OREGON FAMILY TO FAMILY HEALTH INFORMATION CENTER

News and Resources

July 2022

for Families of Children and Youth with Special Health Needs

The ADA is 32! Sessions throughout this month

In honor of the 32nd anniversary of the Americans with Disabilities Act (ADA), several Oregon disability groups are joining to put on a webinar series in July.

Sessions are from 11:30 a.m. to 1 p.m. Pacific Time on Tuesdays over Zoom.

- July 5: Intersections and Conflicts: Impacts of COVID-19 Protocols
- July 12: Caregiver Workforce Shortages
- July 19: Understanding Audism and Changing Perspectives About Communication
- **July 26:** Evolution of the ADA

This series is brought to you by the Oregon Disabilities Commission, the Northwest ADA Center and Disability Rights Oregon.

Click <u>here</u> for more information about the series and to register in advance.

OR F2F HIC helps families of children, youth, and young adults with special health needs navigate health care and other systems. This newsletter offers up-to-date, practical information and resources. <u>Contact us</u> to be added to the mailing list.

Visit our <u>Facebook page</u> and <u>website</u>. Get more information, talk to a <u>Parent Partner</u> or schedule a free training: contact@oregonfamilytofamily.org



Organization spotlight: Oregon Kinship Navigator

Terry Santini always seems to fall into work that helps people in her community and Oregon Kinship Navigator is no different. As an Oregon kindship family navigator, Santini helps grandparents like her — and other family members — who are raising family members' children.

"I've always had a passion of working with people and assisting people," Santini said.

OKN is in its third year providing resources to relatives raising children. Santini says the calls she gets can range from where to find legal assistance to tangible needs like food, clothing and household items. She also runs two support groups and a Facebook group for people who find themselves in these situations. Many of the children are born drug-addicted or have other disabilities.

"I do a lot of community referrals," Santini said.

If you or someone you know is raising a relative, check out the resources at <u>oregonkinshipnavigator.org</u> or call 833-201-5557. The resources are available to all kinship caregivers.



Healthier Oregon: Immigration status no longer a barrier to Oregon DD services, Medicaid coverage

Starting July 1 all Oregon residents — regardless of immigration status — are eligible for case management services. That is the first step on a path to all residents with disabilities receiving full Oregon Health Plan benefits and the full array of services offered through the Office of Developmental Disabilities Services.

The change will most impact adults as those under 18 were already covered via the Cover All Kids program. The Healthier Oregon project will roll out in two age groups.

People with disabilities and financial need, ages 19-25 and those 55 and older, will have access to all OHP services, including medical, dental, counseling, prescriptions, transportation and more. They will also have access to the full array of DD services, such as in-home care and assistive technology.



In phase two, starting July 2023, ODDS hopes to offer all age groups these benefits.

"This is a major milestone toward achieving greater equity and access to services for all people with I/DD regardless of their background," said ODDS Director Lilia Teninty.

Explore Frequently Asked Questions here.

Avoid burns this summer: parent-to-parent tips!

Be sure to protect your loved ones by protecting their skin.

For those who can't wear sunscreen, due to age, disability or medications, you can help them by:

- Providing shade: tree, umbrella, tent, etc. UV protecting swim shirts or outwear
- Making sure they stay hydrated

 Staying out of the sun during the hottest parts of the day: 11 a.m. to 6 p.m.

Sunscreen tips from F2F Parent Partner Lydia, mom of a sensory-sensitive child:

- · Try spray sunscreen
- Allow them to apply some
- Try unscented or favorite scented sunscreens
- Take your child with you

when sunscreen shopping

- Sample different sunscreens Warm sunscreen up in your hands before applying to reduce the "shock" of cold sunscreen.
- Maybe put sunscreen on while they sleep
- Distract with screen time or other activities

The Oregon Family to Family Health Information Center is affiliated with the Oregon Center for Children and Youth with Special Health Needs, Oregon Health & Science University, and supported by the Health Resources and Services Administration (HRSA) of the US Department of Health and Human Services (HHS). (Grant #H84MC21658/Family Professional Partnership/\$95,700). This information, content and conclusions are those of the author(s) and should not be construed as the official position or policy of, nor should any endorsements be inferred by, HRSA, HHS, the US Government, or OHSU.