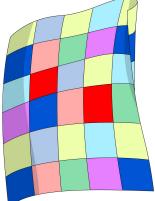
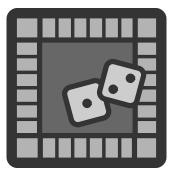
Circle the items you need to take with you on the day of your surgery:

















## Write other items here:

## Circle the things you would do...

Before the day of surgery:



Ask questions

The day of surgery:



Be given medicine

After the day of surgery:







Decide on surgery



## Forget about the surgery



Prepare for surgery



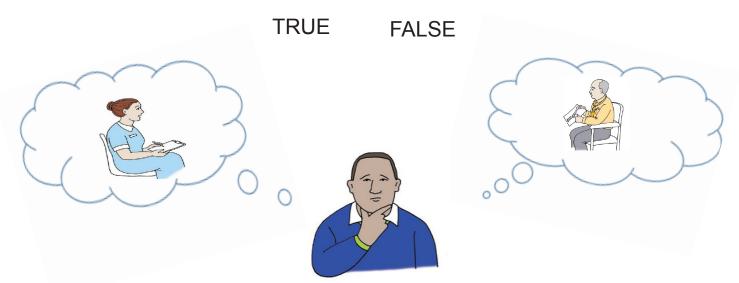
Bake muffins

Get a discharge plan



Rest

If you're not sure if the surgery is right for you, it is important to get a second opinion.



Taking Charge of My Health Care Toolkit: https://www.ohsu.edu/oregon-office-ondisability-and-health/taking-charge-my-health-care-toolkit