APRICOT CANAPES

16 pieces

16 Dried apricots

8 teaspoons Crumbled blue cheese

2 ounces Pistachios, shelled and chopped

½ teaspoon Honey

Fresh ground pepper

- Top each apricot with ½ teaspoon cheese. Sprinkle with pistachios and drizzle with honey.
- Sprinkle with pepper and serve.

Nutrition Per piece:

64 Calories; 4 g Fat; 7 g Carbohydrates; 2 g Protein; 20 mg Sodium