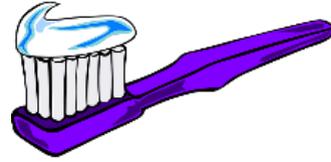
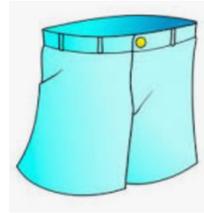


## Morning Routine

Brush  
teeth



Get  
dressed



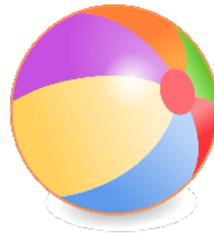
Eat  
breakfast



Morning  
chore



Independent  
play



Screen time  
(1 hour)



Lunch



Visual schedules visually show children what is expected of them for a certain part of the day and what to expect will happen.

You will likely have to prompt your child through every step, providing specific labeled praise each time your child completes one of the steps before you can fade out your prompts.

Its best to schedule nonpreferred tasks, such as chores, before preferred tasks, such as screen time. The expectation is that the preferred task is available once your child completes the non-preferred tasks.

Steps should be broken down into small components (e.g., make bed and put dirty clothes in laundry basket instead of "clean room").

Start small and help your child get used to following a visual schedule.

Give your child the opportunity to provide input on the visual schedule.