

2025 Kinsman Bioethics Conference

“Healthcare Workers in Crisis: Identifying Moral Distress and Building Resilience”

Thursday, April 17, 2025 – DAY 1

7:00 – 8:15	Check-in & Breakfast		
8:00 – 8:15	Grab a Coffee and Take Your Seats		
8:15 – 8:30	Welcome & Reflection Laurie Morrison, MD & Susan Hedlund, MSW		
8:30 – 9:45	Opening Plenary Talk: “Moral Resilience: A Protective Resource to Address Moral Suffering” Cynda Rushton, PhD, RN		
9:45 – 10:00	Break		
10:00 – 11:00	Panel – “Nowhere to Go: Ethical Issues with Boarding in the ED” Moderator: Prasanna Krishnasamy, MD Panelists: Drew Lasky, MD; Melissa Denny, MD; Kevin Bibee, MSW, LCSW		
11:00 – 11:15	Break		
Breakout Sessions			
11:15 – 12:15	A1 – Adolescent/Psych Boarding Drew Lasky, MD	A2 – The Cost of Delay: Ethical Concerns in ED Boarding Melissa Denny, MD	A3 – Legislative Solutions to Ethical Problems? Rob Stratton, JD, MBA
12:15 – 1:00	Lunch		
1:00 – 2:00	Panel – “Avian Flu – Do the OHA Crisis Care Guidelines Prepare Us for the Next Pandemic?” Moderator: Laurie Morrison, MD Panelists: Molly Osborne, MD; Jaime Fair, MD; Prasanna Krishnasamy, MD; Laura Mavity, MD		
2:00 – 2:15	Break		
Breakout Session			
2:15 – 3:15	B1 – “Rapidly Changing Healthcare Landscape: Observations and Adaptations in End of Life Care” Laura Hosford, MA & Amber Thorsen, RN	B2 – “Trauma Informed Strategies for Regulating and De-escalating” Rana Najjar, PhD, RN	B3 – “Caregiver Resilience: Improving Individual, Family and Global Health” Barb Harris, Mdiv
3:15 – 3:30	Break		
3:30 – 4:15	Day 1 Anchor – “Mindfulness-Based Stress Reduction: Resilience in the Eye of the Storm” Kimberly Carson, MPH		
4:15 – 4:30	Closing Remarks		



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Friday, April 18, 2025 – DAY 2

7:00 – 8:00	Check-in & Breakfast		
8:00 – 8:15	Welcome Back!		
8:15 – 9:30	Panel – “The Things That Keep Us Up at Night: Moral Distress in the System” Moderator: Susan Hedlund, MSW Laura Hosford, Keren McCord, James Clements		
9:30 – 9:45	Break		
Breakout Sessions			
9:45 – 10:45	C1 – “Processing the Here and Now: Collaging to Heal” Laura Mavity, MD & Keren McCord, MSW	C2 – "Tea for the Soul: The Story of How One Spiritual Care Team Helped Healthcare Workers Find Meaning” Will Dickerson	C3 - “Financial Distress in Workplace: Caring for the Neighbor in our Midst” Fernando Serna, MDiv & Laurie Morrison, MD
10:45 – 11:00	Break		
11:00 – 12:00	Panel – “Practical Narrative Medicine: Workshop & Tool Kit” Elizabeth Lahti, MD		
12:00 – 1:00	Lunch		
Breakout Sessions			
1:00 - 2:00	D1 – “Art Heals: A Creative Workshop” Elizabeth Lahti, MD; Lisa Abia-Smith; Holly Almond, MSN, FNP	D2 – “Building a Community-Engaged Schwartz Rounds” Maggie King, MD	D3 – “Trauma Informed Strategies for Regulating and De-escalating” Rana Najjar, PhD, RN
2:00 - 2:15	Break		
2:15 - 2:45	Reflection Cynda Rushton, PhD, RN		
2:45 - 3:00	Closing Remarks & Kinsman 2026 Announcement		



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