

Using technology to implement researchbased well-being strategies at work: Building supportive, inclusive, and healthy cultures

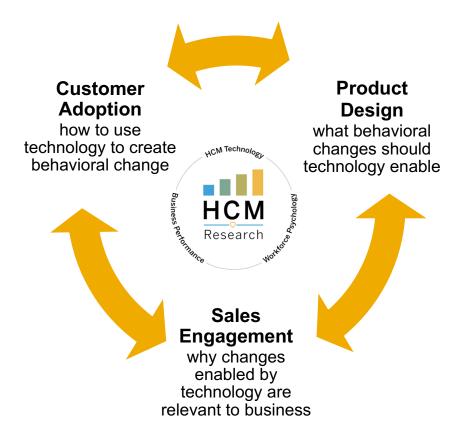
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Steven T. Hunt, Ph.D. and Autumn D. Krauss, Ph.D. July 12, 2018



HCM Research

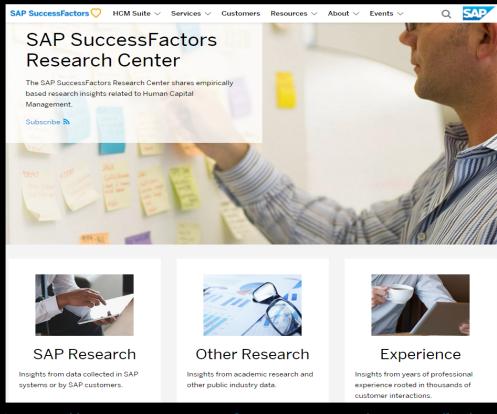
Using psychological science to improve the design, relevance, and application of Human Capital Management technology

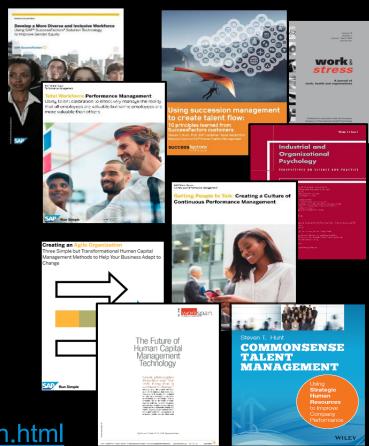


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HCM Research: Studying the intersection of business, people, & technology







https://www.successfactors.com/en_us/lp/research.html

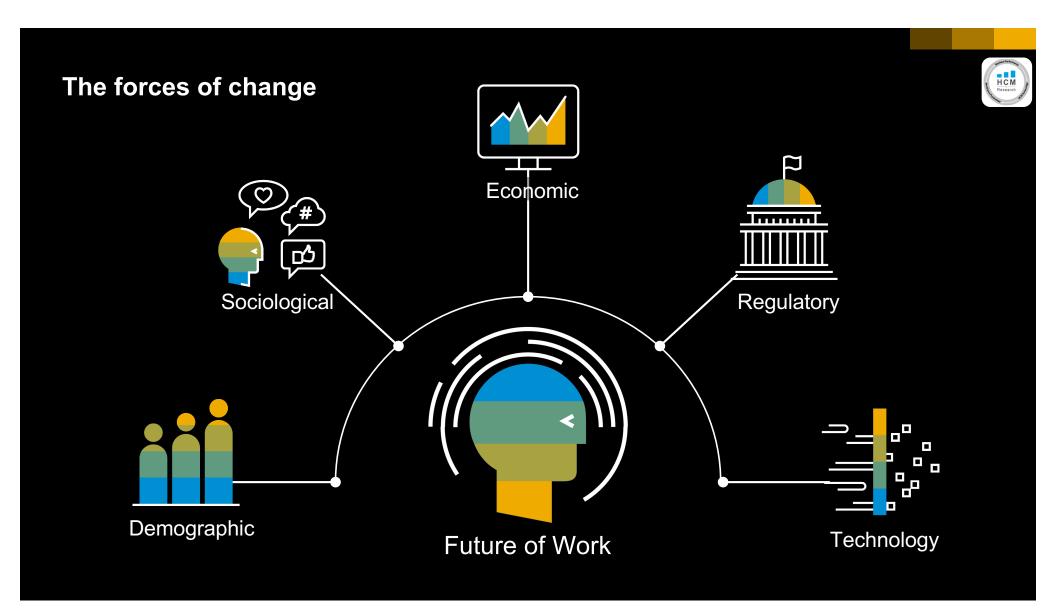
Discussion topics



- How employee well-being is critical for the future of work
- The role of organizational well-being culture in employee well-being
- Ways to embed a positive well-being culture through technology
- Key considerations for well-being culture change in organizations

Employee well-being in the future of work







475 BC

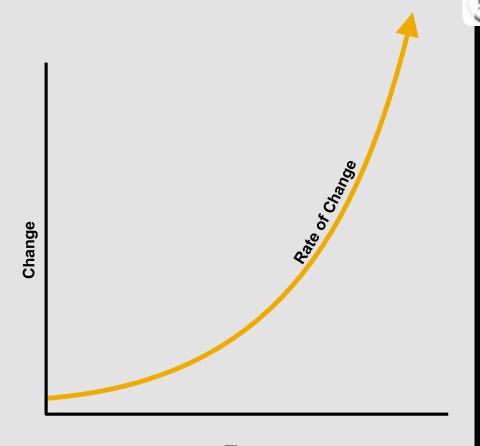
The only constant is change

Heraclitus



2018 AD The only constant is an

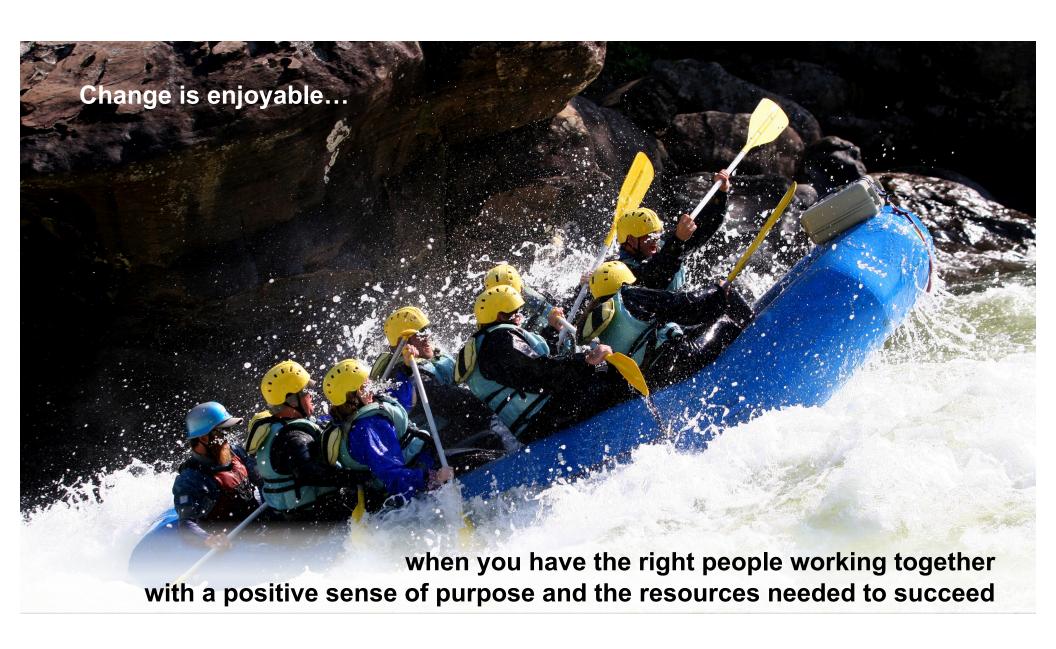
ever-accelerating rate of change



Time









The psychology of engagement, commitment, and confidence

Achievement: the desire to accomplish meaningful goals

-Purposeful, Knowledgeable, Influential, Efficient

Community: the need to belong to a group that values our contributions

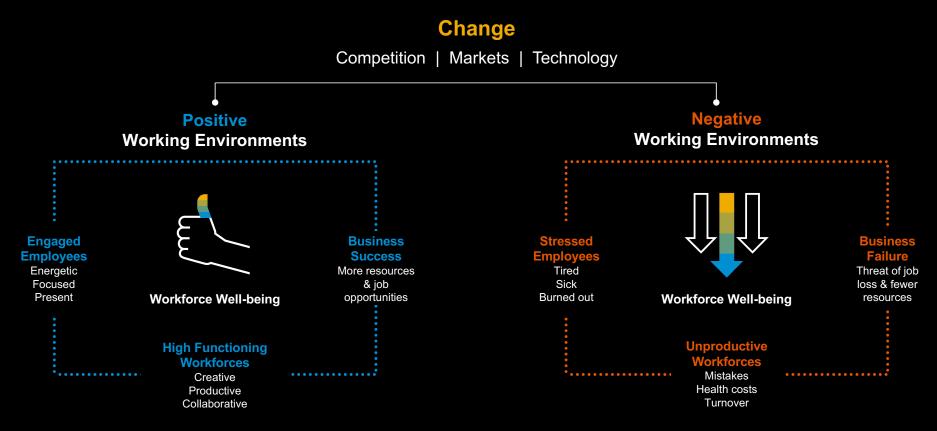
-Collaborative, Appreciative, Inclusive

Security: the confidence that we are safe and cared for

-Supportive



Is your company set up to Thrive or Survive?



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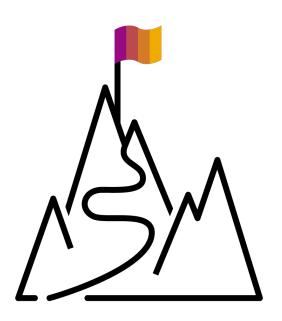
Organizational well-being culture and employee well-being



SAP SuccessFactors Well-Being at Work Initiative



Operationalize a culture of well-being and purpose in organizations to enrich the employee experience and drive peak performance



Employee well-being defined

Well-being is a multi-faceted employee outcome

- My motivations (sense of purpose)
- My resources (financial, time, energy)
- My connections (social well-being)
- My mind (psychological well-being)
- My body (physical well-being)



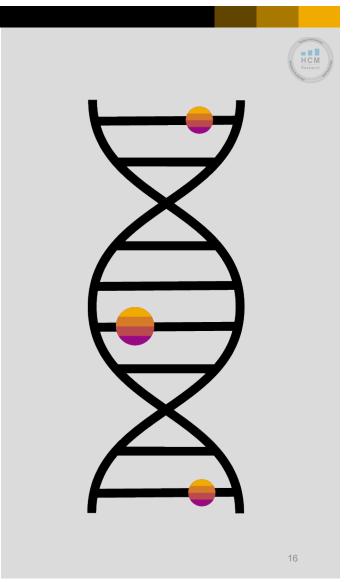
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Organizational well-being culture defined

The extent to which well-being is embedded as an organizational value, evident through

- well-being strategy, program adoption, and impact measurement
- organizational practices
- work environment
- leadership actions
- team dynamics
- job characteristics

"It's just the way we do things around here."



Embedding well-being through technology



Embedding well-being into HCM practices through technology

Development

Well-Being



Include well-being leadership as a competency for all leaders and consider it during succession planning.

Offer rewards tailored to employees' well-being needs to improve engagement.

goal for all employees, aligned to the company values and tied directly to the work context.

Workford Wor Include well-being as a cultural value on your career site, offer a well-being realistic job preview, and embed well-being into the candidate experience. Succession & Recruiting

Onboarding

Include a well-being assessment and module during onboarding that offers support for the common stressors associated with starting a new job.

Performance & Learning Goals Create a well-being development

Compensation &

Rewards

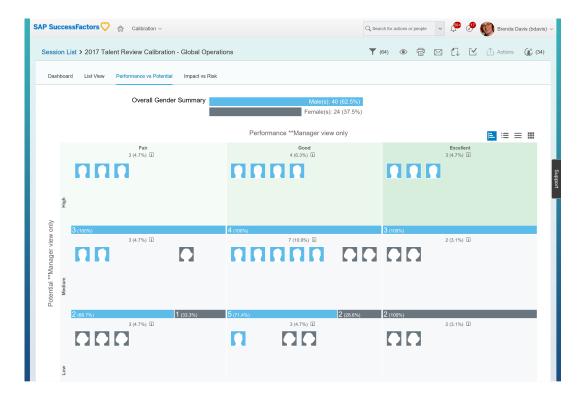
Organizational suit of Offer learning modules such as mindfulness, resilience, and stress management to help with employees' well-being challenges and delivered at important employee milestones.

Embedding diversity and inclusivity into HCM practices through technology



Photo-less Calibration to prevent bias when making talent management decisions

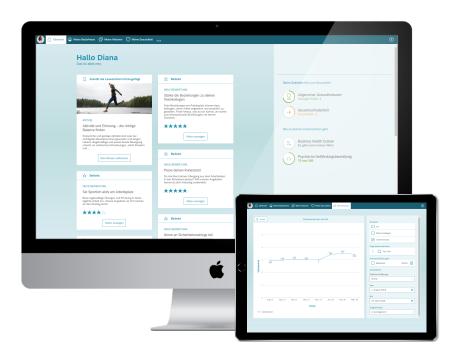
Gender indicators highlight possible bias by showing us how we are rating individuals of different genders



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Providing personalized well-being recommendations through technology





Using continuous data collection, SAP SuccessFactors Work-Life considers both organizational well-being culture and employee well-being factors to make personalized recommendations.

With content from Thrive Global, employers are able to create a thriving workplace.

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Using intelligent technologies to proactively assess and improve well-being











Passive data measurement through current systems to make educated guesses about an employee's well-being Proactive contact with employee to validate well-being, offer relevant content, and direct them to resources Machine learning
using employee's
outcomes to improve
future well-being
assessments and
recommendations

Real-time aggregate well-being insights to inform company strategy, practices, policies, and interventions

Fostering well-being culture change



Taking well-being culture maturity into consideration





Viewed as a compliance topic

Legal discussion



Viewed as a benefits topic

Rewards discussion



Viewed as a people topic

HR discussion



Manager discussion



Viewed as a strategic business differentiator

Executive discussion

Evaluating Well-being Culture Maturity

Tangible: What well-being resources (programs, campaigns, content) do you provide to employees? To what extent are these enabled by technology?

Cultural: At what level in your organization is well-being discussed? How is well-being talked about in the company?

Operational: To what extent is well-being a part of your strategy and embedded into how the business is run?

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Resources

- Creating Resilient Cultures: Why Businesses Need to Invest in Employee Well-being
- Embedding well-being into your current HCM practices
- Creating Digital Ready Organizations: Growing companies that thrive on change







Thank you

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