential high (>15%)? Yes, No, NR	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT	Post- randomization exclusions? Yes, No, NR
52 weeks Italy NR Fair	No	Νο	Yes	No	Yes
DeFronzo, 2010 20 weeks US Eli Lilly Fair	Yes	Νο	Mixed	Yes	No
Brackenridge, 2009 Poor	NR	NR	Mixed	NR	NR
Kadoglou, 2010 14 weeks Greece European Social Fund and National Resources - PYTHAGORAS II & Alexander S Onassis Public Benefit Foundation Fair	No	No	Yes	No	Yes
Kato, 2009 12 weeks Japan Fair	NR	NR	Yes	NR	No

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Perez, 2009 24 weeks	Randomization adequate? Yes, No, NR	Allocation concealment adequate? Yes, No, NR	Groups similar at baseline? Yes, No, NR	Outcome assessors masked? Yes, No, NR	Care provider masked? Yes, No, NR	Patient masked? Yes, No, NR	Run-in/Washout? Yes, No, NR
Multinational Takeda Pharmaceuticals Fair	NR	NR	Yes	NR	Yes	Yes	Yes
Petrica, 2009 Poor	NR	NR	Yes	Yes	No	No	No
Gerstein, 2010 18 months Multinational GlaxoSmithKline Fair	Yes	NR	Yes	Yes	Yes	Yes	Yes
DeFronzo, 2010 20 weeks USA Eli Lilly	NR	NR	NR	No	No	No	No
Rigby, 2010 16 weeks Mulitnational Daiichi Sankyo, Inc Fair	NR	NR	Yes	No	No	No	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Overall attrition high (>20%)? Yes, No, NR	Loss to follow-up differential high (>15%)? Yes, No, NR	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT	Post- randomization exclusions? Yes, No, NR
Perez, 2009 24 weeks Multinational Takeda Pharmaceuticals Fair	Yes	Νο	Yes	Modified ITT	No
Petrica, 2009 Poor	Yes	No	Mixed	No	Yes
Gerstein, 2010 18 months Multinational GlaxoSmithKline Fair	Yes	Νο	Yes	No	No
DeFronzo, 2010 20 weeks USA Eli Lilly	Yes	Νο	Mixed	Yes	No
Rigby, 2010 16 weeks Mulitnational Daiichi Sankyo, Inc Fair	No	Νο	Yes	Modified ITT	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Head-to-head studies None Active-control studies	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Riddle, 2009 24 weeks US Amylin Pharmaceuticals Fair	Inclusion: 18 - 75 years of age, T2DM, HbA1c > 7% and < 10%, with or without use of any combination of metformin, thiazolidinedione, or sulfonylurea OADs, pramlintide naïve and either insulin naïve or had used <50 units.day of basal insulin for < 6 months, BMI > 25 and < 50 kg/m2, female patients were not pregnant nor lactating and were postmenopausal or using birth control. Exclusion: Poor adherence to diabetes management recommendations, recurrent svere hypoglycemia within the last 6 months, or had a history of hypoglycemia unawareness, gastroparesis, use of exenatide, sitagliptin, antiobesity medications, systemic glucocorticoids, or investigational medications	N=113 (112 analyzed) G1: (pramlintide 120 ug before major meals - two participants reduced dose to 60ug) n=56 G2: (rapid-acting insulin analog 5 units before each meal, titrated every 3-7 days to maintain >70 and <100 before next meal/bedtime) n=56	Age: 55 (11) Race: NR Female 39.3%	Insulin glargine or detemir, some participants were also taking oral antihyperglycemic drugs

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Adverse Events	Changes in Lipid Concentrations	Weight Gain
Head-to-head studies None			
Active-control studies			
Riddle, 2009 24 weeks US Amylin Pharmaceuticals Fair	Hypoglycemia G1: 55% G2: 82% Nausea G1: 12 (21%) G2: 0	NR	
	Serious AEs: 8 events reported in 6 patients G1: 1 (coronary artery disease) G2: 5 (coronary artery disease, congestive heart failure, ischemic cerebral infarction, syncope, noncardiac chest pain, cellulitis, biliary dyskinesia)		

Study Characteristics				
Author, Year				
Trial Name (if app.)			Baseline Population	
Duration			Characteristics	
Country		Overall Sample Size	Mean Age, years	
Funding		Interventions	Race/Ethnicity	
Quality	Inclusion and Exclusion Criteria	Group Sizes	% Female	Background Medications
Placebo-controlled				
trials				
Wysham	Inclusion; T2DM; with or without use of metformin,	N=211 randomized	G1:	Insulin
2008	sulfonylurea and/or TZDs; not achieving glycemic		Age: 55	
16 weeks	control with insulin glargine; 18-75 years of age;	G1 (placebo):	Race: NR	
Amylin Phamaceuticals		n=106	Female 48.1%	
Fair	treatment \geq 3 months with a stable dose for \geq			
	1month, and a stable dose of oral antidiabetic	G2 (pramlintide):	G2:	
	agents for ≥ 2months	n=105	Age: 55	
			Race: NR	
	Exclusion: concurrent participation in a weight		Female 54.3%	
	loss program or use of antiobesity agents; a			
	history of hypoglycemia unawareness or recurrent			
	severe hypoglycemia during the preceding 6			
	months; confirmed diagnosis of gastroparesis or			
	any other significant medical condition; female			
	patients were postmenopausal, surgically sterile			
	or used adequate contraception throughout the			
	study.			

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding			
Quality	Adverse Events	Changes in Lipid Concentrations	Weight Gain
Placebo-controlled			
trials			
Wysham	Hypoglycemia:	LDL (mg/dl):	Weight gain reported in
2008	G1: 47%	G1: -2.3 (SD 2.8)	346
16 weeks	G2: 44%	G2: -3.0 (SD 3.3)	
Amylin Phamaceuticals		<i>P</i> =0.816, G1 vs. G2	
Fair	Nausea:		
	G1: 10%	HDL (mg/dl):	
	G2: 31%	G1: -0.4 (SD 0.6)	
		G2: -0.9 (SD 0.6)	
		<i>P</i> =0.365, G1 vs. G2	
		TGs (mg/dl): G1: 10 (SD 12) G2: -19 (SD 8) P=0.080, G1 vs. G2	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Active-control studies				-
Aschner, 2010	Inclusion: Men and women with type 2	1050 randomized		NR
24 weeks	diabetes (18–78 y ears of age)who were		G1: Age 56.3, race NR, female	
Multinational Merck	treatment na ive (i.e. not taking an	G1: sitagliptin 100 N= 528	52%	
Fair	antihyperglycaemic agent for at least 16 weeks prior to study entry) with HbA1c	N= 528	G2: Age 55.7, race NR, female	
	6.5–9.0%	G2: metformin N= 522	56%	
	Exclusion: Patients with type 1 diabetes, fasting plasma glucose (FPG) <120 mg/dl (6.7 mmol/l) or >250 mg/dl (13.9 mmol/l), unstable cardiac disease, significant renal impairment (creatinine \geq 1.4 mg/dl for males or \geq 1.3 mg/dl for females or creatinine clearance <60 ml/min), elevated alanine aminotransferase, aspartate aminotransferase, or creatine phosphokinase (more than 2 times upper limit of normal) or triglycerides >600 mg/dl			

Study Characteristics		
Author, Year		
Trial Name (if app.)		
Duration		
Country		
Funding		
Quality	Adverse Events	Changes in Lipid Concentrations
Active-control studies		
Aschner, 2010	Withdrawn because of adverse events:	
24 weeks	G1: N=9 (1.7%)	Cholesterol
Multinational	G2: N=19 (3.6%)	G1: +5.5
Merck	Overall adverse events:	G2: +2.2
Fair	G1: 198 (37.5%)	
	G2: 215 (41.2%)	HDL
	Bronchitis	G1: +6.2
	G1: 4; G2: 7	G2: +7.0
	Nasopharyngitis	
	G1: 10; G2: 17	LDL
	URI	G1: +11.2
	G1: 5; G2: 11	G2: +2.5
	UTI	
	G1: 3; G2: 13	Triglycerides
	Hypoglyccemia	G1: -3.7
	G1: 9; G2: 17	G2: -1.2
	Diarrhea	
	G1: 19; G2: 57	
	Nausea	
	G1: 6; G2: 16	
	Abdominal pain	
	G1: 11; G2: 20	
	Vomiting	
	G1: 2; G2: 7	

Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Williams-Herman, 2009 54 weeks	Inclusion: T2DM (18–78 years of age) who were on or not on an oral diabetes mellitus	N=885 in 30 week continuation phase (1091 initially randomized)	G1: Age 53.6; Female 51%	None
Williams-Herman, 2010	medication at the screening		G2: Age 53.5; Female 48%	
104 weeks		(#s for continuation phase)		
Multinational Merck	Exclusion: T1DM; unstable cardiac disease; significant renal impairment (glomerular	G1: (placebo/ metformin 1000	G3: Age 53.7; Female 52%	
Fair	filtration rate<60ml/min) AST, ALT $\ge 2x$	bid)	G4: Age 54.2; Female 55%	
	upper limit of normal	n=23	G5: Age 53.7; Female 47%	
		G2: (sitagliptin 100mg qd)	03. Age 33.7, 1 emaie 47 /0	
		n=141	G6: Age 53.6; Female 59%	
		G3: (metformin 500mg bid) n=147	Race: NR	
		G4: (metformin 1000 bid) n=153		
		G5: (sitagliptin 50 bid + metformin 500 bid) n=160		
		G6: (sitagliptin 50mg bid + metformin 1000mg bid) n=161		

Study Characteristics	,		
Author, Year			
Trial Name (if app.)			
Duration			
Country			
Funding			
Quality	Adverse Events	Changes in Lipid Concentrations	
Williams-Herman, 2009	Withdrawals due to Aes	24 week results:	
54 weeks	G1: 11 G2: 12 G3: 9	G1:	
Williams-Herman, 2010	G4: 11 G5: 6 G6: 5	TC: +6.2 mg/dl	
104 weeks		HDL: +2.7 mg/dl	
Multinational	Overall Aes	LDL: +4.8 mg/dl	
Merck	G1: 97 G2: 105 G3: 114	TG: +0	
Fair	G4: 129 G5: 130 G6: 126	G2:	
		TC: +2.7 mg/dl	
	Hypoglycemia	HDL: +0.5 mg/dl	
	G1: 4 G2: 2 G3: 2	LDL: +1.6 mg/dl	
	G4: 2 G5: 4	TG: +6.0 mg/dl	
		G3:	
	Overall GI events	TC: -1.5 mg/dl	
	G1: 28 G2: 36 G3: 37	HDL: +1.4 mg/dl	
	G4: 57 G5: 50 G6 53	LDL: -3.2 mg/dl	
		TG: -2.8 mg/dl	
	Diarrhea	G4:	
	G1: 11 G2: 7 G3: 13	TC: +0.6 mg/dl	
	G4: 22 G5: 17 G6: 23	HDL: +2.3mg/dl	
		LDL: -3.6 mg/dl	
	Nausea	TG: -1.8mg/dl	
	G1: 4 G2: 2 G3: 6 G4: 18	G5:	
	G5: 10 G6: 11	TC: -3.2 mg/dl	
		HDL: +1.2 mg/dl	
	Abdominal Pain	LDL: -3.7 mg/dl	
	G1: 5 G2: 8 G3: 7	TG: -9 mg/dl	
	G1: 5 G2: 8 G3: 7 G4: 10 G5: 5 G6: 7	G6:	
	UT. 10 UJ. J UU. 1	TC: -7.1 mg/dl	
	Vomiting		
	G1: 1 G2: 1 G3:0	HDL:+1.8 mg/dl	
		LDL:-5.4 mg/dl	
	G4: 6 G5: 4 G6: 7 G6: 5	TG: -15.5 mg/dl	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Williams-Herman, 2009 Williams-Herman, 2010 (continued)		Entered extension: 685 original randomization: 1091 Extension sizes: G1: 103 (sitagliptin 100) G2: 107 (met 500 BID) G3: 121 (met 1000 BID) G4: 134 (sit 50 BID + met 500 BID) G5: 122 (sit 50 BID + met 1000	For Extension Study: (for those included in the efficacy analysis) Race NR G1: Age 54.1, female 42% G2: Age 55.9, female 54% G3: Age 54.3, female 56% G4: Age54.5, female 50% G5: Age 53.9, female 63%	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Adverse Events	Changes in Lipid Concentrations
Williams-Herman, 2009 Williams-Herman, 2010	For Extension Study (104 weeks): Withdrawn because of adverse events	54 week results: G1: NR
(continued)	G1: 5 (2.8%)	G2:
(continued)	G2: 8 (4.4%)	TC: +0.5 mg/dl
	G3: 7 (3.8%)	HDL: +0.1 mg/dl
	G4: 6 (3.2%)	LDL: -1.6mg/dl
	G5: 4 (2.2%)	TG: +15 mg/dl
		G3:
	Overall adverse events:	TC: -0 mg/dl
	G1: 108	HDL: +2.4 mg/dl
	G2: 117	LDL: -3.0 mg/dl
	G3: 135	TG: +6 mg/dl
	G4: 135	G4:
	G5: 137	TC: -0.2 mg/dl
		HDL: +3.1 mg/dl
	Hypoglycemia:	LDL: -4.8 mg/dl
	G1:N= 2	TG: +24.5
	G2: N=3	G5:
	G3:N= 4	TC: -6.6 mg/dl
	G4:N= 5	HDL: +1.7mg/dl
	G5:N= 9	LDL: -5.0 mg/dl
		TG: -8.0 mg/dl
		G6:
		TC: -8.8 mg/dl
		HDL: +2.7 mg/dl
		LDL:-8.5 mg/dl
		TG: -15 mg/dl

Study Characteristics Author, Year	,	
Trial Name (if app.)		
Duration		
Country		
Funding		
Quality	Adverse Events	Changes in Lipid Concentrations
Williams-Herman, 2009	For Extension Study (104 weeks):	
Williams-Herman, 2010	Gastrointestinal Effects:	
(continued)	Diarrhea:	
	G1: N= 8	
	G2: N=14	
	G3: N=23	
	G4: N=19	
	G5: N=25	
	Nausea	
	G1: N=2	
	G2: N=6	
	G3: N=19	
	G4: N=10	
	G5: N=12	
	Abdominal pain	
	G1: N=9 G2: N=7	
	G2: N=7 G3: N=12	
	G3: N=7	
	G5: N=9	
	Vomiting	
	G1: N=1	
	G2: N=0	
	G3: N=8	
	G4: N=4	
	G5: N-9	
	00.100	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Chan, 2008	Inclusion: T2DM; moderate to severe renal	N=91	G1:	insulin
54 weeks Multinational	insufficiency (CrCl <50); ages 18+	G1: (25mg or 50mg sitagliptin)	Age: 68.9 (9.8)	
Merck	Exclusion: T1DM; acute renal disease, renal		Race:	
Fair	transplant; liver disease; cardiovascular		White 34%; Black 6%;	
	event within 6 months; hepatic	G2: (placebo/5mg-20mg	Hispanic 26%; Asian 31%	
	transaminase or creatine phosphokinase levels >= two times the upper limit of	glipizide) n=26	Other 3%	
	normal; repeated fasting plasma glucose >15mmol/l or trigycerides >6.8mmol/l	11-20	Female 52%	
	0,		G2:	
			Age: 65.3 (9.7)	
			Race: White 31%; Black 4%; Hispanic 35%; Asian 27% Other 4%	
			Female 38%	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding		
Quality	Adverse Events	Changes in Lipid Concentrations
Chan, 2008 54 weeks Multinational Merck Fair	Adverse EventsWithdrawals due to AEsG1: n=10 (15.4%); G2: n=4 (15.4%)Note: the numbers reported in Fig 1 differ from thosereported in Tab 2.Overall AEsG1: n=52 (80.6%); G2: n=22 (84.6%)InfectionsG1: n=30 (46.2%); G2: n=13 (50%)HypoglycemiaAt week 54 (sita vs P/glip):G1: 3 (4.6%); G2: 6 (23.1%)Congestive heart failureG1: 5; G2: 1* All patients had coronary artery diseaseIncreased SCrG1 -0.02 SD 0.06 mg/dlG2 + 0.69 SD 0.58 mg/dlAnemia: G1: 2; G2: 4Peripheral edema: G1: 5; G2: 1Fall: G1: 3Arthritis: G2: 2Back or shoulder pain: G1: 1; G2: 4Dizziness: G1: 4; G2: 1	(reported Mean change, but baseline NR)
	Lethargy: G1: 3 Cough: G1: 4; G2: 1 Hypertension: G1: 3; G2: 3	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Placebo-controlled studies	5			
Chacra, 2009 CV181-040 24 weeks Multinational Bristol-Myers Squibb and AstraZeneca Fair	Inclusion: Age 18-77 with inadequate glycemic control of T2DM (HbA1c between 7.5% and 10%, inclusive); on a submaximal sulphonylurea dose for at least 2 months; fasting C-peptide >=1.0ng/ml; BMI <= 40kg/m^2 Exclusion: Symptoms of poorly controlled diabetes, history of diabetic ketoacidosis or hyperosmolar non-ketotic coma; insulin therapy within 1 year; cardiovascular event within 6 months or or stage III/IV congestive heart failure and/or known left ventricular ejection fraction <=40%; significant history of renal or liver disease; psychiatric disorder; alcohol or drug abuse within last year; treatment with potent CYP 3A4 inhibitors or inducers; immunocompromised individuals; active liver disease or clinically significant abnormal hepatic, renal, endocrine, metabolic or hematological screening.	N=768 G1: (2.5 mg saxagliptin + 7.4mg (final mean) open-label glyburide) n=248 G2: (5mg saxagliptin + 7.4mg (final mean) open-label glyburide) n=253 G3: (placebo + 2.5mg blinded glyburide + 7.5mgopen-label glyburide + 7.5mgopen-label glyburide; final mean total daily dose = 14.6mg) n=267 Note: glyburide doses were uptitrated in placebo plus glyburide group	Age: G1: 55.4 (9.6) G2: 54.9 (10.0) G3: 55.1 (10.7) Race (%): White: G1: 59.7% G2: 59.7%; G3: 56.9% Black: G1: 2.0% G2: 2.8%; G3: 2.6% Asian: G1: 16.9% G2: 18.2%; G3: 19.1% Other: G1: 21.4% G2: 19.4%; G3: 21.3%	NR
			% Female: G1: 54.4 G2: 56.5; G3: 53.9	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding			
Quality	Adverse Events	Changes in Lipid Concentrations	
Placebo-controlled studies	5		
Chacra, 2009 CV181-040 24 weeks Multinational Bristol-Myers Squibb and AstraZeneca Fair	Withdrawals because of AEs: Overall: 11 (1.4%) G1: 1 (0.4%) G2: 6 (2.4%) G3: 4 (1.5%) "Discontinuation" due to AEs: G1: 3 (1.2%) G2: 8 (3.2%) G3: 4 (1.5%) "Discontinuation" due to serious AEs: G1: 0 G2: 1 (0.4%) G3: 1 (0.4%) Overall AEs: G1: 186 (75.0%) G2: 183 (72.3%) G3: 205 (76.8%) Serious AEs: G1: 4 (1.6%); G2: 6 (2.4%); G3: 6 (2.2%) Urinary Tract Infection: G1: 13; G2: 27; G3: 22 Upper Respiratory Tract Infection: G1: 11; G2: 16; G3: 18	NR	Mean change at 24 weeks, weight: G1 = +0.7kg G2 = +0.8kg G3 = +0.3kg
	Nasopharyngitis: G1: 14; G2: 15; G3: 18		

Author, Year Trial Name (if app.) Duration Country			
Funding Quality	Adverse Events	Changes in Lipid Concentrations	
Chacra, 2009	Influenza		
continued	G1: 13: G2: 10; G3: 16		
	Hypoglycemia:		
	Reported:		
	G1: 33; G2: 37; G3: 27		
	Confirmed:		
	G1: 6; G2: 2; G3: 2		
	Diarrhea:		
	G1: 14; G2: 10; G3: 14		
	Skin-related:		
	G1: 22; G2: 12; G3: 13		
	Edema:		
	G1: 1; G2: 1		
	Cardiac disorder events:		
	G1: 5; G2: 1; G3: 1		
	Pain (back, head, or extremity):		
	G1: 42; G2: 43; G3: 42		
	Cough:		
	G1: 13; G2: 10; G3: 13		
	Hypertension: G1: 9; G2: 16; G3: 6		

Study Characteristics				
Author, Year Trial Name (if app.)			Baseline Population	
Duration			Characteristics	
Country		Overall Sample Size	Mean Age, years	
Funding		Interventions	Race/Ethnicity	
Quality	Inclusion and Exclusion Criteria	Group Sizes	% Female	Background Medications
Rosenstock, 2009	Inclusion: 18 -77 years of age, T2DM	N=403 (401 analyzed)		None
CV181-011 Study	inadequately controlled with diet and		G1: Age: 53.27 (10.06); White	
24 weeks	exercise (HbA1c >7 and <10% at screening	G1: (saxagliptin 2.5 mg)	87.3%, Black 4.9%, Asian	
US	visit), treatment naïve (see comments for	n=102	4.9%, Other 2.9%; Female	
Bristol-Myers Squibb and	definition), fasting C-peptide > 1 ng.mL		43.1%	
Astra Zeneca	(>0.33 nmol/L), and a BMI of < 40 kg/m2.	G2: (saxagliptin 5 mg)		
Fair		n=106	G2: Age: 53.91 (11.57); White	
	Exclusion: symptoms of poorly controlled		87.7%, Black 4.7%, Asian	
	diabetes, history of diabetic ketoacidosis or	G3: (saxagliptin 10 mg)	3.8%, Other 3.8%; Female	
	hyperosmolar nonketotic coma,	n=98	49.1%	
	cardiovascular event within 6 months prior			
	to study entry or New York Heart Associaten	G4: (placebo)	G3: Age: 52.72 (11.27); White	
	stage III/IV congestive heart failure and/or	n=95	81.6%, Black 6.1%, Asian 6.1;	
	known left ventricular ejection fraction of		Other 6.1; Female 54.1%	
	<40%, significant renal, liver, or psychiatric			
	history, history of alcohol or drug abuse		G4: Age: 53.91 (12.32); White	
	within the previous year,		83.2%, Black 6.3%, Asian	
	immunocompromised, active liver disease		3.2%, Other 7.4%; Female	
	or clinically significant abnormalities on		50.5%	
	screening tests of hepatic, renal, endocrine,			
	metabolic, or hematologic function.			

Study Characteristics Author, Year Trial Name (if app.) Duration Country		
Funding Quality	Adverse Events	Changes in Lipid Concentrations
Rosenstock, 2009 CV181-011 Study 24 weeks US Bristol-Myers Squibb and Astra Zeneca Fair	Adverse Events Withdrawals because of Serious AEs: G1: 2 (2.0) G2: 0 G3: 1 (1.0) G4: 0 WD because of AEs: G1: 4 (3.9) G2: 3 (2.8) G3: 5 (5.1) G4: 0 Patients experiencing > 1 AE: G1: 76 (74.5) G2: 80 (75.5) G3: 75 (76.5) G4: 68 (71.6) Upper Respiratory Tract Infection: G1: 7 (6.9) G2: 9 (8.5) G3: 11 (11.2) G4: 11 (11.6) Urinary Tract Infection: G1: 8 (7.8) G2: 9 (8.5) G3: 4 (4.1) G4: 4 (4.2) Nasopharyngitis: G1: 6 (5.9) G2: 6 (5.7) G3: 6 (6.1) G4: 6 (6.3) Sinusitis: G1: 5 (4.9) G2: 6 (5.7) G3: 6 (6.1) G4: 3 (3.2) Influenza: G1: 4 (3.9) G1: 4 (3.9) G2: 4 (3.8) G3: 5 (5.1) G4: 1 (1.1)	Modest numerical improvements from baseline to week 24 in total cholesterol were demonstrated in the saxagliptin treatment groups. There were no clear clear effects of saxagliptin on fasting lipid concentrations. Data not shown.

Study Characteristics			
Author, Year			
Trial Name (if app.)			
Duration			
Country			
Funding			
Quality	Adverse Events	Changes in Lipid Concentrations	
Rosenstock, 2009 (continued)	Reported Hypoglycemia:		
	G1: 3 (2.9) G2: 5 (4.7) G3: 8 (8.2)		
	G4: 6 (6.3)		
	Confirmed Hypoglycemia:		
	G1-G4: 0		
	Diarrhea:		
	G1: 7 (6.9) G2: 1 (0.9)		
	G3: 6 (6.1) G4: 3 (3.2)		
	Pain in Extremity:		
	G1: 8 (7.8) G2: 3 (2.8)		
	G3: 3 (3.1) G4: 4 (4.2)		
	Arthralgia:		
	G1: 1 (1.0) G2: 4 (3.8)		
	G3: 5 (5.1) G4: 1 (1.1)		
	Back Pain:		
	G1: 1 (1.0) G2: 7 (6.6)		
	G3: 0 G4: 5 (5.3)		
	Dizziness:		
	G1: 1 (1.0) G2: 5 (4.7)		
	G3: 1 (1.0) G4: 6 (6.3)		
	Headache:		
	G1: 4 (3.9) G2: 10 (9.4)		
	G3: 11 (11.2) G4: 7 (7.4)		

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Rosenstock, 2008 12 weeks	Inclusion: drug-naïve patients; men and non-	N=338	G1: Age: 52.5; White 85%, Black 11%, Other 4%; Female	None
Multinational Bristol-Myers Squibb	breastfeeding, non-pregnant women; age 21-70; T2DM; HbA1c 6.8-9.7; BMI<37; screening fasting or random C-peptide	G1: (saxagliptin 2.5mg/day) n=55	60%	
Fair	>0.5ng/ml; patients aged <35 had to test		G2: Age: 53.7; White 87%,	
	negative for anti-glutamic acid decardoxylate antibodies	G2: (saxagliptin 5mg/day) n=47	Black 13%, Other 0%; Female 47%	
	Exclusion: T1DM; symptoms of poorly controlled diabetes or a history of ketoacidosis or hyperosmolar coma;	G3: (saxagliptin 10mg)/day) n=63	G3: Age: 54.5; White 84%, Black 8%, Other 8%; Female 37%	
	congestive heart failure; a history of	G4: (saxagliptin 20mg/day)		
	significant gastrointestinal disease,	n=54	G4: Age: 53.6; White 87%,	
	cardiovascular illness, rapidly progressive renal disease, malignancy,	G5: (saxagliptin 40mg/day) n=52	Black 7%, Other 6%; Female 30%	
	immunodeficiency, asthma or atopic skin			
	disorder; clinically significant abnormalities	G6: (placebo)	G5: Age: 54.1%; White 92%,	
	on screening tests of hepatic, renal,	n=67	Black 4%, Other 4%; Female	
	endocrine, metabolic or hematologic		42%	
	function or on chest x-ray or electrocardiogram, use of systemic		G6: Age: 55.2; White 87%,	
	corticosteroids and cytochrome p450 3A4		Black 10%, Other 3%; Female	
	inhibitors		37%	

Study Characteristics			
Author, Year Trial Name (if app.)			
Duration			
Country			
Funding			
Quality	Adverse Events	Changes in Lipid Concentrations	
Rosenstock, 2008	Withdrawals due to AEs:	NR	
12 weeks	G1: n=0 G2: n=1 G3: n=1		
Multinational	G4: n=1 G5: n=1 G6: n=1		
Bristol-Myers Squibb	Patients with AEs:		
Fair	G1: n=44 (80%) G2: n=36 (76.6%)		
	G3: n=49 (77.8%) G4: n=47 (87%)		
	G5: n=39 (75%) G6: n=53 (79.1%)		
	Upper Respiratory Tract Infection:		
	G1: n=6 (10.9%) G2: n=3 (6.4%)		
	G3: n=9 (9.5%) G4: n=6 (11.1%)		
	G5: n=0 G6: n=4 (6.0%)		
	Urinary Tract Infection: C_1 : $n=0$ (4.0 9%) C_2 : $n=0$ (4.2%)		
	G1: $n=6(10.9\%)$ G2: $n=2(4.3\%)$		
	G3: n=4 (6.3%) G4: n=5 (9.3%) G5: n=2 (3.8%) G6: n=5 (7.5%)		
	Nasopharyngitis:		
	G1: n=0 G2: n=2 (4.3%) G3: n=5 (7.9%)		
	G4: n=3 (5.6%) G5: n=6 (11.5%)		
	G6: n=5 (7.5%)		
	Confirmed hypoglycemia:		
	n=0		
	Nausea:		
	G1: n=1 (1.8%) G2: n=2 (4.3%)		
	G3: n=2 (3.2%) G4: n=2 (3.7%)		
	G5: n=5 (9.6%) G6: n=5 (7.5%)		

Study Characteristics				
Author, Year				
Trial Name (if app.)			Baseline Population	
Duration			Characteristics	
Country		Overall Sample Size	Mean Age, years	
Funding		Interventions	Race/Ethnicity	
Quality	Inclusion and Exclusion Criteria	Group Sizes	% Female	Background Medications
DeFronzo, 2009	Inclusion: T2DM, inadequate glycemic	N=743	Age:	metformin
Saxagliptin CV181-014 Study	control (HbA1c >=7.0 and <=10.0%), taking		G1 = 54.8 (10.2); G2 = 54.7	
24 weeks	a stable dose of metformin (>=1,500mg but	G1: (placebo)	(10.1); G3 = 54.7 (9.6); G4 =	
Multinational	not >2,550mg) for at least 8 weeks before	n=179	54.2 (10.1)	
Bristol-Myers Squibb &	screening, fasting C-peptide concentration			
AstraZeneca	>=1.0ng/ml, age 18-77, BMI<=40kg/m^2	G2: (2.5mg saxagliptin)	Race:	
Fair		n=192	White:	
	Exclusion: Symptoms of poorly controlled		G1 = 83.8%; G2 = 79.7%;	
	DM, history of diabetic ketoacidosis or	G3: (5mg saxagliptin)	G3 = 83.2%; G4 = 79.6%	
	hyperosmolar nonketonic coma, use of any	n=191	Black:	
	other antihyperglycemic meds (8 weeks		G1 = 3.9%; G2 = 4.2%;	
	before) or insulin (1 year before), a	G4: (10mg saxagliptin)	G3 = 5.8%; G4 = 7.7%	
	cardiovascular event within 6 months of	n=181	Asian:	
	study entry, stage III/IV congestive heart		G1 = 2.2%; G2 = 4.2%;	
	failure and/or known left ventricular ejection		G3 = 1.6%; G4 = 2.8%	
	fraction <40%, chronic or repeated		Other:	
	intermittent corticosteroid treatment, history		G1 = 10.1%; G2 = 12.0%	
	of alcohol or drug abuse within 1 year,		G3 = 9.4%; G4 = 9.9%	
	treatment with potent systemic cytochrome		E I.	
	P450 3A4 inhibitors or inducers, active liver			
	disease and/or clinically significant		G1 = 46.4%; $G2 = 56.8%$;	
	abnormalities on screening tests of hepatic,		G3 = 46.1%; G4 = 47.5%	
	renal, endocrine, metabolic, or hematologic			
	function, assessment of an			
	immunocompromised state, pregnancy,			
	breastfeeding			

Study Characteristics		
Author, Year		
Trial Name (if app.)		
Duration		
Country		
Funding		
Quality	Adverse Events	Changes in Lipid Concentrations
DeFronzo, 2009	Overall N = 18	
	G1: n=2 (1.1%) G2: n=5 (2.6%)	
24 weeks	G3: n=6 (3.1%) G4: n=5 (2.6%)	
Multinational	Overall AEs:	
Bristol-Myers Squibb &	G1: n=116 G2: n=153	
AstraZeneca	G3: n=134 G4: n=132	
Fair	Serious AEs:	
	G1: n=5 G2: n=5 G3: n=8 G4: n=5	
	Nasopharyngitis:	
	G1: n=14 G2: n=18	
	G3: n=13 G4: n=18	
	Upper Respiratory Tract Infection:	
	G1: n=9 G2: n=13 G3: n=9 G4: n=15	
	Urinary Tract Infection:	
	G1: n=8 G2: n=10 G3: n=10 G4: n=9	
	Influenza:	
	G1: n=13 G2: n=12	
	G3: n=12 G4: n=10	
	Hypoglycemia Reported:	
	G1: n=9 G2: n=15 G3: n=10 G4: n=7	
	Confirmed:	
	G1: n=1 G2: n=1 G3: n=1 G4: n=1	
	Cardiac death:	
	G1: n=1	
	Pain (back, head, joint or extremity): G1: n=40 G2: n=42	
	G1: n=40 G2: n=42 G3: n=28 G4: n=41	
	Cough:	
	G1: n=6 G2: n=10 G3: n=6 G4: n=3	
	Hypertension:	
	G1: n=6 G2: n=11 G3: n=4 G4: n=5	
	G1.11-0 G2.11-11 G3.11-4 G4.11-5	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Hollander, 2009	Inclusion: 18-77 years old; T2DM treated	N=565	, , , , , , , , , , , , , , , , , , ,	TZD in all groups
24 weeks	with stable dose of TZD monotherapy for at		G1:	0
US	least 12 weeks prior to screening; HbA1c 7-	G1: (saxagliptin 2.5mg/day +	Age: 54.9	
Bristol-Meyers Squibb and	10.5; fasting C-peptide ≥ 0.3 nmol/L; BMI<	open-label TZD)	-	
AstraZeneca	45	n=195	Race:	
Fair			White 55.9%, Black 2.6%,	
	Exclusion: history of any anti-hyperglycemic therapy within 12 weeks other than TZD;	G2: (saxagliptin 5mg/day + open- label TZD)	- Asian 34.4%, Other 7.2%	
	history of diabetic ketoacidosis; history of hyperosmolar nonketotic coma; symptoms	n=186	Female: 45.6%	
	of poorly controlled diabetes; those	G3: (placebo + open-label TZD)	G2:	
	receiving insulin within 1 year except during hospitalization or gestational diabetes;	n=184	Age: 53.2	
	immunocompromised; treated with potent		Race:	
	CYP3A4 inhibitors or inducers; had a		White 53.2%, Black 5.4%,	
	cardiovascular event; New York Heart Association class III/IV congestive heart		Asian 35.5%, Other 5.9%	
	failure; left ventricular ejection fraction < 40%; significant renal, liver or psychiatric		Female: 52.2%	
	history; significant alcohol or drug abuse in		G2:	
	the past year; active liver disease; significant abnormalities on screening tests		Age: 54.0	
	of hepatic, renal, endocrine, metabolic, or		Race:	
	hematologic function		White 54.9%, Black 3.8%,	
			Asian 34.2%, Other 7.1%	
			Female: 53.8%	

Study Characteristics Author, Year		
Trial Name (if app.) Duration		
Country		
Funding		
Quality	Adverse Events	Changes in Lipid Concentrations
Hollander, 2009	Withdrawals due to AEs	mean change in total cholesterol at 24 weeks:
24 weeks	G1: n=3 (1.5%)	G1: -3.1mg/dl (SD NR)
US	G2: n=11 (5.9%)	G2: +0.8mg/dl (SD NR)
Bristol-Meyers Squibb and	G3: n=6 (3.3%)	G3: -4.3mg/dl (SD NR)
AstraZeneca		
Fair	Overall AEs	mean change in LDL at 24 weeks:
	G1: n=121	G1: +1.2 mg/dl (SD NR)
	G2: n=138	G2: +4.3mg/dl (SD NR)
	G3: n=123	G3: -1.2mg/dl (SD NR)
	Upper respiratory infection:	mean change in HDL at 24 weeks:
	G1: n=15 G2: n=17 G3: n=13	G1: -1.2mg/dl (SD NR)
		G2: 0 mg/dl (SD NR)
	Urinary Tract Infection:	G3: -0.4mg/dl (SD NR)
	G1: n=7 G2: n=12 G3: n=12	
		mean change in TGs at 24 weeks:
	Reported hypoglycemia:	G1: -13.3mg/dl (SD NR)
	G1: n=8 G2: n=5 G3: n=7	G2: -27.4mg/dl (SD NR)
		G3: -12.4mg/dl (SD NR)
	Confirmed hypoglycemia:	
	G1: n=1 G2: n=0 G3: n=0	no statistical testing
	Cardiac disorder AEs (not otherwise described): G1: n=3 G2: n=10 G3: n=10	
	Peripheral edema: G1: n=6 G2: n=15 G3: n=8	

Study Characteristics Author, Year Frial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Hanefeld, 2007	Inclusion: 21-75 years old; T2DM; currently	N=555 randomized, 552	G1: Age: 55.9	None
Sitagliptin Study 014	on monotherapy (except TZDs) with HbA1c		Race:	
12 weeks	6-9 or not on an anti-diabetic agent with	,	White 78.4%, Asian 0.9%,	
Aultinational	HbA1c 6.5-10	G1: (placebo)	Black 7.2%, Other 13.5%	
air		n=111	Female: 36.9%	
	Exclusion: T1DM; unstable cardiac disease;			
	AST, ALT or $CPK \ge 2x$ upper limit of normal	G2: (sitagliptin 25 mg/day)	G2: Age: 55.1	
		n=111	Race:	
			White 88.3, Asian 0.9%, Black	
		G3: (sitagliptin 50 mg/day)	3.6%, Other 7.2%	
		n=112	Female: 48.6%	
		G4: (sitaglitptin 100 mg/day)	G3: Age: 55.3	
		n=110	Race:	
			White 85.7%, Asian 0%, Black	
		G5: (sitagliptin 50 mg bid)	8.0%, Other 6.3%	
		n=111	Female: 54.5%	
			G4: Age: 56.0	
			Race:	
			White 88.2%, Asian 0%, Black	
			5.5%, Other 6.4%	
			Female: 44.5%	
			G5: Age: 55.2	
			Race:	
			White 81.1%, Asian 0.9%,	
			Black 6.3%, Other 11.7%	
			Female: 55.9%	

Study Characteristics	ey question 2. Studies of shagipt	
Author, Year		
Trial Name (if app.)		
Duration		
Country		
Funding		
Quality	Adverse Events	Changes in Lipid Concentrations
Hanefeld, 2007	Withdrawals due to AEs	TC (mg/dl):
Sitagliptin Study 014	G1: 8	G1:
12 weeks	G2: 4	change from baseline: -0.1 (-2.5, 2.4)
Multinational	G3: 0	G2:
Fair	G4: 8	change from baseline: 1.5 (-0.9, 4.0)
	G5: 4	change from placebo: 1.6 (-1.8, 5.0)
		G3:
	Overall AEs	change from baseline: 1.1 (-1.3, 3.5)
	G1: 38	change from placebo: 1.2 (-2.2, 4.6)
	G2: 49	G4:
	G3: 50	change from baseline: 3.8 (1.3, 6.2)
	G4: 51	change from placebo: 3.9 (0.4, 7.3)
	G5: 51	G5:
		change from baseline: 2.1 (-0.4, 4.5)
	Nasopharyngitis:	change from placebo: 2.1 (-1.3, 5.6)
	G1: 1.8%	
	G2-G5: 6.3-9.1%	LDL (mg/dl):
		G1:
	Hypoglycemia:	change from baseline: -0.4 (-4.4, 3.7)
	G1: 0	G2:
	G2: 1	change from baseline: 4.9 (0.9, 8.9)
	G3: 1	change from placebo: 5.3 (-0.4, 10.9)
	G4: 2	G3:
	G5: 1	change from baseline: 2.9 (-1.0, 6.9)
		change from placebo: 3.3 (-2.3, 9.0)
	GI Effects:	G4:
	G1: n=15 (13.5%)	change from baseline: 7.4 (3.4, 11.4)
	G2: n=13 (11.8%)	change from placebo: 7.8 (2.1, 13.5)
	G3: n=10 (9.1%)	G5:
	G4: n=10 (9.1%)	change from baseline: 6.2 (2.1, 10.2)
	G5: n=9 (8.1%)	change from placebo: 6.6 (0.9, 12.2)

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding	-	
Quality	Adverse Events	Changes in Lipid Concentrations
Hanefeld, 2007		HDL (mg/dl):
cont'd		G1:
		change from baseline: 1.1 (-1.6, 3.8)
		G2:
		change from baseline: 3.2 (0.6, 5.9)
		change from placebo: 2.1 (-1.6, 5.9)
		G3: change from baseline: 6.5 (3.8, 9.1)
		change from placebo: 5.3 (1.6, 9.1)
		G4:
		change from baseline: 5.4 (2.7, 8.1)
		change from placebo: 4.3 (0.5, 8.1)
		G5:
		change from baseline: 3.1 (0.4, 5.8)
		change from placebo: 1.9 (-1.8, 5.7)
		TGs (mg/dl):
		G1:
		change from baseline: 5.2 (-2.2, 12.7)
		G2:
		change from baseline: -3.9 (-11.2, 3.5)
		change from placebo: -9.1 (-19.5, 1.3)
		G3:
		change from baseline: -7.9 (-15.3, -0.6)
		change from placebo: -13.2 (-23.5, -2.8)
		G4: (0.8) (6.6, 8.2)
		change from baseline: 0.8 (-6.6, 8.2)
		change from placebo: -4.4 (-14.9, 6.0) G5:
		change from baseline: -1.7 (-9.2, 5.7)
		change from placebo: -6.9 (-17.4, 3.5)

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Nonaka, 2008	Inclusion: T2DM; ages 20-69; either not on	N=152		NR
12 weeks	treatment with an oral antihyperglycemic		G1:	
Japan	agent or only on a single agent over the 8	G1: (sitagliptin 100mg/day)	Age: 55.6	
Banyu Pharmaceuticals	weks prior to the screening; HbA1c 6.5-10	n=75	Japanese 100%	
(Merck)	in patient not on medication and fasting		Female: 40%	
Good	plasma glucose 126-240	G2: (placebo)		
		n=76	G2:	
	Exclusion: T1DM; treatment with either		Age: 55.0	
	insulin or pioglitzone in the 8 weeks prior to		Japanese 100%	
	screening; unstable cardiac disease; elevated serum creatinine; elevations >2- fold the upper limit of normal of AST, ALT or CPK		Female: 34%	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Adverse Events	Changes in Lipid Concentrations
Nonaka, 2008	Withdrawals due to Aes:	NR
12 weeks	G1: 0	
Japan	G2: 2	
Banyu Pharmaceuticals		
(Merck)	Overall Aes:	
Good	G1: 58.7%	
	G2: 64.5%	
	Hypoglycemia: none	
	Liver function test abnormal:	
	G1: 0	
	G2: 2	
	GI Effects:	
	G1: 21.3%	
	G2: 17.1%	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Mohan, 2009	Inclusion: 18+ years; T2DM diagnosis within	N=530	G1:	None
18 weeks	past 5 years; HbA1c >=7.5% and <=11.0%		Age = 50.9 (9.3)	
China, India, Korea	if not taking an oral antihyperglycemic	G1: (placebo)		
Merck	agent, or HbA1c >=7.0% and <=10.0% if	n=178	Chinese = 46%; Indian = 35%;	
Good	taking and oral hypoglycemic agent		Korean = 19%	
		G2: (100mg sitagliptin)		
	Exclusion: Receipt of insulin or TZD within 12 weeks; pregnant / breastfeeding; type 1	n=352	Female = 40%	
	diabetes; unstable cardiac disease;		G2:	
	moderate to severe renal insufficiency		Age = 50.9 (9.3)	
			Chinese = 46%; Indian = 36%; Korean = 18%	
			Female = 43%	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Adverse Events	Changes in Lipid Concentrations	
Mohan, 2009	Withdrawals due to AEs	NR	
18 weeks	G1: n=4		
China, India, Korea	G2: n=6		
Merck			
Good	Clinical AEs:		
	G1: n patients = 27 (15.2%);		
	G2: n patients = 82 (23.3%)		
	Lab AEs:		
	G1: 7.0% of pts		
	G2: 6.5% of pts		
	Upper Respiratory Tract Infection:		
	G1: 2.8%		
	G2: 2.8%		
	GI effects:		
	G1: 0.6%		
	G2: 5.1%		

Study Characteristics Author, Year Trial Name (if app.) Duration			Baseline Population Characteristics	
Country		Overall Sample Size	Mean Age, years	
Funding		Interventions	Race/Ethnicity	
Quality	Inclusion and Exclusion Criteria	Group Sizes	% Female	Background Medications
Raz, 2008 30 weeks Multinational	Inclusion: 18 - 78 years of age, currently on metformin monotherapy or any other single oral hypoglycemic agent or being treated	N=190 randomized, 187 analyzed	G1: Age: 56.1 (9.5)	metformin
Merck Fair	with metformin in combination with another oral hypoglycemic agent, and HbA1c was 8.0 - <11.0%.	G1: (placebo) n=94 G2: (sitagliptin 100mg qd)	Race: White 47%, Hispanic 25%, Black 1%, Multiracial 25%, Other 2%	
	Exclusion: Received treatment with insulin within 8 weeks prior to screening, treatment with a TZD or exenatide within 12 weeks,	n=96	Female: 58.5%	
	had type 1 diabetes, a BMI < 20 kg/m2 or > 43 kg/m2, or fasting plasma glucose during run-in that was consistently < 7.2 mmol/L or		G2: Age: 53.6 (9.5)	
	> 15.6 mmol/L.		Race: White 42%, Hispanic 32%, Black 3%, Multiracial 22%, Other 1%	

Female: 49%

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Adverse Events	Changes in Lipid Concentrations
Raz, 2008	Discontinued because of clinical AE	No significant between-group differences in the
30 weeks	G1: 2 (2.1) G2: 0	fasting blood lipids (TC, HDL, LDL, triglycerides).
Multinational	Discontinued because of laboratory AE	Data not shown.
Merck	G1: 0 G2: 2 (2.1)	
Fair	One or more clinical AE G1: 56 (59.6) G2: 55 (57.3)	
	One or more drug-related clinical AE	
	G1: 4 (4.3) G2: 5 (5.2)	
	One or more serious clinical AE	
	G1: 5 (5.3) G2: 0	
	One or more laboratory AE	
	G1: 4 (4.3) G2: 15 (15.6)	
	Respirtatory Tract Infection G1: 3 (3.2) G2: 0	
	Urinary Tract Infection	
	G1: 3 (3.2) G2: 4 (4.2)	
	Pharyngitis	
	G1: 6 (6.4) G2: 4 (4.2)	
	Nasopharyngitis	
	G1: 7 (7.4) G2: 7 (7.3)	
	Pharyngotonsillitus G1: 1 (1.1) G2: 3 (3.1)	
	Influenza	
	G1: 3 (3.2) G2: 1 (1.0)	
	Hypoglycemia:	
	G1: 0 (1 patient in this group experienced hypoglycemia	
	while on glipizide rescue therapy)	
	G2: 1 (1.0)	
	Gastritis: G1: 3 (3.2) G2: 2 (2.1) Prespecified GI clinical AEs Overall:	
	G1: 7 (7.4) G2: 10 (10.4)	
	Abdominal pain: G1: 0 G2: 2 (2.1)	
	Nausea: G1: 2 (2.1) G2: 2 (2.1)	
	Diarrhea: G1: 5 (5.3) G2: 6 (6.3)	
	Vomiting: G1: 1 (1.1) G2: 0	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Seck, 2010 104 weeks	"Men and women (aged 18– 78 years) with T2DM who were either not	1172 randomized; 519 entered year 2	G1: Age: 57.6	metformin
Multinational	taking an antihyperglycaemic agent, were	your 2	//gc. 0/.0	
Merck	taking any oral antihyperglycaemic agent as		Race:	
Fair	monotherapy or were taking metformin in	n=248	White 77.4%; Asian 9.3%,	
Extension of Nauck, 2007	combination with another oral antihyperglycaemic agent"	G2: (glipizide) n=256	Black 3.6%, Hispanic 5.6%, other 4%	
			Female: 42.7%	
			G2:	
			Age: 57.0	
			Race: White 78.5%; Asian 8.2%, Black 5.1%, Hispanic 5.1% other 3.1%	

Female: 37.1%

Study Characteristics Author, Year			
Trial Name (if app.)			
Duration Country			
Funding			
Quality	Adverse Events	Changes in Lipid Concentrations	
Seck, 2010 104 weeks Multinational	Number withdrawn because of AEs: G1: n=23 (3.9%) G2: n=29 ((5%)		
Merck Fair Extension of Nauck, 2007	Overall AEs: G1: 452 (76.9%) G2: 480 (82.2%)		
	Cystitis: G1: 8 G2: 1		
	Nasopharyngitis: G1: 71 G2: 61		
	Urinary Tract Infection: G1: 44 G2: 25		
	Upper Respiratory Tract Infection: G1: 73 G2: 79		
	Sinusitis: G1: 26 G2: 18		
	Hypoglycemia: G1: 31 (5.3%) G2: 199 (34.1%)		

Study Characteristics				
Author, Year				
Trial Name (if app.)			Baseline Population	
Duration			Characteristics	
Country		Overall Sample Size	Mean Age, years	
Funding		Interventions	Race/Ethnicity	
Quality	Inclusion and Exclusion Criteria	Group Sizes	% Female	Background Medications
Vilsboll, 2010	Inclusion: at least 21 years of age, had a	N = 641	G1: Age 58.3, white 71%,	insulin +/- metformin
24 weeks	body mass index (BMI) >20 kg/m2 and <43		black 6%, asian 17%, other	
Multinational	kg/m2, were taking insulin (≥15 IU/day; long-	G1: sitagliptin 100mg	6%, female 51%	
Merck	or	N=322		
Fair	intermediate-acting or premixed insulin)		G2: Age 57.2, white 69%,	
	alone or in combination	G2: placebo	black 7%, asian 19%, other	
	with metformin (at a dose of at least 1500	N=319	5%, female 47%	
	mg/day), and had inadequate glycaemic			
	control (HbA1c 7.5–11% at screening)			
	Exclusion: type 1 diabetes, fasting plasma			
	glucose (FPG) <130 mg/dl, unstable cardiac			
	disease (including new or worsening signs			
	or symptoms of coronary heart disease			
	within 3 months of study entry or any of the			
	following within 6 months of study entry:			
	acute coronary syndrome, stroke or			
	ischaemic event; coronary artery			
	intervention, or NYHA Class II-IV congestive			
	heart failure), significant renal impairment			
	(creatinine clearance<50 ml/min), elevated			
	(more than twofold the upper limit of normal)			
	alanine aminotransferase (ALT) or aspartate			
	aminotransferase (AST), or elevated			
	triglycerides (>600 mg/dl), treatment with			
	oral antihyperglycaemic agents (except			
	metformin) or exenatide within 8–12 weeks			
	of study entry			

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Adverse Events	Changes in Linid Concentrations	
/ilsboll, 2010	Withdrawn because of adverse events:	Changes in Lipid Concentrations	
4 weeks	G1: 11 (3.4%)		
Aultinational	G2: 4 (1.3%)		
/lerck			
air	Overal adverse events:		
	G1: 168		
	G2: 137		
	influenza:		
	G1: 4%; G2: 3.8%		
	nasopharyngitis		
	G1: 3.1%; G2: 2.5%		
	URI		
	G1: 3.1%; G2: 3.4%		
	G1. 5.1%, G2. 5.4%		
	UTII		
	G1: 2.8%; G2: 1.9%		
	Hypoglycemia		
	G1: 50; G2: 25		

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Head-to-head				
studies		N 404	04 4 50 0	
Buse, 2009 LEAD-6	Inclusion: Aged 18 - 80 with T2DM, HbA1c between 7 - 11 %, BMI < 45kg, on stable	N=464	G1: Age: 56.3 Race:	metformin with or without sulfonylurea
26 weeks	treatment with maximally tolerated doses of	G1: (liraglutide 1.8 mg qd)	White 93%, Asian/	without building area
Multinational	metformin, sulfonylurea, or both for at least 3	n=233	Pacific Islander <1%,	
Novo Nordisk Fair	months	G2: (exenatide 10 ug bid)	Black (including African American) 6%, Hispanic	
	Exclusion: Previous insulin treatment (except	n=231	or Latin American 14%,	
	short-term treatment for intercurrent illness),		Other 1%	
	previous exposure to exenatide or liraglutide, impaired liver or renal function, clinically		Female: 51%	
	significant cardiovascular disease, retinopathy		G2: Age: 57.1	
	or maculopathy requiring acute treatment,		Race:	
	hypertension (>180/100 mm Hg), or cancer		White 91%, Asian/ Pacific Islander 2%.	
			Black (including African	
			American) 5%, Hispanic	
			or Latin American 11%, Other 2%	
			Female: 45%	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding		
Quality	Adverse Events	Changes in Lipid Concentrations
Head-to-head studies		
Buse, 2009 LEAD-6 26 weeks	Total Withdrawals because of AEs: G1: 23 (9.9) G2: 31 (13.4)	Change from baseline, data are least square means (SE):
Multinational Novo Nordisk Fair	Cancers/Neoplasms: G1: 1 (0.4%) G2: 0 Serious AEs (Infections and Infestations): G1: 2 (0.9) G2: 1 (0.4) Any Severity (Infections and Infestations): G1: 78 (33.2) G2: 85 (36.6) Bronchitis: G1: 12 (5.1) G2: 16 (6.9) Nasopharyngitis: G1: 27 (11.5)	TC mmol/L G1:20 (0.07) G2: -0.09 (0.07) Estimated Treatment Difference: -0.11 (-0.23 to 0.02), <i>P</i> =0.0946 LDL Cholesterol mmol/L G1: -0.44 (0.06) G2: -0.40 (0.06) Estimated Treatment Difference: -0.04 (-0.15 to 0.06), <i>P</i> value=0.4412 HDL Cholesterol mmol/L G1: -0.04 (0.02)
	G2: 31 (13.4) Upper Respiratory Tract Infection: G1: 15 (6.4) G2: 14 (6.0)	G2: -0.05 (0.02) Estimated TreatmentDifference: 0.01 (-0.02 to 0.04), <i>P</i> =0.5105
	Major Hypoglycemia: G1: 0 G2: 2	Triglycerides G1: -0.41 (0.10) G2: -0.23 (0.10) Estimated Treatment Difference: -0.18 (-0.37 to 0.00), <i>P</i> =0.0485

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding		
Quality	Adverse Events	Changes in Lipid Concentrations
Buse, 2009 continued	Minor Hypoglycemia: G1: 60 (26) G2: 78 (34) Minor Hypoglycemia in subgroups using metformin: G1: 4 (6) n=64 G2: 7 (11) n=63 Minor Hypoglycemia in subgroups using sulfonylurea with or w/o metformin: G1: 56 (33) n=171 G2: 71 (42) n=169 Serious GI AEs: G1: 8 (3.4) G2: 5 (2.2) Any Severity GI AEs: G1: 107 (45.5) G2: 99 (42.7) Constipation: G1: 12 (5.1) G2: 6 (2.6) Diarrhea: G1: 29 (12.3) G2: 28 (12.1) Dyspepsia: G1: 21 (8.9) G2: 11 (4.7) Nausea: G1: 60 (25.5) G2: 65 (28) Vomiting: G1: 14 (6.0) G2: 23 (9.9)	
	G2: 23 (9.9)	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Pratley, 2010 26 weeks	Inclusion: 18-80 y; T2DM; HbA1c 7.5- 10.0%;BMI ≤ 45.0 kg/m2; treatmed with	N = 665	G1: Age 55.9; Caucasian 82%,	metformin
Multinational Novo Nordisk	metformin (\geq 1500 mg/d) for \geq 3 mo	G1: liraglutide (1.2mg/d) n=225	Hispanic/Latino 17%, Black 10%, Asian 3%,	
Fair	Exclusion: Prior treatment with any		Other 5%; Female 48%	
	antihperglycemic drug (except metformin) within 3 mo; Recurrent major hypoglycemia; hypoglycemic unawareness; present use of any	G2: liraglutide (1.8 mg/d) n=221	G2: Age 55.0; Caucasian 91%,	
	drug that could affect glucose (except metformin); contraindication to trial drugs; cardiovascular disease; cancer	G3: sitagliptin (100mg/d) n=219	Hispanic/Latino 16%, Black 5%, Asian 1%, Other 4%; Female 48%	
			G3: Age 55.0; Caucasian 87%, Hispanic/Latino 15%, Black 7%, Asian 2%,	

Other 4%; Female 45%

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding		
Quality	Adverse Events	Changes in Lipid Concentrations
Pratley, 2010	Number of withdrawals because of AEs:	TC, mg/dL (95%CI):
26 weeks	G1: 14 (6.3%)	G1: -1.16 (-6.56, 3.09)
Multinational	G2: 15 (6.9%)	G2: -6.56 (-10.81, -2.70)
Novo Nordisk	G3: 4 (1.8%)	G3: -0.77 (-5.02, 3.47)
Fair		Estimated Treatment Differences:
	Serious AEs:	G1 vs. G3: -0.39 (-6.18, 5.02), <i>P</i> =0.8458
	G1: n=6 (3%)	G2 vs. G3: -6.18 (-11.58, -0.39),
	G2: n=6 (3%)	P=0.0332
	G3: n=4 (2%)	
	Severe AEs:	LDL Cholesterol, mg/dL (95% CI):
	G1: n=7 (3%)	G1: 3.09 (-0.39, 6.56)
	G2: n=7 (3%)	G2: 1.93 (-1.54, 5.41)
	G3: n=8 (4%)	G3: 5.02 (1.54, 8.49)
	AE in >5% of participants in any treatment group:	Estimated Treatment Differences:
	G1: 146 (66%)	G1 vs. G3: -1.93 (-6.56, 2.70), P=0.4414
	G2: 159 (73%)	G2 vs. G3: -3.09 (-7.72, 1.54), P=0.2055
	G3: 127 (58%)	
		HDL Cholesterol, mg/dL (95%CI)
	Severe GI AEs:	G1: 0.00 (-0.77, 0.77)
	G1: 3 (1%)	G2: 0.00 (-0.77, 1.16)
	G2: 3 (1%)	G3: 0.00 (-0.77, 0.77)
	G3: 4 (2%)	Estimated Treatment Differences:
		G1 vs. G3: 0.00 (-1.16, 1.16), P=0.9507
	GI AEs:	G2 vs. G3: 0.00 (-1.16, 1.16), <i>P</i> =0.9225
	G1: 73 (33%)	
	G2: 88 (40%)	
	G3: 46 (21%)	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Adverse Events	Changes in Lipid Concentrations
Pratley, 2010 continued	Neoplasms (benign, malingant, and unspecified): G1: 1 (<1%)	Triglycerides, mg/dL (95%Cl) G1: -16.81 (-33.63, 0.00)
continucu	G2: 0	G2: -38.05 (-53.98, -22.12)
	G3: 1 (<1%)	G3: -35.40 (-51.33, -19.47) Estimated Treatment Differences:
	Infections and Infestations:	G1 vs. G3: 18.58 (-3.54, 40.71),
	Severe:	P=0.0962
	G1: 1 (<1%)	G2 vs. G3: -2.65 (-24.78, 18.58),
	G2: 1 (<1%)	<i>P</i> =0.8021
	G3: 1 (<1%)	
	AEs:	
	G1: 62 (28%) G2: 59 (27%)	
	G3: 63 (29%)	
	Nasopharngitis:	
	G1: 21 (10%)	
	G2: 28 (13%)	
	G3: 26 (12%)	
	Influenza:	
	G1: 13 (6%)	
	G2: 2 (1%)	
	G3: 5(2%)	

Study Characteristics		
Author, Year		
Trial Name (if app.) Duration		
Country		
Funding		
Quality	Adverse Events	Changes in Lipid Concentrations
Pratley, 2010	Major Hypoglycemic Event:	
continued	G1: 1	
	G2: 0	
	G3: 0	
	Minor Hypoglycemia:	
	G1: 12 (5%)	
	G2: 11 (5%)	
	G3: 10 (5%)	
	Nausea:	
	G1: 46 (21%)	
	G2: 59 (27%)	
	G3: 10 (5%)	
	Vomiting:	
	G1: 17 (8%) G2: 21 (10%)	
	G3: 9 (4%)	
	Diarrhea:	
	G1: 16 (7%)	
	G2: 25 (11%)	
	G3: 10 (5%)	
	Constipation:	
	G1: 10 (5%)	
	G2: 11 (5%)	
	G3: 6 (3%)	
	Dyspepsia:	
	G1: 7 (3%)	
	G2: 14 (6%)	
	G3: 5 (2%)	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Active-control studies	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Bergenstal, 2009 Novo-Log Mix vs Exenatide Study Group 24 weeks United States Novo Nordisk Poor	Inclusion: T2DM >6 months, age >18 and <80 years, HbA1c >8%, insulin naïve (received no insulin for more than 2 weeks of daily use in the preceding 6 months), had received at least 1500 mg/day metformin and a sulfonylurea at at least half the maximum dose for 3 months before screening Exclusion: Significant cardiac disease within 12 months prior to the study, hepatic insufficiency, renal insufficiency, used thiazolidinediones, alpha-glucosidase inhibitors or meglitinides within 6 months before the study, had a history of an eating disorder or were receiving current treatment with a weight-reducing diet.	increased to 10ug bid) n=124 G2: (biphasic insulin aspart 30 qd started at 12 IU qd	G1: Age: 52.5 (10.62) Race: American Indian/Alaska Native 10.5%, Asian 1.6%, Black 19.4%, White 63.7%, Other 4.8% Female: 51.6% G2: Age: 51.8 (10.90) Race: American Indian/Alaska Native 8.1%, Asian 2.4%, Black 18.5%, White 67.7%, Other 3.2% Female: 51.6% G3: Age: 53.4 (9.96) Race: American Indian/Alaska Native 8.9%, Asian 1.6%, Black 26.6%, White 59.7%, Other 3.2% Female: 52.4%	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Active-control studies	Adverse Events	Changes in Lipid Concentrations
Bergenstal, 2009 Novo-Log Mix vs Exenatide Study Group 24 weeks United States Novo Nordisk Poor	Number of withdrawals because of Aes: G1: 9 (7.3) G2: 1 (0.8) G3: 6 (4.8) Hypoglycemia: Serious Events: G1: NR G2: NR G3: 1 Major Events: G1: 0 G2: 4 G3: 6 Combined Hypoglycemic Events (major, minor, symptoms only): G1: 29% G2: 56% G3: 61% The percent of subjects reporting minor hypoglycemic events was significantly greater in the biphasic insulin aspart 30 qd and bid groups vs. the exenatide group: 39.3 v 20.2%, P =0.0013 (biphasic insulin aspart 30 qd v exenatide) 52.1 v 20.2%, P =0.0001 (biphasic insulin aspart 30 bid v exenatide)	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding		
	Adverse Events	Changes in Lipid Concentrations
continued	GI effects: G1: 29% G2: 9% G3: 8% Cardiac Arrhythmia Leading to Death: G3: 1 Hypokalemia: G3: 1 Events in G1 included: rash, gastric reflux, nausea or vomiting, elevated blood sugar, dizziness, nervousness, worsening asthma Events in G2 included: psoriasis Events in G3 included: worsening neuropathy, drooping of upper left eyelid, shoulder and neck pain, diarrhea and nausea, shingles	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
DeFronzo, 2010	Inclusion: age 18 –75 years, BMI 25–40 kg/m2,		Age: 56	metformin
20 weeks	stable body weight for at least 6 months prior to		Race: White 61%	
US	screening, A1C 6.8–10.0%, stable dose of	G1: (exenatide)	Female: 49%	
Eli Lilly Fair	metformin for at least 6 weeks prior to screening and no treatment with any other	n=45		
	antidiabetic medication, and absence of islet	G2: (rosiglitazone +		
	cell autoantibodies.	exenatide)		
		n=47		
	Exclusion: NR			
		G3: (rosiglitazone)		
		n=45		

Study Characteristics		
Author, Year		
Trial Name (if app.)		
Duration		
Country		
Funding		
Quality	Adverse Events	Changes in Lipid Concentrations
DeFronzo, 2010	Number of withdrawals because of (specified) AEs:	Change in Fasting (SE)
20 weeks	G1: 2 (nausea)	
US	G2: 2 (nausea), 1 (vomiting), and 1 (breast cancer)	G1: -0.13 (0.12)
Eli Lilly	G3: 1 (peripheral edema)	G2: +0.26 (0.11)
Fair		G3: +0.44 (0.12)
	Overall AEs:	G1 vs. G2: <i>P</i> =0.020
	G1: -2.8 (0.5)	G1 vs. G3: <i>P</i> < 0.001
	G2: -1.2 (0.5)	G3 vs. G2: <i>P</i> =0.276
	G3: +1.5 (0.5)	HDL:
	G1 vs.G2: P=0.038	G1: 0.02 (0.03)
	G1 vs. G3: P<0.001	G2: 0.05 (0.03)
	G3 vs. G2: <i>P</i> < 0.001	G3: 0.06 (0.03)
	L hun a shua ami au	G1 vs. G2: P=0.566
	Hypoglycemia:	G1 vs. G3: <i>P</i> =0.445
	G1: 2 (4%) G2: 2 (4%) G3: 0	G3 vs. G2: <i>P</i> =0.840
	Neuropa	LDL:
	Nausea:	G1: -0.05(0.10)
	G1: 47% G2: 47% G3: 4%	G2: 0.10 (0.10)
	Versities	G3: 0.33 (0.10)
	Vomiting: G1: 22% G2: 19% G3: 0	Exe vs. Exe+rosi P=0.308
	G1. 22% G2. 19% G3. 0	Exe vs. rosi P=0.008
	Diarrhaa	Rosi vs. Exe+rosi P=0.096
	Diarrhea: G1: 7 % G2: 21% G3: 4%	Triglycerides:
	G1. 7 % G2. 21% G3. 4%	G1: -0.34 (0.17)
	Pedal Edema:	G2: 0.00 (0.16)
	G1: 8 (18%) G2: 14 (30%) G3: 21 (47%)	G3: 0.07 (0.17)
	G1. 8 (16%) G2. 14 (30%) G3. 21 (47%) G3 vs. G1: P=0.007	G1 vs. G2: <i>P</i> =0.140 G1 vs. G3: <i>P</i> =0.079
	G3 vs. G1 or G3: <i>P</i> =NS	G1 vs. G2: P=0.079 G3: vs. G2: P=0.752
	GZ va. GT UI GJ . F - INO	G3. VS. GZ. P=0.752

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Russel-Jones, 2009 LEAD-5 26 weeks Multinational Novo Nordisk	Inclusion: 18–80 years old, with type 2 diabetes treated with oral glucose-lowering drugs (OGLAs) (94–95% combination therapy) for at least 3 months ; HbA1c level of 7.5–10% if on OGLA monotherapy or 7–10% if on OGLA		Age: G1: 57.6 G2: 57.5 G3: 57.5	All patients on metformin 2g and glimepiride 4mg
Good	combination therapy, and BMI ≤ 45kg/m2. Exclusion: Insulin within 3 months prior to the trial (except for short-term treatment for intercurrent illness); impaired hepatic or renal function, clinically significant cardiovascular disease, proliferative retinopathy or maculopathy, hypertension (≥180/100 mmHg) or cancer; pregnant; experienced recurrent hypoglycaemia unawareness; were seropositive for hepatitis B antigen or hepatitis C antibody; or used any drugs except for OGLAs that could affect blood glucose levels	G2: (placebo) n=115 G3: (insulin glargine, dose titrated to fasting blood sugar) n=234	Ethnicity: NR % Female: G1: 43 G2: 51 G3: 40	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Adverse Events	Changes in Lipid Concentrations
Russel-Jones, 2009	Number of withdrawals because of AEs:	NR
LEAD-5 26 weeks	Overall: 16 (2.95%) G1: 11 (4.78%)	
Multinational	G2: 1 (0.09%)	
Novo Nordisk	G3: 5 (2.16%)	
Good	Major Hypoglycemic Event (events/patient/year):	
	G1: 0.06 events/patient/year	
	G2: 0	
	G3: 0	
	Minor Hypoglycemic Event (events/patient/year): G1: 1.2 events/patient/year	
	G2: 1.0 events/patient/year	
	G3: 1.3 events/patient/year	
	Nausea:	
	G1: 32 G2: 4	
	G3: 3 <i>P</i> <0.0001	
	Diarrhea: G1: 23	
	G1: 25 G2: 6	
	G3: 3 <i>P</i> < 0.0001	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding		
Quality	Adverse Events	Changes in Lipid Concentrations
Russel-Jones, 2009 continued	Dyspepsia: G1: 15 G2: 1 G3: 4 <i>P</i> =0.0042	
	Vomiting: G1: 15 G2: 4 G3: 1 <i>P</i> =0.0005	
	Nasopharyngitis: G1: 21 G2: 10 G3: 26 <i>P</i> =0.6864	
	Headache: G1: 22 G2: 9 G3: 13 <i>P</i> =0.2687	
	Change in Systolic Blood Pressure: G1: 4.0 mmHg reduction	
	G2: 1.4 mmHg reduction; treatment difference −2.53 mmHg, 95% CI −5.36, 0.29; <i>P</i> =0.0791	
	G3: 0.54 mmHg increase; treatment difference −4.51 mmHg, 95% CI −6.82, −2.20; <i>P</i> =0.0001	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Garber, 2009	Inclusion: 18-80 years, BMI of 45 kg/m ² or less,	N=746	Age:	None
LEAD-3 Mono	with T2DM; treated with diet and exercise		G1: 53.7	
52 weeks	(36.5% of patients randomised) or up to half	G1: (liraglutide 1.2 mg)	G2: 52.0	
US and Mexico Novo Nordisk	the highest dose of oral antidiabetic drug monotherapy (63.5%) including	n=251	G3: 53.4	
Fair	sulphonylureas, meglitinides, aminoacid	G2: (liraglutide 1.8 mg)	Race/Ethnicity:	
	derivatives, biguanides, α-glucosidase	n=247	White %	
	inhibitors, and thiazolidinediones (1500 mg		G1: 80	
	metformin or 30 mg pioglitazone were allowed)	G3: (glimepiride 8 mg)	G2: 75	
	for at least 2 months; a screening HbA1c value of 7–11% if treated with diet and exercise or	n=248	G3: 77	
	7–10% with oral antidiabetic monotherapy.		Black %	
			G1: 14	
	Exclusion: insulin treatment during the previous		G2: 12	
	3 months (except short-term treatment for intercurrent illness), treatment with systemic		G3: 12	
	corticosteriods, hypoglycaemia unawareness or		Asian %	
	recurrent severe hypoglycaemia, and impaired		G1: 2	
	liver function (aspartate aminotransferase or		G2: 6	
	alanine aminotransferase concentrations \geq 2.5 times upper normal range.		G3: 4	
	-		Other %	
			G1: 5	
			G2: 7	
			G3: 7	
			% Female:	
			G1: 53	
			G2: 51	
			G3: 46	
			-	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding		
Quality	Adverse Events	Changes in Lipid Concentrations
Garber, 2009	Number of withdrawals because of AEs:	NR
LEAD-3 Mono 52 weeks	G1: 25 (10.0) G2: 18 (7.3)	
US and Mexico	G3: 15 (6.0)	
Novo Nordisk		
Fair	Infections and Infestations:	
	G1: 119 (47%)	
	G2: 102 (41%)	
	G3: 90 (36%)	
	Influenza:	
	G1: 17 (7%)	
	G2: 20 (8%)	
	G3: 9 (4%)	
	Nasopharyngitis:	
	G1: 17 (7%) G2: 9 (4%)	
	G3: 13 (5%)	
	Sinusitis:	
	G1: 15 (6%)	
	G2: 13 (5%)	
	G3: 15 (6%)	
	Upper Respiratory Tract Infection:	
	G1: 23 (9%)	
	G2: 24 (10%)	
	G3 14 (6%)	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding		
Quality	Adverse Events	Changes in Lipid Concentrations
Garber, 2009	Urinary Tract Infection:	
continued	G1: 20 (8%)	
	G2: 10 (4%)	
	G3: 10 (4%)	
	Major (requiring third party intervention):	
	G1: 0 G2: 0	
	G2: 0 G3: 0	
	Minor:	
	G1: 0.3 events/patient/year	
	G2: 0.25 events/patient/year	
	G3: 1.96 events/patient/year	
	GI disorders:	
	G1: 122 (49%)	
	G2: 126 (51%)	
	G3: 64 (26%)	
	Constipation:	
	G1: 21 (8%)	
	G2: 28 (11%)	
	G3: 12 (5%)	
	Diarrhea:	
	G1: 39 (16%)	
	G2: 46 (19%)	
	G3: 22 (9%) Flatulence:	
	G1: 4 (2%)	
	G1: 4 (2%) G2: 13 (5%)	
	G3: 4 (2%)	
	UU. T (270)	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding		
Quality	Adverse Events	Changes in Lipid Concentrations
Garber, 2009 continued	Nausea: G1:69 (27%) G2: 72 (29%) G3:21 (8%) Vomiting: G1: 31 (12%) G2: 23 (9%) G3: 9 (4%) Injury, poisoning, and procedural complications: G1: 22 (9%) G2: 24 (10%) G3: 29 (12%) Investigations: G1: 16 (6%) G2: 23 (9%) G3: 18 (7%) Metabolism and nutrition disorders: G1: 38 (15%) G2: 35 (14%) G3: 28 (11%) Musculoskeletal and connective tissue disorders: G1: 48 (19%) G2: 46 (19%) G3: 38 (15%) Back pain: G1: 14 (6%) G2: 11 (5%) G3: 11 (4%)	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding		
Quality	Adverse Events	Changes in Lipid Concentrations
Garber, 2009 continued	Nervous system disorders: G1: 56 (22%) G2: 49 (20%) G3: 55 (22%) Dizziness: G1: 13 (5%) G2: 16 (6%) G3: 13 (5%) Headache: G1: 27 (11%) G2: 18 (7%) G3: 23 (9%) Psychiatric disorders: G1: 21 (8%) G2: 21 (9%) G3: 14 (5%) Respiratory, thoracic, and mediastinal disorders: G1: 21 (8%) G2: 28 (11%) G3: 28 (11%) Skin and subcutaneous tissue disorders: G1: 23 (9%) G2: 24 (10%) G3: 17 (7%) Vascular disorders: G1: 11 (4%) G2: 15 (6%) G3: 17 (7%) Hypertension: G1: 7 (3%) G2: 8 (3%) G3: 15 (6%)	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Madsbad, 2004	Inclusion: Men and women age 30 years or	N=193 (190 in ITT)	Age:	None
12 weeks Scandanavia and the	more; T2DM diagnosis (according to American	C1: liroquitido 0.045 mg	G1: 53 (9.0) G2: 58 (7.5)	
UK	Diabetes Association criteria); BMI 40 kg/m2 or less, were being treated with diet or an oral	n=26	G2: 58 (7.5) G3: 57 (11.3)	
Novo Nordisk	hypoglycemic agent (OHA), and had an HbA1c	11-20	G4: 57 (7.7)	
Fair	9.5% or less (OHA) or 7.5–10.0% (diet)	G2: liraglutide 0.225 mg	G5: 58 (9.7)	
		n= 24	G6: 57 (9.4)	
	Exclusion: Liver or renal disease, heart failure,		G7: 57 (9.2)	
	unstable angina pectoris, myocardial infarction	G3: liraglutide 0.45 mg		
	within the previous 12 months, concomitant treatment with thiazolidinediones or other	n=27	Race/Ethnicity: NR	
	investigational drugs, or other significant	G4: liraglutide 0.60 mg	% Female:	
	conditions likely to affect a patient's diabetes	n=30	G1: 15%	
	and/or ability to complete the trial. Women who		G2: 38%	
	were pregnant, breast-feeding, or not using an	G5: liraglutide 0.75	G3: 33%	
	adequate method of contraception	n=28	G4: 33%	
			G5: 43%	
			G6: 31%	
		G6: placebo N = 29	G7: 38%	
		G7: glimepiride n=26		

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Adverse Events	Changes in Lipid Concentrations
Madsbad, 2004	Number of withdrawals because of AEs:	
12 weeks	G1: 0	
Scandanavia and the	G2: 1 (4.2%)	
UK	G3: 0	
Novo Nordisk Fair	G4: 1 (3.3%) G5: 1 (3.6%)	
raii	G6: 0	
	G7: 0	
	Overall WDs: 3/190 or 1.6%	
	Overall Adverse Events: G1-G5: All liraglutide 60% (81/135) G6: 55% (16/29) G7: 35% (9/26)	
	Hypoglycemia: Minor hypoglycemia blood glucose < 2.8 mmol/L G1: 0 G2: 0 G3: 0 G4: 1 (3.3%) G5: 0 G6: NR G7: 4 (15.3%)	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Adverse Events	Changes in Lipid Concentrations
Madsbad, 2004	Nausea:	
continued	G1-G5: 10 (7.4%)	
oontindod	G2: 1 (3.4%)	
	G3: NR	
	Diarrhea: G1-G5: 5 (3.7%) G6: 0 G7: 0	
	Vomitting:	
	G1-G5: 3 (2.2%)	
	G6: 0	
	G7: 1 (3.8%)	
	Constipation: G1-G5: 3 (2.2%) G6: 0 G7: 0	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Nauck, 2009	Inclusion: 18–80 years of age, had A1C	N=1091 (1087 in ITT)	Age:	metformin
LEAD-2	between 7 and 11% (prestudy oral antidiabetic		G1: 56	
26 weeks	agents (OAD) monotherapy for 3 months) or	G1: liraglutide 0.6 mg	G2: 57	
Multinational	between 7 and 10% (prestudy combination	n=242	G3: 57	
Novo Nordisk	OAD therapy for 3 months); BMI 40 kg/m2 or		G4: 57	
Fair	less	G2: liraglutide 1.2 mg n=240	G5: 56	
	Exclusion: Insulin during the previous 3 months		Race/Ethnicity %:	
	(except short-term treatment)	G3: liraglutide 1.8 mg		
		n=242	Caucasian: G1: 84, G2:	
			88, G3: 88, G4: 89, G5:	
		G4: glimepiride 4 mg n=242	88	
			Black: G1: 2, G2: 4, G3:	
		G5: placebo n=121	2, G4: 2, G5: 3	
			Asian/Pacific Islander:	
			G1: 13, G2: 8, G3: 7,	
			G4: 9, G5: 7	
			Other: G1: 2, G2: 1, G3:	
			2, G4: 1, G5: 3	
			% Female:	
			G1: 38	
			G2: 46	
			G3: 41	
			G4: 43	
			G5: 40	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding		
Quality	Adverse Events	Changes in Lipid Concentrations
Nauck, 2009 LEAD-2 26 weeks Multinational Novo Nordisk Fair	Number of withdrawals because of AEs: G1: 11(5) G2: 23 (10) G3: 29 (12) G4: 8 (3) G5: 2 (2) Hypoglycemia: Minor G1: \sim 7 G2: \sim 7 G3: \sim 7 G4: 41 G5: \sim 4 0.03– 0.14 events/year for the placebo and liraglutide groups and 1.23 events/year for the glimepiride) that was significantly less for all three liraglutide groups than for the glimepiride group (P <0.001). *No major hypoglycemia was reported in any of the groups Overall GI AEs: G1: 85 G2: 96 G3: 106 G4: 41 G5: 21 Diarrhea: G1: 24 G2: 19 G3: 36 G4: 10	NR
	G5: 5	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Placebo-controlled	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
studies				
Apovian, 2010 24 weeks US Eli Lilly Fair	Inclusion: 8-75 years of age withn T2DM, treated for at least 6 weeks with a stable dose of metformin or a sulfonylurea, hemoglobin A1c (HbA1c) 6.6%-10.0%, body mass index 25-39.9 kg/m2, and history of stable body weight (not varying by >5% for at least 6 months Exclusion: Use of exogenous insulin, alpha- glucosidase inhibitors, a thiazolidinedione, weight loss agents within 6 months before study entry, evidence of poorly controlled hypertension within the previous 3 months, or history or presence of cardiac disease within 3 years		Age: G1: 54.5 G2: 55.1 Ethnicity: NR % Female: G1: 63 G2: 62	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Placebo-controlled studies	Adverse Events	Changes in Lipid Concentrations
5100165		
Apovian, 2010 24 weeks	Number of withdrawals because of AEs: G1: 4.2%	Fasting Triglyceride (mmol/I):
US Eli Lilly	G2: 5.1% <i>P</i> =1.0	Baseline: G1: 1.62 (0.07)
Fair	Hypoglycemia: Events per patient year	G2: 1.78 (0.07)
	G1: 7.1 (1.4)	After treatment:
	G2: 4.6 (1.4)	G1: 1.93 (0.11)
	<i>P</i> =0.127 (No events were severe)	G2: 1.92 (0.11) P=0.065
	Nausea % (n): G1: 45% (43) G2: 19% (19) <i>P</i> <0.001	
	Vomitting % (n): D1: 22% (21) D2: 9% (9) <i>P</i> =0.017	
	Weight Gain: G1: -6.2 kg G2: -4.0 kg	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Gao, 2009	Inclusion: Age 21-75, T2DM, treated with stable		G1:	metformin alone or
16 weeks	dose of metformin and/or sulfonylurea for at	analyzed	Age 55 (9)	metformin +
Multiple, Asia	least 3 months, inadequate glycemic control	<u> </u>	Race: All Asian/Indian	sulfonylurea (usual
Amylin	(HbA1c >=7.0% and <=11.0%), BMI>21kg/m^2	G1: (5ug [1st 4 weeks] to	Female: 52%	dose)
Pharmaceuticals and	and <35kg/m ²	10ug [12 weeks] exenatide	<u></u>	
Eli Lilly		twice daily + oral	G2:	
Good	Exclusion: Previous participation in any study	antidiabetic agents) n=234	Age 54 (9)	
	using exenatide or GLP-1 analogs, participation		Race: 100%	
	in any study within 30 days, contraindications	G2: (placebo + oral	Asian/Indian	
	for metformin or sulfonylurea, treated with exogenous insulin for >1 week within 3 months, use of weight loss drugs within 1 month	antidiabetic agents) n=232	Female: 59%	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding		
Quality	Adverse Events	Changes in Lipid Concentrations
Gao, 2009 16 weeks Multiple, Asia Amylin	Discontinuation due to AE: G1: 23 (9.8%); G2: 3 (1.3%)	NR
Pharmaceuticals and Eli Lilly Good	Any AEs: G1: n patients = 134 G2: n patients = 84	
	Upper Respiratory Tract Infection: G1: 4 G2: 5	
	Hypoglycemia: Reported: G1: 83 G2: 21 Documented: G1: 41 G2: 10 Severe: G1: 2 G2: 1	
	Nausea/vomiting/abdominal distention/anorexia/dyspepsia: G1: 119 G2: 13	
	Dizziness: G1: 14 G2: 4	
	Nasopharyngitis: G1: 17 G2: 12	
	Anorexia: G1: 9 G2: 1	
	Fever: G1: 6 G2: 4	
	Pain (joint, head): G1: 9 G2: 8	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Gill, 2010	Inclusion: 18-75 y; Stable metformin dose for	N=54	G1:	"metformin (stable
12 weeks	30 days or TZD for 120 days; BMI >25 and < 40		Age: 57	dose 30 days)
Multinational	kg/m2; HbA1c 6.5-9.5%; Body weight with ≤	G1: exenatide (5-10mg/bid)	Race: Caucasian 86%,	or
Eli Lilly Fair	10% variation for 3 mo; stable antihypertensive regimens maintained ≥ 6wk	n=28	African 7%, East Asian 4%, Hispanic 4%	TZD (stable dose for 120 days)"
		G2: placebo	Female: 32%	3 /
	Exclusion: History of clinically significant	n=26		
	cardiac disease or cardiac disease within one		G2:	
	year; Clinically significant arrhythmia; Resting		Age: 54	
	heart rate <60 or>100 beats/minute; repeated systolic blood pressure > 1600 mm Hg or diastolic blood pressure > 100 mm Hg; current treatment with beta blockers		Race: Caucasian 96%, African 0%, East Asian 4%, Hispanic 0% Female: 58%	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding		
Quality	Adverse Events	Changes in Lipid Concentrations
Gill, 2010	Number of withdrawals because of AEs:	NR
12 weeks	G1: 0	
Multinational	G2: 1 (3.8%)	
Eli Lilly		
Fair	Hypoglycemia (Percentage of patients reporting):	
	G1: 7%	
	G2: 4%	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Kadowaki, 2009	Inclusion: 20-75 years, T2DM, weight >=50kg,	N=153 randomized; 151	Age:	sulfonylurea alone
12 weeks	been managing DM with sulfonylurea alone, sulfonylurea plus a biguanide, or sulfonylurea	included in full analysis	G1: 60.5 (10.2)	or with biguanise or
Japan Amylin	plus a TZD for at least 3 months, treatment with	G1: (placebo + sulfonylurea/	G2: 62.2 (7.8) G3: 60.7 (9.8)	TZD; patients using an a-glucosidase
Pharmaceuticals and	a-glucosidase inhibitor or meglitinide included	sulfonyurea+biguanide/	G4: 57.8 (10.4)	inhibitor or a
Eli Lilly	after discontinuation; suboptimal glycemic	sulfonylurea+TZD)		meglitinide
Fair	control (HbA1c from 7%-10% for patients on	n=40	Race: 100% Japanese	derivative could be
	sulfonylurea alone or sulfonylurea plus biguanide; 6.5-9.5% for patients treated with a-	G2: (2.5ug exenatide twice	Female:	included but were required to
	glucosidase inhibitor or meglitinide)	daily + sulfonylurea/	G1: 25.0%	discontinue them
		sulfonyurea+biguanide/	G2: 29.7%	before starting
	Exclusion: Treatment with any exogenous	sulfonylurea+TZD)	G3: 32.4%	study drug
	insulin or drug directly affecting GI motility within last 3 months, clinically significant renal	n=38	G4: 37.8%	
	or hepatic disease, blood pressure	G3: (5ug exenatide twice		
	>=160/100mm/Hg, hospitalization for cardiac	daily + sulfonylurea/		
	disease within 1 year, clinically significant	sulfonyurea+biguanide/		
	history of or active digestive disease within 1 year, active or untreated malignancy or	sulfonylurea+TZD) n=37		
	remission from clinical malignancy for <5 years,			
	hyperglycemia (self-monitored blood glucose	G4: (5ug for 4 weeks then		
	>=250mg/dL fasting or >=350mg/dL anytime), >1 severe hypoglycemic episode requiring	10ug exenatide twice daily + sulfonylurea/		
	assistance within 3 months, pregnancy, no	sulfonyurea+biguanide/		
	reliable birth control	sulfonylurea+TZD) n=38		

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding		
Quality	Adverse Events	Changes in Lipid Concentrations
Kadowaki, 2009	Discontinued due to AE:	None
12 weeks	G1: 1 (2.5%) G2: 3 (8.1%) G3: 4 (10.8%) G4: 5 (13.5%)	
Japan Amylin	G3. 4 (10.8%) G4. 5 (13.5%)	
Pharmaceuticals and	AEs reported in >=10% of patients in any treatment	
Eli Lilly	group:	
Fair	G1: 22 G2: 35 G3: 55 G4: 72	
	Mild or moderate hypoglycemia: G1: 4 G2: 10 G3: 16 G4: 20 *No patients with severe hypoglycemia during the study Nausea/vomiting/constipation/diarrhea/ stomach discomfort/abdominal distention: G1: 3 G2: 13 G3: 24 G4: 27 Anorexia: G1: 0 G2: 0 G3: 1 G4: 5	
	Nasopharyngitis: G1: 11 G2: 9 G3: 3 G4: 7	
	Decreased appetite: G1: 0 G2: 0 G3: 3 G4: 5	
	Blood glucose decreased (separate from hypoglycemia): G1: 4 G2: 10 G3: 16 G4: 20	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Moretto, 2008 24 weeks United States, Puerto Rico, Romania, Russia, and India Amylin Pharamceuticals and Eli Lilly and Company Good	Inclusion: >18 years of age, T2DM, BMI of 25 to 45 kg/m2, manage T2DM with diet and exercise consistent with local standards of medical care, have HbA1c between 6.5% and 10.0%. (Female patients eligible if they were postmenopausal, surgically sterile, or using contraceptives for >12 weeks before screening and continuing throughout the study.) Exclusion: Ever been treated with an antidiabetic agent; blood pressure >160/>110mm Hg, history or presence of clinically significant cardiac disease within the year prior to inclusion in the study, history of renal transplant or active renal or hepatic disease, received any medication for weight loss within 12 weeks prior to screening.		G1: 54 (10); White 65%, Asian 29%, Hispanice 6%, Black, 0%; Female 48% G2: 55 (10); White 72%, Asian 23%, Hispanic 1%, Black, 4%; Female 38% G3: 53 (9); White 66%, Asian 27%, Hispanice 3%, Black, 4%; Female 45%	None

Study		
Characteristics		
Author, Year		
Trial Name (if app.)		
Duration		
Country		
Funding		
Quality	Adverse Events	Changes in Lipid Concentrations
Moretto, 2008	Withdrawals due to AEs:	Change from Baseline:
24 weeks	G1: N=0 G2: N=2 G3: N=0	G1:
United States, Puerto		TC = -0.2 (1.6)
Rico, Romania,	Overall 57/232 (25%) patients reported one or more	HDL = 1.3 (0.4)
Russia, and India	AEs:	LDL = -2.0 (1.3)
Amylin	G1: 16/77 (21%) G2: 26/78 (33%)	
Pharamceuticals and	G3: 15/77 (19%)	G2:
Eli Lilly and Company		TC = -1.1 (1.6)
Good	Hypoglycemia:	HDL = 0.4 (0.4)
	G1: 4/77 (5%) G2: 3/78 (4%) G3: 1/77 (1%)	LDL = -1.3 (1.4)
	Nausea:	
	G1: 2 (3%) G2: 10 (13%) G3: 0	G3:
	Vomiting:	TC = 3.4 (1.6)
	G1: 3 (4%) G2: 3 (4%) G3: 0	HDL = 0.5 (0.4)
	Dyspepsia:	LDL = 1.4(1.3)
	G1: 0 G2: 4 (5) G3: 0	
	Diarrhea:	
	G1: 0 G2: 2 (3%) G3: 0	
	Headache:	
	G1: 4 (5%) G2: 2 (3%) G3: 3 (4%)	
	Inlfluenza:	
	G1: 3 (4%) G2: 5 (6%) G3: 3 (4%)	
	Back Pain:	
	G1: 3 (4%) G2: 2 (3%) G3: 1 (1%)	
	Nasopharyngitis:	
	G1: 2 (3%) G2: 4 (5%) G3: 1 (1%)	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Seino, 2008	Inclusion: T2DM treated with diet therapy with	N=226	/01 011010	None
14 weeks	or without oral antidiabetic drug (OAD)		Age:	
Japan	monotherapy, HbA1c 7.0% and <10.0%, to be	G1: liraglutide 0.1 mg	G1: 56.5 SD 8.4	
Novo Nordisk	aged between 20 and 75 years and to have	n=45	G2: 56.8 SD 8.8	
Good	BMI <30		G3: 60.0 SD 7.0	
		G2: liraglutide 0.3 mg	G4: 55.5 SD 7.6	
	Exclusion: Insulin or insulin sensitizer within 16 weeks, or systemic corticosteroids, impaired	n=46	G5: 57.5 SD 8.7	
	hepatic or renal function;, congestive heart failure (New York Heart Association class III or	G3: liraglutide 0.6 mg n=45	Race/Ethnicity: NR	
	IV), unstable angina pectoris or myocardial		% Female	
	infarction within 12 months, uncontrolled	G4: liraglutide 0.9 mg	G1: 31	
	hypertension (systolic blood pressure > 160	n=44	G2: 30	
	mmHg or diastolic blood pressure >100		G3: 38	
	mmHg), non-stabilised proliferative retinopathy	G5: placebo	G4: 30	
	or maculopathy.	n=46	G5: 37	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding		
Quality	Adverse Events	Changes in Lipid Concentrations
Seino, 2008 14 weeks Japan Novo Nordisk Good	Withdrawals due to AEs: G1: 0 G2: 0 G3: 0 G4: 1 (2%) G5: 1 (2%) *Overall 154 (68%) No hypoglycemia GI Effects: G1: 8 (18%) G2: 7 (15%) G3: 14 (31%) G4: 13 (30%) G5: 11 (24%) Mean change from baseline (kg): G1: -0.05 G2: +0.13 G3: -0.10 G4: -0.48 G5: -0.95 Liraglutide-placebo mean, 95% Cl: G1: 0.87, 0.19 to 1.55 G2: 1.08, 0.41 to 1.75 G3: 0.84, 0.16 to 1.51 G4: 0.46, -0.22 to 1.14	NR
	G5: NA	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Vilsboll, 2007 14 weeks	Inclusion: Age >=18 years; T2DM; HbA1c >=7.5% and <=10.0% (diet) or >=7.0% and	N=165 randomized, 163 exposed	G1: Age: 55.4 (11.4)	None
Denmark, France, the	<=9.5% (mono-oral antidiabetes drug);	expected	Race: NR	
Netherlands, Slovakia Novo Nordisk	BMI<=40 (from a related article)	G1: (1.90mg liraglutide) n=41	Female: 27%	
Fair	Exclusion: NR		G2:	
		G2: (1.25mg liraglutide)	Age: 53.8 (10.7)	
		n=42	Race: NR Female: 45%	
		G3: (0.65mg liraglutide)		
		n=40	G3:	
		$O(t_{1})$ (also a b a)	Age: 56.5 (9.3)	
		G4: (placebo) n=40	Race: NR Female: 33%	
		11-40		
			G4:	
			Age: 57.7 (8.2)	
			Race: NR	
			Female: 53%	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding		
Quality	Adverse Events	Changes in Lipid Concentrations
Vilsboll, 2007 14 weeks Denmark, France, the	Withdrawals due to AEs: All: 7 (4%) G1: 2 (5%)	Lipids (total, LDL, HDL, VLDL): NS
Netherlands, Slovakia Novo Nordisk Fair		Triglycerides (%, vs placebo) at 14 wks): G1 = -22% [35, -6]
raii	Any GI event:	G2 = -15% [-30, 2] (NS)
	G1: N=15 G2: N=12 G3: N=15 G4: N=9	G3 = -19% [-33, -2]
	Constipation: G1: N=1	
	Tachyopnea / GERD: G1: N=1	
	Nausea: G1: N=4 G2: N=1 G3: N=4 G4 N=1	
	Diarrhea: G1-G3: N=26 G4: N=5	
	Vomiting: G1-G3: N=4 G4: N=0	
	Injection site rash: G2 = 1	
	Increased blood glucose: G4: N=2	
	Hyperglycemia/nausea: G4: N=1	
	Influenza: G1: N=1 G4: N=1	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Zinman, 2009	Inclusion: T2DM, 18–80 years, had A1C	N=821 screened/enrolled	G1:	metformin and
LEAD-4	between 7 and 11% (prestudy oral antidiabetic	N 500 I I I	Age: 55	rosiglitazone
26 weeks US and Canada	drug (OAD) monotherapy for 3 months) or 7–10% (prestudy combination OAD therapy for	N=533 randomized	Race %: Caucasian 81,	
Novo Nordisk Fair	3 months), and had BMI 45 kg/m2	G1: Liraglutide 1.2 mg n= 178	Black 15, Asian 1, Indian 1, Other 2	
	Exclusion: Insulin treatment in previous 3 months(except shortterm treatment for intercurrent illness)	G2: Liraglutide 1.8 mg n= 178	Female: 43%	
			G2:	
		G3: Placebo n = 177	Age: 55	
			Race %: Caucasian 83, Black 10, Asian 3, Indian 1, Other 3	
			Female: 49%	
			G3:	
			Age: 55	
			Race %: Caucasian 84, Black 10, Asian 2, Indian 1, Other 3	
			Female: 38%	

Study		
Characteristics		
Author, Year		
Trial Name (if app.)		
Duration		
Country		
Funding		
Quality	Adverse Events	Changes in Lipid Concentrations
Zinman, 2009	Withdrawals due to Aes:	TC:
LEAD-4	G1: 11	G1: -8.11
26 weeks	G2: 27	G2: -7.72
US and Canada	G3: 6	G3: -0.77
Novo Nordisk		
Fair	Minor hypoglycemia:	LDL:
	G1: 16	G1: -10.81
	G2: 14	G2: -8.88
	G3: 9	G3: -3.86
	Events per year:	G1 vs G3: <i>P</i> < 0.05
	G1: 0.4	
	G2: 0.6	HDL:
	G3: 0.2	G1: -1.16
	G2 vs. G3: P=0.004	G2: -1.54
		G3: -1.16
	GI Events:	
	G1: 80	TG:
	G2: 100	G1: -33.62
	G3 34	G2: -28.31
		G3: -11.5
	Peripheral Edema:	G1 vs G3: <i>P</i> <0.05
	G1: 9	
	G2: 3	
	G3: 14	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Head-to-head studies				
Brackenridge, 2009 Poor	data not abstracted because of poor quality rating			
Deeg, 2007 GLAI 24 weeks US Eli Lilly & Takeda Fair	Inclusion; aged 35 years with T2DM; fasting triglyceride levels ≥150 mg/dl and <600 mg/dl; fasting LDL cholesterol levels <130 mg/dl; fasting serum C-peptide levels ≥ 1 ng/ml; and A1C values ≥7%, ≤ 11% if naive to previous oral antihyperglycemic medication therapy; or A1C values ≥7%, ≤9.5% if previously treated with OAM monotherapy. Exclusion: treatment with insulin within 60 days of screening, combination oral antihyperglycemic medication therapy, any lipid- altering agent, and any weight loss agent	Overall: N=735 Original study: G1: n=369 G2: n=366 With lipid results: G1: (pioglitazone 30mg daily for 12 weeks, then pioglitazone 45mg daily for 12 weeks) n=333 G2: (rosiglitazone 4mg daily for 12 weeks, then rosiglitazone 4mg bid for 12 weeks) n=325	Baseline characteristics of original study population - not population in this analysis: G1: Age 55.9, SD 10.5 Race: White 64.8%, Hispanic 28.5%, Asian 2.7%, African 2.4% Other 1.6% Female: 46.1% G2: Age: 56.3, SD 11.3 Race: White 59.8%, Hispanic 32.2% Asian 3.3% African 2.7%, other 1.9% Female: 45.1%	None reported

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Adverse Events	Changes in Lipid Concentrations	Weight Gain
Head-to-head studies			
Brackenridge, 2009 Poor			
Deeg, 2007 GLAI 24 weeks US Eli Lilly & Takeda Fair	NR	G1: least squares means (95% CI) TC: +9.6 (5.8, 13.5) LDL: +12.5 (9.3, 15.7) HDL: +5.2 (4.2, 6.1) TG: -46.7 (-62.5, -31) G2: TC: +28.5 (24.6, 32.3) LDL: +21.4 (18.1, 24.6) HDL: +2.3 (1.4, 3.3) TG: +12.3 (-3.5, 28.1)	NR
		G1 vs G2: P<0.001 for all comparisons	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Chogtu, 2009	Inclusion: both genders; age 30-70;	-	NR	glimepiride
12 weeks India	T2DM; perscribed glimeperide and required an add-on therapy for poor	randomized		
Funding NR	glycemic control, normotensive, not			
Poor	on antihypertensive or	titrated dose +		
	hypolipidaemic drugs	glimeperide 2mg/day) n=28		
	Exclusion: NR			
		G2: (rosiglitazone,		
		titrated dose +		
		glimeperide 2mg/day) n=28		

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Adverse Events	Changes in Lipid Concentrations	Weight Gain
Chogtu, 2009 12 weeks India Funding NR Poor	NR	data available in graph only. From the text: Lipid profile parameters showed significant differences between the two groups. TC in the pioglitazone and rosiglitazone groups changed and the difference between the two groups was significant ($p = 0.004$) (Fig. 2). TG in the pioglitazone group ($p = 0.0006$) decreased significantly in comparison to the rosiglitazone group ($p = 0.255$) at 12 weeks with a p-value of 0.002. LDL cholesterol levels also showed a significant decrease ($p = 0.005$) at the end of the study in the pioglitazone group, compared to the rosiglitazone group. HDL cholesterol increased non- significantly ($p = 0.83$) in the pioglitazone group as compared	NR
		to the rosiglitazone group, in which there was a decrease in the HDL levels ($p = 0.03$). However, the intergroup change in the HDL cholesterol levels was not statistically significant ($p > 0.05$) (Fig. 2).	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Beysen, 2008 20 weeks US Funding NR Fair	Inclusion: T2DM; HbA1c > 7.5 or fasting glucose > 180mg/dl; not controlled with metformin alone or metformin in combination with sulfonylurea; hypertriglyceridemia (150-400mg/dl)	N=12 patients randomized G1: (rosiglitazone 15- 30mg/day x 4 weeks, 45mg/day x 16 weeks)		NR
	Exclusion: pregnancy; ALT>1.5 times normal upper limit; creatinine > 1.4mg/dl; congestive heart failure; history of coronary artery, pulmonary or neurological disesae; treatment with insulin; treatment with statin or fibric acid derivative within 2 months of study	n=6 G2: (pioglitazone 4mg/day x 4 weeks, 8mg/day x 16 weeks) n=6	Age: 53 Race: NR Female: 50%	

Study Characteristic Author, Year Trial Name (if app.) Duration Country Funding	S		
Quality	Adverse Events	Changes in Lipid Concentrations	Weight Gain
Beysen, 2008	Fasting AST, Mean Change (SD):	TC:	G1: 3.0 (3.4) kg
20 weeks	G1: 0 (4)	G1: 37.84 mg/dL (SD NR)	G2: 4.9 (4.2) kg
US	G2: -2 (5)	G2: -1.93 mg/dL (SD NR)	
Funding NR			
Fair	Fasting ALT, Mean Change (SD):	LDL:	
	G1: -6 (6)	G1: 29.34 mg/dL (SD NR)	
	G2: -4 (6)	G2: 7.34 mg/dL (SD NR)	
		HDL: G1: 1.54 mg/dL (SD NR) G2: -3.09 mg/dL (SD NR)	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Vijay, 2009	Inclusion: HbA1c > 8%;	N=50	G1:	NR
16 weeks	cardiovascular risk factors; age 30-		Age: 48.1	
India	70; BMI <36; stable body weight for	G1: (pioglitazone 30-	Race/Ethnicity: NR	
UGC, India	3 months prior to study	45mg/day)	Female: NR	
Fair		n=20		
	Exclusion: Hepatic or other		G2:	
	preexisting chronic disease; any	G2: (rosiglitazone 4-	Age: 47.75	
	smoking in 6 months prior to study;	8mg/day)	Race/Ethinicity: NR Female:	
	previous use of insulin or thiazonlidinediones; history of	n=20	NR	
	stroke; patients taking	G3: (controls	G3:	
	glucocorticoids or other drugs that	(sulfonylureas/other	Age: 49.7	
	affect glucose metabolism, lipid	secretagogues))	Race/Ethnicity: NR Female:	
	lowering drugs, alcohol, or psychoactive substances.	n=10	NR	
			*Study reports that overall the	
			male/female ratio was 3:2	

Study Characterist Author, Year Trial Name (if app.) Duration Country Funding			
Quality	Adverse Events	Changes in Lipid Concentrations	Weight Gain
Vijay, 2009 16 weeks India	NR	TC (mg/dl): G1: -20.1 (SD 9.7)	G1: 1.15kg (SD 0.40) <i>P</i> =0.00, G1 vs. baseline
UGC, India Fair		G3: 17.6 (SD NR) <i>P</i> =0.002, G3 vs. baseline <i>P</i> =0.00, G1 vs. G2	G2: 0.7kg (SD 0.3) <i>P</i> =0.80, G2 vs. baseline
		LDL (mg/dl): G1: -13.66 (SD 6.7) <i>P</i> =0.00, G1 vs. baseline G2: 5.39 (SD NR) <i>P</i> =0.39, G2 vs. baseline G3: 11.27 (SD NR) <i>P</i> =0.00, G3 vs. baseline <i>P</i> =0.00, G1 vs. G2 and G3	G3: -0.13kg (SD NR) <i>P</i> =0.38, G3 vs. baseline NR, G1 vs. G2 vs. G3
		HDL (mg/dl): G1: 4.7 (SD 1.4) P=0.00, G1 vs. baseline G2: 3.25 (SD NR) P=0.010, G2 vs. baseline G3: -1.72 (SD NR) P=0.01, G3 vs. baseline P=0.01, G1 vs. G2	
		TGL (mg/dl):G1: -33 (SD 8.7)P=0.00, G1 vs. baselineG2: -25.3 (SD NR)P=0.013, G2 vs. baselineG3: 22.5 (SD NR)P=0.00, G3 vs. baselineP=0.38, G1 vs. G2	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Oz, 2008	Inclusion: Newly diagnosed T2DM	N=35	Age: 55.2	NR
12 weeks	(<6 months)		Race/Ethnicity: NR Female:	
Turkey		G1: (pioglitazone	49%	
Funding NR	Exclusion: Impaired hepatic function	30mg/day)		
Fair	or renal function; Serious cardiovascular disease including	n=14	*NR by individual groups	
	heart failure, history of myocardial	G2: (rosiglitazone		
	infarction or stroke; Pregnant or	4mg/day)		
	breastfeeding women; Severe anemia	n=11		
		G3: (placebo + medical nutrition therapy): n=10		

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding			
Quality	Adverse Events	Changes in Lipid Concentrations	Weight Gain
Oz, 2008	Withdrawals due to AEs = 0	TC: (mg/dl):	BMI:
12 weeks		G1: -10.17 (SD NR)	G1: -0.1 (SD NR)
Turkey		G2: -8.3 (SD NR)	G2: -0.4 (SD NR)
Funding NR		G3: 0.3 (SD NR)	G3: -1.0 (SD NR)
Fair		NS, all groups vs. baseline	
			<i>P</i> =0.013, G3 vs.
		LDL (mg/dl):	baseline
		G1: -15.3 (SD NR)	
		G2: -3.3 (SD NR)	NS, G1/G2 vs. baseline
		G3: 8.7 (SD NR)	
		NS, all groups vs. baseline	NR, G1 vs. G2 vs. G3
		HDL (mg/dl):	
		G1: -2.1 (SD NR)	
		G2: -1.8 (SD NR)	
		G3: -2.7 (SD NR)	
		NS, all groups vs. baseline	
		TGL (mg/dl):	
		G1: -82.6 (SD NR)	
		P=0.004, G1 vs. baseline	
		G2: -13.8 (SD NR)	
		G3: -27.6 (SD NR)	
		NS, G2/G3 vs. baseline	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
OZ Gul, 2010	Inclusion: Newly diagnosed T2DM	N=60	Age: 56.4	None
12 weeks	(<6 months) naïve to prior		Race/Ethnicity: 100% Turkish	
Turkey	antidiabetic therapy	G1: (pioglitazone	Female: 42%	
Funding NR		30mg/day)		
Fair	Exclusion: Taking statins, ACE inhibitors, ARBs; Acute	n=19	*NR by individual groups	
	complications with need for insulin	G2: (rosiglitazone		
	therapy; Impaired hepatic function	4mg/day)		
	or renal function; Severe anemia; Serious cardiovascular disease	n=20		
	including heart failure, history of myocardial infarction or stroke; Pregnant or breastfeeding women.	G3: (placebo + medical nutrition therapy) n=21		

Study Characteris Author, Year Trial Name (if app. Duration Country Funding			
Quality	Adverse Events	Changes in Lipid Concentrations	Weight Gain
OZ Gul, 2010 12 weeks Turkey Funding NR Fair	NR	TC (mg/dl): G1: -10.7 (SD NR) G2: -3.6 (SD NR) G3: -0.7 (SD NR) NS, all groups vs. baseline LDL (mg/dl): G1: 6.1 (SD NR) G2: 2.2 (SD NR) G3: 2.3 (SD NR) NS, all groups vs. baseline HDL (mg/dl): G1: 1.2 (SD NR) G2: -1.1 (SD NR) G3: -0.1 (SD NR) NS, all groups vs. baseline TGL (mg/dl): G1: -44.5 (SD NR)	BMI: G1: 0.1 (SD NR) G2: -0.1 (SD NR) G3: -0.8 (SD NR) NS, all groups vs. baseline NR, G1 vs. G2 vs. G3
		P=0.011, G1 vs. baseline G2: -22.7 (SD NR) G3: -23.2 (SD NR) NS, G2/G3 vs. baseline	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Active-control studies	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
DeFronzo, 2010 20 weeks USA Eli Lilly Fair	Inclusion: age 18 –75 years, BMI 25–40 kg/m2, stable body weight for at least 6 months prior to screening, A1C 6.8–10.0%, stable dose of metformin for at least 6 weeks prior to screening and no treatment with any other antidiabetic medication, and absence of islet cell autoantibodies. Exclusion: NR		Baseline characteristics not reported for each arm. For entire study population: Mean age 56 yrs 61% white 49% female	Metformin

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Adverse Events	Changes in Lipid Concentrations	Weight Gain
Active-control studies			
DeFronzo, 2010 20 weeks USA Eli Lilly Fair	Number withdrawn because of adverse events G1: 2; G2: 5; G3: 1 Overall advese events NR Severe hypoglycemia: G1: 0; G2: 1; G3: 0 Any confirmed hypoglycemia:	Change in Fasting (SEM) mg/dL Total Cholesterol G1: -5.02 (4.63) G2: +10.03 (4.25) G3: +16.99 (4.63) Exenatide vs. Exenatide+rosiglitazone P = 0.020 Exenaide vs. rosiglitazone P < 0.001 Rosiglitazone vs. Exenatide+rosiglitazone P = 0.276 HDL C4.0 77 (4.40)	see KQ1
	G1: 2 (4%) G2: 2 (4%) G3: 0	G1: 0.77 (1.16) G2: 1.93 (1.16) G3: 2.32 (1.16)	
	Pedal Edema G1: 8 (18%) G2: 14 (30%) G3: 21 (47%) Exenaide vs. rosiglitazone P = 0.007 Rosiglitazone or exenatide vs. Exenatide+rosiglitazone P = NS	Exenatide vs. Exenatide+rosiglitazone P = 0.566 Exenaide vs. rosiglitazone P = 0.445 Rosiglitazone vs. Exenatide+rosiglitazone P = 0.840 LDL G1: -1.93 (3.86) G2: 3.86 (3.86) G3: 12.74 (3.86) Exenatide vs. Exenatide+rosiglitazone P = 0.308 Exenaide vs. rosiglitazone P = 0.008 Rosiglitazone vs. Exenatide+rosiglitazone P = 0.096	

Weight Gain
2
5

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding		Overall Sample Size Interventions	Baseline Population Characteristics Mean Age, years Race/Ethnicity	
Quality	Inclusion and Exclusion Criteria	Group Sizes	% Female	Background Medications
Gerstein, 2010 APPROACH 18 months Multinational GlaxoSmithKline Fair	Inclusion: 30-80y; established T2DM; clinically indicated coronary angiography or percutaneous coronary intervention; ≥ atherosclerotic plaque with 10%- 50% luminal narrowing in a coronary artery that had not undergone intervention and if their DM was treated with either lifesly approaches alone or with oral agents.	N = 672 G1: Glipizide (10- 15mg/d) N = 339 G2: Rosiglitazone (4- 8mg/d) N = 333	G1: Age 60.2, Race NR, Female 34.2% G2: Age 61.8, Race NR, Female 30.0% Age, G1 vs. G2, p = 0.03	Metformin max 2550 mg/d and once-daily basal insulin or both if needed to maintain a HbA1c of ≤ 7%
	Exclusion: ST-segment elevation myocardial infarction in past 30 days; coronary artery bypass graft surgery; severe valvular heart disease; left ventricular efection fraction <40%; any heart failure NY Heart Association class I-IV; systolic blood pressure >170 mmHG or diastolic blood pressure > 100 mm Hg; serum creatinine \ge 1.5 mg/dL for men; serum creatinine \ge 1.4 mg/dL for women; active liver disease			

Study Characteristics			
Author, Year			
Trial Name (if app.)			
Duration			
Country			
Funding			
Quality	Adverse Events	Changes in Lipid Concentrations	Weight Gain
Gerstein, 2010	Number withdrawn because of adverse events	HDL - C(mg/dL), mean change:	Mean change (kg):
APPROACH	G1: 8 (2.3%)	G1 +2.6	G1: 1.4
18 months	G2: 5 (1.5%)	G2: +6.2	G2: 2.6
Multinational		G1 vs. G2, p < 0.0001	G1 vs. G2, p = 0.02
GlaxoSmithKline	Died before follow-up IVUS		
Fair	G1: 6 (1.8%)	LDL-c (mg/dL), mean change:	
	G2: 7 (2.1%)	G1: -7.8	
		G2: +2.8	
	No. of Patients (%)	G1 vs. G2, p = 0.002	
	G1: 96 (28%)		
	G2: 27 (8%)	Triglycerides (mg/dL)	
	G1 vs. G2, p < 0.0001	G1: -9.3	
		G2: -14.2	
	Events [No. of Patients with event (%)]requiring	G1 vs. G2, p = 0.14	
	change or stop in study medication:		
	Hypoglycemia		
	G1: 12 (4%)		
	G2: 0 (0%)		
	G1 vs. G2, p = 0.0004		
	Severe hypoglycemia		
	G1: 3 (<1%)		
	G2: 0 (0%)		
	G1 vs. G2, p = 0.25		

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding			
Quality	Adverse Events	Changes in Lipid Concentrations	Weight Gain
Gerstein, 2010 cont'd	Diarrhea, No. of Patients (%) G1: 17 (5%) G2: 12 (4%) G1 vs. G2, p = 0.45		
	Congestive heart failure No. of Patients (%) G1: 3 (0.9%) G2: 8 (2.4%) G1 vs. G2, p = 0.14)		
	Fractures No. of patients (%) G1: 2 (<1%) G2: 6 (2%) G1 vs. G2, p = 0.17		
Gerstein, 2010 cont'd	Peripheral edema, No. of patients (%) G1: 24 (7%) G2: 29 (9%) G1 vs. G2, p = 0.48		
	Events [No. of Patients with event (%)]requiring change or stop in study medication: Peripheral Edema: G1: 1 (<1%) G2: 2 (<1%) G1 vs. G2, p = 0.62		

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Kadoglou, 2010 14 weeks	Inclusion: 50-70 y; T2DM; treated with metformin (850 mg/d) alone for	N = 100	G1: Age 62, Race NR, Female 74%	Metformin 850 mg/d
Greece European Social Fund and National Resources	≥ 4 mo; HbA1c > 6.5%; BMI > 25 kg/m2	G1: Rosiglitazone(8 mg/d) + Metformin (850 mg/d)	G2: Age 62.7, Race NR, Female 67%	
- PYTHAGORAS II & Alexander S Onassis	Exclusion: Creatinine > 2mg/dL; Alanine amino transferase > 3 times	N = 50 analyzed = 49		
Public Benefit Foundation Fair	higher than the upper normal limit; congestive heart failure (NY Heart Association II-IV); Prior TZD	G2: Metformin (titration from 850		
	treamtent; >5% change in body weight for up to 4 mo prior study initiation.	mg/d - 2550 mg/d) N = 50 analyzed = 48		

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding			
-	Adverse Events	Changes in Lipid Concentrations	Weight Gain
	Withdrawals due to peripheral edema: G1: 1 (2%) G2: 0 (0%)	Total Cholesterol (mg/dL): G1: 10.1 SD NR, p = 0.232 G2: -10.1 SD NR, p = 0.268 G1 vs. G2, p = 0.157 Triglycerides (mg/dL): G1:16.2 SD NR, p = 0.407 G2: -25.2 SD NR, p = 0.64 G1 vs. G2, p = 0.191 HDL-C (mg/dL): G1:1.7 SD NR, p = 0.187 G2: 0.7 SD NR, p = 0.500 G1 vs. G2, p = 0.625 LDL-C (mg/dL): G1: 5.2 SD NR, p = 0.505 G2: -2.5 SD NR, p = 0.784 G1 vs. G2, p = 0.577	BMI (kg/m2) G1: 0.84 SD NR, p = 0.032 G2: -0.79 SD NR, p = 0.13 G1 vs. G2, p < 0.001

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Kato, 2009 12 weeks Japan NR Fair	Inclusion: Recent diagnosis of T2DM associated with metabolic syndrome; Abdominal ultrasound determining fatty liver; no history of treamtne with oral antihyperglycemic drugs, antihyperlipidemic drugs, or antihypertensive drugs.	N = 50 G1:Pioglitazone (15mg/d) N = 25 G2: Metformin (500 mg/d) N = 25	G1: Age 51.4, Race NR, Female 52% G2: Age 58.6, Race NR, Female 44%	All patients received diet therapy and exercise therapy. Parameters: total energy intake within 1200-1800kcal, fat ration of caloric intake to < 25-30% and to do ≥ 150 min of exercise per wk.
	Exclusion: Diabetic retinopathy, nephropathy, or neuropathy whose condition was unstable or underwent sudden progression; Aspartate aminotransferase or alanin aminotransferase > 1.5 times the upper limit of normal level; serum creatinine > 133 µmol/L; anemia; myocardial infar4ction; angina pectoris; congestive heart failure; history of cerebrovascular disease.			

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Adverse Events	Changes in Lipid Concentrations	Weight Gain
Kato, 2009	Overall adverse events	Triglycerides Calculated Change from baseline mg/dL	BMI (kg/m2)
12 weeks	G1: 2 patients with edema	G1: -17.70 mg/dL SD NR, $p < 0.05$	Change from baseline to
Japan	G1: 2 patients with edenia G2: No significant adverse events	$G_{1}^{2} = 17.76 \text{ mg/dL SD NR}, p = 0.05$ $G_{2}^{2} = 10.62 \text{ mg/dL SD NR}, p = NR$	12 weeks
NR		Triglycerides Percent change from baseline (95% CI)	G1: 0.1, SD NR
Fair	Liver function test abnormalities	G1: -5.4% (-5.1%, 16.4%)	G2: -0.9, SD NR
	ALT Percent Change (95% CI) from baseline	G2: -0.7% (-14.7%, 32.4%)	
	G1: -26.9% (15.7%, 36.8%)	G1 vs. G2, p = NS	Rate of Change (95%CI)
	G2: 4.1% (-31.1%, 24.0%)		G1: 0.2% (-1.4%, 1.7%)
	G1 vs. G2, p <0.05	LDL Cholesterol Calculated Change from baseline mg/dL	
	AST Percent Change (95%CI) from baseline	G1: 0.36 mg/dL SD NR, p = NR	G2: -3.3% (-4.5%, -
	G1: -12.9% (2.7%, 23.1%)	G2: -1.54 mg/dL SD NR, p = NR	2.0%)
	G2: -2.7% (9.0%, 15.0%)	LDL Cholesterol Percent change from baseline (95% CI)	G1 vs. G2, p <0.01
	G1 vs. G2, p = NS	G1: -2.1% (-9.2%, 6.4%)	
		G2: 0.0% (-7.1%, 7.9%)	
		G1 vs. G2, p = NS	
		HDL Cholesterol Calculated Change from baseline mg/dL	
		G1: 9.27 mg/dL SD NR, p = NR	
		G2: 5.80 mg/dL SD NR, p = NR	
		HDL Cholesterol Percent change from baseline (95% CI)	
		G1: -18.2% (9.6%, 26.2%)	
		G2: -10.9% (5.4%, 16.5%)	
		G1 vs. G2, p = NS	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Papathanassiou, 2009 6 months	Inclusion: T2DM treated only with metformin for 6 months prior to	N=28	G1: Age: 63.6	metformin
Greece Funding NR Fair	study; HbA1c > 6.5%; normal liver enzymes and renal function	G1: (glimepiride 4mg/day) n=14	Race/Ethnicity: NR Female: 78.6%	
	Exclusion: History of coronary artery, cerebrovascular, or peripheral vascular disease; chronic heart failure; liver or renal disease; anemia; thyroid dysfunction; and the new onset of any medications within the previous 8 weeks.	G2: (pioglitazone	G2: Age: 62.8 Race/Ethnicity: NR Female: 78.6%	

anges in Lipid Concentrations (mg/dl): : 9.27 (SD 28.19) : 2.32 (SD 32.82) 0.854, G1 vs. G2	Weight Gain BMI: G1: 0.15 (SD 1.5) G2: 0.23 (SD 0.82)
9.27 (SD 28.19) 2.32 (SD 32.82)	G1: 0.15 (SD 1.5)
2.32 (SD 32.82)	
	G2: 0.23 (SD 0.82)
0.854, G1 vs. G2	
	<i>P</i> =0.985, G1 vs. G2
_ (mg/dl):	
7.34 (SD 23.55)	
-3.47 (SD 30.50)	
0.661, G1 vs. G2	
L (mg/dl):	
0.036, G1 vs. G2	
	: -2.70 (SD 8.49) : 5.41 (SD 7.72) 0.036, G1 vs. G2 L (mg/dl): : 22.12 (SD 46.90) : 0.88 (SD 29.20) 0.208, G1 vs. G2

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Perez, 2009	Inclusion: 18 y; TWDM; baseline	N = 600	Overall: Age 54.1, American	None
24 weeks	HbA1c ≥ 7.5% but ≤ 10.0%;	C1. Disalitazona	Indian 32%, Asian 2.2%, Black	
Multinational Takeda	treatment -naïve; BMI ≤ 45 kg/m2; received counseling on lifestyle	G1: Pioglitazone (15mg) + Metformin	6.5%, White 89.0%, Multiracial 29.7%, Hispanic/Latino 25.5%,	
Fair	modification for T2DM including diet		Non-hispanic/non-Latino	
	and exercise	N = 201	20.7% Female 57.7%	
	Exclusion:Type 1 diabetes; NY	G2: Pioglitazone	G1: Age 54.7, American Indian	
	Heart Association Class II or IV	(15mg) bid	31.3%, Asian 1.5%, Black	
	heart failure; history of myocardial	M = 189	6.0%, White 91.5%, Multiracial	
	infarction, cerebrovascular accident,		30.3%, Hispanic/Latino 24.4%,	
	percutaneous coronary intervention, coronary arter bypass graft, transient ischemic attach within 6	G3: Metformin (850mg) bid N = 210	Non-hispanic/non-Latino 20.9% Female 55.2%	
	mo; serum creatinine level males ≥		G2: Age 54.0, American Indian	
	1.5 mg/dL; serum creatinine level		32.8%, Asian 2.6%, Black	
	females \geq 1.4 mg/dL; triglyceride		6.9%, White 87.3%, Multiracial	
	level >500mg/dL; ALT level > 2.5		29.6%, Hispanic/Latino 25.9%,	
	times upper limit of normal; active		Non-hispanic/non-Latino	
	liver disease; jaundice; discontinuation from TZD or		19.0% Female 65.1%	
	metformin therapy due to lack of		G3: Age 53.7, American Indian	
	efficacy; clinical or laboratory signs		31.9%, Asian 2.4%, Black	
	of intolerance of TZD or metformin;		6.7%, White 88.1%, Multiracial	
	pregnant; intent to become		29.0%, Hispanic/Latino 26.2%,	
	pregnant; lactating during the study		Non-hispanic/non-Latino	
	period.		21.9% Female 53.3%	

Study Characteristics Author, Year Trial Name (if app.)			
Duration Country			
Funding			
Quality	Adverse Events	Changes in Lipid Concentrations	Weight Gain
Perez, 2009	Number withdrawn because of adverse events	NR	Change in weight
24 weeks	Overall: 22 (3.7%)		G1: 0.69 kg
Multinational	G1: 6 (3.0%)		G2: 1.64 kg
Takeda	G2: 6 (3.2%)		G3: -1.28 kg
Fair	G3: 10 (4.8%)		
	Overall adverse events		
	Overall: 766 events (312 patients)		
	Numbers (%) of patients:		
	G1: 102 (50.7%)		
	G2: 99 (52.1%)		
	G3: 111 (53.1%)		
	Hypoglycemia		
	G1: 1.0%		
	G2: 0.5%		
	G3: 1.4%		
	Gastrointestinal events:		
	G1: 17.9%		
	G2: 10.5%		
	G3: 25.8%		
	Diarrhea (numbers (5) of patients):		
	G1: 18 (9.0%)		
	G2: 5 (2.6%)		
	G3: 32 (15.3%) Abdominal Pain:		
	G1: 4 (2.0%) G2: 3 (1.6%)		
	G3: 7 (3.3%)		

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding			
Quality	Adverse Events	Changes in Lipid Concentrations	Weight Gain
Perez, 2009	Peripheral Edema, Number (%) of patients:		
cont'd	G1: 6 (3.0%)		
	G2: 8 (4.2%)		
	G3: 3 (1.4%)		
	Headache, Number (%) of patients:		
	G1: 11 (5.5%)		
	G2: 5 (2.6%)		
	G3: 10 (4.8%)		
	Phayngitis, Number (%) of patients:		
	G1: 8 (4.0%)		
	G2: 5 (2.6%)		
	G3: 7 (3.3%)		
	Urinary tract infection, Number (%) of patients:		
	G1: 6 (3.0%)		
	G2: 5 (2.6%)		
	G3: 9 (4.3%)		

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding			
Quality	Adverse Events	Changes in Lipid Concentrations	Weight Gain
Perez, 2009	Back Pain, Number (%) of patients:	~ •	~
cont'd	G1: 4 (2.0%)		
	G2: 8 (4.2%)		
	G3: 6 (2.9%)		
	Glycosylated hemoglobin increased, Number (%)		
	of patients:		
	G1: 2 (1.0%)		
	G2: 7 (3.7%)		
	G3: 7 (3.3%)		
	Nasopharyngitis, Number (%) of patients:		
	G1: 8 (4.0%)		
	G2: 3 (1.6%)		
	G3: 5 (2.4%)		
	Bronchitis, Number (%) of patients:		
	G1: 5 (2.5%)		
	G2: 7 (3.7%)		
	G3: 3 (1.4%)		
	Dizziness, Number (%) of patients:		
	G1: 6 (3.0%)		
	G2: 3 (1.6%)		
	G3: 4 (1.9%)		
	Insomnia, Number (%) of patients:		
	G1: 6 (3.0%)		
	G2: 2 (1.1%)		
	G3: 2 (1.0%)		

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Petrica, 2009 Poor	Inclusion and Exclusion Criteria data not abstracted because of poor quality rating	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Rigby, 2010 16 weeks Multinational Daiichi Sankyo Fair	Inclusion: Male and female; 18-80; T2DM diagnosis; HbA1c 7.0% - 10.0%; Taking a dose of metformin 1500-2550 mg/d; LDI cholesterol ≥ 60 mg/dL; Triglycerides < 500 mg/dL	N = 169 G1: Rosiglitazone (4mg/d) N = 56	G1: Age 54.7; White 28.6%, Black 3.6%, Asian 0%, Hispanic 67.9%, Multiple 0%, Other 0%; Female 58.9%	Metformin (1500-2550 mg/d)
	ngaL	G2: Sitagliptin (100 mg/d) N = 56	G2: Age 54.8; White 23.2%, Black 1.8%, Asian 0%, Hispanic 73.2%, Multiple 0%, Other 1.8%; Female 64.3%	
		G3: Colesevelam (3.75 g/d) N = 57		

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Petrica, 2009 Poor	Adverse Events	Changes in Lipid Concentrations	Weight Gain
Rigby, 2010 16 weeks Multinational Daiichi Sankyo Fair	Number withdrawn because of adverse events G1: 1(1.8%) G2: 1 (1.8%) Percentage of patients with AE G1: 46.4% G2: 48.2% Patients who withdrew because of hypoglycemia (5) G1: 1 (1.8%) G2: 0 (0%) Cholelithiasis, No. of patients (%) G1: 0 G2: 1 (1.8%) Decreased appetite, No. of patients who withdrew because of AE (%) G1: 0 G2: 1 (1.8%)	LDL, least-squares mean percentage changes G1: 7.6, $p < 0.05$ G2: 7.7, $p \le 0.01$ Total Cholesterol, least-squares mean percentage changes G1: 7.8, $p \le 0.01$ G2: 2.2, $p = NR$ Tryclycerides, median change (%) G1: 24.2 $p \le 0.001$ G2: -1.2, $p = NR$ HDL, least-squares mean percentage changes G1: -3.1, $p = NR$ G2: -2.1, $p = NR$	NR

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding		Overall Sample Size Interventions	Baseline Population Characteristics Mean Age, years Race/Ethnicity	
Quality	Inclusion and Exclusion Criteria	Group Sizes	% Female	Background Medications
Van der Meer, 2009	Inclusion: Men with uncomplicated	N=78	G1:	glimepiride monotherapy,
PIRAMID	T2DM; ages 45-65; HbA1c 6.5-8.5;		Age: 56.8	titrated during the 10-week run-
24 weeks	BMI 25 to 32; Blood pressure lower	G1: (pioglitazone	Race/Ethnicity: NR	in period
The Netherlands	than 150/85	30mg/day)	Female: 0%	
Eli Lilly, Takeda		n=39		
Good	Exclusion: Any clinically significant		G2:	
	disorder; particularly any history of	G2: (metformin	Age: 56.4	
	cardiovascular or liver disease or	2000mg/day)	Race/Ethinicity: NR Female:	
	diabetes-related complications; any prior use of thiazolidinediones or insulin.	n=39	0%	

Study Characteristic	S		
Author, Year			
Trial Name (if app.)			
Duration			
Country Funding			
Quality	Adverse Events	Changes in Lipid Concentrations	Weight Gain
Van der Meer, 2009	Auverse Events	TC (mg/dl):	NR
PIRAMID		G1: 3.86 (SD NR)	
24 weeks		G2: -15.44 (SD NR)	
The Netherlands		<i>P</i> =0.042, G1 vs. G2	
Eli Lilly, Takeda			
Good		LDL (mg/dl):	
		G1: 0 (SD NR)	
		G2: -11.58 (SD NR)	
		P=0.107, G1 vs. G2	
		HDL (mg/dl):	
		G1: 6.18 (SD NR)	
		G2: -4.25 (SD NR)	
		<i>P</i> =0.009, G1 v G2	
		TGL (mg/dl):	
		G1: 0 (SD NR)	
		G2: 17.70 (SD NR)	
		<i>P</i> =0.596, G1 v G2	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Schernthaner, 2004	Inclusion: age 35–75 ; T2DM;	N=1199 randomized	G1:	None
Quarter Study	inadequately treated with diet alone,		Age: 57	
12 months	HbA1c between 7.5% and 11% with	G1: (pioglitazone 30-	Race: NR	
Multinational	stable or worsening glycemic control	45mg/day + placebo)	Female: 47.4%	
Funding NR	for at least 3 months	n=597		
Good			G2:	
	Exclusion: prior use of glucose-	G2: (metformin up to	Age: 56	
	lowering pharmacotherapy; specific	850mg-2550mg/day +	Race: NR	
	contraindications to either drug	placebo) n=597	Female: 42.2%	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding			
Quality	Adverse Events	Changes in Lipid Concentrations	Weight Gain
Quality Schernthaner, 2004 Quarter Study 12 months Multinational Funding NR Good	Withdrawals due to AEs: G1: n=42 (7%) G2: n=39 (7%) Overall AEs: G1: 16 patients G2: 346 patients Bronchitis G1: 11 (1.8%) G2: 14 (2.3%) Influenza G1: 14 (2.4%) G2: 22 (3.7%) Nasopharyngitis G1: 25 (4.2%) G2: 19 (3.2%) Liver toxicity: G1: 2 G2: 1 ALT >3x ULN: G1: 0.9% G2: 2.2% Diarrhea: G1: 19 (3.2%) G2: 66 (11.1% Nausea:	Changes in Lipid Concentrations TC: NR LDL (mg/dl): G1: +10.42 (SD NR) G2: -4.63 (SD NR) P<0.001, G1 vs. G2	Weight Gain G1: 1.9kg (SD NR) G2: 2.5 kg (SD NR)
	G1: 14 (2.3%) G2: 25 (4.2%) Edema: G1: 40 G2: 11		

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Kusaka, 2008	Inclusion: T2DM; inadequate	N=35 patients	G1:	Patients stayed on
4 months	glucose control	randomized	Age: 60	sulfonylurea if on them (82%
Japan			Race: NR	and 75%, respectively)
Funding NR Fair	Exclusion: cardiovascular disease; apparent liver or kidney disease;	G1: (metformin 750mg/day)	Female: 41.2%	
	severe diabetic complications	n=17	G2:	
			Age: 64	
		G2: (pioglitazone 15-	Race: NR	
		30mg/day) n=16	Female: 43.8%	

Study Characteris Author, Year Trial Name (if app Duration Country Funding			
Quality	Adverse Events	Changes in Lipid Concentrations	Weight Gain
Kusaka, 2008 4 months	Withdrawals due to AEs: G1: 0	TC: NR	BMI mean change at 4 months:
Japan	G2: 1 (5.9%)	Mean change in LDL at 4 months:	G1: 0 (SD NR)
Funding NR	, , , , , , , , , , , , , , , , , , ,	G1: -11.6mg/dl (SD NR)	G2: +0.9 (SD NR)
Fair	Overall AEs:	G2: 0mg/dl (SD NR)	, , , , , , , , , , , , , , , , , , ,
	G1: 0	NS from baseline, G1&G2	<i>P</i> =0.0026, G2 vs.
	G2: 2		baseline
		Mean change in DL:	
	Hypoglycemia:	G1: 0mg/dl (SD NR)	G1 vs. G2, NR
	G1: 0	G2: +7.7mg/dl (SD NR)	
	G2: 0	NS from baseline, G1	
		<i>P</i> =0.0097, G2 vs. baseline	
		Mean change in TGs:	
		G1: +17.7mg/dl (SD NR)	
		G2: +17.7mg/dl (SD NR)	
		NS from baseline, G1&G2	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Nissen, 2008	Inclusion: age 35-85; HbA1c 6.0-9.0	N=547 patients	G1:	Patients stayed on baseline
PERISCOPE 18 months	(if taking glucose-lowering meds) and 6.5-10.0 (if not); one	randomized	Age: 59.7	therapy (unless a TZD or sulfonylurea)
Multinational	angiographic stenosis at least 20%		Race:	
Takeda	narrowing; a "target vessel" for	G1: (glimepiride	White 80.6%, Black 9.9%,	
Pharmaceuticals Fair	ultrasound was required to have less than 50% obstruction throughout a 40mm or longer	titrated) n=273 randomized, 181 included in	Asian 5.9%, Native American 3.7%	
	segment	primary analysis	Female 34.1%	
	Exclusion: T1DM; 3 or more	G2: (pioglitazone	G2:	
	antidiabetic meds; received any TZD within 12 weeks; serum	titrated) n=274 randomized,	Age: 60.0	
	creatinine > 2.0mg/dL; triglycerides	179 included in	Race:	
	> 500mg/dl; blood pressure	primary analysis	White 83.3%, Black 11.1%,	
	>160/100 despite therapy; active liver disease; left main coronary artery stenosis more than 50%		Asian 4.4%, Native American 1.1%	
	,		Female 31.1%	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding			
Quality	Adverse Events	Changes in Lipid Concentrations	Weight Gain
Nissen, 2008	Hypoglycemia:	Mean change in TC (95% CI):	Median weight change
PERISCOPE	G1: 101 (37.0%) G2: 41 (15.2%)	G1: 1.16mg/dl (-2.9, 5.3)	(95% CI):
18 months	<i>P</i> <0.001, G1 vs. G2	G2: 2.5mg/dl (-3.3, 8.3)	G1: 1.6 (0.8, 2.4)
Multinational		P=0.39, G1 vs. G2	G2: 3.6 (2.8, 4.4)
Takeda	ALT > 3 times normal limit:		
Pharmaceuticals	G1: 3 G2: 2	Mean change in LDL (95% CI):	<i>P</i> <0.001, G1 vs. G2
Fair	<i>P</i> >0.99, G1 vs. G2	G1: 1.1mg/dl (-2.4, 4.6)	
		G2: 2.1mg/dl (-1.5, 5.8)	
	Hospitalization for congestive heart failure: G1: 5 G2: 4	<i>P</i> =0.69, G1 vs. G2	
	P>0.99, G1 vs. G2	Mean change in HDL (95% CI):	
		G1: 0.9mg/dl (-0.3, 2.1)	
	Fractures	G2: 5.7mg/dl (4.4, 7.0)	
	G1: 0 (0%) G2: 8 (3.0%)	P<0.001, G1 vs. G2	
	<i>P</i> =0.004, G1 vs. G2		
		Mean change in TGs:	
	Angina:	G1: 3.3mg/dl (-10.7, 11.7)	
	G1: 33 G2: 19	G2: -16.3mg/dl (-27.7, -11.0)	
	<i>P</i> =0.05, G1 vs. G2	<i>P</i> <0.001, G1 vs. G2	
	Peripheral edema: G1: 30 G2: 48		
	<i>P</i> =0.02, G1 vs. G2		
	Hypertension: G1: 24 G2: 13 <i>P</i> =0.07, G1 vs. G2		

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding	Inclusion and Exclusion Criteria	Overall Sample Size	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Bookground Medicotions
Quality	Inclusion: T2DM treated with oral	Group Sizes N=1041		Background Medications
Marre, 2003 LEAD-1SU	glucose-lowering agents (OGLAs)	N=1041	Age: 56	Glimepiride (2-4 mg)
26 weeks	for \geq 3 months; 18–80 years of age;	G1: liraglutide 0.6 mg	Race/Ethnicity: NR	
Multinational	HbA1c 7.0–11.0% (previous OGLA	• •		
Novo Nordisk	monotherapy) or 7.0–10.0%		% Female:	
Fair	(previous OGLA combination	G2: liraglutide 1.2 mg	G1: 46	
	therapy); BMI ≤ 45.0 kg/m 2.	n=228	G2: 55	
			G3: 47	
	Exclusion: Insulin within 3 months,	G3: liraglutide 1.8 mg	G4: 53	
	impaired liver or renal function, uncontrolled hypertension (≥	n=234	G5: 53	
	180/100 mmHg), cancer or used	G4: placebo		
	any drugs apart from OGLAs likely to affect glucose concentrations	n=114		
	C	G5: rosiglitizone		
		n=232		

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding			
Quality	Adverse Events	Changes in Lipid Concentrations	Weight Gain
Marre, 2003	Withdrawals due to AEs:	NR	G1: +0.7 kg
LEAD-1SU	G1: 5 (2.1)		G2: +0.3 kg
26 weeks	G2: 11 (4.8)		G3: -0.2 kg
Multinational	G3: 9 (3.8)		G4: -0.1 kg
Novo Nordisk	G4: 6 (5.3)		G5: +2.1 kg
Fair	G5: 7 (3.0)		G1 and G2 and G3 vs.
	Hypoglycemia:		G5: <i>P</i> <0.0001
	Major:		G5. <i>F</i> < 0.0001
	G3: 1		
	Minor:		
	G1: 12		
	G2: 21		
	G3: 19		
	G4: 3		
	G5: 10		
	Events per subject-year:		
	G1: 0.17		
	G2: 0.51		
	G3: 0.47		
	G4: 0.17		
	G5: 0.12		
	G2 vs. G5: P=0.0024		
	G3 vs. G5: P=0.0065		
	G2 vs. G4: <i>P</i> =0.048		
	Pancreatitis:		
	G1: 1 G2: 0 G3: 0 G4: 0 G5: 0		
	Serious AEs:		
	G1: 7 G2: 9 G3: 12 G4: 3 G5: 7		

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Pop-Busui, 2009	Inclusion: Subjects with T2DM	N=27	Age: 49.5	NR
6 months	without known coronary artery		Race/Ethnicity: NR	
US	disease; HbA1c between 6% and	G1: (rosiglitazone	Female: 48%	
GlaxoSmithKline, Eli	9%; treatment with diet/exercise or	8mg/day)		
Lilly, Research Foundations	sulfonylurea therapy or insulin < 20 U/d; If previously on metformin, 4-	n=14	*NR by individual groups	
Fair	wk washout period prior to study.	G2: (glyburide 10mg/day)		
	Exclusion: NR	n=13		

Turkmen Kemal, 2007data not abstracted because of poorPoorquality rating

Study Characteristic Author, Year	S		
Trial Name (if app.)			
Duration			
Country			
Funding			
Quality	Adverse Events	Changes in Lipid Concentrations	Weight Gain
Pop-Busui, 2009	Hypoglycemia:	TC (mg/dl):	NR
6 months	G1: 0	G1: -11 (SD NR)	
JS	G2: 3	G2: -22 (SD NR)	
GlaxoSmithKline, Eli			
Lilly, Research	Chest discomfort:	LDL (mg/dl):	
Foundations	G1: 1	G1: -13 (SD NR)	
Fair	G2: 0	G2: -11 (SD NR)	
		HDL (mg/dl):	
		G1: 4 (SD NR)	
		G2: 0 (SD NR)	
		TGL (mg/dl):	
		G1: -19 (SD NR)	
		G2: -53 (SD NR)	
		NS, G1 vs. G2 for all lipid measures	

Turkmen Kemal, 2007 Poor

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
von Bibra, 2008 16 weeks (32-week cross-over) Germany Funding NR Fair	Inclusion: T2DM of relative short duration; taking metformin monotherapy; age 35-75; BMI 25- 35; HbA1c 6.5-9%; no major complications of macrovascular disease; normal left ventricular function by 2-dimensional echocardiography; blood pressure normal or <140/90 if treated; cholesterol <250 mg/dL; triglyceride <250mg/dL; no microvascular complications and no albuminuria Exclusion: Atrial fibrillation; ischemic heart disease; severe left ventricular hypertrophy; history or signs of heart failure; hepatic, or renal insufficiency		Age: 59 Race/Ethnicity: NR Female: 33.3%	metformin and other previous medications continued

Study Characteristics	5		
Author, Year			
Trial Name (if app.)			
Duration			
Country			
Funding			
Quality	Adverse Events	Changes in Lipid Concentrations	Weight Gain
von Bibra, 2008	Withdrawals due to AEs:	TC (mg/dl):	NR
16 weeks (32-week	n=1 (8.3%)	G1: 14 (SD NR)	
cross-over)		P=0.330, G1 vs. baseline	
Germany	Overall Aes:	G2: -6 (SD NR)	
Funding NR	G1: AE=1	<i>P</i> =0.357, G2 vs. baseline	
Fair	G2: AE=1		
		LDL (mg/dl):	
	Hypoglycemia:	G1: 12 (SD NR)	
	G1: n=0	P=0.388, G1 vs. baseline	
	G2: n=1	G2: -1 (SD NR)	
		P=0.621, G2 vs. baseline	
	Peripheral edema:	<i>,</i>	
	G1: n=1	HDL (mg/dl):	
	G2: n=0	G1: 2 (SD NR)	
		P=0.404, G1 vs. baseline	
		G2: 1 (SD NR)	
		P=0.498, G2 vs. baseline	
		TGL (mg/dl):	
		G1: -6 (SD NR)	
		P=0.846, G1 vs. baseline	
		G2: -12 (SD NR)	
		P=0.375, G2 vs. baseline	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Home, 2009	Inclusion: age between 40-75; BMI	N=4458 randomized	G1a:	all patients stayed on their
RECORD 7 year study, mean follow up time 5.5 years Multinational GlaxoSmithKline	 > 25; being on maximum tolerated doses of metformin or a sulfonylurea monotherapy Exclusion: hospitalizations for a 	G1: (addition of rosiglitazone) n=2,220	Age: 57.0 Race: White 98.9%, Other 1.1% Female: 46.2%	metformin or sulfonylurea that they used as monotherapy
Fair	major cardiovascular event in prior 3	G1a: (rosiglitazone +	G1b	
	months; planned cardiovascular	metformin)	Age: 59.8	
	intervention; presence, history or treatment for heart failure	n=1,117	Race: White 99.3%, Other 0.7%	
		G1b: (rosiglitazone + sulfornylurea)	Female: 51.0%	
		n=1,103	G2a:	
			Age: 57.2	
		G2: (metformin +	Race: White 98.4%; Other	
		sulfonylurea) n=2,227	1.6% Female: 47.1%	
		G2a: (background	G2b:	
		metformin) n=1,105	Age: 59.7 Race: White 99.1%; Other 0.9%	
		G2b: (background sulfonylurea) n=1,122	Female: 49.4%	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding			
Quality	Adverse Events	Changes in Lipid Concentrations	Weight Gain
Home, 2009 RECORD	Overall Malignancies: G1: 126 (5.7%) G2: 148 (6.6%)	Mean change at 5 years total: NR	Mean weight change at 5 years:
7 year study, mean	P=0.20, G1 vs. G2	LDL:	-
follow up time 5.5 years		G1a: -12.7 (SD 1.5)	G1a: 3.8kg (SD 0.24)
Multinational	Prostate Cancer:	G2a: -19.3 (SD 1.2)	G2a: 0.0 (SD 0.2)
GlaxoSmithKline Fair	G1: 15 (1.3%) G2: 21 (1.8%) <i>P</i> =0.41	<i>P</i> =0.0001, G1a vs. G2a	<i>P</i> <0.0001, G1a vs. G2a
		G1b: -8.5 (SD 1.5)	G1b: 4.1kg (SD 0.2)
	Breast Cancer:	G2b: -20.5 (SD 1.2)	G2b: -1.5kg (SD 0.2)
	G1: 11 (1.0%) G2: 17 (1.6%) P=0.34	P<0.0001, G1b bs. G2b	P<0.0001, G1b vs. G2b
		HDL:	
	Colon Cancer:	G1a: 4.6 (SD 0.4)	
	G1: 10 (0.5%) G2: 14 (0.6%)	G2a: 1.5 (SD 0.4)	
	P=0.54	<i>P</i> <0.0001, G1a vs. G2a	
	Infections:	G1b: 4.2 (SD 0.4)	
	G1: 139 (6.3%) G2: 157 (7.0%)	G2b: 2.7 (SD 0.4)	
	<i>P</i> =0.32, G1 vs. G2	<i>P</i> =0.002, G1b vs. G2b	
	Serious hypoglycemia:	TGs:	
	G1: 15 (0.7%) G2: 6 (0.3%)	G1a: -12.4 (SD 3.5)	
	P=0.076	G2a: -1.8 (SD 4.4)	
		<i>P</i> =0.046, G1a vs. G2a	
	Deaths and Hospitializations:		
	G1: 61 G2: 29	G1b: -11.5 (SD 3.5)	
	HR: 2.10 (1.35-3.27)	G2b: -12.4 (SD 3.5)	
	Detients with Lleast Failures	<i>P</i> =0.82, G1b vs. G2b	
	Patients with Heart Failure: G1: 82 (3.7%) G2: 42 (1.9%) <i>P</i> =0.0003		

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Adverse Events	Changes in Lipid Concentrations	Weight Gain
Home, 2009	GI Effects:		
(continued)	G1: 133 (6.0%) G2: 119 (5.3%) <i>P</i> =0.39, G1 vs. G2		
	Fracture:		
	G1: 225 G2: 132 RR: 1.57 (1.26-1.97)		
	Serious Macular Edema: G1: 0 (0.0%) G2: 0 (0.0%)		
	Non-serious Macular Edema: G1: 7 G2: 3		
	<i>P</i> =NR		

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Kiyici, 2009	Inclusion: age 30-65; baseline	N=50 randomized	G1:	none
12 months	HbA1c<8; BMI < 40		Age: 52.1	
Turkey		G1: (medical nutrition	Race: NR	
Funding NR	Exclusion: usage of any medications	therapy)	Female: NR	
Fair	for T2DM before study; presence of	n=15		
	cardiovascular, gastrointestinal,		G2:	
	hepatic, renal, rhematologic,	G2: (metformin +	Age: 52.4	
	neoplastic, infectious or other	medical nutrition	Race: NR	
	endocrine diseases (except hyperlipidemia), micro or	therapy) n=16	Female: NR	
	macrovascular complications of		G3:	
	diabetes, previous history of	G3: (rosiglitazone +	Age: 50.7	
	substance abuse	medical nutrition	Race: NR	
		therapy) n=19	Female: NR	

Study Characteri Author, Year Trial Name (if app Duration Country Funding			
Quality	Adverse Events	Changes in Lipid Concentrations	Weight Gain
Kiyici, 2009 12 months Turkey Funding NR Fair	NR	Mean change in TC at 12 months: G1: -7.7 mg/dl (SD NR) G2: -7.7mg/dl (SD NR) G3: 0mg/dl (SD NR) NS differences between groups	Mean change in BMI at 12 monhts: G1: -0.4 (SD NR) G2: -0.9 (SD NR) G3: +1.0 (SD NR)
		Change in LDL: G1: -3.9mg/dl (SD NR) G2: -7.7mg/dl (SD NR) G3: -3.9mg/dl (SD NR) NS differences between groups	P<0.05, G1 vs. G3 P<0.05, G2 vs. G3
		Change in HDL: G1: +3.9mg/dl (SD NR) G2: 0 mg/dl (SD NR) G3: +7.7mg/dl (SD NR) P<0.05, G1 vs. G2 P<0.05, G2 vs. G3	
		Change in TGs: G1: -26.5mg/dl (SD NR) G2: -8.8mg/dl (SD NR) G3: -17.7mg/dl (SD NR) NS differences between groups	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Scott, 2008 18 weeks	Inclusion: age 18-75; taking	N=273 randomized	G1:	metformin
Multinational	metformin monotherapy >1500mg/day for a t least 10 weeks	G1: (placebo)	Age: 55.3 Race: White 61%, Asian 39%,	
Merck Fair	prior to screening; HbA1c 7-11%	n=92	Other 0% Female: 41%	
	Exclusion: T1DM; insulin use within	G2: (sitagliptin		
	8 weeks of the screening visit;	100mg/day)	G2:	
	contraindications for use of TZDs or	n=94	Age: 55.2	
	metformin; impaired renal function, ALT or AST levels more than 2-fold	C2: (rogialitazono	Race: White 61%, Asian 38%, Other 1%	
	the upper limit of normal, fasting glucose values >270mg/dl	G3: (rosiglitazone 8mg/day) n=87	Female 45%	
			G3:	
			Age: 54.8 Race: White 59%, Asian 38%, Other 3%	

Female 37%

Weight Gain
see KQ1

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Hamann, 2008	Inclusion: BMI ≥ 25 T2DM; HbA1c 7-			metformin
52 weeks Multinational	10; received metfromin for at least 8	596 randomized	Age: 58.5 Race: white 94%. other 6%	
Funding NR	weeks prior to screening	G1: (rosiglitazone	Female: 47%	
Fair	Exclusion: used any oral diabetic	4mg/day + metformin		
	drug other than metformin in last 12		G2:	
	weeks; insulin at any time other than		Age 59.3	
	pregnancy or emergency; history of	G2: (sulfonylurea	Race: white 95%, other 5%	
	metabolic acidosis; edema requiring treatment; anemia; renal or hepatic	(glibenclamide 5mg/day or glicazide	Female: 48%	
	disease; known congestive heart	80mg/day + metformin		
	failure; unstable or severe angina;	2g/day)		
	history of myocardial infarction;	n=288		
	angioplasty; coronary artery bypass	All madiantiana		
	graft; stroke within 3 months; left ventricular dysfunction within 6	All medications uptitrated		
	monhts; fasting C-peptide ≤ 0.5nmol/L; systolic blood pressure > 170; diastolic > 100	apinateu		

Study Characteristics Author, Year			
Trial Name (if app.)			
Duration			
Country Funding			
Quality	Adverse Events	Changes in Lipid Concentrations	Weight Gain
Hamann, 2008	Withdrawals due to AEs:	Mean change in TC at 52 weeks:	NR
52 weeks	G1: n=11 (3.7%)	G1: +11.19mg/dl (SD NR)	
Multinational	G2: n=12 (4.0%)	G2: -10.42mg/dl (SD NR)	
Funding NR			
Fair	Number of subjects with AEs:	Mean change in HDL at 52 weeks:	
	G1: 165 (56%)	G1:+4.63mg/dl (SD NR)	
	G2: 175 (58%)	G2:+1.16 (SD NR)	
	Hypoglycemia:	Mean change in LDL at 52 weeks:	
	Proportion of subjects:	G1: +5.02mg/dl (SD NR)	
	G1: 6%	G2: -6.18 mg/dl (SD NR)	
	G2: 30%		
	<i>P</i> <0.001, G1 vs. G2	Mean change in TGs at 52 weeks:	
		G1: -17.7mg/dl (SD NR)	
	Total number of hypoglycemic events:	G2: -28.01mg/dl (SD NR)	
	G1: 58		
	G2: 482	No statistical testing done	
	GI effects:		
	G1: 38 (13%)		
	G2: 54 (18%)		
	Edema:		
	G1: 12		
	G1: 12 G2: 3		
	02.0		
	Serious AEs:		
	G1: 16		
	G2: 11		

Study Characteristics				
Author, Year Trial Name (if app.)			Baseline Population	
Duration			Characteristics	
Country		Overall Sample Size	Mean Age, years	
Funding		Interventions	Race/Ethnicity	
Quality	Inclusion and Exclusion Criteria	Group Sizes	% Female	Background Medications
Giles, 2008	Inclusion: Participants were ≥18	N=518 patients	G1:	some patients were on insulin
6 months	years of age with HbA1c ≥7.0%,	randomized	Age: 64.2	(stratified randomization by
Multinational	BMI ≤48 kg/m2, New York Heart		Race: White 68.7%, Other NR	use)
Takeda	Association functional class II or III	G1: (pioglitazone)	Female: 29.8%	
Pharmaceuticals Fair	heart faiure, left ventricular ejection fraction ≤40% at screening,	n=262	G2:	
i un	receiving sulfonylurea therapy (G2: (glyburide)	Age: 63.4	
	±insulin) for ≥30 days before	n=256	Race: White 66.4, Other NR	
	screening, or discontinued		Female: 23.0%	
	metformin therapy within 30 days of			
	screening.			
	Exclusion: naïve to antidiabetic			
	therapy; serum creatinine >			
	2.0mg/dl (males) or >1.8mg/dl			
	(females); systolic blood pressure >			
	150 or diastolic > 100; myocardial			
	infarction in last 3 months; coronary			
	angioplasty or bypass graft;			
	unstable angina; transient ischemic			
	attack or stroke; severe/advanced			
	periprieral vascular disease			
	peripheral vascular disease			

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding			
Quality	Adverse Events	Changes in Lipid Concentrations	Weight Gain
Giles, 2008	Withdrawals because of AEs:	Change in TC: NR	G1: 2.1 kg
6 months	G1: 9.16%		G2: 1.23kg
Multinational	G2: 5.46%	LDL:	
Takeda		G1: +6.9mg/dl (SD NR)	
Pharmaceuticals	Percent with AEs:	G2: -2.4 (SD NR)	
Fair	G1: 74.0%	<i>P</i> =0.016, G1 vs. G2	
	G2: 74.6%		
		HDL:	
	Bronchitis:	G1: +4.8mg/dl	
	G1: 2.7%	G2: -0.8mg/dl	
	G2: 5.5%	<i>P</i> <0.001, G1 vs. G2	
	Pneumonia:	TG:	
	G1: 1.9%	G1: -36.8mg/dl	
	G2: 1.6%	G2: +7.6mg/dl	
	Li mani anti a	<i>P</i> <0.001, G1 vs. G2	
	Hypoglycemia		
	G1: 9.5%		
	G2: 16.0%		
	Diarrhea:		
	G1: 5.3%		
	G2: 3.5%		
	Worsened/aggravated congestive heart failure: G1: 15.6% G2: 10.2% AND G1: 3.8% G2: 2.0%		

Evidence Table 11. Key Question 2: Studies of fixed-dose combination products and dual therapy

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Active-control studies				
McCluskey, 2004 20 weeks US Funding NR Fair	Inclusion: T2DM \geq 1 year; age 18-80; managed on rosiglitazone 4 or 8mg for at least 2 months; HbA1c 7.5-9.5; BMI 26-42; fasting C-peptide \geq 0.27 nmol/L; fasing plasma glucose 126-235 mg/dl	N=40 patients randomized G1: (Glimeperide 8mg/day + rosiglitazone 4 or	G1: Age: 60.2 Race: White 96%, Other 4% Female 56% G2:	NR
	Exclusion: require insulin therapy; receiving other sulfonylureas; history of sulfonylurea hypersensitivity; rosiglitazone dose increased within 2 months; body weight increases >2% (for patients weighing ≤ 250 lbs. or >3% (for patients weighing > 250 lbs.) during the stabilization period; clinically abnormal baseline values	8mg/day) n=25 G2: (placebo + rosiglitazone 4 or 8mg/day)	Age: 50.8 Race: White 80%, Other 20% Female 60%	

Evidence Table 11. Key Question 2: Studies of fixed-dose combination products and dual therapy

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Adverse Events	Changes in Lipid Concentrations	Weight Gain
Active-control studies			
McCluskey, 2004 20 weeks US Funding NR Fair	Number of withdrawals because of Aes: G1: 0 G2: 0 Episodes of Hypoglycemia: G1: 59 G2: 4 <i>P</i> <0.013, G1 vs. G2	TC mean change from baseline: G1: -3.3 mg/dl (SD 3.1) G2: 1.4 mg/dl (SD 4.3) NS, G1 vs. G2 LDL mean change from baseline: G1: 0.2 mg/dl (SD 2.3) G2: -0.1 (3.4 mg/dl) NS, G1 vs. G2	Mean weight change from baseline: G1: +5.1kg (SD NR) G2: + 2.4kg (SD NR) NS, G1 vs. G2
	Episodes of Severe Hypoglycemia: G1: 0 G2: 0	HDL mean change from baseline: G1: 0.6mg/dl (SD 0.5) G2: -0.3 mg/dl (SD 0.7) NS, G1 vs. G2 TGs mean change from baseline: G1: -7.5 mg/dl (SD 10.0) G2: 21.6 mg/dl (SD 13.7) NS, G1 vs. G2	

Evidence Table 11. Key Question 2: Studies of fixed-dose combination products and dual therapy

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Stewart, 2006 32 weeks	Inclusion: 18-70 years old; T2DM; drug naïve subjects with fasting plasma glucose	N=526 patients randomized, 509 in	G1:	None
Multinational	7-9 mmol/l and HbA1c 7.0-9.0 mmol/l or	ITT population	Age 58.9	
GlaxoSmithKline	treated with monotherapy with fasting		Race: White 98%, Asian 1%,	
Fair	plasma glucose 6-8mmol/I and HbA1c 6.5-	G1: (rosiglitazone	Hispanic <1%, African	
	8.0. Prior to visit 2 all subjects must have	titrated up to 8mg day/		
	had fasting plasma glucose 7.0-9.0 mmol/l	metformin titrated to 2000mg day)	Hawaiian/other Pacific Islander 0%	
	Exclusion: prior exposure to TZDs within 6	n=254		
	months; use of insulin; unstable or severe	-	Female 45%	
	angina; coronary insufficiency; NewYork	G2: (metformin titrated		
	Heart Association I-IV congestive heart	up to 3000mg)	G2:	
	failure; blood pressure > 170/100 while on anti-hypertensive treatment	n=272	Age: 59.0	
	anti-hypertensive treatment		Race: White 99%, Asian <1%,	
			Hispanic <1%, African	
			American <1%, Native	
			Hawaiian/other Pacific Islander <1%	
			Female 44%	

Study Characteristics Author, Year Trial Name (if app.) Duration			
Country Funding			
Quality	Adverse Events	Changes in Lipid Concentrations	Weight Gain
Stewart, 2006 32 weeks Multinational GlaxoSmithKline Fair	Adverse EventsReported 5% withdrawals due to AEs in both groupsWithdrawals due to GI disorders:G1: 11 (4%)G2: 7 (3%) $P = NR$ Number experiencing AEs:G1: 62%G2: 59% $P = NR$ Serious AEs:G1: 10 (4%)G2: 10 (4%) $P = NR$ Hypoglycemia:G1: 17 (7%)G2: 10 (4%)Severe Hypoglycemia:G1: 1	Changes in Lipid Concentrations TC (mg/dl): G1: 10.42 (SD NR) G2: -11.58 (SD NR) $P < 0.0001$, G1 vs. G2 LDL (mg/dl): G1: 5.41 (SD NR) G2: -8.49 (SD NR) $P < 0.0001$, G1 vs. G2 HDL (mg/dl): G1: 3.09 (SD NR) G2: 0.77 (SD NR) $P = 0.0027$, G1 vs. G2 TGs (mg/dl): G1: 0 (SD NR) G2: -15.04 (SD NR) $P = 0.0410$, G1 vs. G2	NR
	G2: 0 GI AE similar in both groups, 33% Reduced incidence of diarrhea: G1: 8% G2: 18%		

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Adverse Events	Changes in Lipid Concentrations Weight	Gain
Stewart, 2006 (continued)	Edema: G1: 6 (2%) G2: 0 (0%) P=NR Reductions in mean Hb: G1: -0.75 (.07) g/dl G2: -0.34 (0.07) g/dl P<0.0001		
	Reductions in Hct: G1: -0.02 (0.002) G2: -0.01 (0.002) <i>P</i> <0.0001		

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Weissman, 2005	Inclusion: age 18-75; T2DM; HbA1c 6.5-8.5	N=766 randomized,	G1: Age: 55.5	NR
EMPIRE 24 weeks	for subjects with prior treatment, 7-10 for drug naïve subjects; fasting plasma glucose	709 in ITT population	Race/Female: NR	
US GlaxoSmithKline Fair	7.0-15.0mmol/l; BMI ≥ 27; previous therapy could include diet, exercise or oral therapy (acarbose, sulfonylurea, metformin or metformin + sulfonylurea); metformin dose must have been ≤ 1000mg/day for at least 3 months prior to study; subjects must have stopped TZD at least 3 months prior to screening Exclusion: uncontrolled hypertension; congestive heart failure requiring treatment; severe angina; anemia or severe edema associated with TZDs; active or chronic metabolic acidosis; clinically significant renal or hepatic disease; prior insulin use within 3 months; subjects non-compliant with metformin up-titration	G1: (rosiglitazone titrated to 8mg/day + metformin 1000mg/day) n=358 ITT G2: (metformin titrated to 2000mg/day) n=351 ITT	G2: Age: 55.7 Race/Female: NR	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding			
Quality	Adverse Events	Changes in Lipid Concentrations	
Weissman, 2005	Withdrawals because of AEs:	TC (mg/dl):	G1: +1.79kg (SD 4.15)
EMPIRE	G1: 28 (7.3%)	G1: +20.5 (SD NR)	<i>P</i> <0.0001, G1 vs.
24 weeks US	G2: 37 (9.6%)	G2: -2.2 (SD NR)	baseline
GlaxoSmithKline	Withdrawals due to Gi-related AEs (all randomized	LDL (mg/dl):	G2: -1.78kg (SD 3.50)
Fair	population):	G1: +12.2 (SD NR)	P<0.0001, G2 vs.
	All GI Disorders:	G2: -3.5 (SD NR)	baseline
	G1: 3.1%; G2: 6.8%		
	Diarrhea:	HDL (mg/dl):	
	G1: 1.6%; G2: 4.2%	G1: +4.1 (SD NR)	
	Abdominal pain:	G2: +1.6 (SD NR)	
	G1: 1.0%; G2: 2.3%		
		TGs (mg/dl):	
	Specific Adverse Events	G1: +11.8 (SD NR)	
	Anemia:	G2: -2.4 (SD NR)	
	G1: 6 (1.6%)		
	G2: 0		
	Edema:		
	G1: 18 (4.7%)		
	G2: 5 (1.3%)		

Study Characteristic Author, Year Trial Name (if app.) Duration Country Funding Quality	cs Adverse Events	Changes in Lipid Concentrations Weight Gain
Weissman, 2005	Hypoglycemia:	
continued	G1: 4 G2: 4	
	G2: 4	
	Abnormal Hepatic function:	
	G1: 1 (withdrew)	
	G2: 0	
	ITT population:	
	G1: 100 (27.9%)	
	G2: 136 (38.7%)	
	All randomized population:	
	Diarrhea:	
	G1: NR	
	G2: 63 (16.4%)	
	Abdominal pain:	
	G1: NR	
	G2: 43	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female	Background Medications
Goldstein, 2006	Inclusion: Age 18-75; HbA1c of 6.5-8.5% for	N=122	Age:	NR
EMPIRE	subjects having received prior combination		G1: 54.6	
24 weeks	treatment and 7-10% for drug-naive or	G1: (rosiglitazone	G2: 56.0	
US Olava Oraith Klin a	monotherapy subjects; fasting plasma	4mg/day up-titrated to		
GlaxoSmithKline Fair	glucose 126-270mg/dL; BMI >=27kg/m2; previous treatment with either diet &	8mg/day at week 8 + metformin 1,000mg	Race (%):	
i dii	exercise or with oral therapy with metformin	day)	Caucasian:	
	(<=1,000mg/day for at least 3 months prior	n=71	G1: 71.8	
	to study), either as monotherapy or in		G2: 66.7	
	combination with a sulfonylurea.	G2: (metformin		
		1,500mg/day up-	Black:	
	Exclusion: Uncontrolled hypertension;	titrated to	G1: 7.0	
	congestive heart failure requiring treatment, severe angina, clinically significant renal or	2,000mg/day at week 8)	G2: 5.9	
	hepatic disease; active or chronic metabolic	n=51	Hispanic:	
	acidosis; receipt of insulin or TZD in 3		G1: 16.9	
	months prior to study; history of anemia or severe edema associatyed with TZD		G2: 25.5	
	therapy; non-compliance with metformin		Other:	
	during run-in period.		G1: 4.2	
			G2: 2.0	
			% Female:	
			G1: 49.3	
			G2: 35.3	

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding			
Quality	Adverse Events	Changes in Lipid Concentrations	
Goldstein, 2006 EMPIRE 24 weeks	Overall AEs: G1: 36 G2: 23	NR	NR
US	Viral Infection:		
GlaxoSmithKline Fair	G1: 5 G2: 1		
	Upper Respiratory Tract Infection:		
	G1: 10 G2: 6		
	Dyspespsia:		
	G1: 6 G2: 3		
	Flatulence:		
	G1: 6 G2: 1		
	Abdominal pain:		
	G1: 4 G2: 4		
	Constipation:		
	G1: 4 G2: 0		
	Diarrhea:		
	G1: 4 G2: 6		
	Nausea:		
	G1: 2 G2: 4		
	Injury:		
	G1: 2 G2: 4		

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Buse, 2009 LEAD-6 26 weeks Mulitnational Novo Nordisk Fair	Randomization adequate? Yes, No, NR Yes	Allocation concealment adequate? Yes, No, NR	Groups similar at baseline? Yes, No, NR Yes	Outcome assessors masked? Yes, No, NR	Care provider masked? Yes, No, NR Yes	Patient masked? Yes, No, NR Yes	Run- in/Washout? Yes, No, NR No
Bergenstal, 2009 Novo-Log Mix vs Exenatide Study Group 24 weeks United States Novo Nordisk Poor	Yes	Yes	Yes	No	No	No	No
Russel-Jones, 2009 LEAD-5 Multinational Novo Nordisk Good	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Garber, 2009 LEAD-3 MoNo 52 weeks US and Mexico Novo Nordisk Fair	Yes	NR	Yes	NR	NR	Yes	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Buse, 2009 LEAD-6 26 weeks Mulitnational Novo Nordisk Fair	Overall attrition high (>20%)? Yes, No, NR Yes	Loss to follow-up differential high (>15%)? Yes, No, NR No	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT No	Post-randomization exclusions? Yes, No, NR Yes	Adverse events pre- specified and defined? Yes, No, NR	Ascertainment techniques adequately described? Yes, No, NR
Bergenstal, 2009 Novo-Log Mix vs Exenatide Study Group 24 weeks United States Novo Nordisk Poor	Yes	No	Yes	NR	Yes	No	Yes
Russel-Jones, 2009 LEAD-5 Multinational Novo Nordisk Good	No	No	Yes	Yes	NR	Yes	Yes
Garber, 2009 LEAD-3 MoNo 52 weeks US and Mexico Novo Nordisk Fair	Yes	No	Yes	Yes	NR	Yes	No

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding	Ascertainment techniques equal, valid, and reliable?	up?	- Overall quality assessment for harms
Quality Buse, 2009 LEAD-6 26 weeks Mulitnational Novo Nordisk Fair	Yes, No, Mixed Yes	Yes, No, NR Yes	Good, Fair, Poor Fair
Bergenstal, 2009 Novo-Log Mix vs Exenatide Study Group 24 weeks United States Novo Nordisk Poor	Yes	Yes	Fair
Russel-Jones, 2009 LEAD-5 Multinational Novo Nordisk Good	Yes	Yes	Good
Garber, 2009 LEAD-3 MoNo 52 weeks US and Mexico Novo Nordisk Fair	No	Yes	Fair

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Madsbad, 2004 12 weeks Scandanavia and the UK Novo Nordisk Fair	Randomization adequate? Yes, No, NR	Allocation concealment adequate? Yes, No, NR	Groups similar at baseline? Yes, No, NR Yes	Outcome assessors masked? Yes, No, NR	Care provider masked? Yes, No, NR NR	Patient masked? Yes, No, NR Yes	Run- in/Washout? Yes, No, NR Yes
Deeg, 2007 GLAI 24 weeks US Eli Lilly & Takeda Fair	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Chogtu, 2009 12 weeks India Funding NR Poor	Yes	Yes	Yes	NR	No	No	No
Beysen, 2008 20 weeks US Funding NR Fair	NR	NR	Yes	No	No	No	No
Vijay, 2009 16 weeks India UGC, India Fair	Yes	NR	Yes	NR	NR	NR	No

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Madsbad, 2004 12 weeks Scandanavia and the Uk Novo Nordisk	Overall attrition high (>20%)? Yes, No, NR	Loss to follow-up differential high (>15%)? Yes, No, NR Yes	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT Modified ITT	Post-randomization exclusions? Yes, No, NR No	Adverse events pre- specified and defined? Yes, No, NR	Ascertainment techniques adequately described? Yes, No, NR
Fair							
Deeg, 2007 GLAI 24 weeks US Eli Lilly & Takeda Fair	No	No	Yes	Yes	No	Yes	Yes
Chogtu, 2009 12 weeks India Funding NR Poor	No	NR	Yes	No	Yes	No	No
Beysen, 2008 20 weeks US Funding NR Fair	No	No	Yes	NR	Yes	No	Yes
Vijay, 2009 16 weeks India UGC, India Fair	NR	NR	Yes	NR	NR	Yes	Yes

Study Characteristics Author, Year Trial Name (if app.)			
Duration Country Funding	Ascertainment techniques equal, valid, and reliable?	up?	Overall quality assessment for harms
Quality Madsbad, 2004 12 weeks Scandanavia and the UK	Yes, No, Mixed	Yes, No, NR	Good, Fair, Poor
Novo Nordisk Fair	Mixed	Yes	Fair
Deeg, 2007 GLAI 24 weeks US Eli Lilly & Takeda	Yes	Yes	Good
Fair			
Chogtu, 2009 12 weeks India Funding NR Poor	Mixed	Yes	Poor
Beysen, 2008 20 weeks US Funding NR Fair	Yes	Yes	Fair
Vijay, 2009 16 weeks India UGC, India Fair	Yes	Yes	Fair

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Oz, 2008 12 weeks Turkey Funding NR Fair	Randomization adequate? Yes, No, NR NR	Allocation concealment adequate? Yes, No, NR	Groups similar at baseline? Yes, No, NR Yes	Outcome assessors masked? Yes, No, NR NR	Care provider masked? Yes, No, NR NR	Patient masked? Yes, No, NR NR	Run- in/Washout? Yes, No, NR No
OZ Gul, 2010 12 weeks Turkey Funding NR Fair	NR	NR	NR	Yes	NR	NR	No
Papathanassiou, 2009 6 months Greece Funding NR Fair	Yes	No	Yes	NR	No	No	No
Van der Meer, 2009 PIRAMID 24 weeks The Netherlands Eli Lilly, Takeda Good	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Schernthaner, 2004 Quarter Study 12 months Multinational Funding NR Good	Yes	Yes	Yes	Yes	NR	Yes	No

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Oz, 2008 12 weeks Turkey Funding NR Fair	Overall attrition high (>20%)? Yes, No, NR Yes	Loss to follow-up differential high (>15%)? Yes, No, NR	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT NR	Post-randomization exclusions? Yes, No, NR No	Adverse events pre- specified and defined? Yes, No, NR	Ascertainment techniques adequately described? Yes, No, NR
OZ Gul, 2010 12 weeks Turkey Funding NR Fair	NR	No	Yes	NR	No	Yes	Yes
Papathanassiou, 2009 6 months Greece Funding NR Fair	No	No	No	Yes	NR	Yes	Yes
Van der Meer, 2009 PIRAMID 24 weeks The Netherlands Eli Lilly, Takeda Good	No	No	Yes	NR	No	NR	No
Schernthaner, 2004 Quarter Study 12 months Multinational Funding NR Good	No	No	Yes	Modified ITT	Yes	NR	No

Study Characteristics Author, Year Trial Name (if app.)			
Duration Country Funding	Ascertainment techniques equal, valid, and reliable?	up?	- Overall quality assessment for harms
Quality Oz, 2008 12 weeks Turkey	Yes, No, Mixed	Yes, No, NR	Good, Fair, Poor
Turkey Funding NR Fair	Yes	Yes	Fair
OZ Gul, 2010 12 weeks Turkey Funding NR Fair	Yes	Yes	Fair
Papathanassiou, 2009 6 months Greece Funding NR Fair	Yes	Yes	Fair
Van der Meer, 2009 PIRAMID 24 weeks The Netherlands Eli Lilly, Takeda Good	Yes	Yes	Fair
Schernthaner, 2004 Quarter Study 12 months Multinational Funding NR Good	Mixed	Yes	Fair

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Kusaka, 2008 4 months Japan Funding NR Fair	Randomization adequate? Yes, No, NR NR	Allocation concealment adequate? Yes, No, NR	Groups similar at baseline? Yes, No, NR Yes	Outcome assessors masked? Yes, No, NR	Care provider masked? Yes, No, NR No	Patient masked? Yes, No, NR No	Run- in/Washout? Yes, No, NR No
Nissen, 2008 PERISCOPE 18 months Multinational Takeda Pharmaceuticals Fair	Yes	Yes	Yes	Yes	Yes	Yes	No
Marre, 2003 LEAD-1SU 26 weeks Multinational Novo Nordisk Fair	NR	NR	Yes	NR	NR	Yes	Yes
Pop-Busui, 2009 6 months US GlaxoSmithKline, Eli Lilly, Research Foundations Fair	NR	NR	No	NR	NR	NR	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Kusaka, 2008 4 months Japan Funding NR Fair	Overall attrition high (>20%)? Yes, No, NR No	Loss to follow-up differential high (>15%)? Yes, No, NR No	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT No	Post-randomization exclusions? Yes, No, NR Yes	Adverse events pre- specified and defined? Yes, No, NR	Ascertainment techniques adequately described? Yes, No, NR
Nissen, 2008 PERISCOPE 18 months Multinational Takeda Pharmaceuticals Fair	; Yes	No	Yes	No	Yes	Yes	Yes
Marre, 2003 LEAD-1SU 26 weeks Multinational Novo Nordisk Fair	No	No	Yes	Yes	Yes	Yes	No
Pop-Busui, 2009 6 months US GlaxoSmithKline, Eli Lilly, Research Foundations Fair	No	No	Yes	NR	NR	NR	No

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Kusaka, 2008 4 months Japan	Ascertainment techniques equal, valid, and reliable? Yes, No, Mixed Mixed		- Overall quality assessment for harms Good, Fair, Poor Fair
Funding NR Fair	Mixea	res	Fair
Nissen, 2008 PERISCOPE 18 months Multinational Takeda Pharmaceuticals Fair	Yes	Yes	Fair
Marre, 2003 LEAD-1SU 26 weeks Multinational Novo Nordisk Fair	No	Yes	Fair
Pop-Busui, 2009 6 months US GlaxoSmithKline, Eli Lilly, Research Foundations Fair	Yes	Yes	Fair

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality von Bibra, 2008 16 weeks (32-week cross over) Germany Funding NR Fair	Randomization adequate? Yes, No, NR S [.]	Allocation concealment adequate? Yes, No, NR No	Groups similar at baseline? Yes, No, NR Yes	Outcome assessors masked? Yes, No, NR	Care provider masked? Yes, No, NR NR	Patient masked? Yes, No, NR NR	Run- in/Washout? Yes, No, NR Yes
Home, 2009 RECORD 7 year study, mean follow up time 5.5 years Multinational GlaxoSmithKline Fair	Yes	Yes	Yes	No	No	No	No
Kiyici, 2009 12 months Turkey Funding NR Fair	NR	NR	Yes	No	No	No	No
Scott, 2008 18 weeks Multinational Merck Fair	NR	NR	Yes	NR	Yes	Yes	Yes
Hamann, 2008 52 weeks Multinational Funding NR Fair	Yes	Yes	Yes	NR	Yes	Yes	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality von Bibra, 2008 16 weeks (32-week cros over) Germany Funding NR Fair	Overall attrition high (>20%)? Yes, No, NR s [.]	Loss to follow-up differential high (>15%)? Yes, No, NR No	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT No	Post-randomization exclusions? Yes, No, NR Yes	Adverse events pre- specified and defined? Yes, No, NR	Ascertainment techniques adequately described? Yes, No, NR
Home, 2009 RECORD 7 year study, mean follow up time 5.5 years Multinational GlaxoSmithKline Fair	No	No	Yes	Modified ITT	Yes	Yes	Yes
Kiyici, 2009 12 months Turkey Funding NR Fair	No	No	Yes	NR	No	NR	Yes
Scott, 2008 18 weeks Multinational Merck Fair	No	No	Yes	Modified ITT	Yes	Yes	Yes
Hamann, 2008 52 weeks Multinational Funding NR Fair	Yes	No	Yes	Modified ITT	Yes	NR	No

Study Characteristics Author, Year Trial Name (if app.) Duration	Ascertainment	Adequate	
Country Funding Quality von Bibra, 2008	techniques equal, valid, and reliable? Yes, No, Mixed	duration of follow	- Overall quality assessment for harms Good, Fair, Poor
16 weeks (32-week cross over) Germany Funding NR Fair	s. No	Yes	Fair
Home, 2009 RECORD 7 year study, mean follow up time 5.5 years Multinational GlaxoSmithKline Fair	Yes	Yes	Fair
Kiyici, 2009 12 months Turkey Funding NR Fair	Yes	Yes	Fair
Scott, 2008 18 weeks Multinational Merck Fair	Yes	Yes	Fair
Hamann, 2008 52 weeks Multinational Funding NR Fair	Yes	Yes	Fair

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Giles, 2008 6 months Multinational Takeda Pharmaceuticals Fair	Randomization adequate? Yes, No, NR NR	Allocation concealment adequate? Yes, No, NR NR	Groups similar at baseline? Yes, No, NR Yes	Outcome assessors masked? Yes, No, NR	Care provider masked? Yes, No, NR Yes	Patient masked? Yes, No, NR	Run- in/Washout? Yes, No, NR Yes
Rosenstock, 2009 CV181-011 Study 24 weeks US Bristol-Myers Squibb and Astra Zeneca Fair	NR	NR	Yes	Yes	Yes	Yes	Yes
Rosenstock, 2008 12 weeks Multinational Bristol-Myers Squibb Fair	NR	NR	Yes	Yes	Yes	Yes	Yes
DeFronzo, 2009 Saxagliptin CV181-014 Study 24 weeks Multinational Bristol-Myers Squibb & AstraZeneca Fair	Yes	NR	Yes	NR	Yes	Yes	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Giles, 2008 6 months Multinational Takeda Pharmaceuticals Fair	Overall attrition high (>20%)? Yes, No, NR	Loss to follow-up differential high (>15%)? Yes, No, NR Yes	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT Yes	Post-randomization exclusions? Yes, No, NR No	Adverse events pre- specified and defined? Yes, No, NR	Ascertainment techniques adequately described? Yes, No, NR
Rosenstock, 2009 CV181-011 Study 24 weeks US Bristol-Myers Squibb and Astra Zeneca Fair	y Yes	No	Yes	Modified ITT	Yes	No	Yes
Rosenstock, 2008 12 weeks Multinational Bristol-Myers Squibb Fair	No	No	Yes	Modified ITT	Yes	Yes	Yes
DeFronzo, 2009 Saxagliptin CV181-014 Study 24 weeks Multinational Bristol-Myers Squibb & AstraZeneca Fair	Yes	Yes	Yes	Modified ITT	Yes	Yes	Yes

Study Characteristics Author, Year Trial Name (if app.)		•••	
Duration Country Funding Quality Giles, 2008 6 months Multinational	Ascertainment techniques equal, valid, and reliable? Yes, No, Mixed		- Overall quality assessment for harms Good, Fair, Poor
Takeda Pharmaceuticals Fair	Yes	Yes	Good
Rosenstock, 2009 CV181-011 Study 24 weeks US Bristol-Myers Squibb and Astra Zeneca Fair	l Yes	Yes	Fair
Rosenstock, 2008 12 weeks Multinational Bristol-Myers Squibb Fair	Yes	Yes	Fair
DeFronzo, 2009 Saxagliptin CV181-014 Study 24 weeks Multinational Bristol-Myers Squibb & AstraZeneca Fair	Yes	Yes	Fair

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Hollander, 2009 CV181-013 24 weeks US Bristol-Meyers Squibb and AstraZeneca Fair	Randomization adequate? Yes, No, NR Yes	Allocation concealment adequate? Yes, No, NR	Groups similar at baseline? Yes, No, NR Yes	Outcome assessors masked? Yes, No, NR	Care provider masked? Yes, No, NR Yes	Patient masked? Yes, No, NR	Run- in/Washout? Yes, No, NR
Hanefeld, 2007 Sitagliptin Study 014 12 weeks Multinational Fair	NR	NR	Yes	Yes	Yes	Yes	Yes
Nonaka, 2008 12 weeks Japan Banyu Pharmaceuticals (Merck) Good	NR	NR	Yes	Yes	Yes	Yes	Yes
Mohan, 2009 18 weeks China, India, Korea Merck Good	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Raz, 2008 30 weeks Multinational Merck Fair	Yes	Yes	No	Yes	Yes	Yes	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Hollander, 2009 CV181-013 24 weeks US Bristol-Meyers Squibb and AstraZeneca Fair	Overall attrition high (>20%)? Yes, No, NR Yes	Loss to follow-up differential high (>15%)? Yes, No, NR	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT Modified ITT	Post-randomization exclusions? Yes, No, NR Yes	Adverse events pre- specified and defined? Yes, No, NR	Ascertainment techniques adequately described? Yes, No, NR
Hanefeld, 2007 Sitagliptin Study 014 12 weeks Multinational Fair	No	Yes	Yes	Modified ITT	Yes	Yes	Yes
Nonaka, 2008 12 weeks Japan Banyu Pharmaceuticals (Merck) Good	No	No	Yes	Modified ITT	Yes	Yes	Yes
Mohan, 2009 18 weeks China, India, Korea Merck Good	Yes	No	Yes	Modified ITT	No	Yes	Yes
Raz, 2008 30 weeks Multinational Merck Fair	No	No	Yes	No	Yes	Yes	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Hollander, 2009 CV181-013 24 weeks	Ascertainment techniques equal, valid, and reliable? Yes, No, Mixed		Overall quality assessment for harms Good, Fair, Poor
US Bristol-Meyers Squibb and AstraZeneca Fair	Yes	Yes	Fair
Hanefeld, 2007 Sitagliptin Study 014 12 weeks Multinational Fair	Yes	Yes	Fair
Nonaka, 2008 12 weeks Japan Banyu Pharmaceuticals (Merck) Good	Yes	Yes	Fair
Mohan, 2009 18 weeks China, India, Korea Merck Good	Yes	Yes	Good
Raz, 2008 30 weeks Multinational Merck Fair	Yes	Yes	Fair

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Williams-Herman, 2009 54 weeks Williams-Herman, 2010 104 weeks Multinational Merck Fair	Randomization adequate? Yes, No, NR NR	Allocation concealment adequate? Yes, No, NR	Groups similar at baseline? Yes, No, NR ^{Yes}	Outcome assessors masked? Yes, No, NR	Care provider masked? Yes, No, NR	Patient masked? Yes, No, NR	Run- in/Washout? Yes, No, NR
Chan, 2008 54 weeks Multinational Merck Fair	Yes	NR	Yes	Yes	Yes	Yes	Yes
Riddle, 2009 24 weeks US Amylin Pharmaceuticals Fair	Yes	Yes	Yes	No	No	No	No
Wysham 2008 16 weeks Amylin Phamaceuticals Fair	NR	NR	Yes	NR	Yes	Yes	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Williams-Herman, 2009 54 weeks Williams-Herman, 2010 104 weeks Multinational Merck Fair	Overall attrition high (>20%)? Yes, No, NR Yes	Loss to follow-up differential high (>15%)? Yes, No, NR Yes	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT Modified ITT	Post-randomization exclusions? Yes, No, NR No	Adverse events pre- specified and defined? Yes, No, NR	Ascertainment techniques adequately described? Yes, No, NR
Chan, 2008 54 weeks Multinational Merck Fair	Yes	No	Yes	Modified ITT	Yes	Yes	Yes
Riddle, 2009 24 weeks US Amylin Pharmaceuticals Fair	No	No	Yes	Modified ITT	Yes	No	Yes
Wysham 2008 16 weeks Amylin Phamaceuticals Fair	No	No	Yes	Yes	No	Yes	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Williams-Herman, 2009 54 weeks Williams-Herman, 2010 104 weeks Multinational Merck Fair	Ascertainment techniques equal, valid, and reliable? Yes, No, Mixed		- Overall quality assessment for harms Good, Fair, Poor
Chan, 2008 54 weeks Multinational Merck Fair	Yes	Yes	Good
Riddle, 2009 24 weeks US Amylin Pharmaceuticals Fair	Yes	Yes	Fair
Wysham 2008 16 weeks Amylin Phamaceuticals Fair	Yes	Yes	Fair

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Nauck, 2009 LEAD-2 26 weeks Multinational Novo Nordisk Fair	Randomization adequate? Yes, No, NR Yes	Allocation concealment adequate? Yes, No, NR	Groups similar at baseline? Yes, No, NR Yes	Outcome assessors masked? Yes, No, NR	Care provider masked? Yes, No, NR NR	Patient masked? Yes, No, NR Yes	Run- in/Washout? Yes, No, NR Yes
Gao, 2009 16 weeks Multiple, Asia Amylin Pharmaceuticals and Eli Lilly Good	Yes	NR	Yes	NR	Yes	Yes	Yes
Kadowaki, 2009 12 weeks Japan Amylin Pharmaceuticals and Eli Lilly Fair	Yes	Yes	Yes	NR	Yes	Yes	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Nauck, 2009 LEAD-2 26 weeks Multinational Novo Nordisk Fair	Overall attrition high (>20%)? Yes, No, NR No	Loss to follow-up differential high (>15%)? Yes, No, NR Yes	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT Modified ITT	Post-randomization exclusions? Yes, No, NR No	Adverse events pre- specified and defined? Yes, No, NR	Ascertainment techniques adequately described? Yes, No, NR
Gao, 2009 16 weeks Multiple, Asia Amylin Pharmaceuticals and Eli Lilly Good	No	No	Yes	Modified ITT	Yes	Yes	Yes
Kadowaki, 2009 12 weeks Japan Amylin Pharmaceuticals and Eli Lilly Fair	No	No	Yes	No	Yes	Yes	NR

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Nauck, 2009	Ascertainment techniques equal, valid, and reliable? Yes, No, Mixed		Overall quality assessment for harms Good, Fair, Poor
LEAD-2 26 weeks Multinational Novo Nordisk Fair	No	Yes	Fair
Gao, 2009 16 weeks Multiple, Asia Amylin Pharmaceuticals and Eli Lilly Good	Yes	Yes	Good
Kadowaki, 2009 12 weeks Japan Amylin Pharmaceuticals and Eli Lilly Fair	Yes	Yes	Fair

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Moretto, 2008 24 weeks United States, Puerto Rico, Romania, Russia, and India Amylin Pharamceuticals and Eli Lilly and Company Good	Randomization adequate? Yes, No, NR Yes	Allocation concealment adequate? Yes, No, NR	Groups similar at baseline? Yes, No, NR Yes	Outcome assessors masked? Yes, No, NR	Care provider masked? Yes, No, NR	Patient masked? Yes, No, NR Yes	Run- in/Washout? Yes, No, NR
SeiNo, 2008 14 weeks Japan Novo Nordisk Good	Yes	Yes	Yes	Yes	NR	Yes	Yes
Vilsboll, 2007 14 weeks Denmark, France, the Netherlands, Slovakia Novo Nordisk Fair	NR	NR	Yes	NR	Yes	Yes	Yes
Zinman, 2009 LEAD-4 26 weeks US and Canada Novo Nordisk Fair	Yes	NR	Yes	Yes	NR	Yes	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Moretto, 2008 24 weeks United States, Puerto Rico, Romania, Russia, and India Amylin Pharamceuticals and Eli Lilly and Company Good	Overall attrition high (>20%)? Yes, No, NR No	Loss to follow-up differential high (>15%)? Yes, No, NR	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT Modified ITT	Post-randomization exclusions? Yes, No, NR Yes	Adverse events pre- specified and defined? Yes, No, NR	Ascertainment techniques adequately described? Yes, No, NR
SeiNo, 2008 14 weeks Japan Novo Nordisk Good	No	No	Yes	Modified ITT	No	No	No
Vilsboll, 2007 14 weeks Denmark, France, the Netherlands, Slovakia Novo Nordisk Fair	No	No	Yes	Yes	Yes	NR	Yes
Zinman, 2009 LEAD-4 26 weeks US and Canada Novo Nordisk Fair	Yes	Yes	Yes	Modified ITT	Yes	Yes	No

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Moretto, 2008 24 weeks United States, Puerto Rico, Romania, Russia, and India Amylin Pharamceuticals and Eli Lilly and	Ascertainment techniques equal, valid, and reliable? Yes, No, Mixed		Overall quality assessment for harms Good, Fair, Poor Fair
Company Good			
SeiNo, 2008 14 weeks Japan Novo Nordisk Good	Yes	Yes	Fair
Vilsboll, 2007 14 weeks Denmark, France, the Netherlands, Slovakia Novo Nordisk Fair	Yes	Yes	Fair
Zinman, 2009 LEAD-4 26 weeks US and Canada Novo Nordisk Fair	Mixed	Yes	Fair

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Chacra, 2009 CV181-040 24 weeks Multinational Bristol-Myers Squibb and AstraZeneca Fair	Randomization adequate? Yes, No, NR Yes	Allocation concealment adequate? Yes, No, NR	Groups similar at baseline? Yes, No, NR Yes	Outcome assessors masked? Yes, No, NR	Care provider masked? Yes, No, NR Yes	Patient masked? Yes, No, NR Yes	Run- in/Washout? Yes, No, NR Yes
McCluskey, 2004 20 weeks US Funding NR Fair	No	NR	No	NR	NR	Yes	Yes
Stewart, 2006 32 weeks Multinational GlaxoSmithKline Fair	NR	NR	Yes	NR	Yes	Yes	Yes
Weissman, 2005 EMPIRE 24 weeks US GlaxoSmithKline Fair	NR	NR	NR	NR	Yes	Yes	Yes
Goldstein, 2006 EMPIRE 24 weeks US GlaxoSmithKline Fair	NR	NR	No	NR	Yes	Yes	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Chacra, 2009 CV181-040 24 weeks Multinational Bristol-Myers Squibb and AstraZeneca Fair	Overall attrition high (>20%)? Yes, No, NR	Loss to follow-up differential high (>15%)? Yes, No, NR No	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT No	Post-randomization exclusions? Yes, No, NR Yes	Adverse events pre- specified and defined? Yes, No, NR	Ascertainment techniques adequately described? Yes, No, NR
McCluskey, 2004 20 weeks US Funding NR Fair	No	No	Yes	Yes	No	NR	Yes
Stewart, 2006 32 weeks Multinational GlaxoSmithKline Fair	Yes	No	Yes	Modified ITT	Yes	Yes	Yes
Weissman, 2005 EMPIRE 24 weeks US GlaxoSmithKline Fair	Yes	No	Yes	Modified ITT	Yes	NR	No
Goldstein, 2006 EMPIRE 24 weeks US GlaxoSmithKline Fair	No	No	Yes	Yes	Yes	Yes	NR

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Chacra, 2009	Ascertainment techniques equal, valid, and reliable? Yes, No, Mixed		- Overall quality assessment for harms Good, Fair, Poor
CV181-040 24 weeks Multinational Bristol-Myers Squibb and AstraZeneca Fair	Yes	Yes	Good
McCluskey, 2004 20 weeks US Funding NR Fair	Yes	Yes	Fair
Stewart, 2006 32 weeks Multinational GlaxoSmithKline Fair	Yes	Yes	Fair
Weissman, 2005 EMPIRE 24 weeks US GlaxoSmithKline Fair	Mixed	Yes	Fair
Goldstein, 2006 EMPIRE 24 weeks US GlaxoSmithKline Fair	Yes	Yes	Fair

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Seck, 2010 104 weeks	Randomization adequate? Yes, No, NR	Allocation concealment adequate? Yes, No, NR	Groups similar at baseline? Yes, No, NR	Outcome assessors masked? Yes, No, NR	Care provider masked? Yes, No, NR	Patient masked? Yes, No, NR	Run- in/Washout? Yes, No, NR
Multinational Merck Fair Extension of Nauck, 2007	Yes	Yes	Yes	Yes	NR	Yes	Yes
Aschner, 2010 24 weeks Multinational Merck Good	Yes	Yes	Yes	Yes	NR	Yes	Yes
Vilsboll, 2010 24 weeks Multinational Merck Fair	NR	NR	Yes	Yes	NR	Yes	Yes
Gill, 2010 12 weeks Multinational Eli Lilly Fair	NR	NR	Yes	NR	NR	NR	Yes
Pratley, 2010 26 weeks Multinational Novo Nordisk Fair	Yes	Yes	Yes	Yes	No	No	NR
Apovian, 2010 24 weeks US Eli Lilly Fair	Yes	Yes	Yes	NR	NR	NR	No

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Seck, 2010 104 weeks Multinational	Overall attrition high (>20%)? Yes, No, NR	Loss to follow-up differential high (>15%)? Yes, No, NR	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT	Post-randomization exclusions? Yes, No, NR	Adverse events pre- specified and defined? Yes, No, NR	Ascertainment techniques adequately described? Yes, No, NR
Merck Fair Extension of Nauck, 2007	Yes	No	Yes	No	No	Yes	Yes
Aschner, 2010 24 weeks Multinational Merck Good	No	No	Yes	No	Yes	Yes	Yes
Vilsboll, 2010 24 weeks Multinational Merck Fair	No	No	Yes	Modified ITT	No	Yes	Yes
Gill, 2010 12 weeks Multinational Eli Lilly Fair	No	No	Yes	Yes	No	NR	Yes
Pratley, 2010 26 weeks Multinational Novo Nordisk Fair	No	No	Yes	Yes	Yes	Yes	Yes
Apovian, 2010 24 weeks US Eli Lilly Fair	Yes	No	Yes	Modified ITT	No	No	No

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Seck, 2010 104 weeks	Ascertainment techniques equal, valid, and reliable? Yes, No, Mixed		Overall quality assessment for harms Good, Fair, Poor
Multinational Merck Fair Extension of Nauck, 2007	Yes	Yes	Good
Aschner, 2010 24 weeks Multinational Merck Good	Yes	Yes	Good
Vilsboll, 2010 24 weeks Multinational Merck Fair	Yes	Yes	Good
Gill, 2010 12 weeks Multinational Eli Lilly Fair	Mixed	Yes	Fair
Pratley, 2010 26 weeks Multinational Novo Nordisk Fair	Mixed	Yes	Fair
Apovian, 2010 24 weeks US Eli Lilly Fair	Mixed	Yes	Fair

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality DeFronzo, 2010 20 weeks US Eli Lilly Fair Brackenridge, 2009 3 months United Kingdom	Randomization adequate? Yes, No, NR NR	Allocation concealment adequate? Yes, No, NR NR	Groups similar at baseline? Yes, No, NR Yes No	Outcome assessors masked? Yes, No, NR No	Care provider masked? Yes, No, NR No	Patient masked? Yes, No, NR No	Run- in/Washout? Yes, No, NR No
Takeda Poor Kadoglou, 2010 14 weeks Greece European Social Fund and National Resources PYTHAGORAS II & Alexander S Onassis Public Benefit Foundation Fair	- Yes	NR	Yes	No	No	No	Yes
Kato, 2009 12 Weeks Japan NR Fair Perez, 2009 24 Weeks Multinational Takeda Fair	NR	Yes	Yes	NR	NR Yes	NR Yes	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality DeFronzo, 2010 20 weeks US Eli Lilly Fair	Overall attrition high (>20%)? Yes, No, NR Yes	Loss to follow-up differential high (>15%)? Yes, No, NR	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT Yes	Post-randomization exclusions? Yes, No, NR No	Adverse events pre- specified and defined? Yes, No, NR	Ascertainment techniques adequately described? Yes, No, NR
Brackenridge, 2009 3 months United Kingdom Takeda Poor	NR	NR	Mixed	NR	NR	NR	No
Kadoglou, 2010 14 weeks Greece European Social Fund and National Resources PYTHAGORAS II & Alexander S Onassis Public Benefit Foundation Fair	- No	No	Yes	No	Yes	No	NR
Kato, 2009 12 Weeks Japan NR Fair	NR	NR	Yes	NR	No	No	Yes
Perez, 2009 24 Weeks Multinational Takeda Fair	Yes	No	Yes	Modified ITT	No	Yes	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality DeFronzo, 2010 20 weeks US	Ascertainment techniques equal, valid, and reliable? Yes, No, Mixed Mixed		Overall quality assessment for harms Good, Fair, Poor Fair
Eli Lilly Fair Brackenridge, 2009 3 months United Kingdom Takeda Poor	Mixed	Yes	Poor
Kadoglou, 2010 14 weeks Greece European Social Fund and National Resources PYTHAGORAS II & Alexander S Onassis Public Benefit Foundation Fair	Mixed	Yes	Fair
Kato, 2009 12 Weeks Japan NR Fair Perez, 2009	Mixed	Yes	Fair
24 Weeks Multinational Takeda Fair	Mixed	Yes	Fair

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Randomization adequate? Yes, No, NR	Allocation concealment adequate? Yes, No, NR	Groups similar at baseline? Yes, No, NR	Outcome assessors masked? Yes, No, NR	Care provider masked? Yes, No, NR	Patient masked? Yes, No, NR	Run- in/Washout? Yes, No, NR
Petrica, 2009 12 months Romania NR Poor	NR	NR	Yes	Yes	No	No	No
Gerstein, 2010 18 months Multinational GlaxoSmithKline Fair	Yes	NR	Yes	Yes	Yes	Yes	Yes
DeFronzo, 2010 20 weeks USA Eli Lilly Fair	NR	NR	NR	No	No	No	No
Rigby, 2010 16 weeks Mulitnaional Daichi Sankyo, Inc Fair	NR	NR	Yes	No	No	No	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Overall attrition high (>20%)? Yes, No, NR	Loss to follow-up differential high (>15%)? Yes, No, NR	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT	Post-randomization exclusions? Yes, No, NR	Adverse events pre- specified and defined? Yes, No, NR	Ascertainment techniques adequately described? Yes, No, NR
Petrica, 2009 12 months Romania NR Poor	Yes	No	Yes	No	Yes	NR	NR
Gerstein, 2010 18 months Multinational GlaxoSmithKline Fair	Yes	No	Yes	No	No	Yes	Yes
DeFronzo, 2010 20 weeks USA Eli Lilly Fair	Yes	No	Mixed	Yes	No	No	No
Rigby, 2010 16 weeks Mulitnaional Daichi Sankyo, Inc Fair	No	No	Yes	Modified ITT	Yes	Yes	Yes

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality Petrica, 2009 12 months Romania NR Poor	Ascertainment techniques equal, valid, and reliable? Yes, No, Mixed		Overall quality assessment for harms Good, Fair, Poor Poor
Gerstein, 2010 18 months Multinational GlaxoSmithKline Fair	Mixed	Yes	Fair
DeFronzo, 2010 20 weeks USA Eli Lilly Fair	Mixed	Yes	Fair
Rigby, 2010 16 weeks Mulitnaional Daichi Sankyo, Inc Fair	Yes	Yes	Fair

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female
Kahn, 2008	Inclusion: T2DM; age 30-75; fasting plasma	N=4,351 treated patients (in analysis)	G1:
ADOPT	glucose 126-180mg/dl with lifestyle therapy	4, 360 randomized	Age: females 56.1, males 56.4
5 years	and naïve to oral hypoglycemic drugs		Race: NR
Multinational		G1: (rosiglitazone 4mg-8mg/day)	Female: 44.3%
GlaxoSmithKline	Exclusion: Clinically significant liver	n=645 women, 811 men; 147 premenopausal;	
Fair	disease; renal impairment; history of lactic	489 postmenopausal	G2:
	acidosis; unstable or severe angina; New		Age: females 56.7, males 57.0
	York Heart Association I-IV congestive	G2: (metformin 500mg-2000mg/day)	Race: NR
	heart failure requiring pharmacologic	n=590 women, 864 men; 127 premenopausal;	Female: 40.6%
	intervention; uncontrolled hypertension;	463 postmenopausal	
	chronic diseases requiring periodic or		G3:
	intermittent treatment with oral or IV	G3: (glyburide 2.5mg-15mg/day)	Age: females 56.3, males 56.6
	corticosteroids or continuous use of inhaled	n=605 women, 836 men; 156 premenopausal;	Race: NR
	corticosteroids	449 postmenopausal;	Female: 42.0%

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Intermediate Outcomes HbA1c Weight (kg)	Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes) Other	Overall Adverse Events (N) Specific Adverse Events (N)
Kahn, 2008	NR	NR	Women:
ADOPT			G1: 60 (9.3%)
5 years			G2: 30 (5.1%)
Multinational			G3: 21 (3.5%)
GlaxoSmithKline Fair			Hazards ratio G1 vs. G2: 1.81 (1.17-2.80)
			Hazards ratio G1 vs. G3: 2.13 (1.30-3.51)
			Men: G1: 32 (4.0%) G2: 29 (3.4%) G3: 28 (3.4%)
			Hazards ratios: NS
			Premenopausal: G1: 10 (6.8%) G2: 4 (3.2%), $P=0.1709$ G3: 3 (1.9%), $P=0.0362$ Postmenopausal: G1: 50 (10.0%) G2: 26 (5.6%), $P=0.0111$, G1 vs. G2 G3: 18 (4.0%), $P=0.0003$

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Inclusion and Exclusion Criteria	Overall Sample Size Interventions Group Sizes	Baseline Population Characteristics Mean Age, years Race/Ethnicity % Female
Raz, 2008	Inclusion: 18 - 78 years of age, currently on	N=190 (187 analyzed)	G1:
30 weeks	metformin monotherapy or any other single		Age: 56.1 (9.5)
Multinational	oral hypoglycemic agent or being treated	Overall	Race: White 47%, Hispanic 25%,
Merck	with metformin in combination with another	G1: (placebo)	Black 1%, Multiracial 25%, Other 2%
Fair	oral hypoglycemic agent, and HbA1c was 8.0 - <11.0%.	n=94	Female: 58.5%
		G2: (sitagliptin 100mg qd)	G2:
	Exclusion: Received treatment with insulin		Age: 53.6 (9.5)
	within 8 weeks prior to screening, treatment		Race: White 42%, Hispanic 32%,
	with a TZD or exenatide within 12 weeks,		Black 3%, Multiracial 22%, Other 1%
	had type 1 diabetes, a BMI < 20 kg/m2 or > 43 kg/m2, or fasting plasma glucose during run-in that was consistently < 7.2 mmol/L or > 15.6 mmol/L.		Female: 39%

Study Characteristics Author, Year Trial Name (if app.) Duration Country Funding Quality	Intermediate Outcomes HbA1c Weight (kg)	Health and Utilization Outcomes Microvascular Disease Macrovascular Disease Lower Extremity Ulcers All-Cause Mortality Quality of Life Hospitalization Medical Visits (diabetes) Other	Overall Adverse Events (N) Specific Adverse Events (N)
Raz, 2008	HbA1c mean (SE) at 30 weeks:	NR	NR
30 weeks	SG1 (age <u><</u> 55 years):		
Multinational	Placebo -0.1 (0.2); sitagliptin -1.0 (0.2)		
Merck	SG2(age > 55years):		
Fair	Placebo 0.2 (0.2); sitagliptin -1.1 (0.2)		
	SG3 (BMI <u><</u> 30.1 kg/m2):		
	Placebo 0.0 (0.2); sitagliptin -1.1 (0.2)		
	SG4 (BMI > 30.1 kg/m2):		
	Placebo 0.2 (0.2); sitagliptin -0.9 (0.2) SG5 (female):		
	Placebo 0.1 (0.2); sitagliptin -1.1 (0.2)		
	SG6 (male): Placebo 0.0 (0.2); sitagliptin -0.9 (0.2)		
	SG7 (previously on metformin		
	monotherapy):		
	Placebo 0.0 (0.2); sitagliptin -0.9 (0.2)		
	SG8 (previously on metformin-based		
	combination therapy):		
	Placebo 0.2 (0.2); sitagliptin -1.2 (0.2)		
	Weight: NR for subgroups		

Author	Randomization adequate? Yes, No, NR	Allocation concealment adequate? Yes, No, NR	Groups similar a baseline? Yes, No, NR	Outcome at assessors masked? Yes, No, NR	Care provider masked? Yes, No, NR	Patient masked? Yes, No, NR
Raz, 2008 30 weeks Multinational Merck Fair	Yes	Yes	No	Yes	Yes	Yes
Kahn, 2008 ADOPT 5 years Multinational GlaxoSmithKline Fair	NR	NR	Yes	NR	Yes	Yes

Author	Run-in/Washout? Yes, No, NR	Overall attrition high (<u>></u> 20%)? Yes, No, NR	Loss to follow-up differential high (≥15%)? Yes, No, NR	Outcome measures (ascertainment) equal, valid, and reliable? Yes, No, Mixed	Intention-to-treat (ITT) analysis? Yes, No, NR, Modified ITT	Post-randomization exclusions? Yes, No, NR
Raz, 2008 30 weeks Multinational Merck Fair	Yes	No	No	Yes	No	Yes
Kahn, 2008 ADOPT 5 years Multinational GlaxoSmithKline Fair	NR	Yes	No	Yes	Yes	NR

Author	Efficacy and Effectiveness Outcomes Quality Rating Good, Fair, Poor	Adverse events pre- specified and defined? Yes, No, NR	Ascertainment techniques adequately described? Yes, No, NR	Ascertainment techniques equal, valid, and reliable? Yes, No, Mixed	Adequate duration of follow-up? Yes, No, NR	Quality assessment for harms Good, Fair, Poor
Raz, 2008 30 weeks Multinational Merck Fair	Fair	Yes	Yes	Yes	Yes	Fair
Kahn, 2008 ADOPT 5 years Multinational GlaxoSmithKline Fair	Fair	Yes	Yes	Mixed	Yes	Fair

Study Characteristics Author, Year Quality	Aim(s) of Review	Eligibility Criteria Characterstics of Included Studies	# studies # of Patients	Characteristics of included populations	Characteristics of Interventions
Diamond, 2007 Fair	A reanalysis of the data set of 42 trials considered by Nissen and Wolski.	Eligibility: Had to have a randomized comparator group; At least 24 weeks of drug exposure in all groups; Had to report	42 Trials 27,847 Patients	NR	rosigilitazone monotheapy vs. placebo (n=10);
		cardiovascular events Included Studies: RCT; Phase 2, 3, or 4 trials; 38 double blind trials; 4 open-label;			rosigilitazone vs. placebo add-on to sulfonylurea (n = 12);
		See Comments.			rosigilitazone vs. placebo add-on to
					metformin (n=10); rosigilitazone vs.
					placebo add-on to insulin (n=5);
					rosigilitazone vs. placebo add-on to usu care (n=1);
					rosigilitazone vs. sulfonylurea or metformin (n=4)

Study Characteristics

Main efficacy and effectivenes outcomes	
and results	Comments
Myocardial Infarction	This was a reanalysis of the data set
Excluding trials without diabetes or congestive	of 42 trials considered by Nissen and
heart failure	Wolski (Refid #5575 in Previous
(k=38) [k, OR, 95%CI]	Report).
Fixed, Peto: k= 35, 1.37, 0.98-1.92	
Fixed, MH (TAC): k= 35, 1.31, 0.96-1.79	Abbreviations for Outcomes : MH=
Fixed, MH (CC): k= 35, 1.25, 0.91.70	Mantel-Haenszel, TAC = treatment
Fixed, MH (TAC+): k= 38, 1.31, 0.96-1.78	arm correction for continuity, TAC+ =
Fixed, MH (CC+): k = 38, 1.23, 0.9-1.67	treatment arm correction for continuity that includes all zero-total-event
rosigilitazone monotherapy vs. placebo	studies, CC = Constant correction for
(k=10) [k, OR, 95%CI]	continuity, CC+ = Constant correction
Fixed, Peto: k= 9, 1.52, 0.7-2.94	for continuity that includes all zero-
Fixed, MH (TAC): k= 9, 1.44, 0.77-2.69	total-event studies
Fixed, MH (CC): k= 9, 1.31, 0.71-2.43	
Fixed, MH (TAC+): k= 10, 1.43, 0.7-2.66	
Fixed, MH (CC+): k = 10, 1.28, 0.70-2.35	
rosigilitazone vs. other antidiabetic regimens	
(k = 32) [k, OR, 95%CI]	
Fixed, Peto: k= 29, 1.40, 0.96-2.04	
Fixed, MH (TAC): k= 29, 1.33, 0.94-1.88	
Fixed MH (CC): k= 29, 1.27, 0.90-1.79	
Fixed, MH (TAC+): k= 32, 1.32, 0.94-1.87	
Fixed, MH (CC+): k = 32, 1.25, 0.89-1.75	
	and resultsMyocardial InfarctionExcluding trials without diabetes or congestiveheart failure $(k=38)$ [k, OR, 95%CI]Fixed, Peto: k= 35, 1.37, 0.98-1.92Fixed, Peto: k= 35, 1.37, 0.98-1.92Fixed, MH (TAC): k= 35, 1.31, 0.96-1.79Fixed, MH (CC): k= 35, 1.25, 0.91.70Fixed, MH (CC): k= 38, 1.23, 0.9-1.70Fixed, MH (CC+): k = 38, 1.23, 0.9-1.67rosigilitazone monotherapy vs. placebo $(k=10)$ [k, OR, 95%CI]Fixed, Peto: k= 9, 1.52, 0.7-2.94Fixed, MH (TAC): k= 9, 1.44, 0.77-2.69Fixed, MH (CC): k= 9, 1.31, 0.71-2.43Fixed, MH (CC): k= 9, 1.31, 0.71-2.43Fixed, MH (CC+): k = 10, 1.43, 0.7-2.66Fixed, MH (CC+): k = 10, 1.28, 0.70-2.35rosigilitazone vs. other antidiabetic regimens $(k = 32)$ [k, OR, 95%CI]Fixed, Peto: k= 29, 1.40, 0.96-2.04Fixed, MH (TAC): k= 29, 1.33, 0.94-1.88Fixed MH (CC): k= 29, 1.27, 0.90-1.79Fixed, MH (TAC+): k= 32, 1.32, 0.94-1.87

Study Characteristics Author, Year	Main efficacy and effectivenes outcomes	
Quality	and results	Comments
Diamond, 2007	rosiglitazone plus sulfonylurea vs. sulfonylurea	
Fair	(k = 12) [k, OR, 95%CI]	
continued	Fixed, Peto: k= 11, 1.23, 0.48-3.18	
	Fixed, MH (TAC): k= 11, 1.16, 0.52-2.56	
	Fixed, MH (CC): k= 11, 1.11, 0.50-2.44	
	Fixed, MH (TAC+): k= 12, 1.15, 0.53-2.51	
	Fixed, MH (CC+): k = 12, 1.08, 0.50-2.33	
	rosigiltazone plus metformin vs. metformin (k = 10) [k, OR, 95%CI]	
	Fixed, Peto: k= 10, 1.49, 0.48-4.65	
	Fixed, MH (TAC): k= 10, 1.28, 0.51-3.17	
	Fixed MH (CC): k= 10, 1.05, 0.44-2.51	
	Fixed, MH (TAC+): k= 10, 1.28, 0.51-3.17	
	Fixed, MH (CC+): k = 10, 1.05, 0.44-2.51	
	rosiglitazone plus insulin vs. insulin (k=5) [k, OR, 95%CI]	
	Fixed, Peto: k= 3, 3.49, 0.84-14.96	
	Fixed, MH (TAC): k= 3, 3.53, 0.65-19.26	
	Fixed, MH (CC): k= 3, 2.77, 0.5-13.31	
	Fixed, MH (TAC+): k=5, 2.68, 0.65-11.11	
	Fixed, MH (CC+): k = 5, 2.07, 0.55-7.76	

Study Characteristics Author, Year	Main efficacy and effectivenes outcomes	
Quality	and results	Comments
Diamond, 2007	Cardiovascular Death	
Fair	Excluding trials without diabetes or congestive	
continued	heart failure	
	(k=38) [k, OR, 95%CI]	
	Fixed, Peto: k= 19, 1.58, 0.91-2.74	
	Fixed, MH (TAC): k= 19, 1.46, 0.88-2.44	
	Fixed, MH (CC): k= 19, 1.34, 0.81-2.21	
	Fixed, MH (TAC+): k= 38, 1.34, 0.86-2.10	
	Fixed, MH (CC+): k = 38, 1.16, 0.75-1.79	
	rosigilitazone monotherapy vs. placebo (k=10) [k, OR, 95%Cl]	
	Fixed, Peto: k= 8, 1.50, 0.72-3.11	
	Fixed, MH (TAC): k= 8, 1.42, 0.71-2.83	
	Fixed, MH (CC): k= 8, 1.24, 0.64-2.44	
	Fixed, MH (TAC+): k= 10, 1.40, 0.71-2.74	
	Fixed, MH (CC+): k = 10, 1.19, 0.62-2.28	
	rosigilitazone vs. other antidiabetic regimens	
	(k = 32) [k, OR, 95%CI]	
	Fixed, Peto: k= 15, 1.79, 0.87-3.71	
	Fixed, MH (TAC): k= 15, 1.60, 0.82-3.11	
	Fixed, MH (CC): k=15, 1.42, 0.74-2.73	
	Fixed, MH (TAC+): k= 32, 1.38, 0.80-2.40	
	Fixed, MH (CC+): k = 32, 1.16, 0.68-1.98	

Study Characteristics Author, Year	Main efficacy and effectivenes outcomes	
Quality	and results	Comments
Diamond, 2007	rosiglitazone plus sulfonylurea vs. sulfonylurea	
Fair	(k = 12) [k, OR, 95%Cl]	
continued	Fixed, Peto: k= 6, 2.43, 0.67-8.86	
	Fixed, MH (TAC): k=6, 2.00, 0.59-6.80	
	Fixed, MH (CC): k=6, 1.67, 0.52-5.36	
	Fixed, MH (TAC+): k= 12, 1.58, 0.61-4.13	
	Fixed, MH (CC+): k = 12, 1.38, 0.54-3.48	
	rosigiltazone plus metformin vs. metformin	
	(k = 10) [k, OR, 95%CI]	
	Fixed, Peto: k= 4, 1.75, 0.35-8.82	
	Fixed, MH (TAC): k= 4, 1.47, 0.37-5.82	
	Fixed, MH (CC): k= 4, 1.34, 0.35-5.17	
	Fixed, MH (TAC+): k= 10, 1.27, 0.44-3.70	
	Fixed, MH (CC+): k = 10, 0.96, 0.34-2.66	
	rosiglitazone plus insulin vs. insulin (k=5) [k, OR, 95%CI]	
	Fixed, Peto: k=3, 5.37, 0.51-56.51	
	Fixed, MH (TAC): k= 3, 2.70, 0.35-20.83	
	Fixed, MH (CC): k= 3, 1.92, 0.30-12.23	
	Fixed, MH (TAC+): k=5, 2.01, 0.40-10.17	
	Fixed, MH (CC+): k = 5, 1.45, 0.32-6.51	

Study Characteristics Author, Year		Eligibility Criteria	# studies	Characteristics of	Characteristics of
Quality	Aim(s) of Review	Characterstics of Included Studies	# of Patients	included populations	Interventions
Lago , 2007	Systematic review and meta-	Eligibility: Randomized, double-blind,	7 trials; includes	Age: 59.2	Daily TZD dosage:
Good	analysis of pooled data from	controlled trials of TZDs; Report of risk	one trial with two	Male: 66.9%	rosiglitazone vs.
	randomized trials of TZDs in	estimates, frequency data for congestive	control groups	BMI: 31 (5.0)	placebo: 8mg
	subjects with prediabetes or	heart failure and cardiovascular death; trials		Baseline HbA1c: 7.72	
	type 2 diabetes to assess the	with male human patients; written in English	20,191 Patients	(1.1)	rosiglitazone vs.
	risk of development of heart	Excluded non-randomized clinical trials;No			metformin and
	failure and death from	data for cardiovascular outcomes or death		Baseline Medical	sulfonylurea: 4 - 8mg
	cardiovascular causes in			History:	
	patients given TZDs	Included Studies: All RCTs published since		Hypertension: 50.4%	rosiglitazone vs.
		2005; Follow-up with pts btwn 12 - 48 mos			placebo: 4-8mg
		(mean 29.7 mos); Trial population range:		Hyperlipidaemia:	
		200- 5269 participants, median 4351		47.9%	rosiglitazone vs. metformin/rosiglitazone
				Coronary artery	vs. glibeclamide: 4-8mg
				disease: 18.6%	
					rosiglitazone vs.
				Congestive heart failure: 20%	placebo: 4-8mg
					pioglitzaone vs.
				Chronic kidney disease or neuropathy: 2.4%	glimepiride: 15-45mg
					pioglitazone vs.
					placebo: 15-45 mg

Study Characteristics Author, Year	Main efficacy and effectivenes outcomes			
Quality	and results	Comments		
Lago , 2007 Good	Cardiovascular Death Overall Risk, RR (95% CI)) TZDs: 0.93 (0.67, 1.29) rosiglitazone: 0.91 (0.63, 1.32) pioglitazone: 1.01 (0.51, 2.01) CV Deaths: rosiglitazone: 52 pioglitazone: 15 Controls (rosiglitazone trials): 63 Controls (pioglitazone trials): 15			

Study Characteristics Author, Year Quality Mannucci, 2008 Fair	Aim(s) of Review Meta-analysis of RCTs to assess whether pioglitzaone is also associated with increased cardiovascular risk	Eligibility Criteria Characterstics of Included Studies Eligibility: RCT; pioglitazone vs. any other drug; Duration ≥ 4 weeks; Ongoing studies excluded. Included Studies: RCT; 24 placebo; 19 insulin secretagogues; 8 metformin; 8 PPAR agonists; 1 insulin; 4 α-glucosidase inhibitors; 4 DPP-IV inhibitors	# studies # of Patients Studies: 94 - 68 on patients w/ T2DM; 26 on patents w/ different conditions Patients: 19, 803 T2DM patients (excluding PROACTIVE study) 25,041 T2DM patients (including PROACTIVE study)	Characteristics of included populations Weighted mean age: 51.7 y Mean diabetes duration: 6.6 yrs Mean HbA1c: 8.1% (excluding PROACTIVE)	Characteristics of Interventions Some combined therapy; Some monotherapy
Monami, 2008 Poor		f Eligibility: RCTs; Efficacy of rosiglitazone on type 2 diabetes; Comparator = any other ttreatment; Duration ≥ 4 wks; Type 2 diabetic pts; MI or CHF outcomes; Exclusion of ongoing trials Included Studies: Duration range: 6-312 wks; Comparators: 52 Placebo; 8 Metformin; 15 Insulin secretagogues; 2 Pioglitazone; 3 Insulin; 12 None (?); 1 Multiple comparators	86 studies 30,003 Patients	Rosiglitazone: N = 16284 Comparators: N = 13719	NR

Author, Year	eristics Main efficacy and effectivenes outcomes			
Quality	and results	Comments		
Mannucci, 2008 Fair	All-Cause Mortality PROACTIVE: pioglitazone not associated w/ significant modification of mortality	Not able to determine if any of the "combined" therapies included in analysis were augmentation strategies or dual therapy.		
	Non-diabetic patients: 1 death observed among pioglitazone treated patients.			
	T2DM patients (excluding PROACTIVE): pioglitazone: 17 deaths comparator: 39 deaths RR 0.41 (0.23-0.72)			
	All Trials (including PROACTIVE): No significant reduction of mortality was observed w/ pioglitazone tx			
	CV Death: pioglitazone (n=7644): 7 CV deaths comparator (n=6106): 16 CV deaths RR 0.35 (0.14-0.85)			
Monami, 2008 Poor	MI (No. of Cases) Rosi: 124 Comp: 111			
	MH-OR. 1.18; 95% CI, 0.91 to1.53 <6 mos: MH-OR, 1.10; 95% CI, 0.59 to 1.86 ≥6 mos: MH-OR, 1.07; 95% CI, 0.51 to 1.89			

Author, Year	Aim(s) of Review	Eligibility Criteria	# studies	Characteristics of	Characteristics of
Quality		Characterstics of Included Studies	# of Patients	included populations	Interventions
Selvin, 2008 (AHRQ) Good	To systematically review the peer-reviewed literature on cardiovascular risk associatd with oral agents for treating adults with type 2 diabetes mellitus	Eligibility: Reported original data; Adults with type 2 diabetes; Excluded combinations of three oral diabetes agents and studies of 1st generation sulfonylureas. Excluded alpha-glucosidase inhibitors; Excluded studies that did not report all- cause mortality, cardiovascular morbidity or mortality; Excluded studies < 3 months; Excluded studies with total sample size < 40 Included studies: Majority of trials conducted in U.S. or U.K. Majority of trials were < 1 yr in duration	40 studies 29,734 Patients		Metformin vs. Any Comparator metformin vs. any Sulfonylurea combined w/ Metformin Sulfonylurea vs. any comparator Any Sulfonylurea vs. any sulfonylurea combined with metformin Rosiglitazone vs. any comparator Rosiglitazone plus metformin vs. metformin alone Pioglitazone vs. any comparator Meglitinides vs any comparator

Study Characteristics Author, Year	Main efficacy and effectivenes outcomes		
Quality	and results	Comments	
Selvin, 2008 (AHRQ) Good	Cardiovascular Morbidity Metformin vs. Placebo or Other Oral Agent Pooled OR (95%CI), Overall: 0.85 (0.69- 1.05) Pooled OR (95%CI), Excluding UKPDS 34: 1.04 (0.80- 1.37)	Unable to determine if studies included were dual therapy or fixed dose combination products.	
	Any sulfonylurea vs. Placebo or Other Oral Agent Pooled OR (95%CI), Overall: 0.89 (0.71-1.11) Pooled OR (95%CI), Excluding UKPDS 33: 0.72 (0.41-1.28) Rosiglitazone vs. Placebo or Other Oral Agent Pooled OR (95%CI), Overall: 1.68 (0.92-3.06)		

Study Characteristics Author, Year	Main efficacy and effectivenes outcomes	
Quality	and results	Comments
Selvin, 2008 (AHRQ)	Pioglitazone vs. Placebo or Oral Agent	
Good	Pooled OR (95%CI), Overall: 0.88 (0.78-1.00)	
continued	Pooled OR, Excluding PROactive: 0.86 (0.57-	
	1.31)	
	Cardiovascular Mortality	
	Metformin vs. Any comparator	
	Pooled OR (95%CI): 0.74 (0.62-0.89)	
	Any sulfonylurea vs. Placebo or Other Oral	
	Agent	
	Pooled OR (95%CI): 0.92 (0.68-1.26)	
	Rosiglitazone vs. Placebo or Other Oral Agent	
	Pooled OR (95%CI): 1.03 (0.30-3.53)	

Study Characteristics Author, Year	Main efficacy and effectivenes outcomes	
Quality	and results	Comments
Selvin, 2008 (AHRQ)	All-Cause Mortality	
Good	Metformin vs. Placebo or Other Oral Agent	
continued	Pooled OR (95%CI): 0.81 (0.60-1.08)	
	Any Sulfonylurea Placebo or Other Oral Agent	
	Pooled OR (95%CI): 0.90 (0.70-1.15)	
	Rosiglitazone vs. Placebo or Other Oral Agent	
	Pooled OR (95%CI): 1.21 (0.39-3.77)	
	Rosiglitazone + metformin vs. metformin alone	
	Pooled OR (95%CI): 2.52 (0.51-12.52)	
	Pioglotizone vs. Any comparator	
	Pooled OR (95%CI): 0.96 (0.78-1.18)	

Study Characteristics Author, Year		Eligibility Criteria	# studies	Characteristics of	Characteristics of
Quality	Aim(s) of Review	Characterstics of Included Studies	# of Patients	included populations	Interventions
Quality Pinelli, 2008 Good	Aim(s) of Review To provide a relative compariosn of the efficacy and safey of addint TZDs or exenatide to oral agents for the management of type 2 DM by performing meta- analyses of relevant published studies.	Characterstics of Included Studies Eligibility: Inclusion criteria: English; prospective, RCT; Placebo/Active comparator; ≥ 24 week duration; nonpregnant adults w/ type 2 DM; full-text, peer reviewe articles examining efficacy of TZDs or exenatide in combination with other oral agents; reported HbA1c outcomes. Exclusion criteria: assessed these agents as mnotherapy or adjunctive therapy to insulin-based regimens; open-label extension trials; interim analysis of Phase 3 clinical trials. Included studies: 5 TZD open-label trials 2 exenatide open-label trials Randomized; double blind (13) and triple-	22 studies 9,325 patients	included populations Mean age range: 53-61 Years; Mean baseline HbA1c range: 7.5-9.9	

Study Characteristics Author, Year	Main efficacy and effectivenes outcomes		
Quality	and results	Comments	
Pinelli, 2008	HbA1c: mean change from baseline (95%CI)		
Good	TZD: -0.80% (-1.10, -0.50)		
	Exenatide: -0.60% (-1.04, -0.16)		
	HbA1c: Achieving target goal of <7%, OR		
	(95%CI)		
	TZD: 2.27 (1.22, 4.24)		
	Exenatide: 2.90 (1.28, 6.55)		
	Subgroup Analyses:		
	HbA1c: weighted mean difference (WMD) from		
	baseline (95%CI)		
	TZD vs. Placebo:		
	n=2649, 8 studies		
	WMD: -1.14%(-1.30, -0.98)		
	Exenatide vs. Placebo:		
	n=966, 3 studies		
	WMD: -0.97% (-1.11, -0.83)		
	TZD vs. active controls:		
	n=3938, 9 studies		
	WMD: -0.38% (-0.75, -0.01)		

Study Characteristics Author, Year Main efficacy and effectivenes outcomes			
Quality	and results Comments		
Pinelli, 2008	Exenatide vs. insulin:		
Good	n=1036, 2 studies		
continued	WMD: -0.08 (-0.23, 0.07)		
	HbA1c: Achieving target goal of <7%, OR		
	(95%Cl)		
	Exenatide vs. placebo:		
	n=966, 3 studies		
	OR: 5.72 (3.87, 8.46)		
	TZD vs. placebo:		
	n=1131, 4 studies		
	OR: 3.72 (2.80, 4.93)		
	Exenatide vs. Insulin:		
	n=999, 2 studies		
	OR: 1.15 (0.73, 1.80)		
	TZD vs. active controls:		
	n=2685, 5 studies		
	OR: 1.40 (0.71, 2.75)		

Study Characteristics Author, Year Quality Monami, 2009 Fair	Aim(s) of Review Offer a comprehensive and updated synthesis of all available clinical data on safety and efficacy of GLP-1 receptor agonists.	Eligibility Criteria Characterstics of Included Studies Eligibility: RCTs; Cross-over of parallel series design; patients w/ type 2 DM; Duration ≥ 12 weeks; Comparing GLP-1 receptor agonists w/ placebo or active drugs; English Included studies: 16 peer-reviewed publications; 5 unpublished trials; 6 open- label trials; duration of trial range (weeks): 12-52	 # studies # of Patients 21 studies 8,482 patients 	Characteristics of included populations Mean age range: 53-61 years; Mean baseline HbA1c range: 7.0-8.9, Mean baseline BMI range: 23.9-36.0	Characteristics of Interventions 9 Liraglutide studies; 12 exenatide studies; 12 placebo-controlled; 6 active comparator studies; 3 two comparator arms vs. placebo and active drugs;
Richter, 2008 Good	To assess the effects of dipeptydyl peptidase-4 (DPP- 4) inhibitors for type 2 DM	Eligibilty: RCTs; Adults w/ type 2 DM; tx for a minimum of 12 wks w/ DPP-4 inhibitors alone or in combination; outcomes measuring HbA1c, adverse events, health- related quality of life Included studies: Duration range: 12 -52 wks; Most trials lasted 24 wks	25; 11 sitagliptin trials 6,743 patients	Most pts were inadequately controlled, either on diet, exercise or both or on metformin, glimepiride with or without metformin or pioglitazone treatment. Sex ration ws rougly balanced between intervention vs. control. Pts mostly white, obese, approx 55 yrs; duration of diabetes 3- 5 yrs.	6 Sitagliptin monotherapy vs. placebo; 2 Sitagliptin monotherapy vs. hypoglycaemic agent monotherapy; sitagliptin combination vs. other combination therapies

Study Characteristics Author, Year	Main efficacy and effectivenes outcomes	Commonto
Quality	and results	Comments
Monami, 2009 Fair	HbA1c weighted mean difference (95% CI) at	
ган	endpoint: Placebo-controlled trials:	
	Weighted Mean Difference: -0.953 (-1.109, -	
	0.796), p <0.001	
	Death:	
	Investigational drug: 2	
	Comparator: 3	
	Major Cardiovascular Event:	
	GLP-1 receptor agonists vs. control:	
	MH-OR 0.99 (0.52, 1.91), p = 0.98	
	GLP-1 receptor agonists vs. placebo:	
	MH-OR 0.46 (0.18, 1.20), p = 0.11	
Richter, 2008	Change in HbA1c	
Good	Sitagliptin (11 trials, n = 6910):	
	Mean Difference [MD], (95%CI): -0.54 (-0.58, -	
	0.50)	
	Sitagliptin vs. placebo (6 trials, n = 1714):	
	MD (95%CI): -0.77 (-0.85, -0.68)	
	Sitagliptin vs. another agent (2 trials, n = 592):	
	MD, (95%CI): 0.33 (0.18, 0.48)	
	Sitagliptin combination vs. another combination	
	(6 trials, n = 2890):	
	MD, (95%CI): -0.40 (-0.47, -0.33)	
	Sitagliptin vs. placebo (12 weeks) (3 trials, n =	
	605):	
	MD, (95%CI): -0.79 (-0.90, -0.67)	
	Sitagliptin vs. placebo (18 – 52 wks)(3 trials, n =	=
	1109):	
	MD, (95%CI): -0.75 (-0.86, -0.63)	

Study Characteristics Author, Year		Eligibility Criteria	# studies	Characteristics of	Characteristics of
Quality	Aim(s) of Review	Characterstics of Included Studies	# of Patients	included populations	Interventions
Phung, 2010 Good	To determine the comparative efficacy, risk of weight gain, and	nclusion Criteria: Parallel-design RCTs; Compared noninsulin antidiabetic drugs with either placebo or another noninsulin antidiabetic drug in addition tometformin in all treatment groups; treated patients for ≥ 12 wks but ≤ 52 wks after randomization; only patients who showed inadequate response to stable metformin monotherapy; reported outcomes of HbA1c Exclusion Criteria: evaluated the addition of more than 1 drug to metformin; participants were not considered to have inadequate response to a stable metformin monotherapy, participants were taking background threapies other than metformin; evaluated insulin. 27 RCTs; mean trial duration [range] 32 [12- 52] wks;	N = 27 N = 11, 198	53-62 yrs; 23% - 75% mean; baseline HbA1c range 6.4% - 9.3%	Compares classes of drugs: Sulfonylureas, glinides, TZDs, alpha- glucosidase inhibitors; dipeptidyl peptidase 4 inhibitors; GLP-1 Agonists All studies had to have a mean metformin dose of enrolled patienta of at least 1500 mg/d during the study.

Study Characteristics Author, Year Quality	Main efficacy and effectivenes outcomes and results	Comments
Phung, 2010	Baseline HbA1c < 8% (n = 9) Relative Risk	
Good	(95% CI):	
	Sulfonylurea: -0.57 (-0.75, -0.39)	
	Glinides: -0.44 (-0.85, -0.04)	
	TZDs: -0.62 (-0.88, -0.39)	
	AGIs: NR	
	DPP-4 inhibitors: -0.51 (-0.69, -0.34)	
	GLP-1 analogs: NR	
	Baseline HbA1c \geq 8% (n = 16) Relative Risk	
	(95% CI):	
	Sulfonylurea: -0.97 (-1.35, -0.62)	
	Glinides: -0.65 (-1.10, -0.26)	
	TZDs: -1.02 (-1.39, -0.69)	
	AGIs: -0.65 (-1.07, -0.24)	
	DPP-4 inhibitors: -0.89 (-1.11, -0.68)	
	GLP-1 analogs: -0.99 (-1.36, -0.63)	
	Study Duration, wk 12 -24 (n = 11)	
	Sulfonylurea: -0.53 (-0.88, -0.20)	
	Glinides: -0.65 (-1.15, -0.24)	
	TZDs: -0.75 (-1.14, -0.24)	
	AGIs: NR	
	DPP-4 inhibitors: -0.76 (-1.02, -0.53)	
	GLP-1 analogs: NR	

Study Characteristics Author, Year	Main efficacy and effectivenes outcomes	
Quality	and results	Comments
Phung, 2010	Study Duration, wk > 24 (n = 15)	
cont'd	Sulfonylurea: -0.99 (-1.26, -0.78)	
Good	Glinides: -0.86 (-1.36, -0.452)	
	TZDs: -0.95 (-1.27, -0.73)	
	AGIs: -0.63 (-0.98, -0.30)	
	DPP-4 inhibitors: -0.90 (-1.13, -0.71)	
	GLP-1 analogs: -0.98 (-1.27, -0.42)	
	Comparison of noninsulin antidiabetic drugs with placebo, Traditional Meta-analysis: Change in Body Weight, N = # of trials, kg Weighted Mean Difference (95% CI): DPP-4 Inhibitors: N = 4; -0.09 (-0.47, 0.30) GLP-1 Analogs: N = 2; -1.76 (-2.90, -0.62)	
	Comparison of noninsulin antidiabetic drugs with placebo, Mixed-treatment Meta-analysis: Change in Body Weight, kg Weighted Mean Difference (95% CI): DPP-4 Inhibitors: -0.14 (-0.94, 0.63) GLP-1 Analogs: -1.74(-3.11, -0.48)	

Evidence Table 16. Key Question 1: Quality assessment of systematic reviews

Study Characteristics Author, Year Quality	Is the review based on a focused question of interest? Yes, No, NR	Did the search strategy employ a comprehensive, systematic, literature search? Yes, No, NR	Are eligibility criteria for studies clearly described? Yes, No, NR	Did at least 2 people independently review studies? Yes, No, NR	Did authors use a standard method of critical appraisal before including studies? Yes, No, NR
Lago , 2007 Good	Yes	Yes	Yes	Yes	Yes
Diamond, 2007 Fair	Yes	No	No	No	NR
Mannucci, 2008 Fair	Yes	Yes	Yes	Yes	Yes
Monami, 2008 Poor	Yes	Yes	Yes	Yes	NR
Selvin, 2008 (AHRQ) Good	Yes	Yes	Yes	Yes	Yes
Monami, 2009 Fair	Yes	Yes	Yes	NR	Yes
Pinelli, 2008 Good	Yes	Yes	Yes	Yes	Yes
Richter, 2008 Good	Yes	Yes	Yes	Yes	Yes
Phung, 2010	Yes	Yes	Yes	Yes	Yes

Evidence Table 16. Key Question 1: Quality assessment of systematic reviews

Study Characteristics Author, Year Quality	Was publication bias assessed? Yes, No, NR	Was heterogeneity assessed and addressed? Yes, No, NR	Was the approach used to synthesize information adequate and appropriate? Yes, No	Quality Rating? Good, Fair, Poor	Was a meta- analysis done? Yes, No	
Lago , 2007 Good	Yes	Yes	Yes	Good	Yes	
Diamond, 2007 Fair	NR	Yes	Yes	Fair	Yes	
Mannucci, 2008 Fair	Yes	No	Yes	Fair	Yes	
Monami, 2008 Poor	NR	No	No	Fair	Yes	
Selvin, 2008 (AHRQ) Good	NR	Yes	Yes	Good	Yes	
Monami, 2009 Fair	Yes	Yes	Yes	Good	Yes	
Pinelli, 2008 Good	Yes	Yes	Yes	Good	Yes	
Richter, 2008 Good	Yes	Yes	Yes	Good	Yes	
Phung, 2010	Yes	Yes	Yes	Good	Yes	

Study Characteristics Author, Year Quality	Aim(s) of Review	Eligibility Criteria Characterstics of Included Studies	Number studies Number of Patients	Characteristics of included populations
Lago , 2007	Systematic review and meta-	Eligibility: Randomized, double-blind,	7 trials; includes	Age: 59.2
Good	analysis of pooled data from	controlled trials of TZDs; Report of risk	one trial with two	Male %: 66.9%
	randomized trials of TZDs in	estimates, frequency data for congestive	control groups	BMI: 31 (5.0)
	subjects with prediabetes or	heart failure and cardiovascular death; trials		Baseline HbA1c: 7.72 (1.1)
	type 2 diabetes to assess the	with male human patients; written in English	20,191 Patients	
	risk of development of heart	Excluded non-randomized clinical trials;No		Baseline Medical History
	failure and death from	data for cardiovascular outcomes or death		Hypertension: 50.4%
	cardiovascular causes in			Hyperlipidaemia: 47.9%
	patients given TZDs	Included Studies: All RCTs published since		Coronary artery disease:
		2005; Follow-up with pts btwn 12 - 48 mos		18.6%
		(mean 29.7 mos); Trial population range:		CHF: 20%
		200- 5269 participants, median 4351		Chronic kidney disease or neuropathy: 2.4%

Study Characteristics		
Author, Year	Characteristics of	
Quality	Interventions	Main harms outcomes and results
Lago , 2007	Daily TZD dosage:	CHF Overall Risk, Risk Ratio (95% CI):
Good	Rosiglitazone vs. Placebo: 8mg	TZDs: 1.72 (1.21, 2.41), p=0.002 Rosi: 2.18 (1.44, 3.32)
	Rosiglitazone vs. Metformin and Sulf: 4 - 8mg	Pioglitazone: 1.32 (1.04, 1.68)
	Rosiglitazone vs. Placebo: 4-	CHF events
	8mg	Rosi: 69
	Rosiglitazone vs.	Pioglitazone: 145
	Metformin/Rosiglitazone vs.	Controls (Rosi trials): 35
	Glibeclamide: 4-8mg Rosiglitazone vs. Placebo: 4-	Controls (Pioglitazone trials): 111
	8mg	Comparison of risk of CHF and CV death: RR (95% CI)
	Pioglitzaone vs. glimepiride:	Rosi Trials: 2.41 (1.61, 3.61)
	15-45mg	Pioglitazone Trials: 1.32 (1.04, 1.68)
	Pioglitazone vs. placebo: 15- 45 mg	Total: 1.74 (0.97, 3.14)
	-	Comparison of risk of CHF for Rosi and Pioglitazone: RR (95%CI)
		Rosi Trials: 1.01 (0.70, 1.45)
		Pioglitazone Trials: 1.01 (0.49, 2.06)
		Total: 1.01 (0.73, 1.40)

Study Characteristics Author, Year Quality Mannucci, 2008 Fair	Aim(s) of Review Meta-analysis of RCTs to assess whether pioglitzaone is also associated with increased cardiovascular risk	Eligibility Criteria Characterstics of Included Studies Eligibility: RCT; Pioglitazone vs. any other tx; Duration ≥ 4 weeks; Ongoing studies excluded. Included Studies: RCT; 24 placebo; 19 insulin secretagogues; 8 metformin; 8 PPAR agonists; 1 insulin; 4 α-Glucosidase inhibitors; 4 DPP-IV inhibitors	Number studies Number of Patients Studies: 94 - 68 on pts w/ type 2 diabetes; 26 on pts w/ different conditions Patients: 19, 803 type 2 diabetes pts (excluding PROACTIVE study) 25,041 type 2 diabetes pts (including PROACTIVE study)	HbA1c 8.1% (excluding PROACTIVE)
Monami, 2008 Poor		Eligibility: RCTs; Efficacy of rosiglitazone on type 2 diabetes; Comparator = any other ttreatment; Duration ≥ 4 wks; Type 2 diabetic pts; MI or CHF outcomes; Exclusion of ongoing trials	86 studies 30,003 Patients	Rosiglitazone: N = 16284 Comparators: N = 13719
		Included Studies: Duration range: 6-312 wks; Comparators: 52 Placebo; 8 Metformin; 15 Insulin secretagogues; 2 Pioglitazone; 3 Insulin; 12 None (?); 1 Multiple comparators		

Study Characteristics Author, Year Quality	Characteristics of Interventions	Main harms outcomes and results
Mannucci, 2008 Fair	Some combined therapy; Some monotherapy	Non-fatal CV Events: Type 2 Diabetes pts: (k=40) Pioglitazone (n=4259): 44 events Comparator (n=3989): 50 events RR 0.82 (0.55-1.23) CHF:
		PROACTIVE: Pioglitazone associated with increased risk for CHF Other Trials (k=40) Pioglitazone (n = 5380): 58 cases Comparator (n= 4791): 39 cases RR 1.32 (0.88-1.98)
Monami, 2008 Poor	NR	Serious CHF (No. of Cases) Rosi: 78 Comp: 47 MH-OR 1.59 (1.11-2.28) < 6 mos: MH-OR 1.18 (0.89-1.63) ≥ 6 mos: MH-OR 1.21 (0.92-1.61)

Study Characteristics Author, Year Quality	Aim(s) of Review	Eligibility Criteria Characterstics of Included Studies	Number studies Number of Patients	Characteristics of included populations
Pinelli, 2008 Good	To provide a relative compariosn of the efficacy and safey of addint TZDs or exenatide to oral agents for the management of type 2 DM by performing meta- analyses of relevant published studies.	Eligibility: Inclusion criteria: English; prospective, RCT; Placebo/Active comparator; ≥ 24 week duration; nonpregnant adults w/ type 2 DM; full-text, peer reviewe articles examining efficacy of TZDs or exenatide in combination with other oral agents; reported HbA1c outcomes. Exclusion criteria: assessed these agents as mnotherapy or adjunctive therapy to insulin-based regimens; open-label extension trials; interim analysis of Phase 3 clinical trials. Included studies: 5 TZD open-label trials 2 exenatide open-label trials Randomized; double blind (13) and triple- blind (2) trials	22 studies 9,325 patients	Mean age range: 53-61 Years; Mean baseline HbA1c range: 7.5-9.9

Study Characteristics		
Author, Year	Characteristics of	
Quality	Interventions	Main harms outcomes and results
Pinelli, 2008	8 TZD + metformin,	Adverse Events:
Good	sulfonylurea, or combined	Severe Hypoglycemia:
	metformin/sulfonylurea vs.	Exenatide: 1 study
	placebo-control trials	TZD: 4 studies
	3 exenatide + metformin,	Nonsevere hypoglycemic events,
	sulfonylurea, or combined	TZD vs. other tx arms:
	metformin/sulfonylurea vs.	OR: 1.59 (0.76, 3.32)
	placebo-control trials	Exenatide vs. placebo:
	9 TZD vs. other glucose-	OR: 3.53 (0.92, 13.61)
	lowering agents and open-	
	label subcutaneous insulin	Body Weight
	2 exenatide vs. other glucose-	TZD vs. comparator (n=6):
	lowering agents and open-	WMD: 1.51 kg (-0.12, 3.15)
	label subcutaneous insulin	Exenatide vs. comparator (n=5):
		WMD: -2.74 kg (-4.85, -0.64)
		Exenatide vs. placebo (n=3):
		WMD: -1.29 kg (-2.22, -0.36)
		Exenatide vs. insulin comparator (n=2):
		WMD: -4.79 kg (-6.06, -3.52)
		Nausea:
		Exenatide:
		OR: 9.02 (3.66, 22.23)
		Vomiting:
		Exenatide:
		OR: 4.56 (3.13, 6.65)
		Diarrhea:
		Exenatide:
		OR: 2.96 (2.05, 4.26)

Study Characteristics			Number studies	
Author, Year		Eligibility Criteria	Number of	Characteristics of
Quality	Aim(s) of Review	Characterstics of Included Studies	Patients	included populations
Monami, 2009 Fair	Offer a comprehensive and updated synthesis of all	Eligibility: RCTs; Cross-ver of parallel series design; pts w/ type 2 DM; Duration ≥ 12	21 studies	Mean age range: 53-61 years; Mean baseline
	available clinical data on safety and efficacy of GLP-1 receptor agonists.	weeks; Comparing GLP-1 receptor agonists w/ placebo or active drugs; English	8,482 patients	HbA1c range: 7.0-8.9, Mean baseline BMI range: 23.9-36.0
		Included studies: 16 peer-reviewed publications; 5 unpublished trials; 6 open- label trials; duration of trial range (wks): 12-		
		52		

Study Characteristics Author, Year	Characteristics of	
Quality	Interventions	Main harms outcomes and results
Monami, 2009 Fair		Hypoglycaemia (n= 15 trials): Exenatide bid: 325 patients reported Comparator: 109 patients reported MH-OR 2.92 (1.49, 5.75), p = 0.002 Exenatide +Sulfonylurea: MH-OR 4.62 (1.89, 11.21), p = 0.001 Exenatide with or without sulfonylurea: MH-OR 1.37 (0.72, 2.63), p = 0.34 Exenatide vs. insulin: MH-OR 0.61 (0.33, 1.14), p = 0.125 Liraglutide: 78 patients reported Comparator: 109 patients reported Severe Hypoglycaemia : Exenatide vs. Insulin: MH-OR 0.74 (0.23, 2.39), p = 0.61 Nausea: GLP-1 receptor agonists (17 trials): No. of cases Interventional Drug (ID): 1354 Comparator (C): 230 MH-OR 3.88 (2.79, 5.42), p <0.001 Exenatide bid (10 trials): No. of cases ID: 818 C: 133 MH-OR 8.38 (4.27, 16.48), p <0.001 Liraglutide (6trials): No. of cases ID: 522 C: 69 MH-OR 3.48 (2.29, 5.28), p <0.001

Study Characteristics Author, Year	Characteristics of	
	Interventions	Main harms outcomes and results
Quality Monami, 2009 Fair continued		Vomiting: GLP-1 receptor agonists (14 trials): No. of cases Interventional Drug (ID): 365 Comparator (C): 56 MH-OR 4.23 (2.67, 6.13), p <0.001 Exenatide bid (9 trials): No. of cases ID: 253 C: 42 MH-OR 4.54 (3.24, 6.38), p <0.001 Liraglutide (5 trials): No. of cases ID: 108 C: 11 MH-OR 4.26 (1.01, 18.07), p = 0.049
		Diarrhea: GLP-1 receptor agonists (14 trials): No. of cases Interventional Drug (ID): 396 Comparator (C): 88 MH-OR 2.36 (1.67, 3.33), $p < 0.001$ Exenatide bid (9 trials): No. of cases ID: 192 C: 49 MH-OR 2.56 (1.85, 3.54), $p < 0.001$ Liraglutide (5 trials): No. of cases ID: 204 C: 35 MH-OR 2.36 (1.67, 3.33), $p < 0.001$

Study Characteristics			Number studies	
Author, Year		Eligibility Criteria	Number of	Characteristics of
Quality	Aim(s) of Review	Characterstics of Included Studies	Patients	included populations
Richter, 2008 Good	To assess the effects of dipeptydyl peptidase-4 (DPP- 4) inhibitors for type 2 DM	Eligibilty: RCTs; Adults w/ type 2 DM; tx for a minimum of 12 wks w/ DPP-4 inhibitors alone or in combination; outcomes measuring HbA1c, adverse events, health- related quality of life Included studies: Duration range: 12 -52 wks; Most trials lasted 24 wks	25; 11 sitagliptin trials 6,743 patients	Most pts were inadequately controlled, either on diet, exercise or both or on metformin, glimepiride with or without metformin or pioglitazone treatment. Sex ration ws rougly balanced between intervention vs. control. Pts mostly white, obese, approx 55 yrs; duration of diabetes 3-5 yrs.

Study Characteristics Author, Year Quality	Characteristics of Interventions	Main harms outcomes and results
Richter, 2008 Good	6 Sitagliptin monotherapy vs. placebo; 2 Sitagliptin monotherapy vs. hypoglycaemic agent monotherapy; sitagliptin combination vs. other combination therapies	Adverse Events: 11 trials, n = 12416 RR, (95%Cl) 1.15 (1.02, 1.31) Discontinuation due to AEs : 11 trials, n = 4414 RR, (95%Cl) 1.05 (0.77, 1.43) Serious AEs : 11 trials, n = 4413 RR, (95%Cl) 0.97 (0.75, 1.27) All-cause infections : 8 trials, n = 3589 RR, (95%Cl) 1.29 (1.09, 1.52)
		Change in body weight: 4 trials, $n = 1259$ Mean Difference [MD] 0.66 (0.37, 0.94) Sitagliptin vs. placebo: 3 trials, $n = 1109$ MD: 0.69 (0.32, 1.06) Sitagliptin vs. another agent: 1 trials, $n = 150$ MD: 0.6 (0.13, 1.07)

Study Characteristics			Number studies	
Author, Year		Eligibility Criteria	Number of	Characteristics of
Quality	Aim(s) of Review	Characterstics of Included Studies	Patients	included populations
Nagajothi, 2008 Fair	Meta-analysis of RCTs comparing pioglitazone with	Eligibility: Randomized, drug-controlled or placebo-controlled trials evaluating	5 Studies	NR
	either placebo or other oral hypoglycemic agents	pioglitazone; Reports MI as primary, secondary, or adverse outcome; Published data; English	9,755 Patients	
		Included Studies: Radomized double- blinded controlled trial;		
		Comparators: 2 Placebo; 1 metformin or gliclazide; 1 glyburide 1 glimepiride; Duration range: 6 months - 34.5 months		

Study Characteristics Author, Year	Characteristics of	
Quality	Interventions	Main harms outcomes and results
Nagajothi, 2008	NR	MI (no. of events/ total no. of pts)
Fair		Pioglitazone: 143 /4969
		Control: 168/4996
		RR (95%Cl): 0.86 (0.69-1.07), p = 0.17
		Stroke
		Pioglitazone: 98/4692
		Control: 126/4717
		RR (95% CI): 0.79 (0.61-1.02), p = 0.07
		Revascularization
		Pioglitazone: 200/2861
		Control: 264/2889
		RR(95% CI): 0.40 (0.13-1.23), p = 0.11
		Mortality
		Pioglitazone: 185/4969
		Control: 198/4996
		RR (95%Cl):0.94 (0.78-1.15), p =0.56
		CV Mortality:
		Pioglitazone: 130/4969
		Control: 143/4996
		RR (95%CI): 0.92 (0.73-1.16), p = 0.47

Study Characteristics Author, Year Quality	Aim(s) of Review	Eligibility Criteria Characterstics of Included Studies	Number studies Number of Patients	Characteristics of included populations
Phung, 2010 Good	To determine the comparative efficacy, risk of weight gain, and hypoglycemia associated with noninsuling antideiabetic drugs in patients with T2DM not controlled by metformin alone	nclusion Criteria: Parallel-design RCTs; Compared noninsulin antidiabetic drugs with either placebo or another noninsulin antidiabetic drug in addition tometformin in all treatment groups; treated patients for ≥ 12 wks but ≤ 52 wks after randomization; only patients who showed inadequate response to stable metformin monotherapy; reported outcomes of HbA1c Exclusion Criteria: evaluated the addition of more than 1 drug to metformin; participants were not considered to have inadequate response to a stable metformin monotherapy, participants were taking background threapies other than metformin; evaluated insulin. 27 RCTs; mean trial duration [range] 32 [12- 52] wks;	N = 11, 198	53-62 yrs; 23% - 75% mean; baseline HbA1c range 6.4% - 9.3%

Study Characteristics Author, Year Quality	Characteristics of Interventions	Main harms outcomes and results
Phung, 2010 Good	Compares classes of drugs: Sulfonylureas, glinides, TZDs, alpha-glucosidase inhibitors; dipeptidyl peptidase 4 inhibitors; GLP-1 Agonists All studies had to have a mean metformin dose of enrolled patienta of at least 1500 mg/d during the study.	Comparison of noninsulin antidiabetic drugs with placebo, Traditional Meta-analysis: Change in Body Weight, Kg, N = # of Trials; Weighted Mean Difference (95% CI): All drugs: N = 12; 0.14 (-1.37, 1.65)

Author, Year Quality	Characteristics of Interventions	Main harms outcomes and results
Phung, 2010		Comparison of noninsulin antidiabetic drugs with
Good		placebo, Traditional Meta-analysis:
cont'd		Overall Hypoglycemia, N = # of Trials; Relative Risk (95% CI):
		All drugs: N = 19; 1.43 (0.89, 2.30)
		Sulfonylurea: N = 3; 2.63 (0.76, 9.13)
		Glinides: N = 2; 7.92 (1.45, 43.21)
		TZDs: N = 2; 2.04 (0.50, 8.23)
		AGIs: N = 2; 0.60 (0.08, 4.55)
		DPP-4 inhibitors: N = 8; 0.67 (0.30, 1.50)
		GLP-1 analogs: N = 2; 0.94 (0.42, 2.12)
		Comparison of noninsulin antidiabetic drugs with
		placebo, Mixed treatmentMeta-analysis:
		Overall Hypoglycemia, Relative Risk (95% CI):
		Sulfonylurea: 4.57 (2.11, 11.45)
		Glinides: 7.50 (2.12, 41.52)
		TZDs: 0.56 (0.19, 1.69)
		AGIs: 0.42 (0.01, 9.00)
		DPP-4 inhibitors: 0.63 (0.26, 1.71)
		GLP-1 analogs: 0.89 (0.22, 3.96)

Study Characteristics Author, Year Quality	Aim(s) of Review	Eligibility Criteria Characterstics of Included Studies	Number studies Number of Patients	Characteristics of included populations
Loke, 2009 Good	To determine systematically the reisk of fractures	RCT; Controlled observational studies; Comparsion of risk of fracture among pts	N = 10	Pts in tx groups similar to control pts re: ethnic
	associated with thiazolidinedione therapy and to evaluate the effect of the therapy on bone density	with type 2 diabetes taking TZDs and those not taking TZDs; parallel-design trial; ≥ year duration; pts had impaired glucose tolerance or type 2 DM; use of either placebo or oral therapy as active comparator; Fracture outcomes reported		background, disease duration, HbA1c, BMI
		All trials were double blinded, Included particiapnts with impaired glucose and type 2 diabetes; duration range 1 - 4 years. Data on fractures by sex available for 5 trials.		

Study Characteristics		
Author, Year	Characteristics of	
Quality	Interventions	Main harms outcomes and results
Loke, 2009	TZD or control	Fractures Overall, No of fractures:
Good		TZD: 185/6122
		Control: 186/793
		OR (95% CI): 1.45 (1.18-1.79), p < 0.001
		Fractures in Women, No. of Fractures:
		TZD: 111/1903
		Control: 76/2497
		OR (95% CI): 2.23 (1.6-3.01), p<0.001
		Fractures in men, No. of fractures:
		TZD: 64/3064
		Control: 95/3937
		OR: 1.00 (0.73-1.39), p = 0.98
		Difference between male and female subgroups: $\chi 2$
		12.01, p <0.001

Evidence Table 18. Key Question 2: Quality assessment of systematic reviews

Study Characteristics Author, Year Quality	Is the review based on a focused question of interest? Yes, No, NR	Did the search strategy employ a comprehensive, systematic, literature search? Yes, No, NR	Are eligibility criteria for studies clearly described? Yes, No, NR	Did at least 2 people independently review studies? Yes, No, NR	Did authors use a standard method of critical appraisal before including studies? Yes, No, NR
Lago , 2007 Good	Yes	Yes	Yes	Yes	Yes
Mannucci, 2008 Fair	Yes	Yes	Yes	Yes	Yes
Monami, 2008 Poor	Yes	Yes	Yes	Yes	NR
Monami, 2009 Good	Yes	Yes	Yes	NR	Yes
Pinelli, 2008 Good	Yes	Yes	Yes	Yes	Yes
Richter, 2008 Good	Yes	Yes	Yes	Yes	Yes
Loke, 2009 Good	Yes	Yes	Yes	Yes	Yes
Nagajothi, 2008 Fair	Yes	Yes	Yes	Yes	Yes
Phung, 2010 Good	Yes	Yes	Yes	Yes	Yes

Evidence Table 18. Key Question 2: Quality assessment of systematic reviews

Study Characteristics Author, Year Quality	Was publication bias assessed? Yes, No, NR	Was heterogeneity assessed and addressed? Yes, No, NR	Was the approach used to synthesize information adequate and appropriate? Yes, No	Quality Rating? Good, Fair, Poor	Was a meta- analysis done? Yes, No
Lago , 2007 Good	Yes	Yes	Yes	Good	Yes
Mannucci, 2008 Fair	Yes	No	Yes	Fair	Yes
Monami, 2008 Poor	NR	No	No	Fair	Yes
Monami, 2009 Good	Yes	Yes	Yes	Good	Yes
Pinelli, 2008 Good	Yes	Yes	Yes	Good	Yes
Richter, 2008 Good	Yes	Yes	Yes	Good	Yes
Loke, 2009 Good	No	Yes	Yes	Good	Yes
Nagajothi, 2008 Fair	No	Yes	Yes	Fair	Yes
Phung, 2010 Good	Yes	Yes	Yes	Good	Yes

Study Characteristics Author, year Country Funding Design Duration	Aim(s) of study	Setting	Inclusion and Exclusion Criteria	Overall Sample Size Comparisons Group Sizes	Baseline Population Characteristics: Age (Mean), Race/Ethnicity (%), Sex (% Female)	Outcomes Microvascular disease Macrovascular disease Lower Extremity Ulcers All-cause mortality Quality of Life Hospitalization Medical Visits
Balkrishnan, 2007 US GlaxoSmithKline Cohort 30 months of follow up	Compare healthcare utilization	Retrospective analysis of North Carolina Medicaid	Inclusion: 18 yrs or more with T2DM and received treatment of interest; Patients that had data one year before and 30 months after start of treatment for T2DM	N=1705 G1: Rosiglitizone N=660 G2: Pioglitizone N=1045	Mean age G1: 49.0 G2: 49.1 Race/Ethnicity Black G1: 47 G2: 51 White	Hospitalization: Likelihood of hospitalization after Rx start (unadjusted) G1: 55% G2: 57%
			Exclusion: Combination therapy, age > 65 yrs; Medicare beneficiaries; those getting both Medicare and Medicaid		G1: 34 G2: 36 Other G1: 19 G2: 13 % Female G1: 75 G2: 74	

Evidence Table 20. Key Question 1: Quality assessment of observational studies

Study Characteristics Author, year Country Funding Design Duration	Were comparison groups selected from the same source population? Yes, No, NR	Were subjects recruited over the same time period? Yes, No, NR	Were measurements equal, valid, and reliable? Yes, No, Mixed	Were outcome assessors masked? Yes, No, NR	Were outcomes presepecified and defined? Yes, No, NR	Was time of follow-up equal for all groups? Yes, No, NR
Balkrishnan, 2007 US GlaxoSmithKline Cohort 30 months of follow up	Yes	Yes	Yes	NR	Yes	Yes

Evidence Table 20. Key Question 1: Quality assessment of observational studies

Study Characteristics Author, year Country Funding Design Duration	Overall attrition high? (≥20%) Yes, No, NR	Was differential attrition high? (≥15%) Yes, No, NR	Did the study design and/or statistical analyses account for confounding? Yes, No, NR	Was the length of follow- up adequate? Yes, No, NR	Overall Quality Rating Good, Fair, Poor
Balkrishnan, 2007 US GlaxoSmithKline Cohort 30 months of follow up)		Yes	Yes	Fair

Study Characteristics Author, year Country Funding Design Duration Quality	Aim(s) of study	Setting	Inclusion and Exclusion Criteria	Overall Sample Size Comparisons Group Sizes	Baseline Population Characteristics: Age (Mean), Race/Ethnicity (%), Sex (% Female)
Fabunmi, 2009 US Amylin Inc, Eli Lilly Cohort 1 year Fair	Exenatide vs. insulin glargine hypoglycemia events and costs	Administrative claims database	Inclusion: Diagnosis for diabetes mellitus between May 1, 2004 and June 30, 2007 were initially identified from a review of pharmacy and medical claims; initial pharmacy claim (the index date) for exenatide or insulin glargine between May 1, 2005 and June 30, 2007 were identified; 18 years of age, have a pre-index diagnosis of type 2 diabetes and a minimum 6 months pre- and 12 months post-index health plan eligibility. Exclusion: Insulin in the exenatide group or exenatide in the insulin group	Metformin (MET) % (n) G1: 77.2 (2519)	Mean age G1: 53 G2: 56 Race / Ethnicity NR % Female G1: 54 G2: 41

Study Characteristics Author, year Country Funding Design Duration Quality	Adverse events Overall (N) Specific Adverse Events (N)	Congestive Heart Failure (N)	Adverse Changes in Lipid Concentrations	Weight Gain	Fractures (N)
Fabunmi, 2009 US Amylin Inc, Eli Lilly Cohort 1 year Fair	Overall - NR Patients w/ hypoglycemic events G1: 138 (4.2%) G2: 212 (7.0%) 1 yr adjusted annualized hypoglycemia event rate G1: 0.065 (0.011) G2: 0.117 (0.007) G1 vs. G2 P < 0.001	NR	NR	NR	NR

Study Characteristics Author, year Country Funding Design Duration Quality	Aim(s) of study	Setting	Inclusion and Exclusion Criteria	Overall Sample Size Comparisons Group Sizes	Baseline Population Characteristics: Age (Mean), Race/Ethnicity (%), Sex (% Female)
Grossman, 2009 Canada	Long term tolerability of	Multicenter (176 sites)	Inclusion: diagnosis of type 2 DM	N=1871	Mean age 59.9 White 78.5%
Eli Lilly 2 years Poor	pioglitazone in T2DM		Exclusion: TZD or PPAR oral antidiabetes medication other than pioglitazone	G1: Pioglitazone N=1527 G2: Comparator N=291	East/Southeast Asian 13.0% Native American 4.1% Black 1,8% Western Asian 1.1% Hispanic 0.4% Other 1.0% Female 41.6%
Habib, 2009 US	To investigate the association of the	Vertically integrated HMO system	Inclusion: members of the HMO; receive care from a	N= 19,171	G1: Age 58.3; White 52.0%, Black 41.7%, Other 6.3%;
Private and Government funding	TZDs on the risk of cardiovascular	(hospitals and clinics)	specific medical group; prescription coverage; age >	G1: All patients receiving any medication	Female 50.5%
Cohort ≥ 6 months of follow up Good	outcomes and all- cause mortality, using time- updated		18; at least one clinical encounter with a coded diagnosis of diabetes between 1/1/2000 and	N=19,171 G2: patients receiving rosiglitazone alone N=1,056	G2: Age 59.0; White 45.2%, Black 48.2%, Other 6.6%; Female 51.6%
	propensity score adjusted analysis		12/1/2006; at least one prescription of an oral diabetic medication during this time period; 12 months of	G3: patients receiving	G3: Age 57.0; White 52.5%, Black 41.6%, Other 5.9%; Female 48.2%
			enrollment in HMO prior to index date; 6 months of follow- up after index date	rosiglitazone and pioglitazone	G4: Age 57.3; White 57.3%; Black 37.5%, Other 5.2%; Female 56.7%

Exclusion: NR

Study Characteristics Author, year Country Funding Design Duration Quality	Adverse events Overall (N) Specific Adverse Events (N)	Congestive Heart Failure (N)	Adverse Changes in Lipid Concentrations	Weight Gain	Fractures (N)
Grossman, 2009 Canada Eli Lilly 2 years Poor	NR	Heart failure G1: 37 (2.4) G2: 4 (1.4)	NR	Weight gain G1: 757 (49.6) G2: 107 (36.8)	NR
Habib, 2009 US Private and Government funding Cohort ≥ 6 months of follow up Good	NR	CHF hospitalization: G1: N=2,725 other N's not reported Any TZD use: hazard ratio: 1.25 (1.08- 1.43) adjusted hazard ratio: 1.33 (1.15-1.54) adjusted hazard ratio with propensity adjustment: 1.24 (1.07-1.44) G2: hazard ratio: 1.66 (1.26- 2.19) adjusted hazard ratio: 1.73 (1.31-2.29) adjusted hazard ratio with propensity adjustment: 1.65 (1.25-2.19)	NR	NR	NR

Study Characteristics Author, year Country Funding Design Duration Quality	Adverse events Overall (N) Specific Adverse Events (N)	Congestive Heart Failure (N)	Adverse Changes in Lipid Concentrations	Weight Gain	Fractures (N)
Habib, 2009 US		CHF hospitalization: G3:			
Private and		hazard ratio: 1.12			
Government funding		(0.9501.34)			
Cohort		adjusted hazard ratio: 1.25			
> 6 months of follow up		(1.05-1.50)			
Good continued		adjusted hazard ratio with propensity adjustment: 1.14			
continued		(0.96-1.37)			
		p<0.013, comparing hazards for G2 vs. G3 (as they compared to others)			

Study Characteristics Author, year Country Funding Design Duration Quality	Aim(s) of study	Setting	Inclusion and Exclusion Criteria	Overall Sample Size Comparisons Group Sizes	Baseline Population Characteristics: Age (Mean), Race/Ethnicity (%), Sex (% Female)
Shaya, 2009 US	To investigate whether there	Maryland Medicaid prescription	Inclusion: patients with type-2	N= 14,623	G1: Mean Age NR
Funding NR Cohort	was a difference in the risk of	database	diabetes first prescribed a TZD or	G1 (any anti-diabetic agent)	White 31%, Black 60.8%, other 7.5%
5 years	acute MI and		another OAD during the study	N=8,911	Female 67.5%
Poor	hemorrhagic and		period; both medical and	G2 (TZD)	
	non-hemorrhagic stroke between TZDs and other		pharmacy claims during the study period	N=5,712	G2: Mean Age NR White 37%, Black 54%, other 9%
	oral antidiabetic agents.		Exclusion: patients who had submitted their first TZD or		
	agonto		OAD claim during the first		
			three months of the study; those treated with insulin		
			alone during the entire study		
			period; patients dually eligible for both Medicaid and Medicare		

Study Characteristics Author, year Country Funding Design Duration Quality	Adverse events Overall (N) Specific Adverse Events (N)	Congestive Heart Failure (N)	Adverse Changes in Lipid Concentrations	Weight Gain	Fractures (N)
Shaya, 2009 US Funding NR Cohort 5 years Poor	Cardiovascular Event (stroke or MI): # events not reported TZD use: OR 1.009 (CI 0.909-1.121) Pioglitazone use: OR, 1.021 (0.902-1.179) Rosiglitazone use: OR,	NR	NR	NR	NR

Study Characteristics Author, year Country Funding Design Duration Quality	Aim(s) of study	Setting	Inclusion and Exclusion Criteria	Overall Sample Size Comparisons Group Sizes	Baseline Population Characteristics: Age (Mean), Race/Ethnicity (%), Sex (% Female)
Asche, 2008	To evaluate and	Primary care and	Inclusion: Type 2 diabetes,	N=5,438	Sex (% Female)
US Novartis Cohort 395 days Fair	associated with the use of metformin, sulfonylureas and thiazolidinediones among geriatric patients in a	specialty clinics. A variety of practice types including solo practitioner, community practitioners, community clinics, academic medical centers and large integrated delivery networks.	age >= 65 years, oral antihyperglycemic drug naïve	G1: Sulfonylurea N = 2223 G2: Metformin N = 2326 G3: Thiazolidinedione N = 889	Overall: Age, 73.2; Race/Ethnicity NR; Female 56.1% Age: G1: 74.3 G2: 72.2 G3: 73.1 p <0.001; t-test relative to G2 Race/Ethnicity: NR Sex (% Female): G1: 54.9 G2: 58.0
			combination with injectable incretin mimetic. Prior or concurrent insulin use was allowed.		G3: 54.1 p = 0.046

Study Characteris Author, year Country Funding Design Duration Quality	tics Adverse events Overall (N) Specific Adverse Events (N)	Congestive Heart Failure (N)	Adverse Changes in Lipid Concentrations	Weight Gain	Fractures (N)
Asche, 2008 US Novartis Cohort 395 days Fair	Overall: N = 680 G1: 13.9% G2: 8.3% G3: 19.8% $p < 0.001, G2 \text{ vs. G1}$ and G3 Hypoglycemia G1: N = 58 (2.6%) G2: NR G3: N = 20 (2.2%) Liver function test abnormalities G1: NR G2: NR G3: 4 (0.4%) Diarrhea, N: G1: NR G2: 35 G3: NR Nausea/vomiting, N: G1: NR G2: 30	G1: NR G2: NR G3: 19 (2.1%)	NR	Weight gain >= 4.5kg G1: 196 (8.8%) G2: NR G3: 120 (13.5%)	NR

Study Characteristics Author, year Country					
Funding Design	Adverse events Overall (N)				
Duration	Specific Adverse	Congestive Heart Failure	Adverse Changes in		
Quality	Events (N)	(N)	Lipid Concentrations	Weight Gain	Fractures (N)
Asche, 2008	Abdominal pain:	(**)		Weight Guilt	
continued	G1: NR				
	G2: 82				
	G3: NR				
	Dyspepsia:				
	G1: NR				
	G2: 63				
	G3: NR				
	Dizziness				
	G1: 52 (2.3%)				
	G2: NR				
	G3: NR				
	Headache				
	G1: 16 (0.7%)				
	G2: NR				
	G3: NR				
	Lactic acidosis				
	G1: NR				
	G2: 6 (0.3%)				
	G3: NR				
	Edema				
	G1: NR				
	G2: NR				
	G3: 39 (4.4%)				

Study Characteristics Author, year Country Funding Design Duration Quality	Aim(s) of study	Setting	Inclusion and Exclusion Criteria	Overall Sample Size Comparisons Group Sizes	Baseline Population Characteristics: Age (Mean), Race/Ethnicity (%), Sex (% Female)
Vlckova, 2009 England Funding source NR Cohort 9 months Poor	to quantify the incidence of hypoglycemic events and to describe the pattern of these incident events over time, in the incept cohorts of diabetic patients who were prescribed rosiglitazone, pioglitazone, nateglinide, or repaglinide in general practice in England	Prescription-event monitoring studies; General practitioners	Inclusion: patients with prescriptions dispensed for 1 of the 4 drugs identified from national health service prescriptions issued by GP's Exclusion: Patients whose first prescription was > 2 mos prior to launch date of the study drugs	N Identified: 37478 N included in analysis: 37417 Number identified: G1: Rosiglitazone N=14418 G2: Pioglitazone N=12772 G3: Nateglinide N=4557 G4: Repaglinide N=5731 Number included in analysis: G1: Rosiglitazone N=14373 G2: Pioglitazone N=12768 G3: Nateglinide N=4549 G4: Repaglinide N=5727	G1: Age 61.6 SD 12.1 Female 47.6% G2: Age 60.9 SD 12.6 Female 45.7% G3: Age 59.4 SD 12.4 Female 45.9% G4: Age 59.1 SD 12.4 Female 49.7% Race NR

Study Characteristics Author, year Country Funding Design Duration Quality	Adverse events Overall (N) Specific Adverse Events (N)	Congestive Heart Failure (N)	Adverse Changes in Lipid Concentrations	Weight Gain	Fractures (N)
Vlckova, 2009	No. of pts who stopped		NR	NR	NR
England Funding source NR	tx overall: G1: 4555				
Cohort	G2: 3690				
9 months	G3: 1631				
Poor	G4: 1772				
	Overall hypoglycemic event, N = 276				
	Incidence Rate G1: 9.94 (8.03, 12.03); G2: 9.64 (7.70, 12.04); G3: 15.71 (11.64, 21.17); G4: 20.32 (16.10, 25.66)				
	No. of pts who stopped tx due to hypoglycemia: G1: 41; G2: 25; G3: 27; G4: 45				

Study Characteristics Author, year Country Funding Design Duration Quality	Aim(s) of study	Setting	Inclusion and Exclusion Criteria	Overall Sample Size Comparisons Group Sizes	Baseline Population Characteristics: Age (Mean), Race/Ethnicity (%), Sex (% Female)
Miyazaki, 2008 US Funding NR Cohort 3 months Poor	To identify clinical, laboratory and metabolic parameters in rosiglitazone-and pioglitazone- treated T2D patients who could explain the difference in atherosclerotic cardiovascular disease outcomes with these two TZDs	Clinical research center	Inclusion: previously participated in metabolic studies performed by authors; age 30-70; BMI < 37; stable body weight for 3 months; fasting plasma glucose = 126- 260mg/dl Exclusion: previously treated with insulin, metformin or another TZD; evidence of cardiac, hepatic, renal or other chronic diseases, heavy exercise, medications (other than sulfonylureas) that affect glucose metabolism	G2: pioglitazone 45 mg/day N=21	G1: Age: 55; White 28.6%, Black 2.9%, Mexican American 68.6%; Female 48.6% G2: Age: 52; White 38.1%, Black 9.5%, Mexican American 52.4%; Female 19.0%

Study Characteristics Author, year Country Funding Design Duration Quality	Adverse events Overall (N) Specific Adverse Events (N)	Congestive Heart Failure (N)	Adverse Changes in Lipid Concentrations	Weight Gain	Fractures (N)
Miyazaki, 2008 US Funding NR Cohort 3 months Poor	NR	NR	mean change in total cholesterol at 3 months NR mean change in LDL: G1: +15mg/dl (SD 5) G2: +1 mg/dl (SD 4) p=0.06, G1 vs. G2 mean change in HDL: G1: +4 mg/dl (SD 1) G2: +2 mg/dl (SD 1) NS, G1 vs. G2 mean change in TGs: G1: -8mg/dl (SD 8) G2: -47 mg/dl (SD 7) p<0.01, G1 vs. G2	NR	NR

Study Characteristics Author, year Country Funding					Baseline Population
Design Duration			Inclusion and Exclusion	Overall Sample Size Comparisons	Characteristics: Age (Mean), Race/Ethnicity (%),
Quality	Aim(s) of study	Setting	Criteria	Group Sizes	Sex (% Female)
Lewis, 2008 US NIH, Takeda, GlaxoSmithKline, Eli Lilly Nested Case Control ≥ 1year of exposure Fair	To examine the association between PPAR- gamma-targeted therapies and the risk of colonic neoplasia in patients with diabetes	Kaiser Permanente of Northern California	Inclusion: source population criteria: part of Kaiser Permanente system; completed a survey from 1994-1996 and be identified as having T2D. Study 1 (G1 and G2): undergone colonoscopy between 1999- 2005, 50 years old at time of index colonoscopy. Cases were patients with one or more adenomatous lesions at the index colonoscopy. Controls were those without lesions.	Study 1 (G1/G2): 4,248 Study 2 (G3/G4): 9,813 Study 3 (G5/G6): 1,825 Study 1: G1: any adenoma on colonoscopy N=1,296 G2: no adenoma N=2,952	G1: Age: 71; White 60%, Black 14%, Hispanic 12%, Asian 10%, Other 2%; Female 41% G2: Age: 71; White 59%, Black 12%, Hispanic 12%, Asian 11%, Other 3%; Female 49% G3: Age: 67; White 57%, Black 12%, Hispanic 12%, Asian 14%, Other 2%; Female 37% G4: Age: 66; White 52%, Black 16%, Hispanic 13%, Asian 14%, Other 3%; Female 46% G5: Age: 71; White 62%,
				G6: no distal adenoma N=1,666	Black 11%, Hispanic 13%, Asian 10%, Other 1%; Female 46% G6: Age: 71; White 55%, Black 16%, Hispanic 13%, Asian 12%, Other 2%;

Study Characteristics Author, year Country Funding Design Duration Quality	Aim(s) of study	Setting	Inclusion and Exclusion Criteria	Overall Sample Size Comparisons Group Sizes	Baseline Population Characteristics: Age (Mean), Race/Ethnicity (%), Sex (% Female)
Lewis, 2008 continued			Inclusion: Study 2 (G3 and		
continued			G4): undergone sigmoidoscopy between 1999)-	
			2005, 50 years old at the time		
			of index colonoscopy. Cases		
			were patients with one or more adenomatous lesions in		
			the distal colon on either		
			sigmoidoscopy or follow-up colonoscopy.		

Study Characteristics Author, year Country Funding Design Duration Quality	Aim(s) of study	Setting	Inclusion and Exclusion Criteria	Overall Sample Size Comparisons Group Sizes	Baseline Population Characteristics: Age (Mean), Race/Ethnicity (%), Sex (% Female)
Lewis, 2008	(-)		Inclusion: Controls were those	-	
continued			 without lesions. Study 3 (G5 and G6): undergone two lowe endoscopies between 1999-2005 with the second being at least a year after the first. The second was considered the index colonoscopy. Cases were those with adenomatous lesions at the second lower endoscopy. Controls were those without lesions. Exclusion: History of inflammatory bowel disease; familial adenomatous polyposis syndrome; hereditary non-polyposis colon cancer syndrome 		

Country Funding Adverse events Design Overall (N) Duration Specific Adverse Congestive Heart Failure Adverse Changes in Quality Events (N) (N) Lipid Concentrations Weight Gain Fractures (N)	
Lewis, 2008 Study 1: NR NR NR NR US G1: 104, 8% of cases G1: 104, 8% of cases	
NIH, Takeda, used TZDs	
GlaxoSmithKline, Eli G2: 318, 11% of	
Lilly controls used TZDs Nested Case Control	
≥ 1year of exposure OR (95% CI) of any	
Fair adenoma on first	
colonoscopy, TZDs vs. no TZDs	
unadjusted OR: 0.72	
(0.57-0.91	
adjusted OR: 0.73 (0.57-	
0.92)	

Study Characteristics Author, year Country Funding Design Duration Quality	Adverse events Overall (N) Specific Adverse Events (N)	Congestive Heart Failure (N)	Adverse Changes in Lipid Concentrations	Weight Gain	Fractures (N)
Lewis, 2008				-	
continued	Study 2:				
	G3: 60, 6% of cases used TZDs G4: 656, 7% of controls used TZDs OR (95% CI) of any adenoma in distal colon on first sigmoidoscopy, TZDs vs. no TZDs unadjusted OR: NR adjusted OR: 0.86 (0.65 1.14)				

Study Characteristics Author, year Country Funding Design Duration Quality	Adverse events Overall (N) Specific Adverse Events (N)	Congestive Heart Failure (N)	Adverse Changes in Lipid Concentrations	Weight Gain	Fractures (N)
Lewis, 2008					
continued	Study 3:				
	G5: 11% of cases used				
	TZDs G6: 14% of controls				
	used TZDs				
	OR (95% CI) of				
	new/missed adenoma in distal colon on				
	second lower				
	endoscopy, TZDs vs.				
	no TZDs unadjusted OR: NR				
	adjusted OR: 0.75 (0.44	-			
	1.28)				

Study Characteristics Author, year Country	Were comparison				
Funding	groups selected from	Were subjects	Were measurements		Were outcomes
Design Duration	the same source	recruited over the	equal, valid, and reliable?	Were outcome assessors masked?	presepecified and defined?
Quality	population? Yes, No, NR	same time period? Yes, No, NR	Yes, No, Mixed	Yes, No, NR	Yes, No, NR
Fabunmi, 2009 US Amylin Inc, Eli Lilly Cohort 1 year Fair	Yes	Yes	Yes	NR	Yes
Habib, 2009 US Private and Government funding Cohort > 6 months of follow up Good	Yes	Yes	Yes	Yes	Yes
Shaya, 2009 US Funding NR Cohort 5 years Poor	Yes	Yes	Mixed	No	Yes
Asche, 2008 US Novartis Cohort 395 days Fair	Yes	Yes	Yes	No	Yes

Study Characteristics Author, year Country Funding Design Duration Quality	Was time of follow-up equal for all groups? Yes, No, NR	Overall attrition high? (≥20%) Yes, No, NR	Was differential attrition high? (≥15%) Yes, No, NR	Did the study design and/or statistical analyses account for confounding? Yes, No, NR	folloup adequate? Yes, No, NR
Fabunmi, 2009 US Amylin Inc, Eli Lilly Cohort 1 year Fair	Yes			Yes	Yes
Habib, 2009 US Private and Government funding Cohort > 6 months of follow up Good	Yes	No	No	Yes	Yes
Shaya, 2009 US Funding NR Cohort 5 years Poor	Yes	NR	NR	Yes	Yes
Asche, 2008 US Novartis Cohort 395 days Fair	Yes	No	No	Yes	Yes

Study Characteristics Author, year Country		
Funding Design Duration		Overall Quality Rating for Safety Outcomes
Quality Fabunmi, 2009 US Amylin Inc, Eli Lilly Cohort 1 year Fair	Methods of harms assessment Yes	<u>Good, Fair, Poor</u> Fair
Habib, 2009 US Private and Government funding Cohort > 6 months of follow up Good	Blinded outcomes assessment from electronic claims data, inpatient codes, mortality from the Division of Vital Records and Health Statistics from enrollment through 5/31/2007	Good
Shaya, 2009 US Funding NR Cohort 5 years Poor	ICD-9 claims	Poor
Asche, 2008 US Novartis Cohort 395 days Fair	Chief complaints and ICD-9 codes describing an adverse event or its symptoms and out of range laboratory values were used to identify adverse event occurrence based on clinic visits from an electronic medical record. A 4.5kg cut-off was used for weight gain.	Fair

Study Characteristics Author, year Country Funding	Were comparison groups selected from	Were subjects	Were measurements		Were outcomes
Design Duration	the same source population?	recruited over the same time period?	equal, valid, and reliable?	Were outcome assessors masked?	presepecified and defined?
Quality Vlckova, 2009 England Funding source NR Cohort 9 months Poor	Yes, No, NR Yes	Yes, No, NR No	Yes, No, Mixed No	Yes, No, NR NR	Yes, No, NR Yes
Miyazaki, 2008 US Funding NR Cohort 3 months Poor	Yes	Yes	Yes	NR	Yes
Grossman, 2009 Canada Eli Lilly 2 years Poor	Yes	Yes	Mixed	No	Yes
Lewis, 2008 US NIH, Takeda, GlaxoSmithKline, Eli Lilly Nested Case Control > 1year of exposure Fair	Yes	Yes	Yes	NR	Yes

Study Characteristics Author, year Country Funding Design Duration Quality	Was time of follow-up equal for all groups? Yes, No, NR	Overall attrition high? (<u>≥</u> 20%) Yes, No, NR	Was differential attrition high? (<u>></u> 15%) Yes, No, NR	Did the study design and/or statistical analyses account for confounding? Yes, No, NR	
Vlckova, 2009 England Funding source NR Cohort 9 months Poor	Yes	NR	NR	No	Yes
Miyazaki, 2008 US Funding NR Cohort 3 months Poor	Yes	No	No	No	Yes
Grossman, 2009 Canada Eli Lilly 2 years Poor	Yes	Yes	No	No	Yes
Lewis, 2008 US NIH, Takeda, GlaxoSmithKline, Eli Lilly Nested Case Control > 1year of exposure Fair	Yes	Yes	No	Yes	Yes

Study Characteristics Author, year Country Funding Design		Overall Quality Rating for Safety
Duration Quality	Methods of harms assessment	Outcomes Good, Fair, Poor
Vlckova, 2009 England Funding source NR Cohort 9 months Poor	Surveys sent to physician 6 months after initial prescription	Poor
Miyazaki, 2008 US Funding NR Cohort 3 months Poor	Body weight measurements and blood draw at 3 months	Poor
Grossman, 2009 Canada Eli Lilly 2 years Poor	Yes	Poor
Lewis, 2008 US NIH, Takeda, GlaxoSmithKline, Eli Lilly Nested Case Control > 1year of exposure Fair	Kaiser Permanente Northern California Records	Fair