

#### The Rodney K. Beals Memorial Seminar

Presented by the Department of Orthopaedics and Rehabilitation



Celebrating excellence in medicine and orthopaedic surgery

Dr. Rodney Beals was a lifelong Oregonian who spent his entire professional career practicing orthopaedic surgery in Portland, Oregon. He was a committed clinician, master surgeon, skilled researcher, and revered educator. The Rodney K. Beals Memorial Seminar was created to honor his guidance, scientific accomplishments and mentorship.

Dr. Beals went to medical school at the University of Oregon, interned at Minneapolis General Hospital and completed a general surgical residency at San Bernardino County Hospital. He completed his orthopaedic surgery training at the University of Oregon Medical School in 1961. Dr. Beals joined the faculty and later served as head of the Division of Orthopedics from 1981 to 1994. He then served as the first chairman of the Department of Orthopaedic Surgery at OHSU in 1994. He remained an active member of the orthopaedic faculty at OHSU until the time of his passing on August 7, 2008.

Dr. Beals was nationally recognized for his research on skeletal manifestations of growth disturbances in children. He helped author more than 150 peer reviewed publications. During his tenure at OHSU he helped train over 150 orthopaedic surgeons in residency, treated thousands of patients and mentored numerous medical students. Throughout his remarkable career Dr. Beals embodied excellence in medicine and orthopaedic surgery.

Giving Opportunities
Learn more about the funds
that support our educational,
training and research missions;
and how your donation can
help.



### Saturday, April 27, 2024

7:30 a.m. Continental Breakfast

7:50 a.m. Introduction

Kenneth Gundle, M.D.

8:00 a.m. Orthopaedic Surgeons as Leaders

Mary Mulcahey, M.D.

8:30 a.m. Discussion

8:40 a.m. Chief Resident Research Presentations

Michelle Lawson, M.D. Danielle Peterson, M.D. Frank Rodgers, M.D. Laura Sokil, M.D. Naomi Turner, M.D.

10:20 a.m. Discussion and Break

10:40 a.m. Management of Proximal Hamstring

Injuries

Andrea Herzka, M.D.

11:00 a.m. Discussion

11:10 a.m. Optimizing Outcomes Following

Rotator Cuff Repair Mary Mulcahey, M.D.

11:40 a.m. Discussion

11:50 a.m. Patellofemoral Instability: Early

Findings from the JUPITER Study Group

Jacqueline Brady, M.D.

12:10 p.m. Discussion

12:20 p.m. Closing Remarks

Darin Friess, M.D., M.P.H.



# The Rodney K. Beals Memorial Seminar Professional Biographies of Speakers



Visiting Professor Mary K. Mulcahey, M.D.

Associate Professor and Chief of Sports Medicine in the Department of Orthopaedic Surgery and Rehabilitation, Loyola University Medical Center

Dr. Mary Mulcahey is a Board Certified orthopaedic surgeon specializing in shoulder and knee surgery and sports medicine. She is a New Hampshire native, who received her Bachelor of Arts in Biochemistry from Dartmouth College and her Doctor of Medicine from the University of Rochester School of Medicine. She completed her orthopaedic residency at Brown University, followed by a fellowship in Orthopaedic Trauma at the same institution. Dr. Mulcahey then went on to do a fellowship in sports medicine at San Diego Arthroscopy and Sports Medicine.

Dr. Mulcahey is an associate professor and Chief of Sports Medicine in the Department of Orthopaedic Surgery and Rehabilitation at Loyola University Medical Center in Chicago. She is the immediate past president of the Ruth Jackson Orthopaedic Society. Additionally, she recently served on the AANA Board of Directors, and she is currently on the AOSSM Education Committee, the AJSM Electronic Media Editorial Board, and she was selected for the AOSSM Traveling Fellowship to Europe in April 2022. Dr. Mulcahey is a team physician for the Loyola University Chicago Ramblers athletic teams.

## OHSU Faculty Speaker Jacqueline Brady, M.D.

Dr. Brady is an Associate Professor of Orthopaedic Sports Surgery at OHSU. She serves as Associate Residency Program Director, Simulation Director for OHSU's Orthopaedic Surgery Residency, and Head Team Physician for Portland State University



Athletics. Her clinical focus is on knee and shoulder injuries, with specific research interests in patellofemoral instability and multiligament knee injuries in the knee. She is also interested in improving the landscape of Orthopaedic surgery and its training programs, serving on her department's DEI committee and on the board of SpeakUp Ortho.

### OHSU Faculty Speaker Andrea Herzka, M.D.

Dr. Herzka attended medical school in her hometown of San Francisco at UCSF, followed by residency at Johns Hopkins University and a Sports Medicine sub-specialty training at the University of Pittsburgh Medical



Center where she assisted in caring for the Pittsburgh Steelers and other high level professional and college athletes. She spent additional time training in hip arthroscopy prior to joining the OHSU faculty. She serves as Team Physician for Lewis and Clark College and Beaverton High School, and as Chair for the department's DEI committee.