



# Preparing for Surgery – Casey Eye

We are confident that it is very safe to come onto our premises and to receive care with us. We would like to make you aware of our revised pre-operative guidelines and our visitor restrictions.

## **Preparing for Your Surgery:**

To help minimize risk of asymptomatic spread of coronavirus during your procedure we ask that you to maintain physical distancing, get COVID-19 testing, report symptoms, and stay flexible.

## **Maintaining Physical Distance**

- Follow physical distancing and handwashing guidelines. As you are able, this applies to the person who will be bringing you to and from surgery as well.
- Avoid contact with others or leaving the home as much as possible prior to surgery, especially during the two days immediately prior to your procedure.

## **Get Tested for COVID-19:**

We want to perform your surgery in the safest possible circumstances to give you the best chance of a smooth recovery. A clinic scheduler will coordinate your plan for coronavirus testing that needs to be performed within 2-3 days of your surgery depending upon type of anesthesia. Testing is required even if you do not show symptoms consistent with COVID-19. This as a precautionary measure helps us provide you with the safer environment for care. If you cannot have testing done within the required timeframe, we may need to reschedule your surgery.

### ○ **Monday –Saturday:**

OHSU Mobile Testing is available in 2 locations:

#### ▪ **Hillsboro Stadium**

4450 N.E. Century Blvd., Hillsboro, OR 97124

12 noon- 6 p.m., Monday – Saturday (*closed on Sundays*)

#### ○ **Portland Expo Center**

2060 N. Marine Drive, Portland, OR 97217

12 noon – 6 p.m., Monday – Saturday (*closed on Sundays*)

### ○ **Sunday:**

OHSU Pre-Op Medicine Clinic

3485 Bond Ave, Portland, OR 97239

7a-3p, Saturday-Thursday (*closed on Fridays*)

## Report Symptoms:

Check for the symptoms daily prior to surgery. A Clinic Surgery Scheduler will include a symptom check when they call 1-2 days prior to your procedure with your check in time. Notify us if you have any of the following:

- Symptoms including, but not limited to, fever, sore throat, runny nose, cough, shortness of breath, and body aches.
- International travel within the last 14 days to CDC Level 3 risk countries. For updated information in restricted countries visit: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notices.html>
- Diagnosis of COVID-19
- Contact with known or suspected or suspected COVID-19 cases within the last 14 days
- Cruise ship travel within the last 30 days. For updated information on cruise ships visit: <https://wwwnc.cdc.gov/travel/notices/warning/coronavirus-cruise-ship>

If you have any questions about COVID-19 symptoms and care, please call the **OHSU Health COVID-19 Hotline** at 833-647-8222 between 8 a.m. and 8 p.m. 7 days a week.

## Stay Flexible:

- Although your surgery is expected to proceed on the planned date and time, please remain flexible with timing as the surgery schedule may change due to reasons beyond our control. We promise to keep you informed as well as keeping your best interests at the forefront.

## What to Expect on the Day of Surgery:

- **For adults:** You are required to have one healthy adult age 18 or older to be your designated support person. Your support person will be responsible for receiving discharge instructions and taking you home after your procedure.
- **For children (<18 yo):** There must be one healthy adult age 18 or older to be the designated support person. A second healthy adult age 18 or older may also accompany the child.  
Your support person does not need to be tested for COVID-19.
- **Masks are required** to be worn by anyone age 2 or older. We encourage you and your support person to wear your own mask when entering the hospital. However, we will provide you one if needed. Refusal to wear a mask may result in cancellation of your surgery.
- Upon entering our facility you and your support person will be asked screening questions by our team in the lobby.

- Once you arrive in the hospital, you will check-in and sign appropriate paperwork prior to going to the pre-procedure location or Surgery Waiting Area.
- **Your support person will not be allowed in the pre-procedure area** unless you need their support answering questions or experience one of the few exceptions. **Patients with extreme low vision, severe physical disability and/or language barriers may have an accompanying support person to help** within the building and the pre-procedure area.
- **For children, one adult may accompany the patient** in the pre-procedure area.
- Our surgical staff will keep your designated support person informed of your progress.
- **During surgery, your support person may:**
  - Wait in their car.
    - Certain locations in the parking garage have better cellular service. Please check for a good cellular signal when parked. You may be able to connect to “OHSU-Guest” Wi-Fi in some locations.
  - Wait in the designated areas on the ground floor of Casey Eye Institute (Level 2). We ask that your support person limit their movement around OHSU while they are on-site.
  - Leave the OHSU campus and must return at the time estimated by surgical staff.
- If the indoor waiting area is full, we may need to ask your support person to wait outside the building or in their vehicle.
- After you have recovered in our post anesthesia care unit (PACU) and as soon as you are ready to go home, we will contact your designated support person. We will review your home care instructions in the presence of your support person. If your support person does not hear from the PACU RN in the expected timeframe, they may call 503-494-3332 for an update.
- As a reminder, for adult patients, one healthy adult visitor age 18 or older is required. For children (<18 y/o), up to 2 healthy adult visitors age 18 or older are allowed.

Please know we genuinely care about you, and will do everything we can to provide you with the safest care experience possible. If you have any questions or concerns prior to that day, please don't hesitate to contact us.

- Casey Eye Operating Room (503) 494-3300

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