



# IMPROVING MENTAL HEALTH CARE ACCESS: TOOLS AND RESOURCES

## DISABILITY AND INCLUSION

- *Trainings*
  - [MHDD: Intellectual Disability 101](#)
  - [MHDD: Autism 101](#)
- *Guides, Toolkits, and Fact Sheets*
  - [Disability and Inclusivity Best Practices](#)
  - [Access to Care for Rural People with Disabilities Toolkit](#)



## DIAGNOSTIC TOOLS AND CLINICAL RESOURCES

- *Trainings*
  - [MHDD: Adapting Psychotherapy 101](#)
  - [MHDD: Successful Biopsychosocial Assessment](#)
- *Articles*
  - [Co-Occurring Mental Illness and Developmental Disabilities](#)
  - [Crisis Intervention Services for Individuals with I/DD](#)
- *Guides, Toolkits, and Fact Sheets*
  - [MHDD: Fact Sheets](#)



## LEGAL AND ETHICAL RESPONSIBILITIES

- *Trainings*
  - [MHDD: Supported Decision Making](#)
- *Guides, Toolkits, and Fact Sheets*
  - [Legal and Ethical Considerations](#)
- *Technical Support*
  - [Northwest ADA Center](#) (ADA Technical Assistance)



## ACCESSIBLE AND INCLUSIVE COMMUNICATION

- *Trainings*
  - [Responsive Practice: Accessible and Adaptive Communication](#)
- *Articles*
  - [Accessible Communication for Persons with Disabilities](#)
- *Guides, Toolkits, and Fact Sheets*
  - [OHSU Inclusive Language Guide](#)
  - [Disability Language Style Guide](#)
  - [Plain Language Guide](#)



## RESOURCES FOR SUPPORTING PATIENTS

- *Trainings*
  - [MHDD: Supported Decision Making](#)
  - [MHDD: Preparing for a Mental Health Assessment](#)
- *Guides, Toolkits, and Fact Sheets*
  - [Taking Charge of My Healthcare Toolkit](#)
- *Tools*
  - [My Health Passport](#)
  - [The CommCard Program](#)

