



DOERNBECHER
CHILDREN'S
Hospital

PEDIATRIC INTENSIVE CARE

Planning your stay in the pediatric intensive care unit

ICU and hospital rules

Visitors

Visiting hours are 8 a.m. to 8 p.m. Children under 18 must always be with an adult. Children under 12 may not visit unless they are your child's brothers or sisters. There may be other visiting rules during flu season, October through February.

Staying overnight

Only parents and adult caregivers may be with your child after 8 p.m. Babies who are breastfeeding may spend the night, but no other children. If your baby stays with you, they need a safe place to sleep, such as a bassinet or Pack 'n' Play.

For your child's safety, you may not sleep or lie in your child's hospital bed or crib.

Restricted items and activities

- OHSU is a non-smoking campus. There is no smoking or vaping allowed on OHSU property.
- No drugs, alcohol or weapons of any kind are allowed at OHSU.

OHSU is a place of safety and healing. We do not tolerate rudeness, disrespect, discrimination, harassment, threats or violence. These behaviors may result in visits being restricted.

General information

PICU front desk

The pediatric ICU, or PICU, is a locked unit at OHSU Doernbecher. All visitors must check in at the front desk.

You may call the front desk at (503) 418-8500 to check on your child at any time. You must have your child's access code. We give you this code when your child comes to the PICU.

Cell phones, Wi-Fi and internet

You may use cell phones in your child's hospital room. You may also connect to OHSU Guest Wi-Fi on any of your devices.

All PICU rooms have a TV with internet and a keyboard. There are also family computers near the waiting room and in the Family Resource Center in the lobby.

Showers and laundry

Showers and a laundry room are available free to families. Please ask for help at the front desk.

Food

You can order food brought directly to your child's room during the day. Food is free for patients. Parents and other visitors need a credit or debit card to order food. OHSU also has several cafes, coffee shops and snack stores around the hospital.

Overnight, the OHSU Hospital third floor café is open 24 hours. There are vending machines on the 9th floor of OHSU Doernbecher.

Food from home may be kept in the family fridge in the PICU Nutrition Room.

Home appliances

Please do not bring electrical devices from your home. Only cell phones, tablets and laptops may be plugged into our outlets. The OHSU Bioengineering Department must check and approve any other devices.

What to bring to the hospital

Please bring the following items for your child's stay.

- A list of your child's regular medicines. The hospital pharmacy will provide your child's medicines while they are in the hospital. They should not use their home medicine unless it is a special situation and their hospital doctor approves.
- Insurance information
- Any documents about parental rights, custody, medical power of attorney or advance directives for medical care.

You may also want to bring

- Comfort items and fun items for your child, such as a stuffed animal, blanket or pillow, books and toys, and a tablet or laptop.
- Comfortable, lightweight clothes for your child – They should be easy to take on and off.
- Slippers and socks
- Special toiletries or personal care items, such as a favorite lotion, lip balm, body wash, brush, comb or other specific items your child likes to use.

Please do not bring

- Latex balloons – Mylar and foil balloons are OK
- Live plants and flowers
- Valuable or expensive items
- Electrical devices that plug in – Cell phones, tablets and laptops are OK, but no other devices.

Directions and parking

Directions

The hospital is at 700 SW Campus Drive, Portland, Ore., 97239.

The pediatric ICU (PICU) is on the 8th floor of OHSU Doernbecher Children's Hospital. Please follow signs to the Sunflower hall.

Call (503) 418-1818 for more information and directions.

Parking at OHSU Doernbecher

Parking is free for families and visitors on the 4th floor of the OHSU Doernbecher parking garage. This is the main entrance level. The hospital also has free valet parking at the entrance.

Public transportation

You can get to OHSU Doernbecher by TriMet bus, streetcar, MAX and the Portland Aerial Tram. The tram is free for family and visitors. Please ask for a free ticket at the PICU front desk.

Where to stay

In the hospital

There is a twin-sized daybed in your child's hospital room. It can fit one adult comfortably.

In a hotel

We can give you a list of hotels that offer an OHSU discount. Ask at the PICU front desk or talk with our social worker. You may also visit www.ohsu.edu or call (503) 418-2338 for information on hotels and motels. Ask for the OHSU discount when you make your reservation.

At the Rood Family Pavilion

OHSU has a guest house at the South Waterfront campus for families coming from long distances. Ask your child's social worker if this is an option for you.

Programs and services for you

Social workers

Our social workers can help you cope with your child's illness and hospital stay. They can also help you find what you need for your family.

Child Life specialists

A Child Life specialist is a health care provider who uses play and activities to help your child cope with being sick and in the hospital. They can help your child prepare for tests and treatments. Child Life specialists can also help your child's brothers and sisters.

School program

The school program has teachers who can work with your child on schoolwork from home, or other learning activities.

Volunteers

Our trained volunteers can play and do activities with children in the hospital. They can also hold and comfort babies. A volunteer may stop by your child's room. Or you can ask if one is available.

Pet therapy

Our hospital therapy dogs are here most weekdays. They may be available to visit your child. Please ask your nurse.

Bridges team

The Bridges team helps children who have long-lasting conditions or illness that is difficult to treat. They can help with pain and other symptoms. Bridges services can go along with PICU care. Talk with your nurse about whether Bridges might help your child.

Chaplains

Our chaplains can listen and give spiritual support to patients and families. We have chaplains from many religions and faiths. You do not have to practice a specific religion to talk with a chaplain for support.

Family Resource Center

This area has computers, internet access, fax and copy machines and more. It is open on most weekdays in the OHSU Doernbecher lobby area.

If you would like more information or a visit from anyone listed above, please let us know.