

## Twitter Guide for #IMresidency #ChiefResident #ChiefChat

**@aoglasser @RJmdphilly @gretchendiemer**

It can feel intimidating to step onto the Twitter scene as a novice—not knowing where to start. Or, you might feel like a kid in the candy store, overwhelmed by choices. I hope this guide helps you start off your #hcsn (health care social media) experience with a sufficiently focused approach.

### **Twitter Handles/Accounts to follow**

|  |  |                  |  |
|--|--|------------------|--|
| <b>People:</b>   |  |                  |  |
| Readily available twitter list of Internal Medicine Residency Twitter accounts (some accounts are more active than others, and may vary from year to year as Chief Residents change):<br><a href="https://twitter.com/OHSUIMRes/lists/im-res-program-tweeters/members">https://twitter.com/OHSUIMRes/lists/im-res-program-tweeters/members</a> |  |                  |  |
| @FutureDocs  | Dr. Vinny Arora                          | @Atul_Gawande    | Dr. Atul Gawanda                                     |
| @PDX_Tom   | Dr. Tom Cooney                           | @ZackBergerMDPhD | Dr. Zackary Berger                                   |
| @WrayCharles   | Dr. Charlie Wray                         | @kevinmd         | Dr. Kevin Pho  |
| @Bob_Wachter   | Dr. Bob Wachter                          | @EMARIANOMD      | Ed Mariano   |
| @BobDoherty  | Dr. Bob Doherty                          | @zdoggmd         | ZDoggMD  |
| @cuttingforstone   | Dr. Abraham Verghese                     | @jgimeditor      | Dr. Richard Kravitz                                  |
| @Tony_Breu   | Dr. Tony Breu                            | @vmontori        | Dr. Victor Montori                                   |
| @SusanHingle   | Dr. Susan Hingle                         | @gracefarris     | Dr. Grace Farris                                     |
| @sarahgchandler  | Dr. Sarah Chandler                       | @laxswamy        | Dr. Lakshman Swamy                                   |
| @TomVargheseJr   | Dr. Tom Varghese                         | @choo_ek         | Dr. Esther Choo                                      |
| <b>National Organizations</b>  |  |                  |  |
| @ACPinternists   | National ACP                             | @AmerMedicalAssn | American Medical Association                         |
| @SocietyGIM  | Society of General Internal Medicine     | @acgme           | Accreditation Council for Graduate Medical Education |
| @SHMLive   | Society of Hospital Medicine             | @AmerGeriatrics  | The American Geriatric Society                       |
| @AAMCtoday   | Association of American Medical Colleges | @ABIMcert        | American Board of Internal Medicine                  |
| @AAIMOnline  | Alliance for Academic Internal Medicine  | @ABIMFoundation  | ABIM Foundation                                      |
| You can also look for your State ACP Chapter's Twitter account on this list:<br><a href="https://twitter.com/OregonACP/lists/acp-state-chapters/members">https://twitter.com/OregonACP/lists/acp-state-chapters/members</a>  |  |                  |  |
| <b>Publications:</b>   |  |                  |  |
| @AnnalsofIM  | Annals of Internal Medicine              | @JAMA_current    | JAMA   |
| @acphospitalist  | ACP Hospitalist                          | @JAMAInternalMed | JAMA Internal Medicine                               |
| @acpinternist  | ACP Internist                            | @JournalGIM      | Journal of General Internal                          |

|   |                                  |  |                 |                                       |
|---|----------------------------------|--|-----------------|---------------------------------------|
|   |                                  |  |                 | Medicine                              |
| @NEJM   | New England Journal of Medicine  |  | @JournalofGME   | Journal of Graduate Medical Education |
| @JHospMedicine  | Journal of Hospital Medicine     |  | @bmj_latest     | The BMJ                               |
| @amjmed   | The American Journal of Medicine |  | @nytimeswell    | NY Times Well                         |
| @NPRHealth  | NPR Health                       |  | @Physns1stWatch | Physicians 1 <sup>st</sup> Watch      |
| @NYTHealth  | NY Times Health                  |  | @JWatch         | Journal Watch                         |
| <b>State/region-based healthcare organizations</b>  |                                  |  |                 |                                       |
| <p>We suggest looking for residency-program/institution linked social media accounts. Every institution might vary in terms of how centralized versus how disseminated their accounts are. Start by looking for:</p> <ul style="list-style-type: none"> <li>• Main institution/university/hospital account</li> <li>• Accounts for other hospitals learners rotate at</li> <li>• Accounts for other clinical sites learners rotate at</li> <li>• Linked medical school(s)</li> <li>• Department of medicine or medicine subdivision accounts at your institution</li> <li>• Non-medicine departments/divisions at your institution</li> <li>• Other residency programs or fellowships at your institution</li> <li>• Faculty</li> <li>• Fellows</li> <li>• Residents</li> </ul> |                                  |  |                 |                                       |
| <b>Suggested #Hashtags:</b>   |                                  |  |                 |                                       |
| #JHMChat  | Journal of Hosp Medicine Chat    |  | #NoonConference | Etc.                                  |
| #meded  | Medical education                |  | #AMReport       | Etc.                                  |
| #FOAMed   | Free Open Access Medicine        |  | #GrandRounds    | Etc.                                  |
| #hcsdm  | Health care social media         |  | #hospitalist    | Etc.                                  |
| #IMResidency  | Internal medicine residency      |  | #geriatrics     | Etc.                                  |