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MRI Scanning Protocol for Materialise Knee Guides

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Purpose and Summary

This scanning protocol has been designed to obtain correct MR images with an optimal quality that will be further used to design our patient specific surgical guides. Materialise cannot be held liable for other possible subsequent uses (i.e. diagnostic uses).

The MRI scanning protocol is created to obtain all relevant clinical data of the anatomical structures of the patient's knee, as well as the overall alignment of the entire limb. The resulting scans of this sequence will be used to create 3-dimensional virtual anatomical models, a personalized surgical plan and surgical guides of the patient's knee prior to knee arthroplasty surgery.

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General Scan Requirements

- This protocol is intended for **1.0 Tesla** scanners or higher.
- The following systems are not supported: Siemens scanners with Numaris VA25 2004 software versions or Philips scanners with Picker software versions. These systems cannot provide the necessary coordinates data and/or imaging sequences for surgical planning.

Patient Preparation

- Discuss the procedure with the patient to ensure they understand the table will move during scanning.
- The patient must not move during any part of the scanning sequence. Patient movement will alter the relative alignment of the joints and invalidate the scan.
- Position the patient to maximize comfort and minimize motion. Use straps, sandbags, and sponges as needed to immobilize the patient.
- The knee of interest should be as close to center of the table, from right to left, as possible.
- As long as the knee remains in ISO-center and the knee coil is properly placed, the knee can be flexed and/or rotated up to 20 degrees.
- Choose a coil appropriately sized for your patient. If your patient does not fit in a knee coil, please use a torso or flex coil to acquire the images.

Imaging Guidelines

- *For Siemens*: Choose tablet position as "ISO" mode for all scans. Do not use "Scan at current table position" option in the older version of Syngo.
- The offsets defined in the following procedure are approximations only. Enter the table coordinates for each joint as precisely as possible; the actual offset will be based on the patient's anatomy, not a default value.
- Multiple localizers are acceptable, as long as the patient is not re-positioned or relandmarked.
- Only true axial and sagittal slices will be accepted: NO OBLIQUE





The minimum scanning volumes required for each scan are as follows:

- Axial ankle scan to cover the malleoli and talus
- Sagittal knee scan(s) to cover the femoral condyles, tibial plateau and tuberosity
- Axial hip scan to cover the femoral head and neck
- Use manufacturer's defaults for parameters not listed.







Preferred Scanning Procedure

This procedure consists of two series: a high-resolution knee scan with a dedicated knee coil followed by a low-resolution series of the ankle, knee, and hip using the body coil only. It is compatible with all coil types, including Transmit-Receive coils, like the Invivo Hi Res Knee, 15-channel Knee or CP Extremity coils.

High-resolution knee scanned with a dedicated coil:

The high-resolution knee scan (with a dedicated coil in place) is used to capture a high-quality image of the knee for accurate 3D modeling of the knee. This scan should be performed first, to minimize the risk of patient motion. After this scan is complete, remove the coil and reposition the patient as necessary to prepare for the low-resolution series.

Low-resolution series of the ankle, knee, and hip; scanned with the body coil:

The low-resolution series is used to calculate the length of the femur and tibia, as well as the full alignment of the entire limb. This is done by tracking the table position/table coordinates of each separate joint scan. For this calculation to be accurate, re-landmarking must not be done during the low-resolution series. Additionally, the patient must not be moved, shifted, or repositioned in any way between the scans of the low-resolution series.

First, positionp the patient with the knee of interest as close to the center of the table as possible

Then, place the dedicated coil and perform:

1. Hi-Res knee scan

Next, remove the coil and execute the Low-Res series of the lower limb

- 2. Ankle scan
- 3. Knee scan
- 4. Hip scan

Finally, confirm the patient did not move during or in between scans.















Alternative Scanning Procedure

This procedure consists of one series with three consecutive imaging sequences; a highresolution knee scan, a low-resolution ankle scan, and a low-resolution hip scan. <u>It is only</u> <u>compatible with Receive-only coil types</u>, like a Body Matrix, Body Array, or Flex coil. The use of a Receive-only coil makes it possible to scan without repositioning the patient for coil removal in between the ankle, knee, and hip scans.

High-resolution knee scanned with a dedicated coil:

The high-resolution knee scan (with a dedicated coil in place) is used to capture a high-quality image of the knee for accurate 3D modeling of the knee and the surgical plan.

Low-resolution scans of the ankle and hip; scanned with the body coil

The low-resolution series is used to calculate the lengths of the femur and tibia, as well as the full alignment of the entire limb. This is done by tracking the table position/table coordinates of each joint scan. For this calculation to be accurate, re-landmarking must not be done. Additionally, the patient must not be moved, shifted, or repositioned in any way between the scans of the series. Do not remove the knee coil before scanning the ankle and hip.

First, position the patient with the knee of interest as close to the center of the table as possible

Then, place the dedicated coil and perform:

- 1. Hi-Res knee scan
- 2. Ankle scan
- 3. Hip scan

Finally, confirm the patient did not move during or in between scans











1 High Resolution Knee Scan



Good signal is needed 100 mm above the knee joint and 100 mm below the knee joint, including visualization of the femoral condyles and tibia tuberosity.

- 1. Position the patient on the table with the surgical side as close to ISO-center as possible
- 2. Place the best fitting coil on the knee with the apex of the patella at the center of the coil
- 3. Landmark at the center of the coil
- 4. Scan knee localizers in true orthogonal planes
- 5. Include SHIM scan
- 6. Scan sagittal knee, including 10 cm of femur and 10 cm of tibia
 - a. Slice thickness must be 1mm. Scan at 2mm and interpolate to 1mm if possible.
 - b. Acquisition matrix is 256 x 256 with a reconstructed matrix of 512 x 512
 - c. Fat Saturation must be ON
 - d. TE should be shortest in-phase, TR should be T1 weighted
 - e. 1 concatenation
 - f. Phase FOV 80-100 percent; Phase Direction AP
 - g. Number of Averages should be 1 or 2
 - h. Do not use No Phase Wrap, Oversampling, or Fold Over Suppression
 - i. Do not use Half Fourier, Parallel Imaging, or filters unless indicated in table below
- 7. Enter the manufacturer-specific parameters as described in the table below; use manufacturer's defaults for parameters not listed.





Table 1: High-Resolution Knee Parameters

| | GE | Siemens | Philips | Toshiba | Hitachi |
|------------------|------------------------------|---------------------------------------|--|---|-------------------------------------|
| | | | | | |
| Slice Thickness | 2mm with Zip 2 ON | 1mm | 2mm with Overcontiguous Slices ON | 2mm with Fine ON | 2mm with Recon Pitch set to 1 |
| Matrix | 256x256 with Zip512 ON | 256x256 with Interpolation ON | ACQ Matrix 256 x 256 with Reconstruction Matrix 512 | Set PE Matrix to 256 with Fine ON | 256x256 with Recon Matrix 512 |
| Sequence | 3D Vascular TOF Fast SPGR | 3D WE Vibe | 3D WATSc | 3D FE3D | 3D RSSG |
| TE | Min Full | Set Optimization to 'In Phase' | Set TE to Shortest 'In Phase' | TE set at 5 for 1.5T and 3T | 11.6 for 1.2T and 8.8 for 1.5T |
| Bandwidth | 19.23 (1.5T) to 61 (3T) | 130 (1.5T) to 260 (3T) | non-select | non-select | 20-30 |
| FOV | 20-25 cm | 200-250 mm | 200-250 mm | 20-25 cm | 200-250 mm |
| TR | non-select | 15-30 | 10-20 | 15-40 | 20-40 |
| Flip Angle | 10-25 | 10-25 | 10-25 | 10-25 | 10-30 |
| Fat Saturation | ON- No Classic or Special | WE_Normal | Pro Set | Strong | Water Excitation, Wave 1-2-1 |
| Scanner specific | Do not use ZOOM | Use 2D/3D Distortion Correction | Technique T1-FFE | | |
| | | Use Excitation Slab-Select | Clear/ Sense is allowed | | |

- *If following the preferred scanning procedure*, remove the knee coil and reset the patient for the low-resolution scans.

- If following the alternative scanning procedure, do not remove the knee coil or reposition the patient in any way.



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2 Low Resolution Ankle



- If following the preferred scanning procedure, remove the knee coil and landmark at the malleoli of the ankle
- If following the alternative scanning procedure, move table to scan the ankle using inferior offset ~300-400mm
- Scanning bilateral ankles is not required
- 1. Scan the ankle with the body coil only.
- 2. Acquire ankle localizer with true orthogonal planes
- 3. Scan axial ankle from above the malleoli to the mid-calcaneus
 - a. Fat Sat and Interpolation OFF
 - b. Number of Averages set to 1
 - c. TE should be in-phase, TR should be T1 weighted
 - d. 1 concatenation (this may require a TR in the PD weighted range)
- 4. Enter the manufacturer specific parameters as described in the table below; use manufacturer's defaults for parameters not listed.

Table 2: Ankle Scan Parameters

| | GE | Siemens | Philips | Toshiba | Hitachi |
|-----------|------------|------------|------------|------------|---------|
| Slice | 5mm | 5mm | 5mm | 5mm | 5mm |
| Thickness | | | | | |
| Matrix | 256x256 | 256x256 | 256x256 | 256x256 | 256x256 |
| Sequence | 2D TSE | 2D TSE | 2D TSE | FSE2D | 2D FSE |
| TE | Min Full | 4-20 | 20 | 10 | 8-12 |
| Bandwidth | 100-125 | <500 | Non-select | Non-select | 30-60 |
| FOV | 26cm | 260mm | 260mm | 26cm | 260mm |
| Scanner | Do not use | Use 2D/3D | | | |
| Specific | ZOOM | Distortion | | | |
| | | Correction | | | |



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3 Low-Resolution Knee Scan (preferred procedure only)



- If following the preferred scanning procedure, move table to scan the knee using superior offset ~300-400mm
- If following the alternative scanning procedure, do not perform this scan.
- 1. Scan the low-res knee with the body coil only.
- 2. Acquire knee localizers in true orthogonal planes
- 3. Scan sagittal knee, including 10 cm of femur and 10 cm of tibia
 - a. Fat Saturation must be ON
 - b. Phase FOV 80–100 percent; Phase Direction A/P
 - c. TE should be shortest in-phase, TR should be T1 weighted
 - d. 1 concatenation
 - e. Number of Averages should be 1 or 2
 - f. Do not use No Phase Wrap, Oversampling, or Fold Over Suppression
 - g. Do not use Half Fourier, Parallel Imaging, or filters unless indicated in table below
- 4. Enter the manufacturer specific-parameters as described in the table below; use manufacturer's defaults for parameters not listed.

| | GE | Siemens | Philips | Toshiba | Hitachi |
|-----------|------------------------------|----------------------------------|--|-------------------------|---------|
| Slice | 5mm | 5mm | 5mm | 5mm | 5mm |
| Thickness | | | | | |
| Matrix | 256x256 | Set Base Resolution to 256 | Set reconstruction matrix to 256 | Set PE Matrix to 256 | 256x256 |
| Sequence | 3D Vascular TOF Fast SPGR | 3D WE Vibe | 3D WATSc | 3D FE3D | 3D RSSG |

Table 3: Low-Resolution Knee Parameters





| TE | Min Full | Set Optimization to 'In Phase' | Set TE to Shortest 'In Phase' | TE set at 5 for 1.5T and 3T | 11.6 for 1.2T and 8.8 for 1.5T |
|---------------------|------------------------------|---------------------------------------|-------------------------------------|--------------------------------|-----------------------------------|
| Bandwidth | 19.23 (1.5T) to 61 (3T) | 130 (1.5T) to 260 (3T) | non-select | non-select | 20-30 |
| FOV | 26 cm | 260 mm | 260 mm | 26 cm | 260 mm |
| TR | non-select | 18-25 | 10-20 | 15-40 | 20-40 |
| Flip Angle | 10-25 | 10-25 | 10-25 | 10-25 | 10-30 |
| Fat Saturation | ON- No Classic or Special | WE_Normal | Pro Set | Strong | Water Excitation, Wave 1-2-1 |
| Scanner specific | Do not use ZOOM | Use 2D/3D Distortion Correction | Technique T1- FFE | | |
| | | Use Excitation Slab-Select | Clear/ Sense is allowed | | |

4 Hip Scan



- Move table to scan hip using superior offset ~300-400mm
- Scanning bilateral hips is not required
- 1. Acquire hip localizer with true orthogonal planes
- 2. Scan axial hip from anterior superior iliac spine to pubic symphysis
 - a. Fat Sat and Interpolation OFF
 - b. Number of Averages set to 1
 - c. TE should be in-phase, TR should be T1 weighted
 - d. 1 concatenation (this may require a TR in the PD weighted range)



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3. Enter the manufacturer specific parameters as described in the table below; use manufacturer's defaults for parameters not listed.

Table 4: Hip Scan Parameters

| | GE | Siemens | Philips | Toshiba | Hitachi |
|---------------------|--------------------|---------------------------------------|------------|------------|---------|
| Slice Thickness | 5mm | 5mm | 5mm | 5mm | 5mm |
| Matrix | 256x256 | 256x256 | 256x256 | 256x256 | 256x256 |
| Sequence | 2D TSE | 2D TSE | 2D TSE | FSE2D | 2D FSE |
| TE | Min Full | 4-20 | 20 | 10 | 8-12 |
| Bandwidth | 100-125 | <500 | Non-select | Non-select | 30-60 |
| FOV | 36 cm | 360 mm | 360 mm | 36 cm | 360 mm |
| Scanner Specific | Do not use ZOOM | Use 2D/3D Distortion Correction | | | |

Submitting the Images

- Only DICOM format will be accepted
- No .jpg images or other formats are acceptable
- Do not submit reconstructed or reformatted images.
- Only original scan data is acceptable.
- Uncompressed Dicom data is required for processing.
- Lossy and other forms of compression are not recommended
- The scanner should be set to DICOM format "raw image," with no compression. If loading from PACs, import and export the scan as DICOM files with the uncompressed option.

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