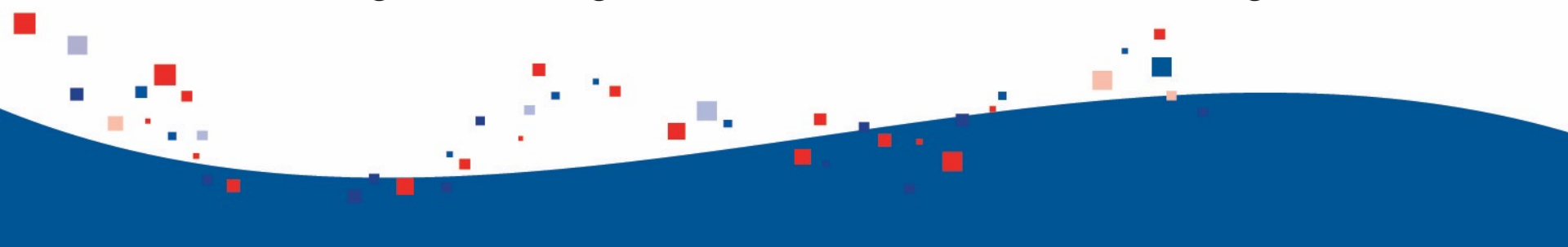




The *Total Worker Health*® Journey at Legacy Health

Shamai Larsen

Program Manager, *Our Good Health & Well-Being*



- ***Our Organization***
- ***Our History***
- ***Our Unique Value***
- ***Our Goals***
- ***Our Progress***

Our Organization

- A non-profit healthcare system; 8 hospitals, behavioral health center, research institute and 150+ outpatient clinics in the Portland metro area
- Over 20,000 personnel; employees, contractors, and physicians
- Our diverse workforce consists of healthcare providers, nurses, assistants, therapists, nutrition services, security, facilities, administrators, and so many more
- Vast majority have worked in person through the pandemic as essential workers

Our History

FOR IMMEDIATE RELEASE
May 23, 2022

Contact: HHS Press Office
202-690-6343
media@hhs.gov

New Surgeon General Advisory Sounds Alarm on Health Worker Burnout and Resignation

During Mental Health Awareness Month, Surgeon General's Advisory Highlights the Impacts of the COVID-19 Pandemic on Health Workers, Who Already Faced Crisis Levels of Burnout Prior to the Pandemic

There is a Projected Shortage of More than 3 Million Essential Low-Wage Health Workers in the Next Five Years and a Projected Shortage of Nearly 140,000 Physicians by 2033

Today, United States Surgeon General Dr. Vivek Murthy issued a new Surgeon General's Advisory highlighting the urgent need to address the health worker burnout crisis across the country. Health workers, including physicians, nurses, community and public health workers, nurse aides, among others, have long faced systemic challenges in the health care system even before the COVID-19 pandemic, leading to crisis levels of burnout. The pandemic further exacerbated burnout for health workers, with many risking and sacrificing their own lives in the service of others while responding to a

Our History

Legacy News

Legacy Health Awarded \$2 Million Federal Grant

February 23, 2022

- \$2.2 million HRSA grant award announced
- Program manager hired; another onboarding
- Program evaluator hired
- Steering committee formed
- Workgroups formed
- Grant work named: *Our Good Health & Well-Being Program*

Our Unique Value: Integration



Integration:

Some of the many
services and
departments we are
bringing together in
this journey

- Spiritual Care
- Environment of Care
- Violence in the Workplace Prevention
- Ergonomics
- Employee Health site nurses
- Benefits Department
- Senior Leaders
- Managers
- Educators (residency programs)
- Volunteer Services
- Diabetes Management Program
- Good Health Teams
- Policies and Practices
- Diversity, Equity, and Inclusion
- Nutrition Services
- Therapeutic Garden Program

Our Goals

- 1) **Increase emotional, psychological, and social supports** for staff experiencing acute and chronic stress and burnout.
- 2) **Maximize employees' physical, psychological, and professional safety** in the workplace.
- 3) **Promote individual-level interventions** which meet emergency needs, maximize health, and address the social determinants of health.



Our Progress: TWH Affiliate Goal

Goal: Maximize employees' physical, psychological, and professional safety in the workplace.

Sub-goal: attain NIOSH *Total Worker Health*® affiliate status for Legacy – an evidence-based approach that prioritizes a hazard-free environment for all workers and recognizes that work is a social determinant of health

-Consulting company contracting in progress; will complete gaps analysis and plan for obtaining status by end of grant period (2025)

-TWH Consultants will coordinate with Legacy Research Institute evaluators to prevent duplication of evaluative efforts

-We hope to publish several papers on our journey and lessons learned