

Creating a Gender-Inclusive Clinical Space.

Language is powerful! When we practice gender-inclusive language in medicine and research we can create more inclusive, more accurate and more affirming clinical spaces for everyone.

Instead of this...

Try this...

Maternal/Paternal

Parental

Mother/Mom

Parent/Birthing-Parent

Pregnant Women

Pregnant People

Father/Dad

Parent

Breastfeeding

Chestfeeding/Lactation

Women's Health

Reproductive Health

Breast Pump

Lactation Device

Female/Male
Reproductive Organs

Internal/External
Reproductive Organs

Biological Sex/Name

Sex/Name

Assigned at Birth

Feminine Products

Menstrual Products

Transsexual

Transgender

Sex Change Operation

Gender Affirming
Surgery

Preferred Pronouns

Pronouns



Sources

TransCare BC (phsa.ca); BMC Pregnancy and Childbirth (bmcpregnancychildbirth.biomedcentral.com); LGBTQ Parenting Network (lgbtqpn.ca); Trans Student Educational Resources (transstudent.org)

Remember...

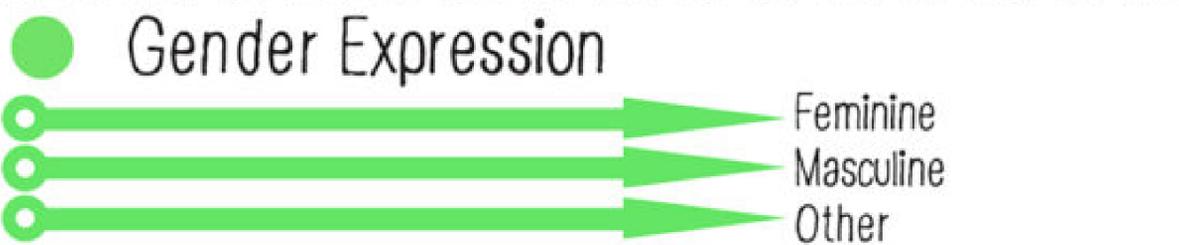
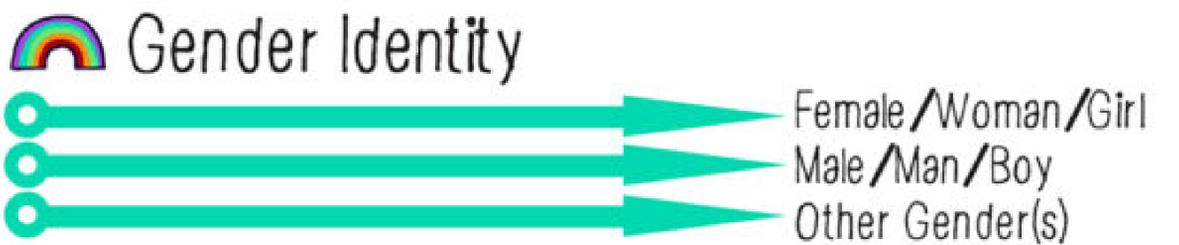
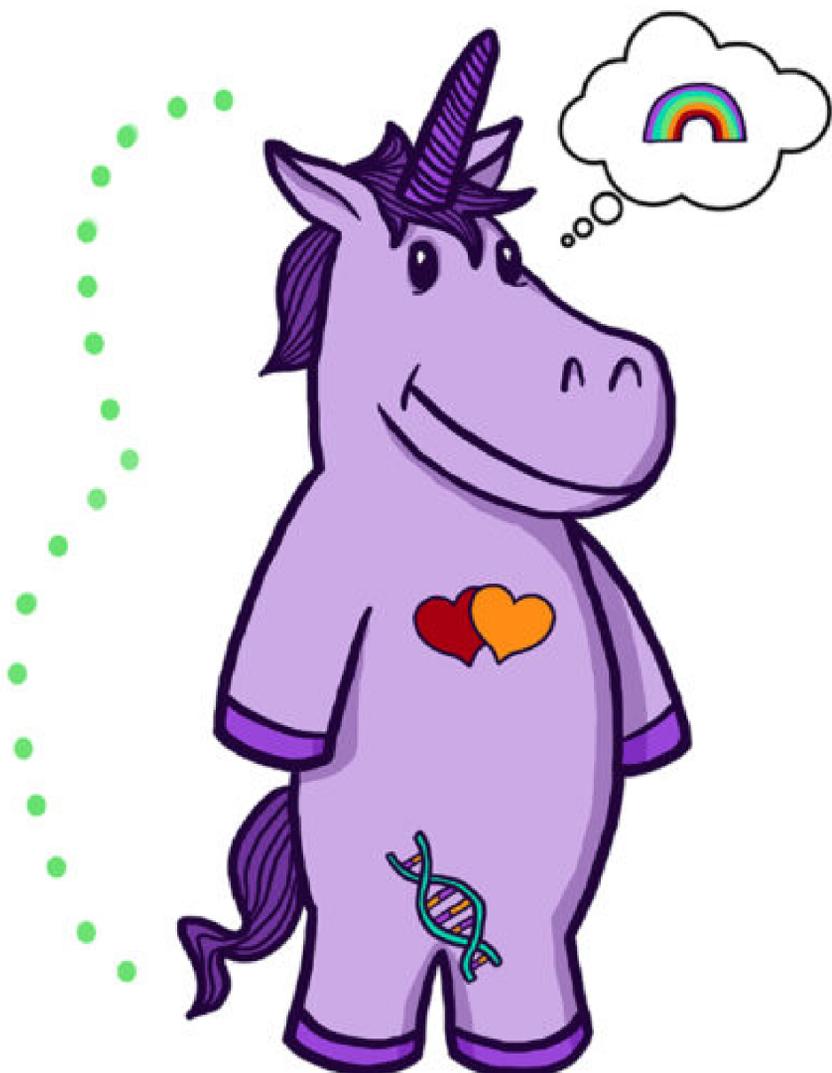
No community is a monolith! There is never a one size fits all term. This guide is not exhaustive but does provide ways to practice using more inclusive "umbrella terms" in place of gender-exclusive and restrictive language that has traditionally been used in medicine, research and beyond.

It is important to address each patient based on their own self-reported identity, pronouns and terms. **If you don't know, just ask!** Never assume gender or how someone identifies.

Use the graphic below as a **starting point** for understanding the intricacies of gender.

The Gender Unicorn

Graphic by:
TSER
Trans Student Educational Resources



To learn more, go to:
www.transstudent.org/gender

Design by Landyn Pan and Anna Moore

Further Reading

The Research :

Hoffkling, A, Obedin-Maliver, J, Sevelius, J (2017). From erasure to opportunity: a qualitative study of the experiences of transgender men around pregnancy and recommendations for providers. BMC Pregnancy and Childbirth 2017, 17(Suppl 2):332, 7-20.

<https://bmcpregnancychildbirth.biomedcentral.com/articles/10.1186/s12884-017-1491-5>

Obedin-Maliver, J., Makadon, H. J. (2016) Transgender men and pregnancy. Obstet Med, 9(1):4-8. <https://journals.sagepub.com/doi/pdf/10.1177/1753495x15612658>

Educational Resources :

A Womb of Their Own: film

<http://www.seriousplayfilms.com/screeningscontact.html>

Birth for Every Body: educational guide

<http://www.birthforeverybody.org/what-we-do>

Trans Student Educational Resources (TSER): educational infographics (you can find the gender unicorn in many different languages here)

<https://transstudent.org/graphics/>

Gender Spectrum: understanding gender guide

<https://www.genderspectrum.org/articles/understanding-gender>

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